Safe Environments in LTC Settings

Thursday, February 18, 2021 10:00 - Noon

Join Zoom Meeting

https://us02web.zoom.us/j/83822370497?pwd=S3pTTGFXTWtTaHQ1b3hyTVFNeWREdz09

Dial by your location

(253) 215-8782 US (Tacoma)

Meeting ID: 838 2237 0497

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| **Workgroup Members Present:** | Adrienne Stuart, DD Council, Disability Advocacy Group 1  Alexis Rodich, SEIU 775, Employee Labor Organization 1 (Margaret D.)  Allison Drake, Government Affairs and Policy, L&I Representative  Allison Lee, CDWA, Consumer Direct Employer Representative  Angie Wedekind, OPEIU Local #8, Employee Labor Organization 2  Corinna Fale, Self-Advocate, Service Recipient (DDA)  Darla Helt, Executive Director PEACE , Parent of a Service Recipient  Darryl Johnson, Agency Provider, Long-Term Care Worker 1  Dave Budd, Catholic Community Services, Home Care Agency Rep  Diana Stadden, The Arc of Washington, Disability Advocacy Group 2  Isaac Peterson, Service Recipient, Service Recipient Over age 65  Ivanova Smith, Advocate, Advocate (General)  Jaime Bond, DSHS/DDA, DSHS Representative  Laura Lindstrand, Human Rights Commission, HRC Representative  Marcail Moody-Burks, SEIU 775 Benefits Group, Training Partnership Rep  Melissah Watts, Individual Provider, Long-Term Care Worker 2  Shawn Latham, Allies in Advocacy, Service Recipient |

| Topic | Notes: *(Record options & decisions, not detailed conversations)* |
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| **Presentation**   1. Trauma-informed Care | Dr. Phil Diaz, psychologist with DDA, provided an overview of trauma-informed care:   * Personal inventory – examine your own trauma history * Resiliency Training – developing coping strategies – help individuals with the range of abuse they experience while providing care   + RT Basics is about 3-4 hours   + Situational Training – who is in the environment and what are the tasks   + Generational Trauma – unique to each individual * Trauma-informed Care has an assumption the provider has authority over the person receiving the care (power dynamic) * Look at communication (all forms) – actively listen, understand and provide a message the person can understand * Boundaries and limits setting – this is what I’m here for and not go beyond that scope * How do you provide care: getting permission to perform certain tasks |
| **Deep Dive Topics**   1. Incorporating information on trauma-informed care 2. Culturally competent peer-to-peer training (if time allows) | * Overview of culturally competent peer-to-peer training (discussion document) for future meeting. * Quick review of modifying current training (discussion document) for future meeting. * Quick review of preventing physical harm with practice or role-play |
| **Outstanding Work**   1. Best practices for service recipients |  |
| **Looking ahead**   1. Modifying current training 2. Preventing physical harm with practice or role-play |  |
| **Wrap-Up**   1. Reflections 2. Action items review 3. Next meeting | * Next meeting is March 4. |

| **Action Items** | | |
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| *Who?* | *Does What?* | *By When?* |
| Group | Create a resource list – trainings on any of today’s topics (i.e. resiliency training, power dynamics, etc…) including complementary trainings | Next meeting |
| Jamie Bond | Copies of Care Plans for workgroup to review – better understand the information in plans | Future meeting |
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