

Behavioral Health Administration

Transforming
Lives

Fact Sheet: SUD Outpatient Treatment and Residential Services

Updated: 10/19/16

<p>Overview</p>	<p>Substance Use Disorder (SUD) Treatment Services are designed to meet the needs of the individual. Level of care is established using the American Society of Addiction Medicine (ASAM) standards and varies depending on the severity of the disorder, and the impact on and the needs of the individual.</p> <p>Intensive Outpatient and Outpatient Treatment: Outpatient treatment provides assessment, counseling services, and education to individuals with substance use disorders. This level of treatment provides services in accordance with ASAM level 1 to level 2 criteria.</p> <p>Outpatient treatment (ASAM Level 1): Consists of less than nine hours of service per week provided in both individual and group treatment services of varying duration and intensity according to a prescribed plan which is developed before treatment begins. Conduct and document an individual service plan review for each individual once a month for the first three months and quarterly thereafter or sooner if required by other laws.</p> <p>Inpatient Treatment (ASAM Level 2): consists of a minimum of seventy-two hours of treatment services within a maximum of twelve weeks. The treatment which consists of the following; at least three sessions are required each week during the first four weeks of treatment, with each session occurring on separate days of the week, group sessions of at least one hour and attending self-help groups in addition to the seventy-two hours of treatment services.</p> <p>Opiate substitution treatment is a form of outpatient treatment provided to those with an Opiate Use Disorder. (See Adult Opiate Substitution Treatment program description).</p> <p>Residential SUD Treatment: Inpatient treatment provides a concentrated program with length of stay dependent on initial and ongoing ASAM assessments. Treatment consists of individual and group counseling, education, and activities for clients who have completed withdrawal management services (formerly referred to as detox). This level of substance use disorder treatment provides services in accordance with American Society of Addiction Medicine (ASAM) level from 3.3 to 3.5 criteria. Length of stay is not fixed although some treatment programs are oriented to offer 30 to 60 day programs, actual length of stay is dependent on progress towards treatment goals, and reassessment.</p> <p>Recovery House: Recovery House Treatment provides a minimum of five hour of treatment each week, with social, vocational, and recreational activities to aid the patient in adjustment to recovery. Job training, employment, or other types of community activities may also be part of a</p>
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	<p>treatment plan. This level of treatment provides services in accordance with ASAM level 3.1 criteria</p> <p>Relapse prevention strategies remain a primary focus of counseling. The continuum of care also includes activities designed to engage and connect individuals to recovery services, such as outreach, screening in health care or other non-treatment settings, and case management services.</p>
Eligibility Requirements	Individuals who receive Medicaid or other state-funded medical treatment, or are low income, are eligible for treatment.
Authority	Revised Code of Washington 70.96A and Washington Administrative Code (WAC) for Outpatient Treatment Services 388-877B-0300–0370, Residential Treatment WAC 388-877B-0200 – 0270, and Recovery house treatment services WAC <u>388-877B-0260</u> ;
Budget	Substance Abuse Prevention and Treatment (SAPT) Block Grant; General Fund-State; Title XIX (Medicaid); and Criminal Justice Treatment Account
Partners	DBHR contracts with Great Rivers, Greater Columbia, King, North Central, North Sound, Optum Health; Pierce, Salish, Spokane, and Thurston Mason Behavioral Health Organizations, and Health Care Authority for the Southwest Washington Region to manage SUD Treatment in their respective region.
Oversight	Division of Behavioral Health and Recovery (DBHR) contract managers provide oversight for Behavioral Health Organization contracted services.
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