

FYSPRT Collaboration Efforts:

Washington Systems of Care Statewide FYSPRT

Date: August 13, 2015 **Time:** 10:00 a.m. – 3:00 p.m.

Location: 4450 10th Avenue SE, Lacey, WA 98503

Room(s): Blake West Chelan/Roosevelt Conference Rooms

62 Attendees representing the following: A Common Voice, Children’s Administration, Clark County Juvenile Court, Department of Health, Disability Rights Washington, Division of Behavioral Health and Recovery, Family First Consulting, Grays Harbor RSN, Health Care Authority, King County RSN, Northeast FYSPRT, North Sound FYSPRT, North Sound Mental Health Administration, Northwest FYSPRT, Office of Superintendent of Public Instruction, Optum Pierce RSN, Peninsula RSN, Rehabilitation Administration, Seattle Indian Health Board, Sound Mental Health, South Sound Peninsula FYSPRT, Southwest Behavioral Health-RSN, Southwest FYSPRT, Spokane County RSN, University of Washington, Washington Dads, Washington State Office of the Attorney General, Washington State Community Connectors, Washington State University, Yakima Family Voices, Young Minds Advocacy Project, and Youth N Action.

<u>Agenda Item & Lead(s)</u>	<u>Discussion and Notes</u>	<u>Action Items</u>	<u>Assigned To</u>	<u>By when</u>
Follow Up to “Looking Ahead: Planning for Meaningful Youth and Family Participation in Policy, Management and Services in the Context of WISE” on June 4, 2015				
Welcome and Introductions Jane Beyer 10:00 – 10:15	Due to the number of attendees, participants were asked to identify as: 1. June 4 Participants 2. FYSPRT Tri-Leads 3. Family Leaders 4. Youth Leaders 5. RSNs 6. System Partners 7. Providers	n/a	n/a	n/a
Envisioning the Future Andrea Parrish, Lorrin Gehring and Patty King 10:15 – 10:25	<p>Topic Purpose – To highlight statements created from June 4th activity of envisioning the future</p> <p>During the June 4 meeting, participants responded to questions that prompted them to envision a future in which youth and families participated in children’s behavioral health policy and practice in meaningful ways. Individual participants’ answers were then fused to create one statement per question.</p> <p>A few of the fused responses were read aloud. One of the questions posed on June 4 was “What have youth done that has been most helpful to creating greater youth and family participation?” The fused answer is: “Youth have engaged with community organizations to share stories, provide feedback, ask questions, offer solutions, and connect with other youth by creating youth groups and mentoring their peers. At the same time, they have sought their own mentors, allies, and training to support them in demanding their rights to participate in the process.”</p>	Additional statements were included in the June 4 packet, sent as an attachment in the Save the Date email for this meeting. If you did not receive a June 4 packet and would like one, please email Kristen Royal at Kristen.royal@dshs.wa.gov .	n/a	n/a

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FYSPRT Contract Deliverables Update Kris Royal 10:25 – 10:30	Topic Purpose – Thank you for your feedback! The first draft of the FYSPRT contract language was emailed on July 21 to the Statewide FYSPRT, RSN Administrators, RSN Children’s Care Coordinators, the Washington State Community Connectors, Plaintiff’s Counsel and DBHR Counsel. A second draft will be emailed August 26 and will be informed by the feedback already received and the conversation today regarding the FYSPRT Manual. Thank you so much for your feedback!	A second draft of the contract language will be sent out on August 26, 2015.	Andrea Parrish	8/26/15
FYSPRT Manual Discussion Eric Bruns and Hattie Quick 10:30 – 12:00	Topic Purpose – Gather feedback regarding the draft FYSPRT Manual The first draft of the FYSPRT Manual was provided 8/4/15 for participant review before the meeting. A brief overview of the FYSPRT and BHO Alignment Project was presented. An activity was then facilitated by Eric Bruns, to gather feedback on the following sections of the draft FYSPRT Manual: <ul style="list-style-type: none"> • Background, History and Mission • Administration, Composition and Leadership • Operational Requirements Kris and Hattie took notes on feedback received during the activity. The due date for additional written feedback was extended from 8/14/15 to 8/21/15.	Written feedback is now due by close of business, Friday 8/21/15. Hattie will compile feedback received and will send it out to all invitees with the updated due date for written feedback.	All invitees and participants Hattie	8/21/15 8/17/15
Lunch Break 12:00 – 1:00	Lunch on your own			
Statewide FYSPRT Agenda Items				
FYSPRT Transition Discussion <ul style="list-style-type: none"> • Regional FYSPRTs Report Michael Langer 1:00– 2:00	Topic Purpose – Share information for regional planning FYSPRT Tri-Leads provided information about: <ul style="list-style-type: none"> • What is working well in your region? • What challenges are being addressed locally/regionally? • What challenges need state attention? <u>South Sound/Peninsula</u> – providing trainings around family voice and working on capacity building <u>Southwest</u> – has a strong youth group focusing on topics such as bullying. Currently working on how to build consumer voice into the Managed Care Organization and also working with first responders to develop communication with WISE teams. <u>Northwest</u> – partnerships with developmental disabilities, kinship care and adult consumers. Challenges include substance use disorder	A similar format will be utilized on an ongoing basis to gather collective intelligence around things that were resolved within communities. This format will also be used to identify issues requiring Statewide FYSPRT or ELT attention/action.	Regional FYSPRT Tri-Leads	11/12/15

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	<p>representation at the FYSPRT table, Kinship Collaboration losing state funding and the next steps regarding voice gathered at the meetings.</p> <p><u>Northeast</u> – Family, system partner and youth presented together. WISe pilot has started and the FYSPRT is collaboratively addressing system issues. Spokane area youth shared her perspective of the positive impact of peer support upon discharge from inpatient services and an example of advocacy for peers.</p> <p><u>Southeast</u> – residents of the southeast region shared concerns about not having a FYSPRT and that the progress made has stopped. Current challenge – how do we ensure the participation of family and youth voice.</p> <p>Concern that none of the 29 tribal nations are represented at the meeting.</p> <p>FYSPRT Transition – contracts with RSNs regarding FYSPRT start 10/1/15 and end 3/31/16, BHO contracts start 4/1/16. Encourage RSNs and FYSPRTs to continue to reach out to each other to build on what current FYSPRTs have created and continue to grow. Discussion regarding family and youth voice representation on the ELT along with decisions being made at the local, regional a state level. Participant expressed concern about families and youth feeling as if they are in a vetting role.</p>	<p>Michael will share with BHSIA/DBHR Leadership the concern voiced around ensuring youth and family voice on the ELT.</p>	<p>Michael Langer</p>	<p>TBD</p>
<p>WISe Quality Management Plan Update</p> <p>Kathy Smith-DiJulio</p> <p>2:00 – 2:30</p>	<p>Topic Purpose – Update on 2nd quarter BHAS data and opportunity to review draft Quality Service Review (QSR) Tool. Ask: Share information with Regional FYSPRTs and provide feedback on the draft QSR Tool.</p> <p>Second Quarter BHAS reports going to the RSNs to assess timeliness from referral to screening and screening to full assessment, and outcomes. Goal for review teams is to look at the data, talk about it and brainstorm possible ideas for improvement. Family and youth to be included to the extent possible. RSN feedback is due September 30. Kathy then writes about lessons learned, per the reports from the RSNs, and reports information to the Quality Improvement Team.</p> <p>A participant posed the question: What is in the quality plan regarding the FYSPRTs? Per Kathy, at the current time there are two evaluation tools in use to assess meeting effectiveness and whether participants feel that they are making a contribution. These were developed by a subgroup of Statewide FYSPRT members and may be worth revisiting again to make sure the evaluations being used are meaningful and are providing the needed data.</p>	<p>Kris will note FYSPRT Evaluation Process as a draft agenda topic for the next meeting to discuss how we currently evaluate the effectiveness of the FYSPRT.</p>	<p>Kris</p>	<p>8/14/15</p>

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	<p>Quality Service Review (QSR) Protocol – QSR is a tool to assess if we are implementing WISE services as intended at key decision points of care: access, engagement, service appropriateness, service effectiveness, and linkages. Request for FYSVRT Tri-Leads and Regional members to review the draft QSR tool and provide feedback regarding:</p> <ul style="list-style-type: none"> • What makes sense? Does this indicator measure the key decision point well? • What doesn't make sense? What might measure it better? • What if anything is missing? What haven't we thought of – especially in sections that are blank. • What rating makes sense? Current thinking is: no evidence - 0, some evidence - 1, moderate evidence – 2, and substantial evidence - 3. <p>Suggestion 1 - look at who is accessing the system and then look over the data for who is missing (for example rural or homeless populations) and what are possible barriers for access.</p> <p>Suggestion 2 – Look at the state plan for Great Lengths through the Department of Health (DOH).</p>	<p>Statewide FYSVRT members to review the draft QSR Protocol (distributed at meeting and emailed with the notes) and provide feedback to Kathy Smith Di-Julio at smithkl1@dshs.wa.gov or (360) 725-3778, regarding questions identified in the Discussion and Notes section to the left.</p> <p>Carol Dean (DOH) and Kathy will coordinate future collaboration with Great Lengths.</p>	<p>Statewide FYSVRT</p> <p>Carol Dean</p>	<p>8/31/15</p> <p>8/17/15</p>
<p>SAT-ED Update and SYT-I Grant Introduction</p> <p>Pedro Garcia</p> <p>2:30 – 2:45</p>	<p>Topic Purpose – Information sharing with Statewide and Regional FYSVRTs</p> <p>State Adolescent Treatment – Enhancement and Dissemination (SAT-ED) – a no cost extension has been submitted for an additional 12 months. New clients will be accepted thru November. Thank you to the Statewide FYSVRT for being the Advisory Council for the grant.</p> <p>A State Youth Treatment – Improvement (SYT-I) grant was awarded to DBHR and will allow us to continue the work of the SAT-ED grant and expand to 5 providers (2 current providers under the SAT-ED grant plus 2 providers in King County and 1 in eastern Washington still to be determined). The Statewide FYSVRT is identified as the Advisory Council for the SYT-I grant as well.</p>	<p>For more information and/or questions regarding the SAT-ED grant or the SYT-I grant, please contact Pedro Garcia at (360) 725-1415 or by email at pedro.garcia@dshs.wa.gov</p>	<p>n/a</p>	<p>n/a</p>
<p>Next Steps</p>				
<p>Agenda items for the next meeting</p> <p>Evaluation</p> <p>Kris Royal and Kathy Smith-DiJulio</p>	<p>Possible agenda items for the next meeting:</p> <ol style="list-style-type: none"> 1. Review of FYSVRT Evaluation Process 2. Update on the FYSVRTs – who are the members. Request that the invite list for today's meeting be the same for the next Statewide FYSVRT on November 12. 3. FYSVRT and Community Collaboratives – clarification regarding the governance structure diagram that identifies Community Collaboratives to help clarify where to put resources for system 	<p>Kristen Royal will note these as draft agenda topics for the next Statewide FYSVRT meeting.</p>	<p>Kris</p>	<p>8/14/15</p>

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2:45 – 3:00	<p>partner attendance at the regional and local levels.</p> <p>Evaluations provided to collect feedback regarding this Statewide FYSPRT meeting.</p>	Kathy to compile responses to the evaluation and share with Statewide FYSPRT members.	Kathy	8/21/15
<i>Next Statewide FYSPRT Meeting</i>				
Thursday, November 12, 2015 10 a.m.-3 p.m. Blake Office Park West, Lacey				