

Fact Sheet: Adult Withdrawal Management (Detox) Services

Updated: September 26, 2016

<p>Overview</p>	<p>Withdrawal management (aka Detox) services are provided to help people safely withdraw from the physical effects of psychoactive substances. The need for withdrawal management (WM) services is determined by patient assessment using the American Society of Addiction Medicine (ASAM).</p> <p>There are three levels of detox facilities recognized in Washington. Assessment of severity, medical complications, and specific drug or alcohol withdrawal risk determines placement within each level of service:</p> <p><u>ASAM 3.2-WM – Sub-acute Detox:</u> Clinically Managed Residential Facilities are considered sub-acute detox. They have limited medical coverage by staff and counselors who monitor patients and generally, any treatment medications are self-administered. These facilities are regulated by DOH and are DBHR certified.</p> <p><u>ASAM 3.7-WM – Acute Detox:</u> Medically Monitored Inpatient Programs are considered acute detox. They have medical coverage by nurses with physician’s on-call 24/7 for consultation. They have “standing orders” and available medications to help with withdrawal symptoms. They are not hospitals but have referral relationships. These facilities are regulated by DOH and are DBHR certified.</p> <p><u>ASAM 4.0-WM – Acute Hospital Detox:</u> Medically Managed Intensive Inpatient are considered acute hospital detox. They have medical coverage by RN and nurses with doctors available 24/7. There is full access to medical acute care including ICU if needed. Doctors, nurses, and counselors work as a part of an interdisciplinary team who medically manage the care of the patient. These facilities are regulated by DOH and hospital license and are <u>not</u> DBHR certified. <u>This level of care is considered hospital care and not part of the behavioral health benefits provided through BHOs/MCOs.</u></p>
<p>Eligibility Requirements</p>	<p>Adults (18 or older) who meet clinical criteria for withdrawal management services and are low-income or Medicaid-eligible.</p>
<p>Authority</p>	<ul style="list-style-type: none"> • RCW 71.24.520 • WAC 388-877B-0100 through WAC 388-877B-0130

Budget	<p>The Medicaid funding for SUD treatment services is included in the per-member-per-month (PMPM) payment for the Behavioral Health Organizations (BHOs). Since moving to managed care, there is no longer a separate budget for these services.</p> <p>In addition to the PMPM for Medicaid clients, Medicaid and low-income clients can access non-Medicaid services through BHOs using the Substance Abuse Block Grant (SABG) and the GF-State funding sources.</p>
Rates	Rates vary between BHOs and their providers.
Partners	DBHR contracts with Great Rivers, Greater Columbia, King, North Central, North Sound, Optum Health Pierce, Behavioral Health Organization, Salish, Spokane, and Thurston Mason Behavioral Health Organizations, and Health Care Authority for the Southwest Washington Region to manage these resources for Withdrawal Management (aka Detox) services in their region. DBHR also collaborates with counties, treatment providers, drug courts, tribes, and other state partners to ensure referral to the SUD service delivery system.
Oversight	DBHR Contract Managers provide oversight for Behavioral Health Organization contracted services. Also, DBHR certification and DOH licensure are required.
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