

# Pierce County's Priorities & Plan for Behavioral Health Prevention

**Peter Ansara, Director**  
**Pierce County Human Services**



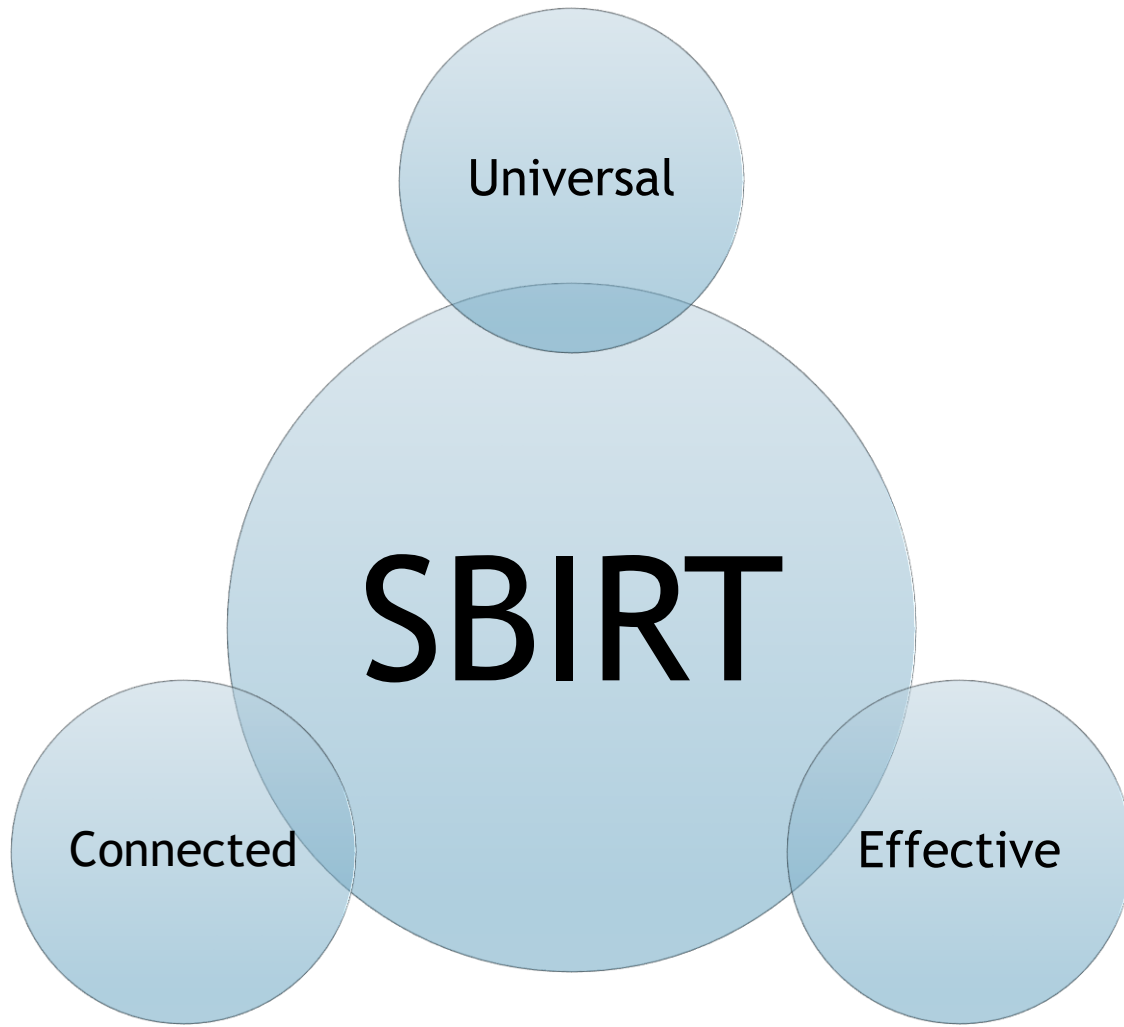
Pierce County  
Human Services

**June 14<sup>th</sup>, 2017**

# SBIRT

SBIRT is a universal public health approach to integrate behavioral and primary health care. It is a way to increase awareness that substance abuse is preventable and that treatment works. SBIRT can be provided in a wide variety of medical and community healthcare settings.





# Goals:

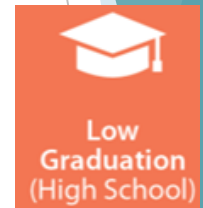
- 1. Decrease the number of alcohol related emergency department visits and repeat hospitalizations.
- 2. Reduce physical, emotional, legal, financial, family, and professional consequences of substance use.
- 3. Improve service coordination for persons with substance use disorders.
- 4. Decrease the number of alcohol related injuries and deaths.



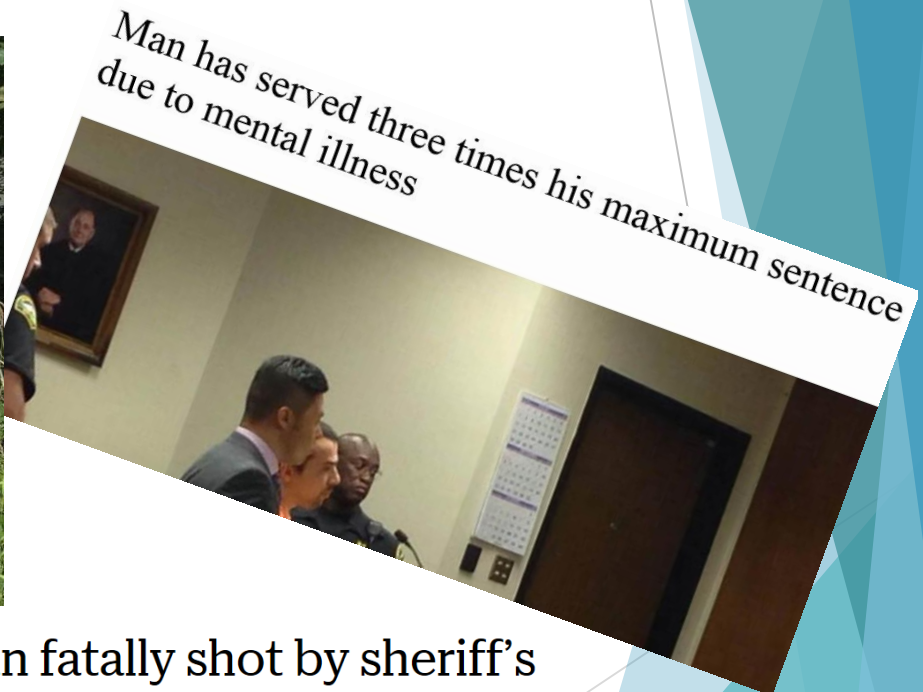


Mental illness does not discriminate.....

# ***We are in a Behavioral Health Crisis.***



# Before mall shooting, courts ordered mental health treatment



Man has served three times his maximum sentence due to mental illness

Chainsaw-wielding man fatally shot by sheriff's deputies in Graham

CRIME

AUGUST 30, 2016 8:28 AM

# Pierce County Mental Health Ad Hoc Committee


## WHY: Crisis

- ❖ **Purpose:** to bring community leaders together to develop an Integrated Community Behavioral Health High Level Plan that:
  - responds to the needs of the citizens of Pierce County;
  - complements and validates the HSRI Gap Analysis;
  - provides the Council with information to make informed decisions.





# High-Level Plan Goals



Provide trauma-informed outreach, assessment and intervention that acknowledges, respects, and integrates patients' and families' cultural values, beliefs, and practices.

Divert adults and youth with behavioral health needs from costly interventions to more appropriate services.

Reduce number, time and rate of avoidable behavioral health crises.

Link and leverage other public or private programs and services.

Increase awareness, collaboration and communication between mental health, substance use disorder (SUD) and physical health care providers.

# High-level Plan Strategic Focus Areas

## Strategy #1: Wellness, Prevention, Early Intervention and Treatment

- Are people getting what they need to stay healthy and balanced? Are people getting appropriate treatment?

## Strategy #2: Crisis Management

- Are people in crisis getting what they need to avoid unnecessary hospital stays or being put into jail?

## Strategy #3: Recovery and Re-entry Programming

- Are people who are healthy reintegrating safely to the community after crisis?

## Strategy #4: System Improvements

- How do we strengthen our systems to be nimble, accessible and adaptable to deliver the best outcomes possible?

# High-Level Plan



*What should we do?  
What could we do?*

Strategy #1:  
Wellness,  
Prevention, Early  
Intervention &  
Treatment

Strategy #2:  
Crisis  
Management

Strategy #3:  
Recovery and  
Re-entry  
Programming

Strategy #4:  
System  
Improvements

## Potential Funding Areas:

- Screening & Assessment
- Community-Based Behavioral Health Treatment
- Access to employment, housing, education and Training
- **Peer/parent mentor support**
- **Anti-stigma outreach**
- Permanent supportive housing and services
- **SBIRT**
- Intensive Services using a Wraparound Approach

## Program Outcomes:

- Increased, timely access to person-centered, culturally-appropriate, trauma-informed and evidence-based treatment for all ages
- **Increased availability of behavioral health information and education, including in non-traditional settings such as daycares, schools, primary care**
- Reduced risk factors for substance use and mental health disorders
- Increased access to housing

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Improvements

### *Potential Funding Areas:*

- Outreach and Engagement
- Services and Treatment
- Youth Services Support
- Opioid Strategies
- Adult Crisis Diversion
- Children's Crisis Outreach
- Police/EMS Co-responder programs
- CIT/De-escalation Training
- Crisis Education and Training
- Accessible and Timely Consultation Services
- **Central Triage**

### *Program Outcomes:*

- Increased access to person-centered, culturally-appropriate outpatient treatment on demand
- **Increased access to: community alternative options; diversion and crisis centers including sobering and detox; youth reception, and/or other crisis centers**
- Increased availability of medication-assisted treatment
- Increased access to treatment courts

Strategy #1  
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### *Potential Funding Areas:*

- **Housing Support & Services**
- Care During and Post Transitions
- **Training & Employment**
- Home Visiting and Nursing Home Support
- Outpatient Behavioral Health Services to non-Medicaid Individuals
- Peer support navigation

### *Program Outcomes:*

- Increased person-centered, culturally-appropriate treatment services
- Increased availability of peer services
- **Increased access to housing**
- Increased access to employment and education services
- Increased access to reentry services from jail or hospital
- Increased application of recovery and resiliency principles in services provided
- Increased access to culturally-appropriate recovery services

Strategy #1  
Wellness,  
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### *Potential Funding Areas:*

- Community Access
- Care Coordination
- Workforce Development & Training
- Coordinated Entry System
- **Integrated Data System**
- System Metrics
- Recruitment and Retention of MH/SUD Professionals

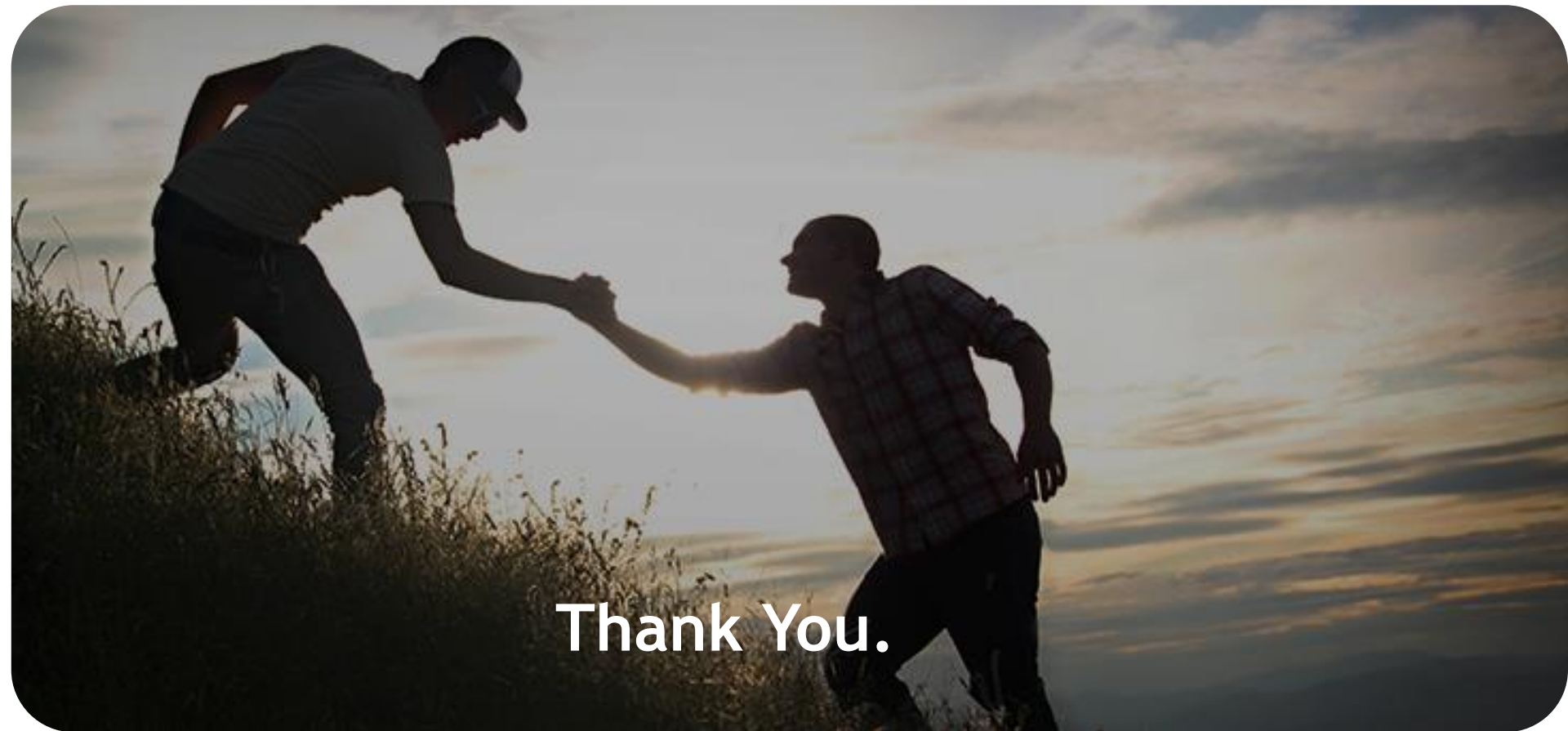
### *Program Outcomes:*

- Increased provider education and training opportunities, workforce retention & expanded workforce
- Increased cultural diversity of workforce and providers
- Increased geographic availability of services
- Increased accessibility of services & treatment on demand
- Increased use of evidence-based practices and assessment tools
- **Improved care coordination**
- Improved quality of care
- Improved client experience
- Increased access to transportation services

# Pierce County Executive Dammeier's Supplemental Budget

- ▶ **Behavioral Health Partnership Fund**
  - ▶ Mobile Community Intervention Response Teams
  - ▶ Diversion Center





**Thank You.**

