Day One

- 8:30 am to 8:45 am
 - Registration and materials
- 8:45 am to 9:45 am Fundamentals of the Health Home Program (Slides 1-52)
 - Introductions
 - Welcome and overview of the two day training
 - Presentation of the learning objectives
 - Health Homes defined:
 - Introduction of Health Action Plan (HAP)
 - Review of a sample HAP
 - Coverage areas and the Washington State model
 - Eligibility
 - The Six Health Home services
 - Role of the Care Coordinator and the six services
 - Delivery of services: the three tiers and billing
- 9:45 am to 10:00 am Outreach and Engagement (Slides 53-72)
 - **Enrollment materials**
 - Release of Information and Opting Out: review of the forms
 - Special requirements for MH, SUD, and children 13 and over
 - Introduction the Client Vignettes and Assignments for Small Group Work
- 10:00 am to 10:15 am BREAK
- 10:15 am to 10:45 am Outreach and Engagement continued (Slides 73-74)
 - o Small Group Work: development of an outreach and engagement plan
 - Small Group Work: report on analysis for vignette
- 10:45 am to 12:00 pm Predictive Risk Intelligence SysteM (Slides 75-117)
 - Introduction of PRISM: video or instructor
 - Small Group Work: analysis of vignette PRISM data
- 12:00 pm to 1:00 pm LUNCH on your own
- 1:00 pm to 1:30 pm PRISM and Motivational Interviewing (Slides 118 125)
 - Small Group Work: report on analysis for vignette
 - o Motivational Interviewing: an approach to consider

- 1:30 pm to 2:15 pm Patient Activation Measures (Slides 126-156)
 - Administering the HAP/CAM/PPAM:
 - **Patient Activation Measures**
 - **Caregiver Activation Measure**
 - Parent PAM
 - Levels of Activation
 - Small Group Work: analysis of the PAMs for the vignettes
- 2:15 pm to 2:30 pm BREAK
- 2:30 pm to 3:00 pm Patient Activation Measures (Slides 156 and 157)
 - Small Group Work: report on analysis of the PAMs for the vignettes
- 3:00 pm to 4:15 pm Moving Toward Health Action Planning (Slides 158-180)
 - The Goal Setting and Action Planning Worksheet
 - Working with client resistance
 - Pairs group work on active listening (may be held until Day Two if time does not allow)
 - Coaching for activation
- **4:15** pm to **4:30** pm Wrap-up (Slides 181 183)
 - Bringing it all together
 - Review of the day
 - Preview of Day 2 training
 - **Health Action Planning**
 - **Comprehensive Care Transitions**
 - **Documentation and Quality Assurance**
 - Resources
 - Ongoing training

Day Two

- 8:30 am to 8:45 am Welcome Back (Slide 184)
 - Review of Day One training
 - Set the agenda for Day Two
- 8:45 am to 10:00 am The HAP Form (Slides 185-203)
 - o Instructions for completing the HAP
 - Activity Period Worksheet (individual or group activity)

- 10:00 am to 10:15 am BREAK
- **10:15 am to 12:00 pm The HAP Form continued** (Slides 204-241)
 - Required and optional screenings
 - o HAP pages 2 through 7
 - o Establishing long term goals, short term goals, and action steps
 - Small Group Work: completion of a mock HAP
- 12:00 pm to 1:00 pm LUNCH on your own
- 1:00 pm to 1:45 pm The HAP Form continued (Slides 241-248)
 - Small Group Work: report to group
 - Final notes about the HAP
- 1:45 pm to 2:30 pm Comprehensive Care Transitions (Slides 249-267)
 - Six Strategies for Comprehensive Care Transitions
 - o Recommendations from WAHA for triage and follow-up after discharge
 - Medication reconciliation
 - Using "Teach Back" to check for understanding of discharge orders
- 2:30 pm to 2:45 pm BREAK
- 2:45 pm to 3:45 pm Documentation and Quality Assurance (Slides 268-298)
 - Documentation
 - Quality Assurance and case audits
 - Time Management
- 3:45 pm to 4:15 pm First Meeting, Safety, Resources, Training, and Review of Learning Objectives (Slides 299-324)
 - First Meeting
 - Safety
 - Incident Reporting
 - Resources and Websites
 - Additional required and optional webinar training
 - Websites (HCA and DSHS)
 - Review of the two days
- **4:15 pm to 4:30 pm Wrap-up** (Slides 325 and 326)
 - Evaluation: we appreciate your feedback