

Western State Hospital Community Conversations

Saturday, November 4, 2017, 10:30 a.m. - 3:30 p.m.

1906 Steilacoom Boulevard SW, Lakewood, Washington



You're invited to Western State Hospital to learn more about mental illness alongside friends and family members of patients, as well as members of the greater community. Participants gain a better understanding of symptoms, and they leave knowing more about mental health care services.

Participants also learn techniques to foster hope and recovery, to help reduce stress, to improve communication and strengthen relationships. This support builds a network of friends, families, and the community as we all work together to support loved ones living with mental illness.

Sessions and Workshops

- Understanding Schizophrenia
- Addressing Drug & Alcohol Dependency
- Discussing the Civil Commitment Process
- Visiting Your Loved One
- Civil and Forensic Discharges
- Positive Psychology
- Re-thinking Stress
- National Alliance on Mental Illness (NAMI)

Register online at dshs.wa.gov, or contact Scott Mannering, mannesc@dshs.wa.gov.

Participant check-in begins at 10:30 a.m., and lunch is provided. Sessions begin at 11 a.m. Western State Hospital is located at 9601 Steilacoom Boulevard Southwest in Lakewood, Washington, and the event will be held in the hospital's Building 10, near Sentinel Drive.



Washington State
Department of Social
& Health Services

Transforming lives

Behavioral Health
Administration

WESTERN STATE HOSPITAL

Who We Are: Patient & Family Education Services

Western State Hospital Patient and Family Education Services sponsors and organizes Community Conversations events. For the last 37 years, our program has supported friends and family members of WSH patients.

We understand that when someone you love lives with a mental illness, the effects can extend beyond the individual and impact the lives of friends and family. Access to mental health education and a solid support system are critical to patient recovery. Contact Scott Mannering for more information: mannesc@dshs.wa.gov.