

**Fact Sheet: Mental Health Promotion**

Updated: September 23, 2016

<p><b>Overview</b></p>	<p>A total of six community-based organizations (Community Prevention and Wellness Initiative (CPWI) coalitions as well as private not-for-profit and educational organizations) participated in mental health promotion projects funded through the Division of Behavioral Health and Recovery (DBHR) in 2016. The communities each implemented one of ten evidence-based programs that have documented substance abuse prevention <b>and</b> mental health promotion outcomes. Programs include the Positive Action and Second Step which focus on changing school environments to ensure better behavioral health and Guiding Good Choices which focuses on teaching proven parenting practices.</p> <p>The selected coalitions also provided Youth Mental Health First Aid trainings for more than 137 community members.</p> <p>DBHR also facilitates an ongoing Mental Health Promotion Work Group as part of the State Prevention Enhancement Consortium. The work group was organized in March 2016 and its first product was a community awareness packet focused on World Suicide Prevention Day (9/10) that was distributed to more than 2,000 individuals and organizations in the state.</p>
<p><b>Eligibility Requirements</b></p>	<p>CPWI and other coalitions and community-based organizations. Strong relationships with local school districts and Educational Service Districts are required for all projects focused on school-based programs.</p>
<p><b>Authority</b></p>	<p>DBHR serves as the Single State Agency for Washington for substance use disorders and mental health prevention and treatment.</p>
<p><b>Budget (Current)</b></p>	<p>SFY16 Designated Marijuana Account - \$120,000 – this funding has expired and there is no funding available for FY17.</p>
<p><b>Cost and Numbers Served (Past FY)</b></p>	<p>In SFY 2016, 578 individuals received services at a cost of \$106,308 actual expenses, or \$183.92 per individual.</p>
<p><b>Primary Partners</b></p>	<ul style="list-style-type: none"> <li>• Community based organizations</li> <li>• Community Prevention and Wellness Initiative (CPWI) coalitions</li> <li>• Department of Health (DOH)</li> <li>• Educational Service District</li> </ul>

	<ul style="list-style-type: none"> <li>• Local School Districts</li> <li>• Office of Superintendent of Public Instruction (OSPI)</li> <li>• Other coalitions in Washington State</li> <li>• Other local supporters who will provide the required 20% match</li> </ul>
<b>Oversight</b>	DBHR contracts with providers to deliver programs and services and then manages the contracts to ensure effective implementation.
<b>For more information</b>	<a href="mailto:Sarah.Mariani@dshs.wa.gov">Sarah.Mariani@dshs.wa.gov</a> /360-725-3774 Website: <a href="http://www.dshs.wa.gov/bha">http://www.dshs.wa.gov/bha</a>