

**Behavioral Health Advisory Council  
Meeting Minutes  
November 4, 2015**

Mission Statement:

*The Behavioral Health Advisory Council mission is to advise and educate the Division of Behavioral Health and Recovery, for planning and implementation of effective, integrated behavioral health services by promoting individual choice, prevention, and recovery in Washington State*

<b>Present:</b>	Annabelle Payne, Beth Dannhardt, Carolyn Cox, Jeff Aldrich, JoEllen Woodrow, Kimberly Miller, Linda Kehoe, Mary O'Brien, Phillip Gonzales, Susan Kydd, Vanessa Lewis, Mario Williams Sweet, Mark Freedman, Melodie Pazolt, Michael Langer, Pamala Sacks-Lawlar, Steve Kutz, Tory Henderson, Dan Halpin, Chris Imhoff, Sandra Mena Tyree  <i>Visitors: Katie Weaver Randall, Carrie Huie-Pascua, Becky Boutilier</i>
<b>Members Excused:</b>	Armando Herrera, Moira O'Crotty, Myra Paull, Becky Bates, Eleanor Owen, Heather Maxwell
<b>Not Present:</b>	Carmen Pacheco-Jones, Dawn Maloney, Elizabeth Andrews, Kristina Sawyckyj-Moreland, Norrie Gregoire, Sandra Koloske, Barb Putnam, Roxane Waldron, Ron Hertel, Ruth Leonard, Shelli Young, Monica Reeves
<b>Minutes taken by:</b>	Martha Williams
<b>Call to Order</b>	Meeting was called to order at 9:11 a.m.
<b>Welcome; Introductions; Review of agenda; Review, amendments, and approval of previous meeting minutes</b>	Introductions were made. It was moved and seconded to approve the September meeting minutes with member initiated amendments. Motion passed.
<b>Director's Update</b>	Chris Imhoff – <b>Press Release:</b> regarding Western State Hospital. We have trouble recruiting appropriate levels of staffing. Trueblood requires that we respond quickly and within seven days, and in a different lawsuit, we can't do psychiatric "boarding". Part of plan includes creating forensic wards at the state hospitals. This growth affects jails, EMT, funding from medicare, etc. Major challenges include getting good workers at the rate of pay the state affords. Members suggested that recruiting in new ways and to new segments of the populations. Members also suggested that reaching out to minorities to help remove the stigma of mental health. Rural communities are at a disadvantage because the lack of qualified personnel. Members suggested that an ad hoc group could present a white paper to the legislative taskforce for behavioral health.  <b>Joel's Law:</b> has not had a lot of use. The slow start is probably okay.  <b>HB 1450</b> – Signed into law; however, there is a lot of confusion regarding the language. The option for assisted outpatient treatment has not been exercised. A small workgroup is being formed with RSN and local providers to craft a plan to alleviate the language challenge. Looking for a balance between what is needed and the letter of the law. Chris recommended that this law be included in the January agenda.  Chris suggested that Carrie Huie-Pascua be invited to the January to speak about HB1450 and single bed certifications.

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	<p><b>Single bed certification process</b> has been vetted; the process makes it attractive to providers. Procedures and rights have been clarified; however development of inpatient psychiatric processes is still being worked on.</p> <p><b>BHO update</b> – development is on track. BHO plans/proposals were submitted on time. Members requested that a BHO early adopter be invited to present at BHAC.</p> <p>Chris requested that we have a more in depth discussion about the <b>2020 full integration</b> on a future agenda. There are many models adopted by several states.</p> <p>Members asked that a RSN advisory council member come to present as well.</p>
<p><b>State Reps for BHAC</b></p>	<p><b>Katie Weaver Randall – Performance measure workgroup:</b> the workgroup meets monthly (1519/5732). BHAC members were asked to consider becoming a member; membership diversity is desired. Katie is requesting for up to two BHAC representatives (MH, SUD, youth voice or CD). Katie provided a handout. Katie offered to come back to provide more information. Contact Beth if you are interested in serving on this workgroup.</p>
<p><b>OCP Update</b></p>	<p><b>Jennifer Bliss – OCP:</b> June 2015 Peer Summit. Statewide consumer network regarding BH is being formed.</p> <p><b>Peer support:</b> RSNs were given funding to train peer supervisors. Feedback included participants were grateful for the support for supervisors. Integrating Peer Counselor training (MH and CD) will be continued. CCAR is training and is related to recovery coaching.</p> <p>Curriculum is being worked on and includes an online component which will be hosted by WSU. Currently about 22 trainings/year are conducted.</p>
<p><b>Pathways to Employments</b></p>	<p><b>Melody Pazolt</b> introduced <b>Becky Boutilier</b> who shared the Pathways to Employment site. Originally funded by Medicare, the site is currently funded by the Mental Health Block Grant. The site was built to increase awareness of the benefits of going to work, and balancing and keeping health benefits. The website is <a href="http://www.pathways.dshs.wa.gov">www.pathways.dshs.wa.gov</a>; Health Care Authority collaborated on the site. Visitors can answer questions about future positions to learn how that wage that can affect healthcare coverage. Also included is a resume builder, a “work near my home” page</p>

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	<p>which helps visitors find businesses in their areas, a veterans page (Executive Order 1304), a behavioral health page, an employment page, a justice involved individual page, a page of success stories page, and a more information page. Looking at marketing through the Diversity Inclusion Unit.</p> <p>Please contact Becky Boutilier if you have improvement suggestions or personal story that is fresh and pertinent at <a href="mailto:becky.boutilier@dshs.wa.gov">becky.boutilier@dshs.wa.gov</a>.</p>
<p><b>Update on Block Grant Goals &amp; Strategies Year 2</b></p>	<p><b>Sandra Mena Tyree</b> provided a printout regarding grant goals and strategies and will email the electronic version to members after the meeting. Members were encouraged to review and provide input to Sandra prior to December 1, 2015.</p> <p>The 2016-17 goals will be based on Results Washington measures. Members questioned the alignment of the BHSIA Strategic Plan and the Goals of the Block Grant. Priorities will be changing for the 16-17 goals and as legislation and lawsuits are ruled on.</p> <p>Regarding New Journeys with Transitional Aged Youth program, Hayley Lowe was suggested to be re-invited to present on the implementation stage of the project.</p>
<p><b>1115(B) Waiver</b></p>	<p><b>Melody Pazolt</b> provided a PowerPoint presentation on and provided a handout with the highlights of the 1115 (B) Waiver i.e. medicade transition waiver. The waiver is complicated. The waiver builds on many parts such as legislative bills, the SIM grant, and Healthier Washington. The waiver has not been approved; so the work is being done in advance of the approval. Melody reviewed the three initiatives for the waiver and is projecting an April 2016 approval date.</p> <p>Melody requested the PowerPoint be emailed to members.</p>
<p><b>Peer Review Reports : Ad Hoc Committee Summary</b></p>	<p><b>Beth Dannhardt</b> reviewed the Peer Review Summary provided to Chris Imhoff. The report will be provided to the membership.</p> <p>Members suggested that an HCA rep come in to speak to the council regarding benefits through HCA.</p>
<p><b>Community Reports</b></p>	<p><b>Shelli Young</b> - Naloxone is now at 16 saves.</p> <p><b>Steve Kutz</b> – Recent association meeting reported that 30% of prescribers of opiates have a password to check on client opiate use. The association</p>

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	<p>also talked about community action plans to alleviate clients being cut off when chronic pain issues necessity opiates.</p> <p><b>Linda Kehoe</b> – Attended the Leadership Exchange in Vancouver: Washington is ahead of other states and countries regarding bringing people in to train.</p> <p><b>Beth Dannhardt</b> –Standing Membership committee: Let Susan know prior to the January BHAC meeting if you would like to participate in looking at the membership. Carolyn Cox volunteered.</p>
<p><b>Value Statement</b></p>	<p>This item will be moved to the January meeting agenda.</p>
<p><b>Strategic Planning Groups</b></p>	<p><b>Susan Kydd</b> – Requested that we rename the ad hoc committees, teams: #1 Prevention, #2 Workforce, #3 Paradigm Shift. Susan provided a handout regarding the BHSIA strategic plan and recommended mirroring the objective, importance, success measure, and action focuses with these teams’ work.</p> <p><b>Team #1 - Prevention:</b> <i>Behavioral Health Services are more proactive, decreasing the severity of behavioral health challenges –</i>  <b>Team members:</b> <i>Vanessa Lewis, <u>Tory Henderson</u>, Eleanor Owens, Heather Maxwell, <u>Shelli Young</u>, and JoEllen Woodrow.</i></p> <p>A handout was provided outlining the brainstorming done. Team is looking for input from the larger group. Members discussed fine tuning the Strategic Objectives and thereby narrowing the Action Recommendations.</p> <p><b>Team #2 - Workforce:</b> <i>Behavioral health system capacity weaknesses are decreased (i.e. workforce shortages-low pay, poor retention, admin burden) –</i>  <b>Team members:</b> <i>Moira O’Crotty, <u>Kimberly Miller</u>, Linda Kehoe, Annabelle Payne, Carolyn Cox, and Steve Kutz.</i></p> <p>A handout was provided; Team #2 narrowed the focus on the purpose and thereby narrowed the areas affected. The team made recommendations for a standing committee as well as the big action items for the committee and community representatives.</p> <p><b>Team #3 – Paradigm Shift:</b> <i>Trauma Informed, Addiction is a Brain Disorder, Recovery approach to mental health services, System of care for families and youth –</i>  <b>Team Members:</b> <i>Pamala Sacks-Lawlar, Kristina Sawyckyj-Moreland, Jeff</i></p>

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	<p style="text-align: center;"><i>Aldrich, Myra Paull, <u>Susan Kydd</u>, and Becky Bates.</i></p> <p><b>Susan Kydd</b> will send out the email that details what the team discussed. The team still needs to fine tune the objective and action items.</p> <p>Susan suggested that the teams report out be earlier on the January meeting agenda.</p> <p>Members requested that a White Paper be prepared regarding Workforce. This will need to be provided to the State taskforce.</p>
<b>Review Action Items</b>	<ul style="list-style-type: none"><li>• DEL membership on BHAC – Michael to contact</li><li>• Performance member implementation workgroup – Five volunteers, Executive committee will review and recommend</li><li>• Hayley Lowe</li><li>• Dr. Fotinos</li><li>• Early adopters and where they are in the process</li><li>• 2020</li></ul>
<b>Adjourned</b>	Meeting adjourned at 3:02 p.m. Strategic Planning Ad Hoc Committee convened for discussion.