



DRUG USE QUESTIONS (DAST-10)

Using drugs can affect your health and your daily life. Please help us assist you by answering the questions below.

Drugs include marijuana, solvents like paint thinners, tranquilizers like Valium, barbiturates, cocaine, stimulants like speed, hallucinogens such as LSD, or narcotics like heroin. Drug use also includes using prescription or over-the-counter medications more than directed.

In the past 12 months...	1	0
1. Have you used drugs other than those required for medical reasons?	<input type="radio"/> Yes	<input type="radio"/> No
2. Do you abuse more than one drug at a time?	<input type="radio"/> Yes	<input type="radio"/> No
3. Are you unable to stop using drugs when you want to?	<input type="radio"/> Yes	<input type="radio"/> No
4. Have you ever had blackouts or flashbacks as a result of drug use?	<input type="radio"/> Yes	<input type="radio"/> No
5. Do you ever feel bad or guilty about your drug use?	<input type="radio"/> Yes	<input type="radio"/> No
6. Does your spouse (or parents) ever complain about your involvement with drugs?	<input type="radio"/> Yes	<input type="radio"/> No
7. Have you neglected your family because of your use of drugs?	<input type="radio"/> Yes	<input type="radio"/> No
8. Have you engaged in illegal activities in order to obtain drugs?	<input type="radio"/> Yes	<input type="radio"/> No
9. Have you ever experienced withdrawal symptoms (felt sick) when you stopped taking drugs?	<input type="radio"/> Yes	<input type="radio"/> No
10. Have you had medical problems as a result of your drug use (such as: memory loss, hepatitis, convulsions, or bleeding)?	<input type="radio"/> Yes	<input type="radio"/> No
TOTAL		

Date _____

Score 1 point for each question answered “YES”, except for questions (3) for which a “NO” answer received 1 point and (0) for a “YES”. Add up the points and interpretations are as followed:

DAST – 10 SCORE	Risk Level	Suggested Action
0	No problems reported	Encouragement and education
1-2	Moderate Level	Brief intervention
3-5	High Level	Brief intervention plus brief therapy
6-10	Substantial Level	Brief intervention plus referral to chemical dependency treatment