#### **Facesheet: 1. Request Information (1 of 2)**

C. Type of Request. This is an:

Renewal request.

- **A.** The **State** of **Washington** requests a waiver/amendment under the authority of section 1915(b) of the Act. The Medicaid agency will directly operate the waiver.
- **B.** Name of Waiver Program(s): Please list each program name the waiver authorizes.

Short title (nickname)	Long title	Type of Program
IBHP Integrated Behavioral Health Program		PIHP;
BHSO	Behavioral Health Services Only for Fully Integrated Managed Care Region	PIHP;

**Waiver Application Title** (optional - this title will be used to locate this waiver in the finder): **Washington State Integrated Community Behavioral Health Program** 

The State has used this waiver format for its previous waiver period.
The renewal modifies (Sect/Part): This section will be updated prior to submission.
<b>Requested Approval Period:</b> (For waivers requesting three, four, or five year approval periods, the waiver must servindividuals who are dually eligible for Medicaid and Medicare.)

**Draft ID: WA.023.10.00** 

D.	Waiver Number: WA.0008. Effective Dates: This amend request, please choose first daplease identify the implement	lment is requested for a peri ay of a calendar quarter, if p	ossible, or if not,	the first day of a m	onth. For an amendment,
	<b>Proposed Effective Date:</b> (	mm/dd/yy)			
	10/01/16				
Faces	sheet: 2. State Contact(s	(2 of 2)			
E.	State Contact: The state con	atact person for this waiver i	s below:		
	Name:	Tara Smith	Phone:		If the State
			(360) 725-3701	Ext:	TTYcontact information is
	Fax:	(360) 725-2280 <b>E-m</b>	ail:	tara.smith@dshs.w	va.gov different for any
	programs, please check the The State contact informati				of the authorized
	☐ Integrated Behavioral	Health Program			
	Name:		Phone:		
				Ext:	
	Fax:	E-m	ail:		
	Behavioral Health Serv	vices Only for Fully Integr	rated Managed C	Care Region	
	Name:	Becky McAninch-Dake	Phone:		
			(360) 725-1642	Ext:	

Fax:	E-mail: becky.mcaninch-dake@hca.wa.gov
	beeky.meanmen dake e fied.wa.gov

Note: If no programs appear in this list, please define the programs authorized by this waiver on the first page of the

**Section A: Program Description** 

**Part I: Program Overview** 

#### Tribal consultation.

For initial and renewal waiver requests, please describe the efforts the State has made to ensure Federally recognized tribes in the State are aware of and have had the opportunity to comment on this waiver proposal.

The Department of Social and Health Services (DSHS), Aging and Disability Services, Behavioral Health and Service Integration Administration (ADS/BHSIA)complies with Section 1902(a)(73) of the Social Security Act (the Act), and has met the Tribal Consultation Requirements under the Act as specified in the Washington State Medicaid State Plan, TN #11-25, effective July 1, 2011.

HCA sent a notification of the intent to submit a waiver renewal for the Integrated Community Behavioral Health Program for the IBHP and BHSO to Tribal Leaders on April 8, 2016 that included a link to the draft 1915(b) waiver renewal for review.

The letter included:

- A request and due date for review and comment for Consultation;
- Notification that the due day for submission of the Waiver renewal is July 1, 2016
- A statement that the Waiver amendment as approved for April 1 2016, excludes American Indians/Alaska Natives (AI/ANs) from the managed care delivery system (the Behavioral Health Organization or BHO) system for substance use disorder (SUD) services but includes AI/ANs in the BHO system for mental health care services above the access-to-care standard;
- -The following anticipated impact statement: Through Tribal comments and Tribal consultations related to the Waiver amendment, effective date April 1, 2016, the Agency and DSHS understand that, by mandatorily including AI/ANs in the BHO managed care system for mental health services, the Waiver (prior to the amendment) has had a number of impacts on AI/ANs and the Indian Health Service, Tribal 638 Facilities, and Urban Indian Health Organizations (together, the I/T/Us), including challenges with involuntary treatment of I/T/U clients, separate assessments for authorization of payment for Medicaid covered services, agreeing on crisis coordination plans, and access to culturally appropriate services.
- -To mitigate the impacts related to mandatorily including AI/ANs in the BHO managed care system for mental health services, HCA and BHA:
- Provided written communication to BHOs and providers clarifying that all providers do not need a contract to make referrals for SUD assessments or intakes for AI/AN Medicaid enrollees;
- Will amend the Behavioral Health Services Contracts between DSHS and the BHOs to require BHOs to establish a standardized referral process for I/T/Us for mental health;
- Will prepare a budget request for the 2017-19 legislative session to fund Tribal Designated Mental Health Professional (DMHP) designation, training, and service delivery (request completion deadline of August 1, 2016);
- Will work with Tribes to:
  - o Support a pilot of Tribal DMHPs with the Chehalis Tribe;
  - o Consult with Tribes regarding submission of a State Plan Amendment to add residential programs on the IHS facilities list as a covered benefit under the IHS encounter rate (deadline of October 1, 2016);
  - O Develop a data review process and identify strategies for improvement for inpatient mental health treatment (deadline of September 30, 2016);
  - o Develop a decision package and request legislation for a Tribal E&T facility (deadline of September 30, 2016).

-The Agency and BHA are committed to working with Tribal Governments and I/T/Us through workgroup meetings and periodic Tribal consultations to address the impacts listed above and in the Tribal Issues Grid with a tribal-centric behavioral health service system. This Waiver will not impede efforts by the Tribes and the State to develop a tribal-centric behavioral health service system

-Contact information for tribal questions

HCA and DSHS have scheduled the following roundtable and Consultation:

https://wms-mmdl.cdsvdc.com/WMS/faces/protected/cms1915b/v0/print/P... 04/29/2016

# Draft Renewal for 1915(b) Waiver: WA.0008.R09.02 - Apr 01, 2... Page 4 of 95

- First Tribal roundtable to be held jointly with HCA and DSHS is May 23, 2016
- The first Tribal consultation to be held jointly with HCA and DSHS is June 3, 2016
- The second Tribal Consultation is scheduled for June 22, 2013

#### This section will be updated prior to submission of the Renewal

Tribal Consultation regarding the April 1, 2016 Draft Amended Waiver yielded questions and concerns regarding the delivery of behavioral health services and two letters were submitted as a result of the process and were submitted to CMS on December 29, 2015 as exhibits to the waiver amendment. The state understood the main concerns raised by Tribes to be 1) Continued and equal access for tribal members to substance use disorder residential treatment and; 2) crisis coordination plans between Tribes and the regions. Contracts for the BHOs and MCOs require coordination plans to address these issues and to address access to psychiatric inpatient care for Tribal members.

Additional Formal Consultation on the Waiver Amendment for April 1, 2016 implementation was held on March 9, 2016 at the request of the tribes. The Tribes re-expressed their concerns regarding Tribal access to SUD services being equitable and culturally competent for their members, increased administrative burden required for authorization for services, lack of representation of Tribes on the Governing Bodies for the BHOs, and crisis coordination plans. Follow-up meetings with Tribes were held on March 25, 2016 and March 28, 2016. As a result of the concerns raised it was decided jointly that SUD services for the American Indian/Alaska Native population would be carved out of the waiver for BHO Regions only.

DSHS and HCA have committed to working with the Tribes through more frequent consultation and workgroup meetings to find and incorporate solutions into the Waiver Renewal for October 1, 2016.

#### **Program History.**

For renewal waivers, please provide a brief history of the program(s) authorized under the waiver. Include implementation date and major milestones (phase-in timeframe; new populations added; major new features of existing program; new programs added).

HCA as the single state Medicaid agency is responsible for approving rules, regulations, and policies that govern how the State Plan and waivers are operated. HCA and DSHS work collaboratively, to ensure that HCA retains the authority to discharge its responsibilities for the administration of the Medicaid program pursuant to 42 CFR 431.10(e). Pursuant to 42 CFR 430.25, HCA delegates authority to DSHS to submit waiver applications, renewals and amendments for DSHS program to the federal Centers for Medicare and Medicaid Services (CMS). DSHS provides HCA access to the application, renewal and/or amendment documents prior to submitting to CMS. DSHS submits all necessary application, renewal, and amendment materials to CMS in order to secure and maintain approval of all proposed and existing DSHS program waivers. DSHS has responsibility for the operation, management, and reporting of allowable Medicaid administrative activities for its approved federal waivers and State Plan options that require reporting.

The Washington legislature (RCW 71.24.850) set forth two pathways for the integration of behavioral health and physical health care by January 1, 2020. The first task for the state was to establish Regional Service Areas (RSAs) that would be used for all federal and state Behavioral Health care purchasing to begin April 1, 2016.

Beginning in 2016, regions could become Fully Integrated Managed Care Regional Service Area and adopt a purchasing model in which care for Medicaid beneficiaries is delivered through contracts between the Health Care Authority and Managed Care Organizations for both medical and behavioral health (mental health and substance use disorder services); or, Counties could establish Behavioral Health Organizations (BHOs) as Prepaid Inpatient Health Plans and adopt a purchasing model in which care for behavioral health (mental health and substance use) disorders for Medicaid beneficiaries is delivered through contracts between Department of Social and Health Services and the BHOs. As the state continues to expand Fully Integrated Managed Care (FIMC), other RSAs will become part of the fully integrated delivery system. These managed care entities contract with service providers to deliver integrated care in each RSA.

Each RSA must contain a sufficient number of Medicaid lives to support full financial risk managed care contracting for services, be made of counties that are contiguous with each other, and reflect natural referral patterns and shared service resources.

Beginning April 1, 2016, counties in nine of the 10 RSAs adopted a purchasing model in which behavioral health care for Medicaid beneficiaries is delivered through contracts with the BHOs and physical health services are purchased under separate managed care contracts with MCOs or provided through fee for service programs. The former RSN system became the BHO delivery system for behavioral health in these nine regions. The contracts between DSHS for the provision of outpatient substance use disorder services (SUD) on a fee-for-service basis, and the direct contracts between DSHS and SUD residential treatment services, were terminated effective March 31, 2016 with the exception of FFS contracts for services delivered to the AI/AN population for SUD. In the tenth RSA, the Health Care Authority (HCA) is contracting with MCOs (for clients enrolled in Apple Health managed care) and contract with PIHPs (for clients who receive physical health care outside of Apple Health managed care) and HCA is responsible for the full continuum of physical and behavioral health services for clients in "integrated" regions.

#### Behavioral Health Organizations

As Prepaid Inpatient Health Plans (PIHPs), the BHOs contract for direct services, provide utilization management and other administrative functions, and develop quality improvement and enrollee protections for all Medicaid clients enrolled in the BHO system. The BHOs contract with local providers to provide an array of behavioral health, monitor the activities of local providers, and oversee the distribution of funds under the state managed care plan. The capitated managed behavioral health system gives the BHOs the ability to design an integrated system of mental health and substance use disorder care and subcontract with networks of Community Behavioral Health Agencies capable of providing quality service delivery, which is age and culturally competent. This contractual structure is expected improve behavioral health service outcomes and help to control the rate of financial growth while still requiring adherence to all state and federal requirements. BHOs may impose additional requirements on subcontractors as needed to ensure appropriate management oversight and flexibility in

addressing local needs.

The BHOs also work cooperatively with Apple Health managed care organizations (MCOs) to ensure coordinated care for enrollees. Apple Health is Washington's medical Medicaid-funded managed care program which covers a full array of medical services as well as a mental health benefit for those who do not meet the Access to Care Standards for mental health services provided by the BHOs.

Behavioral Health Services Only

In the FIMC region, HCA contracts with at least two current Apple Health managed care entities, selected through a competitive Request for Proposal (RFP) to deliver integrated health care as PIHP entities.

Most Medicaid enrollees in the FIMC region will be enrolled in the Apple Health Fully Integrated Managed Care program, including all current Apple Health managed care enrollees. The remaining enrollees will be mandatorily enrolled in the Behavioral Health Services Only (BHSO) component of the FIMC integrated contracts.

This waiver is intended to authorize the mandatory enrollment into the BHSO of the remaining enrollees who are not mandatorily enrolled in the FIMC through either the state plan under section 1932(a) or through the blind and disabled 1915 (b) waiver. These remaining enrollees will continue to receive physical health medical services through other delivery systems, such as HCA's fee-for-service system, Medicare, or primary care case management.

#### **Section A: Program Description**

#### Part I: Program Overview

#### A. Statutory Authority (1 of 3)

1.	Secretar provide	Authority. The State's waiver program is authorized under section 1915(b) of the Act, which permits the ry to waive provisions of section 1902 for certain purposes. Specifically, the State is relying upon authority d in the following subsection(s) of the section 1915(b) of the Act (if more than one program authorized by this please list applicable programs below each relevant authority):  1915(b)(1) - The State requires enrollees to obtain medical care through a primary care case management (PCCM) system or specialty physician services arrangements. This includes mandatory capitated
		programs.
		Specify Program Instance(s) applicable to this authority  BHSO
		ПВНР
	b.	1915(b)(2) - A locality will act as a central broker (agent, facilitator, negotiator) in assisting eligible
		individuals in choosing among PCCMs or competing MCOs/PIHPs/PAHPs in order to provide enrollees with more information about the range of health care options open to them.  Specify Program Instance(s) applicable to this authority  BHSO
		□ <b>ІВНР</b>
	c.	□ 1915(b)(3) - The State will share cost savings resulting from the use of more cost-effective medical care with enrollees by providing them with additional services. The savings must be expended for the benefit of the Medicaid beneficiary enrolled in the waiver. Note: this can only be requested in conjunction with section 1915(b)(1) or (b)(4) authority.  Specify Program Instance(s) applicable to this authority □ BHSO
		□ ІВНР
	d.	1915(b)(4) - The State requires enrollees to obtain services only from specified providers who undertake

to provide such services and meet reimbursement, quality, and utilization standards which are consistent

it will comply with 42 CFR 431.55(f).
Specify Program Instance(s) applicable to this authority
BHSO
IВНР
The 1915(b)(4) waiver applies to the following programs
☐ MCO
□ РАНР
☐ PCCM (Note: please check this item if this waiver is for a PCCM program that limits who is eligible
to be a primary care case manager. That is, a program that requires PCCMs to meet certain
quality/utilization criteria beyond the minimum requirements required to be a fee-for-service Medicaid contracting provider.)
FFS Selective Contracting program
Please describe:
Section A: Program Description
Part I: Program Overview
A. Statutory Authority (2 of 3)
<b>2. Sections Waived.</b> Relying upon the authority of the above section(s), the State requests a waiver of the following sections of 1902 of the Act (if this waiver authorizes multiple programs, please list program(s) separately under each
applicable statute):
a. Section 1902(a)(1) - StatewidenessThis section of the Act requires a Medicaid State plan to be in effect
in all political subdivisions of the State. This waiver program is not available throughout the State.
Specify Program Instance(s) applicable to this statute
BHSO
b. Section 1902(a)(10)(B) - Comparability of ServicesThis section of the Act requires all services for
categorically needy individuals to be equal in amount, duration, and scope. This waiver program includes additional benefits such as case management and health education that will not be available to other
Medicaid beneficiaries not enrolled in the waiver program.
Specify Program Instance(s) applicable to this statute
BHSO
c. Section 1902(a)(23) - Freedom of ChoiceThis Section of the Act requires Medicaid State plans to permit
all individuals eligible for Medicaid to obtain medical assistance from any qualified provider in the State.  Under this program, free choice of providers is restricted. That is, beneficiaries enrolled in this program
must receive certain services through an MCO, PIHP, PAHP, or PCCM.
Specify Program Instance(s) applicable to this statute
BHSO
<b>ВНР</b>
d. Section 1902(a)(4) - To permit the State to mandate beneficiaries into a single PIHP or PAHP, and restrict
disenrollment from them. (If state seeks waivers of additional managed care provisions, please list here).

Specify Program Instance(s) applicable to this statute			
BHSO			
ПВНР			
e. Other Statutes and Relevant Regulations Waived - Please list any additional section(s) of the Act the			
State requests to waive, and include an explanation of the request.  Non-competitive Procurement - DBHR relies on the agreement with the Centers for Medicare and Medicaid Services (CMS) that, in accordance with State law, the Regional Support Networks (RSNs) transition to Behavioral Health Organizations (BHOs), have the first opportunity to contract to operate the PIHP for outpatient behavioral health services (mental health and substance used disorder) and community mental health inpatient and residential substance used disorder services.			
DSHS is purchasing substance use disorder services primarily with managed care contracts as of April 1, 2016 as mandated in RCW 71.24.380. Behavioral Health Organizations (BHOs) replaced the RSNs and County operated Substance Use Disorder programs. BHOs submitted a detailed plan demonstrating capacity to serve the Medicaid populations; if an adequate plan was submitted, the BHO was awarded the contract in that region. All nine regions have a BHO who were awarded contracts.			
Pursuant to the States Community Mental Health Services Act, RCW 71.24., which defines BHO as a county authority or group of county authorities or other entity recognized by the secretary in contract in a defined region, county-based BHOs administer all community behavioral health services funded by the state. Previously, under other state statutes, the counties played a key role in substance use disorder treatment services and will continue to play a key role in the delivery of services for people with developmental disabilities. All BHOs must meet the certification requirements of RCW 71.24 and RCW 48.44 (the insurance code), as applicable.			
If a BHO chooses not to participate, or is unable to meet required qualifications, DBHR will secure an alternate contractor through a competitive procurement process.  For the BHO regions			
Section 438.52 Choice All individuals eligible for Medicaid are mandatorily enrolled in a single PIHP covering a specific catchment area. The state requests authority to waive 438.52. This section will not be waived for BHSO regions.			
For BHSO in FIMC region:			
Competitive procurement is limited to existing Apple Health MCOs. Procurement activities include both internal and external review. Development activities consist of 1) contract language, 2) RFP questions and scoring, 3) legal review, 4) incorporation of internal and external comments, 5) draft rates, 5) minimum qualifications, and 6) RFP timeline.  Specify Program Instance(s) applicable to this statute  BHSO			
□ IBHР			
Section A: Program Description			
Part I: Program Overview			
A. Statutory Authority (3 of 3)			
Additional Information. Please enter any additional information not included in previous pages:			

Approved by CMS: 3/29/16. Effective dates: 4/1/16 thru 9/30/16. Amendment to WA 1915(b) Integrated Behavioral Health Program, WA.0008.R09.02

Section A: Pro	am Description
Part I: Progra	Overview
B. Delivery Sy	ems (1 of 3)
1. Delivery S	tems. The State will be using the following systems to deliver services:
а	MCO: Risk-comprehensive contracts are fully-capitated and require that the contractor be an MCO or HIO. Comprehensive means that the contractor is at risk for inpatient hospital services and any other mandatory State plan service in section 1905(a), or any three or more mandatory services in the section. References in this preprint to MCOs generally apply to these risk-comprehensive entities.
b	<ul> <li>PIHP: Prepaid Inpatient Health Plan means an entity that: (1) provides medical services to enrollees under contract with the State agency, and on the basis of prepaid capitation payments or other payment arrangements that do not use State Plan payment rates; (2) provides, arranges for, or otherwise has responsibility for the provision of any inpatient hospital or institutional services for its enrollees; and (3) does not have a comprehensive risk contract. Note: this includes MCOs paid on a non-risk basis.</li> <li>● The PIHP is paid on a risk basis</li> <li>■ The PIHP is paid on a non-risk basis</li> </ul>
c	PAHP: Prepaid Ambulatory Health Plan means an entity that: (1) provides medical services to
	enrollees under contract with the State agency, and on the basis of prepaid capitation payments, or other payment arrangements that do not use State Plan payment rates; (2) does not provide or arrang for, and is not otherwise responsible for the provision of any inpatient hospital or institutional services for its enrollees; and (3) does not have a comprehensive risk contract. This includes capitate PCCMs.
	The PAHP is paid on a risk basis
	○ The PAHP is paid on a non-risk basis
d	■ PCCM: A system under which a primary care case manager contracts with the State to furnish case management services. Reimbursement is on a fee-for-service basis. Note: a capitated PCCM is a PAHP.
e	Fee-for-service (FFS) selective contracting: State contracts with specified providers who are willing to meet certain reimbursement, quality, and utilization standards.  the same as stipulated in the state plan different than stipulated in the state plan Please describe:
f	Other: (Please provide a brief narrative description of the model.)

Draft Renewal for 1915(b) Waiver: WA.0008.R09.02 - Apr 01, 2... Page 9 of 95

# **Section A: Program Description** Part I: Program Overview B. Delivery Systems (2 of 3) 2. Procurement. The State selected the contractor in the following manner. Please complete for each type of managed care entity utilized (e.g. procurement for MCO; procurement for PIHP, etc): ☐ Procurement for MCO Competitive procurement process (e.g. Request for Proposal or Invitation for Bid that is formally advertised and targets a wide audience) Open cooperative procurement process (in which any qualifying contractor may participate) Sole source procurement Other (please describe) Procurement for PIHP Competitive procurement process (e.g. Request for Proposal or Invitation for Bid that is formally advertised and targets a wide audience) Open cooperative procurement process (in which any qualifying contractor may participate) Sole source procurement • Other (please describe) In accordance with State law, the State used a non-competitive procurement process for the BHOs. The State is in agreement with CMS that the BHOs have the first opportunity to contract to operate the PIHP for outpatient behavioral health services (mental health and substance use disorder treatment), community mental health inpatient services, and residential substance use disorder services. The State enters into a PIHP contract with the BHOs. If the BHO chooses not to participate, or is unable to meet required qualifications, DBHR will secure an alternate contractor. This would be facilitated as specified in Section A: Program Overview, 2. Sections Waived, e. Other Statutes and Relevant Regulations Waived. This information is also in the PIHP Contract. Measures are taken to avoid disruption of care for individuals. Other risk contracts are those that have a scope of risk that is less than comprehensive. This PIHP is for behavioral health. The PIHP contractor is at-risk for: Outpatient hospital services for community behavioral health (mental health and substance use disorder) rehabilitation services, including a subset of inpatient hospital services, for community mental health inpatient admissions and residential substance use disorder admissions. For BHSO in FIMC region: Competitive procurement is limited to existing Apple Health MCOs. Procurement activities include both internal and external review. Development activities consist of 1) contract language, 2) RFP questions and scoring, 3) legal review, 4) incorporation of internal and external comments, 5) draft rates, 5) minimum qualifications, and 6) RFP timeline. □ Procurement for PAHP Competitive procurement process (e.g. Request for Proposal or Invitation for Bid that is formally advertised and targets a wide audience)

Open cooperative procurement process (in which any qualifying contractor may participate)

	Sole source procurement
C	Other (please describe)
□ Dwo	Nonverse of the PCCM
	ocurement for PCCM
	<b>Competitive</b> procurement process (e.g. Request for Proposal or Invitation for Bid that is formally advertised and targets a wide audience)
C	Open cooperative procurement process (in which any qualifying contractor may participate)
$\subseteq$	Sole source procurement
C	Other (please describe)
Pro	ocurement for FFS
C	<b>Competitive</b> procurement process (e.g. Request for Proposal or Invitation for Bid that is formally advertised and targets a wide audience)
$\subset$	Open cooperative procurement process (in which any qualifying contractor may participate)
C	Sole source procurement
C	Other (please describe)
	^
	$\vee$
Section A · P	rogram Description
beetion 11. I	
Part I: Prog	ram Overview
B. Delivery S	Systems (3 of 3)
Additional Info	ormation. Please enter any additional information not included in previous pages:
	Thaton: I lease ener any additional information not included in previous pages.
Section A: P	rogram Description
Dart I. Drag	ram Overview
C. Choice of	MCOs, PIHPs, PAHPs, and PCCMs (1 of 3)
1. Assuran	ices.
The	e State assures CMS that it complies with section 1932(a)(3) of the Act and 42 CFR 438.52, which require that tate that mandates Medicaid beneficiaries to enroll in an MCO, PIHP, PAHP, or PCCM must give those
ben	reficiaries a choice of at least two entities.
	The State seeks a waiver of section 1932(a)(3) of the Act, which requires States to offer a choice of more than one PIHP or PAHP per 42 CFR 438.52. Please describe how the State will ensure this lack of choice of PIHP or PAHP is not detrimental to beneficiaries' ability to access services.
	The State has conflict of interest safeguards with respect to its officers and employees who have responsibilities related to PIHP contracts and the mandatory enrollment process established for PIHPs.
	responsionates related to 1 mm contracts and the mandatory emornitent process established for PIMPs.
	The State mandates enrollment into a single PIHP for each geographic area in the BHO regions. In FIMC regions enrollees will have choice of PIHPs.

2. Details. The State will provide enrollees with the following choices (please replicate for each program in waiver):
Program: "Behavioral Health Services Only for Fully Integrated Managed Care Region. "  Two or more MCOs
Two or more primary care providers within one PCCM system.
A PCCM or one or more MCOs
Two or more PIHPs.
Two or more PAHPs.
Other:
please describe
Program: "Integrated Behavioral Health Program."  Two or more MCOs
Two or more primary care providers within one PCCM system.
A PCCM or one or more MCOs
Two or more PIHPs.
Two or more PAHPs.
Other:
please describe
Enrollees continue to have a choice of behavioral health (mental health and substance use disorder treatment) providers within their BHO/BHSO network.
Section A: Program Description
Part I: Program Overview
C. Choice of MCOs, PIHPs, PAHPs, and PCCMs (2 of 3)
5 51515 (2 51 51 1 2 5 5 5 7 1 1 1 1 2 5 5 7 1 1 1 2 5 5 7 1 1 1 2 5 5 7 1 1 1 2 5 7 1 1 1 2 5 7 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
3. Rural Exception.
☐ The State seeks an exception for rural area residents under section 1932(a)(3)(B) of the Act and 42 CFR 438.52
(b), and assures CMS that it will meet the requirements in that regulation, including choice of physicians or case
managers, and ability to go out of network in specified circumstances. The State will use the rural exception in the following areas ( "rural area" must be defined as any area other than an "urban area" as defined in 42 CFR 412.62
(f)(1)(ii)):
4. 1915(b)(4) Selective Contracting.
O Beneficiaries will be limited to a single provider in their service area
Please define service area.
Beneficiaries will be given a choice of providers in their service area
Section A: Program Description
Dart I. Dragram Ovarvious
Part I: Program Overview
C. Choice of MCOs, PIHPs, PAHPs, and PCCMs (3 of 3)

**Additional Information.** Please enter any additional information not included in previous pages:

Fee-for-Service purchasing and the selective contracting for outpatient substance use disorder treatment services approved through a previous waiver amendment no longer exist under the BHO's and BHSO's. The PIHP must provide or subcontract for all mental health and substance use disorder state plan services under this waiver.

## **Section A: Program Description**

Part I: Program Ov	erview
--------------------	--------

## D. Geographic Areas Served by the Waiver (1 of 2)

- **1. General.** Please indicate the area of the State where the waiver program will be implemented. (If the waiver authorizes more than one program, please list applicable programs below item(s) the State checks.
  - Statewide -- all counties, zip codes, or regions of the State
  - -- Specify Program Instance(s) for Statewide
    BHSO
    IBHP
  - Less than Statewide
    - --- Specify Program Instance(s) for Less than Statewide

      BHSO

      IBHP
- **2. Details.** Regardless of whether item 1 or 2 is checked above, please list in the chart below the areas (i.e., cities, counties, and/or regions) and the name and type of entity or program (MCO, PIHP, PAHP, HIO, PCCM or other entity) with which the State will contract.

City/County/Region	Type of Program (PCCM, MCO, PIHP, or PAHP)	Name of Entity (for MCO, PIHP, PAHP)
Clark, Skamania	PIHP	Community Health Plan of Washington and Molina Healthcare of Washington
Cowlitz, Lewis, Grays Harbor, Pacific, Wahkiakum	PIHP	Great Rivers Behavioral Health Organization
King	PIHP	King County Behavioral Health Organization
Thurston, Mason	PIHP	Thurston Mason Behavioral Health Organization
Pierce	PIHP	Optum Pierce Behavioral Health Organization
Chelan, Douglas, Grant	PIHP	North Central Behavioral Health Organization
Skagit, San Juan, Island, Snohomish, Whatcom	PIHP	North Sound Behavioral Health Organization
10 Counties in Eastern Washington, listed separately in "Additional Information"	PIHP	Greater Columbia Behavioral Health Organization
Clallam, Jefferson, Kitsap	PIHP	Salish Behavioral Health
Adams, Ferry, Lincoln, Okanogan, Pend Oreille, Spokane, Stevens	PIHP	Spokane County, Regional  Behavioral Health Organization

Print application selector for 1915(b)Waiver: WA.0008.R09.02 - Apr 01	Page 13 of 95

# **Section A: Program Description**

#### **Part I: Program Overview**

D. Geographic Areas Served by the Waiver (2 of 2)

**Additional Information.** Please enter any additional information not included in previous pages: Greater Columbia Behavioral Health Regional Support Network PIHP consists of 10 counties: Asotin, Benton, Columbia, Franklin, Garfield, Kittitas, Klickitat, Walla Walla, Whitman, and Yakima.

Medicaid enrollees have their choice of network providers contracted by the PIHP (BHO/BHSO)

The PIHP, Behavioral Health Organizations listed in the geographic information represents the majority of the State of Washington. As the state continues to expand Fully Integrated Managed Care, other RSAs will become part of the integrated delivery system. Statewide integration is planned for 2020 as directed by RCW 71.24.850.

#### **Section A: Program Description**

## **Part I: Program Overview**

#### E. Populations Included in Waiver (1 of 3)

Please note that the eligibility categories of Included Populations and Excluded Populations below may be modified as needed to fit the State's specific circumstances.

1.	<b>Included Populations.</b> The following populations are included in the Waiver Program:
	Section 1931 Children and Related Populations are children including those eligible under Section 1931, poverty-level related groups and optional groups of older children.  Mandatory enrollment  Voluntary enrollment
	Section 1931 Adults and Related Populations are adults including those eligible under Section 1931, poverty-level pregnant women and optional group of caretaker relatives.  Mandatory enrollment Voluntary enrollment
	Blind/Disabled Adults and Related Populations are beneficiaries, age 18 or older, who are eligible for Medicaid due to blindness or disability. Report Blind/Disabled Adults who are age 65 or older in this category, not in Aged  Mandatory enrollment  Voluntary enrollment
	Blind/Disabled Children and Related Populations are beneficiaries, generally under age 18, who are eligible for Medicaid due to blindness or disability.  Mandatory enrollment Voluntary enrollment
	Aged and Related Populations are those Medicaid beneficiaries who are age 65 or older and not members of the Blind/Disabled population or members of the Section 1931 Adult population.  • Mandatory enrollment  • Voluntary enrollment

Approved by CMS: 3/29/16. Effective dates: 4/1/16 thru 9/30/16. Amendment to WA 1915(b) Integrated Behavioral Health Program, WA.0008.R09.02

Foster Care	e Children are Medicaid beneficiaries who are receiving foster care or adoption assistance (Title
IV-E), are in	foster-care, or are otherwise in an out-of-home placement.
Manda	atory enrollment
O Volunt	ary enrollment
TITLE XX	SCHIP is an optional group of targeted low-income children who are eligible to participate in
Medicaid if	the State decides to administer the State Children's Health Insurance Program (SCHIP) through the
Medicaid pr	ogram.
Manda	atory enrollment
O Volunt	ary enrollment
Other (Plea	se define):

Section 1902: All included populations have incorporated the Affordable Care Act Medicaid population. This includes the New Adult Group - non-pregnant individuals age 19 - 64 who are not eligible under any other category of eligibility.

Former Foster Care children are now eligible under this waiver until age 26. In BHO regions every Medicaid enrollee regardless of eligibility category is mandatorily enrolled in the PIHP in their region.

For BHSO in FIMC region only the following enrollees are included:

- Medicare Dual Eligible--Individuals entitled to Medicare and eligible for some category of Medicaid benefits. (Section 1902(a)(10) and Section 1902(a)(10)(E)) Full dual eligibles those individuals entitled to all Medicare and Medicaid benefits will be mandatorily enrolled in the BHSO portion of the FIMC plan. This is similar to the way Washington currently provides mental health services through the Regional Support Networks for all Washington citizens, except HCA will offer a choice of PIHPs for Behavioral health services.
- Poverty Level Pregnant Women -- Medicaid beneficiaries, who are eligible only while pregnant and for a short time after delivery. This population originally became eligible for Medicaid under the SOBRA legislation.
- Reside in Nursing Facility or ICF/MR--Medicaid beneficiaries who reside in Nursing Facilities (NF) or Intermediate Care Facilities for the Mentally Retarded (ICF/MR).
- Enrolled in Another Managed Care Program--Medicaid beneficiaries who are enrolled in another managed care program, such as Medicare Part C or the Apple Health Foster Care Program.
- Eligibility Less Than 3 Months--Medicaid beneficiaries who would have less than three months of Medicaid eligibility remaining upon enrollment into the program.
- Participate in HCBS Waiver--Medicaid beneficiaries who participate in a Home and Community Based Waiver (HCBS, also referred to as a 1915(c) waiver).
- American Indian/Alaskan Native--Medicaid beneficiaries who are American Indians or Alaskan Natives. American Indian/Alaskan Natives will be mandatorily enrolled in the BHSO unless they voluntarily enroll in FIMC MCO. HCA will offer a choice of PIHPs for behavioral health services or FIMC services. American Indian/Alaskan Natives will retain their choice to receive medical benefits either through FFS or Primary Care Case Management. They also retain their choice to enroll in FIMC voluntarily and receive the integrated benefit package of physical and behavioral health services.
- Special Needs Children (State Defined)--Medicaid beneficiaries who are special needs children as defined by the State.
- SCHIP Title XXI Children -- Medicaid beneficiaries who receive services through the SCHIP program.
- Foster Care Children-- will be mandatorily enrolled in the BHSO component of the Fully Integrated Managed Care (FIMC) contract and wraparound contract. The foster care children will always have a choice of two or more PIHPs in the FIMC region.

Access to Care Standards for Mental Health Services will be used as the guideline for determining level of service required. The standards, located at https://www.dshs.wa.gov/sites/default/files/BHSIA/dbh/Mental% 20Health/Access%20to%20Care%20Standards%20v20150701.1.pdf, reflect eligibility requirements for mental health treatment services provided through this waiver. Access to Care Standards effective April 1, 2016 will be

updated to reflect any changes in Diagnostic and Statistical Manual as needed. The state is implementing a new delivery model for youth needing intensive services called Wraparound with Intensive Services (WISe). As it is implemented, a new tool, the Child and Adolescent Needs and Strengths (CANS) will be used to assess the need for the level of care. Information about the CANS can be found at: https://www.wa-bhas.org/Default.aspx? nav=LH

The PIHPs are expected to meet the behavioral health needs of the individuals they serve. They are encouraged to provide innovative and flexible supports. Services are provided by a community behavioral health agency that is licensed and/or certified by the state. All clinical services are to be provided by or under the supervision of an appropriately licensed or certified health professional.

According to 42 CFR 438 Section 2, Definitions, Health care professional means a physician or any of the following: a podiatrist, optometrist, chiropractor, psychologist, dentist, physician assistant, physical or occupational therapist, therapist assistant, speech-language pathologist, audiologist, registered or practical nurse (including nurse practitioner, clinical nurse specialist, certified registered nurse anesthetist, and certified nurse midwife), licensed certified social worker, registered respiratory therapist, and certified respiratory therapy technician.

The above definition is specific to physical health providers this waiver describes a managed care system for behavioral health services, thus the definition of health care professional has been modified in past waiver applications to include the definition of mental health professional and will now include chemical dependency professional as described in the State Plan.

In addition to the definition specified in 42 CFR 438.2, DBHR expanded the definition to include Mental Health Professional, mental health specialists, and chemical dependency professionals as defined in the Washington State Medicaid State Plan. This allows the public behavioral health system to continue to have qualified staff perform authorization of behavioral health services, second opinion, grievance and appeal functions appropriate to their scope of practice and experience, and allows the effective use of mental health professionals and chemical dependency professionals.

## **Section A: Program Description**

#### **Part I: Program Overview**

# E. Populations Included in Waiver (2 of 3)

2.	<b>Excluded Populations.</b> Within the groups identified above, there may be certain groups of individuals who are excluded from the Waiver Program. For example, the "Aged" population may be required to enroll into the program, but "Dual Eligibles" within that population may not be allowed to participate. In addition, "Section 1931 Children" may be able to enroll voluntarily in a managed care program, but "Foster Care Children" within that population may be excluded from that program. Please indicate if any of the following populations are excluded from participating in the Waiver Program:
	Medicare Dual EligibleIndividuals entitled to Medicare and eligible for some category of Medicaid benefits. (Section 1902(a)(10) and Section 1902(a)(10)(E))
	Poverty Level Pregnant Women Medicaid beneficiaries, who are eligible only while pregnant and for a short time after delivery. This population originally became eligible for Medicaid under the SOBRA legislation.
	Other Insurance Medicaid beneficiaries who have other health insurance.
	Reside in Nursing Facility or ICF/IIDMedicaid beneficiaries who reside in Nursing Facilities (NF) or Intermediate Care Facilities for the Individuals with Intellectual Disabilities (ICF/IID).

	Enrolled in Another Managed Care Program Medicaid beneficiaries who are enrolled in another Medicaid managed care program
	<b>Eligibility Less Than 3 Months</b> Medicaid beneficiaries who would have less than three months of Medicaid eligibility remaining upon enrollment into the program.
	<b>Participate in HCBS Waiver</b> Medicaid beneficiaries who participate in a Home and Community Based Waiver (HCBS, also referred to as a 1915(c) waiver).
	<b>American Indian/Alaskan Native</b> Medicaid beneficiaries who are American Indians or Alaskan Natives and members of federally recognized tribes.
	<b>Special Needs Children (State Defined)</b> Medicaid beneficiaries who are special needs children as defined by the State. Please provide this definition.
	SCHIP Title XXI Children – Medicaid beneficiaries who receive services through the SCHIP program.
	<b>Retroactive Eligibility</b> – Medicaid beneficiaries for the period of retroactive eligibility.
	Other (Please define): Individuals in the Medicare Savings program; Qualified Medicare Beneficiaries (QMBs), Qualified Disabled Working Individuals (QDWI), Special Low Income Medicare Beneficiary (SLMB), and, Qualified Individual 1 (QII).
	Individuals in a spenddown. Once the spenddown is met, the individual is covered under the waiver.
	Individuals in the Limited Casualty - Medically Needy Program (LCP-MNP) receiving Hospice Services.
	Individuals in the Alien Emergency Medical (AEM) program - Emergency and Related Services Only (ESRO).
	Individuals who receive only Family Planning or Take Charge benefits/services.
	Individuals residing in ICF/IID receive outpatient behavioral health services through fee-for-service. Crisis, evaluation and treatment and inpatient treatment are covered by the BHO/BHSO.
	The American Indian/Alaska Native population is excluded from the Waiver for SUD services only, and in the BHO Regions only.
Section A	A: Program Description
	rogram Overview
E. Popula	ations Included in Waiver (3 of 3)
Additional	<b>Information.</b> Please enter any additional information not included in previous pages:

Print application selector for 1915(b)Waiver: WA.0008.R09.02 - Apr 01... Page 16 of 95

Print application selector for 1915(b) Waiver: WA.0008.R09.02 - Apr 01... Page 17 of 95

## **Section A: Program Description**

#### **Part I: Program Overview**

F. Services (1 of 5)

List all services to be offered under the Waiver in Appendices D2.S. and D2.A of Section D, Cost-Effectiveness.

4					
	Λ	CCI	IPO	m	es.

The State assures CMS that services under the Waiver Program will comply with the following federal
requirements:

- Services will be available in the same amount, duration, and scope as they are under the State Plan per 42 CFR 438.210(a)(2).
- Access to emergency services will be assured per section 1932(b)(2) of the Act and 42 CFR 438.114.
- Access to family planning services will be assured per section 1905(a)(4) of the Act and 42 CFR 431.51(b)
   The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of more of the regulatory requirements listed above for PIHP or PAHP programs. Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any. (See note below for limitations on requirements that may be waived).
- ☐ The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for compliance with the provisions of 42 CFR 438.210(a)(2), 438.114, and 431.51 (Coverage of Services, Emergency Services, and Family Planning) as applicable. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.
- This is a proposal for a 1915(b)(4) FFS Selective Contracting Program only and the managed care regulations do not apply. The State assures CMS that services will be available in the same amount, duration, and scope as they are under the State Plan.
- The state assures CMS that it complies with Title I of the Medicare Modernization Act of 2003, in so far as these requirements are applicable to this waiver.

Note: Section 1915(b) of the Act authorizes the Secretary to waive most requirements of section 1902 of the Act for the purposes listed in sections 1915(b)(1)-(4) of the Act. However, within section 1915(b) there are prohibitions on waiving the following subsections of section 1902 of the Act for any type of waiver program:

- Section 1902(s) -- adjustments in payment for inpatient hospital services furnished to infants under age 1, and to children under age 6 who receive inpatient hospital services at a Disproportionate Share Hospital (DSH) facility.
- Sections 1902(a)(15) and 1902(bb) prospective payment system for FQHC/RHC
- Section 1902(a)(10)(A) as it applies to 1905(a)(2)(C) comparability of FQHC benefits among Medicaid beneficiaries
- Section 1902(a)(4)(C) -- freedom of choice of family planning providers
- Sections 1915(b)(1) and (4) also stipulate that section 1915(b) waivers may not waive freedom of choice of emergency services providers.

**Section A: Program Description** 

#### Part I: Program Overview

F. Services (2 of 5)

2.	enrollees in an MCO, PIHP, PAHP, or PCCM must have access to emergency services without prior authorization, even if the emergency services provider does not have a contract with the entity.
	☐ The PAHP, PAHP, or FFS Selective Contracting program does not cover emergency services.
	Emergency Services Category General Comments (optional):
	The PIHP does not cover medical emergency services. Medicaid enrollees have access to emergency services 24/7 independent of the Waiver: PIHPs are not funded to purchase emergency services such as ambulance, emergency department services, or out of network emergency services. The PIHPs are only contracted for outpatient behavioral health care services and inpatient psychiatric services, which include crisis services.
	Behavioral health emergency services are provided 24/7 through crisis services. The response to the crisis is from qualified individuals, rather than recorded messages. The intent is to facilitate efficient and effective crisis diversion and resolution; to resolve crisis in the least restrictive manner possible; crisis respite; investigation and detention services; and evaluation and treatment services.
	Inpatient services for enrollees admitted through the emergency room are covered and paid for if the designated professional person for the enrollee(s) county of residence has conducted a pre-admission certification and conditions of medical necessity are met.
3.	Family Planning Services. In accordance with sections 1905(a)(4) and 1915(b) of the Act, and 42 CFR 431.51(b), prior authorization of, or requiring the use of network providers for family planning services is prohibited under the waiver program. Out-of-network family planning services are reimbursed in the following manner:  The MCO/PIHP/PAHP will be required to reimburse out-of-network family planning services.
	☐ The MCO/PIHP/PAHP will be required to pay for family planning services from network providers, and the State will pay for family planning services from out-of-network providers.
	☐ The State will pay for all family planning services, whether provided by network or out-of-network providers.
	Other (please explain):
	Family planning services are not included under the waiver.
	Family Planning Services Category General Comments (optional):
	The PIHP does not cover family planning. Family planning is not a behavioral health service and is covered under HCAs FFS medical.
Section	on A: Program Description
Part	I: Program Overview
F. Se	rvices (3 of 5)
4.	<b>FQHC Services.</b> In accordance with section 2088.6 of the State Medicaid Manual, access to Federally Qualified Health Center (FOHC) services will be assured in the following manner:

Approved by CMS: 3/29/16. Effective dates: 4/1/16 thru 9/30/16. Amendment to WA 1915(b) Integrated Behavioral Health Program, WA.0008.R09.02

The program is <b>voluntary</b> , and the enrollee can disenroll at any time if he or she desires access to FQHC services. The MCO/PIHP/PAHP/PCCM is not required to provide FQHC services to the enrollee during the enrollment period.
period.  The program is <b>mandatory</b> and the enrollee is guaranteed a choice of at least one MCO/PIHP/PAHP/PCCM which has at least one FQHC as a participating provider. If the enrollee elects not to select a MCO/PIHP/PAHP/PCCM that gives him or her access to FQHC services, no FQHC services will be required to be furnished to the enrollee while the enrollee is enrolled with the MCO/PIHP/PAHP/PCCM he or she selected. Since reasonable access to FQHC services will be available under the waiver program, FQHC services outside th program will not be available. Please explain how the State will guarantee all enrollees will have a choice of at least one MCO/PIHP/PAHP/PCCM with a participating FQHC:  Eight of the 9 BHOs and the managed care entities in the FIMC region have contracts in place with FQHCs that are licensed as Community Behavioral Health Agencies (CMHAs). The ninth BHO is aware of the PIHP requirement but has not been approached by an FQHC requesting a contract at this time.  Our approved BHO PIHP Contract language requires that:  9.8. Federally-Qualified Health Centers
9.8.1. The Contractor is required to contract with at least one (1) Federally-Qualified (FQHC) in their service area if the FQHC makes such a request.  9.8.2. The Contractor shall not pay an FQHC or Rural Health Clinic (RHC) less than the Contractor would pay non-FQHC/RHC providers for the same services (42 UCS 1396b(m)(2)(A)(ix)).  Currently there are FQHCs contracting for mental health services in the public mental health system. The PIHPs are required to contract with at least one FQHC in their service area if the FQHC requests. The FQHC is accessed the same as any other contracted agency in the PIHP service area.
For the BHSO PIHP contract, HCA requires: 5.23.1 Federally-Qualified Health Centers. The Contractor is required to contract with at least one (1) Federally-Qualified Health Center (FQHC) in their service area if the FQHC makes such a request. The Contractor must not pay a FQHC or Rural Health Clinic (RHC) less than the level and amount of payment the Contractor would pay non-FQHC/RHC providers for the same services.  The program is <b>mandatory</b> and the enrollee has the right to obtain FQHC services <b>outside</b> this waiver program through the regular Medicaid Program.
FQHC Services Category General Comments (optional):
EPSDT Requirements.
☐ The managed care programs(s) will comply with the relevant requirements of sections 1905(a)(4)(b) (services), 1902(a)(43) (administrative requirements including informing, reporting, etc.), and 1905(r) (definition) of the Acrelated to Early, Periodic Screening, Diagnosis, and Treatment (EPSDT) program.
EPSDT Requirements Category General Comments (optional):
On December 19, 2013, the State and the Plaintiffs in the EPSDT class action lawsuit, T.R. v. Teeter and Quigley, entered into a settlement agreement. The settlement agreement was filed with and approved by the U.S. District Court for the Western District of Washington. The agreement directs the State to develop a sustainable service delivery system for intensive services delivered in the home and community to Medicaid eligible children and youth, in substantial compliance with Title XIX of the Federal Social Security Act, and specifically the Early Periodic Screening, Diagnosis, and Treatment (EPSDT) provisions of Medicaid. The objective is the development and

5.

Print application selector for 1915(b)Waiver: WA.0008.R09.02 - Apr 01... Page 19 of 95

successful implementation of a five-year plan that delivers medically necessary intensive services using a delivery model called Wraparound with Intensive Services (WISe).

PIHPs are required by contract to provide cross-system coordination for children, youth and the families who are receiving services through more than one child-serving services system. Coordination with other DSHS program areas is also expected as part of treatment planning. The team may include key providers, the child/youth and family, schools and natural supports.

Community mental health agencies coordinate with any systems or organizations the individual identifies as being relevant to the individual treatment, with their or their guardian consent. This includes coordination with the individualized family service plan (IFSP) when serving children three years of age or under.

Children/youth that do not have a primary care provider are provided information on how to obtain a provider from the PIHP, as required by PIHP contract.

Any child/youth being treated in the behavioral health system that is in need of other healthcare services, such as a well child checkup, dental services, or substance abuse counseling, are referred to the proper provider and/or the primary care provider.

The BHO is required to develop or update allied system coordination plans that include plans with community mental health clinic agencies, FQHCs, and Medicaid managed care organizations.

The PIHP Contract requires the PIHP to respond to EPSDT referrals from primary medical care providers with at least a written notice that must at a minimum include date of intake and diagnosis.

The PIHP Contract requires the PIHP to respond to EPSDT referrals from primary medical care providers with at least a written notice that must at a minimum include date of intake and diagnosis.

## **Section A: Program Description**

#### Part I: Program Overview

F. Services (4 of 5)

#### 6. 1915(b)(3) Services.

This waiver includes 1915(b)(3) expenditures. The services must be for medical or health-related care, or other
services as described in 42 CFR Part 440, and are subject to CMS approval. Please describe below what these
expenditures are for each waiver program that offers them. Include a description of the populations eligible,
provider type, geographic availability, and reimbursement method.

1915(b)(3) Services Requirements Category General Comments:

This waiver includes no (b)(3) Services

#### 7. Self-referrals.

The State requires MCOs/PIHPs/PAHPs/PCCMs to allow enrollees to self-refer (i.e. access without prior
authorization) under the following circumstances or to the following subset of services in the
MCO/PIHP/PAHP/PCCM contract:

Self-referrals Requirements Category General Comments:

Each BHO has a crisis system, which is accessible 24 hours/7 days a week with responses from individuals, rather than recorded messages. This crisis system includes the following: crisis intervention; crisis respite; and, evaluation and treatment services. Self-referrals can also be made for assessment and intake for behavioral health services.

The BHSO subcontracts with a Behavioral Health Administrative Services Organization for crisis services, which is accessible 24 hours/7 days a week with responses from individuals, rather than recorded messages. This crisis system includes the following: crisis intervention; crisis respite; and, evaluation and treatment services. Self-referrals can also be made for assessment and intake for behavioral health services.

Crisis response services are provided in the following manner:

- \* Toll free numbers that ensure access to crisis services. Access for non-English speaking and hearing impaired enrollees must also be in place.
- \* Enrollees have unrestricted access to the crisis response system, without establishing medical necessity for the first contact, and without reference to the enrollee's ongoing service coverage under a particular PIHP.
- \* Triage with local hospitals to reduce unnecessary utilization of the Emergency Department (ED) through working agreements with local evaluation and treatment facilities. ED visits not resulting in admission are not covered by this waiver, inpatient services for enrollees admitted through the ED are covered provided pre-admission certification and conditions of medical necessity are met. Crisis response services can also coordinate, refer and arrange for SUD services available within the PIHP, to address an enrollee's needs related to substance use abuse or dependence.
- \* PIHPs must report crisis services provided to the DBHR/CIS system. Crisis services are monitored by DBHR and HCA as well as the PIHPs on an ongoing basis. Additionally, the transition from crisis services to routine services is monitored to ensure compliance with Access to Care Standards.

8. Other.	
Other (Please describe)	
	^ \
ection A: Program Description	
art I: Program Overview	
. Services (5 of 5)	
dditional Information. Please enter any additional information not included in previous pages:	
ection A: Program Description	
art II: Access	
. Timely Access Standards (1 of 7)	
ach State must ensure that all services covered under the State plan are available and accessible to enrollees of the 1915 aiver Program. Section 1915(b) of the Act prohibits restrictions on beneficiaries' access to emergency services and far anning services.	
1. Assurances for MCO, PIHP, or PAHP programs	
<ul> <li>The State assures CMS that it complies with section 1932(c)(1)(A)(i) of the Act and 42 CFR 438.206</li> <li>Availability of Services; in so far as these requirements are applicable.</li> <li>The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory requirements listed for PIHP or PAHP programs.</li> </ul>	
Please identify each regulatory requirement for which a waiver is requested, the managed care program to which the waiver will apply, and what the State proposes as an alternative requirement, if any:	n(s)

Approved by CMS: 3/29/16. Effective dates: 4/1/16 thru 9/30/16. Amendment to WA 1915(b) Integrated Behavioral Health Program, WA.0008.R09.02

-		_
t t	The CMS Regional Office has reviewed and approved the MCO, PIHP, or PAHP contracts for compliance with the provisions of section 1932(c)(1)(A)(i) of the Act and 42 CFR 438.206 Availability of Services. If his is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.	0
If the 1915(b) Wai	ver Program does not include a PCCM component, please continue with Part II.B. Capacity Standards.	
Section A: Pro	gram Description	
Part II: Access	8	
A. Timely Acc	ess Standards (2 of 7)	
	PCCM program. The State must assure that Waiver Program enrollees have reasonable access to service below the activities the State uses to assure timely access to services.  Availability Standards. The State's PCCM Program includes established maximum distance and/or travetime requirements, given beneficiary's normal means of transportation, for waiver enrollees' access to the following providers. For each provider type checked, please describe the standard.  1.   PCPs	⁄el
	Please describe:	
	2. Specialists	
	Please describe:	
	3. Ancillary providers	
	Please describe:	
	4. Dental	
	Please describe:	
	5 Utanikala	
	5. Hospitals	
	Please describe:	
	6. Mental Health	_

Print application selector for 1915(b)Waiver: WA.0008.R09.02 - Apr 01... Page 22 of 95

<b>Print</b>	application	selector for	1915(b)Waiver	: WA.0008.R09.02 -	Apr 01	Page 23 of 95

	Please describe:
7.	Pharmacies
	Please describe:
o	Substance Abuse Treatment Providers
8.	
	Please describe:
9.	Other providers
	Please describe:
Section A: Program	m Description
Part II: Access	Standards (2, 88)
A. Timely Access S	
2. Details for PCC	CM program. (Continued)
	<b>pointment Scheduling</b> means the time before an enrollee can acquire an appointment with his or her ovider for both urgent and routine visits. The State's PCCM Program includes established standards for
	pointment scheduling for waiver enrollee's access to the following providers.  PCPs
1.	
	Please describe:
2.	Specialists
	Please describe:
3.	Ancillary providers
	Please describe:

<b>Print</b>	application	selector for	1915(b)Waiver	: WA.0008.R09.02 -	Apr 01	Page 24 of 95

4.		Demai	
		Please describe:	
5.		Mental Health	
5.	Ш	ivientai rieattii	
		Please describe:	
			^
6.		Substance Abuse Treatment Providers	
0.		Substance Abuse Treatment Providers	
		Please describe:	
			V
7.		Urgent care	
		Please describe:	
8.		Other providers	
		Please describe:	
			<b>V</b>
Section A: Program	m I	Description	
Part II: Access			
A. Timely Access S	Star	ndards (4 of 7)	
		program. (Continued)	
		ce Waiting Times: The State's PCCM Program includes established standards for in-office wa	iting
tim <b>1.</b>		For each provider type checked, please describe the standard. PCPs	
1.			
		Please describe:	
_			V
2.		Specialists	
		Please describe:	

3. Ancillary providers	<b>V</b>
Please describe:	
	^
4.	$\vee$
Please describe:	
5. Mental Health	*
Please describe:	
	^
6. Substance Abuse Treatment Providers	$\checkmark$
Please describe:	
1 reads west to c.	<u> </u>
	V
7. Other providers	
Please describe:	
	^
	<u> </u>
Section A: Program Description	
Part II: Access	
A. Timely Access Standards (5 of 7)	
2. Details for PCCM program. (Continued)	
d. Other Access Standards	<u> </u>
	Ç
Section A: Program Description	
Part II: Access	
A. Timely Access Standards (6 of 7)	

3. Details for 1915(b)(4)FFS selective contracting programs: Please describe how the State assures timely access to the services covered under the selective contracting program.

Section A: Program Description
Part II: Access
A. Timely Access Standards (7 of 7)
Additional Information. Please enter any additional information not included in previous pages:
Section A: Program Description
Part II: Access
B. Capacity Standards (1 of 6)
1. Assurances for MCO, PIHP, or PAHP programs
<ul> <li>The State assures CMS that it complies with section 1932(b)(5) of the Act and 42 CFR 438.207 Assurances of adequate capacity and services, in so far as these requirements are applicable.</li> <li>The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory requirements listed for PIHP or PAHP programs.</li> </ul>
Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:
The CMS Regional Office has reviewed and approved the MCO, PIHP, or PAHP contracts for compliance with the provisions of section 1932(b)(5) and 42 CFR 438.207 Assurances of adequate capacity and services. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.
If the 1915(b) Waiver Program does not include a PCCM component, please continue with Part II, C. Coordination and Continuity of Care Standards.
Section A: Program Description
Part II: Access
B. Capacity Standards (2 of 6)
<ul> <li>2. Details for PCCM program. The State must assure that Waiver Program enrollees have reasonable access to services Please note below which of the strategies the State uses assure adequate provider capacity in the PCCM program.</li> <li>a.   The State has set enrollment limits for each PCCM primary care provider.</li> </ul>
Please describe the enrollment limits and how each is determined:

Print application selector for 1915(b)Waiver: WA.0008.R09.02 - Apr 01... Page 26 of 95

Print applicat	ion selector fo	or 1915(b)Waiv	er: WA.0008.R09	.02 - Apr 01 Page	27 of 95
b	The State ensures	that there are adequa	te number of PCCM PCP	s with <b>open panels</b> .	
	Please describe th	e State's standard:			
					^
с.	The State ensures services covered u		nate number of PCCM P	CPs under the waiver assure	access to all
	Please describe th	ne State's standard fo	r adequate PCP capacity		
Section A: Pro	gram Descripti	on			
Part II: Access	<b>.</b>				
2. Details for	Provider Type		of providers before and d # in Current Waiver in the chart above:	uring the Waiver.  # Expected in Renewal	
e. 🗌		adequate <b>geographic</b> e State's standard:	distribution of PCCMs.		
Section A: Pro	gram Descripti	on			
Part II: Access	<b>,</b>				
B. Capacity Sta	andards (4 of 6)				
2. Details for f.	PCCM program. PCP:Enrollee Ra		shes standards for PCP to	enrollee ratios.	
	Area/(C	City/County/Region)	PCCM	I-to-Enrollee Ratio	
	Please note any ch	nanges that will occu	r due to the use of physici	an extenders.:	

Please describe:

Other capacity standards.

Section A: Program Description
Part II: Access
B. Capacity Standards (5 of 6)
3. Details for 1915(b)(4)FFS selective contracting programs: Please describe how the State assures provider capacity has not been negatively impacted by the selective contracting program. Also, please provide a detailed capacity analysis of the number of beds (by type, per facility) – for facility programs, or vehicles (by type, per contractor) – for non-emergency transportation programs, needed per location to assure sufficient capacity under the waiver program. This analysis should consider increased enrollment and/or utilization expected under the waiver.
Section A: Program Description
Part II: Access
B. Capacity Standards (6 of 6)
Additional Information. Please enter any additional information not included in previous pages:
Section A: Program Description
Part II: Access
C. Coordination and Continuity of Care Standards (1 of 5)
1. Assurances for MCO, PIHP, or PAHP programs
<ul> <li>☐ The State assures CMS that it complies with section 1932(c)(1)(A)(i) of the Act and 42 CFR 438.206         Availability of Services; in so far as these requirements are applicable.</li> <li>☐ The State seeks a waiver of a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory requirements listed above for PIHP or PAHP programs.</li> </ul>
Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:
The CMS Regional Office has reviewed and approved the MCO, PIHP, or PAHP contracts for compliance with the provisions of section 1932(c)(1)(A)(i) of the Act and 42 CFR 438.206 Availability of Services. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.
Section A: Program Description
Part II: Access

Print application selector for 1915(b)Waiver: WA.0008.R09.02 - Apr 01... Page 28 of 95

# C. Coordination and Continuity of Care Standards (2 of 5)

2.	Details on MCO/PIHP/PAHP	enrollees with special health care needs.
----	--------------------------	---

101	IOWI	ng nems are required.
a.		The plan is a PIHP/PAHP, and the State has determined that based on the plan's scope of services, and how the State has organized the delivery system, that the <b>PIHP/PAHP need not meet the requirements</b> for additional services for enrollees with special health care needs in 42 CFR 438.208.
		Please provide justification for this determination:
b.		In previous waiver periods, the State negotiated with CMS to define all Medicaid clients with serious mental illness or children with a serious emotional disturbance as special needs clients; and, to treat these clients accordingly when providing mental health services through the PIHP system.  Identification. The State has a mechanism to identify persons with special health care needs to MCOs, PIHPs, and PAHPs, as those persons are defined by the State.
		Please describe:
c.		See Access to Care Standards at: Access to Care Standards will be effective April 1, 2016 and will include Access to Care Standards for both MH and SUD. The Access to Care Standards are available at: https://www.dshs.wa.gov/sites/default/files/BHSIA/dbh/Mental%20Health/Access%20to%20Care% 20Standards%20v20150701.1.pdf . This is used for serving special needs populations of individuals with serious and persistent mental illness and/or substance use. Assessment. Each MCO/PIHP/PAHP will implement mechanisms, using appropriate health care professionals, to assess each enrollee identified by the State to identify any ongoing special conditions that require a course of treatment or regular care monitoring. Please describe:
		Please describe the enrollment limits and how each is determined:
		*See Access to Care Standards Access to Care Standards will be effective April 1, 2016 and will include Access to Care Standards for both MH and SUD. The Access to Care Standards are available at: https://www.dshs.wa.gov/sites/default/files/BHSIA/dbh/Mental%20Health/Access%20to%20Care%20Standards%20v20150701.1.pdf
d.		*The State requires PIHPs and Apple Health Managed Care Organizations (MCOs) to work cooperatively to manage enrollees receiving services from both systems in the most efficient and effective way possible. The PIHPs and MCOs also coordinate to transition enrollees who have received the maximum mental health services under the benefit administered by the MCOs and are transitioning to the PIHP managed mental health system to receive mental health care.  Treatment Plans. For enrollees with special health care needs who need a course of treatment or regular
		<ul> <li>care monitoring, the State requires the MCO/PIHP/PAHP to produce a treatment plan. If so, the treatment plan meets the following requirements:</li> <li>1. Developed by enrollees' primary care provider with enrollee participation, and in consultation with any specialists' care for the enrollee.</li> <li>2. Approved by the MCO/PIHP/PAHP in a timely manner (if approval required by plan).</li> <li>3. In accord with any applicable State quality assurance and utilization review standards.</li> </ul>
		Please describe:
		1. It should be noted that in the context of Managed Behavioral Health services, the Mental Health

Approved by CMS: 3/29/16. Effective dates: 4/1/16 thru 9/30/16. Amendment to WA 1915(b) Integrated Behavioral Health Program, WA.0008.R09.02

Professional and CD Professional acts as the PCP in developing a treatment plan. The treatment plan is

developed collaboratively with the individual and other people identified by the individual as his or her support system. The treatment plan is developed within thirty days of starting community support services. The service plan is in language and terminology that is easily understood by the individual and his or her family, and includes goals that are measurable.

- 2. The PIHP must have a written policy and procedure to ensure consistent application of requests within the service area. The PIHP must monitor the use and pattern of extensions and apply corrective action where necessary. Urgent and emergent medically necessary behavioral health services (e.g. crisis behavioral health services, stabilization mental health services)may be accessed without full completion of intake evaluations and/or other screening and assessment processes.
- 3. DBHR/HCA monitors the BHO/BHSO services consistent with CMS requirements.
- **e.** Direct access to specialists. If treatment plan or regular care monitoring is in place, the MCO/PIHP/PAHP has a mechanism in place to allow enrollees to directly access specialists as appropriate for enrollee's condition and identified needs.

Please describe:

In addition to the definition specified in 42 CFR 438.2, the Medicaid State Plan expanded the definition of provider to include mental health professional, mental health specialists and chemical dependency professionals. This allows the public behavioral health system to have qualified staff perform authorizations for behavioral health services, second opinions, grievance and appeal functions appropriate to their scope of practice and experience; and, directly supports quality services for individuals.

PIHPs are required to note primary health care providers (PCPs)in individual files to refer an enrollee if needed. If the enrollee does not have a primary health care provider, they are given information to obtain a primary health care provider.

BHSO language directs the PIHP to allow individuals with special health care needs, whose treatment plan indicates the need for frequent utilization of a specialist, to retain the specialist as a PCP, or alternatively, be allowed direct access to specialists for needed care.

#### **Section A: Program Description**

Part	<b>II</b> • <b>A</b>	22922
	II. A	111133

C. Coordination and Continuity of Care Standards (3 of 5)

	nils for PCCM program. The State must assure that Waiver Program enrollees have reasonable access to service note below which of the strategies the State uses assure adequate provider capacity in the PCCM program.
a.	Each enrollee selects or is assigned to a <b>primary care provider</b> appropriate to the enrollee's needs.
b.	Each enrollee selects or is assigned to a designated <b>designated health care practitioner</b> who is primarily
	responsible for coordinating the enrollee's overall health care.
c.	Each enrollee is receives <b>health education/promotion</b> information.
	Please explain:
d.	Each provider maintains, for Medicaid enrollees, health records that meet the requirements established by
	the State, taking into account professional standards.
e.	There is appropriate and confidential <b>exchange of information</b> among providers.
f.	Enrollees receive information about specific health conditions that require <b>follow-up</b> and, if appropriate,
	are given training in self-care.

g.	Primary care case managers <b>address barriers</b> that hinder enrollee compliance with prescribed treatments
	or regimens, including the use of traditional and/or complementary medicine.
h.	Additional case management is provided.
	Please include how the referred services and the medical forms will be coordinated among the practitioners, and documented in the primary care case manager's files.
i.	Referrals.
	Please explain in detail the process for a patient referral. In the description, please include how the referred services and the medical forms will be coordinated among the practitioners, and documented in the primary care case managers' files.
Section A: F	Program Description
Part II: Acc	ess

# C. Coordination and Continuity of Care Standards (4 of 5)

4. Details for 1915(b)(4) only programs: If applicable, please describe how the State assures that continuity and coordination of care are not negatively impacted by the selective contracting program.

For the BHOs, DBHR, through licensing review, monitors that treatment plans that are developed with the participation of the individual and their natural support system. The team looks for quotes attributable to both the individual and those whom they have identified as being an integral part of their treatment. DBHR requires the plan to be written in language and terminology easily understood by the individual. When reviewing treatment plans, the team also looks for abbreviations, overly complicated clinical descriptions, etc. The team reviews for documentation of coordination of services and consultation with the appropriate clinical staff including children, geriatric, ethnic minority and disability mental health specialists when appropriate.

The Mental Health Statistics Improvement Program, Mental Health Consumer Survey, (MHSIP)monitors satisfaction with participation in treatment and treatment planning. The 2014 survey results are at:

 $Adult: \ https://www.dshs.wa.gov/sites/default/files/BHSIA/dbh/Publications/2014\%20ACS\%20Toolkit\%20Rodriguez.pdf$ 

 $Child/Family: \ https://www.dshs.wa.gov/sites/default/files/BHSIA/dbh/Publications/2014\% 20 CFCS\% 20 Toolkit\% 20 rodriguez.pdf$ 

Under the current Fee for Service substance use disorder treatment delivery system the Statewide Patient Satisfaction Survey is used.

Upon initial evaluation it appears the MHSIP survey can be used to survey for satisfaction for both mental health and substance use disorder treatment and treatment planning. DBHR plans to continue to use this survey statewide including in BHSO regions.

The State requires the PIHP to coordinate health care services with other providers. This will continue to be monitored through the External Quality Review Organization (EQRO) protocols and by the DSHS. For BHSO regions HCA used NCQA process and their own review teams. Example list of provider types included in coordination of services are:

- -Local Health Departments
- -Dental Providers
- -Transportation Providers
- -HCBS (1915(c)) Service
- -Developmental Disabilities
- -Title V Providers
- -Medical Providers
- -Indian Health Services (IHS) operated programs, 638 tribally operated programs and urban Indian health programs.
- -For the BHSO, HCA has contract language that requires coordination of services through the Health Home Qualified Lead entities
- -Other local service providers

PIHPs work in partnership with a variety of other community agencies to coordinate care for enrollees. The PIHPs and Behavioral Health providers are required to participate in multi-system coordination efforts whenever possible. They are required to refer individuals to alternate or additional services that the individuals' or the Behavioral Health Provider believes is necessary to complete or aid in the recovery process. Aging Disability Services Administration , as part of the umbrella agency of DSHS, monitors coordination efforts through meetings with other divisions within the Department; works with the Indian Policy Advisory Committee; and, participates in stakeholder meetings with the Office of the Superintendent of Public Instruction and the Department of Health.

PIHP contracts have the following coordination requirements:

- -PIHPs must participate in the coordination of behavioral health services with other systems of care when clinically indicated; and must:
- \*Maintain DSHS or HCA approved allied system coordination plans developed with DSHS Children's Administration and DSHS/ADSA.
- \*Maintain the existing working Agreement with the DSHS Rehabilitation Administration (RA) addressing the coordination of services for enrollees that are released from JRA facilities.
- \*Maintain the relationship between the PIHP and Apple Health Plans in the contracted service area(s) through a Memorandum of Understanding.
- \*Maintain relationships between the PIHP and the Department of Corrections (DOC) office and DSHS Division of Vocational Rehabilitation (DVR) office in the service area.
- \*Comply with published directives from DBHR or HCA when the PIHP or its subcontractors are unable to resolve local disputes with other service systems (e.g. Apple Health; other DSHS or HCA administrations) regarding service or cost responsibilities.
- \*PIHPs are required to collaborate with tribal mental health providers to ensure coordination of services as well as appropriate placement of tribal individuals into inpatient treatment, as necessary. PIHPs also coordinate with tribal behavioral health systems to ensure appropriate discharge planning from inpatient treatment facilities; and, are required to provide crisis services. In addition, the PIHP contracts can be updated as a result of agreements made through formal Consultation with the tribes.

During the tribal consultation on November 17, 2015, DSHS and HCA affirmed the State's commitment to the development of a tribal centric behavioral health system that better serves the needs of tribes and their members. To achieve this goal and address the issues raised during the tribal consultation process, HCA and DSHS committed to compiling a grid of the issues raised and working with the parties identified on page 10 in Section 1.4 of the State Plan (TN#11-25), to populate the grid with proposed solutions, analyses of how to achieve the proposed solutions, mitigation strategies for the interim, and timeframes for achieving the proposed solutions – with mutual understanding that some proposed solutions may require federal or state statutory changes.

In the additional tribal consultation held on March 9, 2016 and the subsequent meetings DSHS and HCA reaffirmed the State's commitment to continued development of solutions through addressing the issues raised and recorded through more frequent consultation and the tribal centric behavioral health workgroup. This work will be incorporated into the waiver renewal request for October 1, 2016.

Section A: Program Description				
Part II: Access				
C. Coordination and Continuity of Care Standar	rds (5 of 5)			
Additional Information. Please enter any additional information	tion not included	in previous page	es:	
				<b>\( \)</b>
Section A: Program Description				
Part III: Quality				
1. Assurances for MCO or PIHP programs				
<ul> <li>□ The State assures CMS that it complies with section 1932(c)(1)(A)(iii)-(iv) of the Act and 42 CFR 438.202, 438.204, 438.210, 438.214, 438.218, 438.224, 438.226, 438.228, 438.230, 438.236, 438.240, and 438.242 in so far as these regulations are applicable.</li> <li>□ The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory requirements listed for PIHP programs.</li> </ul>				
Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:				
Section 1902(a)(4) is waived to permit the State to mandate beneficiaries into a single PIHP and restrict disenrollment.  The CMS Regional Office has reviewed and approved the MCO, PIHP, or PAHP contracts for compliance with the provisions of section 1932(c)(1)(A)(iii)-(iv) of the Act and 42 CFR 438.202, 438.204, 438.210, 438.214, 438.218, 438.224, 438.226, 438.228, 438.230, 438.236, 438.240, and 438.242. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.  Section 1932(c)(1)(A)(iii)-(iv) of the Act and 42 CFR 438.202 requires that each State Medicaid agency that contracts with MCOs and PIHPs submit to CMS a written strategy for assessing and improving the quality of managed care services offered by all MCOs and PIHPs.  The State assures CMS that this quality strategy was initially submitted to the CMS Regional Office on:  06/01/07  (mm/dd/yy)  The State assures CMS that it complies with section 1932(c)(2) of the Act and 42 CFR 438 Subpart E, to arrange for an annual, independent, external quality review of the outcomes and timeliness of, and access to the services delivered under each MCO/ PIHP contract. Note: EQR for PIHPs is required beginning March 2004.  Please provide the information below (modify chart as necessary):				
Program Type	Name of		tivities Conduc Mandatory	ted Optional
	Organization	EQR study	Activities	Activities
MCO				

_	Name of	Activities Conducted			
Program Type	Organization	EQR study	Mandatory Activities	Optional Activities	
	^	^	^	^	
	$\vee$	$\vee$	$\vee$	$\vee$	
РІНР	QUALIS	2014-2017	See comments	EDV	

Section A: Program Description
Part III: Quality
2. Assurances For PAHP program
☐ The State assures CMS that it complies with section 1932(c)(1)(A)(iii)-(iv) of the Act and 42 CFR 438.210, 438.214, 438.218, 438.224, 438.226, 438.228, 438.230 and 438.236, in so far as these regulations are applicable.
The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory requirements listed for PAHP programs.
Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:
The CMS Regional Office has reviewed and approved the PAHP contracts for compliance with the
provisions of section 1932(c) (1)(A)(iii)-(iv) of the Act and 42 CFR 438.210, 438.214, 438.218, 438.224, 438.226, 438.228, 438.230 and 438.236. If this is an initial waiver, the State assures that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.
Section A: Program Description
Part III: Quality
<ul> <li>3. Details for PCCM program. The State must assure that Waiver Program enrollees have access to medically necessary services of adequate quality. Please note below the strategies the State uses to assure quality of care in the PCCM program.</li> <li>a.</li></ul>
Please describe:

**Section A: Program Description** 

**Part III: Quality** 

3. Details for PCCM program. (Continued)

Print application selector for	1915(b) Waiver: W	VA.0008.R09.02 - A <sub>1</sub>	or 01 Page 35 of 95

D. State	intervention: If a problem is identified regarding the quanty of services received, the State will
interve	ene as indicated below.
1.	
2.	
3.	Request PCCM's response to identified problems
4.	Refer to program staff for further investigation
5.	Send warning letters to PCCMs
6.	Refer to State's medical staff for investigation
7.	Institute corrective action plans and follow-up
8.	Change an enrollee's PCCM
9.	Institute a restriction on the types of enrollees
10.	Further limit the number of assignments
11.	Ban new assignments
12.	
13.	
14.	
15.	
	Please explain:
	× ·
Section A: Program	Description
	Description
Part III: Quality	
	I program. (Continued)
	tion and Retention of Providers: This section provides the State the opportunity to describe any
-	ements, policies or procedures it has in place to allow for the review and documentation of
	ications and other relevant information pertaining to a provider who seeks a contract with the State CM administrator as a PCCM. This section is required if the State has applied for a 1915(b)(4)
	r that will be applicable to the PCCM program.
Please	e check any processes or procedures listed below that the State uses in the process of selecting and
	ing PCCMs. The State (please check all that apply):
1.	
	documentation).
2.	
	visits as appropriate, as well as primary source verification of licensure, disciplinary status, and eligibility for payment under Medicaid.
3.	
· .	the State and through a process that updates information obtained through the following
	(check all that apply):
	A. Initial credentialing
	<b>B.</b> Performance measures, including those obtained through the following (check all that
	apply):
	• The utilization management system.
	• The complaint and appeals system.
	• Enrollee surveys.
	_ Emones sarveys.

Approved by CMS: 3/29/16. Effective dates: 4/1/16 thru 9/30/16. Amendment to WA 1915(b) Integrated Behavioral Health Program, WA.0008.R09.02

• Other.
Please describe:
4. Uses formal selection and retention criteria that do not discriminate against particular providers such as those who serve high risk populations or specialize in conditions that requir costly treatment.
5. Has an initial and recredentialing process for PCCMs other than individual practitioners (e.g., rural health clinics, federally qualified health centers) to ensure that they are and remain in compliance with any Federal or State requirements (e.g., licensure).
<ul> <li>6.  Notifies licensing and/or disciplinary bodies or other appropriate authorities when suspension or terminations of PCCMs take place because of quality deficiencies.</li> <li>7.  Other</li> </ul>
Please explain:
Section A: Program Description
Part III: Quality
3. Details for PCCM program. (Continued)
d. Other quality standards (please describe):
Section A: Program Description
Part III: Quality

**4. Details for 1915(b)(4) only programs:** Please describe how the State assures quality in the services that are covered by the selective contracting program. Please describe the provider selection process, including the criteria used to select the providers under the waiver. These include quality and performance standards that the providers must meet. Please also describe how each criteria is weighted:

Acumentra Health monitored for all 42 CFR activities using CMS protocol up through 12-31-14.

For BHO regions QUALIS Health is now the contracted EQRO. This contract began with the RSNs on 1-1-15 and will be referred to as "contracted EQRO". The contracted EQRO annually conducts external quality reviews of the outcomes, timeliness, and access to services delivered under the PIHP contract. The contracted EQRO has a three year plan:

Year One: Compliance: Enrollee Rights and Grievance Appeal, PIP, PM; ISCA

Year Two: Compliance: QAPI and Program Integrity (follow up on prior year), PIP (follow up on prior year) PM:

ISCA (follow up only)

and Encounter Data Validation (EDV)

Year Three: Compliance: follow up only on PIP, PM: ISCA, Quality Strategy

Individual contractor reports from the EQRO are submitted to the State every year in addition to the joint annual

report (HCA/DBHR). The annual report is submitted to CMS yearly. The 2013 report went to CMS in February of 2014, and can be found at

http://www.hca.wa.gov/medicaid/healthyoptions/Documents/2014\_WA\_EQR\_Annual\_Report.pdf DBHR in partnership with HCA are working on a joint draft Quality Strategy for CMS to review in early 2016. Any recommended changes to the draft will be incorporated once they are received from CMS.

For the BHSO, a competitive procurement will be done to select the PIHPs within each regional service area. No less than two PIHPs will be selected through the procedure process. For the first regional service area, the evaluation process included 47 questions with the following weights: Management and Technical Proposal – 600 points, Network Adequacy Submission – 200 points, Business References – 30 points. Within the Management and Technical Proposal, HCA weighted the Quality Assessment and Performance Improvement questions with 40 points. HCA expects future competitive procurement selections will be done in a similar fashion, though questions and weighting may change based upon BHSO experience.

## **Section A: Program Description**

## **Part IV: Program Operations**

A. Marketing (1 of 4)

4				
	Δ	CCII	roi	nces

<ul> <li>The State assures CMS that it complies with section 1932(d)(2) of the Act and 42 CFR 438.104 Marketing activities; in so far as these regulations are applicable.</li> <li>The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory requirements listed for PIHP or PAHP programs.</li> </ul>
Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:
Because of mandatory enrollment into the BHO in a Medicaid enrollees service area, there is no "marketing", as there is no choice of a different PIHP. DBHR provides the mental health benefits booklet for all Medicaid enrollees through the BHOs and upon request and the BHOs may or may not have additional information about their own services, but no marketing.
HCA automatically sends an BH handbook to all new enrollees in the BHSO and also requires the BHSO to send a plan specific BH handbook to all enrollees using a template pre-approved by HCA.  The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for compliance with the provisions of section 1932(d)(2) of the Act and 42 CFR 438.104 Marketing activities. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.  This is a proposal for a 1915(b)(4) FFS Selective Contracting Program only and the managed care regulations do not apply.
Section A: Program Description

# **Part IV: Program Operations**

A. Marketing (2 of 4)

#### 2. Details

a. Scope of Marketing

1.	The State does not permit direct or indirect marketing by MCO/PIHP/PAHP/PCCM or selective
2.	contracting FFS providers.  The State permits indirect marketing by MCO/PIHP/PAHP/PCCM or selective contracting FFS providers (e.g., radio and TV advertising for the MCO/PIHP/PAHP or PCCM in general).
	Please list types of indirect marketing permitted:
	Please list types of indirect marketing permitted: For BHSO in and the FIMC region only the State permits PIHPs to produce informational materials, including disease management and health promotion materials, social media, and radio and TV spots as approved by the State. All materials produced by PIHPs and distributed to their enrollees or potential enrollees are reviewed and approved by the State prior to distribution. The State may allow PIHP participation in community events, including health fairs, educational events, and booths at other community events.
	The State does not allow direct or indirect door-to-door, telephonic, or other cold call marketing
3.	of enrollment.  The State permits direct marketing by MCO/PIHP/PAHP/PCCM or selective contracting FFS providers (e.g., direct mail to Medicaid beneficiaries).
	Please list types of direct marketing permitted:
	$\vee$
Section A: Program	Description
Part IV: Program O <sub>1</sub>	perations
A. Marketing (3 of 4)	Jet terons
<b>2. Details</b> (Continued	
	n. Please describe the State's procedures regarding direct and indirect marketing by answering the uestions, if applicable.
1.	The State prohibits or limits MCOs/PIHPs/PAHPs/PCCMs/selective contracting FFS providers from offering gifts or other incentives to potential enrollees.
	Please explain any limitation or prohibition and how the State monitors this:
2.	There are no potential enrollees. All Medicaid enrollees are covered by this waiver and are enrolled into a PIHP in their service region.  The State permits MCOs/PIHPs/PAHPs/PCCMs/selective contracting FFS providers to pay their marketing representatives based on the number of new Medicaid enrollees he/she recruited into the plan.
	Please explain how the State monitors marketing to ensure it is not coercive or fraudulent:
	✓
3.	The State requires MCO/PIHP/PAHP/PCCM/selective contracting FFS providers to translate marketing materials.

Print application selector for 1915(b)Waiver: WA.0008.R09.02 - Apr 01... Page 38 of 95

Please list languages materials will be translated into. (If the State does not translate or require the translation of marketing materials, please explain):
The State has chosen these languages because (check any that apply):  a.   The languages comprise all prevalent languages in the service area.
Please describe the methodology for determining prevalent languages:
b.
☐ The languages comprise all languages in the service area spoken by approximately ☐ percent or more of the population.  c. ☐ Other
Please explain:
Section A: Program Description
Part IV: Program Operations
A. Marketing (4 of 4)
<b>Additional Information.</b> Please enter any additional information not included in previous pages: There is no marketing allowed. DBHR provides information to all enrollees through the mental health benefits booklet or through other methods upon initial enrollment and yearly notification of rights.
Section A: Program Description
Part IV: Program Operations
<b>B.</b> Information to Potential Enrollees and Enrollees (1 of 5)
1. Assurances
<ul> <li>The State assures CMS that it complies with Federal Regulations found at section 1932(a)(5) of the Act and 42 CFR 438.10 Information requirements; in so far as these regulations are applicable.</li> <li>The State seeks a waiver of a waiver of section 1902(a)(4) of the Act, to waive one or more of more of the regulatory requirements listed above for PIHP or PAHP programs.</li> </ul>
Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:
The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for compliance with the provisions of section 1932(a)(5) of the Act and 42 CFR 438.10 Information

will be submitted to the PIHP, PAHP, or PCC	a 1915(b)(4) FFS Selective Contracting Pro	to enrollment of beneficiaries in the MCO,
Section A: Program Descriptio	n	
Part IV: Program Operations		
B. Information to Potential En	rollees and Enrollees (2 of 5)	
2. Details		
a. Non-English Language	es	
1. Potential en languages.	rollee and enrollee materials will be transla	ted into the prevalent non-English
	anguages materials will be translated into.  be translated, please explain):	(If the State does not require written
enrollees ar more of the	mandatory enrollment, there are no "potenti e translated into 12 languages; plans produc ir enrollees. The 12 languages translated by Korean, Cambodian, Laotian, Somali, Chi	ce materials in languages spoken by 5% or y the State are: Spanish, Russian,
If the State	does not translate or require the translation	of marketing materials, please explain:
The State do	efines prevalent non-English languages as: The languages spoken by significant numb	
	Please explain how the State defines "sign	uificant.":
b с	The languages spoken by approximately potential enrollee/enrollee population. Other	percent or more of the
	Please explain:	
	DSHS defines "significant" population as a will use this standard, however DBHR trans	5% of the enrollee population. Some BHOs nslates into eight languages.
		gnificant" population as 5% of the enrollee ndard. Additionally, HCA translates BHSO ble to all potential enrollees and enrollees,
	equires language or format as preferred by the BHOs/Community Behavioral Health ag	

Print application se	elector for 1915(b)Waiver: WA.0008.R09.02 - Apr 01 Page 41 of 95
	purpose at any/all appointments or as requested.
3.	In the BHSO, providers are responsible for interpreter services when an enrollee is accessing BH services.  The State will have a mechanism in place to help enrollees and potential enrollees understand the managed care program.
	Please describe:
	Enrollees receive an explanation of behavioral health managed care benefits by letter with their assignment letter or the ACES renewal letter. The BH benefits booklet is also offered at every intake and available online.  For the BHSO: A Welcome to Washington Apple Health book is sent to all newly eligible enrollees with their assignment letter. The letter gives information about the PIHP.
Section A: Program	Description
Part IV: Program O	
B. Information to Po	tential Enrollees and Enrollees (3 of 5)
2. Details (Continued	
b. Potential E	Enrollee Information
Information	n is distributed to potential enrollees by:
	tate Contractor
P	Please specify:
p ar b There	The State provides the behavioral health benefits booklet and keeps it updated online. The State also rovides behavioral health managed care information to Medicaid Enrollees upon initial approval nd an annual reminder of Rights. The Contractor is required to post Rights, offer the benefits ooklet at every intake, and provide other information upon Enrollee request. are no potential enrollees in this program. (Check this if State automatically enrolls beneficiaries single PIHP or PAHP.)
Section A: Program	Description
Part IV: Program O <sub>l</sub>	perations
B. Information to Po	tential Enrollees and Enrollees (4 of 5)
2. Details (Continued	
c. En	rollee Information
The State h	designated the fellowing as a constitution of the fellowing terms of

The State has designated the following as responsible for providing required information to enrollees:

the State

State contractor

Please specify:

Medicaid enrollees receive information upon initial eligibility determination, and notice of rights every year at eligibility review. The BHOs are responsible for ensuring a benefits booklet is offered at every intake, rights are posted, and other information as requested is available.  The MCO/PIHP/PAHP/PCCM/FFS selective contracting provider.
Section A: Program Description
Part IV: Program Operations
B. Information to Potential Enrollees and Enrollees (5 of 5)
Additional Information. Please enter any additional information not included in previous pages:
Section A: Program Description
Part IV: Program Operations
C. Enrollment and Disenrollment (1 of 6)
1. Assurances
<ul> <li>□ The State assures CMS that it complies with section 1932(a)(4) of the Act and 42 CFR 438.56</li> <li>□ Disenrollment; in so far as these regulations are applicable.</li> <li>□ The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory requirements listed for PIHP or PAHP programs. (Please check this item if the State has requested a waiver of the choice of plan requirements in section A.I.C.)</li> <li>Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:</li> <li>For BHO Regions:</li> <li>There is no disenrollment or freedom of choice of PIHPs as all Medicaid enrollees are mandatorily enrolled into the PIHP in their service area for behavioral health care services. An enrollee does have a choice between providers within their service area.</li> </ul>
For BHSO Regions: The enrollee has a choice between PIHPs.  The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for compliance with the provisions of section 1932(a)(4) of the Act and 42 CFR 438.56 Disenrollment requirements. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.  This is a proposal for a 1915(b)(4) FFS Selective Contracting Program only and the managed care regulations do not apply.
Section A: Program Description
Part IV: Program Operations
C. Enrollment and Disenrollment (2 of 6)

2. Details

Please describe the State's enrollment process for MCOs/PIHPs/PAHP/PCCMs and FFS selective contracting provider by checking the applicable items below.

a. Outreach	
The State conducts outreach to inform potential enrollees, providers, and other interested parties of the	<u>,</u>
managed care program.	
Please describe the outreach process, and specify any special efforts made to reach and provide information to special populations included in the waiver program:	
Section A: Program Description	
Part IV: Program Operations	
C. Enrollment and Disenrollment (3 of 6)	
2. Details (Continued)	
b. Administration of Enrollment Process	
State staff conducts the enrollment process.	
The State contracts with an independent contractor(s) (i.e., enrollment broker) to conduct the	
enrollment process and related activities.	
The State assures CMS the enrollment broker contract meets the independence and freedom	
from conflict of interest requirements in section 1903(b) of the Act and 42 CFR 438.810.	
Broker name:	
Please list the functions that the contractor will perform:	
choice counseling	
enrollment	
other	
Other	
Please describe:	
State allows MCO/PIHP/PAHP or PCCM to enroll beneficiaries.	
Please describe the process:	
·	^
Section A: Program Description	
Part IV: Program Operations	
C. Enrollment and Disenrollment (4 of 6)	

2. **Details** (Continued)

	This is a <b>new</b> program.
	Please describe the <b>implementation schedule</b> (e.g. implemented statewide all at once; phased in by area; phased in by population, etc.):
	This is an <b>existing program</b> that will be expanded during the renewal period.
	<i>Please describe:</i> Please describe the <b>implementation schedule</b> (e.g. new population implemented statewide all at once; phased in by area; phased in by population, etc.):
	The BHSO will be phased in gradually in RSAs starting on April 1, 2016 in Clark and Skamania Counties and ending in 2020 when implementation is complete and all RSA will be operated under the FIMC contracts and processes.
	If a potential enrollee <b>does not select</b> an MCO/PIHP/PAHP or PCCM within the given time frame, the
	potential enrollee will be <b>auto-assigned</b> or default assigned to a plan.  i.
	Potential enrollees will have <b>day(s)</b> / <b>month(s)</b> to choose a plan.
	ii. There is an auto-assignment process or algorithm.
	In the description please indicate the factors considered and whether or not the auto-assignment process assigns persons with special health care needs to an MCO/PIHP/PAHP/PCCM who is their current provider or who is capable of serving their particular needs:
_	
Ш	The State automatically enrolls beneficiaries.  on a mandatory basis into a single MCO, PIHP, or PAHP in a rural area (please also check item
	A.I.C.3).
	on a mandatory basis into a single PIHP or PAHP for which it has requested a waiver of the
	requirement of choice of plans (please also check item A.I.C.1).
	on a voluntary basis into a single MCO, PIHP, or PAHP. The State must first offer the beneficiary a
	choice. If the beneficiary does not choose, the State may enroll the beneficiary as long as the beneficiary can opt out at any time without cause.
	Please specify geographic areas where this occurs:
	For BHSO regions only an individual will have a choice of PIHP. If they do not choose one they will are reconnected to a plan based upon family connects and plan reconnects. The enrollee has the right to change PIHPs at any time.
	The State provides <b>guaranteed eligibility</b> of months (maximum of 6 months permitted) fo
	MCO/PCCM enrollees under the State plan.
	The State allows otherwise mandated beneficiaries to request <b>exemption</b> from enrollment in an
	MCO/PIHP/PAHP/PCCM.

	use describe the circumstances under which a beneficiary would be eligible for exemption from sollment. In addition, please describe the exemption process:
	State <b>automatically re-enrolls</b> a beneficiary with the same PCCM or MCO/PIHP/PAHP if there is a of Medicaid eligibility of 2 months or less.
Section A: Progran	n Description
Part IV: Program (	Operations
C. Enrollment and	Disenrollment (5 of 6)
2. Details (Continu	ed)
d. Disenrol	lment
The	State allows enrollees to <b>disenroll</b> from/transfer between MCOs/PIHPs/PAHPs and PCCMs.
first dete	ardless of whether plan or State makes the determination, determination must be made no later than the day of the second month following the month in which the enrollee or plan files the request. If rmination is not made within this time frame, the request is deemed approved.  i.   ☐ Enrollee submits request to State.
	ii. Enrollee submits request to MCO/PIHP/PAHP/PCCM. The entity may approve the request, or
i	refer it to the State. The entity may not disapprove the request.  ii. Enrollee must seek redress through MCO/PIHP/PAHP/PCCM grievance procedure before
auth	determination will be made on disenrollment request.  State <b>does not permit disenrollment</b> from a single PIHP/PAHP (authority under 1902 (a)(4) ority must be requested), or from an MCO, PIHP, or PAHP in a rural area.  State has a <b>lock-in</b> period (i.e. requires continuous enrollment with MCO/PIHP/PAHP/PCCM) of
	months (up to 12 months permitted). If so, the State assures it meets the requirements of 42 R 438.56(c).
in pe	use describe the good cause reasons for which an enrollee may request disenrollment during the lock- eriod (in addition to required good cause reasons of poor quality of care, lack of access to covered ices, and lack of access to providers experienced in dealing with enrollee's health care needs):
term later	State does not have a <b>lock-in</b> , and enrollees in MCOs/PIHPs/PAHPs and PCCMs are allowed to hinate or change their enrollment without cause at any time. The disenrollment/transfer is effective no than the first day of the second month following the request.  State permits MCOs/PIHPs/PAHPs and PCCMs to request disenrollment of enrollees.
	i. MCO/PIHP/PAHP and PCCM can request reassignment of an enrollee.
	Please describe the reasons for which enrollees can request reassignment
	For BHSO in FIMC region: The enrollee purposely puts the safety or property of the PIHP, or the PIHP's staff, providers, patients, or visitors at risk; or
	The enrollee engages in intentional misconduct, including refusing to provide information to the Contractor about TPL.

The enrollee must receive written notice from the PIHP requesting the enrollee's enrollment termination, unless the state waives the requirement for notification because the enrollee's conduct threatens imminent harm to others. The PIHP's enrollee notice shall include the enrollee's right to use the PIHP's grievance process to review the request to end the enrollment.

HCA will not terminate enrollment of an enrollee solely due to a request based on an adverse change in the enrollee's health status, the cost of the enrollee's health care, because of the enrollee's medical utilization, uncooperative or disruptive behavior resulting from their special needs or treatable mental health condition (WAC 182-538-130 and 42 CFR 438.56(b) (2))."

	(2))."
	If termination of enrollment is accepted, the enrollee will be placed with another PIHP for BHSO services.
ii.	☐ The State reviews and approves all MCO/PIHP/PAHP/PCCM-initiated requests for enrollee transfers or disenrollments.
iii.	☐ If the reassignment is approved, the State notifies the enrollee in a direct and timely manner of the desire of the MCO/PIHP/PAHP/PCCM to remove the enrollee from its membership or from the PCCM's caseload.
iv.	☐ The enrollee remains an enrollee of the MCO/PIHP/PAHP/PCCM until another MCO/PIHP/PAHP/PCCM is chosen or assigned.
Section A: Program D	Description
Part IV: Program Op	erations
C. Enrollment and Di	senrollment (6 of 6)
Additional Information. P	lease enter any additional information not included in previous pages:
	$\Diamond$
Section A: Program D	description
Part IV: Program Op	erations
D. Enrollee Rights (1 o	
1. Assurances	
Enrollee F  The State	assures CMS that it complies with section 1932(a)(5)(B)(ii) of the Act and 42 CFR 438 Subpart C Rights and Protections. seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory nts listed for PIHP or PAHP programs.
	entify each regulatory requirement for which a waiver is requested, the managed care program(s) the waiver will apply, and what the State proposes as an alternative requirement, if any:
☐ The CMS compliand and Protect	has waived disenrollment rights.  Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for the with the provisions of section 1932(a)(5)(B)(ii) of the Act and 42 CFR Subpart C Enrollee Rights extractions. If this is an initial waiver, the State assures that contracts that comply with these provisions be be mitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO,

PIHP, PAHP, or PCCM.

<ul> <li>This is a proposal for a 1915(b)(4) FFS Selective Contracting Program only and the managed care regulations do not apply.</li> <li>The State assures CMS it will satisfy all HIPAA Privacy standards as contained in the HIPAA rules found at 45 CFR Parts 160 and 164.</li> </ul>
Section A: Program Description
Part IV: Program Operations
D. Enrollee Rights (2 of 2)
Additional Information. Please enter any additional information not included in previous pages:
Section A: Program Description
Part IV: Program Operations
E. Grievance System (1 of 5)
1. Assurances for All Programs States, MCOs, PIHPs, PAHPs, and States in PCCM and FFS selective contracting programs are required to provide Medicaid enrollees with access to the State fair hearing process as required under 42 CFR 431 Subpart E, including:
a. informing Medicaid enrollees about their fair hearing rights in a manner that assures notice at the time of an action,
<ul> <li>b. ensuring that enrollees may request continuation of benefits during a course of treatment during an appeal or reinstatement of services if State takes action without the advance notice and as required in accordance with State Policy consistent with fair hearings. The State must also inform enrollees of the procedures by which benefits can be continued for reinstated, and</li> <li>c. other requirements for fair hearings found in 42 CFR 431, Subpart E.</li> <li>The State assures CMS that it complies with section 1932(a)(4) of the Act and 42 CFR 438.56</li> <li>Disenrollment; in so far as these regulations are applicable.</li> </ul>
Section A: Program Description
Part IV: Program Operations
E. Grievance System (2 of 5)
2. Assurances For MCO or PIHP programs. MCOs/PIHPs are required to have an internal grievance system that allows an enrollee or a provider on behalf of an enrollee to challenge the denial of coverage of, or payment for services as required by section 1932(b)(4) of the Act and 42 CFR 438 Subpart H.  The State assures CMS that it complies with section 1932(b)(4) of the Act and 42 CFR 438 Subpart F
Grievance System, in so far as these regulations are applicable.
Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:
The CMS Regional Office has reviewed and approved the MCO or PIHP contracts for compliance with the provisions of section 1932(b)(4) of the Act and 42 CFR 438 Subpart F Grievance System. If this is an initial

Print application selector for 1915(b)Waiver: WA.0008.R09.02 - Apr 01... Page 47 of 95

waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

Section A: Program Description
Part IV: Program Operations
E. Grievance System (3 of 5)
3. Details for MCO or PIHP programs
a. Direct Access to Fair Hearing
<ul> <li>The State requires enrollees to exhaust the MCO or PIHP grievance and appeal process before enrollees may request a state fair hearing.</li> <li>The State does not require enrollees to exhaust the MCO or PIHP grievance and appeal process before enrollees may request a state fair hearing.</li> </ul>
b. Timeframes
<ul> <li>The State's timeframe within which an enrollee, or provider on behalf of an enrollee, must file an appeal is 90 days (between 20 and 90).</li> <li>The State's timeframe within which an enrollee must file a grievance is 99 days.</li> </ul>
c. Special Needs
☐ The State has special processes in place for persons with special needs.
Please describe:
All enrollees covered under this waiver are considered special needs. Ombuds are available to assist all enrollees receiving care under the PIHP behavioral health system for both mental health substance use disorder.
There is no limit on the timeframe in which an enrollee must file a grievance.
Section A: Program Description
Part IV: Program Operations
E. Grievance System (4 of 5)
<ul> <li>4. Optional grievance systems for PCCM and PAHP programs. States, at their option, may operate a PCCM and/or PAHP grievance procedure (distinct from the fair hearing process) administered by the State agency or the PCCM and/or PAHP that provides for prompt resolution of issues. These grievance procedures are strictly voluntary and may not interfere with a PCCM, or PAHP enrollee's freedom to make a request for a fair hearing or a PCCM or PAHP enrollee's direct access to a fair hearing in instances involving terminations, reductions, and suspensions of already authorized Medicaid covered services.</li> <li>The State has a grievance procedure for its PCCM and/or PAHP program characterized by the following (please check any of the following optional procedures that apply to the optional PCCM/PAHP grievance procedure):  The grievance procedures are operated by:  the State</li> </ul>

	the State's contractor.	
	Please identify:	
	the PCCM	
	the PAHP  Requests for review can be made in the PCCM and/or PAHP priorgange quetom (e.g. priorgange anneals).	
	Requests for review can be made in the PCCM and/or PAHP grievance system (e.g. grievance, appeals):	
	Please describe:	
	Has a committee or staff who review and resolve requests for review.	
	Please describe if the State has any specific committee or staff composition or if this is a fiscal agent, enrol broker, or PCCM administrator function:	lmei
	Specifies a time frame from the date of action for the enrollee to file a request for review.	
	Please specify the time frame for each type of request for review:	
	Has time frames for resolving requests for review.	
	Specify the time period set for each type of request for review:	
	Establishes and maintains an expedited review process.	
	Please explain the reasons for the process and specify the time frame set by the State for this process:	
	Permits enrollees to appear before State PCCM/PAHP personnel responsible for resolving the request for re	vie
	Notifies the enrollee in writing of the decision and any further opportunities for additional review, as well a	
	procedures available to challenge the decision.	
	Other.	
	Please explain:	
ion A	: Program Description	
	Program Operations	

E. Grievance System (5 of 5)

Additional Information. Please enter any additional information not included in previous pages:

The State has no "timeframe within which an enrollee must file a grievance." There are other timeframes in the grievance process that must be met:

- -An enrollee may file a grievance in person, with a telephone call or in writing.
- -The provider or BHO must tell the enrollee by telephone or send a letter to the enrollee within five calendar days as notification of receipt of the request for a grievance. If the enrollee is informed by telephone, the provider or BHO must also send a letter within five working days.
- -If the process is started at the provider level, and the enrollee is not happy with the provider decision, they have five calendar days from receipt of the written provider decision to take the grievance to the level of the BHO.
- -There are timelines that must be followed by the provider and the BHO. Within 90 days from the time an enrollee makes the initial request the enrollee will receive a decision letter. An enrollee may ask for an additional 14 calendar days for the BHO to respond, or the BHO may ask for an additional 14 days to make a decision if more information is needed. The request for more time must be in the enrollee's best interest. The request for the additional time must state the reason for the request.
- -The enrollee will receive a letter from the PIHP with the decision about the grievance prior to the expiration of the additional requested time, or 90 days from the initial request if no additional time is requested.
- -If an enrollee does not receive a letter within the timeframes in the rules, or the enrollee disagrees with the PIHP decision, a request for an administrative (fair) hearing may be requested.

For the BHSO, enrollees must grieve at the PIHP level. If the denial is upheld, the enrollee may appeal through the HCA Fair Hearing process.

**Section A: Program Description** 

# **Part IV: Program Operations**

## F. Program Integrity (1 of 3)

### 1. Assurances

- The State assures CMS that it complies with section 1932(d)(1) of the Act and 42 CFR 438.610 Prohibited Affiliations with Individuals Barred by Federal Agencies. The State assures that it prohibits an MCO, PCCM, PIHP, or PAHP from knowingly having a relationship listed below with:
  - 1. An individual who is debarred, suspended, or otherwise excluded from participating in procurement activities under the Federal Acquisition Regulation or from participating in nonprocurement activities under regulations issued under Executive Order No. 12549 or under guidelines implementing Executive Order No. 12549, or
  - **2.** An individual who is an affiliate, as defined in the Federal Acquisition Regulation, of a person described above.

The prohibited relationships are:

- 1. A director, officer, or partner of the MCO, PCCM, PIHP, or PAHP;
- **2.** A person with beneficial ownership of five percent or more of the MCO's, PCCM's, PIHP's, or PAHP's equity;
- **3.** A person with an employment, consulting or other arrangement with the MCO, PCCM, PIHP, or PAHP for the provision of items and services that are significant and material to the MCO's, PCCM's, PIHP's, or PAHP's obligations under its contract with the State.

The State assures that it complies with section 1902(p)(2) and 42 CFR 431.55, which require section 1915(1)	b)
waiver programs to exclude entities that:	

Chould be excluded under section 1128(b)(8) of the Act as being controlled by a sanctioned individual:

H2as a substantial contractual relationship (direct or indirect) with an individual convicted of certain crimes described in section 1128(b)(8)(B) of the Act;

Employs or contracts directly or indirectly with an individual or entity that is paecluded from furnishing health care, utilization review, medical social services, or administrative services pursuant to section 1128 or 1128A of the Act, or cbuld be exclude under 1128(b)(8) as being controlled by a sanctioned individual.

## **Section A: Program Description**

## **Part IV: Program Operations**

F. Program Integrity (2 of 3)

2	Assurances	For	MCO	or PIHP	nrograms
4.	Assurances	ror	MUU	OFFIRE	DIOZIAIIS

The State assures CMS that it complies with section 1932(d)(1) of the Act and 42 CFR 438.608 Program
Integrity Requirements, in so far as these regulations are applicable.
State payments to an MCO or PIHP are based on data submitted by the MCO or PIHP. If so, the State assures
CMS that it is in compliance with 42 CFR 438.604 Data that must be Certified, and 42 CFR 438.606 Source,
Content, Timing of Certification.
The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory
requirements listed for PIHP or PAHP programs.
Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:
The CMS Regional Office has reviewed and approved the MCO or PIHP contracts for compliance with the
provisions of section 1932(d)(1) of the Act and 42 CFR 438.604 Data that must be Certified; 438.606 Source,
Content, Timing of Certification; and 438.608 Program Integrity Requirements. If this is an initial waiver,
the State assures that contracts that comply with these provisions will be submitted to the CMS Regional
Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

## **Section A: Program Description**

## **Part IV: Program Operations**

F. Program Integrity (3 of 3)

**Additional Information.** Please enter any additional information not included in previous pages:

Each PIHP is paid on a Per Member Per Month (PMPM) schedule for Medicaid Enrollees in their service area. Encounter Data is submitted from the PIHPs and is certified and validated both internally and by the contracted EQRO for BHO regions and HCA internally for BHSO regions.

**Section B: Monitoring Plan** 

## Part I: Summary Chart of Monitoring Activities

**Summary of Monitoring Activities (1 of 3)** 

The charts in this section summarize the activities used to monitor major areas of the waiver program. The purpose is to provide a "big picture" of the monitoring activities, and that the State has at least one activity in place to monitor each of the areas of the waiver that must be monitored.

### Please note:

- MCO, PIHP, and PAHP programs:
  - There must be at least one checkmark in each column.
- PCCM and FFS selective contracting programs:
  - There must be at least one checkmark in <u>each column</u> under "Evaluation of Program Impact."
  - There must be at least one check mark in oneofthethreecolumns under "Evaluation of Access."
  - There must be at least one check mark in <u>one of the three columns</u> under "Evaluation of Quality."

**Summary of Monitoring Activities: Evaluation of Program Impact** 

	Evaluation of Program Impact  Evaluation of Program Impact						
Monitoring Activity	Choice	Marketing	Enroll Disenroll	Program Integrity	Information to Beneficiaries	Grievance	
Accreditation for Non- duplication	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	
Accreditation for Participation	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	
Consumer Self-Report data	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	
Data Analysis (non-claims)	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	
Enrollee Hotlines	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	
Focused Studies	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	
Geographic mapping	<u>МСО</u>	<u>МСО</u>	<u>МСО</u>	☐ MCO	MCO	<u>МСО</u>	

PIHP		Evaluation of Program Impact						
PAHP	Monitoring Activity	Choice	Marketing			to	Grievance	
PCCM		PIHP	PIHP	PIHP		PIHP	PIHP	
FFS		PAHP	РАНР	РАНР	PAHP	PAHP	PAHP	
MCO		PCCM	PCCM	PCCM	PCCM	PCCM	PCCM	
PIHP		FFS	FFS	FFS	FFS	FFS	FFS	
PAHP	Independent Assessment	MCO MCO	MCO	MCO	MCO	MCO	MCO	
PCCM		PIHP	PIHP	PIHP	PIHP	PIHP	PIHP	
FFS		PAHP	PAHP	PAHP	PAHP	PAHP	PAHP	
Measure any Disparities by Racial or Ethnic Groups		PCCM	PCCM	PCCM	PCCM	PCCM	PCCM	
PIHP		FFS	FFS	FFS	FFS	FFS	FFS	
PAHP		MCO	MCO	MCO	MCO	MCO	MCO	
PCCM	Racial or Ethnic Groups	PIHP	PIHP	PIHP	PIHP	PIHP	PIHP	
FFS		PAHP	PAHP	PAHP	PAHP	PAHP	PAHP	
Network Adequacy Assurance   MCO		PCCM	PCCM	PCCM	PCCM	PCCM	PCCM	
Pihp		FFS	FFS	FFS	FFS	FFS	FFS	
PHP		МСО	MCO	MCO	MCO	MCO	MCO	
PCCM	by Plan	PIHP	PIHP	PIHP	PIHP	PIHP	PIHP	
FFS		PAHP	PAHP	PAHP	PAHP	PAHP	PAHP	
Ombudsman         MCO         PCCM		PCCM	PCCM	PCCM	PCCM	PCCM	PCCM	
PIHP		FFS	FFS	FFS	FFS	FFS	FFS	
PAHP	Ombudsman	МСО	MCO	MCO	MCO	☐ MCO	MCO	
PCCM		PIHP	PIHP	PIHP	PIHP	PIHP	PIHP	
FFS		PAHP	PAHP	PAHP	PAHP	PAHP	PAHP	
On-Site Review         MCO         PIHP         PAHP         PAHP </td <td></td> <td>PCCM</td> <td>PCCM</td> <td>PCCM</td> <td>PCCM</td> <td>PCCM</td> <td>PCCM</td>		PCCM	PCCM	PCCM	PCCM	PCCM	PCCM	
PIHP		FFS	FFS	FFS	FFS	FFS	FFS	
PAHP	On-Site Review	MCO	MCO	MCO	MCO	☐ MCO	MCO	
PCCM		PIHP	PIHP	PIHP	PIHP	PIHP	PIHP	
Performance Improvement Projects         MCO         PIHP         <		PAHP	PAHP	PAHP	PAHP	PAHP	PAHP	
Performance Improvement Projects         MCO         PIHP         PIHP         PIHP         PIHP         PIHP         PIHP         PAHP		PCCM	PCCM	PCCM	PCCM	PCCM	PCCM	
Projects         PIHP		FFS	FFS	FFS	FFS	FFS	FFS	
PIHP         PIHP <td< th=""><th>•</th><th>☐ MCO</th><th>☐ MCO</th><th>MCO</th><th>☐ MCO</th><th> MCO</th><th>☐ MCO</th></td<>	•	☐ MCO	☐ MCO	MCO	☐ MCO	MCO	☐ MCO	
PCCM	Projects	PIHP	PIHP	PIHP	PIHP	PIHP	PIHP	
Performance Measures         MCO		PAHP	PAHP	PAHP	PAHP	PAHP	PAHP	
Performance Measures         MCO		PCCM	☐ PCCM	PCCM	PCCM	PCCM	PCCM	
PIHP PIHP PIHP PIHP PIHP PAHP PAHP PAHP		FFS	FFS	FFS	FFS	FFS	FFS	
PAHP PAHP PAHP PAHP PAHP PAHP	Performance Measures	☐ MCO	MCO	МСО	☐ MCO	MCO	☐ MCO	
		PIHP	PIHP	PIHP	PIHP	PIHP	PIHP	
PCCM PCCM PCCM PCCM PCCM PCCM		PAHP	PAHP	PAHP	PAHP	PAHP	PAHP	
		PCCM	PCCM	PCCM	PCCM	PCCM	PCCM	
FFS FFS FFS FFS FFS		FFS	FFS	FFS	FFS	FFS	FFS	

Evaluation of Program Impact						
Monitoring Activity	Choice	Marketing	Enroll Disenroll	Program Integrity	Information to Beneficiaries	Grievance
Periodic Comparison of # of	□ MCO	□ MCO	☐ MCO	☐ MCO	☐ MCO	☐ MCO
Providers	PIHP	PIHP	PIHP	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP	PAHP	PAHP	PAHP
				PCCM		
	PCCM	PCCM	PCCM		PCCM	PCCM
	FFS	FFS	FFS	FFS	FFS	FFS
Profile Utilization by Provider	☐ MCO	☐ MCO	☐ MCO	MCO	MCO	MCO MCO
Caseload	PIHP	PIHP	PIHP	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM	PCCM	PCCM	PCCM
	FFS	FFS	FFS	FFS	FFS	FFS
Provider Self-Report Data	MCO	☐ MCO	MCO	☐ MCO	MCO	☐ MCO
	PIHP	PIHP	PIHP	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM	PCCM	PCCM	PCCM
	FFS	FFS	FFS	FFS	FFS	FFS
Test 24/7 PCP Availability	MCO MCO	☐ MCO	MCO	MCO	MCO	MCO MCO
	PIHP	PIHP	PIHP	PIHP	PIHP	PIHP
	 РАНР	PAHP	PAHP	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM	PCCM	PCCM	PCCM
	FFS	FFS	FFS	FFS	FFS	FFS
Utilization Review	MCO MCO	☐ MCO	☐ MCO	☐ MCO	MCO	MCO
	PIHP	PIHP	PIHP	PIHP	PIHP	PIHP
	РАНР	PAHP	PAHP	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM	PCCM	PCCM	PCCM
	FFS	FFS	FFS	FFS	FFS	FFS
Other	MCO	MCO	MCO	MCO	MCO	MCO MCO
	PIHP	PIHP	PIHP	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM	PCCM	PCCM	PCCM
	FFS	FFS	FFS	FFS	FFS	FFS

**Section B: Monitoring Plan** 

## **Part I: Summary Chart of Monitoring Activities**

**Summary of Monitoring Activities (2 of 3)** 

The charts in this section summarize the activities used to monitor major areas of the waiver program. The purpose is to provide a "big picture" of the monitoring activities, and that the State has at least one activity in place to monitor each of the areas of the waiver that must be monitored.

Please note:

- MCO, PIHP, and PAHP programs:
  - There must be at least one checkmark in each column.
- PCCM and FFS selective contracting programs:
  - There must be at least one checkmark in <u>each column</u> under "Evaluation of Program Impact."
  - There must be at least one check mark in <u>oneofthethreecolumns</u> under "Evaluation of Access."
  - There must be at least one check mark in <u>oneofthethreecolumns</u> under "Evaluation of Quality."

**Summary of Monitoring Activities: Evaluation of Access** 

	Evaluation of Acc	eess	
Monitoring Activity	Timely Access	PCP / Specialist Capacity	Coordination / Continuity
Accreditation for Non-duplication	☐ MCO	<u>МСО</u>	☐ MCO
	☐ PIHP	☐ PIHP	☐ PIHP
	☐ PAHP	☐ PAHP	☐ PAHP
	☐ PCCM	☐ PCCM	☐ PCCM
	☐ FFS	FFS	☐ FFS
Accreditation for Participation	☐ MCO	☐ MCO	☐ MCO
	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM
	FFS	FFS	FFS
Consumer Self-Report data	☐ MCO	MCO	☐ MCO
	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM
	FFS	FFS	FFS
Data Analysis (non-claims)	☐ MCO	MCO	☐ MCO
	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM
	FFS	FFS	FFS
Enrollee Hotlines	☐ MCO	☐ MCO	☐ MCO
	☐ PIHP	☐ PIHP	☐ PIHP
	☐ PAHP	☐ PAHP	☐ PAHP
	PCCM	☐ PCCM	☐ PCCM
	FFS	FFS	FFS
Focused Studies	☐ MCO	☐ MCO	☐ MCO
	PIHP	☐ PIHP	☐ PIHP
	☐ PAHP	PAHP	□ РАНР
	PCCM	PCCM	PCCM
	FFS	FFS	FFS
Geographic mapping	☐ MCO	☐ MCO	☐ MCO
	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP

		PCP / Specialist Coordination /						
Monitoring Activity	Timely Access	Capacity	Continuity					
	PCCM	☐ PCCM	☐ PCCM					
	FFS	FFS	☐ FFS					
ndependent Assessment	МСО	☐ MCO	☐ MCO					
	PIHP	PIHP	PIHP					
	PAHP	PAHP	PAHP					
	PCCM	PCCM	PCCM					
	FFS	FFS	FFS					
Measure any Disparities by Racial or Ethnic	MCO	☐ MCO	☐ MCO					
Groups	PIHP	PIHP	PIHP					
		PAHP						
	PAHP		PAHP					
	☐ PCCM	PCCM	☐ PCCM					
	FFS	FFS	FFS					
Network Adequacy Assurance by Plan	☐ MCO	☐ MCO	□ МСО					
	☐ PIHP	☐ PIHP	☐ PIHP					
	PAHP	PAHP	PAHP					
	PCCM	PCCM	PCCM					
	FFS	FFS	FFS					
Ombudsman	MCO	MCO	MCO					
	PIHP	PIHP	PIHP					
	PAHP	PAHP	PAHP					
	PCCM	PCCM	PCCM					
	FFS	FFS	FFS					
On-Site Review	☐ MCO	☐ MCO	☐ MCO					
			PIHP					
	PAHP	PAHP	PAHP					
	PCCM	PCCM	PCCM					
			FFS					
	FFS	FFS						
Performance Improvement Projects	☐ MCO	☐ MCO	☐ MCO					
	☐ PIHP	☐ PIHP	☐ PIHP					
	PAHP	☐ PAHP	PAHP					
	PCCM	PCCM	PCCM					
	FFS	FFS	FFS					
Performance Measures	MCO	MCO	MCO					
	PIHP	PIHP	PIHP					
	PAHP	PAHP	PAHP					
	PCCM	PCCM	PCCM					
	FFS	FFS	FFS					
Periodic Comparison of # of Providers	☐ MCO	☐ MCO	☐ MCO					
	☐ PIHP	☐ PIHP	☐ PIHP					

Evaluation of Access					
Monitoring Activity	Timely Access	PCP / Specialist Capacity	Coordination / Continuity		
	PAHP	PAHP	PAHP		
	PCCM	PCCM	PCCM		
	FFS	FFS	FFS		
Profile Utilization by Provider Caseload	☐ MCO	☐ MCO	☐ MCO		
	PIHP	PIHP	PIHP		
	PAHP	PAHP	PAHP		
	PCCM	PCCM	PCCM		
	FFS	FFS	FFS		
Provider Self-Report Data	☐ MCO	☐ MCO	□ МСО		
	PIHP	PIHP	PIHP		
	PAHP	PAHP	PAHP		
	PCCM	PCCM	PCCM		
	FFS	FFS	FFS		
Test 24/7 PCP Availability	<u>МСО</u>	MCO	☐ MCO		
	PIHP	PIHP	PIHP		
	PAHP	PAHP	PAHP		
	PCCM	PCCM	PCCM		
	FFS	FFS	FFS		
Utilization Review	<u>МСО</u>	☐ MCO	МСО		
	PIHP	PIHP	PIHP		
	PAHP	PAHP	PAHP		
	PCCM	PCCM	PCCM		
	FFS	FFS	FFS		
Other	□ МСО	☐ MCO	☐ MCO		
	☐ PIHP	☐ PIHP	PIHP		
	PAHP	PAHP	PAHP		
	PCCM	PCCM	PCCM		
	FFS	FFS	FFS		

**Section B: Monitoring Plan** 

## Part I: Summary Chart of Monitoring Activities

**Summary of Monitoring Activities (3 of 3)** 

The charts in this section summarize the activities used to monitor major areas of the waiver program. The purpose is to provide a "big picture" of the monitoring activities, and that the State has at least one activity in place to monitor each of the areas of the waiver that must be monitored.

### Please note:

- MCO, PIHP, and PAHP programs:
  - There must be at least one checkmark in each column.
- PCCM and FFS selective contracting programs:

- There must be at least one checkmark in <u>each column</u> under "Evaluation of Program Impact."
- There must be at least one check mark in <u>one of the three columns</u> under "Evaluation of Access."
- There must be at least one check mark in <u>oneofthethreecolumns</u> under "Evaluation of Quality."

**Summary of Monitoring Activities: Evaluation of Quality** 

Evaluation of Quality			
Monitoring Activity	Coverage / Authorization	Provider Selection	Qualitiy of Care
Accreditation for Non-duplication	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Accreditation for Participation	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Consumer Self-Report data	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Data Analysis (non-claims)	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Enrollee Hotlines	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Focused Studies	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Geographic mapping	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Independent Assessment		ı	1

	Evaluation of Qua	lity	
Monitoring Activity	Coverage / Authorization	Provider Selection	Qualitiy of Care
	☐ MCO	☐ MCO	☐ MCO
	☐ PIHP	☐ PIHP	☐ PIHP
	☐ PAHP	☐ PAHP	☐ PAHP
	PCCM	PCCM	☐ PCCM
	FFS	FFS	FFS
Measure any Disparities by Racial or Ethnic	☐ MCO	☐ MCO	☐ MCO
Groups	☐ PIHP	☐ PIHP	☐ PIHP
	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM
	FFS	FFS	FFS
Network Adequacy Assurance by Plan	MCO	☐ MCO	☐ MCO
	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM
	FFS	FFS	FFS
Ombudsman	MCO	MCO	MCO
	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM
	FFS	FFS	FFS
On-Site Review	MCO	MCO	MCO
	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM
	FFS	FFS	FFS
Performance Improvement Projects	MCO	☐ MCO	MCO
	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM
	FFS	FFS	FFS
Performance Measures	MCO	MCO	MCO
	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM
	FFS	FFS	FFS
Periodic Comparison of # of Providers	MCO	MCO	MCO
	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM
	FFS	FFS	FFS

Evaluation of Quality				
Monitoring Activity	Coverage / Authorization	Provider Selection	Qualitiy of Care	
Profile Utilization by Provider Caseload	MCO	MCO	MCO	
	PIHP	PIHP	PIHP	
	PAHP	PAHP	PAHP	
	PCCM	PCCM	PCCM	
	FFS	FFS	FFS	
Provider Self-Report Data	☐ MCO	☐ MCO	☐ MCO	
	☐ PIHP	☐ PIHP	PIHP	
	☐ PAHP	☐ PAHP	PAHP	
	☐ PCCM	☐ PCCM	☐ PCCM	
	FFS	FFS	FFS	
Test 24/7 PCP Availability	MCO	☐ MCO	MCO	
	☐ PIHP	☐ PIHP	PIHP	
	PAHP	☐ PAHP	PAHP	
	☐ PCCM	☐ PCCM	PCCM	
	FFS	FFS	FFS	
Utilization Review	☐ MCO	MCO	MCO	
	☐ PIHP	PIHP	PIHP	
	☐ PAHP	☐ PAHP	PAHP	
	☐ PCCM	☐ PCCM	☐ PCCM	
	FFS	☐ FFS	FFS	
Other	☐ MCO	☐ MCO	☐ MCO	
	☐ PIHP	☐ PIHP	PIHP	
	☐ PAHP	☐ PAHP	PAHP	
	☐ PCCM	☐ PCCM	☐ PCCM	
	FFS	FFS	FFS	

**Section B: Monitoring Plan** 

## **Part II: Details of Monitoring Activities**

**Details of Monitoring Activities by Authorized Programs** 

For each program authorized by this waiver, please provide the details of its monitoring activities by editing each program listed below.

Programs Authorized by this Waiver:

Program	Type of Program
ІВНР	PIHP;
BHSO	PIHP;

Note: If no programs appear in this list, please define the programs authorized by this waiver on the

Section B: Monitoring Plan

Part II: Details of Monitoring Activities

Program Instance: Behavioral Health Services Only for Fully Integrated Managed Care Region

Please check each of the monitoring activities below used by the State. A number of common activities are listed below, but the State may identify any others it uses. If federal regulations require a given activity, this is indicated just after the name of the activity. If the State does not use a required activity, it must explain why.

For each activity, the state must provide the following information:

- · Personnel responsible (e.g. state Medicaid, other state agency, delegated to plan, EQR, other contractor)
- Detailed description of activity
- · Frequency of use

Accreditation for Non-duplication (i.e. if the contractor is accredited by an organization structure/operation, and/or quality improvement standards, and the state determines that the state determines	he organization's standards are at least
as stringent as the state-specific standards required in 42 CFR 438 Subpart D, the state de with the state-specific standards)	ems the contractor to be in compliance
Activity Details:	
	^
□ NCQA	•
□ JCAHO	
АААНС	
Other	
Please describe:	
	^
Accreditation for Participation (i.e. as prerequisite to be Medicaid plan)	
Activity Details:	
	^
	<u> </u>
NCQA	
JСАНО	
АААНС	
AAAHC Other	
АААНС	
AAAHC Other	^
AAAHC Other	
AAAHC Other	
AAAHC Other Please describe:  Consumer Self-Report data	
AAAHC Other Please describe:	
AAAHC Other Please describe:  Consumer Self-Report data	
AAAHC Other Please describe:  Consumer Self-Report data Activity Details:	
AAAHC Other Please describe:  Consumer Self-Report data Activity Details:  CAHPS	
AAAHC Other Please describe:  Consumer Self-Report data Activity Details:	
AAAHC Other Please describe:  Consumer Self-Report data Activity Details:  CAHPS	
AAAHC Other Please describe:  Consumer Self-Report data Activity Details:  CAHPS Please identify which one(s):	
AAAHC Other Please describe:  Consumer Self-Report data Activity Details:  CAHPS Please identify which one(s):  State-developed survey	
AAAHC Other Please describe:  Consumer Self-Report data Activity Details:  CAHPS Please identify which one(s):	
AAAHC Other Please describe:  Consumer Self-Report data Activity Details:  CAHPS Please identify which one(s):  State-developed survey	

	<u> </u>
Denials of referral requests	
Disenrollment requests by enrollee	
From plan	
From PCP within plan	
Grievances and appeals data	
Other	
Please describe:	
Activity Details:	
	<u> </u>
Focused Studies (detailed investigations of certain aspects of clinical or non-clinical s	services at a point in time, to answer
defined questions. Focused studies differ from performance improvement projects in tis sustained improvement in significant aspects of clinical care and non-clinical service)  Activity Details:	hat they do not require demonstrable and
defined questions. Focused studies differ from performance improvement projects in t sustained improvement in significant aspects of clinical care and non-clinical service)	hat they do not require demonstrable and

Geographic mapping of provider network

- Personnel responsible (e.g. state Medicaid, other state agency, delegated to plan, EQR, other contractor): HCA is responsible for this task.
- Detailed description of activity: The PIHPs are required to submit quarterly network adequacy reports. Additionally, PIHPs are required to submit network adequacy date when:

The Health Care Authority deems it necessary to request a network submission from the PIHPs based on credible information received from a provider or other stakeholder.

A PIHP has lost a material provider which might impact its ability to meet access standards or reduce provider choice in a service area.

HCA's Network Administrator evaluates submissions using GeoCoding software to ensure adequate network capacity exists in all areas for all contracted PIHPs.

For the integration of mental health and substance use disorder treatment providers, the Network Administrator has developed new Geocoding which will be tested during the Early Adopter Request for Proposals process as part of the analysis of the Behavioral Health network. Further refinements for BH submissions will be developed to increase analytic capabilities.

Anomalies may be identified during the quarterly review of network submissions. HCA also receives notification from provider groups and other stakeholders regarding potential changes to a PIHP's network. The Network Administrator follows up on all provider notifications on network. If a problem is identified, the Network Administrator will notify

the PIHP of the deficiency and ask for a corrective action plan.

The corrective action depends on the issue(s) found. The Network Administrator works with network development staff at all of the PIHPs to develop relationships, answer questions and provide technical assistance in submitting accurate and adequate network submissions.

Corrective action may include the resubmission of the network with an accurate description of the contracted providers.

- Frequency of use: The State receives quarterly submissions from each PIHP.
- How it yields information about the area(s) being monitored: The analysis provides information about the location, number and type of mental health providers by geographic location. This information is compared to the location of potential enrollees in the same geographic area to determine if the provider network is adequate to meet the needs of the population and meets the standard of 1 provider within 25 miles for urban/non-urban areas. A baseline will need to be established for substance use disorder treatment providers after the first year of the program in order to adequately understand the distribution of SUD providers within the RSA.

	Activity Details:	^
		<u> </u>
i.	Measure any Disparities by Racial or Ethnic Groups	
	Activity Details:	
		^
		<u> </u>
j.	Network Adequacy Assurance by Plan [Required for MCO/PIHP/PAHP]	

• Personnel responsible (e.g. state Medicaid, other state agency, delegated to plan, EQR, other contractor): PIHPs submit quarterly network updates to HCA.

Detailed description of activity: HCA monitors the network submission using GeoCoding to measure the adequacy of the number and type of providers in the PIHP/BHSO network. PIHPs submit quarterly network updates to the Health Care Authority's Network Administrator, who has developed a high level of expertise in the use of GeoCoding and GeoMapping to track the location and number of provider contracts.

The quarterly report requires the PIHP to indicate whether each provider is accepting new patients by line of business. This informs HCA's analysis of access specific to the waiver population. For the integration of mental health and substance use disorder treatment providers, a list of essential providers has been created with the assistance of the Department of Social and Health Services who have experience contracting for mental health and substance use disorder treatment. With the exception of hospitals, the essential provider types for Medical services are General/Family Practice, Pediatricians, Pharmacy and OB/gyn. For behavioral health, the essential BH providers are:

Division of Behavioral Health and Recovery (DBHR)Licensed Behavioral Health Agencies for:

o Mental Health Treatment and/or

o Substance Use Disorder Treatment Agencies certified for:

**Outpatient Treatment** 

**Intensive Outpatient Treatment** 

Department of Health (DOH) licensed Residential Treatment Facilities (RTF's)with

DBHR certification as one or more of the following:

- o Evaluation and Treatment (Free Standing)
- o Crisis Stabilization and Triage
- o Intensive Inpatient SUD Treatment
- o Long Term SUD Treatment
- o Recovery House SUD Treatment
- o Withdrawal Management

DSHS certified opiate substitution treatment providers (Methadone Treatment programs);

Hospitals licensed by DOH for Evaluation and Treatment;

Psychiatric inpatient (single or multiple beds);

Withdrawal Management provided in Acute Care Hospitals certified by DBHR

Distance standards for mental health professionals are 1 provider within 25 miles for Urban/Non-Urban. Exceptions to the distance standards are made in rural areas with few providers, and GeoMapping can determine these areas.

- Frequency of use: Submissions and network validation by HCA is conducted quarterly.
- How it yields information about the area(s) being monitored: HCA uses the information provided in the quarterly network submissions to ensure each PIHP has an adequate network both geographically and by provider type, for beneficiaries enrolled with the PIHP, as well as capacity for potential growth in enrollment.

k.	Ombudsman	
	Activity Details:	
		^
		_
ı.	On-Site Review	
	Activity Details:	
	<ul> <li>Personnel responsible (e.g. state Medicaid, other state agency, delegated to plan, EQR, other contractor): HCA</li> </ul>	,
	• Detailed description of activity: HCA conducts a desk review of materials and enrolled files for each of the PIHPs for the waiver population. As part of the onsite visit, HCA reviews 10 each of the following files specific to the waiver population: Grievances, Appeals, Actions and Care Coordination for the waiver population.	e
	• Frequency of use: Annual	
	• How it yields information about the area(s) being monitored: Upon completion of the review, each PIHP will receive performance feedback and Technical Assistance related the findings of the file review. PIHP must submit corrective action plan (CAP) addressi deficiencies noted by the State. If the findings are severe or significant (Not Met), the C may be revisited during the year. The CAP is reviewed again at the following year's ons visit, to ensure improvement in the area of deficiency.	to ing AP
m.	Performance Improvement Projects [Required for MCO/PIHP]	
	Activity Details:	

- X Clinical
- X Non-clinical
- Personnel responsible (e.g. state Medicaid, other state agency, delegated to plan, EQR, other contractor): HCA
- Detailed description of activity: During annual contract monitoring, the state reviews Performance Improvement Projects which are scored (Met, Partially Met, and Not Met) based upon the PIP. HCA looks at the following areas:

Defined study question
Study indicators
Sampling techniques
Data collection methodology
Source of data
Data analysis plan
Qualitative and quantitative results and analysis
Interventions

An analysis of the PIPs will be done in 2017 to allow a full year's worth of data to be collected.

- Frequency of use: Annually
- How it yields information about the area(s) being monitored: Results are trended to see if improvements (through ongoing measurement and intervention) show significant improvement, sustained over time, that are expected to have a favorable effect on health outcomes and enrollee satisfaction.

Clinical
Non-clinical

n. Performance Measures [Required for MCO/PIHP]

#### Activity Details:

X Process

X Health status/outcomes

X Access/availability of care

X Use of services/utilization

Health plan stability/financial/cost of care

Health plan/provider characteristics

Beneficiary characteristics

- Personnel responsible (e.g. state Medicaid, other state agency, delegated to plan, EQR, other contractor): PIHPs collect and track performance measure data and submit this information to HCA and the State's EQRO.
- Detailed description of activity: The EQRO analyzes the data to track trends and potential improvements in outcomes and produces a yearly EQR Report. The State uses that information to provide evidence of how external quality review findings, State audits and Contract monitoring activities are used to identify and correct problems to improve care and services to enrollees.
- Frequency of use: Data will be analyzed annually.
- How it yields information about the area(s) being monitored: HCA will analyze the data

annually for a period of 3-5 years to observe/assess performance over time. By analyzing the data annually over a period of years, the State will see trends emerging related to how well the PIHPs are meeting the needs of enrollees with mental health and substance use disorder, including referrals and treatment completion.

Based on PIHP performance, HCA may amend the contract to require that the PIHP:

	-Add contract elements that require the PIHPs to reach out to these clients to ensure they	
	are getting appropriate care or	
	-Incorporate performance on these measures in value-based purchasing approaches.	
	Health status/ outcomes	
	Access/ availability of care	
	Use of services/ utilization	
	Health plan stability/ financial/ cost of care	
	Health plan/provider characteristics	
	Beneficiary characteristics	
0.	Periodic Comparison of # of Providers	
	Activity Details:	
_	— Duefile Hillipotion by Duoyiden Cocolood (locking for cuttions)	
p.	Profile Utilization by Provider Caseload (looking for outliers)	
	Activity Details:	
q.	Provider Self-Report Data	
	Activity Details:	
	Survey of providers	
	Focus groups	
r.	Test 24/7 PCP Availability	
	Activity Details:	
		$\vee$
s.	Utilization Review (e.g. ER, non-authorized specialist requests)	
	Activity Details:	
t.	Other	
	Activity Details:	

## Section B: Monitoring Plan

## Part II: Details of Monitoring Activities

Program Instance: Integrated Behavioral Health Program

Please check each of the monitoring activities below used by the State. A number of common activities are listed below, but the State may identify any others it uses. If federal regulations require a given activity, this is indicated just after the name of the activity. If the State does not use a required activity, it must explain why.

For each activity, the state must provide the following information:

:	Personnel responsible (e.g. state Medicaid, other state agency, delegated to plan, EQR, other contractor)  Detailed description of activity
:	Frequency of use
•	How it yields information about the area(s) being monitored
a.	Accreditation for Non-duplication (i.e. if the contractor is accredited by an organization to meet certain access,
	structure/operation, and/or quality improvement standards, and the state determines that the organization's standards are at leas as stringent as the state-specific standards required in 42 CFR 438 Subpart D, the state deems the contractor to be in compliance with the state-specific standards)
	Activity Details:
	NCQA
	<b> ЈСАНО</b>
	АААНС
	Other
	Please describe:
b.	Accreditation for Participation (i.e. as prerequisite to be Medicaid plan)
	Activity Details:
	NCQA
	ЈСАНО
	— AAAHC
	□ Other
	Please describe:
	riease describe.
c.	Consumer Self-Report data
	Activity Details: Annual Enrollee Satisfaction Survey Information as well as Grievance, Appeals, and Fair
	Hearings reports are utilized as consumer self-report data. This information is collected by
	DBHR staff and utilized to improve services in identified areas. The MHSIP survey
	monitors satisfaction with participation in treatment and treatment planning. The survey
	results are at:
	Adult: https://www.dshs.wa.gov/sites/default/files/BHSIA/dbh/Publications/2014%
	20ACS%20Toolkit%20Rodriguez.pdf
	Child/Family: https://www.dshs.wa.gov/sites/default/files/BHSIA/dbh/Publications/2014%
	20CFCS%20Toolkit%20rodriguez.pdf

	State-developed survey
	Disenrollment survey
	Consumer/beneficiary focus group
	Data Analysis (non-claims)
	Activity Details:
	EQRO monitors Encounter Data Validation (EDV)
	Grievance, Appeals, and Fair Hearing Data is also monitored by DSHS for their respective regions as indicators of potential issues that need to be addressed more formally.
	regions as indicators of potential issues that need to be addressed more formally.  Denials of referral requests
	Disenrollment requests by enrollee
	From plan
	From PCP within plan
	Grievances and appeals data
	Other
	Please describe:
	area in three different areas:
	DBHR contract monitoring staff ensure the provision of 24/7 hotlines in each PIHP service area in three different areas:  *EQRO audits the PIHPs to ensure PIHPs monitor for the provision of 24/7 hotlines in the service area.  *DBHR contract monitoring staff ensure the accuracy and provision of the PIHP 24/7
	DBHR contract monitoring staff ensure the provision of 24/7 hotlines in each PIHP service area in three different areas:  *EQRO audits the PIHPs to ensure PIHPs monitor for the provision of 24/7 hotlines in the service area.  *DBHR contract monitoring staff ensure the accuracy and provision of the PIHP 24/7
	DBHR contract monitoring staff ensure the provision of 24/7 hotlines in each PIHP service area in three different areas:  *EQRO audits the PIHPs to ensure PIHPs monitor for the provision of 24/7 hotlines in the service area.  *DBHR contract monitoring staff ensure the accuracy and provision of the PIHP 24/7
	DBHR contract monitoring staff ensure the provision of 24/7 hotlines in each PIHP service area in three different areas:  *EQRO audits the PIHPs to ensure PIHPs monitor for the provision of 24/7 hotlines in the service area.  *DBHR contract monitoring staff ensure the accuracy and provision of the PIHP 24/7 hotlines annually when updating the Behavioral Health Benefits Booklet and the websites *DBHR contract staff make random calls to the PIHPs posted 24/7 hotline numbers to
	DBHR contract monitoring staff ensure the provision of 24/7 hotlines in each PIHP service area in three different areas:  *EQRO audits the PIHPs to ensure PIHPs monitor for the provision of 24/7 hotlines in the service area.  *DBHR contract monitoring staff ensure the accuracy and provision of the PIHP 24/7 hotlines annually when updating the Behavioral Health Benefits Booklet and the websites.  *DBHR contract staff make random calls to the PIHPs posted 24/7 hotline numbers to ensure the number is answered according to the PIHP Contract.  Focused Studies (detailed investigations of certain aspects of clinical or non-clinical services at a point in time, to answer
	DBHR contract monitoring staff ensure the provision of 24/7 hotlines in each PIHP service area in three different areas:  *EQRO audits the PIHPs to ensure PIHPs monitor for the provision of 24/7 hotlines in the service area.  *DBHR contract monitoring staff ensure the accuracy and provision of the PIHP 24/7 hotlines annually when updating the Behavioral Health Benefits Booklet and the websites.  *DBHR contract staff make random calls to the PIHPs posted 24/7 hotline numbers to ensure the number is answered according to the PIHP Contract.  Focused Studies (detailed investigations of certain aspects of clinical or non-clinical services at a point in time, to answer defined questions. Focused studies differ from performance improvement projects in that they do not require demonstrable a sustained improvement in significant aspects of clinical care and non-clinical service)  Activity Details:
Γ	DBHR contract monitoring staff ensure the provision of 24/7 hotlines in each PIHP service area in three different areas:  *EQRO audits the PIHPs to ensure PIHPs monitor for the provision of 24/7 hotlines in the service area.  *DBHR contract monitoring staff ensure the accuracy and provision of the PIHP 24/7 hotlines annually when updating the Behavioral Health Benefits Booklet and the websites  *DBHR contract staff make random calls to the PIHPs posted 24/7 hotline numbers to ensure the number is answered according to the PIHP Contract.  Focused Studies (detailed investigations of certain aspects of clinical or non-clinical services at a point in time, to answer defined questions. Focused studies differ from performance improvement projects in that they do not require demonstrable a sustained improvement in significant aspects of clinical care and non-clinical service)  Activity Details:  There are three focused studies planned for 2016 and 2017. The planned focused studies 2016 are 1.Children's Mental Health system redesign, including program compliance
	DBHR contract monitoring staff ensure the provision of 24/7 hotlines in each PIHP service area in three different areas:  *EQRO audits the PIHPs to ensure PIHPs monitor for the provision of 24/7 hotlines in the service area.  *DBHR contract monitoring staff ensure the accuracy and provision of the PIHP 24/7 hotlines annually when updating the Behavioral Health Benefits Booklet and the websites  *DBHR contract staff make random calls to the PIHPs posted 24/7 hotline numbers to ensure the number is answered according to the PIHP Contract.  Focused Studies (detailed investigations of certain aspects of clinical or non-clinical services at a point in time, to answer defined questions. Focused studies differ from performance improvement projects in that they do not require demonstrable a sustained improvement in significant aspects of clinical care and non-clinical service)  Activity Details:  There are three focused studies planned for 2016 and 2017. The planned focused studies 2016 are 1.Children's Mental Health system redesign, including program compliance
	DBHR contract monitoring staff ensure the provision of 24/7 hotlines in each PIHP service area in three different areas:  *EQRO audits the PIHPs to ensure PIHPs monitor for the provision of 24/7 hotlines in the service area.  *DBHR contract monitoring staff ensure the accuracy and provision of the PIHP 24/7 hotlines annually when updating the Behavioral Health Benefits Booklet and the websites.  *DBHR contract staff make random calls to the PIHPs posted 24/7 hotline numbers to ensure the number is answered according to the PIHP Contract.  Focused Studies (detailed investigations of certain aspects of clinical or non-clinical services at a point in time, to answer defined questions. Focused studies differ from performance improvement projects in that they do not require demonstrable a sustained improvement in significant aspects of clinical care and non-clinical service)  Activity Details:  There are three focused studies planned for 2016 and 2017. The planned focused studies 2016 are 1.Children's Mental Health system redesign, including program compliance review and EDV for WISe. 2. Real-Time Grievances. The third planned focused study in
	DBHR contract monitoring staff ensure the provision of 24/7 hotlines in each PIHP service area in three different areas:  *EQRO audits the PIHPs to ensure PIHPs monitor for the provision of 24/7 hotlines in the service area.  *DBHR contract monitoring staff ensure the accuracy and provision of the PIHP 24/7 hotlines annually when updating the Behavioral Health Benefits Booklet and the websites  *DBHR contract staff make random calls to the PIHPs posted 24/7 hotline numbers to ensure the number is answered according to the PIHP Contract.  Focused Studies (detailed investigations of certain aspects of clinical or non-clinical services at a point in time, to answer defined questions. Focused studies differ from performance improvement projects in that they do not require demonstrable a sustained improvement in significant aspects of clinical care and non-clinical service)  Activity Details:  There are three focused studies planned for 2016 and 2017. The planned focused studies 2016 are 1. Children's Mental Health system redesign, including program compliance review and EDV for WISe. 2. Real-Time Grievances. The third planned focused study in 2017 is of the transition of RSNs to BHOs as set forth in RCW 71.24.
	DBHR contract monitoring staff ensure the provision of 24/7 hotlines in each PIHP service area in three different areas:  *EQRO audits the PIHPs to ensure PIHPs monitor for the provision of 24/7 hotlines in the service area.  *DBHR contract monitoring staff ensure the accuracy and provision of the PIHP 24/7 hotlines annually when updating the Behavioral Health Benefits Booklet and the websites  *DBHR contract staff make random calls to the PIHPs posted 24/7 hotline numbers to ensure the number is answered according to the PIHP Contract.  Focused Studies (detailed investigations of certain aspects of clinical or non-clinical services at a point in time, to answer defined questions. Focused studies differ from performance improvement projects in that they do not require demonstrable a sustained improvement in significant aspects of clinical care and non-clinical service)  Activity Details:  There are three focused studies planned for 2016 and 2017. The planned focused studies 2016 are 1.Children's Mental Health system redesign, including program compliance review and EDV for WISe. 2. Real-Time Grievances. The third planned focused study in 2017 is of the transition of RSNs to BHOs as set forth in RCW 71.24.  Geographic mapping

i.	Measure any Disparities by Racial or Ethnic Groups	
	Activity Details:	
		<b>\</b>
j.	Network Adequacy Assurance by Plan [Required for MCO/PIHP/PAHP]	
	Activity Details:  DBHR Contract Monitoring Staff and the state contracted EQRO ensure provider act through yearly on-site visits, ratio of population in service area, and availability of providers within the PIHP service area to assist non-English speaking residents.	lequacy
k.	Ombudsman	
	Activity Details: PIHP contract requires the use of Ombudsman and contact information is available the BHOs subcontractor or the behavioral health benefit booklet.	through
l.	On-Site Review	
	Activity Details: DBHR licensing staff, DBHR contract monitoring staff, and the contracted EQRO complete on-site reviews yearly to ensure contracts, clients rights, licensing and cerissues, and 42 CFR 438 requirements are met by each PIHP and their subcontractors.	
m.	Performance Improvement Projects [Required for MCO/PIHP]	
	Activity Details: QUALIS Health, Inc. (EQRO Contractor/Q.I.O.) The EQRO monitors for all 42 CFR 438 activities using the CMS protocol. Complia with Performance Measures and PIPs (clinical and non-clinical) are completed yearly. Compliance with QAPI and Program Integrity are completed every three yearly. Compliance with QAPI and Program Integrity are completed every three yearly. Encounter Data Validation (EDV) is completed every other year, and the Quality Street being developed in partnership with HCA and DBHR will be reviewed in 2016.	ears.
	Individual PIHP reports are submitted to the State every year as well as a State-wide The State-wide report is submitted to CMS yearly in December to January.  Clinical	e report.
	Non-clinical	
n.	Performance Measures [Required for MCO/PIHP]	
	Activity Details: QUALIS Health, Inc. (EQRO Contractor/Q.I.O.) The EQRO monitors for all 42 CFR 438 activities using the CMS protocol. Complia with Performance Measures and PIPs (clinical and non-clinical) are completed yearly. Compliance with QAPI and Program Integrity are completed every three year Encounter Data Validation (EDV) is completed every other year, and the Quality Strategy being developed in partnership with HCA will be reviewed in early 2016.	
	Individual PIHP reports are submitted to the State every year as well as a State-wide report. The State-wide report is submitted to CMS yearly in December to January. Corrective action established by contract monitoring is also checked annually or by of "deliverables" to verify improvement in identified areas if needed.	

	Process
	Health status/ outcomes
	Access/ availability of care
	Use of services/ utilization
	Health plan stability/ financial/ cost of care
	Health plan/provider characteristics
	Beneficiary characteristics
).	Periodic Comparison of # of Providers
	Activity Details:
	QUALIS Health the EQRO and contract monitoring staff ensure that the population in the
	PIHP service area is served adequately by the number of providers subcontracted through
	the PIHPs Community Behavioral Health Agencies.
).	Profile Utilization by Provider Caseload (looking for outliers)
	Activity Details:
	Activity Details:
	•
ŀ	Provider Self-Report Data
	Activity Details:
	✓
	Survey of providers
	Focus groups
	Test 24/7 PCP Availability
•	
	Activity Details:  Contract monitoring ensures annually that each service area has adequate capacity of 24/7
	availability. In addition, crisis services are available 24/7 without the need for an intake or
	assessment.
	Utilization Review (e.g. ER, non-authorized specialist requests)
	Activity Details:
	<u> </u>
	Other
	A stirite D. de il.
	Activity Details: Fiscal Monitoring of PIHPs (Sub Recipient) is done annually for the 9 BHO's in the State.
	Fiscal Monitoring activities include:
	Varification of amount reported on Payanus and Erranditums (i.e. DDID internal
	-Verification of amount reported on Revenue and Expenditures (i.e., DBHR internal management accounting report) report is accurate, supported by documentation and
	properly allocated.
	-Compliance to 2CFR 200 for PIHP Subcontractors when applicable.
	Assessment of the reliability of internal control
	-Assessment of the reliability of internal control.

-Provision of Technical Assistance for improvement in their fiscal operations.

## **Section C: Monitoring Results**

## **Renewal Waiver Request**

Section 1915(b) of the Act and 42 CFR 431.55 require that the State must document and maintain data regarding the effect of the waiver on the accessibility and quality of services as well as the anticipated impact of the project on the State's Medicaid program. In Section B of this waiver preprint, the State describes how it will assure these requirements are met. For an initial waiver request, the State provides assurance in this Section C that it will report on the results of its monitoring plan when it submits its waiver renewal request. For a renewal request, the State provides evidence that waiver requirements were met for the most recent waiver period. Please use Section D to provide evidence of cost-effectiveness.

CMS uses a multi-pronged effort to monitor waiver programs, including rate and contract review, site visits, reviews of External Quality Review reports on MCOs/PIHPs, and reviews of Independent Assessments. CMS will use the results of these activities and reports along with this Section to evaluate whether the Program Impact, Access, and Quality requirements of the waiver were met.

#### This is a renewal request.

- This is the first time the State is using this waiver format to renew an existing waiver. The State provides below the results of the monitoring activities conducted during the previous waiver period.
- The State has used this format previously The State provides below the results of the monitoring activities conducted during the previous waiver period.

For each of the monitoring activities checked in Section B of the previous waiver request, the State should:

- Confirm it was conducted as described in Section B of the previous waiver preprint. If it was not done as described, please explain why.
- Summarize the results or findings of each activity. CMS may request detailed results as appropriate.
- **Identify problems** found, if any.
- **Describe plan/provider-level corrective action**, if any, that was taken. The State need not identify the provider/plan by name, but must provide the rest of the required information.
- **Describe system-level program changes**, if any, made as a result of monitoring findings.

### The Monitoring Activities were conducted as described:

•	Yes O No	
	If No, please explain:	
		^
		V

#### Provide the results of the monitoring activities:

DBHR monitors services in a variety of ways:

The contracted EQRO monitors for all 42 CFR 438 activities using the CMS protocol.

- -Compliance with Performance Measures and PIPS (clinical and non-clinical) is monitored annually.
- -Compliance with QAPI, Enrollee Rights and Program Integrity are monitored every three years.
- -Encounter Data Validation (EDV) and ISCA are monitored every other year.
- -The contracted EQRO performs additional studies and special projects as assigned per contract.

\*Individual contractor reports from the EQRO are submitted to the state every year in addition to the joint annual report (DBHR/HCA). The annual report is submitted to CMS yearly.

\*The 2013 EQR report was submitted to CMS Region X in February of 2014. The report can be accessed at http://www.hca.wa.gov/medicaid/healthyoptions/Documents/2014\_WA\_EQR\_Annual\_Report.pdf.

\*DBHR contract monitoring staff issue findings and require Corrective Action Plans (CAPs) in response to the individual EQRO reports to ensure improved compliance with contract and federal regulations.

\*In addition to EQRO and contract monitoring, DBHR licensing and cerfication activities provide additional monitoring per state and federal requirements for Medicaid agencies.

DBHR regularly conducts child and adult satisfaction surveys as well as provider surveys to assess the use of evidence based services. Results of current and past consumer and provider surveys may be found at:

Adult: https://www.dshs.wa.gov/sites/default/files/BHSIA/dbh/Publications/2014%20ACS%20Toolkit%20Rodriguez.pdf

Child/Family: https://www.dshs.wa.gov/sites/default/files/BHSIA/dbh/Publications/2014%20CFCS%20Toolkit%20rodriguez.pdf

#### **Section D: Cost-Effectiveness**

# **Medical Eligibility Groups**

Title	
Behavioral Health - Disabled Population	
Behavioral Health Non-Disabled Population	
Behavioral Health-Newly Eligible	
BHSO- Disabled Population	
BHSO-Non-Disabled Population	
BHSO-Newly Eligible	

	First P	eriod	Second Period		
	Start Date	End Date	Start Date	End Date	
Actual Enrollment for the					
Time Period**	10/01/2012	09/30/2013	10/01/2013	12/31/2013	
Enrollment Projections for					
the Time Period*	10/01/2014	09/30/2015	10/01/2015	09/30/2016	
**Include actual data and date	es used in conversion - no	estimates			
*Projections start on Quarter a	and include data for reque	sted waiver period			

### **Section D: Cost-Effectiveness**

#### **Services Included in the Waiver**

Document the services included in the waiver cost-effectiveness analysis:

<sup>\*</sup>Stakeholders meetings are held on a regular basis

<sup>\*</sup>Additional monitoring of performance indicators through the Information System and satisfaction surveys also occur.

<sup>\*</sup>Monitoring Grievances, Appeals, and Administrative also provide a way to monitor services and data is utilized to ensure quality of care.

Service Name	State Plan Service	1915(b)(3) Service	Included in Actual Waiver Cost	
Inpatient Hospital - Psych (other than in IMDs)				
Outpatient Hospital Services (other than Lab & X-ray)				
Rural Health Clinic Services (Contracting Facilities Only included in 1915(b) Waiver Cost				
Federally Qualified Health Center Services (Contracting Facilities Only in 1915(b) Waiver Cost)				
Alcohol/Drug Treatment Centers (Contracted Medicaid Providers/Facilities Only)				
Prof. & Clinic and other Lab and X-ray (ITA only included in 1915(b) Waiver Costs)				
EPSDT, including Chiropractic (only mental health component included in 1915(b) Waiver)				
Physicians' Services (Psychiatrist)				
Practioners' Services, Other (Psychologists)				
Prescribed Drugs (Pharmacy)				
Detoxification				
Mental Health Service - Brief Intervention Treatment				
Mental Health Service - Crisis Services				
Mental Health Service - Day Support				
Mental Health - Family Treatment				
Mental Health Service - Freestanding Evaluation and Treatment				
Mental Health Service - Group Treatment Services				
Mental Health Service - High Intensity Treatment				
Mental Health Service - Intake Evaluation				
Mental Health Service - Medication Management				
Mental Health Service - Medication Monitoring				
Mental Health Services provided in Residential Settings				
Mental Health Service - Peer Support				
Mental Health Service - Psychological Assessment				

Service Name	State Plan Service	1915(b)(3) Service	Included in Actual Waiver Cost	
Mental Health Service - Rehabilitation Case Management				
Mental Health Service - Special Population Evaluation				
Mental Health Service - Stabilization Services				
Mental Health Service - Therapeutic Psychoeducation				
Behavioral Rehabilitation Services				
IMD Services for Age 65 and Older				
Inpatient Psychiatric Services (Under 21 Year of Age - CLIP only in 1915(b) Waiver Cost)				
Psychologist (Service may be FFS or through Inpatient Hospital)				
Other Lab & X-ray Services				
Medical & Surgical Services Performed by a Dentist				
Podiatrists' Services				
Vision Care Services and Eyeglasses				
Licensed Midwives and Nurse Midwives				
Home Health Care Services				
Private Duty Nursing Services				
Clinic Services - Freestanding Kidney Centers Chronic Dialysis Centers				
Dental Services				
Physical Therapy				
Occupational Therapy				
Speech Therapy				
Dentures				
Durable Medical Equipment Includes Prosthetic Devices, Excludes Hearing Aids				
Preventive Services				
Rehabilitation Treatment Services				
Nurse Midwife				
Education Agency Services (School- Based Services for Special Family Preservation Services)				
Private Duty Nursing				
Freestanding Birth Centers				

Service Name	State Plan Service	1915(b)(3) Service	Included in Actual	
			Waiver Cost	
Intermediate Care Facility Services (other than an IMD)				
Intermediate Care Facility Services (in an IMD)				
Developmental Disabilities Services (part of ICF/MR) Developmental Hospice				
Targeted Case Management Services				
Extended Services for Pregnant Women				
Family Planning Services				
Obstetrical Services				
Respiratory Care				
Certified Pediatric or Family Nurse Practitioner Services				
Transportation				
Skilled Nursing Facility Services (Under 21 years of Age)				
Emergency Services (Outpatient Hospital Service)				
Personal Care				
PACE				

### **Part I: State Completion Section**

#### A. Assurances

#### a. [Required] Through the submission of this waiver, the State assures CMS:

- The fiscal staff in the Medicaid agency has reviewed these calculations for accuracy and attests to their correctness.
- The State assures CMS that the actual waiver costs will be less than or equal to or the State's waiver cost projection.
- Capitated rates will be set following the requirements of 42 CFR 438.6(c) and will be submitted to the CMS Regional Office for approval.
- Capitated 1915(b)(3) services will be set in an actuarially sound manner based only on approved 1915(b)(3) services and their administration subject to CMS RO prior approval.
- The State will monitor, on a regular basis, the cost-effectiveness of the waiver (for example, the State may
  compare the PMPM Actual Waiver Cost from the CMS 64 to the approved Waiver Cost Projections). If
  changes are needed, the State will submit a prospective amendment modifying the Waiver Cost Projections.
- The State will submit quarterly actual member month enrollment statistics by MEG in conjunction with the State's submitted CMS-64 forms.

State B Babili	tited Civib o'i forms.	
Signature:	Carla Reyes	

State Medicaid Director or Designee

	Submission Date:	Mar 28, 2016
		Note: The Signature and Submission Date fields will be automatically completed when the State Medicaid Director submits the application.
b.	Name of Medicaid	Financial Officer making these assurances:
	Melissa M. Clarey	
c.	<b>Telephone Numbe</b>	r:
	(360) 725-1675	
d.	E-mail:	
	Melissa.Clarey@ds	shs.wa.gov
e.	The State is choosi	ng to report waiver expenditures based on
	date of j	payment.
	in the Cl date of s	service within date of payment. The State understands the additional reporting requirements MS-64 and has used the cost effectiveness spreadsheets designed specifically for reporting by ervice within day of payment. The State will submit an initial test upon the first renewal and nitial and final test (for the preceding 4 years) upon the second renewal and thereafter.
etic	on D: Cost-Effec	tiveness

#### Sec

### **Part I: State Completion Section**

### **B.** Expedited or Comprehensive Test

To provide information on the waiver program to determine whether the waiver will be subject to the Expedited or Comprehensive cost effectiveness test. Note: All waivers, even those eligible for the Expedited test, are subject to further review at the discretion of CMS and OMB.

- **b.** The State provides additional services under 1915(b)(3) authority.
- **c.** The State makes enhanced payments to contractors or providers.
- **d.** The State uses a sole-source procurement process to procure State Plan services under this waiver.
- e. The State uses a sole-source procurement process to procure State Plan services under this waiver. Note: do not mark this box if this is a waiver for transportation services and dental pre-paid ambulatory health plans (PAHPs) that has overlapping populations with another waiver meeting one of these three criteria. For transportation and dental waivers alone, States do not need to consider an overlapping population with another waiver containing additional services, enhanced payments, or sole source procurement as a trigger for the comprehensive waiver test. However, if the transportation services or dental PAHP waiver meets the criteria in a, b, or c for additional services, enhanced payments, or sole source procurement then the State should mark the appropriate box and process the waiver using the Comprehensive Test.

If you marked any of the above, you must complete the entire preprint and your renewal waiver is subject to the Comprehensive Test. If you did not mark any of the above, your renewal waiver (not conversion or initial waiver) is subject to the Expedited Test:

- Do not complete *Appendix D3*
- Your waiver will not be reviewed by OMB at the discretion of CMS and OMB.

The following questions are to be completed in conjunction with the Worksheet Appendices. All narrative explanations should be included in the preprint. Where further clarification was needed, we have included additional information in the preprint.

<b>Section D</b>	: Cost-Effectiveness	
Part I: Sta	ate Completion Section	
C. Capita	ted portion of the waiver only	Type of Capitated Contract
The res	sponse to this question should be the	same as in A.I.b.
a.	<b>□ МСО</b>	
<b>b.</b>	PIHP	
с.	<b>РАНР</b>	
d.	□ PCCM	
e.	Other	
Please o	describe:	
Section D	: Cost-Effectiveness	
	ate Completion Section	eimbursement of PCCM Providers
D. FCCM	portion of the waiver only: K	enindursement of PCCIVI Providers
		ed on a fee-for-service basis. PCCMs are reimbursed for patient
manag	ement in the following manner (plea	se check and describe):
a.	Management fees are expected	
	The management fees were calcu	lated as follows.
	1.	per member per month fee.
	2.	per member per month fee.
	3.	per member per month fee.
	4. 🗌 Year 4: \$	per member per month fee.
<b>b.</b>	Enhanced fee for primary care	
	Please explain which services will determined.	ll be affected by enhanced fees and how the amount of the enhancement was
c.		generated under the program are paid to case managers who control
		<b>.I.H.d.</b> , please describe the criteria the State will use for awarding the
		for calculating incentives/bonuses, and the monitoring the State will have in
		ts to the providers do not exceed the Waiver Cost Projections (Appendix ves for reducing utilization are limited to savings of State Plan service costs
		cribe how the State will ensure that utilization is not adversely affected due
	to incentives inherent in the bonu	s payments. The costs associated with any bonus arrangements must be
d.	accounted for in Appendix D3. A  Other reimbursement method/s	
u.		iniount.
	\$ Please explain the State's rational	e for determining this method or amount.
	Touse explain the state stational	- 101 determining and meaned of amount.

Print application selector for 1915(b)Waiver: WA.0008.R09.02 - Apr 01... Page 77 of 95

Print application selector for 1915(b) Waiver: WA.0008.R09.02 - Apr 01... Page 78 of 95 **Section D: Cost-Effectiveness Part I: State Completion Section** E. Member Months Please mark all that apply. [Required] Population in the base year and R1 and R2 data is the population under the waiver. a. For a renewal waiver, because of the timing of the waiver renewal submittal, the State did not have a complete R2 to submit. Please ensure that the formulas correctly calculated the annualized trend rates. Note: it is no longer acceptable to estimate enrollment or cost data for R2 of the previous waiver period. [Required] Explain the reason for any increase or decrease in member months projections from the base year or over time: For Question a. above: This box was not checked as it normally would be as beginning January 1, 2014, the State expanded Medicaid under the Affordable Care Act. The effective date for this Newly Eligible population occurs after the R2 data time period and as such, the data for that time period was not available at the time the waiver spreadsheets were constructed. Additionally, effective April 1,2016 (P2 Q3/Q4), the State is redesigning the program in two key areas: - The first is the transition of the current RSNs to Behavioral Health Organizations (BHOs) that will now provide Substance Use Disorder (SUD) services in addition to the currently managed Mental Health services. - The second is the removal of Clark and Skamania counties (Southwest BHO) from the behavioral health managed care program. These counties will shift to a fully integrated managed care program that includes both behavioral health and acute care services. Enrollment for the various Behavioral Health MEGs is adjusted for the removal of these two counties. - While the majority of the Clark and Skamania enrollees will be reported under a separate 1915(b) waiver or 1932a State Plan authority, certain enrollees will be eligible for behavioral health services only (BHSO). These BHSO individuals are included in this 1915(b) waiver amendment and will be reported under separate MEGs. Question c: The caseload forecasts for Medicaid eligible people are created by the Caseload Forecast Council. They are created for each eligibility group. The primary distinctions are Categorically Needy, Grant Receiving Adults and Children, Non-Grant Pregnant Women, Non-Grant Children, SSI and SSI-Related, Medically Needy, Aged and Disabled, and State-Funded Medical Care Services. The models are generally simple time series models or entry/exit projections of a "primary" or base trend plus the addition of "steps" or interruptions to the base trend. These interruptions are generally state or federal law or program changes. The models are calculated and presented to a group of staff from the Executive and Legislative branches with the intention of reaching consensus on the results. These forecasts include the Medicaid expansion population effective January 2014 related to the Affordable Care Act.

Additionally, the State provided current FFS enrollment levels for use in projecting the BHSO population during P2.

d.	☐ [Required] Explain any other variance in eligible member months from BY/R1 to P2:
	There are no other variances in the member month projections.

e. [Required] Specify whether the BY/R1/R2 is a State fiscal year (SFY), Federal fiscal year (FFY), or other

R1 is FFY 2013 quarter 1 through FFY 2013 quarter 4 (10/12 - 9/13) and R2 is FFY 2014 quarter 1 (10/13 -12/13).

#### **Appendix D1 – Member Months**

**Section D: Cost-Effectiveness Part I: State Completion Section** F. Appendix D2.S - Services in Actual Waiver Cost For Conversion or Renewal Waivers: a. [Required] Explain if different services are included in the Actual Waiver Cost from the previous period in Appendix D3 than for the upcoming waiver period in Appendix D5. Explain the differences here and how the adjustments were made on Appendix D5: Certain reported costs related to MCO capitation payments on line 18A are in the actual waiver cost reported. Adjustments were made on D5 to remove these costs from the State Plan projections. Services related to Chemical Dependency (program code 070) have historically been paid on a FFS basis and are included in the Actual Waiver Cost. A program change adjustment is applied in Appendix D5 to adjust these FFS payments for any material differences with projected revenues for Chemical Dependency under a managed care environment. Additional information is included in the Appendix D4 narrative. [Required] Explain the exclusion of any services from the cost-effectiveness analysis. For States with multiple waivers serving a single beneficiary, please document how all costs for waiver covered individuals taken into account. For mental health-related services, only state-only funded services are not included in the analysis. WA used audited CMS 64 waiver reports for the basis of the analysis. Through ongoiong analysis, certain costs were identified that need to be added that had not been initially reported on the CMS 64 waiver reports. These costs have been added to Appendix D3 and are discussed later in this preprint. **Appendix D2.S: Services in Waiver Cost** 

••							
State Plan Services	MCO Capitated Reimbursement	FFS Reimbursement impacted by MCO	PCCM FFS Reimbursement	PIHP Capitated Reimbursement	FFS Reimbursement impacted by PIHP	PAHP Capitated Reimbursement	FFS Reimbursement impacted by PAHP
Inpatient Hospital - Psych (other than in IMDs)							
Outpatient Hospital Services (other than Lab & X-ray)							
Rural Health Clinic Services (Contracting Facilities Only included in 1915 (b) Waiver Cost							
Federally Qualified Health Center Services (Contracting Facilities Only in 1915(b) Waiver Cost)							
Alcohol/Drug Treatment Centers							

(Contracted

State Plan Services	MCO Capitated Reimbursement	FFS Reimbursement impacted by MCO	PCCM FFS Reimbursement	PIHP Capitated Reimbursement	FFS Reimbursement impacted by PIHP	PAHP Capitated Reimbursement	FFS Reimbursement impacted by PAHP
Medicaid Providers/Facilities Only)							
Prof. & Clinic and other Lab and X-ray (ITA only included in 1915 (b) Waiver Costs)							
EPSDT, including Chiropractic (only mental health component included in 1915 (b) Waiver)							
Physicians' Services (Psychiatrist)							
Practioners' Services, Other (Psychologists)							
Prescribed Drugs (Pharmacy)							
Detoxification							
Mental Health Service - Brief Intervention Treatment							
Mental Health Service - Crisis Services							
Mental Health Service - Day Support							
Mental Health - Family Treatment							
Mental Health Service - Freestanding Evaluation and Treatment							
Mental Health Service - Group Treatment Services							
Mental Health Service - High Intensity Treatment							
Mental Health Service - Intake Evaluation							

resement Reimbursement	РІНР	Reimbursement	РАНР

State Plan Services	MCO Capitated Reimbursement	FFS Reimbursement impacted by MCO	PCCM FFS Reimbursement	PIHP Capitated Reimbursement	FFS Reimbursement impacted by PIHP	PAHP Capitated Reimbursement	FFS Reimbursement impacted by PAHP
Medical & Surgical Services Performed by a Dentist							
Podiatrists' Services							
Vision Care Services and Eyeglasses							
Licensed Midwives and Nurse Midwives							
Home Health Care Services							
Private Duty Nursing Services							
Clinic Services - Freestanding Kidney Centers Chronic Dialysis Centers							
Dental Services							
Physical Therapy							
Occupational Therapy							
Speech Therapy							
Dentures							
Durable Medical Equipment Includes Prosthetic Devices, Excludes Hearing Aids							
Preventive Services							
Rehabilitation Treatment Services							
Nurse Midwife							
Education Agency Services (School- Based Services for Special Family Preservation Services)							
Private Duty Nursing							
Freestanding Birth Centers							

State Plan Services	MCO Capitated Reimbursement	FFS Reimbursement impacted by MCO	PCCM FFS Reimbursement	PIHP Capitated Reimbursement	impacted by	PAHP Capitated Reimbursement	FFS Reimbursement impacted by PAHP
Intermediate Care Facility Services (other than an IMD)							
Intermediate Care Facility Services (in an IMD)							
Developmental Disabilities Services (part of ICF/MR) Developmental Hospice							
Targeted Case Management Services							
Extended Services for Pregnant Women							
Family Planning Services							
Obstetrical Services							
Respiratory Care							
Certified Pediatric or Family Nurse Practitioner Services							
Transportation							
Skilled Nursing Facility Services (Under 21 years of Age)							
Emergency Services (Outpatient Hospital Service)							
Personal Care							
PACE							

**Part I: State Completion Section** 

G. Appendix D2.A - Administration in Actual Waiver Cost

[Required] The State allocated administrative costs between the Fee-for-service and managed care program depending upon the program structure. Note: initial programs will enter only FFS costs in the BY. Renewal and Conversion waivers will enter all waiver and FFS administrative costs in the R1 and R2 or BY.

The allocation method for either initial or renewal waivers is explained below:

a.	☐ The State allocates the administrative costs to the managed care program based upon the number of waiver
L	enrollees as a percentage of total Medicaid enrollees Note: this is appropriate for MCO/PCCM programs.
b.	The State allocates administrative costs based upon the program cost as a percentage of the total Medicaid
	budget. It would not be appropriate to allocate the administrative cost of a mental health program based upon the percentage of enrollees enrolled. Note: this is appropriate for statewide PIHP/PAHP programs.
c.	Other
	Please explain:
	The administrative costs reflected on Appendix D3 are pulled directly from the CMS 64.10 waiver forms. These expenses are for specific contracts or allocated staff working directly on the BHO waiver program. In addition, the State identified expenses for the EQRO contractor, CLIP administration, and actuarial contracts that were inadvertently left off the waiver report. These expenses have been identified and included in the reported waiver expenses in column K of Appendix D3.
Ap	pendix D2.A: Administration in Actual Waiver Cost
Sectio	n D: Cost-Effectiveness
Dort I	: State Completion Section
	pendix D3 - Actual Waiver Cost
п. Ар	pendix D3 - Actual Walver Cost
a.	The State is requesting a 1915(b)(3) waiver in <b>Section A.I.A.1.c</b> and will be providing non-state plan medical
_	services. The State will be spending a portion of its waiver savings for additional services under the waiver.
b.	The State is including voluntary populations in the waiver.
	Describe below how the issue of selection bias has been addressed in the Actual Waiver Cost calculations:
	^
C	Capitated portion of the waiver only Reinsurance or Stop/Loss Coverage: Please note how the State will be
	providing or requiring reinsurance or stop/loss coverage as required under the regulation. States may require
	MCOs/PIHPs/PAHPs to purchase reinsurance. Similarly, States may provide stop-loss coverage to
	MCOs/PIHPs/PAHPs when MCOs/PIHPs/PAHPs exceed certain payment thresholds for individual enrollees. Stop loss provisions usually set limits on maximum days of coverage or number of services for which the
	MCO/PIHP/PAHP will be responsible. If the State plans to provide stop/loss coverage, a description is required.
	The State must document the probability of incurring costs in excess of the stop/loss level and the frequency of
	such occurrence based on FFS experience. The expenses per capita (also known as the stoploss premium amount)
	should be deducted from the capitation year projected costs. In the initial application, the effect should be neutral.
	In the renewal report, the actual reinsurance cost and claims cost should be reported in Actual Waiver Cost. <b>Basis and Method:</b>
	1. The State does not provide stop/loss protection for MCOs/PIHPs/PAHPs, but requires
	MCOs/PIHPs/PAHPs to purchase reinsurance coverage privately. No adjustment was
	necessary.
	2. The State provides stop/loss protection
	Describe below how the issue of selection bias has been addressed in the Actual Waiver Cost calculations:
	The State does not provide stop/loss protection nor require PIHPs to purchase private reinsurance
	coverage. In addition to the taxing authority of the counties, the State requires that each RSN hold
A	risk and claim reserves for the sole purpose of ensuring solvency.
d.	<ul> <li>Incentive/bonus/enhanced Payments for both Capitated and fee-for-service Programs:</li> <li>1. ☐ [For the capitated portion of the waiver] the total payments under a capitated contract include</li> </ul>
	any incentives the State provides in addition to capitated payments under the waiver program.
	any incentives the state provides in addition to capitated payments under the waiver program.

Print application selector for 1915(b)Waiver: WA.0008.R09.02 - Apr 01... Page 84 of 95

The costs associated with any bonus arrangements must be accounted for in the capitated costs (Column D of Appendix D3 Actual Waiver Cost). Regular State Plan service capitated adjustments would apply.

#### **Document**

- i. Document the criteria for awarding the incentive payments.
- ii. Document the method for calculating incentives/bonuses, and
- iii. Document the monitoring the State will have in place to ensure that total payments to the MCOs/PIHPs/PAHPs do not exceed the Waiver Cost Projection.

		· · · · · · · · · · · · · · · · · · ·
2.		For the fee-for-service portion of the waiver, all fee-for-service must be accounted for in the fee
	j	for-service incentive costs (Column G of Appendix D3 Actual Waiver Cost). ). For PCCM
		providers, the amount listed should match information provided in D.I.D Reimbursement of
		Providers. Any adjustments applied would need to meet the special criteria for fee-for-service
		incentives if the State elects to provide incentive payments in addition to management fees under the
		waiver program (See D.I.I.e and D.I.J.e)

#### **Document:**

- i. Document the criteria for awarding the incentive payments.
- ii. Document the method for calculating incentives/bonuses, and
- iii. Document the monitoring the State will have in place to ensure that total payments to the MCOs/PIHPs/PAHPs/PCCMs do not exceed the Waiver Cost Projection.

#### Appendix D3 – Actual Waiver Cost

**Section D: Cost-Effectiveness** 

#### **Part I: State Completion Section**

I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (1 of 8)

#### This section is only applicable to Initial waivers

**Section D: Cost-Effectiveness** 

#### **Part I: State Completion Section**

I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (2 of 8)

#### This section is only applicable to Initial waivers

**Section D: Cost-Effectiveness** 

# **Part I: State Completion Section**

I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (3 of

### This section is only applicable to Initial waivers

**Section D: Cost-Effectiveness** 

**Part I: State Completion Section** 

I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (4 of 8)

### This section is only applicable to Initial waivers

**Section D: Cost-Effectiveness** 

**Part I: State Completion Section** 

I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (5 of 8)

### This section is only applicable to Initial waivers

**Section D: Cost-Effectiveness** 

**Part I: State Completion Section** 

I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (6 of 8)

### This section is only applicable to Initial waivers

**Section D: Cost-Effectiveness** 

**Part I: State Completion Section** 

I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (7 of 8)

### This section is only applicable to Initial waivers

**Section D: Cost-Effectiveness** 

**Part I: State Completion Section** 

I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (8 of 8)

### This section is only applicable to Initial waivers

**Section D: Cost-Effectiveness** 

**Part I: State Completion Section** 

- J. Appendix D4 Conversion or Renewal Waiver Cost Projection and Adjustments. (1 of 5)
  - **a. State Plan Services Trend Adjustment** the State must trend the data forward to reflect cost and utilization increases. The R1 and R2 (BY for conversion) data already include the actual Medicaid cost changes for the population

enrolled in the program. This adjustment reflects the expected cost and utilization increases in the managed care	
program from R2 (BY for conversion) to the end of the waiver (P2). Trend adjustments may be service-specific	
expressed as percentage factors. Some states calculate utilization and cost separately, while other states calculate circle transfer and rote. The State must decompose the method used and how utilization and cost increases are not during	
single trend rate. The State must document the method used and how utilization and cost increases are not dupl if they are calculated separately. This adjustment must be mutually exclusive of programmatic/policy/prior	
changes and CANNOT be taken twice. The State must document how it ensures there is no duplication v	
programmatic/policy/pricing changes.	VILII
1. [Required, if the State's BY or R2 is more than 3 months prior to the beginning of P1] The S	tate is
using actual State cost increases to trend past data to the current time period (i.e., trending fi	
1999 to present).	UIII
The actual trend rate used is: 4.00	
Please document how that trend was calculated:	
From the end of R2 to the beginning of P1, trends were reviewed for capitated, BH pharmacy, and FFS wraparound services. For the capitated services, Mercer used the actual annual trend rate of 2 used to develop the WA PIHP capitation rates for state fiscal year (SFY) 2015. These are consister the capitation trend inflation apparent between R1 and R2. BH pharmacy and FFS wraparound ser trends show positive trends of roughly 7.1% and 11.1%, respectively. The resulting blended trend used for the period between R2 and P1 is 4.0%.  2. [Required, to trend BY/R2 to P1 and P2 in the future] When cost increases are unknown and	2.6% nt with vice rate
future, the State is using a predictive trend of either State historical cost increases or nationa regional factors that are predictive of future costs (same requirement as capitated ratesetting	
regulations) (i.e., trending from present into the future).	<b>,</b>
i. State historical cost increases.	
Please indicate the years on which the rates are based: base years. In addition, please indicate the years of the rates are based: base years.	ata tha
mathematical method used (multiple regression, linear regression, chi-square, least squares exponential smoothing, etc.). Finally, please note and explain if the State's cost increase ca includes more factors than a price increase such as changes in technology, practice patterns units of service PMPM.	, lculation
The base period for developing the waiver projections is October 1, 2013 through December 2013. Mercer considers historical year over year trends, as well as rolling averages in making these estimates.	
For base periods R1 and R2, the PIHP capitated service trend indicates roughly 2.6% annual consistent with the trend utilized in the actuarial rate development for SFY 2015, while BH pharmacy and FFS wraparound service trends show positive trends of roughly 7.1% and 11 respectively. For the waiver projection, Mercer incorporated additional trend analyses from actuarial rate development and quarterly analysis of FFS trends. Mercer relied on a blended rate of 4.0% to project the R2 experience to the P1 and P2 time periods. Trend estimates do duplicate the effect of any programmatic, policy, or pricing changes.  ii. National or regional factors that are predictive of this waiver's future costs.  Please indicate the services and indicators used. In addition, please indicate how this factor determined to be predictive of this waiver's future costs. Finally, please note and explain if State's cost increase calculation includes more factors than a price increase such as changes technology, practice patterns, and/or units of service PMPM.	I I.1%, on the ditrend o not was of the
In addition to Washington-specific data sources, Mercer also considers national indices (Consumer Price Index and Producer Price Index).	
3.   The State estimated the PMPM cost changes in units of service, technology and/or practice p	atterns
that would occur in the waiver separate from cost increase.  Utilization adjustments made were service-specific and expressed as percentage factors. The State documented how utilization and cost increases were not duplicated. This adjustment reflects the chutilization between R2 and P1 and between years P1 and P2.	

- i. Please indicate the years on which the utilization rate was based (if calculated separately only).
- ii. Please document how the utilization did not duplicate separate cost increase trends.

Mercer did not estimate cost changes separate from the utilization changes. Trend estimates do not duplicate the effect of any programmatic changes.

#### Appendix D4 – Adjustments in Projection

**Section D: Cost-Effectiveness** 

### **Part I: State Completion Section**

- J. Appendix D4 Conversion or Renewal Waiver Cost Projection and Adjustments. (2 of 5)
  - b. State Plan Services Programmatic/Policy/Pricing Change Adjustment: This adjustment should account for any programmatic changes that are not cost neutral and that affect the Waiver Cost Projection. For example, changes in rates, changes brought about by legal action, or changes brought about by legislation. For example, Federal mandates, changes in hospital payment from per diem rates to Diagnostic Related Group (DRG) rates or changes in the benefit coverage of the FFS program. This adjustment must be mutually exclusive of trend and CANNOT be taken twice. The State must document how it ensures there is no duplication with trend. If the State is changing one of the aspects noted above in the FFS State Plan then the State needs to estimate the impact of that adjustment. Note: FFP on rates cannot be claimed until CMS approves the SPA per the 1/2/01 SMD letter. Prior approval of capitation rates is contingent upon approval of the SPA. The R2 data was adjusted for changes that will occur after the R2 (BY for conversion) and during P1 and P2 that affect the overall Medicaid program.

#### Others:

- Additional State Plan Services (+)
- Reductions in State Plan Services (-)
- Legislative or Court Mandated Changes to the Program Structure or fee
- Graduate Medical Education (GME) Changes This adjustment accounts for **changes** in any GME payments in the program. 42 CFR 438.6(c)(5) specifies that States can include or exclude GME payments from the capitation rates. However, GME payments must be included in cost-effectiveness calculations.
- Copayment Changes This adjustment accounts for changes from R2 to P1 in any copayments that are collected under the FFS program, but not collected in the MCO/PIHP/PAHP capitated program. States must ensure that these copayments are included in the Waiver Cost Projection if not to be collected in the capitated program. If the State is changing the copayments in the FFS program then the State needs to estimate the impact of that adjustment.
- The State has chosen not to make an adjustment because there were no programmatic or policy changes in the FFS program after the MMIS claims tape was created. In addition, the State anticipates no programmatic or policy changes during the waiver period.
- 2.  $\square$  An adjustment was necessary. The adjustment(s) is(are) listed and described below:
  - i. The State projects an externally driven State Medicaid managed care rate increases/decreases between the base and rate periods.

Please list the changes.

- 1. Targeted Service Expansions
- 2. Newly Eligible
- 3. WISe Services Monthly Case Rate Payment
- 4. Addition of Chemical Dependency BHO Rate
- 5. Southwest BHO Acuity Adjustment
- 6. Southwest BHSO Acuity Adjustment

The list and description of changes are detailed in Attachment 2a- J D4 Adjustments in

For the list of changes above, please report the following:

Projection Narrative and was submitted through email with the Cost Effectiveness Documents.

	A.	☐ The size of the adjustment was based upon a newly approved State Plan Amendmen	ıt
		(SPA).	
		PMPM size of adjustment	
	В.	The size of the adjustment was based on pending SPA.	
	ъ.	Approximate PMPM size of adjustment	
		Approximate 1 WI WI Size of adjustment	
	C.	Determine adjustment based on currently approved SPA.	
		PMPM size of adjustment	
	D.	Determine adjustment for Medicare Part D dual eligibles.	
	E.	Other:	
		Please describe	
			V
ii.		ne State has projected no externally driven managed care rate increases/decreases in the	
:::		anaged care rates.	
iii.		nanges brought about by legal action:	
		ease list the changes.	
	For the	list of changes above, please report the following:	
	Α.	The size of the adjustment was based upon a newly approved State Plan Amendmen	nt.
	А.	(SPA).	It
		(SPA). PMPM size of adjustment	
		1 Wi W Size of adjustment	
	В.	The size of the adjustment was based on pending SPA.	
		Approximate PMPM size of adjustment	
		1 approximate 1 1/11 1/1 size of adjustment	
	C.	Determine adjustment based on currently approved SPA.	
		PMPM size of adjustment	
		<b>D.</b> Other	
		Please describe	
		iv. Changes in legislation.	
	Pl	ease list the changes.	
			$\wedge$
			V

For the list of changes above, please report the following:

<b>A.</b>	The size of the adjustment was based upon a newly approved State Plan Amendment (SPA).  PMPM size of adjustment
В. 🗌	The size of the adjustment was based on pending SPA.  Approximate PMPM size of adjustment
С.	Determine adjustment based on currently approved SPA PMPM size of adjustment
<b>D.</b>	Other Please describe
v.	$\sim$
	describe:
A.	The size of the adjustment was based upon a newly approved State Plan Amendment (SPA).  PMPM size of adjustment
В. 🗆	The size of the adjustment was based on pending SPA.  Approximate PMPM size of adjustment
С. 🗆	Determine adjustment based on currently approved SPA.  PMPM size of adjustment
D. 🗌	Other
	Please describe
Section D: Cost-Effectiveness	
Part I: State Completion Section	on
	r Renewal Waiver Cost Projection and Adjustments. (3 of 5)
administrative expense fac participating in the waiver additional per record PRO as well as actuarial contrac etc. <i>Note: one-time admini</i>	<b>istment:</b> This adjustment accounts for changes in the managed care program. The tor in the renewal is based on the administrative costs for the eligible population for managed care. Examples of these costs include per claim claims processing costs, review costs, and additional Surveillance and Utilization Review System (SURS) costs; ts, consulting, encounter data processing, independent assessments, EQRO reviews, stration costs should not be built into the cost-effectiveness test on a long-term basis. ant Medicaid administration claiming rules for administration costs they attribute to the

Approved by CMS: 3/29/16. Effective dates: 4/1/16 thru 9/30/16. Amendment to WA 1915(b) Integrated Behavioral Health Program, WA.0008.R09.02

managed care program. If the State is changing the administration in the fee-for-service program then the State

needs to estimate the impact of that adjustment.

**1.** No adjustment was necessary and no change is anticipated.

		administrative adjustment was made.
i.		nistrative functions will change in the period between the beginning of P1 and the end of
	P2.	describe:
	Ticase	A COSCIDE.
ii.	Cost i	ncreases were accounted for.
	<b>A.</b>	Determine administration adjustment based upon an approved contract or cost
	В.	allocation plan amendment (CAP).  Determine administration adjustment based on pending contract or cost allocation plan
	С.	amendment (CAP). State Historical State Administrative Inflation. THe actual trend rate used is PMPM
		size of adjustment
		Please describe:
	D	Other
		Please describe:
		Newly Eligible population: To calculate the additional administration expenses,
		Mercer used a similar approach described in the J D4 Narrative to calculate the
		medical component of the Newly Eligible MEG using the P1 projections for the
		Disabled and Non-Disabled MEGS and various case mix adjustments.
		These administrative expenses are expected to be consistent on a PMPM basis for the BH SO MEGs.
iii.	[Requ	ired, when State Plan services were purchased through a sole source procurement with a
	govern	nmental entity. No other State administrative adjustment is allowed.] If cost increase
		are unknown and in the future, the State must use the lower of: Actual State
		istration costs trended forward at the State historical administration trend rate or Actual
		administration costs trended forward at the State Plan services trend rate.  document both trend rates and indicate which trend rate was used.
		nment 2a-J D4 Narrative contains a detailed description of the method used in
		nining the trend rate.
	<b>A.</b>	Actual State Administration costs trended forward at the State historical administration trend rate.
		Please indicate the years on which the rates are based: base years
		October 1, 2012 to December 31,
		In addition, please indicate the mathematical method used (multiple regression, linear
		regression, chi-square, least squares, exponential smoothing, etc.). Finally, please note
		and explain if the State's cost increase calculation includes more factors than a price
		increase.
		Attachment 2a-J D4 contains a detailed description of the method used in determining
		the trend rate. In addition, Attachment 2, Waiver Renewal Spreadsheet further clarifies mathematical method used.
	В.	Actual State Administration costs trended forward at the State Plan Service Trend rate.
	Δ,	Please indicate the State Plan Service trend rate from Section D.I.J.a. above
		4.00

Part I	State	Comp	letion	Section
raiti.	State	COIIID	ICUOII	Section

d.	addition State Plathe Base	nal 1915(b)(3) services in an services in the program e Year and P1 of the waiv	te must document the amount of State Plan Savings that will be used to provid <i>Section D.I.H.a</i> above. The Base Year already includes the actual trend for the n. This adjustment reflects the expected trend in the 1915(b)(3) services between and the trend between the beginning of the program (P1) and the end of the may be service-specific and expressed as percentage factors.	e en
	1.		ted trend is:	
	2.	Required, when the	State's BY is trended to P2. No other 1915(b)(3) adjustment is allowed] If tre	ends
		are unknown and in lower of State histor	the future (i.e., trending from present into the future), the State must use the ical 1915(b)(3) trend or State's trend for State Plan Services. Please document indicate which trend rate was used.	
		A. State histo	orical 1915(b)(3) trend rates	
		1.	Please indicate the years on which the rates are based: base years	
		2.	Please provide documentation.	
		B. State Plan	Service trend	
		Pleas	e indicate the State Plan Service trend rate from Section D.I.J.a. above	
e.			<b>Trend Adjustment:</b> If the State marked <b>Section D.I.H.d</b> , then this factor. Trend is limited to the rate for State Plan services.	
	1.	List the State Plan tr	end rate by MEG from Section D.I.I.a	
	2.	List the Incentive tre	and rate by MEG if different from Section D.I.I.a	
	2	F -1.' 1'66		V
	3.	Explain any differen	Ces:	
				V

# **Part I: State Completion Section**

J. Appendix D4 - Conversion or Renewal Waiver Cost Projection and Adjustments. (5 of 5)

**p.** Other adjustments including but not limited to federal government changes.

• If the federal government changes policy affecting Medicaid reimbursement, the State must adjust P1 and P2 to reflect all changes.

• Once the State's FFS institutional excess UPL is phased out, CMS will no longer match excess institutional UPL payments.

- Excess payments addressed through transition periods should not be included in the 1915(b) cost effectiveness process. Any State with excess payments should exclude the excess amount and only include the supplemental amount under 100% of the institutional UPL in the cost effectiveness process.
- For all other payments made under the UPL, including supplemental payments, the costs should be included in the cost effectiveness calculations. This would apply to PCCM enrollees and to PAHP, PIHP or MCO enrollees if the institutional services were provided as FFS wrap around. The recipient of the supplemental payment does not matter for the purposes of this analysis.
- Pharmacy Rebate Factor Adjustment (Conversion Waivers Only) \*: Rebates that States receive from drug manufacturers should be deducted from Base Year costs if pharmacy services are included in the capitated base. If the base year costs are not reduced by the rebate factor, an inflated BY would result. Pharmacy rebates should also be deducted from FFS costs if pharmacy services are impacted by the waiver but not capitated.

Basis and Method:

	1.	Determine the percentage of Medicaid pharmacy costs that the rebates represent
		and adjust the base year costs by this percentage. States may want to make separate adjustments for prescription versus over the counter drugs and for different rebate percentages by population. States may assume that the rebates for the targeted population occur in the same proportion as the rebates for the total Medicaid population which includes accounting for Part D dual eligibles. Please account for this adjustment in Appendix D5.
	2.	The State has not made this adjustment because pharmacy is not an included
	3.	capitation service and the capitated contractor's providers do not prescribe drugs that are paid for by the State in FFS <b>or Part D for the dual eligibles</b> .  Other
		Please describe:
		^
		✓
1.	No adjustment w	vas made.
2.		was made. This adjustment must be mathematically accounted for in Appendix D5.
	Please describe	
		^

**Section D: Cost-Effectiveness** 

# **Part I: State Completion Section**

# K. Appendix D5 – Waiver Cost Projection

The State should complete these appendices and include explanations of all adjustments in Section D.I.I and D.I.J above.

Attachment 2 provides the 2014 Waiver renewal spreadsheets.

Attachment 2a- J D4 Narrative provides answers to specific questions asked in Section D where character limitation or formatting did not allow the complete answer.

#### Appendix D5 - Waiver Cost Projection

**Section D: Cost-Effectiveness** 

### **Part I: State Completion Section**

# L. Appendix D6 – RO Targets

The State should complete these appendices and include explanations of all trends in enrollment in Section D.I.E. above.

Attachment 2 provides D6 RO Targets for 2014 Waiver.

Attachment 2a-J D4 Narrative provides answers to specific questions asked in Section D where character limitation and/or formatting did not allow the complete answer.

#### **Appendix D6 – RO Targets**

**Section D: Cost-Effectiveness** 

### **Part I: State Completion Section**

### M. Appendix D7 - Summary

a. Please explain any variance in the overall percentage change in spending from BY/R1 to P2.

Overall, the variance in spending between R1 and P2 is impacted by inflationary cost increases and program change impacts described in great detail in Section D and Attachments to this waiver renewal.

- 1. Please explain caseload changes contributing to the overall annualized rate of change in Appendix D7 Column I. This response should be consistent with or the same as the answer given by the State in Section D.I.E.c & d:
  - Enrollment projections are based on historical enrollment trends and expectations for enrollment changes based on recent economic conditions. The changes in enrollment are primarily due to changes in economic conditions and general increases in the population. These forecasts include the Medicaid expansion population effective January 2014 related to the Affordable Care Act.
  - Effective April 1, 2016, these projections are also adjusted for to account for the transition of Clark and Skamania counties to Early Adopter / BHSO, as described above.
- 2. Please explain unit cost changes contributing to the overall annualized rate of change in Appendix D7 Column I. This response should be consistent with or the same as the answer given by the State in the State's explanation of cost increase given in Section D.I.I and D.I.J:

Mercer did not estimate cost changes separate from the utilization changes. Trend estimates do not duplicate the effect of any programmatic changes.

**3.** Please explain utilization changes contributing to the overall annualized rate of change in Appendix D7 Column I. This response should be consistent with or the same as the answer given by the State in the State's explanation of utilization given in Section D.I.I and D.I.J:

Mercer did not estimate cost changes separate from the utilization changes. Trend estimates do not duplicate the effect of any programmatic changes.

b. Please note any other principal factors contributing to the overall annualized rate of change in Appendix D7 Column I.

Print application selector for 1915(b)Waiver: WA.0008.R09.02 - Apr 01	. Page 95 of 95
	^
	$\vee$
Appendix D7 - Summary	