


Frequently Asked Questions

FYSPRT Information:

Question	Answer
<p>What is a FYSPRT?</p> 	<ul style="list-style-type: none"> • FYSPRT stands for Family Youth System Partner Round Table • FYSPRTs create a platform for family, youth and system partners to collaborate, listen, and incorporate the voice of the community into decision making at the state level. They are based on the core values of System of Care, which are: <ul style="list-style-type: none"> ○ Family and youth driven services; ○ Cross-system collaboration; ○ Community based; and ○ Culturally and linguistically competent services. • FYSPRTs are a critical part of the Governance Structure that includes family, youth and system partner voice. It is a required element of the TR Settlement Agreement* agreed on by the plaintiffs and Washington State to inform children’s behavioral health system change. <p><i>*for more information go to the State FYSPRT website https://www.dshs.wa.gov/bhsia/division-behavioral-health-and-recovery/family-youth-and-system-partner-round-tables-fysprts or contact your Regional FYSPRT (contact information on the State FYSPRT website)</i></p>
<p>What is the Vision of FYSPRT?</p>	<ul style="list-style-type: none"> • Through respectful partnerships, families, youth, systems, and communities collaborate, influence, and provide leadership to address challenges and barriers by promoting cohesive behavioral health services for children, youth and families in Washington State.
<p>What is the Mission of the FYSPRT?</p>	<ul style="list-style-type: none"> • The Washington State Family, Youth and System Partner Round Tables provide an equitable forum for families, youth, systems, and communities to strengthen sustainable resources by providing community-based approaches to address the individualized behavioral health needs of children, youth and families.
<p>How can the FYSPRT support community needs of:</p> <ol style="list-style-type: none"> 1. Youth 2. Family 3. System Partners 	<ul style="list-style-type: none"> • FYSPRTs support the community needs of youth, family, and system partners through collaboration, listening, and resource sharing. FYSPRTs provide a forum to make connections with others in the community, offering validation and hope.
<p>What can I expect to happen at a FYSPRT Meeting?</p>	<ul style="list-style-type: none"> • At a FYSPRT meeting you can expect a safe, collaborative, welcoming environment to share your thoughts, voice, and listen and learn from others. It is a place where different perspectives can come together to build relationships and develop suggestions for ways to make things work better. You can propose topics to add to the current meeting agenda and/or to a future meeting agenda that addresses a need or needs important to your community.
<p>How do we as a FYSPRT make a difference?</p>	<ul style="list-style-type: none"> • FYSPRTs make a difference by welcoming the voice of youth, family and system partners in sharing strengths and needs regarding

	<p>mental health services for youth. Information and feedback discussed at FYSPRTs have the potential to initiate and influence system-wide change at the local/regional level.</p>
<p>What is my role/ how do I fit?</p>	<ul style="list-style-type: none"> • Each person coming to the table brings a unique perspective, please come to a meeting to explore how you fit it.
<p>How is my FYSPRT connected to other local initiatives? Who are our local partners? What issues are being addressed?</p>	<ul style="list-style-type: none"> • <i>(coming soon)</i> • <i>*Individualize* - each Regional or Local FYSPRTs answer may be different. Each FYSPRT would provide a response to this based on their community. Review quarterly or semi-annually to keep information up to date.</i>
<p>Where can I get more information about FYSPRTs?</p>	<p>There are several options for getting more information about FYSPRTs:</p> <ul style="list-style-type: none"> • Statewide website https://www.dshs.wa.gov/bhsia/division-behavioral-health-and-recovery/family-youth-and-system-partner-round-tables-fysprts • www.FYSPRT.com • Regional or local websites <i>(coming soon)</i> • Youth N Action website <i>(coming soon)</i> • Contact one of your Regional Tri-Leads <i>(contact list on the Statewide website)</i>

System of Care Information:

Question	Answer
What is System of Care (SOC)?	System of Care embraces the idea that youth and families can and should have an active role in how systems serve them. This includes community based services that are individualized, strengths based and empowering to youth. A System of Care addresses the needs of youth through effective family, youth, and cross system partnerships and collaboration across agencies.
What are the core values of SOC?	<p>1. Family driven and youth guided, with the strengths and needs of the youth and family determining the types and mix of services and supports that best fit their needs.</p> <p>2. Community based, with services and the management of those services resting within a supportive framework at the community level.</p> <p>3. Culturally and linguistically competent, with programs and services that reflect the culture and language of the population served. This will ensure access to services based on each youth and their family’s unique needs and eliminate gaps in services.</p>
What are Washington State’s SOC Goals?	<ol style="list-style-type: none"> 1) Infuse SOC values in all child-serving systems. 2) Expand and sustain effective leadership roles for families, youth, and system partners. 3) Establish an appropriate array of services and resources statewide, including home- and community-based services. 4) Develop and strengthen a workforce that will operationalize SOC values. 5) Build a strong data management system to inform decision-making and track outcomes. 6) Develop sustainable financing and align funding to ensure services are seamless for children, youth, and families.
Why does SOC matter?	SOC matters as it encourages a culture shift in the mental health system emphasizing the importance of youth and family voice in improving the effectiveness and relevance of services.
What are some ways to operationalize SOC at a practical level?	<ul style="list-style-type: none"> • Wraparound • FYSPRTs • Youth N Action • Family-led Organizations • Cross-system communication • Other community roundtables • Community involvement • Youth and family certified peer support employment in agencies providing mental health services.
Where can I get more information?	<p>SAMHSA (Substance Abuse and Mental Health Services Administration) http://www.samhsa.gov/children/core-values.asp</p> <p>Technical Assistance Partnership for Child and Family Mental Health http://www.tapartnership.org/SOC/catalogue/default.php</p> <p>National Technical Assistance Center for Children’s Mental Health http://gucchdtacenter.georgetown.edu/</p>

For Youth:

Question	Answer
What is System of Care (SOC)?	System of Care, also called SOC, embraces the idea that youth and families can and should have an active role in how systems serve them. This includes services in the community that are based on the youth and family’s strengths and needs, as identified by the youth and family. A System of Care addresses the needs of the youth and family through effective family, youth, and system partnerships and collaboration.
What is a system?	“System” refers to a public system that you receive services from; that can be the public school system, health-care providers, mental health-care providers, juvenile justice, Social Security, and many more. There are a lot of different systems that provide different types of services to youth and families, and they all have their own way of doing things.
What is a FYSPRT?	FYSPRT stands for Family, Youth, and System Partner Round Table. FYSPRTs are a group of people that meet up in different areas across Washington State. FYSPRT meetings are attended by family, youth and system representatives who work together to spread System of Care values across Washington State. You can think of System of Care as a roadmap to improving our systems, and FYSPRTs are one vehicle for us to keep moving towards that destination.
How can FYSPRTs support the needs of my community and who I represent?	FYSPRTs support the community needs of youth, family, and system partners through collaboration, listening and resource sharing. FYSPRTs provide a forum to make connections with others in the community, offering validation and hope.
What can I expect to happen at a FYSPRT Meeting?	At a FYSPRT meeting you can expect a safe, collaborative, welcoming environment to share your thoughts, voice, and listen and learn from others. It is a place where different perspectives can come together to build relationships and develop suggestions for ways to make things work better. You can propose topics to add to the current agenda and/or propose agenda items for a future meeting that address a need or needs important to your community.
What is Youth Voice and why are youth so important to this?	Youth Voice is really about what you have to say! As a youth in our community, your views and experiences are valuable, and by giving “youth voice”, you have the opportunity to give helpful input about systems, from the view of a young person receiving services. Most of all, your voice is valuable because nobody knows you better than you!
How can I get more involved?	Contact your FYSPRT or come to a meeting!
Where can I get more information?	There are several options for getting more information about FYSPRTs: <ul style="list-style-type: none"> • Statewide website: https://www.dshs.wa.gov/bhsia/division-behavioral-health-and-recovery/family-youth-and-system-partner-round-tables-fysprts • Regional or local websites (<i>coming soon</i>) • Youth N Action website (<i>coming soon</i>) • Contact one of your Regional Tri-Leads (<i>contact list on the Statewide website</i>)