Title: Washington State Fetal Alcohol Syndrome Diagnostic and Prevention Network

Overview

Fetal alcohol spectrum disorders (FASD) are lifelong disabilities caused by maternal consumption of alcohol during pregnancy. FASD is the leading known cause of intellectual disabilities and is 100% preventable.

In Washington, 70,000 people have FASD, and 870 babies are diagnosed each year.

The Washington State Fetal Alcohol Syndrome Diagnostic and Prevention Network (WA FASDPN) includes two community-based interdisciplinary FASD diagnostic clinics in Yakima and Everett, linked by the core clinical/research/training program at the University of Washington (UW). The mission of the WA FASDPN is FASD prevention through screening, diagnosis, intervention, research, and training (fasdpn.org). All aspects of this mission have been accomplished as documented in the literature published by the WA FASDPN over the past 21 years.

The WA FASDPN:

- Provides 100% of the state’s interdisciplinary FASD diagnostic and treatment referral services to individuals of all ages with fetal alcohol exposure.
- Provides FAS screening and surveillance for high-risk populations.
- Identifies and refers high-risk women to intervention programs.
- Develops FASD screening, diagnostic, and intervention tools through its translational research program.
- Provides FASD training to community professionals.

The WA FASDPN is recognized as a national/international model for FASD diagnosis and prevention. It has been replicated worldwide.

Eligibility Requirements

- **FASD Diagnostic Evaluations:** Individuals of all ages who have a confirmed prenatal alcohol exposure history are eligible to receive a FASD diagnostic evaluation at one of the WA FASDPN clinics. An evaluation is conducted in one 4-hour appointment. Information on how to request an appointment is posted on the WA FASDPN website.

- **FASD Training:**
The FASDPN at the University of Washington offers free training for community professionals interested in learning how to recognize, refer, diagnose, treat, and prevent FASD. Information for how to enroll in the training programs is posted on the WA FASDPN website.

### Authority

The CDC-sponsored UW FASDPN clinic was established in 1993 and expanded into the WA FASDPN through Senate Bill 5688 in 1995. The WA FADPN is managed through DBHR/DSHS.

### Budget

UW FASDPN and satellite sites are funded by General Fund-State.

- FASDPN Clinic at University of Washington: $708,100 per biennium.
- FASDPN Satellite Sites: $200,000 per biennium.

### Rates

- Training and network coordination fees for the UW are reimbursed monthly for staff, facilities and materials costs incurred in the previous month’s clinical training days.
- Satellite sites are paid $2,000 per FAS diagnostic evaluation. After each site has met its performance requirement they are paid $2,444 per evaluation.

### FY cost

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<thead>
<tr>
<th># served</th>
<th>Cost per client</th>
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<td>$454,050 per fiscal year</td>
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<td>- 80 FASD diagnostic evaluations conducted per fiscal year at $2,000 to $2,444 per client.</td>
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<td>- 40-50 FASD screenings conducted per fiscal year for DDA and foster care.</td>
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<td>- Up to 400 community professionals trained on site per fiscal year. An additional 200-300 professionals trained off site per fiscal year.</td>
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### Partners

The WA FASDPN clinics are hosted by the UW Medical Center, Yakima Children’s Village, and Everett Providence Hospital. The WA FASDPN is a member of the WA FASD Interagency Work Group ([fasdwa.org](http://fasdwa.org)). Partners include: University of Washington, Washington State University, Parent Child Assistance Program (P-CAP), WA chapter of the National Organization on Fetal Alcohol Syndrome (NOFAS), Foster Care Assessment Program (FCAP), Child Health and Education Tracking (CHET), Alliance for Child Welfare Excellence, Children’s Home Society of WA, DOC, DOH, OSPI, CDC, NIAAA, SAMHSA FASD Center of Excellence, and community-based pediatric mental and healthcare providers throughout the state.

### Oversight

- Oversight of the UW FASDPN is provided by the DBHR program manager through annual site visits.
- Satellite site oversight is provided by the UW FASDPN who monitors each FASDPN patient record.

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**Information Contact**

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