

**Fact Sheet: Diagnostic and Statistical Manual of Mental Disorders and Substance Use Disorder Placement Criteria**

Updated: September 2016

<b>Overview</b>	<p>Behavioral health programs licensed/certified by the Division of Behavioral Health and Recovery (DBHR) are required to use the Diagnostic and Statistical Manual of Mental Disorders (DSM) published by the American Psychiatric Association when diagnosing mental health and substance use disorders (SUD).</p> <p>This manual describes and defines characteristics and symptoms of and sets diagnostic criteria for mental and substance use disorders. Clinical staff working in DBHR licensed programs must use these criteria in diagnosing various behavioral health conditions being diagnosed and treated in those programs.</p> <p>Behavioral health programs licensed/certified by DBHR to provide treatment for substance use disorders are required to use <i>The American Society of Addiction Medicine (ASAM) Treatment Criteria for Addictive, Substance-Related and Co-Occurring Conditions</i> when making placement decisions.</p> <p>The <i>ASAM Criteria</i> define and categorize various levels of care for SUD, including educational, outpatient, residential, withdrawal management, and opiate substitution treatment programs. The <i>ASAM Criteria</i> are based on evaluating risk and level of need in various life dimensions consisting of withdrawal potential, biomedical conditions, emotional, behavioral and cognitive conditions, readiness to change, continued use potential, and recovery environment.</p> <p>The <i>ASAM Criteria</i> describe typical setting, staffing, and service population specific standards for clinical programs treating SUD.</p>
<b>Eligibility Requirements</b>	No eligibility requirements. These are clinical requirements for DBHR licensed/certified treatment programs.
<b>Authority</b>	RCW 71.24.037 WAC 388-877B-0230, 0334, 0430, 0440, 0530 WAC 388-877A-0130 WAC 388-877B-0230, 0334, 0430, 0440, 0530 WAC 388-877C-0100, 0130
<b>Budget</b>	NA

<b>Rates</b>	NA
<b>Numbers Served</b>	NA
<b>Partners</b>	DBHR has certified behavioral health treatment agencies in all 39 counties. Treatment providers coordinate service delivery with behavioral health organizations, community service offices, medical providers, courts, and other state and county programs.
<b>Oversight</b>	DBHR Licensing/Certification Section
<b>For more information</b>	Julián Gonzales, Certification Supervisor /360 725-3730/julian.gonzales@dshs.wa.gov Web site: <a href="https://www.dshs.wa.gov/bha/division-behavioral-health-and-recovery/licensing-and-certification-behavioral-health-agencies">https://www.dshs.wa.gov/bha/division-behavioral-health-and-recovery/licensing-and-certification-behavioral-health-agencies</a>