

Behavioral Health Administration

**Fact Sheet: Healthy Youth Survey (HYS)**

Updated: September 23, 2016

<p><b>Overview</b></p>	<p>DBHR has been administering a school-based survey since 1988. The Washington State Healthy Youth Survey (HYS) measures health risk behaviors and related factors that contribute to the health and safety of youth in Washington State. The survey results supply needs assessment data for program planning. They are also used to measure progress of statewide prevention and health promotion initiatives toward reaching state and federal goals. About 80% of Washington schools and 240,000 students participate in this biennial survey.</p> <p>The DSHS Division of Behavioral Health and Recovery (DBHR) uses the HYS data for almost every aspect of the Community Prevention and Wellness Initiative (CPWI):</p> <ul style="list-style-type: none"> <li>• Risk assessments and rankings to identify the highest risk communities in each county;</li> <li>• Data for CPWI community-level assessments, planning, and tracking progress on outcomes in their strategic plans; and</li> <li>• Evaluating CPWI’s statewide progress in reducing substance use, mental health problems, and the risk factors that predict those problems.</li> </ul> <p>DBHR also uses the HYS data for:</p> <ul style="list-style-type: none"> <li>• Reporting on Results Washington measures;</li> <li>• Implementing the rules of Initiatives 1183 and 502, which may impact the pattern of alcohol and marijuana use among adolescents as our state’s environment changes;</li> <li>• Assessing the co-occurrence of substance use and mental health problems to guide program planning; and</li> <li>• Reporting requirements for federally funded prevention-oriented projects.</li> <li>• Data is disseminated through user-friendly reports at <a href="http://www.AskHYS.net">www.AskHYS.net</a>.</li> </ul> <p>Multiple state agencies including DBHR use HYS data for strategic planning and surveillance of youth health risk behaviors and related factors. HYS is the source of data for multiple Results WA measures.</p> <p>The 2016 results will be publicly-available in mid-March 2017 on <a href="http://www.AskHYS.net">www.AskHYS.net</a>. The 2018 administration will occur in October 2018.</p>
<p><b>Eligibility Requirements</b></p>	<p>The HYS is administered to students in grades 6-12. In the past, it was administered only in grades 6, 8, 10 and 12. In 2014, eligibility was extended to grades 7, 9 and 11 in small schools, where the low number of students limit the quality of the data. All schools with these grades are eligible to participate in the survey. The costs to schools are limited to</p>

	producing information materials for parents and staff time.
<b>Authority</b>	Prior to I-502, the HYS was not authorized, but was a voluntary collaboration of the agencies listed below. However, Initiative 502, Section 28 authorizes the use of revenue to pay for the survey, and requires the DBHR manage it.
<b>Budget</b>	\$575,000 Designated Marijuana funds
<b>Rates</b>	NA
<b>Costs and Numbers Served</b>	About 80% of Washington schools and 240,000 students participate in this biennial survey.
<b>Partners</b>	The 2016 administration of the HYS represents a collaborative effort among the Department of Health; the Office of Superintendent of Public Instruction; the Department of Social and Health Services' Division of Behavioral Health and Recovery; the Liquor and Cannabis Control Board; and the contractor, Looking Glass Analytics, Inc. Representatives of these state agencies serve as members of the Healthy Youth Survey Planning Committee and the Healthy Youth Survey Leadership Committee, which together guide every aspect of the survey development and implementation.
<b>Oversight</b>	The partnering agencies have a Planning Committee and a Leadership Committee, which ensure the quality and usefulness of the survey. DBHR has the lead for all survey content related to the agency's mission.
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