Pierce County's Priorities & Plan for Behavioral Health Prevention

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SBIRT

SBIRT is a universal public health approach to integrate behavioral and primary health care. It is a way to increase awareness that substance abuse is preventable and that treatment works. SBIRT can be provided in a wide variety of medical and community healthcare settings.
SBIRT

Universal

Connected

Effective
Goals:

- Decrease the number of alcohol related emergency department visits and repeat hospitalizations.
- Reduce physical, emotional, legal, financial, family, and professional consequences of substance use.
- Improve service coordination for persons with substance use disorders.
- Decrease the number of alcohol related injuries and deaths.
Mental illness does not discriminate.....

We are in a Behavioral Health Crisis.
Before mall shooting, courts ordered mental health treatment

Man has served three times his maximum sentence due to mental illness

Chainsaw-wielding man fatally shot by sheriff’s deputies in Graham

Pierce County
Human Services
Pierce County Mental Health Ad Hoc Committee

**WHY: Crisis**

- **Purpose:** to bring community leaders together to develop an Integrated Community Behavioral Health High Level Plan that:
  - responds to the needs of the citizens of Pierce County;
  - complements and validates the HSRI Gap Analysis;
  - provides the Council with information to make informed decisions.
High-Level Plan Goals

- Provide trauma-informed outreach, assessment and intervention that acknowledges, respects, and integrates patients' and families' cultural values, beliefs, and practices.
- Divert adults and youth with behavioral health needs from costly interventions to more appropriate services.
- Reduce number, time and rate of avoidable behavioral health crises.
- Link and leverage other public or private programs and services.
- Increase awareness, collaboration and communication between mental health, substance use disorder (SUD) and physical health care providers.
High-level Plan Strategic Focus Areas

- **Strategy #1: Wellness, Prevention, Early Intervention and Treatment**
  - Are people getting what they need to stay healthy and balanced? Are people getting appropriate treatment?

- **Strategy #2: Crisis Management**
  - Are people in crisis getting what they need to avoid unnecessary hospital stays or being put into jail?

- **Strategy #3: Recovery and Re-entry Programming**
  - Are people who are healthy reintegrating safely to the community after crisis?

- **Strategy #4: System Improvements**
  - How do we strengthen our systems to be nimble, accessible and adaptable to deliver the best outcomes possible?
High-Level Plan

What should we do?
What could we do?
Program Outcomes:

- Increased, timely access to person-centered, culturally-appropriate, trauma-informed and evidence-based treatment for all ages

- Increased availability of behavioral health information and education, including in non-traditional settings such as daycares, schools, primary care

- Reduced risk factors for substance use and mental health disorders

- Increased access to housing

Potential Funding Areas:

- Screening & Assessment
- Community-Based Behavioral Health Treatment
- Access to employment, housing, education and Training
- Peer/parent mentor support
- Anti-stigma outreach
- Permanent supportive housing and services
- SBIRT
- Intensive Services using a Wraparound Approach
**Strategy #1:** Wellness, Prevention, Early Intervention & Treatment

**Strategy #2:** Crisis Management

**Strategy #3:** Recovery and Re-entry Programming

**Strategy #4:** System Improvements

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**Potential Funding Areas:**

- Outreach and Engagement
- Services and Treatment
- Youth Services Support
- Opioid Strategies
- Adult Crisis Diversion
- Children’s Crisis Outreach
- Police/EMS Co-responder programs
- CIT/De-escalation Training
- Crisis Education and Training
- Accessible and Timely Consultation Services
- Central Triage

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**Program Outcomes:**

- Increased access to person-centered, culturally-appropriate outpatient treatment on demand
- **Increased access to:** community alternative options; diversion and crisis centers including sobering and detox; youth reception, and/or other crisis centers
- Increased availability of medication-assisted treatment
- Increased access to treatment courts
Potential Funding Areas:

- **Housing Support & Services**
- Care During and Post Transitions
- **Training & Employment**
- Home Visiting and Nursing Home Support
- Outpatient Behavioral Health Services to non-Medicaid Individuals
- Peer support navigation

Program Outcomes:

- Increased person-centered, culturally-appropriate treatment services
- Increased availability of peer services
- **Increased access to housing**
- Increased access to employment and education services
- Increased access to reentry services from jail or hospital
- Increased application of recovery and resiliency principles in services provided
- Increased access to culturally-appropriate recovery services
### Potential Funding Areas:

- Community Access
- Care Coordination
- Workforce Development & Training
- Coordinated Entry System
- **Integrated Data System**
- System Metrics
- Recruitment and Retention of MH/SUD Professionals

### Program Outcomes:

- Increased provider education and training opportunities, workforce retention & expanded workforce
- Increased cultural diversity of workforce and providers
- Increased geographic availability of services
- Increased accessibility of services & treatment on demand
- Increased use of evidence-based practices and assessment tools
- **Improved care coordination**
- Improved quality of care
- Improved client experience
- Increased access to transportation services
Pierce County Executive Dammeier’s Supplemental Budget

- Behavioral Health Partnership Fund
  - Mobile Community Intervention Response Teams
  - Diversion Center
Thank You.