

## Developmental Disabilities Administration

Region 1  
Presents Trainings for  
Continuing Education  
2019

**July 25, 2019, 9am-4pm - East Wenatchee**

**August 8, 2019, 9am-4pm - Spokane**

**October 16, 2019, 9am-4pm - Kennewick**

**November 6, 2019, 9am-4pm - Yakima**

### **Anatomy of a Meltdown And Behavior Ecology**

#### **Anatomy of a Meltdown will cover:**

- ❖ Understand how the hormone adrenaline effects the cycle of behavior typically labeled as a “Meltdown.”
- ❖ Understand the various phases of a “Meltdown.”
- ❖ Learn techniques to handle each phase of a “Meltdown” cycle.

#### **Behavior Ecology will cover:**

- ❖ Learn how behavior develops and changes.
- ❖ Attendees will leave with the knowledge of why people use behaviors, why behaviors are challenging or adaptive, and factors that contribute to behavior’s development and change.

#### **To Register:**

- You must pre-register by emailing [SVCEMLDSHSDDATRIS@dshs.wa.gov](mailto:SVCEMLDSHSDDATRIS@dshs.wa.gov)
  - If you are unable to register by email, please call Gloria Martinez at **509-225-7991**
- To expedite registration, **please include name, email and phone number of each attendee.**
- This class is limited to 30 attendees, and you must be registered to attend.

**Presented  
by  
Lee Ferguson**



Lee Ferguson, MSW & LICSW, comes from a background of Supported Living in the community, where he provided positive behavior support programming, supervised a clinical Dialectical Behavior Therapy program, as well as mental health diversion program. Currently, Lee provides mental health and positive behavior support services to agencies and DDA staff as part of his role as a Psychology Associate with DDA.

#### **Who Should Attend?**

AFH Providers/Resident Managers/Caregivers, Assisted Living Administrators/Caregivers, SL Staff, CH Providers, AL Providers, Supported Employment Staff. This is not for IP’s to earn their Continuing Education credits.

Training is approved for 6 hours of Continuing Education credits.



## Locations:

East Wenatchee - [270 9th Street NE, Suite 240, East Wenatchee, WA 98802](#)

Spokane – Region 1 Training Center [8517 E Trent Ave, Spokane WA 99212](#) (Kalispel Room, second floor)

Kennewick - [4310 West 24th Ave, Kennewick, WA 99338](#) (L&I Building)

Yakima – [1002 N. 16 Ave, Yakima, WA 98902](#) (Yakima CSO, room 5)

If you get lost or in the event of inclement weather, call 509-225-7991 to get further direction or to find out if the training will be held as scheduled. Please don't be late; doors will close at start time.

We ask while here that you follow safety and security rules of the venue. Please always wear the badge (when provided) and sign in/out if required by the venue. Thank you.

**Additional Classes are listed Online**

<http://www.dshs.wa.gov/dda/dda-provider-training>

## Developmental Disabilities Administration

Region 1

Presents Workshops for

Continuing Education:

2019



### Purpose Statement

The Developmental Disabilities Administration (DDA) endeavors to make a positive difference in the lives of people eligible for services, through offering quality supports and services that are: individual/ family driven; stable and flexible; satisfying to the person and their family; and able to meet individual needs. Supports and services shall be offered in ways that ensure people have the necessary information to make decisions about their options and provide optimum opportunities for success.

- INDIVIDUAL WORTH AND DEVELOPMENT
- CONTINUITY AND COORDINATION OF SERVICES
- COMMUNITY PARTICIPATION AND PARTNERSHIP
- RESPECT FOR EMPLOYEES
- SERVICES QUALITY AND PERFORMANCE ACCOUNTABILITY
- NONDISCRIMINATION



Washington State  
Department of Social  
& Health Services

**DDA** Developmental  
Disabilities Administration