

# Enhancing Crisis Triage and Crisis Stabilization

The Trueblood v. DSHS lawsuit challenged unconstitutional delays in competency evaluation and restoration services for people detained in city and county jails. The Trueblood Contempt Settlement Agreement establishes a plan for providing services to those involved in the criminal court system and for providing treatment to people when needed so they are less likely to become involved in the criminal court system. The Trueblood Settlement Agreement includes a plan for phasing in programs and services:

- Phase 1: Pierce, Southwest and Spokane regions (July 1, 2019 through June 30, 2021)
- Phase 2: King region (July 1, 2021 through June 30, 2023)
- Phase 3: To be determined (July 1, 2023 through June 30, 2025)

Crisis triage and crisis stabilization facilities offer a place for people recovering from a behavioral health crisis to receive stabilization support from a multi-disciplinary treatment team. These facilities can help divert people from inpatient hospitalization or incarceration. The treatment may include counseling, medication management and administration, peer support, and other resources.

## Crisis Triage and Stabilization and the Trueblood Settlement of Contempt

As part of the Trueblood settlement, The Health Care Authority, in close collaboration with the Department of Social and Health Services and community stakeholders increased enhance crisis triage and stabilization services in Phase 1 of the settlement:

### Phase 1 Increased Crisis Capacity

- In collaboration with the Department of Commerce the HCA worked to add 16 crises support beds in the Spokane region to serve both rural and urban needs.

### Phase 1 Region Enhancements

- Recovery Innovation International - Pierce County Region
  - **Key Enhancements:** Staffing pattern for acute population, staff retention, Supplies
- Frontier Behavioral Health - Spokane Region
  - **Key Enhancements:** Specialized staffing to serve broader medical needs, infrastructure build out, supplies
- Lifeline Connections - Southwest Region

- **Key Enhancements:** Client Transportation, training, supportive housing
  - Columbia River Mental Health - Southwest Region
    - **Key Enhancements:** Staffing pattern for acute population, infrastructure - campus security, supplies

Agencies operating these facilities are licensed and certified by the state.

### For more information

TB email: [truebloodtaskforce@dshs.wa.gov](mailto:truebloodtaskforce@dshs.wa.gov).

If you are not on the Listserv and would like to receive information, please email the Trueblood taskforce email.

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