

TUMWATER

DEVELOPMENTAL DISABILITIES ADMINISTRATION

CONTINUING EDUCATION TRAINING



January 14, 2020

9 AM to 4 PM

6 CEUs

Trauma Informed Care

Trauma-Informed Care first aims to thoroughly educate on trauma and its impacts on individuals through a biopsychosocial lens.

It then takes that information and actually applies it to a person's role in a way that is holistic, empathetic to people's unique experiences of trauma, meets their basic needs, prevents re-traumatization, encourages healing and growth, and addresses the ongoing impact of trauma in the people that they support. Considers that all topics including affects and coping mechanisms can also be experienced by the person themselves, not just the individuals that they support. Relies on information from modern research and evidence-based practices.

Learning Objectives:

- Participants will receive the skills to recognize the effects of trauma and post-traumatic stress within residential care settings and how it impacts work.
- Participants will receive the skills to recognize the effects of trauma and post-traumatic stress on an individual's thoughts, emotions, and actions.
- Participants will identify ways to change their own thinking about behaviors related to trauma.
- Participants will recognize behavioral reactions to trauma reminders, triggers, and cues.
- Participants will receive information to assist in creating a trauma informed environment for their clients that is coordinated with their supervisors.
- Participants will develop ways to assist clients holistically to cope with reactions to trauma related to their thoughts, feelings, and behaviors.
- Participants will receive tools to ensure self-care is applied in a way that is trauma informed and assists them with maintaining a trauma-informed care setting.

[Click here to register](#)



Presented By Sean Tabayoyon

Sean Tabayoyon, MSW, CMHS, DMHS, is a Training Specialist with Service Alternatives that specializes in training de-escalation and Trauma-Informed Care. In the past Sean worked in the mental health field as an outpatient therapist for children, adults, and families, as well as having worked in both inpatient and residential mental health programs. He has experience treating individuals with physical and intellectual disabilities, children with mental health and behavior needs, and treating trauma in both adults and children.

Tumwater DDA, 6860 Capitol Blvd SE, Bldg 2, Third Floor, Olympia, WA 98504

Take the stairs or the elevator to the 3rd Floor. Directly to your left is the Reception area. You must attend all of the training to receive a certificate. Class starts promptly at 9:00, if you are late you may be asked to sign up for a future training.

Class Size: Limited to 30 Participants

Additional classes are listed online at [DDA Provider Training Opportunities](#)