

WISe Phases and Activities



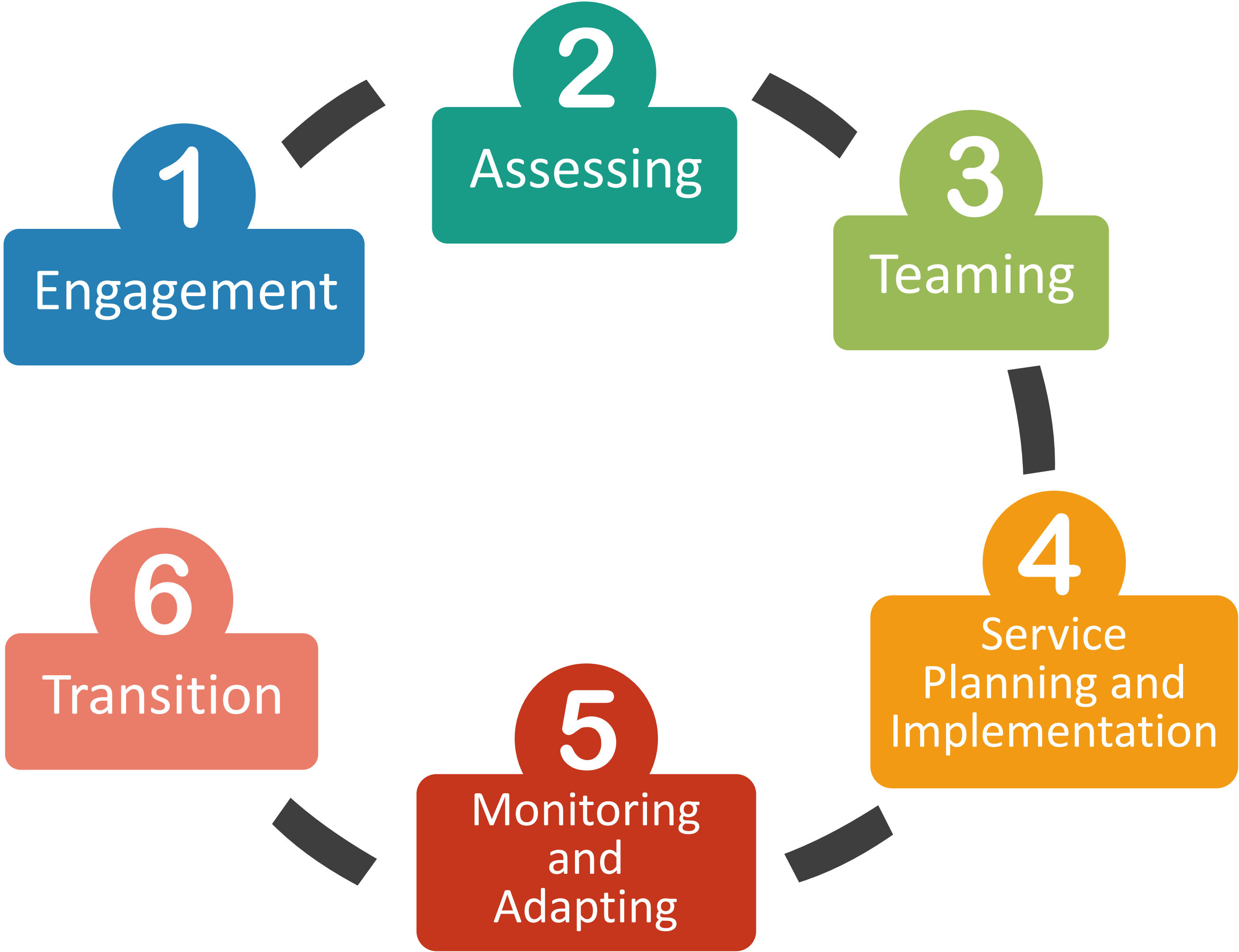
PART A

Engagement

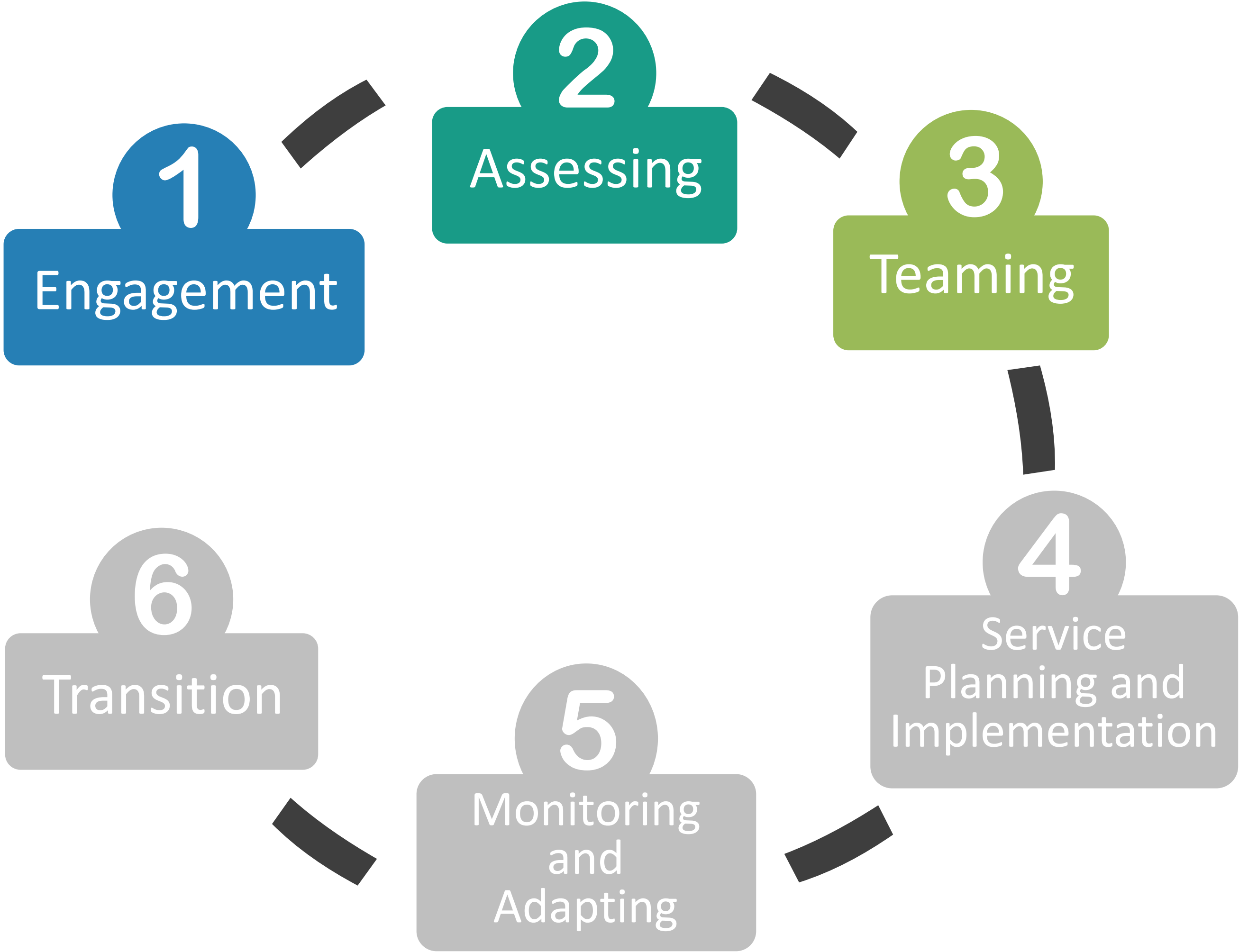
Assessing

Teaming

Phases and Activities of WISE



Phases and Activities of WISE



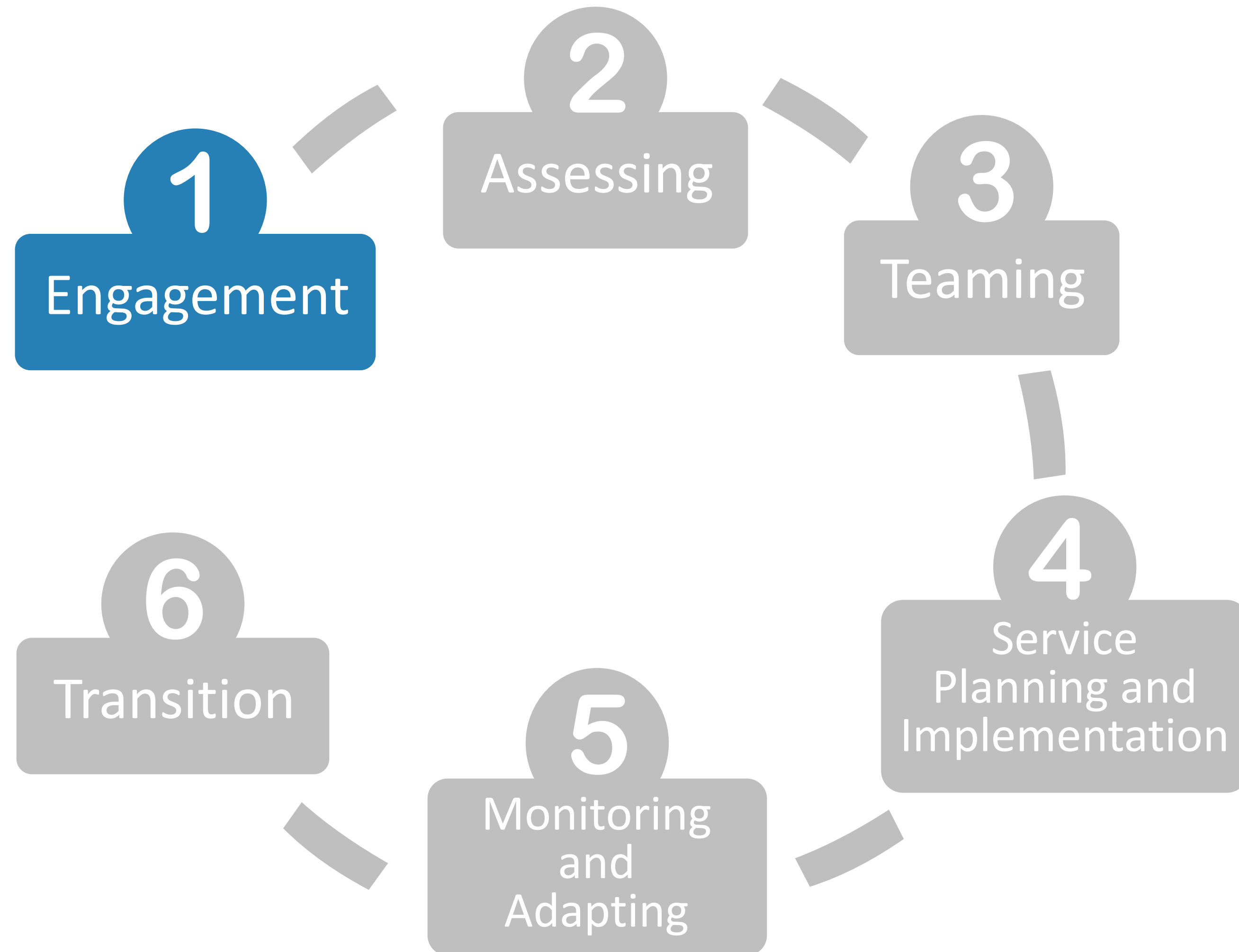
WISE Practitioners



A term used to describe the collection of WISE-certified staff roles, required for each team. These roles include:

- 1** Care Coordinator
- 2** Family Partner and/or Youth Partner
- 3** Mental Health Clinician

Phases and Activities of WISE

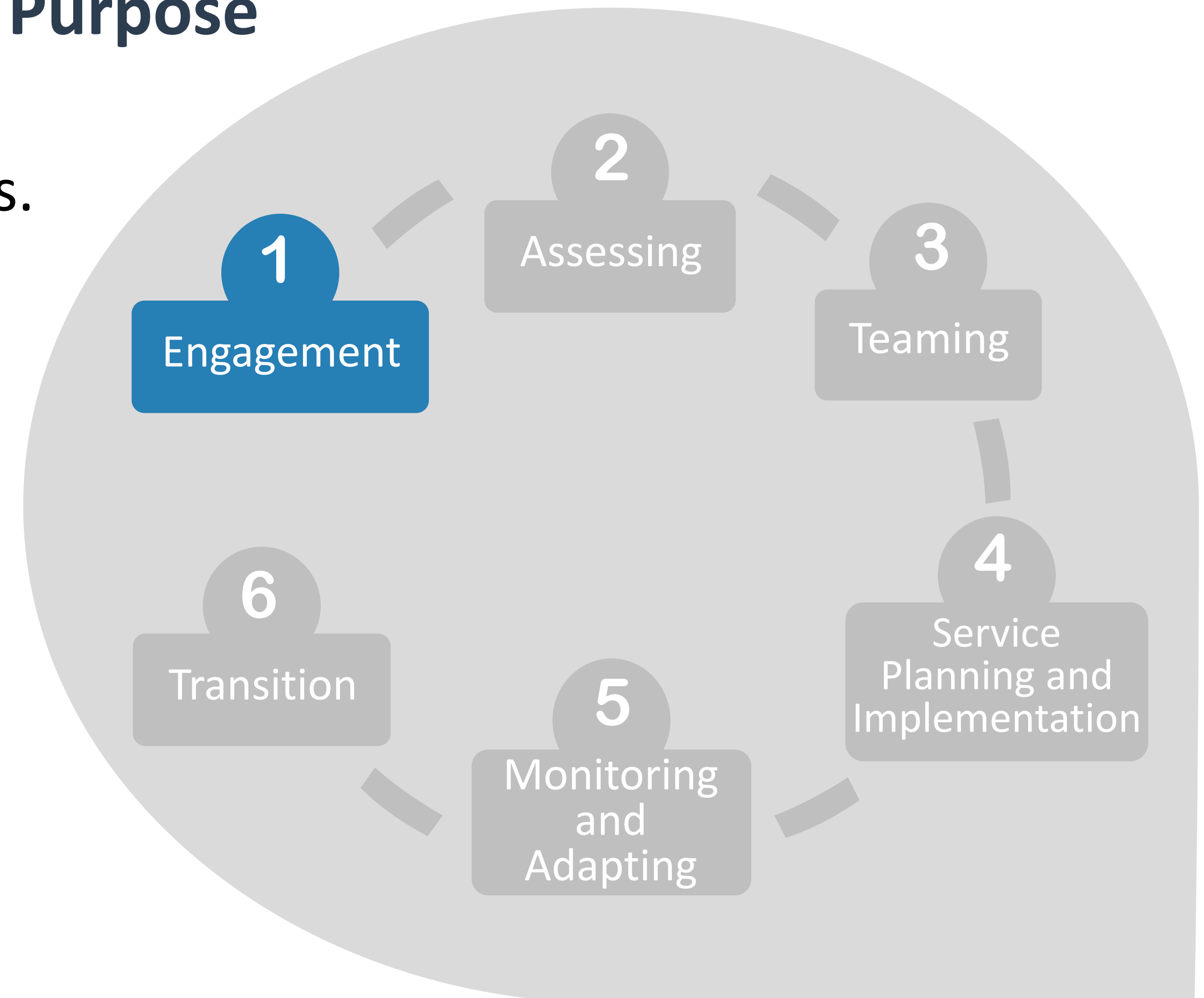


1. Engagement



Goals & Purpose

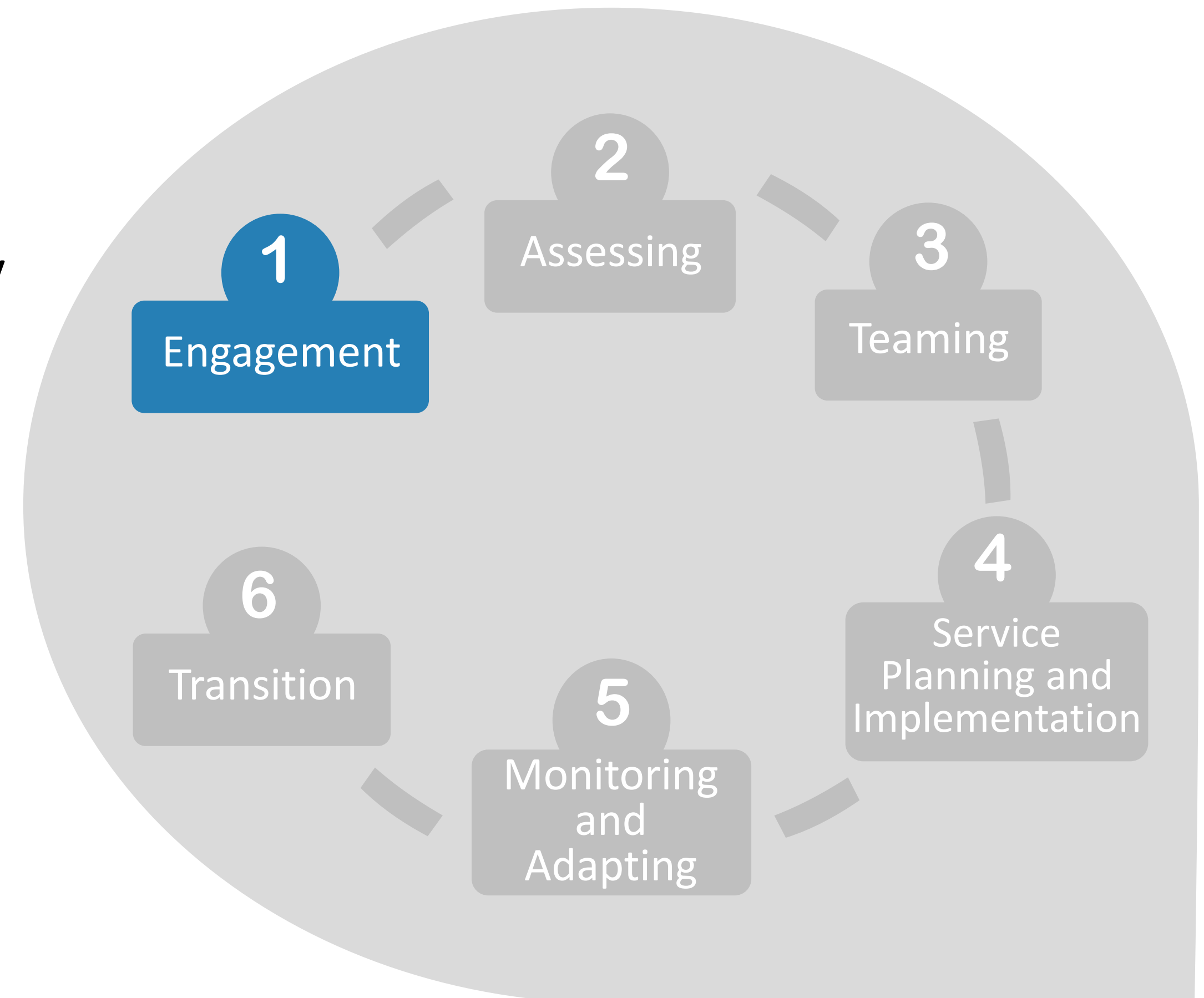
- 1** Address pressing needs and concerns.
- 2** Explore youth and their families' strengths, needs, culture and vision.
- 3** Orient the family and youth to the WISE process.
- 4** Gain collaborative participation of team members.



Essential Steps of Engagement



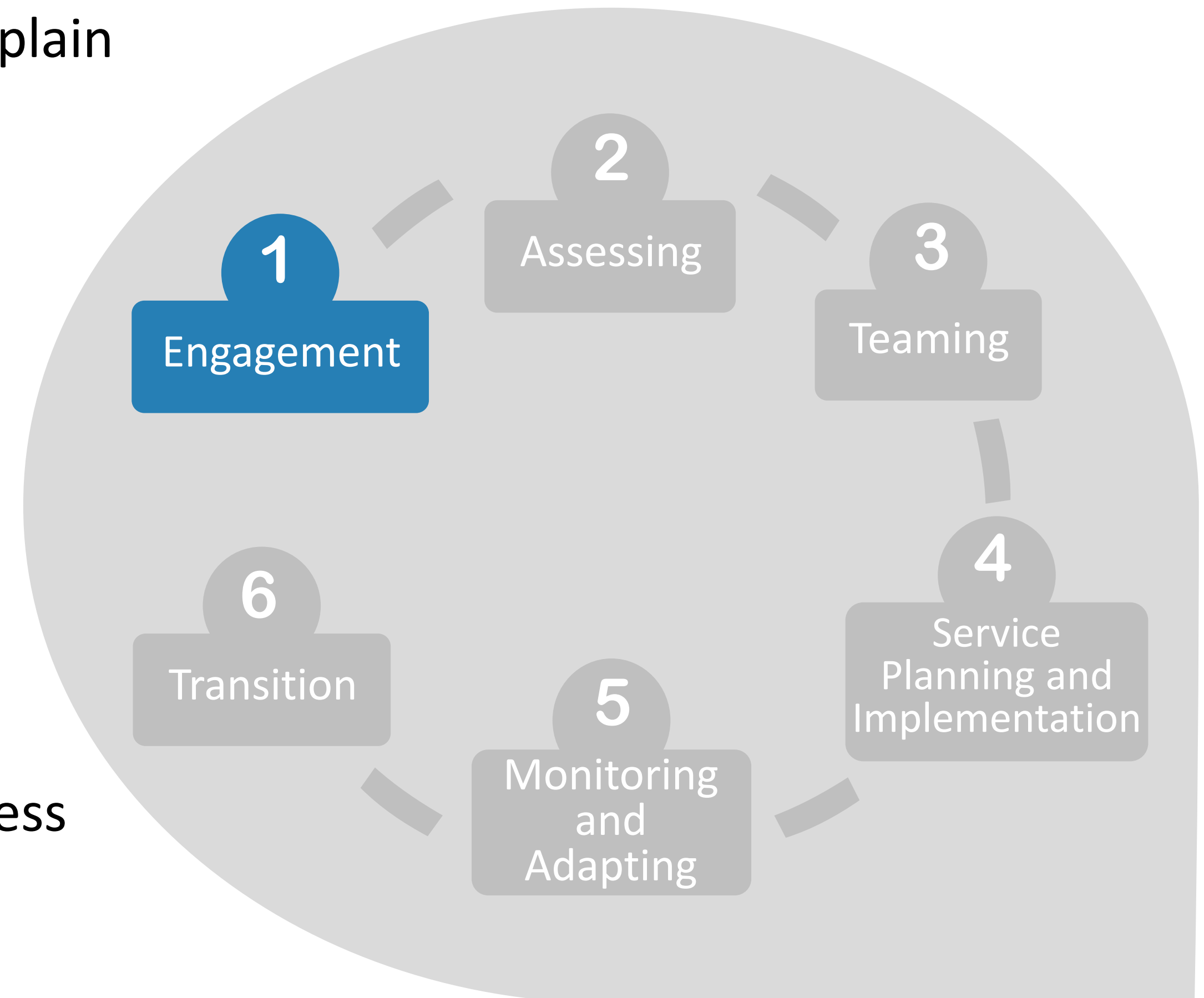
- 1 Meet with youth and family to explain the WISE process.
- 2 Discuss events that brought youth and family to WISE.
- 3 Obtain the youth and family's perspective.
- 4 Discuss the youth and family's view of crisis to develop a written plan to stabilize dangerous or harmful situations.
- 5 Ensure youth and family understand any system mandates.



Family Partners



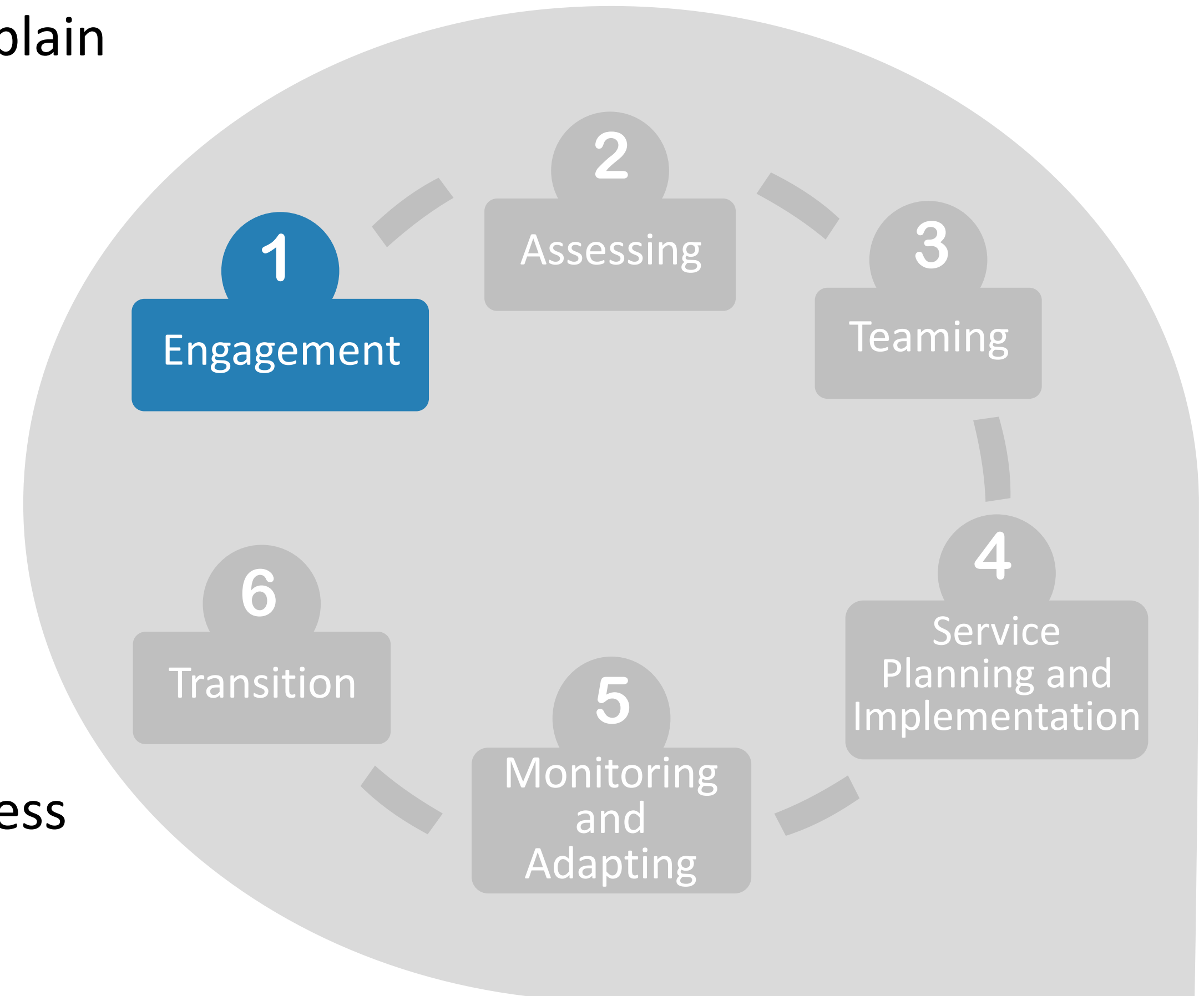
- 1** Schedule a time to meet the family to explain WISE from a family's perspective.
- 2** Explain role of the Family Partner.
- 3** Listen to the family's story.
- 4** Invite family to family support groups and other activities.
- 5** Help address and develop a plan to address immediate crisis and safety needs.



Youth Partners



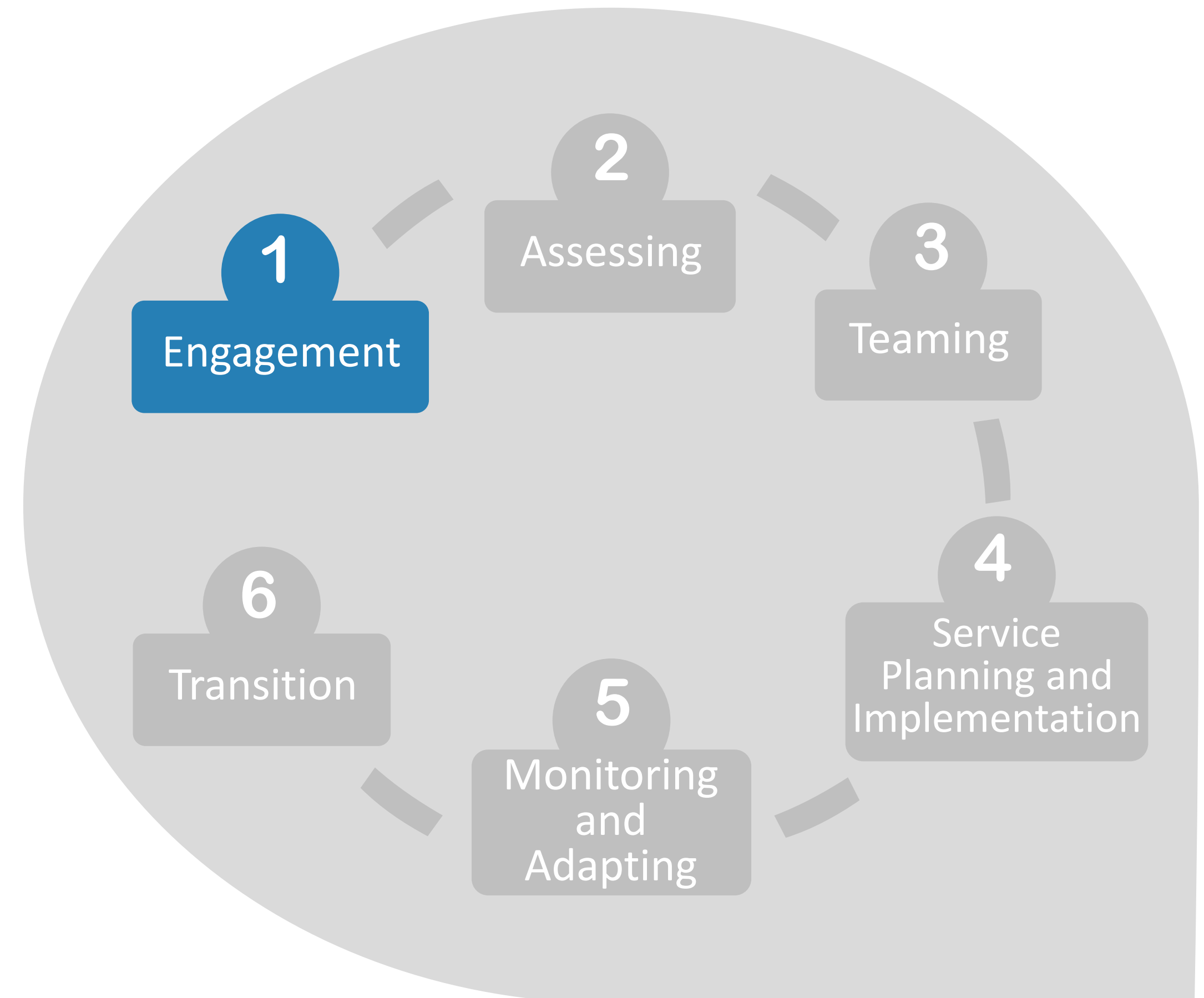
- 1 Schedule a time to meet the youth to explain WISE from a youth's perspective.
- 2 Explain role of the Youth Partner.
- 3 Listen to the youth's story.
- 4 Invite youth to youth support groups and other activities.
- 5 Help address and develop a plan to address immediate crisis and safety needs.



Important to Know



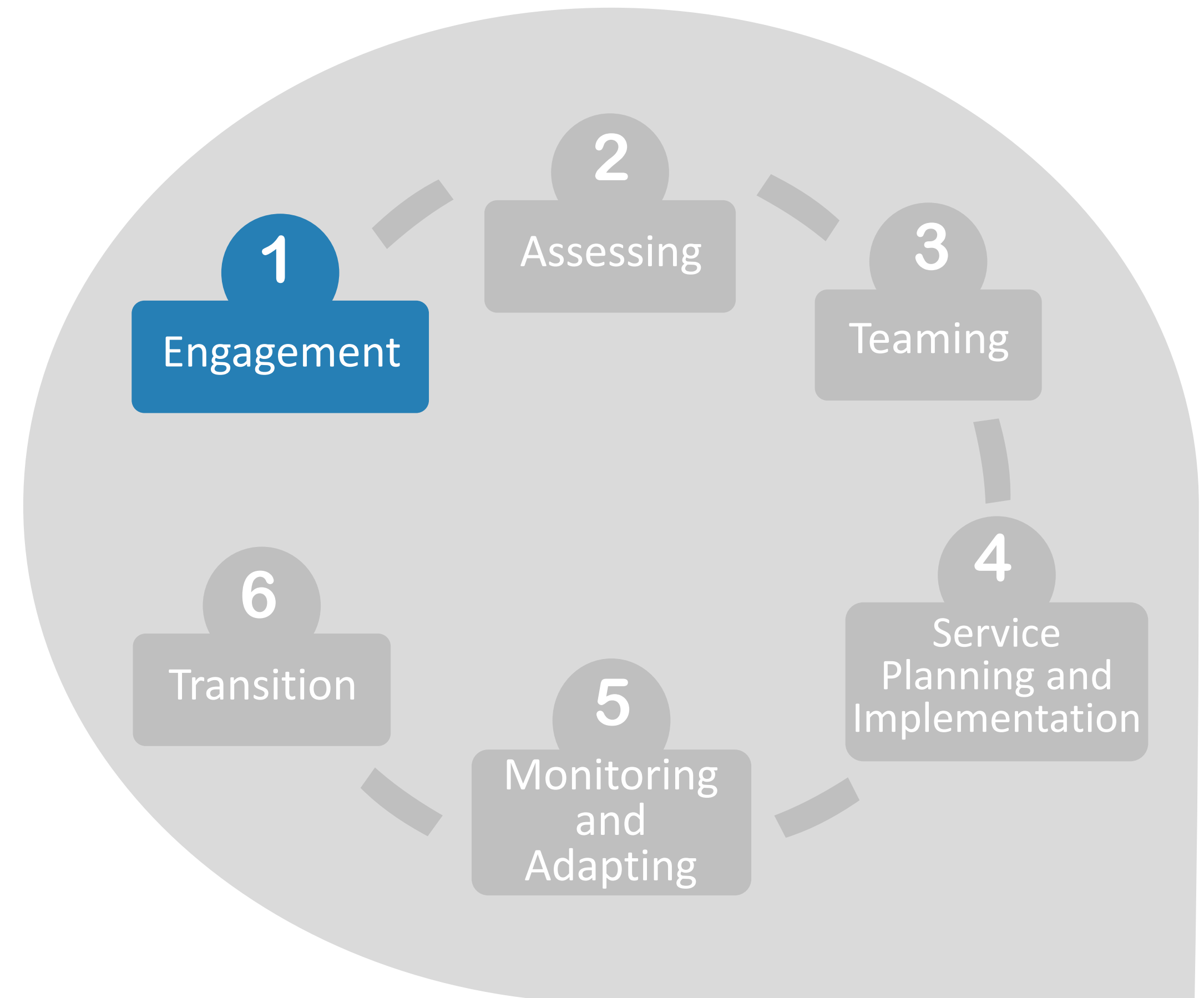
The Engagement Phase should be completed relatively quickly (ideally within 1-2 weeks when possible), so that the team can begin meeting and establish ownership of the process.



Important to Know



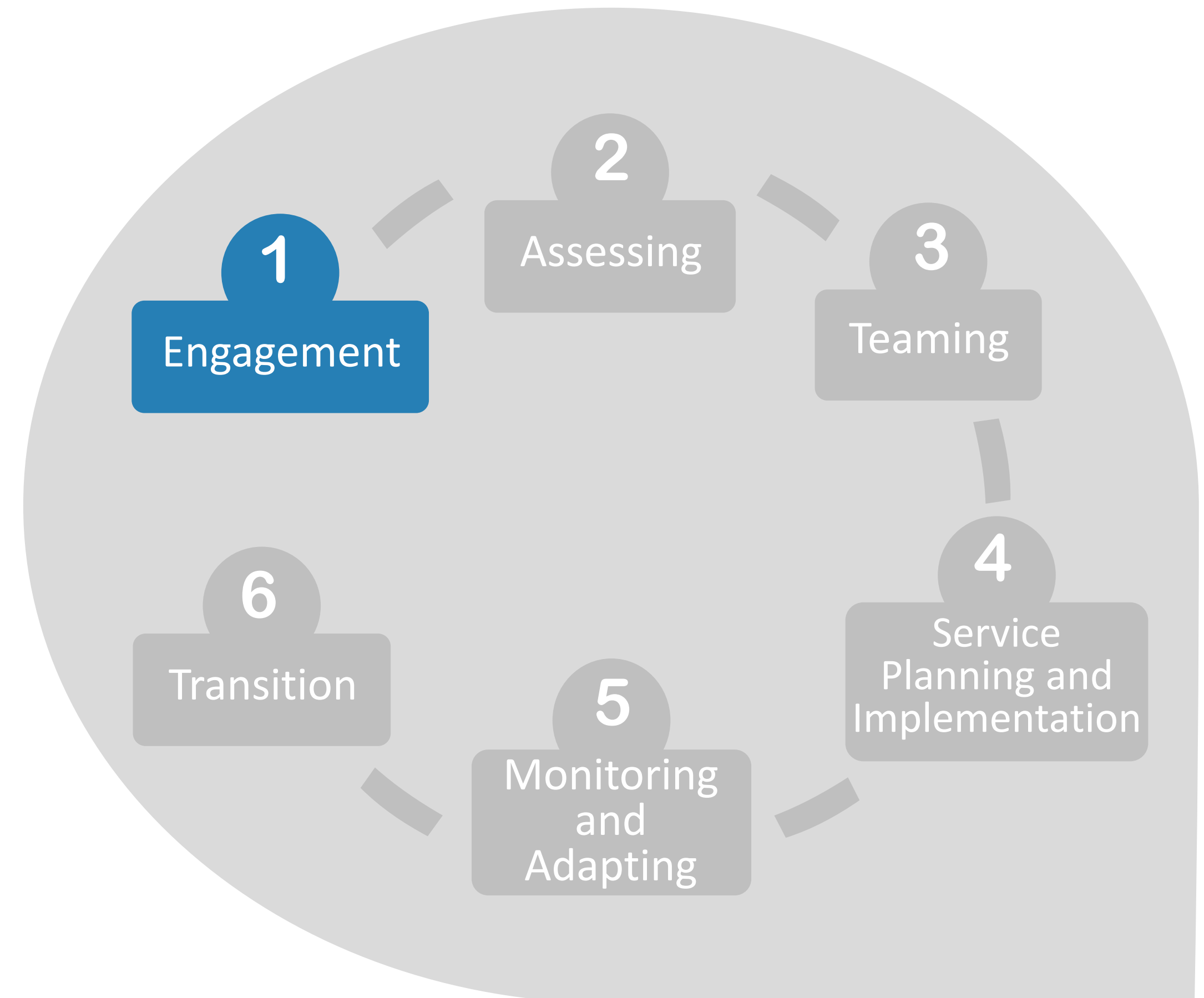
When a youth is coming into WISE from another program or placement (such as a Children's Long-term Inpatient Program or from Behavioral Rehabilitation Services, an inpatient hospitalization, or a juvenile justice facility), this phase is *especially* important, **prior to discharge**, to assist in successfully transitioning youth back into their home and community.



Important to Know



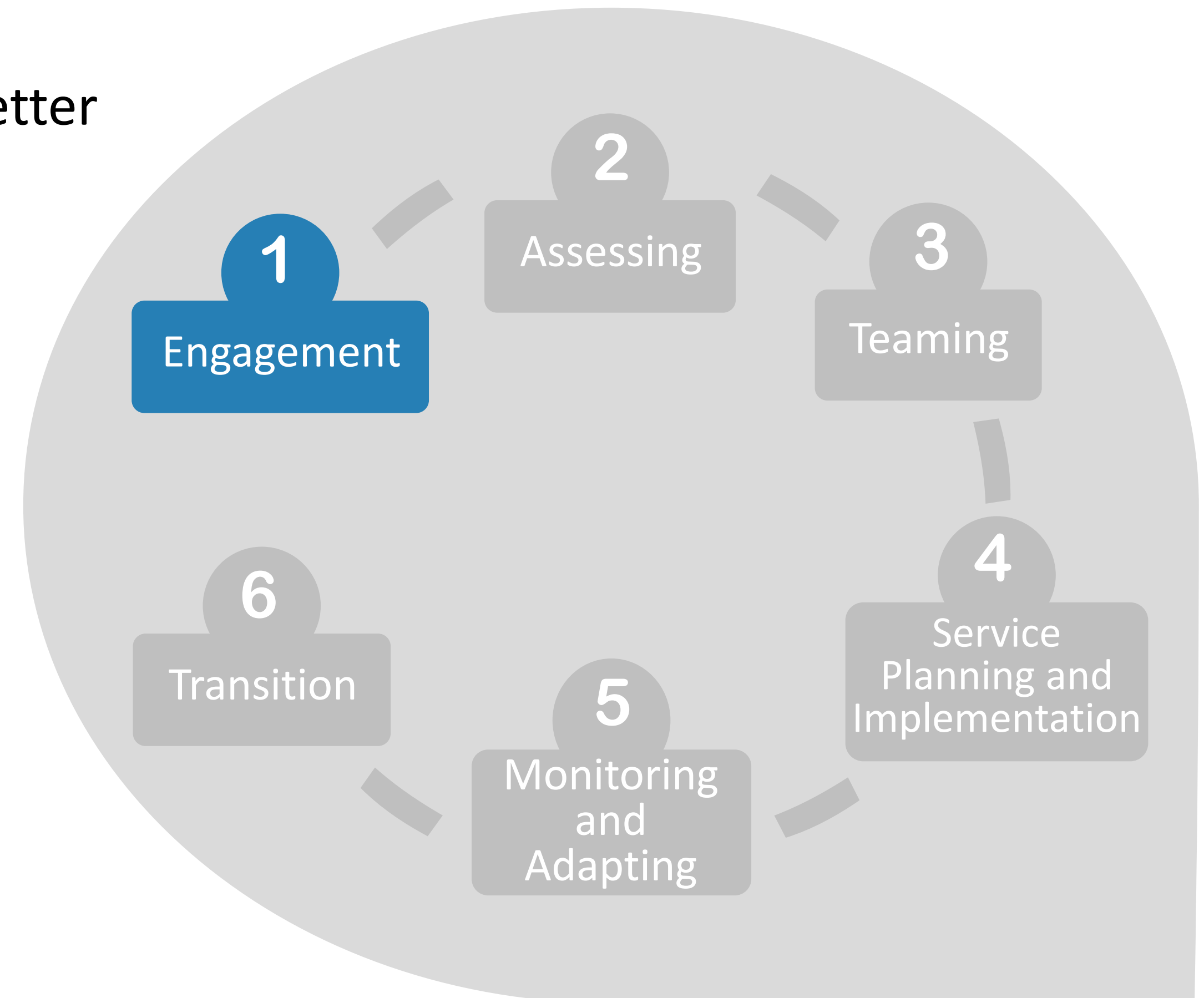
For these initial phases to be Medicaid-compliant, an initial Individual Service Plan, under the direction of a Mental Health Professional, **must** be in place—that directs the ongoing assessment and team development of services.



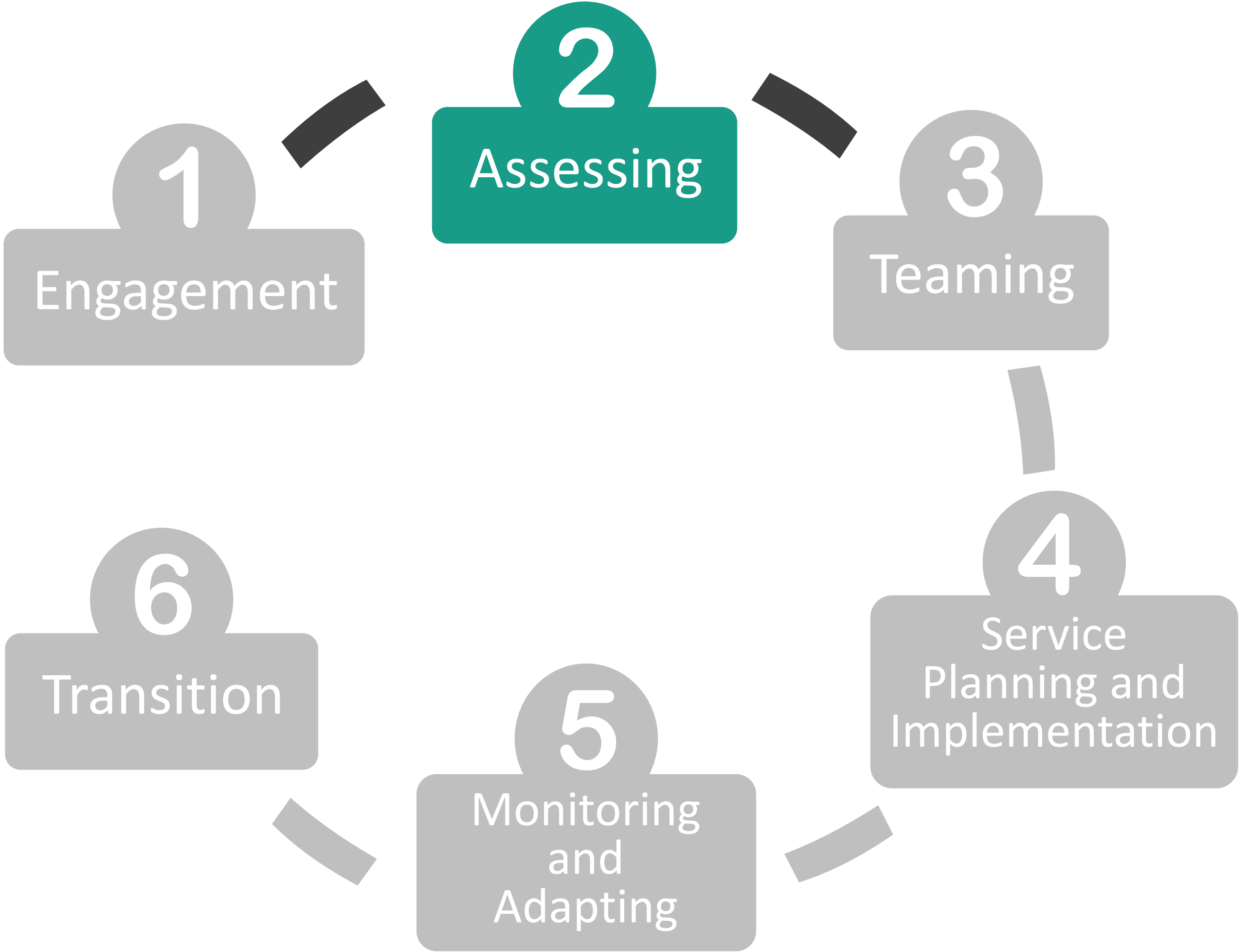
Key Expectations between Youth/Family and WISE Practitioners



- 1** Family and Youth Vision. “What does better look like?”
- 2** To think about their strengths and be prepared to share them to the WISE Practitioners
- 3** To consider commitment to the WISE process.
- 4** To discuss any immediate questions, concerns, crisis needs and pressing safety issues.



Phases and Activities of WISE



2. Assessing



Goals & Purpose

1

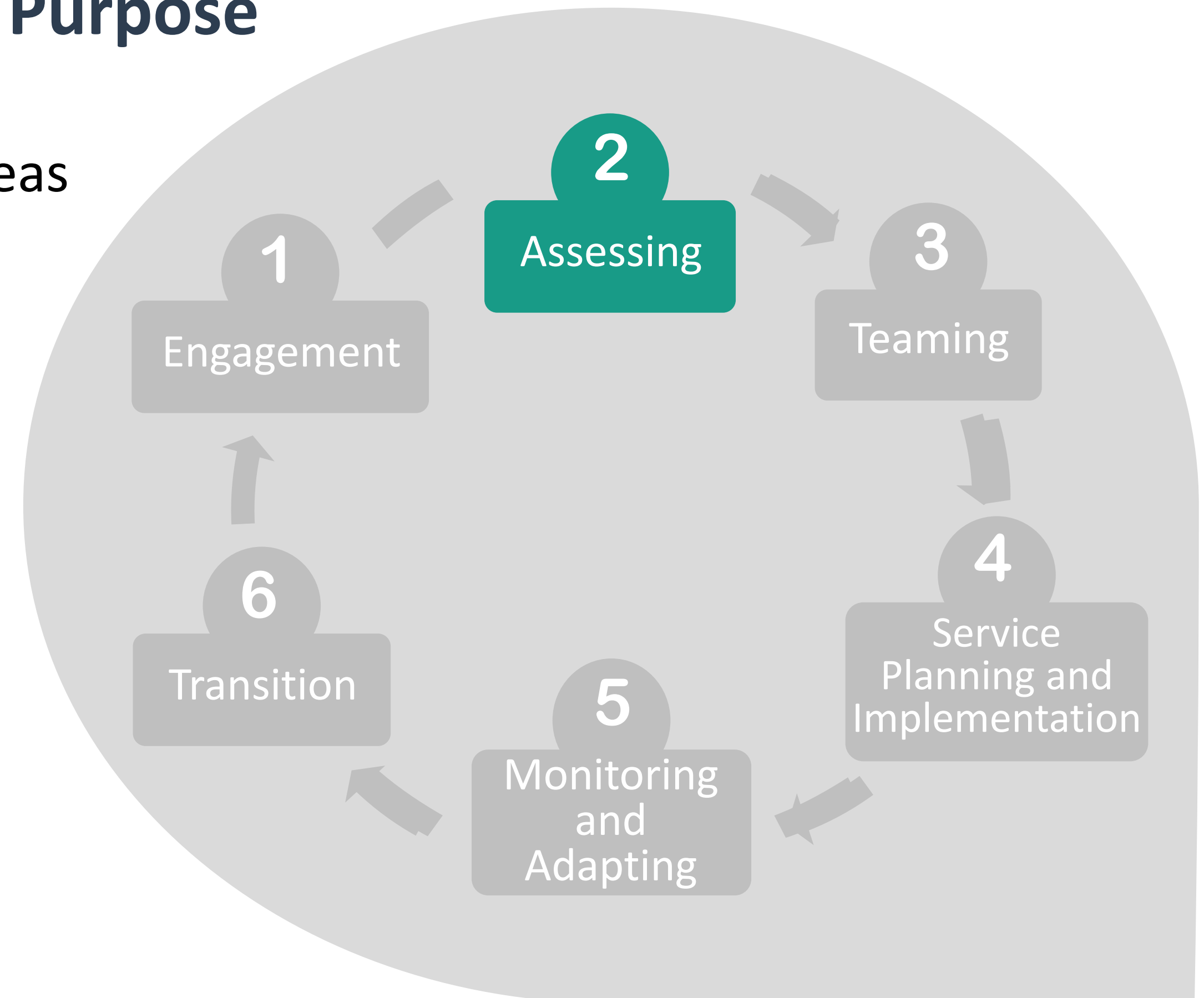
Continue meeting and engaging on areas that include strengths, needs, culture and vision.

2

Begin initial documentation (including CANS scores).

3

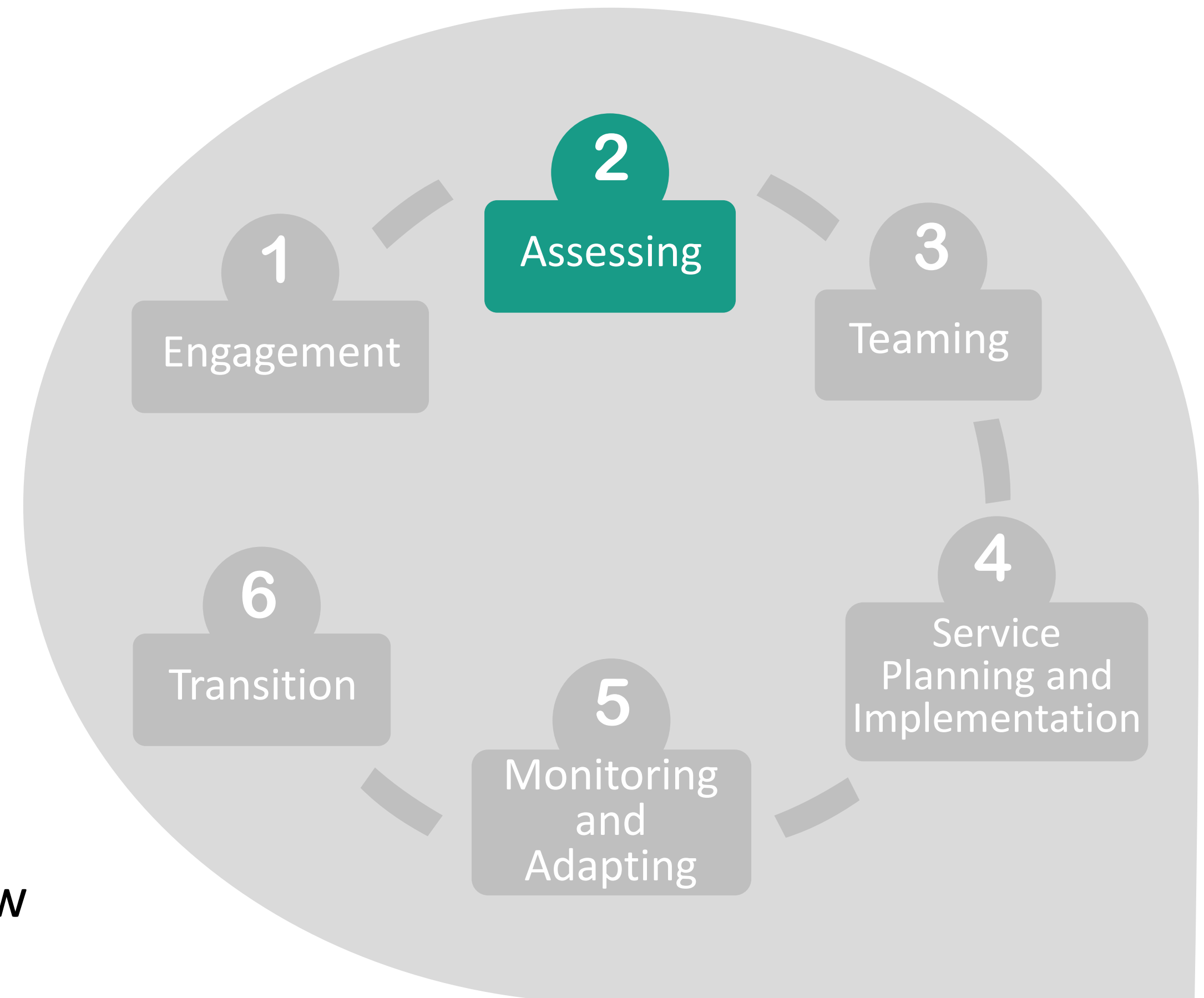
Complete a youth and family-approved narrative.



Essential Steps of Assessing



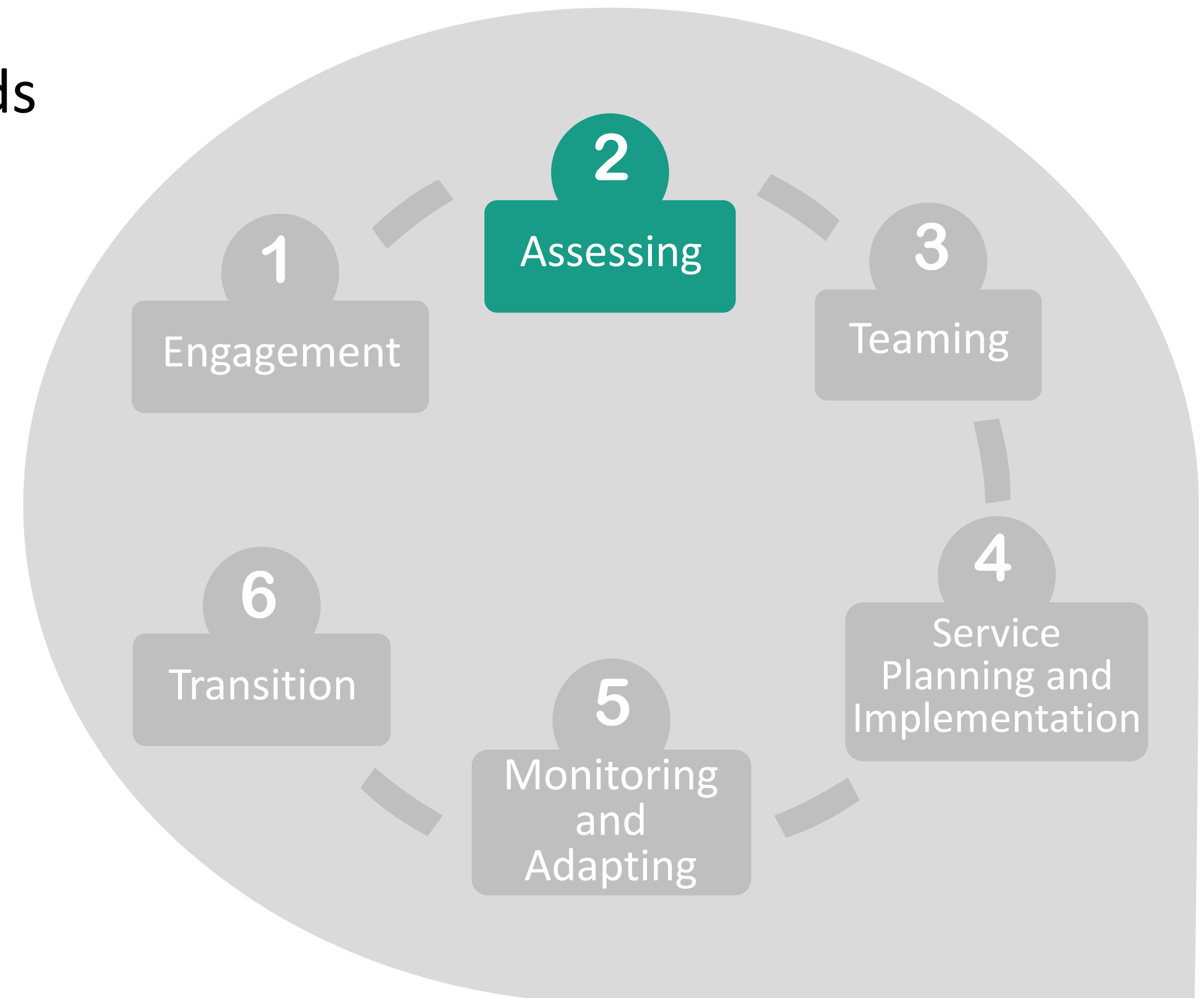
- 1** Complete a strengths discovery and list of strengths.
- 2** Discuss and list existing and potential natural supports.
- 3** Complete a list of potential team members.
- 4** Summarize the youth and family's context, strengths, needs, vision for the future and supports.
- 5** Determine with the youth and family how the CANS will be shared with the team.



Youth Partners and Family Partners



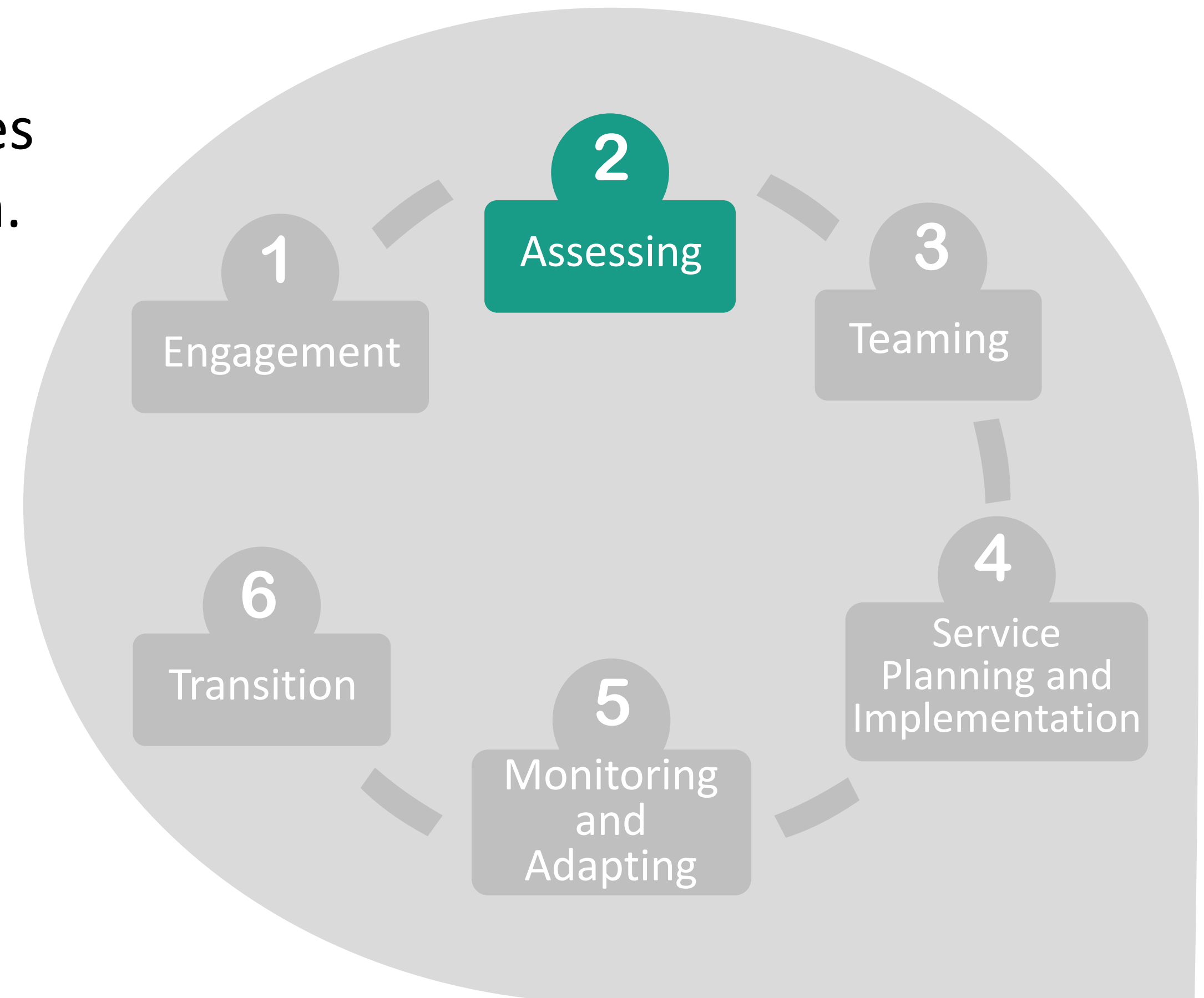
- 1** Help summarize the strengths, needs culture and vision of the youth and of the family.
- 2** Review the documents, including CANS scores, with the youth and family.
- 3** List existing and potential natural supports with youth and family.



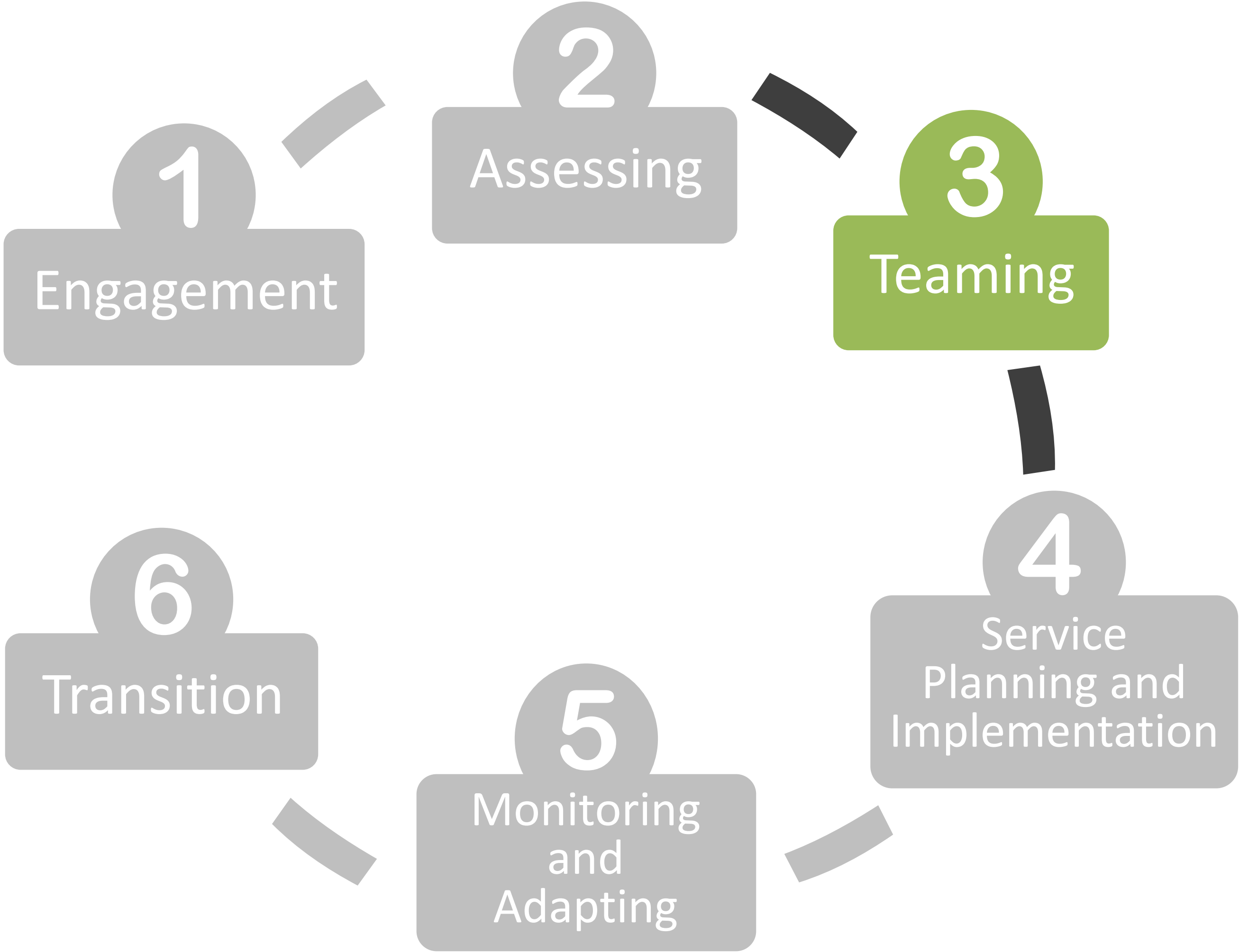
Activities of the Youth and Family



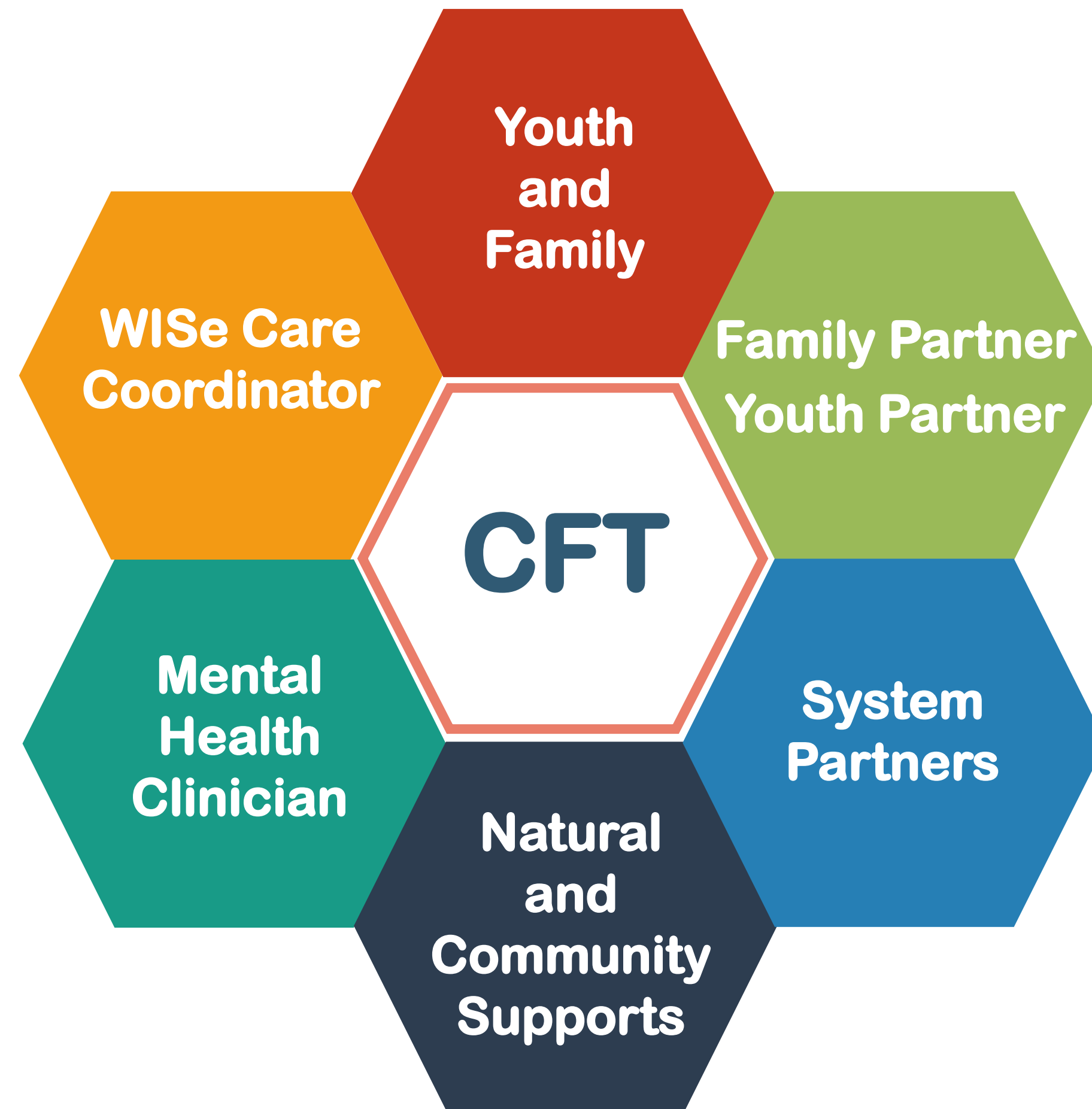
- 1** Review documentation that includes strengths, needs, culture and vision.
- 2** Ask questions about assessments, including CANS scores.
- 3** Approve youth and family story narrative.



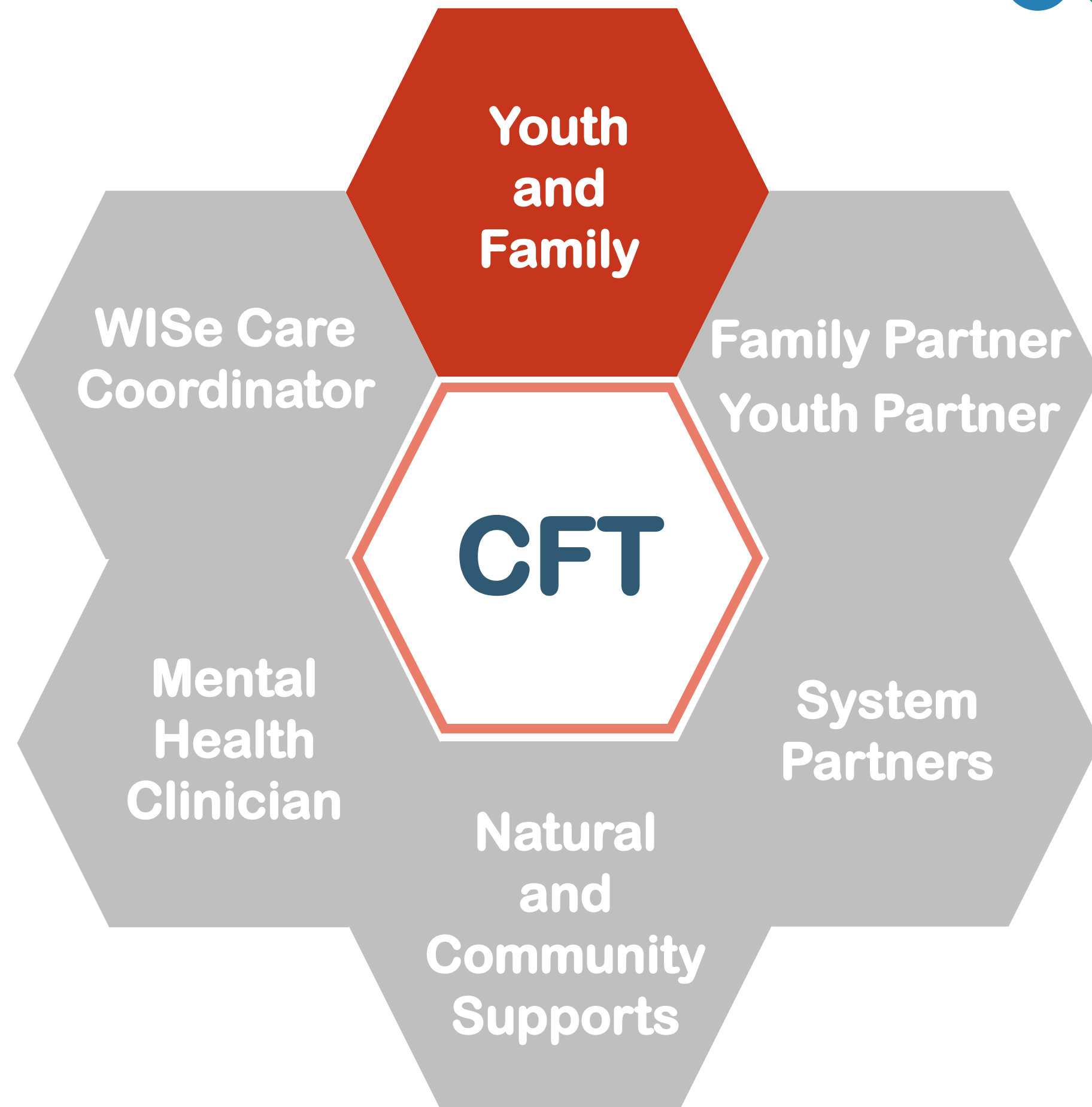
Phases and Activities of WISE



Members of a Child and Family Team

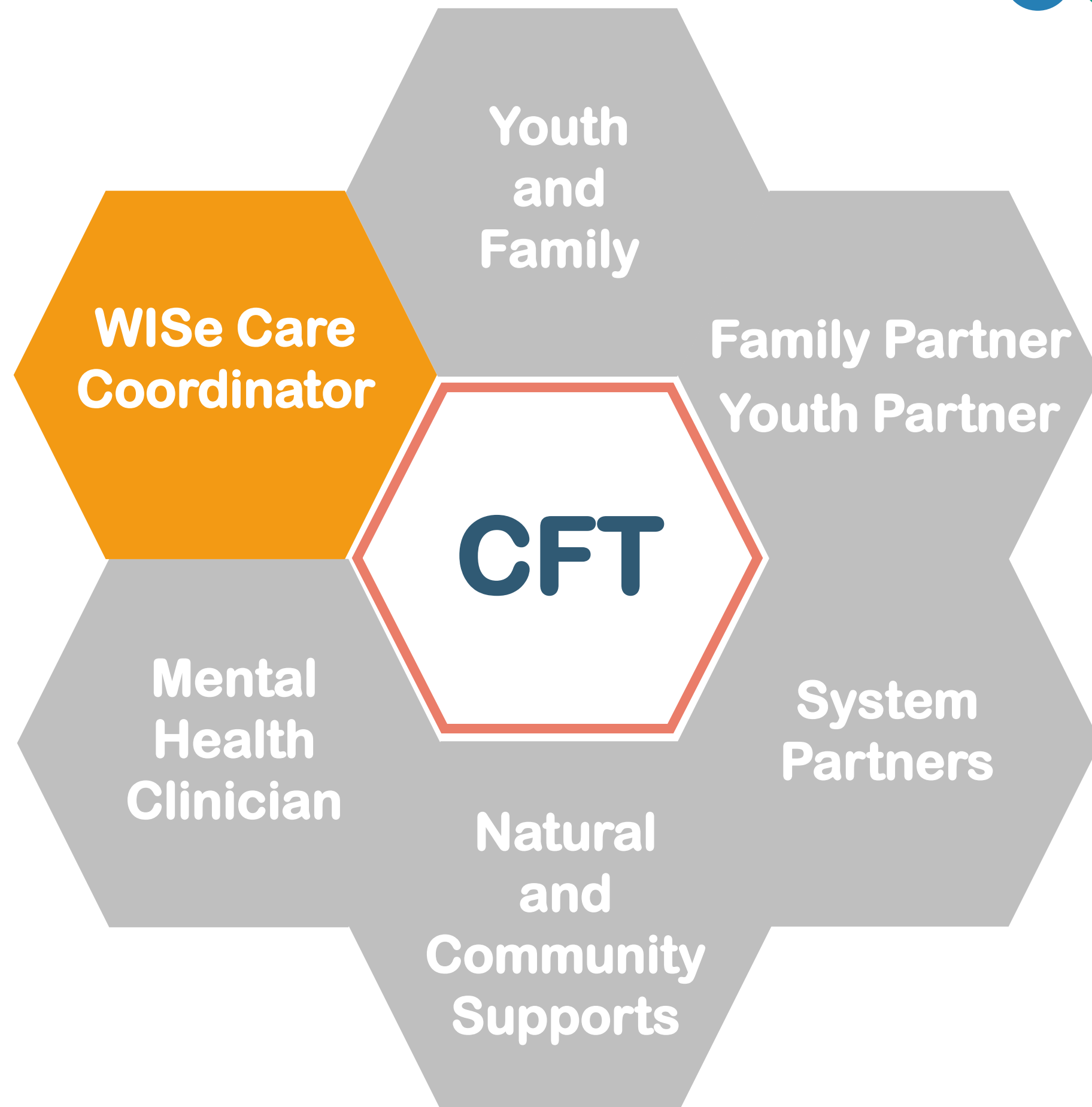


Youth and Family



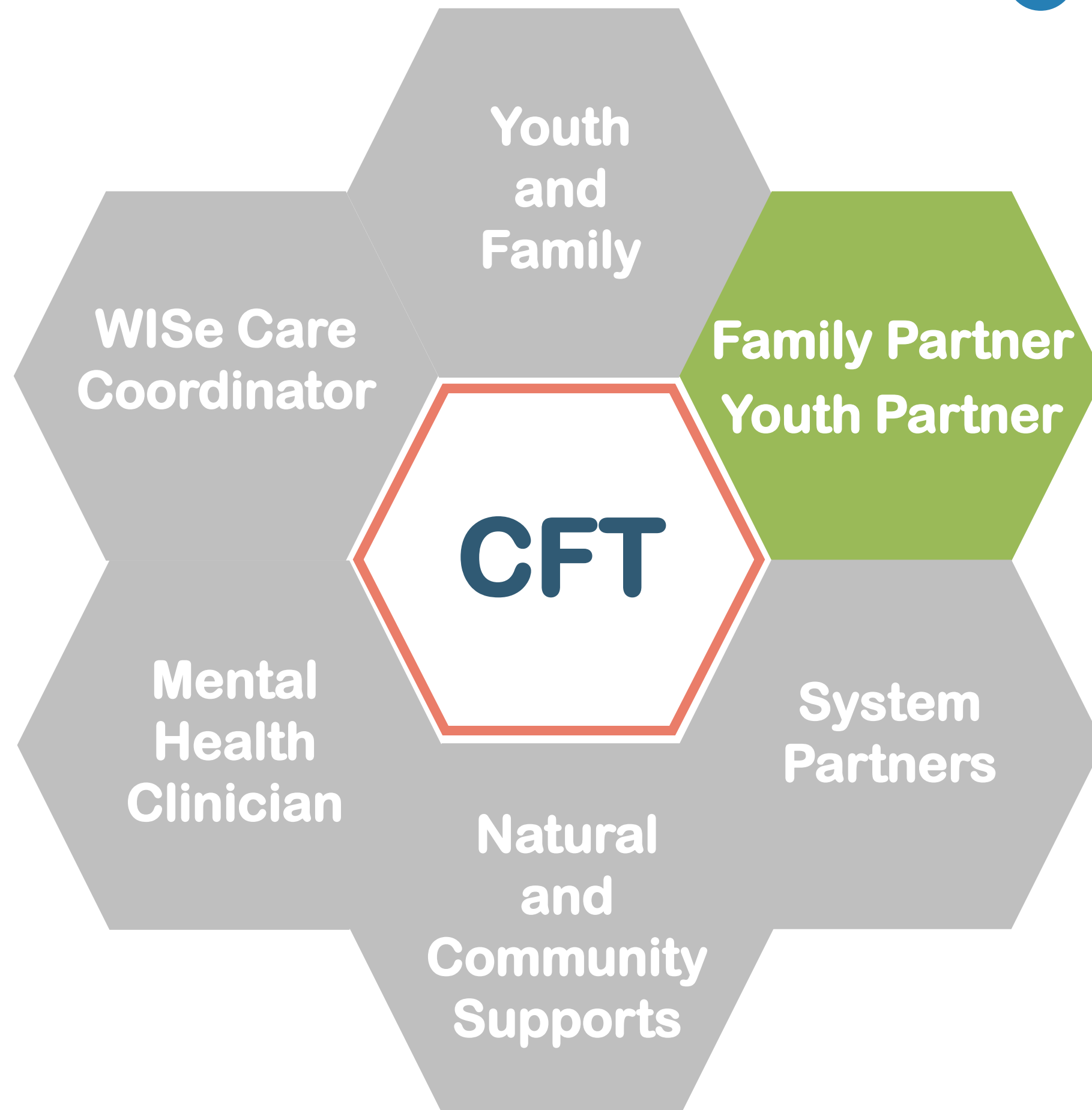
This category refers to the young person and their identified “family” for whom the WISE team has come together to work for.

WISe Care Coordinator



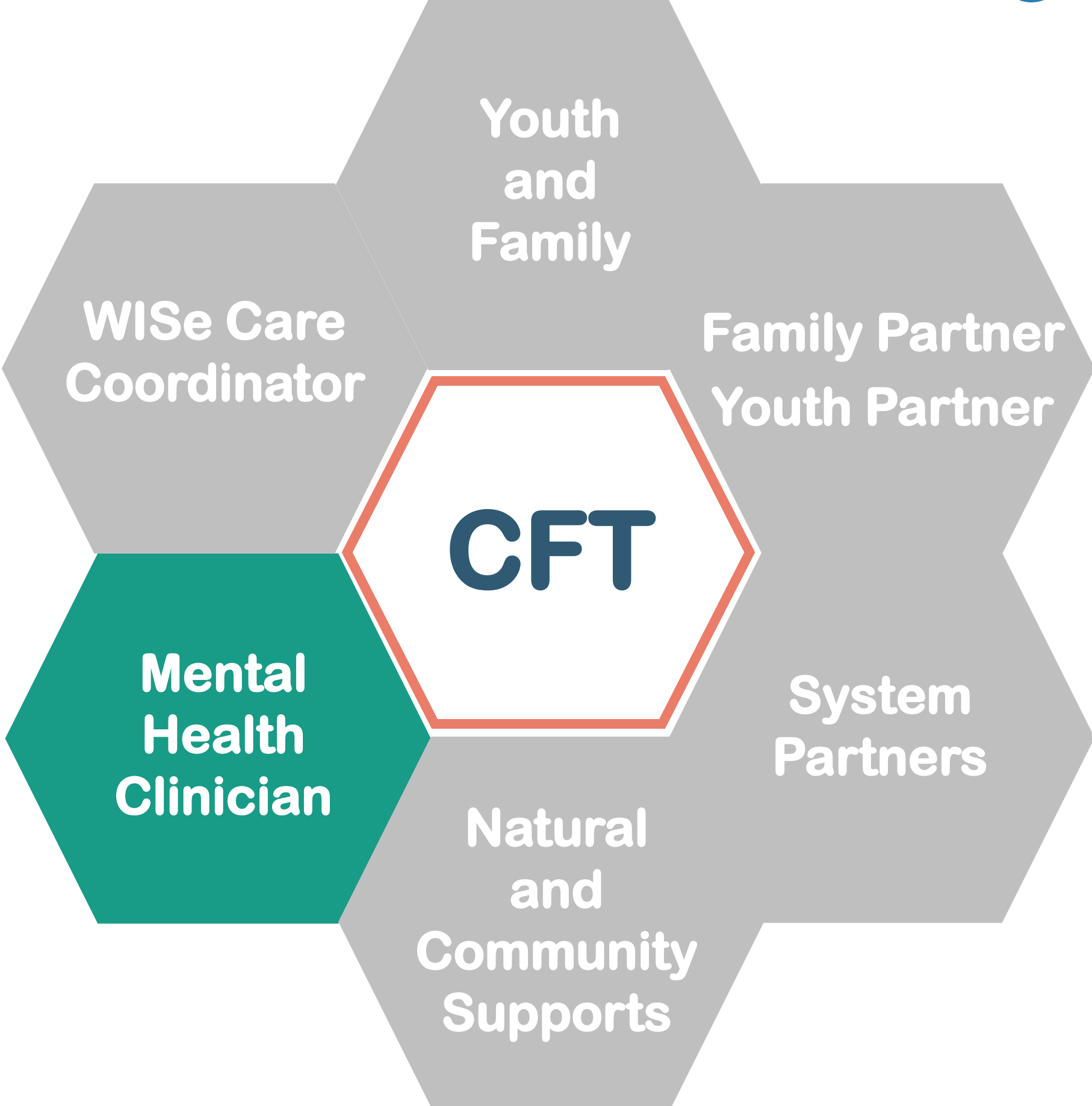
- Organizes and leads the WISe Team meetings
- Facilitates communication among team members
- Provides care coordination
- Helps guide the team through the phases and activities of WISe

Family Partner and Youth Partner



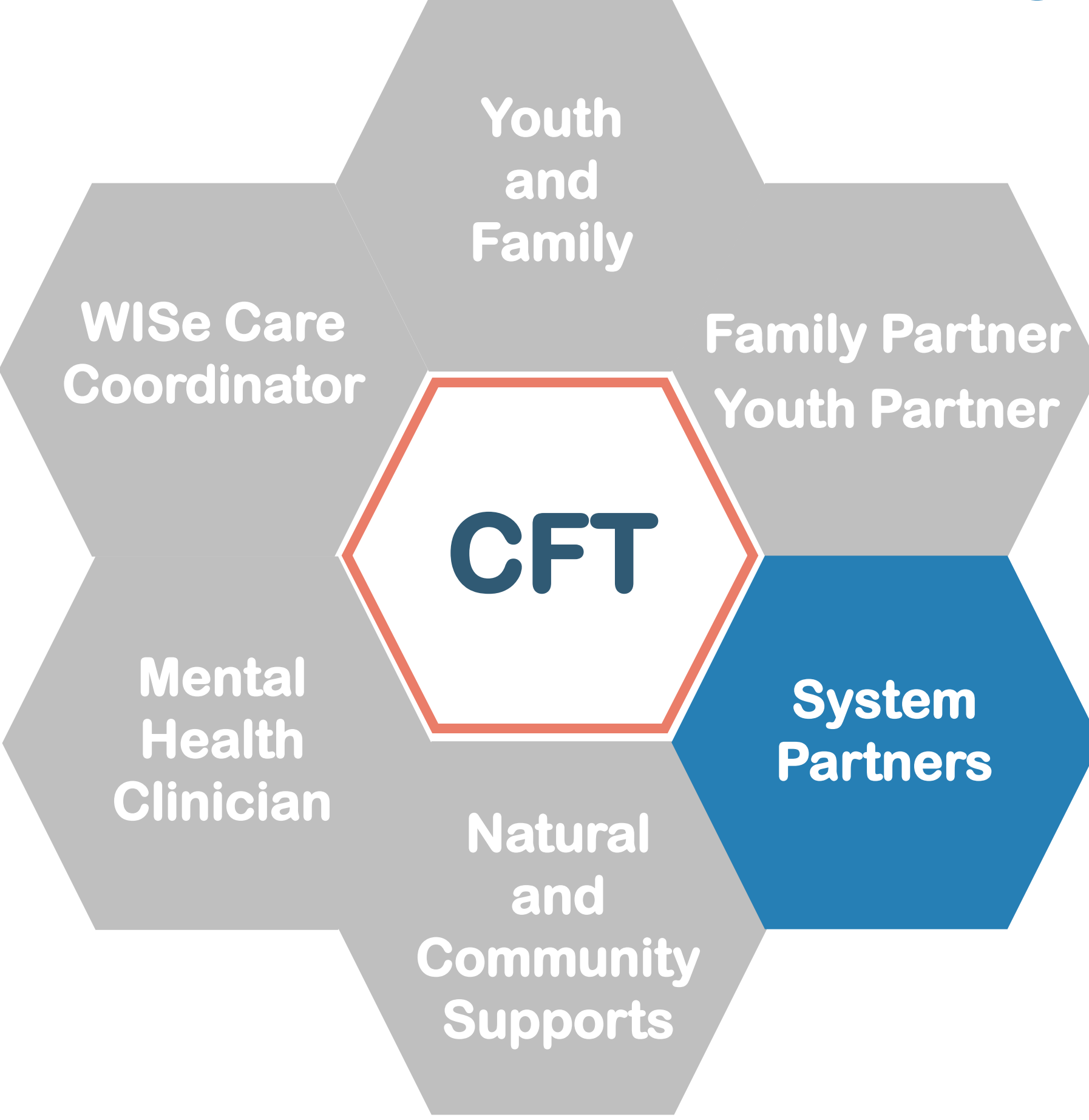
- One is required, both are optimal
- Bridges the gap between the perspectives of the youth, the family and systems
- Shares lived experience
- Be WISe-trained
- Be a WA state-certified peer counselor
- Desires to share, teach and empower

Mental Health Clinician



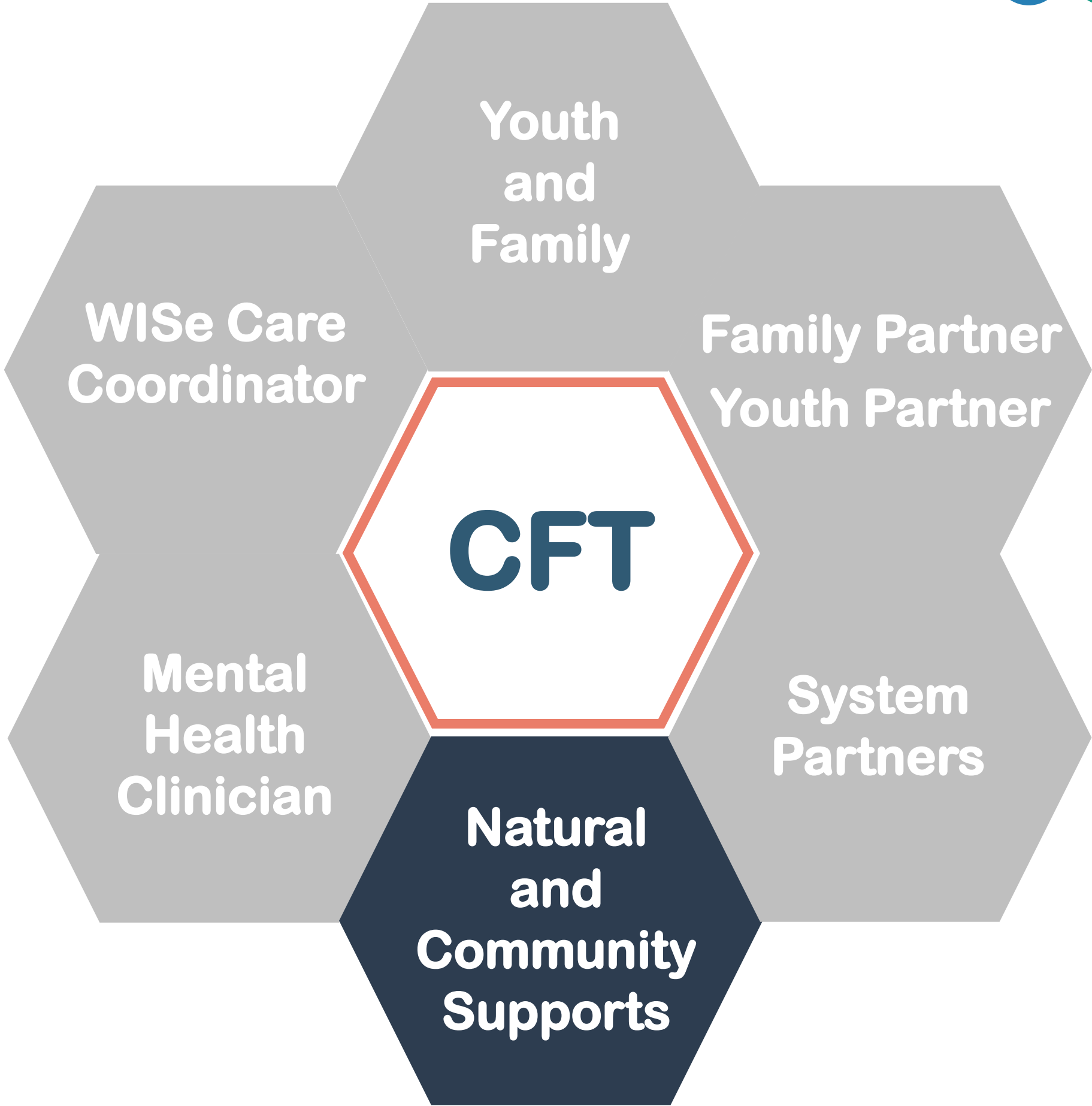
- Provide intensive services (“direct services”) in home and community-based settings
- Educate the youth’s family about mental health challenges that the youth is experiencing
- Behavior management
- Therapeutic services delivered in the youth’s home or community

System Partners



- Child Welfare
- Juvenile Justice
- Education
- Mental Health
- Substance Abuse
- Other systems involved with family

Natural and Community Supports Members



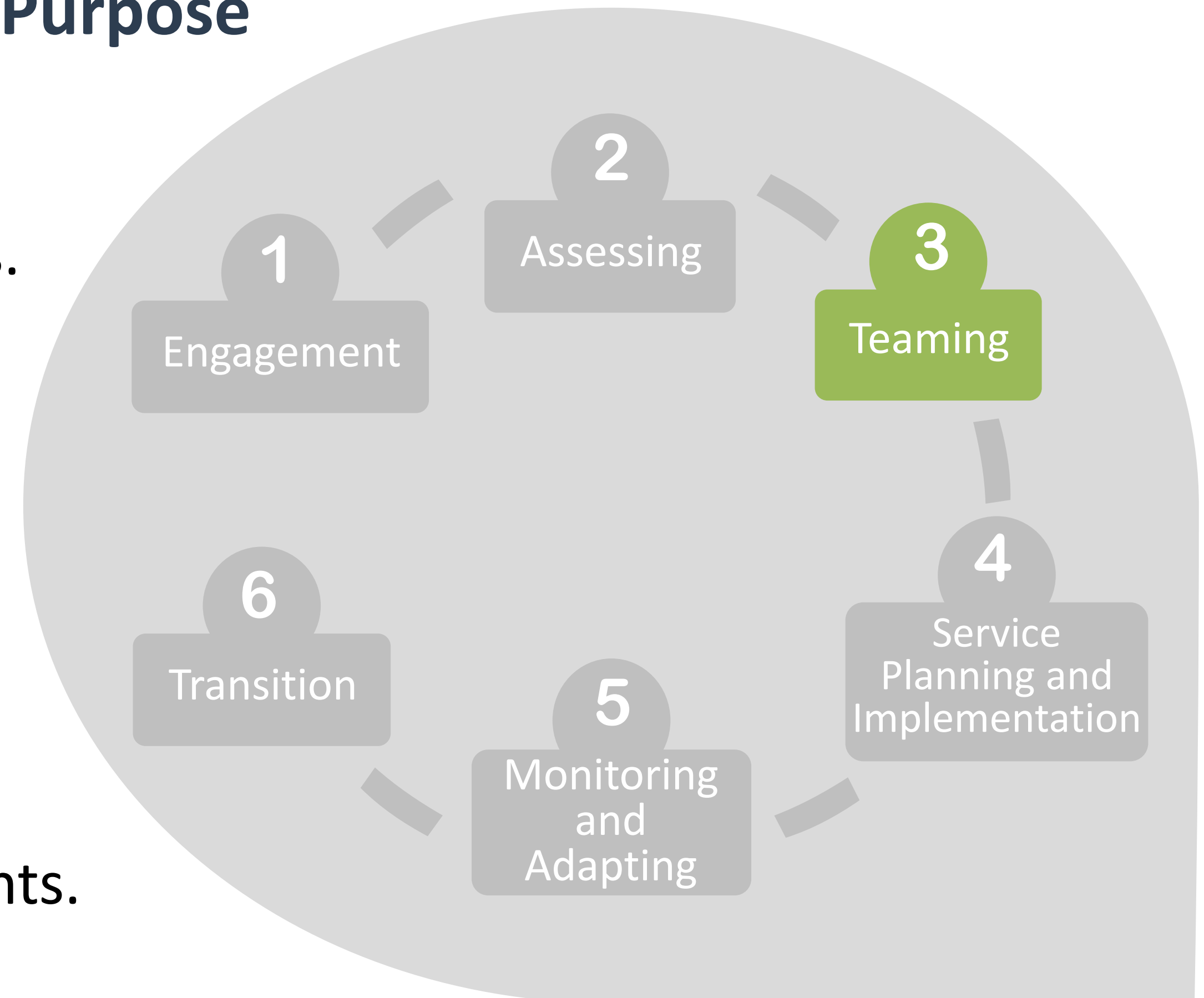
- Neighbors
- Kin
- Relatives
- Friends
- Clergy
- Spiritual advisors
- Healers,
- Elders,
- Community members

3. Teaming



Goals & Purpose

- 1** Engage and gain participation of current and potential team members.
- 2** Explain the team process.
- 3** Elicit commitment to the process.
- 4** Make necessary meeting arrangements.

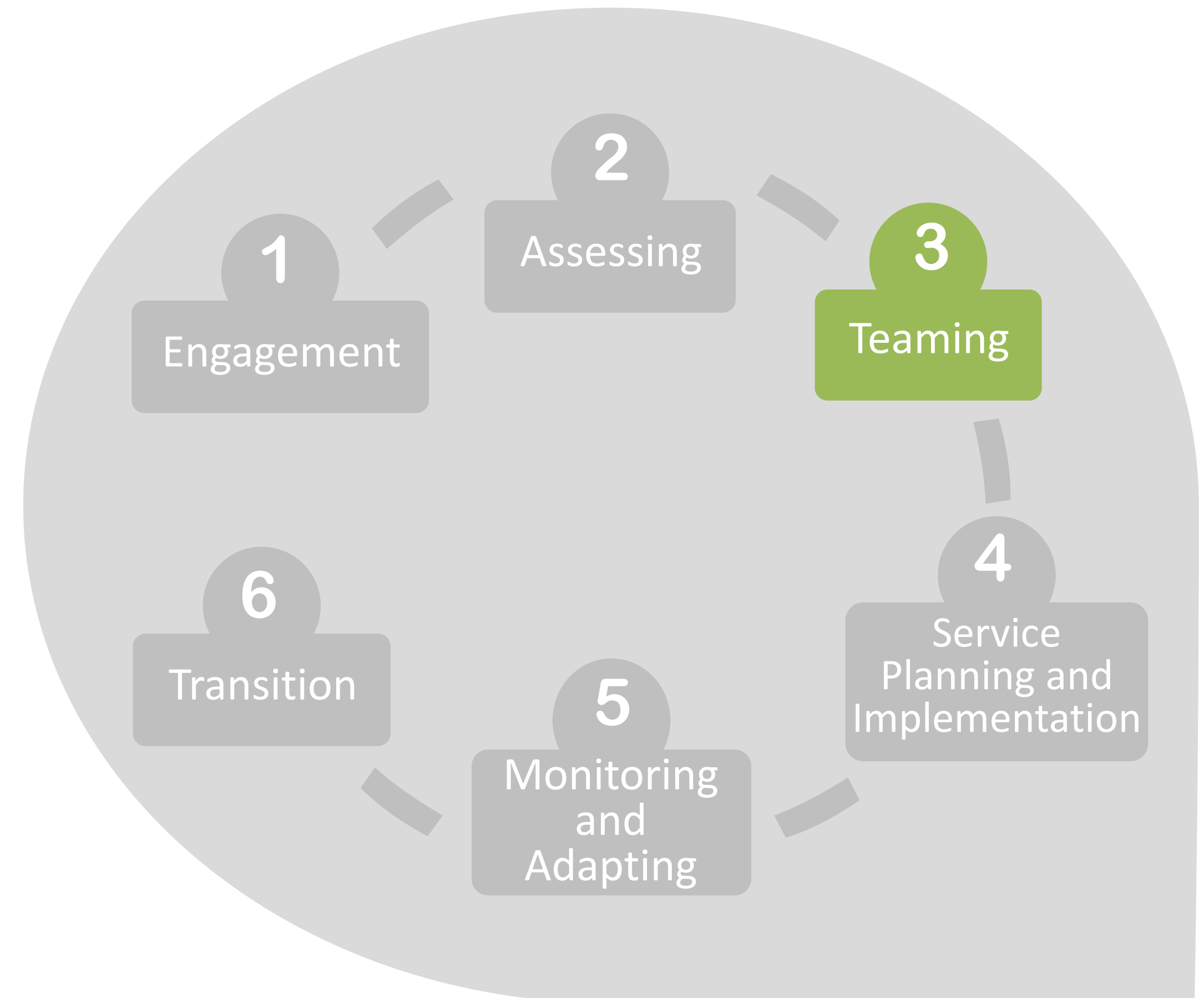


3. Teaming



WISe Practitioners

- 1 Explain WISe to potential team members.
- 2 Explain that the CFT will be expected to meet with sufficient regularity.
- 3 Describe how the CFT reviews the interventions and action items and adjusts these accordingly.
- 4 Describe how a WISe Practitioner guides the team in evaluating strategies.
- 5 Explains how the CFT works together to resolve differences.
- 6 Explain that the CFT has a process to resolve disputes for moving forward with services.

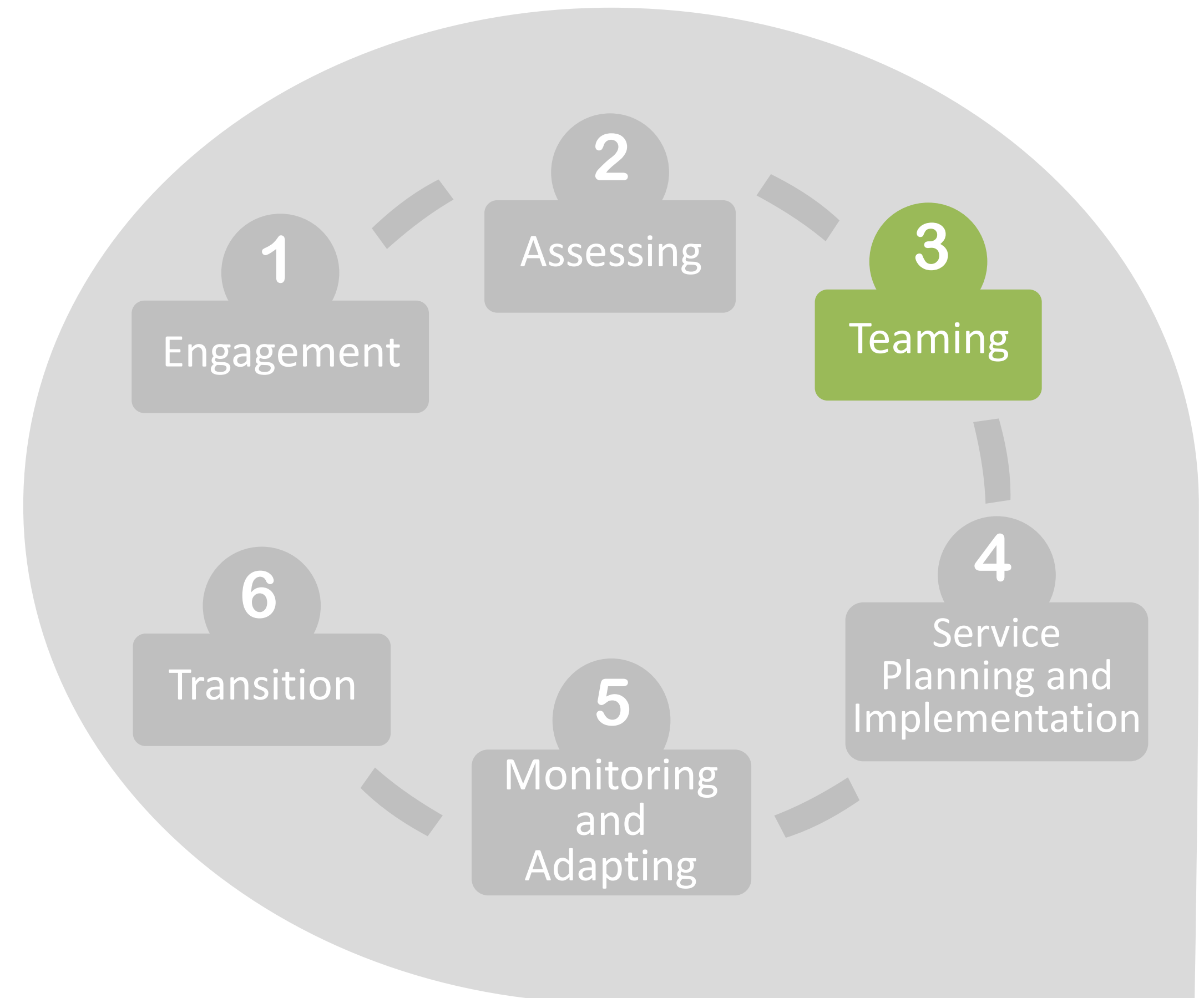


3. Teaming



WISe Practitioners

- 1 Explain WISe to potential team members.**
- Explain that the CFT will be expected to meet with sufficient regularity.
- Describe how the CFT reviews the interventions and action items and adjusts these accordingly.
- Describe how a WISe Practitioner guides the team in evaluating strategies.
- Explains how the CFT works together to resolve differences.
- Explain that the CFT has a process to resolve disputes for moving forward with services.

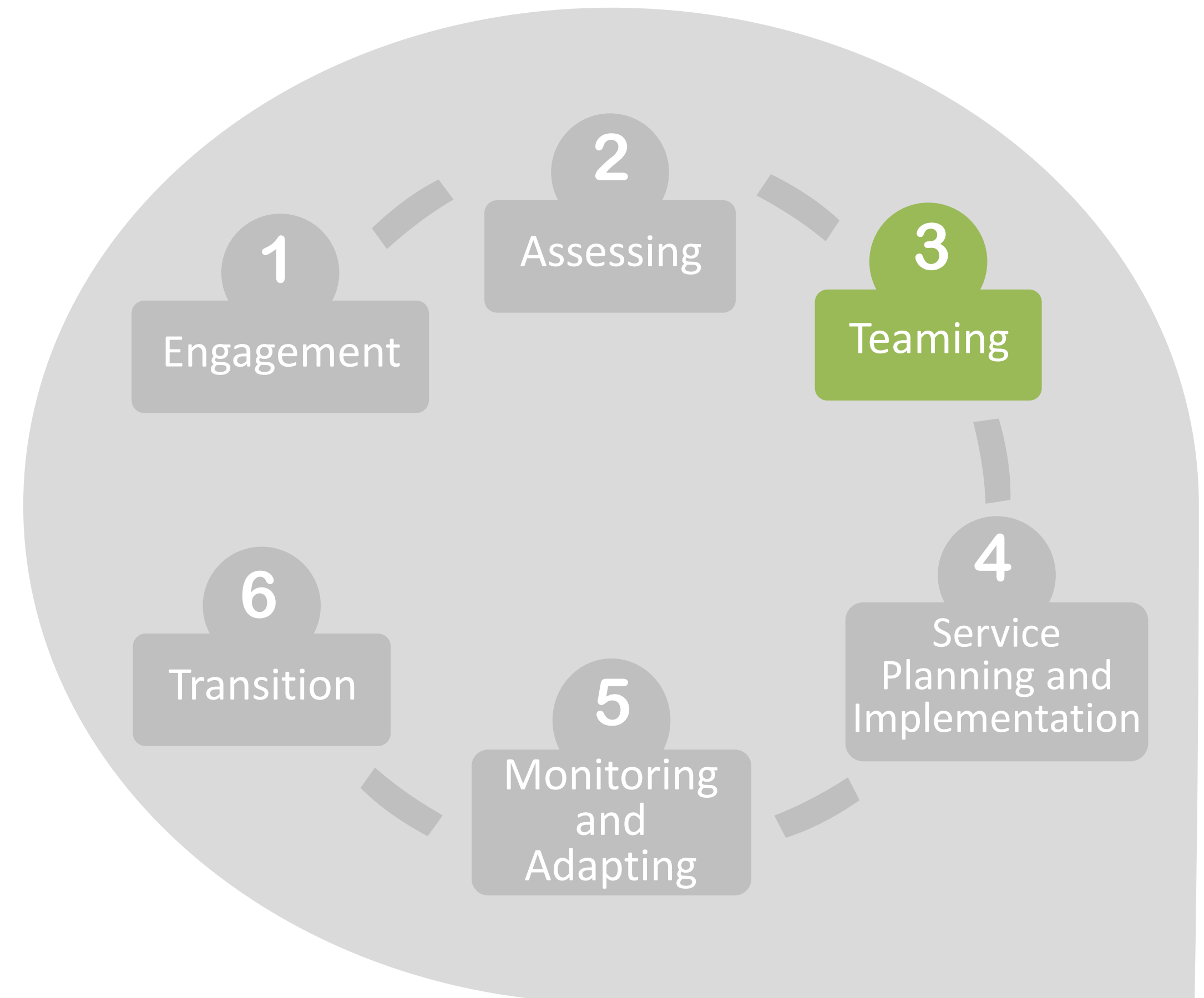


3. Teaming



WISe Practitioners

- 1 Explain WISe to potential team members.
- 2 **Explain that the CFT will be expected to meet with sufficient regularity.**
- 3 Describe how the CFT reviews the interventions and action items and adjusts these accordingly.
- 4 Describe how a WISe Practitioner guides the team in evaluating strategies.
- 5 Explains how the CFT works together to resolve differences.
- 6 Explain that the CFT has a process to resolve disputes for moving forward with services.

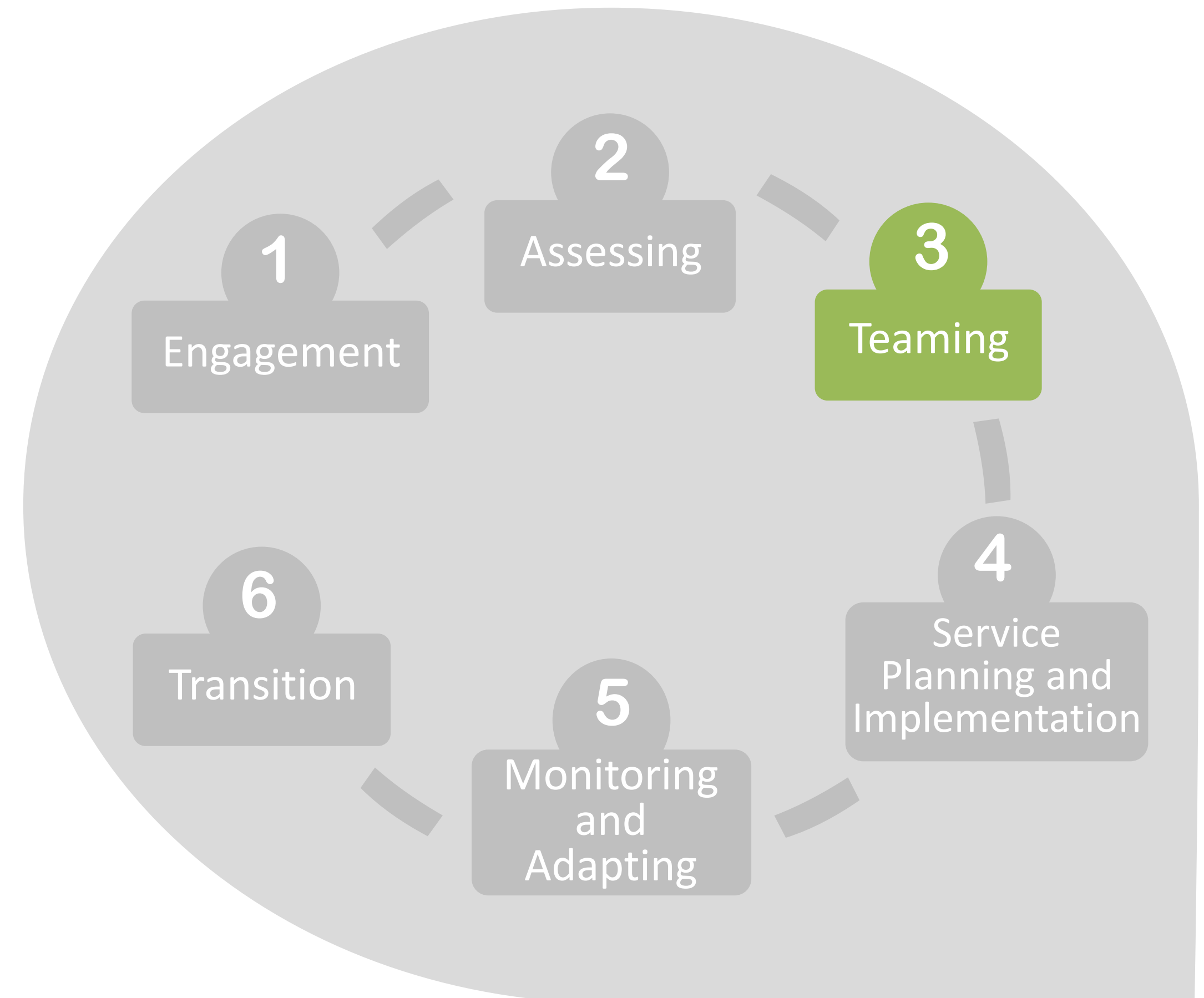


3. Teaming



WISe Practitioners

- 1 Explain WISe to potential team members.
- 2 Explain that the CFT will be expected to meet with sufficient regularity.
- 3 **Describe how the CFT reviews the interventions and action items and adjusts these accordingly.**
- 4 Describe how a WISe Practitioner guides the team in evaluating strategies.
- 5 Explains how the CFT works together to resolve differences.
- 6 Explain that the CFT has a process to resolve disputes for moving forward with services.

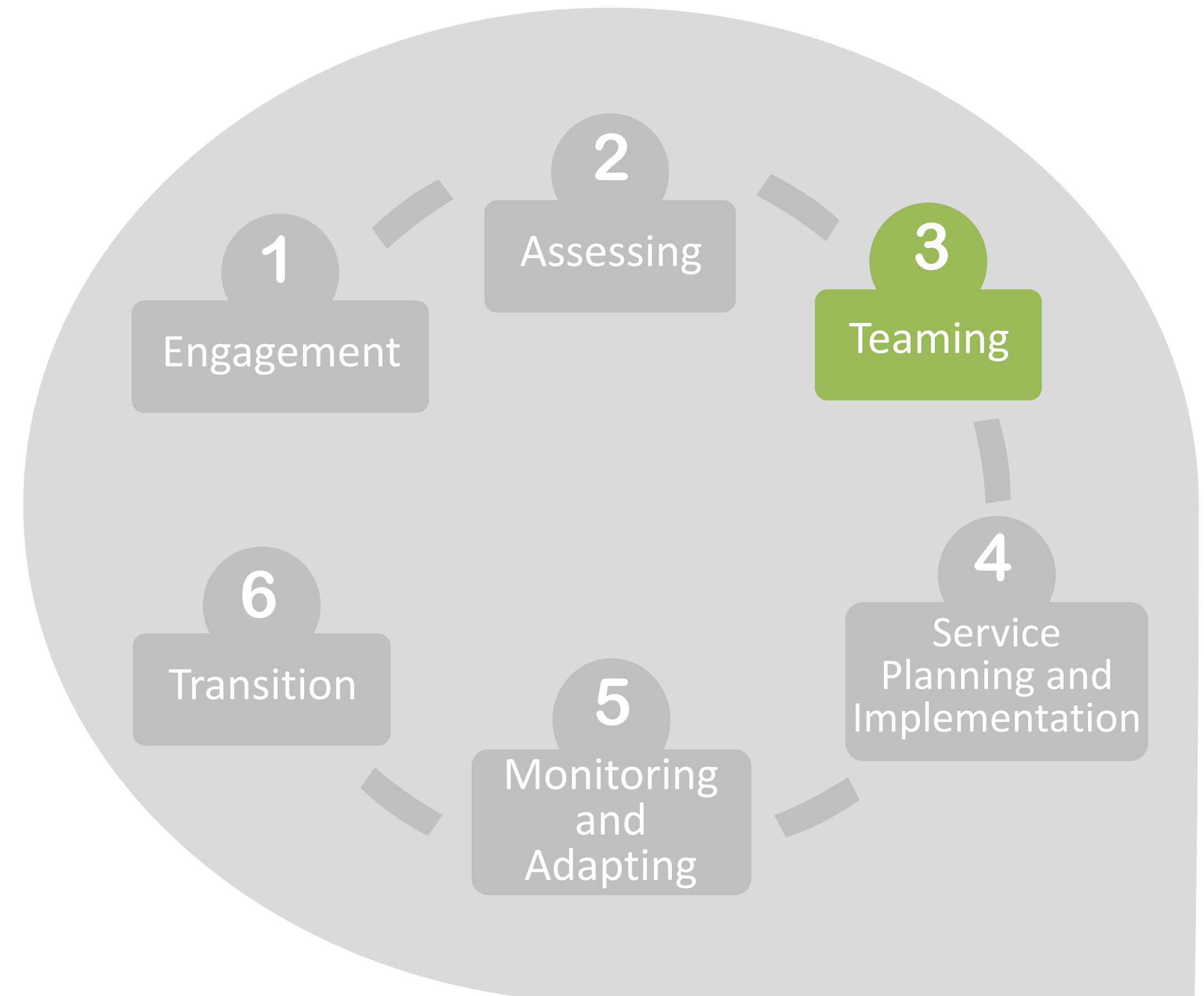


3. Teaming



WISe Practitioners

- 1 Explain WISe to potential team members.
- 2 Explain that the CFT will be expected to meet with sufficient regularity.
- 3 Describe how the CFT reviews the interventions and action items and adjusts these accordingly.
- 4 **Describe how a WISe Practitioner guides the team in evaluating strategies.**
- 5 Explains how the CFT works together to resolve differences.
- 6 Explain that the CFT has a process to resolve disputes for moving forward with services.

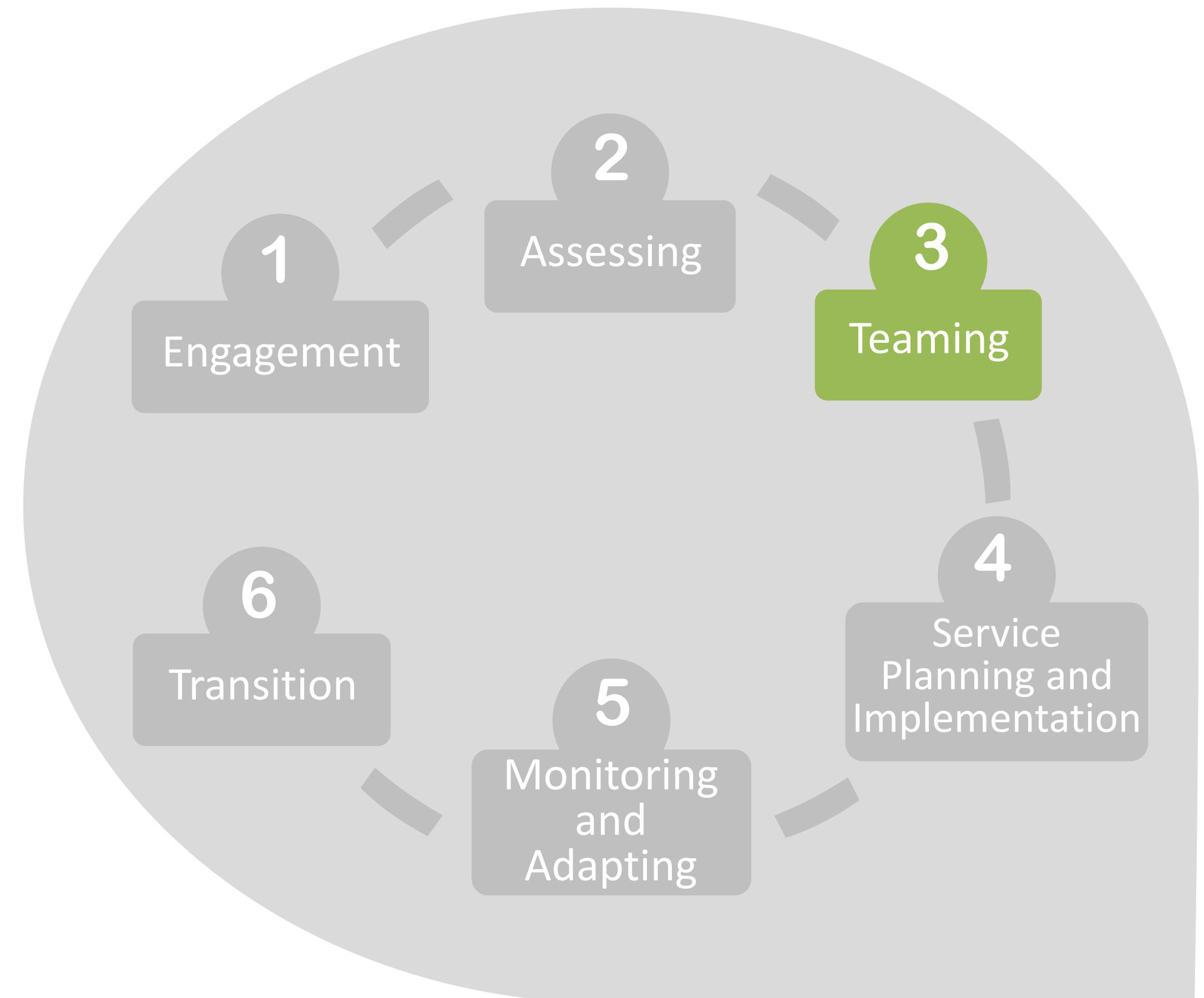


3. Teaming



WISe Practitioners

- 1 Explain WISe to potential team members.
- 2 Explain that the CFT will be expected to meet with sufficient regularity.
- 3 Describe how the CFT reviews the interventions and action items and adjusts these accordingly.
- 4 Describe how a WISe Practitioner guides the team in evaluating strategies.
- 5 **Explains how the CFT works together to resolve differences.**
- 6 Explain that the CFT has a process to resolve disputes for moving forward with services.

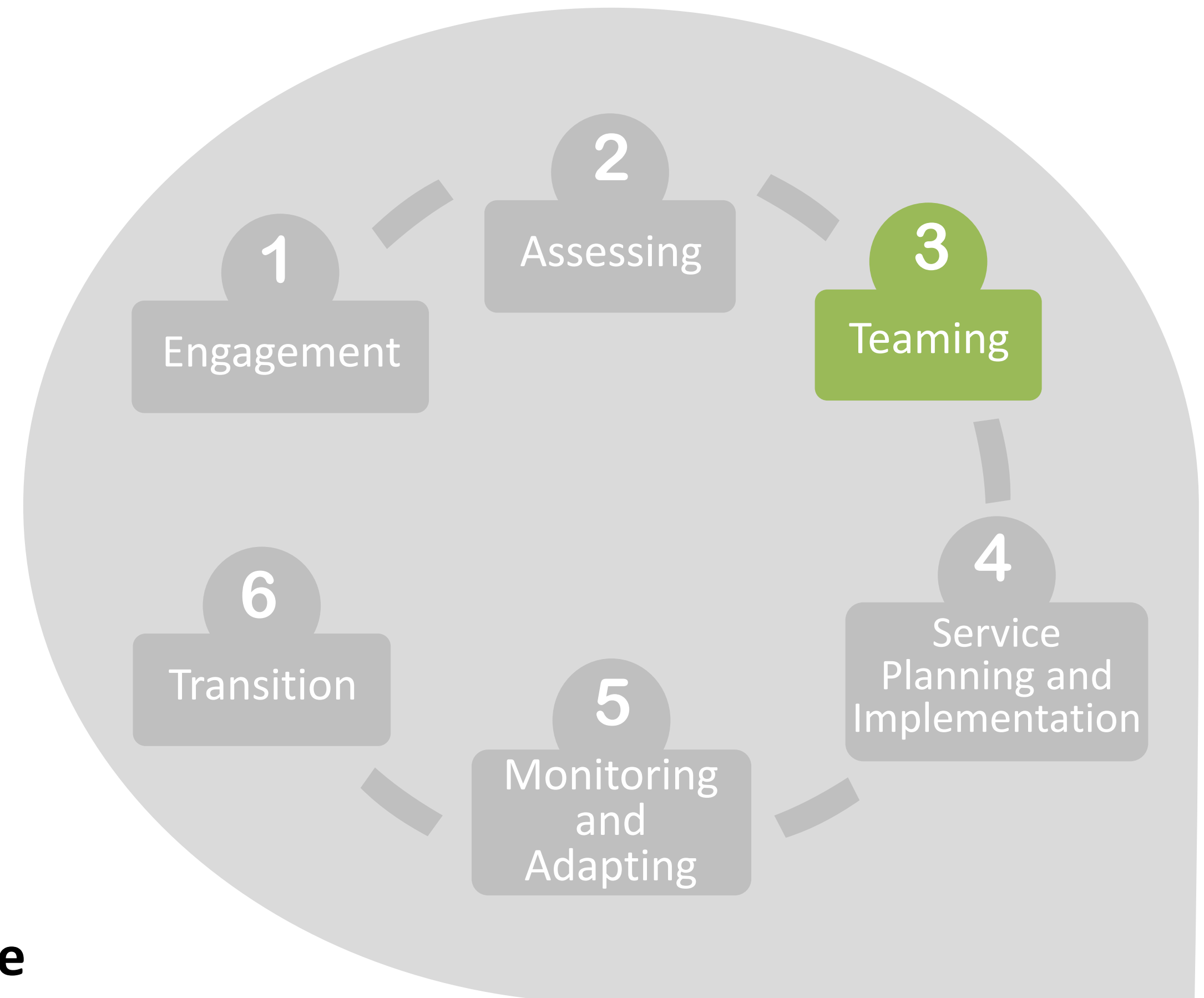


3. Teaming



WISe Practitioners

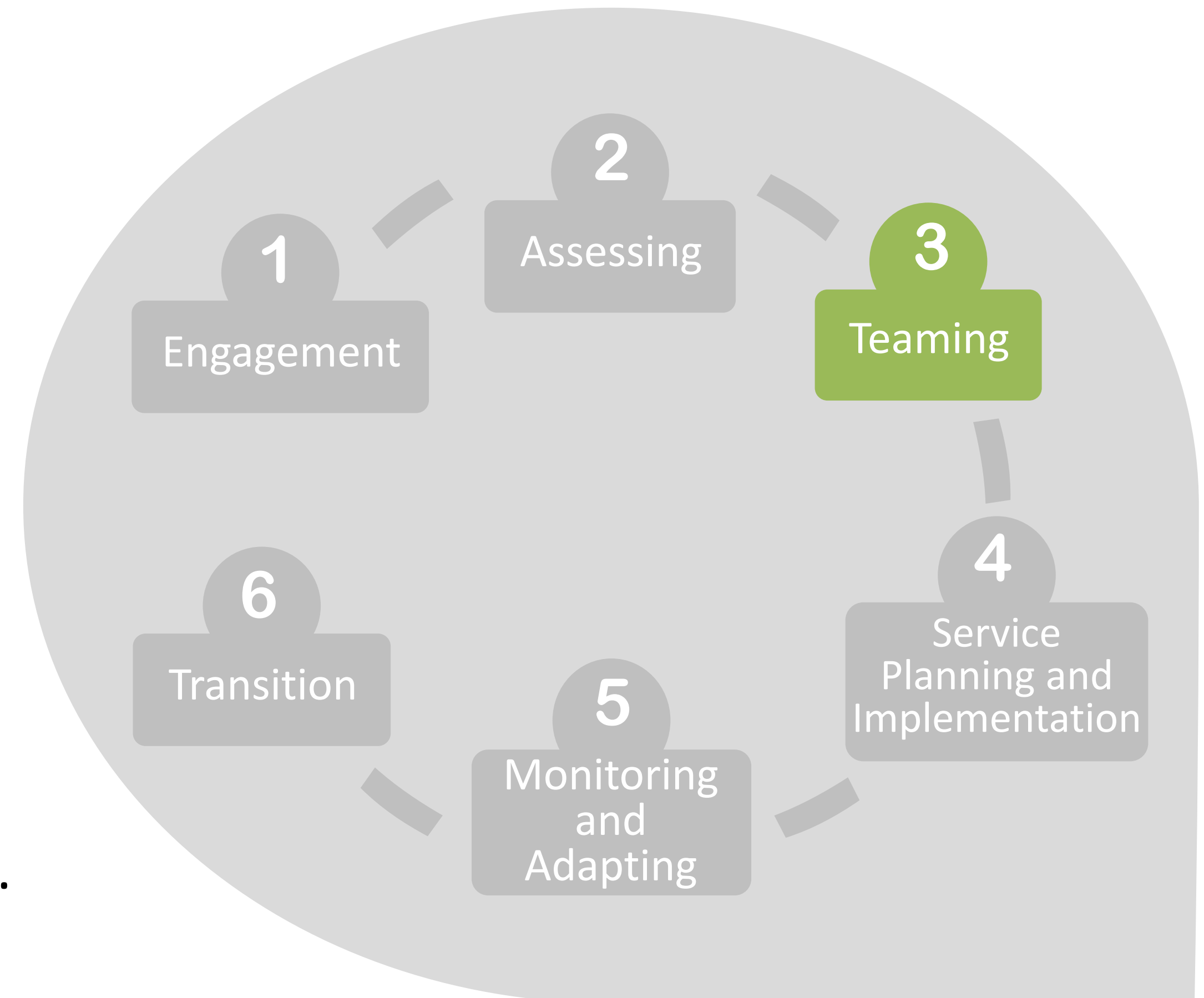
- 1 Explain WISe to potential team members.
- 2 Explain that the CFT will be expected to meet with sufficient regularity.
- 3 Describe how the CFT reviews the interventions and action items and adjusts these accordingly.
- 4 Describe how a WISe Practitioner guides the team in evaluating strategies.
- 5 Explains how the CFT works together to resolve differences.
- 6 Explain that the CFT has a process to resolve disputes for moving forward with services.



Essential Steps of Teaming (continued)



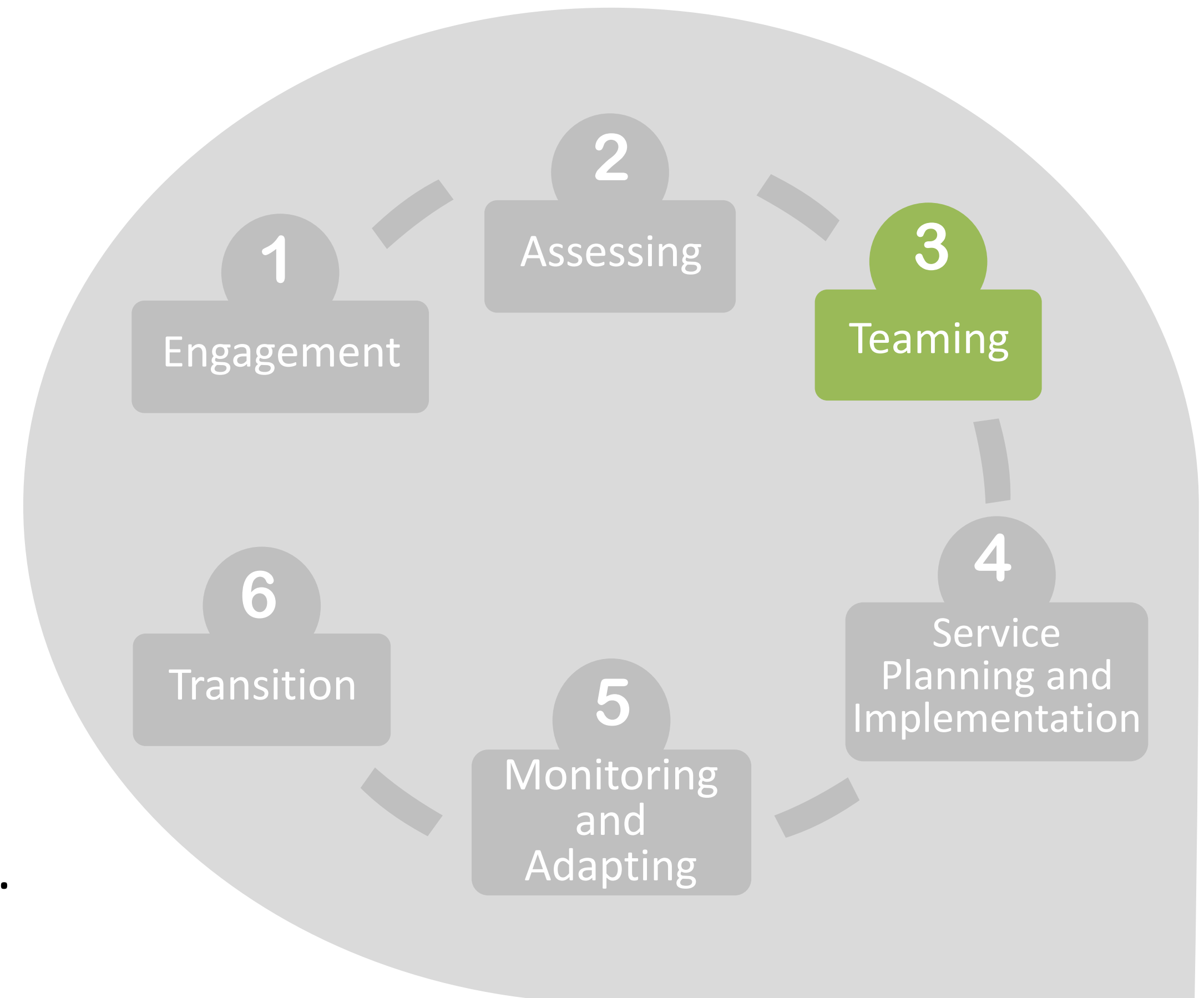
- 1** Invite potential team members to join the team process.
- 2** Partner and orient team members to the WISE process and team meeting structure.
- 3** Help to create the team meeting agenda, provide input about the meeting logistics and ensure comfort of youth and family.
- 4** Check in with team members on progress made on assigned tasks between meetings.



Essential Steps of Teaming (continued)



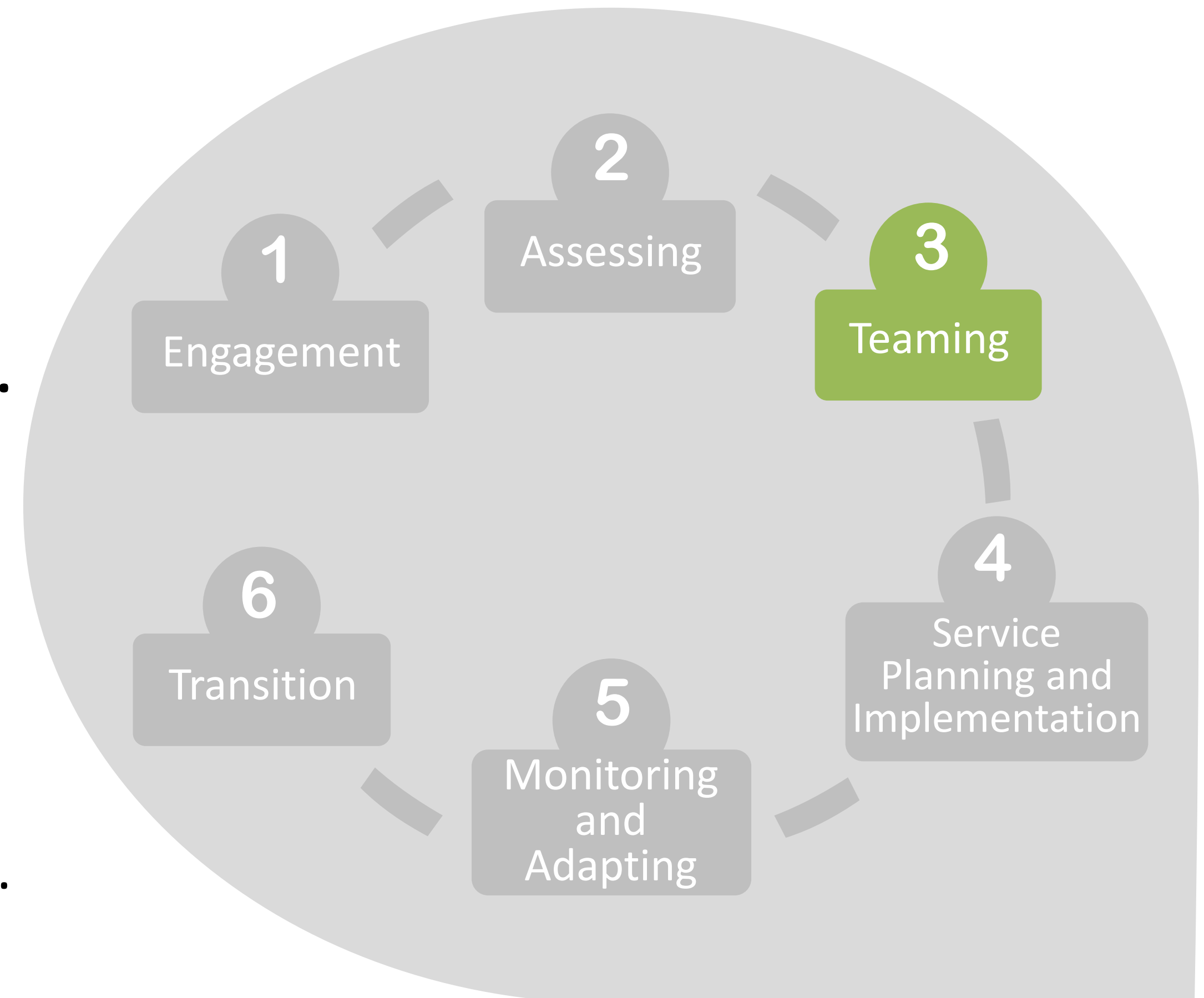
- 1** Invite potential team members to join the team process.
- 2** Partner and orient team members to the WISE process and team meeting structure.
- 3** Help to create the team meeting agenda, provide input about the meeting logistics and ensure comfort of youth and family.
- 4** Check in with team members on progress made on assigned tasks between meetings.



Essential Steps of Teaming (continued)



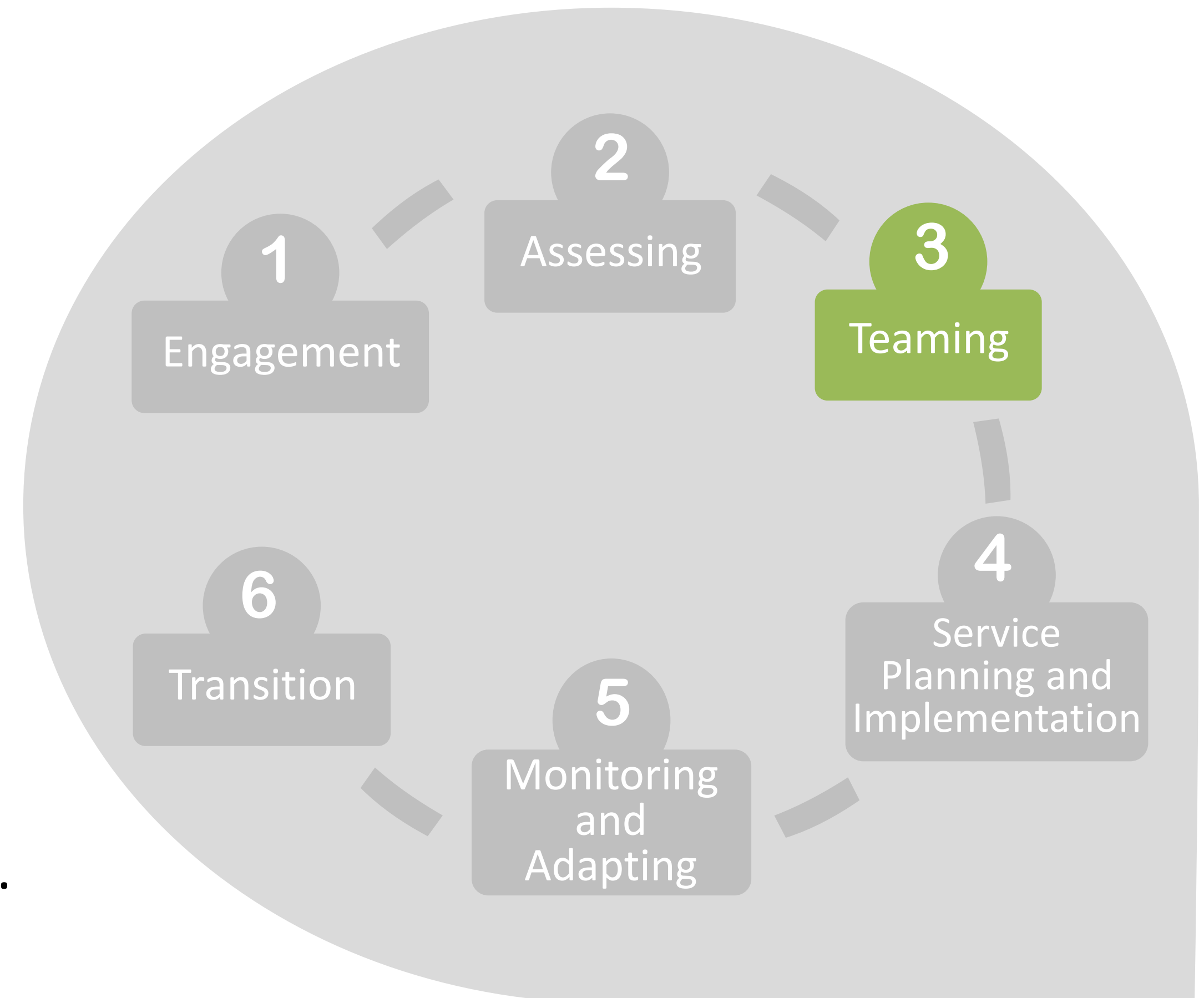
- 1** Invite potential team members to join the team process.
- 2** **Partner and orient team members to the WISE process and team meeting structure.**
- 3** Help to create the team meeting agenda, provide input about the meeting logistics and ensure comfort of youth and family.
- 4** Check in with team members on progress made on assigned tasks between meetings.



Essential Steps of Teaming (continued)



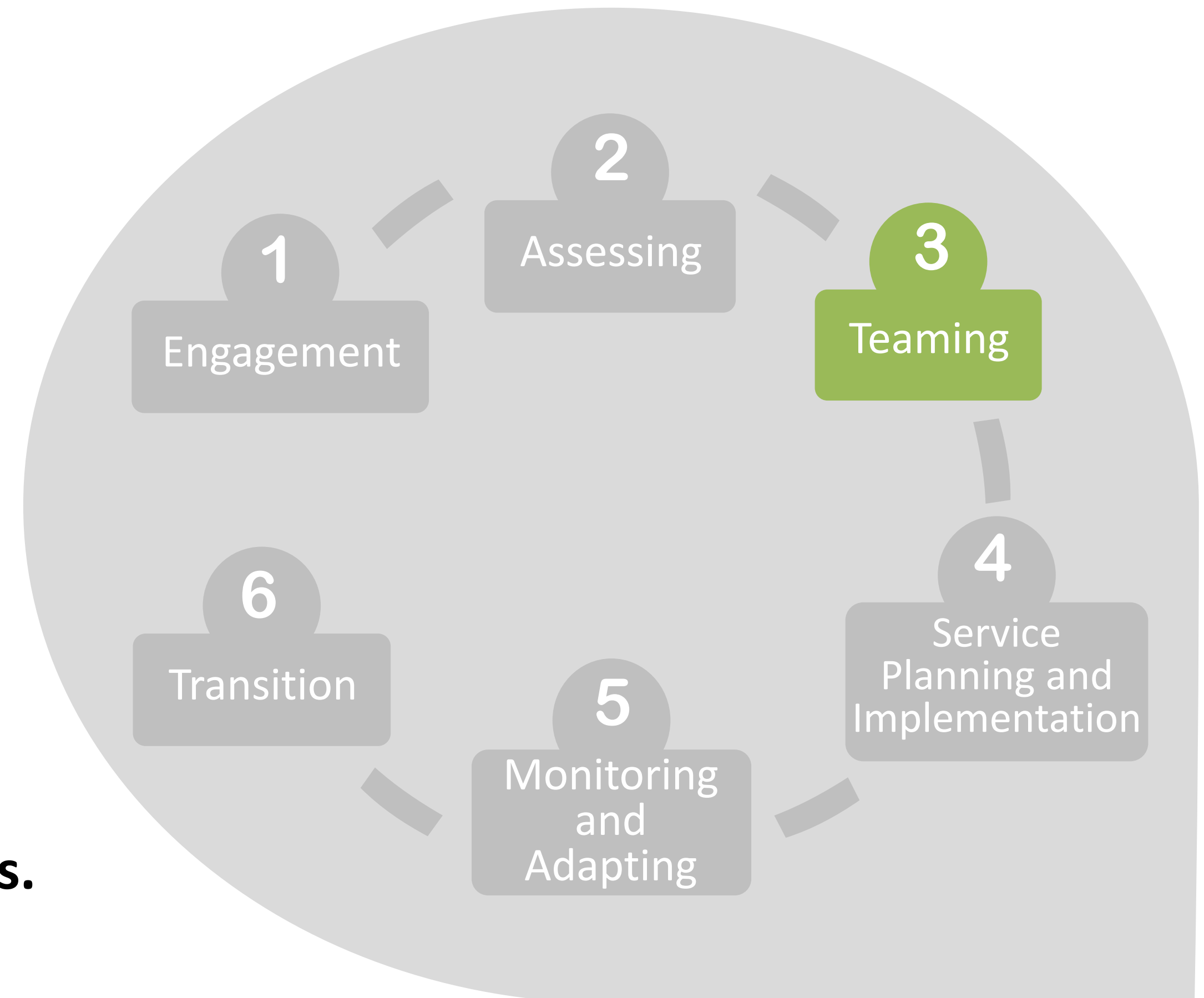
- 1** Invite potential team members to join the team process.
- 2** Partner and orient team members to the WISE process and team meeting structure.
- 3** **Help to create the team meeting agenda, provide input about the meeting logistics and ensure comfort of youth and family.**
- 4** Check in with team members on progress made on assigned tasks between meetings.



Essential Steps of Teaming (continued)



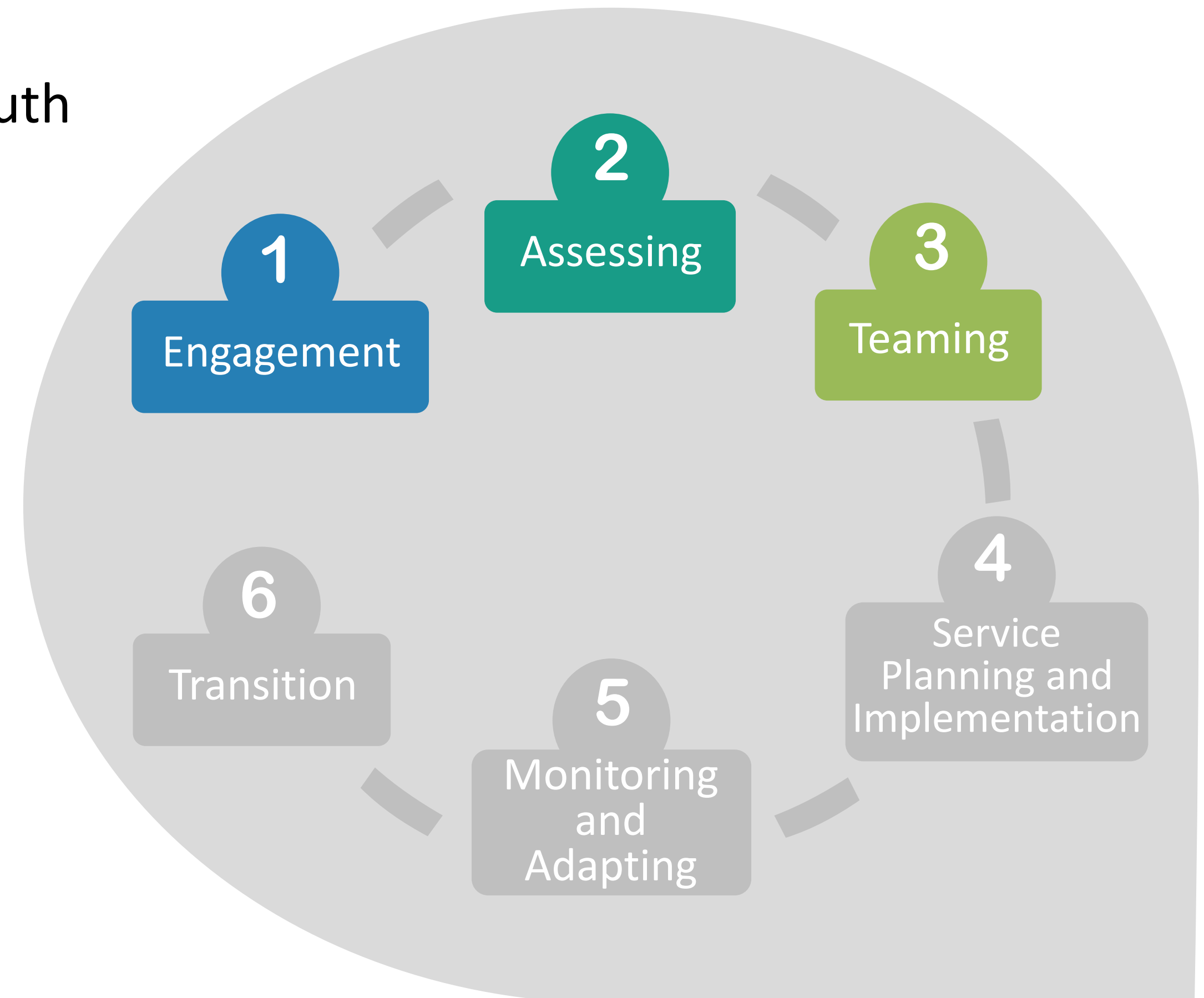
- 1** Invite potential team members to join the team process.
- 2** Partner and orient team members to the WISE process and team meeting structure.
- 3** Help to create the team meeting agenda, provide input about the meeting logistics and ensure comfort of youth and family.
- 4** **Check in with team members on progress made on assigned tasks between meetings.**



In Summary



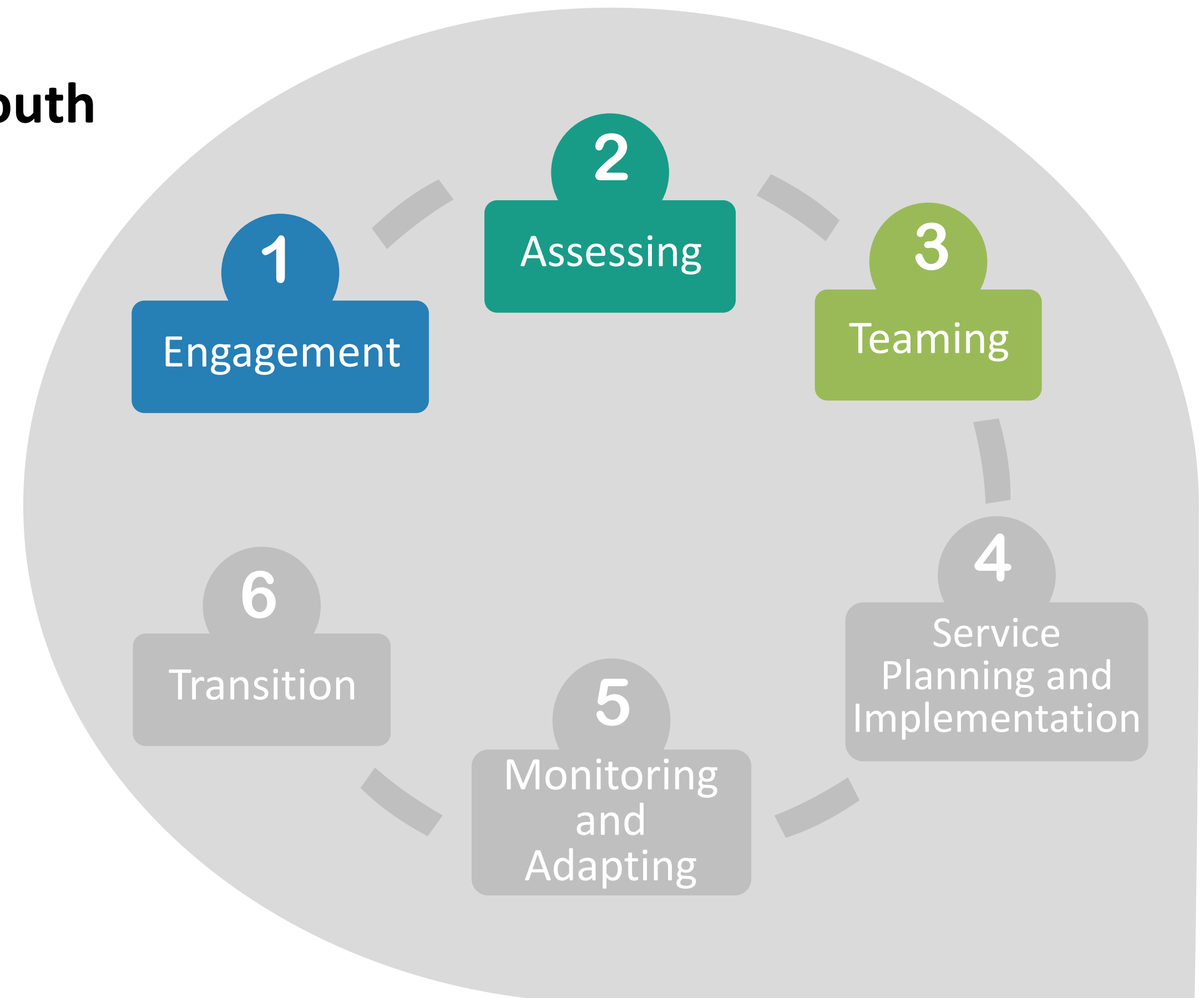
- 1 Spend time up front to get to know the youth and family.
- 2 Meet the youth and family where they are at—right now.
- 3 Demonstrate that you hear the youth and family's story and value their goals.
- 4 Take time within these phases to 'go slow.'



In Summary



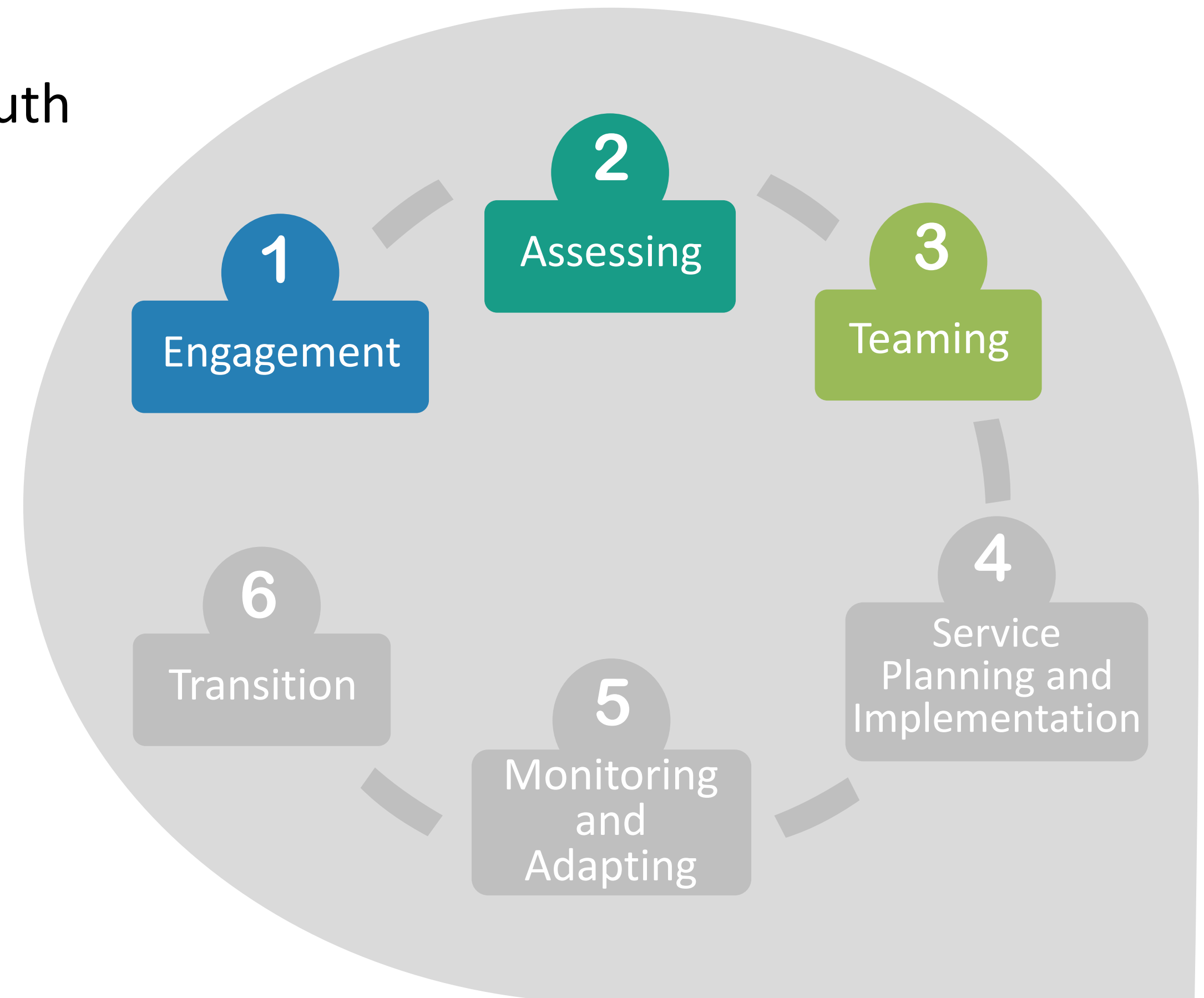
- 1** Spend time up front to get to know the youth and family.
- 2** Meet the youth and family where they are at—right now.
- 3** Demonstrate that you hear the youth and family’s story and value their goals.
- 4** Take time within these phases to ‘go slow.’



In Summary



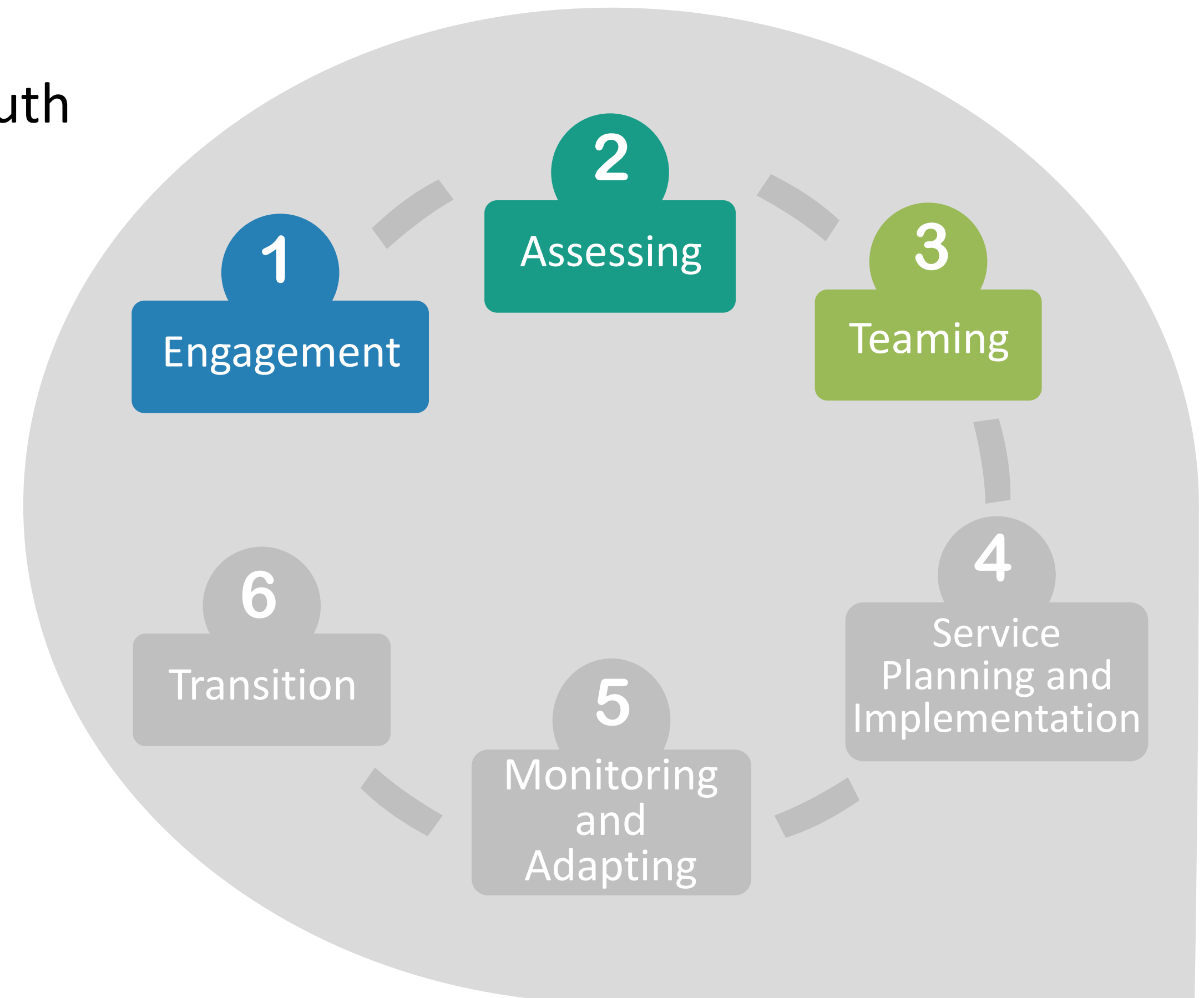
- 1** Spend time up front to get to know the youth and family.
- 2** **Meet the youth and family where they are at—right now.**
- 3** Demonstrate that you hear the youth and family's story and value their goals.
- 4** Take time within these phases to 'go slow.'



In Summary



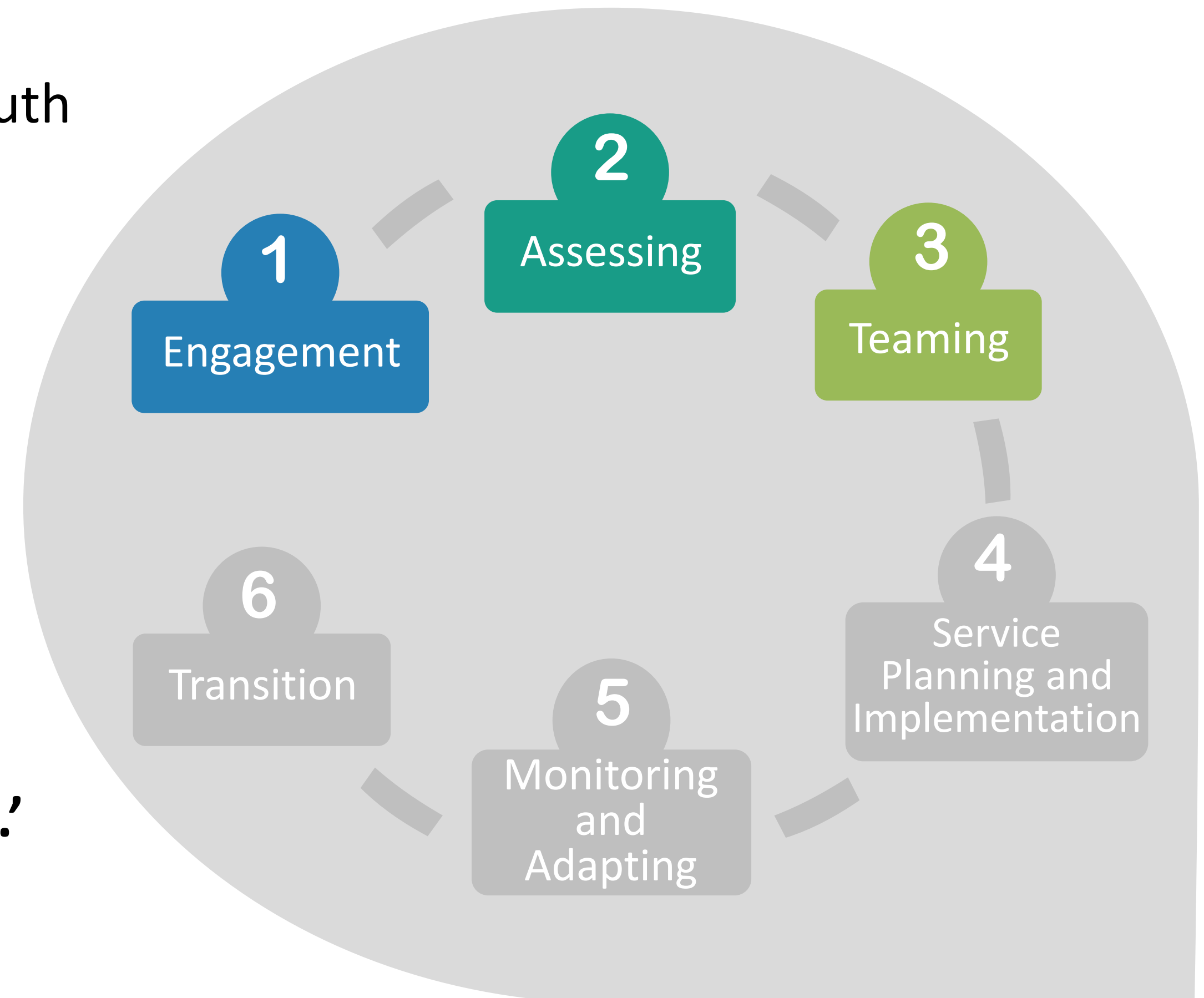
- 1** Spend time up front to get to know the youth and family.
- 2** Meet the youth and family where they are at—right now.
- 3** **Demonstrate that you hear the youth and family’s story and value their goals.**
- 4** Take time within these phases to ‘go slow.’



In Summary



- 1** Spend time up front to get to know the youth and family.
- 2** Meet the youth and family where they are at—right now.
- 3** Demonstrate that you hear the youth and family's story and value their goals.
- 4** **Take time within these phases to 'go slow.'**



Next: WISe Phases and Activities



PART B

Service Planning and Implementation

Monitoring and Adapting

Transition