# **Washington State Department of Social and Health Services**



# **Behavioral Health Administration**

# Fact Sheet: BHA Overview

Updated: October 1, 2016

### Overview

The Behavioral Health Administration (BHA) is part of DSHS (view our mission and core values here or at link below). We fund and oversee quality behavioral health services, with providers who use evidence-based practices, for people with mental health (MH) and/or substance use disorders (SUD).

We also fund substance use prevention, mental health promotion, and intervention services for youth and families, which are provided using evidence-based and promising practices.

With our community, state and national partners, we are committed to providing evidence-based, cost-effective services that support the health and well-being of individuals, families and communities in Washington State.

Our research documents the economic, social and health benefits that result from providing quality behavioral health services, which far outweigh the costs of providing them. These benefits include:

- Lower crime and criminal justice-related costs;
- Lower Medicaid costs;
- Less reliance on public assistance;
- Higher rates of employment and worker productivity;
- Fewer children in need of foster care; and
- Increased high school graduation rates.

# Eligibility Requirements

**Community Behavioral Health Services:** BHA under managed care provides financial support and program direction to Behavioral Health Organizations (BHOs) for community mental health and substance use disorder treatment. BHOs contract with mental health and substance abuse treatment agencies to provide services to Medicaid individuals who meet access to care; services are provided according to the approved state plan for Medicaid enrollees. Such services include:

- Crisis Services for MH
- Detoxification services for SUD
- Assessments
- Outpatient treatment for MH and SUD
- Evaluation and Treatment Services (primarily for MH)
- Residential Treatment for MH and SUD, including specialized services for Pregnant and Parenting Women (PPW) and Youth



Transforming lives

In addition to Medicaid funded services, Medicaid enrollees may also have access to services that are not funded by Medicaid, such as housing support and supported employment. These services are limited due to funding, however, all residents have access to crisis services regardless of their insurance status.

Services are also available through the Involuntary Treatment Act (ITA) for the acutely mentally ill, chronically mentally ill, and seriously disturbed individuals of all ages.

Other support services that may be provided under the BHOS are:

- Screening of voluntary referrals to the state hospitals
- Discharge planning with the hospitals
- Case management
- Clubhouse
- Respite care
- Jail Services

**Tribal Services for SUD:** Funding is provided to Tribes to provide SUD services to tribal members. Services include:

- Assessment
- Outpatient services to adults and youth
- Prevention Services

## Other Community Services provided outside of the BHOs:

## SUD Services:

- Fetal Alcohol Syndrome Diagnostic and Prevention Network
- Parent Child Assistance Program
- Safe Babies, Safe Moms
- Parent Trust

#### MH Services:

- Children's Long-term Inpatient Program (CLIP)
- Offender Re-entry Community Services Program (ORCSP)

*Prevention:* Prevent the misuse and abuse of alcohol, marijuana, prescription drugs, tobacco and other drugs among youth and young adults. Service providers include:

- Office of Superintendent of Public Instruction (OSPI)
- Community Prevention and Wellness Initiative (CWPI) coalitions
- Tribal Governments
- Department of Early Learning (DEL)
- Community Based Organizations

### **Mental Health Facilities:**

BHA manages and provides funding for two state psychiatric hospitals (Eastern State Hospital and Western State Hospital) and the Child Study and Treatment Center. Services include:



# • Inpatient psychiatric services for acutely and chronically mentally ill persons, including geriatrics.

- Services for Mentally ill offenders
- Severely mentally ill children and adolescents are served at the Child Study and Treatment Center

### Office of Forensic Mental Health Services:

This office provides and supports competency evaluation and restoration services to people who have committed a crime but have not been charged. Competency evaluation services occur in jails, community centers in Maple Lane and Yakima, or the state psychiatric hospitals. Competency restoration services occur at Maple Lane, Yakima or the state psychiatric hospitals.

# **Program Support including Special Projects:**

BHA also receives funding through federal demonstration grants to enhance services for both substance use disorder and mental health services. In addition to federal grants, the Legislature provides funding through the problem gambling account to support services for pathological gamblers.

Program support is provided for administrative and technical support for all program within BHA, including:

- Policy development
- Budget and fiscal planning
- Information services
- Legislative and regional coordination

### **Budget**

### Mental Health Services: 2015-17 Biennium \$2,339,085,000 Total Funds

- GF-State \$1,061,687,000
- GF-Federal \$1,196,051,000
- Local \$68,108,000
- Behavioral Health Innovation Fund \$6,777,000
- Dedicated Marijuana Account \$6,462,000

### Substance Use Disorder Services: 2015-17 Biennium \$720,077,000 Total Funds

- GF-State \$130,446,000
- GF-Federal \$519,951,000
- Local \$20,211,000
- Criminal Justice Treatment Account \$12,478,000
- Problem Gambling \$1,453,000
- Dedicated Marijuana Account \$35,538,000

### **Partners**

Behavioral Health Organizations, local county governments and community organizations including law enforcement and the courts.

# For more information

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