

# WISe Phases and Activities



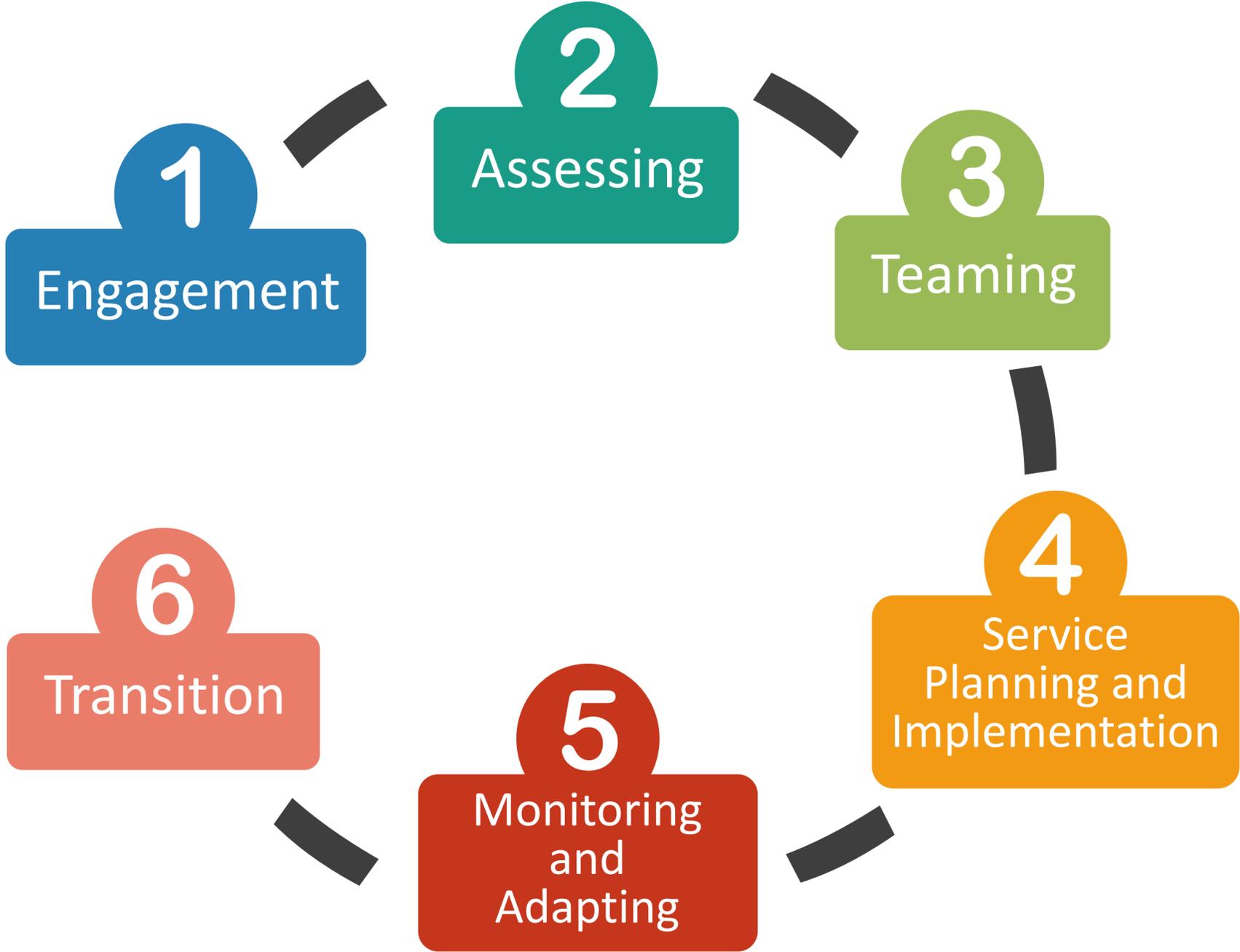
## PART A

Engagement

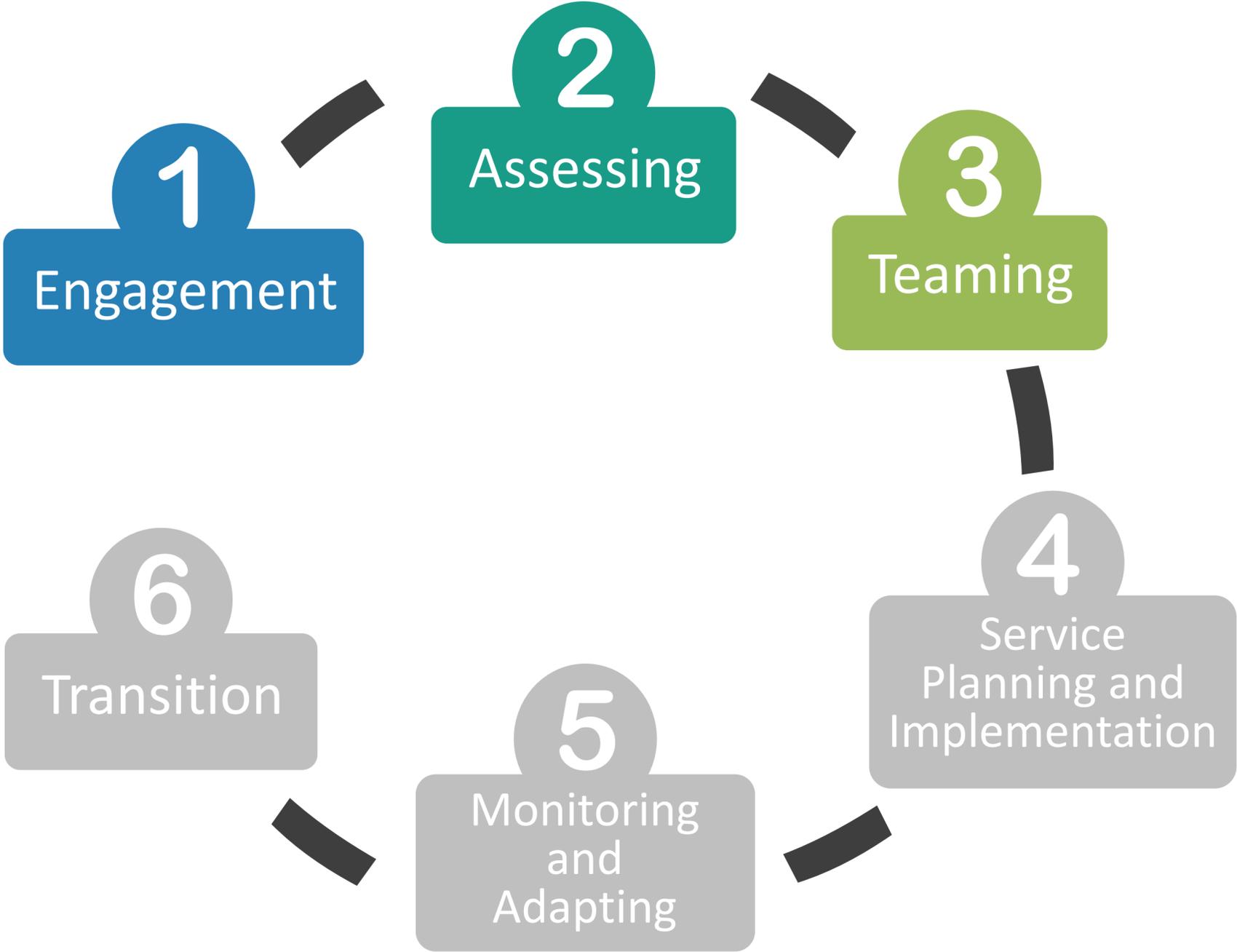
Assessing

Teaming

# Phases and Activities of WISE



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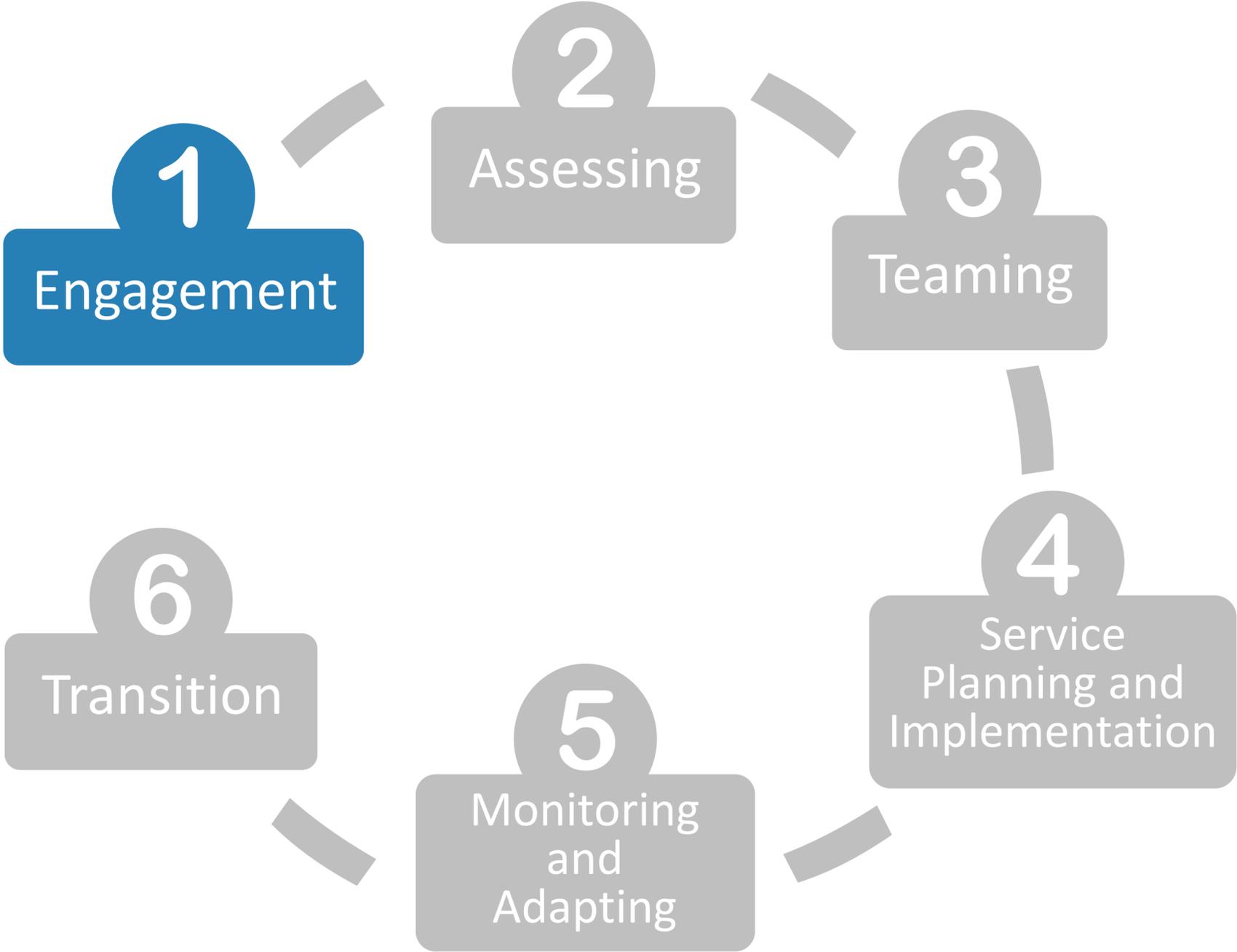
# WISE Practitioners



**A term used to describe the collection of WISE-certified staff roles, required for each team. These roles include:**

- 1** Care Coordinator
- 2** Family Partner and/or Youth Partner
- 3** Mental Health Clinician

# Phases and Activities of WISE

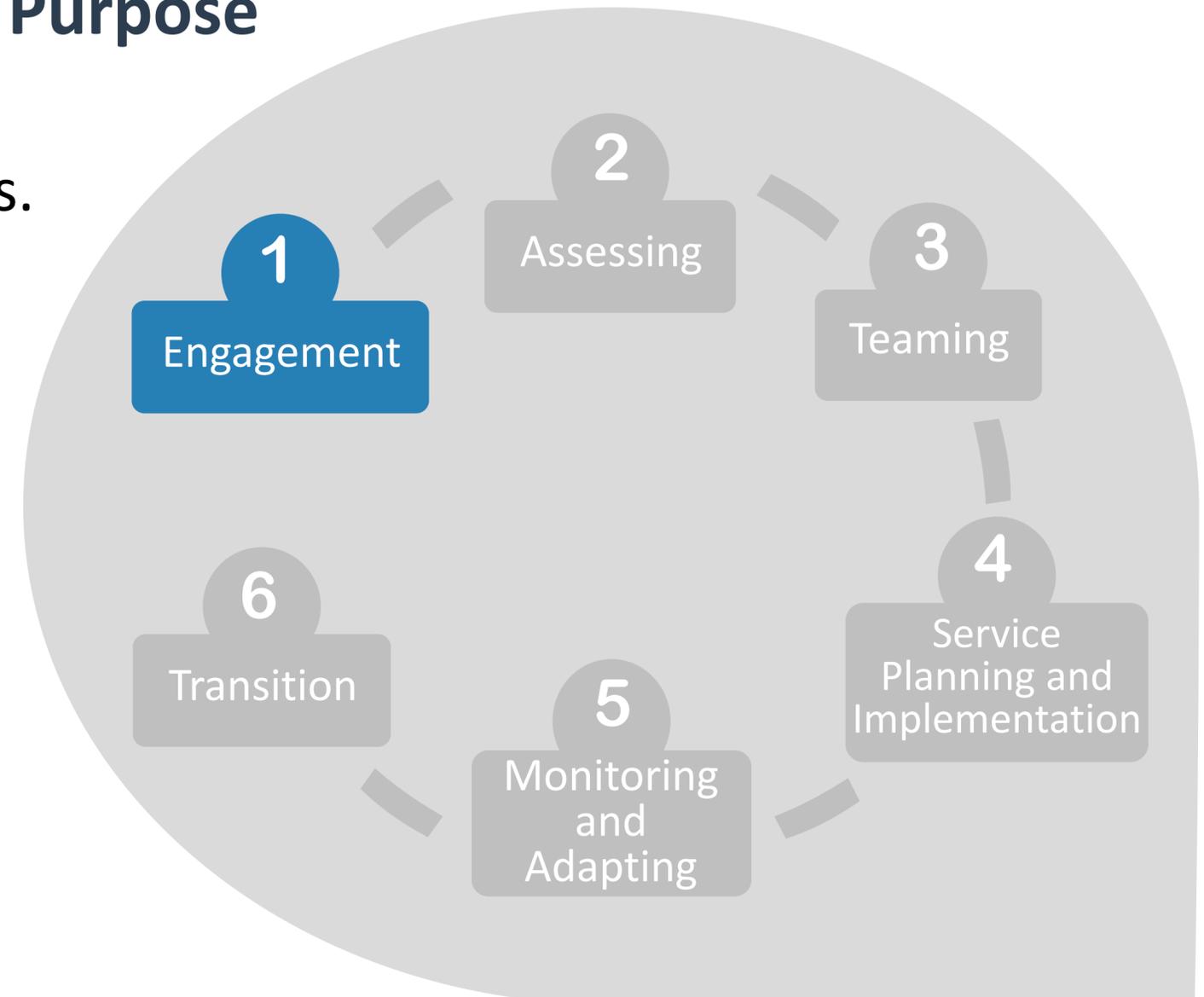


# 1. Engagement



## Goals & Purpose

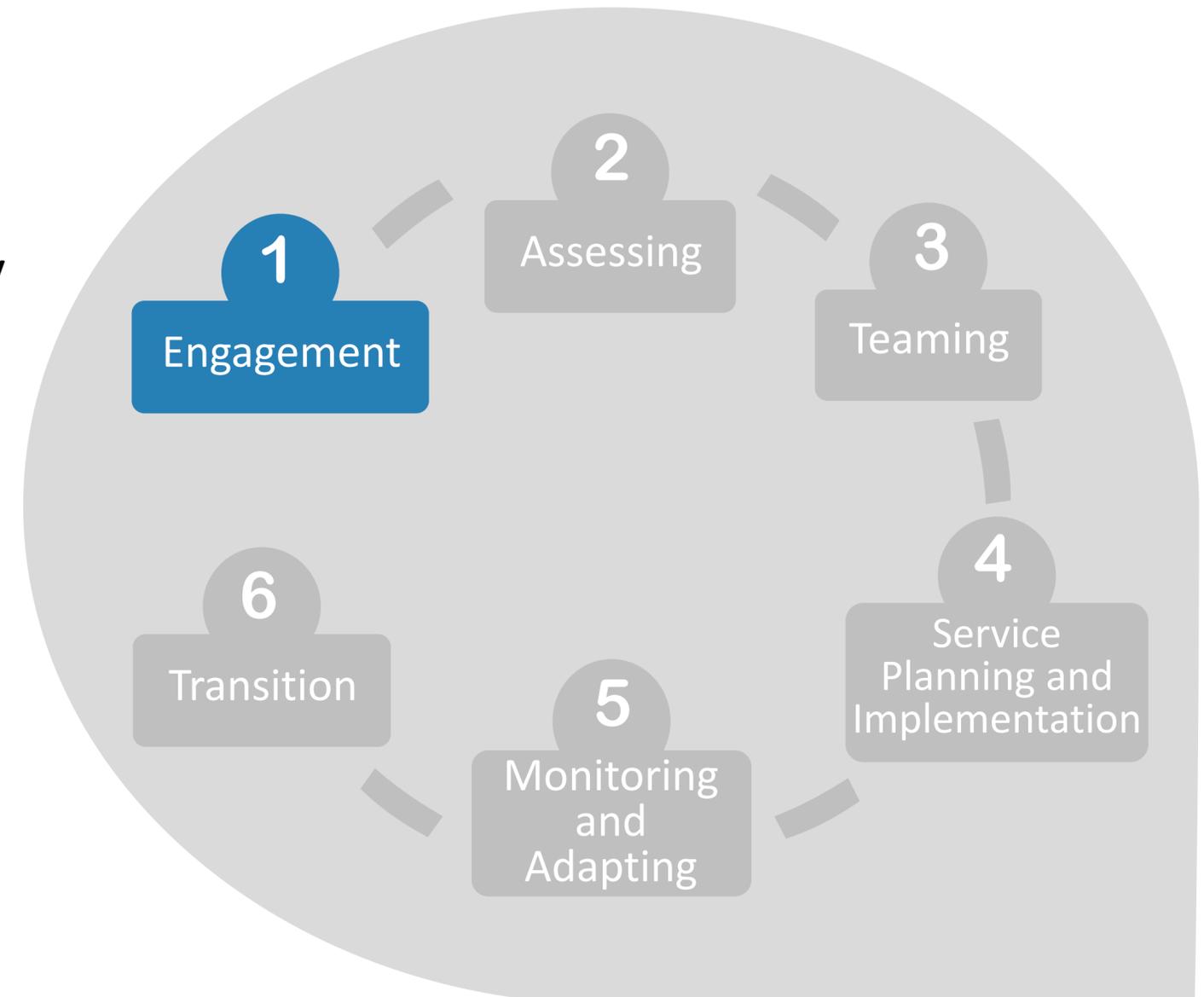
- 1** Address pressing needs and concerns.
- 2** Explore youth and their families' strengths, needs, culture and vision.
- 3** Orient the family and youth to the WISE process.
- 4** Gain collaborative participation of team members.



# Essential Steps of Engagement



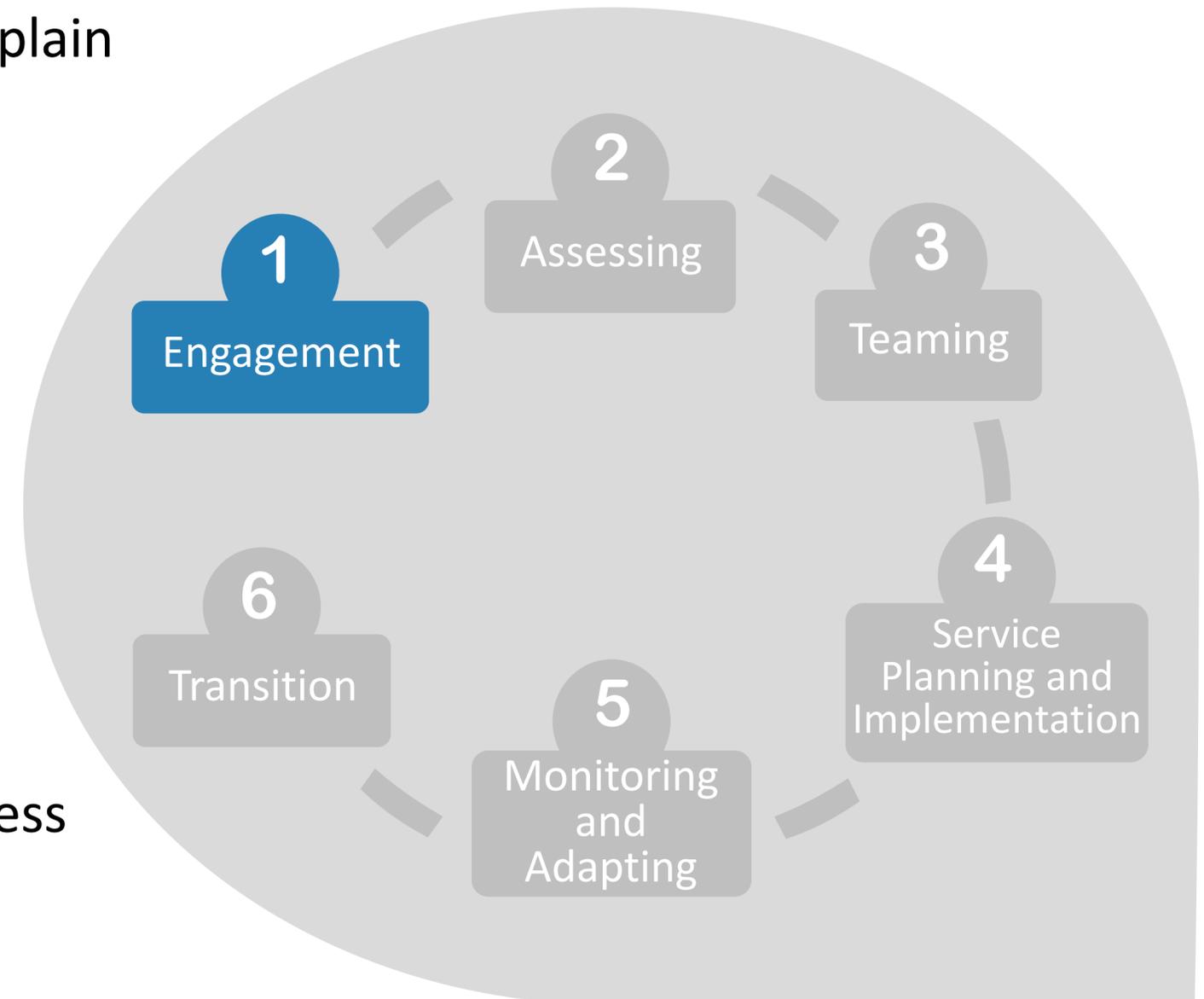
- 1 Meet with youth and family to explain the WISE process.
- 2 Discuss events that brought youth and family to WISE.
- 3 Obtain the youth and family's perspective.
- 4 Discuss the youth and family's view of crisis to develop a written plan to stabilize dangerous or harmful situations.
- 5 Ensure youth and family understand any system mandates.



# Family Partners



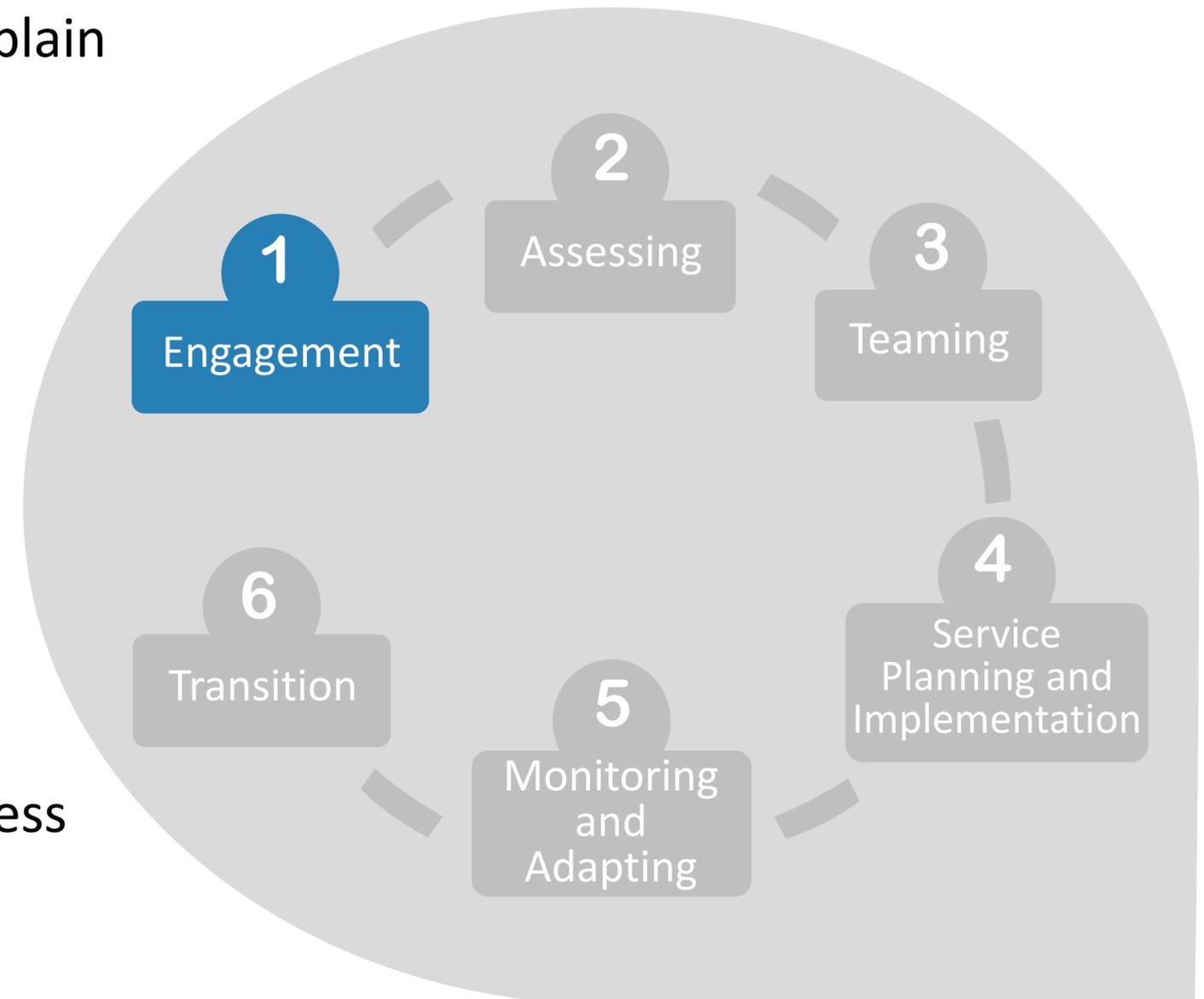
- 1** Schedule a time to meet the family to explain WISE from a family's perspective.
- 2** Explain role of the Family Partner.
- 3** Listen to the family's story.
- 4** Invite family to family support groups and other activities.
- 5** Help address and develop a plan to address immediate crisis and safety needs.



# Youth Partners



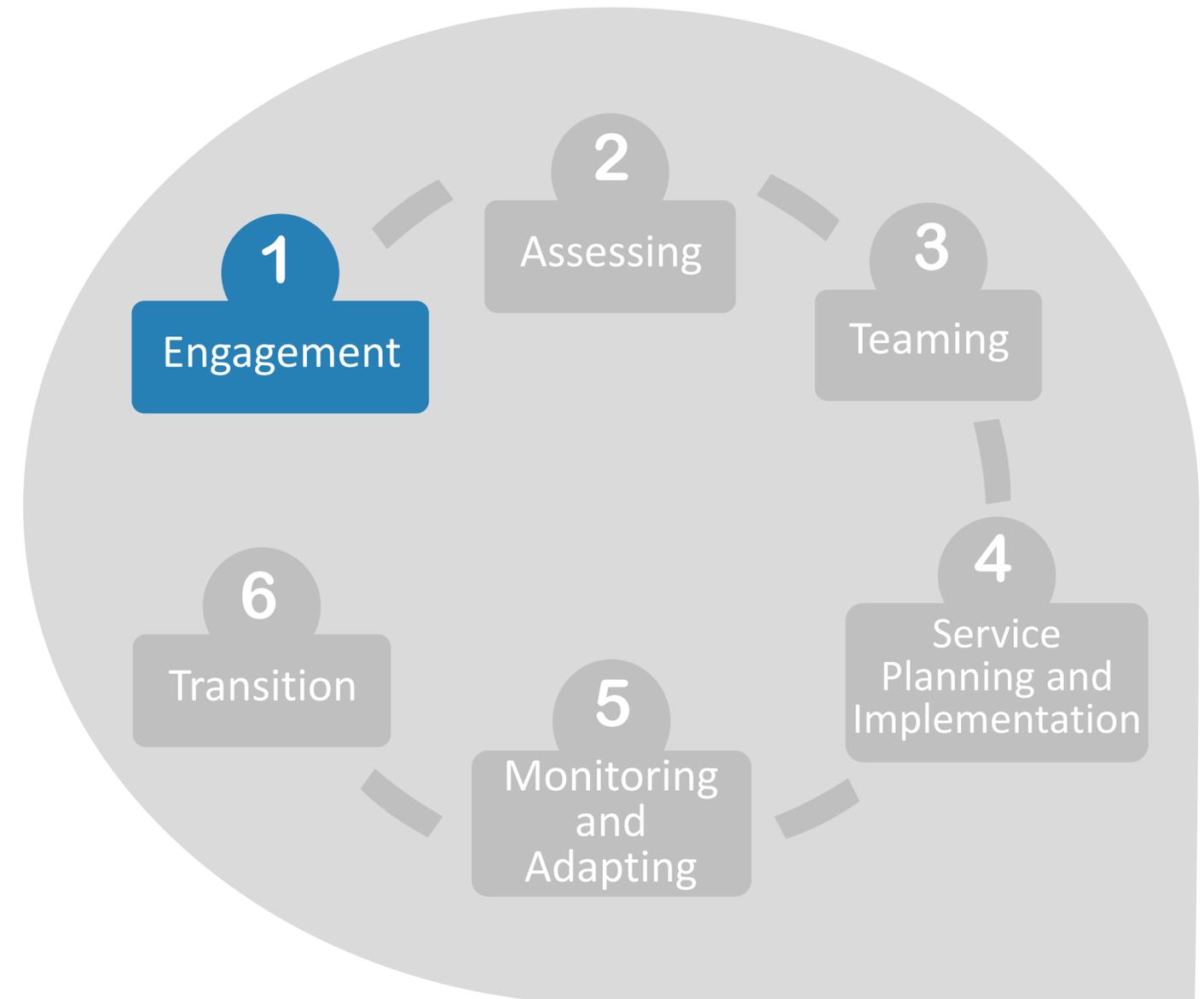
- 1** Schedule a time to meet the youth to explain WISE from a youth's perspective.
- 2** Explain role of the Youth Partner.
- 3** Listen to the youth's story.
- 4** Invite youth to youth support groups and other activities.
- 5** Help address and develop a plan to address immediate crisis and safety needs.



# Important to Know



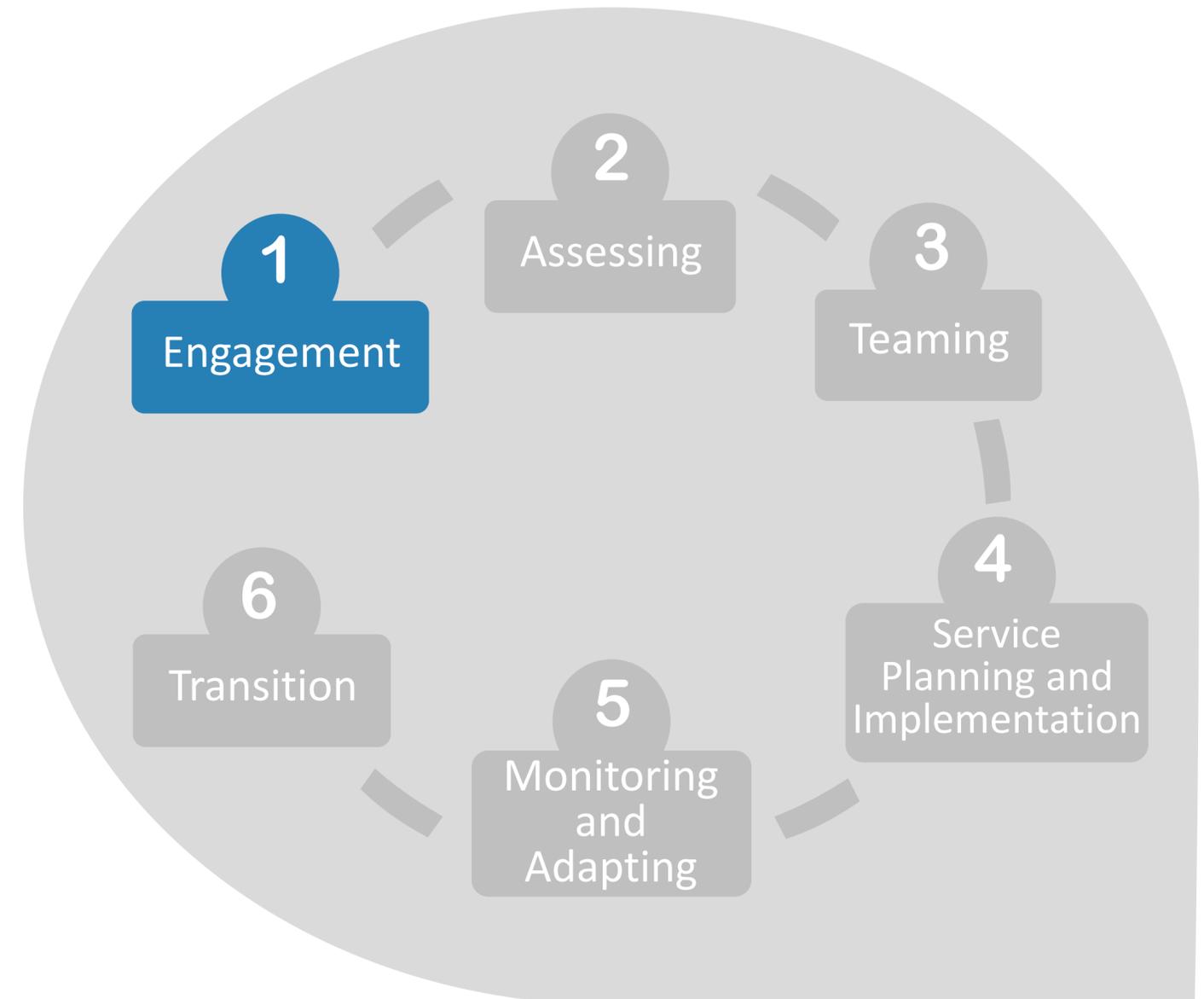
The Engagement Phase should be completed relatively quickly (ideally within 1-2 weeks when possible), so that the team can begin meeting and establish ownership of the process.



# Important to Know



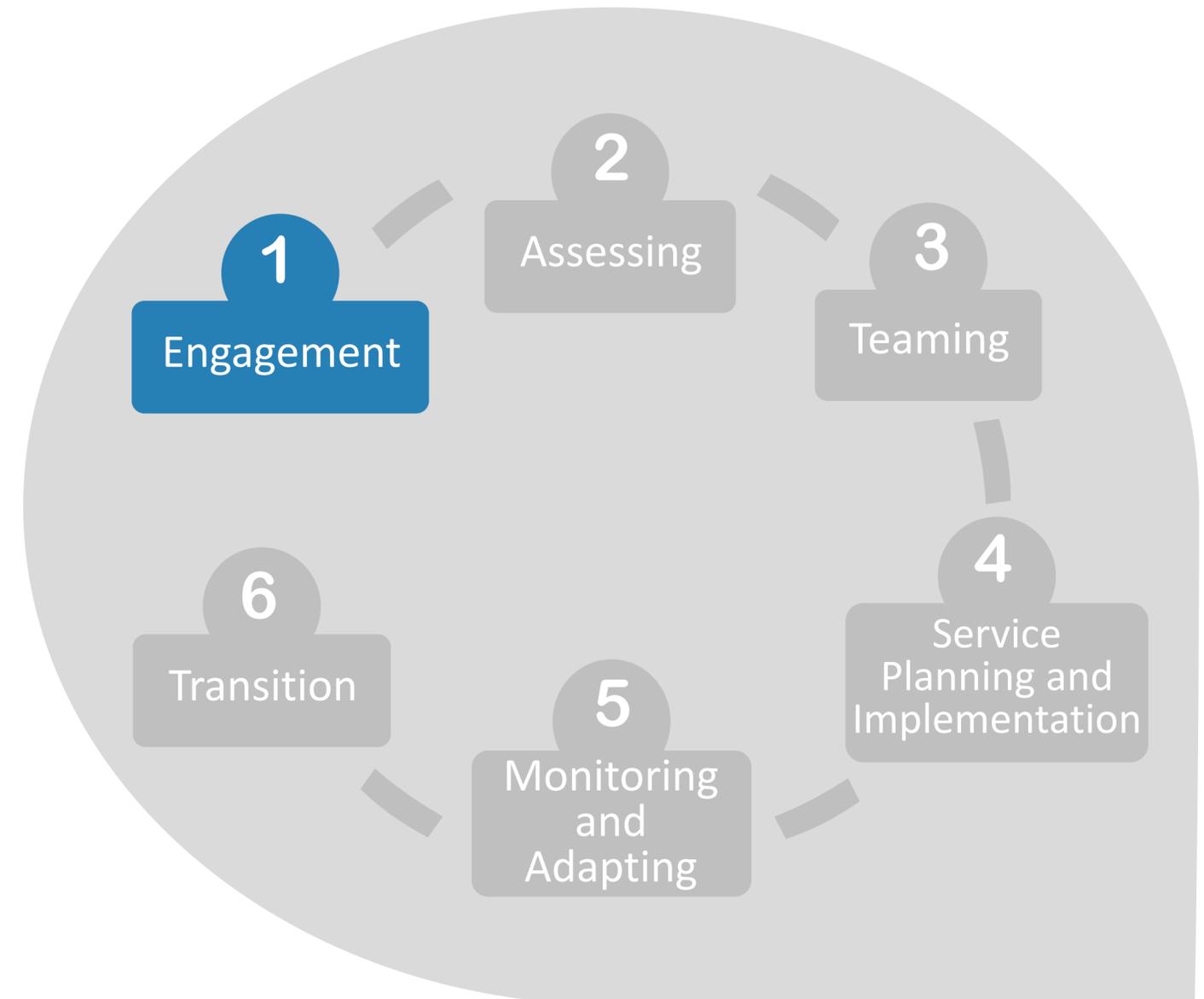
When a youth is coming into WISE from another program or placement (such as a Children's Long-term Inpatient Program or from Behavioral Rehabilitation Services, an inpatient hospitalization, or a juvenile justice facility), this phase is *especially* important, **prior to discharge**, to assist in successfully transitioning youth back into their home and community.



# Important to Know



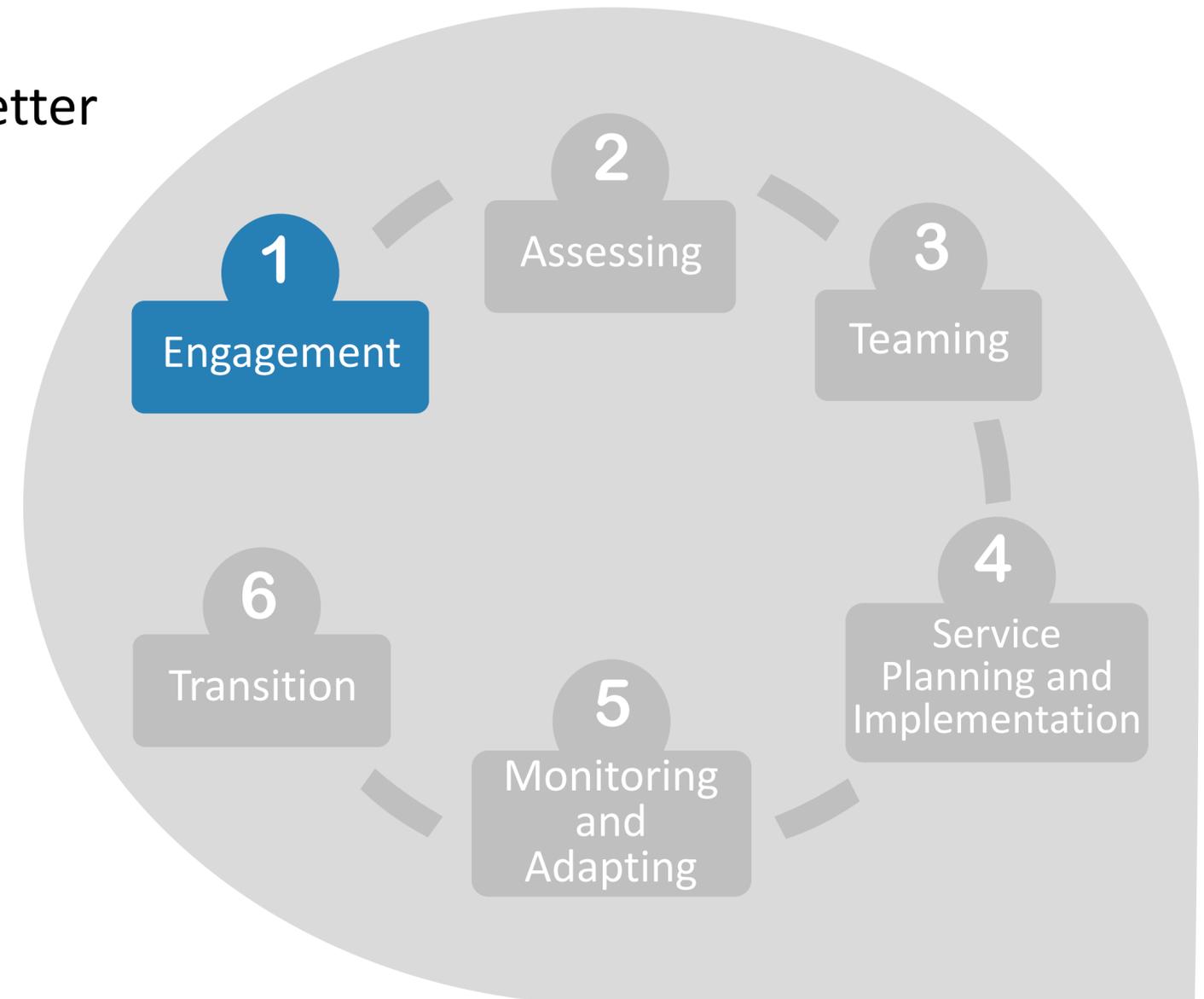
For these initial phases to be Medicaid-compliant, an initial Individual Service Plan, under the direction of a Mental Health Professional, **must** be in place—that directs the ongoing assessment and team development of services.



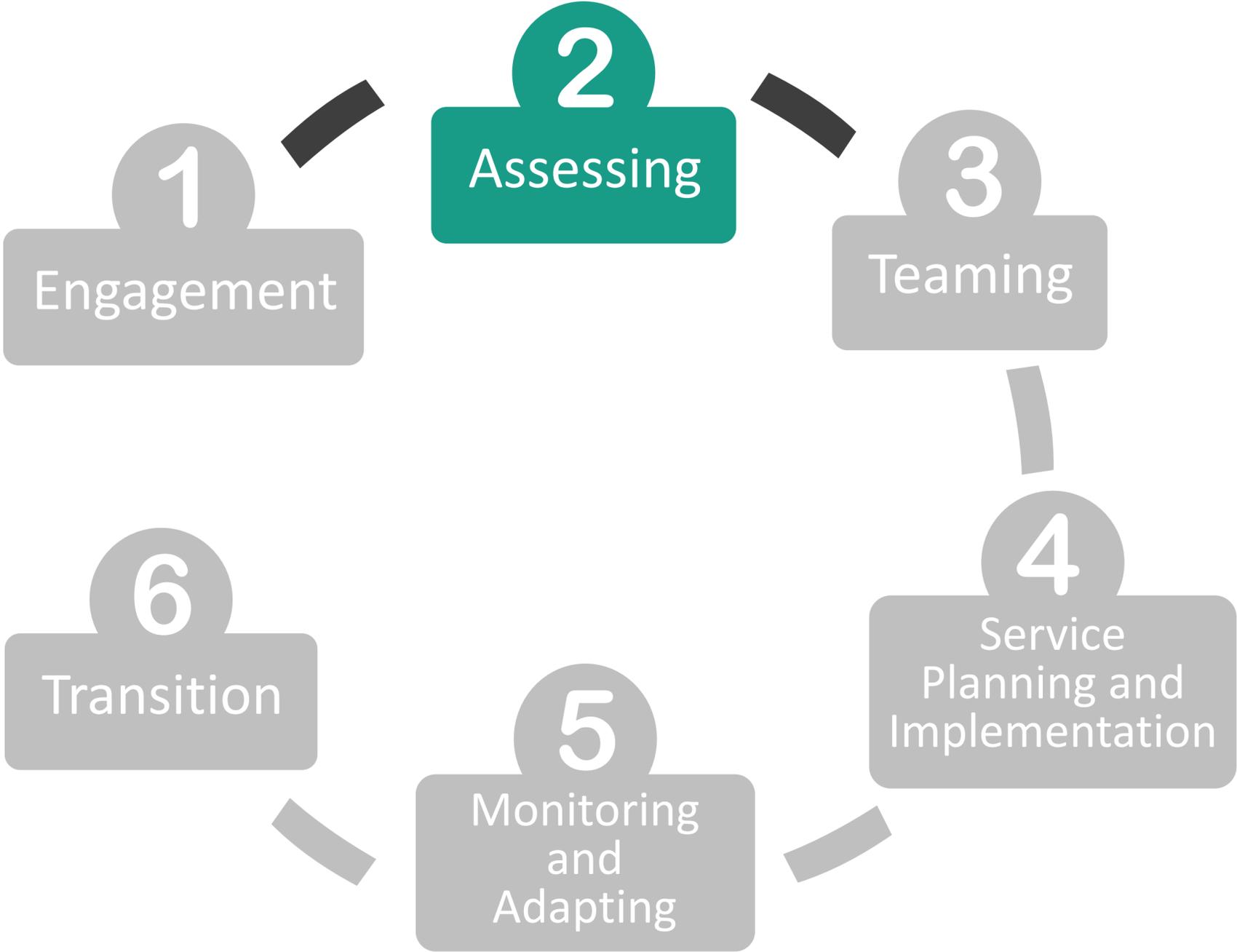
# Key Expectations between Youth/Family and WISE Practitioners



- 1** Family and Youth Vision. “What does better look like?”
- 2** To think about their strengths and be prepared to share them to the WISE Practitioners
- 3** To consider commitment to the WISE process.
- 4** To discuss any immediate questions, concerns, crisis needs and pressing safety issues.



# Phases and Activities of WISE



## 2. Assessing



### Goals & Purpose

1

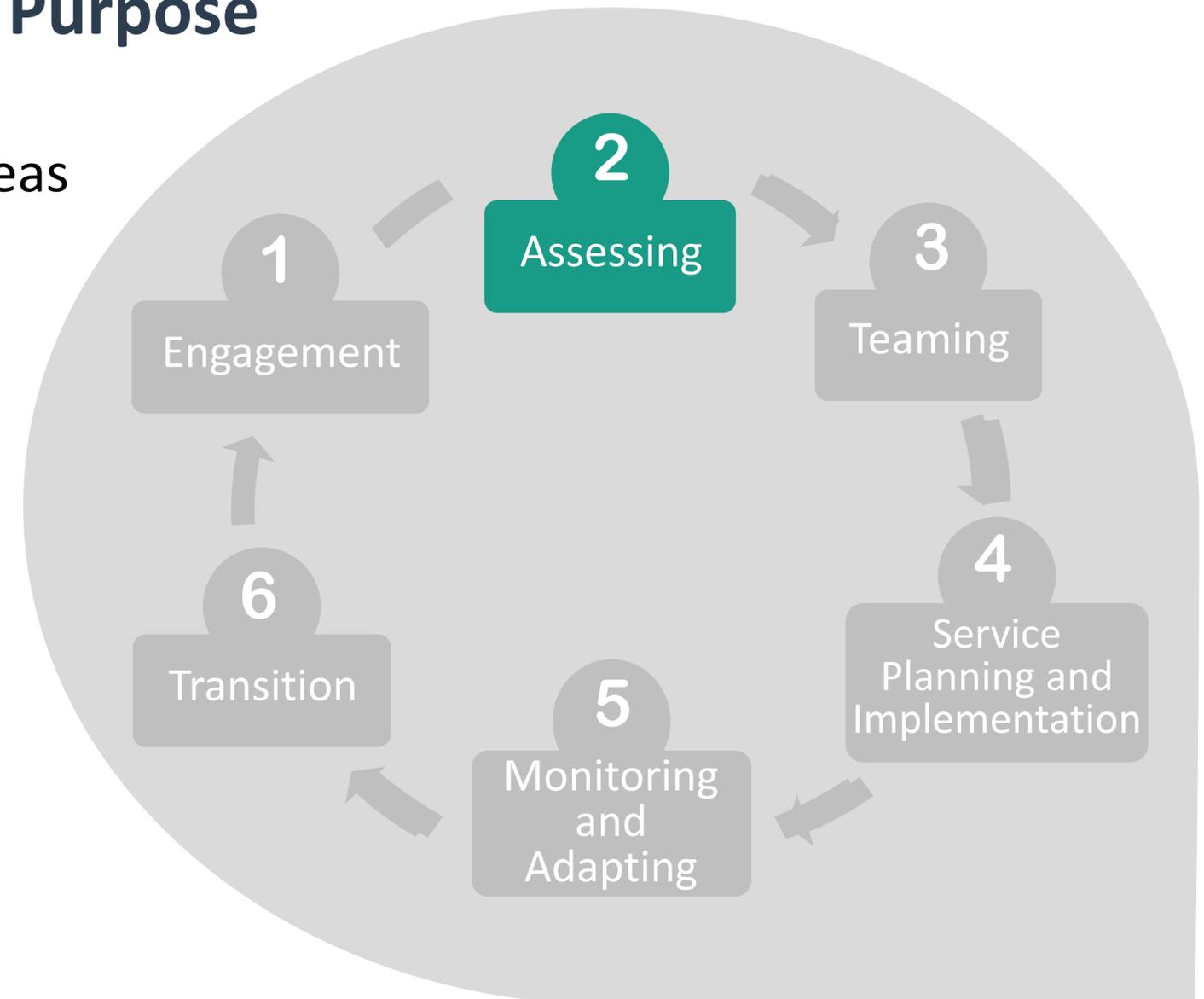
Continue meeting and engaging on areas that include strengths, needs, culture and vision.

2

Begin initial documentation (including CANS scores).

3

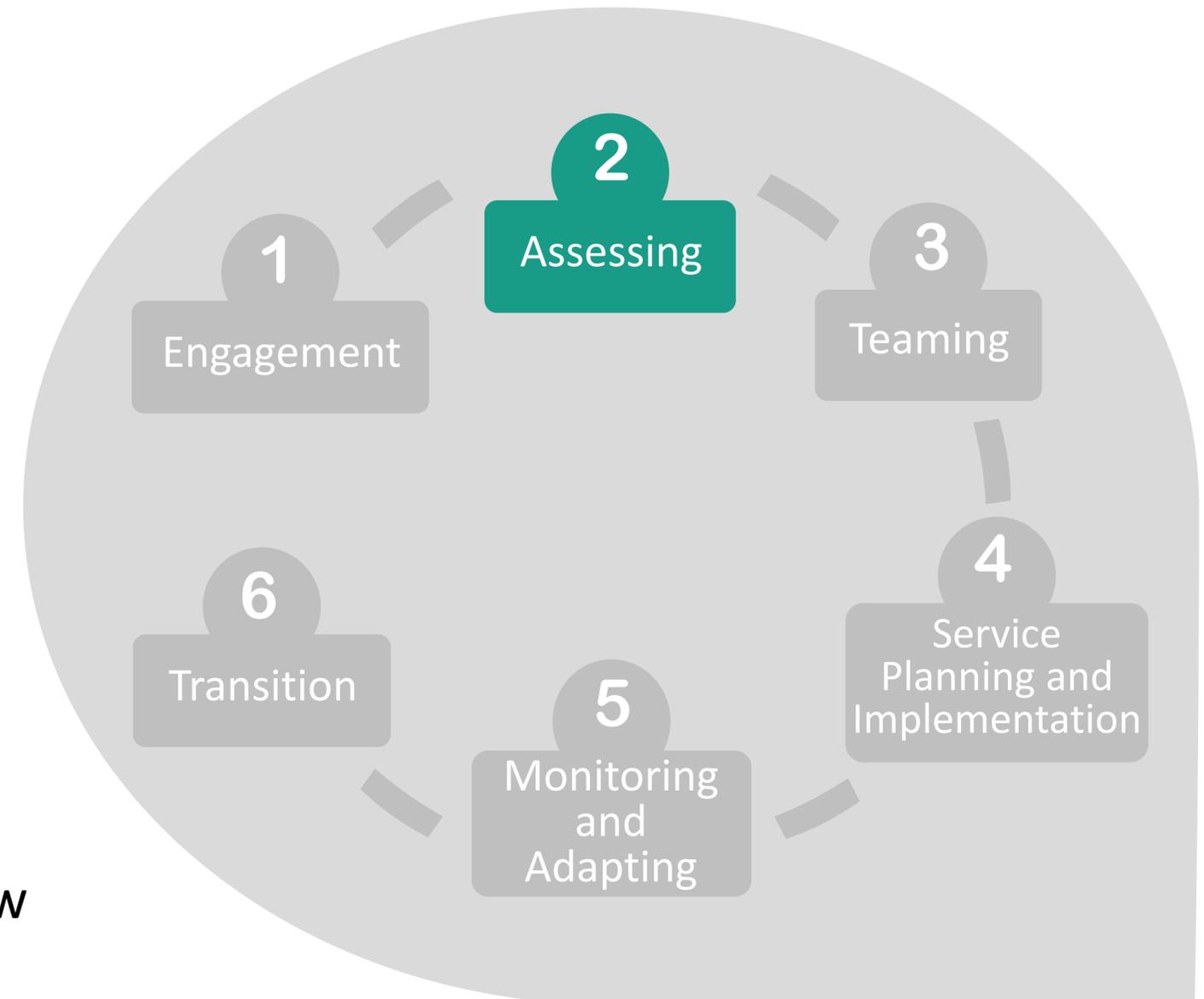
Complete a youth and family-approved narrative.



# Essential Steps of Assessing



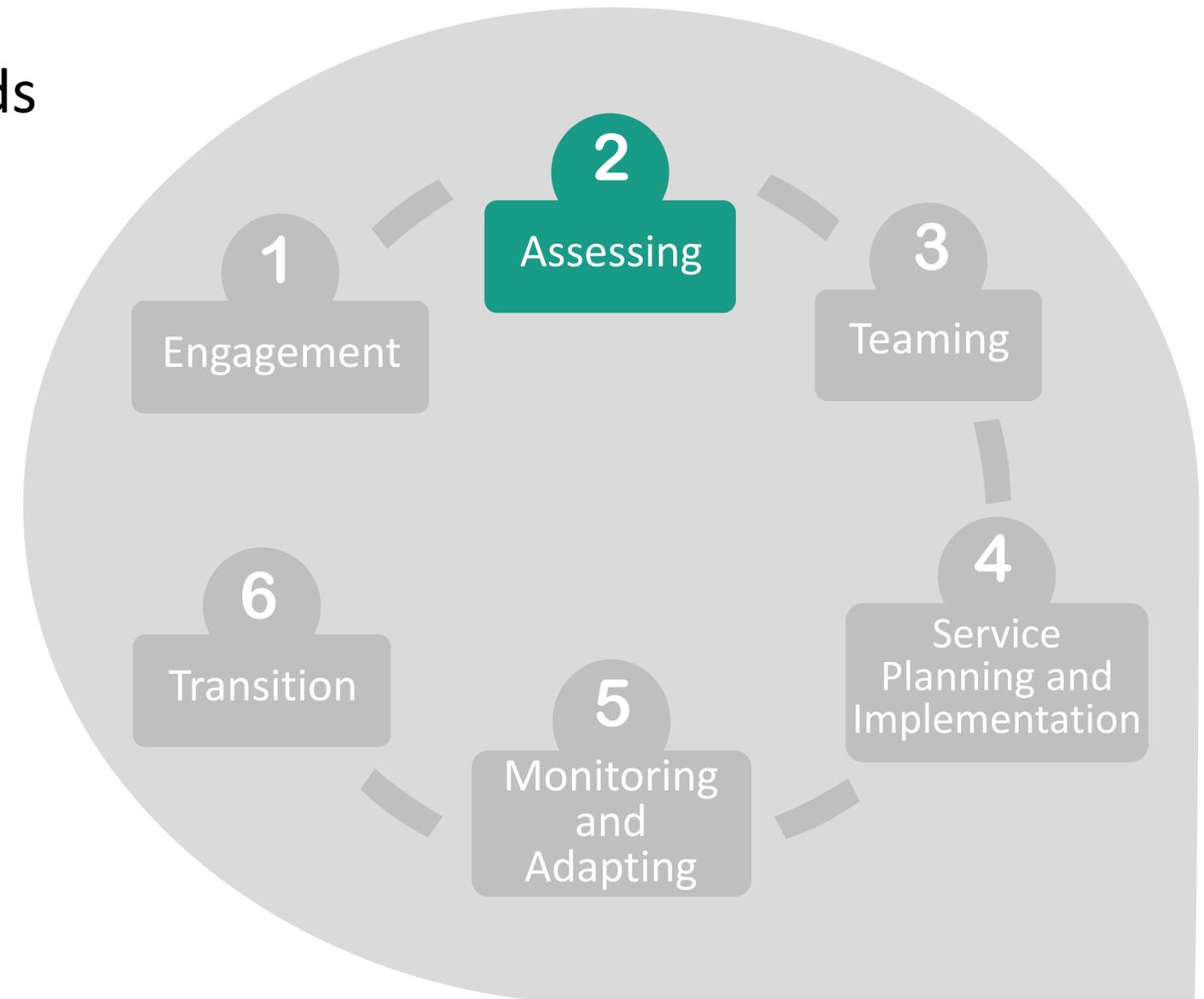
- 1** Complete a strengths discovery and list of strengths.
- 2** Discuss and list existing and potential natural supports.
- 3** Complete a list of potential team members.
- 4** Summarize the youth and family's context, strengths, needs, vision for the future and supports.
- 5** Determine with the youth and family how the CANS will be shared with the team.



# Youth Partners and Family Partners



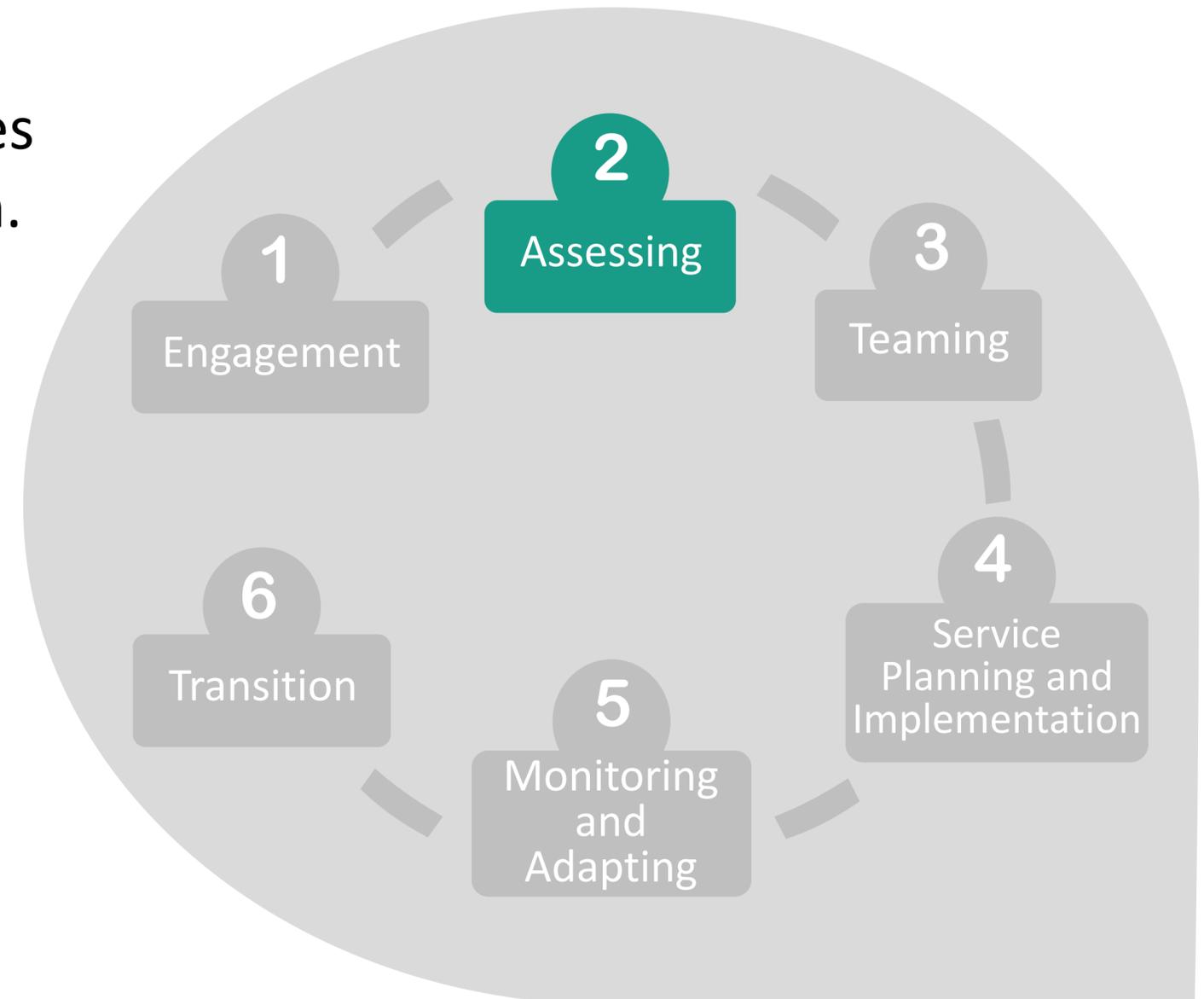
- 1** Help summarize the strengths, needs culture and vision of the youth and of the family.
- 2** Review the documents, including CANS scores, with the youth and family.
- 3** List existing and potential natural supports with youth and family.



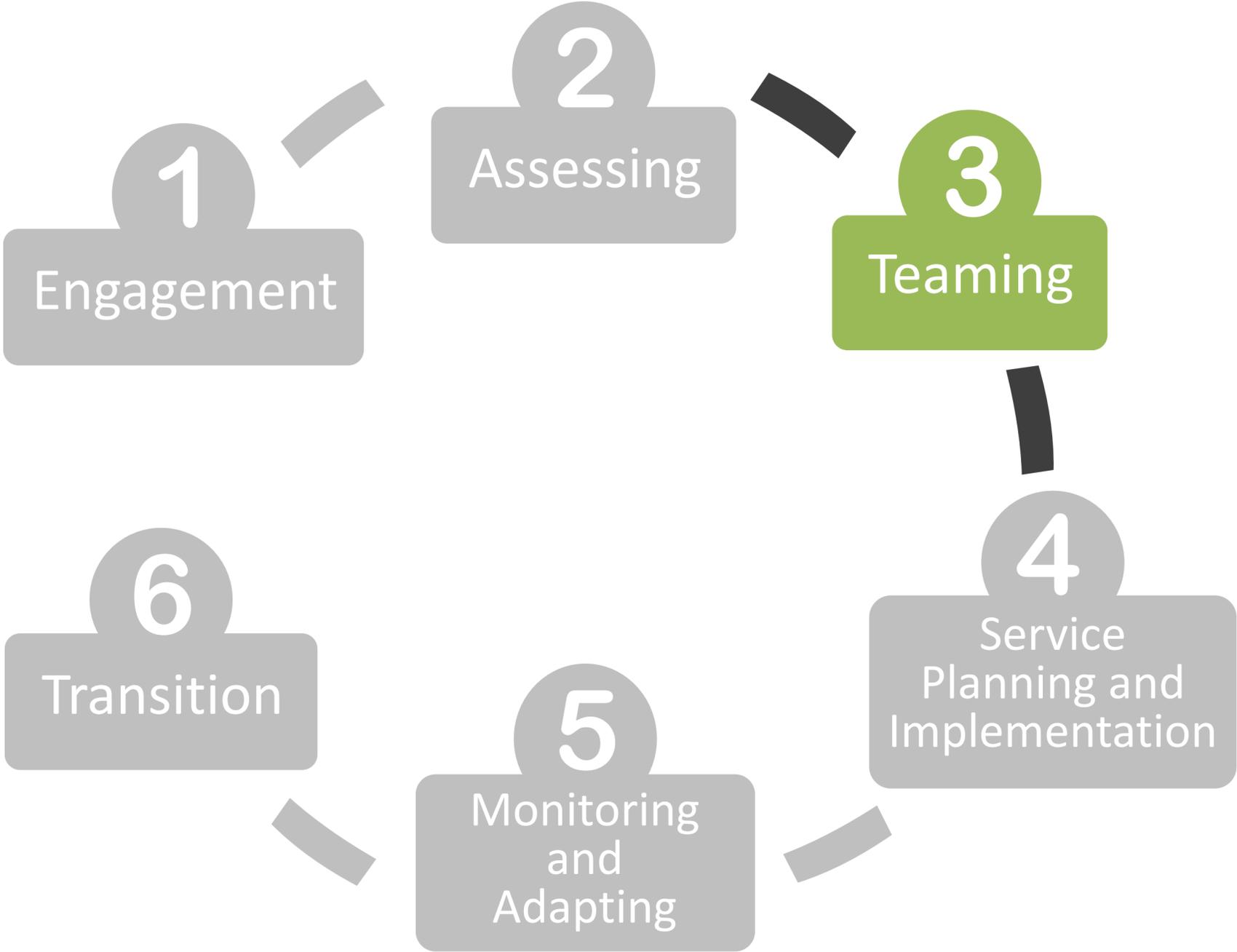
# Activities of the Youth and Family



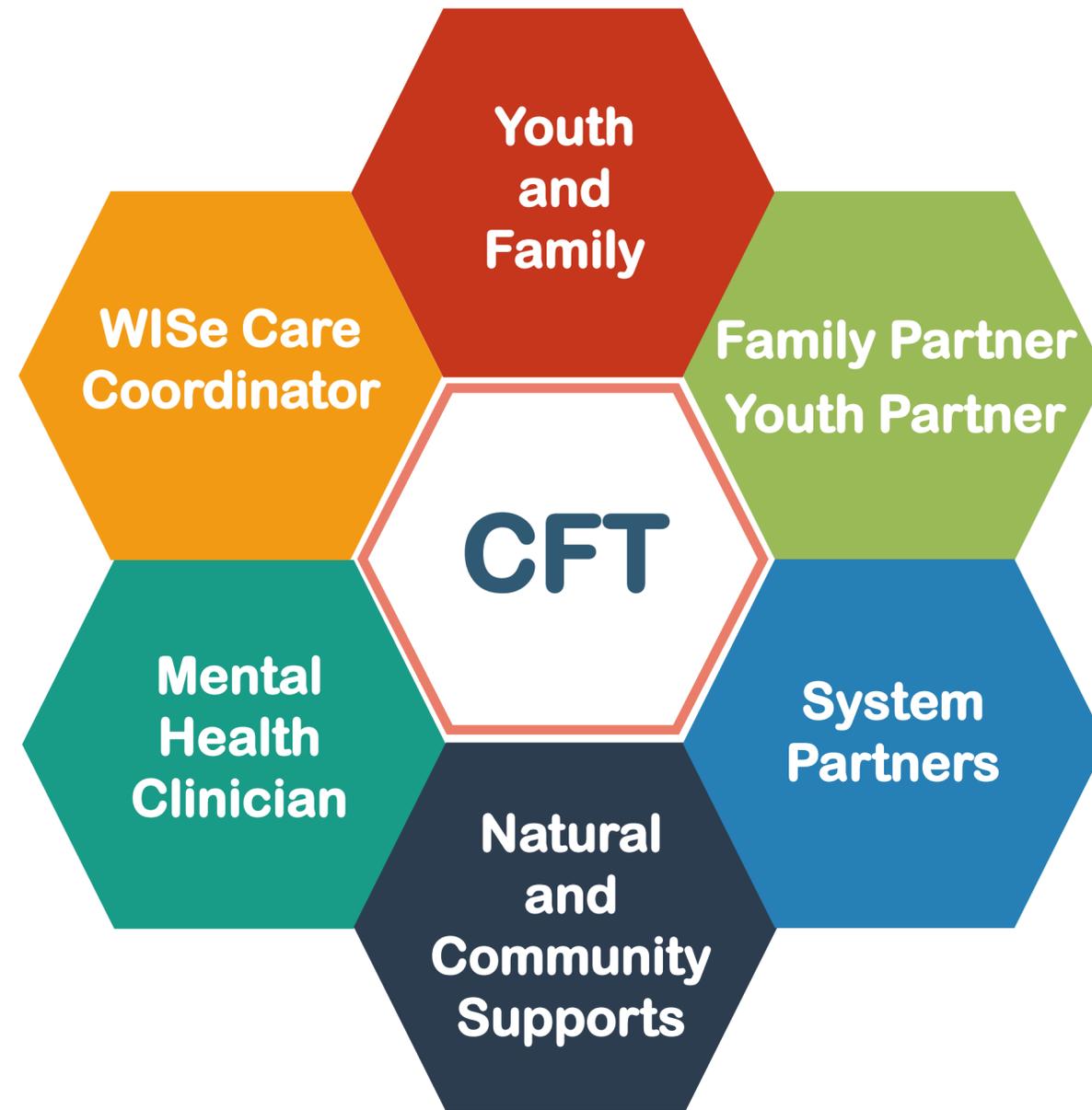
- 1** Review documentation that includes strengths, needs, culture and vision.
- 2** Ask questions about assessments, including CANS scores.
- 3** Approve youth and family story narrative.



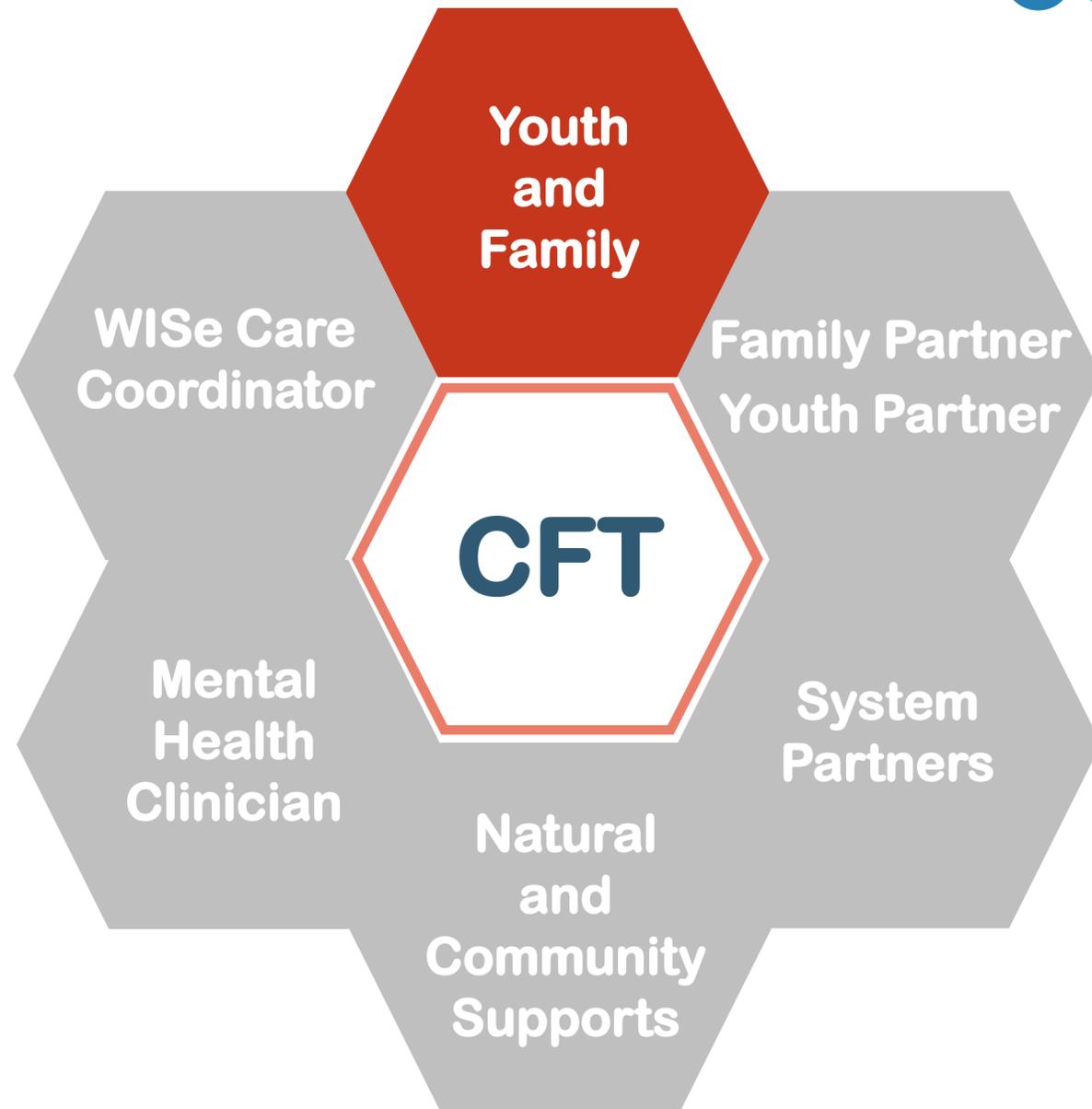
# Phases and Activities of WISE



# Members of a Child and Family Team

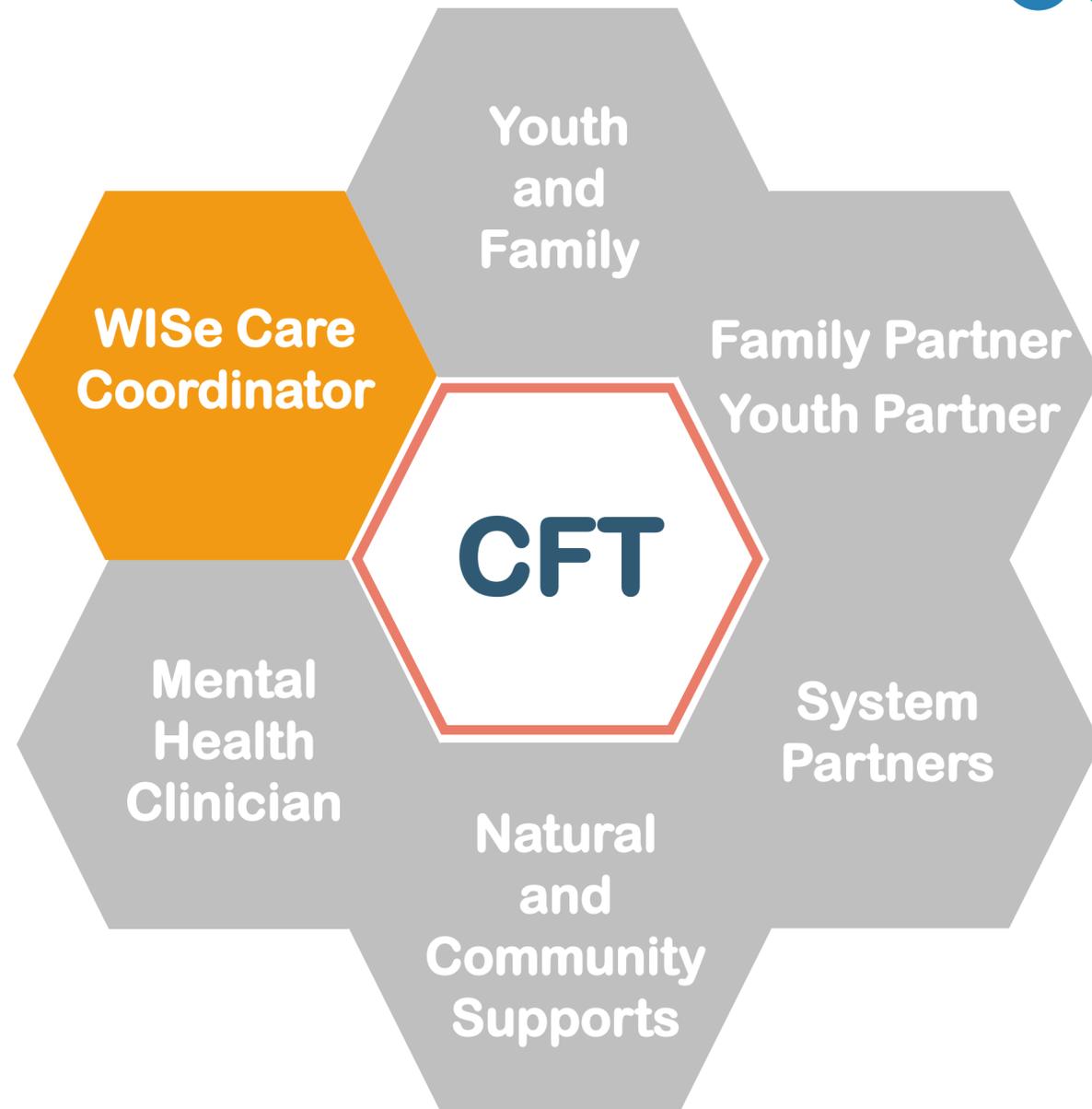


# Youth and Family



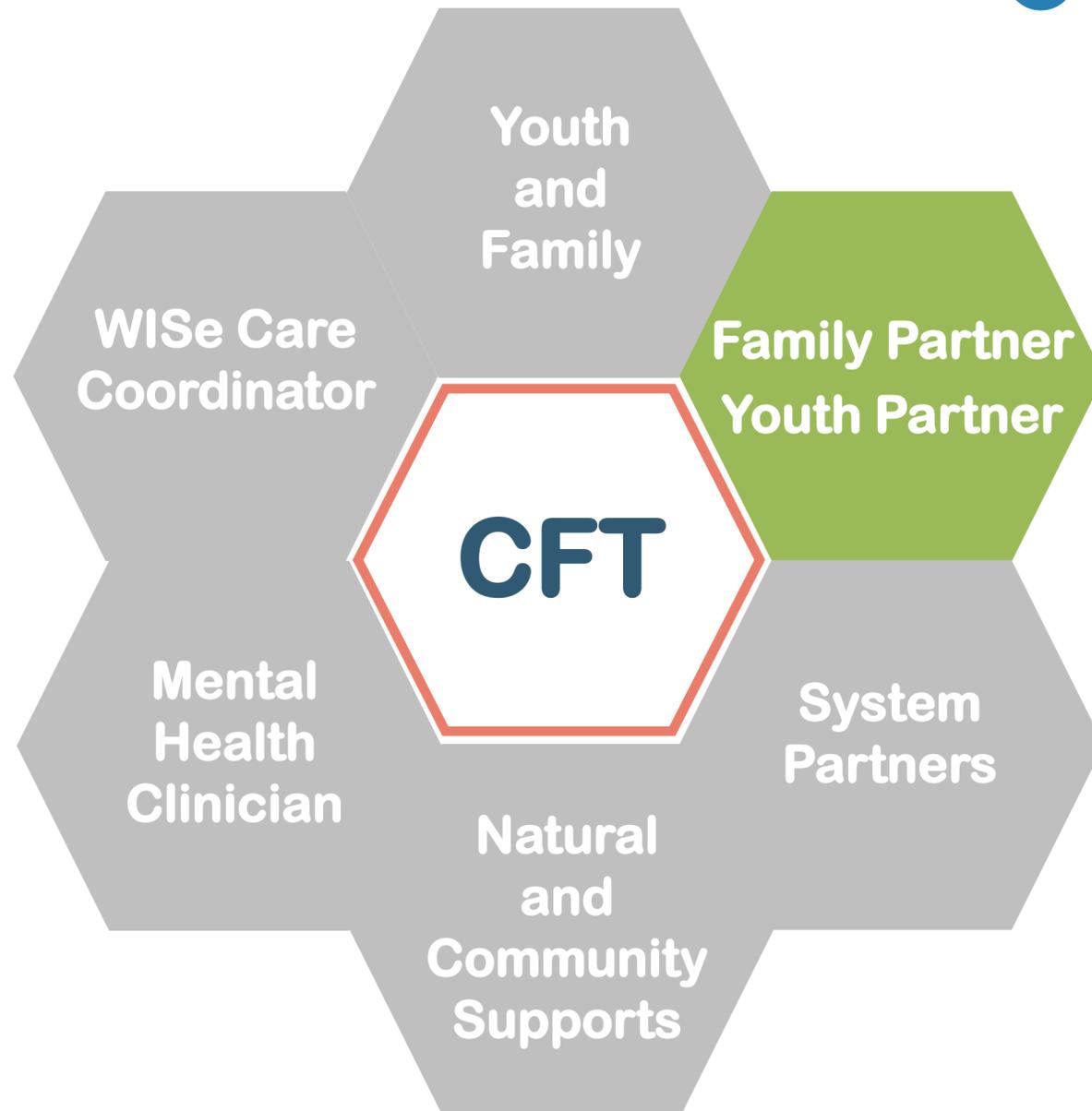
This category refers to the young person and their identified “family” for whom the WISE team has come together to work for.

# WISe Care Coordinator



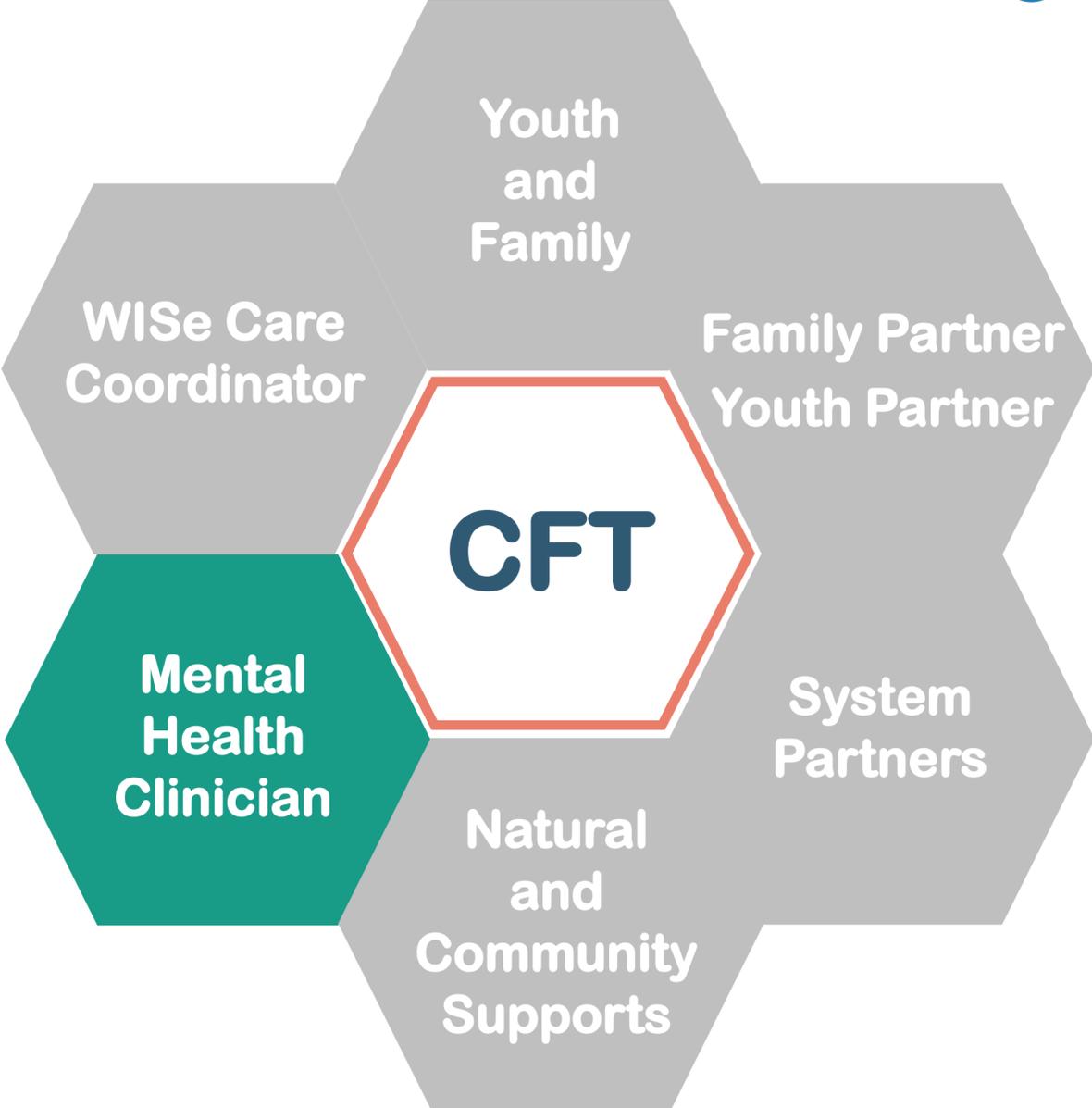
- Organizes and leads the WISe Team meetings
- Facilitates communication among team members
- Provides care coordination
- Helps guide the team through the phases and activities of WISe

# Family Partner and Youth Partner



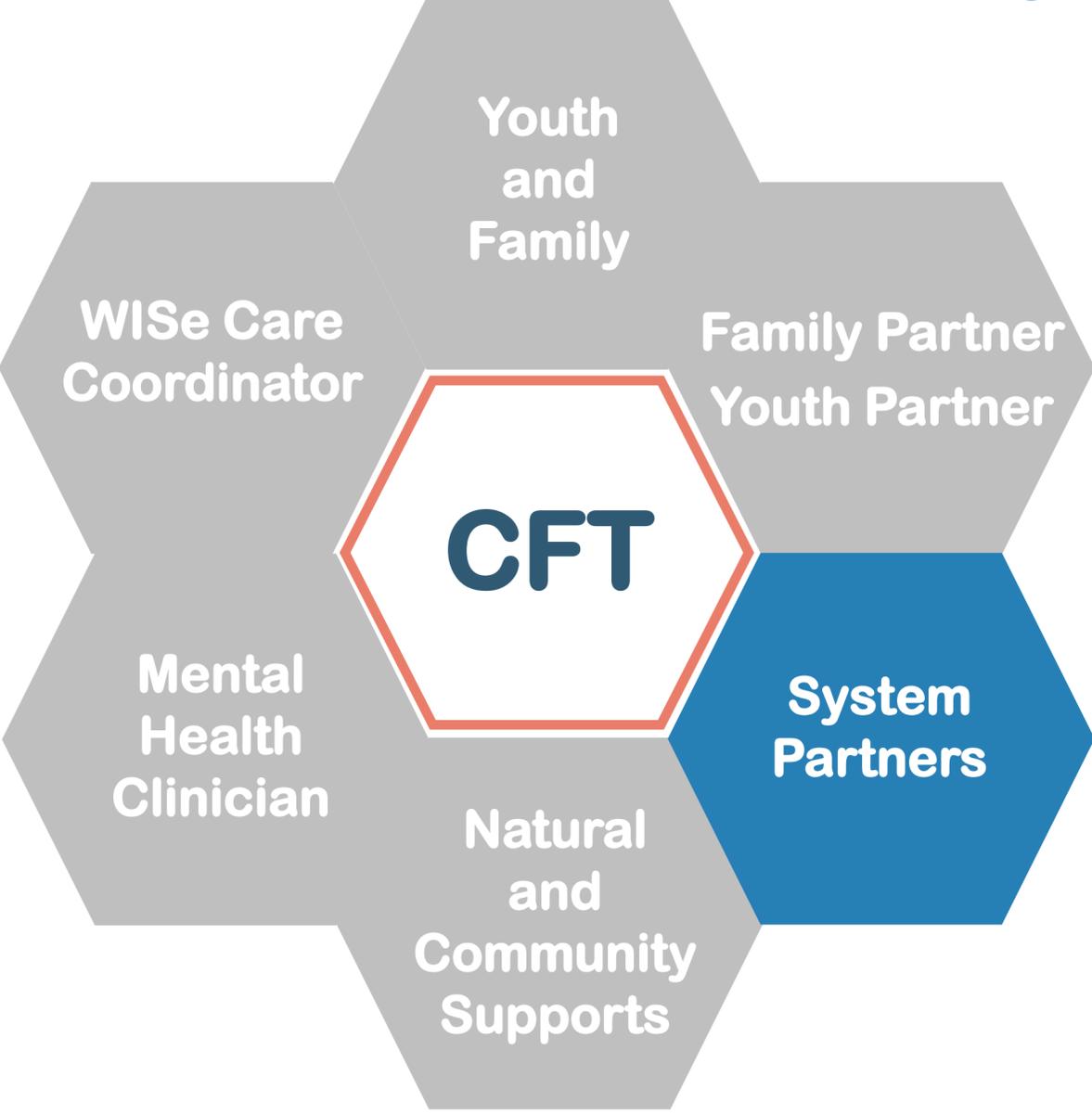
- One is required, both are optimal
- Bridges the gap between the perspectives of the youth, the family and systems
- Shares lived experience
- Be WISe-trained
- Be a WA state-certified peer counselor
- Desires to share, teach and empower

# Mental Health Clinician



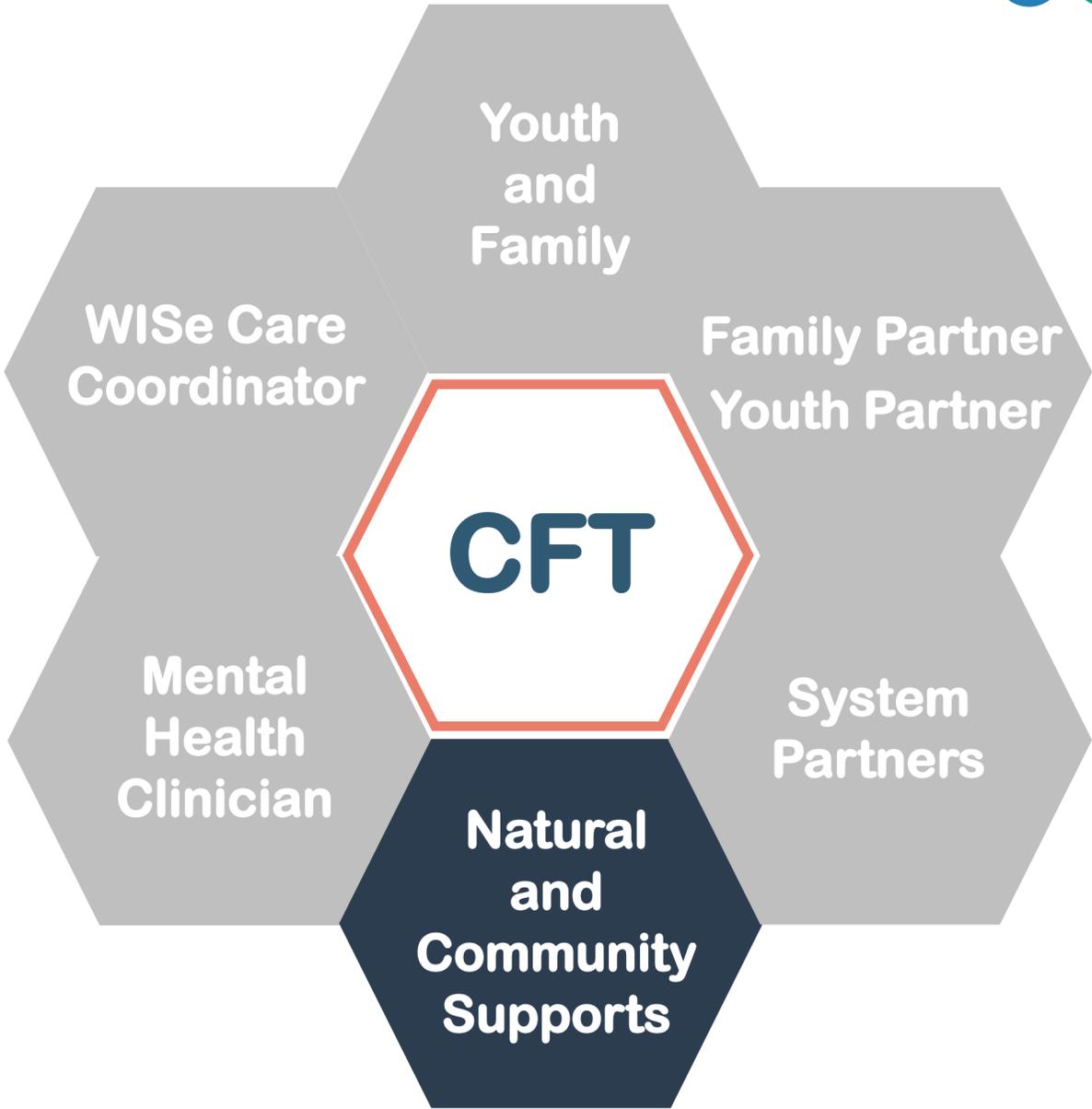
- Provide intensive services (“direct services”) in home and community-based settings
- Educate the youth’s family about mental health challenges that the youth is experiencing
- Behavior management
- Therapeutic services delivered in the youth’s home or community

# System Partners



- Child Welfare
- Juvenile Justice
- Education
- Mental Health
- Substance Abuse
- Other systems involved with family

# Natural and Community Supports Members



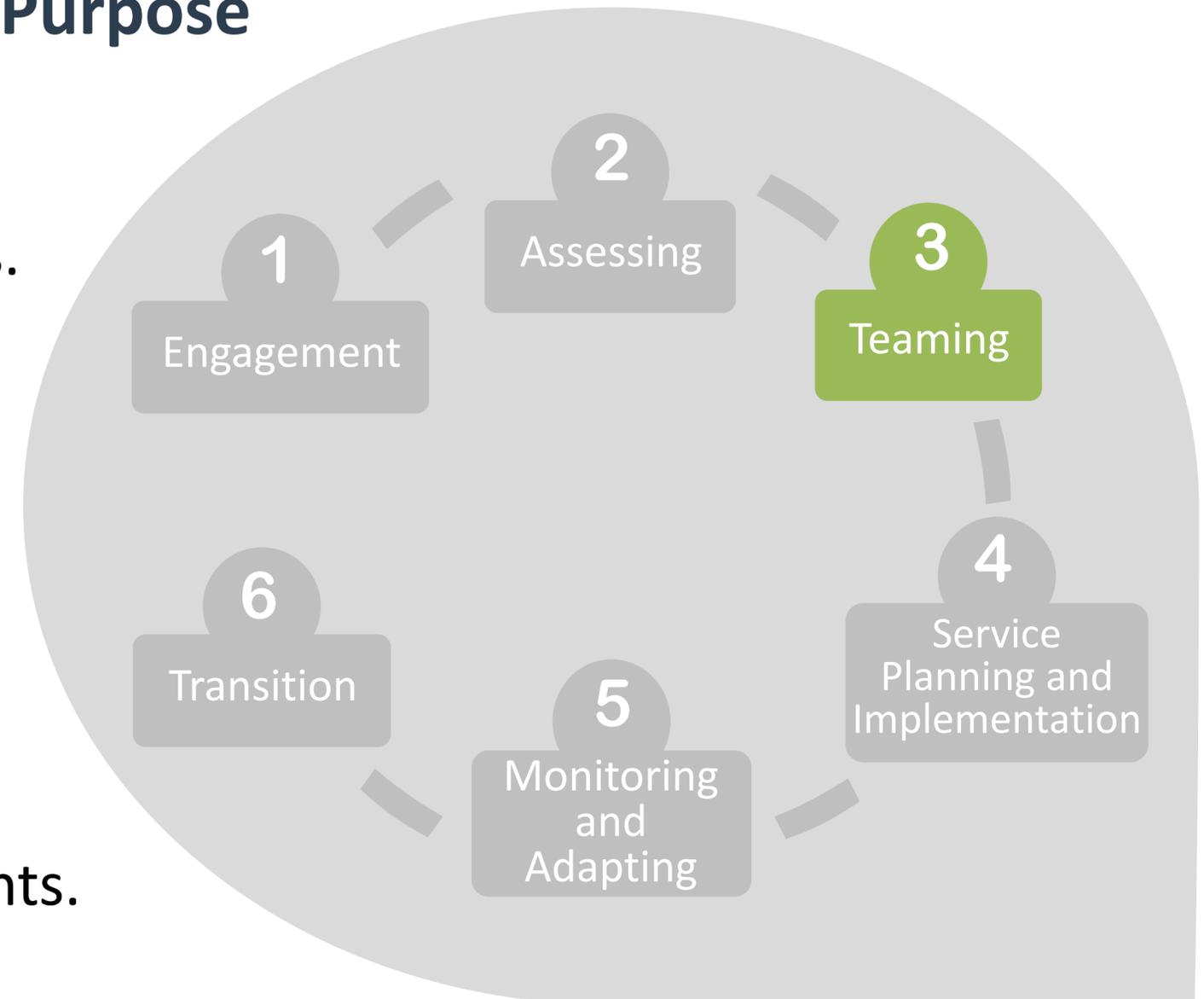
- Neighbors
- Kin
- Relatives
- Friends
- Clergy
- Spiritual advisors
- Healers,
- Elders,
- Community members

# 3. Teaming



## Goals & Purpose

- 1** Engage and gain participation of current and potential team members.
- 2** Explain the team process.
- 3** Elicit commitment to the process.
- 4** Make necessary meeting arrangements.

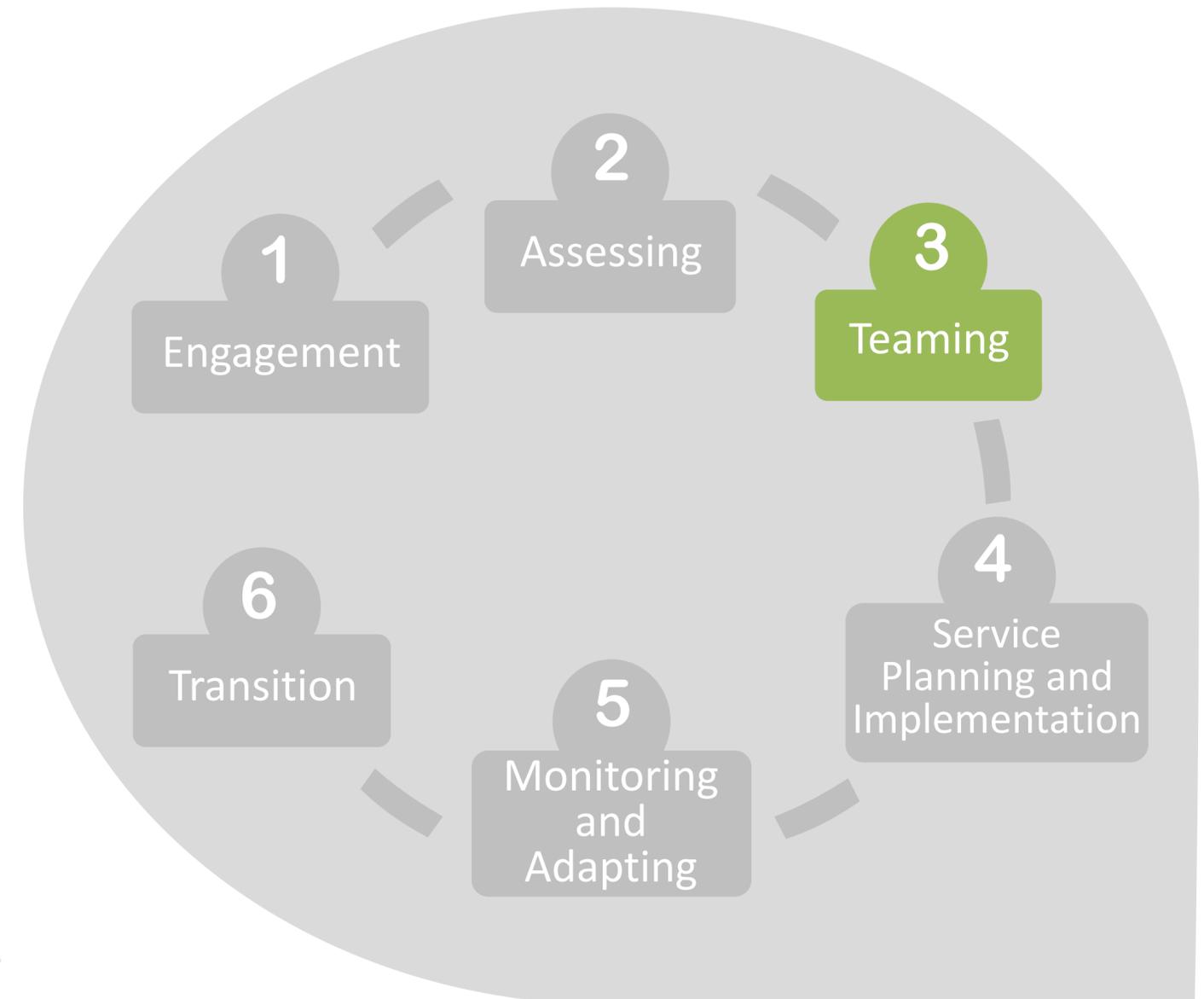


# 3. Teaming



## WISe Practitioners

- 1 Explain WISe to potential team members.
- 2 Explain that the CFT will be expected to meet with sufficient regularity.
- 3 Describe how the CFT reviews the interventions and action items and adjusts these accordingly.
- 4 Describe how a WISe Practitioner guides the team in evaluating strategies.
- 5 Explains how the CFT works together to resolve differences.
- 6 Explain that the CFT has a process to resolve disputes for moving forward with services.

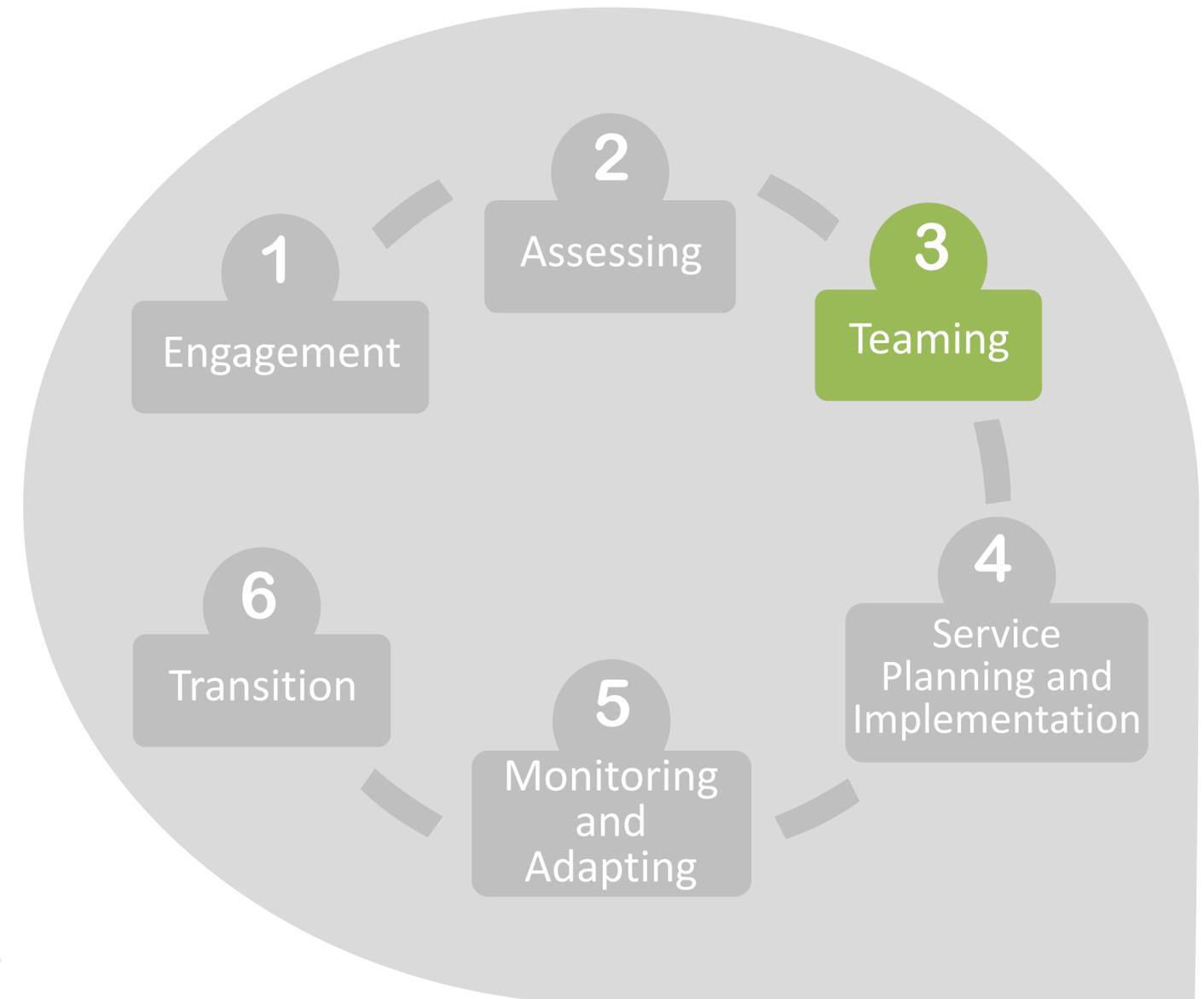


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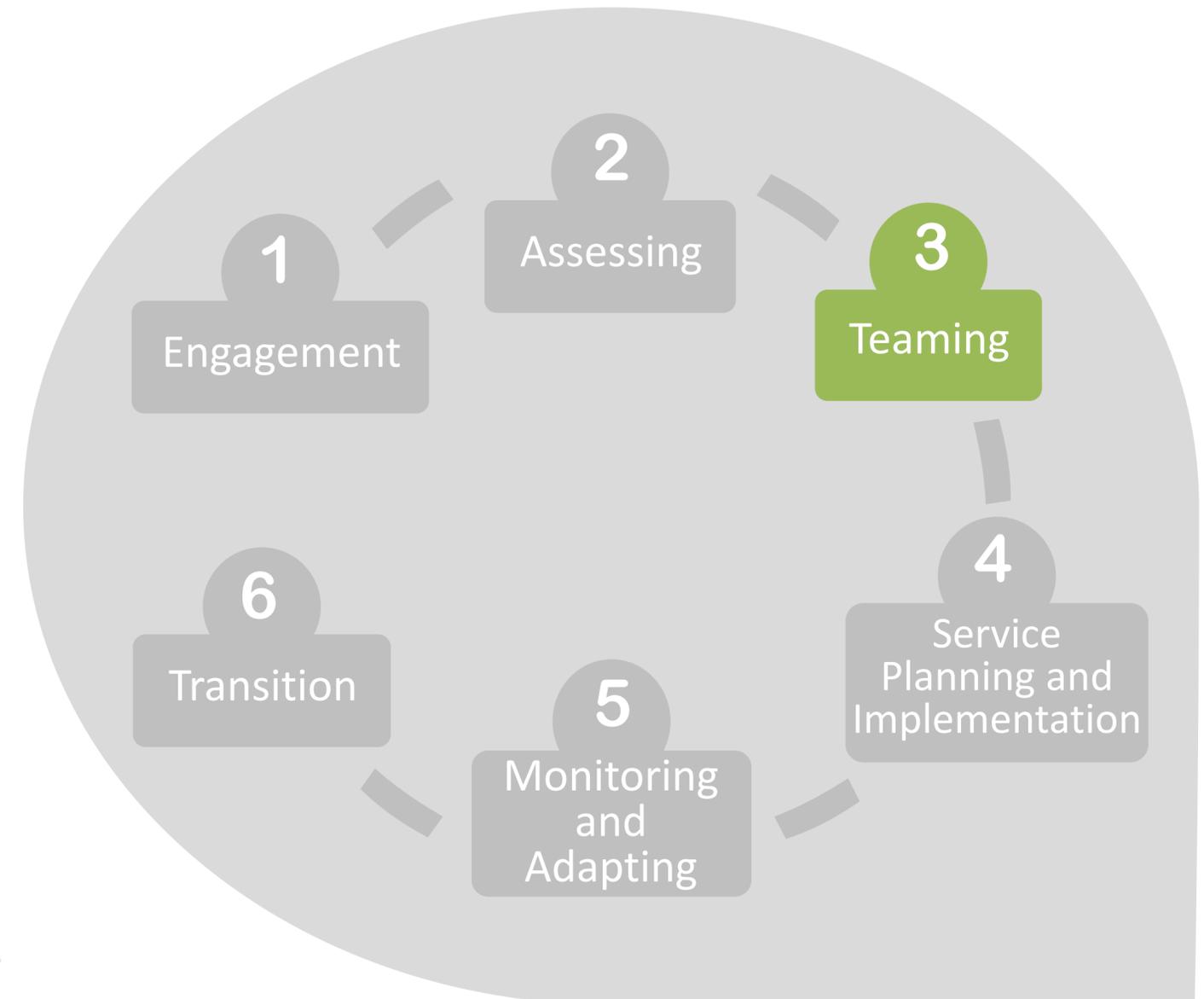


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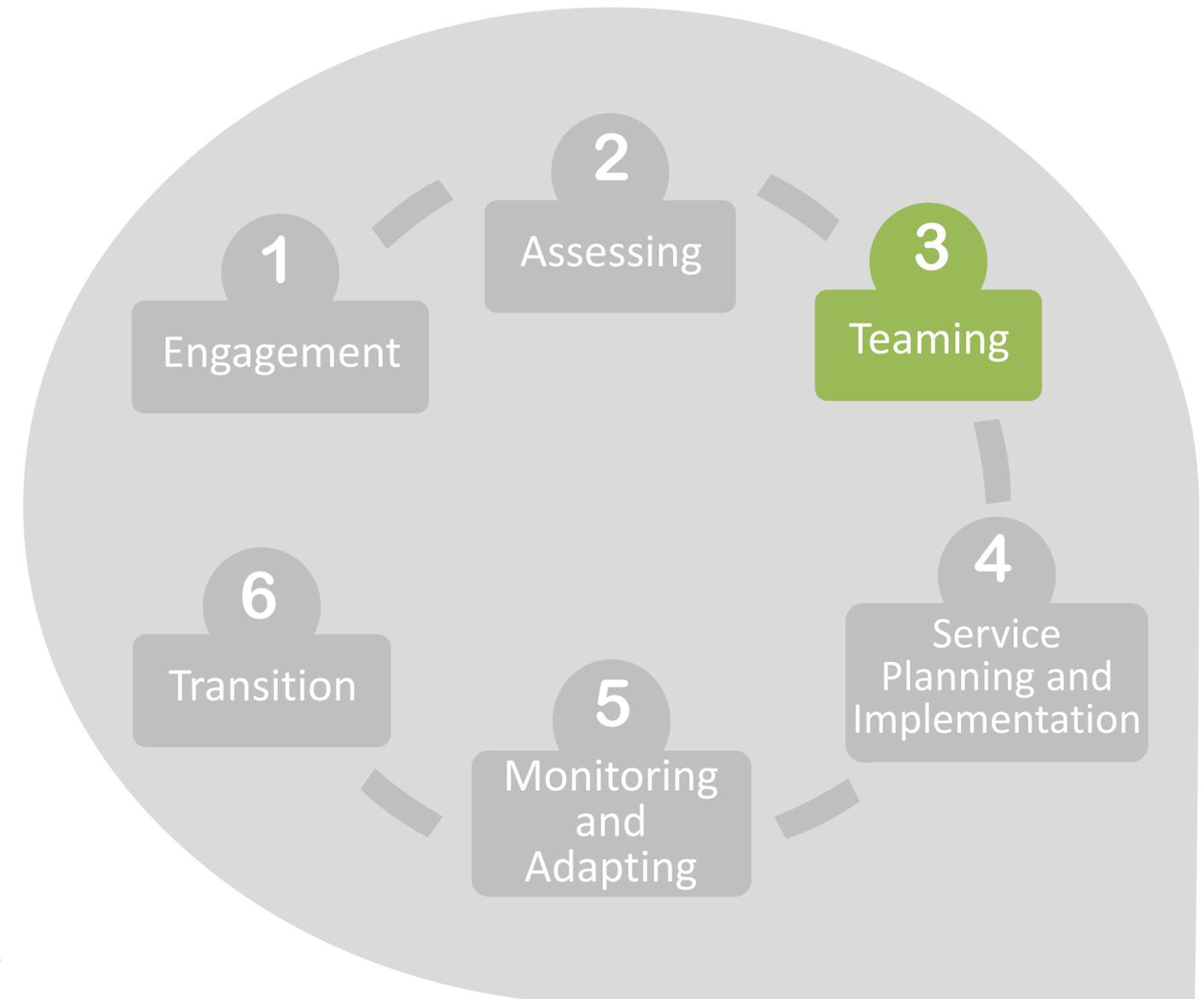


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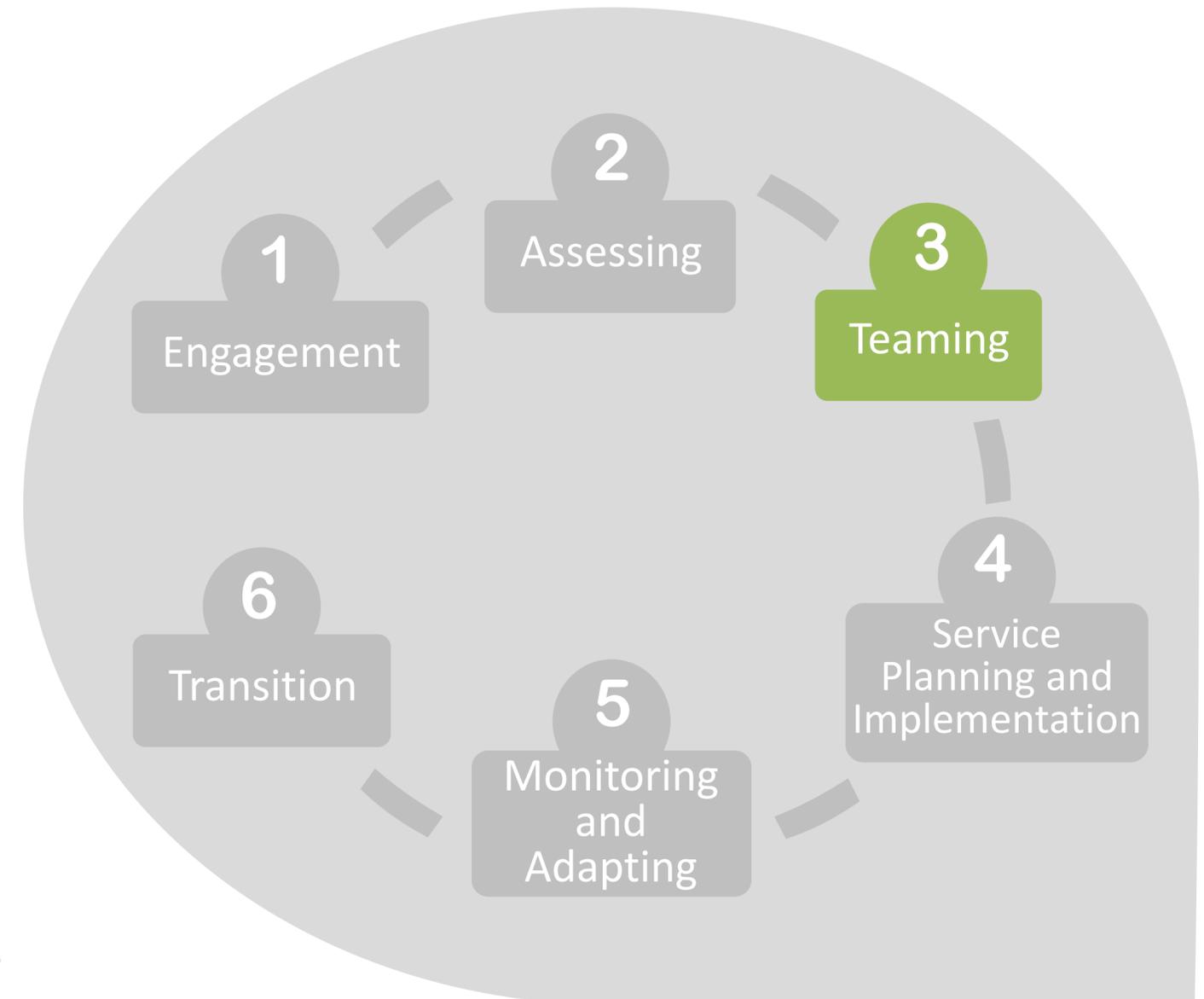


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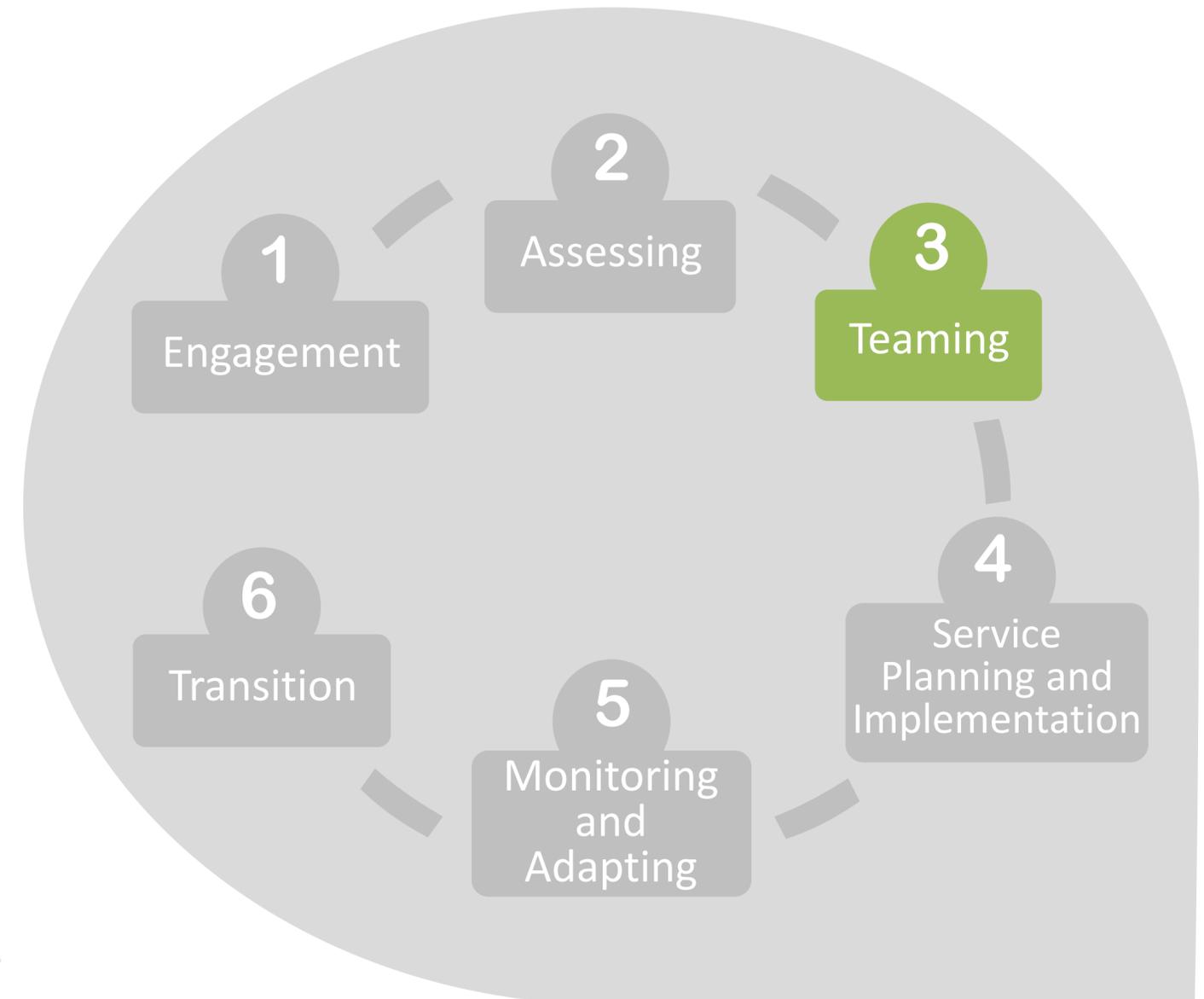


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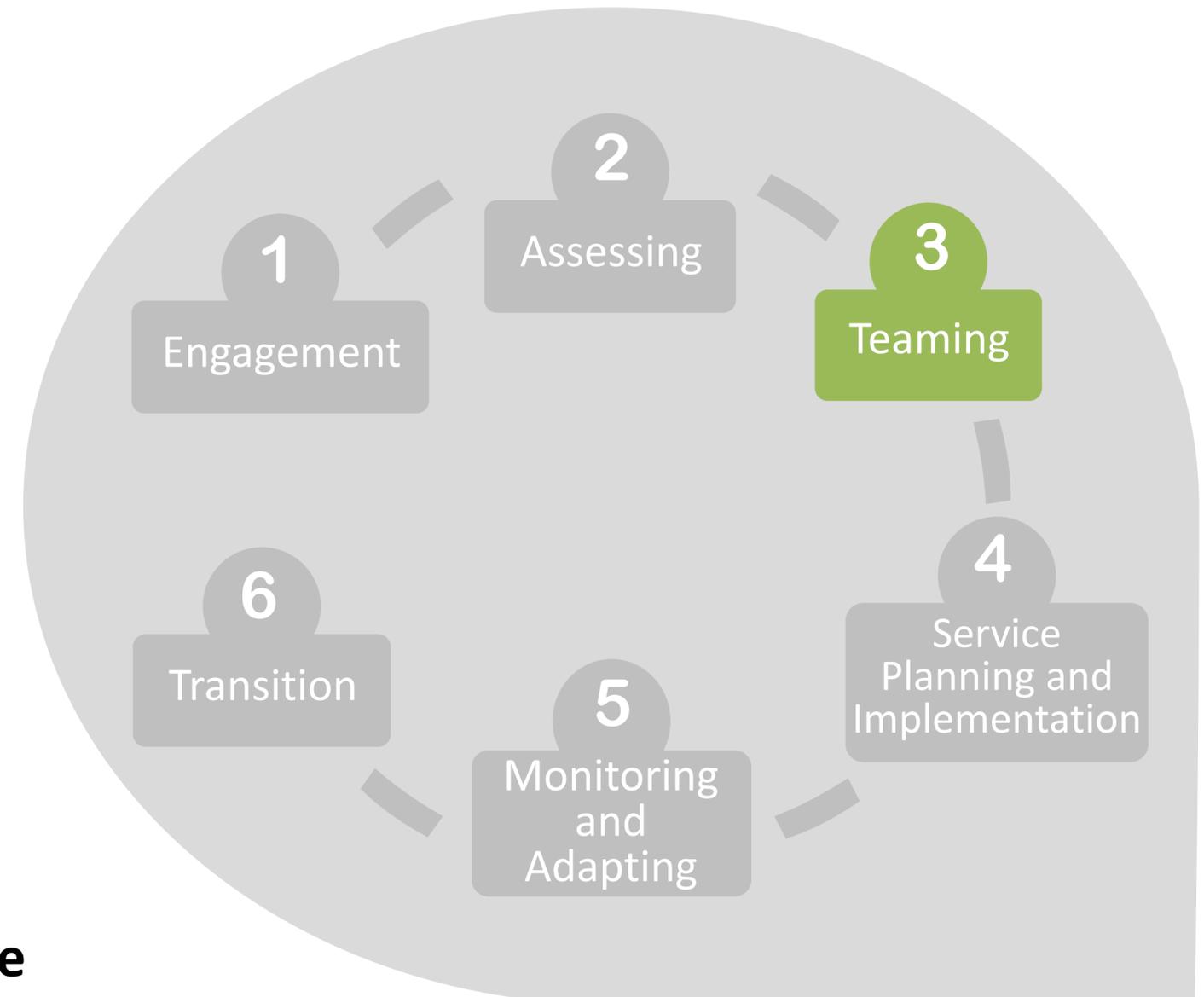


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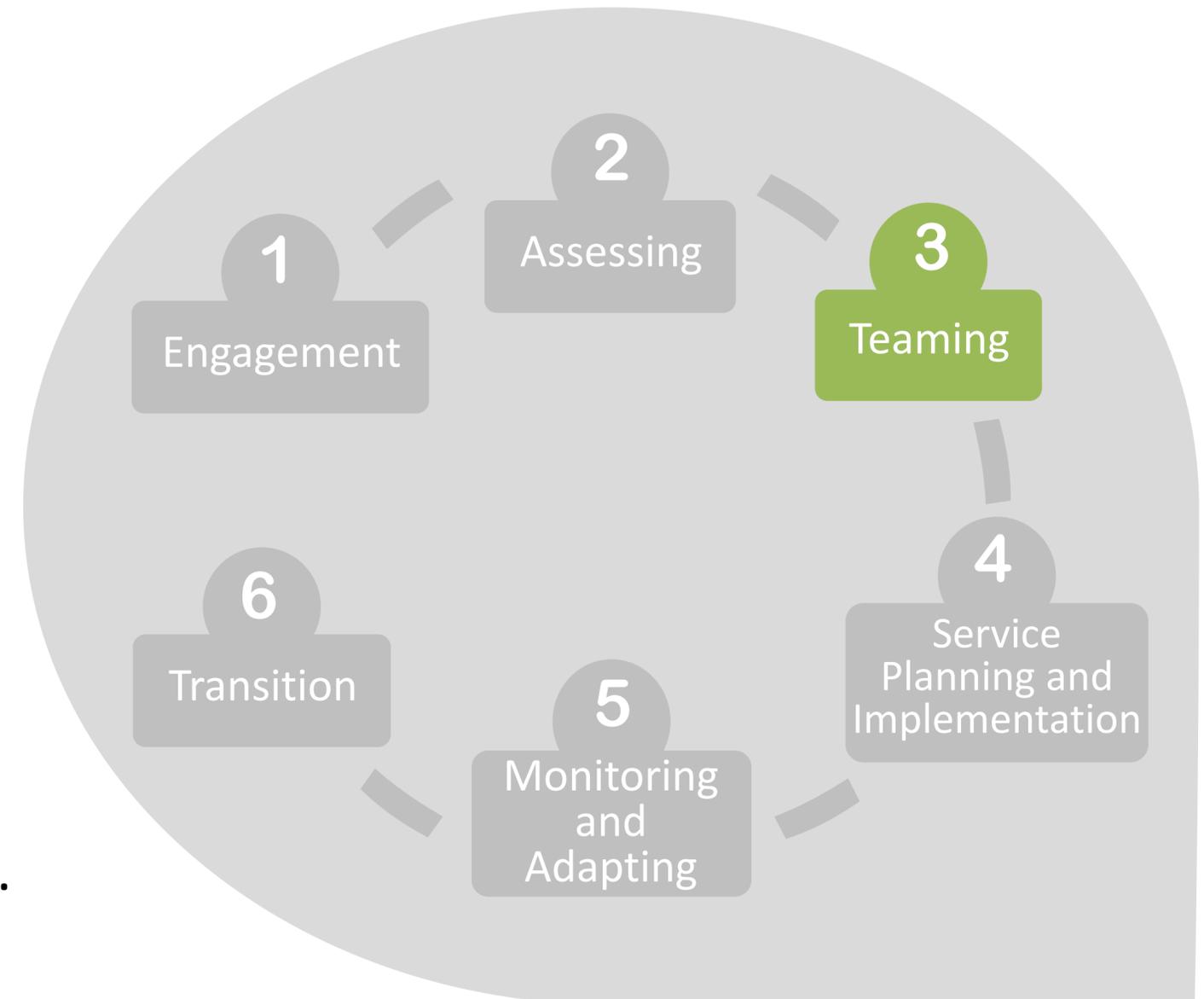
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# Essential Steps of Teaming (continued)



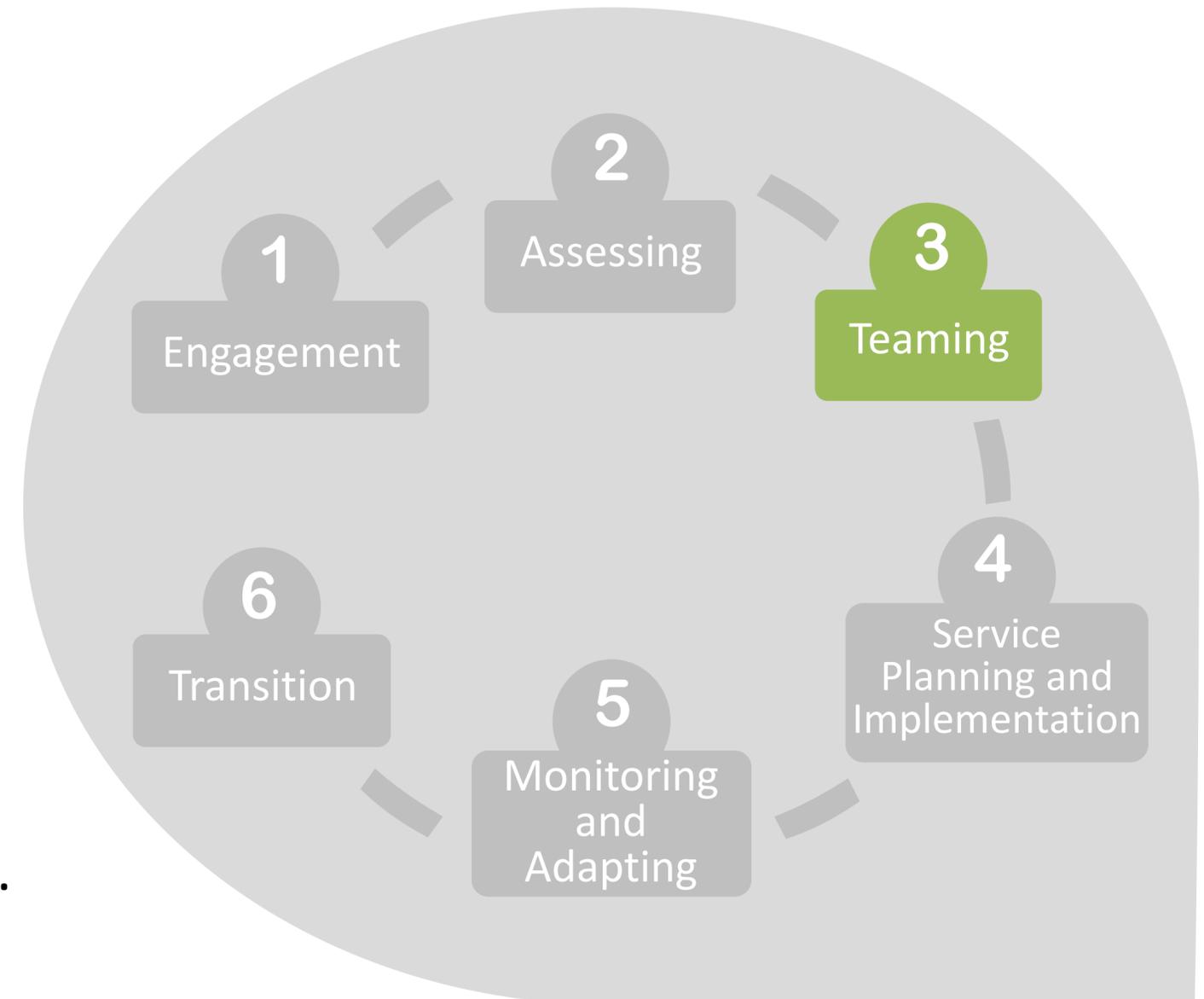
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- 2** Partner and orient team members to the WISE process and team meeting structure.
- 3** Help to create the team meeting agenda, provide input about the meeting logistics and ensure comfort of youth and family.
- 4** Check in with team members on progress made on assigned tasks between meetings.



# Essential Steps of Teaming (continued)



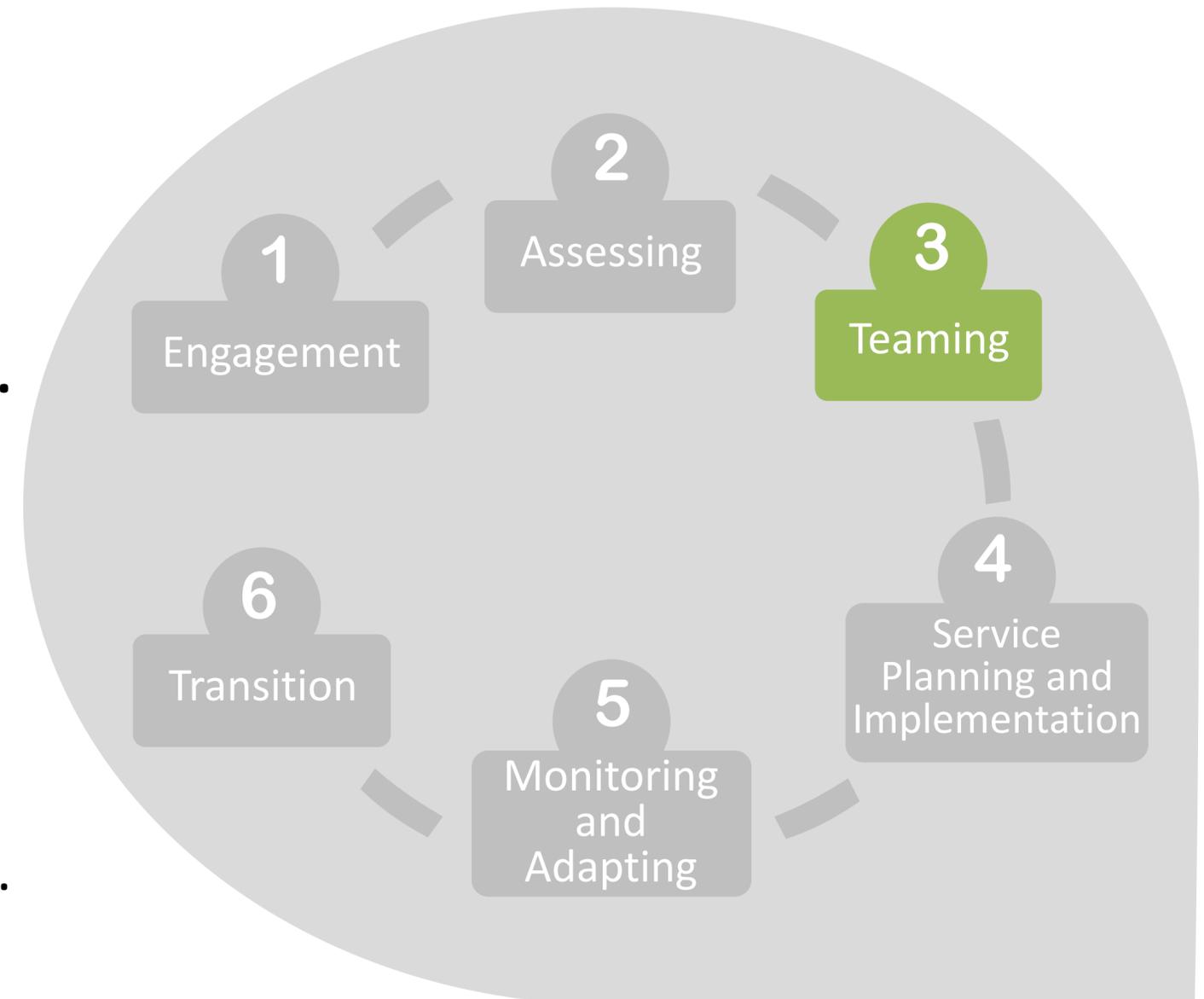
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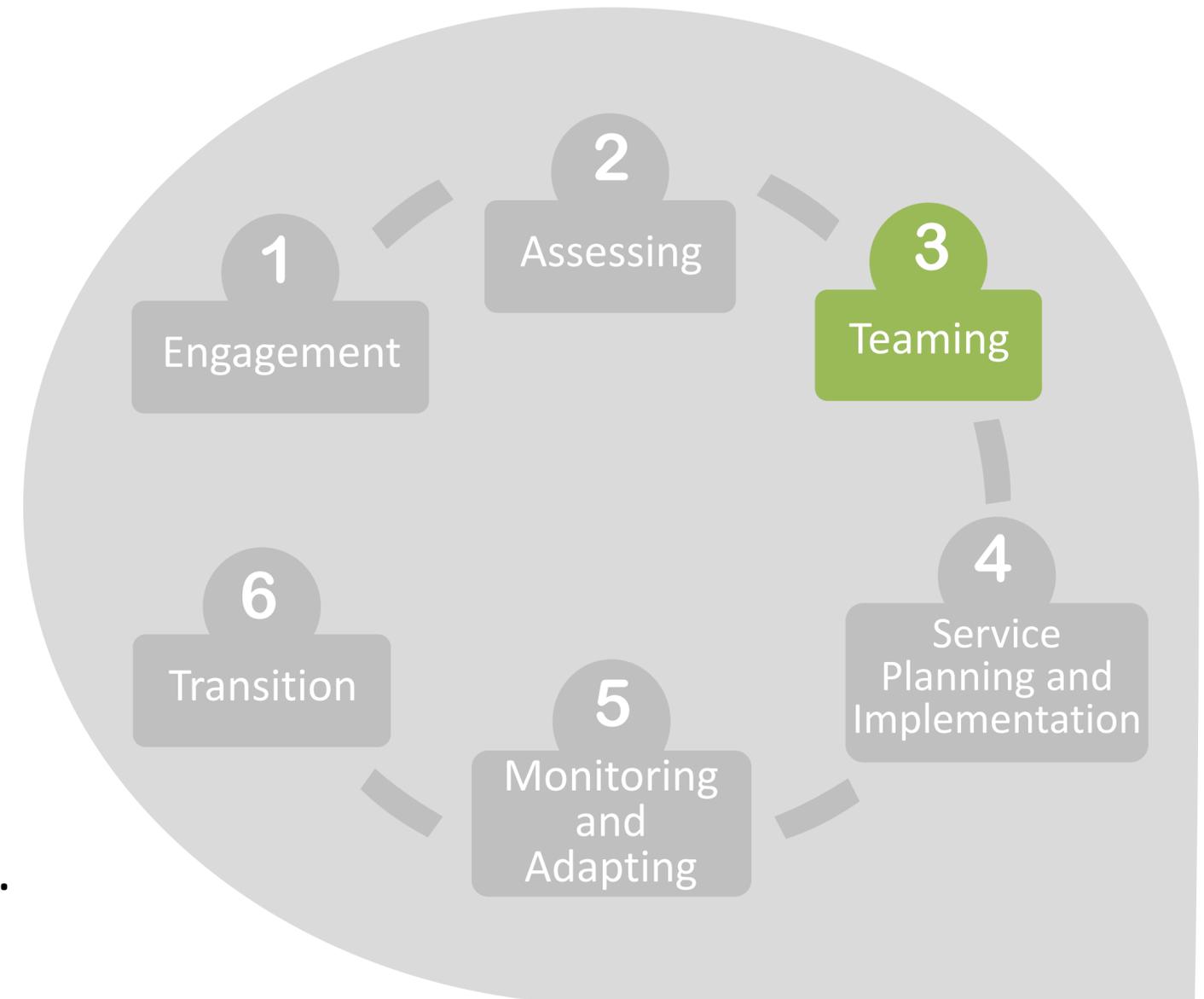
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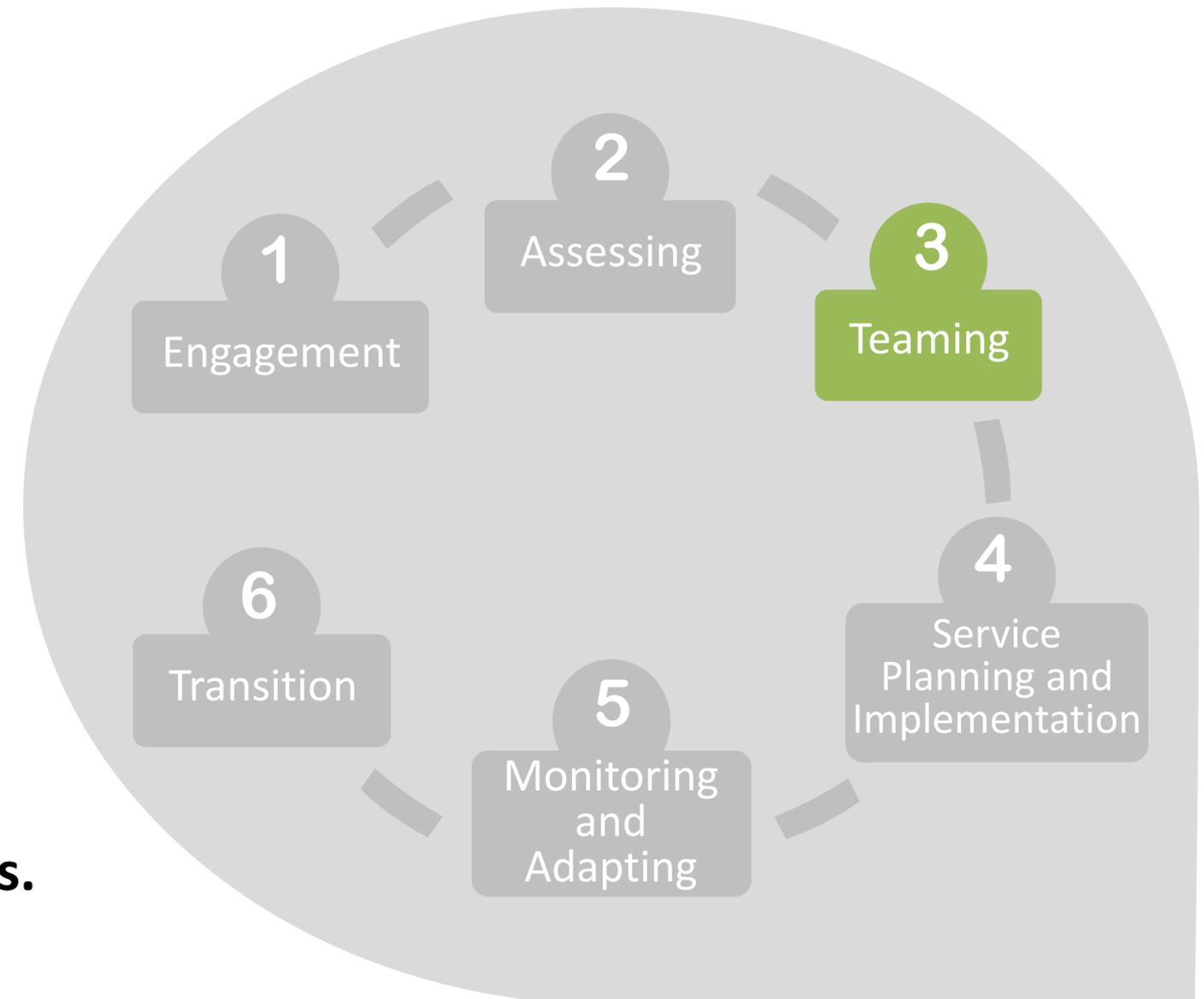
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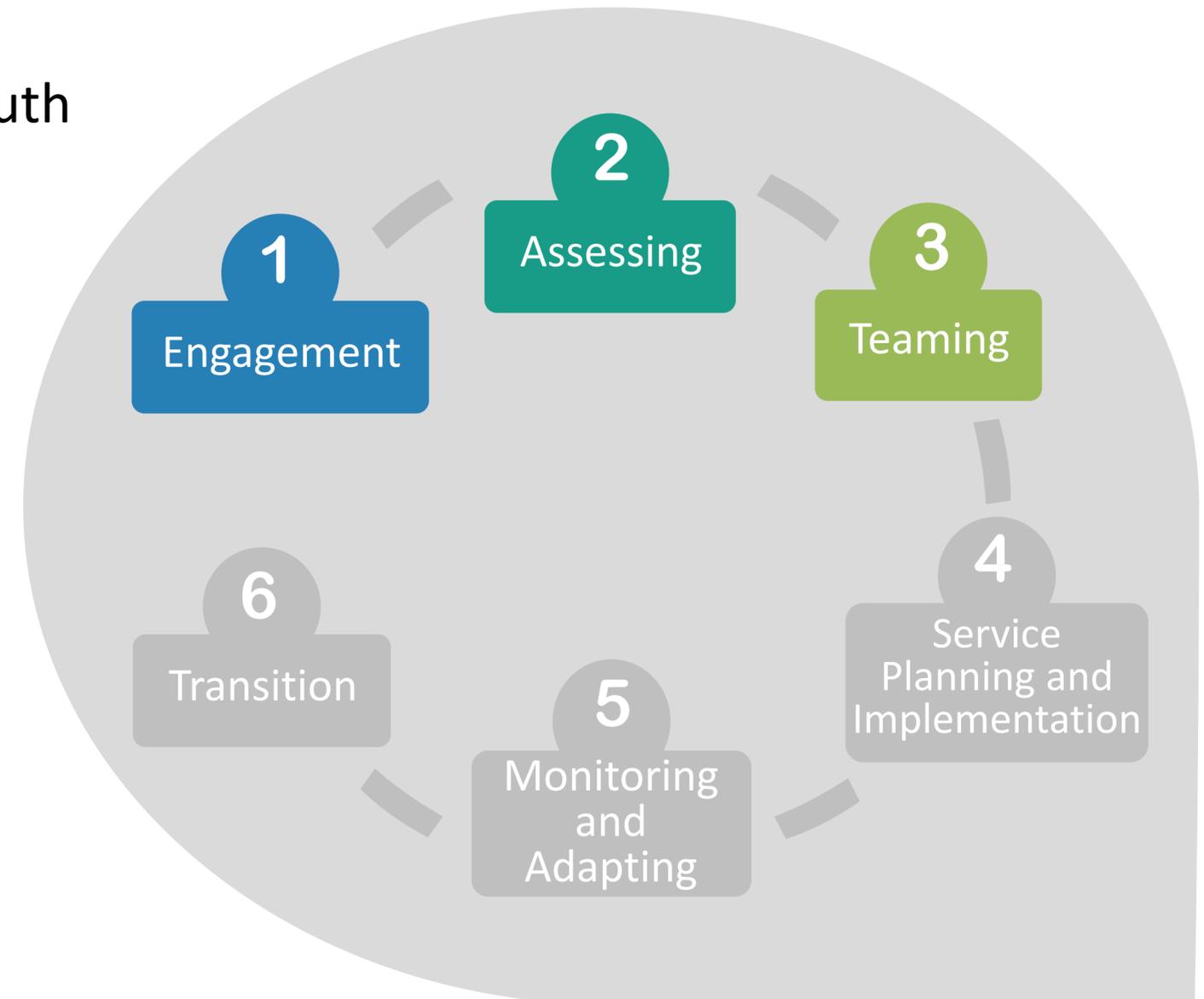
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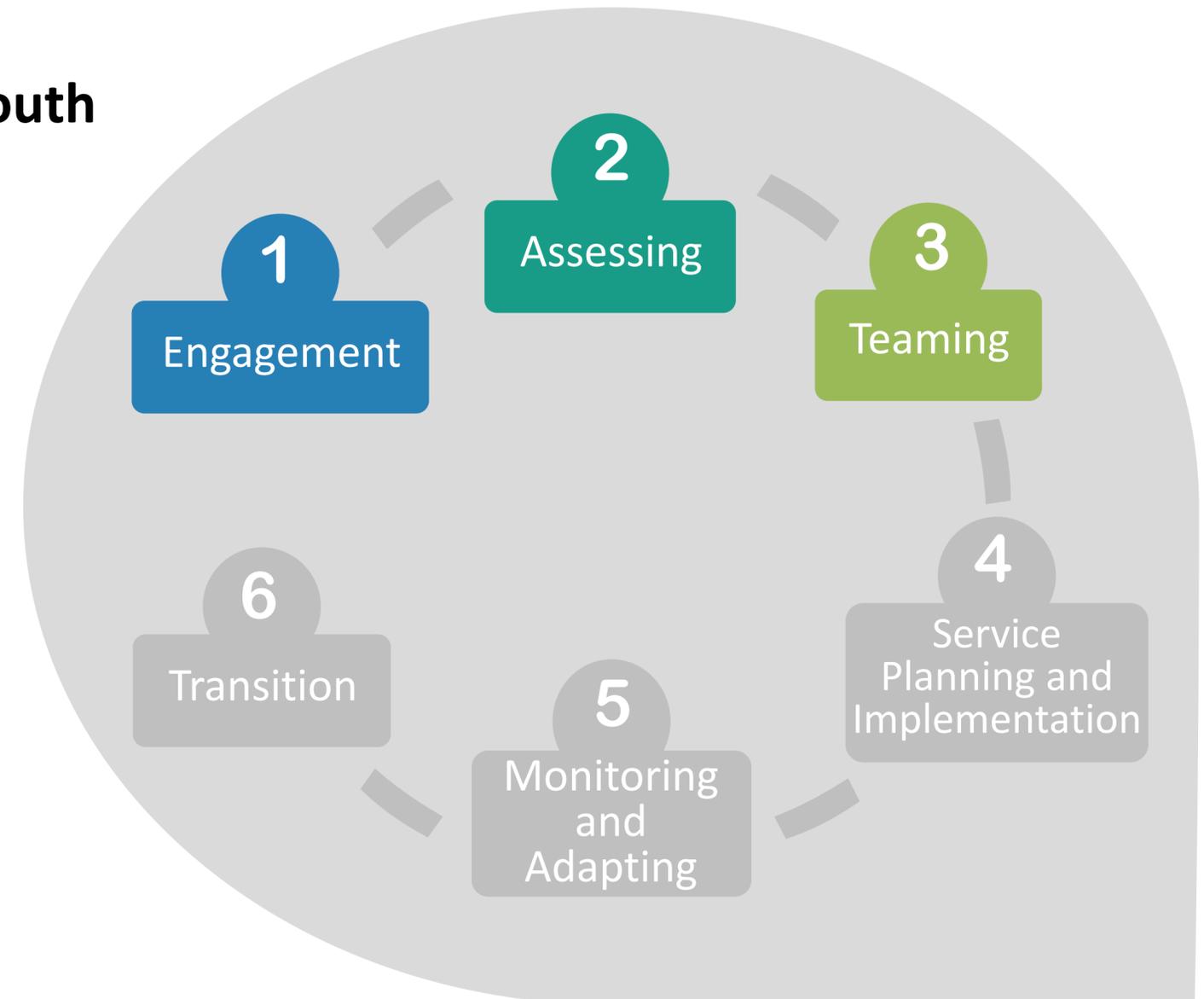
- 1** Spend time up front to get to know the youth and family.
- 2** Meet the youth and family where they are at—right now.
- 3** Demonstrate that you hear the youth and family's story and value their goals.
- 4** Take time within these phases to 'go slow.'



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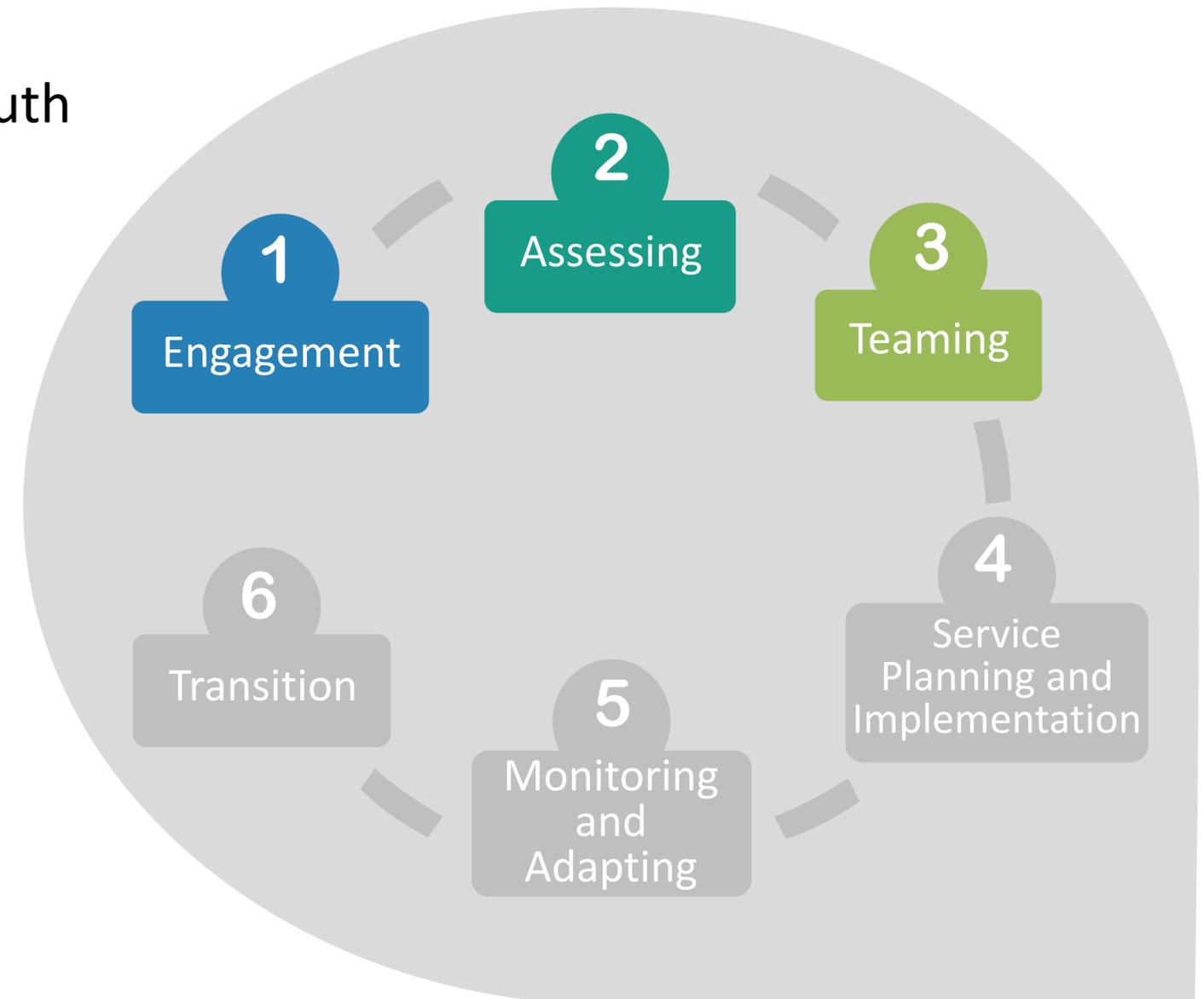
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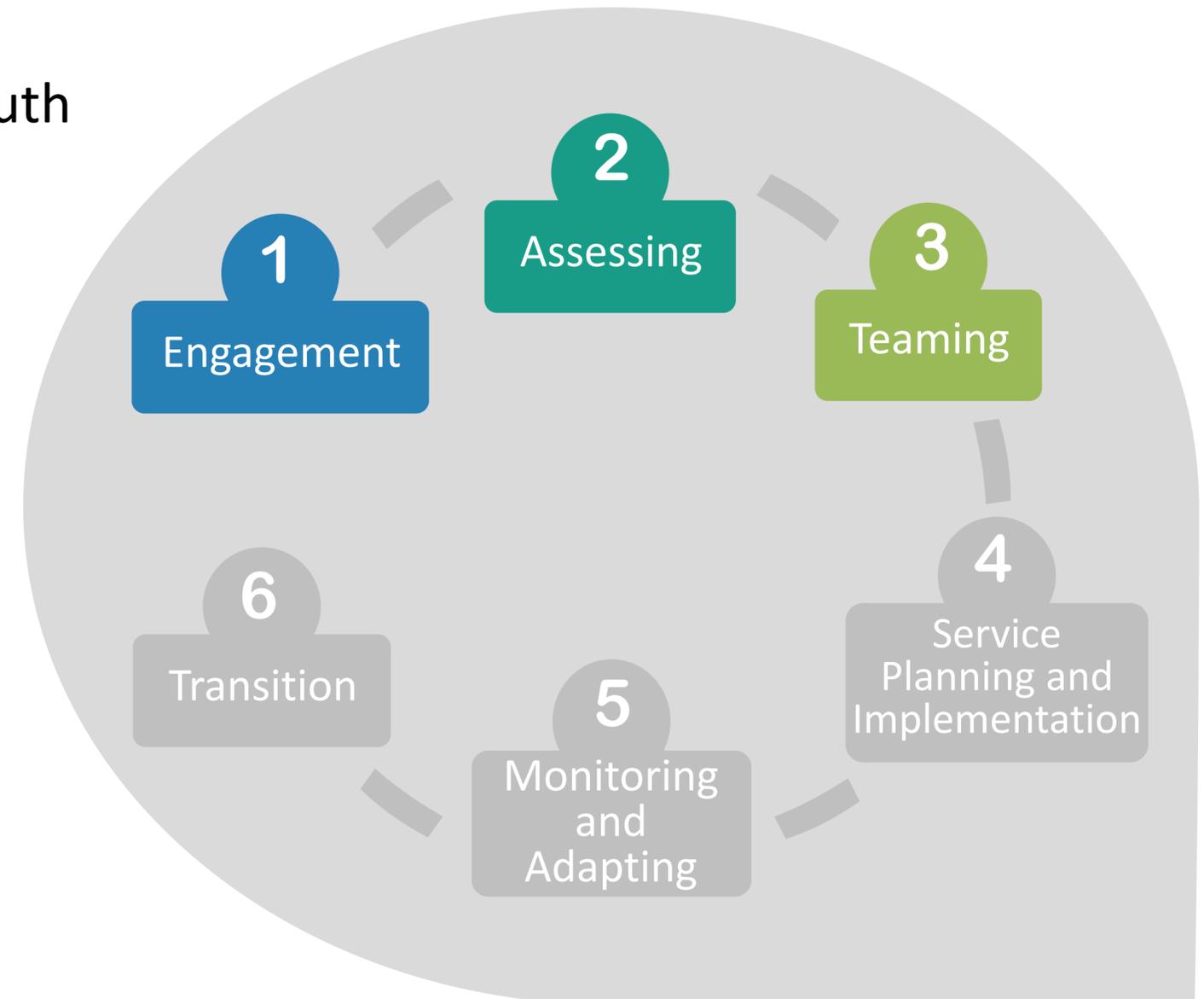
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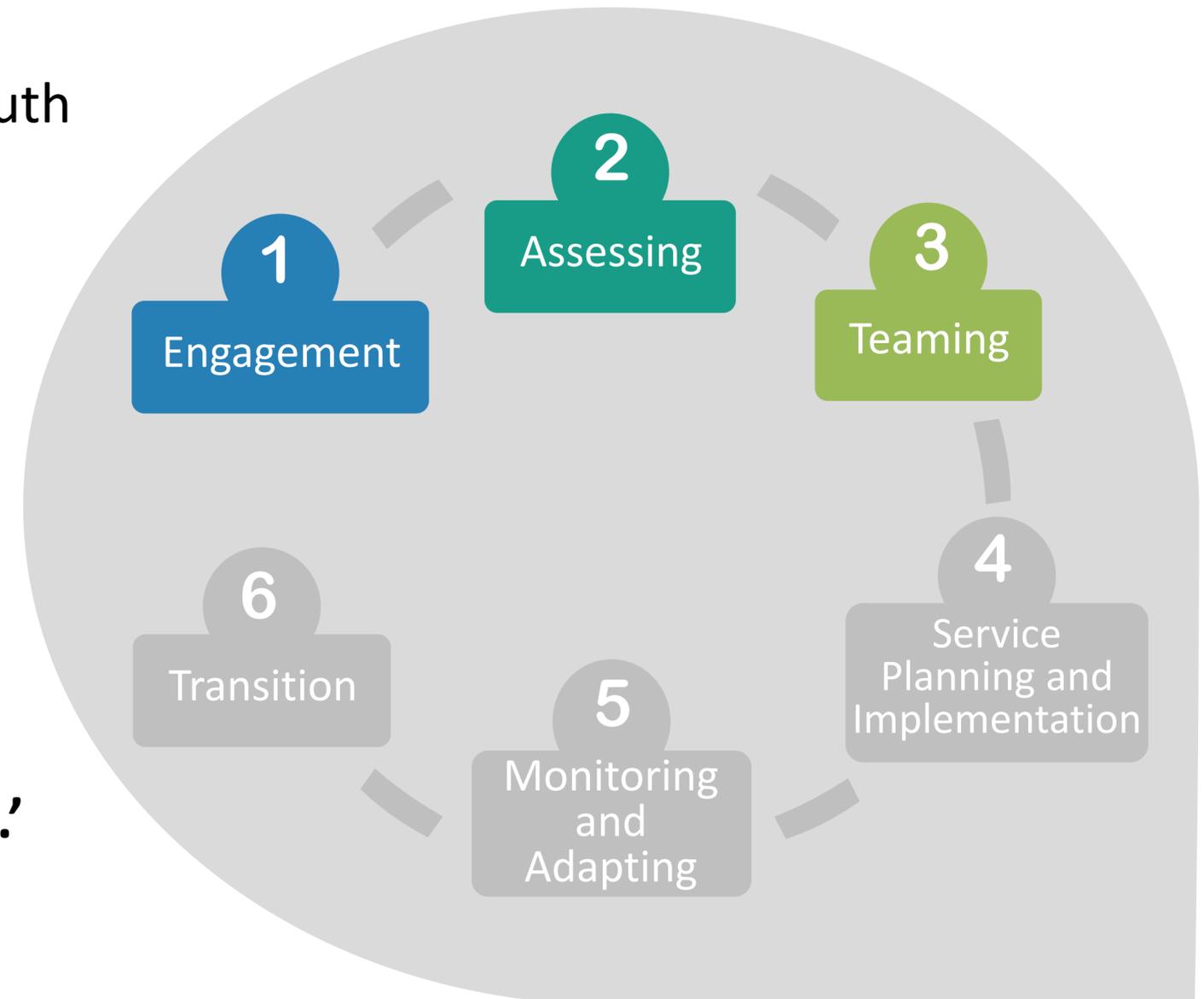
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# Next: WISe Phases and Activities



## PART B

Service Planning and Implementation

Monitoring and Adapting

Transition