

CLIP IMPROVEMENT TEAM
INITIAL OUTCOME INDICATORS
APRIL, 2013

The CLIP Improvement Team is an effort that began in November, 2010 and is described in other materials. The overall project has focused on improving the transition of youth into and out of our Children's Long Term Inpatient programs, a combination of 47 child and youth beds as part of the state hospital, and 44 beds in three PRTF's operated by non-profit mental health centers or stand-alone programs. One of the unique factors in this effort is that it began in response to a field RSN request to address problems between the residential and community treatment mental health systems for youth. There is no requirement from the state or the RSN's by contract or regulation to engage in this effort, but the group has sustained this statewide task based on positive experience of the work accomplished to date.

Some initial accomplishments of this project that have been observed since the inception of the CLIP Improvement Team are:

- Increased evidence of family, RSN and community mental health participation in CLIP treatment found in annual CLIP Inspection of Care audits.
- Involvement of CLIP youth in treatment in CLIP Improvement Team effort.
- Reduction in Average Length of Stay for CLIP from 328 days in Fiscal Year 2011 to 258 days in Fiscal Year 2013 to date.
- Change in CLIP Policies and Procedures, reducing initial maximum certification time frame and maximum re-certification time frames in half. This changed over 20 years of the previous service limit standards.
- Time of service expectation, by CLIP IT agreement, is now described as a "three to six month" treatment intervention.
- Establishment of structured Pre-Admission planning meetings before CLIP admission, clearly involving parents, hospitals, community mental health, and the CLIP program in clarifying expectation of treatment, length of stay, family involvement and discharge plan.
- Initial efforts to engage system partners utilizing this resource in the CLIP IT mission.
- Formal request to Washington's System of Care Family Youth and System Partner Roundtables to approve Washington as a national Building Bridges Initiative member.
- Elimination of the CLIP waiting list (length of time to admission after referral) as a Governors Management Accountability and Performance indicator, due to meeting expected targets for over two consecutive years.
- Increase in discharge rates over the past 4 years, reduction in number of youth on waiting list across the past calendar year.