Developmental Disabilities Administration

Region 1
Presents Trainings for
Continuing Education
2018

Thursday, August 16, 2018, 9am-4pm Spokane
Thursday, September 13, 2018, 9am-4pm - Wenatchee
Thursday, October 18, 2018, 9am-4pm - Kennewick
Thursday, November 15, 2018, 9am-4pm - Yakima/Selah
Anatomy of a Meltdown
And
Behavior Ecology

Anatomy of a Meltdown will cover:

- Understand how the hormone adrenaline effects the cycle of behavior typically labeled as a "Meltdown."
- Understand the various phases of a "Meltdown."
- ❖ Learn techniques to handle each phase of a "Meltdown" cycle.

Behavior Ecology will cover:

- Learn how behavior develops and changes.
- ❖ Attendees will leave with the knowledge of why people use behaviors, why behaviors are challenging or adaptive, and factors that contribute to behavior's development and change.

To Register:

- You must <u>pre-register</u> by contacting Gloria Martinez at <u>MartinGA@dshs.wa.gov</u> or 509-225-7991
- This class is limited to 30 attendees, and you must be registered to attend.

Presented by Dr. Christen Kishel And

Lee Ferguson

Christen Kishel, PhD, has a wealth of knowledge from her background of many years working in community mental health providing therapy, psychological evaluations, consultation, and supervision. Her expertise in developmental disabilities grew during her time in a private practice with a specific focus on the diagnosis and treatment of individuals with Autism Spectrum Disorders and their families. Currently, Dr. Kishel is the Regional Psychologist for the DDA Region 1 field services as well as for Lakeland Village.

Lee Ferguson, MSW & LICSW, comes from a background of Supported Living in the community, where he provided positive behavior support programming, supervised a clinical Dialectical Behavior Therapy program, as well as mental health diversion program. Currently, Lee provides mental health and positive behavior support services to agencies and DDA staff as part of his role as a Psychology Associate with DDA.

Who Should Attend?

AFH Providers/Resident
Managers/Caregivers, Assisted Living
Administrators/Caregivers, SL Staff,
CH Providers, AL Providers, Supported
Employment Staff. This is not for IP's
to earn their Continuing Education
credits.

Training is approved for 6 hours of Continuing Education credits.



Locations:

Spokane - <u>8517 E. Trent Ave.</u>, Spokane Valley, WA 99212 (Region 1 Training Center)

• Kalispel Training Room

Wenatchee - <u>270 9th St NE #240</u>, East Wenatchee, WA 98802 (Worksource)

• Okanogan Room

Kennewick – <u>500 N Morain St,</u> Kennewick, WA 99336 (DDA office)

• Suite 200, Conference rooms A&B

Yakima/Selah - <u>609 Speyers Road,</u> Selah, WA 98942 (Yakima Valley School)

• Main Building, 4th floor, Deccio Training Room

If you get lost or in the event of inclement weather, call 509-225-7991to get further direction or to find out if the training will be held as scheduled. Please don't be late; doors will close at start time.

We ask while here that you follow safety and security rules of the venue. Please always wear the badge (when provided) and sign in/out if required by the venue. Thank you.

Additional Classes are listed Online

http://www.dshs.wa.gov/dda/dda-provider-training

Developmental Disabilities Administration

Region 1
Presents Workshops for
Continuing Education:
2018



Purpose Statement

The Developmental Disabilities Administration (DDA) endeavors to make a positive difference in the lives of people eligible for services, through offering quality supports and services that are: individual/ family driven; stable and flexible; satisfying to the person and their family; and able to meet individual needs. Supports and services shall be offered in ways that ensure people have the necessary information to make decisions about their options and provide optimum opportunities for success.

- INDIVIDUAL WORTH AND DEVELOPMENT
- CONTINUITY AND COORDINATION OF SERVICES
- COMMUNITY PARTICIPATION AND PARTNERSHIP
- RESPECT FOR EMPLOYEES
- SERVICES QUALITY AND PERFORMANCE ACCOUNTBAILITY
- NONDISCRIMINATION

