

**Detailed Plan Request  
Substance Use Disorder – Definitions, Exhibit D-1**

**STATE PLAN SERVICES**

**TRIAGE SERVICES**

**1. BRIEF INTERVENTION**

A time limited, structured behavioral intervention using substance use disorder brief intervention techniques, such as evidence-based motivational interviewing, and referral to treatment services when indicated. Services may be provided at, but not limited to, sites exterior to treatment facilities such as hospitals, medical clinics, schools or other non-traditional settings.

**2. ACUTE WITHDRAWAL MANAGEMENT SERVICES**

Detoxification services provided to an individual to assist in the process of withdrawal from psychoactive substance in a safe and effective manner. Acute detoxification provides medical care and physician supervision for withdrawal from alcohol or other drugs. (Limited to 3-5 days for Medicaid State Plan Services)

**3. SUB-ACUTE WITHDRAWAL MANAGEMENT**

Costs incurred for detoxification services provided to an individual to assist in the process of withdrawal from psychoactive substance in a safe and effective manner. Sub-Acute is nonmedical detoxification or patient self-administration of withdrawal medications ordered by a physician, provided in a home-like environment. (Limited to 3-5 days for Medicaid State Plan Services)

**OUTPATIENT TREATMENT SERVICES  
GROUP AND INDIVIDUAL**

**4. OUTPATIENT TREATMENT**

Services provided in a non-residential substance use disorder treatment facility. Outpatient treatment services must meet the criteria in the specific modality provisions set forth in WAC 388-877B. Services are specific to client populations and broken out between group and individual therapy. (The service as described satisfies the level of intensity in ASAM Level 1)

**5. INTENSIVE OUTPATIENT TREATMENT**

Services provided in a non-residential intensive patient centered outpatient program for treatment of alcohol and other drug addiction. (The service as described satisfies the level of intensity in ASAM Level 2.1)

**6. BRIEF OUTPATIENT TREATMENT**

Costs incurred for a program of care and treatment that provides a systematic, focused process that relies on assessment, client engagement, and rapid implementation of change strategies. (The service as described satisfies the level of intensity in ASAM Level 1)

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\*Individual therapy also includes services to family and significant others of persons in treatment.

**7. OPIATE SUBSTITUTION TREATMENT SERVICES**

Outpatient OST services provides assessment and treatment to opiate dependent patients. Services include prescribing and dispensing of an approved medication, as specified in 212 CFR Part 291, for opiate substitution services in accordance with WAC 388-877B. Both withdrawal management and maintenance are included, as well as physical exams, clinical evaluations, individual or group therapy for the primary patient and their family or significant others. Additional services include guidance counseling, family planning and educational and vocational information.

**RESIDENTIAL TREATMENT**

**8. INTENSIVE INPATIENT RESIDENTIAL SERVICES**

A concentrated program of substance use disorder treatment, individual and group counseling, education, and related activities for alcoholics and addicts including room and board in a twenty-four-hour-a-day supervised facility in accordance with WAC 388-877B. (The service as described satisfies the level of intensity in ASAM Level 3.5)

**9. LONG-TERM CARE RESIDENTIAL SERVICES**

The care and treatment of chronically impaired alcoholics and addicts with impaired self-maintenance capabilities including personal care services and a concentrated program of substance use disorder treatment, individual and group counseling, education, vocational guidance counseling and related activities for alcoholics and addicts including room and board in a twenty-four-hour-a-day, supervised facility accordance with WAC 388-877B. (The service as described satisfies the level of intensity in ASAM Level 3.3)

**10. RECOVERY HOUSE RESIDENTIAL SERVICES**

Costs incurred for a program of care and treatment with social, vocational, and recreational activities designed to aid alcoholics and addicts in the adjustment to abstinence and to aid in job training, reentry to employment, or other types of community activities, including room and board in a twenty-four-hour-a-day supervised facility accordance with WAC 388-877B. (The service as described satisfies the level of intensity in ASAM Level 3.1)

**11. CASE MANAGEMENT**

Case management services are services provided by a Chemical Dependency Professional (CDP), CDP Trainee, or person under the clinical supervision of a CDP who will assist clients in gaining access to needed medical, social, education, and other services. Does not include direct treatment services in this sub element. This covers costs associated with case planning, case consultation and referral services, and other support services for the purpose of engaging and

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retaining clients in treatment or maintaining clients in treatment. This does not include treatment planning activities required in WAC 388-887B.

**ASSESSMENT SERVICES**

**12. ASSESSMENT**

The activities conducted to diagnosis an individual with SUD and determine placement in accordance with the American Society of Addiction Medicine (ASAM) patient placement criteria.

**13. DUI ASSESSMENT**

For DUI assessments, the assessment services must meet the program approval standards for this service outlined in WAC 388-877B or its successor.

**NON-MEDICAID SERVICES**

NOTE: Services described under the State Plan Services can also be provided with GF-S and SAPT funds to non-Medicaid Individuals

**COMMUNITY ENGAGEMENT AND REFERRAL SERVICES**

**14. ENGAGEMENT AND REFERRAL**

Engagement and referral services are used to identify hard-to-reach individuals with substance use assessments and to engage these individuals in ongoing treatment services. Costs can be reimbursed for activities associated with providing information on substance use disorders, the impact of substance use disorders on families, treatment of substance use disorders, and treatment resources that may be available as well as re-engaging individuals in the treatment process. This does not include ongoing therapeutic or rehabilitative services.

**15. ALCOHOL/DRUG INFORMATION SCHOOL**

Alcohol/Drug Information schools provide information regarding the use and abuse of alcohol/drugs in a structured educational setting. Alcohol/Drug Information Schools must meet the certification standards in WAC 388-877B.

**16. OPIATE DEPENDENCY/HIV SERVICES OUTREACH**

Outreach and referral services to special populations such as opiate dependent, injecting drug users (IDU), HIV or Hepatitis C-positive individuals. Opiate Dependency/HIV and Hepatitis C Outreach is specifically designed to encourage injecting drug users (IDUs) and other high-risk groups such as opiate dependent and HIV or Hepatitis C-positive individuals to undergo treatment and to reduce transmission of HIV and Hepatitis C disease. Costs include providing information and skills training to non-injecting, drug using sex partners of IDUs and other high-risk groups such as street youths. Programs may employ street outreach activities, as well as more formal education and risk-reduction counseling.

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Referral services include referral to assessment, treatment, interim services, and other appropriate support services. Costs do not include ongoing therapeutic or rehabilitative services.

**17. INTERIM SERVICES**

Services to individuals who have been denied admissions to a treatment program on the basis of the lack of the capacity to reduce the adverse health effects of substance abuse, promote the health of the individual, and reduce the risk of transmission of disease. Such services are provided until the individual is admitted to a treatment program. Services include referral for prenatal care for a pregnant patient, brief screening activities, the development of a service plan, individual or group contacts to assist the person either directly or by way of referral in meeting his/her basic needs, updates to advise him/her of treatment availability, and information to prepare him/her for treatment, counseling, education, and referral regarding HIV and tuberculosis (TB) education, if necessary referral to treatment for HIV and TB.

**18. COMMUNITY OUTREACH**

Outreach is an activity of providing critical information and referral regarding behavioral health services to people who might not otherwise have access to that information. This may include assisting individuals to navigate through different systems including health care enrollment, scheduling appointments for a substance use disorder assessment and ongoing treatment, or providing transportation to appointments. Outreach tasks may include educating communities, family members, significant others, or partners about services and to support access to services where care coordination may be necessary. Costs to be covered may also include responding to requests for information to be presented both in and out of the treatment facility by individuals, the general public and community organizations.

**OTHER TRIAGE SERVICES**

**19. CRISIS SERVICES**

Services provided on a very short term basis to intoxicated or incapacitated individuals on the streets or in other public places and may include general assessment of the patient's condition, an interview for diagnostic or therapeutic purposes, and transportation home or to an approved treatment facility. Services may be provided by telephone or in person, in a facility or in the field, and may or may not lead to ongoing treatment. This does not include the costs of ongoing therapeutic services.

**20. SOBERING SERVICES**

Provides short-term (12 hours or less) emergency shelter, screening, and referral services to persons who need to recover from the effects of alcohol. Services include medical screening, observation and referral to continued treatment and other services as appropriate.

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**21. INVOLUNTARY COMMITMENT**

Services employed to identify and evaluate alcohol and drug involved individuals requiring protective custody, detention, or involuntary commitment services in accordance with RCW 70.96A.120-140. Activities include case finding, investigation activities, assessment activities, and legal proceedings associated with these cases.

**SUPPORT SERVICES**

**22. THERAPEUTIC INTERVENTIONS FOR CHILDREN**

Services to promote the health and welfare of children accompanying parents participating in a substance abuse program. Services include: developmental assessment using recognized, standardized instruments; play therapy; behavioral modification; individual counseling; self-esteem building; and family intervention to modify parenting behavior and/or the child's environment to eliminate/prevent the child's dysfunctional behavior.

**23. TRANSPORTATION**

The transport of individuals to and from substance use disorder treatment programs.

**24. CHILDCARE SERVICES**

The provision of child care services, when needed, to children of parents in treatment in order to complete the parent's plan for substance use disorder treatment services. Childcare services must be provided by licensed childcare providers or by providers operating in accordance with the provisions set forth in WAC's published by the Department of Health and Department of Early Learning for the provision of child care services.

**25. PREGNANT, POST PARTUM, OR PARENTING (PPW) WOMEN'S HOUSING SUPPORT SERVICES**

Support services provided to PPW individuals in a transitional residential housing program designed exclusively for this population. Activities include facilitating contacts and appointments for community resources for medical care, financial assistance, social services, vocational, childcare needs, outpatient treatment services, and permanent housing services. This includes services to family or significant others of an individual currently in transitional housing.

**26. TUBERCULOSIS SCREENING/TB SKIN TEST**

**SCREENING:** Risk assessment and screening to identify persons with increased risk for TB who may require further testing and evaluation. **TESTING:** Conducting the Mantoux PPD skin test (standard skin test) when routine TB screening indicates the patient has or is at high risk of TB disease. Costs include conducting a TB risk assessment, symptom screening, and PPD skin test. Includes two visits one to administer the test and one to read the results.

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**OTHER SERVICES**

**27. MISCELLANEOUS**

This is to be used only with costs incurred for special projects and activities that cannot correspond to any other service category. The entry of any costs in this activity must have agreement of the DBHR Behavioral Health Administrator.

**28. FAMILY HARDSHIP**

The provision of transportation and lodging for family members of a youth who is receiving services in a Residential facility in order to allow them to participate in treatment with the youth.

**29. RECOVERY SUPPORT SERVICES**

Activities that help individuals enter and navigate systems of care, remove barriers to recovery, stay engaged in the recovery process, and live full lives in the communities of their choice.

**30. CONTINUING EDUCATION/TRAINING**

Activities to support educational programs, training projects, and/or other professional development programs directed toward: 1) improving the professional and clinical expertise of prevention and treatment facility staff, 2) the knowledge base of county employees who oversee the program agreement; and 3) to meet minimum standards and contract requirements.