

SECTION #1

BACKGROUND AND DEFINITIONS

ASPIRATION/PNEUMONIA

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ASPIRATION



Aspiration is the taking of foreign material into the lungs

It could be inhaled food, fluids, medications, gastric contents, saliva, bacteria, or foreign objects

This can cause pneumonia

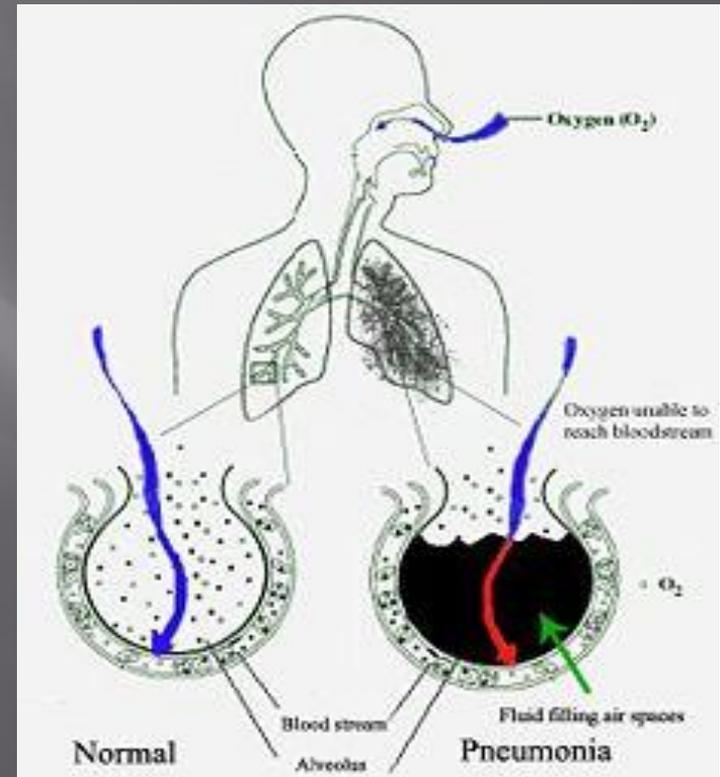


PNEUMONIA

Pneumonia is an inflammation and infection of the lungs

The more **acidic** the content is in the lungs, the more damaging it can be

It can cause a **chemical burn** and inflammation





BE AWARE OF WHAT PEOPLE ARE EATING AND HOW!



- **“Foods”** like hot dogs, popcorn, nuts, carrots, grapes, bacon, hard or chewy candy, and crumbly foods **can become “foreign material” in the lungs** if individuals can not chew and swallow them adequately
- If individuals have impaired cognitive functioning, they may accidentally swallow **“things”** like deflated balloons, pennies, pen caps, beads, batteries, and small toys that **can cause lung or respiratory problems**

