

LACEY COMMUNITY CENTER
DEVELOPMENTAL DISABILITIES ADMINISTRATION
CONTINUING EDUCATION TRAINING



August 17th, 2018

6 CEUs

9 AM to 4 PM

Promoting Strengths and Adaptive Resources in Persons with Down Syndrome

In this presentation, we will look at creative ways to adapt to challenges that have not been emphasized previously. This includes the implementation of concrete forms of thought that will actually affect one's understanding of time, changes in schedule and routine, and the ability to generalize skills across settings. This may also influence the ability to understand communication (such as from bosses, teachers etc,) as well as one's sense of humor or response to humor. We will also reiterate key behavioral characteristics such as self-talk, 'grooves,' social sensitivity, and receptiveness to visual memory and cues – with an emphasis on how these characteristics interact and influence each other. We will discuss how to take advantage of this interaction to solve problems and promote adaptive functioning. For example, we will show how to “reset” a stuck groove (a compulsion) or manage a new situation with the strategic use of self-talk and visual checklists.



Presenter:
Dennis McGuire

Health, Mental Health, Normal Aging and Alzheimer's Dementia

This workshop will give participants a greater understanding of healthy aging and problems in aging for older adults, including the effects of premature aging and the concern for Alzheimer's dementia in this group. We will also discuss health and mental health issues for adults of all ages and include strategies for the prevention and treatment of problems when they occur.

*Dennis E. McGuire, Ph.D., Consultant, Global Down Syndrome Foundation (Denver, Colorado). Dr. McGuire is a Down syndrome behavioral expert and has more than 30 years of experience in the fields of mental health and developmental disabilities. He is the former Director of Psychosocial Services for the Adult Down Syndrome Center of Lutheran General Hospital in suburban Chicago, the largest, most prestigious clinic for adults with Down syndrome in the United States. He helped establish the center, which serves over 4,000 unique adult patients with Down syndrome each year. Dr. McGuire keynotes at events around the world and is the co-author of two prominent books about promoting well being in adults with Down syndrome: *Mental Wellness of Adults with Down Syndrome*, published in 2006, and *The Guide to Good Health for Teens and Adults with Down Syndrome*, published in 2011, both by Woodbine House. He received the National Down Syndrome Congress Theodore D. Tjossem Research Award in 2003 and the World Down Syndrome Day Scientific Award in 2010. Dr. McGuire received his doctorate from the University of Illinois at Chicago and his master degree from the University of Chicago.*

Lacey Community Center
6729 Pacific Ave SE
Lacey, WA 98503

From North:

Head South on I-5, Take exit 111, Take ramp right for WA-510 east toward Marvin Rd/Yelm, Turn left onto WA 510/Marvin Rd NE, Turn right onto Steilacoom Rd SE, At light, turn right onto Pacific Ave SE, Travel approx. .6 miles. Turn left into Woodland Creek Community Center Park & Lacey Community Center parking lot.

From South:

Head North on I-5, Take exit 109, Take ramp right and follow signs for Martin Way, Bear right onto Martin Way E, Turn right onto Carpenter Rd SE, Turn left onto Pacific Ave SE, Follow Pacific Ave SE approx. .3 miles. Turn right into Woodland Creek Community Center Park & Lacey Community Center parking lot.

Parking Instructions: Lacey Community Center parking is on the right. Do not park left of the Community Center, this parking is for the senior center only.

Questions: Call Dana Lattin at 360-725-4258. Do not call to register, use form on second page of this flyer.

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Promoting Strengths and Adaptive Resources in Persons with
Down Syndrome / Health, Mental Health, Normal Aging and
Alzheimer's Dementia

REGISTRATION FORM



Washington State
Department of Social
& Health Services

Transforming lives

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Participants Name/s: _____

Provide Email, Fax, or Address to send DDA to send confirmation notice: (Email is preferred)

Phone number in case of last minute changes to training: _____

Who can attend, Check one:

- ☐ Licensed AFH Provider,
- ☐ AFH Resident Manager,
- ☐ AFH Caregiver,
- ☐ Assisted Living Administrator
- ☐ Assisted Living Caregiver
- ☐ Companion Home Provider
- ☐ Alternative Living Provider
- ☐ DDA Residential Program Employee
- ☐ DDA Employment Program Employee
- ☐ Other, i.e. Family, parent, teachers, others
who want to learn more. Please describe:

Please fill out, if you can, the below information:

Name of Company/Employer/AFH:

City of Company/Employer/AFH:

Phone Number:

Info about CEUs:

Individual Providers, can attend, but CEUs do not apply. IPs go through the Training Partnership for CEUs.

CE credits for others with DOH credentials may be allowable at the discretion of your licensing board. It is the responsibility of attendees with other certifications/ licenses to verify that this CE activity meets your licensing boards' standards and acceptability as a CE event.

Please register early as space is limited and the training sessions fill quickly.

Please tell us at least two weeks in advance, if you need special accommodations by writing it in the space below. We need two weeks to process your request. If you do not receive a confirmation for this request please contact us. You can call Dana Lattin at 360-725-4258.

I need this special accommodation: _____

Send this registration form via mail, email or fax to:

Dana Lattin, Developmental Disabilities Administration

PO Box 45315, Olympia, WA 98504

Fax (360) 586.6502

Email- dana.lattin@dshs.wa.gov

Additional classes are listed online at <https://www.dshs.wa.gov/dda/dda-provider-training>