Transforming

Behavioral Health Administration

Fact Sheet: WA State Recovery Youth Services

Updated: September 26, 2016

Overview

Recovery Youth Services (WA-RYS) is a treatment model that supports existing publically funded substance use disorder treatment for adolescents 12 to 18 years old. This program works to enhance services by targeting key areas that have been shown to provide better outcomes. The targeted areas are providing evidence-based practices that have demonstrated positive outcomes for the population served by increasing family involvement, providing care coordination, and increasing opportunity for recovery support services to assist with prolonged recovery engagement.

For the individual youth and family receiving services, the model includes the implementation of an evidence-based assessment, the Global Appraisal of Individual Needs (GAIN-I) and an evidence-based practice, the Adolescent Community Reinforcement Approach and Assertive Continuing Care (A-CRA/ACC).

The model funds a full-time care coordinator to assist the youth and family/caregivers with linkage to additional services when indicated, such as primary care, mental health services, and recovery support services and activities. There is a limited amount of funding to assist with the coordination and purchase of services such as basic needs, educational support, vocational training, transportation (e.g., bus passes), when not covered by another federal or state funding source.

At the community level, this program supports the development of a youth-focused Recovery Oriented System of Care (ROSC) as a part of the system of care building process. ROSC development efforts are to assist in strengthening a coordinated network of care for youth based on existing community resources and supports, with the opportunity to identify potential new supports.

The overall objective of the project is to improve health outcomes for adolescents through 1) increased rates of abstinence; 2) enrollment in education, vocational training, and/or employment; 3) social connectedness; and 4) decreased juvenile justice involvement.

Eligibility Requirements

Adolescents ages 12 to 18 years old with a Substance Use Disorder diagnosis residing in Grays Harbor County or Clallam County.

WA-RYS direct services are available at two primary sites:

- True North/ESD113 in Aberdeen
- True Star Behavioral Health Services in Port Angeles



	The priority populations for this program are adolescents with a co-occurring disorder (COD) and adolescents with a substance use disorder who are involved in multiple systems such as child welfare and juvenile justice. Spokane, Skagit and Walla Walla counties are receiving workforce development training funded by this project, but due to budget limitations are not able to implement the full WA-RYS model that includes direct services for youth.
Authority	The Division of Behavioral Health and Recovery (DBHR) operating under the auspices of the Substance Abuse and Mental Health Services Administration and the Center for Substance Abuse Treatment.
Budget	Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment: \$3,000,000 (budget period 9/2012 - 9/2015), the State Adolescent Treatment Enhancement and Dissemination grant (SAT-ED T1024265) is focused on improving quality and services while implementing an evidence-based treatment intervention for adolescents and their families/caregivers.
Rates	This project funds a program manager, clinical staff and a recovery care coordinator at the treatment site, and provides some flexible funding to obtain recovery support services for adolescents and their families/caregivers when not covered by another federal or state funding source.
Costs and Numbers Served	N/A.
Partners	DBHR collaborates with counties, treatment providers, juvenile courts, local school districts, the Juvenile Rehabilitation Administration, Research and Data Analysis, Youth 'N Action, and other state and local partners.
Oversight	Internal oversight: DBHR External oversight: statewide Family, Youth and System Partner Roundtable (FYSPRT), and SAMHSA CSAT.
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