

## Developmental Disabilities Administration

Region 1  
Presents Trainings for  
Continuing Education  
2018

**Monday, July 30, 2018, 9am-4pm Kennewick**

**Thursday, September 20, 2018, 9am-4pm Spokane**

**Wednesday, December 19, 2018, 9am-4pm Spokane**

### **Creating a Meaningful Day And Boundaries and Limit Settings**

This training day focuses on empowering the people who themselves empower the individuals that we serve.

**Creating a Meaningful Day** will focus on strategies consistent with positive behavior support to create a truly habilitative environment while also attending to personal empowerment and self-care for the staff providing support.

The second part of the day focuses on communication styles that promote personal power for both staff and the individuals they serve.

**Boundaries and Limit Setting** will focus on improving the conditions in which communication takes place to improve messages and message intent to assertively set limits when faced with persistent or aggressive communication. The attendee will have an opportunity to examine communication styles and how they are perceived by others.

#### **To Register:**

- You must pre-register by contacting Gloria Martinez at [MartinGA@dshs.wa.gov](mailto:MartinGA@dshs.wa.gov) or 509-225-7991
- This class is limited to 30 attendees, and you must be registered to attend.

## **Presented by Dr. Christen Kishel And Lee Ferguson**

Christen Kishel, PhD, has wealth of knowledge from working in the Mental Health field, with experience in providing direct clinical services in the community, as well as providing supervision to clinical staff in community Mental Health programs. Christen has experience and knowledge from running her own private practice, focusing on working with children diagnose with Autism Spectrum Disorder and their families. Currently, Christen is the Lead DDA Region 1 Clinical Psychologist.

Lee Ferguson, MSW & LICSW, comes from a background of Supported Living in the community, where he provided positive behavior support programming, supervised a clinical Dialectical Behavior Therapy program, as well as mental health diversion program. Currently, Lee provides mental health and positive behavior support services to agencies and DDA staff as part of his role as a Psychology Associate with DDA.

#### **Who Should Attend?**

AFH Providers/Resident Managers/Caregivers, Assisted Living Administrators/Caregivers, SL Staff, CH Providers, AL Providers, Supported Employment Staff. This is not for IP's to earn their Continuing Education credits.

Training is approved for 6 hours of Continuing Education credits.



## Locations:

**Kennewick – [500 N Morain St.](#), Kennewick, WA 99336  
(DDA office)**

- Suite 200, Conference rooms A&B

**Spokane (both Spokane classes will be at this location)  
- [8517 E. Trent Ave.](#), Spokane Valley, WA 99212  
(Region 1 Training Center)**

- Kalispel Training Room

If you get lost or in the event of inclement weather, call 509-225-7991 to get further direction or to find out if the training will be held as scheduled. Please don't be late; doors will close at start time.

We ask while here that you follow safety and security rules of the venue. Please always wear the badge (when provided) and sign in/out if required by the venue. Thank you.

**Additional Classes are listed Online**

<http://www.dshs.wa.gov/dda/dda-provider-training>

## Developmental Disabilities Administration

Region 1

Presents Workshops for

Continuing Education:

2018



### Purpose Statement

The Developmental Disabilities Administration (DDA) endeavors to make a positive difference in the lives of people eligible for services, through offering quality supports and services that are: individual/ family driven; stable and flexible; satisfying to the person and their family; and able to meet individual needs. Supports and services shall be offered in ways that ensure people have the necessary information to make decisions about their options and provide optimum opportunities for success.

- INDIVIDUAL WORTH AND DEVELOPMENT
- CONTINUITY AND COORDINATION OF SERVICES
- COMMUNITY PARTICIPATION AND PARTNERSHIP
- RESPECT FOR EMPLOYEES
- SERVICES QUALITY AND PERFORMANCE ACCOUNTABILITY
- NONDISCRIMINATION



Washington State  
Department of Social  
& Health Services

**DDA** Developmental  
Disabilities Administration