

# Caregiver Connection

JANUARY 2016

A monthly publication for Washington State foster and adoptive families and relative caregivers produced by the Washington Department of Social and Health Services, Children's Administration and the Alliance for Child Welfare Excellence.

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## RAISING WELL-ROUNDED CHILDREN

By the Coalition for Children, Youth and Families.



What does it mean to raise a child with a "well-rounded" education? Certainly it means teaching your child the importance of academics and encouraging him to study hard, complete assignments and achieve good grades.

But academics is only one component of raising a well-rounded student. To become well-rounded, children need to be exposed to a plethora of diverse activities and have the space to explore an array of activities. For school-aged children, one of the best places to find these types of activities is at school, through extracurricular activities.

There are many benefits to getting your child involved in extracurricular activities, some of which are highlighted below. By and large, the biggest benefit is that students who participate in such school activities tend to be happier, healthier and more successful overall. Some additional benefits include:

Whether a child is scoring the winning goal as a member of the soccer team, debating the finer points of Newton's Laws of Motion in Physics Club, or writing a hard-hitting exposé on the cafeteria menu for the school paper, they are reaping many key benefits by participating in extracurricular school activities.

At the Coalition for Children, Youth & Families, we support all of the hard work your family is doing to ensure the children in your home have the best chance for success. Please remember that we are here for you! If you need someone to talk to, referrals to additional resources, or information, please don't hesitate to contact us at (414) 475-1246, (800) 762-8063, or [info@coalitionforcyf.org](mailto:info@coalitionforcyf.org).

As always, we welcome you to visit our website and contact us at the Coalition if you have any questions, concerns or comments you would like to share... we are here to help you.

### Featured Tip Sheets:

- Life Books: A Lifelong Priceless Treasure
- Talking to Your Children About Their Birth Parents
- Empowering Your Children to Share Their Adoption Stories

### Building relationships:

Participating in school activities helps students form new relationships and expand their circle of friends by exposing them to peers who share a common interest.

### Learning key skills:

Through school activities, children have the opportunity to learn many new and essential skills. They can learn values such as practice, teamwork, achieving long-term goals, maintaining commitments and time management.

### Building confidence and self-esteem:

Gaining friends, learning new skills and succeeding at activities helps students build confidence and a sense of self-esteem that can carry them as they confront the many challenges of growing up.

### Achieving more academically:

Numerous studies have shown that students who participate in extracurricular activities have fewer absences, score better on standardized tests, have a higher grade point average and are more likely to earn college degrees than their peers who do not participate in school activities.



*"All these skills will be invaluable as they grow into adulthood."*

# USING OUR SUPERPOWERS FOR GOOD

According to the folks who research this sort of thing, superheroes come by their superpowers in a variety of ways, as do their super-villain arch nemeses. There are a lot of lab accidents and gadget innovations, radioactive bug bites and post-apocalyptic gene mutations, but there are also those who come by their powers through inheritance or have powers bestowed upon them without their knowledge or choosing.

That is kind of how many of us come by privilege.

Privilege is a tough topic. People tend to get a little fidgety if we even mention things like “White privilege” or “class privilege” or “heteronormative privilege” (yep, that’s a thing).

Most of us come by our privilege without having any say in the matter. In fact, we simply don’t give much thought to the fact that if we have White skin we are less likely to be suspected of shoplifting, or if we are male we are less likely to be assaulted based on how revealing our shirt is. Or if we have the ability to see and hear, our intelligence isn’t immediately questioned whenever we communicate with others.

Like superheroes, certain elements of privilege give people with invisible power the ability to open doors, move more quickly through life with fewer barriers and accomplish things others may not be able to achieve quite as easily.

This is not to say that all White, able-bodied, straight, middle-class folks strut across their virtual finish lines with the wind at their backs and without breaking a sweat. Instead, it is to say that many folks in the margins were never even shown the starting line.

So how can we use our “superpowers” for good?

We all can use the privilege we have as a result of birthright and providence to learn, grow, strengthen our knowledge and use our voice for those with less power and privilege. First, we have to acknowledge that privilege exists. Then we have to learn what kinds of advantages or disadvantages it creates. Finally, if we happen to be in a group that benefits from privilege, we can use our privilege to be allies to others and stand with them and up for them, if needed.

Here’s a simple example of using privilege:

Two families, one all-White family and one interracial family with bi-racial children approach a concession stand at a sporting event. The interracial family is slightly in front of the White family, but the person working the stand inadvertently looks around the African-American dad and calls the White family behind them up to the counter. Possible reactions:

- Think to yourself, “Oh, cool, I hate waiting in these lines!”
- Think to yourself, “Reaction to what? I don’t see an issue here.”
- Think to yourself, “Oh that was an accident; he didn’t mean to do that.”
- Think to yourself, “Yes, I saw that, but I don’t want to create a scene.”
- Say to the concession worker, “Oh, thanks, but these guys were here first.”

The final choice is a person with privilege working as an ally. It may seem minor, but small acts of recognition and validation such as this one can help offset some of the many small acts of disengagement that people of color, women, people with disabilities, LGBTQ people and veterans experience daily.

Most importantly, superheroes have to learn how to manage and strengthen their powers and hone their awareness (think Spidey Sense), especially if we are parents or caregivers for young people in any marginalized group. Let’s face it: Every kid in out-of-home care has an identity in the margins somewhere, and as their caregivers, the greatest evidence of our superpowers is when we speak up for them and the group or groups to which they belong.

Using our superpowers to advocate for the kids in our care also is a great way to be a role model and teach a lesson – by example – they will hopefully carry with them all their lives.



*Marianne K. Ozmun-Wells,  
Diversity Policy Manager, DSHS  
Office of Diversity and Inclusion*

# THEY LEAVE YOUR HOME, BUT NOT YOUR HEART

By Carole Sebens, from her blog, [ididntsignupforeasy.wordpress.com](http://ididntsignupforeasy.wordpress.com)

Carole's recent blog post resonated with many current and former foster parents. It is reprinted here with her permission.

Dear past foster child,

How are you doing? Do you ever think of us, your temporary foster family? We think of you. You probably had more of an impact on us than you know. Odds are we will never meet again, but there are so many things I want to tell you.

If you were ever in a foster home where you felt loved (or were even in one that you didn't feel loved in, it is still possible you were loved, but your family didn't know how to show you love the way you wanted it, or you weren't in a place to receive it), this message is for you.

We had several of you come stay with us – some for just a few short days, but some for months. We remember the day you first came to us. There was always the anticipation and flurry of activity after we got the call.

We rarely knew much about you, because we were given information on a "need to know" basis. This meant that we had to guess at a lot of things, like what you liked to eat, how you liked to be held, how you went to sleep. We rarely got it right in the beginning. We put you in a bed at 8, and you were used to staying up until you crashed on the floor around 11 or 12. We fed you baked chicken and milk; you wanted chicken nuggets and Dr. Pepper.

You still took a bottle at night, but we didn't know that, so you cried every night as we tried different ways of rocking you to sleep.

We didn't understand you, but we tried. We tried to piece together what you wanted or had been through by things you said or things the caseworker told us. Some of you arrived hyper and wired and seemed ready to take on the world (and us!). Some of you arrived "blank". We knew there was a person inside, but we couldn't find you at first. Then slowly, we got to know you. One day, there was a spark. You showed us a piece of your soul. We cried for joy when that happened; you were so full of promise! We started to have more fun together. You also got more comfortable with us and started to rebel. It made it harder for us, but we were glad because we were starting to see the real you.

The longer we had you, the more we loved you. We tried to show you, but we know it didn't always work. We are a family, too, full of imperfections. We are sorry that our daughter freaked out when you sneezed on her at the dinner table. I mean REALLY FREAKED OUT. I know she apologized to you later, but it must have been scary at the time. I am sorry for giving you multiple directions then being frustrated with you when you didn't follow them. It took me a week to figure out that you

really didn't understand. I thought you were defying me on purpose. We are sorry it took us a few weeks to realize your rash was scabies. The caseworker told us it was eczema. We are sorry you got your immunizations twice. The doctor's office hadn't recorded that your mom had done it the week before you came to us. This is just the tip of the iceberg. We have a lot more "I'm sorry's" that we would tell you. We want you to know that we still think about you and talk about you. We wonder where you are at. We play the question game as a family – How old would he be now? Then we go on, "What do you think she looks like?"

Remember how beautiful her hair was? Remember how hard it was to comb the tangles and how much she hated us brushing it? What grade would he be in? Do you think his parents stayed together? I wonder if he's broken any bones yet. (He used to climb on everything). Is there someone loving him?

We also reminisce. We talk about something you did that was cute or funny or scary or naughty. Remember how much she liked "so big." Remember when she was so sick with croup and we stayed up all night then finally took her to the emergency room because we were so scared? Remember her favorite movie she wanted to watch over and over and over? Remember how he would sing in the car? Remember how she would yell when we left the library? Remember when she ran from us in the store and we couldn't catch her? Remember how he would randomly hit whoever sat next to him in the car? We still get out your pictures and ooh and aw over you. We pray for you. We hope you are doing well.

We also want you to know that we would have kept you if we could. Sometimes, we knew it was really best that you went back to your family. They loved you and just needed the time to figure things out. They didn't know how to parent or had to take care of an addiction. Other times, we sent you home and were afraid for you. We didn't think your parents were ready, but it wasn't up to us. As much as we loved you, we didn't have any rights to you. We gave our opinions, but we never knew if they were ever taken into account (It usually didn't seem like it). We did what we could, but it never felt like enough. Sometimes we think about what we could have done differently. Would it have made a difference? We don't know.

We have talked about finding you when you turn 18. Most of you were young though, so you really wouldn't even remember us. We do want you to know that we did not choose to abandon you. You were in a system where we were not allowed to be in contact with you after you left us. If we knew your parents, we tried. Sometimes they let us stay in your life, sometimes they didn't. No matter what you take from this, we want you to always know that we still love you and always will.



# FOSTER PARENTS: NEW YEAR'S RESOLUTION – RECRUITMENT!

Are you looking for a different New Year's Resolution? Maybe you've already read all the books on your bucket list, or you've lost last year's extra pounds and now you have a regular work-out routine at the gym. Consider helping us spread the word about the ongoing need for foster parents in Washington!

Do you belong to an organization that has a newsletter or an on-line publication? Share the link for Children's Administration's Foster Parent web page and ask your contacts to include it in their publications, or post it on their bulletin boards at work.

<https://www.dshs.wa.gov/CA/fos/becoming-a-foster-parent>.

## FREQUENTLY ASKED QUESTIONS

The Children's Administration's Division of Licensed Resources posts the answers to questions frequently asked by foster parents at this link: [www.dshs.wa.gov/ca/fp-faq](http://www.dshs.wa.gov/ca/fp-faq)

One of the questions is: "How do I obtain respite for my child?"

Here is the answer:

- First, consider the child in your care – where will respite work best for the child? In your home, or in another licensed foster parent's home?
- As you work toward licensure, ask family or friends to become approved as your respite provider and help them complete the required paperwork.
- The Prudent Parenting Law allows you to use family or friends you know and trust to provide care for your foster child for up to 72 hours. This can take place in your home or theirs. You are responsible for any payment for this type of short-term care.
- You may request respite care through the child's assigned caseworker and the Children's Administration placement coordinator in your local Division of Child and Family Services office. (If your area has a centralized placement service, please check with the placement staff first.) Provide your request in writing and include the date and time you want the respite to begin and the date and time you will return to pick up your child. It is important for the child's safety and well-being that the respite provider has the information necessary to meet the child's needs. It is also important to share information about any upcoming appointments or visits the child may have. The respite provider also should have emergency contact infor-

mation and information about any medications or special dietary needs.

- Foster parent support groups are an excellent way to meet other foster parents from your area. Often, group members will provide respite for other foster parents who are part of their group.
- Become a member of one of the Foster Parent Support Facebook groups hosted by our Recruitment and Retention contractors. Foster parents often post their need for respite care and find other foster parents who are willing to do respite.

Children's Administration policy identifies three types of respite care:

- Retention respite – respite days earned monthly when caring for a dependent child. Paid by Children's.
- Child-specific respite – tied to the medical, behavioral or special needs of an individual child. Paid by Children's.
- Exchange respite – planned and negotiated between licensed caregivers. Not paid by Children's. The FAQs on the website give basic tax information for foster parents and relative caregivers – check it out: [www.dshs.wa.gov/ca/fp-faq](http://www.dshs.wa.gov/ca/fp-faq)



**Do** you have a teen or pre-teen aged 11-15 in your care? Do you want to improve your relationship and encourage healthy choices?

Researchers from the University of Washington are working in collaboration with DSHS/Children's Administration and the Alliance for Child Welfare Excellence to identify ways to help foster teens and their caregivers get along well and make healthy choices.

The program begins in winter 2016, and they are looking for participants.

Researchers have adapted a parenting curriculum and created "Connecting" as a tool for youth in foster care and their foster or relative caregivers. "Connecting" is designed to help strengthen family relationships and may help families develop skills that will reduce the risk of drug use, risky sexual behavior, and violence among teens.

### Caregivers will learn how to:

- Talk to your teen about the important people in their lives.
- Communicate with one another effectively.
- Talk about family expectations.
- Be sensitive to LGBTQ youth in your care.
- Learn many other helpful parenting strategies.

The Connecting program consists of a DVD and a workbook with step-by-step activities that families can complete at their own pace in a timeframe of eight-to-11 weeks. It is completely free for families.

### Who is eligible?

Caregivers and the pre-teen/teen(s), aged 11-15, residing in their care.

### What do I do?

Caregivers and teens are asked to complete three surveys each, receive weekly support phone calls from a researcher and complete the Connecting program activities.

How long do I participate?

The Connecting program will take three to four months. Researchers also will continue to follow up with families once a year for two years. Each caregiver and teen will receive \$25 per survey in compensation. Caregivers also are eligible for continuing education credit.

### How can I get involved?

Contact your child's social worker or one of the researchers listed below.



- Kevin Haggerty, MSW, PhD Principal Investigator, University of Washington School of Social Work Social Development Research Group (SDRG) (206) 543.3188; [haggerty@uw.edu](mailto:haggerty@uw.edu)

- Susan Barkan, PhD Co-Investigator University of Washington School of Social Work Partners for Our Children (POC), (206) 221-3124; [barkas@uw.edu](mailto:barkas@uw.edu)

### Why Connecting?

Here are some quotes from foster parents who went through the material with their teens:

- "This is an awesome program that ALL families should do!"
- "I was really apprehensive at first... Now, it's awesome!"
- "The program creates a lot of opportunities to open the lines of communication."
- "The Digital Stories resulted in wonderful, deep conversations. [My teen] opened up about things she had never talked about before. There's just a lot more openness."
- "[This program] covers interesting info that gets missed on a day-to-day basis between crisis and busyness."
- "We learned something about each other and found common interests".
- "[This program] addresses real and relevant issues and facilitates openings for families to talk about topics that can be hard to approach."
- "It helped my teen come out of her shell."
- "Foster families come in blind – we need more information and tools like this."
- "We learned things about each other that we didn't know, and that helped us communicate more."
- "Things are night-and-day different from where we were a year ago. This helped guide us through it."
- "The examples and videos related to our situation and made us feel like we're not alone."



# REMINDERS

## CAREGIVER MILEAGE

It's time to submit your monthly mileage form to your social worker. If you have need a copy of the mileage form, use this link:

[https://www.dshs.wa.gov/fsa/forms?field\\_number\\_value=07-090&title](https://www.dshs.wa.gov/fsa/forms?field_number_value=07-090&title)

If you have questions about allowable mileage use this link:

[https://www.dshs.wa.gov/ca/fp-faq?field\\_ca\\_categories\\_for\\_fp\\_faq\\_value=mile&=Apply](https://www.dshs.wa.gov/ca/fp-faq?field_ca_categories_for_fp_faq_value=mile&=Apply)

Please remember:

Children's does not reimburse for mileage over 90 days old.



You can also save the date for the Pacific Northwest Caregiver's Conference, May 13-15 at Great Wolf Lodge, a few miles south of Olympia.

For more information: [fpaws@fpaws.org](mailto:fpaws@fpaws.org)

Free Washington state park passes are available through Children's Administration.

Contact Michelle Christiansen at: [Chrisma@dshs.wa.gov](mailto:Chrisma@dshs.wa.gov)

## SAVE THE DATE

## WE ARE FAMILY DAY 2016

The 8th annual We Are Family Day event with the Seattle Mariners baseball at Seattle's Safeco Field will be Sunday, May 1, the first day of Foster Care Month and the month in which Kinship Care Day is celebrated. In 2015, more than 2,800 people purchased tickets to this popular event.

As has become tradition, at 10 a.m. we'll have a pre-game ceremony. Discounted tickets, which will be available online next spring, will be for the 1:10 p.m. game against the Kansas City Royals, who won World Series this year.

More information will be made available through the Caregiver Connection in the months leading up to We Are Family Day.



# FREE ENTRY TO SEATTLE AQUARIUM



Seattle Aquarium passes are also available through Children's Administration. You must have one of the three authorized cards to access the aquarium – Placement letters, License wall certificates and other forms of caregiver ID will not work. Please DO NOT ask the Aquarium staff to allow you to enter without the required documentation.



Foster Parents can obtain the wallet ID card from their licensor.

State of Washington  
DEPARTMENT OF SOCIAL AND HEALTH SERVICES  
THIS CERTIFIES THAT

\_\_\_\_\_  
IS A LICENSED CAREGIVER WITH  
THE STATE OF WASHINGTON  
Department of Social and Health Services  
Children's Administration

\_\_\_\_\_  
Authorizing Signature

\_\_\_\_\_  
June 30, 2016  
Expiration Date

State of Washington  
DEPARTMENT OF SOCIAL AND HEALTH SERVICES  
THIS CERTIFIES THAT

\_\_\_\_\_  
IS AN UNLICENSED CAREGIVER WITH  
THE STATE OF WASHINGTON  
Department of Social and Health Services  
Children's Administration

\_\_\_\_\_  
Authorizing Signature

\_\_\_\_\_  
June 30, 2016  
Expiration Date

Relative caregivers with a dependent child placed by Children's Administration can obtain a wallet pass card from their home study writer.

Relative Caregivers who are not involved with the child welfare system can obtain a wallet card from one of the Kinship Support agencies or networks serving Washington relative caregivers.

For further information, contact Meri Waterhouse, [meri.waterhouse@dshs.wa.gov](mailto:meri.waterhouse@dshs.wa.gov)



\_\_\_\_\_  
IS A RELATIVE RAISING CHILDREN

\_\_\_\_\_  
AUTHORIZING SIGNATURE

\_\_\_\_\_  
EXPIRATION DATE

# Additional *Resources*



## Washington State's Kinship Navigators

Helping grandparents and relatives raising children

Locate information, resources, and a link to your local Kinship Navigator for support at:

<https://www.dshs.wa.gov/altsa/kinship-care-support-services>

## Foster Intervention Retention and Support Team (FIRST)

Offers neutral third party advice and support for foster parents when dealing with allegations or a licensing violation.

### ALL FOSTER PARENTS STATEWIDE PLEASE CALL:

253-219-6782

Email:  
[FIRST@olivecrest.org](mailto:FIRST@olivecrest.org)

## Fostering Well-Being Care Coordination Unit (FWB CCU)

FWB CCU can help answer health-related questions or help you with health related issues for children/youth in your care.

Contact information:

1-800-422-3263 ext. 52626 or  
360-725-2626

(8:00 a.m.– 4:30 p.m.) or

e-mail: [fwbccu@dshs.wa.gov](mailto:fwbccu@dshs.wa.gov).

## FPAWS

Foster Parent Association of Washington State FPAWS is an all volunteer, non-profit association, led by experienced caregivers who provide support and helpful services to all caregivers (foster, adoptive, and kinship) in Washington State.

Contact FPAWS at

[www.fpaws.org](http://www.fpaws.org)

1- 800-391-CARE (2273).

## FOSTER PARENT AND CAREGIVER CRISIS AND SUPPORT LINE:

1-800-301-1868

## Foster Care Critical Support and Retention Program

This program was developed to help retain foster parents who care for sexually reactive children, physically assaultive children, or children with other high-risk behaviors. Short term therapeutic and educational interventions are available to help support the stability of the placement.

This service is free of charge and is provided through Olive Crest. Contact the child's worker if a referral would help you in handling the behaviors of the child in your home.

If you would like to learn more about the available services contact Jasmine Hodges Olive Crest's Critical Support Clinician

425-1612 ext. 1356 or

[Jasmine-Hodges@olivecrest.org](mailto:Jasmine-Hodges@olivecrest.org)

# Meet Our Recruitment Partners

## WHO SUPPORT YOU

Children's Administration (CA) works in partnership with two separate agencies to provide foster parent recruitment and retention / support services to prospective foster parents, current foster parents and relative caregivers in all areas of Washington. Our goals are to:

- Increase the numbers of safe, quality foster families to meet the diverse needs of children and youth placed in out-of-home care in Washington State, and
- Offer support to foster parents and relative caregivers

Prospective foster parents are welcome to license through either CA's Division of Licensed Resources (DLR), or any private child placing agency licensed in Washington. Our recruitment partners serve all families, regardless of where they choose to become licensed.



Olive Crest's Fostering Together program supports the west side of the state (Regions 2 and 3) through foster care Liaisons.

Eastern Washington University's Fostering Washington program supports (Region 1) the east side of the state through Resource Peer Mentors (RPMs),

The Liaisons or RPMs provide information, help and guidance for you from your first inquiry, through training, and throughout the licensing process to become foster parents. Liaisons and RPMs both answer questions and share helpful information during your foster care journey. They offer:

- Support at your first placement,
- Support groups , (some with training hours available and some provide a meal and / or child care)
- Mentoring,
- Training, and
- On-line Facebook groups



All supports are designed with our caregivers in mind. We want to help you connect with other caregivers, obtain additional training, and find answers to questions. Both Olive Crest and Eastern Washington University offer information and referral services to foster parents and relative caregivers. The regional liaisons or peer mentors also help resolve issues foster parents may experience in their local area. Contact the liaison or RPM listed for your area with any questions you might have.



# EWU's Staff List

## Region 1:



Last Name	First Name	Email	Counties	Phone
Boorman	Lisa	<a href="mailto:lboorman@ewu.edu">lboorman@ewu.edu</a>	Grant, Adams	(208) 484-5725
Christensen	Jennifer	<a href="mailto:jchristensen6@ewu.edu">jchristensen6@ewu.edu</a>	Walla Walla, Columbia	(509) 629-1262
Flowers	Meaghan	<a href="mailto:mflowers1@ewu.edu">mflowers1@ewu.edu</a>	Spokane, Lincoln	(509) 991-9692
Harris	Ruth	<a href="mailto:rharri28@ewu.edu">rharri28@ewu.edu</a>	Ferry, Stevens, Pend Oreille	(509) 675-8888
Muse	Mon Ra'	<a href="mailto:mmuse@ewu.edu">mmuse@ewu.edu</a> Assistant Director	Spokane, Whitman, Garfield, Asotin	(509) 359-0791
Morehead	LeDeana	<a href="mailto:lmorehead@ewu.edu">lmorehead@ewu.edu</a>	Chelan, Douglas	(509) 670-7270
Powers	Druska (Dru)	<a href="mailto:dpowers@ewu.edu">dpowers@ewu.edu</a> First Program Manager	R1 North and South	(509) 230-9608
Sherman	Amber	<a href="mailto:asherman4@ewu.edu">asherman4@ewu.edu</a> Regional Coordinator	Spokane, Pend Orielle, Stevens, Ferry	(425) 422-6557
White	Wendy	<a href="mailto:wwhite@ewu.edu">wwhite@ewu.edu</a>	Chelan, Douglas	(509) 731-2060
Hancock	Windy	<a href="mailto:whancok2@ewu.edu">whancok2@ewu.edu</a>	Richland, Benton	(509) 528-6392 (h) (509) 322-1191 (c)
Curbow	Staci	<a href="mailto:scurbow@ewu.edu">scurbow@ewu.edu</a>	Kennewick, Benton	(509) 308-2950 (h) (509) 308-2950 (c)
Crossley	Cheryl	<a href="mailto:ccrossley1@ewu.edu">ccrossley1@ewu.edu</a>	Zillah - Yakima	(509) 985-7038
Acosta	Mirna	<a href="mailto:amirna@ewu.edu">amirna@ewu.edu</a>	Yakima – Yakima (Spanish speaking)	(509) 307-3628
Lesley	Molly	<a href="mailto:mohallor@ewu.edu">mohallor@ewu.edu</a>	Spokane – Spokane	(509) 326-6250
Moon	Lori	<a href="mailto:lmoon4@ewu.edu">lmoon4@ewu.edu</a>	Sunnyside – Yakima	(509) 882-4996
Rogers	Linda	<a href="mailto:lrogers13@ewu.edu">lrogers13@ewu.edu</a>	Spokane- Spokane	(509) 389-7192
Cammack	Heather	<a href="mailto:hcammack24@ewu.edu">hcammack24@ewu.edu</a>	Colfax – Whitman	(509) 288-0207
Thompson	Karen	<a href="mailto:kthomps9@ewu.edu">kthomps9@ewu.edu</a>	Spokane – Spokane Valley	(509) 230-4668
Bludau	Melike	<a href="mailto:mbludau@ewu.edu">mbludau@ewu.edu</a>	Spokane- Spokane	(509) 714-7728
Farnsworth	Chrystal	<a href="mailto:cfarnsworth1@ewu.edu">cfarnsworth1@ewu.edu</a>	Cle Elum- Kittitas	(509) 304-7000
Tajeda	Brittney	<a href="mailto:btejeda@ewu.edu">btejeda@ewu.edu</a>	Richland- Benton	(509) 438-9608
Stoebner	Hayley	<a href="mailto:hstoebner@ewu.edu">hstoebner@ewu.edu</a> Regional Coordinator	Leavenworth- Adams, Chelan, Douglas, Grant, Okanogan	(509) 322-1191 (c)
Whitworth	Tyann	<a href="mailto:twhitworth@ewu.edu">twhitworth@ewu.edu</a> Regional Coordinator	Yakima, Kittitas, Klickitat, Columbia, Walla Walla, Franklin, Benton	(509) 731-2060

## Olive Crest's Fostering Together Liaisons: Region 2:

Last Name	First Name	Email	Counties	Phone
Crow	Shala	<a href="mailto:Shala-Crow@olivecrest.org">Shala-Crow@olivecrest.org</a> Program Director	Region 2	(360) 220-3785
Parra	Deena	<a href="mailto:Deena-Parra@olivecrest.org">Deena-Parra@olivecrest.org</a> First Program Manager	Region 2	360-572-4271
McClure	Leilani	<a href="mailto:Leilani-McClure@olivecrest.org">Leilani-McClure@olivecrest.org</a>	NE King County	425-681-2094
Anderson	Maia	<a href="mailto:Maia-anderson@olivecrest.org">Maia-anderson@olivecrest.org</a>	South King County	425-346-8336
Moran	JoAnne	<a href="mailto:Joanne-Moran@olivecrest.org">Joanne-Moran@olivecrest.org</a>	King West County, MLK, White Center	206-856-8533
Harp	Megan	<a href="mailto:Megan-Harp@olivecrest.org">Megan-Harp@olivecrest.org</a>	Smokey Point	425-350-3839
Buckles	Summer	<a href="mailto:Summer-Buckles@olivecrest.org">Summer-Buckles@olivecrest.org</a>	Everett, Sky Valley and Lynnwood	425-830-9400
Pitts-Long	Angela	<a href="mailto:Angela-Pitts-Long@olivecrest.org">Angela-Pitts-Long@olivecrest.org</a>	Central District	425-614-6176
Uratsun	Christina	<a href="mailto:Christina-Urtasun@olivecrest.org">Christina-Urtasun@olivecrest.org</a>	Island, San Juan, Skagit and Whatcom	360-720-0969

## Olive Crest's Fostering Together Liaisons: Region 3:

Last Name	First Name	Email	Counties	Phone
Marshel	Leeann	<a href="mailto:Leeann-marshel@olivecrest.org">Leeann-marshel@olivecrest.org</a> Regional Director	Region 3 Coordinator	360-909-0421
Fowler	Michelle	<a href="mailto:Michelle-Fowler@olivecrest.org">Michelle-Fowler@olivecrest.org</a>	Support Assistant for Region 3	360-772-1955
Thompson	Erika	<a href="mailto:Erika-Thompson@olivecrest.org">Erika-Thompson@olivecrest.org</a>	Pierce	206-406-2398
Johns	Jeanie	<a href="mailto:Jeanie-Johns@olivecrest.org">Jeanie-Johns@olivecrest.org</a>	Kitsap	360-265-3398
Hatzenbuehler	Niki	<a href="mailto:Niki-Hatzenbuehler@olivecrest.org">Niki-Hatzenbuehler@olivecrest.org</a>	Mason and Thurston	253-219-3355
Cortani	Linda	<a href="mailto:Linda-Cortani@olivecrest.org">Linda-Cortani@olivecrest.org</a>	Jefferson and Clallam	360-640-0869
Mitchell	Tristan	<a href="mailto:Tristan-mitchell@olivecrest.org">Tristan-mitchell@olivecrest.org</a>	Grays Harbor & Pacific	360-581-3590
Vacant			Lewis, Cowlitz, Wahkiakum	
Glover	Kim	<a href="mailto:Kim-Gover@olivecrest.org">Kim-Gover@olivecrest.org</a>	Clark and Skamania	360-433-7150



## Caregiver Training

The Alliance for Child Welfare Excellence provides training for foster parents, relatives, and prospective adoptive parents who are providing care to children placed in their homes by the Children's Administration.

The Course Schedule provides easy access to scheduled trainings in your community.

To register for a course you can visit our website at:

[www.allianceforchildwelfare.org](http://www.allianceforchildwelfare.org) and click on the Course Schedule.

The first time, and only once, you will be asked to set up a *profile* account. Follow the instructions for setting up an account. When you create a profile you will receive an email to set up your *password*. This is an important step. Leave the website, review your email and create a password.

Once a password is created you are ready to register for courses.

For any questions, please email [registration@allianceforchildwelfare.org](mailto:registration@allianceforchildwelfare.org)

For caregivers that do not have a computer or need assistance registering for classes, the Alliance has registrars available to help you, including a Spanish speaking registrar. For assistance, please call 1-866-577-1915 and leave a message for a registrar in your Region. A registrar will contact you and help you with your registration.



The **Alliance** has now added new onLine (eLearning) Trainings to our WebCatalog

You can see the entire list at <https://allianceforchildwelfare.org/course-catalog>.

*Notice the word eLearning after the title. This will help you in differentiating between the in person and the on line class.*

We have added the following caregiver eLearnings to the Catalog:

- Effects of Abuse and Neglect on Child Development (eLearning for Caregivers)
- Infant Safety and Care (eLearning for Caregivers)
- Introduction to the Indian Child Welfare Act (ICWA)(eLearning for Caregivers)
- Parent-Child Visitation (eLearning for Caregivers)
- So You Have Your First Placement: Now What (eLearning for Caregivers)
- Youth Missing From Care (eLearning for Caregivers)



REGION	NAME	EMAIL	TELEPHONE
<b>R1 Spokane &amp; surrounding areas</b>	<b>Jan Hinkle-Rodriguez, Supervisor</b>	<a href="mailto:janh5@uw.edu">janh5@uw.edu</a>	509-836-5499
	Leon Covington, Trainer	<a href="mailto:leonc44@uw.edu">leonc44@uw.edu</a>	509-846-8641
	Nancy Leigh, Trainer,	<a href="mailto:Leighn2@uw.edu">Leighn2@uw.edu</a>	509-846-8645
	Renee Siers, Trainer	<a href="mailto:siersr@uw.edu">siersr@uw.edu</a>	509-363-3399
	Kebbie Green, Registrar		1-866-577-1915
<b>R1 Yakima, Tri-Cities, Ellensburg &amp; surrounding areas</b>	Jan Hinkle-Rodriguez, Supervisor	<a href="mailto:janh5@uw.edu">janh5@uw.edu</a>	509-836-5499
	Ryan Krueger, Trainer	<a href="mailto:krry300@uw.edu">krry300@uw.edu</a>	509-358-3096
	Patty Orona	<a href="mailto:po5@uw.edu">po5@uw.edu</a>	509-225-7927
	Eileen Angier, Registrar		1-866-577-1915
	Maria Amaya, Registrar – Spanish (Español)		1-866-577-1915
<b>R2 Seattle Metro Area</b>	Yolonda Marzest, Supervisor	<a href="mailto:ymarzest@uw.edu">ymarzest@uw.edu</a>	206-923-4955
	El-Freda Stephenson, Trainer	<a href="mailto:elfreda@uw.edu">elfreda@uw.edu</a>	206-923-4922
	Cara Mbaye, Trainer	<a href="mailto:mbayec@uw.edu">mbayec@uw.edu</a>	206-923-4914
	Janice Jackson, Registrar		1-866-577-1915
<b>R2 Bellingham, Everett, Mount Vernon &amp; surrounding areas</b>	Yolonda Marzest, Supervisor	<a href="mailto:ymarzest@uw.edu">ymarzest@uw.edu</a>	206-923-4955
	Julie Gelo, Trainer	<a href="mailto:jkg@uw.edu">jkg@uw.edu</a>	425-339-1811
	Joan Sager, Trainer	<a href="mailto:sagerj2@uw.edu">sagerj2@uw.edu</a>	360-594-6744
	Julie Kerr, Registrar		1-866-577-1915
<b>R3 Tacoma, Bremerton, Puyallup &amp; surrounding areas.</b>	Arthur Fernandez-Scarberry, Supervisor	<a href="mailto:sart300@uw.edu">sart300@uw.edu</a>	206-276-4549
	Gracia Hahn, Trainer	<a href="mailto:hahng@uw.edu">hahng@uw.edu</a>	253-983-6362
	Luanne Hawley, Registrar		1-866-577-1915
<b>R3 Tumwater, Olympia, Centralia, Long Beach, South Bend, &amp; surrounding areas.</b>	Penny Michel, Trainer	<a href="mailto:mpen300@uw.edu">mpen300@uw.edu</a>	360-725-6788
<b>R3 Clallam County and Jefferson County</b>	Robert Judd, Trainer	<a href="mailto:juddre@uw.edu">juddre@uw.edu</a>	
<b>R3 Aberdeen, South Bend and Long Beach.</b>	Stephanie Rodriguez, Trainer	<a href="mailto:steph75@uw.edu">steph75@uw.edu</a>	206-321-1721
<b>R3 Vancouver, Camas, Stevenson &amp; Kelso.</b>	Colleen Cornman-Wilcox, Trainer	<a href="mailto:cm39@uw.edu">cm39@uw.edu</a>	360-993-7991
	Kim Glover, Registrar		1-866-577-1915