

Washington System of Care Statewide FYSPRT

Date: February 11, 2016 **Time:** 10:00 a.m. – 3:00 p.m.

Location: 4450 10th Avenue SE, Lacey, WA 98503

Room(s): Blake West Chelan/Roosevelt Conference Rooms

50 Attendees representing the following: Attorney General's Office, Chelan-Douglas Regional FYSPRT, Columbia Wellness, Department of Health, Disability Rights Washington, Division of Behavioral Health and Recovery, Family Alliance, Grays Harbor-Cowlitz/Timberlands Regional FYSPRT, Greater Columbia Regional FYSPRT, Health Care Authority, Kennewick School District (Phoenix High School), King County Regional FYSPRT, North Sound Regional FYSPRT, Office of the Superintendent of Public Instruction, Optum Pierce Regional FYSPRT, Passages Family Support, Peninsula Regional FYSPRT, Rehabilitation Administration – Juvenile Rehabilitation, Southwest WA Regional FYSPRT, Spokane/Northeast Regional FYSPRT, Thurston/Mason Regional FYSPRT, Washington State Community Connectors, Washington State University Workforce Collaborative, and Youth N Action.

Agenda Item & Lead(s)	Discussion and Notes	Action Items	Assigned To	By when
<p>Welcome and Introductions</p> <p>Executive Leadership Team Update</p> <p>Chris Imhoff and Carla Reyes</p> <p>10:00 – 10:30</p>	<p>Introductions completed with participants in the room including name and organization(s) represented. Thanks and appreciation was offered to attendees for sharing their voice and time to attend the meeting.</p> <p>Carla Reyes, Assistant Secretary of the Behavioral Health Administration, introduced herself and discussed system of care values and the alignment with the continuum of care.</p> <p>Chris Imhoff, Director of the Division of Behavioral Health and Recovery (DBHR), provided updates on the following bills:</p> <ul style="list-style-type: none"> - House Bill 2746 – Regarding mental health and chemical dependency treatment for juvenile offenders. - House Bill 1900 – Regarding school counselors, social workers and psychologists. - House Bill 2439 – Increasing access to adequate and appropriate mental health services for children and youth. 	<p>n/a</p> <p>For further information regarding these bills, please go to www.leg.wa.gov</p>	n/a	n/a
Standing Items				
<p>Workforce Collaborative and Website Update</p> <p>Tina Burrell and Colleen Haller</p> <p>10:30 – 10:45</p>	<p>Topic Purpose – Information sharing; website update requested at the last Statewide FYSPRT meeting</p> <p>The Workforce Collaborative (WFC) will be hosting Wraparound with Intensive Services (WISe) trainings and is currently working to schedule April – June dates. Feedback was requested from those who have participated in the 2 day WISe training. The WFC is also building a strategic plan and is interested in coming to Regional FYSPRT meetings to do presentations and gather feedback as part of building the Collaborative.</p> <p>The WFC website will be live in the near future. Regional FYSPRTs</p>	<p>For a Workforce Collaborative presentation at the Regional FYSPRT, please contact Colleen Haller at colleen.haller@wsu.edu</p>	<p>Regional FYSPRT Coordinators /Tri-Leads</p>	<p>As interested</p>

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	<p>interested in hosting their Regional FYSPRT website through this site can send information to Colleen who will work on having it included when the site goes live. If a Regional FYSPRT has developed its own website, please share the link so it can be posted on the WFC website, to connect communities with the information.</p> <p>Youth N Action has a new Program Manager (Lorin Gehring) that will be starting part time in March moving to full time in April.</p>	<p>Please send Regional FYSPRT website content, including links, to Colleen Haller at colleen.haller@wsu.edu</p>	<p>Regional FYSPRT Coordinators /Tri-Leads</p>	<p>March 31, 2016</p>
<p>SAT-ED/SYT-I Updates</p> <p>Pedro Garcia</p> <p>10:45 – 11:00</p>	<p>Topic Purpose – Information sharing</p> <p>Pedro was unable to attend the meeting. Update provided by Paul Davis, Children and Youth Behavioral Health Supervisor. The Statewide FYSPRT is the advisory council for both the Substance Abuse Treatment – Enhancement and Dissemination (SAT-ED) and State Youth Treatment – Implementation (SYT-I) Grants. The SAT-ED grant is in the process of phasing out and grant operations are limited to direct client services as of October 1. No new clients will be enrolled after November 30, leaving 8 months for currently enrolled clients to finish services. This grant expires on 9/29/16. The SYT-I grant, which started on 10/1/15, is in the startup phase with the first four months focusing on drafting and executing contracts. The SYT-I grant has 4 services providers, Consejo and Center for Human Services in King County, True Star in Clallam County and True North in Grays Harbor County. Direct client services began 2/1/16 and currently 20 clients are enrolled in services. The focus of services is the same as the SAT-ED grant. A series of special topic webinars will be released as part of this grant. As these become available, the webinar information will be sent out on the Children’s Behavioral Health Listserv and to the Statewide FYSPRT membership.</p>	<p>For more information and/or questions regarding the SAT-ED grant or the SYT-I grant, please contact Pedro Garcia at (360) 725-1415 or by email at pedro.garcia@dshs.wa.gov</p>	<p>n/a</p>	<p>n/a</p>
<p>4th Quarter BHAS reports and WISe Dashboard</p> <p>Kathy Smith-DiJulio</p> <p>11:00 – 11:30</p>	<p>Topic Purpose – Information sharing</p> <p>Behavioral Health Assessment System (BHAS) reports are sent quarterly (March, June, September, December) to RSNs for review to look at how to improve outcomes over time. The reports are not intended to be judgmental but to identify strengths and possible growth areas in the topic measures outlined in the BHAS reports. If other evaluation documents are available for review in the region, a broader picture of outcomes may be revealed when looking at additional evaluations. Discussion around the WISe Dashboard with suggestions identified including: adding a footnote that identifies the date range of services in the report, the date printed and the sources of the information.</p>	<p>For more information regarding Quality Management, please click this Quality Management Plan link or contact Kathy Smith-DiJulio at (360) 725-3778 or by email at smithkl1@dshs.wa.gov</p>		

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Lunch Break 11:30 – 12:30	Lunch on your own			
Report Out from the Regions Michael Langer and Statewide FYSPRT Tri-Leads, Andrea Parrish and Lorrin Gehring 12:30– 1:50 Considerations for the Executive Leadership Team 1:50 – 2:00	<p>Topic Purpose – updates from the regions, identify items for discussion and/or to take to the Executive Leadership Team</p> <p>Regional FYSPRT updates – the Regional FYSPRTs represented at the meeting shared updates from their region regarding planning, what is working well, what challenges are being addressed regionally and what challenges need attention from the state.</p> <p><u>Great Rivers</u> (Grays Harbor-Cowlitz/Timberlands)- February 17 is the next Regional FYSPRT meeting, multiple PowerPoint presentations have been done in the communities, Cowlitz youth presented at the Local FYSPRT in Grays Harbor. A Regional Youth and System Partner Tri-Lead have been identified in addition to a potential Family Tri-Lead.</p> <p><u>Greater Columbia</u> – First Regional FYSPRT meeting was in January with 35 in attendance including 49% youth and families. Tri-Leads were elected at the meeting and are still looking for one more system partner Tri-Lead. Suggestion for creating a welcome packet for new participants (including intent of standing agenda items), a roster of Tri-Leads for support and information sharing, a roster of FYSPRT Coordinators for support and information sharing.</p> <p><u>King County</u> – Working with Sound Mental Health and Community Resource Teams to explore how FYSPRTs work in collaboration with existing cross system teams. A consultant will be helping to recruit family and youth leaders to create the Family and Youth Council which will be part of the FYSPRT development.</p> <p><u>Thurston-Mason</u> – Regional FYSPRT meeting every 4th Friday, University of Washington did a presentation on needs assessment results, working to address items locally including mid-level services. Currently looking for a Youth Tri-Lead.</p> <p><u>Pierce</u> – first Regional FYSPRT meeting in January with a lot of mental health representation and community members, some family but no youth. A possible Family and Youth Tri-Lead have been identified, currently working on policies and procedures, have scheduled technical assistance with Washington State University and created a brochure. Currently problem solving child care and school engagement.</p>	<p>Welcome Packet including PowerPoint, mock agenda explaining topics/standing items.</p> <p>Listserv or Distribution list for:</p> <ul style="list-style-type: none"> - Regional FYSPRT Coordinators - Statewide FYSPRT members (includes Regional FYSPRT Tri-Leads) 	<p>DBHR</p> <p>DBHR</p>	<p>May 3</p> <p>May 3</p>

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	<p><u>North Sound</u> – the Children’s Policy Executive Team (CPET) has transitioned to being the Regional FYSPRT, some CPET members lost in transition, first Regional FYSPRT meeting in January with another one scheduled for February 17, developing a flyer for membership to vote on, currently creating core questions for “Have Your Say Cafes” as part of the needs assessment, 8 sovereign nations invited to FYSPRT, currently problem solving participation from child serving systems.</p> <p><u>Spokane/Northeast FYSPRT</u>- needs assessment and strategic plan completed, based on needs assessment results now offering a 6 week class to provide information about FYSPRT and WISe as part of recruitment, expressed concern about workforce issue in Spokane for all staff.</p> <p><u>Southwest WA Regional FYSPRT</u> – FYSPRT meetings have been occurring since April 2015 with youth from the individual living skills program participating, currently partnering with family organization and/or family leaders to do de-escalation trainings, leadership/advocacy 101, and a SWOT analysis. Working to broaden cultural diversity and offering digital story telling for all FYSPRT members.</p> <p><u>Chelan-Douglas</u> – hired a FYSPRT Coordinator in January 2016. First Regional FYSPRT meeting scheduled in February with good response from system partners, still building family and youth engagement.</p>	Workforce discussion added as potential topic for next agenda.	Kris	April 26
New Items				
Statewide FYSPRT Structure Kris Royal 2:00 – 2:15	Topic Purpose – introduce call out for interim Statewide FYSPRT Tri-Leads and charter update Introduction of a call out for interim Statewide FYSPRT Tri-Leads. Current Tri-Leads are all DBHR employees. The goal would be to have Tri-Leads be more reflective of the membership and be more involved in agenda building and meeting facilitation as well as being part of a short term workgroup to update the Statewide FYSPRT Charter to bring back to membership for approval. Current plan is for DBHR to draft a call out email for membership to respond to and nominate themselves, if interested in being an interim Tri-Lead or a workgroup participant. If there is more than one nominee for each Tri-Lead role, membership will have the opportunity to vote.	Kris will draft an email and send to membership as part of the call out process.	Kris	March 14

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<p>Youth Engagement</p> <p>Lorin Gehring and Youth N Action</p> <p>2:15 – 2:45</p>	<p>Topic Purpose – youth engagement and resources requested at the last Statewide FYSPRT meeting</p> <p>Role of the Regional FYSPRT Youth Tri-Lead can be a youth peer or another youth who is working with youth in the community. The Youth Tri-Lead would share information from FYSPRT meetings with youth and prepare for FYSPRT meetings in collaboration with the Family and System Partner Tri-Leads. Ideally, the Youth Tri-Lead would meet with youth attending a FYSPRT meeting ahead of time to provide orientation to the topics on the agenda. Some suggestions for maintaining youth engagement in FYSPRT meetings include, be conscience of where meetings are held, make the meeting environment youth-friendly (suggestion of pipe cleaners and/or something bright on the tables). When engaging youth and others, think of who your audience is and tailor your speech to that audience, including sharing why their attendance and participation is important.</p> <p>Youth N Action identified opportunities to engage youth such as Stand Up for Mental Health and Forum Theater.</p>	<p>For more information regarding youth engagement, contact Lorrin Gehring at Lorrin.gehring@wsu.edu</p> <p>For more information regarding Stand Up for Mental Health and Forum Theater, contact Elizabeth Jetton at (360) 306-9106 or Elizabeth.jetton@wsu.edu</p>	n/a	n/a
<p>Agenda items for the next meeting</p> <p>Meeting Evaluation</p> <p>Kris Royal and Kathy Smith-DiJulio</p> <p>2:45 – 3:00</p>	<p>Possible agenda items for the next meeting include:</p> <ol style="list-style-type: none"> 1. Workforce discussion 2. Other items can be emailed to Kristen Royal at Kristen.royal@dshs.wa.gov <p>Thanks and appreciation were shared with Andrea Parrish for her work at DBHR and on the System of Care grant.</p> <p>Evaluations provided to participants for completion.</p>	<p>To request a topic to be added to the next agenda, please email Kristen.royal@dshs.wa.gov</p>	n/a	n/a
Next Statewide FYSPRT Meeting				
<p>Tuesday, May 3, 2016 10 a.m.-3 p.m. Blake Office Park West, Chelan/Roosevelt Conference Rooms Lacey, WA</p>				