Module 7 Introduction
Washington State Resources Guide

Module 7 is a supplement to the other six modules. It contains phone numbers for local Washington State services.

Module 7 Index

<table>
<thead>
<tr>
<th>Service</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcoholics Anonymous</td>
<td>1</td>
</tr>
<tr>
<td>Educational Financial Aid Overviews</td>
<td>2</td>
</tr>
<tr>
<td>Financial Aid-Public</td>
<td>8</td>
</tr>
<tr>
<td>Housing Authorities</td>
<td>10</td>
</tr>
<tr>
<td>Legal Services</td>
<td>17</td>
</tr>
<tr>
<td>Mental Health Services</td>
<td>18</td>
</tr>
<tr>
<td>Parenting Resources</td>
<td>23</td>
</tr>
<tr>
<td>Planned Parenthood</td>
<td>24</td>
</tr>
<tr>
<td>Poisoning Hot Line</td>
<td>44</td>
</tr>
<tr>
<td>Protection and Advocacy System</td>
<td>44</td>
</tr>
<tr>
<td>Public and Private Schools</td>
<td>46</td>
</tr>
<tr>
<td>Social Security Forms</td>
<td>50</td>
</tr>
<tr>
<td>Substance Abuse and Chemical Dependency</td>
<td>51</td>
</tr>
<tr>
<td>Rehabilitation</td>
<td>54</td>
</tr>
<tr>
<td>WorkSource Centers</td>
<td>54</td>
</tr>
</tbody>
</table>
Alcoholics Anonymous Intergroup Phone Numbers in Washington State

http://anonpress.org/phone/wa.asp  Downloaded 1-10

Aberdeen  (360) 532-2691
BelThilevue website  (425) 454-9192
Bellingham  (360) 734-1688
Centralia  (360) 807-0902
Clarkston  (509) 758-2821
Cle Elum  (509) 649-3133
Colville  (509) 684-3000
Edmonds  (425) 672-0987
Everett  (425) 252-2525
Friday Harbor  (360) 378-3521
Ilwaco  (360) 642-2902
Kennewick website  (509) 735-4086
Kitsap County  (800) 562-7455
Longview  (360) 423-2520
North Beach  (360) 642-2902
Oak Harbor  (888) 360-1564
Okanogan  (509) 826-6299
Olympia website  (360) 352-7344
Port Angeles website  (360) 452-4212
Pullman  (208) 882-1597
Republic  (509) 826-6299
Roslyn  (509) 649-3133
Seattle website  (206) 587-2838
Snohomish  (425) 672-0987
Spanaway  (253) 474-8897
Spokane website  (509) 624-1442
Tacoma website  (253) 474-8897
Tumwater website  (360) 352-7344
Vancouver website  (360) 694-3870
Walla Walla  (509) 522-5059
Wenatchee  (509) 663-5104
Yakima  (509) 453-7680
Student Assistance Programs (US Department of Health and Human Services)
http://bhpr.hrsa.gov/dsa/index.htm
HHS provides a variety of scholarships, loans, and loan repayment programs for students in the health professions, through the Student Assistance Programs of the Health Resources and Services Admin. Find out if you’re eligible!
Visits: 516618

Student Aid on the Web (US Department of Education)
http://www.studentaid.ed.gov 1-800-433-3243
The official student gateway to federal financial aid, including eligibility, application, repayment, and more - plus self-service tools to help you prepare, choose, and apply for college. From the U.S. Department of Education.
Visits: 450694

FAFSA on the Web (SM) (US Department of Education)
http://www.fafsa.ed.gov 1-800-433-3243 or 1-319-337-5665
Apply for federal student aid online using the Department of Education's FAFSA (SM) on the Web. It's free, fast, easy, and accurate!
Visits: 216923

Applying for Federal Student Aid (US Department of Education)
http://studentaid.ed.gov/PORTALSWebApp/students/english/forms.jsp
1-800-4-FED-AID 1-800-433-3243
Applying for federal student aid has never been easier. Choose between three methods available to file the Free Application for Federal Student Aid (FAFSA).
Visits: 138409

Funding Education Beyond High School (US Department of Education)
1-800-4-FED-AID 1-800-433-3243
A comprehensive resource on student financial aid from the U.S. Department of Education. Tells you about grants, loans, and work-study programs available through the Federal Student Aid office, as well as how to apply for them.
Visits: 129520

Student Finance Calculators (US Department of Education)
http://www.ed.gov/offices/OSFAP/DirectLoan/calc.html
Phone: (800) 848-0979 or (315) 738-6634
Figure out how much you need to borrow for the school year and what it will cost to pay back your student loan. Interactive calculators for budgets, consolidation and monthly repayment calculations from the U.S. Department of Education.
Visits: 74298

Preparing for Your Education (US Department of Education)
http://studentaid.ed.gov/PORTALSWebApp/students/english/preparing.jsp
Education beyond high school can give you choices that may not otherwise be possible, open doors to better paying positions, and give you the opportunity to do the things you enjoy most. Find out what you need to do to prepare!

**TEACH Grant Program**


1-800-4-FED-AID (1-800-433-3243)

The TEACH Grant Program provides grants of up to four thousand dollars per year to students who intend to teach in a public or private elementary or secondary school that serves students from low-income families.

**Financial Aid Resources - Department of Defense Education Activity**

[http://www.dodea.edu/students/college_financialaid.cfm](http://www.dodea.edu/students/college_financialaid.cfm)

1-703-588-3200

The Financial Aid Resources page from the Department of Defense Education Activity (DODEA) provides information and links to help you find scholarships, grants, and other resources available to military dependents.

**Completing the FAFSA (SM) (US Department of Education)**


1-800-4-FED-AID (1-800-433-3243)

Need help completing the Free Application for Federal Student Aid? The Department of Education provides this helpful site with complete instructions, and phone numbers if you need more help. Links to the electronic FAFSA (SM), too.

**College.gov**


US Department Education 202-401-1576 or Fed Aid 1-800-433-3243

College.gov is intended to be the go-to source for information and resources about planning, preparing and paying for education beyond high school. It's intended to provide inspiration, hope, and encouragement for all students to continue their education.

**PIN Site (US Department of Education)**


1-800-4-FED-AID (1-800-433-3243)

The PIN serves as your identifier to let you access your personal information in various U.S. Department of Education systems. You may use this web site as your central online resource for making use of the PIN.

**Federal Aid First**


Thinking about attending college? Will you need a loan? If so, think Federal Aid First. Federal loans usually offer borrowers lower interest rates and have more flexible
repayment options than loans from banks or other private sources.
Visits: 9412

**OPPORTUNITY.gov**
New Educational Opportunities for Unemployed Workers.
Visits: 9038

**Financial Aid Center (US Department of Labor)**
**1-877-348-0502**
From the Department of Labor's CareerOneStop site, the Financial Aid Center can help you find information on how to get money to continue your lifelong learning and pay for the training to advance in your career.
Visits: 8655

**Agreement to Serve (ATS) - TEACH Grants**
**1-877-348-0502**
This Web site is for completing an electronic Agreement to Serve (ATS) in order to receive one or more Teacher Education Assistance for College and Higher Education Grants within the same school year to pay for your education.
Visits: 6719

**MyMilitaryEducation.org**
Created by MN Department of VA and MN Online to serve the unique higher education needs of veterans, military members and their families. Information about education benefits, state schools and related issues from a team of experienced advisors and counselors.
Visits: 5838

**Federal School Code Search - FAFSA (US Department of Education)**
**1-800-4-FED-AID (1-800-433-3243) or 1-319-337-5665.**
When you are filling out your FAFSA, use this search page to find the Federal School Code for your school.
Visits: 5273

**Financial Aid Wizard (US Department of Education)**
The Financial Aid Wizard allows you to plan out, in 7 easy steps, your entire financial aid package online. The wizard will help you find and calculate virtually everything you need for all schools of interest.
Visits: 5270

**Online Selective Service Registration (US Selective Service System)**
[http://www.sss.gov](http://www.sss.gov)  **1-888-655-1825**
Selective Service information and on-line registration and verification of registration for men between the ages of 18 and 26, a requirement for federal student aid eligibility.
Visits: 3198
FAFSA (SM)- en Espanol (Departamento de Educacion de los Estados Unidos)
Usted puede utilizar la version de Internet de la Solicitud Gratuita de Ayuda Federal para Estudiantes (Free Application for Federal Student Aid o FAFSA), FAFSA en la Web. Puede llenar y transmitir esta solicitud electronicamente.
Visits: 2982

Chapter 33 GI Bill Education Benefits
Individuals who are eligible for the new Post - 9/11 GI education benefit may begin using the benefit August 1, 2009 for training that begins on or after that date.
Visits: 2503

Total and Permanent Disability (TPD) Discharge - DOED
http://disabilitydischarge.ed.gov  1-800-433-7327
Online information resource center for Total and Permanent Disability (TPD) discharge of the federal student loans and the service obligation of Teacher Education Assistance for Higher Education (TEACH) Grants.
Visits: 1636

Funding Education Beyond High School- en Espanol
http://studentaid.ed.gov/students/publications/student_guide/spanish_index.html  1-800-433-3243
La Guia para estudiantes es la publicacion mas completa lidiando con ayuda economica para estudiantes del Departamento de Educacion de los Estados Unidos. (Funding Education Beyond High School - the Guide to Federal Student Aid in Spanish)
Visits: 1491

Federal Student Aid Natural Disaster Information
The U.S. Department of Education provides links to information the Department has posted related to the impact of the natural disasters on students, colleges, and financial institutions that participate in the federal student assistance programs.
Visits: 1176

Prepararse (Departamento de Educacion de los Estados Unidos)
http://studentaid.ed.gov/PORTALSWebApp/students/spanish/preparing.jsp  1-800-433-3243
Si usted sigue con sus estudios despues de la escuela secundaria, puede disponer de opciones que de otra manera serman imposibles, asm como conseguir puestos mejor remunerados y tener la oportunidad de hacer las cosas que mas le gusten.
Visits: 1141

U.S. Citizenship and Immigration Services (USCIS)
http://www.uscis.gov/portal/site/uscis  1-800-375-5283
US Citizenship and Immigration Services (USCIS) is the government agency that oversees lawful immigration to the United States of America.
Visits: 996

FinAid.org: The SmartStudent Guide to Financial Aid
http://www.finaid.org  1-877-AFC-4322
FinAid is a comprehensive source for student financial aid information, advice and tools.
Visits: 40645
Financial Aid Advisor (US Department of Labor)
http://www.acinet.org/acinet/finaidadvisor/default.asp?id=14%26nodeid=21
1-877-348-0502 and 1-877-872-5627
The Financial Aid Advisor can help you fund your career pathway. Answer a brief list of questions to see what you might qualify for, where to go for more complete information on eligibility, and how to apply.
Visits: 8746

College Access
http://going2college.org/StateResources/  no phone no. given.
The College Access Web site Going2College.org provides all the resources your state has on preparing for college, planning a career, finding and applying to college and what state aid is available to help pay for college.
Visits: 6748

Mapping Your Future
http://www.mappingyourfuture.biz/planyourcareer/  no phone no. given.
Sponsored by a group of federal student loan guaranty agencies, Mapping-Your-Future provides students and parents with information on planning a career, selecting a school, and paying for college.
Visits: 6668

Cash for College (Natl Assoc of Student Financial Aid Administrators)
http://www.nasfaa.org/SubHomes/Cash4college/index2.html  202-785-0453
Getting the education you want is possible. College isn't easy, but education after high school is within your reach. NASFAA's Cash for College page gives you the answers to common questions about student financial aid.
Visits: 3687

KnowHow2GO
http://www.knowhow2go.org/  877-433-7827
KnowHow2GO provides middle schoolers to adults extensive information on the value of continuing education after high school, how to prepare for college, the myths vs. realities about college and the availability of financial aid for college.
Visits: 3409

Should You Hire A Financial Aid Consultant? (NASFAA)
Considering hiring a financial aid consultant to help in your search for college funding? Before you do, be sure to read this important guidance for consumers, from the National Association of Financial Aid Administrators.
Visits: 796

Paying For College (Collegeboard.com)
Figure out what college really costs, what you can afford, and where to locate financial aid with advice from the College Board's experts and interactive tools.
Visits: 13557

Purpose

PELL GRANT PROGRAM DESCRIPTION  1-800-USA-LEARN 1-800-872-5327
The Federal Pell Grant Program provides need-based grants to low-income undergraduate and certain post baccalaureate students to promote access to postsecondary education. Students may use their grants at any one of approximately 5,400 participating postsecondary institutions. Grant amounts are dependent on:

- The student's expected family contribution (EFC) (see below);
- The cost of attendance (as determined by the institution);
- The student's enrollment status (full-time or part-time); and
- Whether the student attends for a full academic year or less.

Students may not receive Federal Pell Grant funds from more than one school at a time.

Financial need is determined by the U.S. Department of Education using a standard formula, established by Congress, to evaluate the financial information reported on the Free Application for Federal Student Aid (FAFSA) and to determine the family EFC. The fundamental elements in this standard formula are the student's income (and assets if the student is independent), the parents' income and assets (if the student is dependent), the family's household size, and the number of family members (excluding parents) attending postsecondary institutions. The EFC is the sum of: (1) a percentage of net income (remaining income after subtracting allowances for basic living expenses and taxes) and (2) a percentage of net assets (assets remaining after subtracting an asset protection allowance). Different assessment rates and allowances are used for dependent students, independent students without dependents, and independent students with dependents. After filing a FAFSA, the student receives a Student Aid Report (SAR), or the institution receives an Institutional Student Information Record (ISIR), which notifies the student if he or she is eligible for a Federal Pell Grant and provides the student's EFC.

FSA Handbook Federal Pell Grant Program

Federal Pell Grants are direct grants awarded through participating institutions to students with financial need who have not received their first bachelor's degree or who are enrolled in certain post baccalaureate programs that lead to teacher certification or licensure. Participating institutions either credit the Federal Pell Grant funds to the student's school account, pay the student directly (usually by check) or combine these methods. Students must be paid at least once per term (semester, trimester, or quarter); schools that do not use formally defined terms must pay the student at least twice per academic year.
Financial Assistance-Public

Washington State Department of Social and Health Services

General Information

- Send an E-mail
- **Mail:** DSHS Constituent Services
  PO Box 45130
  Olympia, WA 98504-5130
- **Phone:** 1-800-737-0617*

Websites

- Report abuse or neglect
- File a complaint
- Report fraud
- Find a local office
- Report a broken link

**Services Offered**

**Temporary Assistance for Needy Families (TANF)**

Cash help for families with children

**General Assistance Unemployable**

Cash help for individuals who are not able to work

**Working Connections Child Care**

Help for working families to pay for childcare

**Medical Assistance Programs**

Help with health care and medical expenses

**Child Support Services**

Help in getting child support

**DSHS Emergency Programs**

Programs that help in emergency situations

**Washington Basic Food Program**

Help with putting food on the table
Refugee Cash Assistance (RCA)
   Cash and medical help for refugees

First Steps Program
   Pregnancy Support Services

Family Planning Program
   Information on ways to avoid unintended pregnancies

ADATSA Program
   Help in getting drug or alcohol treatment

Find Other DSHS Services
   A directory of resources for DSHS Clients, Case Managers and Providers. (No Wrong Door)

Voter Registration Assistance
   Local offices can help you to register to vote.

https://fortress.wa.gov/dshs/f2ws03esaapps/onlinecso/findservice.asp (4-26-10)

Child Support Community Relations    1-800-457-6202
Child Support Payment System          1-800-468-7422
Food or food stamps - (Basic Food)     1-877-514-3663
Alcohol or substance abuse benefits   1-877-301-4557
Health care benefits                  1-800-562-3022
Information for providers             1-800-562-3022
Mental health benefits                1-888-713-6010
Report abuse or neglect               1-866-363-4276
Benefits questions (current clients only) 1-877-980-9220

Association of Washington Housing Authorities
http://www.awha.org/contact.html

- **Anacortes Housing Authority**, 719 Q Avenue, Anacortes, WA 98221
  
  Serving Counties: San Juan, Skagit
  Phone: (360) 293-7831 Email: aha@fidalgo.net
  Fax: (360) 293-8998, Web Site: N/A

- **Housing Authority of Asotin County**, 1212 Fair Street, Clarkston, WA 99403
  
  Serving Counties: Asotin
  Phone: (509) 758-5751, Email: mema@clearwire.net
  Fax: (509) 758-8156, Web Site: N/A

- **Bellingham/Whatcom County Housing Authority**, P.O. Box 9701, Bellingham, WA 98227-9701
  
  Serving Counties: Whatcom
  Phone: (360) 676-6887, Email: jharmon@bwcha.org
  Fax: (360) 676-7696, Web Site: www.bellinghamhousing.org

- **Bremerton Housing Authority**, 110 Russell Rd, P.O. Box 4460, Bremerton, WA 98312
  
  Serving Counties: Kitsap, Mason, Jefferson
  Phone: (360) 479-3694, Email: bha@bremertonhousing.org
  Fax: (360) 616-8558, Web Site: www.bremertonhousing.org
  TDD/TTY: (360) 377-8606

- **Housing Authority of Chelan County & the City of Wenatchee**, 1555 South Methow, Wenatchee, WA 98801
  
  Serving Counties: Chelan, Douglas
  Phone: (509) 663-7421, Email: alicia@ccwha.com
  Fax: (509) 663-4761, Web Site: N/A
• **Clallam County Housing Authority**, 2603 South Francis Street, Port Angeles, WA 98362

  Serving Counties: Clallam  
  **Phone: (360) 452-7631**, Email: ptietz@hacc-housing.org  
  Fax: (360) 457-7001, Web Site: [www.hacc-housing.org](http://www.hacc-housing.org)

• **Columbia Gorge Housing Authority**, P.O. Box 1703, White Salmon, Washington 98672  
  Main Office: 312 Court Street - Suite 419, The Dalles, Oregon 97058

  Serving Counties: Klickitat and Skamania  
  **Phone: (888) 356-8919**,  
  Main Switchboard: (541) 296-5462,  
  Deaf Community Relay WA: (800) 833-6384,  
  Email: info@mid-columbiahousingauthority.org  
  Fax: (541) 296-8570, Web Site: [www.mid-columbiahousingauthority.org](http://www.mid-columbiahousingauthority.org)

• **Everett Housing Authority**, 3107 Colby Avenue, P.O. Box 1547, Everett, WA 98206-1547

  Serving Counties: Snohomish  
  **Phone: (425) 258-9222**, Email: buda@evha.org  
  Fax: (425) 303-1122, Web Site: [www.evha.org](http://www.evha.org)

• **Housing Authority of Grant County**, 1139 Larson Boulevard, Moses Lake, WA 98837

  Serving Counties: Grant  
  **Phone: (509) 762-5541**, Email: jpoling@hagc.net  
  Fax: (509) 762-2202, Web Site: [www.hagc.net](http://www.hagc.net)

• **Housing Authority of Grays Harbor County**, 602 East First Street, Aberdeen, WA 98520

  Serving Counties: Grays Harbor  
  **Phone: (360) 532-0570**, Email: dorothy@hagh.com  
  Fax: (360) 532-0775, Web Site: N/A

• **Housing Authorities Risk Retention Pool**, 2500 Main Street, Suite 120, Vancouver, Washington 98660
Serving Counties: Statewide
**Phone: (360) 694-3500, Email: staff@harrp.com**
Fax: (360) 694-3600, Web Site: www.HARRP.com

- **Housing Authority of Island County**, 7 NW 6th Street, Coupeville, WA 98239-3400

  Serving Counties: Island
  **Phone: (360) 678-4181, Email: info@islandcountyha.org**
  Fax: (360) 678-6969, Web Site: N/A

- **Housing Authority of Jefferson County**, 5210 Kuhn Street, Port Townsend, WA 98368

  Serving Counties: Jefferson
  **Phone: (360) 379-2565, Email: bha@bremertonhousing.org**
  Fax: (360) 379-2561, Web Site: www.jeffersonhousing.org

- **Housing Authority of the City of Kalama**, 226 Cloverdale Rd., Kalama, WA 98625

  Serving Counties: Cowlitz
  **Phone: (360) 673-3444, Email: kalhsng@comcast.net**
  Fax: (360) 673-2873, Web Site: N/A

- **Kelso Housing Authority**, 1415 South 10th, Kelso, WA 98626

  Serving Counties: Cowlitz
  **Phone: (360) 423-3490, Email: mpolmsted@kelsoha.org**
  Fax: (360) 577-6694, Web Site: www.kelsoha.org

- **Housing Authority City of Kennewick**, 1915 W. 4th Place, Kennewick, WA 99336

  Serving Counties: Benton
  **Phone: (509) 586-8576, Email: karlenen@kennewickha.org**
  Fax: (509) 582-7544, Web Site: N/A

- **King County Housing Authority**, 600 Andover Park West, Seattle, WA 98188
• **Kitsap County Consolidated Housing Authority**, 9307 Bayshore Dr NW, Silverdale, WA 98383-9113

  Serving Counties: Kitsap
  **Phone:** (360) 535-6100, **Email:** kccha@kccha.org
  Fax: (360) 535-6107, **Web Site:** www.kccha.com

• **Housing Authority of Kittitas County**, 107 West 11th Ave., Ellensburg, WA 98926

  Serving Counties: Kittitas
  **Phone:** (509) 962-9006, **Email:** housingauthority@fairpoint.net
  Fax: (509) 962-3575, **Web Site:** www.fairpoint.net/housingauthority

• **Longview Housing Authority**, 1207 Commerce Avenue, Longview, WA 98632

  Serving Counties: Cowlitz, Lewis, Pacific, Wahkiakum
  **Phone:** (360) 423-0140 x 15, **Email:** cpegg@longviewha.org
  Fax: (360) 577-8818, **Web Site:** www.longviewha.org

• **Mason County Housing Authority**, 807 W. Railroad Avenue, P.O. Box 1459, Shelton, WA 98584

  Serving Counties: Mason
  **Phone:** (360) 426-9726 ext. 106, **Email:** bha@bremertonhousing.org
  Fax: (360) 427-4222, **Web Site:** N/A

• **Okanogan County Housing Authority**, P.O. Box 1306, Okanogan, WA 98840

  Serving Counties: Okanogan
  **Phone:** (509) 422-3721, **Email:** claudia_ocha@communitynet.org
  Fax: (509) 422-1713, **Web Site:** N/A

• **Housing Authority of Oroville**, P.O. Box 1242, Oroville, WA 98844
• **Othello Housing Authority**, 335 N. Third Street, Othello, WA 99344
  
  Serving Counties: Adams  
  **Phone:** (509) 488-3527, Email: ahanks@othellohousing.com  
  Fax: (509) 488-9769, Web Site: [www.othellohousing.com](http://www.othellohousing.com)

• **Joint Pacific County Housing Authority**, 1207 Commerce Avenue, Longview, WA 98632
  
  Serving Counties: Cowlitz, Pacific, Wahkiakum  
  **Phone:** (360) 423-0140 x 15, Email: cpegg@longviewha.org  
  Fax: (360) 577-8818, Web Site: [www.longviewha.org](http://www.longviewha.org)

• **Housing Authority of the City of Pasco and Franklin County**, 2505 W. Lewis Street, Pasco, WA 99301
  
  Serving Counties: Franklin  
  **Phone:** (509) 547-3581, Email: info@hacpfc.org  
  Fax: (509) 547-4997, Web Site: N/A

• **Pierce County Housing Authority**, P.O. Box 45410, Tacoma, WA 98445-0410
  
  Serving Counties: Pierce  
  **Phone:** (253) 620-5400, Email: khull@pchawa.org  
  Fax: (253) 620-5455, Web Site: [www.pchawa.org](http://www.pchawa.org)

• **Renton Housing Authority**, 2900 NE 10th Street, P.O. Box 2316, Renton, WA 98056
  
  Serving Counties: King  
  **Phone:** (425) 226-1850, Email: tlt@rentonhousing.org  
  Fax: (425) 271-8319, Web Site: [www.rentonhousing.org](http://www.rentonhousing.org)

• **Republic/Ferry County Joint Housing Authority**, 83-1 N. Kauffman Street, Republic, WA 99166
Richland Housing Authority, 1215 Thayer Drive, Richland, WA 99352
Phone: (509) 775-3924, Email: fcha@rcabletv.com
Fax: (509) 775-1082, Web Site: N/A

Seattle Housing Authority, 120 Sixth Avenue, North, Seattle, WA 98109-5003
Phone: (206) 615-3300, Email: execdirector@seattlehousing.org
Fax: (206) 615-3504, Web Site: www.seattlehousing.org

Housing Authority of Skagit County, 1650 Port Drive, Burlington, WA 98233
Phone: (360) 428-1959, Email: hasc@skagitcountyha.org
Fax: (360) 424-6005, Web Site: N/A

Snohomish County Housing Authority, 12625 4th Avenue W., Suite 200, Everett, WA 98204
Phone: (425) 290-8499, Email: RED@hasco.org
Fax: (425) 290-5618, Web Site: www.hasco.org

Northeast Washington Housing Solutions, 55 West Mission, Spokane, WA 99201
Phone: (509) 328-2953, Email: scervantes@spokanehousing.org
Fax: (509) 323-2366, Web Site: www.spokanehousing.org

Housing Authority of Sunnyside, Washington, 204 South 13th Street, Sunnyside, WA 98944
- **Tacoma Housing Authority**, 902 South L Street, Suite 2A, Tacoma, WA 98405
  
  Serving Counties: Pierce  
  **Phone**: (253) 207-4400, Email: mmirra@tacomahousing.org  
  Fax: (253) 207-4440, Web Site: www.tacomahousing.org

- **Housing Authority of Thurston County**, 1206 12th Avenue SE, Olympia, WA 98501
  
  Serving Counties: Thurston  
  **Phone**: (360) 753-8292, Email: admin@hatc.org  
  Fax: (360) 586-0038, Web Site: www.hatc.org

- **Vancouver Housing Authority**, 2500 Main Street, Suites 100-200, Vancouver, WA 98660-2697
  
  Serving Counties: Clark  
  **Phone**: (360) 694-2501, Email: webmaster@vhausa.com  
  Fax: (360) 993-9594, Web Site: www.vhausa.com

- **Walla Walla Housing Authority**, 501 Cayuse Street, Walla Walla, WA 99362
  
  Serving Counties: Walla Walla  
  **Phone**: (509) 527-4542, Email: reneer@wallawallaha.org  
  Fax: (509) 527-4574, Web Site: www.wallawallaha.org

- **Housing Authority of the City of Yakima**, 810 N. 6th Avenue, Yakima, WA 98902
  
  Serving Counties: Yakima  
  **Phone**: (509) 453-3106, Email: Yha_ed@yak-pha.org  
  Fax: (509) 453-3111, Web Site: www.yak-pha.org
Legal Services
Northwest Health law Advocates
http://nohla.org/infoAnalysis/WAresidents/WAresidents.php

206-325-6464

Tenants Union of Washington State
http://tenantsunion.org/education/66/HowtoGetHelpfromtheTenantsUnion

Washington Law Help
http://washingtonlawhelp.org/WA/StateSubTopics.cfm/County/%20/CountyCity/%20/demoMod
e=%201/Language/1/State/WA/TextOnly/N/ZipCode/%20/LoggedIn/0/iTopicID/865/sTo
picImage/g-housing.gif/bAllState/0

Northwest Justice Project, Washington’s publicly funded legal aid program
206.464.1519.

University of Washington, Law Library http://lib.law.washington.edu/ref/legalinfo.html

Welcome to the Northwest Justice Project (NJP), Washington’s publicly funded legal aid program 206 723-0500

Washington State Office of the Attorney General

As the chief legal office for the state of Washington, AGO attorneys and staff, in 27 divisions across the state provide legal services to more than 230 state agencies, boards and commissions. We help citizens through antitrust enforcement and consumer protection and protect the environment and utility customers. 1-800-551-4636 (in-state only) 1-206-464-6684 (out-of-state callers

Washington Bar Association Landlord Tenant Rights questions@wsba.org
http://www.wsba.org/media/publications/pamphlets/landlord-tenant.htm

- Toll-free: 800-945-WSBA (9722)
- Local: 206-443-WSBA (9722)

Washington State Department of Health Consumer Assistance - Questions about public health

(800) 525-0127

ordering vital records including: birth, death, marriage, divorce certificates

- 360- 236-4300
- Email contactchs@doh.wa.gov

**Mental Health Services**
SAMHSA’s National mental Health Information Center
http://mentalhealth.samhsa.gov/publications/allpubs/stateresourceguides/Washington01.asp  Downloaded 3-18-10

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**State Mental Health Agency**
For more information about admission, care, treatment, release, and patient follow-up in public or private psychiatric residential facilities, contact your State mental health agency:

Richard E. Kellogg, Director  
Mental Health Division  
Department of Social and Health Services  
P.O. Box 45320  
1115 Washington Street  
Olympia, WA 98504-5320  
Phone: 360-902-8070  
Toll-free: 800-446-0259  
Fax: 360-902-0809  
Internet: www1.dshs.wa.gov/mentalhealth

*Spanish language assistance available*

**State Substance Abuse Agency**
Contact your State substance abuse agency for information about treatment and care of substance abuse disorders:

Doug Allen, Director  
Division of Alcohol and Substance Abuse  
Department of Social and Health Services  
612 Woodland Square Loop SE,  
Building C, MS:45330  
Olympia, WA 98504-5330  
Phone: 206-722-3700  
Toll-free: 877-301-4557  
Fax: 360-438-8057  
E-mail: DASAIInformation@dshs.wa.gov  
Internet: www1.dshs.wa.gov/dasa
State Protection and Advocacy Agency
Each State has a protection and advocacy agency that receives funding from the Federal Center for Mental Health Services. Agencies are mandated to protect and advocate for the rights of people with mental illnesses and to investigate reports of abuse and neglect in facilities that care for or treat individuals with mental illnesses. These facilities, which may be public or private, include hospitals, nursing homes, community facilities, board and care homes, homeless shelters, jails, and prisons. Agencies provide advocacy services or conduct investigations to address issues that arise during transportation or admission to such facilities, during residency in them, or within 90 days after discharge from them. Contact:

The Washington Protection and Advocacy System
315 Fifth Avenue South, Suite 850
Seattle, WA 98104
Phone: 206-324-1521
Toll Free: 800-562-2702
TDD: 800-905-0209
Fax: 206-957-0729
E-mail: wpas@wpas-rights.org
Internet: www.wpas-rights.org

Spanish language assistance available

Centers for Medicare and Medicaid Services (CMS)
The Centers for Medicare and Medicaid Services, which is part of the Department of Health and Human Services, investigates some complaints about treatment facilities that receive Medicare and Medicaid funding. For further information at the national level, contact:

Centers for Medicare and Medicaid Services
7500 Security Boulevard
Baltimore, MD 21244-1850
Phone: 410-786-3000
Toll-free: 877-267-2323
TDD: 866-226-1819
E-mail: question@cms.gov
Internet: www.CMS.gov

You may also share your concerns with staff at the Centers for Medicare and Medicaid Services office in your area, which is Region 10. The regional office address and telephone number are:

Office of the Regional Administrator
Centers for Medicare and Medicaid Services
2201 6th Ave, Suite 801
Seattle, WA 98121
Advocacy Organizations

Mental Health America (formerly the National Mental Health Association) maintains a referral and information center and can help you locate local chapters. These local groups have information about community services and act as advocates for people unable to represent themselves. For more information about the association, write or call:

Mental Health America Resource Center
2000 North Beauregard Street - 6th Floor
Alexandria, VA 22311
Phone: 703-684-7722
Toll-free: 800-969-6642
TDD: 800-433-5959
Fax: 703-684-5968
E-mail: infoctr@nmha.org
Internet: www.nmha.org

The National Alliance on Mental Illness maintains a helpline for information on mental illnesses and referrals to local groups. The local self-help groups have support and advocacy components and offer education and information about community services for families and individuals. For information about the Alliance's affiliates and activities in your State, contact:

NAMI Washington State
500 108th Avenue NE, Suite 800
Bellevue, WA 98004-5580
Phone: 425-990-6404
Toll Free: 800-782-9264
E-mail: office@nami-greaterseattle.org

Statewide consumer organizations are run by and for consumers of mental health services and promote consumer empowerment. These organizations provide information about mental health and other support services at the State level and are active in addressing and advocating for mental health system issues. For information about consumer activities in your area, contact:

Capital Club House
618 7th Avenue, SE
Olympia, WA 98501
Phone: 360-357-2582
Fax: 360-357-2821
Office of Consumer Affairs
Mental Health Division
Department of Social and Health Services
P.O. Box 45320
1115 Washington Street
Olympia, WA 98504-5320
Toll-free: 800-446-0259
Fax: 360-902-0809
Internet: www.wa.gov/dshs

The National Mental Health Consumers' Self-Help Clearinghouse, funded partly by the Center for Mental Health Services, promotes and helps to develop consumer-run self-help groups across the country. Technical assistance and materials are available on such topics as organizing groups, fundraising, leadership development, incorporating, public relations, advocacy, and networking. For more information, contact:

The National Mental Health Consumers' Self-Help Clearinghouse
1211 Chestnut Street, Suite 1207
Philadelphia, PA 19107
Phone: 215-751-1810
Toll-free: 800-553-4KEY (539)
Fax: 215-636-6312
E-mail: info@mhselfhelp.org
Internet: www.mhselfhelp.org

The National Empowerment Center is a Technical Assistance Center run by mental health consumers/survivors. The Center's mission is to carry a message of recovery, empowerment, hope and healing to people who have been diagnosed with mental illness. The Center provides information and referrals to consumer/survivor resources nationwide and offers technical assistance to individuals and groups involved in consumer empowerment activities. The Center distributes recovery-related publications and sponsors education and training activities. For information on consumer/survivor activities in your area, contact:

The National Empowerment Center
599 Canal Street
Lawrence, MA 01840
Phone: 978-685-1494
Toll-free: 800-769-3728
Fax: 978-681-6426
E-mail: info4@power2u.org
Internet: www.power2u.org
The Consumer Organization & Networking Technical Assistance Center (CONTAC), funded by the Center for Mental Health Services, is a resource center for consumers/survivors and consumer-run organizations across the United States. Services and products include informational materials; on-site training and skill-building curricula; electronic and other communication capabilities; networking and customized activities promoting self-help, recovery, leadership, business management, and empowerment. For more information contact:

Consumer Organization & Networking Technical Assistance Center (CONTAC)
P.O. Box 11000
Charleston, WV 25339
Phone: 304-345-7312
Toll-free: 888-825-TECH (8324)
Fax: 304-345-7303
E-mail: usacontac@contac.org
Internet: www.contac.org

Other Sources of Information

**Eating Disorders**

To find information about and therapists treating eating disorders you can go to websites: [http://www.edreferral.com/states/wa.html](http://www.edreferral.com/states/wa.html) or [http://www.edtreatmentcenters.com/washington.php](http://www.edtreatmentcenters.com/washington.php) or hot line **1-800-941-5313**

**Girls Incorporated** is a national nonprofit youth organization dedicated to inspiring all girls to be strong, smart, and bold. With roots dating to 1864, Girls Inc has provided vital educational programs to millions of American girls, particularly those in high-risk, underserved areas. Today, innovative programs help girls confront subtle societal messages about their value and potential, and prepare them to lead successful, independent, and fulfilling lives. [Girls Inc.](https://www.girlsinc-online.org/) Inspiring Girls to be Strong, Smart and Bold.

There are many sources of information that you can tap. Your area mental health authority, which is generally a part of the local government, may be useful. Other branches of your city or county government also may be able to help. For example, the education office might have information about help for children, and the agency for the aging might know about services for senior citizens. In addition, your family physician or area hospital may be able to make referrals. For legal advice, contact your local bar association or go to [www.findlegalhelp.org](http://www.findlegalhelp.org). In addition, your local library and telephone yellow pages may have resource lists for sources of help in your community.
Parenting Resources

http://parenting.wsu.edu/resources/index.htm viewed 1-21-10

Links outside Washington State University provide an option for finding further information on a variety of Parent Education Resources. No endorsement of products or information is implied.

Family Development Information from the National Cooperative State Research Education and Extension Service. You will find updates on what family life specialists across the country are doing.

Children, Youth and Families Education and Research Network Resources for youth, parents and professionals. Lots of interesting places to go and free resources for all. This rich site is a service of the Cooperative Extension System.

Human Development and Family Life Education Resource Center of The Ohio State University Fact sheets, bulletins for parent educators to use in their classes, evaluation help, and other great resources. Check it out!

National Network for Child Care Cooperative Extension System's National Network for Child Care is your link to an array of resources to support childcare professionals, parents and guardians do the best job possible of caring for children. The site has newsletters, resources on a variety of topics and ways for you to engage with colleagues and specialists in the child care arena.

Strengthening Families Program for Parents and Youth 10-14 Years WSU Cooperative Extension is working with partners in various communities across the state to bring this award-winning program to Washington families. Find out about local programs, training, research and materials and link to the original program research at Iowa State University.

Talaris Research Institute Talaris Research Institute is dedicated to advancing knowledge of early brain development for all who nurture children. Talaris is affiliated with the Center for Mind, Brain, and Learning at the University of Washington and sponsors research conducted by some of the scientists at the Center. Talaris Research Institute provides useful updates on relevant research that can be read and used by parenting educators, teachers, parents and caregivers. This link will take you directly to the Talaris Research Spotlights page. Visit it regularly for updates.

WonderWise Parent Check out this award winning resource developed by Dr. Charles Smith of Kansas State University. This is a joy to behold. It is full of imagination, wonder and great
information for professionals, students, and parents. You can take a class on-line or do a self-study. The photos and graphics are a visual treat and the content is superb.

**Zero to Three Website**
Resources for parents and professionals totally devoted to infants and toddlers.

**A World of Possibilities - Skills for Creating Happiness and Blessing Others**
"A World of Possibilities" teaches a set of core skills that have application in nearly every area of life. Mastering these skills enables one to be calmer, happier, more energetic, and more effective. He or she becomes a better citizen, parent, spouse, partner, friend, co-worker better at just about anything. The program is flexible, easy-to-use, and enjoyable; it's ideal for both individuals and groups; it enhances creativity and productivity; and it fosters healthy relationships while opening up new worlds of possibility, both individually and collectively. Developed by University of Kentucky Cooperative Extension Service.

**Planned Parenthood Phone Numbers and Address**

http://www.plannedparenthood.org/health-center/findCenter.asp  Downloaded 1-10

**Bellevue Health Center**

1420 156th NE #C Bellevue WA 98007

P: 800.230.7526

F: 425.957.1161

**Services Offered**

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men’s Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women’s Health Services
Bellingham Clinic

Bellingham

1530 Ellis Street Bellingham WA 98225

P: 360.734.9095
F: 360.715.8416

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men’s Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women’s Health Services

Bellingham Community Service Office

Bellingham

4101 Guide Meridian Bellingham WA 98226

P 360.734.9095

Services Offered

- Abortion Referral
- Birth Control Services
- Emergency Contraception
- LGBT Services
- Patient Education
- Pregnancy Testing, Options & Services

Bremerton Health Center

Bremerton
Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men’s Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women’s Health Services

Centralia Health Center

Centralia

1020 W Main Street Centralia WA 98531

P: 800.230.7526

F: 360.330.5791

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men’s Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women’s Health Services
Cheney Express Clinic

Cheney

301 Second Street Cheney WA 99004

P: 509.326.2142

F: 509.235.6017

Services Offered

• Abortion Referral
• Birth Control Services
• Emergency Contraception
• LGBT Services
• Patient Education
• Pregnancy Testing, Options & Services

Ellensburg Health Center

Ellensburg

312 North Pine Street Ellensburg WA 98926

P: 866.904.7721

F: 509.925.6732

Services Offered

• Abortion Services
• Birth Control Services
• Emergency Contraception
• General Health Care
• HPV & Hepatitis Vaccines
• LGBT Services
• Men’s Health Services
• Patient Education
• Pregnancy Testing, Options & Services
• STD Testing & Treatment
• Women’s Health Services

Everett Health Center

Everett
1509 32nd St., PO Box 1051 Everett WA 98206
P: 800.230.7526
F: 425.259.1533

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men’s Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women’s Health Services

Federal Way Health Center

Federal Way

1105 S 348th Street #B103 Federal Way WA 98003
P: 800.230.7526
F: 253.661.9132

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men’s Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women’s Health Services
**Friday Harbor Clinic**

**Friday Harbor**

535 Market St, Ste E Friday Harbor WA 98250

P: 360.378.6010

F: 360.378.6050

**Services Offered**

- Abortion Referral
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men’s Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women’s Health Services

**Issaquah Health Center**

**Issaquah**

75 NW Dogwood Street, Suite B Issaquah WA 98027

P: 800.230.7526

F: 425.369.0725

**Services Offered**

- Abortion Referral
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men’s Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women’s Health Services

**Kenmore Health Center**

**Kenmore**

6610 NE 181st #2 Kenmore WA 98028

P: 800.230.7526

F: 425.482.1881

**Services Offered**

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men’s Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women’s Health Services

**Kennewick Health Center**

**Kennewick**

7426 West Bonnie Place Kennewick WA 99336

P: 866.904.7721

F: 509.735.2587

**Services Offered**

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
• HPV & Hepatitis Vaccines
• LGBT Services
• Men’s Health Services
• Patient Education
• Pregnancy Testing, Options & Services
• STD Testing & Treatment
• Women’s Health Services

Kent Valley Health Center

Kent

10056 SE 240th #A Kent WA 98031

P: 800.230.7526
F: 253.850.2982

Services Offered

• Abortion Referral
• Birth Control Services
• Emergency Contraception
• General Health Care
• HIV Testing
• HPV & Hepatitis Vaccines
• LGBT Services
• Men’s Health Services
• Patient Education
• Pregnancy Testing, Options & Services
• STD Testing & Treatment
• Women’s Health Services

Lynnwood Health Center

Lynnwood

19505 76th Ave W. 200 Lynnwood WA 98036

P: 800.230.7526
F: 425.778.3866

Planned Parenthood of the Great Northwest

Services Offered
• Abortion Services
• Birth Control Services
• Emergency Contraception
• General Health Care
• HIV Testing
• HPV & Hepatitis Vaccines
• LGBT Services
• Men’s Health Services
• Patient Education
• Pregnancy Testing, Options & Services
• STD Testing & Treatment
• Women’s Health Services

**Marysville Health Center**

**Marysville**

10210 State Ave. Marysville WA 98271

P: 800.230.7526

F: 360.658.6987

**Services Offered**

• Abortion Services
• Birth Control Services
• Emergency Contraception
• General Health Care
• HIV Testing
• HPV & Hepatitis Vaccines
• LGBT Services
• Men’s Health Services
• Patient Education
• Pregnancy Testing, Options & Services
• STD Testing & Treatment
• Women’s Health Services

**Mt. Vernon Clinic**

**Mt Vernon**

900 E College Way #120 Mt Vernon WA 98273

P: 360.848.1744
Services Offered

- Abortion Referral
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Mt. Vernon Community Service Office

Mt. Vernon

900 E. College Way, Suite 102 Mt. Vernon WA 98273

P: 360.848.1744

Services Offered

- Abortion Referral
- LGBT Services
- Patient Education
- Pregnancy Testing, Options & Services

Oak Harbor Health Center

Oak Harbor

3159 N Goldie Road, PO Box 837 Oak Harbor WA 98277

P: 800.230.7526

F: 360.679.4019

Services Offered

- Abortion Services
- Birth Control Services
• Emergency Contraception
• General Health Care
• HIV Testing
• HPV & Hepatitis Vaccines
• LGBT Services
• Men’s Health Services
• Patient Education
• Pregnancy Testing, Options & Services
• STD Testing & Treatment
• Women’s Health Services

**Olympia Health Center**

**Olympia**

402 Legion Way, Suite 201 Olympia WA 98501

P: 800.230.7526

F: 360.754.5793

**Services Offered**

• Abortion Services
• Birth Control Services
• Emergency Contraception
• General Health Care
• HIV Testing
• HPV & Hepatitis Vaccines
• LGBT Services
• Men’s Health Services
• Patient Education
• Pregnancy Testing, Options & Services
• STD Testing & Treatment
• Women’s Health Services

**Pullman Health Center**

**Pullman**

1205 SE Professional Mall Blvd. Suite 105 Pullman WA 99163

P: 509.326.2142

F: 509.334.5411
Services Offered

- Abortion Referral
- Birth Control Services
- Emergency Contraception
- HIV Testing
- LGBT Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment

Puyallup Health Center

Puyallup

702-30th Ave SW Puyallup WA 98373

P: 800.230.7526
F: 253.864.8548

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men’s Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women’s Health Services

Seattle Health Center

Seattle

2001 E Madison Seattle WA 98122

P: 800.230.7526
F: 206.328.7520
Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men’s Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women’s Health Services

University District Health Center

Seattle

4500 9th Ave NE #324 Seattle WA 98105

P: 800.230.7526

F: 206.633.0838

Planned Parenthood of the Great Northwest

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men’s Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women’s Health Services

University District Roosevelt Health Center

Seattle
5020 Roosevelt Way NE Seattle WA 98105

P: 800.230.7526
F: 206.729.0499

Services Offered

• Abortion Referral
• Birth Control Services
• Emergency Contraception
• General Health Care
• HIV Testing
• HPV & Hepatitis Vaccines
• LGBT Services
• Men’s Health Services
• Patient Education
• Pregnancy Testing, Options & Services
• STD Testing & Treatment
• Women’s Health Services

West Seattle Health Center

Seattle

9641 28th Avenue SW Seattle WA 98126

P: 800.230.7526
F: 206.935.5623

Services Offered

• Abortion Services
• Birth Control Services
• Emergency Contraception
• General Health Care
• HIV Testing
• HPV & Hepatitis Vaccines
• LGBT Services
• Men’s Health Services
• Patient Education
• Pregnancy Testing, Options & Services
• STD Testing & Treatment
• Women’s Health Services
**Shelton Health Center**

**Shelton**

2505 Olympic Hwy N, #400 Shelton WA 98584

P: 800.230.7526

F: 360.426.1409

**Services Offered**

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men’s Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women’s Health Services

**Silverdale Health Center**

**Silverdale**

10030 Silverdale Way Suite 106 Silverdale WA 98383

P: 800.230.7526

F: 360.307.0943

**Services Offered**

- Abortion Referral
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men’s Health Services
- Patient Education
• Pregnancy Testing, Options & Services
• STD Testing & Treatment
• Women’s Health Services

Francis Clinic

Spokane

1925 East Francis Spokane WA 99207

P: 509.326.2142

Services Offered

• Abortion Referral
• Birth Control Services
• Emergency Contraception
• LGBT Services
• Patient Education
• Pregnancy Testing, Options & Services
• STD Testing & Treatment

Indiana Health Center

Spokane

123 E Indiana Ave Suite 100 Spokane WA 99207

P: 509.326.2142

F: 509.326.4926

Services Offered

• Abortion Services
• Birth Control Services
• Emergency Contraception
• HIV Testing
• LGBT Services
• Patient Education
• Pregnancy Testing, Options & Services
• STD Testing & Treatment

Valley Health Center

Spokane
Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- HIV Testing
- LGBT Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment

Sunnyside

2934 Covey Lane Sunnyside WA 98944

P: 866.904.7721
F: 509.837.7322

Services Offered

- Abortion Referral
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men’s Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women’s Health Services

Tacoma Health Center

Tacoma
813 Martin Luther King Jr. Way Tacoma WA 98405

P: 800.230.7526
F: 253.272.2718

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men’s Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

University Place Express Health Center

University Place

2607 Bridgeport Way University Place WA 98465

P: 800.230.7526
F: 253.564.1401

Services Offered

- Abortion Referral
- Birth Control Services
- Emergency Contraception
- General Health Care
- HPV & Hepatitis Vaccines
- LGBT Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Salmon Creek
Vancouver

2105 NE 129th Street, Suite 105 Vancouver WA 98686

P: 888.875.7820

Services Offered

- Abortion Referral
- Birth Control Services
- Emergency Contraception
- HIV Testing
- LGBT Services
- Men’s Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women’s Health Services

Vancouver Center

Vancouver

5500 NE 109th Court Suite A Vancouver WA 98662

P: 888.875.7820

F: 360.694.1631

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men’s Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women’s Health Services

Walla Walla

Walla Walla
Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Yakima

1117 Tieton Drive Yakima WA 98902 1117

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men’s Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women’s Health Services
Poisoning

If you have a poison emergency or want information on poisoning control, you can call the Washington Poison Center at: **1-800 222 1222** or go on the internet at website: [http://www.wapc.org/](http://www.wapc.org/)

Washington

Protection & Advocacy System

*Where can I find more information on employment discrimination?*

You can call or write the following organizations for more information:

<table>
<thead>
<tr>
<th>Northwest ADA/IT Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oregon Health &amp; Science University</td>
</tr>
<tr>
<td>P.O. Box 574</td>
</tr>
<tr>
<td>Portland, OR 97204-0574</td>
</tr>
<tr>
<td>Voice/TTY: 1-800-949-4232</td>
</tr>
<tr>
<td>Email: <a href="mailto:nwada@ohsu.edu">nwada@ohsu.edu</a></td>
</tr>
<tr>
<td>Web site: <a href="http://www.nwada.org">www.nwada.org</a></td>
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<table>
<thead>
<tr>
<th>U.S. Equal Employment Opportunity Commission</th>
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<tbody>
<tr>
<td>909 First Avenue, Suite 400</td>
</tr>
<tr>
<td>Seattle, WA 98104</td>
</tr>
<tr>
<td>Voice: 1-800-669-3362</td>
</tr>
<tr>
<td>TTY: 206-220-6882</td>
</tr>
<tr>
<td>Web site: <a href="http://www.eeoc.gov">www.eeoc.gov</a></td>
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<table>
<thead>
<tr>
<th>Washington State Human Rights Commission</th>
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</thead>
<tbody>
<tr>
<td>Olympia Office: For Complaints from Western Washington and the Olympics,</td>
</tr>
<tr>
<td>Office Name</td>
</tr>
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To obtain this information in an alternate format, please contact the Commission's ADA Coordinator in the Seattle Office.

**US Department of Justice**

Civil Rights Division  
P.O. Box 66118  
Washington, DC 20035  
(202) 514-0301  
www.usdoj.gov/crt/ada
### Public and Private Schools

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<tr>
<th>University Name</th>
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<td>Charter College</td>
<td>Pasco</td>
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<tr>
<td>DeVry University</td>
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<tr>
<td>Everest College</td>
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<tr>
<td>International Academy of Design &amp; Technology</td>
<td>Tukwila</td>
<td>Private</td>
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<tr>
<td>ITT Technical Institute</td>
<td>Multiple Campuses</td>
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<tr>
<td>Keller Graduate School of Management</td>
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<tr>
<td>Le Cordon Bleu College of Culinary Arts</td>
<td>Seattle</td>
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<tr>
<td>The Art Institute of Seattle</td>
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<tr>
<td>University of Phoenix</td>
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<td>Bastyr University</td>
<td>Kenmore</td>
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<tr>
<td>Bates Technical College</td>
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<td>Bellevue College</td>
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<tr>
<td>Big Bend Community College</td>
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<tr>
<td>(509) 793-2222</td>
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<tr>
<td>Cascadia Community College</td>
<td>Bothell</td>
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<tr>
<td>(425) 352-8000</td>
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<tr>
<td>Central Washington University</td>
<td>Ellensburg</td>
<td>Public</td>
</tr>
<tr>
<td>(509) 963-1111</td>
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<tr>
<td>Centralia College (360) 496-5022</td>
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<tr>
<td>City University of Seattle (206) 364-4228</td>
<td>Bellevue</td>
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<tr>
<td>Clark College (360) 699-6398</td>
<td>Vancouver</td>
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<tr>
<td>Clover Park Technical College (253) 589-5666</td>
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<tr>
<td>Columbia Basin College (509) 946-9669</td>
<td>Pasco</td>
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<tr>
<td>Cornish College of the Arts (206) 726-5151</td>
<td>Seattle</td>
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<tr>
<td>Eastern Washington University (509) 359-4550</td>
<td>Cheney</td>
<td>Public</td>
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<td>Edmonds Community College</td>
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<tr>
<td>(425) 640-1459</td>
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<td>Everest College (360) 254-3282</td>
<td>Vancouver</td>
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<tr>
<td>Everett Community College</td>
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<tr>
<td>(425) 388-9100</td>
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<tr>
<td>Faith Evangelical Seminary (253) 752-2020</td>
<td>Tacoma</td>
<td>Private</td>
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<tr>
<td>Gonzaga University (866) 295-3105</td>
<td>Spokane</td>
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<tr>
<td>Grays Harbor College (360) 532-9020</td>
<td>Aberdeen</td>
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<tr>
<td>Green River Community College</td>
<td>Auburn</td>
<td>Community College</td>
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<tr>
<td>(253) 833-9111</td>
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<tr>
<td>Heritage University (509) 865-8500</td>
<td>Toppenish</td>
<td>Private</td>
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<tr>
<td>Highline Community College</td>
<td>Des Moines</td>
<td>Community College</td>
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<tr>
<td>(206) 878-3710</td>
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Lake Washington Technical College  425-739-8100  Kirkland  Community College
Lower Columbia College (360) 442-2000  Longview  Community College
North Seattle Community College (206) 527-3600  Seattle  Community College
Northwest Baptist Seminary (877) 311-6104  Tacoma  Private
Northwest College of Art (360) 779-9993  Poulsbo  Private
Northwest Indian College (360) 676-2772  Bellingham  Community College
Northwest University (425) 822-8266  Kirkland  Private
Olympic College (360) 792-6050  Bremerton  Community College
Pacific Lutheran University (253) 531-6900  Tacoma  Private
Peninsula College (360) 452-9277  Port Angeles  Public
Pierce College (253) 840-8431  Lakewood  Community College
Puget Sound Christian College (425) 775-8688  Mountlake Terrace  Private
Renton Technical College (425) 235-2352  Renton  Community College
Saint Martin's College (360) 459-4522  Lacey  Private
Seattle Central Community College (206) 587-3800  Seattle  Community College
Seattle Institute of Oriental Medicine (206) 517-4541  Seattle  Private
Seattle Pacific University (206) 281-2000  Seattle  Private
Seattle University (800) 426-7123  Seattle  Private
Shoreline Community College (206) 546-4101  Shoreline  Community College
Skagit Valley College (360) 416-7600  Mount Vernon  Community College
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<td>(509) 533-7000</td>
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<td>Spokane Falls Community College</td>
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<td>Tacoma Community College</td>
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<tr>
<td>(253) 566-5000</td>
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<tr>
<td>The Evergreen State College</td>
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<tr>
<td>(360) 867-6000</td>
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<tr>
<td>Trinity Lutheran College</td>
<td>Issaquah</td>
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<tr>
<td>(425) 392-0400</td>
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<tr>
<td>University of Puget Sound</td>
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<tr>
<td>(253) 879-3211</td>
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<tr>
<td>University of Washington</td>
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<tr>
<td>(206) 543-9686</td>
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<tr>
<td>University of Washington - Bothell</td>
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<tr>
<td>(425) 352-5000</td>
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<tr>
<td>University of Washington - Tacoma</td>
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<tr>
<td>(253) 692-4000</td>
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<tr>
<td>Walla Walla Community College</td>
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<tr>
<td>(509) 522-2500</td>
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<tr>
<td>Walla Walla University</td>
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<td>(800) 541-8900</td>
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<td>Washington State University</td>
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<tr>
<td>(509) 335-3564</td>
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<td>Washington State University - Spokane</td>
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<tr>
<td>(509) 358-7500</td>
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<tr>
<td>Washington State University - Tri-Cities</td>
<td>Richland</td>
<td>Public</td>
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<tr>
<td>(509) 372-7250</td>
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<tr>
<td>Washington State University - Vancouver</td>
<td>Vancouver</td>
<td>Public</td>
</tr>
<tr>
<td>360-546-9788</td>
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</tbody>
</table>
Webster University at Fairchild AFB
(509) 244-2079
Fairchild AFB
Private

Wenatchee Valley College
(509) 682-6800
Wenatchee
Community College

Western Washington University
360-650-3000
Bellingham
Public

Whatcom Community College
(360) 383-3000
Bellingham
Community College

Whitman College
(877) 462-9448
Walla Walla
Private

Whitworth University
(509) 777-1000
Spokane
Private

Yakima Valley Community College
(509) 574-4600
Yakima
Community College

http://www.univsource.com/wa.htm (viewed 1-21-10)

Social Security Forms
http://www.ssa.gov/online/ss-5fs.html 1-800-772-1213
Substance Abuse and Chemical Dependency Resources

**Washington State Directory located at:**


Toll Free Hot line **1-800 quit-now**

**National Cocaine Hotline:** 800-COCAINE (800-262-2463) Information, crisis intervention, and referrals to local rehab centers for all types of drug dependency.

To access the Directory of Certified Chemical Dependency Services in Washington, also known as the Green Book, go to the following website:

For the State website go to:
http://www.counselingseattle.com/acronyms/ADATSA.htmDivision of Alcohol and Substance Abuse (DASA)

DASA Headquarters: P.O. Box 45330 (MS: 45330), Olympia, WA 98504-5330
DASA Main Line: TOLL FREE **1-877-301-4557 or 360-725-3700**
DASA Fax: 360-586-0343/586-0341

To Access Treatment or Crisis Intervention, call:
Alcohol Drug Help Line
Monday – Sunday, 8 a.m. to 12 midnight
**1-800-562-1240** Toll Free (from within Washington State)
**206-722-3700** (from Seattle or Out of State)

Washington State Alcohol/Drug Clearinghouse
**1-800-662-9111** Toll Free (from within Washington State)
**206-725-9696** (From Seattle or Out of State) or FAX 206-760-0589
E-Mail: clearinghouse@adhl.org

Alcoholics Anonymous (AA) website;

Phone Numbers Below: http://anonpress.org/phone/wa.asp (viewed 1/4/09)

- Aberdeen: (360) 532-2691
- Bellevue website: (425) 454-9192
- Bellingham: (360) 734-1688
Originally, the mission of the SADD chapter was to help young people say "No" to drinking and driving. Today, the mission has expanded. Students have told us that positive peer pressure, role modeling and environmental strategies can prevent other destructive decisions and set a healthier, safer course for their lives. And that is why SADD has become a peer-to-peer education, prevention, and activism organization dedicated to preventing destructive decisions, particularly underage drinking, other drug use, risky and impaired driving, teen violence, and teen suicide.

TeenLine

1-877-345-8336
The Teen Substance Abuse hotline site has hotline phone numbers for a variety of youth needs including information on runaway and crisis prevention, suicide prevention,
mental health, Gay and Lesbian youth, Violence and Abuse, Substance Abuse Disorders, AIDS and STDs and Families and Parenthood.

http://www.seattle.gov/teen/crisis/substanceabuse.htm

- **Al-Anon/Alateen Hotline**  
  **1-888-425-2666**  
  Hope and help for young people who are the relatives and friends of a problem drinker.

- **Alcoholics Anonymous - Greater Seattle**  
  **1-206-587-2838**  
  A 24-hour phone service offers support and information about Alcoholics Anonymous in Seattle and the Northwest.  
  **AA's Message to Teenagers**

- **Cocaine Anonymous of Washington State**  
  **1-800-723-1923**  
  A toll-free number from anywhere in Washington State, for more information about Cocaine Anonymous and local meetings.

- **Teen Link**  
  **1.866.TEENLINK or 206.461.4922**  
  The TeenLink program has a help line for teen peer advice on all issues - suicide prevention, substance abuse, relationship problems.

- **Narcotics Anonymous - Seattle**  
  **1-206-790-8888**  
  Narcotics Anonymous is a fellowship of recovering addicts who meet regularly to help each other stay clean. If you have a problem with drugs, call the hotline or come to one of the meetings.

- **National Eating Disorders Association**  
  **Referral Helpline: 1-800-931-2237**  
  The National Eating Disorders Association is a not-for-profit organization working to prevent eating disorders and provide treatment referrals to those suffering from anorexia, bulimia and binge eating disorder and those concerned with body image and weight issues. The helpline is available Monday - Friday, 8:30am - 4:30pm, Pacific Time.

- **The Cool Spot**  
  A website for young teens about alcohol and resisting peer pressure.

- **Washington State Teenline**  
  **1-877-345-8336**  
  A crisis intervention and referral service offering 24/7 help and support for those who want to talk about drug/alcohol abuse problems for themselves or for
someone else. Staffed by teen volunteers Monday to Thursday, 3:00 pm - 7:00 pm

**Vocational Rehabilitation**

Welcome to Washington DVR’s website. Helping individuals with disabilities to participate fully in their communities and become employed is our purpose and passion. Are resources are available to an individual with a disability, someone seeking employment at DVR, an employer, or a DVR contractor.

State Headquarters Office (360) 725-3636 or toll free 1-800-637-5627

**WorkSource Centers**

Workforce Development Councils (WDCs) assure quality services to customers in the implementation of the Workforce Investment Act (WIA). The WDCs provide workforce development planning and promote coordination between education, training and employment efforts in their communities. To inquire about services, contact one of the Workforce Development Councils below or a WorkSource Center or Affiliate.

Olympic | Pacific Mountain | Northwest | Snohomish County | Seattle-King County | Pierce County | Southwest
---|---|---|---|---|---|---
North Central | South Central | Eastern Washington Partnership | Benton-Franklin | Spokane

### Olympic Workforce Development Area
Serving Jefferson, Clallam, and Kitsap Counties

Steve Frazier, Director  
Workforce Development Council  
614 Division Street, MS-23  
Port Orchard, WA 98366  
Phone (360) 337-7185  
FAX (360) 337-7187  
Email sfrazier@co.kitsap.wa.us

Erin Mundinger, WorkSource Area Director  
228 West 1st Street A  
Port Angeles WA 98362  
(360) 337-4754

### Pacific Mountain Workforce Development Area
Serving Grays Harbor, Mason, Thurston, Pacific and Lewis Counties
Mike Kennedy, Director  
Workforce Development Council  
719 Sleater-Kinney Road SE  
Suite 200  
Lacey, WA 98503-1133  
Phone (360) 754-4113, Ext. 111  
FAX (360) 754-4119  
Email MHKennedy@PacificMountainWorkSource.org

Anne Goranson-Salas, WorkSource Area Director  
1570 Irving St SW  
Tumwater, WA 98512  
Phone: (360) 570-4231

Northwest Workforce Development Area  
Serving Whatcom, Skagit San Juan and Island Counties

Gay Dubigk, Workforce Development Council  
Executive Director  
P.O. Box 2009  
Bellingham, WA 98227  
Phone (360) 671-1660  
FAX (360) 671-494  
Email gdubigk@nwpic.bellingham.wa.us

Brian Roper, acting WorkSource Area Director  
P.O. Box 938  
Bellingham WA 98227  
(360) 676-3204

Snohomish County Workforce Development Area  
Serving Snohomish County

Sue Ambler, Interim President  
Workforce Development Council  
728 134th Street SW Suite 128  
Everett, WA 98204  
Phone (425) 921-3423  
FAX (425) 921-3484  
Email sambler@snocowdc.org

Julie Lord, WorkSource Area Director  
3201 Smith Ave. Suite 114  
Everett WA 98201  
(425) 258-6360

Seattle-King County Workforce Development Area  
Serving King County

Marléna Sessions, Chief Executive Officer  
Workforce Development Council  
Market Place One, Suite 250  
2003 Western Avenue  
Seattle, WA 98121-2162  
Phone (206) 448-0474  
FAX (206) 448-0484

Dot Fallihee - (Campbell), WorkSource Area Director  
2707 1 Street NE  
Auburn WA 98002  
(253) 804-1157
### Tacoma-Pierce County Workforce Development Area
Serving Pierce County

| Linda Nguyen, Executive Director | Carmen Cook, WorkSource Area Director |
| Workforce Development Council |  |
| 3650 S. Cedar St | 1305 Tacoma Ave South #201 |
| Tacoma, WA 98409 | Tacoma WA 98402 |
| Phone (253) 591-5810 | (253) 680-2888 |
| FAX (253) 594-7932 |  |
| Email lnguyen@pic.tacoma.wa.us |  |

### Southwest Washington Workforce Development Area
Serving Wahkiakum, Cowlitz and Clark Counties

| Lisa Nisenfeld, Executive Director | Claire Berger, WorkSource Area Director |
| Workforce Development Council |  |
| 1101 Broadway, Suite 120 | 5411 East Mill Plain Blvd. Suite 15 |
| Vancouver, WA 98660 | Vancouver WA 98661 |
| Phone (360) 567-1070 | (360) 735-4950 |
| FAX (360) 567-1054 |  |
| Email lnisenfeld@swwdc.org |  |

### North Central Workforce Development Area
Serving Okanogan, Chelan, Douglas, Adams and Grant Counties

| Dave Petersen, Director | Marcia Henkle, WorkSource Area Director |
| Workforce Development Council |  |
| P.O. Box 2360 | P.O. Box 1927 |
| 234 N. Mission Avenue | Wenatchee WA 98807-1927 |
| Wenatchee, WA 98807-2360 | (509) 665-3733 |
| Phone (509) 663-3091 |  |
| FAX (509) 667-1562 |  |
| Email Dave@SkillSource.org |  |

### South Central Workforce Development Area
Serving Yakima, Kittitas, Klickitat and Skamania Counties

| Patrick Baldoz, Director | Ignacio Marquez, WorkSource Area Director |
| Workforce Development Council |  |
| 120 So. 3rd, Suite 200-A | 306 Division |
| Yakima, WA 98901 | Yakima WA 98902 |
| Phone (509) 574-1950 | (509) 574-0123 |
Eastern Washington Partnership Workforce Development Area  
Serving Ferry, Pend Oreille, Garfield, Stevens, Lincoln Whitman, Columbia, Walla Walla and Asotin Counties

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Tom O'Brien</td>
<td>Director, Workforce</td>
<td>956 S. Main, Ste. B</td>
<td>(509) 684-8421</td>
<td>(509) 685-6094</td>
<td><a href="mailto:tobrien@ruralresources.org">tobrien@ruralresources.org</a></td>
</tr>
<tr>
<td>Jennie Weber</td>
<td>WorkSource Area Director</td>
<td>1530 Stevens</td>
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<tr>
<td></td>
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<td>Walla Walla WA 99362</td>
<td>(509) 527-1801</td>
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Benton-Franklin Workforce Development Area  
Serving Benton and Franklin Counties

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<th>Address</th>
<th>Phone</th>
<th>Fax</th>
<th>Email</th>
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<tbody>
<tr>
<td>Michelle Mann</td>
<td>Executive Director</td>
<td>815 North Kellogg Street, Suite C</td>
<td>(509) 734-5980</td>
<td>(509) 734-5999</td>
<td><a href="mailto:mmann@bf-wdc.org">mmann@bf-wdc.org</a></td>
</tr>
<tr>
<td>Todd Dixon</td>
<td>WorkSource Area Director</td>
<td>815 North Kellogg Suite D</td>
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<tr>
<td></td>
<td></td>
<td>Kennewick WA 99336</td>
<td>(509) 734-5945</td>
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Spokane Workforce Development Area  
Serving Spokane County

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
<th>Email</th>
</tr>
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<tbody>
<tr>
<td>Mark Mattke</td>
<td>Workforce Strategy &amp; Planning Director</td>
<td>808 W. Spokane Falls Blvd.</td>
<td>(509) 625-6210</td>
<td>(509) 625-6929</td>
<td><a href="mailto:mmattke@wdcspokane.com">mmattke@wdcspokane.com</a></td>
</tr>
<tr>
<td>Frankie Arteaga</td>
<td>WorkSource Area Director</td>
<td>130 S. Arthur Street</td>
<td>(509) 532-3190</td>
<td></td>
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