

Fact Sheet: Children’s Long-Term MH Inpatient Program (CLIP)

Updated: September 23, 2016

<p>Overview</p>	<p>The Children’s Long-term Inpatient Program (CLIP) is the only publically funded, longer-term inpatient program for youth in Washington State where youth ages 5-17 may be voluntarily committed and those from 13-17 may be involuntarily committed. There are a total of 84 beds, across four CLIP inpatient psychiatric facilities. These facilities are:</p> <ol style="list-style-type: none"> 1. <u>Child Study and Treatment Center (CSTC)</u>, located in Lakewood with 47 beds. This is the state psychiatric hospital for children. 2. <u>NAVOS</u>, located in Burien. 3. <u>Tamarack Center</u>, located in Spokane. 4. <u>Pearl Street Center</u>, located in Tacoma.
<p>Eligibility Requirements</p>	<p>Children and youth admitted to the CLIP facilities have been diagnosed with a serious psychiatric illness. Most have been served by various systems; have past hospitalizations, and multiple challenges. Many have histories of suicidal/self-injurious behavior, intense aggression or sexualized behavior, complex family and legal issues, co-occurring developmental disabilities, medical needs, and substance use disorders.</p> <p>All children/youth admitted to CLIP qualify for Medicaid due to their categorical need. For voluntary admission to CLIP, applicants must be legal residents of Washington State and under age 18.</p> <p><u>Certification of need for CLIP requires that:</u></p> <ul style="list-style-type: none"> • Age-appropriate application and consent requirements are met. • Resources in the community do not meet the treatment needs. • Treatment of the psychiatric condition requires inpatient services, under the direction of a physician. • Services can reasonably be expected to improve the child/youth’s level of functioning or prevent further regression. • The child/youth has been diagnosed with an emotional/behavioral disorder, or was ordered to involuntary commitment for 180 days. <p>The child/youth has been diagnosed with a severe psychiatric disorder which warrants extended care in the most intensive and restrictive treatment setting available.</p>
<p>Authority</p>	<p>CLIP is regulated by federal Medicaid law: 42 CFR 441 Subpart D – Inpatient Psychiatric Services for Individuals Under Age 21 in Inpatient Psychiatric Facilities or Programs and RCW 71.34.</p>
<p>Budget</p>	<p>FY 2015-2017:</p>

	PRTF/CLIP Admin System Cost: \$13,891,000 CSTC System Cost: \$23,139,279
Rates	Child Study and Treatment Center: \$850.00/day per youth NAVOS, Tamarack Center, and Pearl Street: \$544/day per youth
Costs and Numbers Served	FY 2016: CSTC cost: \$11,467,928 CLIP admin system cost: \$6,333,642 Total clients served in 2016: 185 Cost per client: \$103,202
Partners	CLIP is informed by System of Care values that include being culturally and linguistically competent, family driven, youth guided, and community based. Providers work with families, Behavioral Health Organizations (BHO) and Managed Care Entities (MCE) staff, DSHS administration staff, schools, and juvenile courts. These partners conduct a regular quality improvement team. That team identifies specific key improvements in care transition between the community and CLIP.
Oversight	The CLIP Administration, a contracted service, provides quality and clinical reviews of admissions, discharges, and need for treatment. The CLIP Inspection of Care (IOC) team audits all programs annually. Accreditation is required by the Joint Commission for Accreditation of Hospitals Organizations. CLIP facilities, other than CSTC, are licensed by the state Department of Health and certified by the Division of Behavioral Health and Recovery. The CLIP Parent Steering Committee and the CLIP Director's Association serve as key stakeholders and leaders of quality for the system.
For more information	LaRessa Fourre, CLIP Administrator Email: fourrlm@dshs.wa.gov Website: http://www.dshs.wa.gov/bha