



SBIRT

Alcohol Screening, Brief Intervention
and Referral to Treatment



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2003-2008 WASBIRT Initiative

- Declines in substance use, increased abstinence, reduced anxiety and depression, increased employment, and reductions in homelessness
- Increased admissions to chemical dependency treatment for individuals who received a brief intervention
- Reductions in medical costs for individuals who received a brief intervention

WASBIRT-PCI 2011-2016

- The WASBIRT-PCI goal is to implement SBIRT into primary health and create a sustainable, reimbursable SBIRT system
- The Medicaid codes became available for use January 1, 2014.
- SBIRT can be billed under Medicare, Medicaid, and private insurance in the state of Washington.



Washington State
Health Care Authority



UW Medicine
Accountable Care Network



MultiCare 

Multicare Primary Care SBIRT Implementation



PUGET SOUND
HIGH-VALUE
NETWORK



ADDICTION & DEPENDENCE TREATMENT
QUALITY IMPROVEMENT MODEL

UW Medicine
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How to pick a pilot clinic?

- ✓ Where are your champions?
- ✓ Competing priorities?
- ✓ Innovative mindset?
- ✓ Provider turnover?
- ✓ Where is the greatest need?



Initial Implementation

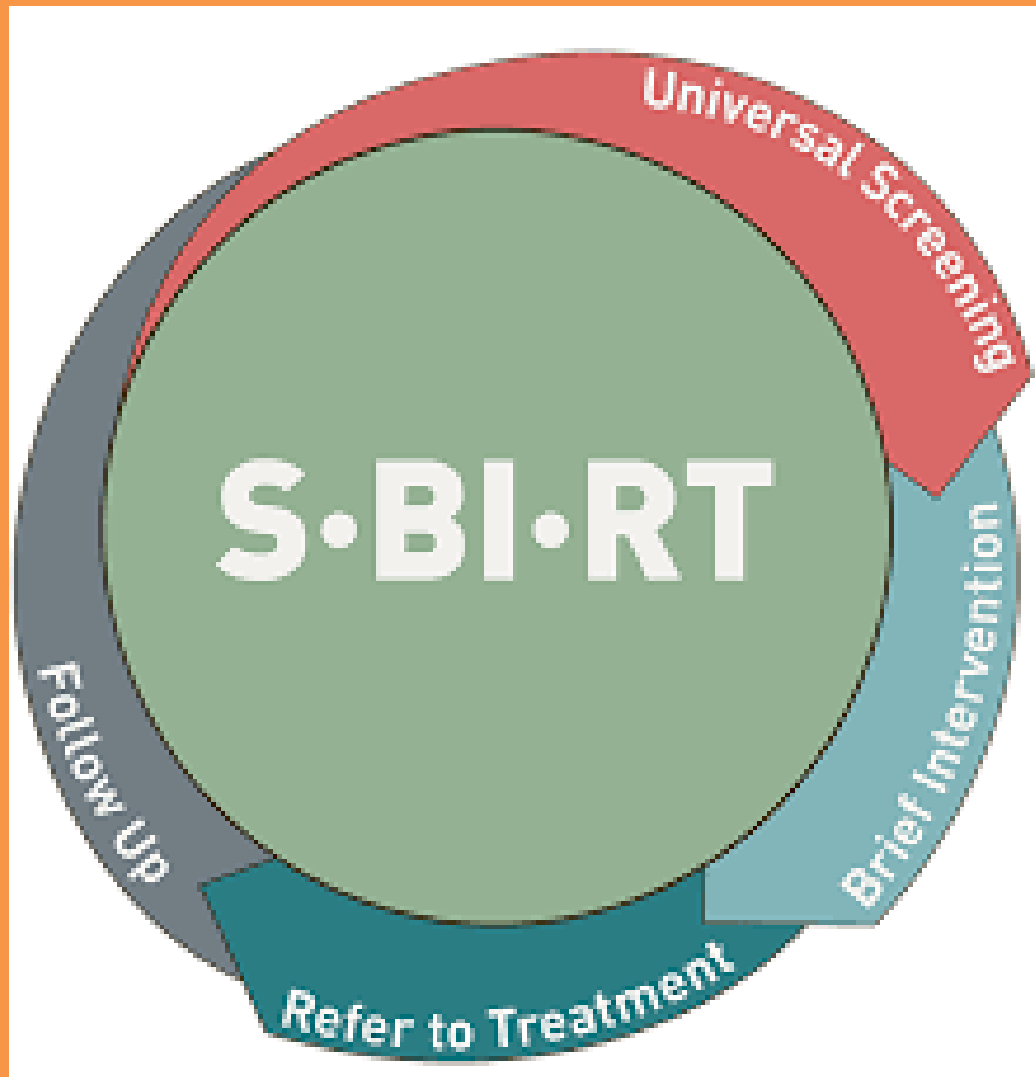


- ✓ Why should staff “buy-in” to SBIRT?
- ✓ Give staff a clear understanding of SBIRT
- ✓ Give staff ownership of the workflow
- ✓ Is the workflow imbedded or parallel?
- ✓ Staff time vs. training needs

Implementation Tips

- ✓ Make it important
- ✓ Good timing
- ✓ Start slow-prevent bottlenecks
- ✓ Have staff involved in the process
- ✓ Have the process measurable
- ✓ Goals





Thank you!