

**Behavioral Health Advisory Council
Meeting Minutes
September 2, 2015**

Mission Statement:

The Behavioral Health Advisory Council mission is to advise and educate the Division of Behavioral Health and Recovery, for planning and implementation of effective, integrated behavioral health services by promoting individual choice, prevention, and recovery in Washington State

Present:	Annabelle Payne, Armando Herrera, Becky Bates, Beth Dannhardt, Carolyn Cox, Eleanor Owen, Heather Maxwell, Jeff Aldrich, JoEllen Woodrow, Kimberly Miller, Kristina Sawyckyj-Moreland, Linda Kehoe, Moira O’Crotty, Myra Paull, Phillip Gonzales, Susan Kydd, Vanessa Lewis Pamala Sacks-Lawlar, Shelli Young, Steve Kutz, Tory Henderson, Dan Halpin <i>Visitors: James Jackson, Paul Davis</i>
Members Excused:	Carmen Pacheco-Jones, Barb Putnam, Norrie Gregoire
Not Present:	Dawn Maloney, Elizabeth Andrews, Mary O’Brien, Sandra Koloske, Kathy Morgan, Roxane Waldron, Mark Freedman, Melody Pazolt, Ron Hertel, Ruth Leonard
DBHR Staff:	Chris Imhoff, Michael Langer, Ken Rosario, Martha Williams, Sandra Mena Tyree
Minutes taken by:	Martha Williams
Call to Order	Meeting was called to order at 9:05 a.m.
Welcome; Introductions; Review of agenda; Review, amendments, and approval of previous meeting minutes:	Members introduced themselves. It was moved and seconded to approve the July meeting minutes with member initiated amendments. Motion passed. Eleanor Owens requested that members discuss items that are more consumer related versus government related. Members also requested that guest speakers provide information prior to meeting; members would then be able to review and provide advice to the presenter. Members desired that BHAC Agendas be more active rather than informational. Members were encouraged to contact their local RSNs, forwarding the minutes with an offer to report at the meetings. Shelli suggested that BHAC reps (CD and MH) go to the RSN meetings. An Ad Hoc committee or the Executive Committee needs to craft a value statement to assist BHAC Representatives to focus where to make their impact during RSN meeting discussion. Michael Langer offered to encourage more communication regarding the RSN/BHO process; members emphasized that the communication goes both ways.
Healthier Washington Initiative	James Jackson, with the BSHIA service integration unit, presented information on the Healthier Washington Initiative, a collaborative effort between HCA, DSHS, and DOH, using three core strategies: 1) Improve how services are paid, 2) Ensure healthcare focuses on the whole person, and 3) Build healthier communities through a collaborative regional approach. Handouts were provided. More information can be found at www.hca.wa.gov/hw . Jim expressed hope that BHAC representatives

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	<p>would be willing to work with the Practice Transformation Support HUB, to better shape the Healthier Washington project during this year which is the planning and development year. Concerning workforce development (community health workers and peer counselors), members should contact Kara Panek at kara.panek@dshs.wa.gov. Members were encouraged to email Jim at james.jackson@dshs.wa.gov with suggestions or questions that might help form the Healthier Washington project.</p> <p>Members agreed to discuss this issue further and formulate a comprehensive opinion and suggestions on the Heathier Washington project.</p>
Strategic Planning	<p>Susan Kydd presented the draft Strategic Planning document. There are three objectives; she suggested that three ad hoc committees work on each of the objectives and emphasized that it is important that each action plan is achievable. Brainstorming session pictures from past meetings will be emailed to Council Members. Conference calls will be how the ad hoc committees will do the majority of the work. Travel could be funded for a one time meeting.</p>
Block Grant Information: <ul style="list-style-type: none">Final list of Block Grant ProjectsPeer Review Update	<p>Sandra Mena Tyree provided information on the projects as related to DBHR and Legislative requirements. Sandra reviewed the changes which were necessitated by legislation and how those areas now not covered by the grant are being covered by state dollars; the state is committed to those areas. Members asked questions about specific projects. Members requested information about the SAPT grant once things are settled and regarding the learning and implementation for funded training. Chemical Dependency funding report is anticipated for the November meeting.</p> <p>Peer Review reports will be given to the ad hoc committee. From the May meeting minutes ad hoc committee members are: Jo Ellen Woodrow, Kristi Sawyckj-Moreland, Carolyn Cox, Heather Maxwell, Myra Paull, Vanessa Lewis, and Beth Dannhardt – additionally, Kimberly Miller and Moira O’Crotty requested to join the committee. The committee will review the reports and make recommendations to the Council. When the review date is settled, Sandra will send all the reports to the ad hoc committee with the personal information redacted.</p>
Ad Hoc Committee SAMHSA Report	<p>SAMHSA was impressed with the integration of DBHR. Members felt comfortable being honest and open. Although service integration was at times very challenging, now Washington state is ahead of other states in the implementation of service integration.</p>

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<p>Strategic Planning Ad Hoc Organization Time</p>	<p>The three strategic planning ad hoc committees spent 15 minutes selecting a leader for each group and discussing related items. Leader/ co-Leaders for each group is/are underlined below.</p> <p>Ad Hoc One: Behavioral Health Services are more proactive, decreasing the severity of behavioral health challenges – Vanessa Lewis, <u>Tory Henderson</u>, Eleanor Owens, Heather Maxwell, <u>Shelli Young</u>, and JoEllen Woodrow.</p> <p>Ad Hoc Two: Behavioral health system capacity weaknesses are decreased (i.e. workforce shortages-low pay, poor retention, administrative burden) – Moira O’Crotty, <u>Kimberly Miller</u>, Linda Kehoe, Annabelle Payne, Carolyn Cox, Steve Kuntz.</p> <p>Ad Hoc Three: Paradigm Shift: Trauma Informed, Addiction is a Brain Disorder, Recovery approach to mental health services, System of care for families and youth – Pamala Sacks-Lawlar, Kristina Sawyckyj-Moreland, Jeff Aldrich, Myra Paull, <u>Susan Kydd</u>, and Becky Bates.</p>
<p>Value Statement:</p>	<p>Due to time constraints, members agreed to discuss this item at the November meeting.</p>
<p>Community Reports</p>	<p>Phillip Gonzales – Latino Leadership Network is official; the group promotes training and advises various state agencies regarding Latino issues.</p> <p>Tory Henderson – WA Association for Infant Mental Health is instituting various levels of Infant Mental Health Endorsement for people working with infants, toddlers and preschoolers -- http://www.wa-aimh.org/endorsement/. The WA State Department of Health has received a Project Launch Expansion Grant. This grant will expand the early childhood mental health consultation provided in Yakima in the initial Project LAUNCH grant to Benton/Franklin, Chelan/Douglas and north Thurston counties. It will also partner with the WA Association for Infant Mental Health to promote the Infant Mental Health Endorsement in those areas. – National Project LAUNCH - http://www.healthysafechildren.org/grantee/project-launch</p> <p>Zero to Three 30th National Training Institute will be held in Seattle in</p>

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	<p>December 2-4, for more information, https://www.regonline.com/builder/site/Default.aspx?EventID=1676849</p> <p>Shelli Young – Meloxone grant purchased training and kits to distribute. Nine official saves have been recorded to date. Shelli agreed to send out last July’s PowerPoint presentation. Prevention language is being reworked to be broader and include other areas such as Mental Health.</p> <p>Tory Henderson – Paper Tigers movie is available to be shown. Walla Walla will be showing this weekend. The Paper Tiger website has information about the movie and how to contact them to bring it to your community) http://www.papertigersmovie.com/. On Monday, November 16 there is a livestream event in celebration of American education week. “Resilient: The School Discipline Revolution in Walla Walla WA” is not a trailer for the movie, but a short video about Lincoln High School in Walla Walla that the movie is about and can be found at https://www.youtube.com/watch?v=K6xRtNGjN3I</p> <p>Linda Kehoe – North Sound region is moving forward. The Peer Summit email from Linda was forwarded to members by Martha on August 31, 2015.</p> <p>Beth Dannhardt – Clients with co-occurring disorders are being assisted with help from a consultant (by phone) from Seattle. Campus with infants, children, and parenting is being expanded in a new building.</p> <p>Myra Paull – 16 beds at Overlake Hospital being added.</p>
<p>Director’s Update</p> <ul style="list-style-type: none"> • Supreme Court ruling on Education funding / \$100K/day • 1115 Waiver 	<p>The Supreme Court ruling on education funding was due to the McCleary ruling. Children in MH and CD graduation rates are abysmally low.</p> <p>This system development is complicated and probably deserves a presentation to this Council. In general, this is a 5-year encouragement for innovation. Washington wants to test (BH) supported employment and supported housing including long term care for CD/MH. Pre-Medicaid services available to people prior to being eligible for Medicaid. Evidence Based Practices will be employed; certifications will be added to providers for eligibility for the supported housing.</p> <p>IMD rules state 16-bed units only. DSHS is pursuing every avenue including</p>

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<ul style="list-style-type: none"> • Jane Beyer: Impacts on Integration 	<p>the opportunity to rewrite rules and is attempting to add current 1115 Waiver and other avenues to fund housing.</p> <p>Jane Beyer is now with an organization in Oregon that writes policy. Our loss will not stop the forward motion of Service Integration. Carla Reyes is the interim replacement.</p> <p>Members requested an 1115 Waiver speaker to be included on the November Agenda.</p> <p>Chris also agreed to elaborate about involuntary outpatient commitment at the November meeting.</p>
<p>Adjourned</p>	<p>Meeting adjourned at 3:02 pm</p>