

WISe Crisis Planning and Intervention Services



Mobile Crisis Intervention and Stabilization Services



1

Crisis planning

2

Assessment

3

Stabilization

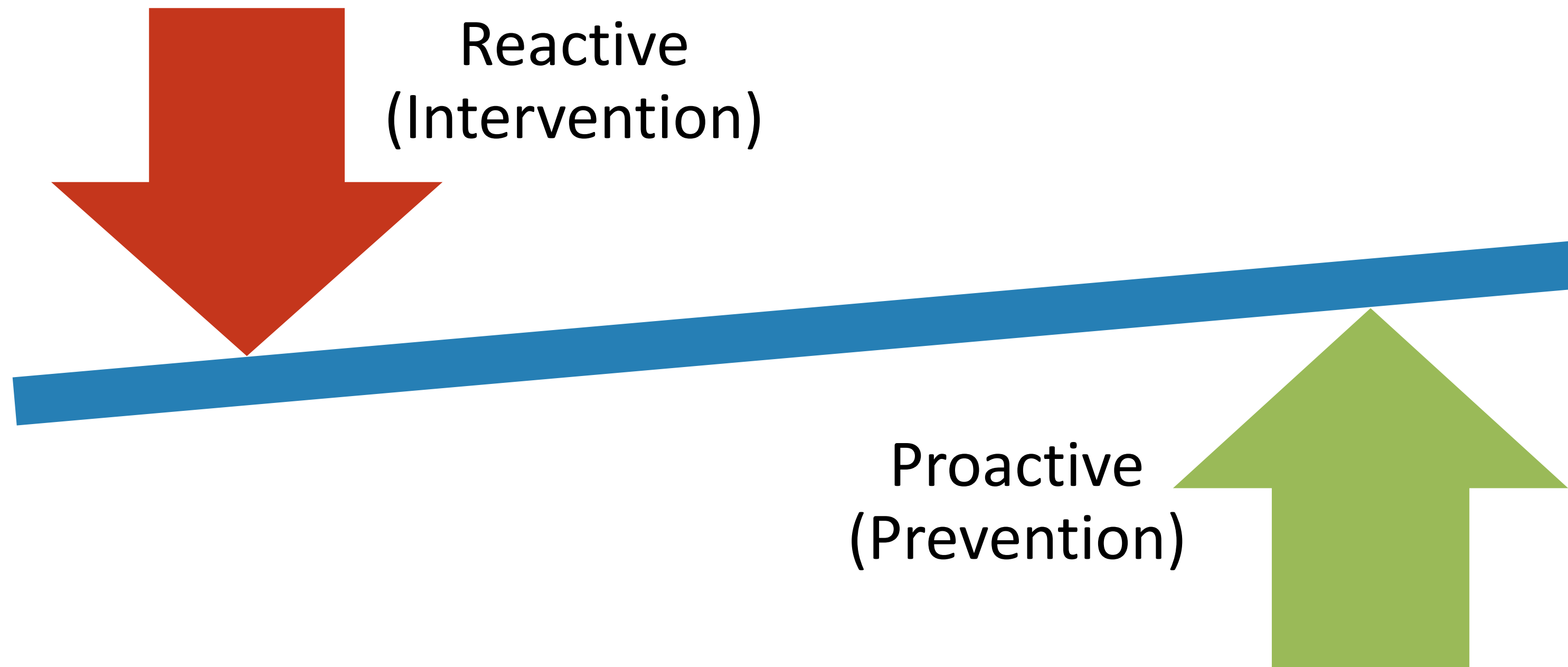
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Referral and coordination

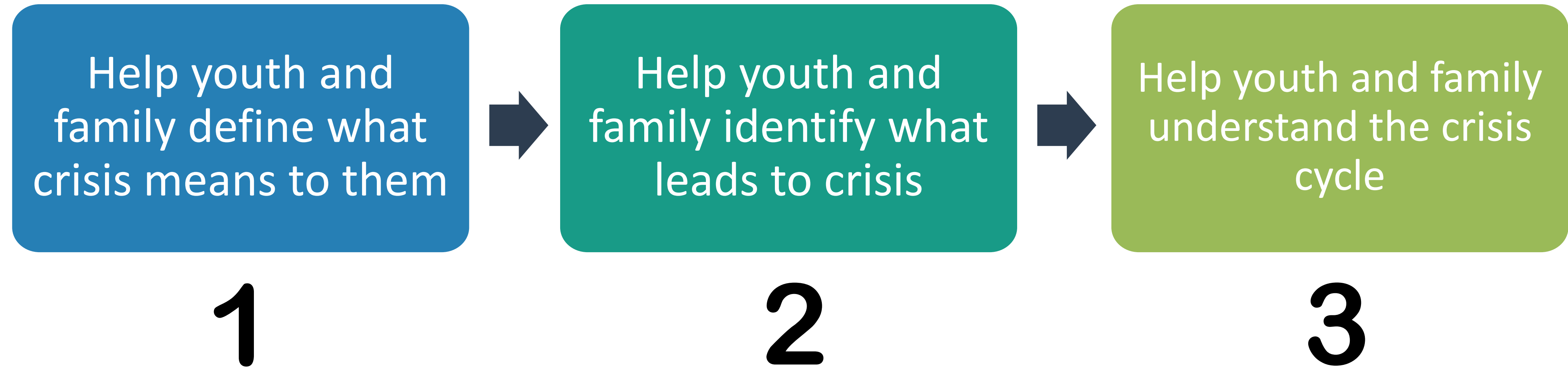
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Post-crisis follow-up

Types of Crisis and Safety Plans



Steps in Crisis Planning



Step 1



Help youth and family define what a crisis means to them.

Step 2: Identifying What Leads To a Crisis



- 1 New situations
- 2 Stress and emotions
- 3 Change in routine
- 4 Grief and loss
- 5 Medication issues
- 6 Health and psychiatric issues
- 7 Stressed relationships
- 8 Need for structure

Step 2: Identifying What Leads To a Crisis



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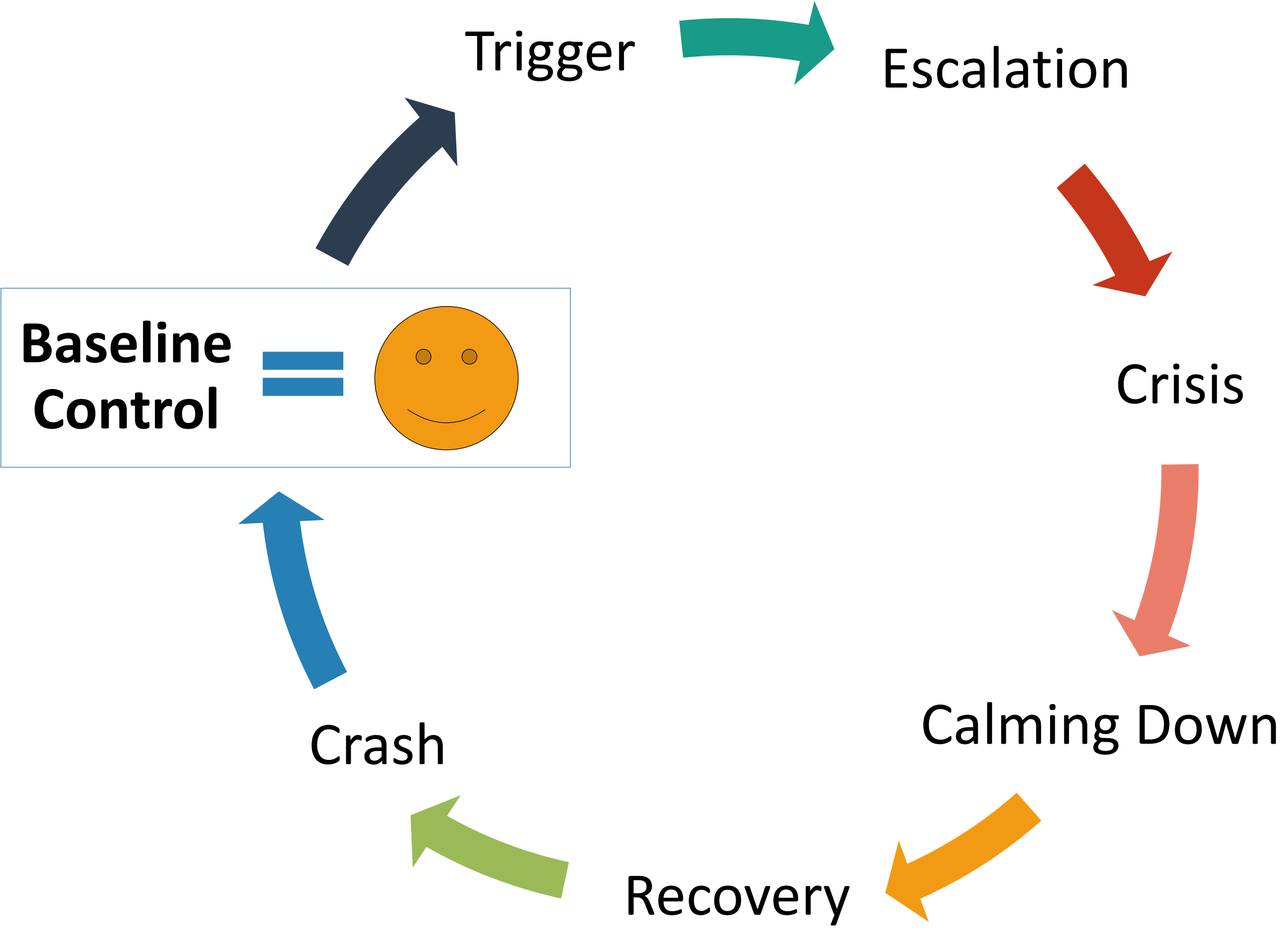
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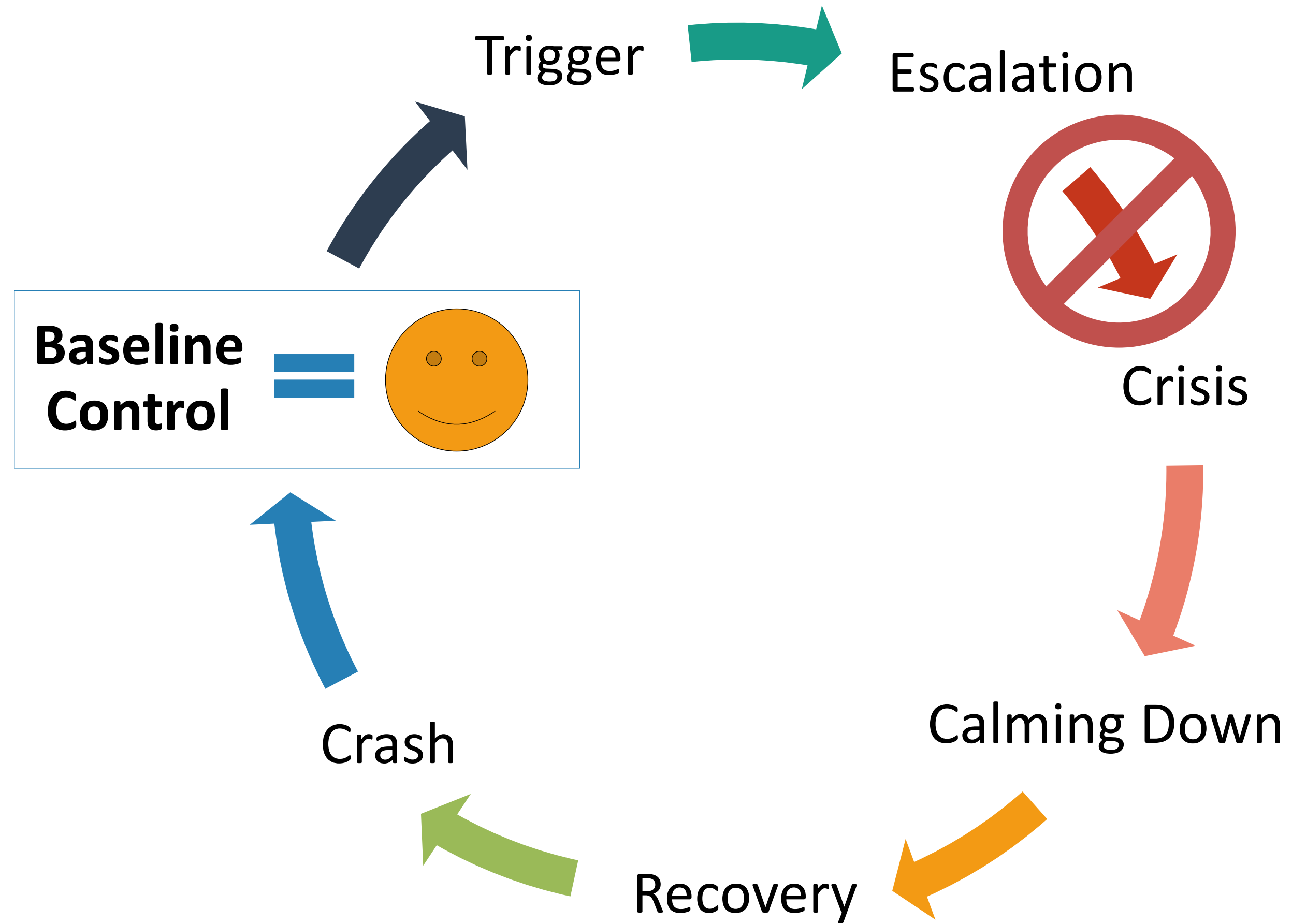


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Step 3: Understanding the Crisis Cycle



Proactive Crisis Planning



Each Crisis Plan Should Include



- 1 Types of crises
- 2 Crisis identification and prevention steps
- 3 Crises response actions to address severity of crisis situation
- 4 Legal mandates and community safety
- 5 Behavioral benchmarks to reflect progress
- 6 Post-crisis plan

Each Crisis Plan Should Include



Types of crises

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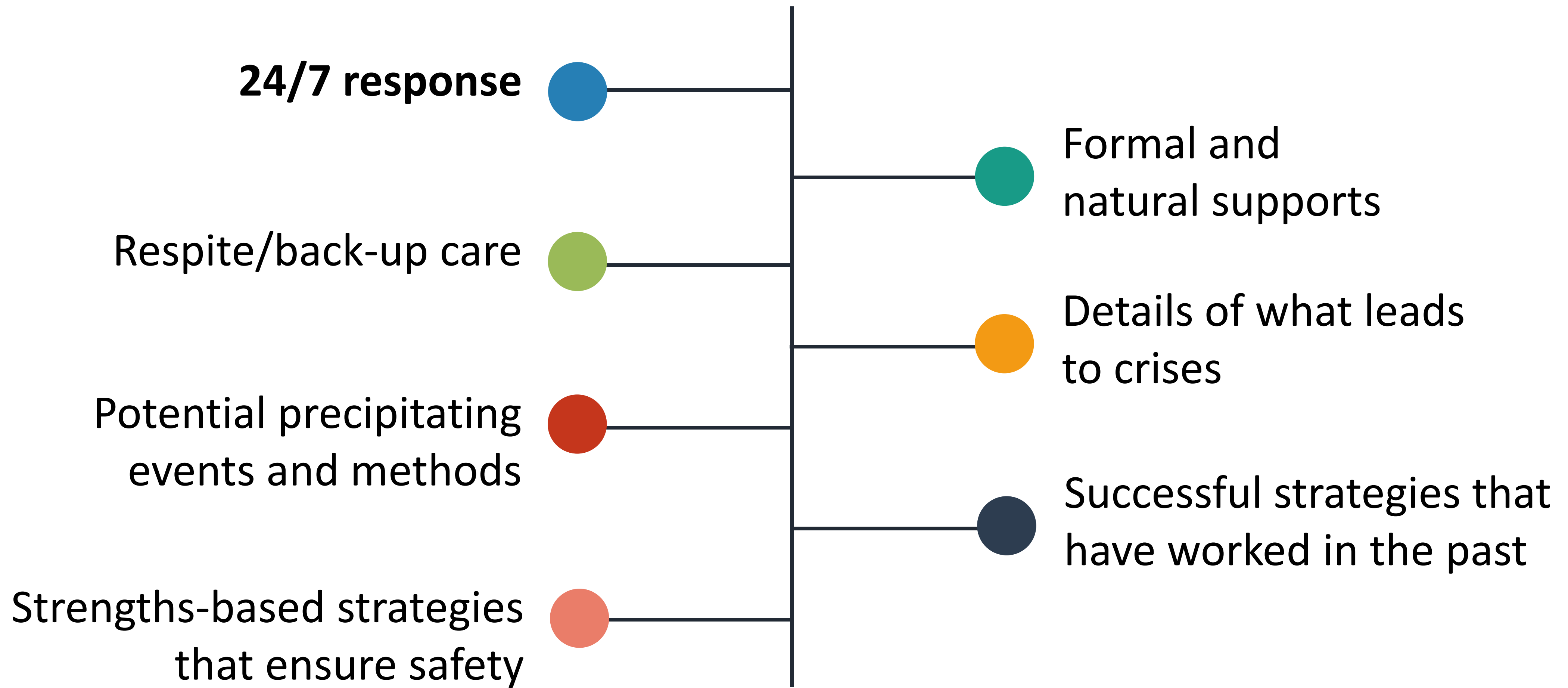
Crisis identification

Each Crisis Plan Should Include

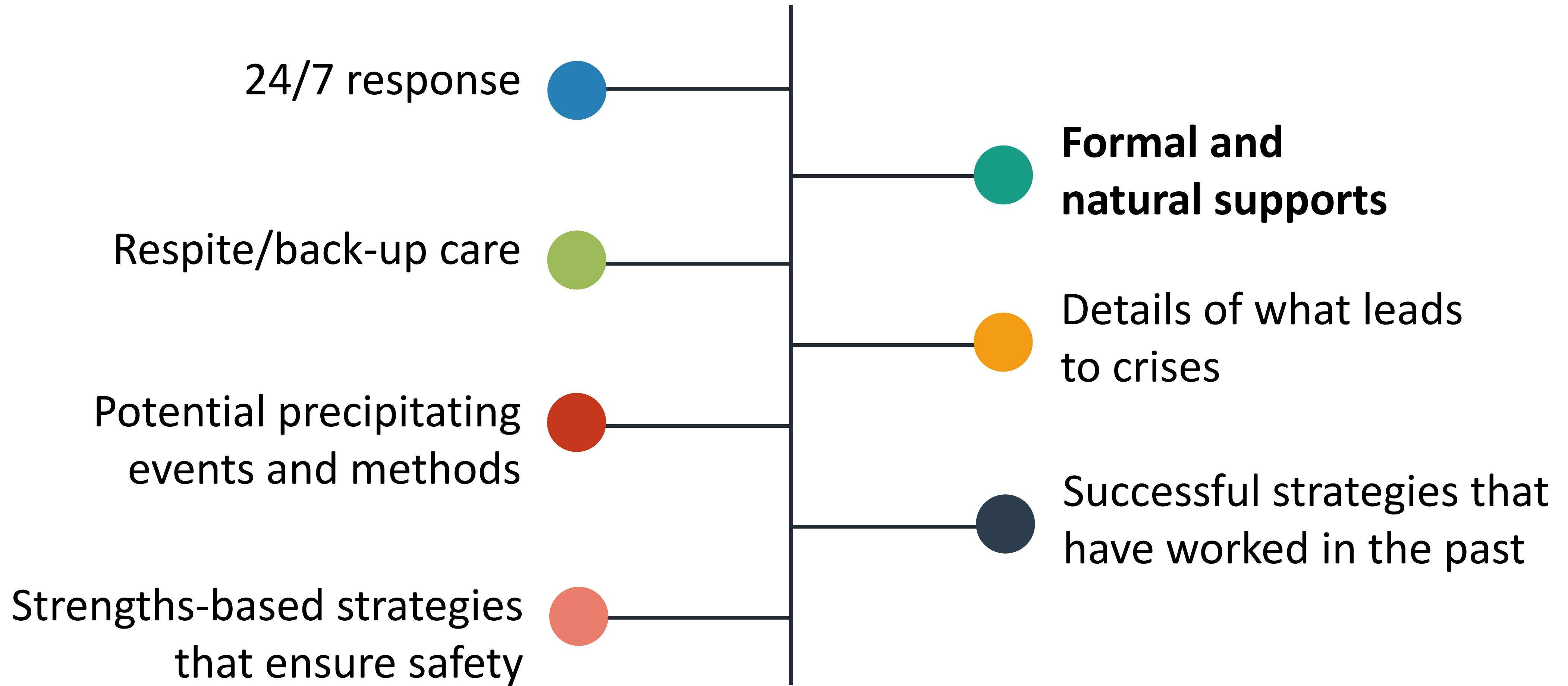


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- 2 Crisis identification
- 3 Crises response actions

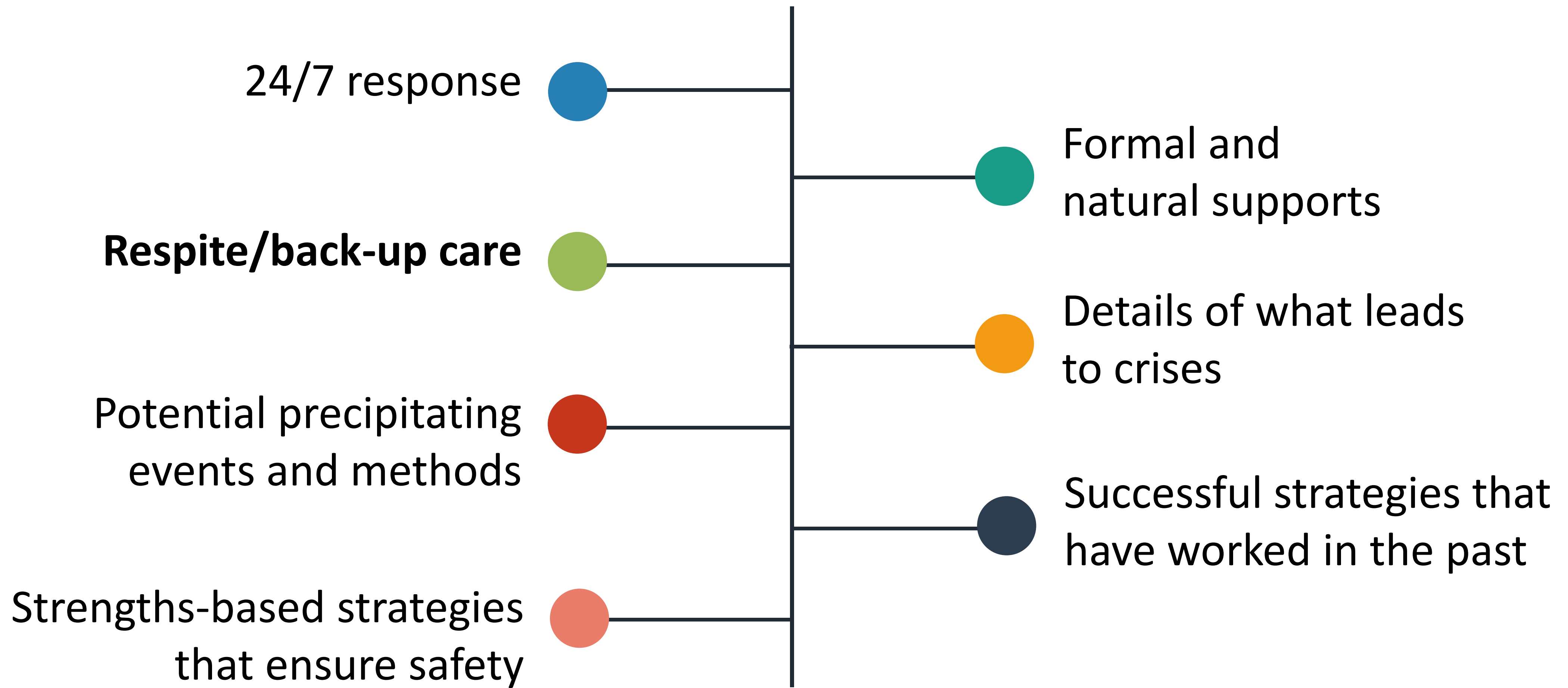
Crisis Response Actions



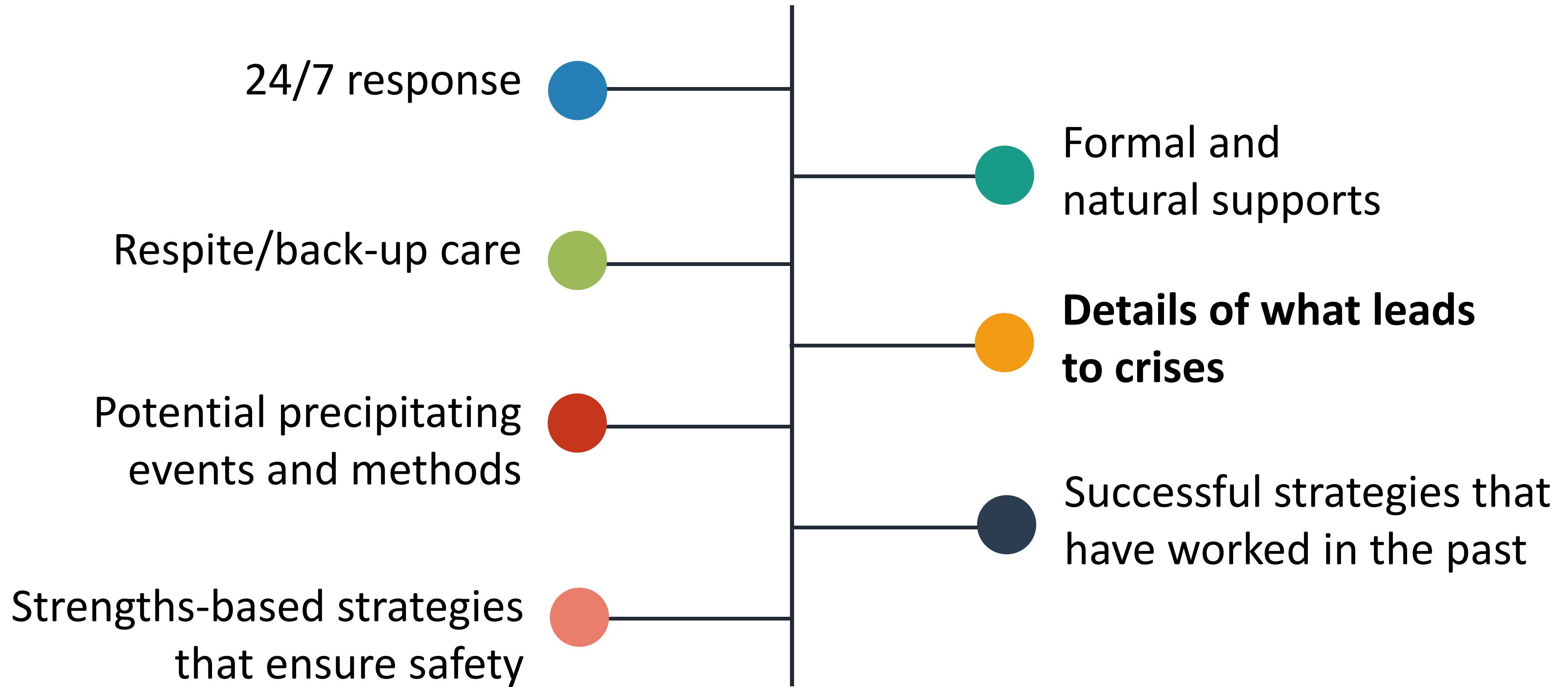
Crisis Response Actions



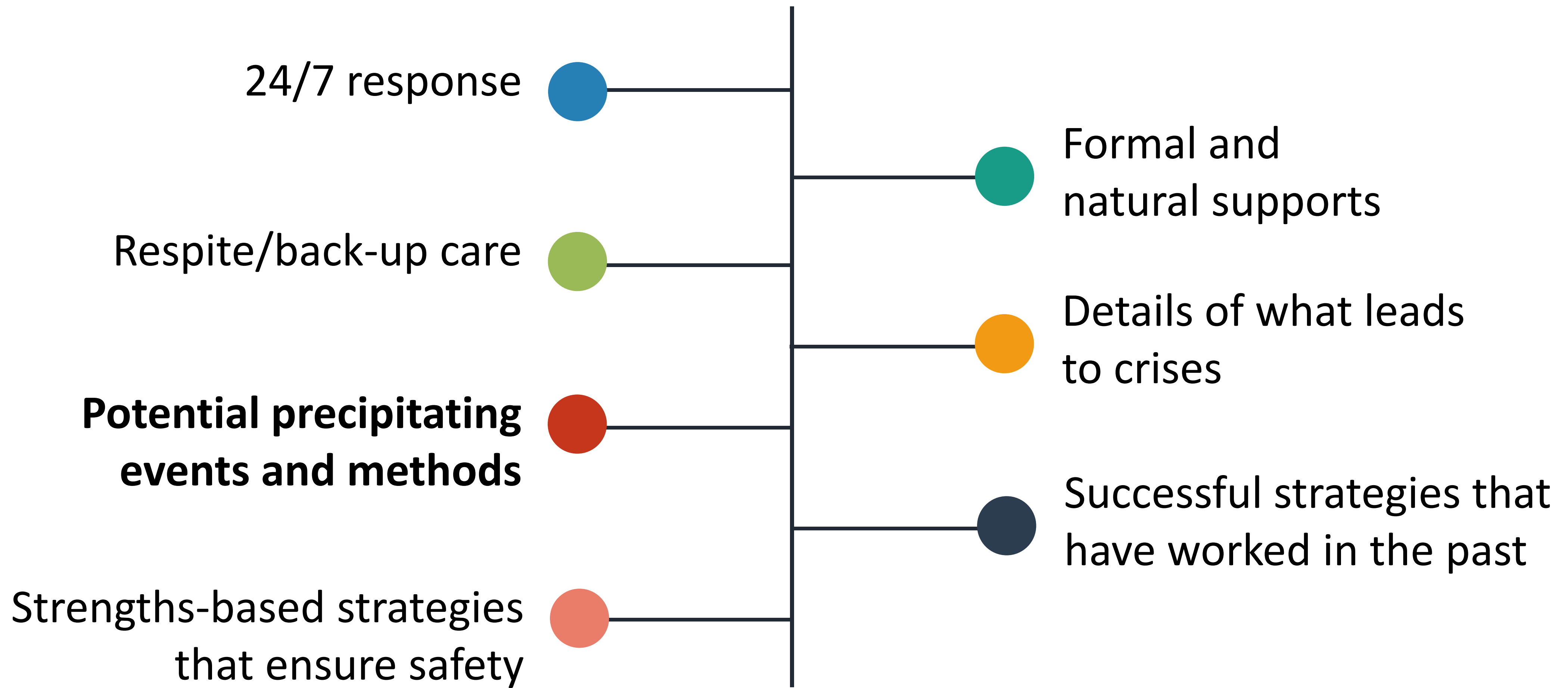
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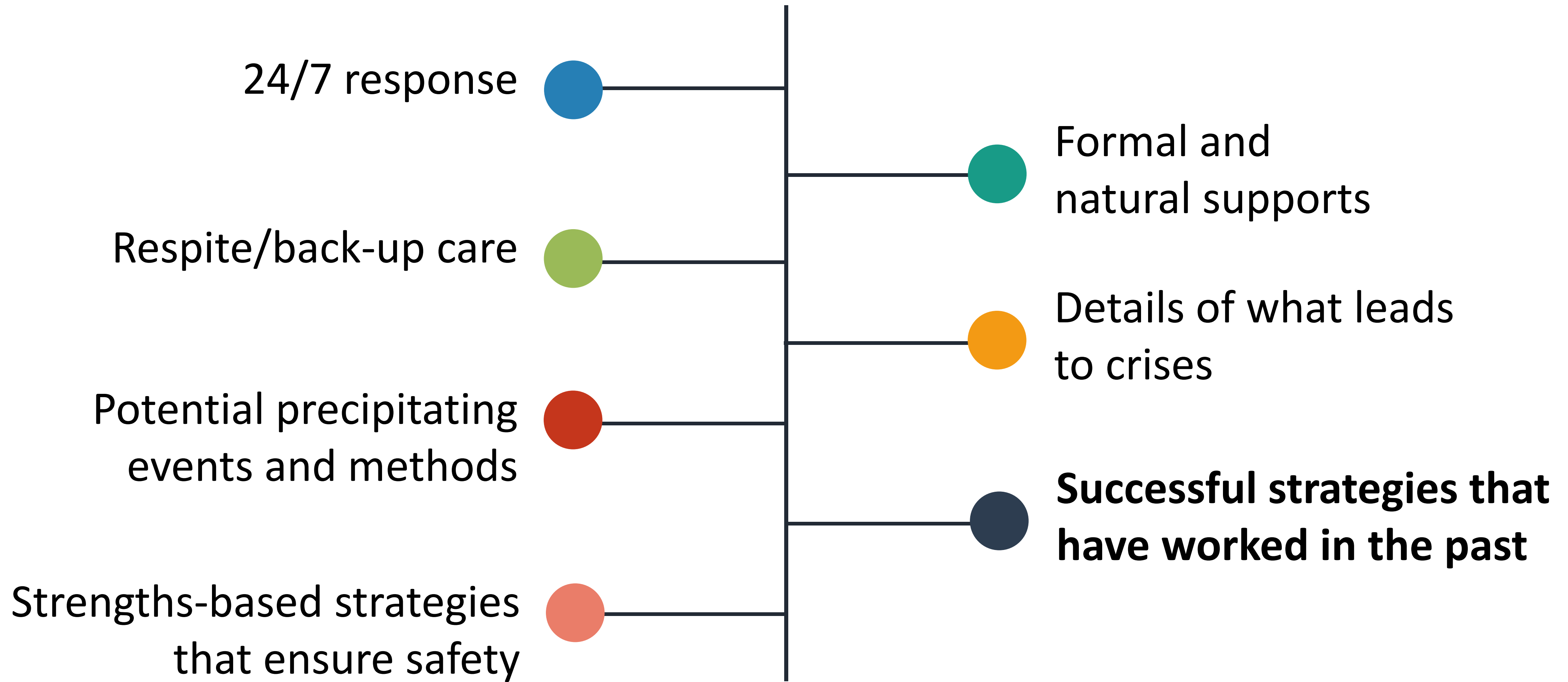
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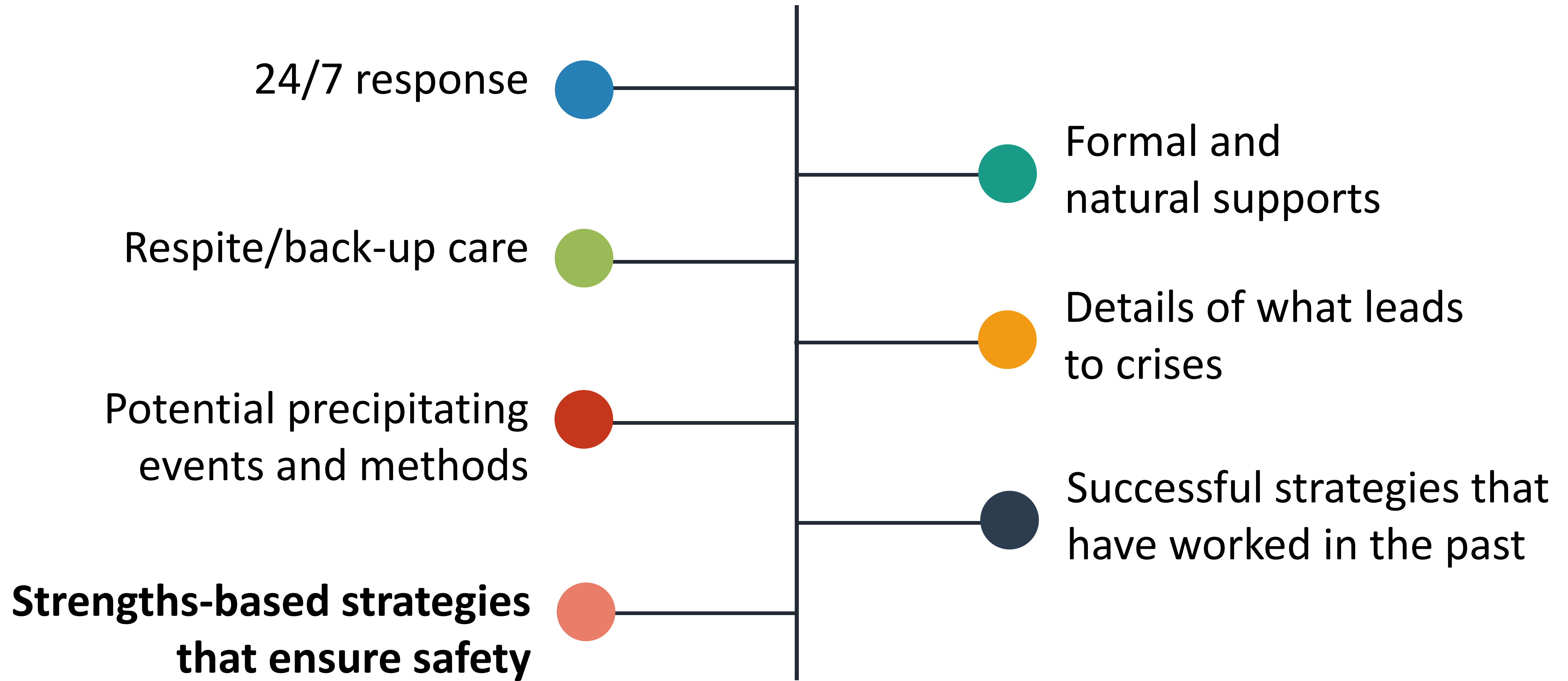
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Types of crises



Crisis identification



Crises response actions



Legal mandates
and community safety

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Types of crises



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Behavioral benchmarks

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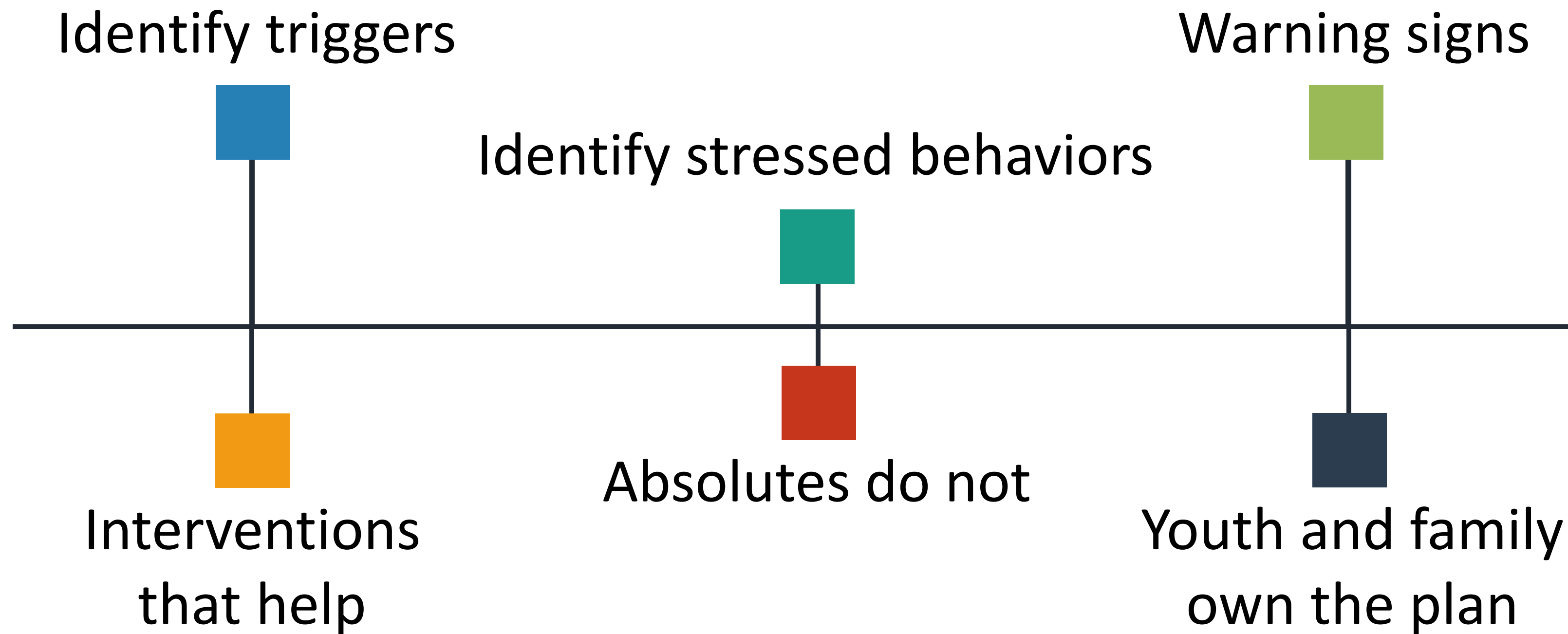


Post-crisis plan

Keys to Prevention



How do you know when things are escalating?



Guiding Principles of Crisis and Safety Planning



1

Negative behavior is an unmet need.

2

If people feel more control over their lives, they will make better decisions.

3

Managing a crisis is a skill. Crisis planning is a way to teach this skill.

4

If you are worried about something, develop a plan for it.

Stabilization Services



1

Counseling to assist in de-escalating behaviors

2

Treatment and intervention

3

Responsive services in home and community setting

Mobile Crisis and Stabilization Services



24/7 and 365 days/year

Mobile Crisis and Stabilization Services



24/7 and 365 days/year



Provided where crisis occurs

Mobile Crisis and Stabilization Services



24/7 and 365 days/year



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Responsive providers

Reactive Planning After a Crisis



Reactive Planning After a Crisis



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Schedule a team meeting within three days following a crisis.

Reactive Planning After a Crisis



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Agree to make no major decisions until at least 72 hours after a crisis has passed.

Reactive Planning After a Crisis



- 1 Schedule a team meeting within three days following a crisis.
- 2 Agree to make no major decisions until at least 72 hours after a crisis has passed.
- 3 Rely on support people who will not escalate a crisis.

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- 4 Coordinate services between out-of-home provider and the CFT.

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- 2 Agree to make no major decisions until at least 72 hours after a crisis has passed.
- 3 Rely on support people who will not escalate a crisis.
- 4 Coordinate services between out-of-home provider and the CFT.
- 5 Crisis plans are modified as needed based on the changing situation of the family and child.

Crisis Services within Transition Phase



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- 2 Rehearse responses to crises and create linkage to post-WISE crisis resources.

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- 4 Discuss responses to potential future situations.

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- 5 Negotiate the nature of each team member's post-WISE participation with the youth and family.

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- 2 Rehearse responses to crises and create linkage to post-WISE crisis resources.
- 3 New team members need to reflect post-transition strategies, services and supports.
- 4 Discuss responses to potential future situations.
- 5 Negotiate the nature of each team member's post-WISE participation with the youth and family.
- 6 Crisis drills should be practiced.

Thank you for your participation!

