

Module 7 Introduction
Washington State Resources Guide

Module 7 is a supplement to the other six modules. It contains phone numbers for local Washington State services.

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Module 7

Washington State Resources Guide

Alcoholics Anonymous Intergroup Phone Numbers in Washington State

<http://anonpress.org/phone/wa.asp> Downloaded 1-10

Aberdeen	(360) 532-2691
BelThilvue website	(425) 454-9192
Bellingham	(360) 734-1688
Centralia	(360) 807-0902
Clarkston	(509) 758-2821
Cle Elum	(509) 649-3133
Colville	(509) 684-3000
Edmonds	(425) 672-0987
Everett	(425) 252-2525
Friday Harbor	(360) 378-3521
Ilwaco	(360) 642-2902
Kennewick website	(509) 735-4086
Kitsap County	(800) 562-7455
Longview	(360) 423-2520
North Beach	(360) 642-2902
Oak Harbor	(888) 360-1564
Okanogan	(509) 826-6299
Olympia website	(360) 352-7344
Port Angeles website	(360) 452-4212
Pullman	(208) 882-1597
Republic	(509) 826-6299
Roslyn	(509) 649-3133
Seattle website	(206) 587-2838
Snohomish	(425) 672-0987
Spanaway	(253) 474-8897
Spokane website	(509) 624-1442
Tacoma website	(253) 474-8897
Tumwater website	(360) 352-7344
Vancouver website	(360) 694-3870
Walla Walla	(509) 522-5059
Wenatchee	(509) 663-5104
Yakima	(509) 453-7680

Educational Financial Aid Overviews

<http://www.students.gov/STUGOVWebApp/Public?topicID=14&operation=topic>

Downloaded 3-12-10

Student Assistance Programs (US Department of Health and Human Services)

<http://bhpr.hrsa.gov/dsa/index.htm>

HHS provides a variety of scholarships, loans, and loan repayment programs for students in the health professions, through the Student Assistance Programs of the Health Resources and Services Admin. Find out if you're eligible!

Visits: 516618

Student Aid on the Web (US Department of Education)

<http://www.studentaid.ed.gov> **1-800-433-3243**

The official student gateway to federal financial aid, including eligibility, application, repayment, and more - plus self-service tools to help you prepare, choose, and apply for college. From the U.S. Department of Education.

Visits: 450694

FAFSA on the Web (SM) (US Department of Education)

<http://www.fafsa.ed.gov> **1-800-433-3243** or **1-319-337-5665**

Apply for federal student aid online using the Department of Education's FAFSA (SM) on the Web. It's free, fast, easy, and accurate!

Visits: 216923

Applying for Federal Student Aid (US Department of Education)

<http://studentaid.ed.gov/PORTALSWebApp/students/english/forms.jsp>

1-800-4-FED-AID 1-800-433-3243

Applying for federal student aid has never been easier. Choose between three methods available to file the Free Application for Federal Student Aid (FAFSA).

Visits: 138409

Funding Education Beyond High School (US Department of Education)

http://studentaid.ed.gov/students/publications/student_guide/index.html

1-800-4-FED-AID 1-800-433-3243

A comprehensive resource on student financial aid from the U.S. Department of Education. Tells you about grants, loans, and work-study programs available through the Federal Student Aid office, as well as how to apply for them.

Visits: 129520

Student Finance Calculators (US Department of Education)

<http://www.ed.gov/offices/OSFAP/DirectLoan/calc.html>

Phone: (800) 848-0979 or (315) 738-6634

Figure out how much you need to borrow for the school year and what it will cost to pay back your student loan. Interactive calculators for budgets, consolidation and monthly repayment calculations from the U.S. Department of Education.

Visits: 74298

Preparing for Your Education (US Department of Education)

<http://studentaid.ed.gov/PORTALSWebApp/students/english/preparing.jsp>

. **1-800-4-FED-AID 1-800-433-3243**

Education beyond high school can give you choices that may not otherwise be possible, open doors to better paying positions, and give you the opportunity to do the things you enjoy most. Find out what you need to do to prepare!

Visits: 26183

TEACH Grant Program

<http://studentaid.ed.gov/PORTALSWebApp/students/english/TEACH.jsp>

1-800-4-FED-AID (1-800-433-3243)

The TEACH Grant Program provides grants of up to four thousand dollars per year to students who intend to teach in a public or private elementary or secondary school that serves students from low-income families.

Visits: 25459

Financial Aid Resources - Department of Defense Education Activity

http://www.dodea.edu/students/college_financialaid.cfm

1-703-588-3200

The Financial Aid Resources page from the Department of Defense Education Activity (DODEA) provides information and links to help you find scholarships, grants, and other resources available to military dependents.

Visits: 19927

Completing the FAFSA (SM) (US Department of Education)

http://studentaid.ed.gov/students/publications/completing_fafsa/index.html

1-800-4-FED-AID (1-800-433-3243)

Need help completing the Free Application for Federal Student Aid? The Department of Education provides this helpful site with complete instructions, and phone numbers if you need more help. Links to the electronic FAFSA (SM), too.

Visits: 18099

College.gov

<http://www.college.gov/wps/portal>

US Department Education **202-401-1576** or Fed Aid **1-800-433-3243**

College.gov is intended to be the go-to source for information and resources about planning, preparing and paying for education beyond high school. It's intended to provide inspiration, hope, and encouragement for all students to continue their education.

Visits: 17314

PIN Site (US Department of Education)

<http://www.pin.ed.gov>

. **1-800-4-FED-AID (1-800-433-3243)**

The PIN serves as your identifier to let you access your personal information in various U.S. Department of Education systems. You may use this web site as your central online resource for making use of the PIN.

Visits: 11956

Federal Aid First

<http://federalstudentaid.ed.gov/federalaidfirst/index.html>

Thinking about attending college? Will you need a loan? If so, think Federal Aid First. Federal loans usually offer borrowers lower interest rates and have more flexible

repayment options than loans from banks or other private sources.

Visits: 9412

OPPORTUNITY.gov

<http://federalstudentaid.ed.gov/opportunity/index.html> **1-800-4-FED-AID**

New Educational Opportunities for Unemployed Workers.

Visits: 9038

Financial Aid Center (US Department of Labor)

<http://www.careeronestop.org/FINANCIAL/FinancialAidHome.asp>

1-877-348-0502

From the Department of Labor's CareerOneStop site, the Financial Aid Center can help you find information on how to get money to continue your lifelong learning and pay for the training to advance in your career.

Visits: 8655

Agreement to Serve (ATS) - TEACH Grants

1-877-348-0502

This Web site is for completing an electronic Agreement to Serve (ATS) in order to receive one or more Teacher Education Assistance for College and Higher Education Grants within the same school year to pay for your education.

Visits: 6719

MyMilitaryEducation.org

<http://www.mymilitaryeducation.org/> **888.LINK.VET (546.5838)**

Created by MN Department of VA and MN Online to serve the unique higher education needs of veterans, military members and their families. Information about education benefits, state schools and related issues from a team of experienced advisors and counselors.

Visits: 5838

Federal School Code Search - FAFSA (US Department of Education)

<http://www.fafsa.ed.gov/FOTWWebApp/FSLookupServlet>

1-800-4-FED-AID (1-800-433-3243) or 1-319-337-5665.

When you are filling out your FAFSA, use this search page to find the Federal School Code for your school.

Visits: 5273

Financial Aid Wizard (US Department of Education)

https://studentaid2.ed.gov/getmoney/scholarship/scholarship_search_select.asp?13817/
1-800-4-FED-AID (1-800-433-3243)

The Financial Aid Wizard allows you to plan out, in 7 easy steps, your entire financial aid package online. The wizard will help you find and calculate virtually everything you need for all schools of interest.

Visits: 5270

Online Selective Service Registration (US Selective Service System)

<http://www.sss.gov> **1-888-655-1825**

Selective Service information and on-line registration and verification of registration for men between the ages of 18 and 26, a requirement for federal student aid eligibility.

Visits: 3198

FAFSA (SM)- en Espanol (Departamento de Educacion de los Estados Unidos)

http://www.fafsa.ed.gov/es_ES/index.htm **1-800-433-3243 o al 1-319-337-5665**

Usted puede utilizar la version de Internet de la Solicitud Gratuita de Ayuda Federal para Estudiantes (Free Application for Federal Student Aid o FAFSA), FAFSA en la Web. Puede llenar y transmitir esta solicitud electronicamente.

Visits: 2982

Chapter 33 GI Bill Education Benefits

<http://www.gibill.va.gov/> **VA Benefits: 1-800-827-1000**

Individuals who are eligible for the new Post - 9/11 GI education benefit may begin using the benefit August 1, 2009 for training that begins on or after that date.

Visits: 2503

Total and Permanent Disability (TPD) Discharge - DOED

<http://disabilitydischarge.ed.gov> **1-800-433-7327**

Online information resource center for Total and Permanent Disability (TPD) discharge of the federal student loans and the service obligation of Teacher Education Assistance for Higher Education (TEACH) Grants.

Visits: 1636

Funding Education Beyond High School- en Espanol

http://studentaid.ed.gov/students/publications/student_guide/spanish_index.html

1-800-433-3243

La Guia para estudiantes es la publicacion mas completa lidiando con ayuda economica para estudiantes del Departamento de Educacion de los Estados Unidos. (Funding Education Beyond High School - the Guide to Federal Student Aid in Spanish)

Visits: 1491

Federal Student Aid Natural Disaster Information

<http://www.ifap.ed.gov/disaster.html> **1-800-4FEDAID (1-800-433-3243).**

The U.S. Department of Education provides links to information the Department has posted related to the impact of the natural disasters on students, colleges, and financial institutions that participate in the federal student assistance programs.

Visits: 1176

Prepararse (Departamento de Educacion de los Estados Unidos)

<http://studentaid.ed.gov/PORTALSWebApp/students/spanish/preparing.jsp>

1-800-433-3243

Si usted sigue con sus estudios despues de la escuela secundaria, puede disponer de opciones que de otra manera serman imposibles, asm como conseguir puestos mejor remunerados y tener la oportunidad de hacer las cosas que mas le gusten.

Visits: 1141

U.S. Citizenship and Immigration Services (USCIS)

<http://www.uscis.gov/portal/site/uscis> **1-800-375-5283**

US Citizenship and Immigration Services (USCIS) is the government agency that oversees lawful immigration to the United States of America.

Visits: 996

FinAid.org: The SmartStudent Guide to Financial Aid

<http://www.finaid.org> **1-877-AFC-4322**

FinAid is a comprehensive source for student financial aid information, advice and tools.

Visits: 40645

Financial Aid Advisor (US Department of Labor)

<http://www.acinet.org/acinet/finaidadvisor/default.asp?id=14%26nodeid=21>

1-877-348-0502 and 1-877-872-5627

The Financial Aid Advisor can help you fund your career pathway. Answer a brief list of questions to see what you might qualify for, where to go for more complete information on eligibility, and how to apply.

Visits: 8746

College Access

<http://going2college.org/StateResources/> no phone no. given.

The College Access Web site Going2College.org provides all the resources your state has on preparing for college, planning a career, finding and applying to college and what state aid is available to help pay for college.

Visits: 6748

Mapping Your Future

<http://www.mappingyourfuture.biz/planyourcareer/> no phone no. given.

Sponsored by a group of federal student loan guaranty agencies, Mapping-Your-Future provides students and parents with information on planning a career, selecting a school, and paying for college.

Visits: 6668

Cash for College (Natl Assoc of Student Financial Aid Administrators)

<http://www.nasfaa.org/SubHomes/Cash4college/index2.html> **202-785-0453**

Getting the education you want is possible. College isn't easy, but education after high school is within your reach. NASFAA's Cash for College page gives you the answers to common questions about student financial aid.

Visits: 3687

KnowHow2GO

<http://www.knowhow2go.org/> **877-433-7827**

KnowHow2GO provides middle schoolers to adults extensive information on the value of continuing education after high school, how to prepare for college, the myths vs. realities about college and the availability of financial aid for college.

Visits: 3409

Should You Hire A Financial Aid Consultant? (NASFAA)

<http://www.nasfaa.org/publications/2000/consultantsservices.asp> **202-785-0453**

Considering hiring a financial aid consultant to help in your search for college funding? Before you do, be sure to read this important guidance for consumers, from the National Association of Financial Aid Administrators.

Visits: 796

Paying For College (Collegeboard.com)

<http://www.collegeboard.com/student/pay/index.html> **609 -771-7137**

Figure out what college really costs, what you can afford, and where to locate financial aid with advice from the College Board's experts and interactive tools.

Visits: 13557

Purpose

PELL GRANT PROGRAM DESCRIPTION 1-800-USA-LEARN 1-800-872-5327

The Federal Pell Grant Program provides need-based grants to low-income undergraduate and certain post baccalaureate students to promote access to postsecondary education. Students may use their grants at any one of approximately 5,400 participating postsecondary institutions. Grant amounts are dependent on:

- The student's expected family contribution (EFC) (see below);
- The cost of attendance (as determined by the institution);
- The student's enrollment status (full-time or part-time); and
- Whether the student attends for a full academic year or less.

Students may not receive Federal Pell Grant funds from more than one school at a time.

Financial need is determined by the U.S. Department of Education using a standard formula, established by Congress, to evaluate the financial information reported on the *Free Application for Federal Student Aid* (FAFSA) and to determine the family EFC. The fundamental elements in this standard formula are the student's income (and assets if the student is independent), the parents' income and assets (if the student is dependent), the family's household size, and the number of family members (excluding parents) attending postsecondary institutions. The EFC is the sum of: (1) a percentage of net income (remaining income after subtracting allowances for basic living expenses and taxes) and (2) a percentage of net assets (assets remaining after subtracting an asset protection allowance). Different assessment rates and allowances are used for dependent students, independent students without dependents, and independent students with dependents. After filing a FAFSA, the student receives a Student Aid Report (SAR), or the institution receives an *Institutional Student Information Record* (ISIR), which notifies the student if he or she is eligible for a Federal Pell Grant and provides the student's EFC.

[FSA Handbook Federal Pell Grant Program](#)

Federal Pell Grants are direct grants awarded through participating institutions to students with financial need who have not received their first bachelor's degree or who are enrolled in certain post baccalaureate programs that lead to teacher certification or licensure. Participating institutions either credit the Federal Pell Grant funds to the student's school account, pay the student directly (usually by check) or combine these methods. Students must be paid at least once per term (semester, trimester, or quarter); schools that do not use formally defined terms must pay the student at least twice per academic year.

Financial Assistance-Public

Washington State Department of Social and Health Services

General Information

- Send an E-mail
- **Mai**l: DSHS Constituent Services
PO Box 45130
Olympia, WA 98504-5130
- **Phone**: 1-800-737-0617*

Websites

- Report abuse or neglect
- File a complaint
- Report fraud
- Find a local office
- Report a broken link

Services Offered

Temporary Assistance for Needy Families (TANF)

Cash help for families with children

General Assistance Unemployable

Cash help for individuals who are not able to work

Working Connections Child Care

Help for working families to pay for childcare

Medical Assistance Programs

Help with health care and medical expenses

Child Support Services

Help in getting child support

DSHS Emergency Programs

Programs that help in emergency situations

Washington Basic Food Program

Help with putting food on the table

Refugee Cash Assistance (RCA)

Cash and medical help for refugees

First Steps Program

Pregnancy Support Services

Family Planning Program

Information on ways to avoid unintended pregnancies

ADATSA Program

Help in getting drug or alcohol treatment

Find Other DSHS Services

A directory of resources for DSHS Clients, Case Managers and Providers. (No Wrong Door)

Voter Registration Assistance

Local offices can help you to register to vote.

<https://fortress.wa.gov/dshs/f2ws03esaapps/onlinecso/findservice.asp> (4-26-10)

Child Support Community Relations	1-800-457-6202
Child Support Payment System	1-800-468-7422
Food or food stamps - (Basic Food)	1-877-514-3663
Alcohol or substance abuse benefits	1-877-301-4557
Health care benefits	1-800-562-3022
Information for providers	1-800-562-3022
Mental health benefits	1-888-713-6010
Report abuse or neglect	1-866-363-4276

Association of Washington

Housing Authorities

<http://www.awha.org/contact.html>

- **Anacortes Housing Authority**, 719 Q Avenue, Anacortes, WA 98221

Serving Counties: San Juan, Skagit
Phone: (360) 293-7831 Email: aha@fidalgo.net
Fax: (360) 293-8998, Web Site: N/A
- **Housing Authority of Asotin County**, 1212 Fair Street, Clarkston, WA 99403

Serving Counties: Asotin
Phone: (509) 758-5751, Email: mema@clearwire.net
Fax: (509) 758-8156, Web Site: N/A
- **Bellingham/Whatcom County Housing Authority**, P.O. Box 9701, Bellingham, WA 98227-9701

Serving Counties: Whatcom
Phone: (360) 676-6887, Email: jharmon@bwcha.org
Fax: (360) 676-7696, Web Site: www.bellinghamhousing.org
- **Bremerton Housing Authority**, 110 Russell Rd, P.O. Box 4460, Bremerton, WA 98312

Serving Counties: Kitsap, Mason, Jefferson
Phone: (360) 479-3694, Email: bha@bremertonhousing.org
Fax: (360) 616-8558, Web Site: www.bremertonhousing.org
TDD/TDY: (360) 377-8606
- **Housing Authority of Chelan County & the City of Wenatchee**, 1555 South Methow, Wenatchee, WA 98801

Serving Counties: Chelan, Douglas
Phone: (509) 663-7421, Email: alicia@ccwha.com
Fax: (509) 663-4761, Web Site: N/A

- **Clallam County Housing Authority**, 2603 South Francis Street, Port Angeles, WA 98362

Serving Counties: Clallam

Phone: (360) 452-7631, Email: ptietz@hacc-housing.org

Fax: (360) 457-7001, Web Site: www.hacc-housing.org

- **Columbia Gorge Housing Authority**, P.O. Box 1703, White Salmon, Washington 98672
Main Office: 312 Court Street - Suite 419, The Dalles, Oregon 97058

Serving Counties: Klickitat and Skamania

Phone: (888) 356-8919,

Main Switchboard: (541) 296-5462,

Deaf Community Relay WA: (800) 833-6384,

Email: info@mid-columbiahousingauthority.org Fax: (541) 296-8570, Web Site: www.mid-columbiahousingauthority.org

- **Everett Housing Authority**, 3107 Colby Avenue, P.O. Box 1547, Everett, WA 98206-1547

Serving Counties: Snohomish

Phone: (425) 258-9222, Email: buda@evha.org

Fax: (425) 303-1122, Web Site: www.evha.org

- **Housing Authority of Grant County**, 1139 Larson Boulevard, Moses Lake, WA 98837

Serving Counties: Grant

Phone: (509) 762-5541, Email: jpoling@hagc.net

Fax: (509) 762-2202, Web Site: www.hagc.net

- **Housing Authority of Grays Harbor County**, 602 East First Street, Aberdeen, WA 98520

Serving Counties: Grays Harbor

Phone: (360) 532-0570, Email: dorothy@hagh.com

Fax: (360) 532-0775, Web Site: N/A

- **Housing Authorities Risk Retention Pool**, 2500 Main Street, Suite 120, Vancouver, Washington 98660

Serving Counties: Statewide

Phone: (360) 694-3500, Email: staff@harrp.com

Fax: (360) 694-3600, Web Site: www.HARRP.com

- **Housing Authority of Island County**, 7 NW 6th Street, Coupeville, WA 98239-3400

Serving Counties: Island

Phone: (360) 678-4181, Email: info@islandcountyha.org

Fax: (360) 678-6969, Web Site: N/A

- **Housing Authority of Jefferson County**, 5210 Kuhn Street, Port Townsend, WA 98368

Serving Counties: Jefferson

Phone: (360) 379-2565, Email: bha@bremertonhousing.org

Fax: (360) 379-2561, Web Site: www.jeffersonhousing.org

- **Housing Authority of the City of Kalama**, 226 Cloverdale Rd., Kalama, WA 98625

Serving Counties: Cowlitz

Phone: (360) 673-3444, Email: kalhsng@comcast.net

Fax: (360) 673-2873, Web Site: N/A

- **Kelso Housing Authority**, 1415 South 10th, Kelso, WA 98626

Serving Counties: Cowlitz

Phone: (360) 423-3490, Email: mpolmsted@kelsoha.org

Fax: (360) 577-6694, Web Site: www.kelsoha.org

- **Housing Authority City of Kennewick**, 1915 W. 4th Place, Kennewick, WA 99336

Serving Counties: Benton

Phone: (509) 586-8576, Email: karlenen@kennewickha.org

Fax: (509) 582-7544, Web Site: N/A

- **King County Housing Authority**, 600 Andover Park West, Seattle, WA 98188

Serving Counties: King
Phone: (206) 574-1100, Email: N/A,
Fax: (206) 574-1104, Web Site: www.kcha.org

- **Kitsap County Consolidated Housing Authority**, 9307 Bayshore Dr NW, Silverdale, WA 98383-9113

Serving Counties: Kitsap
Phone: (360) 535-6100, Email: kccha@kccha.org
Fax: (360) 535-6107, Web Site: www.kccha.com

- **Housing Authority of Kittitas County**, 107 West 11th Ave., Ellensburg, WA 98926

Serving Counties: Kittitas
Phone: (509) 962-9006, Email: housingauthority@fairpoint.net
Fax: (509) 962-3575, Web Site: www.fairpoint.net/housingauthority

- **Longview Housing Authority**, 1207 Commerce Avenue, Longview, WA 98632

Serving Counties: Cowlitz, Lewis, Pacific, Wahkiakum
Phone: (360) 423-0140 x 15, Email: cpegg@longviewha.org
Fax: (360) 577-8818, Web Site: www.longviewha.org

- **Mason County Housing Authority**, 807 W. Railroad Avenue, P.O. Box 1459, Shelton, WA 98584

Serving Counties: Mason
Phone: (360) 426-9726 ext. 106, Email: bha@bremertonhousing.org
Fax: (360) 427-4222, Web Site: N/A

- **Okanogan County Housing Authority**, P.O. Box 1306, Okanogan, WA 98840

Serving Counties: Okanogan
Phone: (509) 422-3721, Email: claudia_ocha@communitynet.org
Fax: (509) 422-1713, Web Site: N/A

- **Housing Authority of Oroville**, P.O. Box 1242, Oroville, WA 98844

Serving Counties: Okanogan
Phone: (509) 476-3059, Email: ohaadmin@gdicom.net
Fax: (509) 476-2010, Web Site: N/A

- **Othello Housing Authority**, 335 N. Third Street, Othello, WA 99344

Serving Counties: Adams
Phone: (509) 488-3527, Email: ahanks@othellohousing.com
Fax: (509) 488-9769, Web Site: www.othellohousing.com

- **Joint Pacific County Housing Authority** , 1207 Commerce Avenue, Longview, WA 98632

Serving Counties: Cowlitz, Pacific, Wahkiakum
Phone: (360) 423-0140 x 15, Email: cpegg@longviewha.org
Fax: (360) 577-8818, Web Site: www.longviewha.org

- **Housing Authority of the City of Pasco and Franklin County**, 2505 W. Lewis Street, Pasco, WA 99301

Serving Counties: Franklin
Phone: (509) 547-3581, Email: info@hacpfc.org
Fax: (509) 547-4997, Web Site: N/A

- **Pierce County Housing Authority**, P.O. Box 45410, Tacoma, WA 98445-0410

Serving Counties: Pierce
Phone: (253) 620-5400, Email: khull@pchawa.org
Fax: (253) 620-5455, Web Site: www.pchawa.org

- **Renton Housing Authority**, 2900 NE 10th Street, P.O. Box 2316, Renton, WA 98056

Serving Counties: King
Phone: (425) 226-1850, Email: tlt@rentonhousing.org
Fax: (425) 271-8319, Web Site: www.rentonhousing.org

- **Republic/Ferry County Joint Housing Authority**, 83-1 N. Kauffman Street, Republic, WA 99166

Serving Counties: Ferry
Phone: (509) 775-3924, Email: fcha@rcabletv.com
Fax: (509) 775-1082, Web Site: N/A

- **Richland Housing Authority**, 1215 Thayer Drive, Richland, WA 99352

Serving Counties: Benton
Phone: (509) 943-8686, Email: awatson@richlandha.org
Fax: (509) 943-5755, Web Site: N/A

- **Seattle Housing Authority**, 120 Sixth Avenue, North, Seattle, WA 98109-5003

Serving Counties: King
Phone: (206) 615-3300, Email: execdirector@seattlehousing.org
Fax: (206) 615-3504, Web Site: www.seattlehousing.org

- **Housing Authority of Skagit County**, 1650 Port Drive, Burlington, WA 98233

Serving Counties: Skagit
Phone: (360) 428-1959, Email: hasc@skagitcountyha.org
Fax: (360) 424-6005, Web Site: N/A

- **Snohomish County Housing Authority**, 12625 4th Avenue W., Suite 200, Everett, WA 98204

Serving Counties: Snohomish
Phone: (425) 290-8499, Email: RED@hasco.org
Fax: (425) 290-5618, Web Site: www.hasco.org

- **Northeast Washington Housing Solutions**, 55 West Mission, Spokane, WA 99201

Serving Counties: Pend Oreille, Spokane, Stevens, Whitman
Phone: (509) 328-2953, Email: scervantes@spokanehousing.org
Fax: (509) 323-2366, Web Site: www.spokanehousing.org

- **Housing Authority of Sunnyside, Washington**, 204 South 13th Street, Sunnyside, WA 98944

Serving Counties: Yakima
Phone: (509) 837-5454, Email: info@sunnysideha.org
Fax: (509) 837-4150, Web Site: www.sunnysideha.org

- **Tacoma Housing Authority**, 902 South L Street, Suite 2A, Tacoma, WA 98405

Serving Counties: Pierce
Phone: (253) 207-4400, Email: mmirra@tacomahousing.org
Fax: (253) 207-4440, Web Site: www.tacomahousing.org

- **Housing Authority of Thurston County**, 1206 12th Avenue SE, Olympia, WA 98501

Serving Counties: Thurston
Phone: (360) 753-8292, Email: admin@hatc.org
Fax: (360) 586-0038, Web Site: www.hatc.org

- **Vancouver Housing Authority**, 2500 Main Street, Suites 100-200, Vancouver, WA 98660-2697

Serving Counties: Clark
Phone: (360) 694-2501, Email: webmaster@vhausa.com
Fax: (360) 993-9594, Web Site: www.vhausa.com

- **Walla Walla Housing Authority**, 501 Cayuse Street, Walla Walla, WA 99362

Serving Counties: Walla Walla
Phone: (509) 527-4542, Email: rener@wallawallaha.org
Fax: (509) 527-4574, Web Site: www.wallawallaha.org

- **Housing Authority of the City of Yakima**, 810 N. 6th Avenue, Yakima, WA 98902

Serving Counties: Yakima
Phone: (509) 453-3106, Email: Yha_ed@yak-pha.org
Fax: (509) 453-3111, Web Site: www.yak-pha.org

Legal Services

Northwest Health law Advocates

<http://nohla.org/infoAnalysis/WAresidents/WAresidents.php>

206-325-6464

Tenants Union of Washington State

<http://tenantsunion.org/education/66/HowtoGetHelpfromtheTenantsUnion>

Washington Law Help

<http://washingtonlawhelp.org/WA/StateSubTopics.cfm/County/%20City/%20/demoMode/= %201/Language/1/State/WA/TextOnly/N/ZipCode/%20/LoggedIn/0/iTopicID/865/sTo picImage/g-housing.gif/bAllState/0>

Northwest Justice Project, Washington's publicly funded legal aid program
206.464.1519.

University of Washington, Law Library <http://lib.law.washington.edu/ref/legalinfo.html>

Welcome to the Northwest Justice Project (NJP), Washington's publicly funded legal aid program 206 723-0500

Washington State Office of the Attorney General

<http://www.atg.wa.gov/Default.aspx>

As the chief legal office for the state of Washington, AGO attorneys and staff, in 27 divisions across the state provide legal services to more than 230 state agencies, boards and commissions. We help citizens through antitrust enforcement and consumer protection and protect the environment and utility customers. 1-800-551-4636 (in-state only) 1-206-464-6684 (out-of-state callers)

Washington Bar Association Landlord Tenant Rights questions@wsba.org

<http://www.wsba.org/media/publications/pamphlets/landlord-tenant.htm>

- Toll-free: **800-945-WSBA** (9722)
- Local: **206-443-WSBA** (9722)

Washington State Department of Health Consumer Assistance - Questions about public health

(800) 525-0127

Center for Health Statistics, <http://www.doh.wa.gov/EHSPHL/CHS/Cert.htm>

ordering vital records including: birth, death, marriage, divorce certificates

- 360- 236-4300
- Email contactchs@doh.wa.gov

Mental Health Services

SAMHSA's National mental Health Information
Center <http://mentalhealth.samhsa.gov/publications/allpubs/stateresourceguides/Washington01.asp> Downloaded 3-18-10

State Mental Health Agency

For more information about admission, care, treatment, release, and patient follow-up in public or private psychiatric residential facilities, contact your State mental health agency:

Richard E. Kellogg, Director
Mental Health Division
Department of Social and Health Services
P.O. Box 45320
1115 Washington Street
Olympia, WA 98504-5320
Phone: 360-902-8070
Toll-free: 800-446-0259
Fax: 360-902-0809
Internet: www1.dshs.wa.gov/mentalhealth

Spanish language assistance available

State Substance Abuse Agency

Contact your State substance abuse agency for information about treatment and care of substance abuse disorders:

Doug Allen, Director
Division of Alcohol and Substance Abuse
Department of Social and Health Services
612 Woodland Square Loop SE,
Building C, MS:45330
Olympia, WA 98504-5330
Phone: 206-722-3700
Toll-free: 877-301-4557
Fax: 360-438-8057
E-mail: DASAINformation@dshs.wa.gov
Internet: www1.dshs.wa.gov/dasa

State Protection and Advocacy Agency

Each State has a protection and advocacy agency that receives funding from the Federal Center for Mental Health Services. Agencies are mandated to protect and advocate for the rights of people with mental illnesses and to investigate reports of abuse and neglect in facilities that care for or treat individuals with mental illnesses. These facilities, which may be public or private, include hospitals, nursing homes, community facilities, board and care homes, homeless shelters, jails, and prisons. Agencies provide advocacy services or conduct investigations to address issues that arise during transportation or admission to such facilities, during residency in them, or within 90 days after discharge from them. Contact:

The Washington Protection and Advocacy System
315 Fifth Avenue South, Suite 850
Seattle, WA 98104
Phone: 206-324-1521
Toll Free: 800-562-2702
TDD: 800-905-0209
Fax: 206-957-0729
E-mail: wpas@wpas-rights.org
Internet: www.wpas-rights.org

Spanish language assistance available

Centers for Medicare and Medicaid Services (CMS)

The Centers for Medicare and Medicaid Services, which is part of the Department of Health and Human Services, investigates some complaints about treatment facilities that receive Medicare and Medicaid funding. For further information at the national level, contact:

Centers for Medicare and Medicaid Services
7500 Security Boulevard
Baltimore, MD 21244-1850
Phone: 410-786-3000
Toll-free: 877-267-2323
TDD: 866-226-1819
E-mail: question@cms.gov
Internet: www.CMS.gov

You may also share your concerns with staff at the Centers for Medicare and Medicaid Services office in your area, which is Region 10. The regional office address and telephone number are:

Office of the Regional Administrator
Centers for Medicare and Medicaid Services
2201 6th Ave, Suite 801
Seattle, WA 98121

Phone: 206-615-2306

Fax: 206-615-2027

Internet: www.cms.hhs.gov/RegionalOffices/Downloads/SeattleRegionalOffice.pdf

Advocacy Organizations

Mental Health America (formerly the National Mental Health Association) maintains a referral and information center and can help you locate local chapters. These local groups have information about community services and act as advocates for people unable to represent themselves. For more information about the association, write or call:

Mental Health America Resource Center
2000 North Beauregard Street - 6th Floor

Alexandria, VA 22311

Phone: 703-684-7722

Toll-free: 800-969-6642

TDD: 800-433-5959

Fax: 703-684-5968

E-mail: infoctr@nmha.org

Internet: www.nmha.org

The National Alliance on Mental Illness maintains a helpline for information on mental illnesses and referrals to local groups. The local self-help groups have support and advocacy components and offer education and information about community services for families and individuals. For information about the Alliance's affiliates and activities in your State, contact:

NAMI Washington State

500 108th Avenue NE, Suite 800

Bellevue, WA 98004-5580

Phone: 425-990-6404

Toll Free: 800-782-9264

E-mail: office@nami-greaterseattle.org

Statewide consumer organizations are run by and for consumers of mental health services and promote consumer empowerment. These organizations provide information about mental health and other support services at the State level and are active in addressing and advocating for mental health system issues. For information about consumer activities in your area, contact:

Capital Club House

618 7th Avenue, SE

Olympia, WA 98501

Phone: 360-357-2582

Fax: 360-357-2821

E-mail: recovery@capitalclubhouse.org
Internet: www.capitalclubhouse.org

Office of Consumer Affairs
Mental Health Division
Department of Social and Health Services
P.O. Box 45320
1115 Washington Street
Olympia, WA 98504-5320
Toll-free: 800-446-0259
Fax: 360-902-0809
Internet: www.wa.gov/dshs

The National Mental Health Consumers' Self-Help Clearinghouse, funded partly by the Center for Mental Health Services, promotes and helps to develop consumer-run self-help groups across the country. Technical assistance and materials are available on such topics as organizing groups, fundraising, leadership development, incorporating, public relations, advocacy, and networking. For more information, contact:

The National Mental Health Consumers' Self-Help Clearinghouse
1211 Chestnut Street, Suite 1207
Philadelphia, PA 19107
Phone: 215-751-1810
Toll-free: 800-553-4KEY (539)
Fax: 215-636-6312
E-mail: info@mhselfhelp.org
Internet: www.mhselfhelp.org

The National Empowerment Center is a Technical Assistance Center run by mental health consumers/survivors. The Center's mission is to carry a message of recovery, empowerment, hope and healing to people who have been diagnosed with mental illness. The Center provides information and referrals to consumer/survivor resources nationwide and offers technical assistance to individuals and groups involved in consumer empowerment activities. The Center distributes recovery-related publications and sponsors education and training activities. For information on consumer/survivor activities in your area, contact:

The National Empowerment Center
599 Canal Street
Lawrence, MA 01840
Phone: 978-685-1494
Toll-free: 800-769-3728
Fax: 978-681-6426
E-mail: info4@power2u.org
Internet: www.power2u.org

The Consumer Organization & Networking Technical Assistance Center (CONTAC), funded by the Center for Mental Health Services, is a resource center for consumers/survivors and consumer-run organizations across the United States. Services and products include informational materials; on-site training and skill-building curricula; electronic and other communication capabilities; networking and customized activities promoting self-help, recovery, leadership, business management, and empowerment. For more information contact:

Consumer Organization & Networking Technical Assistance Center (CONTAC)
P.O. Box 11000
Charleston, WV 25339
Phone: 304-345-7312
Toll-free: 888-825-TECH (8324)
Fax: 304-345-7303
E-mail: usacontac@contac.org
Internet: www.contac.org

Other Sources of Information

Eating Disorders

To find information about and therapists treating eating disorders you can go to websites: <http://www.edreferral.com/states/wa.html> or <http://www.edtreatmentcenters.com/washington.php> or hot line **1-800-941-5313**

Girls Incorporated is a national nonprofit youth organization dedicated to inspiring all girls to be strong, smart, and bold. With roots dating to 1864, Girls Inc has provided vital educational programs to millions of American girls, particularly those in high-risk, underserved areas. Today, innovative programs help girls confront subtle societal messages about their value and potential, and prepare them to lead successful, independent, and fulfilling lives. **Girls Inc.** <https://www.girlsinc-online.org/> Inspiring Girls to be Strong, Smart and Bold.

There are many sources of information that you can tap. Your area mental health authority, which is generally a part of the local government, may be useful. Other branches of your city or county government also may be able to help. For example, the education office might have information about help for children, and the agency for the aging might know about services for senior citizens. In addition, your family physician or area hospital may be able to make referrals. For legal advice, contact your local bar association or go to www.findlegalhelp.org. In addition, your local library and telephone yellow pages may have resource lists for sources of help in your community.

Parenting Resources

<http://parenting.wsu.edu/resources/index.htm> **viewed 1-21-10**

Links outside Washington State University provide an option for finding further information on a variety of Parent Education Resources Resources. No endorsement of products or information is implied.

[Family Development Information from the National Cooperative State Research Education and Extension Service.](#)

You will find updates on what family life specialists across the country are doing.

[Children, Youth and Families Education and Research Network](#)

Resources for youth, parents and professionals. Lots of interesting places to go and free resources for all. This rich site is a service of the Cooperative Extension System.

[Human Development and Family Life Education Resource Center of The Ohio State University](#)

Fact sheets, bulletins for parent educators to use in their classes, evaluation help, and other great resources. Check it out!

[National Network for Child Care](#)

Cooperative Extension System's National Network for Child Care is your link to an array of resources to support childcare professionals, parents and guardians do the best job possible of caring for children. The site has newsletters, resources on a variety of topics and ways for you to engage with colleagues and specialists in the child care arena.

[Strengthening Families Program for Parents and Youth 10-14 Years](#)

WSU Cooperative Extension is working with partners in various communities across the state to bring this award-winning program to Washington families. Find out about local programs, training, research and materials and link to the original program research at Iowa State University.

[Talaris Research Institute](#)

Talaris Research Institute is dedicated to advancing knowledge of early brain development for all who nurture children. Talaris is affiliated with the Center for Mind, Brain, and Learning at the University of Washington and sponsors research conducted by some of the scientists at the Center. Talaris Research Institute provides useful updates on relevant research that can be read and used by parenting educators, teachers, parents and caregivers. This link will take you directly to the Talaris Research Spotlights page. Visit it regularly for updates.

[WonderWise Parent](#)

Check out this award winning resource developed by Dr. Charles Smith of Kansas State University. This is a joy to behold. It is full of imagination, wonder and great

information for professionals, students, and parents. You can take a class on-line or do a self-study. The photos and graphics are a visual treat and the content is superb.

[Zero to Three Website](#)

Resources for parents and professionals totally devoted to infants and toddlers.

[A World of Possibilities - Skills for Creating Happiness and Blessing Others](#)

"A World of Possibilities" teaches a set of core skills that have application in nearly every area of life. Mastering these skills enables one to be calmer, happier, more energetic, and more effective. He or she becomes a better citizen, parent, spouse, partner, friend, co-worker better at just about anything. The program is flexible, easy-to-use, and enjoyable; it's ideal for both individuals and groups; it enhances creativity and productivity; and it fosters healthy relationships while opening up new worlds of possibility, both individually and collectively. Developed by University of Kentucky Cooperative Extension Service.

Planned Parenthood Phone Numbers and Address

<http://www.plannedparenthood.org/health-center/findCenter.asp> Downloaded 1-10

Bellevue Health Center

1420 156th NE #C Bellevue WA 98007

P: 800.230.7526

F: 425.957.1161

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Bellingham Clinic

Bellingham

1530 Ellis Street Bellingham WA 98225

P: 360.734.9095

F: 360.715.8416

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Bellingham Community Service Office

Bellingham

4101 Guide Meridian Bellingham WA 98226

P 360.734.9095

Services Offered

- Abortion Referral
- Birth Control Services
- Emergency Contraception
- LGBT Services
- Patient Education
- Pregnancy Testing, Options & Services

Bremerton Health Center

Bremerton

623 NE Riddell Road Suite 103 Bremerton WA 98310

P: 800.230.7526

F: 360.373.1379

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Centralia Health Center

Centralia

1020 W Main Street Centralia WA 98531

P: 800.230.7526

F: 360.330.5791

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Cheney Express Clinic

Cheney

301 Second Street Cheney WA 99004

P: 509.326.2142

F: 509.235.6017

Services Offered

- Abortion Referral
- Birth Control Services
- Emergency Contraception
- LGBT Services
- Patient Education
- Pregnancy Testing, Options & Services

Ellensburg Health Center

Ellensburg

312 North Pine Street Ellensburg WA 98926

P: 866.904.7721

F: 509.925.6732

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Everett Health Center

Everett

1509 32nd St., PO Box 1051 Everett WA 98206

P: 800.230.7526

F: 425.259.1533

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Federal Way Health Center

Federal Way

1105 S 348th Street #B103 Federal Way WA 98003

P: 800.230.7526

F: 253.661.9132

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Friday Harbor Clinic

Friday Harbor

535 Market St, Ste E Friday Harbor WA 98250

P: 360.378.6010

F: 360.378.6050

Services Offered

- Abortion Referral
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Issaquah Health Center

Issaquah

75 NW Dogwood Street, Suite B Issaquah WA 98027

P: 800.230.7526

F: 425.369.0725

Services Offered

- Abortion Referral
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education

- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Kenmore Health Center

Kenmore

6610 NE 181st #2 Kenmore WA 98028

P: 800.230.7526

F: 425.482.1881

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Kennewick Health Center

Kennewick

7426 West Bonnie Place Kennewick WA 99336

P: 866.904.7721

F: 509.735.2587

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing

- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Kent Valley Health Center

Kent

10056 SE 240th #A Kent WA 98031

P: 800.230.7526

F: 253.850.2982

Services Offered

- Abortion Referral
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Lynnwood Health Center

Lynnwood

19505 76th Ave W. 200 Lynnwood WA 98036

P: 800.230.7526

F: 425.778.3866

Planned Parenthood of the Great Northwest

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Marysville Health Center

Marysville

10210 State Ave. Marysville WA 98271

P: 800.230.7526

F: 360.658.6987

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Mt. Vernon Clinic

Mt Vernon

900 E College Way #120 Mt Vernon WA 98273

P: 360.848.1744

F: 360.848.0583

Services Offered

- Abortion Referral
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Mt. Vernon Community Service Office

Mt. Vernon

900 E. College Way, Suite 102 Mt. Vernon WA 98273

P: 360.848.1744

Services Offered

- Abortion Referral
- LGBT Services
- Patient Education
- Pregnancy Testing, Options & Services

Oak Harbor Health Center

Oak Harbor

3159 N Goldie Road, PO Box 837 Oak Harbor WA 98277

P: 800.230.7526

F: 360.679.4019

Services Offered

- Abortion Services
- Birth Control Services

- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Olympia Health Center

Olympia

402 Legion Way, Suite 201 Olympia WA 98501

P: 800.230.7526

F: 360.754.5793

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Pullman Health Center

Pullman

1205 SE Professional Mall Blvd. Suite 105 Pullman WA 99163

P: 509.326.2142

F: 509.334.5411

Services Offered

- Abortion Referral
- Birth Control Services
- Emergency Contraception
- HIV Testing
- LGBT Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment

Puyallup Health Center

Puyallup

702-30th Ave SW Puyallup WA 98373

P: 800.230.7526

F: 253.864.8548

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Seattle Health Center

Seattle

2001 E Madison Seattle WA 98122

P: 800.230.7526

F: 206.328.7520

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

University District Health Center

Seattle

4500 9th Ave NE #324 Seattle WA 98105

P: 800.230.7526

F: 206.633.0838

Planned Parenthood of the Great Northwest

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

University District Roosevelt Health Center

Seattle

5020 Roosevelt Way NE Seattle WA 98105

P: 800.230.7526

F: 206.729.0499

Services Offered

- Abortion Referral
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

West Seattle Health Center

Seattle

9641 28th Avenue SW Seattle WA 98126

P: 800.230.7526

F: 206.935.5623

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Shelton Health Center

Shelton

2505 Olympic Hwy N, #400 Shelton WA 98584

P: 800.230.7526

F: 360.426.1409

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Silverdale Health Center

Silverdale

10030 Silverdale Way Suite 106 Silverdale WA 98383

P: 800.230.7526

F: 360.307.0943

Services Offered

- Abortion Referral
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education

- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Francis Clinic

Spokane

1925 East Francis Spokane WA 99207

P: 509.326.2142

Services Offered

- Abortion Referral
- Birth Control Services
- Emergency Contraception
- LGBT Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment

Indiana Health Center

Spokane

123 E Indiana Ave Suite 100 Spokane WA 99207

P: 509.326.2142

F: 509.326.4926

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- HIV Testing
- LGBT Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment

Valley Health Center

Spokane

10525 E. Trent Spokane WA 99206

P: 509.326.2142

F: 509.892.6169

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- HIV Testing
- LGBT Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment

Sunnyside

Sunnyside

2934 Covey Lane Sunnyside WA 98944

P: 866.904.7721

F: 509.837.7322

Services Offered

- Abortion Referral
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Tacoma Health Center

Tacoma

813 Martin Luther King Jr. Way Tacoma WA 98405

P: 800.230.7526

F: 253.272.2718

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

University Place Express Health Center

University Place

2607 Bridgeport Way University Place WA 98465

P: 800.230.7526

F: 253.564.1401

Services Offered

- Abortion Referral
- Birth Control Services
- Emergency Contraception
- General Health Care
- HPV & Hepatitis Vaccines
- LGBT Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Salmon Creek

Vancouver

2105 NE 129th Street, Suite 105 Vancouver WA 98686

P: 888.875.7820

Services Offered

- Abortion Referral
- Birth Control Services
- Emergency Contraception
- HIV Testing
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Vancouver Center

Vancouver

5500 NE 109th Court Suite A Vancouver WA 98662

P: 888.875.7820

F: 360.694.1631

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Walla Walla

Walla Walla

828 South First Avenue Walla Walla WA 99362

P: 866.904.7721

F: 509.522.1940

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Yakima

Yakima

1117 Tieton Drive Yakima WA 98902 1117

P: 866.904.7721

F: 509.248.0496

Services Offered

- Abortion Services
- Birth Control Services
- Emergency Contraception
- General Health Care
- HIV Testing
- HPV & Hepatitis Vaccines
- LGBT Services
- Men's Health Services
- Patient Education
- Pregnancy Testing, Options & Services
- STD Testing & Treatment
- Women's Health Services

Poisoning

If you have a poison emergency or want information on poisoning control, you can call the Washington Poison Center at: **1-800 222 1222** or go on the internet at website: <http://www.wapc.org/>

Washington

Protection & Advocacy System

Where can I find more information on employment discrimination?

You can call or write the following organizations for more information:

Northwest ADA/IT Center
Oregon Health & Science University
P.O. Box 574
Portland, OR 97204-0574
Voice/TTY: 1-800-949-4232
Email: nwada@ohsu.edu
Web site: www.nwada.org
U.S. Equal Employment Opportunity Commission
909 First Avenue, Suite 400
Seattle, WA 98104
Voice: 1-800-669-3362
TTY: 206-220-6882
Web site: www.eeoc.gov
Washington State Human Rights Commission
Olympia Office: For Complaints from Western Washington and the Olympics,

including Pierce, Thurston, Clark, Lewis, Grays Harbor, and Kitsap Counties
P.O. Box 42490
711 S. Capitol Way, Suite 402
Olympia, WA 98504
Voice: 1-800-233-3247
FAX: 360-586-2282
TTY: 1-800-300-7525
Seattle Office: For Complaints from Central and North Puget Sound, including King, Snohomish, Skagit, San Juan, Island, and Whatcom Counties
Voice: 1-800-605-7324
FAX: 206-464-7463
TTY: 206-587-5168
Spokane Office: For Complaints from Eastern Washington, including Spokane, Whitman, Okanogan, Lincoln, Ferry, and Stevens Counties
Great Western Building
W 905 Riverside Ave, Ste. 416
Spokane, WA 99201-1099
Voice: 509-456-4473
FAX: 509-456-4441
Yakima Office: For Complaints from Central Washington, including Yakima, Kittitas, Chelan, Benton, Walla Walla, and Klickitat Counties
32 N 3 rd Suite 422
Yakima, WA 98901-273
Voice: 1-800-662-2755
FAX: 509-575-2064
SE HABLA ESPAÑOL

To obtain this information in an alternate format, please contact the Commission's ADA Coordinator in the Seattle Office.

US Department of Justice
Civil Rights Division
P.O. Box 66118
Washington, DC 20035
(202) 514-0301
www.usdoj.gov/crt/ada

Public and Private Schools

Public and Private Schools	University City	University Type
Apollo College (509) 532-8888	Spokane	Private
Argosy University (206) 393-3545	Seattle	Private
Charter College (509) 546-3900	Pasco	Private
DeVry University (253) 943-2800, (425) 455-2242	Multiple Campuses	Private
Everest College (425) 255-3281	Multiple Campuses	Private
International Academy of Design & Technology (205) 267-4223	Tukwila	Private
ITT Technical Institute (206) 244-3300	Multiple Campuses	Private
Keller Graduate School of Management (425) 455-2242 and -	Multiple Campuses	Private
Le Cordon Bleu College of Culinary Arts (888) 485-6222	Seattle	Private
The Art Institute of Seattle (206) 448-0900	Seattle	Private
University of Phoenix (866) 766-0766	Multiple Campuses	Private
Antioch University Seattle (206) 441-5352	Seattle	Private
Bastyr University (425) 823-1300	Kenmore	Private
Bates Technical College (253) 680-7000	Tacoma	Community College
Bellevue College (425) 564-1000	Bellevue	Community College
Bellingham Technical College (360) 752-8383	Bellingham	Community College

Big Bend Community College (509) 793-2222	Moses Lake	Community College
Cascadia Community College (425) 352-8000	Bothell	Community College
Central Washington University (509)963-1111	Ellensburg	Public
Centralia College (360) 496-5022	Centralia	Community College
City University of Seattle (206) 364-4228	Bellevue	Private
Clark College (360) 699-6398	Vancouver	Community College
Clover Park Technical College (253)589-5666	Lakewood	Community College
Columbia Basin College (509) 946-9669	Pasco	Community College
Cornish College of the Arts (206) 726-5151	Seattle	Private
Eastern Washington University (509) 359-4550	Cheney	Public
Edmonds Community College (425) 640-1459	Lynnwood	Community College
Everest College (360) 254-3282	Vancouver	Community College
Everett Community College (425) 388-9100	Everett	Community College
Faith Evangelical Seminary (253) 752-2020	Tacoma	Private
Gonzaga University (866) 295-3105	Spokane	Private
Grays Harbor College (360) 532-9020	Aberdeen	Community College
Green River Community College (253) 833-9111	Auburn	Community College
Heritage University (509) 865-8500	Toppenish	Private
Highline Community College (206) 878-3710	Des Moines	Community College

Lake Washington Technical College 425-739-8100	Kirkland	Community College
Lower Columbia College (360) 442-2000	Longview	Community College
North Seattle Community College (206) 527-3600	Seattle	Community College
Northwest Baptist Seminary (877) 311-6104	Tacoma	Private
Northwest College of Art (360) 779-9993	Poulsbo	Private
Northwest Indian College (360) 676-2772	Bellingham	Community College
Northwest University (425) 822-8266	Kirkland	Private
Olympic College (360) 792-6050	Bremerton	Community College
Pacific Lutheran University (253) 531-6900	Tacoma	Private
Peninsula College (360) 452-9277	Port Angeles	Public
Pierce College (253) 840-8431	Lakewood	Community College
Puget Sound Christian College (425) 775-8688	Mountlake Terrace	Private
Renton Technical College (425) 235-2352	Renton	Community College
Saint Martin's College (360) 459-4522	Lacey	Private
Seattle Central Community College (206) 587-3800	Seattle	Community College
Seattle Institute of Oriental Medicine (206) 517-4541	Seattle	Private
Seattle Pacific University (206) 281-2000	Seattle	Private
Seattle University (800) 426-7123	Seattle	Private
Shoreline Community College (206) 546-4101	Shoreline	Community College
Skagit Valley College (360) 416-7600	Mount Vernon	Community College

South Puget Sound Community College (360) 596-5232	Olympia	Community College
South Seattle Community College 206-764-5300	Seattle	Community College
Spokane Community College (509) 533-7000	Spokane	Community College
Spokane Falls Community College (509) 533-3624	Spokane	Community College
Tacoma Community College (253) 566-5000	Tacoma	Community College
The Evergreen State College (360) 867-6000	Olympia	Public
Trinity Lutheran College (425) 392-0400	Issaquah	Private
University of Puget Sound (253) 879-3211	Tacoma	Private
University of Washington (206) 543-9686	Seattle	Public
University of Washington - Bothell (425) 352-5000	Bothell	Public
University of Washington - Tacoma (253) 692-4000	Tacoma	Public
Walla Walla Community College (509) 522-2500	Walla Walla	Community College
Walla Walla University (800) 541-8900	College Place	Private
Washington State University (509) 335-3564	Pullman	Public
Washington State University - Spokane (509) 358-7500	Spokane	Public
Washington State University - Tri-Cities (509) 372-7250	Richland	Public
Washington State University - Vancouver 360-546-9788	Vancouver	Public

Webster University at Fairchild AFB (509) 244-2079	Fairchild AFB	Private
Wenatchee Valley College (509) 682-6800	Wenatchee	Community College
Western Washington University 360-650-3000	Bellingham	Public
Whatcom Community College (360) 383-3000	Bellingham	Community College
Whitman College (877) 462-9448	Walla Walla	Private
Whitworth University (509) 777-1000	Spokane	Private
Yakima Valley Community College (509)574-4600	Yakima	Community College

<http://www.univsource.com/wa.htm> (viewed 1-21-10)

Social Security Forms

<http://www.ssa.gov/online/ss-5fs.html> **1-800-772-1213**

Substance Abuse and Chemical Dependency Resources

Washington State Directory located at:

<http://www.dshs.wa.gov/pdf/hrsa/dasa/Directory/Directory.pdf>

Local resources for stopping smoking: website <http://www.quitline.com/> and http://www.quitline.com/my_quit_tools/im_ready_to_quit/local_resources.php

Toll Free Hot line **1-800 quit-now**

National Cocaine Hotline: 800-COCAINE (800-262-2463) Information, crisis intervention, and referrals to local rehab centers for all types of drug dependency.

To access the Directory of Certified Chemical Dependency Services in Washington, also known as the Green Book, go to the following website:

<http://www.dshs.wa.gov/pdf/hrsa/dasa/Directory/Directory.pdf>

For the State website go to:

<http://www.counselingseattle.com/acronyms/ADATSA.htm> Division of Alcohol and Substance Abuse (DASA)

DASA Headquarters: P.O. Box 45330 (MS: 45330), Olympia, WA 98504-5330

DASA Main Line: TOLL FREE **1-877-301-4557 or 360-725-3700**

DASA Fax: 360-586-0343/586-0341

To Access Treatment or Crisis Intervention, call:

Alcohol Drug Help Line

Monday – Sunday, 8 a.m. to 12 midnight

1-800-562-1240 Toll Free (from within Washington State)

206-722-3700 (from Seattle or Out of State)

Washington State Alcohol/Drug Clearinghouse

1-800-662-9111 Toll Free (from within Washington State)

206-725-9696 (From Seattle or Out of State) or FAX 206-760-0589

E-Mail: clearinghouse@adhl.org

Alcoholics Anonymous (AA) website;

<http://www.theagapecenter.com/AAinUSA/Washington.htm>

Phone Numbers Below: <http://anonpress.org/phone/wa.asp> (viewed 1/4/09)

Aberdeen	(360) 532-2691
Bellevue website	(425) 454-9192
Bellingham	(360) 734-1688

Centralia	(360) 807-0902
Clarkston	(509) 758-2821
Cle Elum	(509) 649-3133
Colville	(509) 684-3000
Edmonds	(425) 672-0987
Everett	(425) 252-2525
Friday Harbor	(360) 378-3521
Ilwaco	(360) 642-2902
Kennewick website	(509) 735-4086
Kitsap County	(800) 562-7455
Longview	(360) 423-2520
North Beach	(360) 642-2902
Oak Harbor	(888) 360-1564
Okanogan	(509) 826-6299
Olympia website	(360) 352-7344
Port Angeles website	(360) 452-4212
Pullman	(208) 882-1597
Republic	(509) 826-6299
Roslyn	(509) 649-3133
Seattle website	(206) 587-2838
Snohomish	(425) 672-0987
Spanaway	(253) 474-8897
Spokane website	(509) 624-1442
Tacoma website	(253) 474-8897
Tumwater website	(360) 352-7344
Vancouver website	(360) 694-3870
Walla Walla	(509) 522-5059
Wenatchee	(509) 663-5104
Yakima	(509) 453-7680

Washington SADD 360-241-8411, <http://www.sadd.org/states/washington.htm>

Originally, the mission of the SADD chapter was to help young people say "No" to drinking and driving. Today, the mission has expanded. Students have told us that positive peer pressure, role modeling and environmental strategies can prevent other destructive decisions and set a healthier, safer course for their lives. And that is why SADD has become a peer-to-peer education, prevention, and activism organization dedicated to preventing destructive decisions, particularly underage drinking, other drug use, risky and impaired driving, teen violence, and teen suicide

TeenLine

1-877-345-8336

The Teen Substance Abuse hotline site has hotline phone numbers for a variety of youth needs including information on runaway and crisis prevention, suicide prevention,

mental health, Gay and Lesbian youth, Violence and Abuse, Substance Abuse Disorders, AIDS and STDs and Families and Parenthood.

<http://www.seattle.gov/teen/crisis/substanceabuse.htm>

- **Al-Anon/Alateen Hotline**
1-888-425-2666
Hope and help for young people who are the relatives and friends of a problem drinker.
- **Alcoholics Anonymous - Greater Seattle**
1-206-587-2838
A 24-hour phone service offers support and information about Alcoholics Anonymous in Seattle and the Northwest.
AA's Message to Teenagers
- **Cocaine Anonymous of Washington State**
1-800-723-1923
A toll-free number from anywhere in Washington State, for more information about Cocaine Anonymous and local meetings.
- **Teen Link**
1.866.TEENLINK or 206.461.4922
The TeenLink program has a help line for teen peer advice on all issues - suicide prevention, substance abuse, relationship problems.
- **Narcotics Anonymous - Seattle**
1-206-790-8888
Narcotics Anonymous is a fellowship of recovering addicts who meet regularly to help each other stay clean. If you have a problem with drugs, call the hotline or come to one of the meetings.
- **National Eating Disorders Association**
Referral Helpline: **1-800-931-2237**
The National Eating Disorders Association is a not-for-profit organization working to prevent eating disorders and provide treatment referrals to those suffering from anorexia, bulimia and binge eating disorder and those concerned with body image and weight issues. The helpline is available Monday - Friday, 8:30am - 4:30pm, Pacific Time.
- **The Cool Spot**
A website for young teens about alcohol and resisting peer pressure.
- **Washington State Teenline**
1-877-345-8336
A crisis intervention and referral service offering 24/7 help and support for those who want to talk about drug/alcohol abuse problems for themselves or for

someone else. Staffed by teen volunteers Monday to Thursday, 3:00 pm - 7:00 pm

Vocational Rehabilitation

Welcome to Washington DVR's website. Helping individuals with disabilities to participate fully in their communities and become employed is our purpose and passion. Are resources are available to an individual with a disability, someone seeking employment at DVR, an employer, or a DVR contractor.

State Headquarters Office (360) 725-3636 or toll free 1-800-637-5627

WorkSource Centers

Workforce Development Councils (WDCs) assure quality services to customers in the implementation of the Workforce Investment Act (WIA). The WDCs provide workforce development planning and promote coordination between education, training and employment efforts in their communities. To inquire about services, contact one of the Workforce Development Councils below or a [WorkSource Center or Affiliate](#).

[Olympic](#) | [Pacific Mountain](#) | [Northwest](#) | [Snohomish County](#) | [Seattle-King County](#) | [Pierce County](#) | [Southwest](#)
[North Central](#) | [South Central](#) | [Eastern Washington Partnership](#) | [Benton-Franklin](#) | [Spokane](#)

[Olympic Workforce Development Area](#)

Serving Jefferson, Clallam, and Kitsap Counties

Steve Frazier, Director
Workforce Development Council
614 Division Street, MS-23
Port Orchard, WA 98366
Phone (360) 337-7185
FAX (360) 337-7187
Email sfrazier@co.kitsap.wa.us

Erin Munding, WorkSource Area
Director
228 West 1st Street A
Port Angeles WA 98362
(360) 337-4754

[Pacific Mountain Workforce Development Area](#)

Serving Grays Harbor, Mason, Thurston, Pacific and Lewis Counties

Mike Kennedy, Director
Workforce Development Council
719 Sleater-Kinney Road SE
Suite 200
Lacey, WA 98503-1133
Phone (360) 754-4113, Ext. 111
FAX (360) 754-4119
Email
MHKennedy@PacificMountainWorkSource.org

Anne Goranson-Salas, WorkSource
Area Director
1570 Irving St SW
Tumwater, WA 98512
Phone: (360) 570-4231

Northwest Workforce Development Area

Serving Whatcom, Skagit San Juan and Island Counties

Gay Dubigk, Workforce Development Council
Executive Director
P.O. Box 2009
Bellingham, WA 98227
Phone (360) 671-1660
FAX (360) 671-494
Email gdubigk@nwpic.bellingham.wa.us

Brian Roper, acting WorkSource Area
Director
P.O. Box 938
Bellingham WA 98227
(360) 676-3204

Snohomish County Workforce Development Area

Serving Snohomish County

Sue Ambler, Interim President
Workforce Development Council
728 134th Street SW Suite 128
Everett, WA 98204
Phone (425) 921-3423
FAX (425) 921-3484
Email sambler@snocowdc.org

Julie Lord, WorkSource Area Director
3201 Smith Ave. Suite 114
Everett WA 98201
(425) 258-6360

Seattle-King County Workforce Development Area

Serving King County

Marléna Sessions, Chief Executive Officer
Workforce Development Council
Market Place One, Suite 250
2003 Western Avenue
Seattle, WA 98121-2162
Phone (206) 448-0474
FAX (206) 448-0484

Dot Fallihee - (Campbell), WorkSource
Area Director
2707 I Street NE
Auburn WA 98002
(253) 804-1157

Tacoma-Pierce County Workforce Development Area

Serving Pierce County

Linda Nguyen, Executive Director
Workforce Development Council
3650 S. Cedar St
Tacoma, WA 98409
Phone (253) 591-5810
FAX (253) 594-7932
Email lnguyen@pic.tacoma.wa.us

Carmen Cook, WorkSource Area
Director
1305 Tacoma Ave South #201
Tacoma WA 98402
(253) 680-2888

Southwest Washington Workforce Development Area

Serving Wahkiakum, Cowlitz and Clark Counties

Lisa Nisenfeld, Executive Director
Workforce Development Council
1101 Broadway, Suite 120
Vancouver, WA 98660
Phone (360) 567-1070
FAX (360) 567-1054
Email lnisenfeld@swwdc.org

Claire Berger, WorkSource Area
Director
5411 East Mill Plain Blvd. Suite 15
Vancouver WA 98661
(360) 735-4950

North Central Workforce Development Area

Serving Okanogan, Chelan, Douglas, Adams and Grant Counties

Dave Petersen, Director
Workforce Development Council
P.O. Box 2360
234 N. Mission Avenue
Wenatchee, WA 98807-2360
Phone (509) 663-3091
FAX (509) 667-1562
Email Dave@SkillSource.org

Marcia Henkle, WorkSource Area
Director
P.O. Box 1927
Wenatchee WA 98807-1927
(509) 665-3733

South Central Workforce Development Area

Serving Yakima, Kittitas, Klickitat and Skamania Counties

Patrick Baldoz, Director
Workforce Development Council
120 So. 3rd, Suite 200-A
Yakima, WA 98901
Phone (509) 574-1950

Ignacio Marquez, WorkSource Area
Director
306 Division
Yakima WA 98902
(509) 574-0123

FAX (509) 574-1951
Email patrickb@co.yakima.wa.us

Eastern Washington Partnership Workforce Development Area

Serving Ferry, Pend Oreille, Garfield, Stevens, Lincoln Whitman, Columbia, Walla Walla and Asotin Counties

Tom O'Brien, Director, Workforce Development Council
Rural Resources Community Action
956 S. Main, Ste. B
Colville, WA 99114
Phone (509) 684-8421
FAX (509) 685-6094
Email tobrien@ruralresources.org

Jennie Weber, WorkSource Area Director
1530 Stevens
Walla Walla WA 99362
(509) 527-1801

Benton-Franklin Workforce Development Area

Serving Benton and Franklin Counties

Michelle Mann, Executive Director
Workforce Development Council
815 North Kellogg Street, Suite C
Kennewick, WA 99336
Phone (509) 734-5980
FAX (509) 734-5999
Email mmann@bf-wdc.org

Todd Dixon, WorkSource Area Director
815 North Kellogg Suite D
Kennewick WA 99336
(509) 734-5945

Spokane Workforce Development Area

Serving Spokane County

Mark Mattke, Workforce Strategy & Planning Director
Workforce Development Council
808 W. Spokane Falls Blvd.
Room 606, City Hall
Spokane, WA 99201
Phone (509) 625-6210
FAX (509) 625-6929
Email mmattke@wdcspokane.com

Frankie Arteaga, WorkSource Area Director
130 S. Arthur Street
Spokane, WA 99202
Phone: (509) 532-3190

