

# Behavioral Healthcare System Redesign

What do “Regional Service Areas”, “Behavioral Health Organizations”, “Early Adopters”, “SIM”, and “Accountable Communities of Health” mean?

## *What are **Regional Service Areas**?*

*New geographical boundaries for state purchased behavioral and physical healthcare through managed care contracts*

- Regional Service Areas (RSAs) were authorized by legislation in 2014
- RSAs are different from RSNs- they are regions on a map, **not** an organization that oversees services
- Regions were developed following broad direction in the law:
  - Include full counties that are contiguous with each other
  - Contain at least 60,000 people on Medicaid in the region
  - Reflect natural medical and behavioral health service patterns

# Regional Service Areas:

New purchasing regions designated by DSHS and HCA on November 5, 2014

**\* Note: North Central and Spokane RSAs constitute one, combined BHO**



## *What are Behavioral Health Organizations?*

*Organizations that combine the local administration and purchase of mental health and chemical dependency under managed care*

- Behavioral Health Organizations (BHOs), authorized by SB 6312 in the 2014
- One BHO will purchase and administer behavioral health services in each Regional Service Area (or for both Spokane & North Central RSAs)
- A single, local entity maintains the responsibility and risk for substance use disorder treatment and all of the mental health services previously overseen by the RSNs (inpatient, outpatient, ITA and crisis services, jail proviso services and services funded by the federal block grants)
- DBHR will begin the contracting process for BHOs in 2015, for services starting April 2016

## *What are “Early Adopters?”*

### *An alternate way to purchase services in the Regional Service Areas*

- SB 6312 also authorized this option
- Regions can choose to integrate physical and behavioral health purchasing into contracts with multiple managed care organizations (MCOs) and **not** have a BHO (or a RSN)
- HCA will manage these contracts, planned to start in 2016
- All counties within an RSA must agree on becoming either a BHO or “early adopter”
- Counties may choose this option because they may receive up to 10 % of state savings resulting from this model

## *What are SIM, SHCIP and Healthier Washington?*

*It's all part of the same thing- just at different points in the process*

- In 2013, HCA received a “State Innovations Models” (SIM) planning grant from the Center for Medicare and Medicaid Innovation (CMMI)
- The grant enabled the development of the State Health Care Innovation Plan (SHCIP)
- HCA used the SHCIP as the basis for a grant proposal entitled “Healthier Washington” and the state was awarded \$65 million from CMMI
- HCA leads this project with support from DSHS and DOH and oversight from other state agencies and offices
- Due to Healthier Washington’s large scope, other transformation initiatives are being folded under its umbrella

## *What will **Healthier Washington** do?*

*The grant proposal focuses on five investments:*

- **Community empowerment and accountability**- development of the “Accountable Communities of Health” (ACH)
- **Practice transformation support**- a transformation hub model to support providers in increasing their capacity and coordinating care
- **Payment redesign**- state efforts to move the insurance market towards “value-based” purchasing that rewards cost-effective quality over quantity
- **Analytics, interoperability and measurement**- new infrastructure to support performance monitoring and reporting and improved clinical linkages
- **Project management**- the staff and support needed to provide the four previous investments

## *What are Accountable Communities of Health?*

*Regional organizations designed to leverage local innovation and collaboration in communities by bringing local health and social service partners together*

- The Accountable Community of Health (ACH) model was authorized under HB 2572 and is still being developed , however it is **not** financial risk-bearing entity
- Two pilot ACHs have been designated:
  - **North Sound ACH** covering Whatcom, San Juan, Skagit, Island, and Snohomish counties
  - **Cascade Pacific Action Alliance** covering Thurston, Mason, Grays Harbor, Pacific, Lewis, Cowlitz, and Wahkiakum counties
- Other “community of health” groups have formed and continue to develop
- More information:

[http://www.hca.wa.gov/hw/Pages/communities\\_of\\_health.aspx](http://www.hca.wa.gov/hw/Pages/communities_of_health.aspx)



## For more information:

**BHO Development Webpage:**

<http://www.dshs.wa.gov/bhsia/division-behavioral-health-and-recovery/developing-behavioral-health-organizations>

**BHO Questions Mailbox:**

[BHOtransition@dshs.wa.gov](mailto:BHOtransition@dshs.wa.gov)

**HCA's Healthier Washington Webpage:**

<http://www.hca.wa.gov/hw/Pages/default.aspx>

**Healthier Washington Question Mailbox:**

[HealthierWA@hca.wa.gov](mailto:HealthierWA@hca.wa.gov)