

The State of Washington



Proclamation

WHEREAS, there is great benefit in preventing and treating mental health and substance use disorders, and many people recover successfully in Washington and around the nation, allowing them to fully participate in employment and engage in their community; and

WHEREAS, in 2013, in the United States 2.5 million people aged 12 or older received substance use treatment and 34.6 million adults aged 18 or older received mental health services, according to the 2013 *National Survey on Drug Use and Health*; and

WHEREAS, in Washington, one in three high school sophomores reported feeling sad and hopeless, and about one in five sophomores reported recent use of alcohol and marijuana in the 2014 *Healthy Youth Survey*; and

WHEREAS, this year's National Recovery Month theme - Join the Voices for Recovery: Visible, Vocal and Valuable - highlights the value of peer support in educating, mentoring and helping others; and

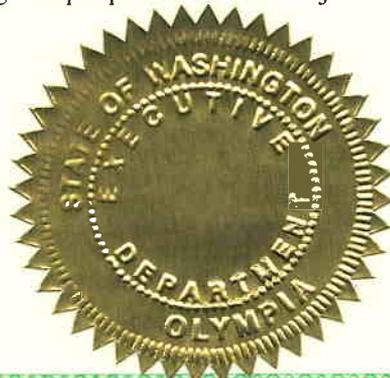
WHEREAS, we must also encourage relatives, co-workers, and friends to help prevent behavioral health conditions, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

WHEREAS, to help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services, the Substance Abuse and Mental Health Services Administration, the White House Office of National Drug Control Policy, and the Washington State Department of Social and Health Services invite all Washington residents to participate in National Recovery Month;

NOW THEREFORE, I, Jay Inslee, Governor of the state of Washington, do hereby proclaim the month of September 2015 as

Recovery Month

in Washington, and I urge all people in our state to join me in this special observance.



Signed this 27th day of August, 2015

A blue ink signature of Governor Jay Inslee.

Governor Jay Inslee