

Fact Sheet: Parent-Child Assistance Program

Updated: October 2016

<p>Overview</p>	<p>The Parent Child Assistance Program (PCAP) is an evidence-informed program that provides case management, home visits, and support services to pregnant and parenting women with substance use disorders and their young children. PCAP services include:</p> <ul style="list-style-type: none"> • Referral, support, and advocacy for substance use disorder treatment and continuing care. • Assistance in accessing and using local resources such as family planning, safe housing, healthcare, domestic violence services, parent skills training, child welfare, childcare, transportation, and legal services. • Linkages to healthcare and appropriate therapeutic interventions for children. • Timely advocacy based on client needs.
<p>Eligibility Requirements</p>	<p>Women who meet all three of the following criteria:</p> <ul style="list-style-type: none"> • Women who are currently pregnant or have a baby less than seven months old. • Women who self-report heavy substance use (drugs and/or alcohol) during the current or recent pregnancy. • Women who have not successfully accessed community resources for substance abuse treatment and long-term recovery. <p>In addition, women who have given birth to a child diagnosed with FAS or FASD, who are still drinking and able to become pregnant, may be enrolled regardless of pregnancy status.</p> <p>Financial eligibility: 220% of Federal Poverty Level or Medicaid eligible.</p>
<p>Authority</p>	<p>2ES HB 2376. Sec 208 (1).</p> <p>Proviso adopted 2015. S-3394. Sec 208. Section 208 instructs the DSHS Division of Behavioral Health and Recovery (DBHR) to dedicate a marijuana account-state appropriation for FY 2016 and 2017 of \$791,000 to provide for the increasing services to pregnant and parenting women through the PCAP. This supports the expansion from 11 sites to 12.</p>
<p>Budget</p>	<p>\$4,817,320 per year.</p>
<p>Rates</p>	<p>Each PCAP site negotiates a per-client amount based on their geographic location and localized funding requirements. Per-client funds vary from \$457 to \$516.</p>
<p>Costs and Numbers Served</p>	<p>In FY2015, 934 distinct clients received services at an average cost of \$5,200 per client, per year including direct client services, and program training and outcome evaluation by the University of Washington.</p>

Partners	<ul style="list-style-type: none"> • PCAP works closely with community service providers to ensure services are available and accessible to meet the needs of women and their children ages birth-to-three years. • Agencies can act as referral sources, notifying PCAP regarding clients who may be eligible for participation in the program. • PCAP regularly collaborates with pediatric and family health care professionals to ensure that mothers and babies obtain regular care and consultation as necessary. • Many PCAP clients have mental health problems. PCAP works with mental health provider networks and arranges for assessments, treatment, and multi-disciplinary staffing for clients as necessary. • PCAP works with the University of Washington FAS Diagnostic and Prevention Network (FAS DPN) to obtain diagnostic services and treatment recommendations for eligible clients and their children. • Other collaborative relationships include housing, child welfare, courts, schools, vocational centers, and therapeutic childcare centers.
Oversight	<p>The University of Washington provides quality assurance, implementation fidelity, training, and evaluation of all PCAP sites across the state. Program manager conducts site visits biennially.</p>
For more information	<p>Sarah Pine/PineSJ@dshs.wa.gov/360-725-3807 Website: http://www.dshs.wa.gov/bha</p>