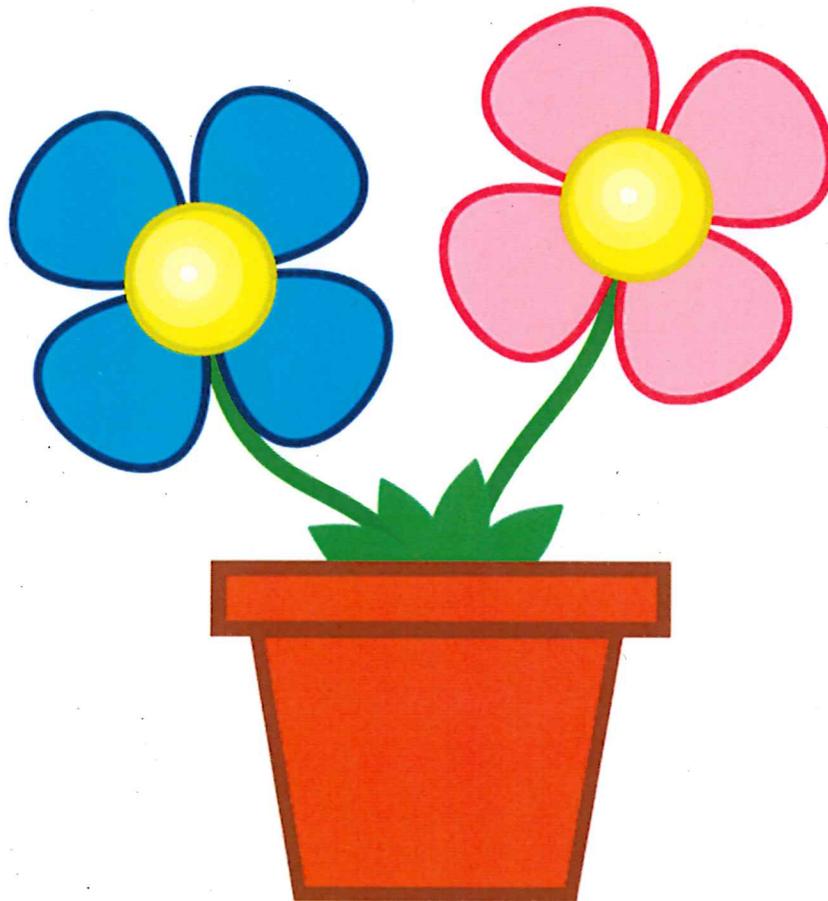


2015



APRIL



Free & Low Cost Activities
Now Including a Caregiver Resource Guide!

This list, compiled by Treehouse Little Wishes Program, is provided as a guide only; please contact the location where the event is being held for details, questions, or for confirmation that the event is still happening.

The City Council has completed its budget deliberations and adopted the 2011 budget on Monday, November 22. There will be changes to the operating hours at some community centers, and changes to some Parks and Recreation fees. We have tried to provide the most up to date information, but changes may still occur before registration starts. Please call your local community center or pool for updates. We apologize for the inconvenience this may cause.

WEST SEATTLE AND SOUTH PARK.....Page 3

- Alki Community Center
- Alki Bathhouse
- Delridge Community Center
- Hiawatha Community Center
- High Point Community Center
- South Park Community Center
- Southwest Community Center
- Southwest Teen Life Center

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- Ballard Community Center
- Bitter Lake Community Center
- Loyal Heights Community Center

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- Garfield Community Center
- Garfield Teen Life Center
- Yesler Community Center
- Yesler Teen Room
- International District/Chinatown (IDCCC)
- Belltown Community Center

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- Jefferson Community Center
- Ranier Beach Community Center
- Ranier Community Center

- Van Asselt Community Center

OTHER ACTIVITIES.....Page 28

CAREGIVER RESOURCE GUIDE.....Page 22

WEST SEATTLE AND SOUTH PARK

CITYWIDE TEEN ADVISORY COUNCIL (TAC)

Join other teens and make a difference in your community. The Teen Advisory Council (TAC) plans activities, fundraisers, and volunteer projects. If you're interested, please join our monthly meetings by registering with the teen programs at any community center. Times and days of meetings will vary from center to center.

Alki C.C. Third Fri. of the month 5-6 p.m.

Delridge C.C. Last Thursday of the month 4-5 p.m.

Hiawatha C.C. Thursday 5 p.m.

High Point C.C. Friday 4:30 p.m.

South Park C.C. 2nd and 4th Wednesday 4:15-5 p.m.

SouthWest C.C. Tuesday 3 - 5 p.m

SPECIAL EVENTS



Moonlight Hunt & Pinata Pound – Age 11-19

Too old for egg hunts? Not this one! Pinata pound starts at 8 pm followed by a hunt for mass prizes in Hiawatha Park. Send inquiries and questions to John.Hasslinger@Seattle.gov. Upperclassmen and adult volunteers wanted.

Location: Hiawatha CC

4/17 Fri 8-9:30 pm



Cinco De Mayo Celebration/Hispanic Culture Event

Learn about the Hispanic Culture through music, food and dance.

Location: Delridge CC

5/5 Tue 6-8 pm



Taco Tuesday – All Ages

It's Cinco de Mayo! And it's Tuesday! Join us for a night of delicious Mexican food. There will be a Piñata, other fun activities and, of course, a choice of tacos (including vegetarian) along with salsa, rice, beans and snacks. \$5 fee includes tacos.

Location: Alki CC-Bathhouse

5/5 Tue 6-7:30 pm \$5

KIDS UNDER 3 EAT FREE

ALKI COMMUNITY CENTER

5817 SW Stevens St / Seattle, WA 98116

Phone: 206-684-7430 Fax: 206-938-9549

Hours of operation:

Monday – Friday 1 – 7 pm

Friday Night Skate - \$3 per person

Join us for a night of skating with your family and friends on Friday nights. For more information, call (206)684-7430.

2/3-6/19 Fri 6:30-8:30pm



Middle School Night - Ages 11-15

Come on down to Alki CC and hang out, play games, skate, eat, and more. The program is specifically designed for middle school kids.

4/24 Fri 6:30-8:50 pm

5/22 Fri 6:30-8:50 pm

(\$3 for Skating)

DELRIDGE COMMUNITY CENTER

4501 Delridge Way S / Seattle, WA 98106

Phone: 206-684-7423 Fax: 206-684-7424

Hours of operation:

Monday - Friday 9 a.m. - 9 p.m.

Saturday 10 a.m. - 5 p.m.



Teen Advisory Council

Last Thursday of the Month 6 – 7 pm



Toddler Indoor Gym - \$3

DOES YOUR CHILD NEED TO BURN OFF SOME ENERGY? Your child will learn social skills, develop hand-eye coordination, and make new friends. A

parent or responsible caregiver (18 or older) must be present at all times. Registration is not required. Times and days may vary due to community center special events or summer camps.

Mon/Wed (ends 5/27) 1 pm-4 pm \$3 per child

Delridge Bowlers Bi-Weekly Trips – Free Ages 11-19

Every other Thursday come join the Delridge teen bowlers to compete against yourself or the other kids in the neighborhood. (E-13 Form required)

Thu 4-6 pm



sense of calm. Class begins with a brief centering meditation. We continue on to a fun and fresh yoga practice for all levels. Ending with a small “yoga nap” which allows you to have a well rounded practice from the inside out. Come and explore the awesome power of YOU. Donations are gladly accepted to help subsidize this free class, buy new yoga equipment, and support other community special events.

Instructor: Rebekah Fielder

4/8-4/29 Wed 6-7 pm

5/6-5/27 Wed 6-7 pm

6/3-6/24 Wed 6-7 pm

7/1-7/29 Wed 6-7 pm

8/5-8/26 Wed 6-7 pm

Late Night Teen Program - Ages 13 - 19

Late Night is a safe and supportive environment for teens ages 13-19. This recreation based program is held on Fridays and Saturdays from 7pm-Midnight with a focus on Positive Teen interactions and engagement where all teens are welcomed. The Late Night program is aligned and supportive of the City's Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to offer! Photo ID required. Seattle Parks & Recreation Citywide Teen

Programs' goal is to impact the life trajectories of teens, by providing opportunities for community involvement, building positive relationships, and learning experiences that build skills, while embracing stewardship to ensure confident leadership roles in society. **Contact your local neighborhood specialist for more information.**

NORTH - (206) 684-7523

Meadowbrook Teen Life Center

Bitterlake Community Center

CENTRAL - (206) 684-4550

Garfield Teen Life Center

SOUTHEAST- (206) 551-7316

Ranier Community Center

Ranier Beach Community Center

Van Asselt Community Center

SOUTHWEST- (206) 684-7438

Southwest Teen Life Center

High Point Community Center

Delridge Community Center

South Park Community Center

Teen Drop-In Programs

Basketball	Mon/Wed	4-6 pm
	Tue/Thu	2-6 pm
	Fri	1-6 pm



HIAWATHA COMMUNITY CENTER

2700 California Ave SW / Seattle, WA 98116

Phone: 206-684-7441: Fax: 206-923-1691

Hours of operation:

Monday & Tuesday 1 - 9 p.m.

Wed., Thu., & Fri. 11 a.m. - 9 p.m.

Saturday 10 a.m. - 5 p.m.

Sunday Noon - 5 p.m.

"FLEX-FIT 2.0" Drop In - Ages 13-19

Smash the scale and focus on what really counts challenging your body to do great things! Student centered body-weight circuits, power yoga, core-fit training and more.

4/1-6/15 T/Th 3-4 pm



Toddler Indoor Gym - \$3

DOES YOUR CHILD NEED TO BURN OFF

SOME ENERGY? Your child will learn social skills, develop hand-eye coordination, and make new friends. A

parent or responsible caregiver (18 or older) must be present at all times. Registration is not required. Times and days may vary due to community center special events or summer camps.

Mon/Thu (ends 5/28) 10 am-1 pm \$3 per child

Invest in Yourself - Ages 13-19

Check out real opportunities to earn tuition dollars, seek scholarship funds and raise your value to potential universities. Invest in yourself! Please send emails to John.Hasslinger@Seattle.gov to schedule an appointment.

Flex-Fit Outdoor

Ages 14-19

Get out of bed and get active this summer. Teens will get variety in their workouts and have each other for support tennis, yoga, circuits, and more. For sign up, visit the Teen Room or email John.Hasslinger@Seattle.gov.

Mon 12:30-1:30 pm

After-School Teen Drop-In - Ages 12-19

Daily activities set up by teens for teen – volleyball, basketball, badminton, current music, knitting and more. Hiawatha also offers FREE dance studio space and FREE Wi-Fi access.

4/1-6/15 Mon-Fri 2:20-4 pm

Hiawatha Job Readiness Program - Ages 14-19

Join our team of community volunteers and interns! Earn service learning hours and gain skills that prepare you for work and college life. In addition to internship positions, staff also offers resume, job application, and interviewing assistance. For more information send your resume and/or inquiries to John.Hasslinger@Seattle.gov. The application period for summer internships begins April 6th.

4/1-6/15 Hours vary by position

Tutor Connect - Ages 11-19

Connect with a fellow teen who can help you succeed in the classroom. Volunteer tutors and those seeking help are asked to email John.Hasslinger@Seattle.gov. Exceptional volunteer tutors will be offered additional service opportunities in the Seattle Public Libraries' "Math Buddies" program.

4/1-6/15 Mon-Fri 3-7 pm

Weekdays by appointment

Seattle Explore - Ages 14-19

Hiawatha teen interns will plan these Friday outings on the town to include youth who've donated volunteer service through Center activities. For details and sign up, visit the Teen Room or email John.Hasslinger@Seattle.gov. Limit 11.

Location: Van leaves Hiawatha CC at 4 pm, returns at 8 pm

Select Fri 4-8 pm

Teen Outdoor Swim & Float Testing - Ages 14-19

Gain the required certification for Seattle Parks and Recreation's summer beach and water park excursions. For sign up, visit the Teen Room or email John.Hasslinger@Seattle.gov. Limit 11.

Location: Van leaves Hiawatha CC at 1 pm, returns at 5 pm

7/8, 7/15, 7/22 Wed 1-5 pm

Boating & Water Safety – Ages 14-19

Navigate the waters of Lake Washington in canoes and personal water crafts. A completed Float Test Certification and a parental waiver are required to join. For sign up, visit the Teen Room or email John.Hasslinger@Seattle.gov. Limit 11.

Location: Van leaves Hiawatha CC at 2 pm, returns at 6 pm

Select Tue 2-6 pm

Westside Drama Performance - Ages 14-19

Show your Westside Spirit and cheer on your talented 'WildCat' friends. Those who serve 15+ hours beginning April 1st earn FREE seats for a teen voted May performance! Pre-funk begins at 6 pm in the Center, show starts at 7 pm at the high school.

Date TBD Select Fri 6-10 pm

Summer Intern Application Period – SAVE THE DATE! Ages 13-19

Intern with us at Seattle Parks and Recreation! Earn service hours, trainings and certifications, gain job skills,

and have fun doing it! Pick up applications and detailed information for stipend intern opportunities. Stop in or email John.Hasslinger@Seattle.gov.

4/6-5/1 M-F

Mayor's Teen Town Hall - Ages 13-19

This is a rare opportunity for teens to share concerns, ask questions, and converse directly with the Mayor of Seattle. Please send inquiries regarding event details, including transportation options to John.Hasslinger@Seattle.gov.

Date, Location and Time: TBD



Create-A-Cook - Ages 14-19

Share recipes and cook foods that will make you loved by all. Kitchen space is limited to eight youth. Sign up in the teen room today!

4/1-6/30 Select Wed(s) 3-5 pm

Yaw Kickoff Block Party - Ages 13-19

Don't miss the biggest teen party of the school year. Join teens from around the city to celebrate terrific city teen programming and the teens who make it possible. Drop-In youth welcome. Please send inquiries regarding event details, including transportation options to John.Hasslinger@Seattle.gov.

Location and Start Time TBD

4/10 Fri

Friday Night Out – Ages 14-19

Volunteers only! Serve your community and earn hours toward a "night out". For details how to earn qualifying service hours, please visit the Teen Room or email John.Hasslinger@Seattle.gov.

Location: Van leaves Hiawatha CC at 4 pm, returns at 8 pm

4/17, 5/29 Fri 4 pm

Moonlight Hunt & Pinata Pound - Ages 11-19

Too old for egg hunts?-- Not this one! Pinata pound starts at 8 pm followed by a hunt for mass prizes in Hiawatha Park. Send inquiries and questions to John.Hasslinger@Seattle.gov. Upperclassmen and adult volunteers wanted.

Location: Hiawatha CC

4/24 Fri 8-9:30 pm

North Bend Rock Climb - Ages 14-19

O2 Program leads will instruct a group rock climbing at "the face" of North Bend... All supplies, picnic lunch, and provisions provided. Sign up requires 20+ hours of summer service. Limit 11.



Location: Van leaves Hiawatha CC at 9 am, returns at 4 pm
TBD Thu 9 am

Wildwaves Intern Celebration - Ages 14-19

Hiawatha CC staff will honor the summer service of the top 11 Hiawatha teen volunteers by taking this group to an all expense paid trip to Wild Waves. Learn how to earn qualifying service hours by visiting our Center or sending email to John. Hasslinger@Seattle.gov. Limit 11.

Location: Van leaves Hiawatha CC at 10 am, returns at 7 pm
8/14 Fri 10 am



Rattlesnake Ledge Hike - Ages 14-19

Awesome views and a physical challenge! Hike four miles through the Snoqualmie forest with views of the Cedar River watershed, Mt. Si,

Mt. Washington, Rattlesnake Lake, and Chester Morse Lake. All supplies and provisions provided. Regular participation in "Flex-Fit Outdoors" is required to join. Limit 11.

Location: Van leaves Hiawatha CC at 10 am, returns at 6 pm
8/21 Fri 10 am-6 pm

Summer Service Learning - Ages 14-19

Earn service learning hours and gain skills that will prepare you for work and university life. Make an impact! Please send emails to John.Hasslinger@Seattle.gov to sign up.

Location: Hiawatha CC

Hiawatha Teen Advisory Council (TAC) - Ages 14-19

Teens in this council plan activities, special events and community service projects that focus on 6 core program areas; 1) Sports, Health, & Fitness 2) Arts & Culture 3) Civic Engagement 4) Life Skills & Job Readiness 5) Social Recreation 6) Environmental Stewardship. Interested teens are encouraged to join the following meetings:

4/8, 5/13, 6/10, 7/8, 8/12 Wed 3 pm

HIGH POINT COMMUNITY CENTER

6920 34th Ave SW / Seattle, WA 98126

Phone: 206-684-7422; Fax: 206-684-7402

Hours of operation:

Mon., Wed., & Fri.* 1 - 9 p.m.

Tuesday & Thursday 10 a.m. - 9 p.m.

Saturday 10 a.m. - 5 p.m.



Toddler Indoor Gym - \$3

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parent or responsible caregiver (18 or older) must be present at all times. Registration is not required. Times and days may vary due to community center special events or summer camps.

Tue/Thu 10 am-2 pm \$3 per child

Popcorn & Movie

This program is for kids who participate in one or more of our programs. The youth will be able to choose the Red Box movie and choices will be discussed in our Teen Talk sessions.

Spring Program Days: 4/9, 4/23, 5/7, 5/21, 6/4, 6/18

Summer Program Days: 7/2, 7/16, 7/30, 8/13, 8/27
Every other Thursday 5-8 pm

Teen Advisory Council (High Point)

Teen Activity Council- Our council gets together to discuss what programs the youth would like to see their community center engage in. Our council arranges and helps with events and event planning. Learn about civic engagement and how to strengthen our community through youth expression and discussions. We also discuss community service hours, projects, events, and availability. Youth earn community service hours for participation.

Spring Program Dates: 4/29, 5/27, 6/24

Summer Program Dates: 7/29, 8/26

Last Wed/month 5-6 pm



Teen Art Program

Youth will create different kinds of crafts. Some of the crafts include: jewelry making, crochet, duct-tape crafts, and seasonal crafts. This class will be offered every other Friday.

Spring Program Dates: 4/10, 4/24, 5/8, 5/22, 6/26
Every other Friday 5-7 pm

Teen Grub Club

This class explores healthy eating and cooking habits. We cook from scratch. No mixes and or packaged sauces. Real whole foods are cooked and served by youth and for youth. Food is for participating youth. If you have recipe ideas or if you can cook please come out and share your ideas and thoughts.

Spring Program Dates: 4/7, 4/21, 5/5, 5/19, 6/2, 6/16
Summer Program Dates: 6/30, 7/14, 7/28, 8/11, 8/25
Every other Tuesday 4-6 pm

Teen Talk

This time is for Teens to get together socially and discuss their ideas and thoughts about all subjects. It gives them the time to identify community issues, youth issues, and personal issues in a safe and open environment. Presenters are welcome to speak to the youth as well. Information and discussion about education, health, law, justice, jobs, internships, resumes, lifestyles, these are some of the many topics for discussion. If you would like to join us, please speak with Laura Wilburn to set up a presentation day. (206)684-7422.

Spring Program Dates: 4/8, 5/6, 6/3
Summer Program Dates: 7/1, 8/12
Selected Wednesdays 4-5 pm



Teen Baking

On those off Wednesdays the kids here like to bake some fun stuff. It started out with cookies but some of the kids are interested in baking other things. We bake everything from scratch. No cake mixes allowed in this place. The youth are experimenting with using whole food choices and healthy recipes.

Spring Program Dates: 4/1, 4/15, 4/29, 5/13, 5/27, 6/10, 6/24
Every other Wednesday 4-6 pm



College Preparation

College... need help with applications, scholarships, budgets, grades, financial aid? Are they oh so confusing? This program is for youth who are looking to further their

educational goals. Learn what colleges are looking for from youth, grades, and extracurricular activities. Learn how to apply for scholarships and financial Aid. How to realistically budget for books, tuitions, and fees to avoid the credit card trap.

Spring Program Dates: 4/22, 5/20, 6/17
Summer Program Dates: 7/15, 8/12
Selected Wednesdays 4-5 pm

Fun And Games

These afternoons are for those games you don't get to play that often, games like Monopoly (life size version), Charades, Dominos, Boggle and all kinds of card games. The card game "13" has become the popular favorite of our teens so come learn how to play or challenge others to interactive games. Xbox tournaments FIFA 15 and Madden 15.

Spring Program: 4/16, 4/30, 5/14, 5/28, 6/11, 6/25
Every other Thursday 4-6 pm



Teen Taco Thursdays

This program will go along with our fun and games day. Tacos, nachos, salads... its light and its healthy.

Spring Program: 4/16, 4/30, 5/14, 5/28, 6/11, 6/25
Every other Thursday 4-6 pm

First Friday – Teen Choice

Teen Choice... this day is decided by the TAC. It can be a field trip, a treat, a game, or movie...it's all up to the teen participants. Let your voice be heard at our TAC meetings.

Spring Program Dates: 4/3, 5/1, 6/5
First Fri/month 4-7 pm



Ice Cream Socials

Everybody knows that everything tastes better with ice cream. Youth make and serve ice cream to their peers. This program is for participants in youth programs here at High Point. The youth that make and serve ice cream will receive community service hours.

Spring Program Dates: 4/17, 5/15, 6/19
Summer Program Dates: 7/17, 8/14
Third Fri/month 4-7 pm

Youth Appreciation Week - April 13-17

Youth Appreciation week is celebrated during Spring Break all across the city. Teen/Youth programs combine all week to encourage and celebrate youth experiences and participation in Parks programming.

Programs will be decided and posted on the Teen Board at the center.

Late Night Teen Program - Ages 13 - 19

Late Night is a safe and supportive environment for teens ages 13-19. This recreation based program is held on Fridays and Saturdays from 7pm-Midnight with a focus on Positive Teen interactions and engagement where all teens are welcomed. The Late Night program is aligned and supportive of the City's Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to offer! Photo ID required. Seattle Parks & Recreation Citywide Teen Programs' goal is to impact the life trajectories of teens, by providing opportunities for community involvement, building positive relationships, and learning experiences that build skills, while embracing stewardship to ensure

confident leadership roles in society. **Contact your local neighborhood specialist for more information.**

NORTH - (206) 684-7523

Meadowbrook Teen Life Center

Bitterlake Community Center

CENTRAL - (206) 684-4550

Garfield Teen Life Center

SOUTHEAST- (206) 551-7316

Ranier Community Center

Ranier Beach Community Center

Van Asselt Community Center

SOUTHWEST- (206) 684-7438

Southwest Teen Life Center

High Point Community Center

Delridge Community Center

South Park Community Center



SOUTH PARK COMMUNITY CENTER

8319 8th Ave South, Seattle, WA 98108

Phone: 206-684-7451: Fax: 206-684-7992

Hours of operation:

Mon. - Fri.* 9 a.m. - 9 p.m. Saturday 10 a.m. - 5 p.m. Sunday Noon - 5 p.m



Toddler Indoor Gym - \$3

DOES YOUR CHILD NEED TO BURN OFF SOME ENERGY? Your child will learn

social skills, develop hand-eye coordination, and make new friends. A parent or responsible caregiver (18 or

older) must be present at all times. Registration is not required. Times and days may vary due to community center special events or summer camps.

Tue (ends 6/18) 11 am – 1 pm \$3 per child

Thu (ends 6/18) 1 pm – 3 pm \$3 per child

7/1-7/29 Wed 6:30-7:30 pm

8/4-8/25 Wed 6:30-7:30 pm

Local Harvest with Marra Farm - Ages 16 and older

Local Harvest with Marra Farm Community Kitchen brings people together to prepare food and share it. Everyone gets involved in the food preparation, cooking and cleaning, and then we all eat a meal together. In addition to leaving a community kitchen with a full belly, participants gain cooking skills, fresh ideas, nutrition awareness, and perhaps best of all, new friends. Space is limited to 12 participants, please reserve your spot by calling the front desk at 684-7451 or sign up online.

4/15 Wed 5:30-8 pm

5/20 Wed 5:30-8 pm

6/17 Wed 5:30-8 pm

7/15 Wed 5:30-8 pm

8/19 Wed 5:30-8 pm

Yoga For Real - Ages 15 and older

No matter your age, shape or size yoga can increase your energy, nourish your body and cultivate a lasting sense of calm. Class begins with a brief centering meditation. We continue on to a fun and fresh yoga practice for all levels. Ending with a small "yoga nap" which allows you to have a well rounded practice from the inside out. Come and explore the awesome power of YOU. Donations are gladly accepted to help subsidize this free class, buy new yoga equipment, and support other community special events.

4/1-4/29 Wed 6:30-7:30 pm

5/6-5/27 Wed 6:30-7:30 pm

6/3-6/24 Wed 6:30-7:30 pm



Game Design

Learn how to build 2D games from scratch using your own graphic art and resources. You will learn how to design levels and characters, basic but comprehensive programming using a game engine that will enable you to publish via web, mobile, and computers. Contact site

lead Tony J. Hatten at 206-615-0981 or email me at tony.hatten@seattle.gov for more info and to sign up.

3/23-5/18 Mon 4:30-6 pm

Creative Writing

Writing a poem, reviews, documentary, column, speech, screen or stage play, short story, or even a novel? Join the Creative Writers workshop at the RecTech lab at South Park Community Center. All levels of writing skills is accepted as you will learn to expand your creativity or learn how to tap into your creative mind. Contact site lead Tony J. Hatten at 206-615-0981 or email me at tony.hatten@seattle.gov for more info and to sign up.

3/26-5/21 Thu 11 am-12:30 pm



Story Book Makers Workshop

Ever dream of creating your own story book? Now here's your chance. At the RecTech lab at South Park Community Center you will learn the fundamentals of creating an illustrative story book. You will use your drawing skills to create illustrative pages, you will learn to plan your story and imaginative plot. (Creative Writing Workshop will go well with this workshop). Contact site lead Tony J. Hatten at 206-615-0981 or email me at tony.hatten@seattle.gov for more info and to sign up.

3/24-5/19 Tue 4:30-6:30 pm

Animation

Interested in learning how to make your own cartoon? In this super fun workshop you will produce your very own cartoon short to post on the web. You will learn the fundamentals of animation. Join now for this free and fun workshop to kick start your journey to become a great cartoonist. Contact site lead Tony J. Hatten at 206-615-0981 or email me at tony.hatten@seattle.gov for more info and to sign up.

3/26-5/21 Thu 4:30-6 pm

Resume, Ready!

Attention all job seekers! Need assistance in resume help, job search, and interviews preparation? The RecTech Lab at the South Park Community Center can help you prepare for the job of your interests. You will be assisted with email set up, resume writing, interview tactics, to job searching and contacts. Workshops will be held Mondays 11 am to 12:30pm. Contact site lead Tony J. Hatten at 206-615-0981 or email me at tony.hatten@seattle.gov for more info.

3/23-5/18 Mon 11 am-12:30 pm

Intro To PC

Ever say to yourself (or someone else), "I will never touch a computer," "I am too scared to touch a computer," "I am too old, or it's too late for me to learn how to use a computer," or "My daughter/son/friend/spouse will look that up on the computer for me," then this workshop is for you. Intro to Personal Computer is a fun and easy going workshop to learn all there is to know about basic computers. Workshops will be held Tuesdays & Thursdays from 11:30 AM to 1 PM. Contact site lead Tony J. Hatten at 206-615-0981 or email me at tony.hatten@seattle.gov for more info. Be sure to register for the workshop before March 20th and reserve to spot.

3/24-5/21 T/Th 1:30 am-1 pm



PC Club Meets

Get together for a friendly and social group to discuss topics about how-to's and all-about computers. In this social group we will also work on fun projects from organizing your desktop computers, to graphic design and much much more. Join us for a fun chat social computer technology club to not only learn more about computers, but also meet others just like yourselves. PC Club meets every Wednesday from 11 am to 12:30 pm. Contact site lead Tony J. Hatten at 206-615-0981 or email me at tony.hatten@seattle.gov for more info and to sign up.

3/25-5/20 Wed 11 am-12:30 pm

Digital Art

Find a new hobby (or embrace your known knowledge) with the Digital Art workshop. You will learn how to create artwork using using ground breaking software or you will improve your own technique. Digital Art workshop will run every Fridays from 11:30 am to 1 pm. Contact site lead Tony J. Hatten at 206-615-0981 or email me at tony.hatten@seattle.gov for more info and to sign up. Be sure to register for the workshop before March 20th to reserve your spot.

3/27-5/22 Fri 11:30 am-1 pm

One-On-One

Want to attend a specific workshop but can't make the time. No problem! One-on-one session is a private, one-on-one workshop to catch up on missed sessions of the season. To set up an appointment contact RecTech Site Lead at 206-615-0981 or email me at tony.hatten@seattle.gov. One-on-one sessions are

FREE, but be sure to register and set up an appointment before March 20th.

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Ranier Beach Community Center

Van Asselt Community Center

SOUTHWEST- (206) 684-7438

Southwest Teen Life Center

High Point Community Center

Delridge Community Center

South Park Community Center

SOUTHWEST COMMUNITY CENTER

2801 SW Thistle Street Seattle, WA 98126

Phone: 206-684-7438: Fax: 206-233-7295

Mon. & Wed. 10 a.m. - 9 p.m.

Tues., Thu., & Fri.* 1 - 9 p.m.

Saturday* 10 a.m. - 5 p.m. Sunday Closed

SOUTHWEST TEEN LIFE CENTER

South Entry Doors at Southwest C. C.

Phone: 206-684-4115

Hours of operation:

Monday - Friday 2 - 9 p.m.

Friday & Saturday* 7 - Midnight



Champ of the Week - Ages 11-19

Compete weekly, after school, in all kinds of challenges. Based on a point system of number of participants, winners will get a small prize. Each month there will be a small

grand prize for the one with the most point's total.

3/31-6/12 T-F 3:30-4:30 pm

6/22-9/4 T-F 3:30-4:30 pm

Grub Club - Ages 11-19

Are you hungry after school? Do you like to cook? Do you like to eat yummy food? If you answered yes to any

of the previous questions, then this club is for YOU!!

Learn how to cook delicious meals! The best part about this class is YOU GET TO EAT ALL THE FOOD YOU COOK!!

Have a favorite recipe? Bring it with you and we will make it the following week!

4/2-6/11 Thu 3:30-5:30 pm

6/25-9/3 Thu 3:30-5:30 pm



Thursday Sports and Grub - Ages 13-19

Come try the food Grub Club made that day while participating in, and watching a sporting event.

4/2-6/11 Thu 5:45-7 pm

6/25-9/3 Thu 5:45-7 pm



Real Talk Girls Group - Ages 12-18
LADIES!! Looking for a place to talk? Have questions about boys, relationships, friendships, school, your

future, or life in general? Real Talk Girls group is the place for you. Feel free to sit in on conversations in an all-female / non-judgmental setting. Participants who attend the weekly discussion may attend the bi-weekly field trips. E-13 forms are required for participation and occasional field trips. No class on 4/22 and 6/3.

4/1-6/10 Wed 4:45-5:45 pm
 6/24-9/2 Wed 2:30-3:30 pm

Leftover Tuesdays - Ages 11-18

Play board or card games while enjoying the weekend's leftovers.

3/31-6/9 Tue 4:30-6 pm
 6/23-9/1 Tue 4:30-6 pm

Model Building - Ages 11-19

Learn how to build models from picking one out to displaying them to all of your friends. E-13 Form required for all participants.

4/1-6/12 Wed 3:30-5 pm
 6/24-9/2 Wed 3:30-5 pm

Xbox Leagues - Ages 11-19

Join a league, play your friends in a division, and go on to win the championship. Games will be sports related and you will be part of designing the details of the league.

4/1-6/10 Wed 5:30-7 pm
 6/24-9/2 Wed 5:30-7 pm

Baking - Ages 11-19

Learn how to make cookies, breads, and pastries; maybe even more. Come create a list of what you would like to try.

4/3-6/12 Fri 3-5 pm
 6/26-9/4 Fri 3-5 pm

Travelin' Tuesdays - Ages 11-19

Every Tuesday is a new journey! We will be taking field trips to various beaches, community centers and teen life centers. Special field trips include but are not limited to; Wild Waves, Family Fun Center, Movies, and Game Works. Space is limited on all trips and are a first come first serve basis. Special trips are earned through participation/volunteering in special events and programs. Contact Stephanie Berry for more

information! Current E-13 form is required for all participants.

6/23-9/1 Tue Times TBD



Teen Gardening - Ages 11-19

Get dirty, have fun, plant food to eat, and go on cool field trips to learn about gardening in Seattle. Seeds, gloves, and tools provided! Please dress according to the weather.

6/24-9/2 Wed 3:30-5:30 pm

Teen Drop-In Activities - Ages 11-19

Times and days for drop-in programs are subject to change depending on Basketball League practices.

Location: Southwest Teen Life Center (SWTLC)

Basketball Wed 3-6 pm
 Volleyball Tue 3-6 pm
 Pickleball/Badminton Thu 5-8 pm



Late Night Teen Program - Ages 13 - 19

Late Night is a safe and supportive environment for teens ages 13-19. This recreation based program is held on Fridays and Saturdays from 7pm-Midnight with a focus on Positive Teen interactions and engagement where all teens are welcomed. The Late Night program is aligned and supportive of the City's Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to offer! Photo ID required. Seattle Parks & Recreation Citywide Teen Programs' goal is to impact the life trajectories of teens, by providing opportunities for community involvement, building positive relationships, and learning experiences that build skills, while embracing stewardship to ensure confident leadership roles in society.

Contact your local neighborhood specialist for more information.

NORTH - (206) 684-7523

Meadowbrook Teen Life Center

Bitterlake Community Center

CENTRAL - (206) 684-4550

Garfield Teen Life Center

SOUTHEAST- (206) 551-7316

Ranier Community Center

Ranier Beach Community Center

Van Asselt Community Center

SOUTHWEST- (206) 684-7438

Southwest Teen Life Center

High Point Community Center

Delridge Community Center

South Park Community Center

NORTHWEST

SPECIAL EVENTS



Family Skate - \$4 per skater

Join us for this popular Bitter Lake family tradition. We will have great music and play fun games. Bring your own skates, blades, or borrow a pair of ours. Please note: No toy skates allowed. No skate night 4/17.

Location: Bitter Lake
4/3-6/12 Fridays 6:30-8:15pm

April Fool's Day

Make this summer safe one. Learn important water safety skills! Water safety instruction, free swimming, and raffles/prizes.

Location: Ballard Pool
4/18 12:30-2:30 pm

Taco Trivia

Join us for a night of delicious Mexican food as we celebrate Cinco de Mayo. Fun trivia will challenge your mind. There will be a piñata and other fun activities. There will be a choice of tacos (including vegetarian) along with salsa, rice & beans, and snacks. Preregistration is required and limited to 40 people.

Location: Loyal Heights CC
5/1 Fri 6-7:30 pm \$5/person
Kids 3 and under are free!

BALLARD COMMUNITY CENTER

6020 28th Ave NW / Seattle, WA 98107

Phone: 206-684-4093

Hours of operation: Monday, Wednesday, Friday 11 a.m. - 9 p.m.

Tuesday & Thursday 1 - 9 p.m.

Saturday 10 a.m. - 5 p.m.

Sunday CLOSED



Toddler Gym Play Time –Walkers-Age 5 - \$3

Children play, learn, and develop both motor and social skills in this highly interactive drop-in social and play time. Toddlers will meet new friends, play on bouncy toys, ride scooters, tricycles, play with bouncy balls, and much more. (Parents must accompany their child at all times.) No program on 5/25, 7/3, 9/17.

M/W/F* 9:30 am-12:30 pm \$3 (ends 6/12)

*Bouncy Houses on Fridays

Drop-in Sports: Free (youth under 18 with school ID)
Unless otherwise noted, all drop-in sports are \$3 (ages 18 - 54), \$2 (seniors 55+). No programs 5/25, 7/3, 7/4, 9/7.

PickleBall Tue 10:30-12:30pm
Wed 6:30-8:30pm

Table Tennis – Open to public at anytime during operating hours.

BITTER LAKE COMMUNITY CENTER

13035 Linden Ave N / Seattle, WA

Phone: 206-684-7524 Hours of operation:

Monday & Tuesday 1 - 9 p.m.

Wednesday, Thursday, Friday 11 a.m. - 9 p.m.

Saturday 10 a.m. - 5 p.m

Who Am I - Ages 11-18

This program will focus on teaching our youth self discipline, self-motivation, self-confidence, and other life skills. Youth will begin to implement these skills into their everyday lives and become better family members, students, members of the community, and overall better people. Through intense discussions, group games and other activities, participants will be equipped with the ability to better communicate who they are and what they're going through in life.

3/30-5/18 Mon 4-6 pm Drop-in

Aaron Brooks Foundation Drills and Skills – Ages 11-18

The Drills and Skills mission is to empower youth to become successful citizens by providing a safe, nurturing environment where they can develop academic, social, and leadership skills. The participants will start each session with tutoring & homework time, followed by structured activities to develop their interpersonal skills, and end with intense physical activities such as basketball and other sports.

Head Coach: James Hampton

3/30-5/18 Mon 3-7 pm FREE

Summer Camp 6/22-8/20 M-Th 9 am-3 pm \$85

Toddler Gym Play Time –Walkers-Age 5 - \$3

Children play, learn, and develop both motor and social skills in this highly interactive drop-in social and play time. Toddlers will meet new friends, play on bouncy toys, ride scooters, tricycles, play with bouncy balls, and much more. (Parents must accompany their child at all times.) *No program on 5/25, 7/3, 9/17.*

Mon/Wed 9:30 am-12:30 pm



Drop-in Sports: Free (youth under 18 with school ID)

Unless otherwise noted, all drop-in sports are \$3 (ages 18 - 54), \$2 (seniors 55+). No programs 5/25, 7/3, 7/4, 9/7.

Basketball Mon 6-9 pm

PickleBall Tue/Fri 10:30-12:30 pm
(no Tues 6/23-8/25)
Thu 7-8:45 pm

Late Night Teen Program - Ages 13 - 19



Late Night is a safe and supportive environment for teens ages 13-19. This recreation based program is held on Fridays and Saturdays from 7pm-Midnight with a focus on Positive Teen interactions and engagement where all teens are welcomed. The Late Night program is aligned and supportive of the City's Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to offer! Photo ID required. Seattle Parks & Recreation Citywide Teen Programs' goal is to impact the life trajectories of teens, by providing opportunities for community involvement, building positive relationships, and learning experiences that build skills, while embracing stewardship to ensure confident leadership roles in society.

Contact your local neighborhood specialist for more information.

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Bitterlake Community Center

CENTRAL - (206) 684-4550

Garfield Teen Life Center

SOUTHEAST- (206) 551-7316

Ranier Community Center

Ranier Beach Community Center

Van Asselt Community Center

SOUTHWEST- (206) 684-7438

Southwest Teen Life Center

High Point Community Center

Delridge Community Center

South Park Community Center

LOYAL HEIGHTS COMMUNITY CENTER

2101 NW 77th St. Seattle, WA 98117

Phone: 206-684-4052

Hours of operation:

Monday, Wednesday, Friday 1 - 9 p.m.

Tuesday & Thursday 10 a.m. - 9 p.m.

Saturday 10 a.m. - 5 p.m.

Sunday CLOSED

Toddler Gym Play Time –Walkers-Age 5- \$3

Children play, learn, and develop both motor and social skills in this highly interactive drop- in social and play time. Toddlers will meet new friends, play on bouncy toys, ride scooters, tricycles, play with bouncy balls, and much more. (Parents must accompany their child at all times.) *No program on 5/25, 7/3, 9/17.*

T/Th 10 am – 2 pm \$3 (ends 6/11)

Sat 10 am – 2 pm \$3 (ends 5/16)

Loyal Heights After-School Teen Program – Age 11-19

Teens will participate in fun, exciting, and educational activities after school!

4/6-6/19 M-F 3-6 pm

Summer Program

6/22-8/28 M-F 1-5 pm



Teen Movie Time - Ages 11-19

Participants watch an exciting movie rental from Rain City Video.

4/6-6/15 Mon 3:30-6 pm

6/17-8/26 Wed 1-3 pm



Teen Advisory Council - Age 11-19

The Loyal Heights Teen Council is looking for trustworthy, reliable, and responsible teens to join. Members are expected to participate in monthly teen meetings, help with special events, plan activities, and recruit other teens.

Meetings are held on the first Thursday of the month.

First Thu/Month 4-4:30 pm

Bowling - Age: 11-19

Teens eat pizza or hot dogs while bowling at Roxbury Lanes.

4/10-6/19 Alternating Fri 4-7 pm

6/22-8/24 Mondays 1-4 pm

Teen Swim - Age 11-18

Teens with current year school ID swim free. **No use of the sauna allowed.** (Youth \$3.75 without school ID)

Location: Evans or Meadowbrook Pool

4/7-6/16 Tues 6:30-8:30 pm

6/18-8/27 Thu 1-3pm

Teen Fitness - Ages 11-19

Teen are allowed time for fitness inside the Loyal Heights Fitness Center supervised by the Loyal Heights Teen leader.

4/8-6/17 Wed 5-6 pm

6/24-8/26 Wed 5-6 pm

Community Service Hours - Age 11-19

High school students are required to complete 60 hours of community service in order to graduate. There are citywide service project coordinated by our service Learning Unit that students can participate in. You can also complete service learning hours at your local community center.

Ongoing

Drop-in Sports: Free (youth under 18 with school ID)

Unless otherwise noted, all drop-in sports are \$3 (ages 18 - 54), \$2 (seniors 55+). No programs 5/25, 7/3, 7/4, 9/7.

Basketball Mon-Fri 3 – 4pm

Dodgeball Monday 7 –8:45 pm

PickleBall Friday 11am -1pm



CENTRAL SEATTLE

SPECIAL EVENTS

Belltown Art Walk Kick-Off - All ages

On the second Friday of each month, Belltown CC hosts the Belltown Art Walk Kick-off from 6-7:30pm. Come to the center to pick up your map, enjoy refreshments, raffle prizes, and new art by local artists. The art walk continues in neighborhood venues from 6-9pm.

Location: Belltown CC

4/10, 5/8, 6/12, 7/10, 8/14

Fri 6-7:30 pm



Earth Day

Community garden spring spruce up! Get your garden ready for spring planting

Location: Yesler CC

4/22 Wed 3 pm-5 pm

Toddler Paradise

Bring your child to a paradise of fun in our gym. Parent supervision is required.

Location: Yesler CC

4/22 Wed 1-3 pm



Community Kitchens

IDCC will host Community Kitchens on the last Thursdays of each month for lunch through a partnership with International Community health Service. Please call 206-233-0042 for more information.

Location: International District/Chinatown CC

4/30, 5/28

Science Lab

Throw on your lab coat and cackle with glee as you create your own constellations, experiment with sound vibrations, use forensic methods to identify fingerprints, trick your senses, and more! For children ages 6 to 12.

Location: International District/Chinatown CC

4/15 1-2 pm



Spring Bounce House

Get your bounce on at this special family night at the International District Community Center. There will be bounce toys for all ages plus jump roping, fitness stations, music, and more.

Location: International District/Chinatown CC

4/15 2-4 pm \$2

Family Movie Night

Looking for something fun for your family to do on a Friday night for free?!? How about a family-friendly movie on the state-of-the-art big screen? Each movie is rated PG. An adult must accompany anyone under the age of 14.

Location: International District/Chinatown CC

4/17 3-5 pm

GARFIELD COMMUNITY CENTER

2323 E. Cherry Street Seattle, WA 98122

Phone: 206-684-4788

Hours of operation:

Monday & Tuesday 1 - 9 p.m.

Wednesday, Thursday, Friday 11 a.m. - 9 p.m.

Saturday 9 a.m. - 5 p.m.

Sunday Noon - 5 p.m.



Toddler Play Gym - \$3 - Ages 0-5

We are proud to offer an opportunity for parents and their little ones to roam wild and free in our gym. Toddler-friendly toys, including a Bouncy House, are featured. This is a great way for

them to get exercise and socialize with other children in the community. Parents supervise play area. **No**

program from 6/12-9/7.

M/W/F 10-1 pm \$3

Garfield Teen Advisory Council

Teen Council is open to all teens willing to get involved in making a difference in teen programs and making their community a better place. All teens are encouraged to come and join us. Volunteer hours can be earned by being a part of this group! Meetings are held every other Thursday of the month. For more info please contact 206-684-4788.

Thu 4:30-6 pm

Girl Talk

Our focus is joining together as girls with the common goal of being mentally and physically fit. We will discuss hot topics, arts & culture, future education, health, and much more. We will have guest speakers from the community that will cover health, finances, and education. For more info, please contact 206-684-4788.

Mon 4:30-6 pm

Teen Tasters

In this cooking class you'll learn basic culinary skills in the kitchen. This class gives teens the chance to learn about nutrition while having fun with other teens. Learn how to shop on a budget, and tricks to stretch your



dollars. The goal is to make healthy meals that are quick, easy, and not lacking in taste.

Tue 4-5:30 pm

Footloose Fridays

Join fellow teens from around the city for some fun as we go bowling, to the movies, play gym games, and engage in other fun activities as a way to build community among your peers.

Fri 4-6 pm



Impact Dance Practice - Ages 12-18

Inspiring Motivated People Artistically Creatively Together dance team is open to all levels of dancers. They will perform in many Seattle Parks and Recreation events as well as other community events held in the central area. Students will learn choreography from many styles of dance including hip hop, West African dance, modern, stepping, and many more. All students must sign a contract and have a participant authorization form (E-13) on file prior to participation. For more information on how to join the dance team, please call 206-684-4788 and ask for Mr. Dwayne.

Ongoing Wed 4:30-6:30 pm

Ongoing Fri 6-8 pm

Youth Development Tae Kwon Do - Ages 5-18

This course uses the Korean Art of Tae Kwon Do, as a catalyst to promote soft and hard life skills, focus on educational achievement, and behavior change. Registration can occur throughout session with instructor approval. No class 5/25, 5/27, 6/1, 6/3.

Instructor: Leon Preston

4/1-6/24 Mon 6-7:30 pm & Wed 6-7 pm

6/29-8/31 Mon 6-7:30 pm & Wed 6-7 pm

GARFIELD TEEN LIFE CENTER (GTLC)

428 23rd Ave. Seattle, WA 98122

Phone: 206-684-4550 Fax: 206-684-4324

Hours of operation:

Monday & Wednesday 2:30 - 9 p.m.

Tuesdays 2 - 9 p.m. Thursday & Friday 2:30 - Midnight

Saturday 7 p.m. – Midnight



Late Night Teen Program - Ages 13 - 19

Late Night is a safe and supportive environment for teens ages 13-19. This recreation based program is held on Fridays and Saturdays from 7pm-Midnight with a

focus on Positive Teen interactions and engagement where all teens are welcomed. The Late Night program is aligned and supportive of the City's Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to offer! Photo ID required. Seattle Parks & Recreation Citywide Teen Programs' goal is to impact the life trajectories of teens, by providing opportunities for community involvement, building positive relationships, and learning experiences that build skills, while embracing stewardship to ensure confident leadership roles in society. **Contact your local neighborhood specialist for more information.**

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Garfield Teen Life Center

SOUTHEAST- (206) 551-7316

Ranier Community Center

Ranier Beach Community Center

Van Asselt Community Center

SOUTHWEST- (206) 684-7438

Southwest Teen Life Center

High Point Community Center

Delridge Community Center

South Park Community Center

Late Night Volleyball

Fri 8 – 10 pm



Late Night Hoops

Bring your Late Night game and get in a good work out. This is a great opportunity to exercise and enjoy some healthy competition with your friends and make new ones!

Sat 7 – 11pm

Late Night Cooking

This "Late Night" edition cooking class will teach you basic culinary skills in the kitchen. In this class you will learn to shop on a budget and plan healthy nutritious meals that will hold you over until dinner time. The next best thing to eating is cooking.

Instructor: Daisy LaPoint

Fri 7 - 9:30 pm



Late Night Martial Arts

Martial Arts for all levels. Learn the craft from a 5th Degree Black Belt with over 20 years of teaching experience every Saturday. Participants will practice self-defense, learn weapon craft and more.

Sat 6 - 9 pm

Late Night Seahawks Play 60 Fitness

The Play 60 Fitness Club is the home for all youth fitness programs. Work out with a friend or solo and have fun!

Fri/Sat 8:30 - midnight



RecTech Tutoring Program

Need help with your homework? Sign up for one-on-one help from college-student tutors who can help with your math, science, language arts, foreign language, college preparedness, job search and more.

Mon-Fri 3-6 pm

RecTech Service Learning

Get school credit for service learning and find out about community service opportunities around the city.

Contact GTLC Staff for more information.

Gentlemen's Club

Gentleman's Club is for Male Teens 13-19. Gentleman's Club is where all issues regarding young man are tackled. Open forum discussions are welcomed with topics as wide ranging as 'looking for a job' to dealing with the opposite sex. What is discussed in Gentleman's Club will remain in Gentleman's Club.

Wed 3:30-4:30 pm

The Social Club

Enhance your social skills and make new friends in the Social Club. Social Club will meet weekly and engage in a variety of fun recreational activities.

Thu 5:30-6:30 pm

Freestyle Fridays

Freestyle Fridays is GLTC's "Open Mic" Night. Can you sing, rap, do spoken word poetry or play an instrument, then you are invited to share your talents and gifts with us at Freestyle Fridays.

Fri 2:30-7 pm



Sports Lab

Need help with homework after school? Sports Lab at GLTC is where you can get that extra help you need in all your classes. This is open all high school students and in particular students who are playing Fall Sports.

Mon-Thu 2:45-3:45 pm

Late Night Open Mic

Fri 8:30-9:30 pm



Mix Cloud

Excuse Me... uuhhh Mr. DJ can you teach me how to spin? Yes we can!!! Learn the fundamentals of DJing from mixing to transitions with an emphasis on live

performance and audience interaction using the Serato DJ software and industry standard equipment. You'll also create tracks that may be selected for our quarterly Mixed Tape to keep for your own use.

Mon/Wed 4-5:30 pm

Music Literacy

The Music Literacy Program is a music education program that coordinates resources to provide quality music instruction for teens

Mon/Wed 5:30-7:30 pm

Austin Foundation Fitness

Why pay for a Gym membership when you can get fit with your own personal trainer? Our personal trainer will build a fitness program just for you! there will be group training as well as individual sessions, every participant will learn about fitness goals, BMI's and Nutrition, we offer Yoga, Piliates and Zumba in our state of the art Fitness Zone

Tue 3-5 pm

Raise the Bar Fitness

A fitness training system based on kinesthetic aerobics and boxing conditioning. this program uses hip hop music and popular culture to promote healthy choices.

Wed 3-5 pm

Grub Club

Are you hungry after school? Do you like to cook? Do you like to eat yummy food? If you answered yes to any of the previous questions, then this club is for YOU!! Learn how to cook delicious meals! The best part about this class is YOU GET TO EAT ALL THE FOOD YOU COOK!! Have a favorite recipe? Bring it with you and we will make it the following week!

Thu 4-5:30 pm



YESLER COMUNITY CENTER

917 E. Yesler Way Seattle, WA 98122

Phone: 206-386-1245 Fax: 206-684-7787

Hours of operation:

Monday, Wednesday, Friday 1 - 9 p.m.

Tuesday & Thursday 10 a.m. - 9 p.m.

Saturday 10 a.m. - 5 p.m.



Toddler Play Time in the Lobby

Ages 5 and under

Come join the fun! Toddler-friendly toys, balls, and cars. Bring your little ones to play and meet new friends.

Parents supervise play area.

Location: Yesler CC

Mon/Wed 1-3 pm

Youth Open Gym - Ages 18 and under

Work off that energy after a day at school! Get in shape, improve your sportsmanship and learn respect for each other.

Location: Yesler CC

Mon-Fri 3-5 pm

Ballroom Dance - Ages 18 and Older

Join us to experience Latin dance lessons and free dance instruction/guidance in ballroom dancing. No program 3/31 and 4/1.

Location: Yesler CC



SPRING

Tue 6-8:45 pm \$3 (\$2 Sr.)

Sat 2:30-4:40 pm \$3 (\$2 Sr.)

SUMMER

Tue 6-7:40 pm \$3 (\$2 Sr.)

Sat 1:30-2:40 pm \$3 (\$2 Sr.)

Big Brained SuperHeroes

It's time to exercise your super power of creativity, teamwork, thinking, kindness, persistence, and sense of adventure in this fun drop-in program that uses Science, Technology, Engineering, Arts, and Math (S.T.E.A.M.). Need help boosting those grades? Come in for quiet study time and get help in all subjects. The Computer Lab is the place to be. We are operating on a first come first serve basis. Volunteers are needed we encourage educators and future teachers to come by and fill out the required paper work to become a Big brains Tutor.

3/30-6/17 M/W 5-7 pm

Saturday 11 am-2 pm

Teen Fitness

Join fellow teens in Yesler Community Center's Fitness Room and learn to be fit together! You will encourage each other to be healthy, learn how to use fitness equipment properly, and learn simple techniques to

incorporate into your daily routine to accomplish your fitness goals.

3/30-6/13 M/W 4-5:30 pm

Sat 2-3:30 pm



Let's Cook

Let's Cook is a creative cooking class that consists of menu planning, bargain shopping, food prep, nutritional value, and hands on experience for teens to complete a project from start to finish. On the 2nd & 4th Thursdays of the month the cooking class will go shopping at 4 pm then return to the center to cook. Class will meet in the Kitchen. This is a free program and space is limited so please sign up. All teen participants must sign up in advance and fill out and return the (E-13 permission slip form), class maximum of 10 participants per class.

Instructor: Donna Kirvin, TDL

4/2-6/11 Thu 4-6 pm

Vow Keepers

Vow Keepers is a group of young ladies from the age of 12-19 that have decided to share common goals of being mentally and physically fit. Our group will have open discussions on life issues, hot topics, health, hygiene care, educational goal setting, arts & culture, and much more.

Instructor: Donna Kirvin, TDL

3/30-6/15 Mon 4-5:30 pm

Teen Time

Teens ages 12 to 19 are encouraged to come together with other teens in a designated location for them to watch movies, have a discussions, play group games that will help them get to know each other, and participate in an arts & craft activities that will allow them to use their creativity.

Instructor: Donna Kirvin, TDL

3/30-6/12 M, W-F 4-5:30 pm

YESLER TEEN ROOM

Hours of operation:

Monday – Friday 1 – 8pm

Unless otherwise posted, check the monthly calendar for changes.

The Yesler Teen Program welcomes all youth. The goal of our program is to engage, empower, and stimulate our participants through a variety of activities and community collaborations. We do this by providing activities to teens in six core areas: Environmental Education and Stewardship, Arts & Culture, Life Skills & Job Readiness, Social Recreation, Citizenship & Leadership Development, and Sports and Fitness. All activities are FREE to registered participants unless otherwise noted. To get involved, visit us as Yesler Community Center at 917 E. Yesler Way.

INTERNATIONAL DISTRICT/CHINATOWN

719 Eighth Avenue S. Seattle, WA 98104

Phone: 206-233-0042 Fax: 206-233-5036 TDD only: 206-233-7061

Hours of operation:

Monday, Wednesday, & Friday 11 a.m. - 9 p.m.

Tuesday & Thursday 1 - 9 p.m. Saturday 10 a.m.- 5 p.m

Toddler Play Gym - Ages 0-5



We are proud to offer an opportunity for parents and their little ones to roam wild and free in our gym. Toddler-friendly toys.

This is a great way for your toddler to get exercise and socialize with other children in the community. Parent supervision is required.

Mon/Wed 1-3 pm

ID/C Teen Advisory Group (CCC-TAG)

Held monthly every third Wednesday. This is your opportunity to get more involved and have a say in what effects teens in the ID/C area. Come share your thoughts and ideas, help plan programs, and stay informed on what's coming up in your community.

3rd Wed/Month 4-6 pm



Teen Crafts

We will work on projects that are fun for all levels. Every month we will feature a different project. Some projects may include scrapbooking, shopping bags, t-

shirt design, and many more. Bring your own unfinished projects and work on them in the company of friends.

1st Wed/Month 4-6 pm

Miso Happy Cooking

The Miso Happy Cooking Class offers members a chance to learn about nutrition, while enjoying delicious meals and having fun with other teens. This class is designed for teens and 'tweens with little to no experience in cooking and baking.

Tuesdays 4-6 pm

Teen Night/Field Trips - Grades 7-12

Teens, come join us every Friday night from 6-9 pm for open gym and special events. This program provides a safe environment for teens to hang out with friends while having fun. This is a drop-in program, so stop by anytime. Most activities are FREE unless otherwise noted. (School ID required).

Fridays 6-9 pm

BELLTOWN COMMUNITY CENTER

415 Bell Street. Seattle, WA 98121

Phone: 206-684-7245

Hours of operation:

Sunday & Monday Closed

Tuesday, Thursday, & Friday 9:30 a.m. – 2:30 p.m.

Wednesday 3 – 8 p.m.

Saturday 9:30 a.m. – 2:30 p.m.

Playtime Imagination Playground – Ages 0-7 - \$3

Bring your children to Belltown's Playtime featuring push toys, balls, Imaginary Playground and more!

T/Th/Fri 9:30 am-2:30 pm \$3

M/W 3:00 pm-8:00 pm \$3



SOUTHEAST SEATTLE

SPECIAL EVENTS



Free Tax Prep

United Way is offering free tax preparation services in locations throughout the county, including Rainier Beach Community Center from January 14-April 18. Come prepared with your Social Security Card, Photo ID, and your tax documents (W2s, 1099 forms, Social Security documents, etc.). You can also bring your bank account information, only if you would like your refund directly deposited into your account (recommended). Lastly, bring a copy of your tax return from last year. United Way Tax volunteers can also prepare back taxes for up to three years. Along with all this, tax volunteers are trained to connect clients to public benefits, health care, and other financial services.

For more information, please visit www.uwkc.org/taxhelp or call 2-1-1.

Location: Rainier Beach CC

Wed 5-7:30 pm, Sat 10 am-1:30 pm, Sun 11 am-2:30 pm

Location: Rainier CC

Tue-Thu 5:30-8:30 pm, Wed 10 am-1 pm, Sat 10 am-2 pm



Seattle Tilth Community Kitchens Northwest

Rainier Valley friends and neighbors are invited to our community dinner at the Rainier Beach Community Center on the third Sunday of each month, 2-5 pm. Come at 2 pm to help cook or at 4:15 pm to share a tasty meal cooked from scratch. For more information please call 206-760-0500.

Location Rainier Beach CC

4/19, 5/17, 6/21



Earth Day Community Service

Earth Day Network's year-round mission is to broaden, diversify, and activate the environmental movement worldwide. Come join us for a day of service at one of our local Environmental Learning Centers and discover what you can do daily to help preserve our environment.

Location: Rainier Beach CC

4/25 9 am-3 pm

Community Cook Out - All ages

Grill, games, fun, and a movie.

Location: Van Asselt

4/17 Fri

Health and Wellness Fair

Join Fred Hutchinson, Cierra Sisters and Seattle Parks for a day of health and wellness for the whole family.

Location: Rainier Beach CC

4/18 10 am-4 pm

AARP Scam Jam Workshop

CON ARTISTS ARE TARGETING YOU AND THE PEOPLE YOU CARE ABOUT. LEARN HOW TO FIGHT BACK AND SPOT THE CROOKS BEFORE THEY SPOT YOU. Millions of dollars are lost each day to scams like foreign lottery fraud, bogus investment schemes, and online traps designed to steal your identity and your savings. Find out about today's leading scams that are tearing through the nation. Plus hear some tips learned straight from the con artists themselves about who they target and why. We are fighting back with the AARP Fraud Watch Network. The event is free of charge and open to people of all ages.

Location Rainier Beach CC

4/29 Wed 10 am-Noon

JEFFERSON COMMUNITY CENTER

3801 Beacon Ave. S. Seattle, WA 98108

Phone: 206-684-7481

Hours of Operation: Monday, Wednesday, Friday 1 - 9 p.m.

Tuesday & Thursday 10 a.m. - 9 p.m.

Saturday 10 a.m. - 5 p.m.

Late Nights Hours at Mercer Gym

7 p.m. – Midnight

Toddler Gym Play Time – Ages walkers-5 - \$3



Play in the Bounce House, ride tricycles, play house, or blocks, and have fun on the slide as toddlers go wild at Toddler Open Gym. Participants will have the opportunity

to play with other during this exciting drop-in session. (Parents must accompany their child at all times.) *No program on 5/25, 7/3, 9/17.*

T/Th 10am – 2pm

No program between 6/11-9/14

Creative Creations

Come and create art projects that is using recycled materials.

4/6-6/8 Mon 3:30-4:30 pm

6/11-8/13 Mon 3:30-4:30 pm

Peer Tutoring Club

Teach others and work together on homework. Meet new friends.

Tue 3:30-5:30 pm



Mt. Baker Rowing and Sailing

Learn how to paddle board and kayak this summer.

Tue TBA

Creative Chef/Gardening

Challenge menu by using what ingredients we have for the class with a limited budget. Create healthy snacks and meals with our own teen garden, plan on what to plant.

Wed 4-5 pm

Teen Advisory Council

Utilize your leadership skills, be active and involved in planning field trips, special events, fundraising, and giving back to the community.

Thu 3-5 pm

Science Ambassadors

Come and join us with experimental project regarding environments and become stewards in the community.

4/16-6/11 Thu 4-5 pm

6/18-8/27 Thu 4-5 pm

Intergenerational Projects

Let's invite your elders to come and share their skills and stories about their life experience; creating a mural or developing digital storytelling project.

4/17-6/12 Fri 4-5 pm

6/19-8/28 Fri 4-5 pm

RAINIER BEACH COMMUNITY CENTER

8825 Rainier Avenue South, Seattle, WA 98118

Phone: 206-684-4075

Hours of Operations: Sunday–Thursday 11 a.m. to 9 p.m.

Friday & Saturday 9 a.m. to 7 p.m.



Toddler Gym Play Time – Ages walkers-5 - \$3

Play in the Bounce House, ride tricycles, play house, or blocks, and have fun on the slide as toddlers go wild at Toddler Open Gym. Participants will have the opportunity to play with other youth, develop motor skills, and have non-stop fun during this exciting drop-in session. (Parents must accompany their child at all times.) *No program on 5/25, 7/3, 9/17.*

Mon/Fri 10 am-1 pm



Teen Center Drop-In Hours - Ages 11-18

Hang out and plug in with your friends try and win at the Xbox Kinect Xbox 360: Madden, NBA 2K. Dance Central, Michael Jackson Experience, Wipe Out or try your hand at tradition games like Monopoly, Jenga, Checkers, Chess, Pictionary, Uno, Dominoes, Outburst. Ping Pong is also available.

M-W 4-7 pm

***Depending on Staff availability.**



Taco Thursday - Ages 11-18

Every Thursday we start off with a Google trivia exercise that concludes with a cooking activity and family style meal. Any and all youth can participate in here at the center.

4/9-6/11 Thu 4-5 pm

Drills & Skills - Ages 11-18

The Aaron Brooks Foundation Basketball Drills and Skills Program are working collaboratively with the community to develop a comprehensive youth development strategy for youth in underserved communities. The Drills and Skills mission is to empower youth to become successful citizens by providing a safe, nurturing environment where they can develop basketball skills, academic, social, and leadership skills.

4/8-6/10 Wed 3-6 pm

E-13 and Concussion Form Required



Jewelry By Design with Christine - Ages 10-18

Our class will focus on teaching teens jewelry making techniques, while engaging in bi-weekly design challenge competitions.

Call the center at 386-1925 for more information.

Your House Boxing - Ages 12-18

YHBCC was developed to meet the needs of youth at risk and provide a safe place to develop and execute a life plan. YHBCC will achieve its goals through a three house system: boxing, education, and community support. Each “house” provides a point of emphasis for youth enrolled in the YHBCC program. Students must fulfill commitments to education and community while learning discipline through boxing and training their minds and bodies. The three house system was developed by YHBCC founder and Executive Director, Chris Cates-Lopez.

T/W/Th 4-6 pm

Homework Help - Ages 10-18

Do you need to research a topic for your next school project? Looking for help citing sources for your next essay? Need to print your book report? Having trouble with Fractions? Drop by the Rainier Beach RecTech lab during homework help hours.

M-F 2:30-4 pm



Bikeworks Express Earn-A-Bike Program

You will learn the basics of bike repair while helping to fix up bikes for youth in the community. Students who complete at least 3 sessions during the 6-week program will earn a BMX bike of their very own. There is a sliding fee scale, pay what you can. You can call Bike Works at 206-695-2416 if you have more questions. Registration forms are available at the community center and at Bike Works. Check community center for exact dates.

Need details call 206-582-2851.

4/22 -5/27 Wed 4-5:30 pm

Late Night Teen Program - Ages 13 - 19



Late Night is a safe and supportive environment for teens ages 13-19. This recreation based program is held on Fridays and Saturdays from 7pm-Midnight with a focus on Positive Teen interactions and engagement where all teens are welcomed. The Late Night program is aligned and supportive of the City's Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to

offer! Photo ID required. Seattle Parks & Recreation Citywide Teen Programs' goal is to impact the life trajectories of teens, by providing opportunities for community involvement, building positive relationships, and learning experiences that build skills, while embracing stewardship to ensure confident leadership roles in society. **Contact your local neighborhood specialist for more information.**

NORTH - (206) 684-7523

Meadowbrook Teen Life Center

Bitterlake Community Center

CENTRAL - (206) 684-4550

Garfield Teen Life Center

SOUTHEAST- (206) 551-7316

Ranier Community Center

Ranier Beach Community Center

Van Asselt Community Center

SOUTHWEST- (206) 684-7438

Southwest Teen Life Center

High Point Community Center

Delridge Community Center

South Park Community Center

RAINIER COMMUNITY CENTER

4600 38th Ave. S. Seattle, WA 98118

Phone: 206-386-1919

Hours of operation:

Monday 1 p.m. - 9 p.m. Tuesday - Friday 11 a.m. - 9 p.m.

Saturday 10 a.m. - 5 p.m. Sunday Noon - 5 p.m.

Late Night Hours

Friday & Saturday 7 p.m. – Midnight

Toddler Gym Play Time – Ages walkers-5 - \$3



Play in the Bounce House, ride tricycles, play house, or blocks, and have fun on the slide as toddlers go wild at Toddler Open Gym.

Participants will have the opportunity to play with other youth, develop motor skills, and have non-stop fun during this exciting drop-in session.

(Parents must accompany their child at all times.) No program on 5/25, 7/3, 9/17.

Wed/Sat 10 am-1 pm

Friday 10 am-2 pm

No Program 6/13-8/29



Homework Club - Ages 11-18

Rainier Community Center will focus on getting our youth participants started on the right foot this school year. Every week will start with a strong focus on academics and exercise to help strength study habits.

3/30-6/11 Mon-Thu 3-6 pm

Taco Tuesday - Ages 11-18

Every Tuesday we start off with a light cooking activity that any and all youth can participate in that are here at the center.

3/31-6/9 Tue 4-5 pm



Rainier Cooks - Ages 11-18

Our Center cooking program focuses on teens finding healthy alternatives to what they normally eat. Youth research recipes and are responsible for every element of cooking. This program helps in familiarizing teens with basic cooking instructions and preparation. This cooking program is totally hands on under the supervision of center staff.

4/1-6/10 Wed 4-6 pm

Pizza Project Thursday - Ages 11-18

Projects include the group identifying topics. Participants conduct research to better understand how the topics relate to their lives. Ideas and discoveries are discussed over pizza.

4/2-6/11 Thu 4-6 pm

Teen Center Drop-In Hours

Xbox 360: Madden 2013 & NBA 2K

Wii: Golf, Bowling, Baseball, and Tennis

M-Th 4-8 pm

Fri 3-6 pm

Spring Break Field Trips

APRIL 14-17

Please contact the community center for dates and locations for each day. All participants will need an E-13

PARTICIPANT INFORMATION AND AUTHORIZATION form on file signed by parent.

Where the Parks At?

There are over 400 parks in greater Seattle and the teens at Rainier might just see them all. Teens will visit places like Discovery Park and Seward Park. Every park visit will have an activity to see what parks' has to offer.

6/22-8/24 Mon 2-4 pm

Tee Off

Tee Off will focus on the introduction to golf and it's techniques to the inexperienced and beginners. Our program will hold practice session and follow up with driving and putting sessions at Interbay Golf Course.

6/24-8/25 Tue 2-4 pm

Mariners Games

Our teen programs cover cost of tickets and transportation to games. For any extras like food or souvenirs we ask that parents provide money for youth to purchase these items.

TBA Wed



Bowling

Our teen programs cover cost of games, shoes, and transportation to games. For extras like food we ask that parents provide money for youth to purchase these items.

TBA Wed



Public Swim

Our teen programs cover cost of admission and transportation to pool. For any extras like food we ask that parents provide money for youth to purchase these items.

TBA Thu

Summer Boating

Just add water! A complete boating experience available to youth throughout the City of Seattle and the Region. We provide the instructional boats and safety equipment. You provide enthusiastic and eager youth, ready to learn fun recreational boating with a high level of water safety mixed in. **Requires deep water test to be on file. The test can be conducted at any City of Seattle Parks and Recreation Pool or Beach.**

TBA Thu

Movie Trips

These trips are fun and for teens and allow them to see the newest movies that come out. All youth must have E-13 PARTICIPANT INFORMATION AND AUTHORIZATION form on file signed by parent. Parents are suggested to provide money for snacks. If there is no movie teens will either go bowling or to GameWorks.

TBA Fri

Outdoor Trips

MOUNTAIN BIKING TRIP TBA

Mountain biking is a fun activity that involves riding a bicycle on dirt hiking trails. For this partnership, we will be exploring the trails at St. Edwards State Park. Students will ride bikes along trails all the while tackling hills, roots, rocks, and smooth hiking trails. It is a fun way to exercise, learn about the environment, and try out a challenging new activity!

ROCK CLIMBING TBA

Each rock climbing program will take place in the North Bend area at a climbing location called Exit 38. During this day, students will practice basic rock climbing techniques, learn how to tie knots, and experience a true outdoor rock climbing environment.

**Time and day may change due to basketball practices. Please contact the center for details.*



Late Night Teen Program - Ages 13 - 19

Late Night is a safe and supportive environment for teens ages 13-19. This recreation based program is held on Fridays and Saturdays from 7pm-Midnight with a focus on Positive Teen interactions and engagement where all teens are welcomed. The Late Night program is aligned and supportive of the City's Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to offer! Photo ID required. Seattle Parks & Recreation Citywide Teen Programs' goal is to impact the life trajectories of teens, by providing opportunities for community involvement, building positive relationships, and learning experiences that build skills, while embracing stewardship to ensure confident leadership roles in society. **Contact your local neighborhood specialist for more information.**

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Bitterlake Community Center

CENTRAL - (206) 684-4550

Garfield Teen Life Center
SOUTHEAST- (206) 551-7316
Ranier Community Center
Ranier Beach Community Center
Van Asselt Community Center
SOUTHWEST- (206) 684-7438

Southwest Teen Life Center
High Point Community Center
Delridge Community Center
South Park Community Center

VAN ASSELT COMMUNITY CENTER

2820 South Myrtle Seattle, WA 98108 Phone: 206-386-1921

Hours of operation:

Monday 1 - 9 p.m.

Tuesday, Wednesday, Thursday 11 - 9 p.m.

Friday 1 - 9 p.m. Saturday 10 a.m. - 5 p.m

Music Studio - Ages 12-19

Learn Basic Digital Recording Skills. We will set up instructional basic recording classes and produce a recording with all the students work at the end of each quarter. Come be a part of the CD project "Thrive in the 5" comprised of five songs representing the five sites in the southeast Seattle.

4/1-6/10 T/Th 4-6 pm

6/23-9/2 T/Th 4-6 pm

Self Defense - Ages 5 & up

Learn the basic self-defense technique's, come as you are street clothing allowed, we want to build the confidence motivation and skills to protect yourself in an ever changing world.

4/1-4/29 W/F 6:30-8 pm

5/6-5/29 W/F 6:30-8 pm

6/3-6/26 W/F 6:30-8 pm

7/1-7/31 W/F 6:30-8 pm

8/5-8/28 W/F 6:30-8 pm



Drill And Skills - Ages 10-19

The Aaron Brooks Foundation Basketball Drills and Skills Program are working collaboratively with the community to develop a comprehensive youth development strategy for youth in underserved communities. The Drills and Skills mission is to empower youth to become successful citizens by providing a safe, nurturing environment where they can develop basketball skills, academic, social, and leadership skills.

4/3-6/19 T/F 3:30-7 pm

7/3-8/28 T/F 3:30-7 pm

Teen Leadership Camp - Ages 13-17

Teens will engage in a week of powerful activities and exercises to build leadership skills. Each day will be filled

with exciting, engaging activities to spark leadership and learning.

Teens will learn the basic principles to building powerful relationship's Trust, Respect Integrity, Consistency and Self-Esteem while exploring discipline confidence and motivation to succeed. Teens will be invited from regional recreation centers in Southeast Seattle to participate in the activities.

APRIL 13

Learning Key elements of trust and respect; friends and community member teens will engage in fun activities to build trust and respect, learning key elements of relationship building.

APRIL 14

Learning key elements of integrity among friends and community members; teens will engage in fun activities and a service project that makes a difference in community.

APRIL 15

Teen will engage in fun activities and a service project that makes a difference in community.

APRIL 16

Teen service project; peace mural to be

Hip Hop Dance - Ages 12-18

Practice the Bubbling Brown Sugar moves, practice, learn and teach the without interruption, get it in HIP HOP Dance, exercise, movement and hot beats

M/W 4-6 pm

Mother's Day Appreciation Dinner

Teens will cook a big dinner for all mothers in the community and we will encourage all teens to invite family.

5/8 Fri 5-8 pm

End of School Year BBQ - Ages 5-18

We will have different field games in the park along with art activities.

6/19 Fri 4-8 pm

Teen Field Trips - Ages 13-17

Teens must have an E-13 on file and participate in regular activities during the week.

GAMEWORKS 4/16 Thu

MARINERS GAME 7/17 Fri

Late Night Teen Program - Ages 13 - 19

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OTHER ACTIVITIES



Free Art Saturdays at The 2100 Building in Rainier Valley

All materials provided. All levels welcome. Space is limited, so be sure to arrive on time.

Every Friday night the Gage Alhadeff Studio is transformed into a drop-in art center for teen artists and on Saturdays, Teen Art Studios sets up in The 2100 Building in Rainier Valley!

Teen Art Studios (TAS) is a free program that provides a diverse, challenging and productive environment for young artists. Every month a different professional artist teaches a new art form, including cartooning, figure drawing, mixed media and more. You receive focused instruction and get the chance to explore a range of different mediums and skills.

Refreshments provided.

Location: 2100 24th Ave South Seattle, WA 98144

6:30pm-9:30pm/Ages 13-18



Girls Group at Treehouse – Girls in Middle to High School

Meet once a month to hang out with girls your age and women from the community, eat delicious food, learn about yoga, self-defense, safe sex, healthy cooking and so much MORE! Contact Stephanie Neil at 206-713-5598 for more information.

Location: Treehouse 2nd floor in the Treehouse Learning Center



Boys Group at Treehouse – Guys in High School

Meet once a month with guys in the same age category and men from the community. Enjoy various activities including video games, Seahawk training facility tour, college visit, and MORE! Contact Sam Martin at 206-267-5148 to get involved!

Location: Treehouse 2nd floor in the Treehouse Learning Center



A FREE year round outdoor recreation and environmental education program for teens 14-19 years old citywide.

PROGRAMMING INCLUDES: After-School Workshops, Overnight and Day Trips, Service Projects, Week Long Expeditions, Paid Internships. **GET INVOLVED TODAY! NO EXPERIENCE NECESSARY.**

For more information please go to: seattle.gov/parks/teens/o2



Daffodil Festival Grand Floral Parade

The famous Daffodil Festival will be celebrating it's 82nd year in 2015 and takes pride in calling the great State of Washington it's home. The Daffodil Festival is an annual event that culminates in April with a Grand Floral Street Parade that travels through the cities of Tacoma, Puyallup, Sumner, and Orting - all in one day.

Parade start times are 10:15 AM in Tacoma, 12:45 PM in Puyallup, 2:30 PM in Sumner, and 5:00 PM in Orting.

April 11, 2015 – Downtown Tacoma



World Rhythm Festival

The annual World Rhythm Festival offers Seattle residents and visitors alike ... three days of an exciting range of world musical traditions including... African, Middle-Eastern, Latin, Indian, North American and more. You'll enjoy events like live performances, drum circles, workshops, an international marketplace, plus the fantastic Carnival Finale.

Location: Seattle Center

April 17-19, 2015



Cherry Blossom & Japanese Cultural Festival

Held at Seattle Center in April... this *annual* Event celebrates Japanese Culture and the USA's relationship with Japan.

There's *a lot* for you to experience during these 3 Days: watch a Go Tournament, visit Arts & Crafts Booths, dine on *traditional* Cuisine. You'll even be able to see Exhibits and Performances.

All Events are free and take place at the Center House and Flag Pavilion.

Location: Seattle Center – Amory Main Floor & Fisher Pavilion

April 24-26, 2015 10:00 am

Langston Hughes Performing Arts Center 2011

1700 Yesler Way S. Call us at 206-684-4758 for general information.

The Langston Hughes Performing Arts Center (LHPAC) celebrates, nurtures, presents and preserves African American and Diaspora performing arts and cultural legacies. LHPAC provides a continual opportunity for all citizens of Seattle, from various walks of life and diverse backgrounds to experience and engage in these performing arts. Every season, Langston Hughes Performing Arts Center has new theatrical works, classes, and programs. LHPAC offers both performances and instruction, which is highly inclusive and reflects the pluralistic diversity of the surrounding neighborhoods of the Central Area, the International District and across Seattle. Contact them for more information about their FREE and low cost classes and performances 206-684-4758.

Youngstown Cultural Arts Center

4408 Delridge Way SW, Seattle, WA 98106

206-935-2999

Free After School Art classes: Beatmaking, DIY Organic Gardening, Digital Media, Live Music Lab, Youngstown Records, Breakdancing, DIY Fashion, Spoken Word Poetry, Sustainable Visual Art. Weekdays 3:30-5:30

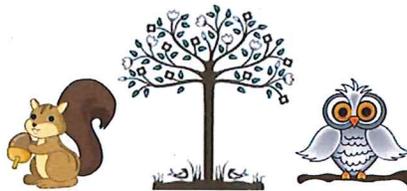
Visit their website at :http://www.youngstownarts.org/all_access_classes/ to apply for these free classes!

Teen Late Night Programming – Free

Ages: 13 – 19 only

Late Night takes on many creative and unique forms while serving a very diverse teen population. Activities have included: basketball, sports leagues, candle making, movies, weight lifting, free swims, computer lab, food, dance classes, beauty zone, top chef competitions, sporting events and much much more – and it's all FREE! Only requirement is to enjoy the programs is sign-in!

Rainier Beach HS Gym	Fri/Sat	7pm – Midnight
Rainier CC	Fri/Sat	7pm – Midnight
ASA Mercer Middle School	Sat	7pm – Midnight



Environmental Learning Centers

LEARN ABOUT THE WILD SIDE OF Seattle at your Environmental Learning Centers! All the centers have programs for adults and families focusing on the natural wonders of the Puget Sound region and how you can make a difference in your world. Learn about and sign up for programs on SPARC, an online registration service. Each park also has its own web page at www.seattle.gov/parks/.

- Discovery Park: located 5 miles northwest of downtown Seattle
 - 8 miles of trails, ponds, saltwater beaches, forests, and meadows
 - 206-386-4236, 3801 W. Government Way, email: discover@seattle.gov
- Carkeek Park
 - Located in North Seattle
 - Roam the trails, play at the playground, explore the historic Piper's Orchard
 - 206-684-0877, 950 NW Carkeek Park Road, email: carkeek@seattle.gov
- Camp Long
 - Located in West Seattle

- 68-acre forested park with hiking trails, climbing rocks with instructors, wetlands loaded with frogs and salamanders
- 206-684-7434, 5200 35th Ave SW, email: camplong@seattle.gov



The Burke Museum of Natural History and Culture

On the University of Washington campus at the corner of 17th Avenue NE and NE 45th Street (206) 543-7907

Open daily, the Burke Museum welcomes all visitors who are curious about the natural wonders of Washington State, the Pacific Northwest, and the Pacific Rim. Discovery awaits you. **Admission is FREE on the first Thursday of the month from 10am-8pm.** Regular hours are daily from 10am-5pm, \$9.50 adult, \$6 students and youth 5+, ages 4 and under are always free.

Experience Music Project

325 5th Avenue North Seattle, WA 98109 | 206.770.2700 | <http://www.empsfm.org>

EMP|SFM offers free admission and live music from 5:00 pm to 8:00 pm on the first Thursday of every month!

Seattle Art Museum (SAM)

1300 First Avenue Seattle, WA 98101 | 206.654.3100 | www.seattleartmuseum.org

SAM offers **free admission to all on the FIRST THURSDAY** of each month. All free day programs include access to special exhibitions as well as all SAM collections and installations.

Museum of Flight

9404 East Marginal Way S. Seattle, WA 98108 | 206.764.5720 | www.museumofflight.org

Thanks to sponsor Wells Fargo Bank, Museum admission is **free of charge on the first Thursday evening of every month from 5-9 p.m!**

Bellevue Arts Museum

510 Bellevue Way N.E. - Bellevue, WA 98004

425-519-0770 www.bellevueart.org

Bring out your child's imagination and creativity with one of Bellevue Arts Museum's many free or low-cost workshops for children of all ages.

Tuesday-Thursday, Saturday 10 a.m.-5:30 p.m.; Friday 10 a.m.-9 p.m.; Sunday 11 a.m.-5:30 p.m.

Frye Art Museum

704 Terry Ave. - Seattle, WA 98104

206-622-9250 | www.fryemuseum.org

The Frye Art Museum engages audiences, challenges perceptions, and encourages dialogue about art in all its complexities, past and present. Admission is always free. For updated information on Frye's education programs that provide art experiences for children, adults, and educators. Tuesday - Saturday, 10 a.m.-5 p.m.; Sunday, noon-5 p.m.; Thursday, 10 a.m.-8 p.m.

Seattle Center Children's Museum

Mon - Fri: 10 AM - 5 PM

Sat/Sun: 10 AM - 6 PM

Price: \$7.50 adults/children, \$6.50 for grandparents and \$6.00 for groups (10 or more)

The Children's Museum, Seattle is an interactive, hands-on museum which provides children (ages birth - 10) and their families a fun and creative place to play and discover. Children can explore and interact with the 11 permanent exhibits including the Neighborhood, Global Village, Imagination Studio and the Mountain. Daily programming provides additional opportunities for art, culture and science exploration. Visitors to the Museum are immediately wrapped up in

this kid sized world of fun and exploration. *Medical Coupon cards provide free daily admission for the individual listed on the card only.*



Seattle Public Libraries host story time and other activities. Check your local branch, or on the web at <http://www.spl.org>. Telephone 206-386-4636

**This list, compiled by Treehouse Little Wishes Program, is provided as a guide only; please contact the location where the event is being held for details, questions, or for confirmation that the event is still happening.*



CAREGIVER RESOURCE GUIDE

Resource or Support Lines

➤ **Foster Parent and Caregiver Crisis and Support Line**

1-800-301-1868

The Foster Parent & Caregiver Support Line is a help line that foster parents and relative caregivers can access when they are in crisis. Crisis line workers will be able to listen and offer advice about how to manage children with emotional or behavioral problems. The support line operates after business hours, when Children's Administration social workers and foster care licensors are not available.

➤ **On-Going and Crisis Support for foster parents**

Under contracts with the state, three private agencies are working to build supports for you within the foster care community. Supports include hubs, support groups and matching new foster parents with veteran foster parents. To get connected:

- If you live in eastern Washington, the Olympic Peninsula down through Pacific County or from Thurston County to Clark County, call 1-888-794-1794.
- If you live in King County, call 206-605-0664 and in any county from Snohomish County north, call 360-510-7601 or 360-863-6530
- If you live in Pierce or Kitsap counties, call 253-473-9252
- If you live in Renton Region 4, call CARE: Counseling, Assistance, Relief and Education 1-888-263-3457 or www.friendsofyouth.org

➤ **Family Help Line**

1-800-932-HOPE

www.parenttrust.org

The Family Help Line is a free, statewide training and referral line for the families of Washington State. Last year, the Family Help Line received over 5,000 calls and requests for information. Calls can last up to 90 minutes and parents can call as often as needed.

➤ **Foster Parent Investigation Retention Support Team (FIRST)**

1-253-219-6782 Support for foster parents under investigation for allegations of abuse or neglect Monday through Saturday, 8:00 a.m. – 8:00 p.m., or leave a message and receive a return call within 24 hours.

Parenting Resources and Classes

➤ **Children's Administration Foster Parent Website:** <http://www.dshs.wa.gov/ca/fosterparents/>

Visit this website for information on training and parenting resources. The website offers helpful training videos on behavioral issues, health and safety, parenting tips, and many more. It also provides links to other websites for parenting concerns.

Contact 1-800-543-7414 to connect with the statewide foster parent recruitment information center.

➤ **Children's Home Society of Washington Parent Education**

206-695-3200

http://www.childrenshomesociety.org/Our_Services/Family_Support/Parent_Education.html

The parent education programs give families important skills and information to help children reach their potential in safe, loving homes. Classes available in:

- Conscious Fathering
- Home Team Parent Aide Program
- Home Visitation
- Next Generation
- Parent Education and Skill-Building
- Parent Trust
- Parents as Teachers
- SPARK: Strong Partners and Relationships for Kids
- Strengthening Families Program
- The Nurturing Parenting Program
- Triple P Parent Coaching

➤ **Friends of Youth: Parenting Resources (classes)**

(Issaquah, Duvall, Snoqualmie)

<http://www.friendsofyouth.org/parentingResources.aspx>

Parents are their children's first and most important teachers. But sometimes, they need a little extra help dealing with the challenges that arise. They need the opportunity to learn effective parenting strategies, build skills, and discuss their issues with other parents. Friends of Youth offers several parenting education classes throughout our community that provide the tools parents need to encourage the development of strong healthy families.

STEP (Systemic Training for Effective Parenting) classes:

Parents of 2-12 year-olds

Parents of Teens (Open to parents of 13-19 year-olds)

Prevention Parenting classes:

Guiding Good Choices (Open to parents of 9-14 year olds)
Staying Connected with Your Teen (Open to parents of 14-17 year olds)

Foster Parent/Caregiver Resources

➤ **Lutheran Community Services (Seattle)**

<http://www.lcsnw.org/permanencyplanning/parents.html> (206) 694-5713

- Group and individual preparation and training for Permanency Planning
- Foster Parent Support Group
- Permanency Planning Newsletter
- Parenting training or referral
- Information and referral to community resources
- Ongoing counseling and support

➤ **Children's Administration**

Meet, Greet, and Train

These long lunch hours are set aside for all caregivers to come together and enjoy a brown bag lunch Gala and engage in one hour of training on a variety of topics. Those topics include things like, Managing Anger in Your Homes; Tactics to Avoid Chaos When Parenting the ADHD child; Active Communication and many, many more. Come and get acquainted and enjoy the networking with other caregivers.

To register call: 1-800-876-5195

➤ **Children's Home Society of Washington**

206-695-3200

Family Resource Centers

www.childrenshomesociety.org/Our_Services/Family_Support/Family_Resource_Centers.html

Our family resource and support centers help families build on their strengths, find support networks and services, and promote the well-being of the entire family. Locations: Auburn, North Seattle

Kinship Caregiver Support

Groups for parents and relatives who are primary caregivers offer an opportunity to connect with others, find new ways to deal with challenges, and gain insight and support from people in similar situations.

➤ **FPAWS: Foster Parent Association of Washington State**

1-800-391-CARE (2273)

www.fpaws.org

Help to empower, to support and to advocate for foster, kinship-care and adoptive families.

The NFPA is the national voice for foster parents and provides services to individual states to improve the services to foster parents throughout the country. NFPA holds an annual training conference in late April or May.

FPAWS is part of the larger NFPA: National Foster Parent Association: <http://www.nfpainc.org/>

➤ **Friends of Youth:**

CARE: Counseling, Assistance, Relief, and Education

CARE supports state licensed foster parents or relative caretakers when they are caring for state

placed children with difficult behavior problems. If the caregiver calls CARE at 206-915-0459, we will call them back within 24 hours. We will offer to go to their home within 72 hours of their call. The primary goal of CARE is to prevent the placement from "failing"; to keep the child in your home and keep the you as a placement resource.

We provide the following kinds of support for up to three months:

- Telephone consultation as requested by the caregiver
- A master's level CARE staff member can provide short term in-home counseling using behavior based approaches to help the caregiver gain skills and techniques for dealing with the child's behavior.
- We can help develop behavior management and supervision plans that meet the needs of the child. Friends of Youth programs specialize in sexually aggressive behaviors, physically aggressive behaviors, mental health problem behaviors and others.
- Access to CARE staff 24/7 for emergency consultation
- Referrals and information about resources and training to improve caregiver skills
- Funds to assist in paying for community resources; e.g. boys and girls club membership, day camp, etc.
- Funds to assist with child evaluations and assessments
- Funds to assist in paying for training classes
- Assistance in advocating with the assigned social worker to get respite funds for household items that will assist in maintaining a child in the home; e.g. bedding, special needs items, etc.

Additional Community Resources

➤ **2-1-1 Washington Information Network**

Dial: 2-1-1 or online at: <http://www.resourcehouse.info/WIN211/>

This network provides a directory of health and human service programs to find resources like food banks (food pantries), emergency shelters, transportation, health clinics, rent or utilities assistance, legal help, and many more.

➤ **Casey Family Programs**

A guide to SSI and Social Security Benefits for Children and Youth in Out-of-Home Care:

<http://www.casey.org/Resources/Publications/pdf/GuideToSSI.pdf>

Relative Caregiver Resources:

<http://www.grandfactsheets.org/doc/Washington%2007%20New%20Template.pdf>

➤ **Kent Youth and Family Services**

A list of services and support organizations dedicated to helping individuals and families in South King County. <http://www.kyfs.org/resources.html>

➤ **YMCA: The Center For Young Adults**

Providing young adults who have experienced foster care or homelessness with the resources and skills they need to move toward independence.

<http://www.seattleyymca.org/page.cfm?ID=center> (206) 749-7550.