

## Western State Hospital Level Systems

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*Patients at Western State Hospital earn rewards as they progress through the different levels of their treatment programs, which prepare them for living in the community.*

### **Psychiatric Treatment and Recovery Center (South, Central and East civil wards)**

- South and Central Wards house adults with a wide range of diagnoses and cognitive abilities
- East Ward houses primarily older adults and individuals with head trauma
- Five Levels (None-4)
- None: May not leave ward for any reason except with a special order for medical treatment
- Level 1: Ward-based activities; may attend Recovery Center with treatment team recommendation; fresh-air breaks in courtyard with staff escort only
- Level 2: Level 1 **plus** must have staff escort at all times (treatment groups inside the quadrangle; treatment groups outside the quadrangle only with additional safety restrictions)
- Level 3: Level 2 **plus** grounds privileges without staff escort within the quadrangle (three 30-minute breaks per day)
- Level 4: Level 3 **plus** three 60-minute breaks without staff within the quadrangle; may leave the quadrangle on grounds privileges by showing their badge **only** to attend job or participate in physician-approved authorized leave

### **Center for Forensic Services (forensic wards) – Not Guilty by Reason of Insanity (NGRI) Patients**

- Seven Levels (1-7)
- Level 1: Daily yard time per ward schedule; invited to attend on-ward activities; does not receive money
- Level 2: Level 1 **plus** non-contact visits with adults; may order essential clothing and hygiene items with treatment team approval; no access to vending machines; invited to attend treatment; may request to withdraw up to \$5/week
- Level 3: Level 2 **plus** contact visits with adults who are family/primary support; visitor access to vending machines; may request to withdraw up to \$10/week

- Level 4: Level 3 **plus** contact visits with family/significant others, including minors (with treatment team approval); access to weight equipment and off-ward groups (AA meetings, etc.) with physician's orders; can order personal items from patient store; may request to withdraw up to \$15/week
- Level 5: Level 4 **plus** access to laptop/personal video game player; outdoor patio for visits; visits to/purchases from on-site coffee shop; contact visits with friends (with approval); key to room
- Level 6: Level 5 **plus** access to proximity card for visits (with approval); special meal privileges (with food handler permit); ability to monitor own purchasing habits; opportunity to live on less-restrictive ward (E1) (with approval); may request to withdraw up to \$25/week
- Level 7: Level 6 **plus** access to special activities (with approval); resides on E1
- *Community Program/Conditional Release*
  - o Housed on Ward S4
  - o Level 7 **plus** have job on campus; participate in discharge planning

**Center for Forensic Services (forensic wards) – Competence Restoration Patients**

- Four Levels (1-4)
  - o Similar to criteria/privileges Levels 1-4 in NGRI wards