

Behavioral Health Administration

2016 Fact Sheet: Programs and Initiatives

Psychiatric Emergency Response Team (P.E.R.T)

Overview	<p>The Psychiatric Emergency Response Team (PERT) for Western State Hospital (WSH) and Eastern State Hospital (ESH) is a first-responder system that delivers evidence-based, best practices in crisis prevention, crisis intervention, and psychiatric emergency management to promote a culture of safety for patients and staff.</p> <p>This highly skilled group is comprised of an interdisciplinary teams extensively trained in crisis intervention skills, incident management skills, analysis of the antecedents for violence and aggression, and de-escalation techniques.</p> <p>When physical intervention is necessary, these teams facilitate seclusion and restraint if necessary, and work with floor staff to re-integrate the patient to the milieu with appropriate evidence-based debriefing.</p> <p>The strategic goals of PERT align with those of the Department and the hospital, focusing on improving safety and reducing assault-related injury claims through reducing seclusion and restraint.</p>
Services and Eligibility	<p>WSH PERT currently delivers services on eight forensic wards (270 beds) and the Treatment and Recovery Center(TRC) within the Center for Forensic Services (CFS) as well as on-call services for the Child Study and Treatment Center (CSTC). ESH PERT delivers services to four forensic wards, three adult psychiatric wards, three geriatric wards and the Habilitative Mental Health (HMH).</p> <p>The PERT expansion project at WSH will roll out in the WSH Civil units in 2016. Hiring for the WSH Civil PERT has begun and will add staff and services to day and swing shifts.</p> <p>The interdisciplinary teams use a least-to-most methodology that satisfies the regulatory guidelines of accrediting bodies in providing trauma-informed services before the use of any restrictive measures. PERT's ideology resides in the bio-psychosocial model of care. .</p>
Authority	<ul style="list-style-type: none"> ▪ RCW 71.05; 71.24 ▪ RCW 10:77 ▪ The Joint Commission Accreditation standards
Budget	Biennial 2015-17 operating budget request is \$3,668,000.
Partners	Child Study and Treatment Center.
Oversight	ESH and WSH Clinical and Executive Leadership Teams, and the Behavioral Health Administration.

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