



## **Body Mass Index Tools and Calculators**

### **BMI Tools Online**

**<http://www.cdc.gov/healthyweight/assessing/bmi/index.html>**

### **BMI Calculator for Children and Teens (2-19)**

**<https://www.cdc.gov/healthyweight/bmi/calculator.html>**

### **BMI Calculator for Adults (20 and older)**

**[https://www.cdc.gov/healthyweight/assessing/bmi/adult\\_bmi/english\\_bmi\\_calculator/bmi\\_calculator.html](https://www.cdc.gov/healthyweight/assessing/bmi/adult_bmi/english_bmi_calculator/bmi_calculator.html)**