



# WISe Phases and Activities



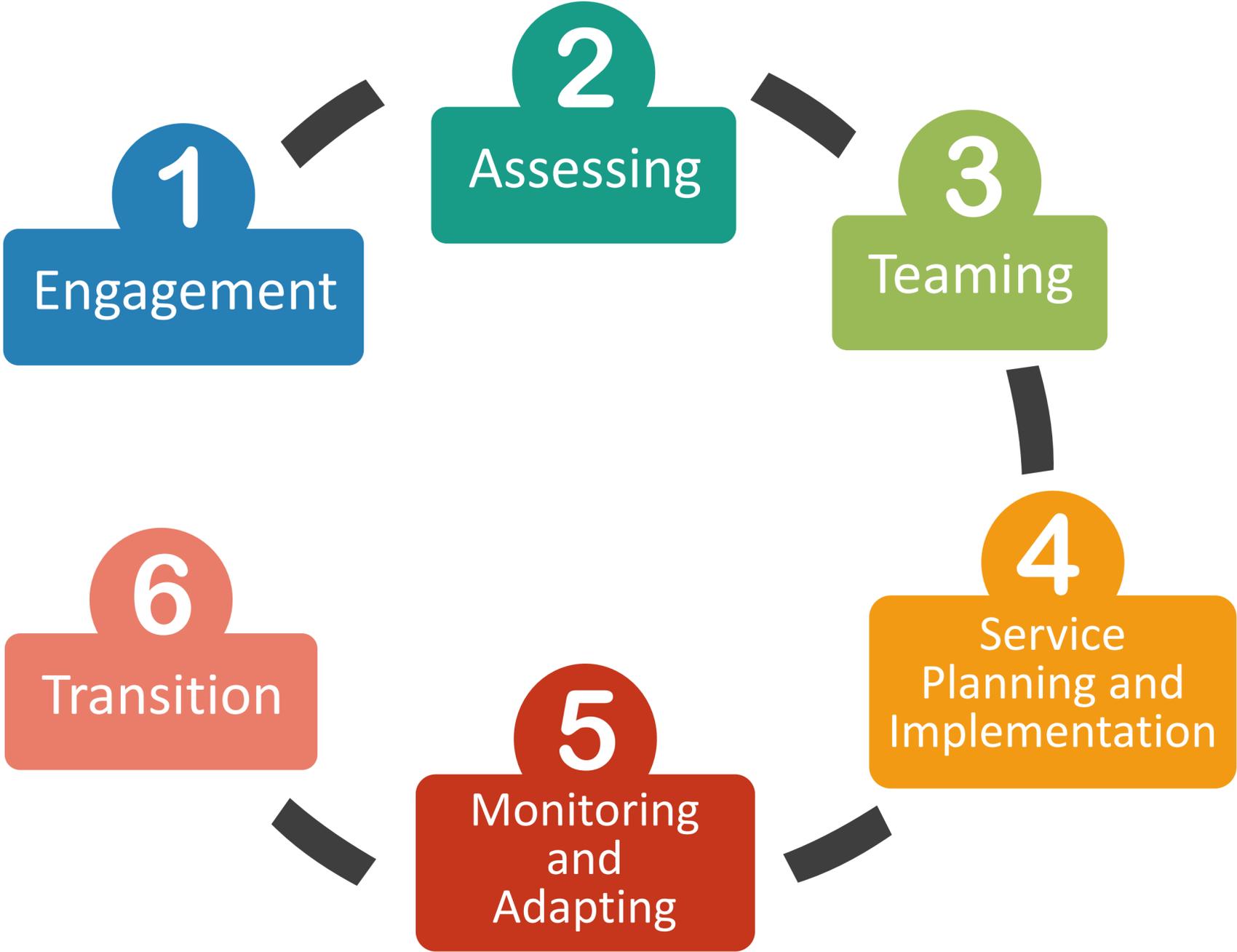
## PART B

Service Planning and Implementation

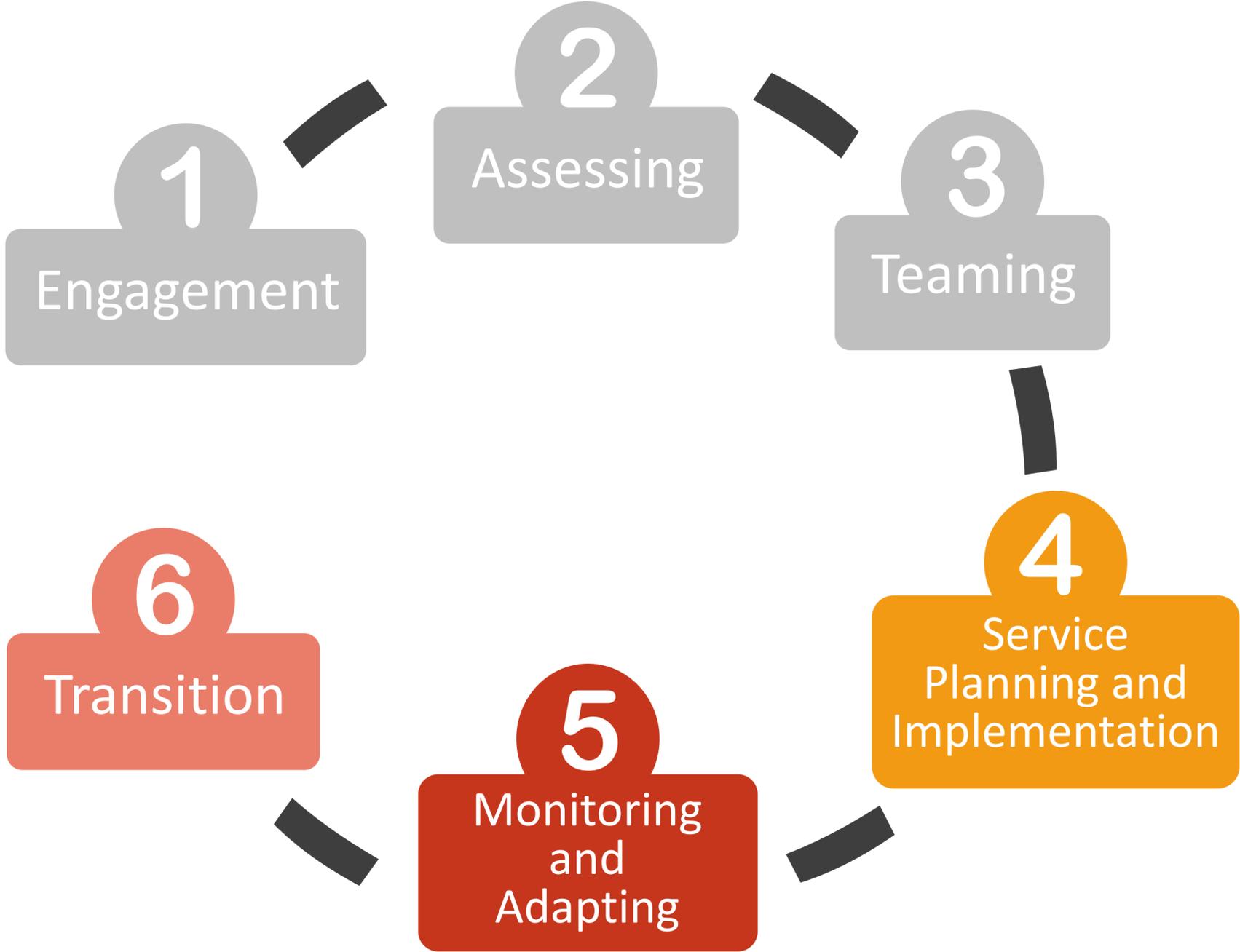
Monitoring and Adapting

Transition

# Phases and Activities of WISE



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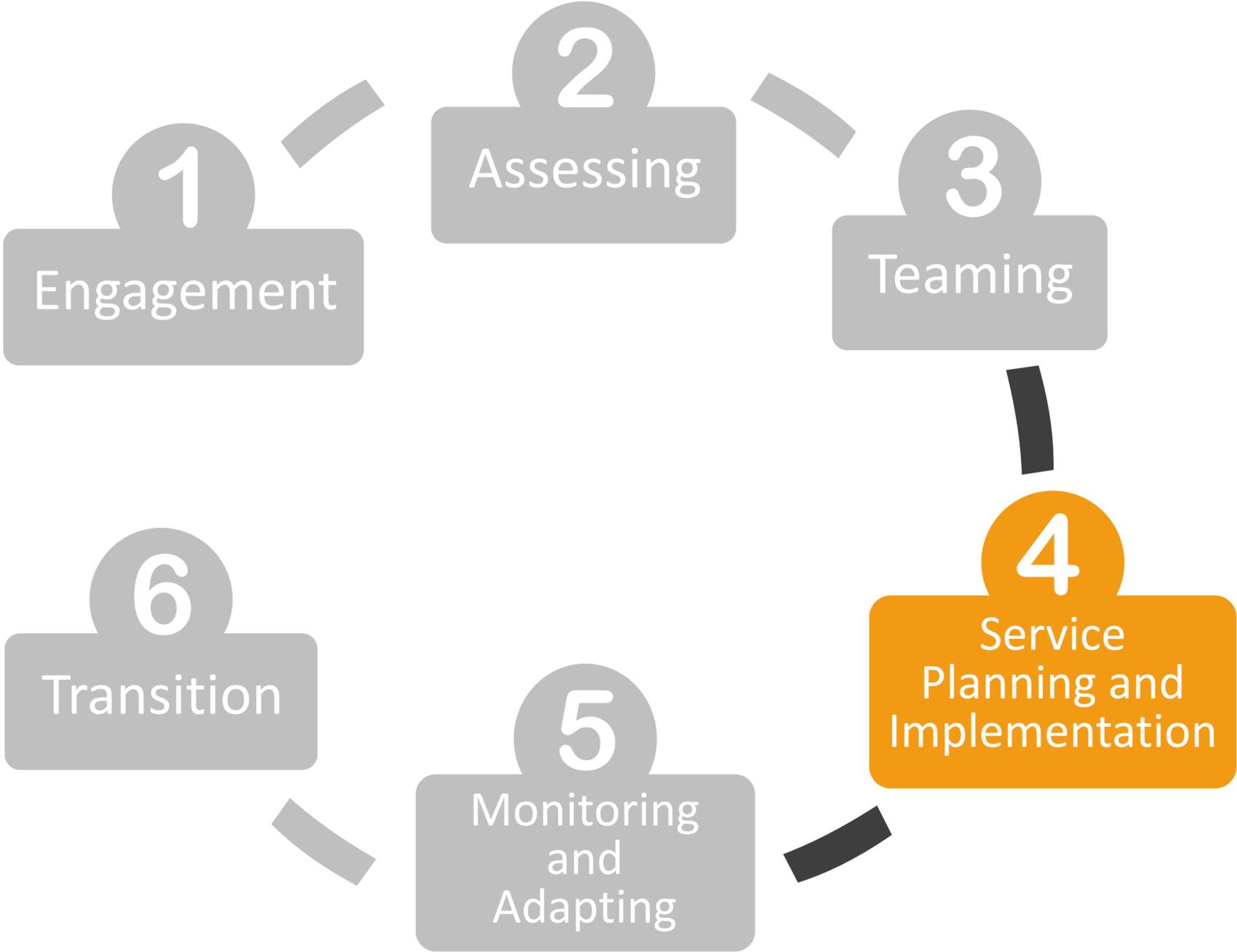
# WISE Practitioners



**A term used to describe the collection of WISE-certified staff roles, required for each team. These roles include:**

- 1** Care Coordinator
- 2** Family Partner and/or Youth Partner
- 3** Mental Health Clinician

# Phases and Activities of WISE

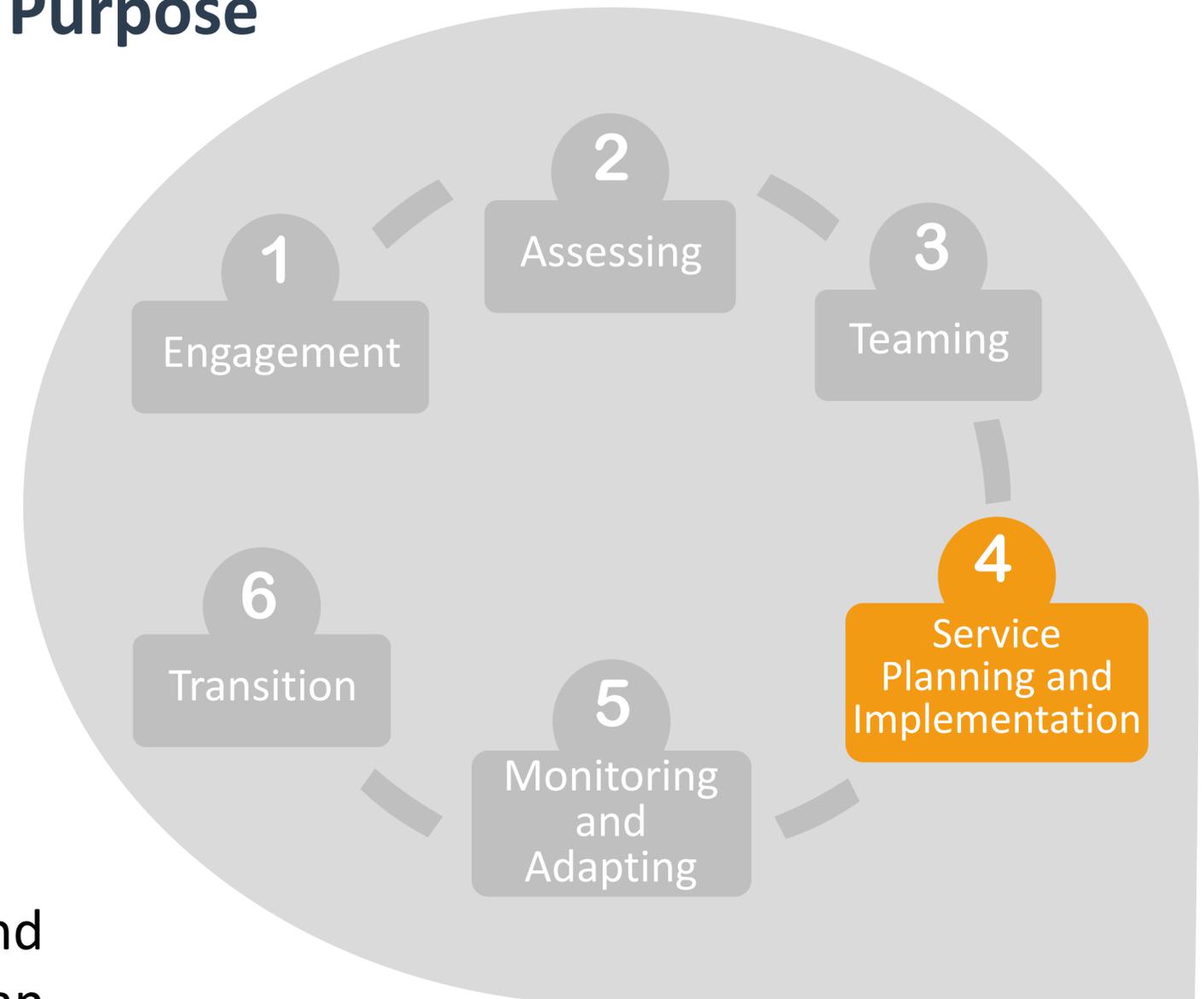


# 4. Service Planning and Implementation



## Goals & Purpose

- 1 Create an initial cross system care plan.
- 2 Establish ground rules to guide team meetings.
- 3 Base care planning on CANS.
- 4 Establish a Team Mission.
- 5 Build a set of prioritized needs.
- 6 Identify team tasks and roles.
- 7 Identify potential problems and crises and create crisis prevention and response plan.

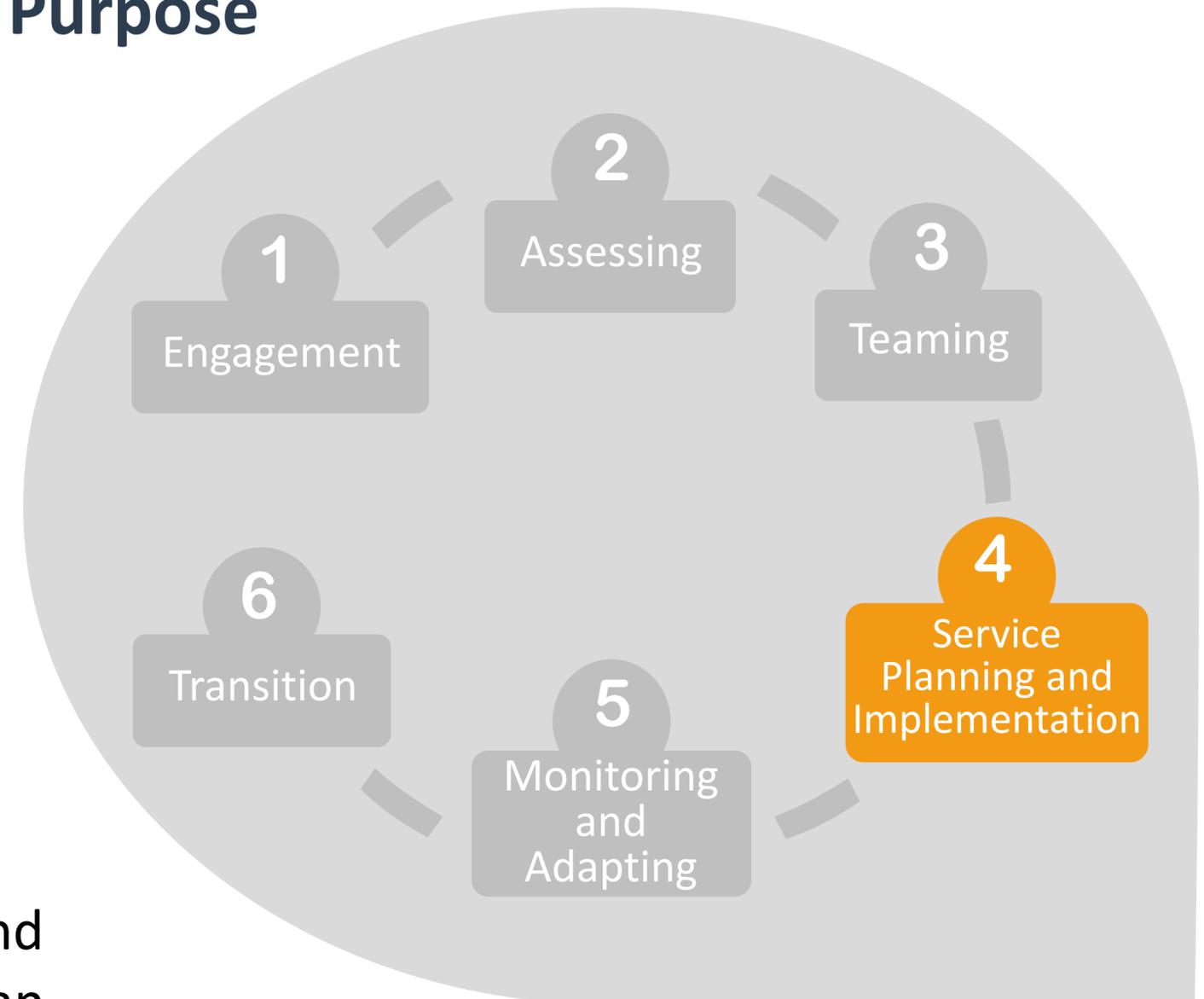


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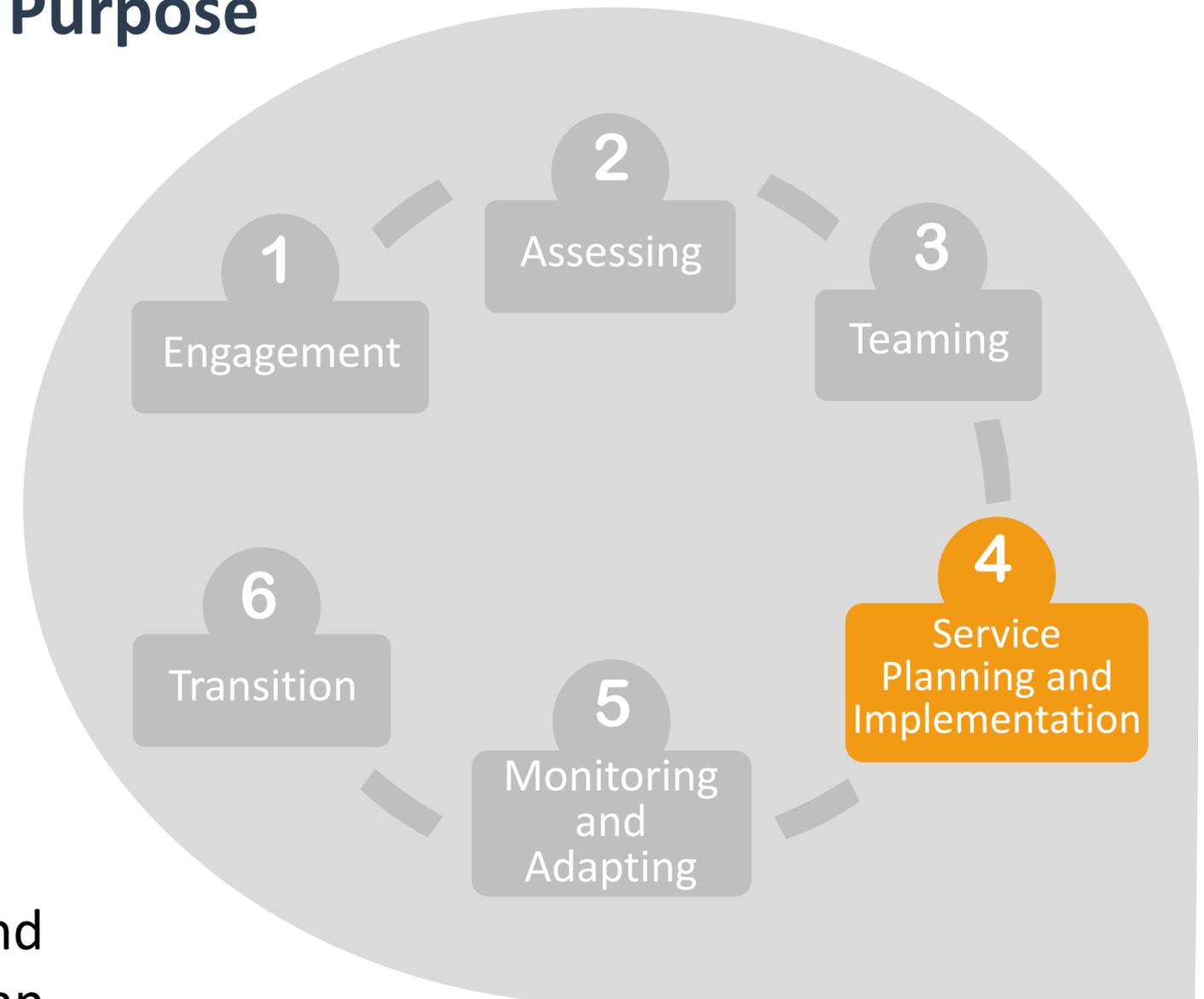


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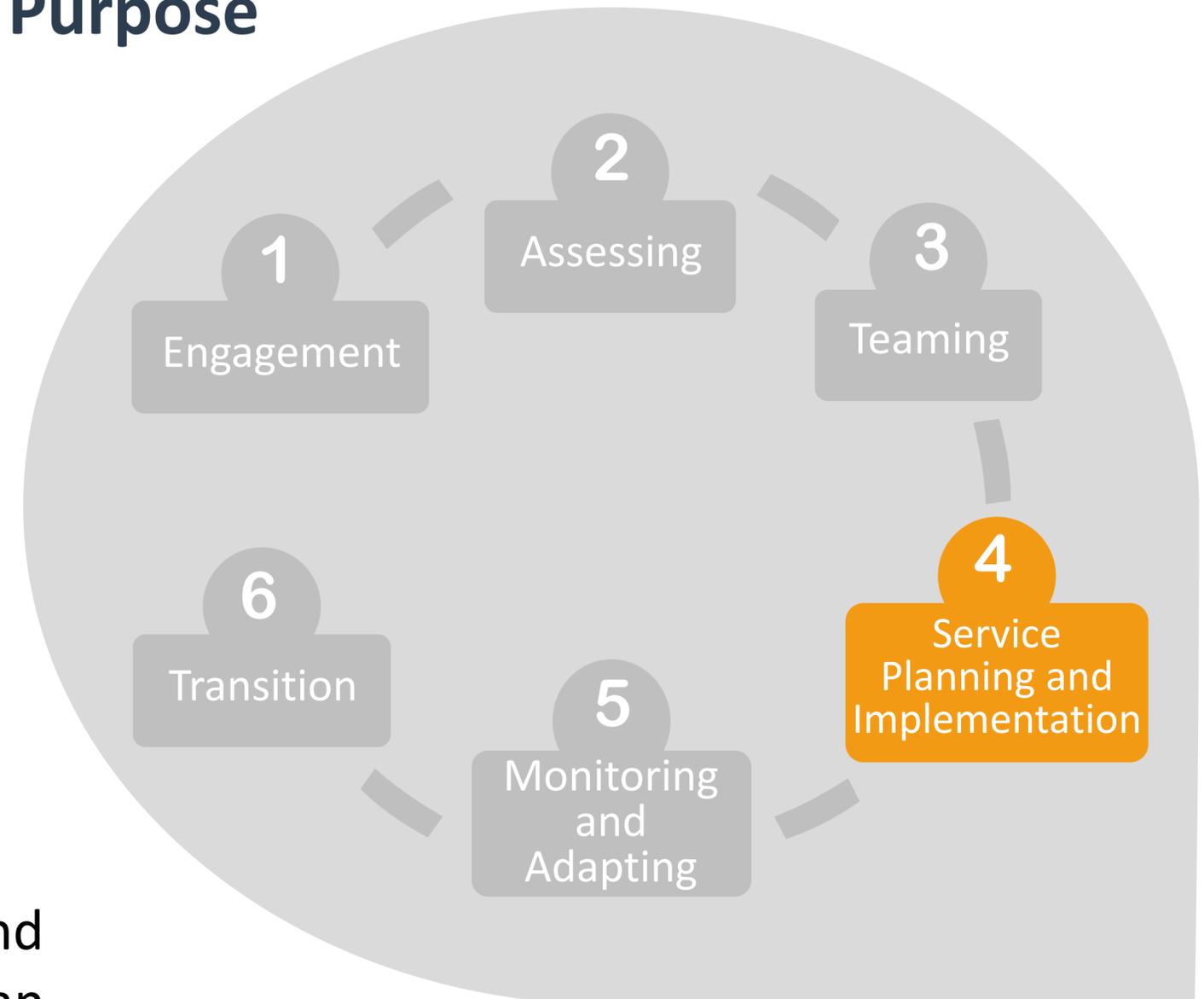


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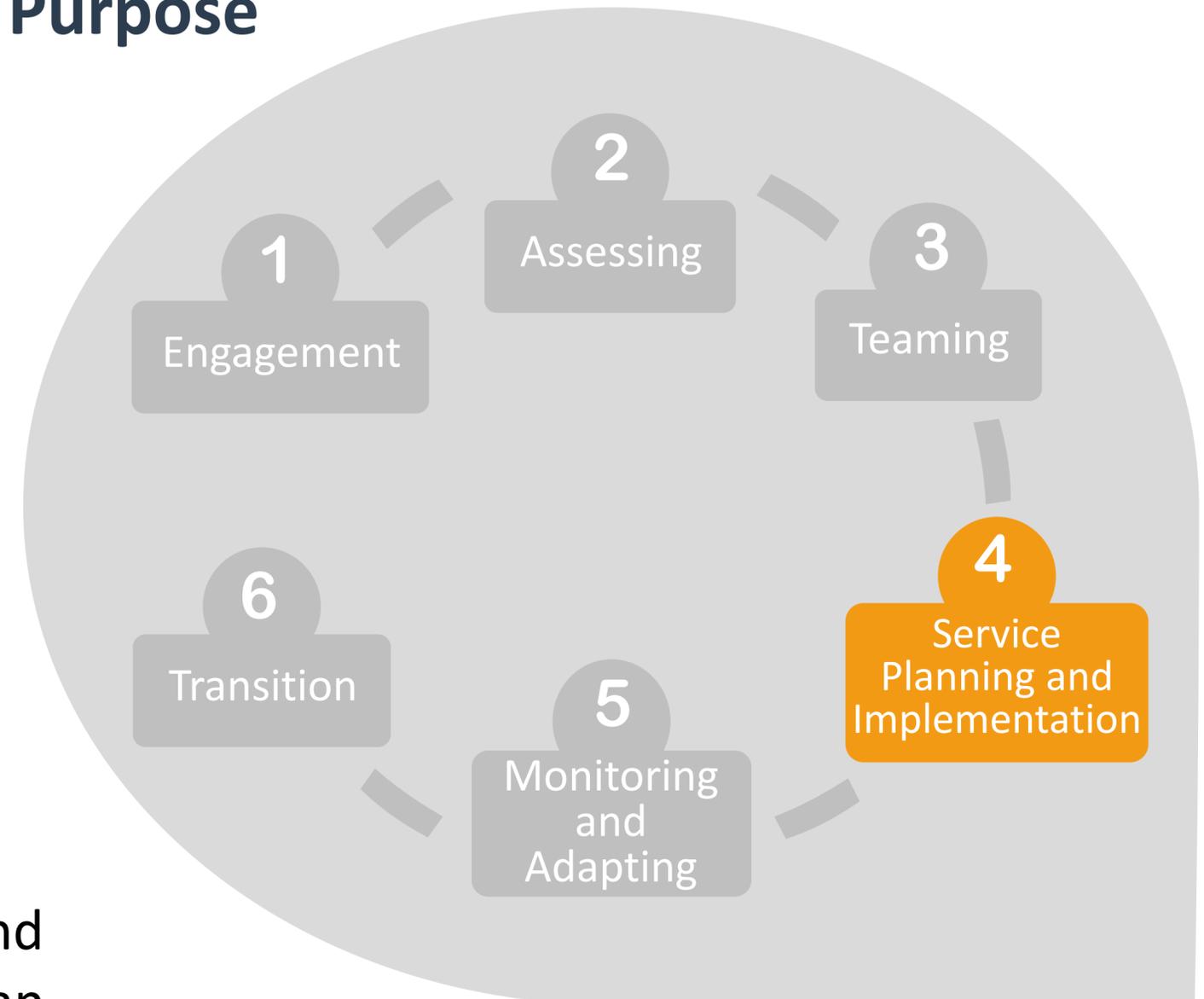


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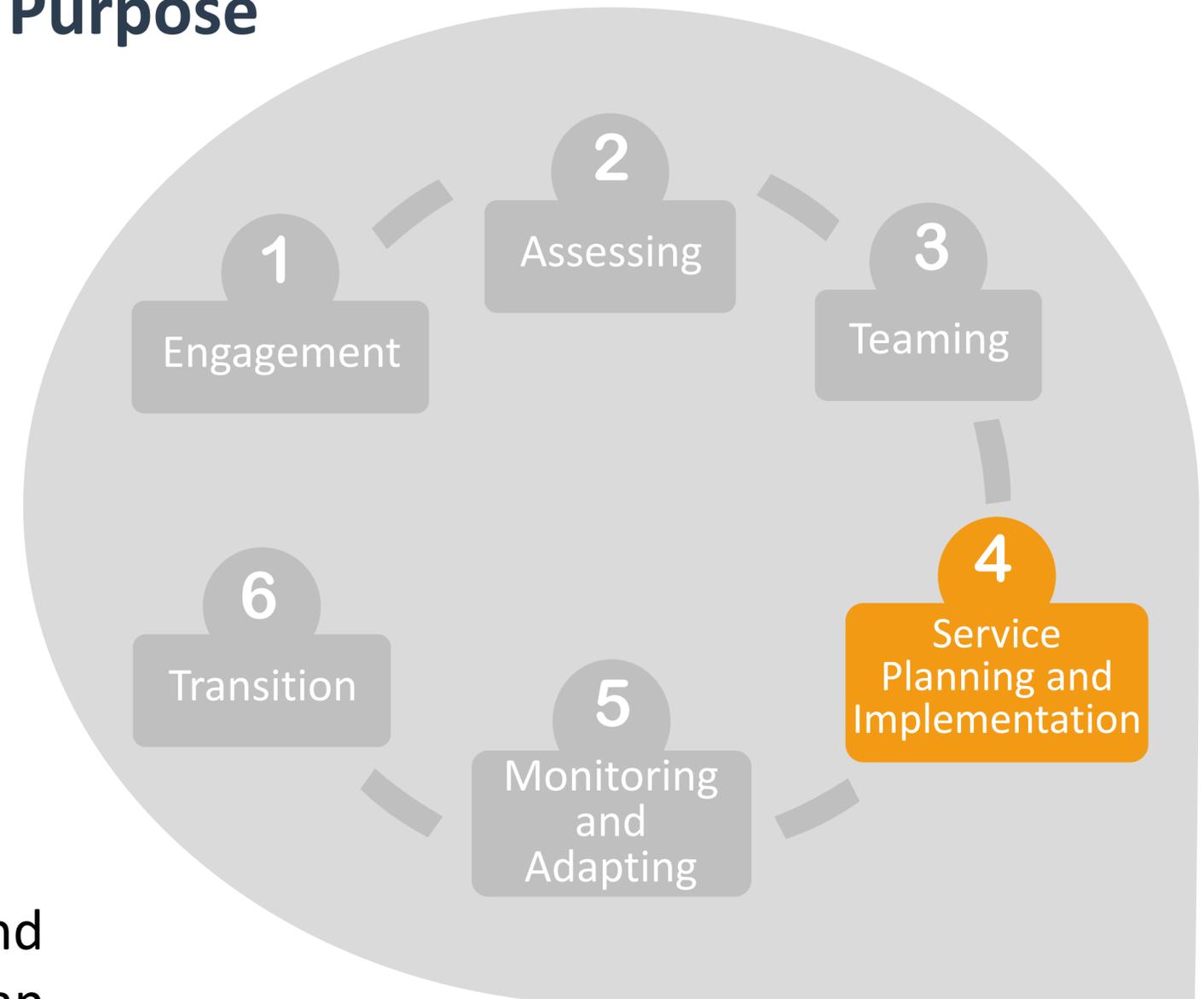


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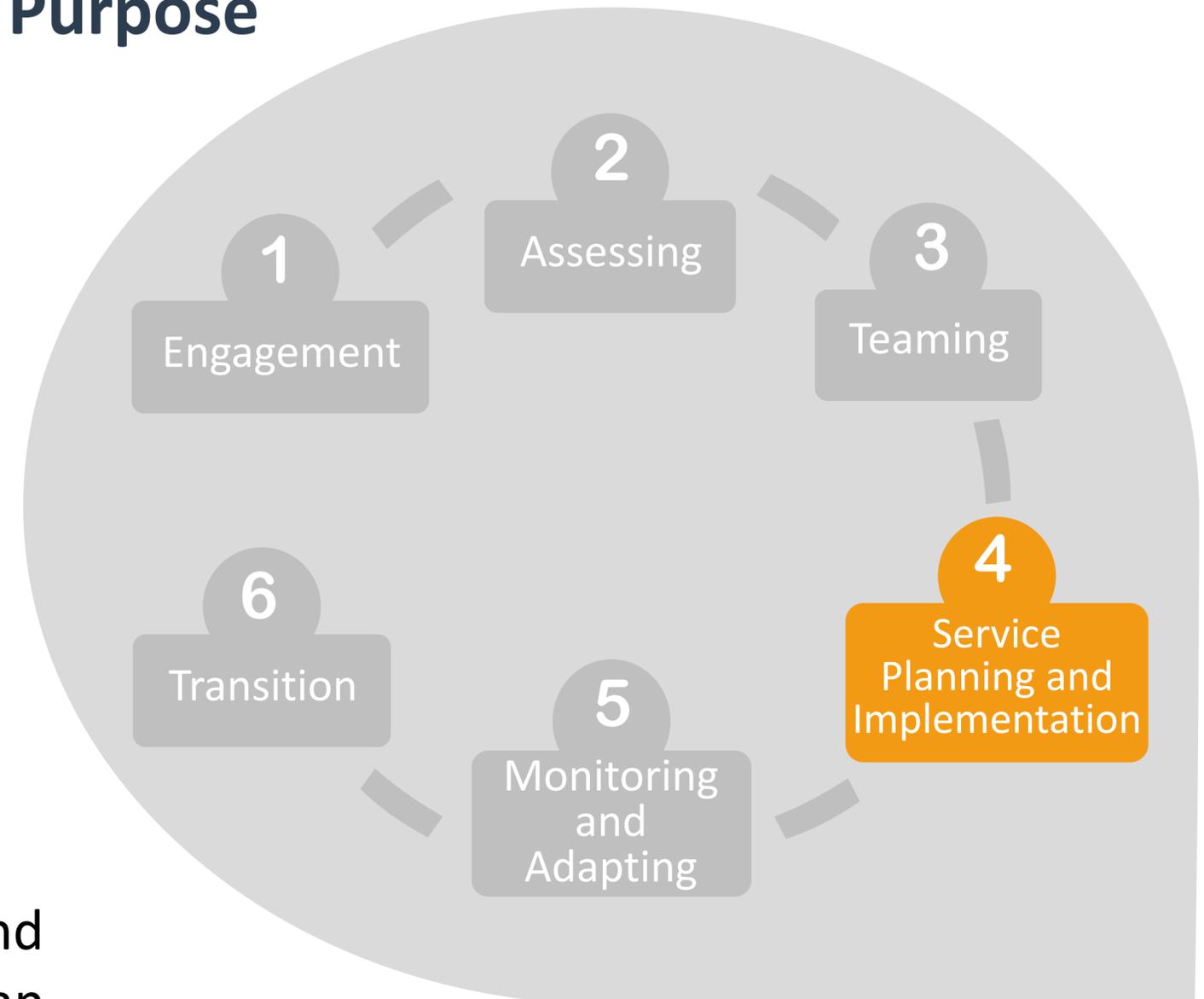


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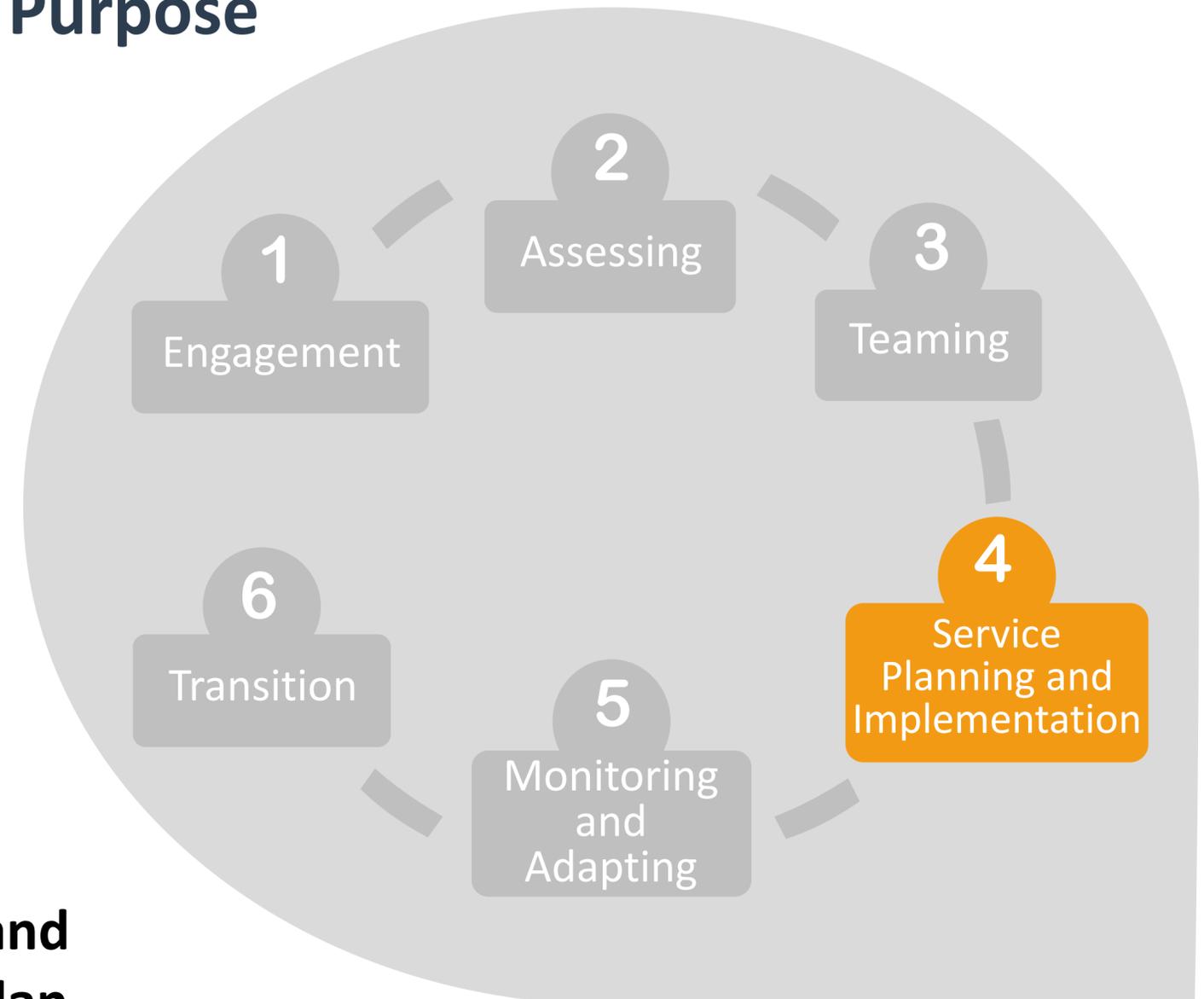


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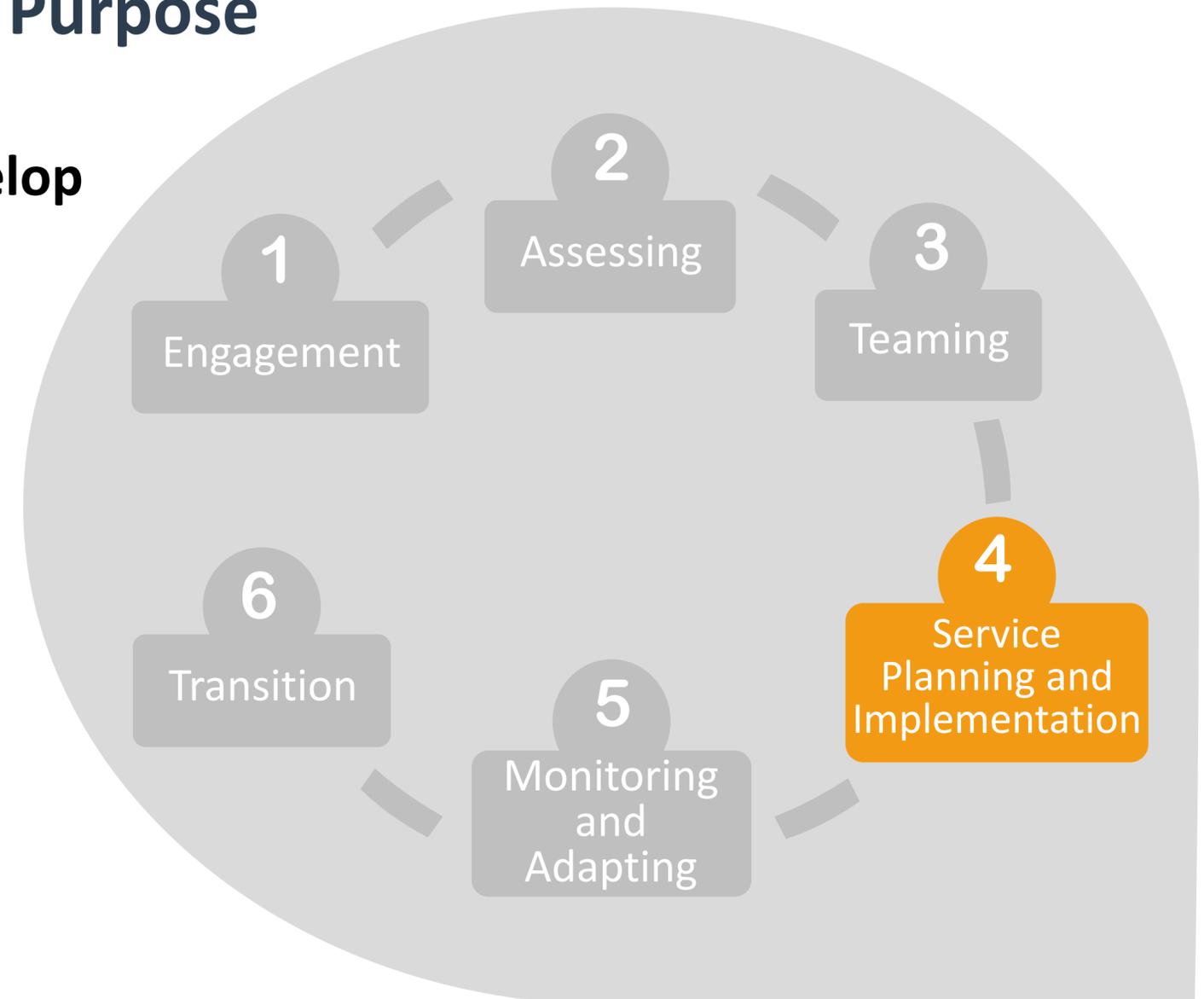
# Essential Steps of Service Planning and Implementation



## Goals & Purpose

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Meet with the youth and family to develop a list of possible needs based on the CANS assessment results.



# Essential Steps of Service Planning and Implementation



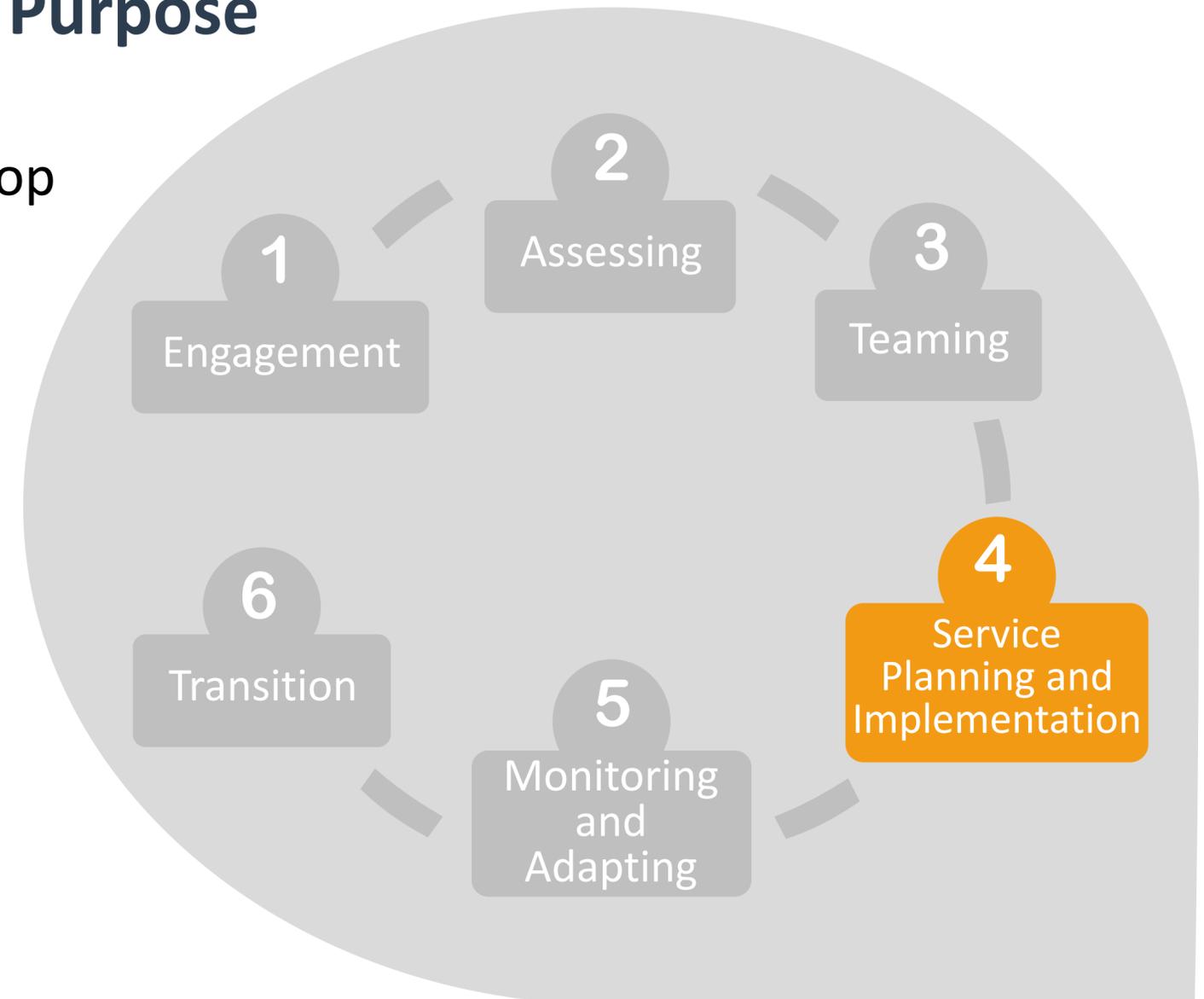
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Meet with the youth and family to develop  
A list of possible needs based on the  
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**Facilitate team meetings to discuss and  
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# Core Elements of the CSCCP



- 1 Youth and family share their vision statement**
- 2 Team sets ground rules to guide team meetings
- 3 Team reviews and expands list of youth and family strengths
- 4 Team creates a mission statement
- 5 Team reviews and prioritizes the list of youth and family needs
- 6 Team determines the outcomes statements that identify when needs are met
- 7 Team brainstorms and prioritizes strategies for each need
- 8 Team creates and agrees upon action steps
- 9 Team evaluates and adapts the crisis plan as necessary

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# Essential Steps of Service Planning and Implementation



## Goals & Purpose

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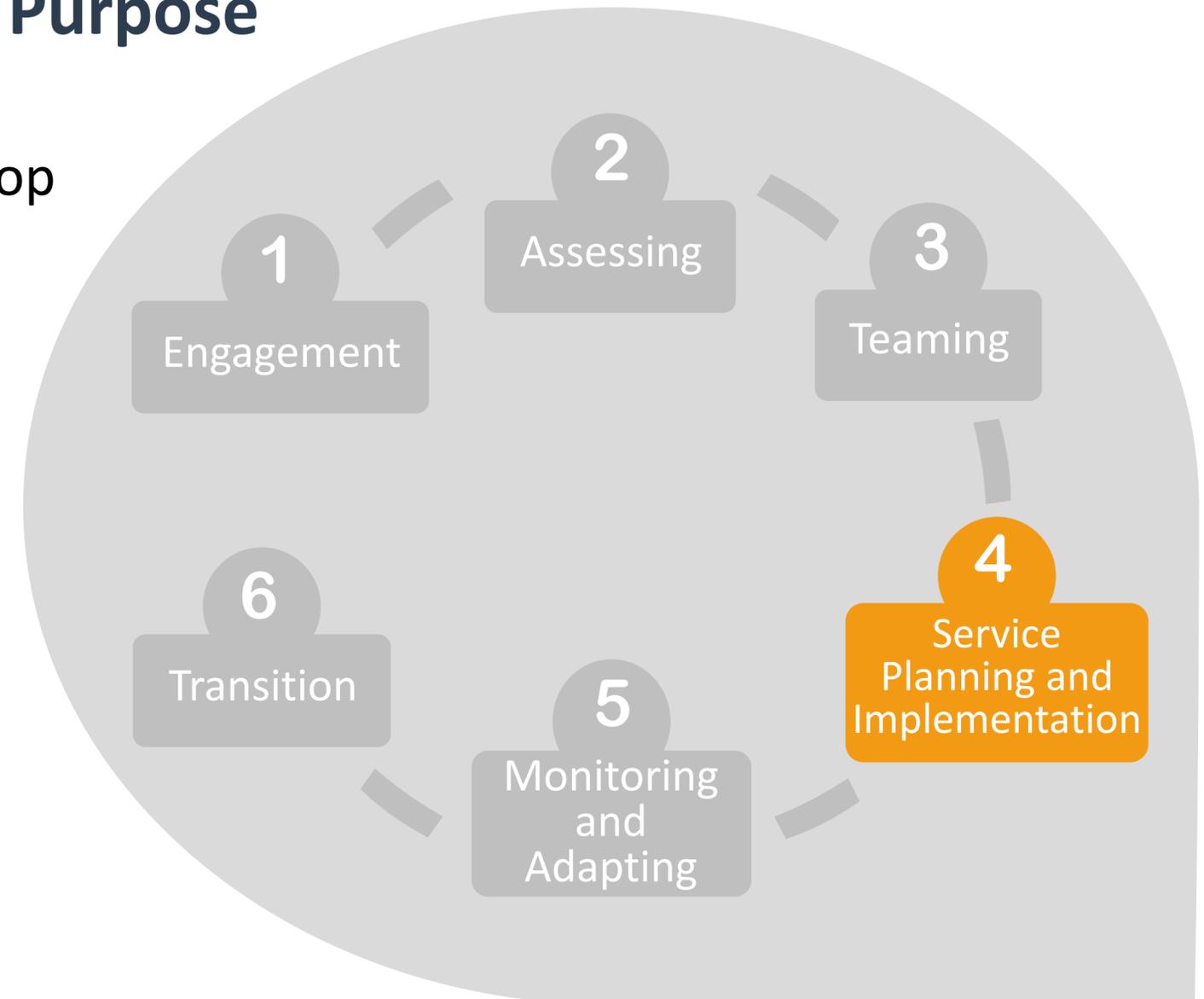
Meet with the youth and family to develop  
A list of possible needs based on the  
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2

Facilitate team meetings to discuss and  
obtain agreement on the CSCP.

3

**Document and distribute action steps  
among team members.**



# Life Domains

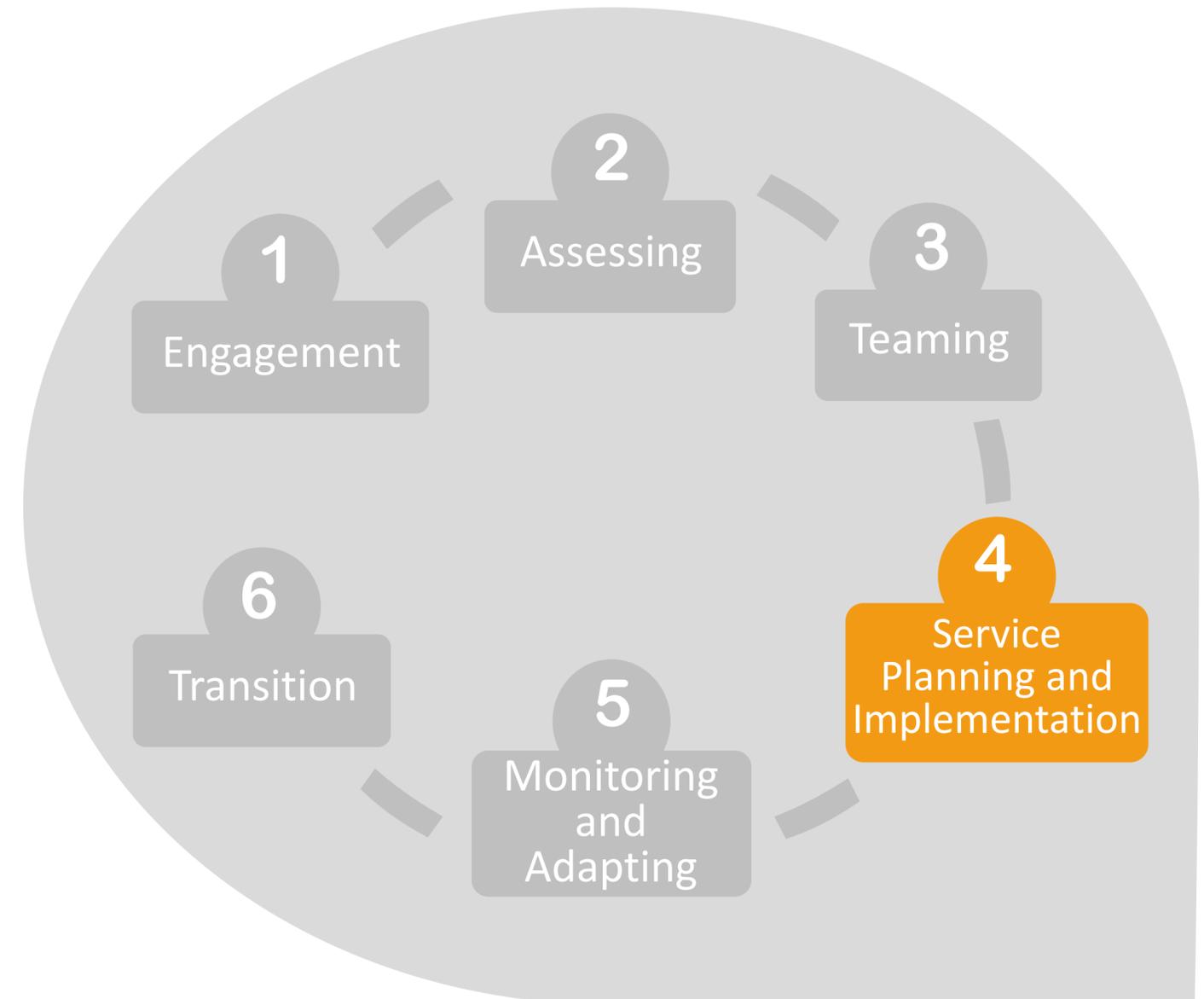


- Family and relationships
- Home or a place to live
- Social and recreational
- Daily living
- Psychological and emotional
- Substance abuse and addictions
- Education and vocational
- Legal
- Health and medical
- Crisis and safety
- Spiritual and cultural
- Financial

# Direct Services Interventions



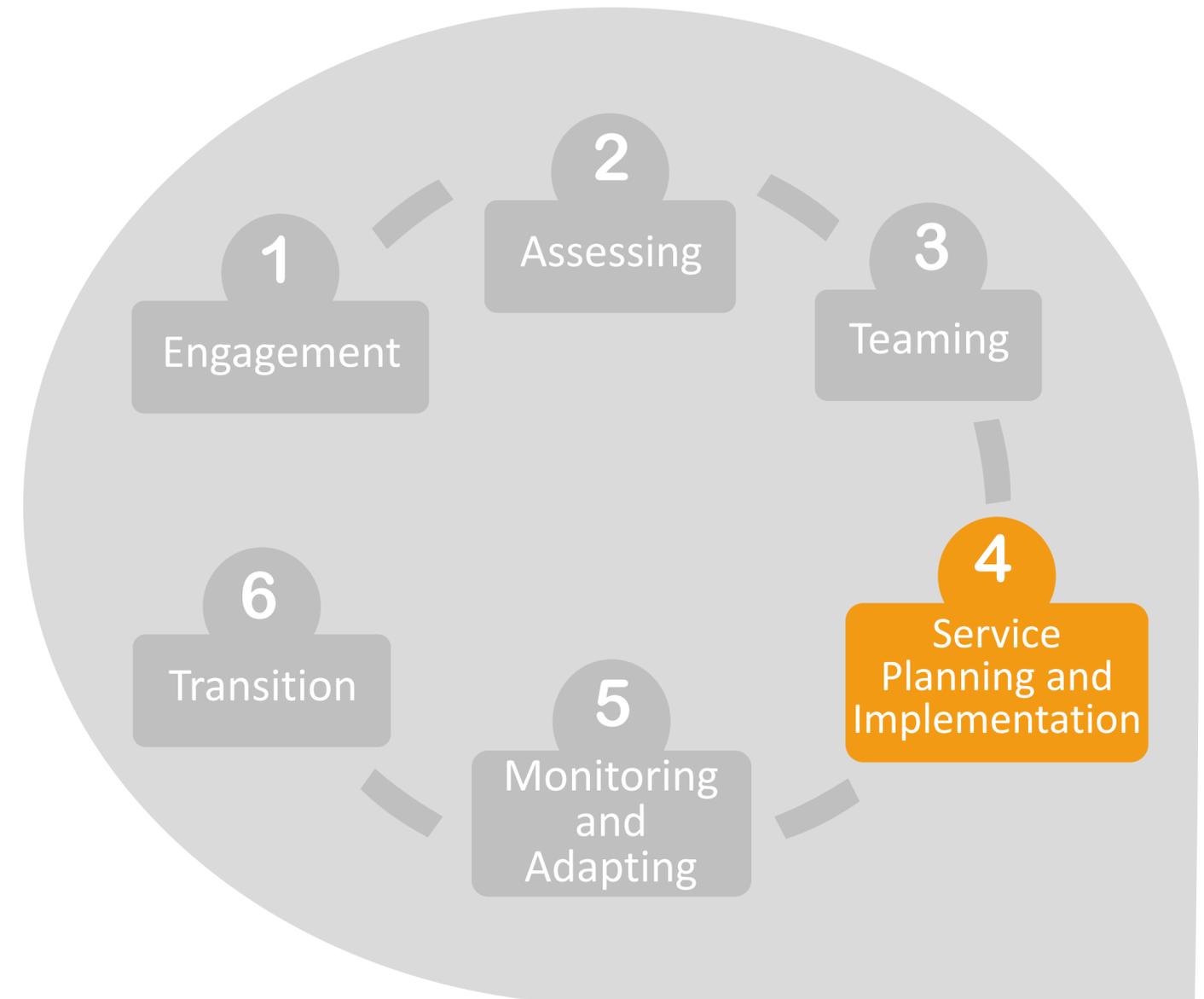
The “direct services” interventions that are agreed to by the CFT, need to be delivered according to an Individualized Service Plan, coordinated with the Cross System Care Plan. The full array of WISe services may be provided, as medically necessary, once WISe is authorized.



# Clinical Service Providers



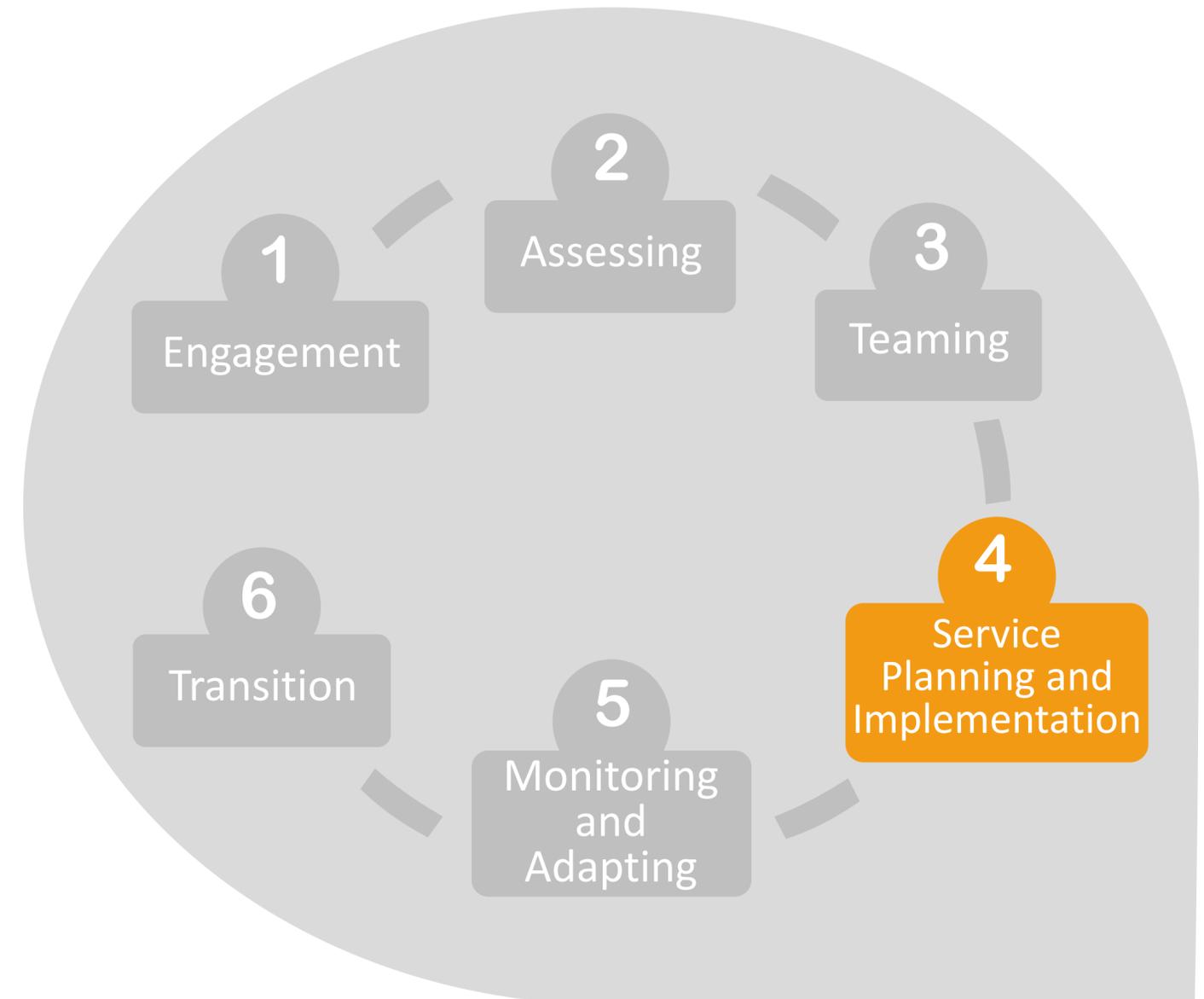
Any clinical treatment services must be provided by a qualified clinician, rather than a paraprofessional. Paraprofessionals and Family Partners and/or Youth Partners may provide a follow-up on “care extension” role for clinical services. For example, they may provide support to caregivers’ efforts to manage behavior, support to youth’s skill-building to develop emotional regulation skills, etc.



# Non-Clinical Service Providers



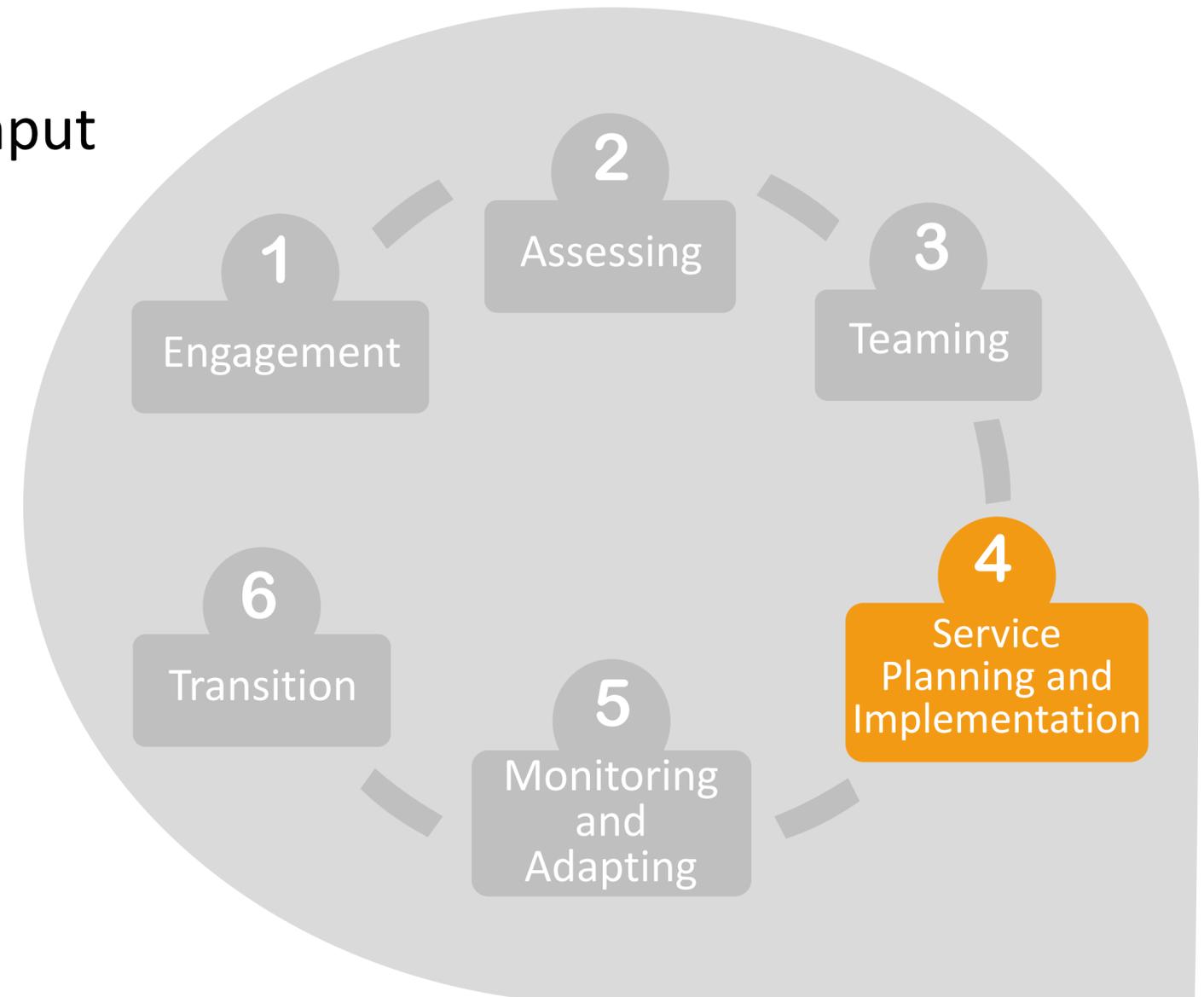
Non-clinical direct services are typically provided by paraprofessionals under clinical supervision. Peers, including the Family Partner and/or Youth Partners, provide these direct services.



# Family Partners



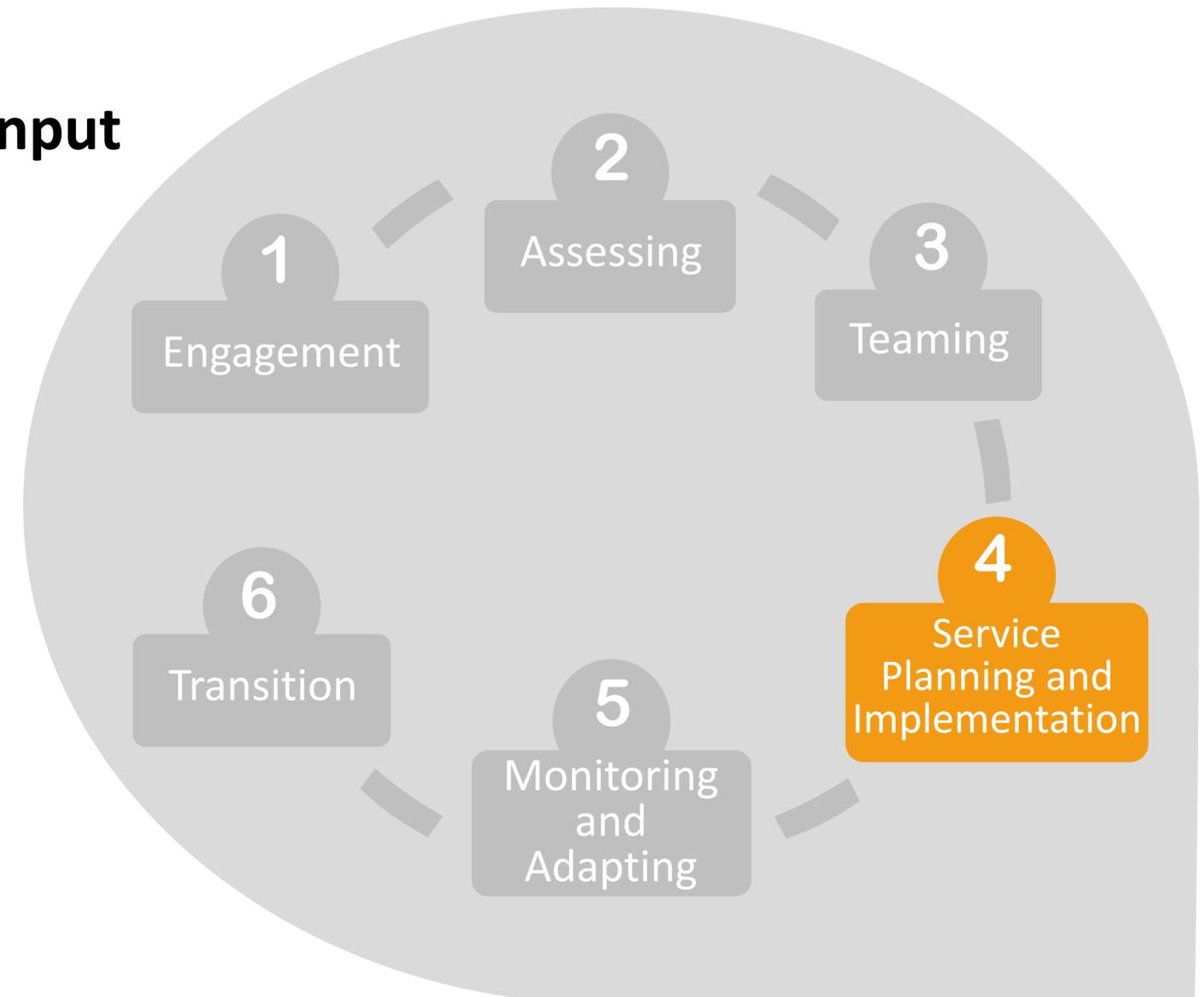
- 1 Build trust and model collaboration**
- Encourage family participation and input
- Assist the family in expressing their strengths, vision, preferences and needs
- Ensure strategies are relevant and appropriate to the family
- Ensure family agrees with the plan
- Help the team understand the family perspective
- Review the plan with the family



# Family Partners



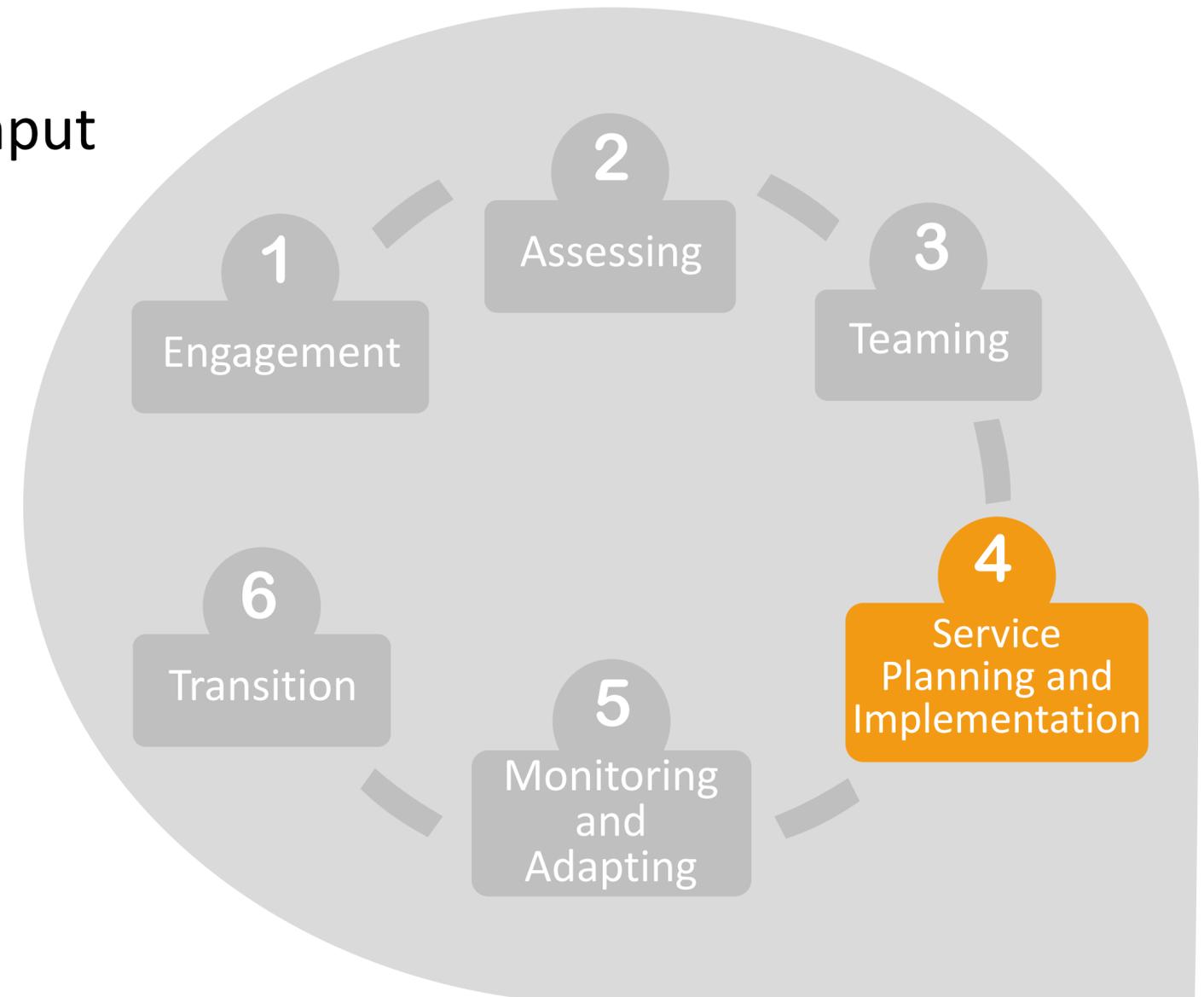
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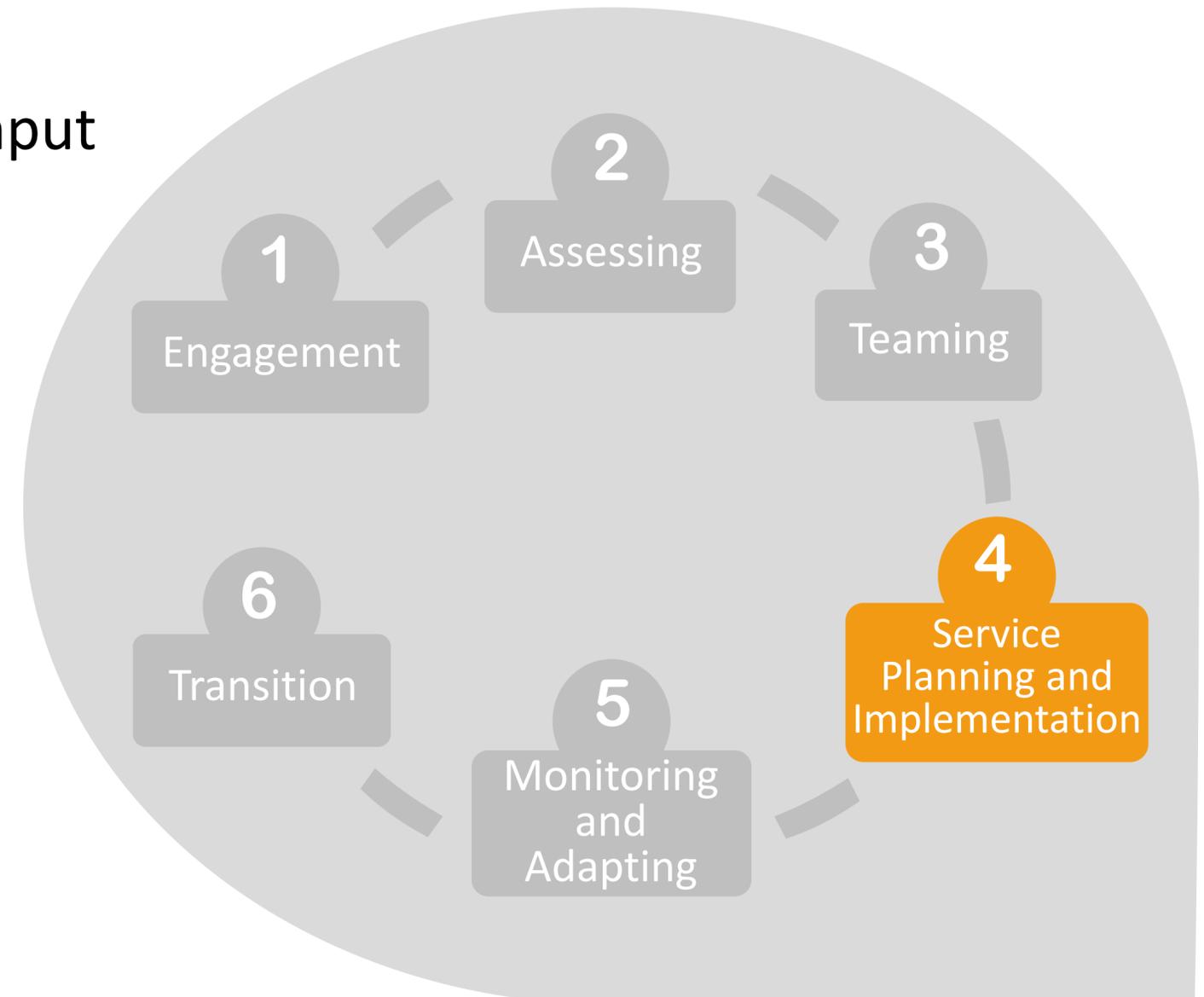
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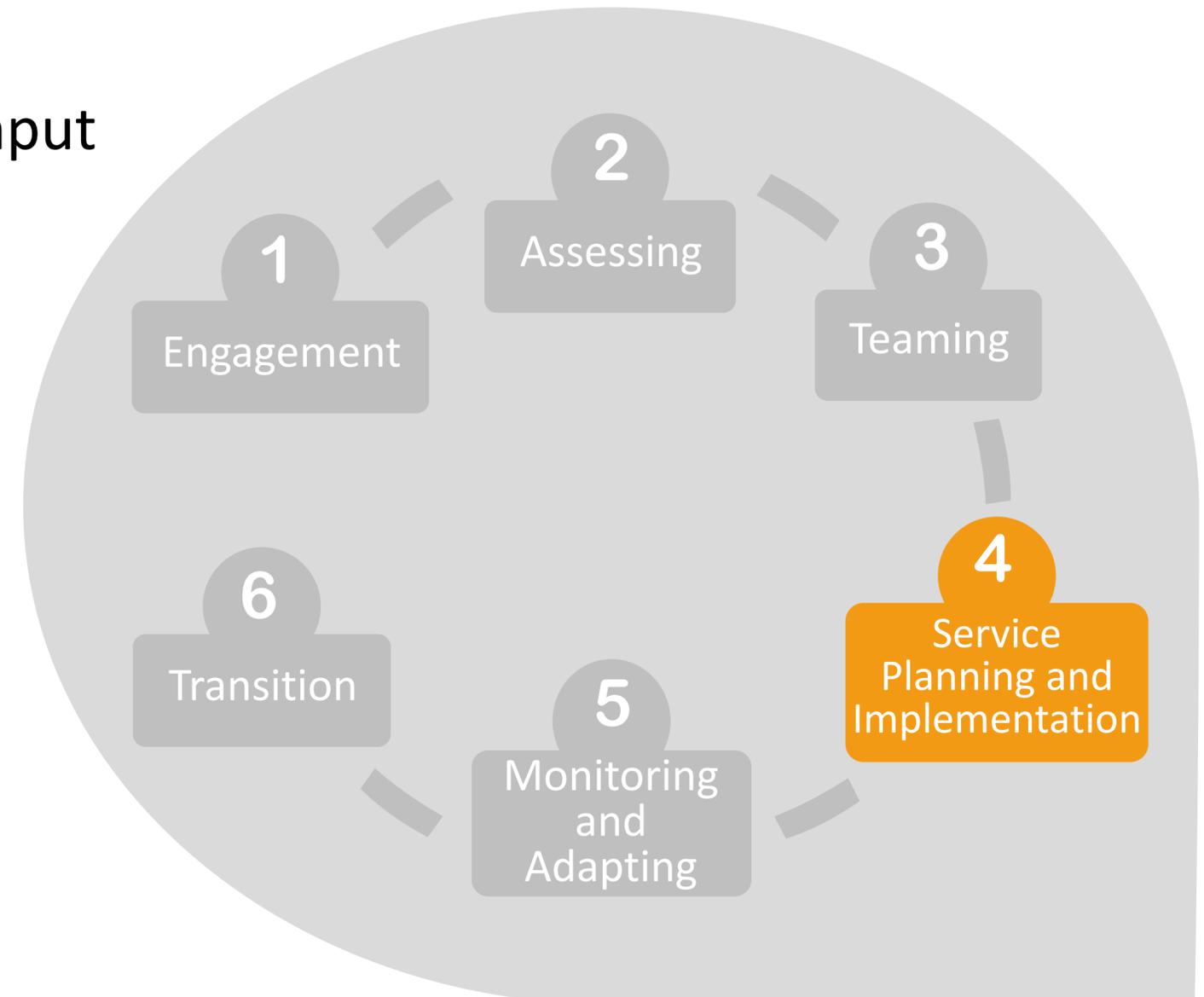
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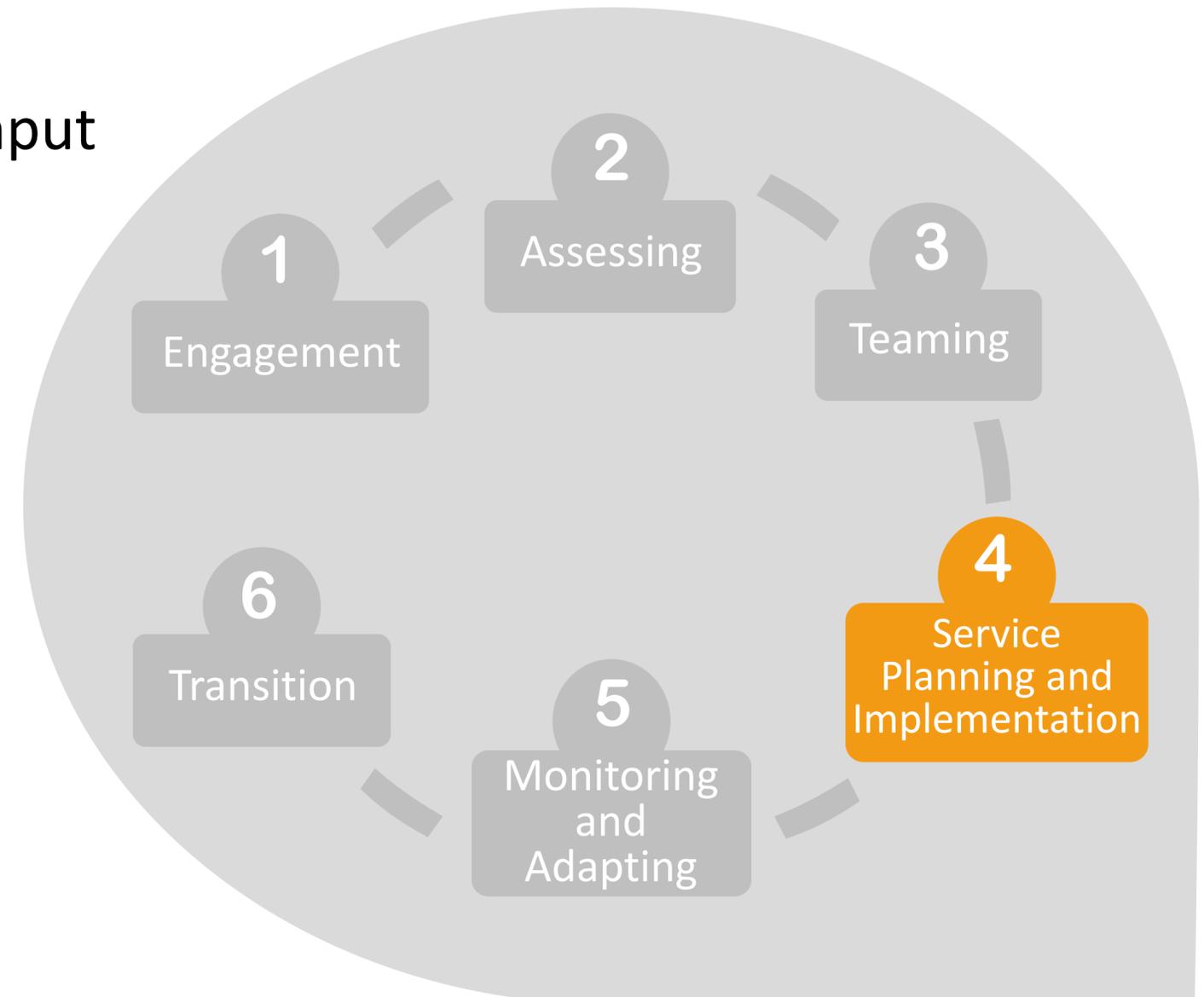
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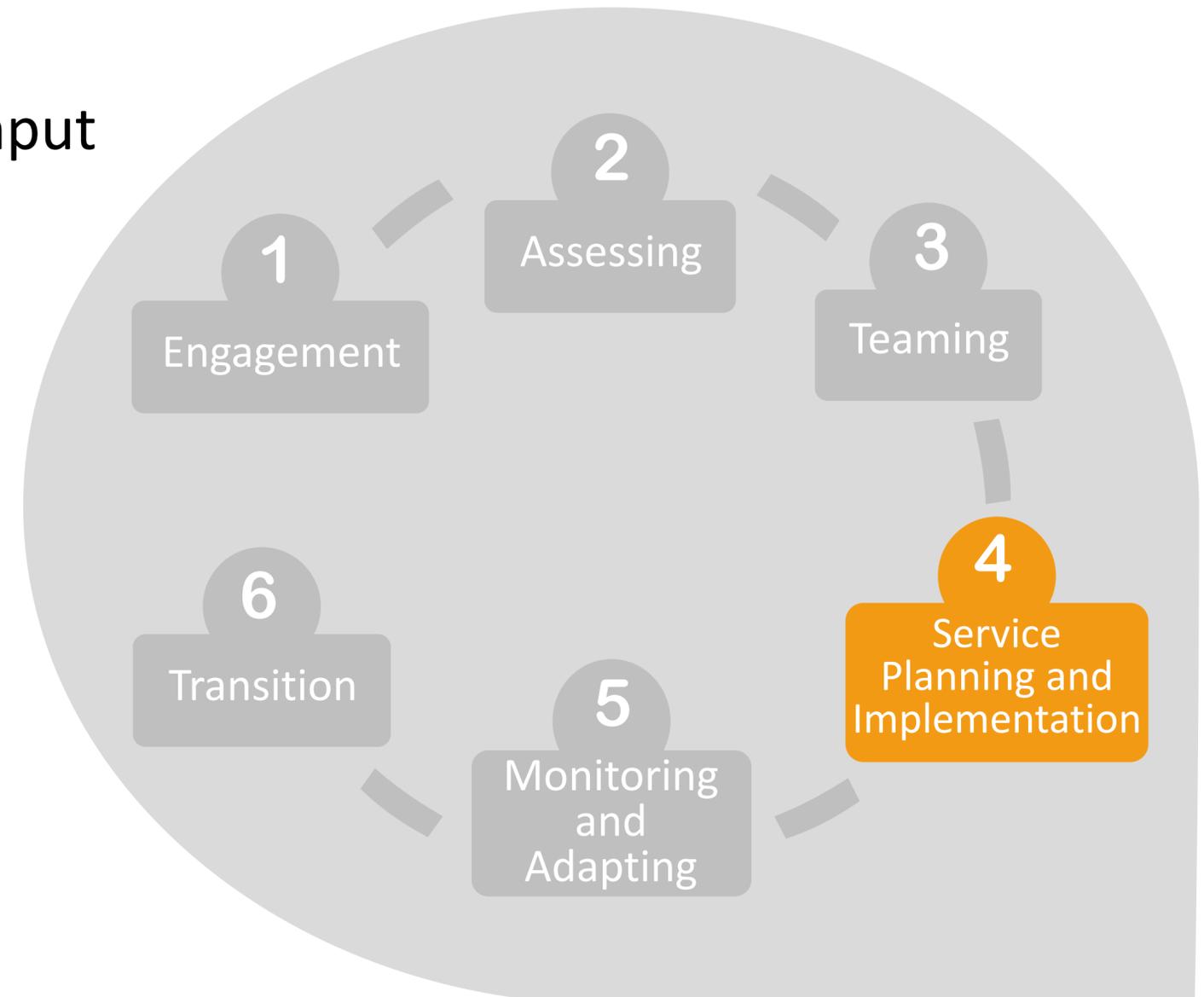
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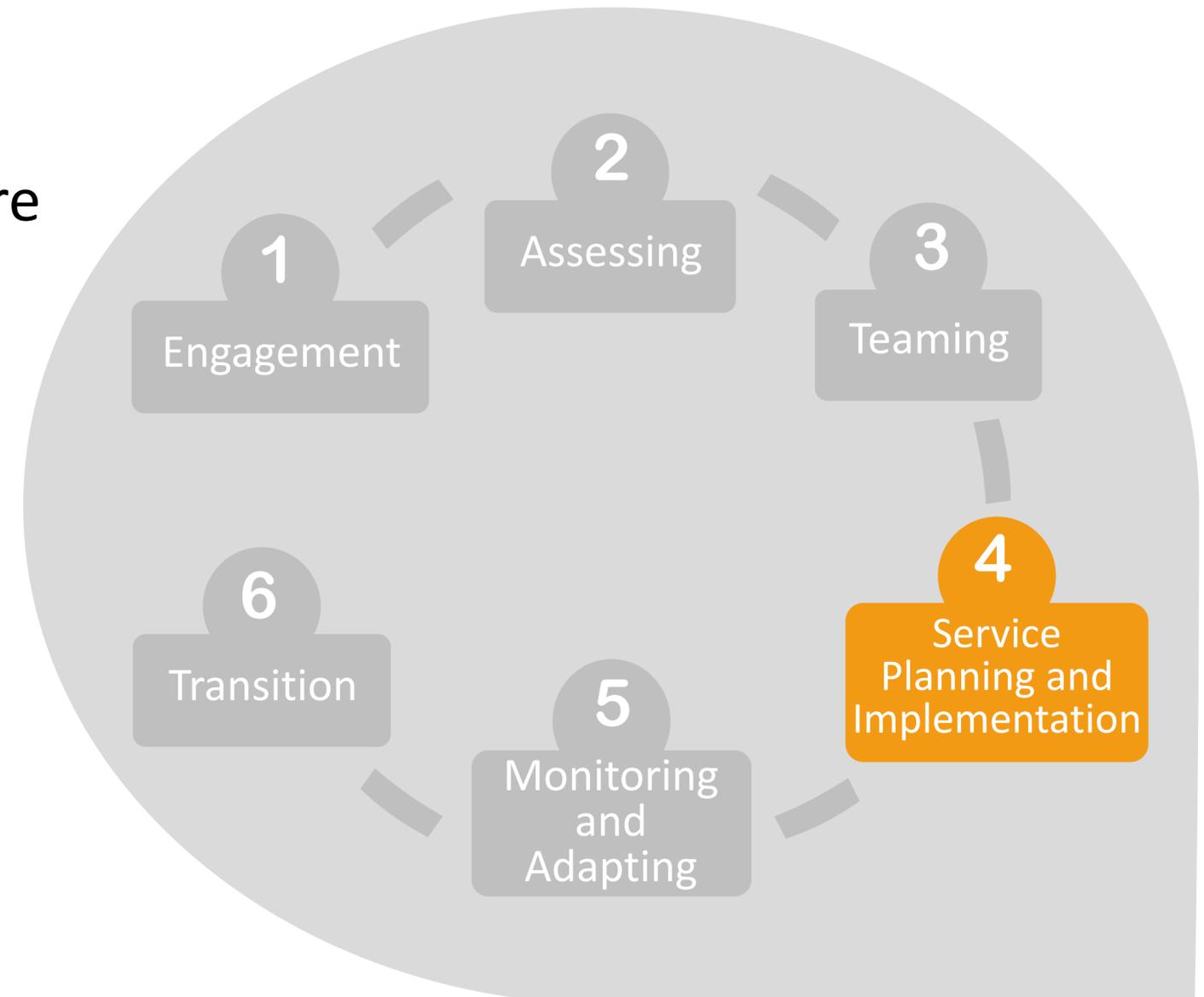
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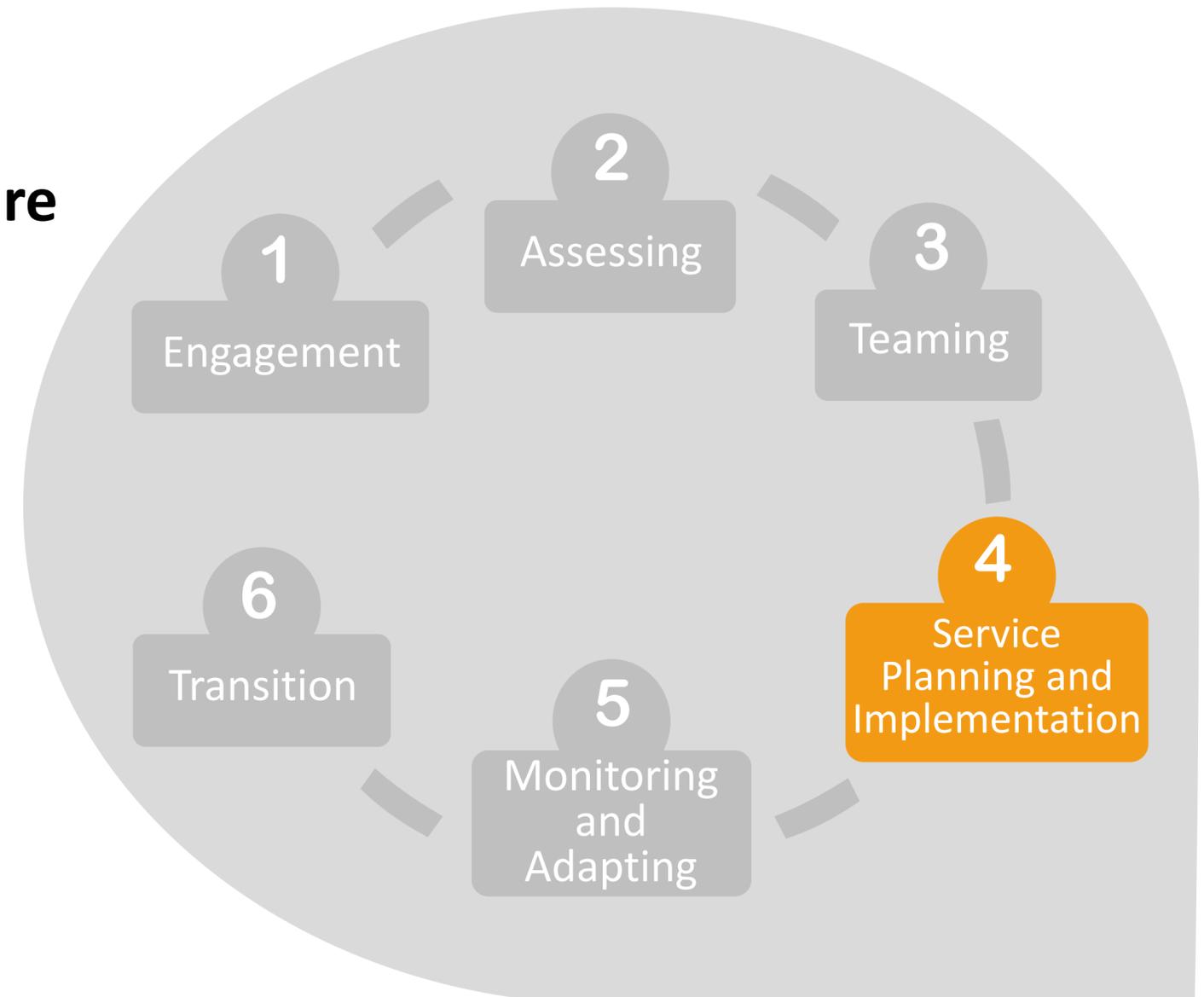
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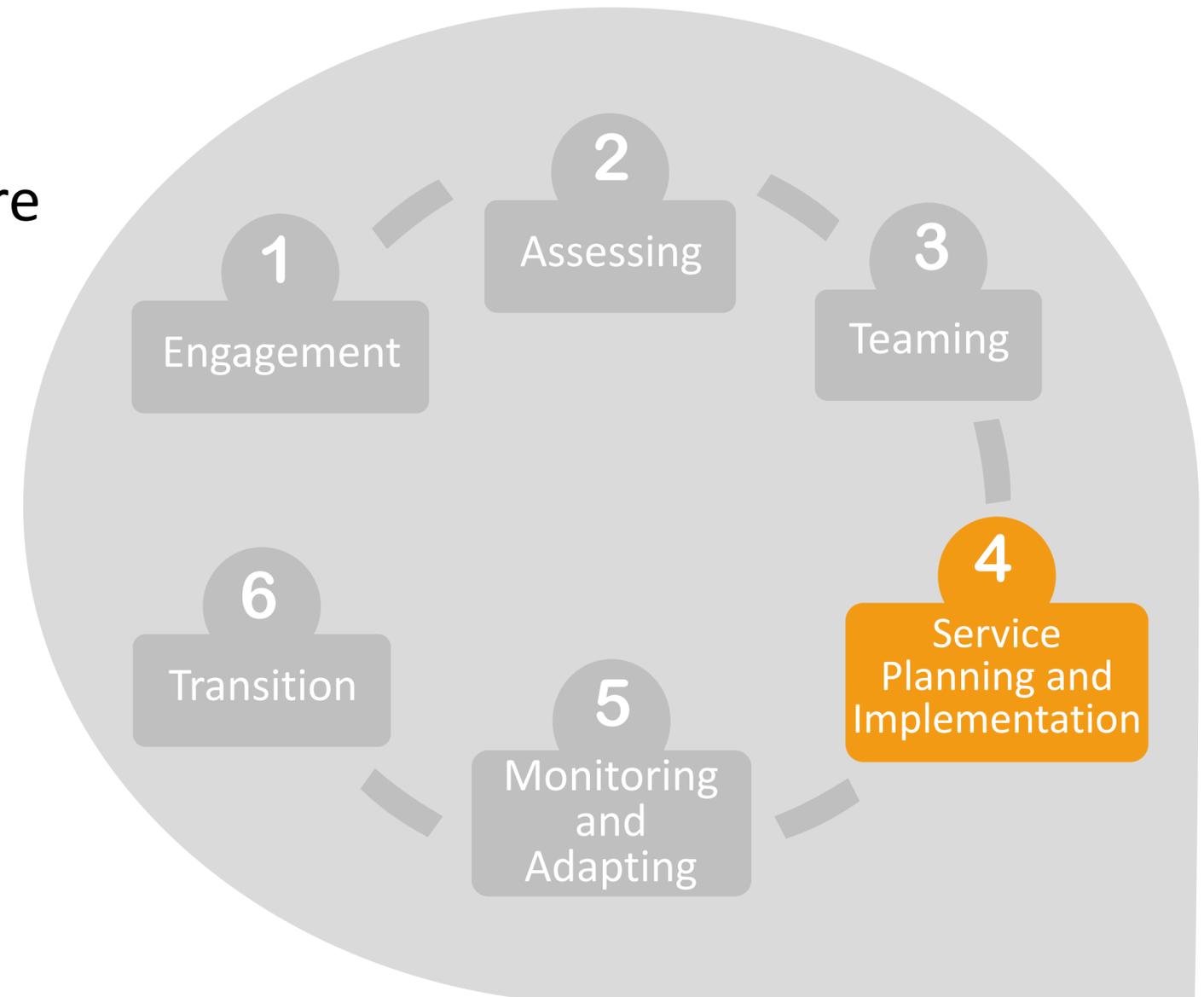
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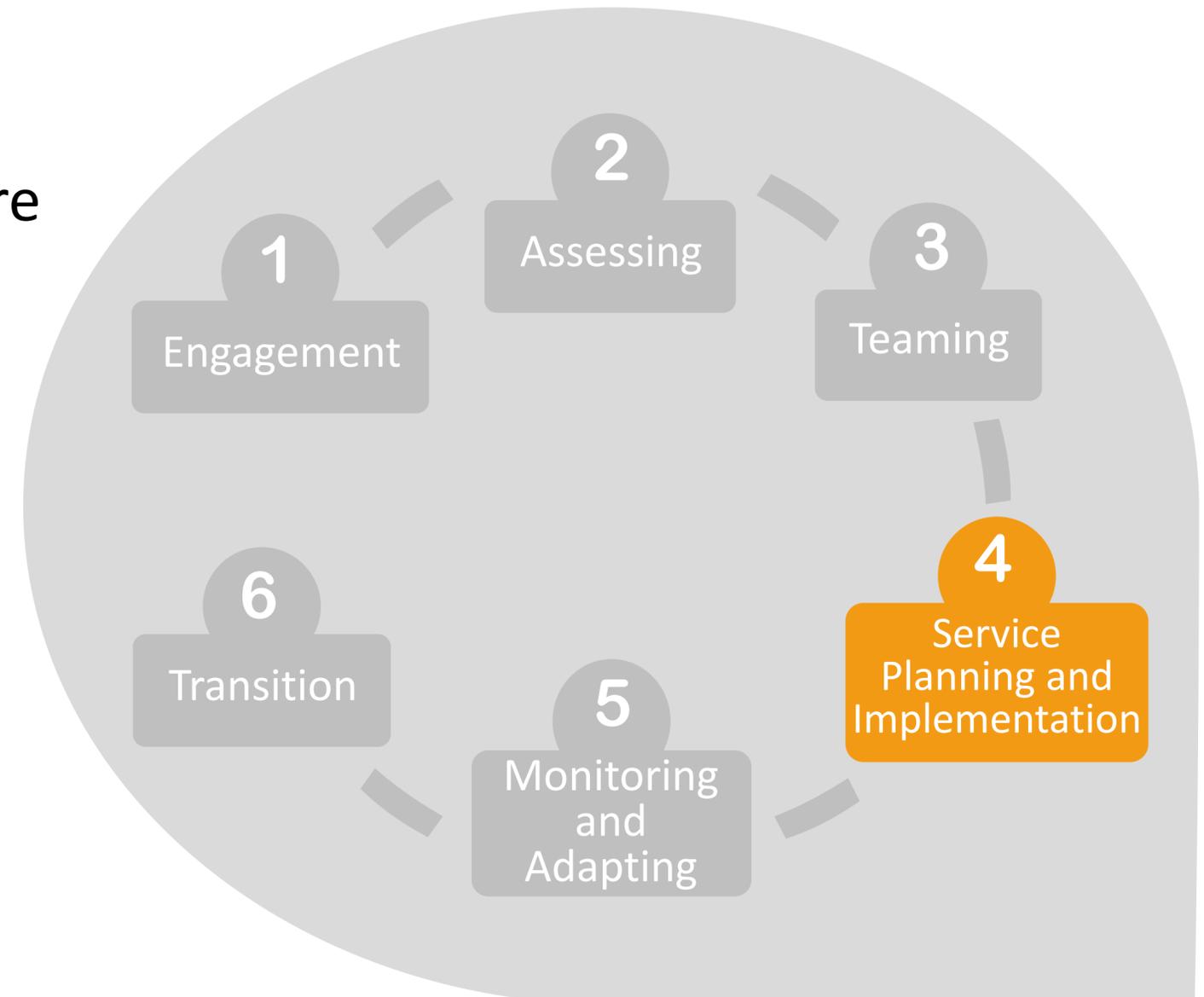
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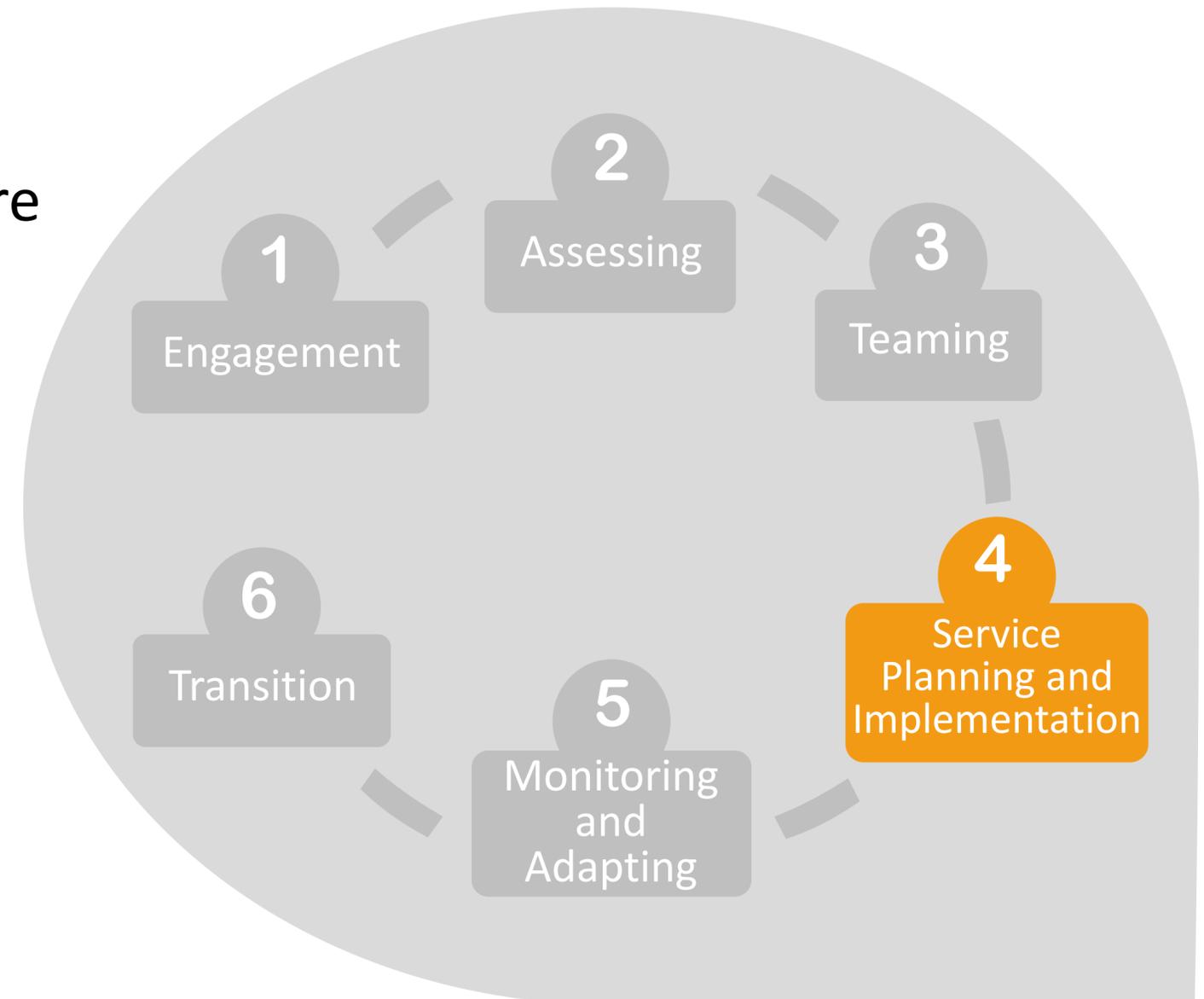
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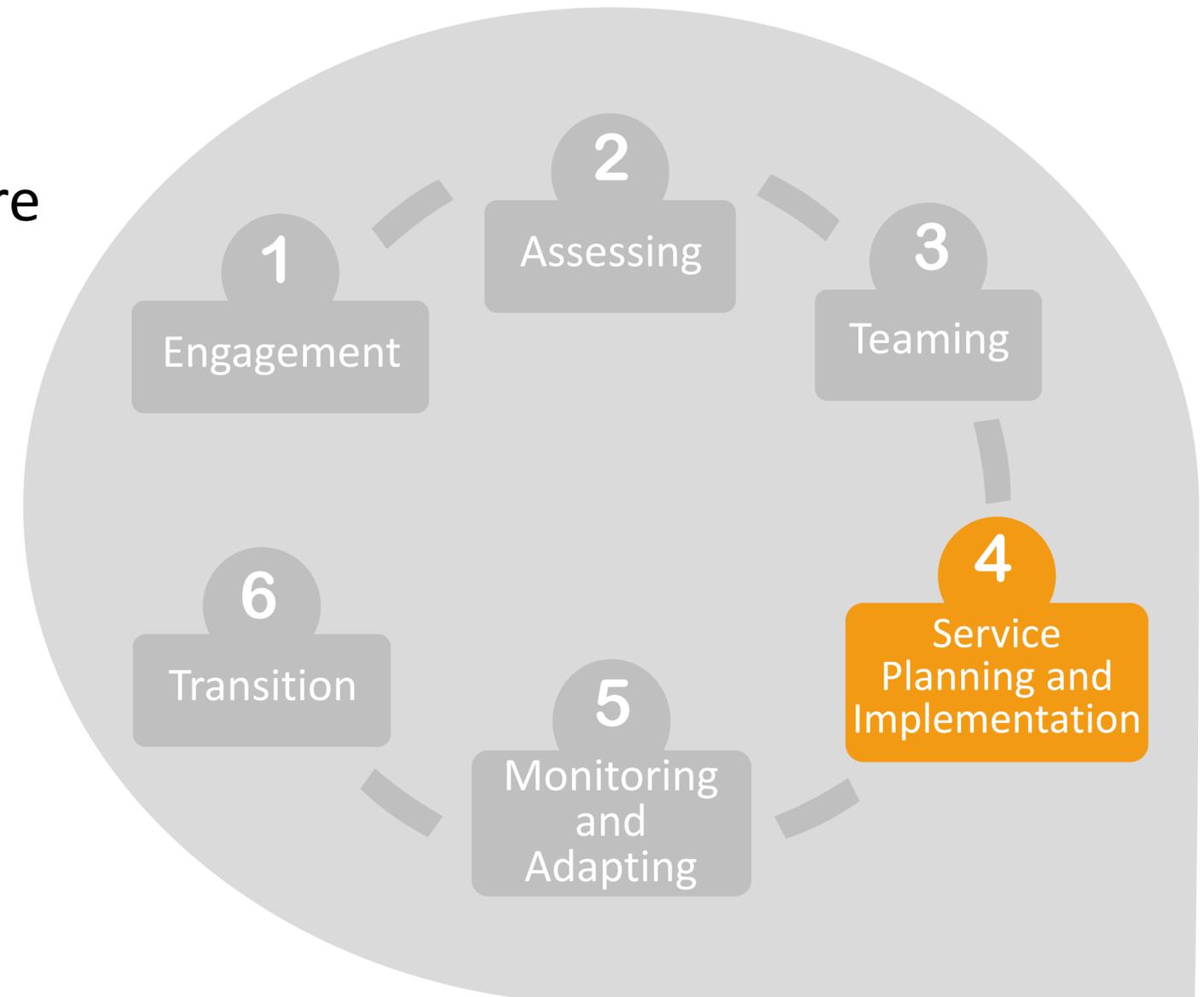
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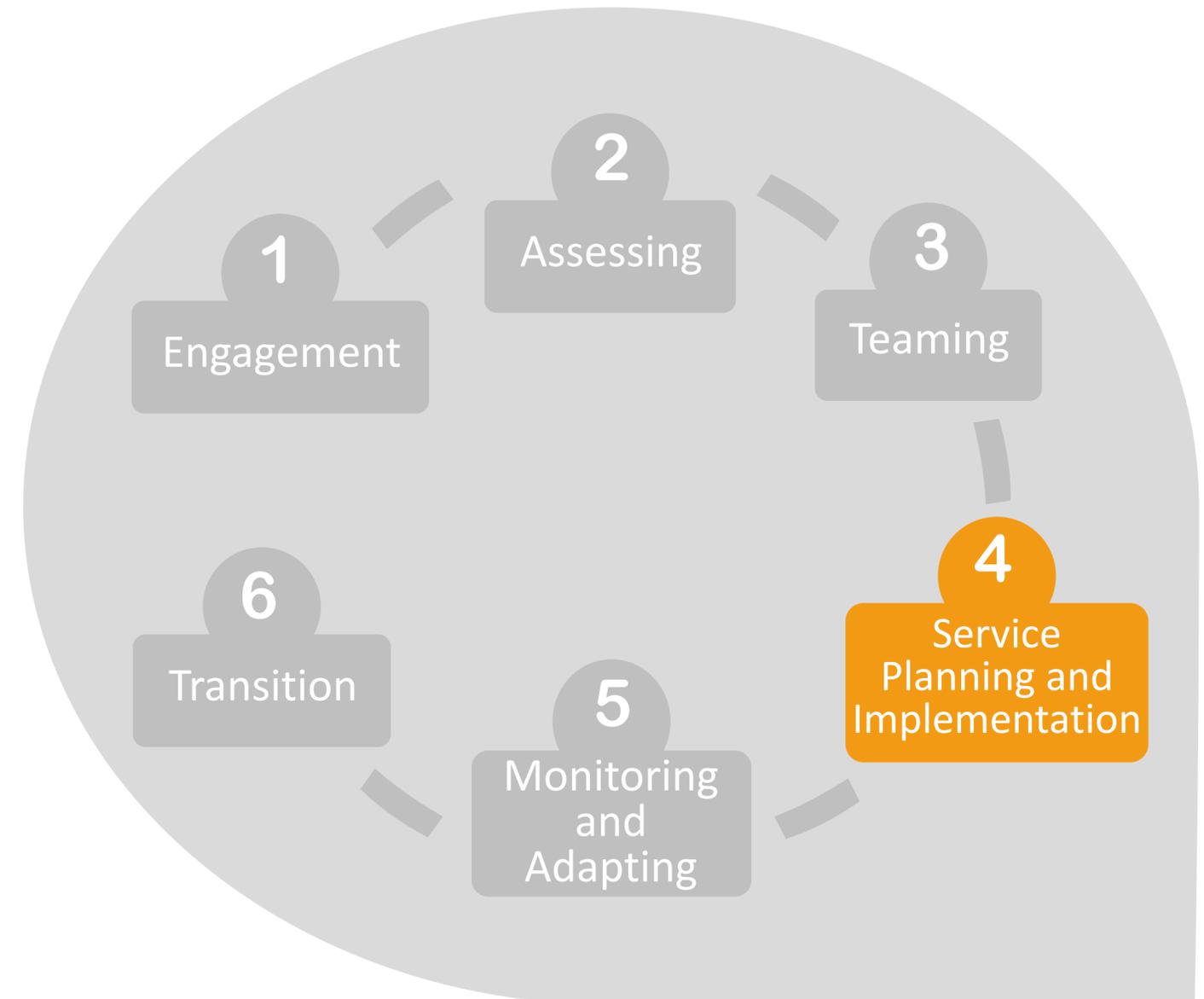
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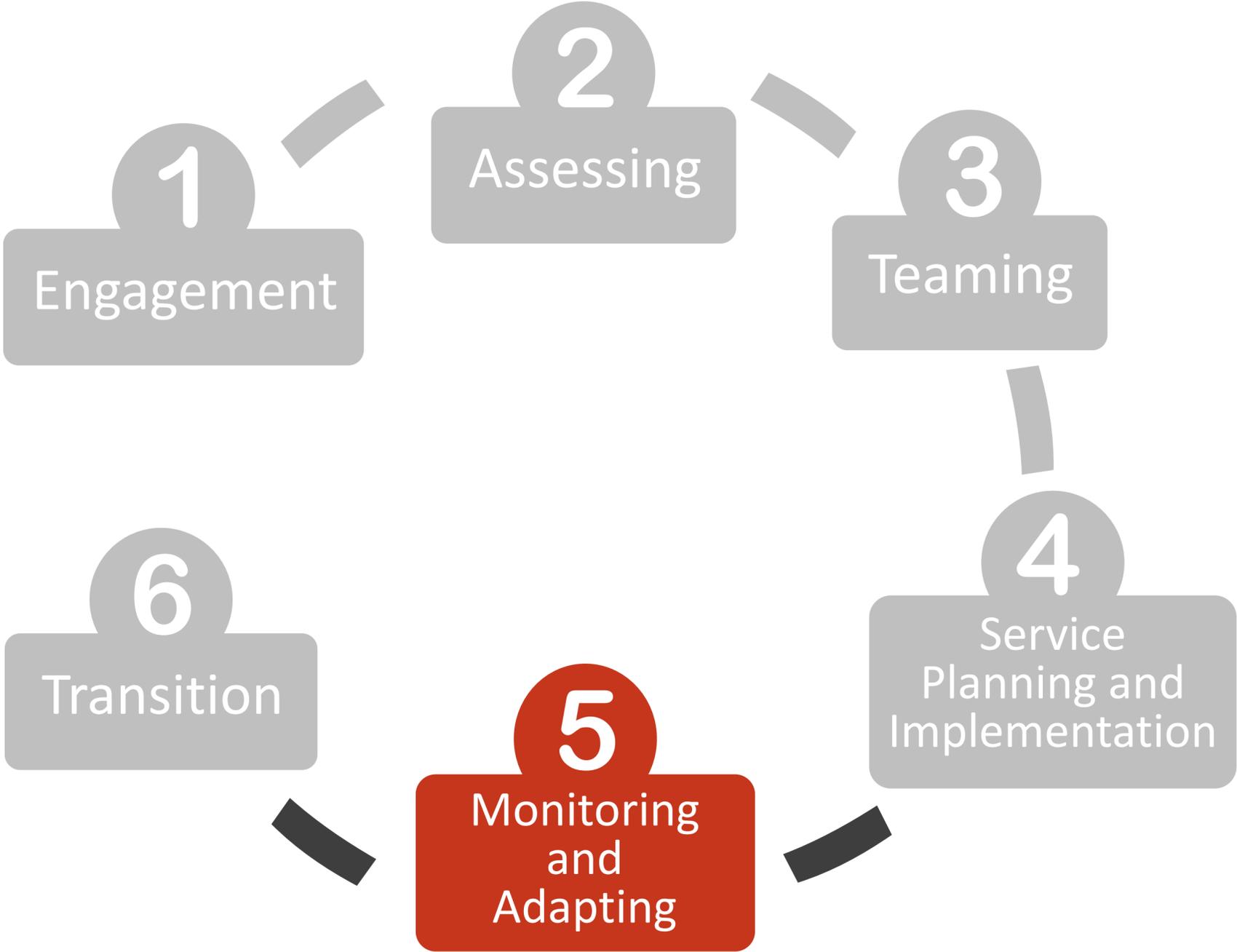
# Mental Health Services Supports



Although the mental health services under the WISe program model are funded by Medicaid, the program's model is intended to draw in other resources brought forward by the team. These supports and programs can be other formal supports, like service providers and representatives of schools and child-serving agencies, and informal supports, like family, friends, and community members or programs.



# Phases and Activities of WISE

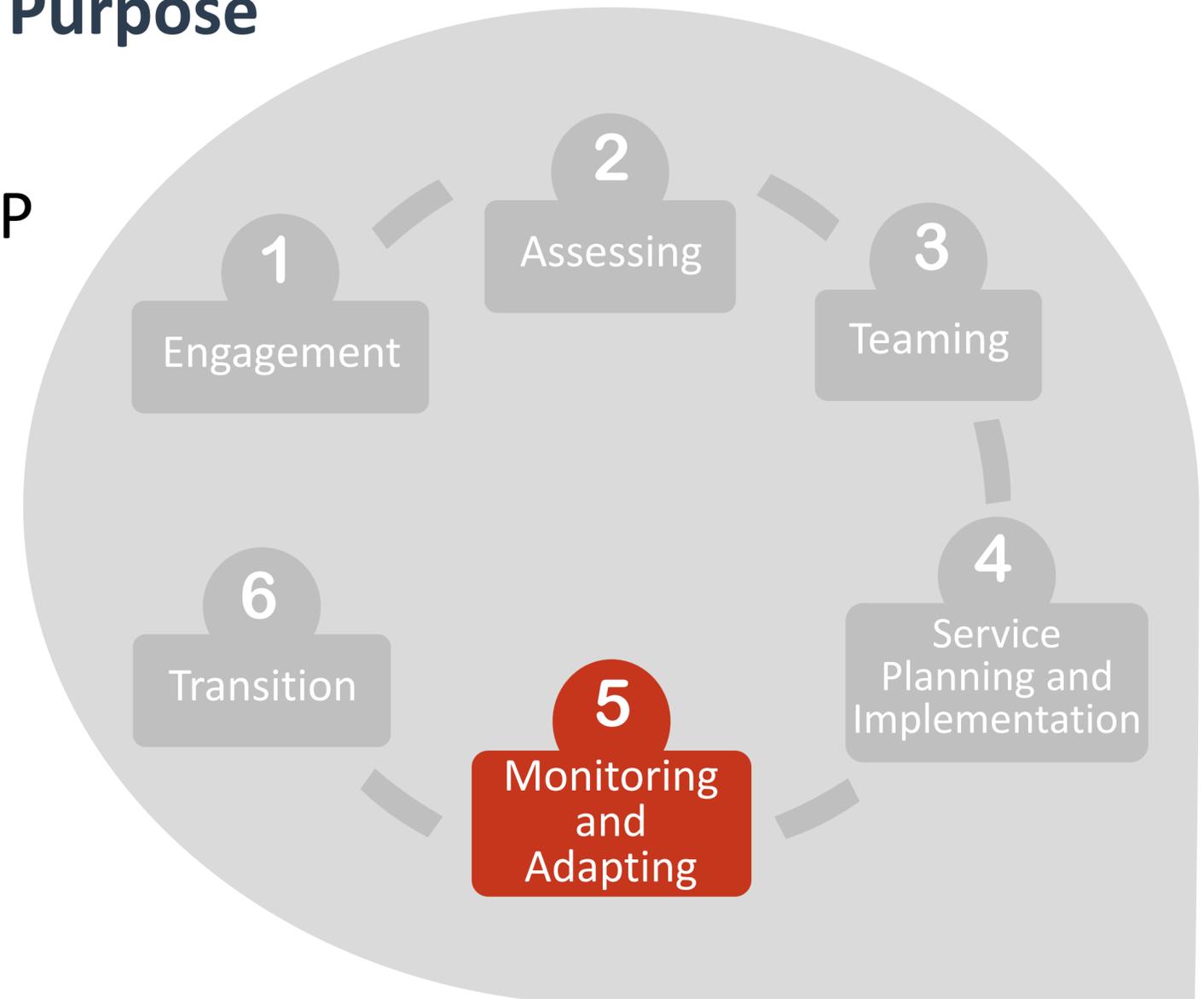


# 5. Monitoring and Adapting



## Goals & Purpose

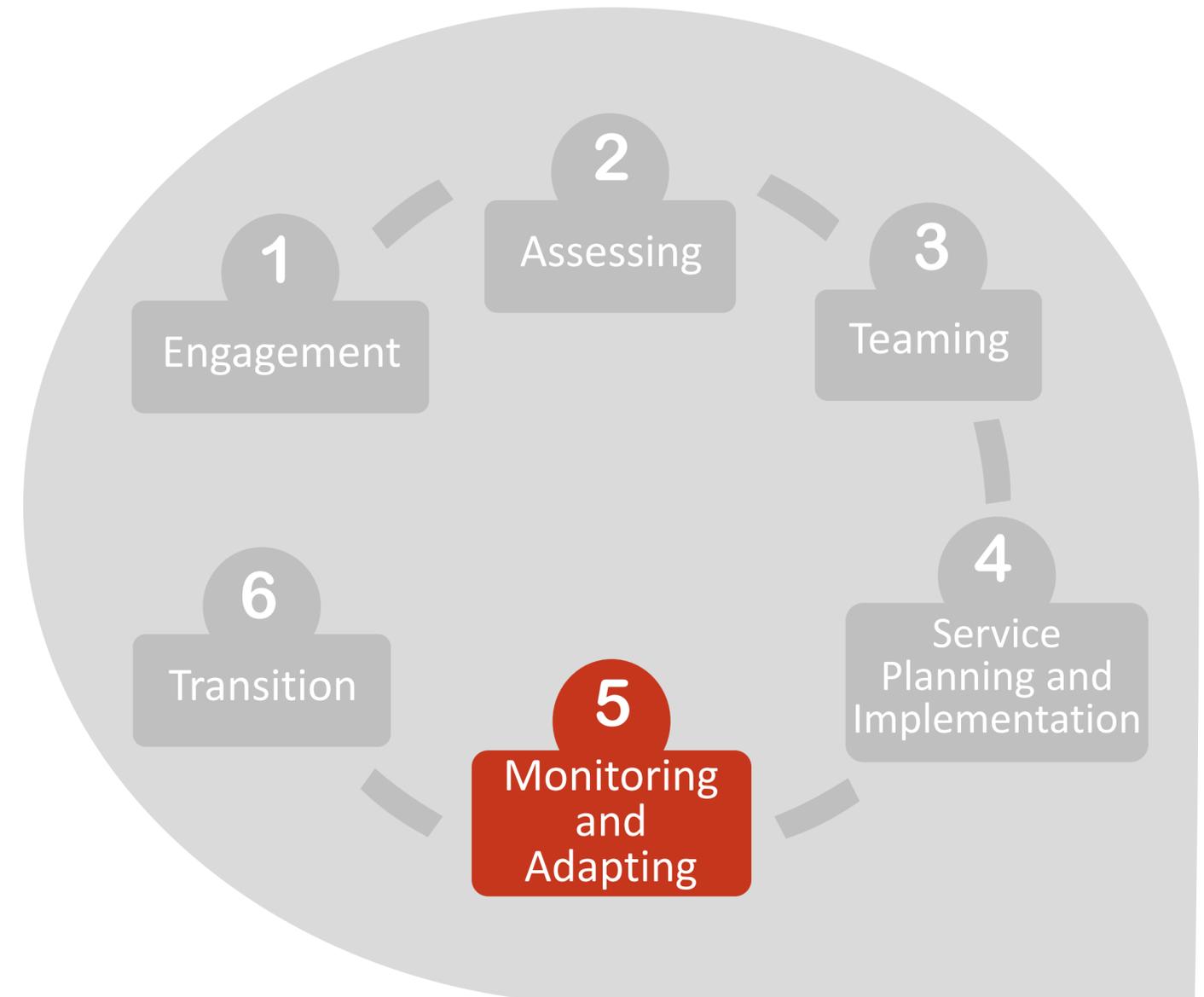
- 1** Implement and monitor the CSCP
- 2** Ensure the plan is continually revisited and updated
- 3** Maintain awareness of satisfaction and “buy-in” of team members



# Essential Steps of Monitoring and Adapting



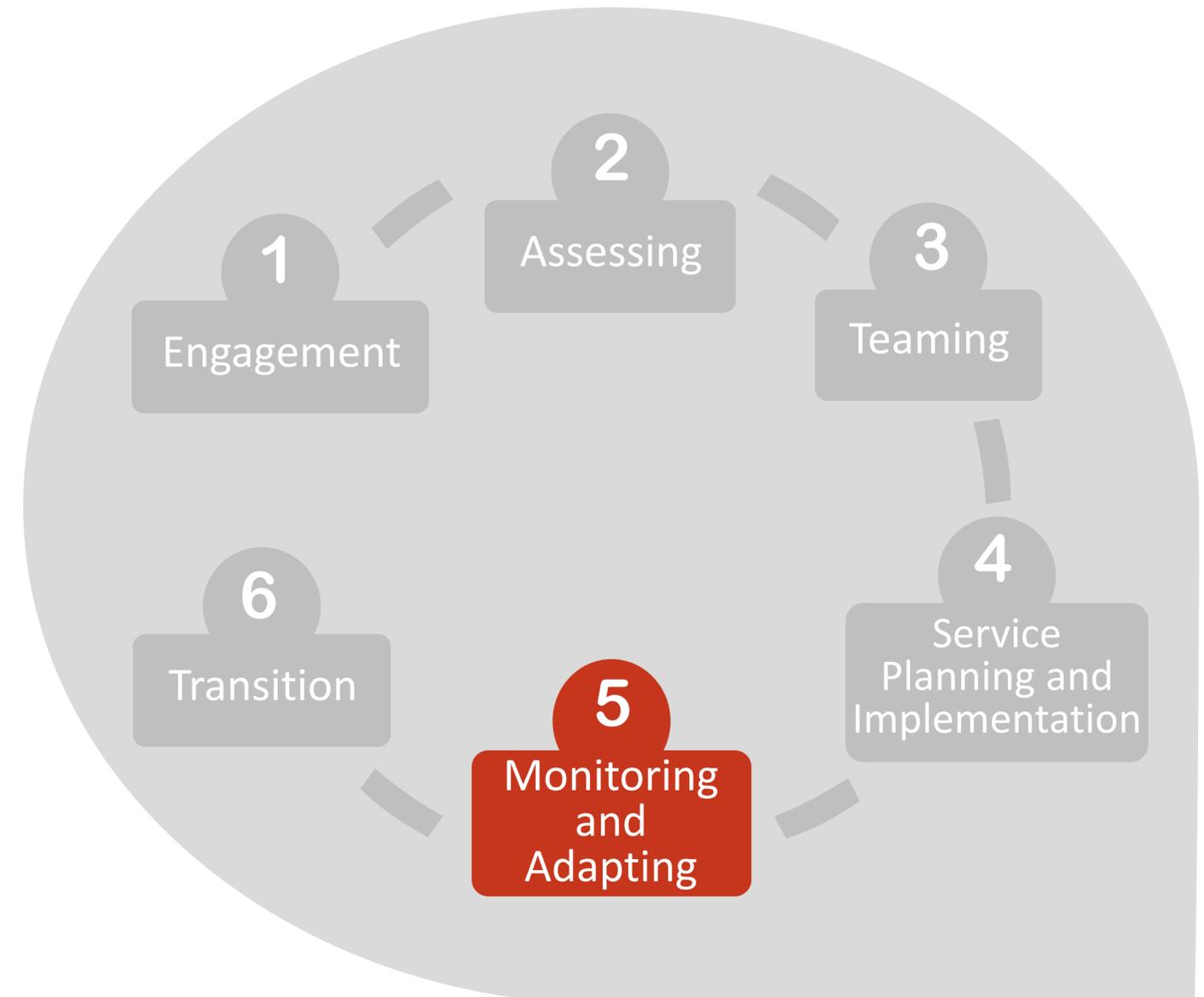
- 1 CFT continues to meet every 30 calendar days—at a minimum
- 2 CFT adjusts strategies to meet changes in needs and outcomes
- 3 CFT evaluates progress toward outcomes
- 4 CFT adds members and strives to create a mix of supports
- 5 CFT celebrates successes and adds to strengths as they are identified
- 6 Administer and enter CANS assessments into BHAS every 90 days
- 7 Maintain ongoing communication



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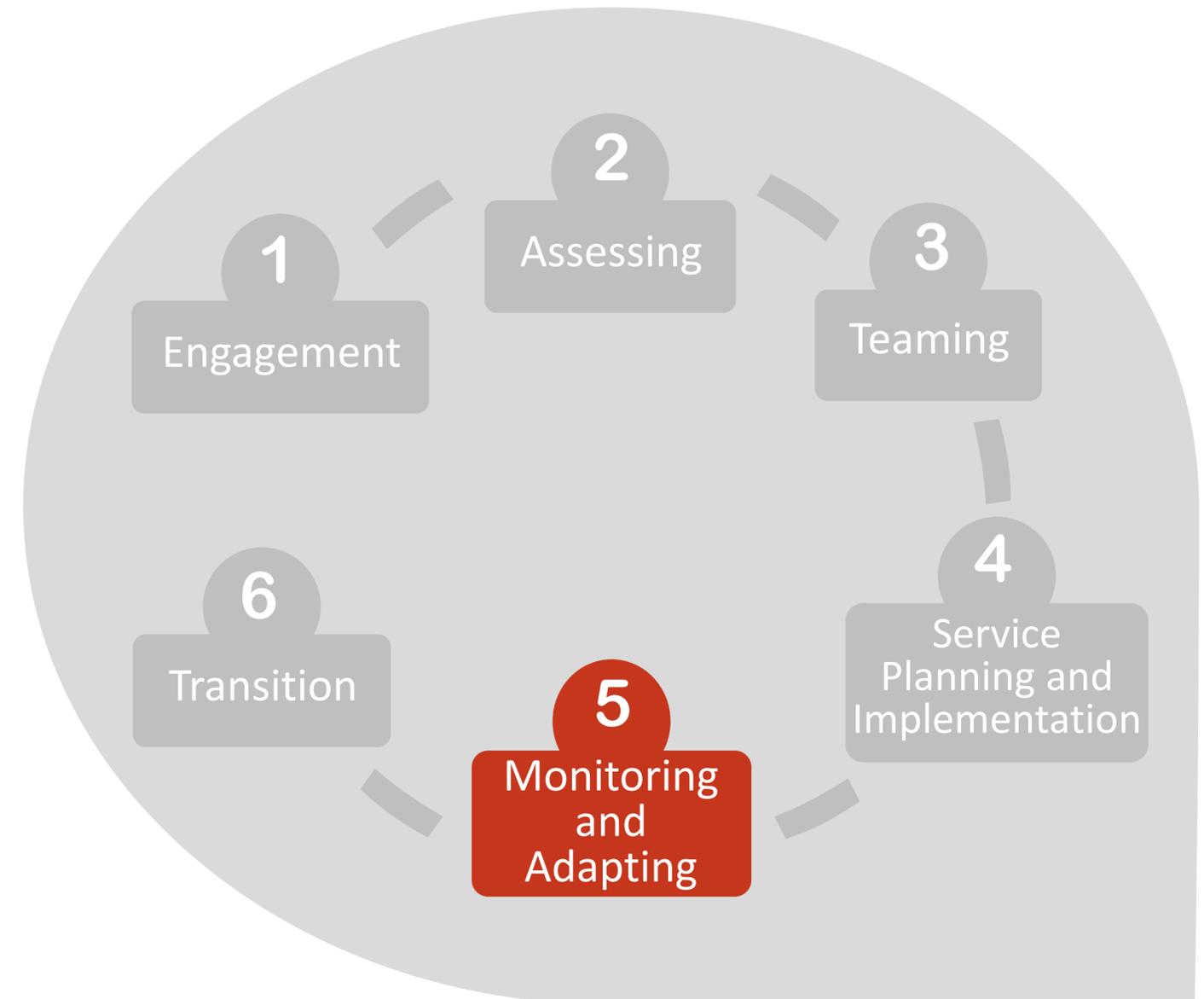
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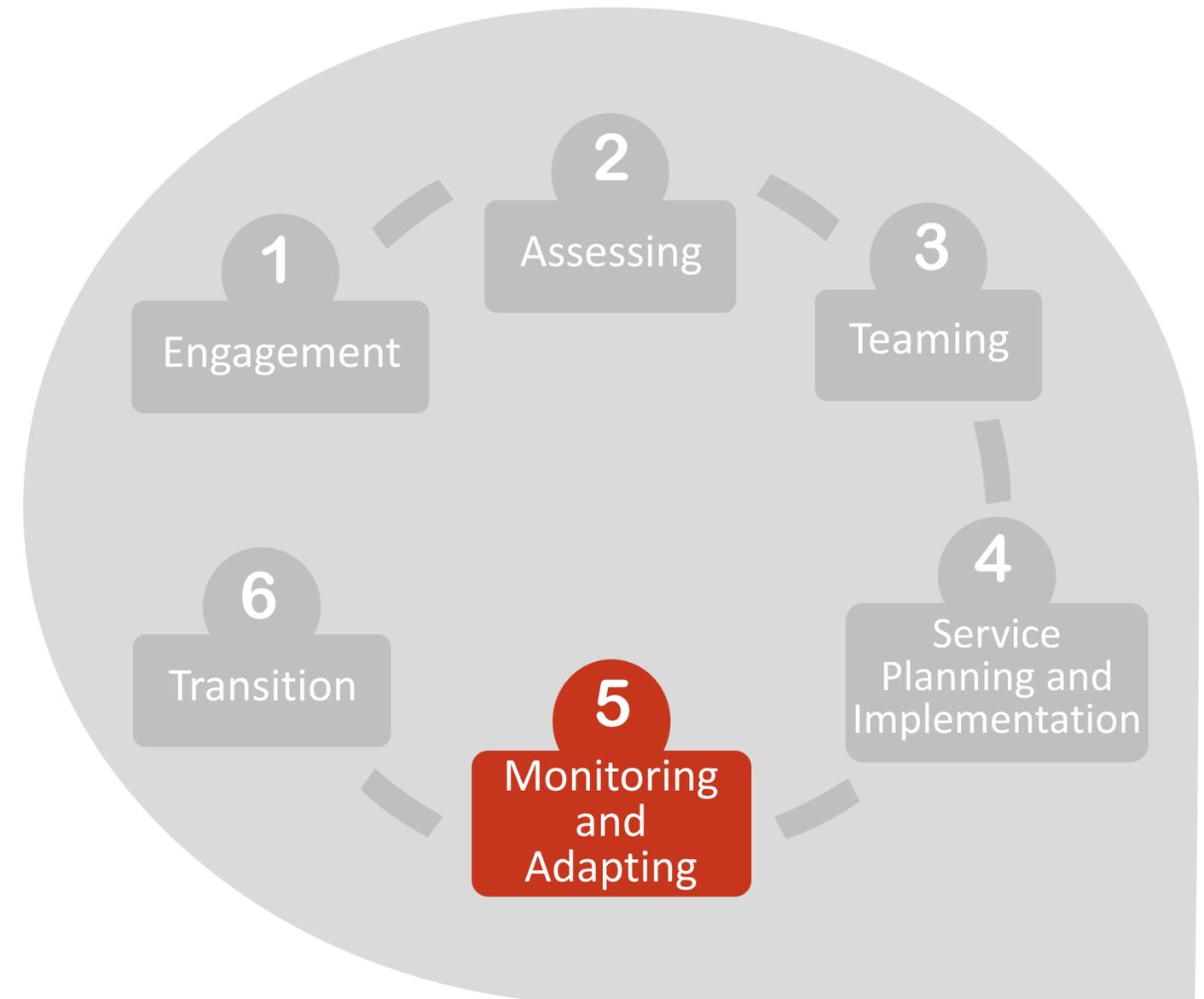
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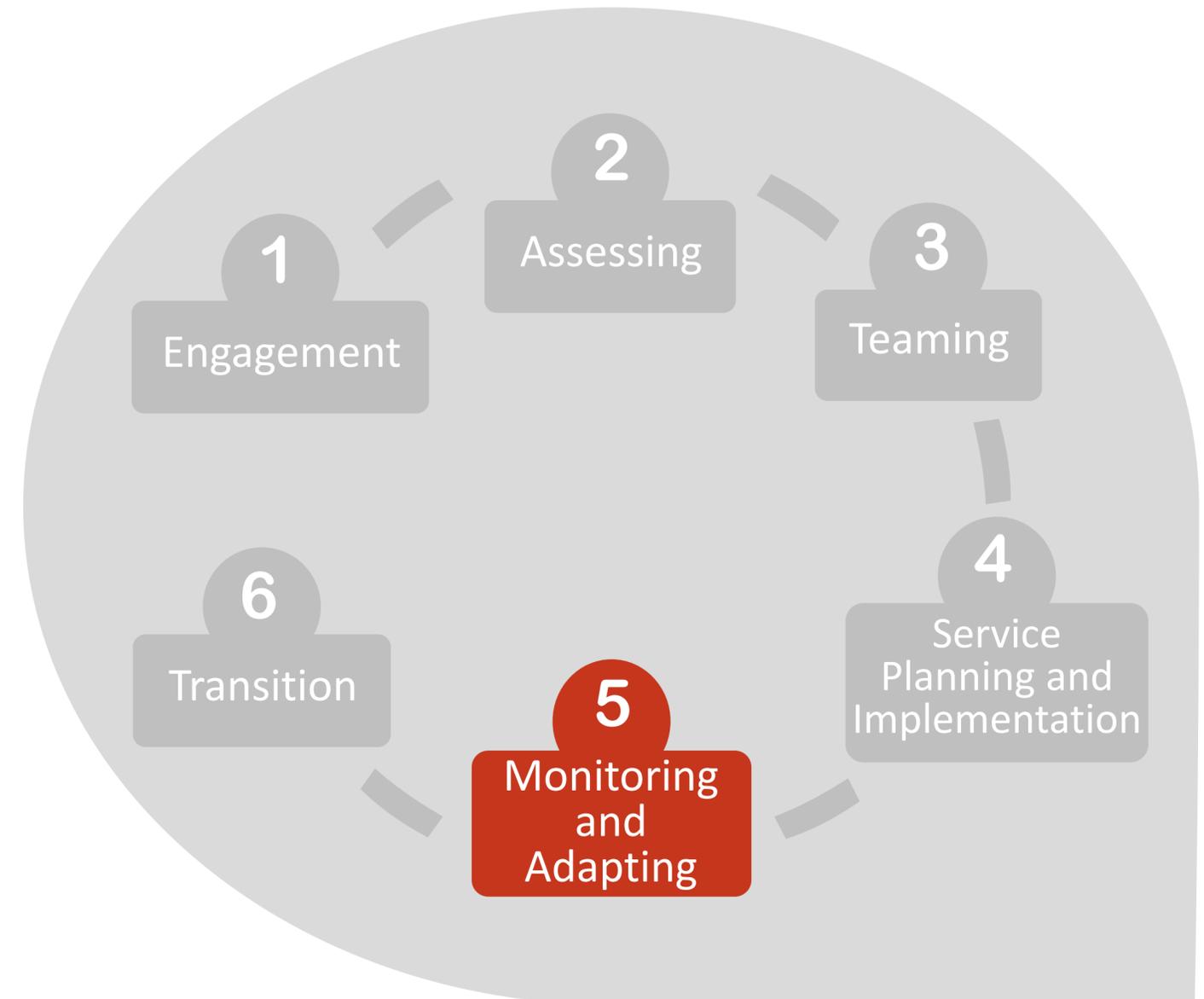
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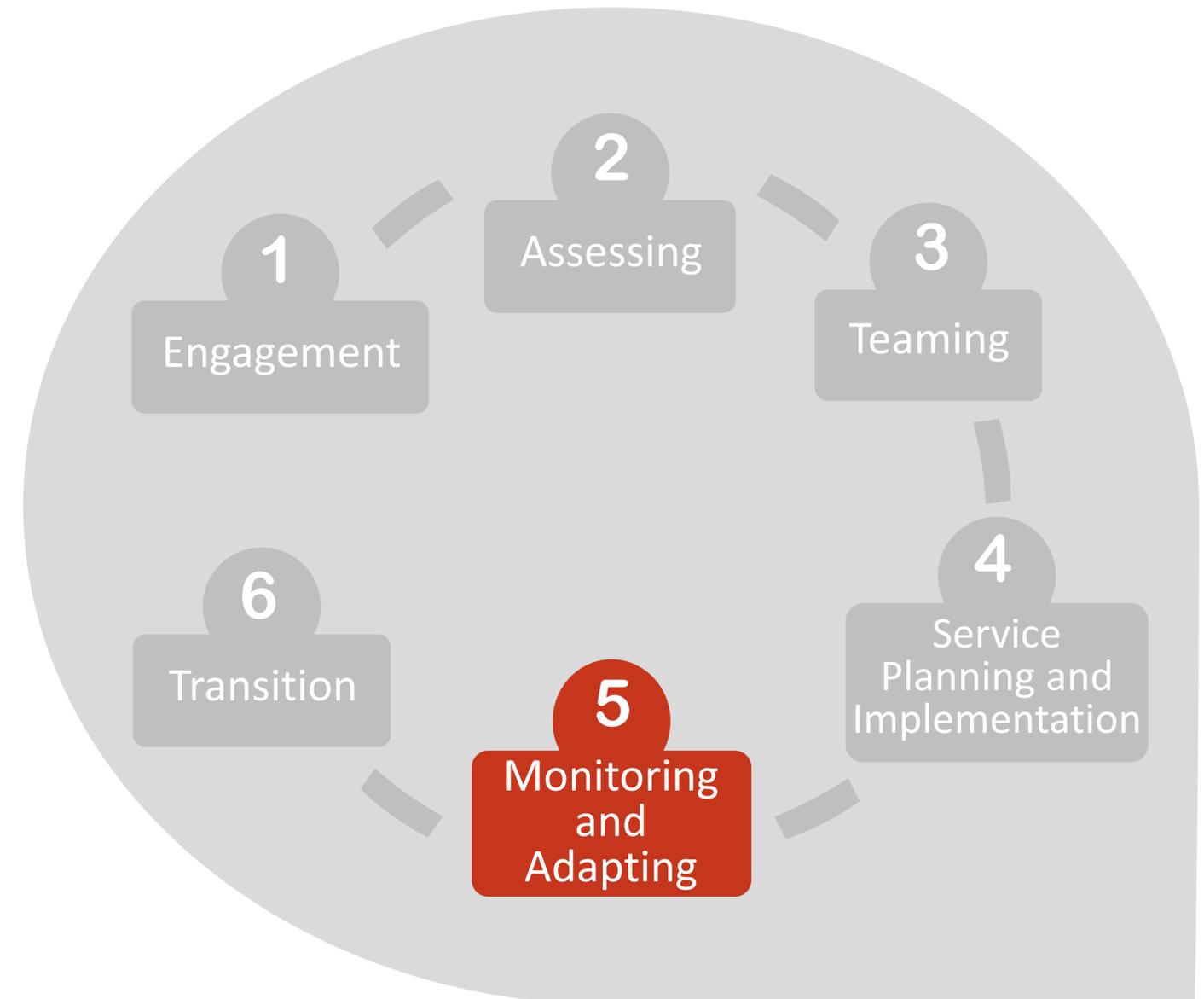
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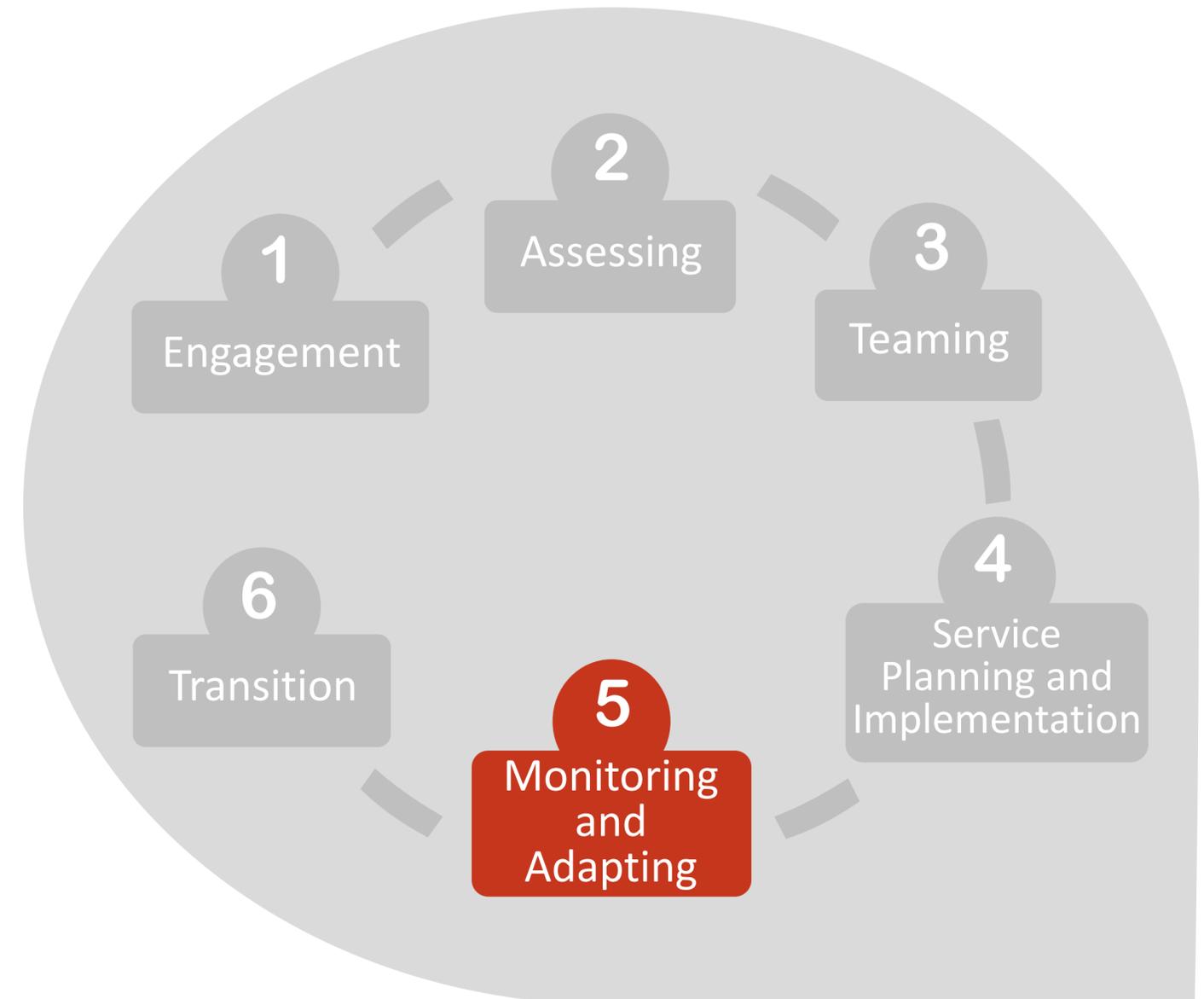
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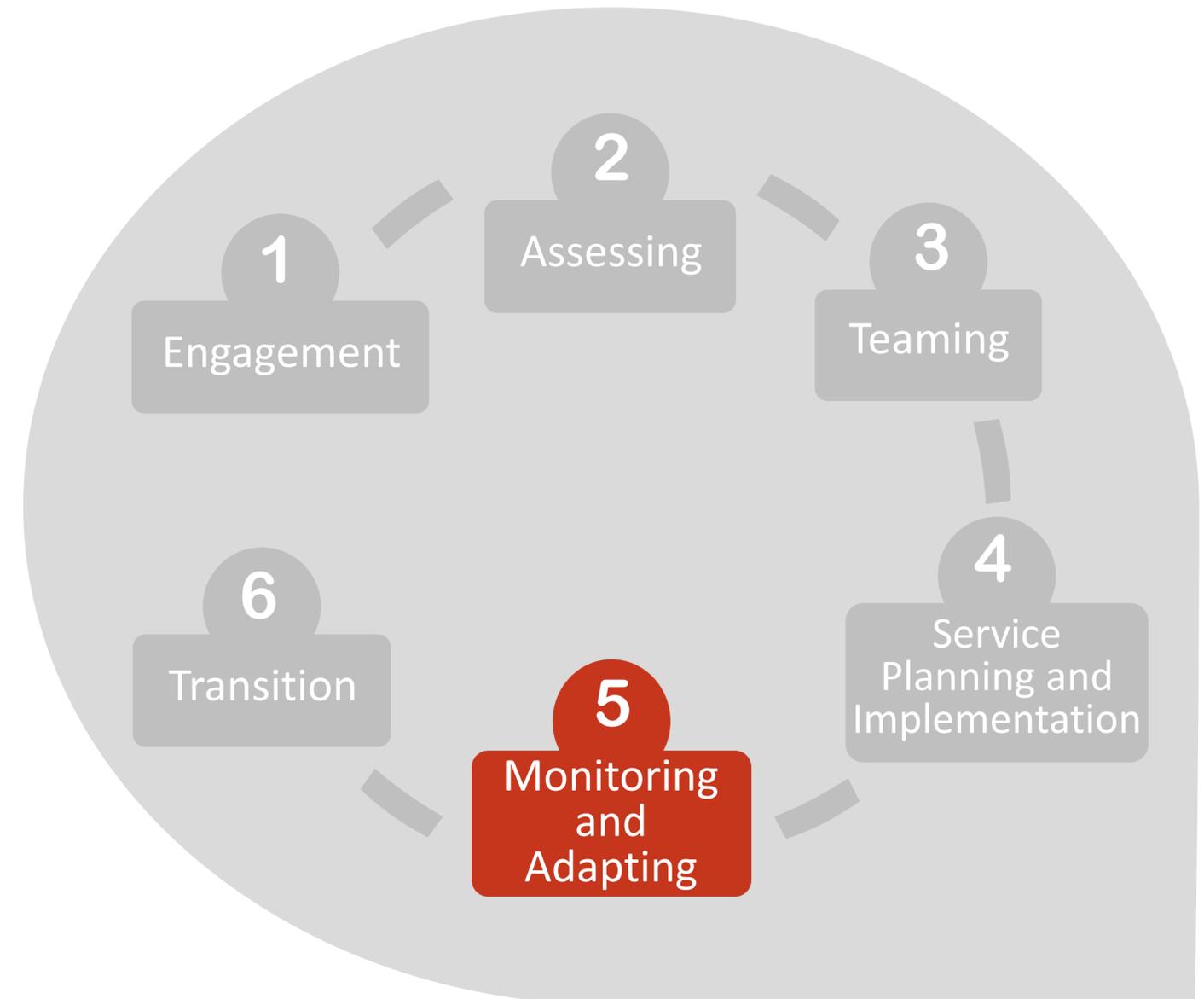
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# Essential Steps of Monitoring and Adapting



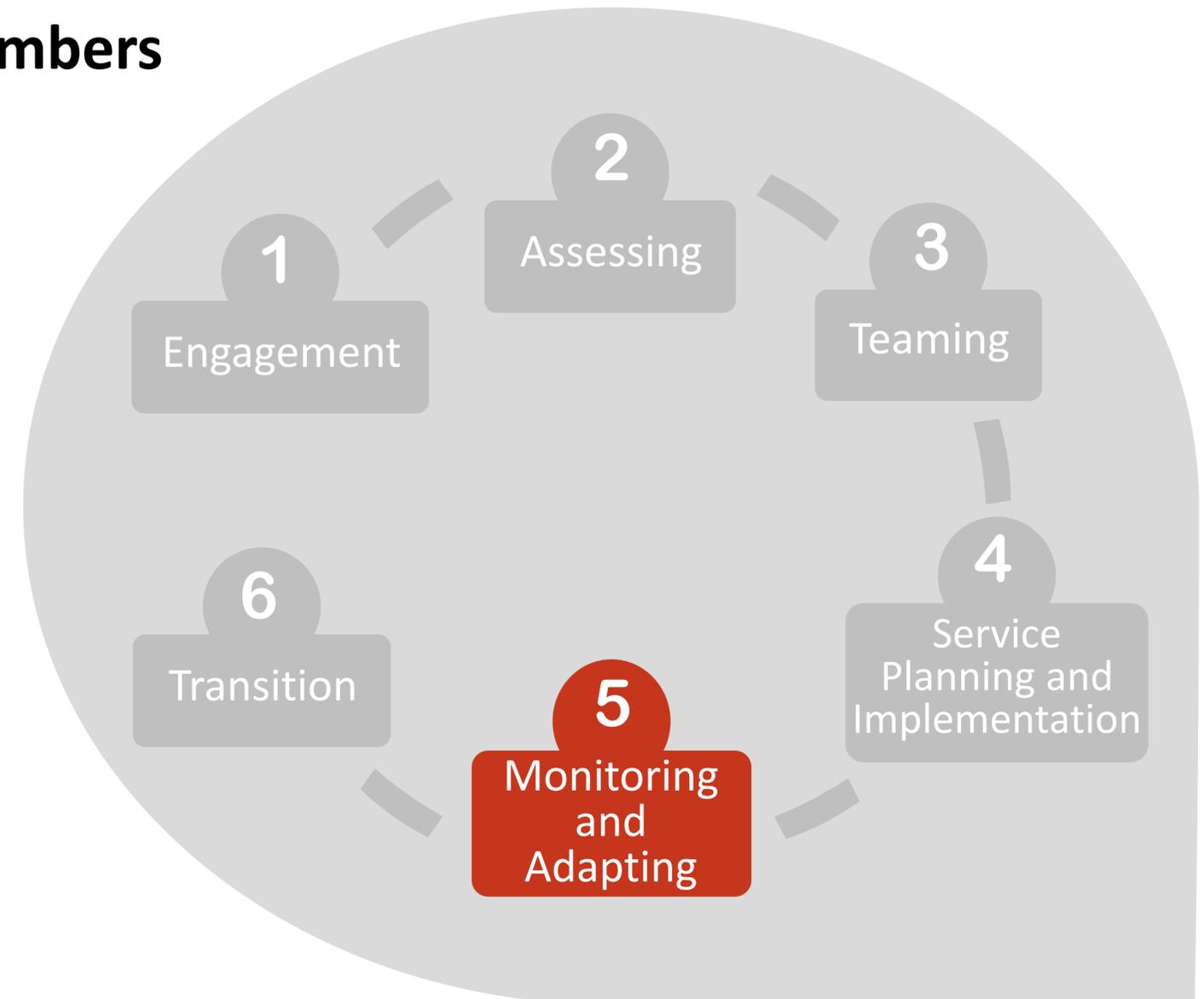
- 1 CFT continues to meet every 30 calendar days—at a minimum
- 2 CFT adjusts strategies to meet changes in needs and outcomes
- 3 CFT evaluates progress toward outcomes
- 4 CFT adds members and strives to create a mix of supports
- 5 CFT celebrates successes and adds to strengths as they are identified
- 6 Administer and enter CANS assessments into BHAS every 90 days
- 7 **Maintain ongoing communication**



# Activities of WISE Practitioners



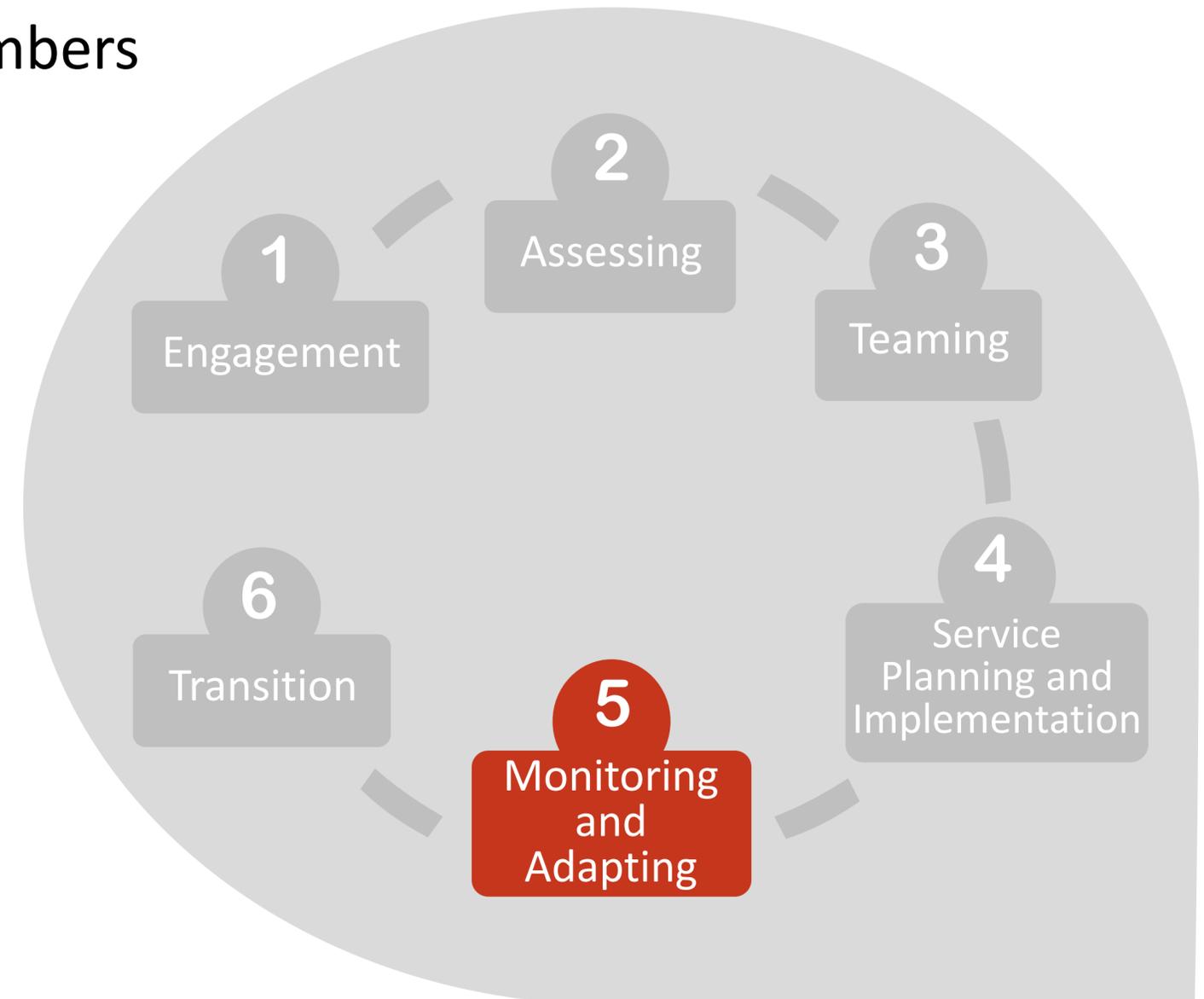
- 1 Follow-up with progress of team members on action steps**
- Monitor and evaluate outcomes and communicate regularly with team members
- Empower youth and family to drive WISE process and lead the team
- Assess for new needs and strengths, build trust and model collaborative relationships
- Celebrate successes and maintain documentation



# Activities of WISE Practitioners



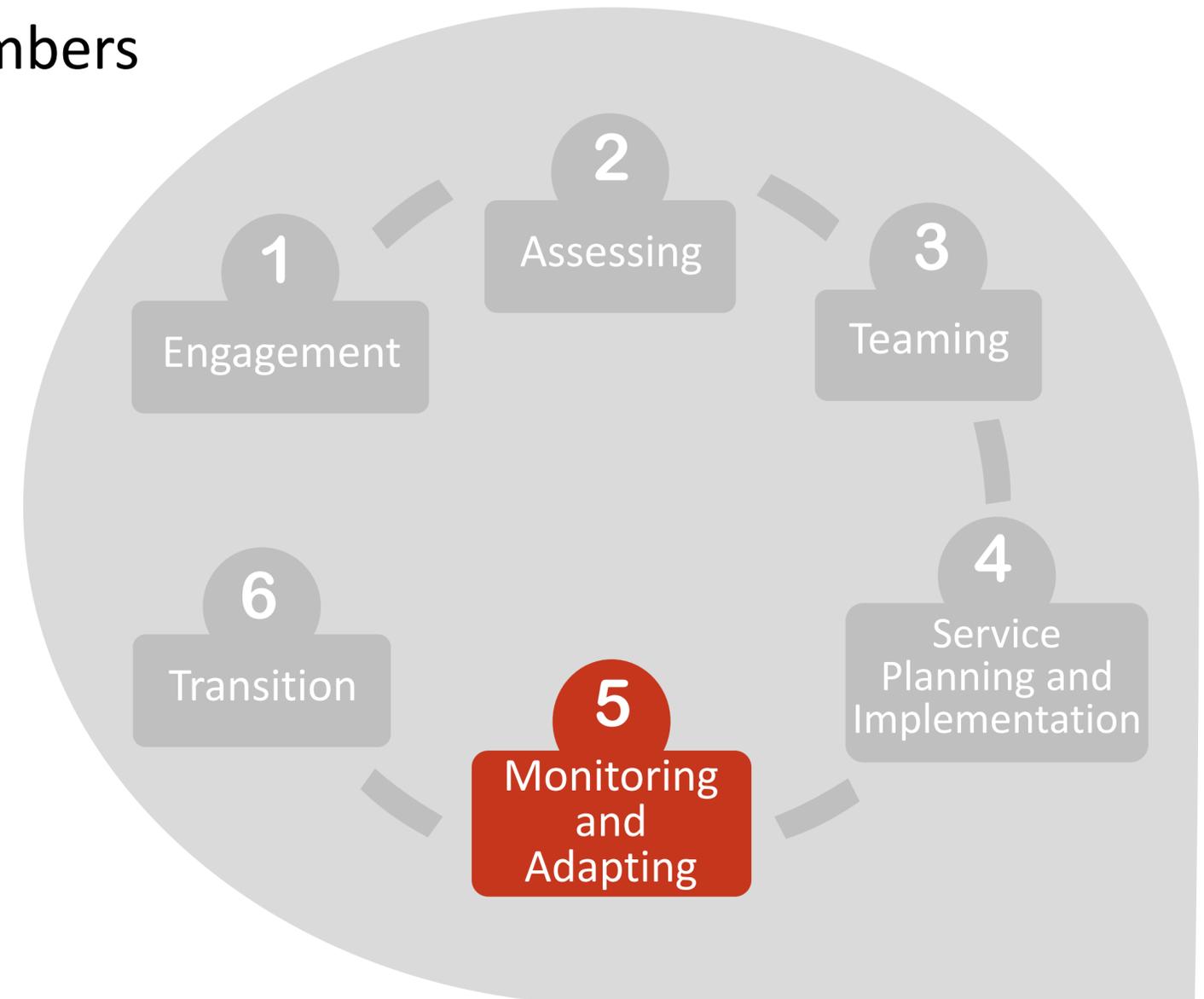
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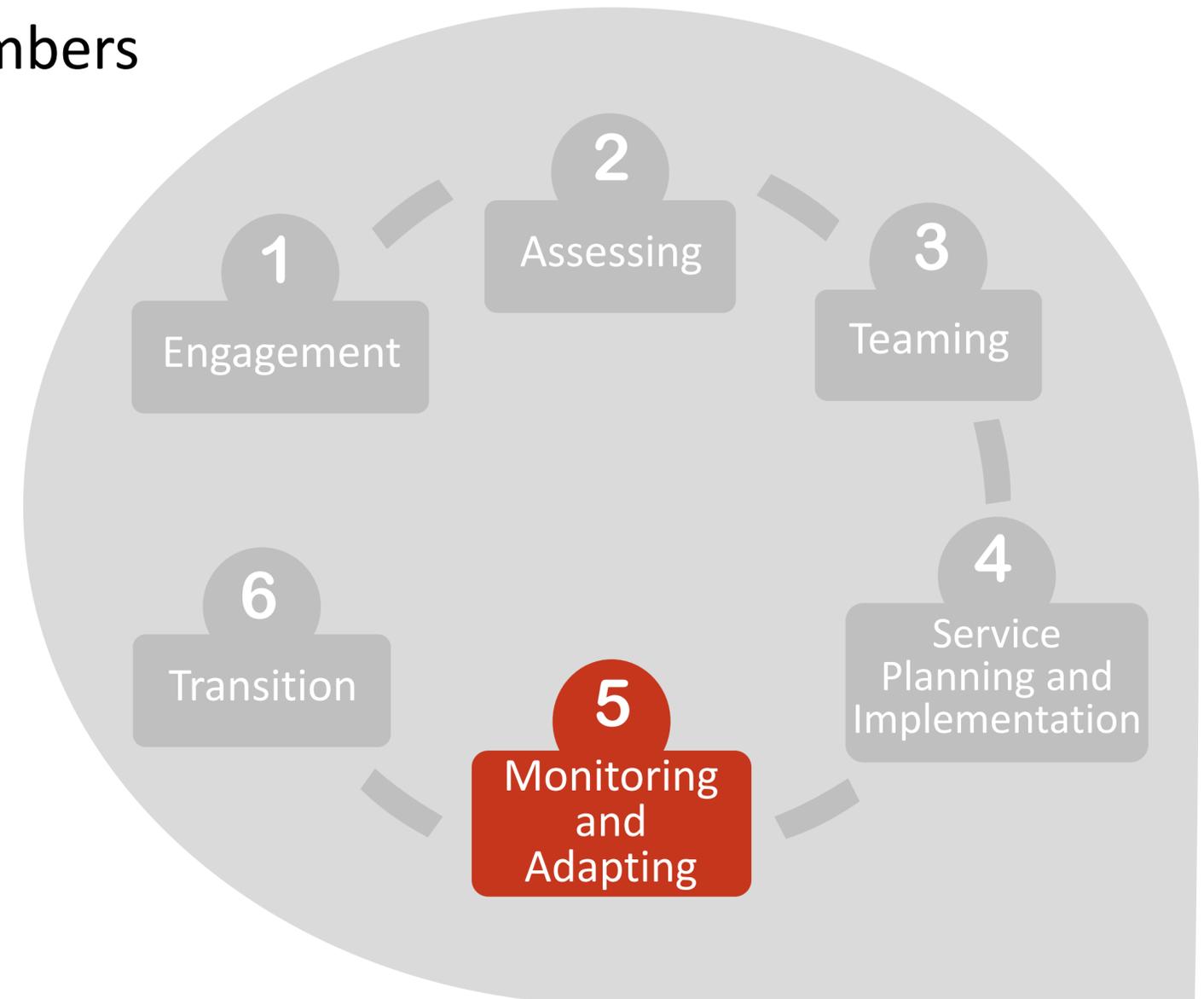
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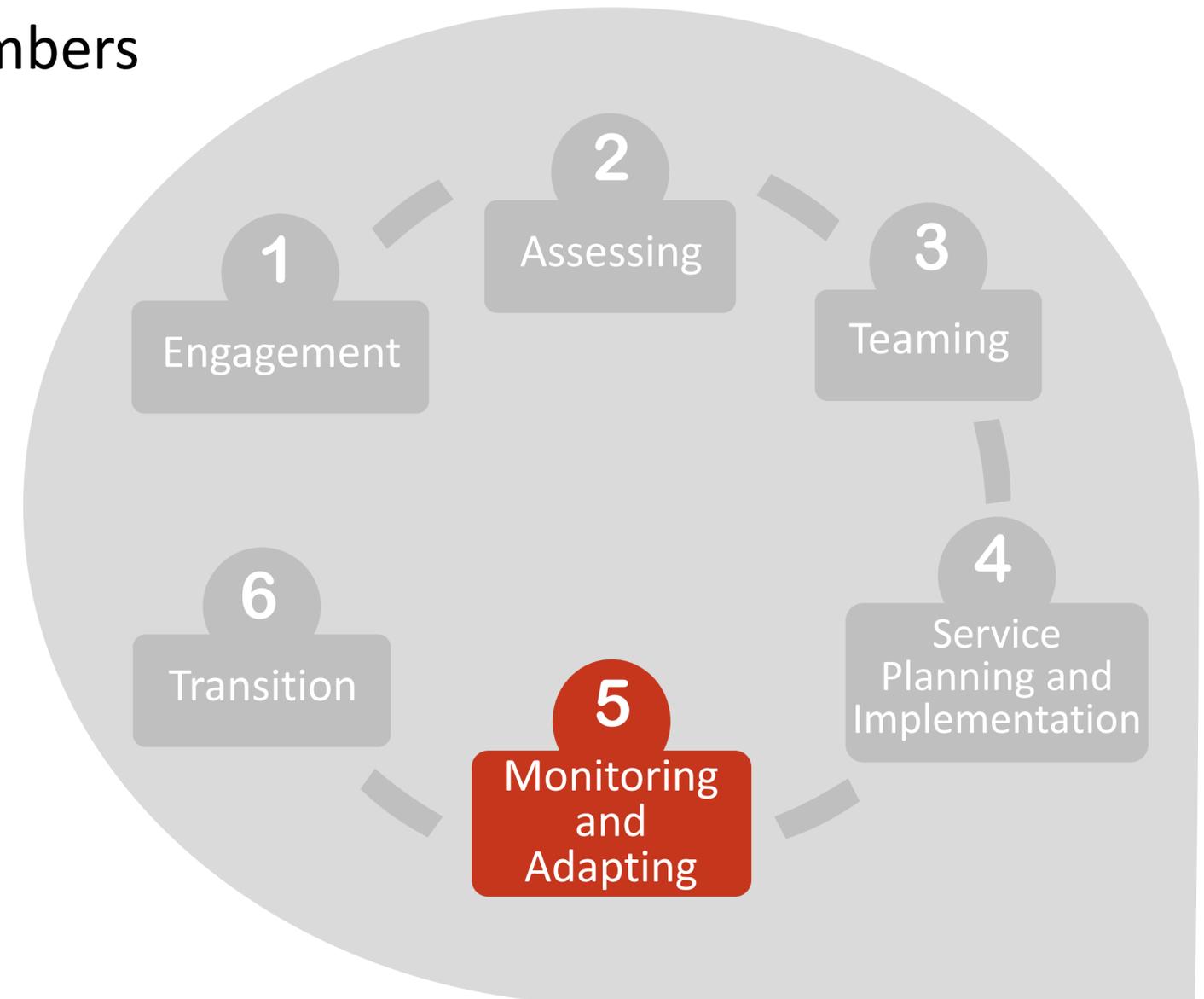
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# Activities of WISE Practitioners



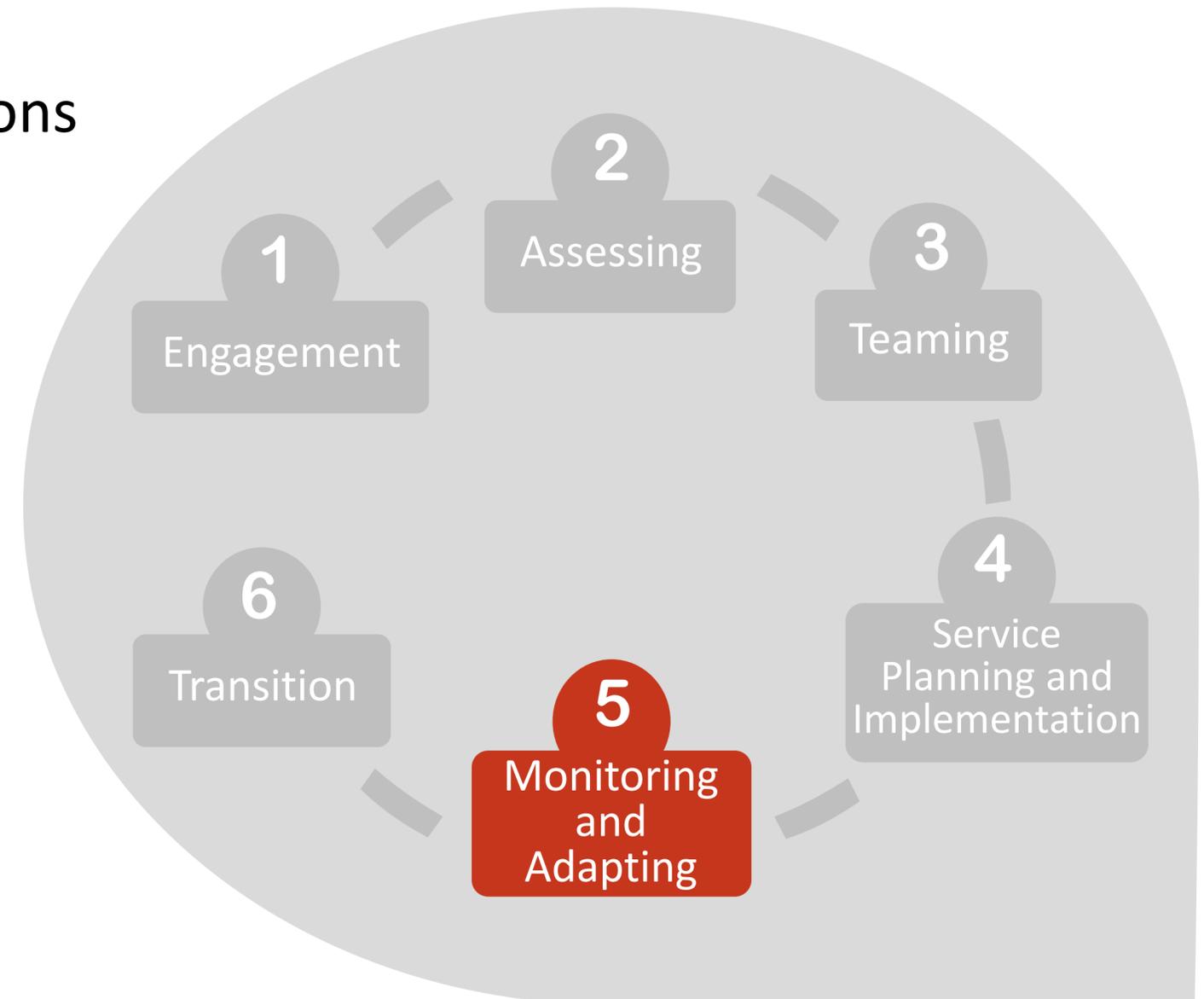
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# Family Partners



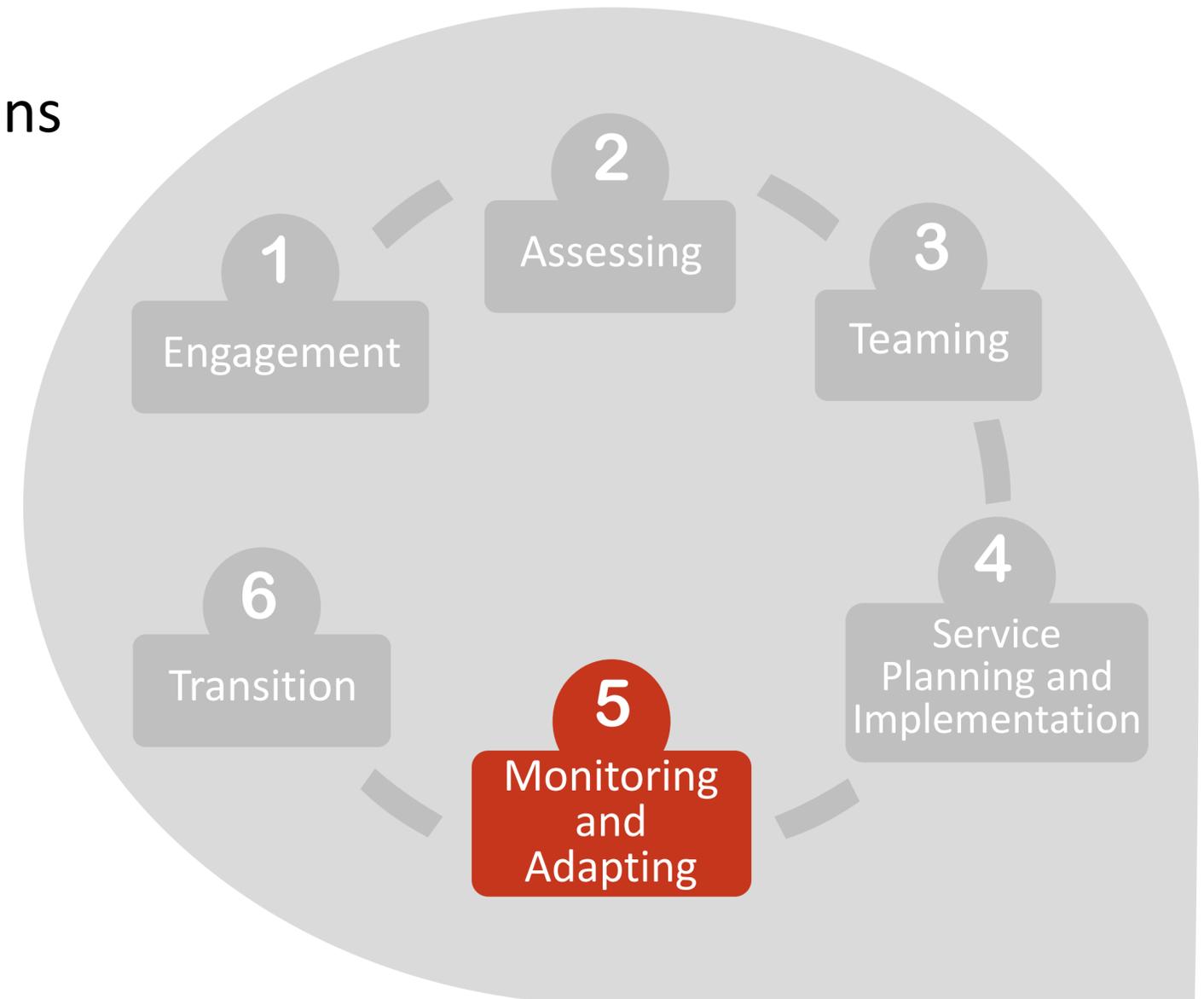
- 1** Invite family to family support functions and/or community activities
- 2** Assist the family in communicating with the team
- 3** Help the family and team to develop skills and to model collaboration



# Youth Partners



- 1** Invite youth to youth support functions and/or community activities
- 2** Assist the youth in communicating with the team
- 3** Help the youth and team to develop skills and to model collaboration



# Youth and Family



1

Communicate regularly with WISE Practitioners about their plan and progress made

2

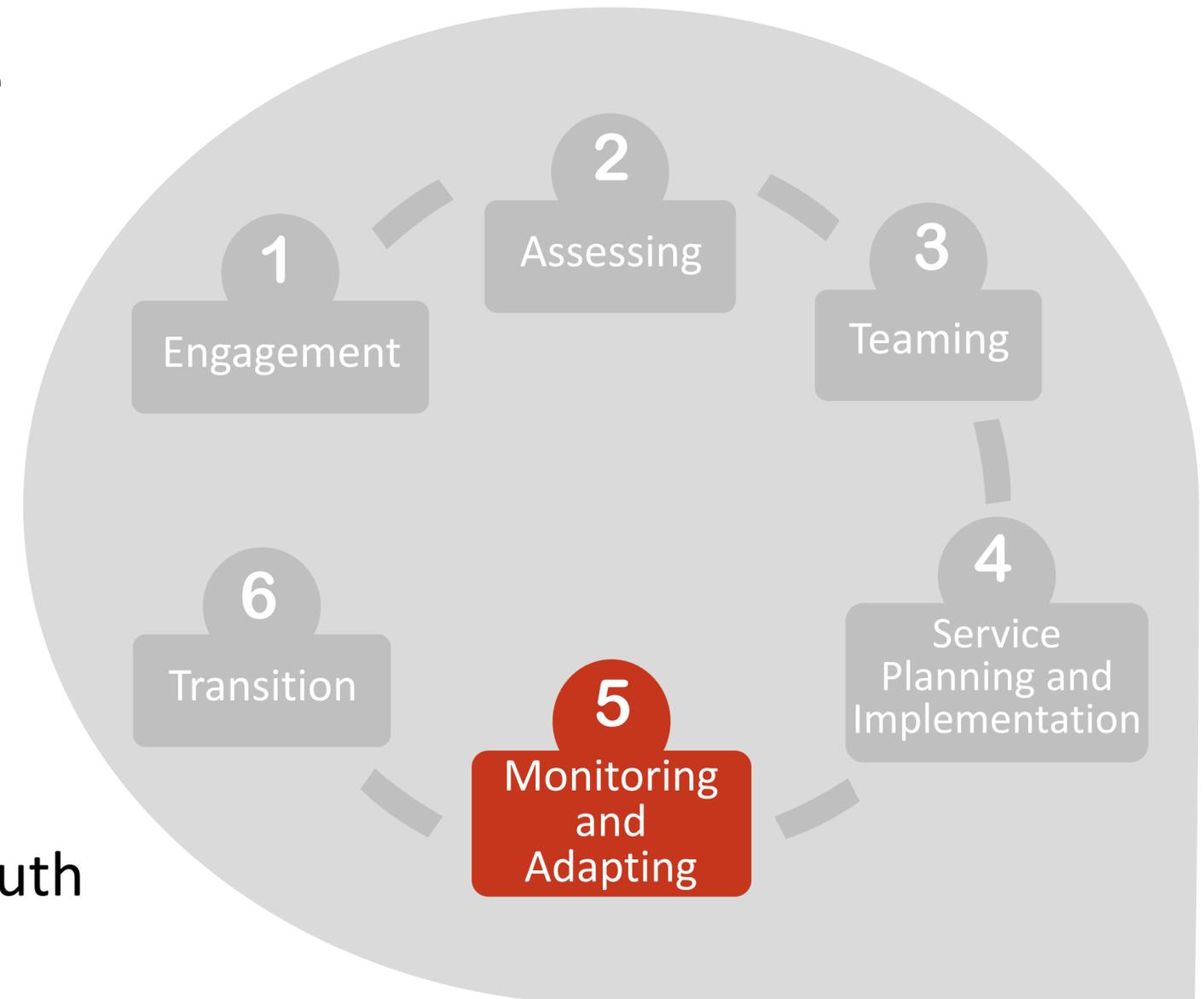
Contact appropriate team members with successes and needs

3

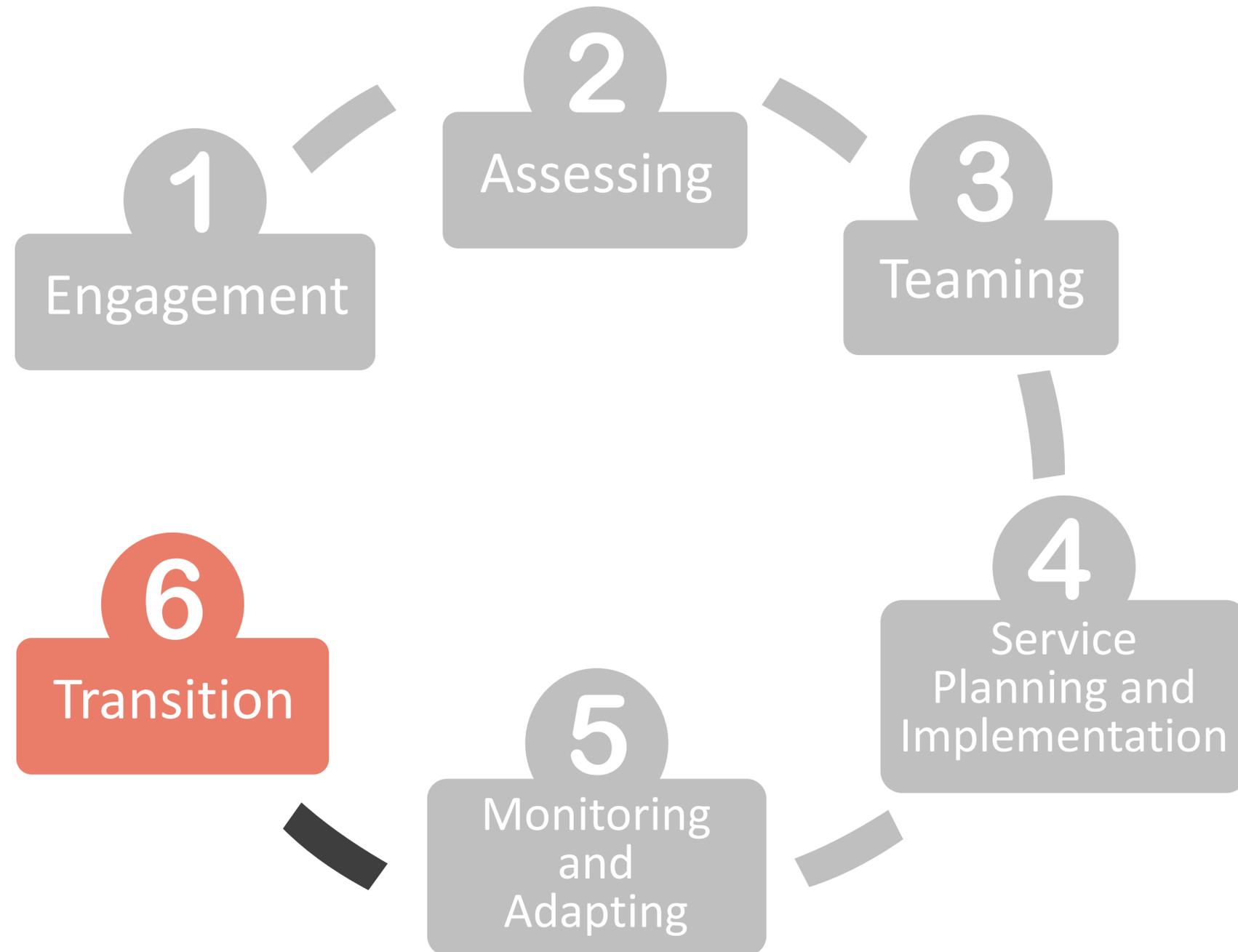
Prepare to give feedback about their plan to the team

4

Complete action steps that the youth and family have agreed to



# Phases and Activities of WISE



# 6. Transition



## Goals & Purpose

1

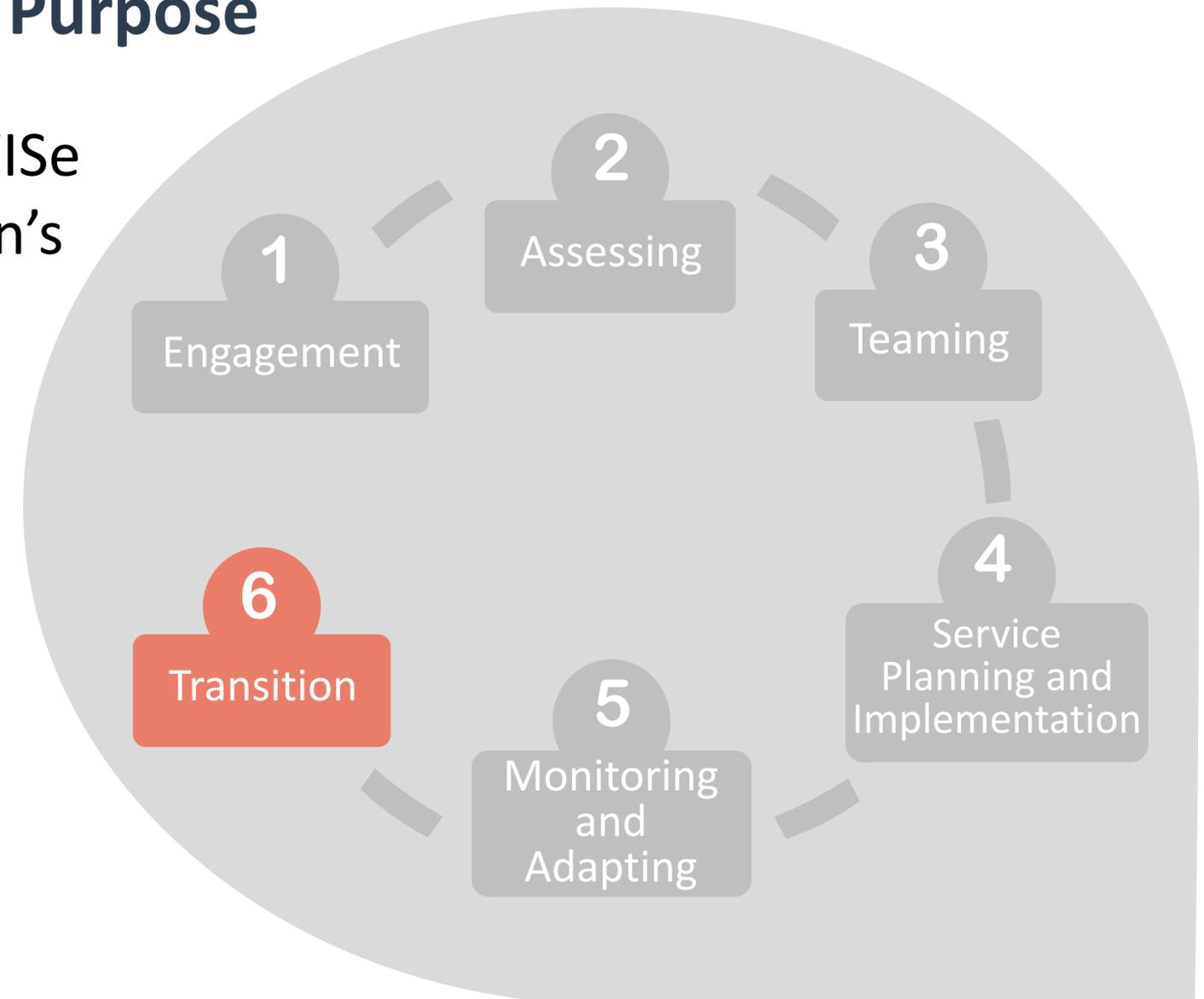
Plan a purposeful transition out of WISE that is consistent with the 10 Children's Behavioral Health Principles

2

Celebrates successes and frame transition proactively and positively

3

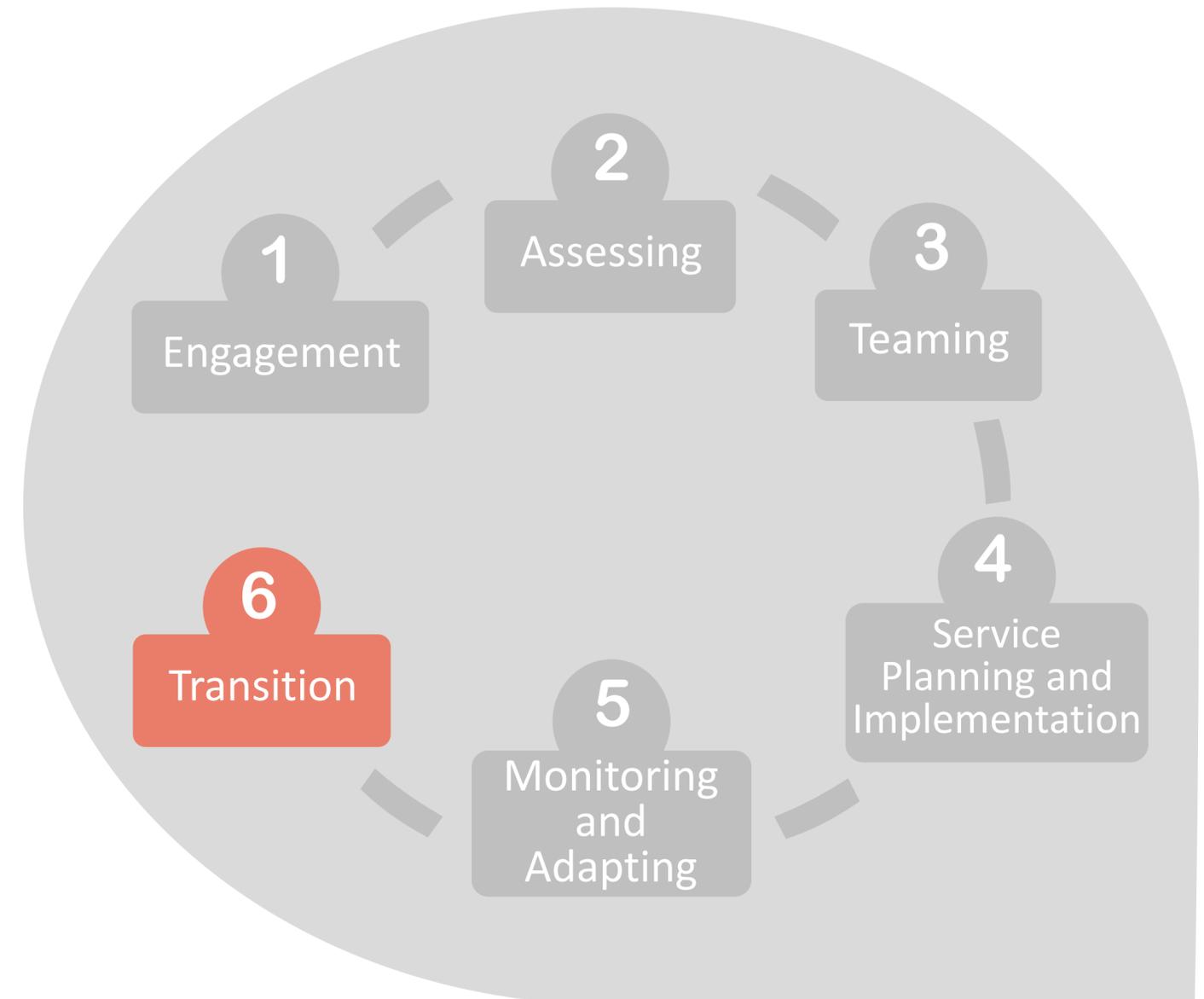
Ensure the youth and family continue to experience success after WISE and provide support if necessary



# Important to Know



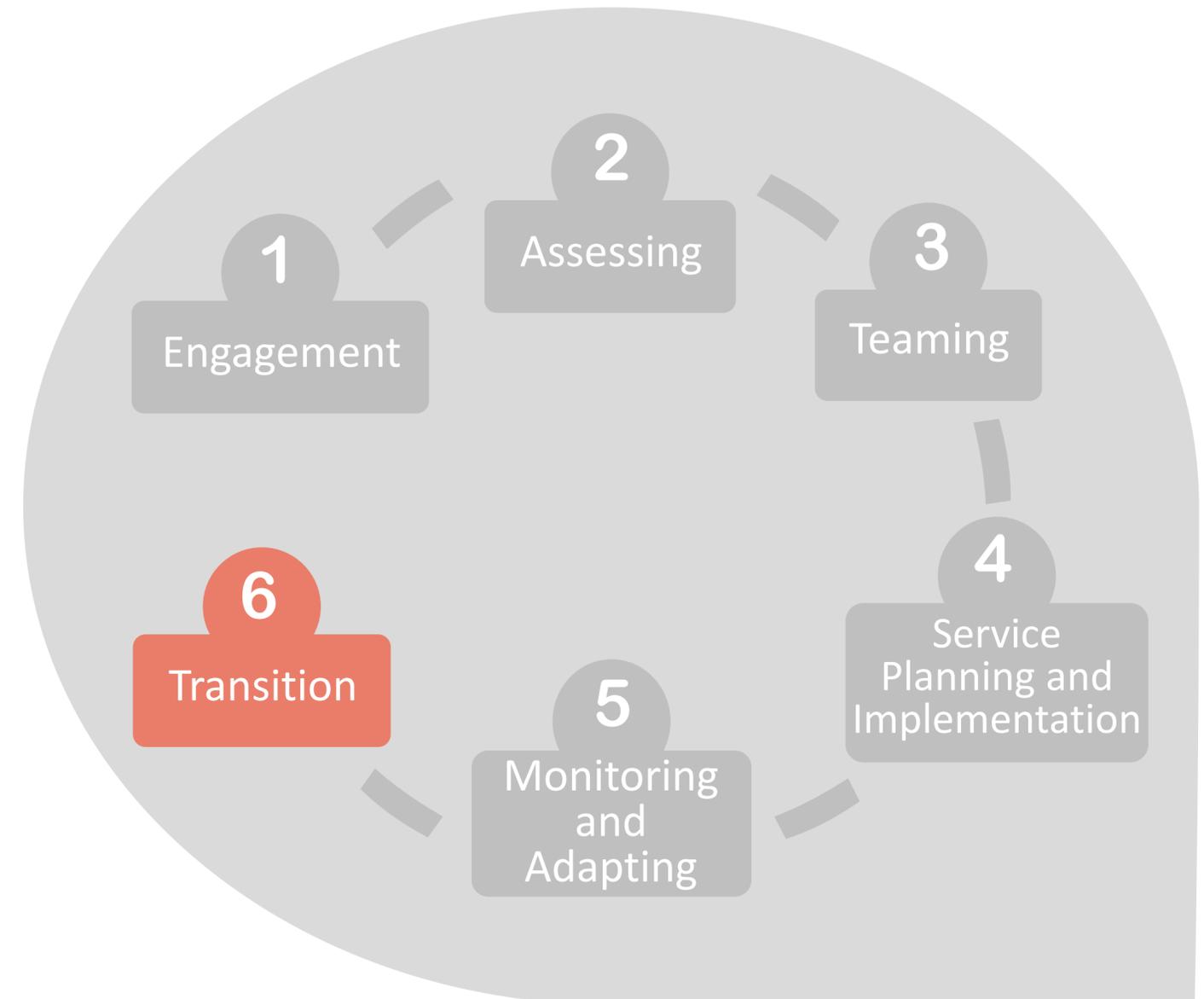
The focus on transition is continual throughout the WISE phases, and the preparation for transition should be apparent, even during the initial phases.



# Important to Know



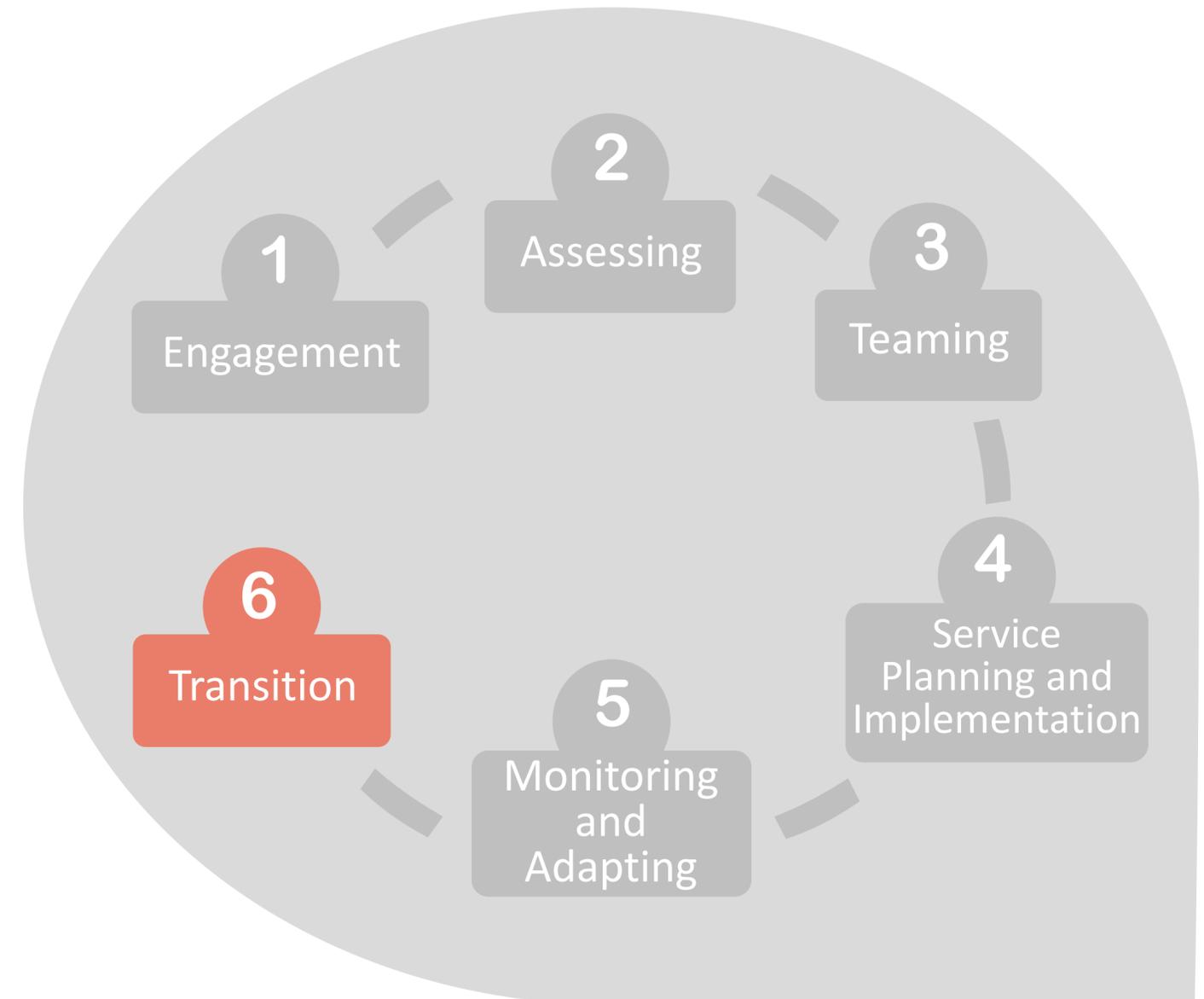
CFTs use the CANS to monitor for an increase of strengths and a reduction of needs. The CFT, using clinical judgment and supervision, will determine the beginning of the formal transition phase, and make preparations for the youth and family to transition out of WISE. The timing of transition is determined by the CFT, and outlined in the CSCP.



# Important to Know



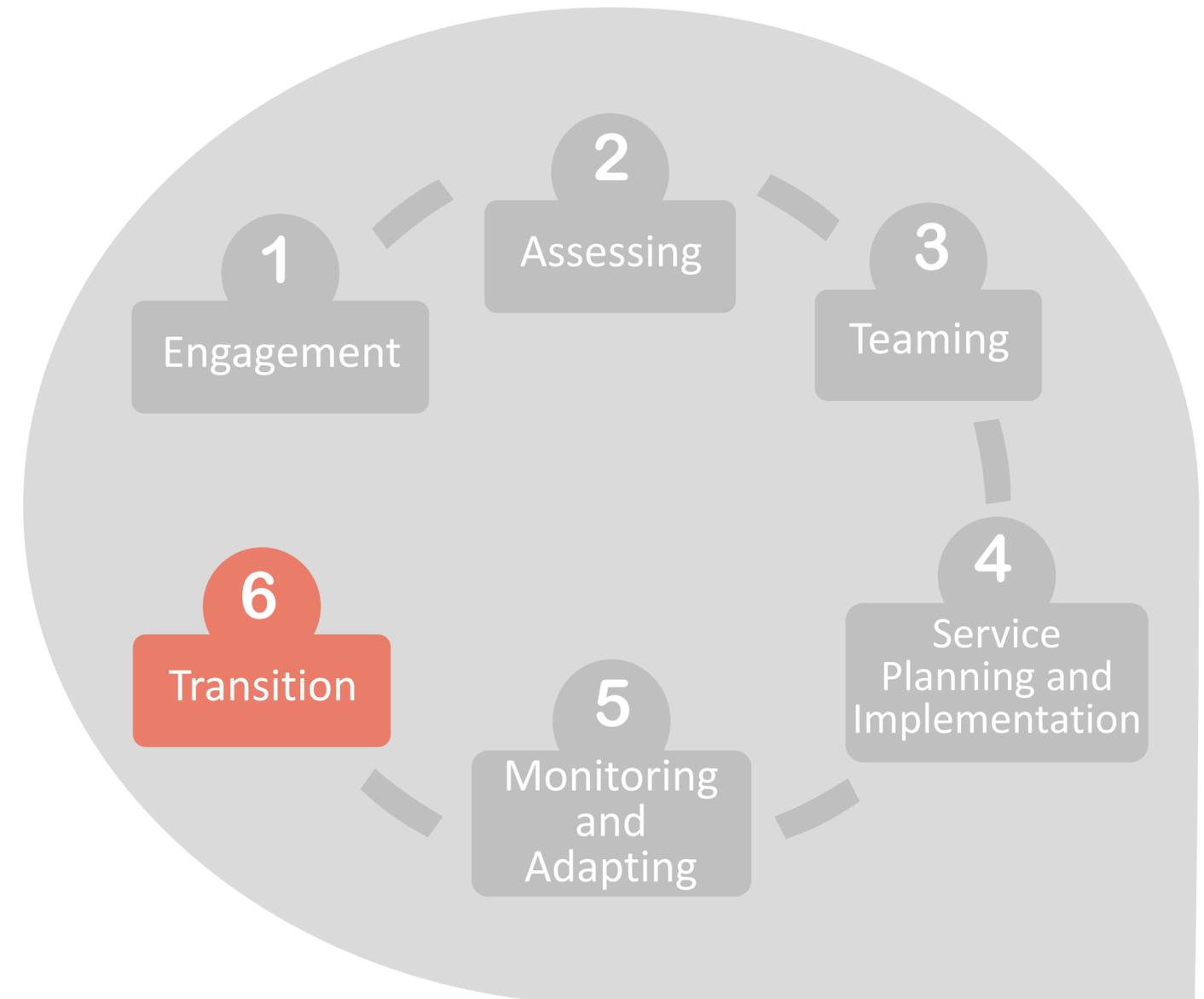
Up to six months of formal transition are allowed under the WISe model.



# Essential Steps of Transition



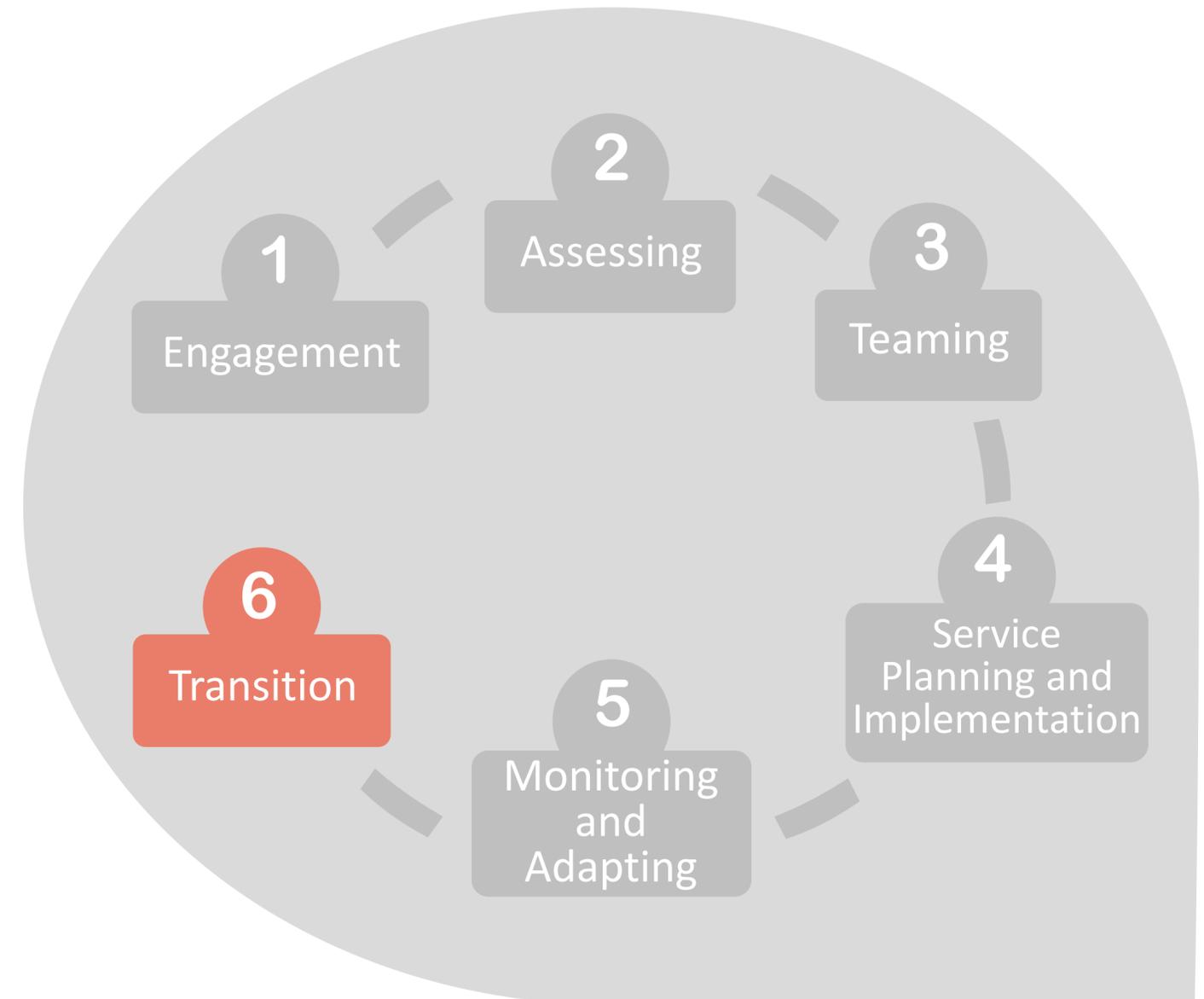
- 1** CFT creates strategies within the CSCP for a purposeful exit out of WISE
- 2** CFT creates a post-WISE crisis plan
- 3** CFT discusses responses to potential future situations, including crises
- 4** WISE Practitioner(s) guide the CFT that describes the strengths of the youth and family and lessons learned
- 5** CFT prepares and reviews necessary final reports
- 6** CFT is encouraged to create and/or to participate in a culturally-appropriate “commencement” celebration



# Essential Steps of Transition



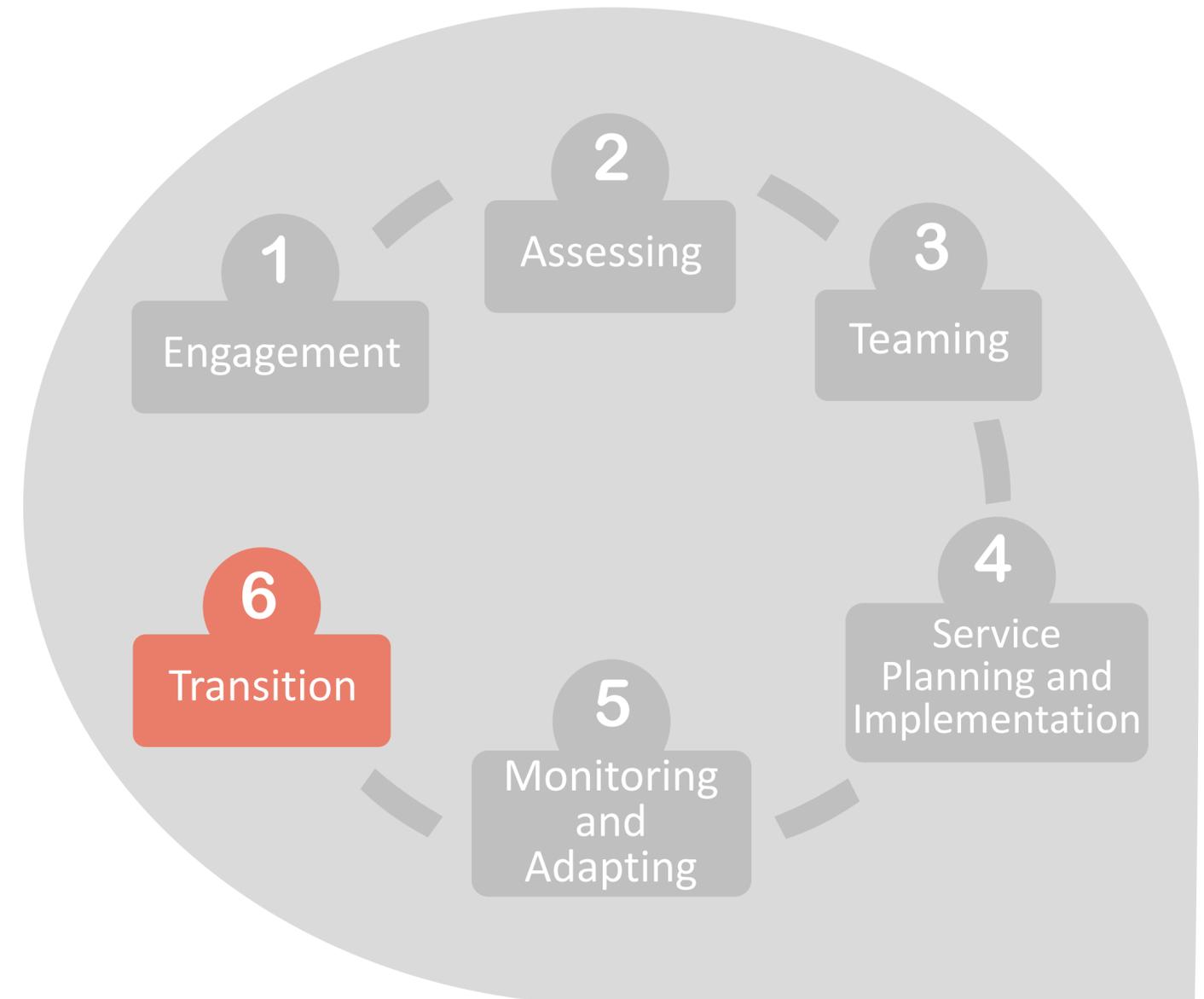
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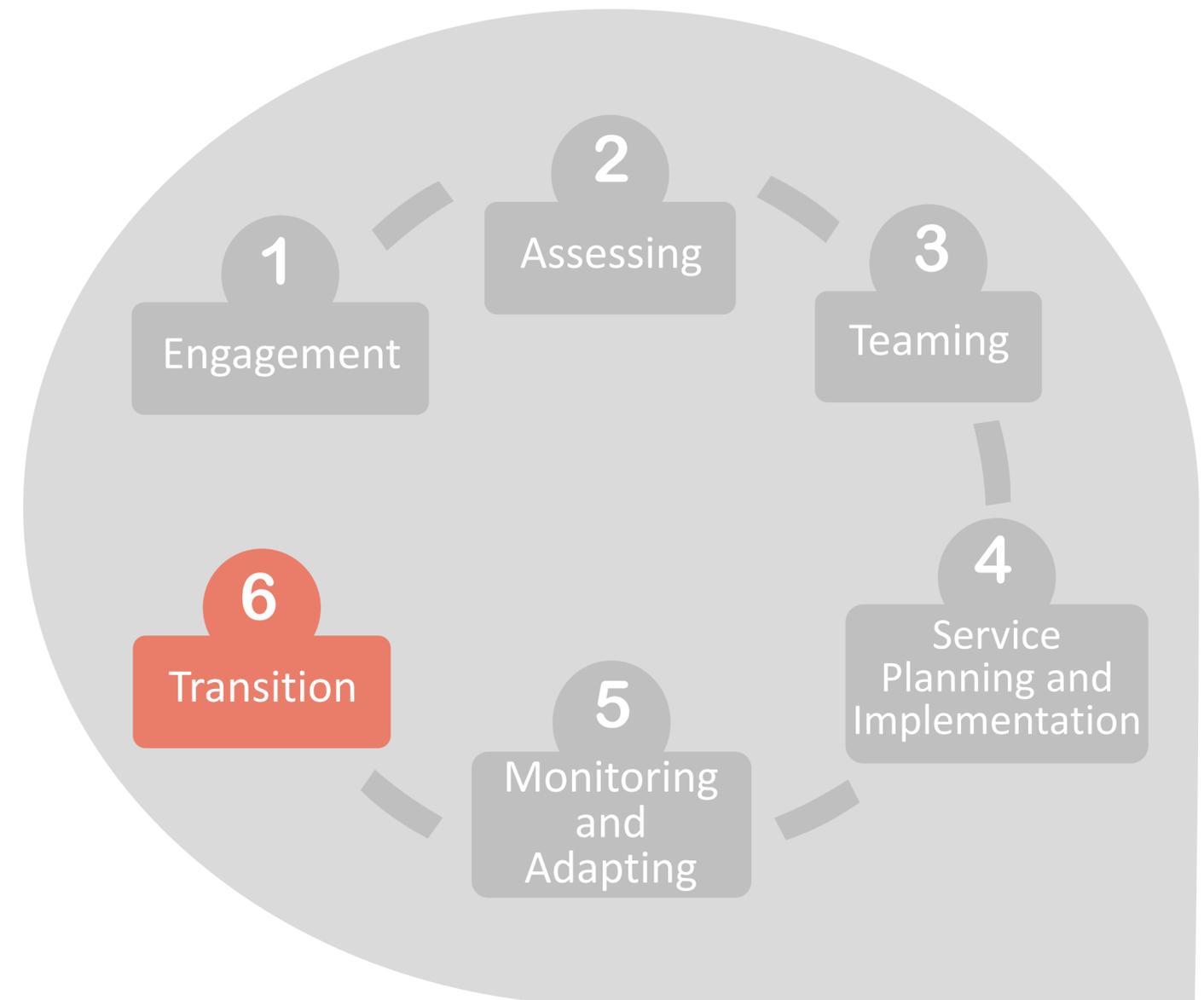
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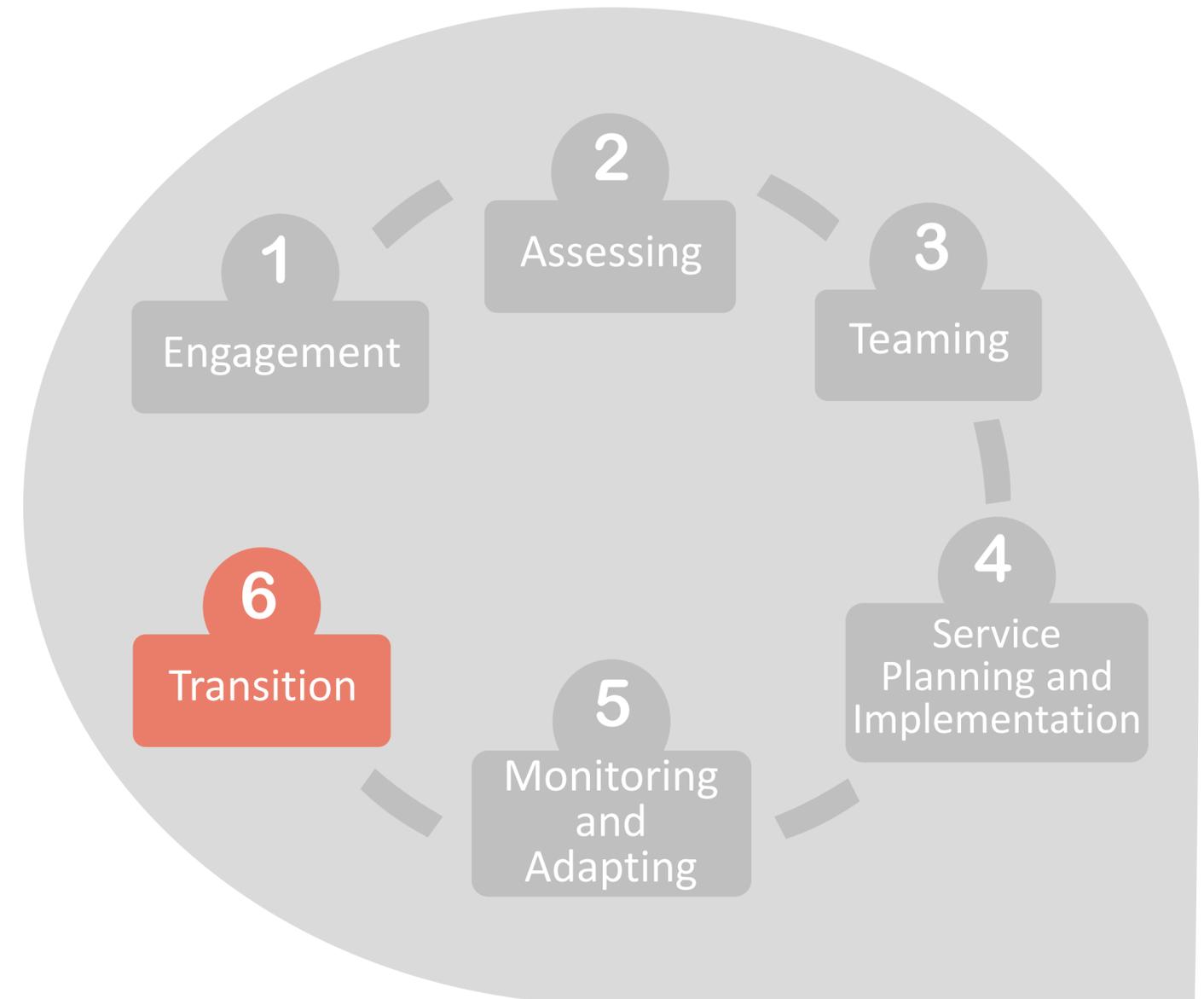
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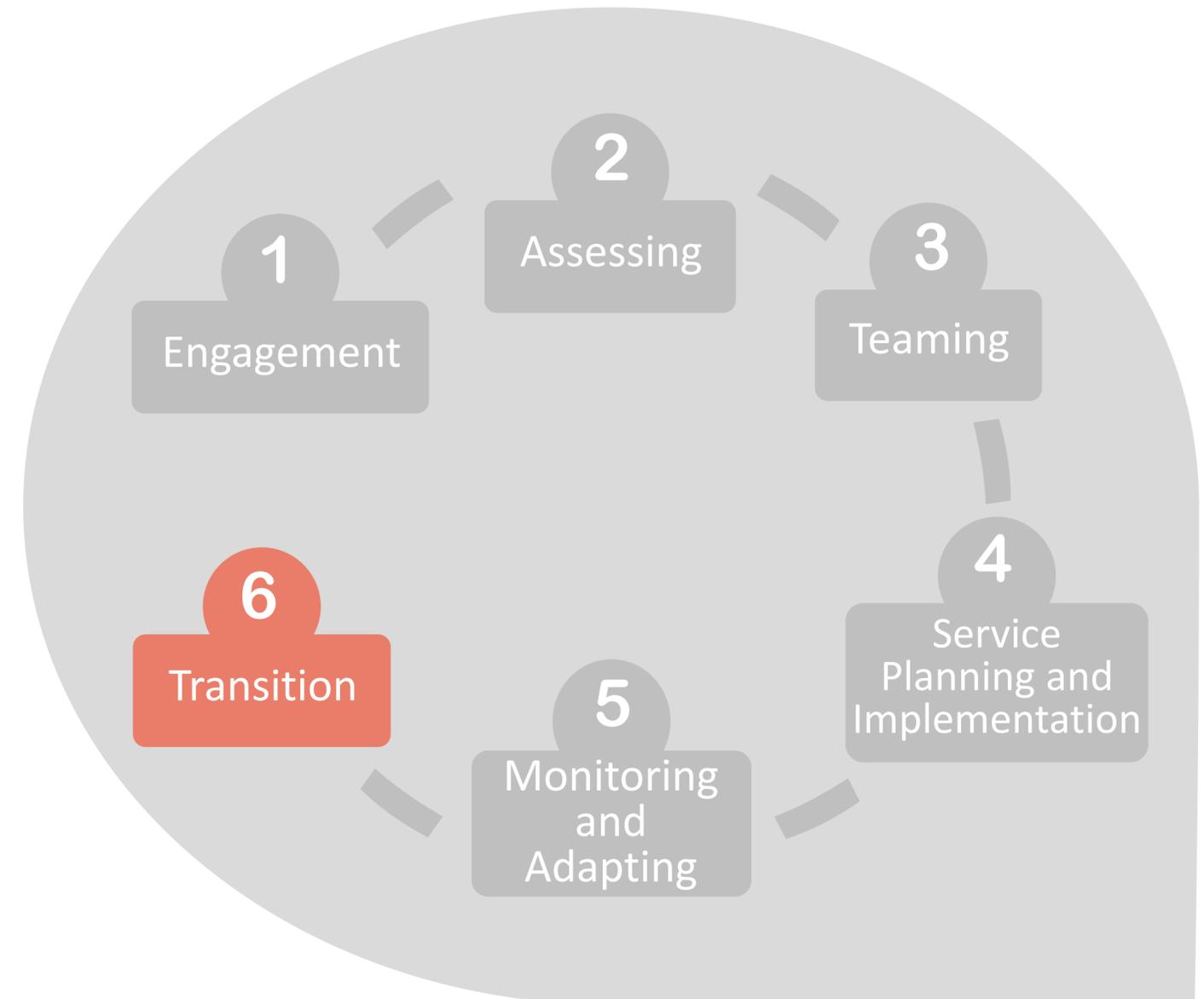
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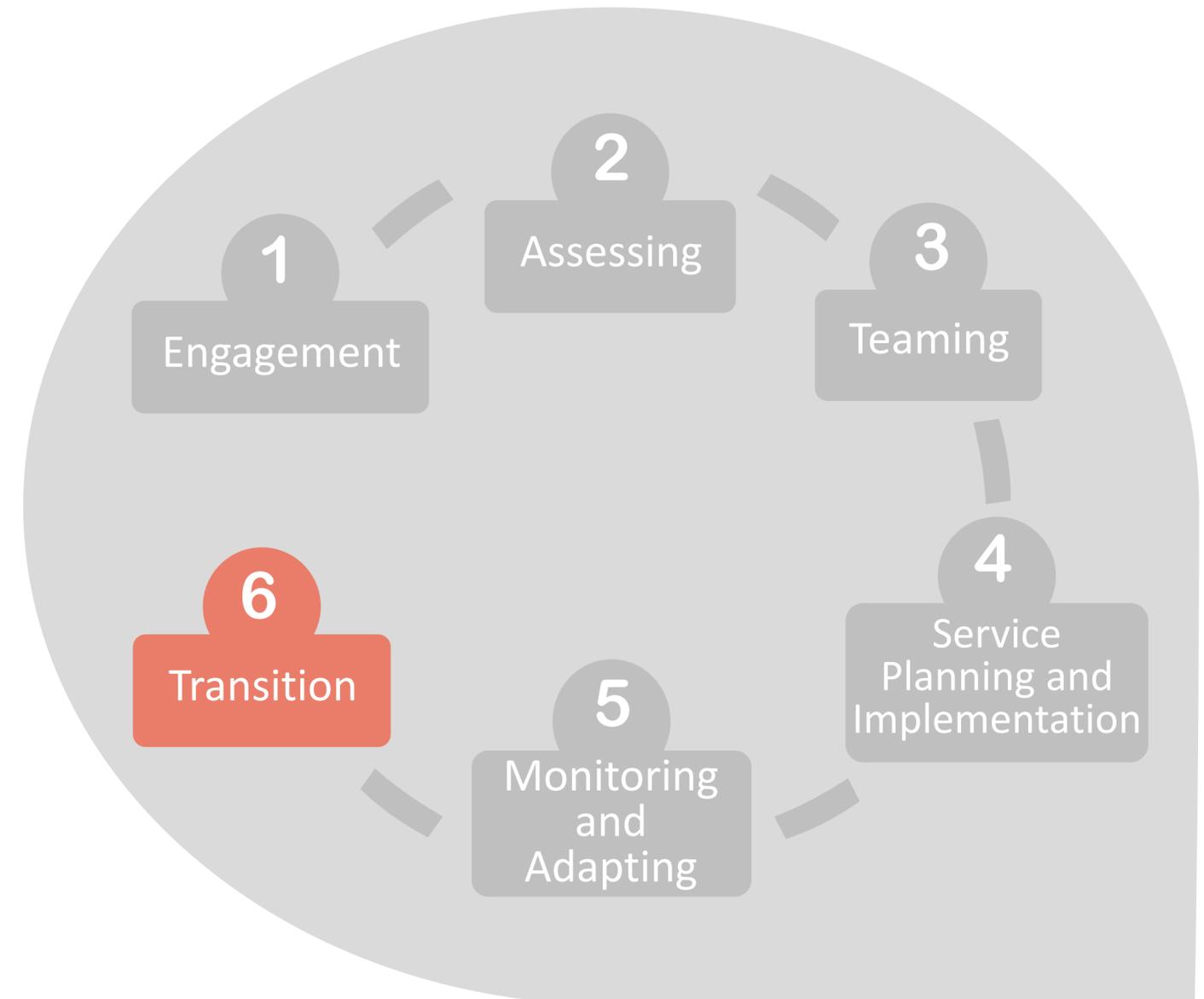
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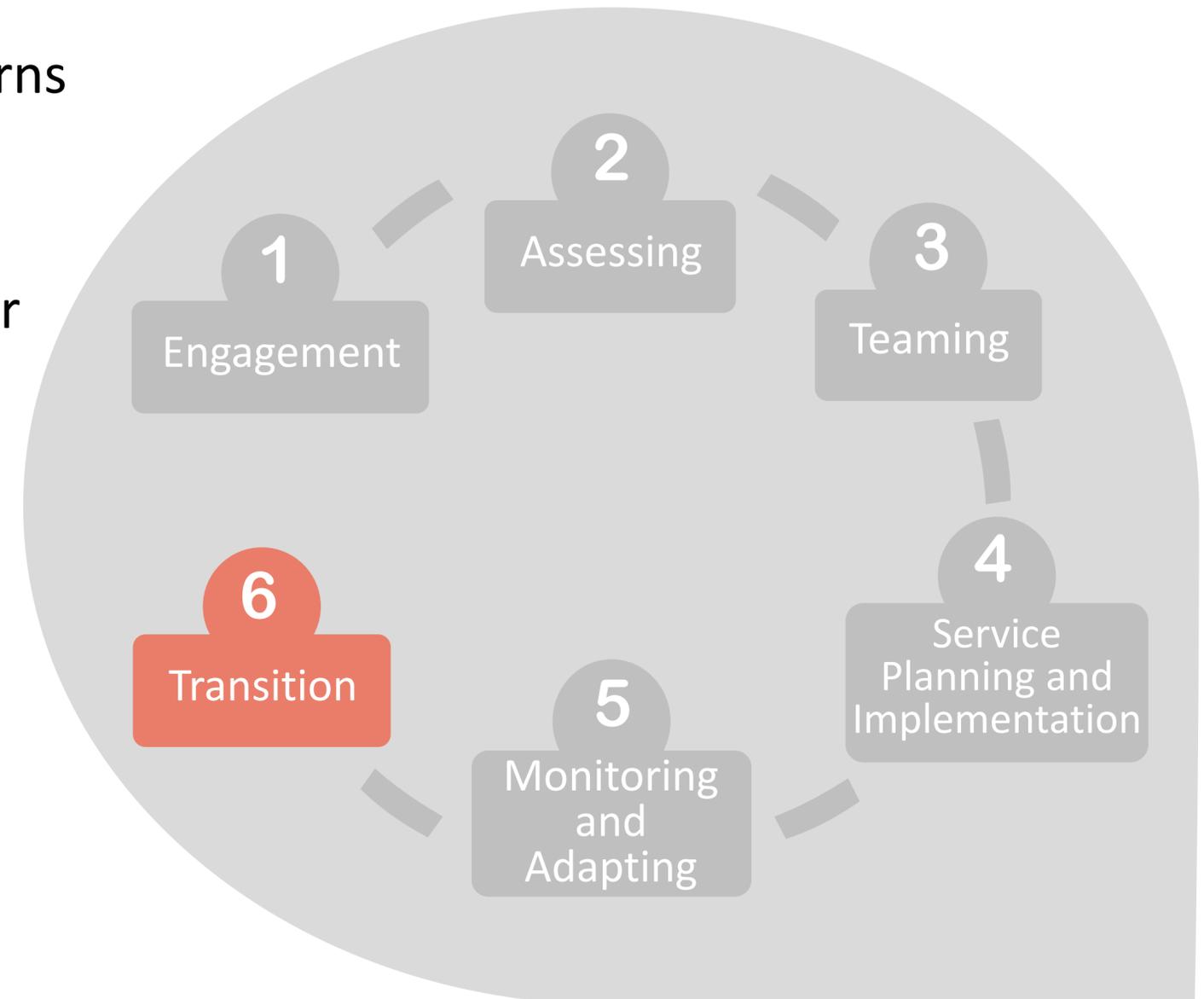
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# Youth and Family



- 1** Communicate any fear, needs and concerns about the transition process
- 2** Identify what they have learned and their successes during the WISE process
- 3** Encouraged to participate in support groups and established community activities
- 4** Develop a process to stay in touch



# WISe Practitioners



1

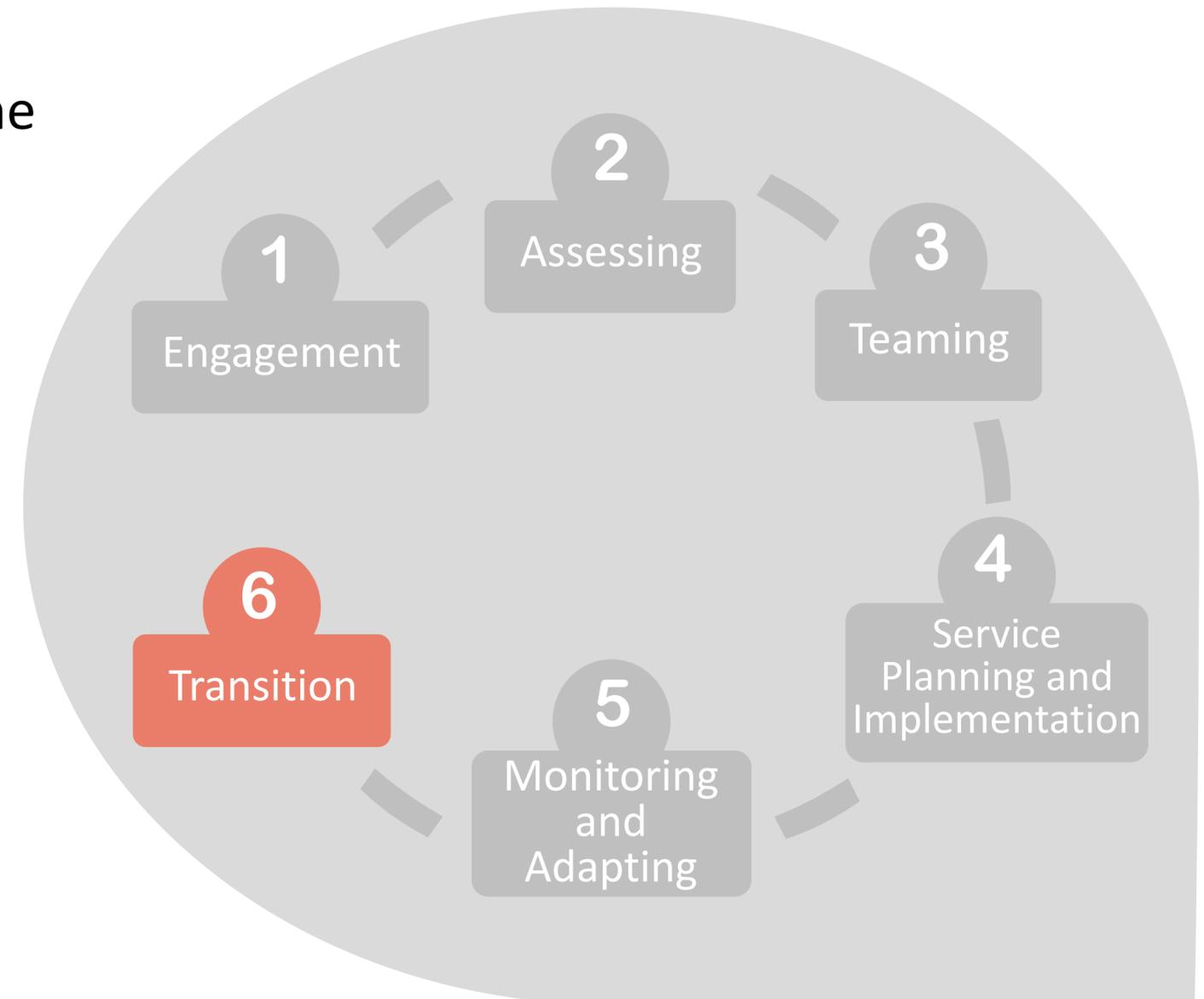
Help the youth and family reflect on the WISe process and identify and acknowledge achievements

2

Discuss all supports and services that are continuing post-WISe

3

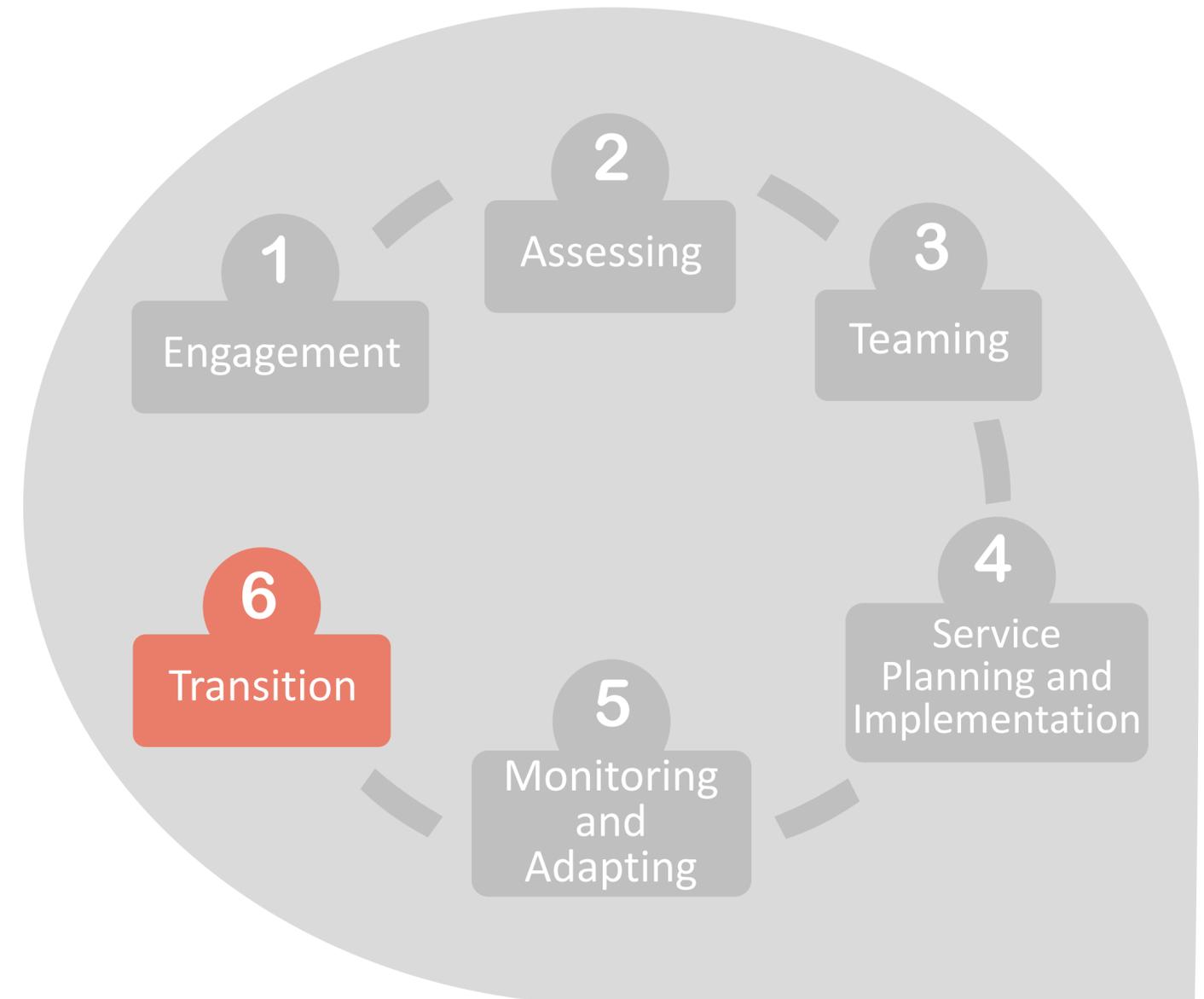
Develop a plan for a celebration that is relevant to the youth and family's culture



# Important to Know



Remember that all six phases are an important process to follow. If the team is experiencing challenges, it could mean there is a need to return to a previous phase.



# Next: WISe Team Meeting Components

