

## **Behavioral Health Administration**

## Fact Sheet: Parent Trust for Washington Families – Families in Recovery Network

Updated: 1/5/17

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Overview	The Parent Trust for Families in Recovery Network provides research-based parenting education and family support services in residential and outpatient substance use disorder treatment centers across Washington State.  The overall goal is to strengthen high-risk families and reduce child abuse and neglect. Parents receive training and support to:  Increase parent-child bonding  Increase positive family management skills  Increase the family's drug-free social support network  Increase child safety  Decrease the number of Adverse Childhood Experiences (ACE) they pass on to their children.
Eligibility Requirements	<ul> <li>Clients are pregnant or parenting, low and very low-income families who are addicted to drugs/alcohol.</li> <li>High-risk for permanently losing custody of their children.</li> <li>Clients must have entered treatment at one of the funded sites.</li> </ul>
Authority	N/A
Budget	\$100,000 per year
Rates	N/A
Costs and Numbers Served	According to the Parent Trust Families in Recovery 2015-2016 Annual Report, the service totals were:  • 392 parents/caregivers attended 10 Families in Recovery Groups across Washington State during this 12-month period  • 3,787 visits from parents/caregivers
Partners	The Parent Trust Families in Recovery Network works closely with: Catholic Community Services, Brigid Collins Family Services, Evergreen Manor Treatment Services, Therapeutic Health Services, Triumph Treatment Services, New Horizons Care Center, Catholic Family and Child Services, Children's Home Society of Washington and Circle of Parents National Network.
Oversight	Parent Trust provides staffing, training, evaluation, oversight, and coordination of Families in Recovery sites. Parent Trust consults with the national Circle of Parents Network, University of Florida and University of Kansas to oversee research outcomes. Parent Trust recently participated



	in a national evaluation of the Families in Recovery Network using a standardized tool – The Protective Factor Survey. Results were reviewed by an independent evaluator. The Families in Recovery Program significantly increased parenting knowledge and skills across all domains including parent-child bonding, positive parenting techniques, positive social support system and use of concrete community resources. DBHR monitors contract deliverables.
For more information	Sarah Pine/PineSJ@dshs.wa.gov/360-725-3807 Website: http://www.dshs.wa.gov/bha

