## Transforming Lives

## **Behavioral Health Administration**

## Fact Sheet: Access to Recovery 4

## Updated: October 3, 2016

| Overview          | Access to Recovery (ATR) is a discretionary federal grant which provides vouchers to individuals to purchase recovery support services. ATR 4 is the fourth Access to Recovery grant Washington has received. The grant provides clients with choices about service providers, expands access to a comprehensive array of recovery support options (including faith-based programs), and increases the number of providers trained in recovery services. Examples of available recovery services are: mental health counseling, preventive services for client family members, transportation, transitional housing, child care, and job readiness/vocational counseling.<br>The need for recovery services relates directly to the need for treatment. Those in treatment or who have recently completed treatment also need the support of a recovery community to sustain recovery. The needs of the immediate family are also considered in recovery support.<br>Because many will not access the treatment system, either by choice or by an inability to pay for it, support for |
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|                   | alternatives to treatment becomes an important component of a community's Recovery-Oriented Systems of Care.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Eligibility       | Those seeking recovery, with or without a recent episode of treatment, can be referred to ATR.<br>ATR serves people who are low income, including a new focus on enrolling more people into Medicaid,<br>National Guard soldiers without regard to income, and all active duty and discharged soldiers who have served<br>in Iraq or Afghanistan.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Authority         | \$7,084,758 from the Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Substance Abuse Treatment (CSAT). ATR is funded through April 2018.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Budget            | The Federal Fiscal Year 2017 budget is \$2,361,586. ATR 4 is funded through April 2018.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Rates             | Rates are determined by local providers based on community standards for low income programs. Proposed local rates are approved by the ATR Project Director.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Costs/Num<br>bers | 2,000 individuals served per grant year with an average cost per client of \$1450.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Partners          | County Alcohol and Drug Coordinators in Clark, King, Pierce, Skagit, Snohomish, Spokane, and Walla Walla counties; Washington National Guard, Army OneSource.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Oversight         | Outcomes and costs are monitored to ensure accountability and to measure the effectiveness of the ATR program. Quarterly reports are submitted to federal oversight managers.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| More information  | Cheryl Wilcox, <u>wilcocd@dshs.wa.gov</u> , 360-725-3743<br>Website: <u>http://www.dshs.wa.gov/bha</u>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |



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