# **Application for a §1915(c) Home and Community-Based Services Waiver**

#### PURPOSE OF THE HCBS WAIVER PROGRAM

The Medicaid Home and Community-Based Services (HCBS) waiver program is authorized in §1915(c) of the Social Security Act. The program permits a State to furnish an array of home and community-based services that assist Medicaid beneficiaries to live in the community and avoid institutionalization. The State has broad discretion to design its waiver program to address the needs of the waiver's target population. Waiver services complement and/or supplement the services that are available to participants through the Medicaid State plan and other federal, state and local public programs as well as the supports that families and communities provide.

The Centers for Medicare & Medicaid Services (CMS) recognizes that the design and operational features of a waiver program will vary depending on the specific needs of the target population, the resources available to the State, service delivery system structure, State goals and objectives, and other factors. A State has the latitude to design a waiver program that is cost-effective and employs a variety of service delivery approaches, including participant direction of services.

## Request for an Amendment to a §1915(c) Home and Community-Based Services Waiver

## 1. Request Information

- **A.** The **State** of **Washington** requests approval for an amendment to the following Medicaid home and community-based services waiver approved under authority of §1915(c) of the Social Security Act.
- **B.** Program Title:

Core Waiver

C. Waiver Number: WA.0410

Original Base Waiver Number: WA.0410.

- D. Amendment Number: WA.0410.R02.07
- **E. Proposed Effective Date:** (mm/dd/yy)

09/01/15

**Approved Effective Date: 09/01/15** 

Approved Effective Date of Waiver being Amended: 09/01/12

#### 2. Purpose(s) of Amendment

#### **Purpose(s) of the Amendment.** Describe the purpose(s) of the amendment:

The purpose of this amendment is to increase the point-in-time capacity for waiver years 4 and 5, to remove a restriction on the use of respite, to increase the dollar limit for the single audit act and to decrease personal care utilization and expenditures in waiver years 4 and 5 due to implementation of community first choice on July 1, 2015, and the termination of Core waiver personal care effective July 1, 2015 (approved in a previous waiver amendment).

#### 3. Nature of the Amendment

**A.** Component(s) of the Approved Waiver Affected by the Amendment. This amendment affects the following component(s) of the approved waiver. Revisions to the affected subsection(s) of these component(s) are being submitted concurrently (check each that applies):

Component of the Approved Waiver	Subsection(s)
Waiver Application	Main 6-I,7, Attachm
Appendix A – Waiver Administration and Operation	
Appendix B – Participant Access and Eligibility	B-3b

	Component of the Approved Waiver		Subsection(s)	7
	Appendix C – Participant Services		C-1/C-3 Respite	
	Appendix D – Participant Centered Service Planning and Delivery			1
	Appendix E – Participant Direction of Services			1
	Appendix F – Participant Rights			1
	Appendix G – Participant Safeguards			1
	Appendix H			]
	Appendix I – Financial Accountability		I-1	
	Appendix J – Cost-Neutrality Demonstration		J-2d years 4,5	
	Nature of the Amendment. Indicate the nature of the changes to (check each that applies):  Modify target group(s)  Modify Medicaid eligibility  Add/delete services  Revise service specifications  Revise provider qualifications  Increase/decrease number of participants  Revise cost neutrality demonstration  Add participant-direction of services  Other  Specify:	th	e waiver that are propos	ed in the amendment
•	pplication for a §1915(c) Home and Comr	n	unity-Based Se	rvices Waiver
A. B. C.	The State of Washington requests approval for a Medicaid home under the authority of §1915(c) of the Social Security Act (the Ac Program Title (optional - this title will be used to locate this wair Core Waiver Type of Request: amendment	t). vei	r in the finder):	`
	Requested Approval Period: (For new waivers requesting five ye individuals who are dually eligible for Medicaid and Medicare.)  3 years  5 years	ear	approvai perioas, ine v	vaiver musi serve
D. E.	Original Base Waiver Number: WA.0410 Waiver Number: WA.0410.R02.07 Draft ID: WA.010.02.08 Type of Waiver (select only one): Regular Waiver Proposed Effective Date of Waiver being Amended: 09/01/12 Approved Effective Date of Waiver being Amended: 09/01/12			

1. Request Information (2 of 3)

**F.** Level(s) of Care. This waiver is requested in order to provide home and community-based waiver services to individuals who, but for the provision of such services, would require the following level(s) of care, the costs of which would be reimbursed under the approved Medicaid State plan (*check each that applies*):

	Hospital	
	Select applicable level of care	
	O Hospital as defined in 42 CFR §440.10  If applicable, specify whether the State additionally limits the waiver to subcategories of the hospital leve of care:	1
	Inpatient psychiatric facility for individuals age 21 and under as provided in 42 CFR §440.160 Nursing Facility	
	Select applicable level of care	
	Nursing Facility as defined in 42 CFR ��440.40 and 42 CFR ��440.155  If applicable, specify whether the State additionally limits the waiver to subcategories of the nursing facil level of care:	ity
	Institution for Mental Disease for persons with mental illnesses aged 65 and older as provided in 42 CFR §440.140	
	Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID) (as defined in 42 CFR	
	§440.150) If applicable, specify whether the State additionally limits the waiver to subcategories of the ICF/IID level of care:	
1 D	4 T. C 4° (2	
1. Reque	st Information (3 of 3)	
progr	current Operation with Other Programs. This waiver operates concurrently with another program (or rams) approved under the following authorities et one:	
	Not applicable	
	Applicable	
	Check the applicable authority or authorities:	
	Services furnished under the provisions of §1915(a)(1)(a) of the Act and described in Appendix I	
	☐ Waiver(s) authorized under §1915(b) of the Act.	
	Specify the §1915(b) waiver program and indicate whether a §1915(b) waiver application has been	
	submitted or previously approved:	<u> </u>
	Specify the §1915(b) authorities under which this program operates (check each that applies):  [ §1915(b)(1) (mandated enrollment to managed care)	
	§1915(b)(2) (central broker)	
	<b>■ §1915(b)(4) (selective contracting/limit number of providers)</b>	
	☐ A program operated under §1932(a) of the Act.	
	Specify the nature of the State Plan benefit and indicate whether the State Plan Amendment has been submitted or previously approved:	
	A program authorized under §1915(i) of the Act.	_
	A program authorized under §1915(j) of the Act.	
	☐ A program authorized under §1115 of the Act.	
	Specify the program:	

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#### H. Dual Eligiblity for Medicaid and Medicare.

Check if applicable:

This waiver provides services for individuals who are eligible for both Medicare and Medicaid.

## 2. Brief Waiver Description

**Brief Waiver Description.** *In one page or less*, briefly describe the purpose of the waiver, including its goals, objectives, organizational structure (e.g., the roles of state, local and other entities), and service delivery methods. The purpose of the Core Waiver it to provide an alternative to Intermediate Care Facility for the Intellectual Disability

The purpose of the Core Waiver it to provide an alternative to Intermediate Care Facility for the Intellectual Disability (ICF/ID) placement for individuals who require residential habilitation services or live at home but are at immediate risk of out of home placement due to one or more of the following extraordinary needs.

- o The individual has extreme and frequently occurring behavior challenges resulting in danger to health or safety or
- o Has had 18 or more days of inpatient psychiatric care in the past 12 months or
- o The individual lives in an ICF/ID and requests community placement or
- o The person requires daily to weekly one-on-one support, supervision and 24-hour access to trained others to meet basic health and safety needs.

The goal of the Core Waiver is to support individuals (who require the level of care provided in an ICF/IID) who choose to live in their community. This is accomplished by coordination of natural supports, community resources/services, Medicaid services and services available via the waiver. The Developmental Disabilities Administration wants people who receive Core Waiver services to experience these benefits:

- Health and Safety
- Personal Power and Choice
- Personal Value and Positive Recognition By Self and Others
- A Range of Experiences Which Help People Participate in the Physical and Social life of Their Communities
- Good Relationships with Friends and Relatives
- Competence to Manage Daily Activities and Pursue Personal Goals

The objective of the Core Waiver is to develop and implement supports and services to successfully maintain individuals in their homes and communities.

With regard to the organizational structure, the State of Washington's HCBS Core Waiver is managed by the Developmental Disabilities Administration (DDA), within the Department of Social and Health Services (DSHS) which is the state operating agency for the waiver. The State monitors against waiver requirements for all services delivered. The principles of Continuous Quality Improvement are used to enhance the Core waiver services delivery systems. The Medicaid Single State Agency (Health Care Authority-HCA) is responsible for approving rules, regulations and policies that govern how waivers are operated and retains the authority to discharge its responsibilities for the administration of the Medicaid program pursuant to 42 CFR §431.10(e).

Washington contracts with its counties for the implementation of Day Program/Supported Employment services. All other aspects of the Waiver are directly managed by the state. DDA operates this waiver within applicable federal regulations, manages the day-to-day administration and maintains operational responsibility for the waiver.

## 3. Components of the Waiver Request

The waiver application consists of the following components. Note: Item 3-E must be completed.

- A. Waiver Administration and Operation. Appendix A specifies the administrative and operational structure of this waiver.
- **B.** Participant Access and Eligibility. Appendix B specifies the target group(s) of individuals who are served in this waiver, the number of participants that the State expects to serve during each year that the waiver is in effect,

applicable Medicaid eligibility and post-eligibility (if applicable) requirements, and procedures for the evaluation and reevaluation of level of care.

- **C.** Participant Services. Appendix C specifies the home and community-based waiver services that are furnished through the waiver, including applicable limitations on such services.
- **D.** Participant-Centered Service Planning and Delivery. Appendix D specifies the procedures and methods that the State uses to develop, implement and monitor the participant-centered service plan (of care).

Е.	<b>Participant-Direction of Services.</b> When the State provides for participant direction of services, <b>Appendix E</b>
	specifies the participant direction opportunities that are offered in the waiver and the supports that are available to
	participants who direct their services. (Select one):
	Yes. This waiver provides participant direction opportunities. Appendix E is required.
	• No. This waiver does not provide participant direction opportunities. Appendix E is not required.

- **F.** Participant Rights. Appendix **F** specifies how the State informs participants of their Medicaid Fair Hearing rights and other procedures to address participant grievances and complaints.
- **G.** Participant Safeguards. Appendix G describes the safeguards that the State has established to assure the health and welfare of waiver participants in specified areas.
- H. Quality Improvement Strategy. Appendix H contains the Quality Improvement Strategy for this waiver.
- **I. Financial Accountability. Appendix I** describes the methods by which the State makes payments for waiver services, ensures the integrity of these payments, and complies with applicable federal requirements concerning payments and federal financial participation.
- J. Cost-Neutrality Demonstration. Appendix J contains the State's demonstration that the waiver is cost-neutral.

## 4. Waiver(s) Requested

A.	Comparability. The State requests a waiver of the requirements contained in §1902(a)(10)(B) of the Act in order to provide the services specified in <b>Appendix</b> C that are not otherwise available under the approved Medicaid State plan to individuals who: (a) require the level(s) of care specified in Item 1.F and (b) meet the target group criteria specified in <b>Appendix B</b> .
В.	<b>Income and Resources for the Medically Needy.</b> Indicate whether the State requests a waiver of §1902(a)(10)(C)(i) (III) of the Act in order to use institutional income and resource rules for the medically needy <i>(select one)</i> :
	Not Applicable
	$\bigcirc$ No
	O Yes
C.	<b>Statewideness.</b> Indicate whether the State requests a waiver of the statewideness requirements in §1902(a)(1) of the Act (select one):
	$\bigcirc$ Yes
	If yes, specify the waiver of statewideness that is requested <i>(check each that applies)</i> :  Geographic Limitation. A waiver of statewideness is requested in order to furnish services under this
	waiver only to individuals who reside in the following geographic areas or political subdivisions of the State.
	Specify the areas to which this waiver applies and, as applicable, the phase-in schedule of the waiver by geographic area:
	Limited Implementation of Participant-Direction. A waiver of statewideness is requested in order to
	make <i>participant-direction of services</i> as specified in <b>Appendix E</b> available only to individuals who reside in the following geographic areas or political subdivisions of the State. Participants who reside in these

areas may elect to direct their services as provided by the State or receive comparable se service delivery methods that are in effect elsewhere in the State.  Specify the areas of the State affected by this waiver and, as applicable, the phase-in sch by geographic area:	S
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	<u> </u>

#### 5. Assurances

In accordance with 42 CFR §441.302, the State provides the following assurances to CMS:

- **A. Health & Welfare:** The State assures that necessary safeguards have been taken to protect the health and welfare of persons receiving services under this waiver. These safeguards include:
  - 1. As specified in **Appendix C**, adequate standards for all types of providers that provide services under this waiver;
  - 2. Assurance that the standards of any State licensure or certification requirements specified in **Appendix C** are met for services or for individuals furnishing services that are provided under the waiver. The State assures that these requirements are met on the date that the services are furnished; and,
  - Assurance that all facilities subject to §1616(e) of the Act where home and community-based waiver services
    are provided comply with the applicable State standards for board and care facilities as specified in Appendix
    C.
- **B.** Financial Accountability. The State assures financial accountability for funds expended for home and community-based services and maintains and makes available to the Department of Health and Human Services (including the Office of the Inspector General), the Comptroller General, or other designees, appropriate financial records documenting the cost of services provided under the waiver. Methods of financial accountability are specified in **Appendix I**.
- C. Evaluation of Need: The State assures that it provides for an initial evaluation (and periodic reevaluations, at least annually) of the need for a level of care specified for this waiver, when there is a reasonable indication that an individual might need such services in the near future (one month or less) but for the receipt of home and community-based services under this waiver. The procedures for evaluation and reevaluation of level of care are specified in Appendix B.
- **D.** Choice of Alternatives: The State assures that when an individual is determined to be likely to require the level of care specified for this waiver and is in a target group specified in **Appendix B**, the individual (or, legal representative, if applicable) is:
  - 1. Informed of any feasible alternatives under the waiver; and,
  - 2. Given the choice of either institutional or home and community-based waiver services. Appendix B specifies the procedures that the State employs to ensure that individuals are informed of feasible alternatives under the waiver and given the choice of institutional or home and community-based waiver services.
- E. Average Per Capita Expenditures: The State assures that, for any year that the waiver is in effect, the average per capita expenditures under the waiver will not exceed 100 percent of the average per capita expenditures that would have been made under the Medicaid State plan for the level(s) of care specified for this waiver had the waiver not been granted. Cost-neutrality is demonstrated in Appendix J.
- **F.** Actual Total Expenditures: The State assures that the actual total expenditures for home and community-based waiver and other Medicaid services and its claim for FFP in expenditures for the services provided to individuals under the waiver will not, in any year of the waiver period, exceed 100 percent of the amount that would be incurred in the absence of the waiver by the State's Medicaid program for these individuals in the institutional setting(s) specified for this waiver.
- **G. Institutionalization Absent Waiver:** The State assures that, absent the waiver, individuals served in the waiver would receive the appropriate type of Medicaid-funded institutional care for the level of care specified for this waiver.

- **H. Reporting:** The State assures that annually it will provide CMS with information concerning the impact of the waiver on the type, amount and cost of services provided under the Medicaid State plan and on the health and welfare of waiver participants. This information will be consistent with a data collection plan designed by CMS.
- **I. Habilitation Services.** The State assures that prevocational, educational, or supported employment services, or a combination of these services, if provided as habilitation services under the waiver are: (1) not otherwise available to the individual through a local educational agency under the Individuals with Disabilities Education Act (IDEA) or the Rehabilitation Act of 1973; and, (2) furnished as part of expanded habilitation services.
- **J. Services for Individuals with Chronic Mental Illness.** The State assures that federal financial participation (FFP) will not be claimed in expenditures for waiver services including, but not limited to, day treatment or partial hospitalization, psychosocial rehabilitation services, and clinic services provided as home and community-based services to individuals with chronic mental illnesses if these individuals, in the absence of a waiver, would be placed in an IMD and are: (1) age 22 to 64; (2) age 65 and older and the State has not included the optional Medicaid benefit cited in 42 CFR §440.140; or (3) age 21 and under and the State has not included the optional Medicaid benefit cited in 42 CFR § 440.160.

## 6. Additional Requirements

Note: Item 6-I must be completed.

- A. Service Plan. In accordance with 42 CFR §441.301(b)(1)(i), a participant-centered service plan (of care) is developed for each participant employing the procedures specified in Appendix D. All waiver services are furnished pursuant to the service plan. The service plan describes: (a) the waiver services that are furnished to the participant, their projected frequency and the type of provider that furnishes each service and (b) the other services (regardless of funding source, including State plan services) and informal supports that complement waiver services in meeting the needs of the participant. The service plan is subject to the approval of the Medicaid agency. Federal financial participation (FFP) is not claimed for waiver services furnished prior to the development of the service plan or for services that are not included in the service plan.
- **B.** Inpatients. In accordance with 42 CFR §441.301(b)(1)(ii), waiver services are not furnished to individuals who are in-patients of a hospital, nursing facility or ICF/IID.
- C. Room and Board. In accordance with 42 CFR §441.310(a)(2), FFP is not claimed for the cost of room and board except when: (a) provided as part of respite services in a facility approved by the State that is not a private residence or (b) claimed as a portion of the rent and food that may be reasonably attributed to an unrelated caregiver who resides in the same household as the participant, as provided in **Appendix I**.
- D. Access to Services. The State does not limit or restrict participant access to waiver services except as provided in Appendix C.
- **E.** Free Choice of Provider. In accordance with 42 CFR §431.151, a participant may select any willing and qualified provider to furnish waiver services included in the service plan unless the State has received approval to limit the number of providers under the provisions of §1915(b) or another provision of the Act.
- F. FFP Limitation. In accordance with 42 CFR §433 Subpart D, FFP is not claimed for services when another third-party (e.g., another third party health insurer or other federal or state program) is legally liable and responsible for the provision and payment of the service. FFP also may not be claimed for services that are available without charge, or as free care to the community. Services will not be considered to be without charge, or free care, when (1) the provider establishes a fee schedule for each service available and (2) collects insurance information from all those served (Medicaid, and non-Medicaid), and bills other legally liable third party insurers. Alternatively, if a provider certifies that a particular legally liable third party insurer does not pay for the service(s), the provider may not generate further bills for that insurer for that annual period.
- **G. Fair Hearing:** The State provides the opportunity to request a Fair Hearing under 42 CFR §431 Subpart E, to individuals: (a) who are not given the choice of home and community-based waiver services as an alternative to institutional level of care specified for this waiver; (b) who are denied the service(s) of their choice or the provider(s) of their choice; or (c) whose services are denied, suspended, reduced or terminated. **Appendix F** specifies the State's procedures to provide individuals the opportunity to request a Fair Hearing, including providing notice of action as required in 42 CFR §431.210.

- **H. Quality Improvement**. The State operates a formal, comprehensive system to ensure that the waiver meets the assurances and other requirements contained in this application. Through an ongoing process of discovery, remediation and improvement, the State assures the health and welfare of participants by monitoring: (a) level of care determinations; (b) individual plans and services delivery; (c) provider qualifications; (d) participant health and welfare; (e) financial oversight and (f) administrative oversight of the waiver. The State further assures that all problems identified through its discovery processes are addressed in an appropriate and timely manner, consistent with the severity and nature of the problem. During the period that the waiver is in effect, the State will implement the Quality Improvement Strategy specified in **Appendix H**.
- I. Public Input. Describe how the State secures public input into the development of the waiver:

The State secures public input by working closely with the following:

- \* The Legislature and other state agencies;
- \* County Coordinators for Human Services,
- \* The State of Washington Developmental Disabilities Council,
- \* The Arc of Washington (advocacy organization), and
- \* The Community Advocacy Coalition made up of advocates and providers.
- \* The HCBS (DDD) Waivers Quality Assurance Committee composed of self-advocates, advocates and providers.

#### **CORE Waiver Amendment**

DDA designed the public stakeholder process to be very inclusive of stakeholder participation at every stage of Core Waiver amendments development. DDA utilized both electronic and non-electronic channels to inform stakeholders and solicit input on the draft Core Waiver amendments. The State secured public input by working closely with the following:

- Other state agencies;
- County Coordinators for Human Services,
- The State of Washington Developmental Disabilities Council (DDC),
- The Arc of Washington (advocacy organization), The Community Advocacy Coalition made up of advocates and providers, and
  - The HCBS (DDA) Waivers Quality Assurance Committee composed of self-advocates, advocates and providers.

The public process included the following:

- DDA made the draft Core Waiver amendment available by posting public notices in all DDA office public lobbies across Washington State on July 6th, 2016, through August 6th, 2016.
- DDA made the draft Core Waiver amendments available to anyone who requested a copy of the amendments as a PDF document available on-line from DDA's public website on July 6th, 2016, through August 6th, 2016.
- DDA filed the public notice of the availability of the draft Core Waiver amendment for public review in the Washington Register on June 13th, 2016, and it was published July 6th, 2016.
- DDA sent a letter on July 1st, 2016, to forty-two advocacy organizations inviting their review and comments on the draft Core Waiver amendments posted on the DDA internet page.
- To enable individuals without electronic/Internet access to receive notification and an opportunity to review the draft Core Waiver amendments, DDA utilized its advocacy partners and

their formal and informal information channels, including their local meetings and their print newsletters. DDA communicated with 42 key stakeholder groups on July 1st, 2016,

and invited all interested parties to review and comment on the draft Core Waiver amendment.

The Arc of Washington, the Developmental Disabilities Council of Washington State, Statewide Parent Coalition, People First of Washington, Self-Advocates in Leadership,

Community Advocacy Coalition, Self-Advocates of Washington and other advocacy organizations collectively enjoy a broad and statewide presence and have been effective outreach and

communication channels to reach individuals and families.

• Washington State Health Care Authority published a public notice to all Washington State Tribes of DDA's intent to submit a Core Waiver amendment to the Centers for Medicare and Medicaid Services on June 10th, 2016.

#### Public Comments and State Responses:

Comments received: State received one public comment via email from the on-line posting notice on the DDA website. Commenter had a question related to contracting a desired vendor for a potential waiver service.

State response: State responded directly to commenter and connected commenter with their case resource manager to

answer questions about contracting a desired vendor for a desired waiver service. Comment was not directly related to content of this waiver amendment.

- **J. Notice to Tribal Governments**. The State assures that it has notified in writing all federally-recognized Tribal Governments that maintain a primary office and/or majority population within the State of the State's intent to submit a Medicaid waiver request or renewal request to CMS at least 60 days before the anticipated submission date is provided by Presidential Executive Order 13175 of November 6, 2000. Evidence of the applicable notice is available through the Medicaid Agency.
- K. Limited English Proficient Persons. The State assures that it provides meaningful access to waiver services by Limited English Proficient persons in accordance with: (a) Presidential Executive Order 13166 of August 11, 2000 (65 FR 50121) and (b) Department of Health and Human Services "Guidance to Federal Financial Assistance Recipients Regarding Title VI Prohibition Against National Origin Discrimination Affecting Limited English Proficient Persons" (68 FR 47311 August 8, 2003). Appendix B describes how the State assures meaningful access to waiver services by Limited English Proficient persons.

7.	Con	tact	Person	(s)
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C	mtact rerson(s)		
A.	= -	representative with whom CMS shou	ld communicate regarding the waiver is:
	Last Name:		
		Perez	
	First Name:	- ·	
		Evelyn	
	Title:		
		Assistant Secretary	
	Agency:	D 1 175 175 A1 115	
		Developmental Disabilites Administ	ration
	Address:	DO D = 45210	
		PO Box 45310	
	Address 2:		
	C.L.		
	City:	Olympia	
	64-4		
		Washington	
	Zip:	98504-5310	
	Phone:		
		(360) 725-3461	Ext: TTY
	F		
	Fax:	(360) 407-0954	
		(200) 107 055 1	
	E-mail:		
		PerezE@dshs.wa.gov	
D	If1:1-1- 41 C+-+-		and any CMC about 1 arranged and a second and a second as
В.		operating agency representative with	whom CMS should communicate regarding the waiver is:
	Last Name:	Beckman	

riist ivaille.	Bob
Title:	
	Waiver Requirements Program Manager
Agency:	
<b>83</b> -	Developmental Disabilities Administration
Address:	*
ridai ess.	Department of Social and Health Services
Address 2:	
Address 2.	P.O. Box 45310
City	Tiel Ben 18816
City:	Olympia
G	
State:	Washington
Zip:	00504 5040
	98504-5310
Dhana	
Phone:	(360) 725-3451 Ext: TTY
	(300) 723-3431 Ext.
Fax:	
	(360) 407-0955
E-mail:	
	Beckmbc@dshs.wa.gov
0 4 41 69	• ,
8. Authorizing Si	gnature
This document, togethe	er with the attached revisions to the affected components of the waiver, constitutes the State's request
to amend its approved	waiver under §1915(c) of the Social Security Act. The State affirms that it will abide by all provisions
	g the provisions of this amendment when approved by CMS. The State further attests that it will
	ne waiver in accordance with the assurances specified in Section V and the additional requirements of the approved waiver. The State certifies that additional proposed revisions to the waiver request
	e Medicaid agency in the form of additional waiver amendments.
Signature:	Evelyn Perez
	State Medicaid Director or Designee
Submission Date:	
Submission Date:	Sep 23, 2016
	Note: The Signature and Submission Date fields will be automatically completed when the
	State Medicaid Director submits the application.
Last Name:	
	Perez
First Name:	
	Evelyn
Title:	
1111.	
	Assistant Secretary
Agency:	Assistant Secretary

	Developmental Disabilities Administration			
Address:				
	P.O. Box 45310			
Address 2:				
City:				
city.	Olympia			
State:	Washington			
Zip:				
	98504-5310			
Dhama				
Phone:	(360) 725-3461			
Fax:				
	(360) 407-0954			
E-mail:				
Attachments	PerezE@dshs.wa.gov			
Attachment #1: Transition Plan Check the box next to any of the following changes from the current approved waiver. Check all boxes that apply.  Replacing an approved waiver with this waiver.  Combining waivers.  Splitting one waiver into two waivers.  Eliminating a service.  Adding or decreasing an individual cost limit pertaining to eligibility.  Adding or decreasing limits to a service or a set of services, as specified in Appendix C.  Reducing the unduplicated count of participants (Factor C).  Adding new, or decreasing, a limitation on the number of participants served at any point in time.  Making any changes that could result in some participants losing eligibility or being transferred to another waiver under 1915(c) or another Medicaid authority.				
Making any changes that could result in reduced services to participants.				

Specify the transition plan for the waiver:

State is removing a limitation on the number of days in a month that a waiver participant can use respite and State is increasing the point-in-time capacity for waiver years 4 and 5.

#### Attachment #2: Home and Community-Based Settings Waiver Transition Plan

Specify the state's process to bring this waiver into compliance with federal home and community-based (HCB) settings requirements at 42 CFR 441.301(c)(4)-(5), and associated CMS guidance.

Consult with CMS for instructions before completing this item. This field describes the status of a transition process at the point in time of submission. Relevant information in the planning phase will differ from information required to describe attainment of milestones.

To the extent that the state has submitted a statewide HCB settings transition plan to CMS, the description in this field may reference that statewide plan. The narrative in this field must include enough information to demonstrate that this waiver complies with federal HCB settings requirements, including the compliance and transition requirements at 42 CFR 441.301 (c)(6), and that this submission is consistent with the portions of the statewide HCB settings transition plan that are germane to this waiver. Quote or summarize germane portions of the statewide HCB settings transition plan as required. Note that Appendix C-5 HCB Settings describes settings that do not require transition; the settings listed there meet federal HCB setting requirements as of the date of submission. Do not duplicate that information here.

Update this field and Appendix C-5 when submitting a renewal or amendment to this waiver for other purposes. It is not necessary for the state to amend the waiver solely for the purpose of updating this field and Appendix C-5. At the end of the state's HCB settings transition process for this waiver, when all waiver settings meet federal HCB setting requirements, enter "Completed" in this field, and include in Section C-5 the information on all HCB settings in the waiver.

The State of Washington assures that the settings transition plan included with this waiver amendment will be subject to any provisions or requirements included in the State of Washington's approved Statewide Transition Plan. The State of Washington will implement any required changes upon approval of the Statewide Transition Plan and will make conforming changes to its waiver when it submits the next amendment or renewal.

Washington has submitted a statewide HCBS settings transition plan to CMS on March 11, 2015.

Settings that will, with changes, fully comply with HCBS requirements include: (1) DDA Group Training Homes; and (2) DDA companion Homes. Changes necessary to comply with HCBS rules require revisions to contracts to require resident choice regarding locking bedroom doors. These contract revisions are scheduled to be completed by July 1, 2015; and are documented in the transition plan, appendix C: State's remedial strategies and timelines reproduced below in a format compatible with the WMS application.

The following are the state's remedial strategies required to ensure that Washington State complies with, and maintains compliance with, the HCBS rules. This includes changes to DDA Group Training Homes and DDA Companion Home Medicaid contracts, residential facility survey/inspection changes, training, program transition and stakeholder involvement.

Contract Changes – Change contracts for DDA Group Training Homes and DDA Companion Homes to require lockable doors and require protection from eviction that tenants have under the landlord tenant law of the State, county, city or other designated entity. Contracts for the 2015-2017 biennium will have language requiring homes to have lockable doors and appropriate protection from eviction with a start date and actual completion date of July 1, 2015, and a final completion date of July 1, 2017.

WAC Changes – Revise rules related to group supported employment Chapter 388-845 WAC. Add definition of an "integrated business setting" as a "setting that enables participants to work alongside and/or interact with individuals who do not have disabilities." DDA will follow rulemaking timeframe established in WAC with start date of July 1, 2015, and a final completion date of July 1, 2017.

Licensing Survey Changes – Revise Facility Inspection Working Papers for Supported Living. Modify the "working papers' to contain a series of questions that help the surveyors' assessment of the residents needs are met. Additional questions related to HCBS will be added to the surveyor "working papers with a start date of November 1, 2014; an actual completion date of July 1, 2015; and a final planned completion date of November 30, 2017.

Provider Training – Provide Supported Living (SL) provider training on the new expectations incorporated into the survey tools. RCS will distribute "Dear Provider" letters to all providers with a start date of November 1, 2014; an actual completion date of July 1, 2015; and a planned completion date of December 30, 2915. RCS expects providers to read and follow the "Dear Provider" letter and comply with the requirements. Compliance will be determined as part of the RCS facility inspection process.

Provider Training – Provide potential and newly licensed SL providers training on the new expectations incorporated into the survey tools. Distribute information to potential and newly licensed providers during SL orientation with a start date of November 1, 2014, and a final completion date of March 1, 2019. RCS expects providers to read and comply with the requirements – compliance will be determined as part of the RCS facility inspection process.

Program Transition- DDA Prevocational Services (PVS) providers – Washington defines Prevocational Services as part of an individual's pathway to integrated jobs in typical community employment. These services and supports are intended to be short term and designed to further habilitation goals that will lead to greater opportunities for competitive and integrated employment and career advancement at or above minimum wage.

DDA proposes to eliminate new admissions to prevocational services as currently defined. All people receiving prevocational supports will be supported to transition into integrated service options within four years through personcentered service planning. Unit the transition is completed, all individuals will continue to receive their current services. Current options include Group Supported Employment, Individual Supported Employment (both include prevocational components) and community access. In addition, DDA will assist individuals to explore and access other community options.

DDA will provide: (1) Individual notice to all pre-vocational service participants upon CMS approval of this Transition Plan with a start date of July 1, 2015, and a final completion date of July 31, 2016; (2) Information and supports necessary for participants to make an informed choice of alternative services available to them in advance of each individual's transition through a robust person-centered service planning process with a start date of July 1, 2015, and a final completion date of March 1, 2019; (3) Alternative services that may be selected include: Individual Supported Employment, Group Supported Employment or Community Access. Other existing waiver services to meet the assessed needs of the individual will also be available with a start date of July 1, 2015, and a final completion date of March 1, 2019.

DDA will require counties to work with pre-vocational service providers to: (1) Develop agency transformation plans with a start date of ongoing and a final completion date of June 30, 2018; (2) Assure each person has a solid person-centered employment plan with a start date of ongoing and a final completion date of March 1, 2019; (3) Utilize Individualized Technical Assistance (ITA) as necessary with a start date of ongoing and a final completion date of March 1 2019; and (4) Assure accurate outcome data, on the individualized support provided to people to help them move towards their employment goal, is documented and provided with a start date of ongoing and a final completion date of March 1, 2019.

DDA will assist Counties with: (1) Agency transformation plans with a start date of ongoing and a final completion date of June 30, 2018; and (2) Person-centered Plans with a start date of ongoing and a final completion date of March 1, 2019.

Stakeholder and Tribal Involvement - Incorporate stakeholder and Tribal involvement throughout implementation of the statewide transition plan. Solicit stakeholder and Tribal feedback regarding transition plan implementation activities. Initial and ongoing stakeholder and Tribal education, consultation, and updates occur through various methods including meetings, conferences and webinars with a start date of December 2014 and a final completion date of March 1, 2019.

Establish a DDA HCBS Quality Assurance Advisory Committee to formally provide input to DDA during the implementation of the Transition Plan. Committee meets quarterly. DDA HCBS Waiver Quality Assurance Advisory Committee has accepted additional role as stakeholder advisory committee to DDA for implementation of Transition Plan with a start date of February 17, 2015, and a final completion date of March 1, 2019.

Staff Training – Provide training to staff who survey/inspect residential settings. Distribute Management Bulletin (MB) to ALTSA and DDA staff about the new HCBS requirements as well as ALTSA's and DDA's expectations for provider compliance with the expectations. ALTSA and DDA expect staff to read and follow the MB and understand the requirements with a start date of November 1, 2014, and a final completion date of November 30, 2017.

Staff Training – Provide basic staff training. Provide training to ALTSA and DDA staff on the new HCBS requirements as well as ALTSA's and DDA's expectations for provider compliance with the expectations. ALTSA and DDA expect staff to know and understand the requirements with a start date of November 1, 2014, and a final completion date of March 1, 2019.

Participant, Stakeholder, Tribal and Family Communication – Provide information to participants, stakeholders, Tribes and families. Provide information to participants, stakeholders, Tribes, and families about the new requirements, the transition plan, and remedial strategies for bringing settings into compliance, through person-centered planning and through notices posted in local field offices. ALTSA and DDA expect participants, stakeholders, Tribes, and families to know and understand the requirements, the status of the transition plan, and the remedial strategies using the following processes: (1) Publish notices regarding changes to Washington Administrative Code as part of the rulemaking process; (2) Publish flyers in local offices; (3) Publish notices in Washington Register; and (4) Hold public meetings and/or webinars with a start date of September 3, 2014, and a final completion date of March 1, 2019.

Settings that do not comply with HCBS requirements include: DDA prevocational services. DDA is proposing to halt new enrollments to prevocational services effective 7/1/2015, and to transition all existing prevocational participants to other integrated service options within four years through person-centered service planning. Current options include individual supported employment, group supported employment (both include prevocational components) and community access services. In addition, DDA will assist individuals to explore and access other community options. Transition of prevocational participants is scheduled to be completed by March 1, 2019, and is documented in the transition plan, appendix C: State's remedial strategies and timelines.

1. In the Statewide Transition Plan, the state documented the results of the state assessment of HCBS settings. From the Transition plan:

"ALTSA and DDA reviewed the requirements for HCBS settings and identified settings that fully comply with the requirements, settings that will comply with the requirements after implementing changes, and settings that do not or cannot

meet the HCBS requirements. The review included an analysis of state laws, rules, policies, processes, and forms/tools in relation to the new federal HCBS requirements and an identification of changes that are necessary to achieve and maintain compliance with the federal HCBS requirements. The state solicited input from the state Long-Term Care Ombuds, stakeholders, and clients as part of this analysis. The state conducted on site visits of all adult day service centers, all settings presumed to be institutional, all group training homes, and one residential setting identified by a stakeholder as potentially not meeting the characteristics of an HCB setting. The review details are in the appendices."

Settings that fully comply with HCBS Characteristics for participants on the DDA Basic Plus Waiver: (1) in home; (2) individual supported employment; (3) group supported employment; (4) community access; (5) community healthcare providers; (6) dental providers; (7) behavioral health crisis bed diversion services; (8) specialized psychiatric services; (9) behavior support and consultation; (10) community crisis stabilization services; (11) vehicle modification providers; and (12) transportation providers.

Each setting was evaluated against the HCBS characteristics including: (1) The setting is integrated in, and supports full access of individuals receiving Medicaid HCBS to, the greater community, including opportunities to seek employment and work in competitive integrated settings, engage in community life, control personal resources, and receive services in the community, to the same degree of access as individuals not receiving Medicaid HCBS;

- (2)The setting is selected by the individual from among setting options including non-disability specific settings and an option for a private unit in a residential setting; (3)An individual's essential personal rights of privacy, dignity and respect, and freedom from coercion and restraint are protected; (4)Individual initiative, autonomy, and independence in making life choices, including but not limited to, daily activities, physical environment, and with whom to interact are optimized and not regimented; (5)Individual choice regarding services and supports, and who provides them, is facilitated; (6)Individuals have a choice of roommates in the setting; (7)Individuals have the freedom to furnish and decorate their sleeping or living units; (8)Individuals have the freedom and support to control their own schedules and activities, and have access to food at any time; (9)Individuals are able to have visitors of their choosing at any time; (10)The setting is physically accessible to the individual; (11)The unit or room is a specific physical place that can be owned, rented or occupied under another legally enforceable agreement by the individual receiving services, and the individual has, at a minimum, the same responsibilities and protections from eviction that tenants have under the landlord tenant law of the State, county, city or other designated entity.
- 2. The State reviews these settings at least annually during the LOC assessment to ensure that services are being delivered in an environment that meets State and federal HCBS requirements.

The state is actively engaged with commenters to address concerns raised about specific settings that may not be in compliance with HCB setting requirements. Any issues of non-compliance will be addressed through the remediation activities identified in the statewide transition plan.

## **Additional Needed Information (Optional)**

Provide additional needed information for the waiver (optional):

Note: The following information should would have been included in Appendix I-B.2 just prior to "Payments to State Employees", but it was inadvertently omitted from the waiver amendment. The limit on the number of characters allowed in that Appendix has necessitated its insertion here.

Payments to the Counties

The DDA contracts with 38 Washington counties for day program/day habilitation (community access, individualized technical assistance, prevocational, supported employment) services. In most cases, the county contracts with the direct providers of services. (In a few cases, the counties are the providers of services.) Counties bill the state on behalf of providers of service (providers have the option to bill the state directly, but virtually all providers elect to have the counties handle the billing). Counties in turn bill the state, and the state reimburses the counties, who in turn reimburse providers of service. Counties are paid for their administration, and administrative dollars are in addition to service dollars. Counties reimburse providers at 100% of the contracted unit rate for services provided.

Counties maintain an infrastructure, including program manager, accounting, and information technology (IT) staff who

ensure that Administration funding is spent in accordance with the DDA/County contract and that clients of the Developmental Disabilities Administration receive high quality day program/supported employment services. To support that infrastructure, per WAC 388-850-045(3) (DDA administrative code concerning allocation of funds to the counties) the DDA allows the counties to devote up to 7% of the funding received from the DDA to program administration. "Funding received" refers to the funding provided by the DDA to each county via direct contract with each county. The total funding amount provided to the counties includes both administrative and service dollars (i.e., paid to vendors of community access, individualized technical assistance, prevocational, and supported employment services)

The dollars devoted to administration are considered an indirect rate, and the Department is claiming FFP for funding devoted to administration based on a cost allocation that reflects the proportion of county funding that is spent on Title XIX services.

## App

Appendix A: Waiver Administration and Operation
<ol> <li>State Line of Authority for Waiver Operation. Specify the state line of authority for the operation of the waiver (select one):</li> </ol>
○ The waiver is operated by the State Medicaid agency.
Specify the Medicaid agency division/unit that has line authority for the operation of the waiver program (select one):
○ The Medical Assistance Unit.
Specify the unit name:
(Do not complete item A-2)
• Another division/unit within the State Medicaid agency that is separate from the Medical Assistance Unit.
Specify the division/unit name. This includes administrations/divisions under the umbrella agency that has been identified as the Single State Medicaid Agency.
(Complete item A-2-a).
• The waiver is operated by a separate agency of the State that is not a division/unit of the Medicaid agency.
Specify the division/unit name:  Department of Social and Health Services/Developmental Disabilities Administration
In accordance with 42 CFR §431.10, the Medicaid agency exercises administrative discretion in the administration and supervision of the waiver and issues policies, rules and regulations related to the waiver. The interagency agreement or memorandum of understanding that sets forth the authority and arrangements for this policy is available through the Medicaid agency to CMS upon request. (Complete item A-2-b).
Appendix A: Waiver Administration and Operation
2. Oversight of Performance.

a. Medicaid Director Oversight of Performance When the Waiver is Operated by another Division/Unit within the State Medicaid Agency. When the waiver is operated by another division/administration within the umbrella agency designated as the Single State Medicaid Agency. Specify (a) the functions performed by that division/administration (i.e., the Developmental Disabilities Administration within the Single State Medicaid Agency), (b) the document utilized to outline the roles and responsibilities related to waiver operation, and (c) the methods that are employed by the designated State Medicaid Director (in some instances, the head of umbrella agency) in the oversight of these activities:

As indicated in section 1 of this appendix, the waiver is not operated by another division/unit within the State Medicaid agency. Thus this section does not need to be completed.



b. Medicaid Agency Oversight of Operating Agency Performance. When the waiver is not operated by the Medicaid agency, specify the functions that are expressly delegated through a memorandum of understanding (MOU) or other written document, and indicate the frequency of review and update for that document. Specify the methods that the Medicaid agency uses to ensure that the operating agency performs its assigned waiver operational and administrative functions in accordance with waiver requirements. Also specify the frequency of Medicaid agency assessment of operating agency performance:

Specify the functions that are expressly delegated through a memorandum of understanding:

Schedule A5 of the Cooperative Agreement delegates the following functions to the operating agency:

- Submission of all necessary application, renewal and amendment materials to CMS in order to secure and maintain approval of all proposed and existing waivers;
- Responsibility for the operation, management, and reporting of allowable Medicaid administrative activities for approved federal waivers; and
- Developing regulations, MMIS policy changes, and provider manuals.

The Cooperative Agreement is reviewed and updated when needed as issues are identified.

The Medicaid agency is responsible for approving rules, regulations and policies that govern how waivers are operated and retains the authority to discharge its responsibilities for the administration of the Medicaid program pursuant to 42 CFR § 431.10(e). The assigned operational and administrative functions are monitored as part of ALTSA's/DDA's annual Quality Assurance (QA) Review Cycle. Final QA outcome reports are provided to the Medicaid agency for review and follow-up.

At the end of each QA Review Cycle, a final report is generated which includes detailed data on a state-wide level. These results are analyzed and incorporated into a statewide Performance Improvement Plan (PIP). The State Medicaid Agency receives annual Quality Assurance Review reports and meets with the operating agency at the conclusion of the QA cycle to review results and provide input into the PIP. The PIP is reviewed and approved for implementation by executive management.

The HCA Medicaid Agency Waiver Management Committee includes representatives from the Health Care Authority (the Single State Medicaid Agency) and administrations/divisions within the operating agency: DDA, Home and Community services (HCS), Residential Care Services (RCS), and the Behavioral Health and Service Integration Administration (BHSIA). The committee meets at least quarterly to review all functions delegated to the operating agency, current quality assurance activity, pending waiver activity (e.g., amendments, renewals), potential waiver policy and rule changes and quality improvement activities.

## **Appendix A: Waiver Administration and Operation**

- **3. Use of Contracted Entities.** Specify whether contracted entities perform waiver operational and administrative functions on behalf of the Medicaid agency and/or the operating agency (if applicable) (*select one*):
  - Yes. Contracted entities perform waiver operational and administrative functions on behalf of the Medicaid agency and/or operating agency (if applicable).

Specify the types of contracted entities and briefly describe the functions that they perform. *Complete Items A-5 and A-6.*:

Counties are responsible for the provision of day program and employment services. They disseminate information concerning day program and employment services to potential enrollees, monitor waiver expenditures against approved levels, recruit providers and determine day program and employment payment amounts or rates.

The Medicaid agency retains ultimate authority and responsibility for the operation of the waiver by exercising oversight over the performance of waiver functions by other state and local/regional non-state agencies (if appropriate) and contracted entities.

No. Contracted entities do not perform waiver operational and administrative functions on behalf of the Medicaid agency and/or the operating agency (if applicable).

## **Appendix A: Waiver Administration and Operation**

4.	Role of Local/Regional Non-State Entities. Indicate whether local or regional non-state entities perform waive	/er
	operational and administrative functions and, if so, specify the type of entity (Select One):	

$\cup$	Not	app	lica	ble

- Applicable Local/regional non-state agencies perform waiver operational and administrative functions. Check each that applies:
  - Local/Regional non-state public agencies perform waiver operational and administrative functions at the local or regional level. There is an interagency agreement or memorandum of understanding between the State and these agencies that sets forth responsibilities and performance requirements for these agencies that is available through the Medicaid agency.

Specify the nature of these agencies and complete items A-5 and A-6:

WA State Counties, Behavioral Health Organizations (BHO's)

Local/Regional non-governmental non-state entities conduct waiver operational and administrative functions at the local or regional level. There is a contract between the Medicaid agency and/or the operating agency (when authorized by the Medicaid agency) and each local/regional non-state entity that sets forth the responsibilities and performance requirements of the local/regional entity. The contract(s) under which private entities conduct waiver operational functions are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Specify the nature of these entities and complete items A-5 and A-6:

Local non-profit corporation.

## **Appendix A: Waiver Administration and Operation**

5. Responsibility for Assessment of Performance of Contracted and/or Local/Regional Non-State Entities. Specify the state agency or agencies responsible for assessing the performance of contracted and/or local/regional non-state entities in conducting waiver operational and administrative functions:

Department of Social and Health Services/Developmental Disabilities Administration

## **Appendix A: Waiver Administration and Operation**

6. Assessment Methods and Frequency. Describe the methods that are used to assess the performance of contracted and/or local/regional non-state entities to ensure that they perform assigned waiver operational and administrative functions in accordance with waiver requirements. Also specify how frequently the performance of contracted and/or local/regional non-state entities is assessed:

Each biennium, DDA reviews and evaluates the state's Employment & Day program subcontractors. The evaluation incorporate all contractual requirements including but not limited to client direct services, program quality assurance, indirect systems, policies and procedure, and fiscal soundness. All counties are asked to complete and return the Employment & Day Contract Compliance review checklist, which is a self-assessment tool.

In addition to the tool, DDA asks counties to submit various other information—examples of requested information include:

- Their most recent Request for Qualifications for Employment & Day Program Services.
- Their site review schedule including dates and the names of providers to be reviewed.
- An overview of their "Quality Assurance & Evaluation" process including:
  - A sample site review engagement letter.
  - The evaluation tool used for the site review.
  - A sample follow-up site review letter (preferably a corrective action sample).
  - An explanation of how client review sampling is determined.

Once information is obtained, DDA compiles the information and determines which counties require further review. A county who elects not to submit the requested information is automatically chosen. Thus DDA conducts a 100% review of Counties and based on the information provided, DDA determines which Counties require on-site reviews and technical assistance.

When on-site reviews are conducted:

Client files will be reviewed for specific elements including:

- Relationship of clients' file notes describing services to reporting documents to DDA's Individual Support Plan:
- Quality of reporting documents, activity progress and outcome status;
- Accuracy of service hours reported, including separation of DVR hours;
- Required documentation such as grievance procedures, medical information, release of information, etc.

Direct service staff files will be reviewed for specific elements including:

- Background checks;
- Qualifications;
- Training information; and
- Documentation of Policy Review.

As a result of the site visits, counties receive written feedback which include necessary recommendations for corrective action.

The Medicaid agency is responsible for approving rules, regulations and policies that govern how waivers are operated. The assigned operational and administrative functions are monitored as part of DDA's annual QA Review Cycle. At the end of each annual QA Review Cycle a report is generated which includes detailed data on a statewide level. Final QA outcome reports are provided to the Medicaid agency for review and input. Monitoring results are also reviewed with the Medicaid Agency Waiver Oversight Committee at the quarterly meeting of the Committee immediately following compilation of the monitoring results.

## **Appendix A: Waiver Administration and Operation**

7. **Distribution of Waiver Operational and Administrative Functions.** In the following table, specify the entity or entities that have responsibility for conducting each of the waiver operational and administrative functions listed (*check each that applies*):

In accordance with 42 CFR §431.10, when the Medicaid agency does not directly conduct a function, it supervises the performance of the function and establishes and/or approves policies that affect the function. All functions not performed directly by the Medicaid agency must be delegated in writing and monitored by the Medicaid Agency. Note: More than one box may be checked per item. Ensure that Medicaid is checked when the Single State Medicaid Agency (1) conducts the function directly; (2) supervises the delegated function; and/or (3) establishes and/or approves policies related to the function.

Function	Medicaid Agency	Other State Operating Agency	Contracted Entity	Local Non-State Entity
Participant waiver enrollment		<b>✓</b>		
Waiver enrollment managed against approved limits		<b>✓</b>		
Waiver expenditures managed against approved levels		<b>✓</b>	<b>✓</b>	<b>✓</b>
Level of care evaluation		<b>✓</b>		
Review of Participant service plans		<b>✓</b>		
Prior authorization of waiver services				
Utilization management		<b>✓</b>		
Qualified provider enrollment		<b>✓</b>	<b>✓</b>	<b>✓</b>
Execution of Medicaid provider agreements		<b>✓</b>	<b>✓</b>	<b>✓</b>
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Function	Medicaid Agency	Other State Operating Agency	Contracted Entity	Local Non-State Entity
Establishment of a statewide rate methodology		<b>✓</b>		
Rules, policies, procedures and information development governing the waiver program	>	<b>✓</b>		
Quality assurance and quality improvement activities		<b>✓</b>		

## **Appendix A: Waiver Administration and Operation**

**Quality Improvement: Administrative Authority of the Single State Medicaid Agency** 

As a distinct component of the State's quality improvement strategy, provide information in the following fields to detail the State's methods for discovery and remediation.

### a. Methods for Discovery: Administrative Authority

The Medicaid Agency retains ultimate administrative authority and responsibility for the operation of the waiver program by exercising oversight of the performance of waiver functions by other state and local/regional non-state agencies (if appropriate) and contracted entities.

#### i. Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance, complete the following. Performance measures for administrative authority should not duplicate measures found in other appendices of the waiver application. As necessary and applicable, performance measures should focus on:

- Uniformity of development/execution of provider agreements throughout all geographic areas covered by the waiver
- Equitable distribution of waiver openings in all geographic areas covered by the waiver
- Compliance with HCB settings requirements and other new regulatory components (for waiver actions submitted on or after March 17, 2014)

Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

A.1: The percentage of counties that submit timely contract monitoring reports. Numerator= The number of counties reporting to the state in a timely manner. Denominator= The total number of contracted counties.

Data Source (Select one):

Analyzed collected data (including surveys, focus group, interviews, etc)

If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	☐ Weekly	<b>✓</b> 100% Review
<b>⊘</b> Operating Agency	☐ Monthly	☐ Less than 100% Review
<b>✓</b> Sub-State Entity	☐ Quarterly	☐ Representative Sample

			Confidence Interval =	
Other Specify:	☐ Annuall	у	Stratified  Describe Group:	
	☐ Continu Ongoing	ously and	Other Specify:	
		he first fiscal he biennium.		
Data Aggregation and Analy Responsible Party for data		Frequency of	data aggregation and	
and analysis (check each tha	t applies):	analysis(checi	k each that applies):	
State Medicaid Agency	7	Weekly		
<b>✓</b> Operating Agency		☐ Monthly		
☐ Sub-State Entity		☐ Quarterly		
Other Specify:	<b>^</b>	<b>✓</b> Annually		
		Continuo	ously and Ongoing	
		✓ Other  Specify: i.e., During biennium	ng the first fiscal year of the	
provided by the state. Nume	erator= The n	umber of coun	al year waiver spending plans ties in compliance with fiscal amber of counties contracted.	
Data Source (Select one): Financial records (including If 'Other' is selected, specify:	g expenditure	s)		
Responsible Party for data collection/generation (check each that applies):	Frequency of collection/get (check each to	neration	Sampling Approach(check each that applies):	
State Medicaid Agency	☐ Weekly		<b>☑</b> 100% Review	
<b>✓</b> Operating Agency	<b>✓</b> Monthly	7		

			☐ Less than 100% Review
Sub-State Entity	☐ Quarter	·ly	Representative Sample Confidence Interval =
Other Annua Specify:		y	Stratified  Describe Group:
	Continu Ongoin	ously and	Other Specify:
	Other Specify:	<u></u>	
esponsible Party for data nd analysis (check each the State Medicaid Agency  Operating Agency	at applies):		data aggregation and k each that applies):
Sub-State Entity		Quarterl	y
Other Specify:		☐ Annually	7
	<u> </u>	Continue	ously and Ongoing
		✓ Other Specify: Every oth	ner month.
eceive on-site monitoring o	or technical as oring or techni on-site monito	sistance. Nume ical assistance. ring or technic	
f 'Other' is selected, specify:		ys, iocus gioup	Sampling Approach/check
			each that applies):

Responsible Party for data collection/generation (check each that applies):	Frequency of collection/get (check each to	neration		
State Medicaid Agency	☐ Weekly		<b>☑</b> 100% Review	
<b>✓</b> Operating Agency	Monthly	Ÿ	Less than 100% Review	
☐ Sub-State Entity	☐ Quarterly		Representative Sample Confidence Interval =	
Other Specify:	☐ Annually		Stratified  Describe Group:	
	✓ Continuously and Ongoing		Other Specify:	
	Other Specify:	<u>\</u>		
Data Aggregation and Analysis:  Responsible Party for data aggregation   Frequency of data aggregation and				
	and analysis (check each that applies):  State Medicaid Agency		k each that applies):	
<b>✓</b> Operating Agency				
Sub-State Entity		Quarterl	у	
Other Specify:		<b>✓</b> Annually	7	

**Performance Measure:** 

A.5: The % of waiver, waiver amndmnt and wvr renewal requests submitted to CMS for which approval was obtained from the Single State Medicaid Agency. Num: The number of waiver, waiver amndmnt and wvr renewal requests submitted to CMS for

Other Specify:

**Continuously and Ongoing** 

which approval was obtained from the Single State Medicaid Agency. Denom: The total number of waiver, waiver amndmnt and wvr renewal requests submitted to CMS.

Data Source (Select one):

Operating agency performance monitoring If 'Other' is selected, specify: **Responsible Party for** Frequency of data Sampling Approach(check collection/generation data collection/generation each that applies): (check each that applies): (check each that applies): **✓** 100% Review **State Medicaid** Weekly Agency **✓** Operating Agency **■** Monthly Less than 100% Review **Sub-State Entity** Quarterly Representative Sample Confidence Interval = Stratified Other **✓** Annually Specify: Describe Group: Continuously and Other **Ongoing** Specify: Other Specify: **Data Aggregation and Analysis:** Responsible Party for data aggregation Frequency of data aggregation and and analysis (check each that applies): analysis(check each that applies): Weekly State Medicaid Agency Operating Agency Monthly **Sub-State Entity** Quarterly Other **✓** Annually Specify: **Continuously and Ongoing** Other Specify:

Responsible Party for data and analysis (check each tha		Frequency of analysis(check		
				<b>^</b>
erformance Measure: 6: The percentage of scheolanagement Committee that the HCA Medicaid Agence enominator: The total nun Waiver Management Comm	at are held. No ey Waiver Ma aber of schedu	umerator: The nagement Cor	number on the number of the nu	of scheduled meet at are held.
Oata Source (Select one): Operating agency performa f 'Other' is selected, specify:	nce monitorii	ng		
Responsible Party for data collection/generation (check each that applies):	Frequency of collection/get (check each to	neration	Sampling each that	g Approach(check applies):
State Medicaid Agency	☐ Weekly		<b>✓</b> 100%	% Review
Operating Agency	☐ Monthly	V	☐ Less Revi	than 100% iew
☐ Sub-State Entity	Quarter		Sam	resentative ple Confidence Interval =
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	Continu Ongoins	ously and	Otho	Specify:
	Other Specify:	^ V		
Data Aggregation and Analy Responsible Party for data and analysis (check each tha	aggregation	Frequency of analysis(chec.		
State Medicaid Agency	7	Weekly		
Operating Agency		Monthly		
Sub-State Entity		Quarter	lv	

Responsible Party for data aggregation and analysis (check each that applies):  Other Specify:			data aggregation and k each that applies):
		Continu	ously and Ongoing
		Other Specify:	
Performance Measure: A.4: The percent of certific monitored annually by region Numerator = The number of Denominator = The number of Data Source (Select one): Other If 'Other' is selected, specify	ional resource of contracts wil r of contracts v	managers to v	Ns that were monitored.
Contracts monitoring off-site.  Responsible Party for data collection/generation collection/generation			Sampling Approach(check each that applies):
State Medicaid Agency	☐ Weekly		<b>✓</b> 100% Review
<b>✓</b> Operating Agency	☐ Monthly	y	Less than 100% Review
☐ Sub-State Entity	Quarter	·ly	Representative Sample Confidence Interval =
Other Specify:	✓ Annuall	у	Describe Group:
	☐ Continu Ongoing	ously and	Other Specify:
	Other Specify:	^	

Data Aggregation and Analysis:	
Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	<b>✓</b> Annually
	Continuously and Ongoing
_	Other Specify:

- ii. If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.
  - A.1: The DDA County Services Program Manager has developed a self-report survey which counties complete and submit during the first year of the biennium. These are submitted to and reviewed by the DDA County Services Program Manager.
  - A.2: The DDA County Services Program Manager monitors county expenditures against fiscal year spending plans, ensures that billed budget categories are in agreement with approved budgets/contracts and provides general accounting oversight.
  - A.3: The DDA County Services Program Manager provides on-site monitoring or technical assistance to counties annually according to need.

The Developmental Disabilities Administration has a standard contract with each county that includes oversight expectations concerning waiver-related activities including provider enrollment/contracting and quality assurance/improvement activities.

In addition, on an ongoing basis Administration staff communicate back and forth with county staff on topics including county performance data and changes in federal and state rules and waiver-related policies.

- A.5: The State Operating Agency obtains written approval from the Single State Medicaid Agency (Health Care Authority-HCA) to submit initial waiver requests, waiver amendment requests and waiver renewal requests to CMS. The Waiver Program Manager verifies annually that approval from the HCA was obtained for all waiver amendment requests and waiver renewal requests submitted to CMS.
- A.6: The HCA Medicaid Agency Waiver Management Committee includes representatives from the HCA and Administrations and Divisions within the operating agency: DDA, HCS, RCS, and BHSIA. The committee meets at least quarterly to review all functions delegated to the operating agency, current quality assurance activity, pending waiver activity (e.g., amendments, renewals), potential waiver policy and rule changes and quality improvement activities. The Waiver Program Manager verifies annually that these meetings were held.

#### b. Methods for Remediation/Fixing Individual Problems

i. Describe the State's method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the State to document these items.

- A.1: If a county has not returned a completed self-report survey, the DDA County Services Program Manager follows up with the county to convey non-compliance and request the completed survey be submitted within approximately 25 days. If a survey indicates necessary contract monitoring is not being accomplished by the county, the DDA County Services Program Manager provides consultation and technical assistance to ensure necessary monitoring activities are completed and their completion is reflected in the following survey.
- A.2: If county expenditures do not match the fiscal year spending plan, or billed budget categories are not in agreement with approved budgets/contracts, the DDA County Services Program Manager provides consultation and technical assistance to the county to ensure compliance.
- A.3: The DDA County Services Program Manager documents all on-site monitoring or technical assistance provided to counties.
- A.5: If it is determined that HCA approval was not obtained for all initial waiver requests, waiver amendment or waiver renewal requests submitted to CMS, the Waiver Program Manager will ensure that approval from the HCA will be obtained and processes will be reviewed and evaluated to determine if changes need to be made to ensure prospective approval is obtained in the future.
- A.6: If the HCA Medicaid Agency Waiver Management Committee did not meet quarterly, the Waiver Program Manager will ensure the process is modified as necessary so that in the future quarterly meetings are held.

#### ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party(check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	Monthly
☐ Sub-State Entity	Quarterly
Other Specify:	✓ Annually
	Continuously and Ongoing
	✓ Other  Specify: Every other month; annually during the first year of the biennium.

#### c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Administrative Authority that are currently non-operational.

pei	rational.
•	No
$\bigcirc$	Yes
	Please provide a detailed strategy for assuring Administrative Authority, the specific timeline for implementing
	identified strategies, and the parties responsible for its operation.

## **Appendix B: Participant Access and Eligibility**

**B-1: Specification of the Waiver Target Group(s)** 

a. Target Group(s). Under the waiver of Section 1902(a)(10)(B) of the Act, the State limits waiver services to one or more groups or subgroups of individuals. Please see the instruction manual for specifics regarding age limits. In accordance with 42 CFR §441.301(b)(6), select one or more waiver target groups, check each of the subgroups in the selected target group(s) that may receive services under the waiver, and specify the minimum and maximum (if any) age of individuals served in each subgroup:

				Maximum Age	
Target Group	Included	Target SubGroup	Minimum Age	Maximum Age Limit	No Maximum Age Limit
Aged or Disa	bled, or Both - Go	eneral		Lillit	Limit
		Aged			
		Disabled (Physical)			
		Disabled (Other)			
Aged or Disa	bled, or Both - Sp	ecific Recognized Subgroups			
		Brain Injury			
		HIV/AIDS			
		Medically Fragile			
		Technology Dependent			
<b>✓</b> Intellectual D	Disability or Devel	opmental Disability, or Both			
		Autism			
	<b>✓</b>	Developmental Disability	0		<b>✓</b>
		Intellectual Disability			
Mental Illnes	S				
		Mental Illness			
		Serious Emotional Disturbance			

**b.** Additional Criteria. The State further specifies its target group(s) as follows:

Individuals must meet the Developmental Disabilities Administration'(DDA) definition of developmental disability" as contained in state law and stipulated in state administrative code.

Washington state regulations and administrative codes stipulate that a developmental disability must meet the following minimum requirements:

- (a) Be attributable to mental retardation, cerebral palsy, epilepsy, autism, or another neurological or other condition found by DDA to be closely related to intellectual disability or requiring treatment similar to that required for individuals with intellectual disability;
- (b) Originate prior to age eighteen;
- (c) Be expected to continue indefinitely; and
- (d) Result in substantial limitations as defined in Washington Administrative Code (WAC) 388-823-0210 (definition of substantial limitations).

The individuals on this waiver require residential habilitation services or live at home but are at immediate risk of out of home placement due to one or more of the following extraordinary needs.

- \*The individual has extreme and frequently occurring behavior challenges resulting in danger to health or safety or
- \*Has had 18 or more days of inpatient psychiatric care in the past 12 months or

- \*The individual lives in an ICF/ID and requests community placement or
- \*Requires daily to weekly one-on-one support, supervision and 24-hour access to trained others\ to meet basic health and safety needs.
- **c. Transition of Individuals Affected by Maximum Age Limitation.** When there is a maximum age limit that applies to individuals who may be served in the waiver, describe the transition planning procedures that are undertaken on behalf of participants affected by the age limit (select one):

<ul><li>I</li></ul>	Not applicable. There is no maximum age limit
	The following transition planning procedures are employed for participants who will reach the vaiver's maximum age limit.
Specify	<i>y</i> :
Appendix B: 1	Participant Access and Eligibility
B-2	Individual Cost Limit (1 of 2)
State may h  No Co  Cost I  individuo  to that	Cost Limit. The following individual cost limit applies when determining whether to deny home and based services or entrance to the waiver to an otherwise eligible individual (select one). Please note that a ave only ONE individual cost limit for the purposes of determining eligibility for the waiver:  st Limit. The State does not apply an individual cost limit. Do not complete Item B-2-b or item B-2-c.  Limit in Excess of Institutional Costs. The State refuses entrance to the waiver to any otherwise eligible lual when the State reasonably expects that the cost of the home and community-based services furnished individual would exceed the cost of a level of care specified for the waiver up to an amount specified by the Complete Items B-2-b and B-2-c.
The lin	mit specified by the State is (select one)
$\bigcirc$ A	level higher than 100% of the institutional average.
S	pecify the percentage:
$\circ$ 0	ther
Sp	pecify:
otherw service	ational Cost Limit. Pursuant to 42 CFR 441.301(a)(3), the State refuses entrance to the waiver to any rise eligible individual when the State reasonably expects that the cost of the home and community-based as furnished to that individual would exceed 100% of the cost of the level of care specified for the waiver. ete Items B-2-b and B-2-c.
Cost I qualifi furnish	<b>Limit Lower Than Institutional Costs.</b> The State refuses entrance to the waiver to any otherwise ed individual when the State reasonably expects that the cost of home and community-based services and to that individual would exceed the following amount specified by the State that is less than the cost of of care specified for the waiver.
	the basis of the limit, including evidence that the limit is sufficient to assure the health and welfare of participants. Complete Items B-2-b and B-2-c.
	^

The cost limit specified by the State is (select one):	
○ The following dollar amount:	
Specify dollar amount:	
The dollar amount (select one)	
○ Is adjusted each year that the waiver is in effect by applying the following formula:	
Specify the formula:	
May be adjusted during the period the waiver is in effect. The State will submit a waiver amendment to CMS to adjust the dollar amount.	
○ The following percentage that is less than 100% of the institutional average:	
Specify percent:	
Other:	
Specify:	
Annualin D. Dankinin and Annual and Elinikilia	
Appendix B: Participant Access and Eligibility B-2: Individual Cost Limit (2 of 2)	_
Answers provided in Appendix B-2-a indicate that you do not need to complete this section.	
b. Method of Implementation of the Individual Cost Limit. When an individual cost limit is specified in Item B-2-a specify the procedures that are followed to determine in advance of waiver entrance that the individual's health and welfare can be assured within the cost limit:	,
c. Participant Safeguards. When the State specifies an individual cost limit in Item B-2-a and there is a change in the participant's condition or circumstances post-entrance to the waiver that requires the provision of services in an amount that exceeds the cost limit in order to assure the participant's health and welfare, the State has established the following safeguards to avoid an adverse impact on the participant (check each that applies):  The participant is referred to another waiver that can accommodate the individual's needs.	
Additional services in excess of the individual cost limit may be authorized.	
Specify the procedures for authorizing additional services, including the amount that may be authorized:	
Other safeguard(s)	
Specify:	

## **Appendix B: Participant Access and Eligibility**

## B-3: Number of Individuals Served (1 of 4)

a. Unduplicated Number of Participants. The following table specifies the maximum number of unduplicated participants who are served in each year that the waiver is in effect. The State will submit a waiver amendment to CMS to modify the number of participants specified for any year(s), including when a modification is necessary due to legislative appropriation or another reason. The number of unduplicated participants specified in this table is basis for the cost-neutrality calculations in Appendix J:

Table: B-3-a

Waiver Year	Unduplicated Number of Participants
Year 1	4500
Year 2	4605
Year 3	4738
Year 4	4788
Year 5	4838

- **b.** Limitation on the Number of Participants Served at Any Point in Time. Consistent with the unduplicated number of participants specified in Item B-3-a, the State may limit to a lesser number the number of participants who will be served at any point in time during a waiver year. Indicate whether the State limits the number of participants in this way: (select one):
  - The State does not limit the number of participants that it serves at any point in time during a waiver year.
  - The State limits the number of participants that it serves at any point in time during a waiver year.

The limit that applies to each year of the waiver period is specified in the following table:

Table: B-3-b

Waiver Year	Maximum Number of Participants Served At Any Point During the Year		
Year 1	4464		
Year 2	4512		
Year 3	4555		
Year 4	4611		
Year 5	4800		

## **Appendix B: Participant Access and Eligibility**

## B-3: Number of Individuals Served (2 of 4)

- **c.** Reserved Waiver Capacity. The State may reserve a portion of the participant capacity of the waiver for specified purposes (e.g., provide for the community transition of institutionalized persons or furnish waiver services to individuals experiencing a crisis) subject to CMS review and approval. The State (select one):
  - O Not applicable. The state does not reserve capacity.
  - The State reserves capacity for the following purpose(s).

Purpose(s) the State reserves capacity for:

Purposes	
Capcity is reserved for proviso clients.	
Capacity is reserved for Roads to Community Living Clients.	

## **Appendix B: Participant Access and Eligibility**

## B-3: Number of Individuals Served (2 of 4)

**Purpose** (provide a title or short description to use for lookup):

Capcity is reserved for proviso clients.

#### Purpose (describe):

Capacity is reserved for Community-based waiver clients assessed as having an immediate need for increased services, individuals aging out of Children's Administration or Juvenile Rehabilitation Administration services, clients without residential services who are in crisis and at immediate risk of needing institutional placement, residents of Residential Habilitation Centers who are able to be cared for and choose to live in community settings, individuals being diverted or discharged from state psychiatric hospitals, and behavioral health crisis diversion outplacements, all of whom require ICF/ID level of care, and elect to enroll on the Core Waiver, as directed by the Legislature.

#### Describe how the amount of reserved capacity was determined:

Capacity is based on funding and historical experience.

#### The capacity that the State reserves in each waiver year is specified in the following table:

Waiver Year	Capacity Reserved
Year 1	37
Year 2	75
Year 3	112
Year 4	150
Year 5	188

## **Appendix B: Participant Access and Eligibility**

## B-3: Number of Individuals Served (2 of 4)

**Purpose** (provide a title or short description to use for lookup):

Capacity is reserved for Roads to Community Living Clients.

#### Purpose (describe):

Roads to Community Living (RCL) clients are clients who have moved from an institutional setting to the community with funding from the Money Follows the Person Grant. These individuals will be placed on the Core Waiver once they have received 365 days of funding in the community under the Money Follows the Person (RCL)Grant.

#### Describe how the amount of reserved capacity was determined:

The amount of reserved capacity is based on individuals currently living in the community under RCL funding and projections based on historical experience.

The capacity that the State reserves in each waiver year is specified in the following table:

Waiver Year	Capacity Reserved	
Year 1	28	
Year 2	42	
Year 3	54	
Year 4	66	
Year 5	73	

## Appendix B: Participant Access and Eligibility

### B-3: Number of Individuals Served (3 of 4)

- **d. Scheduled Phase-In or Phase-Out.** Within a waiver year, the State may make the number of participants who are served subject to a phase-in or phase-out schedule *(select one)*:
  - The waiver is not subject to a phase-in or a phase-out schedule.
  - The waiver is subject to a phase-in or phase-out schedule that is included in Attachment #1 to Appendix B-3. This schedule constitutes an intra-year limitation on the number of participants who are served in the waiver.
- e. Allocation of Waiver Capacity.

Select one:

- Waiver capacity is allocated/managed on a statewide basis.
- Waiver capacity is allocated to local/regional non-state entities.

Specify: (a) the entities to which waiver capacity is allocated; (b) the methodology that is used to allocate capacity and how often the methodology is reevaluated; and, (c) policies for the reallocation of unused capacity among local/regional non-state entities:



f. Selection of Entrants to the Waiver. Specify the policies that apply to the selection of individuals for entrance to the waiver:

State regulations stipulate: When there is capacity on a waiver and available funding for new waiver participants, DDA may enroll people from the statewide data base in a waiver based on the following priority considerations:

- (1) First priority will be given to current waiver participants assessed to require a different waiver because their needs have increased and these needs cannot be met within the scope of their current waiver.
- (2) DDA may also consider any of the following populations in any order:
  - (a) Priority populations as identified and funded by the legislature.
  - (b) Persons DDA has determined to be in immediate risk of ICF/IID admission due to unmet health and safety needs.
  - (c) Persons identified as a risk to the safety of the community.
  - (d) Persons currently receiving services through state only funds.
  - (e) Persons on an HCBS waiver that provides services in excess of what is needed to meet their identified health and welfare needs.
  - (f) Persons who were previously on an HCBS waiver since April

2004 and lost waiver eligibility due to residing in an institution.

If there is not sufficient capacity to allow potential entrants to be enrolled on the waiver, they can request placement in an ICF/IID.

Appendix B: Participant Access and Eligibility
B-3: Number of Individuals Served - Attachment #1 (4 of 4)
Answers provided in Appendix B-3-d indicate that you do not need to complete this section.
Appendix B: Participant Access and Eligibility
B-4: Eligibility Groups Served in the Waiver
a.
1. State Classification. The State is a (select one):
<ul><li>§1634 State</li></ul>
O SSI Criteria State
○ 209(b) State
2. Miller Trust State.
Indicate whether the State is a Miller Trust State (select one):
● No
O Yes
<b>b. Medicaid Eligibility Groups Served in the Waiver.</b> Individuals who receive services under this waiver are eligible under the following eligibility groups contained in the State plan. The State applies all applicable federal financial participation limits under the plan. <i>Check all that apply</i> :
Eligibility Groups Served in the Waiver (excluding the special home and community-based waiver group under 42 CFR §435.217)
☐ Low income families with children as provided in §1931 of the Act
✓ SSI recipients
Aged, blind or disabled in 209(b) states who are eligible under 42 CFR §435.121
Optional State supplement recipients
☐ Optional categorically needy aged and/or disabled individuals who have income at:
Select one:
100% of the Federal poverty level (FPL)
○ % of FPL, which is lower than 100% of FPL.
Specify percentage:
Working individuals with disabilities who buy into Medicaid (BBA working disabled group as provided in
§1902(a)(10)(A)(ii)(XIII)) of the Act)
<b>✓</b> Working individuals with disabilities who buy into Medicaid (TWWIIA Basic Coverage Group as
provided in §1902(a)(10)(A)(ii)(XV) of the Act)  Working individuals with disabilities who buy into Medicaid (TWWIIA Medical Improvement Coverage
Group as provided in §1902(a)(10)(A)(ii)(XVI) of the Act)  Disabled individuals age 18 or younger who would require an institutional level of care (TEFRA 134)
eligibility group as provided in §1902(e)(3) of the Act)  Medically needy in 209(b) States (42 CFR §435.330)
Medically needy in 1634 States and SSI Criteria States (42 CFR §435.320, §435.322 and §435.324)

Specify:	
ecial home and community-based waiver group under 42 CFR §435.217) Note: When the number of the same o	
No. The State does not furnish waiver services to individuals in the special home a waiver group under 42 CFR §435.217. <i>Appendix B-5 is not submitted.</i>	nd community-based
Yes. The State furnishes waiver services to individuals in the special home and congroup under 42 CFR §435.217.	nmunity-based waive
Select one and complete Appendix B-5.	
<ul> <li>All individuals in the special home and community-based waiver group under</li> <li>Only the following groups of individuals in the special home and community-under 42 CFR §435.217</li> </ul>	· ·
Check each that applies:	
✓ A special income level equal to:	
Select one:	
300% of the SSI Federal Benefit Rate (FBR)	
○ A percentage of FBR, which is lower than 300% (42 CFR §435.236)	
Specify percentage:	
• A dollar amount which is lower than 300%.	
Specify dollar amount:	
Aged, blind and disabled individuals who meet requirements that are mo	re restrictive than tl
SSI program (42 CFR §435.121)	.:J.4:
Medically needy without spenddown in States which also provide Medica     (42 CFR §435.320, §435.322 and §435.324)	na to recipients of S
Medically needy without spend down in 209(b) States (42 CFR §435.330)	
Aged and disabled individuals who have income at:	
Select one:	
○ 100% of FPL	
% of FPL, which is lower than 100%.	
Specify percentage amount:	
Other specified groups (include only statutory/regulatory reference to re	flect the additional
groups in the State plan that may receive services under this waiver)	
Specify:	

## Appendix B: Participant Access and Eligibility

## B-5: Post-Eligibility Treatment of Income (1 of 7)

In accordance with 42 CFR §441.303(e), Appendix B-5 must be completed when the State furnishes waiver services to individuals in the special home and community-based waiver group under 42 CFR §435.217, as indicated in Appendix B-4. Post-eligibility applies only to the 42 CFR §435.217 group.

**a.** Use of Spousal Impoverishment Rules. Indicate whether spousal impoverishment rules are used to determine eligibility for the special home and community-based waiver group under 42 CFR §435.217:

Note: For the five-year period beginning January 1, 2014, the following instructions are mandatory. The following box should be checked for all waivers that furnish waiver services to the 42 CFR §435.217 group effective at any point during this time period.

▼ Spousal impoverishment rules under §1924 of the Act are used to determine the eligibility of individuals with a community spouse for the special home and community-based waiver group. In the case of a participant with a community spouse, the State uses spousal post-eligibility rules under §1924 of the Act. Complete Items B-5-e (if the selection for B-4-a-i is SSI State or §1634) or B-5-f (if the selection for B-4-a-i is 209b State) and Item B-5-g unless the state indicates that it also uses spousal post-eligibility rules for the time periods before January 1, 2014 or after December 31, 2018.

Note: The following selections apply for the time periods before January 1, 2014 or after December 31, 2018 (select one).

Spousal impoverishment rules under §1924 of the Act are used to determine the eligibility of individuals with a community spouse for the special home and community-based waiver group.

In the case of a participant with a community spouse, the State elects to (select one):

- Use spousal post-eligibility rules under §1924 of the Act. (Complete Item B-5-b (SSI State) and Item B-5-d)
- Use regular post-eligibility rules under 42 CFR §435.726 (SSI State) or under §435.735 (209b State) (Complete Item B-5-b (SSI State). Do not complete Item B-5-d)
- Spousal impoverishment rules under §1924 of the Act are not used to determine eligibility of individuals with a community spouse for the special home and community-based waiver group. The State uses regular post-eligibility rules for individuals with a community spouse.

  (Complete Item B-5-b (SSI State). Do not complete Item B-5-d)

## **Appendix B: Participant Access and Eligibility**

## B-5: Post-Eligibility Treatment of Income (2 of 7)

Note: The following selections apply for the time periods before January 1, 2014 or after December 31, 2018.

b. Regular Post-Eligibility Treatment of Income: SSI State.

The State uses the post-eligibility rules at 42 CFR 435.726 for individuals who do not have a spouse or have a spouse who is not a community spouse as specified in §1924 of the Act. Payment for home and community-based waiver services is reduced by the amount remaining after deducting the following allowances and expenses from the waiver participant's income:

i.	Allowance for the needs of the waiver participant (select one):
	○ The following standard included under the State plan
	Select one:
	SSI standard
	Optional State supplement standard
	Medically needy income standard

The special income level for institutionalized persons
(select one):
<ul> <li>300% of the SSI Federal Benefit Rate (FBR)</li> <li>A percentage of the FBR, which is less than 300%</li> </ul>
Specify the percentage:  A dollar amount which is less than 300%.
Specify dollar amount:
○ A percentage of the Federal poverty level
Specify percentage:
Other standard included under the State Plan
Specify:
The following dollar amount
Specify dollar amount: If this amount changes, this item will be revised.
The following formula is used to determine the needs allowance:
Specify:
The State will apply two different maintenance needs allowances:
1. For recipients who live in their own home, the State shall disregard the special income level (SIL), which is three hundred percent (300%) of the SSI Federal Benefit Rate (FBR) for an individual.
2. For recipients who live in a state-contracted or state-operated residence (i.e., group care home, group training home, adult family home, assisted living facility), the maintenance allowance is at the Medically Needy Income Level (MNIL) (which is equal to the SSI payment standard [FBR]).
In addition to the MNIL, an allowance will be made for (when applicable):
a) Any payee and/or court-ordered guardianship fees (guardianship fees shall not exceed one hundre seventy-five dollars per month); plus
b) Any court-ordered guardianship-related attorney fees; plus
c) An amount for employed individuals equal to the first \$65 of the recipient's earned income, if any [as provided for SSI recipients at 20 C.F.R. 416.1112(c)(4)] plus one-half of any remaining earned income [as provided for SSI recipients at 20 C.F.R. 416.1112(c)(6)].
The maximum amount for the maintenance needs allowance for individuals who live in a state-contracted or state-operated residence is three hundred percent (300%) of the SSI FBR for an individual.
Other Other
Specify:

•	Not Applicable				
$\bigcirc$	The state provides an allowance for a spouse who does not meet the definition of a community spouse in §1924 of the Act. Describe the circumstances under which this allowance is provided:				
	Specify:				
	Specify the amount of the allow	vance (select one):			
	○ SSI standard				
	Optional State supplement standard				
	Medically needy income standard				
	• The following dollar amou				
	C: C- 1-11	IS doi:			
	Specify dollar amount:	If this amount changes, this item will be revised.			
	I he amount is determined	using the following formula:			
	Specify:				
<b>4</b> 11 a	owance for the family (select one)	).			
	Not Applicable (see instructions AFDC need standard	5)			
<ul><li>•</li></ul>	Medically needy income standa	ard			
	The following dollar amount:	i u			
	Specify dollar amount:	The amount specified cannot exceed the higher of the need standar			
		It to determine eligibility under the State's approved AFDC plan or the established under 42 CFR §435.811 for a family of the same size. It ill be revised.			
$\bigcirc$	The amount is determined using				
	Specify:				
	Other				
$\bigcirc$					
0	Specify:				
0	Specify:				

a. Health insurance premiums, deductibles and co-insurance charges

b. Necessary medical or remedial care expenses recognized under State law but not covered under the State's Medicaid plan, subject to reasonable limits that the State may establish on the amounts of these expenses.

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<b>\</b> \	lect	one
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$\bigcirc$	Not Applicable (see instructions) Note: If the State protects the maximum amount for the waiver
	participant, not applicable must be selected.

- The State does not establish reasonable limits.
- The State establishes the following reasonable limits

Specify:

The deduction for medical and remedial care expenses that were incurred as the result of the imposition of a transfer of assets penalty is limited to zero.

# **Appendix B: Participant Access and Eligibility**

# B-5: Post-Eligibility Treatment of Income (3 of 7)

Note: The following selections apply for the time periods before January 1, 2014 or after December 31, 2018.

c. Regular Post-Eligibility Treatment of Income: 209(B) State.

Answers provided in Appendix B-4 indicate that you do not need to complete this section and therefore this section is not visible.

# Appendix B: Participant Access and Eligibility

# B-5: Post-Eligibility Treatment of Income (4 of 7)

Note: The following selections apply for the time periods before January 1, 2014 or after December 31, 2018.

#### d. Post-Eligibility Treatment of Income Using Spousal Impoverishment Rules

The State uses the post-eligibility rules of §1924(d) of the Act (spousal impoverishment protection) to determine the contribution of a participant with a community spouse toward the cost of home and community-based care if it determines the individual's eligibility under §1924 of the Act. There is deducted from the participant's monthly income a personal needs allowance (as specified below), a community spouse's allowance and a family allowance as specified in the State Medicaid Plan. The State must also protect amounts for incurred expenses for medical or remedial care (as specified below).

#### i. Allowance for the personal needs of the waiver participant

(select	one):
$\circ$ s	SI standard
$\circ$ 0	optional State supplement standard
$\circ$ M	ledically needy income standard
$\circ$ T	he special income level for institutionalized persons
$\bigcirc$ A	percentage of the Federal poverty level
Sı	pecify percentage:
$\circ$ T	he following dollar amount:
Sı	pecify dollar amount: If this amount changes, this item will be revised
T	he following formula is used to determine the needs allowance:

Specify formula:

ii.

The State will apply two different maintenance needs allowances:

- 1) For recipients who live in their own home, the State shall disregard the special income level (SIL), which is three hundred percent (300%) of the SSI Federal Benefit Rate (FBR) for an individual.
- 2) For recipients who live in a state-contracted or state-operated residence (i.e., group care home, group training home, adult family home, assisted living facility), the maintenance allowance is at the Medically Needy Income Level (MNIL) (which is equal to the SSI payment standard [FBR]).

In addition to the MNIL, an allowance will be made for (when applicable):

- a) Any payee and/or court-ordered guardianship fees (guardianship fees shall not exceed one hundred seventy-five dollars per month); plus
- b) Any court-ordered guardianship-related attorney fees; plus
- c) An amount for employed individuals equal to the first \$65 of the recipient's earned income, if any [as provided for SSI recipients at 20 C.F.R. 416.1112(c)(4)] plus one- half of any remaining earned income [as provided for SSI recipients at 20 C.F.R. 416.1112(c)(6)].

The maximum amount for the maintenance needs allowance for individuals who live in a state-contracted or state-operated residence is three hundred percent (300%) of the SSI FBR for an individual.

Other		
Specify:		
If the allowance for the personal needs of a waiver participa from the amount used for the individual's maintenance allow §435.735, explain why this amount is reasonable to meet the community.	vance under 42 CFR §435.726 or 42 CFR	
Select one:		
Allowance is the same		
○ Allowance is different.		
Explanation of difference:		
	^	
	<u> </u>	

iii. Amounts for incurred medical or remedial care expenses not subject to payment by a third party, specified in 42 CFR §435.726:

- a. Health insurance premiums, deductibles and co-insurance charges
- b. Necessary medical or remedial care expenses recognized under State law but not covered under the State's Medicaid plan, subject to reasonable limits that the State may establish on the amounts of these expenses.

#### Select one:

- Not Applicable (see instructions) Note: If the State protects the maximum amount for the waiver participant, not applicable must be selected.
- The State does not establish reasonable limits.
- The State uses the same reasonable limits as are used for regular (non-spousal) post-eligibility.

# **Appendix B: Participant Access and Eligibility**

**B-5: Post-Eligibility Treatment of Income (5 of 7)** 

Note: The following selections apply for the five-year period beginning January 1, 2014.

e. Regular Post-Eligibility Treatment of Income: §1634 State - 2014 through 2018.

Answers provided in Appendix B-5-a indicate the selections in B-5-b also apply to B-5-e.

# **Appendix B: Participant Access and Eligibility**

B-5: Post-Eligibility Treatment of Income (6 of 7)

Note: The following selections apply for the five-year period beginning January 1, 2014.

f. Regular Post-Eligibility Treatment of Income: 209(B) State - 2014 through 2018.

Answers provided in Appendix B-4 indicate that you do not need to complete this section and therefore this section is not visible.

#### **Appendix B: Participant Access and Eligibility**

B-5: Post-Eligibility Treatment of Income (7 of 7)

Note: The following selections apply for the five-year period beginning January 1, 2014.

g. Post-Eligibility Treatment of Income Using Spousal Impoverishment Rules - 2014 through 2018.

The State uses the post-eligibility rules of §1924(d) of the Act (spousal impoverishment protection) to determine the contribution of a participant with a community spouse toward the cost of home and community-based care. There is deducted from the participant's monthly income a personal needs allowance (as specified below), a community spouse's allowance and a family allowance as specified in the State Medicaid Plan. The State must also protect amounts for incurred expenses for medical or remedial care (as specified below).

Answers provided in Appendix B-5-a indicate the selections in B-5-d also apply to B-5-g.

# **Appendix B: Participant Access and Eligibility**

# **B-6:** Evaluation/Reevaluation of Level of Care

As specified in 42 CFR §441.302(c), the State provides for an evaluation (and periodic reevaluations) of the need for the level(s) of care specified for this waiver, when there is a reasonable indication that an individual may need such services in the near future (one month or less), but for the availability of home and community-based waiver services.

**a.** Reasonable Indication of Need for Services. In order for an individual to be determined to need waiver services, an individual must require: (a) the provision of at least one waiver service, as documented in the service plan, <u>and</u> (b) the provision of waiver services at least monthly or, if the need for services is less than monthly, the participant requires

regular monthly monitoring which must be documented in the service plan. Specify the State's policies concerning the reasonable indication of the need for services:

	The minimum number of waiver services (one or more) that an individual must require in order to be
	determined to need waiver services is: 1
	ii. Frequency of services. The State requires (select one):
	○ The provision of waiver services at least monthly
	• Monthly monitoring of the individual when services are furnished on a less than monthly basis
	If the State also requires a minimum frequency for the provision of waiver services other than monthly (e.g., quarterly), specify the frequency:
b.	<b>Responsibility for Performing Evaluations and Reevaluations.</b> Level of care evaluations and reevaluations are performed ( <i>select one</i> ):
	O Directly by the Medicaid agency
	By the operating agency specified in Appendix A
	O By an entity under contract with the Medicaid agency.
	Specify the entity:
	Other
	Specify:
c.	Qualifications of Individuals Performing Initial Evaluation: Per 42 CFR §441.303(c)(1), specify the educational/professional qualifications of individuals who perform the initial evaluation of level of care for waiver applicants:
	Regional DDA Case/Resource Managers or Regional DDA Voluntary Placement Service (VPS) Social Service Specialists are the only individuals who perform the initial evaluations of level of care prior to placement onto the waiver. In addition to meeting the following minimum qualifications, staff must pass a background check prior to being hired and receive mandatory waiver training prior to completing any evaluations.
	DDA Case/Resource Manager Minimum Qualifications: A Bachelor's degree in social sciences, social services, human services, behavioral sciences or an allied field and tw

Social Service Specialist

i. Minimum number of services.

Minimum Qualifications

A Master's degree in social services, human services, behavioral sciences, or an allied field.

year of the experience providing social services to people with developmental disabilities.

 $\cap \mathbb{R}$ 

A Bachelor's degree in social services, human services, behavioral sciences, or an allied field and one year of social service experience.

years of experience providing social services to people with developmental disabilities, graduate training in social science, social services, human services, behavioral sciences or an allied field will substitute, year for year, for one

**d.** Level of Care Criteria. Fully specify the level of care criteria that are used to evaluate and reevaluate whether an individual needs services through the waiver and that serve as the basis of the State's level of care instrument/tool. Specify the level of care instrument/tool that is employed. State laws, regulations, and policies concerning level of

care criteria and the level of care instrument/tool are available to CMS upon request through the Medicaid agency or the operating agency (if applicable), including the instrument/tool utilized.

The Supports Intensity Scale (SIS) is a nationally normed instrument developed by the American Association on Intellectual and Developmental Disabilities (formerly American Association on Mental Retardation) used to determine ICF/ID Level of Care for individuals aged 16 and over. The SIS is a multidimensional scale designed to determine the pattern and intensity of individuals support needs. The SIS was designed to a) assess support needs b) determine the intensity of needed supports c) monitor progress and d) evaluate outcomes of adults with mental retardation and related developmental disabilities.

The Supports Intensity Scale evaluates individuals using the following subscales:

- A. Home Living
- B. Community Living
- C. Lifelong Learning
- D. Employment
- E. Health & Safety
- F. Social

The state of Washington has adapted a ICF/ID Level of Care tool that was originally used to assess individuals through age 12 to assess individuals through age 15. This assessment consists of 18 items, 13 of which are used to determine ICF/ID Level of Care.

Support needs are assessed in the following areas:

- A. Activities of Daily Living
- B. Instrumental Activities of Daily Living
- C. Family Supports
- D. Safety & Interactions
- E. Peer Relationships

ICF/ID Level of Care as described in Washington Administrative Code (WAC) Chapter 388-828:

How does DDA determine my score for ICF/ID Level of Care if I am age birth through fifteen years old? DDA determines your ICF/ID Level of Care score by adding your acuity scores for each question in the ICF/ID Level of Care Assessment for Children.

How does DDA determine if I meet the eligibility requirements for ICF/ID Level of care if I am age birth through 15 years old? DDA determines you to be eligible for ICF/ID Level of care when you meet at least one of the following:

- 1. You are age birth through five years old and the total of your acuity scores is five or more; or
- 2. You are age six through fifteen years old and the total of your acuity scores is seven or more.

How does DDA determine if I meet the eligibility requirements for ICF/ID Level of care if I am age 16 or older? If you are age sixteen or older, DDA determines you to be eligible for ICF/ID Level of care when you meet one or more of the following:

- 1. You have a percentile rank over nine percent for three or more of the six subscales in the SIS Support Needs Scale; or
- 2. You have a percentile rank over twenty-five percent for two or more of the six subscales in the SIS Support Needs Scale; or
- 3. You have a percentile rank over fifty percent in at least one of the six subscales in the SIS Support Needs Scale; or
- 4. You have a support score of one or two for any of the questions listed in the SIS Exceptional Medical Support Needs Scale; or
- 5. You have a support score of one or two for at least one of the following items in the SIS Exceptional Behavior Support Needs Scale:
- a. Prevention of assaults or injuries to others; or
- b. Prevention of property destruction (e.g. fire setting, breaking furniture); or

```
c. Prevention of self-injury; or
```

- d. Prevention of PICA (ingestion of inedible substances); or
- e. Prevention of suicide attempts; or
- f. Prevention of sexual aggression; or
- g. Prevention of wandering; or
- 6. You have a support score of two for any of the questions listed in the SIS Exceptional Behavior Support Needs Scale; or
- 7. You meet or exceed any of the qualifying scores for one or more of the following SIS questions:

```
Question # of Text of Question Your score for
                                                And your score
SIS Support
                            "Type of Support" for "Frequency of Needs Scale
                                                                                                   is:
Support" is:
A1
        Using the toilet 2 or more
                 3 or more
A2
       Taking care of clothes
                                             2 or more
                               2 or more
                 3 or more
         Preparing food
                                           4
A3
                         2 or more
                 3 or more
A4
         Eating food
                             2 or more
                  3 or more
                                  2
A<sub>5</sub>
     Housekeeping and cleaning
                                 2 or more
                                                 2 or more
                 3 or more
A6
           Dressing
                            2 or more
                                            4
                 3 or more
                                  2
A7
                                                   4
     Bathing and taking care of
                                  2 or more
   personal hygiene and
       grooming needs
                                 3 or more
    Learning and using
                                2 or more
                                              3 or more
   problems ssoving strateties
                               3 or more
     Learning self-management
                                   2 or more
                                                 3 or more
                         3 or more
                                         2
     Shopping and purchasing
                                 2 or more
                                               2 or more
   goods and services
                             3 or more
E1
     Taking medication
                               2 or more
                 3 or more
                                  2
E2
      Avoiding health and safety
                                  2 or more
                                                 3 or more
                       3 or more
                                       2
                                                      4
E4
      Ambulating and moving about 2 or more
                 3 or more
                                  2
     Maintaining a nutritious diet 2 or more
E6
                                                2 or more
                 3 or more
E8
     Maintaining emotional
                               2 or more
                                             3 or more
   well-being
                         3 or more
F6
    Using appropriate social skills 2 or more
                                                 3 or more
                 3 or more
                                  2
     Managing money and
                                   2 or more
                                                 2 or more
   personal finances
                           3 or more
```

How does DDA determine your percentile rank for each subscale in the SIS Support Needs Scale? DDA uses the following table to convert your total raw score for each subscale into a percentile ranking:

```
If your total raw score for the following SIS subscales is: Then your Home Comunity Lifelong Employment Health Social percentile
Living Living Learning Support and Activities rank for the
Safety subscale SIS subscale subscale

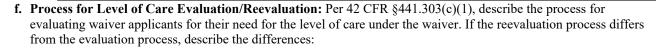
>99

>88 >94 >99
```

87-88	93-94	>	>99			
85-86	91-92	>97	99			
81-84	88-90 >9	6 >95	92-9	7 >97	98	
77-80	84-87	92-96	91-95	86-91	91-97	95
73-76	70-83	86-91	85-90	79-85	84-90	91
68-72	74-78	79-85	78-84	72-78	76-83	84
62-67	69-73	72-78	70-77	65-71	68-75	75
55-61	63-68	64-71	61-69	57-64	58-67	63
48-54	56-62	55-63	52-60	49-56	48-57	50
40-47	49-55	46-54	42-51	42-48	38-47	37
32-39	41-48	36-45	32-41	34-41	28-37	25
25-31	33-40	27-35	23-31	27-33	19-27	16
18-24	25-32	18-26	15-22	20-26	10-18	9
11-17	16-24	9-17	7-14	13-19	3-9	5
3-10	6-15 < 9	<7	7-12	<3	2	
<3	<6	1-6		1		
	<1	<1				
		<1				

- **e.** Level of Care Instrument(s). Per 42 CFR §441.303(c)(2), indicate whether the instrument/tool used to evaluate level of care for the waiver differs from the instrument/tool used to evaluate institutional level of care (select one):
  - The same instrument is used in determining the level of care for the waiver and for institutional care under the State Plan.
  - A different instrument is used to determine the level of care for the waiver than for institutional care under the State plan.

Describe how and why this instrument differs from the form used to evaluate institutional level of care and explain how the outcome of the determination is reliable, valid, and fully comparable.



The Level of Care Evaluation/Reevaluation is completed at least annually. DDA Case Resource Managers and DDA Social Service Specialists are the only individuals who perform Level of Care evaluations/ Reevaluations. Please see Appendix B-6-d for description of the Level of Care criteria.

A qualified and trained interviewer (DDA Case Resource Manager or DDA Social Service Specialist) completes the SIS or the ICF/ID Level of Care Assessment for children at least annually by obtaining information about the person's support needs via a face to face interview with the person and one or more respondents who know the person well.

- **g.** Reevaluation Schedule. Per 42 CFR §441.303(c)(4), reevaluations of the level of care required by a participant are conducted no less frequently than annually according to the following schedule (select one):
  - **Every three months**
  - O Every six months
  - Every twelve months
  - Other schedule

*Specify the other schedule:* 



- **h. Qualifications of Individuals Who Perform Reevaluations.** Specify the qualifications of individuals who perform reevaluations (*select one*):
  - The qualifications of individuals who perform reevaluations are the same as individuals who perform initial evaluations.
  - The qualifications are different.

Specify the qualifications:



- **i. Procedures to Ensure Timely Reevaluations.** Per 42 CFR §441.303(c)(4), specify the procedures that the State employs to ensure timely reevaluations of level of care *(specify):* 
  - Regional management is responsible for ensuring that Case Resource Managers and Social Service Specialists complete annual evaluations.
    - o Assessment data is monitored monthly by regional management and HQ Program Managers and Quality Assurance staff to ensure compliance.
      - o Waiver Coordinators review Assessment Activity Reports that are generated monthly by HQ and distributed to CRM to promote completing assessment timely.
    - o CRMs set personal tickler systems.
    - o Annual, monthly and quarterly file reviews track compliance. Ternary reviews are completed by supervisors. Annual reviews are completed by the Quality Compliance Coordinators (QCC).
    - o The DDA assessment (on the CARE platform) tracks timeliness of reevaluations. Case Resource Managers, Social Service Specialists, DDA supervisors and DDA executive management all monitor these reports.
- **j. Maintenance of Evaluation/Reevaluation Records.** Per 42 CFR §441.303(c)(3), the State assures that written and/or electronically retrievable documentation of all evaluations and reevaluations are maintained for a minimum period of 3 years as required in 45 CFR §92.42. Specify the location(s) where records of evaluations and reevaluations of level of care are maintained:

Records of evaluations will be maintained for a minimum of three years. Paper copies are available in the client file which is maintained in the regional office. The electronic evaluation is on an electronic platform and can be viewed remotely from any DDA office in the state.

# Appendix B: Evaluation/Reevaluation of Level of Care

# **Quality Improvement: Level of Care**

As a distinct component of the State's quality improvement strategy, provide information in the following fields to detail the State's methods for discovery and remediation.

a. Methods for Discovery: Level of Care Assurance/Sub-assurances

The state demonstrates that it implements the processes and instrument(s) specified in its approved waiver for evaluating/reevaluating an applicant's/waiver participant's level of care consistent with level of care provided in a hospital, NF or ICF/IID.

- i. Sub-Assurances:
  - a. Sub-assurance: An evaluation for LOC is provided to all applicants for whom there is reasonable indication that services may be needed in the future.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

B.a.1: The percentage of all waiver applicants for whom an evaluation for LOC was completed prior to a completed request for enrollment. N= All applicants who have a completed level of care assessment prior to a waiver enrollment request. D= All applicants with a completed request for waiver enrollment.

**Data Source** (Select one): **Operating agency performance monitoring** If 'Other' is selected, specify: **Responsible Party for** Frequency of data Sampling Approach collection/generation (check each that applies): data collection/generation (check each that applies): (check each that applies): **✓** 100% Review **State Medicaid** Weekly Agency Less than 100% Monthly **✓** Operating Agency Review **Sub-State Entity** Quarterly Representative Sample Confidence Interval = Stratified Other **✓** Annually Specify: Describe Group: Continuously and Other **Ongoing** Specify: Other Specify: **Data Aggregation and Analysis:** Responsible Party for data Frequency of data aggregation and aggregation and analysis (check each **analysis**(check each that applies): that applies): **State Medicaid Agency** Weekly Operating Agency Monthly **Sub-State Entity** Quarterly **✓** Annually Other Specify:

Frequency of data aggregation and analysis(check each that applies):
☐ Continuously and Ongoing
Other
Specify:
Q Q

b. Sub-assurance: The levels of care of enrolled participants are reevaluated at least annually or as specified in the approved waiver.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

c. Sub-assurance: The processes and instruments described in the approved waiver are applied appropriately and according to the approved description to determine participant level of care.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

B.c.1: The percentage of inter-rater reliability (IRR) level of care (LOC) determinations made where the LOC criteria were accurately applied. Numerator= The number of IRR LOC eligibility determinations consistent with the LOC criteria. Denominator= IRR LOC determinations subject to review.

Data Source (Select one):

On-site observations, interviews, monitoring

If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
☐ State Medicaid Agency	☐ Weekly	☐ 100% Review
<b>Operating Agency</b>	<b>✓</b> Monthly	

		Less than 100% Review
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval = 95%
Specify: Joint Requirements Planning (JRP) Team within DDA.	☐ Annually	Stratified  Describe Group:
	☐ Continuously and Ongoing	Other Specify:
	Other Specify:	

**Data Aggregation and Analysis:** 

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
<ul><li>✓ Other</li><li>Specify:</li><li>Joint Requirements Planning</li><li>(JRP) Team within DDA.</li></ul>	<b>✓</b> Annually
	☐ Continuously and Ongoing
	Other Specify:

ii. If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.

B.a.1.

Administrative data is collected in real time in DDA's Comprehensive Assessment Reporting and Evaluation (CARE) system, which is the database of record for client information. Waiver enrollment requests are processed in CARE, which will not allow completion of the request without a completed level of care assessment. A report based on data in CARE is used to identify all applicants for waiver enrollment for

whom an evaluation for LOC was completed prior to a completed request for waiver enrollment and to identify all waiver enrollment applicants.

#### B.c.1.

When new case managers are hired, the Joint Requirements Planning (JRP) Team provides them with comprehensive training in a classroom environment regarding the use and administration of the LOC Assessment. Within 30 days of completing training, JRP staff must perform a 1:1 evaluation of new case managers to ensure that the LOC assessment is administered correctly. In addition, JRP staff conduct an annual 1:1 evaluation of all case managers to ensure that they maintain their skills in administering the LOC assessment in a consistent and reliable manner. During the initial and annual 1:1 evaluations, JRP staff accompany case managers on a LOC assessment interview. The case manager conducts the assessment interview and both the JRP staff and case manager independently complete separate LOC assessments based on the information provided in the interview. The case manager's LOC assessment is then compared to the JRP staff's to ensure that the case manager's determination of ICF/IID LOC eligibility is consistent with that of the JRP staff also evaluates the case manager's interviewing skills in the following areas: introduction to the tool, mechanics and style of the interview process, and understanding of scoring.

#### b. Methods for Remediation/Fixing Individual Problems

i. Describe the State's method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the State to document these items. Capacity Remediation: In the first year of the Basic Plus waiver program September 2012 through August 2013, DDA provided services to a greater number of individuals on the Basic Plus waiver program than we had capacity. Basic Plus waiver capacity was exceeded by 264 waiver participants. An amendment had not been completed as it was not identified that we were over capacity until the review of our 372 report. As a result of the new tracking system DDA was able to identify this system problem. We have remediated these issues by developing a data system that tracks capacity at a point in time which includes the number of people who enrolled and exited the program each month. In addition a separate database was developed that tracks the total unduplicated number of waiver participants. This data is now accessible by the Waiver Program Manager and monitored on a monthly basis. The report for identifying unduplicated numbers of individuals comes from the DDA DataMart. This pulls data from payments for individuals on a waiver program. It will identify every waiver recipient who has received a paid service under the waiver program. In addition, the point in time capacity reports will identify the number of individual who exit and enter the waiver program. This is updated every half hour. In addition, the report identifies the specific capacity for each waiver and identifies the amount of available capacity. DDA program manager will monitor both reports on a monthly basis, review for available capacity at the point in time as well as the total number of unduplicated individuals who have received a paid waiver services. If discrepancies are identified that DDA will review the data again for the individual cases and if needed will complete an amendment to increase capacity within the waiver program.

B.c.1: Individuals whose reevaluation reveals that the LOC tools were inappropriately applied receive additional training.

#### ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party(check each that applies):

State Medicaid Agency

Operating Agency

Sub-State Entity

Other

Specify:

Continuously and Ongoing

Responsible Party(check each that applies):	Frequency of data aggregation and analysis (check each that applies):
	Other Specify:
	<b>\$</b>

#### c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Level of Care that are currently non-operational.

ietno	ods for discovery and remediation related to the assurance of Level of Care that are currently non-operationa	Ι.
• 1	No	
0	Yes	
I	Please provide a detailed strategy for assuring Level of Care, the specific timeline for implementing identifie	d
5	strategies, and the parties responsible for its operation.	
		-

# **Appendix B: Participant Access and Eligibility**

### **B-7: Freedom of Choice**

**Freedom of Choice.** As provided in 42 CFR §441.302(d), when an individual is determined to be likely to require a level of care for this waiver, the individual or his or her legal representative is:

- i. informed of any feasible alternatives under the waiver; and
- ii. given the choice of either institutional or home and community-based services.
- **a. Procedures.** Specify the State's procedures for informing eligible individuals (or their legal representatives) of the feasible alternatives available under the waiver and allowing these individuals to choose either institutional or waiver services. Identify the form(s) that are employed to document freedom of choice. The form or forms are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).
  - The DDA Case/Resource Manager (CRM) or DDA Social Service Specialist discusses the alternatives available as a part of the annual assessment process. The individual and or their legal representative sign the Voluntary Participation Statement to indicate their choice of community based services or ICF/IID services.
- **b. Maintenance of Forms.** Per 45 CFR §92.42, written copies or electronically retrievable facsimiles of Freedom of Choice forms are maintained for a minimum of three years. Specify the locations where copies of these forms are maintained.

A hard copy of the Voluntary Participation Statement to include signatures is maintained in the client record in the local DDA field service office.

# Appendix B: Participant Access and Eligibility

# B-8: Access to Services by Limited English Proficiency Persons

Access to Services by Limited English Proficient Persons. Specify the methods that the State uses to provide meaningful access to the waiver by Limited English Proficient persons in accordance with the Department of Health and Human Services "Guidance to Federal Financial Assistance Recipients Regarding Title VI Prohibition Against National Origin Discrimination Affecting Limited English Proficient Persons" (68 FR 47311 - August 8, 2003):

Service access for limited English Proficient individuals is ensured by providing bilingual staff or contracted interpreter services at no cost to the participant. Program materials are translated into the participant's primary language. Outreach materials explaining the program are translated into eight different languages.

# **Appendix C: Participant Services**

# C-1: Summary of Services Covered (1 of 2)

**a.** Waiver Services Summary. List the services that are furnished under the waiver in the following table. If case management is not a service under the waiver, complete items C-1-b and C-1-c:

Service Type	Service
Statutory Service	Community Access
Statutory Service	Individual Supported Employment/Group Supported Employment
Statutory Service	Personal Care
Statutory Service	Prevocational Services
Statutory Service	Residential Habilitation
Statutory Service	Respite
Extended State Plan Service	Occupational Therapy
Extended State Plan Service	Physical Therapy
Extended State Plan Service	Speech, Hearing, and Language Services
Other Service	Behavior Support and Consultation
Other Service	Behavioral Health Stabilization Services-Behavior Support and Consultation
Other Service	Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services
Other Service	Behavioral Health Stabilization Services-Specialized Psychiatric Services
Other Service	Community Guide
Other Service	Community Transition
Other Service	Environmental Accessibility Adaptations
Other Service	Individualized Technical Assistance
Other Service	Sexual Deviancy Evaluation
Other Service	Skilled Nursing
Other Service	Specialized Medical Equipment and Supplies
Other Service	Specialized Psychiatric Services
Other Service	Staff Family Consultation and Training
Other Service	Transportation
Other Service	Wellness Education

# **Appendix C: Participant Services**

# C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:

Statutory Service

Day Habilitation

Alternate Service Title (if any):
Community Access

HCBS Taxonomy:

Sub-Category 1:

Category 2:	Sub-Category 2:
	~
Category 3:	Sub-Category 3:
	~
Category 4:	Sub-Category 4:
	~

#### **Service Definition** (Scope):

Community access is an individualized service that provides clients with opportunities to engage in community based activities that support socialization, education, recreation and personal development for the purpose of:

- (1) Building and strengthening relationships with others in the local community who are not paid to be with the person.
- (2) Learning, practicing and applying skills that promote greater independence and inclusion in their community.

#### Specify applicable (if any) limits on the amount, frequency, or duration of this service:

- These services are available for individuals for whom a determination has been made that employment is currently not appropriate or who have received employment-related services for at least nine months and elect to receive community access services.
- An individual cannot be authorized to receive community access services if they receive prevocational services or supported employment services

The rates (hourly, daily, or monthly) for Community Access are negotiated between the counties and their providers.

DDA contracts with the counties for day habilitation and expanded habilitation services. The counties in turn contract provide services directly or contract with local providers for day habilitation and expanded habilitation services. DDA reimburses the counties on a monthly basis for the cost of all services provided within the county. The counties in turn reimburse vendors for services provided based on the negotiated unit rates contained in their contracts with the vendors.

The amount of service the waiver participant will be eligible for will be based on individual's assessed need. The DDA case manager will use the DDA assessment to determine the individual's community access auity level. The Support Intensity Scale subscales of:

- 1. Home Living (Part A)
- 2. Community Living (Part B)
- 3. Lifelong Learning(Part C)
- 4. Employment Activities (Part D)
- 5. Health and Safety Activities (Part E)
- 6. Social Activities (Part F)

Based on the client/legal guardian and respondents responses the SIS score will be categorized into seven support levels which will have an associated number of hours of support the individual can expect to receive as identified in WAC 388-828:

Client Profile-	The number of hours the				
Community Access	Level	individual may receive each month is:			
0-9 Percentile	A	Up through 3.0 hours			
10-19 Percentile	В	Up through 6.0 hours			
20-29 Percentile	C	Up through 9.0 hours			
30-44 Percentile	D	Up through 12.0 hours			
45-59 Percentile	E	Up through 15.0 hours			
60-74 Percentile	F	Up through 18.0 hours			
75-100 Percentile	G	Up through 20.0 hours			

Service Delivery Method (check each that applies):	
Participant-directed as specified in Appendix E	
Provider managed	
Specify whether the service may be provided by (check each that applies):	
☐ Legally Responsible Person	
✓ Relative	
Legal Guardian	
Provider Specifications:	
Provider Category Provider Type Title	
Individual Community Access	
Agency Community Access	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Statutory Service	
Service Name: Community Access	
Provider Category:	
Individual ✓ Provider Type:	
Community Access	
Provider Qualifications	
License (specify):	
	$\vee$
Certificate (specify):	
Other Standard (specify):	
Contract Standards	
Per DDA policy 6.13 (concerning day program provider qualifications), all pro-	viders shall meet the
following qualifications:	
Demonstrate experience or knowledge in providing services to     individuals with developmental disabilities.	

- individuals with developmental disabilities;
- Have a history of working with community-based employers and/or other community entities;
- Demonstrate a method for providing services/jobs based on individual choice and interest;
- Demonstrate an understanding of and commitment to integration of individuals with developmental disabilities with people who are not disabled;
- Have experience in working cooperatively with other organizations such as the Division of Vocational Rehabilitation (DVR), schools, and other community entities;
- Shall have the administrative capabilities necessary to safe guard public funds:
- Shall maintain books, records, documents and other materials relevant to the provision of goods and services;
- Shall provide for systematic accumulation, filing and retention of timely reports for department and/or federal audits;

- Shall be 18 years of age or older and have experience or received training in the following areas:
  - o Positive Behavior Support
  - o Health and Welfare
- Shall have experience or training to provide training and support to clients in the program area(s) identified in the client's Individual Support Plan (ISP).

#### Verification of Provider Qualifications

**Entity Responsible for Verification:** 

County

Frequency of Verification:

Every two years

Contract Standards

Appendix	<b>C</b> :	Parti	cipant	Services
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C-1/C-3: Provider Specifications for S	ervice	
Service Type: Statutory Service		
Service Name: Community Access		
Provider Category:  Agency		
Provider Type:		
Community Access		
Provider Qualifications		
License (specify):		
	^	
	$\checkmark$	
Certificate (specify):		
	^	
	$\checkmark$	
Other Standard (specify):		

Per DDA policy 6.13 (concerning day program provider qualifications), all providers shall meet the following qualifications:

- Demonstrate experience or knowledge in providing services to individuals with developmental disabilities;
- Have a history of working with community-based employers and/or other community entities;
- Demonstrate a method for providing services/jobs based on individual choice and interest;
- Demonstrate an understanding of and commitment to integration of individuals with developmental disabilities with people who are not disabled;
- Have experience in working cooperatively with other organizations such as the Division of Vocational Rehabilitation (DVR), schools, and other community entities;
- Shall have the administrative capabilities necessary to safe guard public funds;
- Shall maintain books, records, documents and other materials relevant to the provision of goods and services;
- Shall provide for systematic accumulation, filing and retention of timely reports for department and/or federal audits;
- Shall be 18 years of age or older and have experience or received training in the following areas:
  - o Positive Behavior Support

- o Health and Welfare
- Shall have experience or training to provide training and support to clients in the program area(s) identified in the client's Individual Support Plan (ISP).

#### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

Counties

**Frequency of Verification:** 

Every two years

# **Appendix C: Participant Services**

# C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:		
Statutory Service	~	
Service:		
Supported Employment		~

#### Alternate Service Title (if any):

Individual Supported Employment/Group Supported Employment

#### **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
	<b>~</b>
Category 2:	Sub-Category 2:
	~
Category 3:	Sub-Category 3:
	<b>~</b>
Category 4:	Sub-Category 4:
	<b>~</b>

#### **Service Definition** (Scope):

Supported employment services provide individualized assistance to obtain and/or maintain employment and to promote career development. These services are tailored to individual needs, interests, and abilities. These services are provided in individual or group settings.

- (1) Individual supported employment services include activities needed to sustain minimum wage pay or higher. These services are conducted in integrated business environments and may include any combination of the following services:
- a. Intake initial meeting to gather and share basic information;
- b. Discovery a person centered approach to learning likes and dislikes, job preferences, goals and skills in order to develop an employment plan;
- c. Assessment trial work experience;

- d. Job Preparation transportation training, practice interviewing skills, and portfolio/resume development;
- e. Job Development identifying and negotiating jobs, building relationships with employers, and customized employment development;
- f. Job Coaching supports needed to perform and excel at a job;
- g. Retention supports to keep a job, maintain positive relationship with employer, identify opportunities, negotiate a raise in pay, promotion and/or increased benefits
- (2) Group supported employment services are a step on the pathway toward gainful employment in an integrated setting and include:
- a. The activities outlined in individual supported employment services;
- b. Daily supervision by a qualified employment provider; and
- c. Groupings of no more than eight workers with disabilities.

#### Specify applicable (if any) limits on the amount, frequency, or duration of this service:

- Supported employment services are only available to individuals who do not have access to services available under the Rehabilitation Act of 1973, or the Individuals with Disabilities Education Improvement Act of 2004.
  - Payment will be made only for the adaptations, supervision, training and support with the activities of daily living a person requires as a result of his/her disabilities.
  - Payment is excluded for the supervisory activities rendered as a normal part of the business setting.
  - An individual cannot be authorized to receive supported employment services if he/she receives community access services.

ADSA/DDD contracts with the counties for expanded habilitation (including supported employment) services. The counties in turn contract provide services directly or contract with local providers for expanded habilitation services. The ADSA/DDD reimburses the counties on a monthly basis for the cost of all services provided within the county. The counties in turn reimburse vendors for services provided based on the negotiated unit rates contained in their contracts with the vendors.

The amount of employment support will be based on the following items:

Client Employment Acuity is determined through the DDD assessment. Acuity reflects conditions typically related to the individual's disability that are not likely to change, and are generally not impacted by outside factors. Client acuity is determined as either "High", "Medium" or "Low".

#### Support level High -

- Requires support in the community at all times to maintain health and safety.
- Experiences significant barriers to employment or community participation.
- Requires frequent supervision, training, or full physical assistance with community activities most or all of the time.

#### Support Level Medium -

- Independent in the community some of the time and requires moderate support to obtain or maintain employment.
- Able to maintain health and safety in the community for short periods of time.
- May need some supervision, training, or partial physical assistance with community activities.
- May need regular monitoring or prompting to perform tasks.

#### Support Level Low –

- Generally independent in the community and requires minimal support to obtain or maintain employment.
- Able to communicate with others effectively and can maintain personal health and safety most of the time without supervision.
- May be able to independently transport self in the community and does not require physical assistance in community activities.
- Able to perform tasks with minimal or occasional monitoring or prompting.

#### **Employment Algorithm Components**

A combination of the following acuity scales and assessment items provided the most accurate determination of a person's employment acuity level:

- · Activities of Daily Living
- Behavioral Support
- · Interpersonal Support
- · Environmental Support
- Level of Monitoring
- Employment Support
- · Completing tasks with acceptable speed
- · Completing tasks with acceptable quality
- · Medical Support
- · Seizure support

Client work history is determined by looking back over a 12-month period and is categorized into three main groupings:

- Continuous Employment Received wages 9 consecutive month of the 12-month period
- Intermittent/Recent Employment Received wages in at least one month of the 12-month period
- Not employed or unemployed last 12 months No wages reported as earned during a 12-month period (subminimum wages fall to not employed)

The range of support hours the client receives will be dependent upon the individual's Employment Acuity, work history and phases of employment. DDD uses the following table to determine the number of hours of individual employment service:

Employment Employment Then the service And s/he may receive up to this many this support level: status is: level is: supported employment service hours per month:

None	;	Working		Α			0	
	Not	Working	В			0		
Low		Working		C			4	
	Not	Working	D			7		
Medi	um	Worki	ing		E			7
	Not	Working	F			9		
High		Working		G			11	
_	Not	Working	Η			12		

Depending on factors detailed in the county employment plan, DDD may authorize additional hours of employment service:

Employment Employment Then DDD may authorize up to this many
Service level: Support Level: Status: additional hours of supp. employment service:

A	None	Working 0
В	None	Not Working 0
C	Low	Working 5
D	Low	Not Working 7
E	Medium	Working 5
F	Medium	Not Working 7
G	High	Working 12
Н	High	Not Working 5

Short term enhanced prevocational supports are available is a person is beginning a new job, has planned or expected change in job or job tasks, unexpected change in their condition or support is needed to maintain employment. These are short term hours department by the county and employment vendor and may be authorized for a maximum of 6 months.

**Service Delivery Method** (check each that applies):

□ Participant-directed as specified in Appendix E✓ Provider managed

**Specify whether the service may be provided by** (check each that applies):

	<b>Legally Responsible Person</b>
<b>~</b>	Relative
<b>~</b>	Legal Guardian
vider	Specifications:

<b>Provider Category</b>	Provider Type Title
Individual	Individual Supported Employment Provider
Agency	Agency Supported Employment Provider

# **Appendix C: Participant Services**

# C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Individual Supported Employment/Group Supported Employment

#### **Provider Category:**

Individual V

**Provider Type:** 

Individual Supported Employment Provider

#### **Provider Qualifications**

License (specify):	
	^
	$\vee$
Certificate (specify):	
	^
	$\vee$

Other Standard (specify):

Contract Standards, which include Policy 6.13.

As stipulated in DDA policy 6.13 (concerning day program provider qualifications), all providers shall meet the following qualifications:

- Demonstrate experience or knowledge in providing services to individuals with developmental disabilities;
- Have a history of working with community-based employers and/or other community entities:
- Demonstrate a method for providing services/jobs based on individual choice and interest;
- Demonstrate an understanding of and commitment to integration of individuals with developmental disabilities with people who are not disabled;
- Have experience in working cooperatively with other organizations such as the Division of Vocational Rehabilitation (DVR), schools, and other community entities;
- Shall have the administrative capabilities necessary to safe guard public funds;
- Shall maintain books, records, documents and other materials relevant to the provision of goods and services;
- Shall provide for systematic accumulation, filing and retention of timely reports for department and/or federal audits;
- Shall be 18 years of age or older and have experience or received training in the following areas:
  - o Positive Behavior Support
  - o Health and Welfare
- Shall have experience or training to provide training and support to clients in the program area(s) identified in the client's Individual Support Plan (ISP).

#### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

County

#### Frequency of Verification:

Every two years

# **Appendix C: Participant Services**

# C-1/C-3: Provider Specifications for Service

**Service Type: Statutory Service** 

Service Name: Individual Supported Employment/Group Supported Employment

#### **Provider Category:**

Agency 🗸

**Provider Type:** 

Agency Supported Employment Provider

#### **Provider Qualifications**

License (specify):	
· · · · · · · · · · · · · · · · · · ·	^
	V
Certificate (specify):	
	^
	V

Other Standard (specify):

Contract Standards, which include Poliy 6.13.

As stipulated in DDA policy 6.13 (concerning day program provider qualifications), all providers shall meet the following qualifications:

- Demonstrate experience or knowledge in providing services to individuals with developmental disabilities;
- Have a history of working with community-based employers and/or other community entities;
- Demonstrate a method for providing services/jobs based on individual choice and interest;
- Demonstrate an understanding of and commitment to integration of individuals with developmental disabilities with people who are not disabled;
- Have experience in working cooperatively with other organizations such as the Division of Vocational Rehabilitation (DVR), schools, and other community entities;
- Shall have the administrative capabilities necessary to safe guard public funds;
- Shall maintain books, records, documents and other materials relevant to the provision of goods and services;
- Shall provide for systematic accumulation, filing and retention of timely reports for department and/or federal audits;
- Shall be 18 years of age or older and have experience or received training in the following areas:
  - o Positive Behavior Support
  - o Health and Welfare
- Shall have experience or training to provide training and support to clients in the program area(s) identified in the client's Individual Support Plan (ISP).

#### Verification of Provider Qualifications

**Entity Responsible for Verification:** 

County

Frequency of Verification:

Every two years

# **Appendix C: Participant Services**

# C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:

service Type.		
Statutory Service	<b>∨</b>	
Service:		
Personal Care	~	
<b>Alternate Service Title (if any</b>	):	
		^
		<u> </u>

#### **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
	<b>~</b>
Category 2:	Sub-Category 2:
	~
Category 3:	Sub-Category 3:
	~
Category 4:	Sub-Category 4:
	<b>~</b>

#### **Service Definition** (Scope):

\*\*Effective July 1, 2015, Personal Care services are no longer a waiver service and are provided under the Medicaid State Plan as a 1915(k) Community First Choice Option benefit."

"Personal care services" means physical or verbal assistance with activities of daily living (ADL) and instrumental activities of daily living (IADL) due to functional limitations. Assistance is evaluated with the use of assistive devices.

"Activities of daily living (ADL)" means the following:

- (a) Bathing: How an individual takes a full-body bath/shower, sponge bath, and transfer in/out of tub/shower.
- (b) Bed mobility: How an individual moves to and from a lying position, turn side to side, and positions body while in bed, in a recliner, or other type of furniture.
- (c) Body care: Passive range of motion, applications of dressings and ointments or lotions to the body and pedicure to trim toenails and application of lotion to feet. Dressing changes using clean technique and topical ointments must be performed by a licensed nurse or through nurse delegation.
- (d) Dressing: How an individual puts on, fastens, and take off all items of clothing, including donning/removing prosthesis.
- (e) Eating: How an individual eats and drinks, regardless of skill. Eating includes any method of receiving nutrition, e.g., by mouth, tube or through a vein.

- (f) Locomotion in room and immediate living environment: How an individual moves between locations in their room and immediate living environment. If in a wheelchair, locomotion includes how self-sufficient the individual is once in their wheelchair.
- (g) Locomotion outside of immediate living environment including outdoors: How you move to and return from more distant areas. If you are living in an assisted living facility or nursing facility (NF), this includes areas set aside for dining, activities, etc. If you are living in your own home or in an adult family home, locomotion outside immediate living environment including outdoors, includes how you move to and return from a patio or porch, backyard, to the mailbox, to see the next-door neighbor, etc.
- (h) Walk in room, hallway and rest of immediate living environment: How an individual walks between locations in their room and immediate living environment.
- (i) Medication management: Describes the amount of assistance, if any, required to receive medications, over the counter preparations or herbal supplements.
- (j) Toilet use: How you use the toilet room, commode, bedpan, or urinal, transfer on/off toilet, cleanse, change pad, manage ostomy or catheter, and adjust clothes.
- (k) Transfer: How an individual moves between surfaces, i.e., to/from bed, chair, wheelchair, standing position. Transfer does not include how they move to/from the bath, toilet, or vehicle.
- (l) Personal hygiene: How an individual maintains personal hygiene, including combing hair, brushing teeth, shaving, applying makeup, washing/drying face, hands (including nail care), and perineum (menses care). Personal hygiene does not include hygiene in baths and showers.

"Instrumental activities of daily living (IADL)" means routine activities performed around the home or in the community and includes the following:

- (a) Meal preparation: How meals are prepared (e.g., planning meals, cooking, assembling ingredients, setting out food, utensils, and cleaning up after meals). NOTE: The department will not authorize this IADL to plan meals or clean up after meals. You must need assistance with actual meal preparation.
- (b) Ordinary housework: How ordinary work around the house is performed (e.g., doing dishes, dusting, making bed, tidying up, laundry).
- (c) Essential shopping: How shopping is completed to meet health and nutritional needs (e.g., selecting items). Shopping is limited to brief, occasional trips in the local area to shop for food, medical necessities and household items required specifically for your health, maintenance or well-being. This includes shopping with or for the individual.
- (d) Wood supply: How wood is supplied (e.g., splitting, stacking, or carrying wood) when wood is used as the sole source of fuel for heating and/or cooking.
- (e) Travel to medical services: How an individual travels by vehicle to a physician's office or clinic in the local area to obtain medical diagnosis or treatment-includes driving vehicle or traveling as a passenger in a car, bus, or taxi.
- (f) Managing finances: How bills are paid, checkbook is balanced, household expenses are managed. The department cannot pay for any assistance with managing finances.
- (g) Telephone use: How telephone calls are made or received (with assistive devices such as large numbers on telephone, amplification as needed).

#### State regulations stipulate:

"Nurse Delegation" means a licensed practical nurse or registered nurse transfers the performance of selected nursing tasks to competent individuals in selected situations. The licensed practical nurse or registered nurse delegating the task retains the responsibility and accountability for the nursing care of the client. The licensed practical nurse or registered nurse delegating the task supervises the performance of the unlicensed person;

- (a) Nursing acts delegated by the licensed practical nurse or registered nurse shall:
- (i) Be within the area of responsibility of the licensed practical nurse or registered nurse delegating the act;
- (ii) Be such that, in the opinion of the licensed practical nurse or registered nurse, it can be properly and safely performed by the person without jeopardizing the patient welfare;
- (iii) Be acts that a reasonable and prudent licensed practical nurse or registered nurse would find are within the scope of sound nursing judgment.
- (b) Nursing acts delegated by the licensed practical nurse or registered nurse shall not require the unlicensed person to exercise nursing judgment nor perform acts which must only be performed by a licensed practical nurse or registered nurse, except in an emergency situation (RCW 18.79.240 (1)(b) and (2)(b)).
- (c) When delegating a nursing act to an unlicensed person it is the registered nurse who shall:
- (i) Make an assessment of the patient's nursing care need before delegating the task;
- (ii) Instruct the unlicensed person in the delegated task or verify competency to perform or be assured that the person is competent to perform the nursing task as a result of the systems in place by the health care agency;
- (iii) Recognize that some nursing interventions require nursing knowledge, judgment, and skill and therefore may not lawfully be delegated to unlicensed persons.

Personal care transportation includes transportation for medical appointments and essential shopping for adults, and must be included in the service plan when provided. (added effective 7/1/08).

#### Specify applicable (if any) limits on the amount, frequency, or duration of this service:

- The maximum hours of personal care received are determined by the approved department assessment for Medicaid personal care services.
  - Provider rates are standardized based on negotiations with the State Employees International Union (SEIU) and funding provided by the Legislature.
  - When transportation to essential services is included in the personal care service plan, individual provides are also reimbursed for their mileage if they use their own private vehicle, up to a maximum of 60 miles per month (per the Collective Bargaining Agreement). (added effective 7/1/08)
  - Payments flow directly from the Single State Agency to the agency provider or individual provider of services.
  - Body care excludes:
    - (i) Foot care if you are diabetic or have poor circulation; or
    - (ii) Changing bandages or dressings when sterile procedures are required.
  - The following tasks CANNOT be delegated:
    - o Injections
    - o Central Lines
    - o Sterile procedures
    - o Tasks that require nursing judgment
  - Personal care transportation is limited to adults, and to 60 miles of transportation to and from essential shopping and/or medical appointments required by the participant as a part of the personal care service. Personal care transportation is only utilized when other State Medicaid resources do not meet the participant's transportation need and as a result the personal

care provider transports the participant in the provider's own personal vehicle. (added effective 7/1/08)

- To distinguish personal care transportation from the transportation service
  provided under this waiver, the waiver transportation service is provided in
  order to ensure the participant's access to waiver services identified in the
  ISP. Waiver transportation would only be authorized to and from waiver
  services if State Medicaid transportation resources do not meet the
  participant's transportation need. (added effective 7/1/08)
- Personal Care Transportation and Waiver Transportation have separate and distinct service authorization codes and descriptions. They are also identified as separate services in the ISP. (added effective 7/1/08)
- Waiver transportation requires providers to submit DSHS form 14-463 to the CRM, which documents mileage and purpose of travel. Waiver transportation includes reimbursement to professional transportation providers and reimbursement for use of the state ferry system, bus, or taxi, as well as reimbursement to individual providers when their own personal vehicle is used. (added effective 7/1/08)

\*\*Effective July 1, 2015, Personal Care services are no longer a waiver service and are provided under the Medicaid State Plan as a 1915(k) Community First Choice Option benefit.

Service .	Delivery	Method	(check	each	that	applie	2S):

Participant-directed a	s specified	in	Appendix 1	ł
 Provider managed				

Specify whether the service may be provided by (check each that applies):

Legally	Resno	nsihle	Person
Legany	VG2DO	nsibie	L GLZOH

**✓** Relative

**✓** Legal Guardian

# **Provider Specifications:**

<b>Provider Category</b>	Provider Type Title	
Individual	Individual Provider who performs nurse delegated tasks-Nursing Assistant Certified (NAC) I.P.	
Individual	Individual In-Home Provider	
Agency	Home Health Agency	
Agency	Home Care Agency	

#### **Appendix C: Participant Services**

# C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Personal Care

#### **Provider Category:**

Individual >

#### **Provider Type:**

Individual Provider who performs nurse delegated tasks-Nursing Assistant Certified (NAC) I.P.

#### **Provider Qualifications**

**License** (specify):

Chapter 308-104 WAC (State administrative code concerning Drivers Licenses)(as applicable)

**Certificate** (specify):

Chapter 18.88A RCW (Washington state law concerning nursing assistants)

Chapter 246-841 WAC (Department of Health administrative code concerning nursing assistants) **Other Standard** (specify):

WAC 388-71-0500 through 0556

(concerning individual provider and home care agency provider qualifications).

Chapter 308-106 WAC (State administrative code concerning mandatory insurance to operate a vehicle) (as applicable)

#### WAC 388-71-05670 through 05799

(concerning orientation, basic training and modified basic training requirements for individual provides and home care agencies). (with exemptions for parent providers in WAC 388-71-05765, concerning training requirements and exemptions for parents who are individual providers for their adult children receiving services through DDA).

Chapter 246-841 WAC (Department of Health administrative code concerning nursing assistants)

WAC 388-71-05805 (concerning nurse delegation core training)

Chapter 308-106 WAC (State administrative code concerning mandatory insurance to operate a vehicle) (as applicable)

#### Verification of Provider Qualifications

**Entity Responsible for Verification:** 

**State Operating Agency** 

**Frequency of Verification:** 

Every 3 years

# **Appendix C: Participant Services**

# C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Personal Care

#### **Provider Category:**

Individual V

## **Provider Type:**

Individual In-Home Provider

#### **Provider Oualifications**

License (specify):

Chapter 308-104 WAC (State administrative code concerning Drivers Licenses)(as applicable)

**Certificate** (specify):

0

#### Other Standard (specify):

WAC 388-71-0500 through 0556 (concerning individual provider and home care agency provider qualifications).

Chapter 308-106 WAC (state administrative code concerning mandatory insurance to operate a vehicle)(as applicable)

WAC 388-71-05670 through 05799. (concerning orientation, basic training and modified basic training requirements for individual provides and home care agencies). (with exemptions for parent providers in WAC 388-71-05765, concerning training requirements and exemptions for parents who are individual providers for their adult children receiving services through DDA).

#### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every 3 years

# **Appendix C: Participant Services**

#### C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Personal Care

# **Provider Category:**

Agency ~

**Provider Type:** 

Home Health Agency

**Provider Qualifications** 

License (specify):

Chapter 70.127 RCW (concerning In-Home Services Agencies)

WAC 246-335-020 (DOH administrative code concerning the license requirement to operate an inhome services agency)

Certificate (specify):

Other Standard (specify):

A home health agency provides medical and nonmedical services to ill, disabled or vulnerable individuals residing in temporary or permanent residences.

#### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every 3 years

# **Appendix C: Participant Services**

# C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Personal Care

**Provider Category:** 

Agency ~

**Provider Type:** 

Home Care Agency

**Provider Qualifications** 

License (specify):

Chapter 70.127 RCW (In-Home Services Agencies)

WAC 246-335-020 (License required)

**Certificate** (specify):

Other Standard (specify):

WAC 388-71-0500 through 0556. WAC 388-71-05670 through 05799.

A home care agency provides nonmedical services and assistance (e.g., personal care services) to ill, disabled or vulnerable individuals to enable them to remain in their residence.

#### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

**Frequency of Verification:** 

Every 3 years

Sarvice Type

# **Appendix C: Participant Services**

# C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type.		
Statutory Service	$\checkmark$	
Service:		
Prevocational Services	~	
<b>Alternate Service Title (if any</b>	):	
		^
		$\checkmark$
HCBS Taxonomy:		

Category 1:	Sub-Category 1:
	~
Category 2:	Sub-Category 2:
	<b>~</b>
Category 3:	Sub-Category 3:
	<b>~</b>
Category 4:	Sub-Category 4:

#### **Service Definition** (Scope):

No waiver participants are added to pre-vocational services effective the date of CMS approval onward, as prevocational services do not meet the requirements for a home and community setting. Individuals already receiving prevocational services as of the date of CMS approval are phased out over a four-year period and transitioned to other services, including supported employment and/or individual technical assistance or community access services. As of March 1, 2019, pre-vocational services are not available to Core Waiver participants.

Prevocational services are shared among a group of nine or more individuals within a segregated setting designed to provide services for individuals with developmental disabilities. Prevocational services offer short term training and skill development in addition a limited amount of time in their community to pursue

employment opportunities. The focus of prevocational services is to help the individual meet her/his employment goals and facilitate integration of the individual into her/his community. The client's individual work plan identifies their employment goals, which in turn determine the amount of time it will take to gain and maintain employment in the community.

Pre-vocational services cannot be authorized if the individual receives community access services or supported employment services.

New referrals for prevocational services require prior approval by the DDD Regional Administrator and County Coordinator or their designee.

Prevocational services are a time limited step on the pathway toward individual employment and the goal is to have participants demonstrate steady progress toward gainful employment over time. A participant's annual vocational assessment will include exploration of integrated settings within the next service year. Criteria that would trigger a review of the need for these

- services include, but are not limited to:
  - o Compensation at more than fifty percent of the prevailing wage;
  - o Significant progress made toward the defined goals;
  - o An expressed interest in competitive employment; and/or
  - o Recommendation by the individual support plan team.

#### Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Prevocational services are only available to individuals who do not have access to services available under the Rehabilitation Act of 1973, or the Individuals with Disabilities Education Improvement Act of 2004.

- An individual cannot be authorized to receive prevocational services if s/he receives community access services.
- The amount of prevocational support will be based on the following items:

  Client Employment Acuity is determined through the DDD assessment. Acuity reflects conditions typically related to the individual's disability that are not likely to change, and are generally not impacted by outside factors. Client acuity is determined as either "High", "Medium" or "Low".

#### Support Level High –

- Requires support in the community at all times to maintain health and safety.
- Experiences significant barriers to employment or community participation.
- Requires frequent supervision, training, or full physical assistance with community activities most or all of the time.

#### Support Level Medium -

- Independent in the community some of the time and requires moderate support to obtain or maintain employment.
- Able to maintain health and safety in the community for short periods of time.
- May need some supervision, training, or partial physical assistance with community activities.
- May need regular monitoring or prompting to perform tasks.

#### Support Level Low –

- Generally independent in the community and requires minimal support to obtain or maintain employment.
- Able to communicate with others effectively and can maintain personal health and safety most of the time without supervision.
- May be able to independently transport self in the community and does not require physical assistance in community activities.
- Able to perform tasks with minimal or occasional monitoring or prompting.

#### **Employment Algorithm Components**

A combination of the following acuity scales and assessment items provided the most accurate determination of a person's employment acuity level:

· Activities of Daily Living

- Behavioral Support
- Interpersonal Support
- Environmental Support
- · Level of Monitoring
- Employment Support
- · Completing tasks with acceptable speed
- Completing tasks with acceptable quality
- · Medical Support
- Seizure support

Client work history is determined by looking back over a 12-month period and is categorized into three main groupings:

- Continuous Employment Received wages 9 consecutive month of the 12-month period
- Intermittent/Recent Employment Received wages in at least one month of the 12-month period
- Not employed or unemployed last 12 months No wages reported as earned during a 12-month period

(subminimum wages fall to not employed)

The range of support hours the client receives will be dependent upon the individual's Employment Acuity, work history and phases of employment. DDA uses the following table to determine the number of hours of prevocational service:

Employment Employment Then the service and s/he may receive up to this to support level: status is: level is: prevocational service hours per month:

None	Working		Α			0	
No	t Working	В			0		
Low	Working		C			4	
No	t Working	D			7		
Medium	Worki	ng		E			7
No	t Working	F			9		
High	Working		G			11	
No	t Working	Η			12		

Depending on factors detailed in the county employment plan, DDA may authorize additional hours of prevocational service:

Employment Employment Then DDA may authorize up to this many Service level: Support Level: Status: additional hours of service:

A	None	Working 0
В	None	Not Working 0
C	Low	Working 5
D	Low	Not Working 7
E	Medium	Working 5
F	Medium	Not Working 7
G	High	Working 12
Н	High	Not Working 5

Short term enhanced supports are available to a person who is beginning a new job, has a planned or expected change in job or job tasks, has an unexpected change in their condition or support is needed to maintain employment. These are short term hours recommended by the county and employment vendor and are authorized by DDA for a maximum of 3 months.

DDA contracts with the counties for day habilitation and expanded habilitation (including prevocational) services. The counties in turn contract provide services directly or contract with local providers for day habilitation and expanded habilitation services. The DDA reimburses the counties on a monthly basis for the cost of all services provided within the county. The counties in turn reimburse vendors for services provided based on the negotiated unit rates contained in their contracts with the vendors.

**Service Delivery Method** (check each that applies):

☐ Participant ✓ Provider m	-directed as specified in Appen	dix E
	service may be provided by (ch	eck each that applies):
Legally Res	sponsible Person	
<b>✓</b> Relative		
✓ Legal Guar	dian	
Provider Specification	ons:	
<b>Provider Category</b>	Provider Type Title	
Individual	Individual Prevocational Provider	
Agency	Agency Prevocational Provider	
C-1/C	articipant Services C-3: Provider Specificati	ons for Service
v 1	tatutory Service Prevocational Services	
Provider Category: Individual  Provider Type: Individual Prevocatio Provider Qualificati License (specify)	ons	
		^
		<u> </u>
Certificate (spec	cify):	

Other Standard (specify):

Contract Standards

As stipulated in DDA policy 6.13 (concerning day program provider qualifications), all providers shall meet the following qualifications:

- Demonstrate experience or knowledge in providing services to individuals with developmental disabilities;
- Have a history of working with community-based employers and/or other community entities;
- Demonstrate a method for providing services/jobs based on individual choice and interest;
- Demonstrate an understanding of and commitment to integration of individuals with developmental disabilities with people who are not disabled;
- Have experience in working cooperatively with other organizations such as the Division of Vocational Rehabilitation (DVR), schools, and other community entities;
- Shall have the administrative capabilities necessary to safe guard public funds;
- Shall maintain books, records, documents and other materials relevant to the provision of goods and services;
- Shall provide for systematic accumulation, filing and retention of timely reports for department and/or federal audits;
- Shall be 18 years of age or older and have experience or received training in the following areas:
  - o Positive Behavior Support
  - o Health and Welfare

• Shall have experience or training to provide training and support to clients in the program area(s) identified in the client's Individual Support Plan (ISP).

#### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

County

Frequency of Verification:

Every two years

App	endix	<b>C</b> :	Par	ticip	ant	Se	ervices
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# C-1/C-3: Provider Specifications for Service Service Type: Statutory Service Service Name: Prevocational Services Provider Category: Agency Provider Type: Agency Prevocational Provider Provider Qualifications License (specify): Certificate (specify):

Contract Standards

As stipulated in DDA policy 6.13 (concerning day program provider qualifications), all providers shall meet the following qualifications:

- Demonstrate experience or knowledge in providing services to individuals with developmental disabilities;
- Have a history of working with community-based employers and/or other community entities:
- Demonstrate a method for providing services/jobs based on individual choice and interest:
- Demonstrate an understanding of and commitment to integration of individuals with developmental disabilities with people who are not disabled;
- Have experience in working cooperatively with other organizations such as the Division of Vocational Rehabilitation (DVR), schools, and other community entities;
- Shall have the administrative capabilities necessary to safe guard public funds;
- Shall maintain books, records, documents and other materials relevant to the provision of goods and services;
- Shall provide for systematic accumulation, filing and retention of timely reports for department and/or federal audits;
- Shall be 18 years of age or older and have experience or received training in the following areas:
  - o Positive Behavior Support
  - o Health and Welfare
- Shall have experience or training to provide training and support to clients in the program area(s) identified in the client's Individual Support Plan (ISP).

#### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

County

Frequency of Verification:

Every two years

# **Appendix C: Participant Services**

# C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

$\checkmark$	
	^
	$\checkmark$
	<b>✓</b>

#### **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
	<b>~</b>
Category 2:	Sub-Category 2:
	<b>~</b>
Category 3:	Sub-Category 3:
	~
Category 4:	Sub-Category 4:
	~

**Service Definition** (Scope):

- (1) Residential habilitation services include assistance:
  - (a) With personal care and supervision; and
  - (b) To learn, improve or retain social and adaptive skills necessary for living in the community.
- (2) Residential habilitation services may provide instruction and support addressing one or more of the following outcomes:
  - (a) Health and safety;
  - (b) Personal power and choice;
  - (c) Competence and self reliance;
  - (d) Positive recognition by self and others;
  - (e) Positive relationships; and
  - (f) Integration into the physical and social life of the community.

# Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Rates (Please see Appendix I-2 for more detail):

- The Alternative Living standardized hourly payment rate is based upon the Supported Living benchmark rate plus a small administrative add-on.
- Companion Home rates are negotiated by DDA regional staff on a providerspecific basis.

- Contracted Supported Living daily rates are negotiated regionally utilizing
  policy and standards developed by the Central Office ALTSA/DDA cost
  reimbursement section and the Central Office DDA residential program manager.
  Final rates are based on residential support levels (assigned by the DDA
  assessment), specific support needs listed in the assessment, support provided
  by others (e.g., family members), and the number of people living in the
  household who can share the support hourse (4/1/08)
- State-Staffed Supported Living daily rates are established on a prospective basis by the ALTSA/DDA cost reimbursement section. At the close of each year, a settlement calculation is prepared to recover additional federal funds, or to pay back funds previously received.
- Group Care Home and Group Training Home daily rates are negotiated regionally utilizing policy and standards developed by the Central Office ALTSA/DDA cost reimbursement section and the Central Office DDA residential program manager.
- Child Foster Care monthly rates are based upon one of seven levels of care related to the amount of time the foster parents spend supporting the child as measured by a standardized assessment.
- Staffed Residential Home daily rates are provider-specific as negotiated by DDA regional staff based on the needs of the individual.
- Child Foster Group Care monthly rates are provider-specific as negotiated by DDA regional staff based on the needs of the individual.

With the exception of state-staffed supported living services, payments are made directly from the DDA to the provider. For state-staffed supported living services, a prospective (daily) rate is established each year for each location (region) based on the projected costs and number of resident days for the ensuing fiscal year. The established rates are transmitted to the Office of Financial Recovery. OFR uses the daily reimbursement rates and the number of Medicaid eligible days at each location to recalculate the federal share of cost for each facility. The OFR calculation report goes to the Office of Accounting Services and to ALTSA. The fiscal unit at ALTSA prepares a journal voucher to record the federal share under the federal funds appropriation in the FRS. Reported resident days and FFP claims are reconciled with the Office of Financial Recovery each month. At the close of each year, a settlement calculation is prepared to recover additional federal funds, or to pay back funds previously received.

### State regulations stipulate:

- (1) An individual may only receive a residential habilitation service from one provider type at a time.
- (2) None of the following can be paid for under the CORE or community protection waiver:
  - (a) Room and board;
  - (b) The cost of building maintenance, upkeep, improvement, modifications or adaptations required to assure the health and safety of residents, or to meet the requirements of the applicable life safety code;
  - (c) Activities or supervision already being paid for by another source;
  - (d) Services provided in an individual's parents' home unless they are receiving alternative living services for a maximum of six months to transition you from their parents' home into their own home.

The following language added effective 4/1/08

- (3) Alternative living services in the CORE waiver cannot:
  - (a) Exceed forty hours per month;
  - (b) Provide personal care or protective supervision.
- (4) The following persons cannot be paid providers for residential habilitation services:
  - (a) The individual's spouse;
  - (b) The individual's natural, step, or adoptive parents if the individual is a child age seventeen or younger;
  - (c) the individual's natural, step, or adoptive parent unless the individual's

parent is certified as a DDA residential agency or is employed by a certified or licensed agency qualified to provide residential habilitation services.

(5) The initial authorization of residential habilitation services requires prior approval by the DDA regional administrator or designee.

Service Deliv	ery Method	(check each	that applies):
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	Participant-directed	as	specified	in	Appendix	k
<b>~</b>	Provider managed					

**Specify whether the service may be provided by** (check each that applies):

- **✓** Legally Responsible Person
- **✓** Relative
- ✓ Legal Guardian

### **Provider Specifications:**

<b>Provider Category</b>	Provider Type Title
Agency	Child Foster Group Care
Agency	Group Training Home
Agency	Group Care Home
Agency	Staffed Residential Home
Agency	Child Foster Care
Individual	Companion Home
Individual	Alternative Living
Agency	State Operated Living Alternatives (SOLA)
Agency	Contracted Supported Living

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service	
Service Name: Residential Habilitation	
Provider Category:	
Agency	
Provider Type:	
Child Foster Group Care	
Provider Qualifications	
License (specify):	
Chapter 388-148 WAC (DSHS administrative code concerning licensing requirements for child	
foster homes, staffed residential homes, group residential facilities and child-placing agencies)	
Certificate (specify):	
	$\vee$
Other Standard (specify):	

**Verification of Provider Qualifications** 

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every three years

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Residential Habilitation

### **Provider Category:**

Agency V

## **Provider Type:**

Group Training Home

### **Provider Qualifications**

License (specify):

Chapter 388-78A WAC (ALTSA administrative code concerning assisted living facility licensing rules)

**Certificate** (*specify*):

Chapter 388-101 WAC (ALTSA administrative code concerning certified community residential services and support)

Other Standard (specify):

### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

**Frequency of Verification:** 

Every two years

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Residential Habilitation

### **Provider Category:**

Agency ~

### **Provider Type:**

Group Care Home

### **Provider Qualifications**

License (specify):

Chapter 388-78A WAC (ALTSA administrative code concerning assisted living facility licensing rules)

Certificate (specify):

Chapter 388-101 WAC (ALTSA administrative code concerning certified community residential services and support)

Other Standard (specify):



#### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

### Frequency of Verification:

Every two years

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Residential Habilitation	
Provider Category:	
Agency V	
Provider Type:	
Staffed Residential Home	
Provider Qualifications	
License (specify): Chapter 288 148 WAC (DSHS administrative and concerning licensing requirements for shild	
Chapter 388-148 WAC (DSHS administrative code concerning licensing requirements for child foster homes, staffed residential homes, group residential facilities and child-placing agencies)	
Certificate (specify):	
Other Standard (specify):	
Start Startaura (speedy)).	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification:	
Every three years	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Statutory Service Service Name: Residential Habilitation	
Provider Category:	
Agency	
Provider Type:	
Child Foster Care	
Provider Qualifications	
License (specify):	
Chapter 388-148 WAC (DSHS administrative code concerning licensing requirements for child	
foster homes, staffed residential homes, group residential facilities and child-placing agencies)	
Certificate (specify):	
Other Standard (specify):	
Other Standard (specify):	
V 'C ' C. D '. I O I'C '	
Verification of Provider Qualifications  Entity Posponsible for Verification:	
Entity Responsible for Verification: State Operating Agency	
Frequency of Verification:	
Every three years	

C-1/C-3: Provider Specifications for Service  Service Type: Statutory Service Service Name: Residential Habilitation  Provider Category: Individual  Provider Type: Companion Home Provider Qualifications License (specify):  Certificate (specify):  Contract Requirements  Verification of Provider Qualifications Entity Responsible for Verification: State Operating Agency Frequency of Verification: Every two years  Appendix C: Participant Services  C-1/C-3: Provider Specifications for Service  Service Type: Statutory Service Service Name: Residential Habilitation  Provider Category: Individual  Provider Qualifications License (specify):  Certificate (specify):  Certificate (specify):  Contract Requirements  Contract Requirements	Appendix C: Participant Services	
Service Name: Residential Habilitation  Provider Category:	C-1/C-3: Provider Specifications for Service	
Provider Category:  Individual   Provider Type: Companion Home Provider Qualifications License (specify):    Certificate (specify):   Chapter 388-829C WAC (DDA administrative code concerning companion home services)    Contract Requirements		
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C-1/C-3: Provider Specifications for Service  Service Type: Statutory Service Service Name: Residential Habilitation  Provider Category: Individual  Provider Type: Alternative Living Provider Qualifications License (specify):  Certificate (specify):  Chapter 388-829A WAC (DDA administrative code concerning alternative living services)  Contract Requirements  Verification of Provider Qualifications Entity Responsible for Verification:		
C-1/C-3: Provider Specifications for Service  Service Type: Statutory Service Service Name: Residential Habilitation  Provider Category: Individual  Provider Type: Alternative Living Provider Qualifications License (specify):  Certificate (specify):  Chapter 388-829A WAC (DDA administrative code concerning alternative living services)  Contract Requirements  Verification of Provider Qualifications Entity Responsible for Verification:	Appendix C: Participant Services	
Service Type: Statutory Service Service Name: Residential Habilitation  Provider Category: Individual  Provider Type: Alternative Living Provider Qualifications License (specify):  Certificate (specify):  Chapter 388-829A WAC (DDA administrative code concerning alternative living services)  Contract Requirements  Verification of Provider Qualifications Entity Responsible for Verification:		
Service Name: Residential Habilitation  Provider Category: Individual  Provider Type: Alternative Living Provider Qualifications License (specify):  Certificate (specify):  Other Standard (specify): Chapter 388-829A WAC (DDA administrative code concerning alternative living services)  Contract Requirements  Verification of Provider Qualifications Entity Responsible for Verification:	o 1/o o 110 vider specifications for service	
Provider Category: Individual  Provider Type: Alternative Living Provider Qualifications License (specify):  Certificate (specify):  Other Standard (specify): Chapter 388-829A WAC (DDA administrative code concerning alternative living services)  Contract Requirements Verification of Provider Qualifications Entity Responsible for Verification:	Service Type: Statutory Service	
Provider Type: Alternative Living Provider Qualifications License (specify):  Certificate (specify):  Other Standard (specify):  Chapter 388-829A WAC (DDA administrative code concerning alternative living services)  Contract Requirements Verification of Provider Qualifications Entity Responsible for Verification:	· ·	
Provider Type: Alternative Living Provider Qualifications License (specify):  Certificate (specify):  Other Standard (specify):  Chapter 388-829A WAC (DDA administrative code concerning alternative living services)  Contract Requirements Verification of Provider Qualifications Entity Responsible for Verification:	Provider Category:	
Provider Type: Alternative Living Provider Qualifications License (specify):  Certificate (specify):  Other Standard (specify): Chapter 388-829A WAC (DDA administrative code concerning alternative living services)  Contract Requirements Verification of Provider Qualifications Entity Responsible for Verification:	Individual V	
Provider Qualifications  License (specify):  Certificate (specify):  Other Standard (specify):  Chapter 388-829A WAC (DDA administrative code concerning alternative living services)  Contract Requirements  Verification of Provider Qualifications Entity Responsible for Verification:	Provider Type:	
Certificate (specify):  Other Standard (specify):  Chapter 388-829A WAC (DDA administrative code concerning alternative living services)  Contract Requirements  Verification of Provider Qualifications Entity Responsible for Verification:		
Certificate (specify):  Other Standard (specify): Chapter 388-829A WAC (DDA administrative code concerning alternative living services)  Contract Requirements Verification of Provider Qualifications Entity Responsible for Verification:		
Other Standard (specify): Chapter 388-829A WAC (DDA administrative code concerning alternative living services)  Contract Requirements  Verification of Provider Qualifications Entity Responsible for Verification:	Excense (spectyy).	
Other Standard (specify): Chapter 388-829A WAC (DDA administrative code concerning alternative living services)  Contract Requirements  Verification of Provider Qualifications Entity Responsible for Verification:		
Other Standard (specify): Chapter 388-829A WAC (DDA administrative code concerning alternative living services)  Contract Requirements  Verification of Provider Qualifications Entity Responsible for Verification:	Certificate (specify):	
Chapter 388-829A WAC (DDA administrative code concerning alternative living services)  Contract Requirements  Verification of Provider Qualifications  Entity Responsible for Verification:		
Chapter 388-829A WAC (DDA administrative code concerning alternative living services)  Contract Requirements  Verification of Provider Qualifications  Entity Responsible for Verification:		$\checkmark$
Contract Requirements Verification of Provider Qualifications Entity Responsible for Verification:	Other Standard (specify):	
Verification of Provider Qualifications Entity Responsible for Verification:	Chapter 388-829A WAC (DDA administrative code concerning alternative living services)	
Verification of Provider Qualifications Entity Responsible for Verification:	Contract Requirements	
Entity Responsible for Verification:		
	-	
	State Operating Agency	
Frequency of Verification:	1 ,	
	Every three years	

Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Statutory Service Service Name: Residential Habilitation	
Provider Category:	
Agency Provider Type:	
State Operated Living Alternatives (SOLA)	
Provider Qualifications License (specify):	
Electise (specify).	
Certificate (specify): Chapter 388-101 WAC (ALTSA administrative code concerning certified community residential services and support) Other Standard (specify):	
Verification of Provider Qualifications Entity Responsible for Verification: State Operating Agency	
Frequency of Verification:	
Every two years	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Statutory Service Service Name: Residential Habilitation	
Provider Category:	
Agency V	
Provider Type:	
Contracted Supported Living	
Provider Qualifications License (specify):	
Extense (speedy)).	
	$\checkmark$
Certificate (specify): Chapter 388-101 WAC (ALTSA administrative code concerning certified community residential services and support) Other Standard (specify):	
	V
Verification of Provider Qualifications	
Entity Responsible for Verification: State Operating Agency	
Frequency of Verification:	
Every two years	

## **Appendix C: Participant Services**

## C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:

service Type.			
Statutory Service	~		
Service:	·		
Respite		~	
<b>Alternate Service Title (if</b>	any):		
			^
			V

### **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
	<b>~</b>
Category 2:	Sub-Category 2:
	<b>~</b>
Category 3:	Sub-Category 3:
	<b>~</b>
Category 4:	Sub-Category 4:
	~

### **Service Definition** (Scope):

Short-term intermittent relief for persons who normally provide care for and live with the waiver participant. It is also short-term intermittent relief for waiver participants from persons who normally provide care for and live with the waiver participant. Respite care includes personal care services, authorized household tasks and protective supervision as specified in the waiver participant's individual support plan.

The following identify waiver participants who are eligible to receive respite care:

- 1) The waiver participant lives in her/his family home and no person living with her/him is contracted by DSHS to provide the waiver participant with a services; or
- 2) The waiver participant lives with a family member who is her/his primary caregiver and who is a contracted provider by DSHS to provide her/him with a service; or
- 3) The waiver participant lives with a caregiver who is paid by DDA to provide supports as:
- (a) A contracted companion home provider; or
- (b) A licensed children's foster home provider.

Someone who lives with the waiver participant may be the respite provider as long as she or he is not the person who normally provides care for the individual and is not contracted to provide any other DSHS paid service to the individual.

Respite care can be provided in the following locations:

- (a) waiver participant's home or place of residence;
- (b) Relative's home;
- (c) Licensed children's foster home;
- (d) Licensed, contracted and DDA certified group home;

- (e) Licensed assisted living facility contracted as an adult residential center;
- (f) Adult residential rehabilitation center;
- (g) Licensed and contracted adult family home;
- (h) Children's licensed group home, licensed staffed residential home, or licensed childcare center;
- (i) Other community settings such as camp, senior center, community organizations, informal clubs, libraries or adult day care center.

Additionally, the waiver participant's respite care provider may take her/him into the community while providing respite services.

Respite Service will not duplicate the services available under the State Plan.

### Specify applicable (if any) limits on the amount, frequency, or duration of this service:

- 1)Clinical and support needs for respite care are identified in the waiver participant's DDA person-centered assessment and documented in her/his individual support plan;
- 2)The DDD assessment will determine how much respite the individual can receive per Chapter 388-828 WAC (which concerns the DDD assessment). Respite hours range from 240-528 hours per year (with no monthly limit).
- 3)Respite cannot replace:
- (a) Day care while her/his parent or guardian is at work.
- 4) Respite care providers have the following limitations and requirements:
- (a) If respite is provided in a private home, the home must be licensed unless it is the waiver participant's home or the home of a relative of specified degree per WAC 388-825-345 (concerning "related" providers that are exempt from licensing);
- (b) The respite care provider cannot be the spouse of the caregiver receiving respite if the spouse and the caregiver reside in the same residence; and
- (c) If the waiver participant receives respite from a provider who requires licensure, the respite care services are limited to those age-specific services contained in the provider's license.
- 5) The caregiver may not provide:
- (a) other DDA services for the individual participant or other persons during her/his respite care hours; or
- (b) DDA paid services to other persons during your respite care hours.
- 6) If the waiver participant's personal care provider is her/his parent, the parent provider will not be paid to provide respite services to any client in the same month that the waiver participant receives respite services.
- 7) If the waiver participant's personal care provider is the parent and the individual lives in the parent's adult family home, the individual may not receive respite.
- 8) DDA may not pay for any fees associated with the respite care; for example, membership fees at a recreational facility, or insurance fees.
- 9) If the waiver participant requires respite care from a licensed practical nurse (LPN) or a registered nurse (RN), services may be authorized as skilled nursing services per WAC 388-845-1700 (concerning what is skilled nursing)using an LPN or RN.

Rates for individual providers and agencies are based upon the rates provided to personal care providers. Rates for community-based settings such as senior centers and summer camps are based upon the rates charged to the public. All payments are made directly from the DDA to the provider of service.

Service <b>D</b>	Delivery Method (check each that applies):
	Participant-directed as specified in Appendix E
	Provider managed whether the service may be provided by (check each that applies):
	Legally Responsible Person
	Relative
<b>~</b>	Legal Guardian
Provider	Specifications:

<b>Provider Category</b>	Provider Type Title
Agency	Child Foster Care Home

Provider Category	Provider Type Title
Agency	Group Care Home
Agency	State Operated Living Alternative (SOLA)
Agency	Community Centers
Agency	Senior Centers
Agency	Parks and Recreation Departments
Agency	Summer Programs
Agency	Adult Day Care Center
Agency	Staffed Residential Home
Agency	Contracted Supported Living
Agency	Home Care Agency
Agency	Home Health Agency
Agency	Child Care Center
Agency	Adult Family Home
Agency	Adult Residential Care
Individual	Individual Provider
Agency	Child Day Care Center
Individual	Individual Provider: For nurse delegated task-Nursing Assistant Certified (NAC)
Agency	Child Foster Group Care

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Respite

## **Provider Category:**

Agency ~

**Provider Type:** 

Child Foster Care Home

### **Provider Qualifications**

**License** (specify):

Chapter 388-148 WAC (DSHS administrative code concerning licensing requirements for child foster homes, staffed residential homes, group care programs/facilities and agencies)

Certificate (specify):

Other Standard (specify):

Contract Standards

### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every 3 years

### **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

**Service Type: Statutory Service** 

**Service Name: Respite** 

## **Provider Category:**

Agency 🗸

### **Provider Type:**

Group Care Home

### **Provider Qualifications**

License (specify):

Chapter 388-78A WAC (DSHS administrative code concerning assisted living licensing rules)

Certificate (specify):

Chapter 388-101 WAC (ALTSA administrative code concerning certified Community residential services and support)

Other Standard (specify):

Contract Standards

#### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every 2 years

## **Appendix C: Participant Services**

### C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Respite

### **Provider Category:**

Agency ~

**Provider Type:** 

State Operated Living Alternative (SOLA)

### **Provider Qualifications**

**License** (specify):

Certificate (specify):

Chapter 388-101 WAC (ALTSA administrative code concerning ceritified community residential services and support)

Other Standard (specify):

Contract Standards

### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every 2 years

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

**Service Type: Statutory Service** 

Service Name: Respite

### **Provider Category:**

Agency 🗸

**Provider Type:** 

Community Centers

**Provider Qualifications** 

License (specify):	
	^
	$\vee$
Certificate (specify):	
Other Standard (specify):	<b>V</b>
Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification: Every 3 years	
Every 5 years	
Annoydiy C. Doutising t Sauviges	
Appendix C: Participant Services  C-1/C-3: Provider Specifications for Service	
C-1/C-3. I Tovider Specifications for Service	
Service Type: Statutory Service	
Service Name: Respite	
Provider Category:	
Agency V	
Provider Type: Senior Centers	
Provider Qualifications	
License (specify):	
(4.23)	^
	$\checkmark$
Certificate (specify):	
	^
	$\vee$
Other Standard (specify):	
Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification: State Operating Agency	
Frequency of Verification:	
Every 3 years	
American dies Co. Deuticies and Commission	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Statutory Service	
Service Name: Respite	
Provider Category:	
Agency V	
Provider Type:	
Parks and Recreation Departments	
Provider Qualifications	
License (specify):	
I .	

Certificate (specify):	
Other Standard (specify):	~
Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification:	
Every 3 years	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Statutory Service Service Name: Respite	
Provider Category:	
Agency V	
Provider Type:	
Summer Programs	
Provider Qualifications	
License (specify):	
Electisc (specyy).	A
	<u> </u>
Certificate (specify):	
Summer Camps	
Other Standard (specify):	
Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification:	
Every 3 years	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Statutory Service	
Service Name: Respite	
Provider Category:	
Agency V	
Provider Type:	
Adult Day Care Center	
Provider Qualifications	
License (specify):	
	^
	$\checkmark$
Certificate (specify):	
	^
Other Standard (specify):	*
- · · · · · · · · · · · · · · · · · · ·	

**Contract Standards** 

**Verification of Provider Qualifications** 

**Entity Responsible for Verification:** 

Stae Operating Agency

**Frequency of Verification:** 

Every 3 years

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service

Service Name: Respite

## **Provider Category:**

Agency >

**Provider Type:** 

Staffed Residential Home

**Provider Qualifications** 

License (specify):

Chapter 388-148 WAC (DSHS administrative code concerning licensing requirements for child foster homes, staffed residential homes, group care programs/facilities and agencies)

Certificate (specify):

Other Standard (specify):

Contract Standards

**Verification of Provider Qualifications** 

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every 3 years

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

**Service Type: Statutory Service** 

**Service Name: Respite** 

### **Provider Category:**

Agency ~

**Provider Type:** 

Contracted Supported Living

**Provider Qualifications** 

License (specify):

Certificate (specify):

Chapter 388-101 WAC (ALTSA administrative code concerning certified community residential services and support)

Other Standard (specify):

Contract Standards

**Verification of Provider Qualifications** 

**Entity Responsible for Verification:** 

State Operating Agency

### Frequency of Verification:

Every 2 years

### **Appendix C: Participant Services**

### C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Respite

### **Provider Category:**

Agency 🗸

Provider Type:

Home Care Agency

### **Provider Qualifications**

License (specify):

Chapter 70.127 RCW (state law concerning licensing of home health, hospice, and home care agencies)

WAC 246-335

Part 1 (REQUIREMENTS FOR IN-HOME SERVICES AGENCIES LICENSED TO PROVIDE HOME HEALTH, HOME CARE, HOSPICE, AND HOSPICE CARE CENTER SERVICES)

WAC 246-335-020 (Department of Health licensing requiremetrs for agencies that provide home health, home care, hospice and hospice care center services)

Certificate (specify):

Other Standard (specify):

WAC 388-71-0500 through WAC 388-71-0556. (DSHS administrative code concerning individual provider and home care agency provider qualifications)

WAC 388-71-05670 through WAC 388-71-05799 (DSHS Administrative code concerning orientation, training and continuing education for individual providers and home care agency providers).

Contract Standards

A home care agency provides nonmedical services and assistance (e.g., respite care) to ill, disabled or vulnerable individuals to enable them to remain in their residence.

### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every 3 years

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Respite

**Provider Category:** 

Agency ~

**Provider Type:** 

Home Health Agency

**Provider Qualifications** 

License	(sne	cifi	,).
License	(DPC)	$v_{ij}$	٠,٠

Chapter 70.127 RCW (state law concerning licensing of home health, hospice, and home care agencies)

WAC 246-335

Part 1

(REQUIREMENTS FOR IN-HOME SERVICES AGENCIES LICENSED TO PROVIDE HOME HEALTH, HOME CARE, HOSPICE, AND HOSPICE CARE CENTER SERVICES)

WAC 246-335-020 (Department of Health licensing requirements for agencies that provide home health, home care, hospice and hospice care center services)

**Certificate** (specify):



### Other Standard (specify):

WAC 388-106-0010 (ALTSA administrative code concerning definitions of long-term care services) WAC 388-71-0515 (ALTSA administrative code concerning the responsibilities of an individual provider or home care agency provider when employed to provide care to a client)

Contract Standards

Home health agency provides medical and nonmedical services to ill, disabled or vulnerable individuals residing in temporary or permanent residences.

### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every 3 years

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

**Service Type: Statutory Service Service Name: Respite** 

### **Provider Category:**

Agency

**Provider Type:** 

Child Care Center

#### **Provider Qualifications**

**License** (specify):

Chapter 388-151 WAC (DSHS administrative code concerning school-age child care center minimum licensing requirements)

**Certificate** (*specify*):

Other Standard (specify):

**Contract Standards** 

### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

Sttate Operating Agency

**Frequency of Verification:** 

Every 3 years

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Respite	
Provider Category:	
Agency V	
Provider Type:	
Adult Family Home	
Provider Qualifications	
License (specify):	
Chapter 388-76 WAC (DSHS administrative code concerning adult family homes minimum	
licensing requirements)	
Certificate (specify):	
Other Standard (specify):	
Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification:	
Every 18 months	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Statutory Service Service Name: Respite	
Provider Category:	
Agency V	
Provider Type:	
Adult Residential Care	
Provider Qualifications	
License (specify):	
Chapter 388-78A WAC (DSHS administrative code concerning assisted living licensing rules)	
Certificate (specify):	
Other Standard (specify):	
Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification:	
Every 18 months	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Statutory Service	
Service Name: Respite	

Provider Category:
Individual ✓  Provider Type:
Individual Provider
Provider Qualifications
License (specify):
Certificate (specify):
Other Standard (specify):
388-825-320 (concerning how someone becomes an individual provider) 388-825-340 (concerning what is required for a provider to provide respite or residential service in their home)
388-825-345 (concerning what "related" providers are exempt from licensing) 388-825-355 (concerning educational requirements for individuals providing respite services) 388-825-325 (concerning required skills and abilities for individuals and agencies contracted to
provide respite care) 388-825-365 (concerning reporting abuse, neglect, exploitation or financial exploitation)
Contract Standards  Verification of Provider Qualifications  Entity Responsible for Verification: State Operating Agency Frequency of Verification: Every 3 years
Appendix C: Participant Services
C-1/C-3: Provider Specifications for Service
Service Type: Statutory Service
Service Name: Respite
Provider Category:
Agency V
Provider Type:
Child Day Care Center  Provider Qualifications
License (specify):
Chapter 388-150 WAC (DSHS administrative code concerning minimum licensing requirements for
child day care centers) Chapter 388-155 WAC (DSHS administrative code concerning minimum licensing requirements for
family child day care homes)
Certificate (specify):
Other Standard (specify):
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification: State Operating Agency
Frequency of Verification:
Every 3 years

## **Appendix C: Participant Services** C-1/C-3: Provider Specifications for Service **Service Type: Statutory Service Service Name: Respite Provider Category:** Individual V **Provider Type:** Individual Provider: For nurse delegated task-Nursing Assistant Certified (NAC) **Provider Qualifications** License (specify): **Certificate** (specify): Chapter 246-841 WAC (Department of Health administrative code concerning nursing assistants) Other Standard (specify): 388-825-320 (concerning how someone becomes an individual provider) 388-825-340 (concerning what is required for a provider to provide respite or residential service in their home) 388-825-345 (concerning what "related" providers are exempt from licensing) 388-825-355 (concerning educational requirements for individuals providing respite services) 388-825-325 (concerning required skills and abilities for individuals and agencies contracted to provide respite care) 388-825-365 (concerning reporting abuse, neglect, exploitation or financial exploitation) Chapter 246-841 WAC (Department of Health administrative code concerning nursing assistants) Contract Standards **Verification of Provider Qualifications Entity Responsible for Verification:** State Operating Agency Frequency of Verification: Every 3 years Appendix C: Participant Services C-1/C-3: Provider Specifications for Service **Service Type: Statutory Service** Service Name: Respite **Provider Category:** Agency **Provider Type:** Child Foster Group Care **Provider Qualifications** License (specify): Chapter 388-148 WAC (DSHS administrative code concerning licensing requirements for child foster homes, staffed residential homes, group residential facilities, and agencies) **Certificate** (specify):

**Other Standard** (specify): Contract Standards

Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:

Every 3 years

## **Appendix C: Participant Services**

## C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:	
Extended State Plan Service	~
Service Title:	
Occupational Therapy	

### **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
	~
Category 2:	Sub-Category 2:
	~
Category 3:	Sub-Category 3:
	~
Category 4:	Sub-Category 4:
	~

### Service Definition (Scope):

Occupational therapy services are available through the waiver when a Medicaid provider is not available in the area in which a child or young adult lives or when the service is not covered due to medical necessity, but is determined necessary for remedial benefit. An example of the need for OT as a waiver service would be to allow the therapy to be provided in the individual's home. State plan services are provided in clinical settings and few providers are willing to come into the home to provide service. Individuals on the waiver often require or benefit more from therapy provided in the home with the inclusion of family members or providers due to high anxiety and challenging behavior that prevents them from accessing the clinical setting. In-home services offer the additional benefits of the natural environment which allows therapy to be incorporated into the individual's regular routine.

This waiver service will in no way impede a child's or young adults access to services to which they are entitled under EPSDT.

Before this therapy is offered as a waiver service, DSHS Form 13-734, Documentation of First Use of Medicaid Benefits, is used to document that clients have first accessed services to which they are entitled through the State Plan (including EPSDT).

State law stipulates that:

"Occupational therapy" is the scientifically based use of purposeful activity with individuals who are limited by physical injury or illness, psychosocial dysfunction, developmental or learning disabilities, or the aging process in order to maximize independence, prevent disability, and maintain health. The practice encompasses evaluation, treatment, and consultation. Specific occupational therapy services include but are not limited to: Using specifically designed activities and exercises to enhance neurodevelopmental, cognitive, perceptual motor, sensory integrative, and psychomotor functioning; administering and interpreting tests such as manual muscle and sensory integration; teaching daily living skills; developing prevocational skills and play and avocational capabilities; designing, fabricating, or applying selected orthotic and prosthetic devices or selected adaptive equipment; and adapting environments for the handicapped. These services are provided individually, in groups, or through social systems. (An example of OT provided through a social system would be therapy provided in the home environment with the involvement of family members or providers. A goal would be to incorporate therapeutic activities into the individuals natural routine.)

### State law stipulates that:

"Occupational Therapy" services must be provided by a person licensed to provide Occupational Therapy in the State of Washington. These requirements are comparable to the qualifications specified in 42 CFR 440.110 (concerning physical therapy, occupational therapy, and services for individuals with speech, hearing and language disorders).

Occupational therapy is covered under the waiver as an extended state plan service.

### Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Occupational therapy is not subject to limits other than the amount determined necessary to meet the needs of the participant. OT will decrease as participant goals are achieved and methods of providing ongoing support through natural routines are determined successful.

- Additional therapy may be authorized as a waiver service only after an individual has accessed what is available to her/him under Medicaid and any other private health insurance plan.
- The department does not pay for treatment determined by DSHS to be experimental;
- The department and the treating professional determine the need for and amount of service an individual can receive:
  - o The department reserves the right to require a second opinion from a department selected provider.
  - o The department will require evidence that the individual has accessed their full benefits through Medicaid and private insurance before authorizing this waiver service.

Unit rates for occupational therapy are negotiated by DDA regional staff on a provider-specific basis. All payments are made directly from the DDA to the provider of service.

Service I	Delivery Method (check each that applies):
	Participant-directed as specified in Appendix E
<b>✓</b>	Provider managed
Specify v	whether the service may be provided by (check each that applies):
	Legally Responsible Person
<b>~</b>	Relative
<b>~</b>	Legal Guardian
Provider	Specifications:

<b>Provider Category</b>	Provider Type Title
Individual	Occupational Therapist
Agency	Occupational Therapist

## Appendix C: Participant Services C-1/C-3: Provider Specifications for Service **Service Type: Extended State Plan Service** Service Name: Occupational Therapy **Provider Category:** Individual > **Provider Type:** Occupational Therapist **Provider Qualifications License** (specify): RCW 18.59.050 (State law concerning licensure requirements for occupatoinal therapists) Chapter 246-847 WAC (DOH administrative code concerning requirements for Occupational Therapists) **Certificate** (specify): Other Standard (specify): RCW 18.59.060 (State law concerning examination requirements for occupational therapists) Contract Standards. **Verification of Provider Qualifications Entity Responsible for Verification:** State Operating Agency **Frequency of Verification:** Every three years Appendix C: Participant Services C-1/C-3: Provider Specifications for Service Service Type: Extended State Plan Service Service Name: Occupational Therapy **Provider Category:** Agency **Provider Type:** Occupational Therapist **Provider Qualifications** License (specify): RCW 18.59.050 (State law concerning licensure requirements for occupational therapists) Chapter 246-847 WAC (DOH administrative code concerning requirements for Occupational Therapists) **Certificate** (specify): Other Standard (specify): RCW 18.59.060 (State law concerning examination requirements for occupational therapists) Contract Standards **Verification of Provider Qualifications Entity Responsible for Verification:** State Operating Agency Frequency of Verification:

Every three years

**HCBS Taxonomy:** 

## **Appendix C: Participant Services**

## C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:	
Extended State Plan Service	~
Service Title:	
Physical Therapy	

Category 1:	Sub-Category 1:
	~
Category 2:	Sub-Category 2:
	~
Category 3:	Sub-Category 3:
	~
Category 4:	Sub-Category 4:
	~

#### **Service Definition** (Scope):

Physical therapy services are available through the waiver when a Medicaid provider is not available in the area in which a child or young adult lives or when the service is not covered due to medical necessity, but is determined necessary for remedial benefit. An example of the need for PT as a waiver service would be to allow the therapy to be provided in the home. State plan services are provided in clinical settings and few providers are willing to come into the home to provide service. Individuals on the waiver often require or benefit more from therapy provided in the home with the inclusion of family members or providers due to high anxiety and challenging behavior that prevents them from accessing the clinical setting. In-home services offer the additional benefits of the natural environment which allows therapy to be incorporated into the individual's regular household routines.

State law stipulates:

"Physical Therapy" means the treatment of any bodily or mental condition of a person by the use of the physical, chemical, or other properties of heat, cold, air, light, water, electricity, sound massage, and therapeutic exercise, which includes posture and rehabilitation procedures; the performance of tests and measurements of neuromuscular function as an aid to the diagnosis or treatment of any human condition; performance of treatments on the basis of test findings after consultation with and periodic review by an authorized health care practitioner.

State law stipulates:

"Physical Therapy" services must be provided by a person licensed to provide this service in the State of Washington. These requirements are comparable to the qualifications specified in 42 CFR 440.110.

Physical therapy is covered under the waiver as an extended state plan service.

### Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Physical therapy is not subject to limits other than the amount determined necessary to meet the needs of the participant. PT will decrease as participant goals are achieved and methods of providing ongoing support through natural routines are determined successful.

- Additional therapy may be authorized as a waiver service only after an individual has accessed what is available to her/him under Medicaid and any other private health insurance plan;
  - The department does not pay for treatment determined by DSHS to be experimental;
  - The department and the treating professional determine the need for and amount of service an individual can receive:
    - o the department reserves the right to require a second opinion from a department-selected provider.
    - o The department will require evidence that the individual has accessed their full benefits through Medicaid and private insurance before authorizing this waiver service.

Unit rates for physical therapy are negotiated by DDA regional staff on a provider-specific basis. All payments are made directly from the DDA to the provider of service.

<b>Service Delivery Method</b>	(check each that applied	s):
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<ul> <li>□ Participant-directed as specified in Appendix E</li> <li>✔ Provider managed</li> </ul>
Specify whether the service may be provided by (check each that applies):
Legally Responsible Person
<b>✓</b> Relative
✓ Legal Guardian
Duavidan Spacifications

#### **Provider Specifications:**

<b>Provider Category</b>	Provider Type Title
Agency	Physical Therapist
Individual	Physical Therapist

### **Appendix C: Participant Services**

### C-1/C-3: Provider Specifications for Service

Service Type: Extended State Plan Service	
Service Name: Physical Therapy	

### **Provider Category:**

Agency ~

**Provider Type:** 

Physical Therapist

**Provider Qualifications** 

License (specify):

RCW 18.74.035 (State law concerning examination for a physical therapy license)

RCW 18.74.040 (State law concerning licensure of physical therapists)

Chapter 246-915 WAC (DOH administrative code concerning requirements for physical therapists) **Certificate** (*specify*):

Other Standard (specify): RCW 18.74.030 (State law concerning minimum qualificiation to apply for licensure as a physical therapist). **Contract Standards Verification of Provider Qualifications Entity Responsible for Verification:** State Operating Agency **Frequency of Verification:** Every three years **Appendix C: Participant Services** C-1/C-3: Provider Specifications for Service **Service Type: Extended State Plan Service** Service Name: Physical Therapy **Provider Category:** Individual > **Provider Type:** Physical Therapist **Provider Qualifications License** (specify): RCW 18.74.035 (State law concerning examination for a physical therapy license) RCW 18.74.040 (State law concerning licensure of physical therapists) Chapter 246-915 WAC (DOH administrative code concerning requirements for physical therapists) **Certificate** (specify): Other Standard (specify):

RCW 18.74.030

(State law concerning minimum qualification to apply for licensure as a physical therapist).

Contract Standards

**Verification of Provider Qualifications** 

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every three years

## **Appendix C: Participant Services**

## C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

**Service Type:** 

Extended State Plan Service >

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Car	rvica	հ Titl	Δ.

Speech, Hearing, and Language Services

### **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
	~
Category 2:	Sub-Category 2:
	~
Category 3:	Sub-Category 3:
	<b>~</b>
Category 4:	Sub-Category 4:
	<b>~</b>

### **Service Definition** (Scope):

Speech, hearing and language services are available through the waiver when a Medicaid provider is not available in the area in which a child or young adult lives or when the service is not covered due to medical necessity, but is determined necessary for remedial benefit. An example of the need for these services as a waiver service would be to allow the therapy to be provided in the individual's home. State plan services are provided in clinical settings and few providers are willing to come into the home to provide service. Individuals on the waiver often require or benefit more from therapy provided in the home with the inclusion of family members or providers due to high anxiety and challenging behavior that prevents them from accessing the clinical setting. In-home services offer the additional benefits of the natural environment which allows therapy to be incorporated into individual regular household routines.

Speech, hearing and language services are services provided to individuals with speech hearing and language disorders by or under the supervision of a speech pathologist or audiologist.

"Speech-language pathology" means the application of principles, methods, and procedures related to the development and disorders, whether of organic or nonorganic origin, that impede oral, pharyngeal, or laryngeal sensorimotor competencies and the normal process of human communication including, but not limited to, disorders and related disorders of speech, articulation, fluency, voice, verbal and written language, auditory comprehension, cognition/communication, and the application of augmentative communication treatment and devices for treatment of such disorders

"Audiology" means the application of principles, methods, and procedures related to hearing and the disorders of hearing and to related language and speech disorders, whether of organic or nonorganic origin, peripheral or central, that impede the normal process of human communication including, but not limited to, disorders of auditory sensitivity, acuity, function, processing, or vestibular function, the application of aural habilitation, rehabilitation, and appropriate devices including fitting and dispensing of hearing instruments, and cerumen management to treat such disorders.

"Speech-language pathology" and "Audiology" services must be provided by a person licensed to provide these services in the State of Washington. These requirements are comparable to the qualifications specified in 42 CFR 440.110 (concerning physical therapy, occupational therapy, and services for individuals with speech, hearing and language disorders).

Speech, hearing and language services are covered under the waiver as an extended state plan service.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Speech, hearing and language services are not subject to limits other than the amount determined necessary to meet the needs of the participant. Speech, hearing and language services will decrease as participant goals are

achieved and methods of providing ongoing support through natural routines are determined successful.

- Additional therapy may be authorized as a waiver service only after an individual has accessed what is available to her/him under Medicaid and any other private health insurance plan;
  - The department does not pay for treatment determined by DSHS to be experimental;
  - The department and the treating professional determine the need for and amount of service an individual can receive:
    - o The department reserves the right to require a second opinion from a department selected provider.
    - o The department will require evidence that the individual has accessed their full benefits through Medicaid and private insurance before authorizing this waiver service.

Unit rates for speech, hearing and language services are negotiated by DDA regional staff on a provider-specific basis. All payments are made directly from the DDA to the provider of service.

	<b>Service Delivery Method</b>	(check each that applies	):
--	--------------------------------	--------------------------	----

	Participant-directed	as	specified	in	Appendix	F
<b>✓</b>	Provider managed					

Specify whether the service may be provided by (check each that applies):

Legally	Responsible	Person
---------	-------------	--------

**✓** Relative

✓ Legal Guardian

### **Provider Specifications:**

<b>Provider Category</b>	Provider Type Title
Agency	Audiologist
Individual	Audiologist
Agency	Speech-Language Pathologist
Individual	Speech-Language Pathologist

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

Service Type: Extended State Plan Service

Service Name: Speech, Hearing, and Language Services

### **Provider Category:**

Agency ~

### **Provider Type:**

Audiologist

### **Provider Qualifications**

License (specify):

RCW 18.35.080 (State law concerning certificates and licensure for speech-language pathologists and audiologists)

Certificate (specify):

WAC 246-828-095 (DOH administrative code concerning audiology minimum standards of practice.)

Other Standard (specify):

RCW 18.35.040

(State law concerning licensure and examination for speech-language pathologists and audiologists)

**Contract Standards** 

### **Verification of Provider Qualifications**

### **Entity Responsible for Verification:**

State Operating Agency

### Frequency of Verification:

Every three years

### **Appendix C: Participant Services**

### C-1/C-3: Provider Specifications for Service

Service Type: Extended State Plan Service

Service Name: Speech, Hearing, and Language Services

### **Provider Category:**

Individual 🗸

### **Provider Type:**

Audiologist

### **Provider Qualifications**

**License** (specify):

RCW 18.35.080 (State law concerning certificates and licensure for speech-language pathologists and audiologists)

Certificate (specify):

WAC 246-828-095 (DOH administrative code concerning audiology minimum standards of practice.)

Other Standard (specify):

RCW 18.35.040

(State law concerning licensure and examination for speech-language pathologists and audiologists)

**Contract Standards** 

### **Verification of Provider Qualifications**

### **Entity Responsible for Verification:**

State Operating Agency

#### **Frequency of Verification:**

Every three years

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

Service Type: Extended State Plan Service

Service Name: Speech, Hearing, and Language Services

### **Provider Category:**

Agency ~

**Provider Type:** 

Speech-Language Pathologist

### **Provider Qualifications**

License (specify):

RCW 18.35.080 (State law concerning certificates and licensure for speech-language patholoigsts and audiologists)

Certificate (specify):

WAC 246-828-105 (DOH administrative code concerning speech-language pathology—minimum standards of practice.)

Other Standard (specify):

RCW 18.35.040

(State law concerning licensure and examination for speech-language pathologists and audiologists)

**Contract Standards** 

### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every three years

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

Service Type: Extended State Plan Service

Service Name: Speech, Hearing, and Language Services

### **Provider Category:**

Individual V

**Provider Type:** 

Speech-Language Pathologist

### **Provider Qualifications**

License (specify):

RCW 18.35.080 (State law concerning certificates and licensure for speech-language pathologists and audiologists)

Certificate (specify):

WAC 246-828-105 (Department of Health-DOH-administrative code concerning ppeech-language pathology—minimum standards of practice.)

Other Standard (specify):

RCW 18.35.040

(State law concerning licensure and examination for speech-language pathologists and audiologists)

**Contract Standards** 

### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every three years

## **Appendix C: Participant Services**

## C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

**Service Type:** 

Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

**Service Title:** 

Behavior Support and Consultation

### **HCBS Taxonomy:**

Category 1:	Sub-Category 1:

Category 2:	Sub-Category 2:
	<b>~</b>
Category 3:	Sub-Category 3:
	~
Category 4:	Sub-Category 4:
	<b>~</b>

### **Service Definition** (Scope):

Behavior support and consultation services provide individualized strategies and supports to promote positive behavior interactions between the individual and their family, friends, community and employer. Individualized behavioral strategies and supports are provided to family and/or providers to promote a consistent and effective ways of interacting and engaging the individual in their environment. Techniques, strategies and supports are implemented to promote effective communication skills and appropriate behaviors of the individual in order to get their needs met.

State regulations stipulate that:

- (1) Behavior support and consultation may be provided to persons on any of the five HCBS waivers and include the development and implementation of programs designed to support waiver participants using:
  - (a) Strategies for effectively relating to caregivers and other people in the waiver participant's life; and
  - (b) Direct interventions with the person to decrease aggressive, destructive, and sexually inappropriate or other behaviors that compromise their ability to remain in the community (i.e., training, specialized cognitive counseling).
- (2) Behavior support and consultation may also be provided as a behavioral health stabilization service.

These services are only covered under the Waiver when they are outside the definition of service available through the Medicaid State Plan and EPSDT or the child does not meet access to care definitions(i.e., via the Regional Support Networks). It is anticipated some Waiver clients will not be eligible for these services under the Medicaid State Plan, since an individual must have a mental health (MH) diagnosis to receive mental health State Plan services. A MH diagnosis is not a requirement for enrollment on the Waiver program.

# Specify applicable (if any) limits on the amount, frequency, or duration of this service: State regulations stipulate that:

- (1) DDA and the treating professional will determine the need and amount of service an individual will receive, subject to the limitations in subsection (2) below.
- (2) DDA reserves the right to require a second opinion from a department selected provider.
- (3) Behavior support and consultation not provided as a behavioral health stabilization service requires prior approval by DDA.

Unit rates are negotiated by DDA regional staff and are provider-specific. All payments are made directly from the DDA to the provider of service.

**Service Delivery Method** (check each that applies):

	Participant-directed	as specified in	Appendix E
<b>~</b>	Provider managed		

Specify whether the service may be provided by (check each that applies):

	<b>Legally Responsible Person</b>
<b>~</b>	Relative
<b>✓</b>	Legal Guardian
Provider	<b>Specifications:</b>

Provider Category	Provider Type Title
Individual	Registered Nurse (RN) or Licensed practical nurse (LPN)
Individual	Social Worker
Individual	Sex Offender Treatment Provider (SOTP)
Individual	Psychologist
Individual	Mental Health Counselor
Individual	Marriage and Family Therapist
Agency	Rehavior Management Agency Provider

Physician Assistant (working under the supervision of a psychiatrist)

Psychiatric Advanced Registered Nurse practitioner (ARNP)

Behavior Management Provider with 5 years of experience serving individuals with developmental

## **Appendix C: Participant Services**

Polygrapher

Psychiatrist

## C-1/C-3: Provider Specifications for Service

**Registered or Certified Counselor** 

**Service Type: Other Service** 

Service Name: Behavior Support and Consultation

### **Provider Category:**

Individual

Individual Individual

Individual

Individual

Individual

Individual 🗸

**Provider Type:** 

Registered Nurse (RN) or Licensed practical nurse (LPN)

### **Provider Qualifications**

**License** (specify):

Chapter 246-840 WAC (DOH administrative code concerning Practical and Registered Nursing)

**Certificate** (specify):

Other Standard (specify):

Contract Standards

### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

**Frequency of Verification:** 

Every 3 years

### **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Behavior Support and Consultation

**Provider Category:** 

Individual V	
Provider Type:	
ovider Type: cial Worker  voider Qualifications  License (specify):  Chapter 246-809 WAC (DOH administrative code concerning licensure for mental health counselors, marriage and family therapists, and social workers)  Certificate (specify):  Other Standard (specify):  Contract Standards  rification of Provider Qualifications  Entity Responsible for Verification: State Operating Agency  Frequency of Verification: Every 3 years  pendix C: Participant Services  C-1/C-3: Provider Specifications for Service  Service Type: Other Service Service Name: Behavior Support and Consultation  ovider Category: dividual  ovider Type: Coffender Treatment Provider (SOTP)  ovider Qualifications  License (specify):  Certificate (specify):  Certificate (specify):  Chapter 246-930 WAC (DOH administrative code concerning requirements for Sex Offender Treatment Providers)  Other Standards  rification of Provider Qualifications  Entity Responsible for Verification:  Entity Responsible for Verification:  Entity Responsible for Verification:  Exercice Name: Behavior Support and Consultation  ovider Category:  C-1/C-3: Provider Specifications for Service  Service Name: Behavior Support and Consultation  ovider Category:	
	$\vee$
- · ·	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Name: Behavior Support and Consultation	
Provider Category:	
Individual V	
Provider Type:	ifications for Service  Consultation  Consultation
Sex Offender Treatment Provider (SOTP)	
· · · · · · · · · · · · · · · · · · ·	
License (specify):	
· · · · · · · · · · · · · · · · · · ·	
Verification of Provider Qualifications	
· ·	
- · ·	
Every 3 years	
Annondiv C. Participant Sarvices	
**	
C-1/C-3: Provider Specifications for Service	
Service Name: Behavior Support and Consultation	
Provider Category:	
Individual V	
Provider Type:	
Psychologist	
Provider Qualifications	

**License** (specify):

Chapter 246-924 WAC (DOH administrative code concerning requirements for psychologists)

Certificate (specify):

Other Standard (specify):

**Contract Standards** 

**Verification of Provider Qualifications** 

**Entity Responsible for Verification:** 

State Operating Agency

**Frequency of Verification:** 

Every 3 years

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Behavior Support and Consultation

### **Provider Category:**

Individual 🗸

**Provider Type:** 

Mental Health Counselor

### **Provider Qualifications**

**License** (specify):

Chapter 246-809 WAC (DOH administrative code concerning licensure for mental health counselors, marriage and family therapists, and social workers)

Certificate (specify):

Other Standard (specify):

Contract Standards

### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

**Frequency of Verification:** 

Every 3 years

### **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Behavior Support and Consultation

### **Provider Category:**

Individual 🗸

**Provider Type:** 

Marriage and Family Therapist

## **Provider Qualifications**

**License** (specify):

Chapter 246-809 WAC (DOH administrative code concerning licensure

for mental health counselors, marriage and family therapists, and social workers)

**Certificate** (*specify*):

Other Standard (specify):	V
Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency Frequency of Verification:	
Every 3 years	
Elely 5 years	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Other Service	
Service Type: Other Service Service Name: Behavior Support and Consultation	
Provider Category:	
Agency V	
Provider Type:	
Behavior Management Agency Provider	
Provider Qualifications  License (specify):	
License (specify).	^
Certificate (specify):	
	$\vee$
Other Standard (specify):  An agency could employee any of the provider types listed above and the employee.	vees must meet the
qualifications listed.	yees must meet the
Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency Frequency of Verification:	
Every 3 years	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Other Service	
Service Name: Behavior Support and Consultation	
Provider Category:	
Individual V	
Provider Type:	
Polygrapher Provider Qualifications	
License (specify):	
	^
	$\vee$
Certificate (specify):	

Other Standard (specify):	
Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification: Every 3 years	
Every 5 years	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Other Service	
Service Name: Behavior Support and Consultation	
Provider Category:	
Individual ✓	
Provider Type:	
Behavior Management Provider with 5 years of experience serving individuals with developmental disabilities	
Provider Qualifications	
License (specify):	
	~
Certificate (specify):	
Other Standard (specify):	
Five years experience serving individuals with Developmental Disabilities.	
Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency Frequency of Verification:	
Every 3 years	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Other Service	
Service Name: Behavior Support and Consultation	
Provider Category:	
Individual V	
Provider Type:	
Physician Assistant (working under the supervision of a psychiatrist)	
Provider Qualifications License (specific):	
License (specify): Chapter 18.71A RCW (State law concerning Physician Assistants)	
Certificate (specify):	

	^
Other Standard (specify):	
Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency Frequency of Verification:	
Every 3 years	
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Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Other Service Service Name: Behavior Support and Consultation	
Provider Category: Individual	
Provider Type:	
Registered or Certified Counselor	
Provider Qualifications	
License (specify):	
Chapter 246-810 WAC (DOH administrative code concerning requirements for counselors <b>Certificate</b> ( <i>specify</i> ):	s)
Chapter 246-810 WAC (DOH administrative code concerning requirements for counselors	s)
Other Standard (specify):	-)
Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification: State Operating Agency	
Frequency of Verification:	
Every 3 years	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Other Service Service Name: Behavior Support and Consultation	
Provider Category:	
Individual >	
Provider Type:	
Psychiatrist Provider Qualifications	
License (specify):	
Chapter 18.71 RCW (State law concerning physicians)	
Certificate (specify):	
Other Standard (specify):	
Contract Standards	
Verification of Provider Qualifications Entity Responsible for Verification:	
State Operating Agency	

Frequency of Verification:
Every 3 years

Appendix C: Participant Services	
C-1/C-3: Provider Spec	cifications for Service
Service Type: Other Service Service Name: Behavior Support and (	Consultation
Provider Category:	
Individual V	
Provider Type:	itioner (ADND)
Psychiatric Advanced Registered Nurse practi  Provider Qualifications	HOHEI (ARINF)
License (specify):	
	Advanced registered nursing practice" and exceptions)
Certificate (specify):	A
Other Standard (specify):	▼
Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification: State Operating Agency	
Frequency of Verification:	
Every 3 years	
Appendix C: Participant Services	
C-1/C-3: Service Specifi	ïcation
State laws, regulations and policies referenced hrough the Medicaid agency or the operating Service Type:	I in the specification are readily available to CMS upon request agency (if applicable).
Other Service	
	ate requests the authority to provide the following additional
ervice not specified in statute.	and requests the dutilerity to provide the removing additional
Service Title:	
Behavioral Health Stabilization Services-Beha	avior Support and Consultation
HCBS Taxonomy:	
Category 1:	Sub-Category 1:
Category 2:	Sub-Category 2:

Category 3:	Sub-Category 3:
	~
Category 4:	Sub-Category 4:
	<b>~</b>

**Service Definition** (Scope):

Behavioral health stabilization services assist persons who are experiencing a behavioral health crisis. These services are available to individuals determined by behavioral health professionals or DDA to be at risk of institutionalization in a psychiatric hospital without (one or more of) the following services:

- \*Behavioral health crisis diversion bed services
- \*Behavior support and consultation
- \*Specialized psychiatric services

### Behavior support and Consultation:

- (1) Includes the development and implementation of programs designed to support waiver participants using:
  - a) Strategies for effectively relating to caregivers and other people in the waiver participant's life; and
  - b) Direct interventions with the person to decrease aggressive, destructive, and sexually inappropriate or other behaviors that compromise their ability to remain in the community (i.e., training, specialized cognitive counseling).

These services are provided to individuals who are experiencing a behavioral health crisis that overwhelms their family and current providers, placing them at risk of psychiatric hospitalization. Once the crisis situation is resolved and the individual is stabilized, behavior support and consultation as a component of behavioral health crisis stabilization services is terminated. Any need for ongoing behavior support and consultation is met under the stand-alone behavior support and consultation service category.

These services are only covered under the Core Waiver when they are outside the definition of service available through the Medicaid State Plan and EPSDT or the child does not meet access to care definitions (i.e., via the Regional Support Networks). It is anticipated some Core Waiver clients will not be eligible for these services under the Medicaid State Plan, since an individual must have a mental health (MH) diagnosis to receive mental health State Plan services. A MH diagnosis is not a requirement for enrollment on the Core Waiver.

DDA works closely with the Behavioral Health and Service Integration Administration (BHSIA) to prevent duplication of RSN/State Plan MH Services. DSHS's expectation is that any DDA eligible client who meets the DBHR access to care and medical necessity standards will receive mental health services through Regional Support Networks (RSNs) or Prepaid Inpatient Health Plans (PIHP). Individuals that do not meet access to care or medical necessity standards for the service type may be served under the crisis prevention and intervention contracts.

Most Medicaid mental health services in Washington are provided through a 1915-B waiver, which clarifies Access to Care criteria for those individuals needing more intensive mental health supports. Community mental health services through the waiver are provided through Regional Support Networks, which carry out the contracting for local mental health care. Access to Care criteria excludes the DSM diagnoses classes that include mental retardation; learning, motor skills and communication disorders; and pervasive developmental disorders. Individuals with primary diagnoses and functional impairments that are only a result of these diagnoses are not eligible for mental health waiver services. As a result, individuals with these issues must display an additional covered diagnosis in order to be served through the mental health system, must be able to benefit from the intervention, and their unmet needs cannot be met more appropriately by another formal or informal system, such as the Developmental Disabilities Administration or community natural supports.

## Specify applicable (if any) limits on the amount, frequency, or duration of this service:

- Behavioral health stabilization services are intermittent and temporary.
- The duration and amount of services needed to stabilize the individual in crisis is determined by a mental health professional and/or DDA.

• Behavioral health stabilization services require prior approval by DDA or its designee.

Rates for privately contracted behavior support and consultation as a component of behavioral health stabilization services are negotiated by DDA regional staff with the Regional Support Network (RSN) and/or individual providers. Payments are made from DDA to the RSN or individual provider of service.

Rates for state-staffed behavior support and consultation as a component of behavioral health stabilization services are established on a prospective basis by the ALTSA/DDA cost reimbursement section.

Service I	Delivery Method (check each that applies):
	Participant-directed as specified in Appendix E
<b>✓</b>	Provider managed
Specify v	whether the service may be provided by (check each that applies):
	Legally Responsible Person
<b>~</b>	Relative
<b>~</b>	Legal Guardian

## **Provider Specifications:**

Provider Category	Provider Type Title
Individual	Psychologist
Individual	Polygrapher
Individual	Sex Offender Treatment Provider
Individual	Behavior Support Provider with 5 years of experience serving individuals with developmental disabilities
Individual	Marriage and Family Therapist
Individual	Physician Assistant working under the supervision of a psychiatrist
Individual	Mental Health Counselor
Individual	Registered or certified counselor
Individual	Psychiatrist
Agency	Behavior Support and Consultation (State-Operated)
Individual	Psychiatric Advanced Registered Nurse Practitioner (ARNP)
Individual	Social Worker
Individual	Regsitered Nurse (RN) or Licensed Practical Nurse (LPN)
Agency	Behavior Support and Consultation (Privately Contracted)

# **Appendix C: Participant Services**

C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Behavioral Health Stabilization Services-Behavior Support and Consultation

**Provider Category:** 

Individual >

**Provider Type:** 

Psychologist

**Provider Qualifications** 

License (specify):

Chapter 246-924 WAC (DOH administrative code concerning requirements for psychologists)

**Certificate** (specify):

Other Standard (specify):	
Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification:	
Every 3 years	
A I' C. D. A'' A C	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Other Service	
Service Name: Behavioral Health Stabilization Services-Behavior Support and Consultation	on
Provider Category:	
Individual V	
Provider Type:	
Polygrapher	
Provider Qualifications	
License (specify):	
Certificate (specify):	
Other Standard (if.)	
Other Standard (specify): Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification:	
Every 3 years	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Other Service	
Service Name: Behavioral Health Stabilization Services-Behavior Support and Consultation	on
Provider Category:	
Individual V	
Provider Type:	
Sex Offender Treatment Provider	
Provider Qualifications	
License (specify):	
Certificate (specify):  Chapter 246, 020 WAC (DOIL administrative and concerning requirements for Say Offender	
Chapter 246-930 WAC (DOH administrative code concerning requirements for Sex Offender Treatment Provider)	
Other Standard (specify):	
omer seminar a (specify).	

**Contract Standards** 

### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

**Frequency of Verification:** 

Every 3 years

Appendix C:	<b>Participa</b>	int Services
-------------	------------------	--------------

# C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Behavioral Health Stabilization Services-Behavior Support and Consultation

## **Provider Category:**

Individual >

**Provider Type:** 

Behavior Support Provider with 5 years of experience serving individuals with developmental disabilities

## **Provider Qualifications**

**License** (specify):

Certificate (specify):

Other Standard (specify):

Five years experience serving individuals with Developmental Disabilities.

Contract Standards

## **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every 3 years

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Behavioral Health Stabilization Services-Behavior Support and Consultation

## **Provider Category:**

Individual 🗸

**Provider Type:** 

Marriage and Family Therapist

### **Provider Qualifications**

License (specify):

Chapter 246-809 WAC (DOH administrative code concerning licensure for mental health counselors, marriage and family therapists, and social workers)

**Certificate** (specify):

Other Standard (specify):

Contract Standards

**Verification of Provider Qualifications** 

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every 3 years

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Behavioral Health Stabilization Services-Behavior Support and Consultation

## **Provider Category:**

Individual V

**Provider Type:** 

Physician Assistant working under the supervision of a psychiatrist

**Provider Qualifications** 

**License** (specify):

Chapter 18.71A RCW (State law concerning requirements for Physician Assistants)

**Certificate** (*specify*):

Other Standard (specify):

Contract Standards

**Verification of Provider Qualifications** 

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every 3 years

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Behavioral Health Stabilization Services-Behavior Support and Consultation

## **Provider Category:**

Individual >

**Provider Type:** 

Mental Health Counselor

### **Provider Qualifications**

**License** (specify):

Chapter 246-809 WAC (DOH administrative code concerning licensure

for mental health counselors, marriage and family therapists, and social workers)

**Certificate** (specify):

Other Standard (specify):

Contract Standards

## **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every 3 years

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Behavioral Health Stabilization Services-Behavior Support and Consultation

### **Provider Category:**

Individual >

# **Provider Type:**

Registered or certified counselor

### **Provider Qualifications**

**License** (specify):

Chapter 246-810 WAC (DOH administrative code concerning requirements for counselors)

**Certificate** (*specify*):

Chapter 246-810 WAC (DOH administrative code concerning requirements for counselors)

Other Standard (specify):

Contract Standards

## **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

**Frequency of Verification:** 

Every 3 years

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Behavioral Health Stabilization Services-Behavior Support and Consultation

### **Provider Category:**

Individual 🗸

## **Provider Type:**

**Psychiatrist** 

### **Provider Qualifications**

**License** (specify):

Chapter 18.71 RCW (DOH administrative code concerning requirements for Physicians)

Certificate (specify):

Other Standard (specify):

Contract Standards

### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every 3 years

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Behavioral Health Stabilization Services-Behavior Support and Consultation

**Provider Category:** 

Agency ~	
Provider Type:	
Behavior Support and Consultation (State-Operated)  Provider Qualifications	
License (specify):	
Certificate (specify):	7
Other Standard (specify):	
An agency could employ any of the provider types listed and the employees must meet the	
qualifications listed.	
Verification of Provider Qualifications	
Entity Responsible for Verification: State Operating Agency	
Frequency of Verification:	
Every 3 years.	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
	_
Service Type: Other Service Service Name: Behavioral Health Stabilization Services-Behavior Support and Consultation	_
Provider Category:	
Individual V	
Provider Type:	
Psychiatric Advanced Registered Nurse Practitioner (ARNP)  Provider Qualifications	
License (specify):	
RCW 18.79.050 (State law concerning "Advanced registered nursing practice" and exceptions)	
Certificate (specify):	_
^	
Other Standard (specify):	
Contract Standards Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification:	
Every 3 years	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	_
C-1/C-3. I Tovider Specifications for Service	
Service Type: Other Service	_
Service Name: Behavioral Health Stabilization Services-Behavior Support and Consultation	_
Provider Category:	
Individual V	
Provider Type:	
Social Worker Provider Qualifications	
LIUVIUGI VIIIAUIRAIURA	

License (specify):
Chapter 246-809 WAC (DOH administrative code concerning licensure for mental health counselors, marriage and family therapists, and social workers)
Certificate (specify):
Other Standard (specify):
Contract Standards
Verification of Provider Qualifications Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years
Appendix C: Participant Services
C-1/C-3: Provider Specifications for Service
C-1/C-3. I Tovider Specifications for Service
Service Type: Other Service Service Name: Behavioral Health Stabilization Services-Behavior Support and Consultation
Provider Category:
Individual V
Provider Type:
Regsitered Nurse (RN) or Licensed Practical Nurse (LPN)
Provider Qualifications License (specify):
Chapter 246-840 WAC (DOH administrative code concerning requirements for Practical and
Registered Nursing)
Certificate (specify):
Other Standard (specify):
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification: State Operating Agency
Frequency of Verification:
Every 3 years
Appendix C: Participant Services
C-1/C-3: Provider Specifications for Service
Service Type: Other Service
Service Name: Behavioral Health Stabilization Services-Behavior Support and Consultation
Provider Category:
Agency V
Provider Type: Behavior Support and Consultation (Privately Contracted)
Provider Qualifications
License (specify):
Certificate (specify):

	^
	V

## Other Standard (specify):

An agency could employee any of the provider types listed above and the employees must meet the qualifications listed.

**Contract Standards** 

### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

**Frequency of Verification:** 

Every 3 years

# **Appendix C: Participant Services**

# C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:

Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

### **Service Title:**

Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services

### **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
	~
Category 2:	Sub-Category 2:
	~
Category 3:	Sub-Category 3:
	~
Category 4:	Sub-Category 4:
	~

## Service Definition (Scope):

Behavioral health stabilization services assist persons who are experiencing a behavioral health crisis. These services are available to individuals determined by behavioral health professionals or DDA to be at risk of institutionalization in a psychiatric hospital without (one or more of) the following services:

- \*Behavioral health crisis diversion bed services
- \*Behavior support and consultation
- \*Specialized psychiatric services

Behavioral health crisis diversion bed services:

Are temporary residential and behavioral services that may be provided in a client's home or licensed or certified setting or a setting staffed and operated by state employees. These services are available to eligible clients who are at risk of serious decline of mental functioning and who have been determined to be at risk of psychiatric hospitalization. These services also provide respite to the primary caregiver to promote the client's return to her/his home.

These services are only covered under the Waiver when they are outside the definition of service available through the Medicaid State Plan and EPSDT or the child does not meet access to care definitions (i.e., via the Regional Support Networks). It is anticipated some Waiver clients will not be eligible for these services under the Medicaid State Plan, since an individual must have a mental health (MH) diagnosis to receive mental health State Plan services. A MH diagnosis is not a requirement for enrollment on the Waiver.

DDA works closely with the Behavioral Health and Service Integration Administration (BHSIA) to prevent duplication of RSN/State Plan MH Services. DSHS's expectation is that any DDA eligible client who meets the BHSIA access to care and medical necessity standards will receive mental health services through Regional Support Networks (RSNs) or Prepaid Inpatient Health Plans (PIHP). Individuals that do not meet access to care or medical necessity standards for the service type may be served under the crisis prevention and intervention contracts.

Most Medicaid mental health services in Washington are provided through a 1915-B waiver, which clarifies Access to Care criteria for those individuals needing more intensive mental health supports. Community mental health services through the waiver are provided through Regional Support Networks, which carry out the contracting for local mental health care. Access to Care criteria excludes the DSM diagnoses classes that include mental retardation; learning, motor skills and communication disorders; and pervasive developmental disorders. Individuals with primary diagnoses and functional impairments that are only a result of these diagnoses are not eligible for mental health waiver services. As a result, individuals with these issues must display an additional covered diagnosis in order to be served through the mental health system, must be able to benefit from the intervention, and their unmet needs cannot be met more appropriately by another formal or informal system, such as the Developmental Disabilities Administration or community natural supports.

### Specify applicable (if any) limits on the amount, frequency, or duration of this service:

- Behavioral health stabilization services are intermittent and short-term.
- The duration and amount of services needed to stabilize the individual in crisis is determined by a mental health professional and/or DDA.
- Behavioral health stabilization services require prior approval by DDA or its designee.

"Short-term" reflects the fact that these services are not provided on an on-going basis. However, there is no pre-determined limit on the duration of these services. They are provided to individuals who are experiencing a behavioral health crisis and are at risk of psychiatric hospitalization. Once the crisis situation is resolved and the individual is stabilized, behavioral health crisis stabilization services will be terminated. Any ongoing need for behavior support and consultation will be met under the stand-alone behavior support and consultation services category.

Rates for privately contracted behavioral health crisis diversion bed services as a component of behavioral health stabilization services are negotiated by DDA regional staff with the Regional Support Network (RSN) and/or individual providers. Payments are made from the DDA to the RSN or individual provider of service.

Rates for state-staffed behavioral health crisis diversion bed services as a component of behavioral health stabilization services are established on a prospective basis by the ALTSA/DDA cost reimbursement section. At the close of each year, a settlement calculation is prepared to recover additional federal funds, or to pay back funds previously received.

Service I	Delivery Method (check each that applies):
	Participant-directed as specified in Appendix E

**✓** Provider managed

Specify whether the service may be provided by (check each that applies):

rovider Specific	ations:
Provider Category	Provider Type Title
Agency	Behavioral Health Stabilization-Behavioral Health Crisis Diversion Bed Services (State-Operated
Agency	Behavioral Health Stabilization-Behavioral Health Crisis Diversion Bed Services (Other department licensed or certified agencies)
Agency	Behavioral Health Stabilization-Behavioral Health Cirisis Diversion Bed Services (Supported LiviAgency)
appendix C:	Participant Services
C-	1/C-3: Provider Specifications for Service
	e: Other Service ne: Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed
rovider Catego	ry:
gency 🗸	
rovider Type:	
	Stabilization-Behavioral Health Crisis Diversion Bed Services (State-Operated)
ovider Qualifi License (spe	
License (spe	ctyy).
	<b>∨</b>
Services (RC of Social and	specify): behavioral health crisis diversion bed service providers are certified by Residental Care S) of the Aging and Long-Term Support Administration (ALTSA) with the Department Health Services (DSHS). lard (specify):
	\ 1 \ 33/
anification of D	wasiday Ovalifications
	rovider Qualifications onsible for Verification:
State Operati	
	f Verification:
Every 2 year	S.
appendix C:	Participant Services
C-	1/C-3: Provider Specifications for Service
• •	e: Other Service ne: Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed
rovider Catego	ry:
rovider Type:	
	Stabilization-Behavioral Health Crisis Diversion Bed Services (Other department-

licensed or certified agencies) **Provider Qualifications** 

License (specify):	
Certificate (specify): Chapter 388-101 WAC (ALTSA administrative code concerning requirements for	Certified
Community residential services and support)  Other Standard (specify):	
Contract Standards  [erification of Provider Qualifications]	
Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification:  Every year	
2.01, your	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Other Service	
Service Name: Behavioral Health Stabilization Services-Behavioral Health Cr Services	isis Diversion Bed
rovider Category:	
Agency	
<b>Provider Type:</b> Behavioral Health Stabilization-Behavioral Health Cirisis Diversion Bed Services (Supp	oorted Living
gency)	rorted Erving
rovider Qualifications	
License (specify):	A
Certificate (specify):	
Chapter 388-101 WAC (ALTSA administrative code concerning certified commun services and Support)	ity residential
Other Standard (specify):	
DDA Policy 15.04 (concerning standards for community protection residential servential servential) only if they serve CP clients).	rices, applicable
Contract Standards	
Verification of Provider Qualifications Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification:	
Every two years	
Appendix C: Participant Services	
C-1/C-3: Service Specification	
state laws, regulations and policies referenced in the specification are readily available to brough the Medicaid agency or the operating agency (if applicable).	o CMS upon request
ervice Type:	
Other Service	

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

### **Service Title:**

Behavioral Health Stabilization Services-Specialized Psychiatric Services

## **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
	~
Category 2:	Sub-Category 2:
	~
Category 3:	Sub-Category 3:
	~
Category 4:	Sub-Category 4:
	<b>~</b>

## **Service Definition** (Scope):

Behavioral health stabilization services assist persons who are experiencing a mental health crisis. These services are available to individuals determined by behavioral health professionals or DDA to be at risk of institutionalization in a psychiatric hospital without (one or more of) the following services:

- \*Behavioral health crisis diversion bed services
- \*Behavior support and consultation
- \*Specialized psychiatric services

### Specialized psychiatric services:

- (1) Are specific to the individual needs of persons with developmental disabilities who are experiencing mental health symptoms.
- (2) May be any of the following:
  - a) Psychiatric evaluation,
  - b) Medication evaluation and monitoring,
  - c) Psychiatric consultation.

These services are only covered under the Waiver when they are outside the definition of service available through the Medicaid State Plan and EPSDT or the child does not meet access to care definitions (i.e., via the Regional Support Networks). It is anticipated some Waiver clients will not be eligible for these services under the Medicaid State Plan, since an individual must have a mental health (MH) diagnosis to receive mental health State Plan services. A MH diagnosis is not a requirement for enrollment on the Waiver.

DDA works closely with the Behavioral Health and Service Integration Administration (BHSIA) to prevent duplication of RSN/State Plan MH Services. DSHS's expectation is that any DDA eligible client who meets the BHSIA access to care and medical necessity standards will receive mental health services through Regional Support Networks (RSNs) or Prepaid Inpatient Health Plans (PIHP). Individuals that do not meet access to care or medical necessity standards for the service type may be served under the crisis prevention and intervention contracts.

Most Medicaid mental health services in Washington are provided through a 1915-B waiver, which clarifies Access to Care criteria for those individuals needing more intensive mental health supports. Community mental health services through the waiver are provided through Regional Support Networks, which carry out the contracting for local mental health care. Access to Care criteria excludes the DSM diagnoses classes that include mental retardation; learning, motor skills and communication disorders; and pervasive developmental

disorders. Individuals with primary diagnoses and functional impairments that are only a result of these diagnoses are not eligible for mental health waiver services. As a result, individuals with these issues must display an additional covered diagnosis in order to be served through the mental health system, must be able to benefit from the intervention, and their unmet needs cannot be met more appropriately by another formal or informal system, such as the Developmental Disabilities Administration or community natural supports.

## Specify applicable (if any) limits on the amount, frequency, or duration of this service:

- Behavioral health stabilization services are intermittent and short-term.
- The duration and amount of services needed to stabilize the individual in crisis is determined by a mental health professional and/or DDA.
- Behavioral health stabilization services require prior approval by DDA or its designee.

There is no pre-determined limit to the duration of these services. However, they are not provided on an ongoing basis. They are provided to individuals who are experiencing a behavioral health crisis and are at risk of psychiatric hospitalization. Once the crisis situation is resolved and the individual is stabilized, behavioral health crisis stabilization services will be terminated. Any ongoing need for specialized psychiatric services will be met under the stand-alone specialized psychiatric services category.

Rates for specialized psychiatric services as a component of behavioral health stabilization services are negotiated by DDA regional staff with the Regional Support Network (RSN) and/or individual providers. Payments are made from the DDA to the RSN or individual provider of service.

Service Delivery Method (check each that applies):	
<ul> <li>□ Participant-directed as specified in Appendix E</li> <li>✓ Provider managed</li> </ul>	
specify whether the service may be provided by (check each that applies,	):
☐ Legally Responsible Person	
<b>✓</b> Relative	
✓ Legal Guardian	

# **Provider Specifications:**

<b>Provider Category</b>	Provider Type Title
Agency	Psychiatrist
Agency	Physician Assistant
Individual	Psychiatrist
Agency	Advanced Registered Nurse Practitioner
Individual	Physician Assistant
Individual	Advanced Registered Nurse Practitioner

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Behavioral Health Stabilization Services-Specialized Psychiatric Services

## **Provider Category:**

Agency 🗸

**Provider Type:** Psychiatrist

**Provider Qualifications** 

License (specify):

Chapter 18.71 RCW (State law concerning requirements for Physicians)

**Certificate** (*specify*):

Other Standard (specify):	
Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification:	
Every 3 years	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Other Service Service Name: Behavioral Health Stabilization Services-Specialized Psychiatric Services	
Provider Category:	
Agency V	
Provider Type: Physician Assistant	
Provider Qualifications	
License (specify):	
Chapter 18.71A RCW (State law concerning requirements for Physici	
Certificate (specify):	
Other Standard (specify):	
Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification:	
Every 3 years	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Other Service	
Service Name: Behavioral Health Stabilization Services-Specialized Psychiatric Services	
Provider Category:	
Individual ✓	
Provider Type:	
Psychiatrist	
Provider Qualifications	
License (specify):	
Chapter 18.71 RCW (State law concerning requirements for Physicians)	
Certificate (specify):	
	V
Other Standard (specify):	
Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	

State Operating Agency Frequency of Verification:

Every 3 years

# **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Behavioral Health Stabilization Services-Specialized Psychiatric Services

## **Provider Category:**

Agency

## **Provider Type:**

Advanced Registered Nurse Practitioner

### **Provider Qualifications**

License (specify):

RCW 18.79.050 (State law concerning "Advanced registered nursing practice" and exceptions)

Certificate (specify):

Other Standard (specify):

**Contract Standards** 

## Verification of Provider Qualifications

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every 3 years

# **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Behavioral Health Stabilization Services-Specialized Psychiatric Services

### **Provider Category:**

Individual 🗸

### **Provider Type:**

Physician Assistant

## **Provider Qualifications**

License (specify):

Chapter 18.71A RCW (State law concerning requirements for Physician Assistants)

**Certificate** (*specify*):

Other Standard (specify):

Contract Standards

## **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every 3 years

# **Appendix C: Participant Services**

# C-1/C-3: Provider Specifications for Service

Service Type: Other Service Service Name: Behavioral Health	h Stabilization Services-Specialized Psychiatric Services
Provider Category:	
Individual 🗸	
Provider Type:	
Advanced Registered Nurse Practitioner	C
Provider Qualifications License (specify):	
	ning "Advanced registered nursing practice" and exceptions)
Certificate (specify).	
Other Standard (specify):	¥
Contract Standards	
Verification of Provider Qualification	ıs
Entity Responsible for Verification	
State Operating Agency	
Frequency of Verification:	
Every 3 years	
	•
Appendix C: Participant Serv	vices
C-1/C-3: Service Sp	pecification
through the Medicaid agency or the oper Service Type:  Other Service	renced in the specification are readily available to CMS upon request rating agency (if applicable).  the State requests the authority to provide the following additional
Service Title:	
Community Guide	
HCBS Taxonomy:	
Category 1:	Sub-Category 1:
Category 2:	Sub-Category 2:
Category 2:	Sub-Category 2:
L	
Category 3:	Sub-Category 3:
Category 3.	Sub-Category 3.
Category 4:	Sub-Category 4:
Category 4.	Sub-Category 4.

Service Definition (Scope):
Community guide service increases access to informal community supports. Services are short term and designed to develop creative, flexible and supportive community resources for individuals with developmenta disabilities.
<ul> <li>Specify applicable (if any) limits on the amount, frequency, or duration of this service:</li> <li>An individual may not receive community guide services if they are receiving residential habilitation services.</li> </ul>
The hourly rate is standardized based upon negotiations with providers. All payments are made directly from the DDA to the provider of service.
Service Delivery Method (check each that applies):
<ul> <li>□ Participant-directed as specified in Appendix E</li> <li>✓ Provider managed</li> </ul>
Specify whether the service may be provided by (check each that applies):
☐ Legally Responsible Person
✓ Relative
✓ Legal Guardian
Provider Specifications:
·
Provider Category Provider Type Title
Agency Community Guide Individual Community Guide
Individual Community Guide
Appendix C: Participant Services
**
C-1/C-3: Provider Specifications for Service
Service Type: Other Service
Service Name: Community Guide
Provider Category:
Agency V
Provider Type:
Community Guide
Provider Qualifications
License (specify):
Certificate (specify):
(specify).
$\sim$
Other Standard (specify):
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification: State Operating Agency
Frequency of Verification:
Every 3 years
Annendix C. Particinant Services

# C-1/C-3: Provider Specifications for Service

Service Type: Other Service Service Name: Community Guide	
Provider Category:	
Individual V	
Provider Type:	
Community Guide	
Provider Qualifications	
License (specify):	
	^
	$\checkmark$
Certificate (specify):	
Other Standard (specify):	<u> </u>
Contract Standards	
Verification of Provider Qualifications	
<b>Entity Responsible for Verification:</b>	
State Operating Agency	
Frequency of Verification: Every 3 years	
Livery 5 years	
Appendix C: Participant Service	es
Appendix C: Participant Service C-1/C-3: Service Spec	
C-1/C-3: Service Spectate laws, regulations and policies reference arough the Medicaid agency or the operation bervice Type:  Other Service  As provided in 42 CFR §440.180(b)(9), the ervice not specified in statute.	cification  teed in the specification are readily available to CMS upon request
C-1/C-3: Service Spec State laws, regulations and policies reference through the Medicaid agency or the operation Service Type:	ced in the specification are readily available to CMS upon requesting agency (if applicable).
C-1/C-3: Service Spectate laws, regulations and policies reference through the Medicaid agency or the operation of the Service Type:  Other Service  As provided in 42 CFR §440.180(b)(9), the ervice not specified in statute.  Service Title: Community Transition	ced in the specification are readily available to CMS upon requesting agency (if applicable).
C-1/C-3: Service Spectitate laws, regulations and policies reference through the Medicaid agency or the operation of the Service Type:  Other Service As provided in 42 CFR §440.180(b)(9), the ervice not specified in statute.  Service Title: Community Transition  HCBS Taxonomy:	ced in the specification are readily available to CMS upon requesting agency (if applicable).  State requests the authority to provide the following additional
C-1/C-3: Service Spectate laws, regulations and policies reference hrough the Medicaid agency or the operating Service Type:  Other Service  As provided in 42 CFR §440.180(b)(9), the ervice not specified in statute.  Service Title:  Community Transition  HCBS Taxonomy:  Category 1:	ced in the specification are readily available to CMS upon requesting agency (if applicable).  State requests the authority to provide the following additional  Sub-Category 1:
C-1/C-3: Service Spectitate laws, regulations and policies reference through the Medicaid agency or the operation of the Service Type:  Other Service As provided in 42 CFR §440.180(b)(9), the ervice not specified in statute.  Service Title: Community Transition  HCBS Taxonomy:	ced in the specification are readily available to CMS upon requesting agency (if applicable).  State requests the authority to provide the following additional
C-1/C-3: Service Spectate laws, regulations and policies reference for the Medicaid agency or the operation of the Medicaid agency or the operation of the Service Type:  Other Service As provided in 42 CFR §440.180(b)(9), the service not specified in statute.  Service Title: Community Transition  ICBS Taxonomy:  Category 1:	ced in the specification are readily available to CMS upon requesting agency (if applicable).  State requests the authority to provide the following additional  Sub-Category 1:
C-1/C-3: Service Spectate laws, regulations and policies reference having the Medicaid agency or the operation of the Service Type:  Other Service As provided in 42 CFR §440.180(b)(9), the ervice not specified in statute.  Service Title: Community Transition  ICBS Taxonomy:  Category 1:	ced in the specification are readily available to CMS upon requesting agency (if applicable).  State requests the authority to provide the following additional  Sub-Category 1:
C-1/C-3: Service Spectate laws, regulations and policies reference for the Medicaid agency or the operation of the Medicaid agency or the operation of the Service Type:  Other Service As provided in 42 CFR §440.180(b)(9), the service not specified in statute.  Service Title: Community Transition  ICBS Taxonomy:  Category 1:	ced in the specification are readily available to CMS upon requesting agency (if applicable).  State requests the authority to provide the following additional  Sub-Category 1:
C-1/C-3: Service Spectate laws, regulations and policies reference through the Medicaid agency or the operating Service Type:  Other Service As provided in 42 CFR §440.180(b)(9), the ervice not specified in statute. Service Title: Community Transition  HCBS Taxonomy:  Category 1:  Category 2:	red in the specification are readily available to CMS upon requesting agency (if applicable).  State requests the authority to provide the following additional  Sub-Category 1:  Sub-Category 2:

Category 4:	Sub-Category 4:
Service Definition (Scope):	
individual to establish his or her basic living facility-based setting (e.g., group home), or	ble costs (necessary expenses in the judgment of the state for an ag arrangement) associated with moving from an institutional setting, r private residence (e.g., parents' home) to a community setting (i.e., s from a residential habilitation services provider.
Community transition services include: o Security deposits (not to exceed the equivalent that are required to obtain a lease on an o Essential furnishings such as a bed, at eating utensils and food preparation ite o Moving expenses required to occupy a o Set-up fees or deposits for utility or se telephone, electricity, heating); and o Health and safety assurances, such as a control or one-time cleaning prior to occupy applicable (if any) limits on the accommunity transition services do not inclue. Diversional or recreational items such a access, VCRs, MP3, CD or DVD player. Computers whose use is primarily diver. Community transition services are available are moving from an institution to a community exception.	a apartment or home; table, chairs, window blinds, table, chairs,
needs of the individual (e.g., for furnishing	apon local housing (e.g., rent deposit) and utility costs and the specific (gs). Payment for community transition costs are made to the provider turn makes payment directly to the landlord, utility, furniture vendor.
Service Delivery Method (check each tha	t applies):
<ul><li>☐ Participant-directed as specifie</li><li>✓ Provider managed</li></ul>	ed in Appendix E
Specify whether the service may be prov	rided by (check each that applies):
<ul> <li>☐ Legally Responsible Person</li> <li>☑ Relative</li> <li>☑ Legal Guardian</li> <li>Provider Specifications:</li> </ul>	
Provider Category	Provider Type Title
Agency Any provider listed he	erein as a waiver provider of residential habilitation services.
Appendix C: Participant Servi	
C-1/C-3: Provider S <sub>1</sub>	pecifications for Service
Service Type: Other Service Service Name: Community Transit	tion
Provider Category:  Agency  Provider Type:	

Any provider listed herein as a waiver provider of residential habilitation services.

## **Provider Qualifications**

License (specify):

State licensure standards as required.

**Certificate** (specify):

State certification standards as required.

**Other Standard** (specify):

Contract Standards

### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

**Frequency of Verification:** 

Every 3 years

# **Appendix C: Participant Services**

## C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

**Service Type:** 

Other Service 🗸

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

## **Service Title:**

**Environmental Accessibility Adaptations** 

### **HCBS Taxonomy:**

Category 1:	<b>Sub-Category 1:</b>
	<b>~</b>
Category 2:	Sub-Category 2:
	<b>~</b>
Category 3:	Sub-Category 3:
	<b>~</b>
Category 4:	Sub-Category 4:
	<b>~</b>

**Service Definition** (Scope):

- Environmental accessibility adaptations provide the physical adaptations to the home required by the individual's plan of care needed to:
  - (a) Ensure the health, welfare and safety of the individual; or
  - (b) Enable the individual who would otherwise require institutionalization to function with greater independence in the home.
  - Environmental accessibility adaptations may include the installation of ramps and grab bars, widening of doorways, modification of bathroom facilities, or installing

specialized electrical and/or plumbing systems necessary to accommodate the medical equipment and supplies that are necessary for the welfare of the individual.

## Specify applicable (if any) limits on the amount, frequency, or duration of this service:

The following service limitations apply to environmental accessibility adaptations:

- Prior approval by DDA is required.
- Environmental accessibility adaptations or improvements to the home are excluded if they are of general utility without direct medical or remedial benefit to the individual, such as carpeting, roof repair, central air conditioning, etc.
- Environmental accessibility adaptations cannot add to the total square footage of the home.
- Environmental accessibility adaptations do not include fences.

Rates are based upon bids received by potential contracts. All payments are made directly from the DDA to the provider of service.

provider of service.
Service Delivery Method (check each that applies):
<ul> <li>□ Participant-directed as specified in Appendix E</li> <li>✓ Provider managed</li> </ul>
Specify whether the service may be provided by (check each that applies):
Legally Responsible Person
✓ Relative
✓ Legal Guardian
Provider Specifications:
Provider Category Provider Type Title
Individual Registered Contractor
Agency Registered Contractor
Appendix C: Participant Services
C-1/C-3: Provider Specifications for Service
C-1/C-3. I Tovider Specifications for Service
Service Type: Other Service
Service Name: Environmental Accessibility Adaptations
Provider Category:
Individual >
Provider Type:
Registered Contractor
Provider Qualifications
License (specify):
Certificate (specify):
Certificate (specify).
Other Standard (specify):
Chapter 18.27 RCW (State law concerning registration of contractors)
Chapter 19.27 RCW (State law concerning the state building code)
Verification of Provider Qualifications
Entity Responsible for Verification: State Operating Agency
Frequency of Verification:

Every 3 years

<b>Appendix C: Participant Services</b>	
C-1/C-3: Provider Specif	fications for Service
Service Type: Other Service	
Service Name: Environmental Accessibil	lity Adaptations
Provider Category:	
Agency V Provider Type:	
Registered Contractor	
Provider Qualifications	
License (specify):	<u>^</u>
	$\bigcirc$
Certificate (specify):	
Other Standard (specify):	<u> </u>
Chapter 18.27 RCW (State law concerning	registration of contractors)
Chapter 19.27 RCW (State law concerning	
Verification of Provider Qualifications Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification:	
Every 3 years	
Appendix C: Participant Services C-1/C-3: Service Specification	ation
hrough the Medicaid agency or the operating age Service Type:  Other Service	the specification are readily available to CMS upon request gency (if applicable).  The requests the authority to provide the following additional
ICBS Taxonomy:	
Category 1:	Sub-Category 1:
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:

Category 4:  Sub-Category 4:  ervice Definition (Scape): ndividualized technical assistance is assessment and consultation to the employment provider and/or client lentify and address existing barriers to employment. This is in addition to supports received through supp mployment services or pre-vocational services for individuals who have not yet achieved their employment on pecify applicable (if any) limits on the amount, frequency, or duration of this service: ) Individualized technical assistance cannot exceed 6 months in an individual's plan year. ) The individual must be receiving supported employment or pre-vocational services.  ervice Delivery Method (check each that applies):  Participant-directed as specified in Appendix E  Provider managed  pecify whether the service may be provided by (check each that applies):  Legally Responsible Person  Relative  Legal Guardian  rrovider Specifications:  Provider Category Provider Type Title Individual Individualized Technical Assistance  Appendix C: Participant Services  C-1/C-3: Provider Specifications for Service  Service Name: Individualized Technical Assistance  Provider Category: Individual  Provider Type: Other Service  Service Name: Individualized Technical Assistance  Provider Type: Other Service  Servider Qualifications  License (specify):  Certificate (specify):  Certificate (specify):  Contract Standards			<b>~</b>
dividualized technical assistance is assessment and consultation to the employment provider and/or clien lentify and address existing barriers to employment. This is in addition to supports received through supp mployment services or pre-vocational services for individuals who have not yet achieved their employment and precify applicable (if any) limits on the amount, frequency, or duration of this service: Individualized technical assistance cannot exceed 6 months in an individual's plan year. The individual must be receiving supported employment or pre-vocational services.  Participant-directed as specified in Appendix E.  Provider Method (check each that applies):  Participant-directed as specified in Appendix E.  Provider managed  pecify whether the service may be provided by (check each that applies):  Legally Responsible Person  Relative  Legal Guardian  rovider Specifications:  Provider Category Provider Type Title  Individual Individualized Technical Assistance  Appendix C: Participant Services  C-1/C-3: Provider Specifications for Service  Service Type: Other Service  Service Name: Individualized Technical Assistance  Provider Category: Individual   Provider Type: Individual   Provider Category: Individual   Provider	Category 4:		Sub-Category 4:
dividualized technical assistance is assessment and consultation to the employment provider and/or clien entify and address existing barriers to employment. This is in addition to supports received through suppupployment services or pre-vocational services for individuals who have not yet achieved their employment pal.  pecify applicable (if any) limits on the amount, frequency, or duration of this service:     Individualized technical assistance cannot exceed 6 months in an individual's plan year.     The individual must be receiving supported employment or pre-vocational services.  Participant-directed as specified in Appendix E     Provider Method (check each that applies):  Participant-directed as specified in Appendix E     Provider managed  pecify whether the service may be provided by (check each that applies):  Legally Responsible Person     Relative     Legal Guardian  rovider Specifications:  Provider Category			~
pecify applicable (if any) limits on the amount, frequency, or duration of this service: Individualized technical assistance cannot exceed 6 months in an individual's plan year. The individual must be receiving supported employment or pre-vocational services.  Participant-directed as specified in Appendix E Provider managed  pecify whether the service may be provided by (check each that applies):  Legally Responsible Person Relative Legal Guardian  rovider Specifications:  Provider Category Provider Type Title Individual Individualized Technical Assistance Agency Individualized Technical Assistance  Agency The Type: Other Service  Service Type: Other Service Service Name: Individualized Technical Assistance rovider Category: Individual Rovider Type: Individual Provider Type: Individual P	dividualized technic entify and address ex	al assistance is assessment and conxisting barriers to employment. The	his is in addition to supports received through suppor
Participant-directed as specified in Appendix E  Provider managed  Decify whether the service may be provided by (check each that applies):  Legally Responsible Person  Relative  Legal Guardian  Provider Specifications:  Provider Category  Provider Type Title  Individual  Individualized Technical Assistance  Agency  Individualized Technical Assistance  Agency  Individualized Technical Assistance  Appendix C: Participant Services  C-1/C-3: Provider Specifications for Service  Service Type: Other Service  Service Name: Individualized Technical Assistance  rovider Category:  ndividualized Technical Assistance  rovider Type:  dividualized Technical Assistance  rovider Qualifications  License (specify):  Certificate (specify):  Other Standard (specify):	oecify applicable (if Individualized tech	nical assistance cannot exceed 6 m	onths in an individual's plan year.
Provider managed    Decify whether the service may be provided by (check each that applies):   Legally Responsible Person   Relative   Legal Guardian   Provider Specifications:    Provider Category	ervice Delivery Met	thod (check each that applies):	
□ Legally Responsible Person □ Relative □ Legal Guardian rovider Specifications:    Provider Category   Provider Type Title     Individual   Individualized Technical Assistance     Agency   Individual Assistance     Appendix C: Participant Services     C-1/C-3: Provider Specifications for Service     Service Type: Other Service     Service Name: Individualized Technical Assistance     Provider Category:     Individual   ✓     Provider Type:     Individual   ✓     Provider Type:     Individual   ✓     Provider Openical Assistance     Provider Qualifications     License (specify):     Certificate (specify):     Other Standard (specify):		= = = = = = = = = = = = = = = = = = = =	ix E
Relative   Legal Guardian	pecify whether the s	service may be provided by (chec	ck each that applies):
Relative   Legal Guardian	☐ Legally Res	sponsible Person	
Provider Specifications:    Provider Category		•	
Provider Category Provider Type Title Individual Individualized Technical Assistance Agency Individualized Technical Assistance  Appendix C: Participant Services  C-1/C-3: Provider Specifications for Service  Service Type: Other Service Service Name: Individualized Technical Assistance  rovider Category: Individual V  rovider Type: Individualized Technical Assistance  rovider Qualifications  License (specify):  Certificate (specify):	 ✓ Legal Guar	dian	
Individual Individualized Technical Assistance  Agency Individualized Technical Assistance  Appendix C: Participant Services  C-1/C-3: Provider Specifications for Service  Service Type: Other Service Service Name: Individualized Technical Assistance  rovider Category: ndividual V  rovider Type: ndividualized Technical Assistance  rovider Qualifications  License (specify):  Certificate (specify):			
Individual Individualized Technical Assistance  Agency Individualized Technical Assistance  Appendix C: Participant Services  C-1/C-3: Provider Specifications for Service  Service Type: Other Service Service Name: Individualized Technical Assistance  Provider Category: Individual	Duavidan Catagony	Duanidan Tuna Titla	
Agency Individualized Technical Assistance  Appendix C: Participant Services  C-1/C-3: Provider Specifications for Service  Service Type: Other Service Service Name: Individualized Technical Assistance  rovider Category: ndividual  rovider Type: ndividualized Technical Assistance rovider Qualifications License (specify):  Certificate (specify):			
Appendix C: Participant Services  C-1/C-3: Provider Specifications for Service  Service Type: Other Service Service Name: Individualized Technical Assistance  rovider Category: ndividual  rovider Type: ndividualized Technical Assistance rovider Qualifications License (specify):  Certificate (specify):			
C-1/C-3: Provider Specifications for Service  Service Type: Other Service Service Name: Individualized Technical Assistance  rovider Category: ndividual  rovider Type: ndividualized Technical Assistance rovider Qualifications License (specify):  Certificate (specify):	Agency	muividuanzed Technicai Assistance	
Service Type: Other Service Service Name: Individualized Technical Assistance  rovider Category: ndividual  rovider Type: ndividualized Technical Assistance rovider Qualifications License (specify):  Certificate (specify):	Appendix C: Pa	articipant Services	
Service Name: Individualized Technical Assistance  rovider Category:  ndividual  rovider Type:  ndividualized Technical Assistance  rovider Qualifications  License (specify):  Certificate (specify):  Other Standard (specify):	C-1/C	C-3: Provider Specification	ns for Service
rovider Type: ndividualized Technical Assistance Provider Qualifications License (specify):  Certificate (specify):  Other Standard (specify):			nce
Provider Type: Individualized Technical Assistance Provider Qualifications License (specify):  Certificate (specify):  Other Standard (specify):	rovider Category:		
ndividualized Technical Assistance  Provider Qualifications  License (specify):  Certificate (specify):  Other Standard (specify):			
Crovider Qualifications License (specify):  Certificate (specify):  Other Standard (specify):		ical Assistance	
License (specify):  Certificate (specify):  Other Standard (specify):			
Other Standard (specify):			
Other Standard (specify):	(1		^
Other Standard (specify):			<b>∨</b>
	Certificate (spec	cify):	
			^
			<b>V</b>
	As stipulated in 1	DDA policy concerning ITA provi	der qualifications), all providers shall meet the

following qualifications:

- D. Service providers must meet the following qualifications:
  - 1. Ability to comply with all contractual requirements.
  - 2. Have proof of criminal history background clearance in accordance with RCW 43.43.830-

845 and RCW 74.15.030.

DDA requires the DSHS Background Check Central Unit (BCCU) be used to obtain background clearances;

3. Exhibit ability to successfully develop and implement a plan for providing services related to the employment

barrier that is based on the individual needs;

4. Assurance that potential conflicts of interest will not arise. Such a conflict will arise when the Individualized

Technical Assistance provider is a guardian, a family member, a legal representative or other decision maker for the

client. In this situation, the provider must document the measures taken specific to the situation to assure that a

conflict of interest does not exist; and

- 5. Provide proof of training or have confirmed knowledge of the following areas as applicable:
  - a. Client confidentiality;
  - b. DDA Policy 5.06, Client Rights;
  - c. DDA Policy 6.08, Mandatory Reporting Requirements Services Providers;
  - d. DDA Policy 4.11, County Services for Working Age Adults;
- e. DDA Policy 15.03, Community Protection Standards for Employment and Day Program Services;
  - f. DDA Policy 5.17, Physical Intervention Techniques;
  - g. DDA Policy 5.14, Positive Behavior Support; and
  - h. DDA Policy 5.15, Use of Restrictive Procedures.

### **Verification of Provider Qualifications**

### **Entity Responsible for Verification:**

County

### Frequency of Verification:

Every two years.

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

Service Type: Other Service Service Name: Individualized Technical Assistance	
Provider Category:	
Agency V	
Provider Type:	
Individualized Technical Assistance	
<b>Provider Qualifications</b>	
License (specify):	
	^
	V
Certificate (specify):	
	^

Otner Standard (specify):

Contract Standards

As stipulated in DDA policy concerning ITA provider qualifications), all providers shall meet the following qualifications:

- D. Service providers must meet the following qualifications:
  - 1. Ability to comply with all contractual requirements.
  - 2. Have proof of criminal history background clearance in accordance with RCW 43.43.830-

845 and RCW 74.15.030.

DDA requires the DSHS Background Check Central Unit (BCCU) be used to obtain background clearances;

3. Exhibit ability to successfully develop and implement a plan for providing services related to the employment

barrier that is based on the individual needs;

4. Assurance that potential conflicts of interest will not arise. Such a conflict will arise when the Individualized

Technical Assistance provider is a guardian, a family member, a legal representative or other decision maker for the

client. In this situation, the provider must document the measures taken specific to the situation to assure that a

conflict of interest does not exist; and

- 5. Provide proof of training or have confirmed knowledge of the following areas as applicable:
  - a. Client confidentiality;
  - b. DDA Policy 5.06, Client Rights;
  - c. DDA Policy 6.08, Mandatory Reporting Requirements Services Providers;
  - d. DDA Policy 4.11, County Services for Working Age Adults;
- e. DDA Policy 15.03, Community Protection Standards for Employment and Day Program Services;
  - f. DDA Policy 5.17, Physical Intervention Techniques;
  - g. DDA Policy 5.14, Positive Behavior Support; and
  - h. DDA Policy 5.15, Use of Restrictive Procedures.

### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

County

Frequency of Verification:

Every two years.

## **Appendix C: Participant Services**

## C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:		
Other Service	~	

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

#### **Service Title:**

Sexual Deviancy Evaluation

### **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
	~
Category 2:	Sub-Category 2:
	~

C	Category 3:		Sub-Category 3:
			<b>~</b>
C	Category 4:		Sub-Category 4:
	<b>D 0 1 1 1 1 1</b>		<b>~</b>
Sexual psycho	ological, medica	nations are professional evaluation l or therapeutic services. Sexual d	s of sexual deviancy to determine the need for eviancy evaluations are available in all four waiven tency, or duration of this service:
Servic	ee Delivery Met	hod (check each that applies):	
	<ul><li>☐ Participant</li><li>✓ Provider mag</li></ul>	-directed as specified in Append anaged	ix E
Specif	y whether the s	service may be provided by (chec	ek each that applies):
	<ul><li>☐ Legally Res</li><li>☐ Relative</li><li>☐ Legal Guar</li></ul>	ponsible Person dian	
Provid	der Specificatio		
Pi	rovider Category	Provider Type Title	
In	ndividual	Sex Offender Treatment Provider	
App	endix C: Pa	articipant Services	
	C-1/C	-3: Provider Specificatio	ns for Service
	Service Type: O Service Name: S	Other Service Sexual Deviancy Evaluation	
Provi	der Category:		
	ridual 🗸		
	der Type: Offender Treatme	ent Provider	
	der Qualification		
Ī	License (specify)	):	
(	C <b>ertificate</b> (spec Chapter 246-930 <b>Other Standard</b> Contract Standar	WAC (DOH administrative code (specify):	concerning sex offender treatment providers)
Verifi	ication of Provi	der Qualifications	
		ble for Verification:	
	State Operating A		
	Every 3 years	ci iiicativii.	

## **Appendix C: Participant Services**

# C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:	
Other Service	~

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

## **Service Title:**

Skilled Nursing

### **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
	~
Category 2:	Sub-Category 2:
	~
Category 3:	Sub-Category 3:
	~
Category 4:	Sub-Category 4:
	<b>~</b>

### **Service Definition** (Scope):

Skilled nursing is continuous, intermittent, or part time nursing services.

- Services include nurse delegation services provided by a registered nurse, including the initial visit, follow up instruction, and/or supervisory visits.
- Services listed in the plan of care must be within the scope of the State's Nurse Practice Act.

## Specify applicable (if any) limits on the amount, frequency, or duration of this service:

The following limitations apply to receipt of skilled nursing services:

- Skilled nursing services require prior approval by DDA.
- The department and the treating professional determine the need for and amount of service.

Nurse delegation is an intermittent service. The Registered Nurse Delegator is required to visit and provide supervision to the registered or certified nursing assistant (NAR/CNA) at least once every ninety (90) days. If providing diabetic training, the RND must visit the client at least once a week for the first four (4) weeks. However, the RND may determine that some clients need to be seen more often.

The department reserves the right to require a second opinion by a department selected provider.

The rate for skilled nursing services is the Medicaid unit rate with no vacation or overtime. All payments are made directly from the DDA to the provider of service.

**Service Delivery Method** (check each that applies):

	nt-directed as specified in Appendix E
✓ Provider	managed
Specify whether th	e service may be provided by (check each that applies):
☐ Legally R	Responsible Person
<b>✓</b> Relative	•
✓ Legal Gu	ardian
Provider Specifica	tions:
Provider Catego	ry Provider Type Title
Individual	LPN Skilled Nursing
Agency	RN Skilled Nursing
Agency	LPN Skilled Nursing
Individual	RN Skilled Nursing
<b>Appendix C:</b> ]	Participant Services
C-1/	/C-3: Provider Specifications for Service
0 1,	Position Specification Service
v <u>-</u>	: Other Service
	: Skilled Nursing
Provider Category	<b>/:</b>
Individual V	
Provider Type:	
LPN Skilled Nursin Provider Qualifica	
License (speci	
	40 WAC (Department of Health-DOH-administrative code concerning practical and
registered nurs	sing)
Certificate (sp	pecify):
	^
Other Standa Contract Stand	
	ovider Qualifications
	nsible for Verification:
State Operatin	
Frequency of	Verification:
Every 3 years	
Annandiy C.	Participant Services
C-1/	<b>C-3: Provider Specifications for Service</b>
v <u>-</u>	: Other Service :: Skilled Nursing
Provider Category	-
Agency	•
Provider Type:	
RN Skilled Nursing	
Provider Qualifica	
License (spec	ify):
Chapter 246-8	40 WAC (DOH administrative code concerning practical and reistered nursing)

Certificate (specify):	
Other Standard (specify):	
Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification:	
Every 3 years	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Other Service	
Service Name: Skilled Nursing	
Provider Category:	
Agency V	
Provider Type:	
LPN Skilled Nursing	
Provider Qualifications License (specify):	
Chapter 246-840 WAC (DOH administrative code concerning practical and registered nursing)	
Certificate (specify):	
1 32/	
Other Standard (specify):	
Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification: Every 3 years	
Every 5 years	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Other Service Service Name: Skilled Nursing	
Provider Category:	
Individual V	
Provider Type: RN Skilled Nursing	
Provider Qualifications	
License (specify):	
Chapter 246-840 WAC (DOH administrative code concerning practical and registered nursing)	
Certificate (specify):	
	V
Other Standard (specify):	
Contract Standards Verification of Braviday Qualifications	
Verification of Provider Qualifications	

**Entity Responsible for Verification:** State Operating Agency

Frequency of Verification:

Every 3 years

# **Appendix C: Participant Services**

# C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:		
Other Service	~	

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

#### **Service Title:**

Specialized Medical Equipment and Supplies

### **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
	~
Category 2:	Sub-Category 2:
	~
Category 3:	Sub-Category 3:
	~
Category 4:	Sub-Category 4:
	~

## **Service Definition** (Scope):

- Durable and nondurable medical equipment not available through Medicaid or the state plan which enables individuals to increase their abilities to perform activities of daily living or to perceive, control, or communicate with the environment in which they live.
- This service also includes items necessary for life support; ancillary supplies and equipment necessary to the proper functioning of such items.

## Specify applicable (if any) limits on the amount, frequency, or duration of this service:

The following limitations apply to the receipt of specialized medical equipment and supplies:

- Prior approval by the department is required for each authorization.
- The department reserves the right to require a second opinion by a department selected provider.
- Items reimbursed with waiver funds shall be in addition to any medical equipment and supplies furnished under the Medicaid state plan.
- Items must be of direct medical or remedial benefit to the individual and necessary as a result of the individual's disability.
- Medications, prescribed or nonprescribed, and vitamins are excluded.

payments are made directly from the DDA to the provider of the specialized medical equipment/supplies.
Service Delivery Method (check each that applies):
<ul> <li>□ Participant-directed as specified in Appendix E</li> <li>✓ Provider managed</li> </ul>
Specify whether the service may be provided by (check each that applies):
<ul> <li>☐ Legally Responsible Person</li> <li>☑ Relative</li> <li>☑ Legal Guardian</li> <li>Provider Specifications:</li> </ul>
Provider Category Provider Type Title Agency Medical Equipment Supplier
Appendix C: Participant Services
C-1/C-3: Provider Specifications for Service
Service Type: Other Service Service Name: Specialized Medical Equipment and Supplies
Provider Category:  Agency Provider Type:  Medical Equipment Supplier  Provider Qualifications  License (specify):  Chapter 19.02 RCW (State law concerning business Licenses)  Certificate (specify):  Other Standard (specify):  Contract Standards  Verification of Provider Qualifications  Entity Responsible for Verification:  State Operating Agency  Frequency of Verification:  Every 3 years
Appendix C: Participant Services  C-1/C-3: Service Specification
State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).  Service Type:  Other Service

As provided in 42 CFR §440.180(b)(9),	the State requests the authority	to provide the following additional
service not specified in statute.		

## **Service Title:**

Specialized Psychiatric Services

## **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
	~
Category 2:	Sub-Category 2:
	<b>~</b>
Category 3:	Sub-Category 3:
	~
Category 4:	Sub-Category 4:
	<b>~</b>

## **Service Definition** (Scope):

Specialized psychiatric services are specific to the individual needs of persons with developmental disabilities who are experiencing mental health symptoms.

- Service may include any of the following:
  - (a) Psychiatric evaluation,
  - (b) Medication evaluation and monitoring,
  - (c) Psychiatric consultation.

DDA works closely with the Behavioral Health and Service Integration Admninistration (BHSIA) to prevent duplication of RSN/State Plan MH Services. DSHS's expectation is that any DDA eligible client who meets the BHSIA access to care and medical necessity standards will receive mental health services through Regional Support Networks (RSNs) or Prepaid Inpatient Health Plans (PIHP). Individuals that do not meet access to care or medical necessity standards for the service type may be served under the crisis prevention and intervention contracts.

### Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Specialized psychiatric services are excluded if they are available through other Medicaid programs.

The rates for specialized psychiatric services are negotiated with providers on a client-specific basis and are at or below the DSHS standard rate. All payments are made directly from the DDA to the provider of specialized psychiatric services.

Service Delivery Method (check each that applies):

□ Participant-directed as specified in Appendix E

□ Provider managed

Specify whether the service may be provided by (check each that applies):

□ Legally Responsible Person
□ Relative
□ Legal Guardian

Provider Specifications:

<b>Provider Category</b>	Provider Type Title

Provider Category	Provider Type Title	
Agency	Advanced Registered Nurse Practitioner	
Agency	Physician Assistant	
Agency	Psychiatrist	
Individual	Psychiatrist	
Individual	Physician Assistant	
Individual	Advanced Registered Nurse Practitioner	

# **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Specialized Psychiatric Services

## **Provider Category:**

Agency >

**Provider Type:** 

Advanced Registered Nurse Practitioner

## **Provider Qualifications**

**License** (specify):

RCW 18.79.050 (State law concerning "Advanced registered nursing practice" and exceptions)

**Certificate** (specify):

Other Standard (specify):

Contract Standards

## **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every 3 years

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Specialized Psychiatric Services

## **Provider Category:**

Agency ~

**Provider Type:** 

Physician Assistant

## **Provider Qualifications**

**License** (specify):

Chapter 18.71A RCW (State law concerning requirements for Physician Assistants)

**Certificate** (*specify*):

Other Standard (specify):

Contract Standards

Verification of Provider Qualifications

**Entity Responsible for Verification:** 

State Operating Agency **Frequency of Verification:** Every 3 years

Annendiv	C.	<b>Participant</b>	Services
ADDEHUIX		r ar ticibani	Services

# C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Specialized Psychiatric Services

## **Provider Category:**

Agency ~

## **Provider Type:**

Psychiatrist

### **Provider Qualifications**

License (specify):

Chapter 18.71 RCW (State law concerning requirements for Physicians)

**Certificate** (specify):

Other Standard (specify):

**Contract Standards** 

## **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every 3 years

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Specialized Psychiatric Services

### **Provider Category:**

Individual 🗸

### **Provider Type:**

Psychiatrist

## **Provider Qualifications**

License (specify):

Chapter 18.71 RCW (State law concerning requirements for Physicians)

Certificate (specify):

Other Standard (specify):

Contract Standards

## **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every 3 years

# **Appendix C: Participant Services**

# C-1/C-3: Provider Specifications for Service

B 11 G	
Provider Category:	
Individual V	
Provider Type:	
Physician Assistant	
Provider Qualifications	
License (specify):	
Chapter 18.71A RCW (State law concerning requirements for Physician Assistants)  Certificate (specify):	
Certificate (specify).	
Other Standard (if.)	
Other Standard (specify):	
Contract Standards Varification of Provider Qualifications	
Verification of Provider Qualifications	
Entity Responsible for Verification: State Operating Agency	
Frequency of Verification:	
Every 3 years	
Lvery 5 years	
Appendix C: Participant Services	
X X	
C-1/C-3: Provider Specifications for Service	
Service Type: Other Service Service Name: Specialized Psychiatric Services	
Provider Category:	
Individual ✓	
Provider Type:	
Advanced Registered Nurse Practitioner	
Provider Qualifications	
License (macifie)	
License (specify):	
RCW 18.79.050 (State law concerning "Advanced registered nursing practice" and exceptions)	
(1 00)	
RCW 18.79.050 (State law concerning "Advanced registered nursing practice" and exceptions)	
RCW 18.79.050 (State law concerning "Advanced registered nursing practice" and exceptions)	<b>^</b>
RCW 18.79.050 (State law concerning "Advanced registered nursing practice" and exceptions)  Certificate (specify):	<b>\</b>
RCW 18.79.050 (State law concerning "Advanced registered nursing practice" and exceptions)	<b>~</b>
RCW 18.79.050 (State law concerning "Advanced registered nursing practice" and exceptions)  Certificate (specify):  Other Standard (specify):  Contract Standards	<b>\</b>
RCW 18.79.050 (State law concerning "Advanced registered nursing practice" and exceptions)  Certificate (specify):  Other Standard (specify):  Contract Standards	<b>\</b>
RCW 18.79.050 (State law concerning "Advanced registered nursing practice" and exceptions)  Certificate (specify):  Other Standard (specify):  Contract Standards  Verification of Provider Qualifications	<b>\</b>
RCW 18.79.050 (State law concerning "Advanced registered nursing practice" and exceptions)  Certificate (specify):  Other Standard (specify):  Contract Standards  Verification of Provider Qualifications  Entity Responsible for Verification:	<b>\</b>
RCW 18.79.050 (State law concerning "Advanced registered nursing practice" and exceptions)  Certificate (specify):  Other Standard (specify):  Contract Standards  Verification of Provider Qualifications  Entity Responsible for Verification:  State Operating Agency	<b>\</b>
RCW 18.79.050 (State law concerning "Advanced registered nursing practice" and exceptions)  Certificate (specify):  Other Standard (specify):  Contract Standards  Verification of Provider Qualifications  Entity Responsible for Verification:  State Operating Agency  Frequency of Verification:	<b>\</b>
RCW 18.79.050 (State law concerning "Advanced registered nursing practice" and exceptions)  Certificate (specify):  Other Standard (specify):  Contract Standards  Verification of Provider Qualifications  Entity Responsible for Verification:  State Operating Agency  Frequency of Verification:	<b>\</b>
RCW 18.79.050 (State law concerning "Advanced registered nursing practice" and exceptions)  Certificate (specify):  Other Standard (specify):  Contract Standards  Verification of Provider Qualifications  Entity Responsible for Verification:  State Operating Agency  Frequency of Verification:	<b>\</b>
RCW 18.79.050 (State law concerning "Advanced registered nursing practice" and exceptions)  Certificate (specify):  Other Standard (specify):  Contract Standards  Verification of Provider Qualifications  Entity Responsible for Verification:  State Operating Agency  Frequency of Verification:	<b>\_</b>

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specthrough the Medicaid agency or the operating agency (if a <b>Service Type:</b>	
Other Service  As provided in 42 CFR §440.180(b)(9), the State requests service not specified in statute.  Service Title:  Staff Family Consultation and Training	s the authority to provide the following additional
HCBS Taxonomy:	
Category 1:	Sub-Category 1:
	<b>~</b>
Category 2:	Sub-Category 2:
	<b>~</b>
Category 3:	Sub-Category 3:
	~
Category 4:	Sub-Category 4:
Service Definition (Scope):	<b>~</b>
<ul> <li>Staff/family consultation and training is professional ass families or direct service providers to help them better nof the waiver person.</li> <li>Consultation and training is provided to families, direct personal care providers to meet the specific needs of the participant as outlined in the individual's plan of care, in (a) Health and medication monitoring,</li> <li>(b) Positioning and transfer,</li> <li>(c) Basic and advanced instructional techniques,</li> <li>(d) Positive behavior support; and</li> <li>(e) Augmentative communication systems.</li> <li>Specify applicable (if any) limits on the amount, frequence is provided to the support of the s</li></ul>	staff, or waiver scluding:  ency, or duration of this service: or attendance, including under staff/family consultation and
Unit rates are negotiated by DDA regional staff and are p the DDA to the provider of service.	rovider-specific. All payments are made directly from
<b>Service Delivery Method</b> (check each that applies):	
<ul><li>□ Participant-directed as specified in Appendix</li><li>☑ Provider managed</li></ul>	k E
Specify whether the service may be provided by (check	k each that applies):
<ul><li>Legally Responsible Person</li><li>✓ Relative</li><li>✓ Legal Guardian</li></ul>	

#### **Provider Specifications:**

<b>Provider Category</b>	Provider Type Title	
Individual	Certified Dietician	
Individual	Registered or Certified Counselor	
Agency	Staff/Family Consultation Agency Provider	
Individual	Certified Recreation Therapist	
Individual	Licensed Practical Nurse (LPN)	
Individual	Marriage and Family Therapist	
Individual	Mental Health Counselor	
Individual	Occupational Therapist	
Individual	Audiologist	
Individual	Social Worker	
Individual	Psychologist	
Individual	Certified American Sign Language Instructor	
Individual	Nutritionist	
Individual	Physical Therapist	
Individual	Registered Nurse (RN)	
Individual	Sex Offender Treatment Provider (SOTP)	
Individual	Speech/Language Pathologist	

# **Appendix C: Participant Services**

# C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Staff Family Consultation and Training

#### **Provider Category:**

Individual V

Provider Type: Certified Dietician

**Provider Qualifications** 

**License** (specify):

**Certificate** (specify):

Chapter 18.138 RCW (State law concerning requirements for dietitians and nutritionists) Chapter 246-822 WAC (DOH administrative code concerning requirements for dietitians or nutritionists)

Other Standard (specify):

Contract Standards

Verification of Provider Qualifications

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every 3 years

# **Appendix C: Participant Services**

# C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Staff Family Consultation and Training

Provider Category:	
Individual V	
Provider Type:	
Registered or Certified Counselor	
Provider Qualifications	
License (specify):	<b>A</b>
Certificate (specify):	
Chapter 246-810 WAC (DOH administrative code concerning requirements for counselors)	
Other Standard (specify):	
Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification:	
Every 3 years	
Amondia C. Doutisin and Couries	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Other Service	
Service Name: Staff Family Consultation and Training	
Provider Category:	
Agency V	
Provider Type:	
Staff/Family Consultation Agency Provider	
Provider Qualifications	
License (specify):	
Certificate (specify):	A
Other Standard (specific):	
Other Standard (specify): An agency could employee any of the provider types listed and the employees must meet the	
qualifications listed.	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification:	
Every 3 years	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
The state of the s	
Service Type: Other Service	
Service Name: Staff Family Consultation and Training	
Provider Category:	
Individual V	
Provider Type:	

Provider Qualifications	
License (specify):	
	<b>V</b>
Certificate (specify):	
Other Standard (specify): Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification:	
Every 3 years	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
*	
Service Type: Other Service	
Service Name: Staff Family Consultation and Training	
Provider Category:	
Individual ✓	
Provider Type:	
Licensed Practical Nurse (LPN)	
Provider Qualifications	
License (specify):	
Chapter 246-840 WAC (DOH administrative code concerning requirements for Practical and	
Registered Nursing)	
Certificate (specify):	
Other Standard (marify):	
Other Standard (specify): Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification:	
Every 3 years	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Other Service	
Service Name: Staff Family Consultation and Training	
Provider Category:	
Individual >	
Provider Type:	
Marriage and Family Therapist	
Provider Qualifications	
License (specify):	
Chapter 246-809 WAC (DOH administrative code concerning licensure for mental health counselors, marriage and family therapists, and social workers)	
counserers, marriage and raining merapisis, and social workers	

Certificate (specify):	
Other Standard (specify):	
Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification:	
Every 3 years	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Other Service Service Name: Staff Family Consultation and Training	
Provider Category:	
Individual V	
Provider Type:	
Mental Health Counselor	
Provider Qualifications	
License (specify):	
Chapter 246-809 WAC (DOH administrative code concerning licensure for mental health	
counselors, marriage and family therapists, and social workers)	
Certificate (specify):	
Other Standard (specify):	
Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification:	
Every 3 years	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Other Service Service Name: Staff Family Consultation and Training	
Provider Category:	
Individual V	
Provider Type:	
Occupational Therapist	
Provider Qualifications	
License (specify):	
Chapter 246-847 WAC (DOH administrative code concerning requirements for Occupational	
Therapists)	
Certificate (specify):	
Other Standard (specify):	_

**Contract Standards** 

#### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

**Frequency of Verification:** 

Every 3 years

# **Appendix C: Participant Services**

# C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Staff Family Consultation and Training

#### **Provider Category:**

Individual V

**Provider Type:** 

Audiologist

#### **Provider Qualifications**

License (specify):

Certificate (specify):

WAC 246-828-095 (DOH administrative code concerning audiology minimum standards of practice)

Other Standard (specify):

Contract Standards

#### Verification of Provider Qualifications

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

Every 3 years

### **Appendix C: Participant Services**

# C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Staff Family Consultation and Training

#### **Provider Category:**

Individual V

#### **Provider Type:**

Social Worker

### **Provider Qualifications**

License (specify):

Chapter 246-809 WAC (DOH administrative code concerning licensure for mental health counselors, marriage and family therapists, and social workers)

Certificate (specify):

^

**Other Standard** (specify):

Contract Standards

### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

State Operating Agency

Frequency of Verification:

# Every 3 years **Appendix C: Participant Services** C-1/C-3: Provider Specifications for Service **Service Type: Other Service** Service Name: Staff Family Consultation and Training **Provider Category:** Individual 🗸 **Provider Type:** Psychologist **Provider Qualifications** License (specify): Chapter 246-924 WAC (DOH administrative code concerning requirements for psychologist) **Certificate** (*specify*): **Other Standard** (specify): Contract Standards **Verification of Provider Qualifications Entity Responsible for Verification:** State Operating Agency Frequency of Verification: Every 3 years **Appendix C: Participant Services** C-1/C-3: Provider Specifications for Service **Service Type: Other Service** Service Name: Staff Family Consultation and Training **Provider Category:** Individual 🗸 **Provider Type:** Certified American Sign Language Instructor **Provider Qualifications** License (specify): **Certificate** (specify): Other Standard (specify): Contract Standards Verification of Provider Qualifications **Entity Responsible for Verification:**

State Operating Agency **Frequency of Verification:** 

Every 3 years

Appendix C: Participant Services
C-1/C-3: Provider Specifications for Service
Service Type: Other Service Service Name: Staff Family Consultation and Training
Provider Category:
Individual V
Provider Type:
Nutritionist
Provider Qualifications
License (specify):
Contificate (magifu):
Certificate (specify): Chapter 18.138 RCW (Statelaw concerning reuqirements for dietitians and nutritionists)
Chapter 246-822 WAC (DOH administrative code concerning requirements for dietitians or
nutritionists)
Other Standard (specify):
Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency  Engagement of Verifications
Frequency of Verification: Every 3 years
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Appendix C: Participant Services
C-1/C-3: Provider Specifications for Service
Service Type: Other Service
Service Name: Staff Family Consultation and Training
Provider Category:
Individual V
Provider Type:
Physical Therapist
Provider Qualifications
License (specify):
Chapter 246-915 WAC (DOH administrative code concerning requiremetrs for Physical Therapists) Certificate (specify):
Certificate (specify).
Other Standard (specify):
Contract Standards  Contract Standards
Verification of Provider Qualifications
Entity Responsible for Verification:
State Operating Agency
Frequency of Verification:
Every 3 years
Appendix C: Participant Services
C-1/C-3: Provider Specifications for Service
C-1/C 3. 1 10 flact specifications for service

Service Type: Other Service Service Name: Staff Family Consultation and Training	
Provider Category:	
Individual V	
Provider Type:	
Registered Nurse (RN)	
Provider Qualifications License (specify):	
Chapter 246-840 WAC (DOH administrative code concerning requiremetris for Practical and	
Registered Nursing)	
Certificate (specify):	
	^
	<b>V</b>
Other Standard (specify): Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification:	
Every 3 years	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
C-1/C-3. I Tovider Specifications for Service	
Service Type: Other Service	
Service Name: Staff Family Consultation and Training	
Provider Category:	
Individual V	
Provider Type: Sex Offender Treatment Provider (SOTP)	
Provider Qualifications	
License (specify):	
	^
	$\vee$
Certificate (specify):	
Chapter 246-930 WAC (DOH administrative code concerning requiremetns for Sex Offender	
Treatment Provider)	
Other Standard (specify): Contract Standards	
Verification of Provider Qualifications	
Entity Responsible for Verification:	
State Operating Agency	
Frequency of Verification:	
Every 3 years	
Annual die Co Dantiele aut Continue	
Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Other Service	
Service Name: Staff Family Consultation and Training	
Provider Category:	
Individual 🗸	

	ovider Type: ech/Language Pathologist					
Pro	ovider Qualifications  License (specify):					
	License (specify).	^				
Ver	Certificate (specify): WAC 246-828-105 (DOH administrative code concerning Speech-language pathology-minimum standards of practice) Other Standard (specify): Contract Standards Verification of Provider Qualifications Entity Responsible for Verification: State Operating Agency Frequency of Verification: Every 3 years					
Ap	pendix C: Participant Services C-1/C-3: Service Specification					
Oth As p serv	e laws, regulations and policies referenced in the specual the Medicaid agency or the operating agency (if a vice Type:  mer Service  provided in 42 CFR §440.180(b)(9), the State requests ice not specified in statute.  vice Title:  asportation	applicable).				
HCI	BS Taxonomy:					
	Category 1:	Sub-Category 1:				
		~				
	Category 2:	Sub-Category 2:				
		~				
	Category 3:	Sub-Category 3:				
		<b>~</b>				

**Service Definition** (Scope):

**Category 4:** 

Reimbursement for transporting a participant to and from waiver funded services specified in the participant's Individual Support Plan. Waiver transportation services cannot duplicate other types of transportation available through the Medicaid State Plan, EPSDT, or included in a provider's contract. Waiver transportation is provided in order for the waiver participant to access a waiver service, such as summer camp (respite service),

**Sub-Category 4:** 

when without the transportation they would not be able to participate.

Waiver transportation is different from Personal Care transportation in that it does not provide transportation to and from shopping or medical appointments.

Whenever possible, the person will use family, neighbors, friends, or community agencies that can provide this service without charge.

#### Specify applicable (if any) limits on the amount, frequency, or duration of this service:

The following limitations apply to transportation services:

- Transportation to/from medical or medically related appointments is a Medicaid State Plan transportation service and is to be considered and used first.
- Transportation is offered in addition to medical transportation but cannot replace Medicaid Stae Plan transportation services.
- Transportation is limited to travel to and from a waiver service.
- Transportation does not include the purchase of a bus pass.
- Reimbursement for provider mileage requires prior approval by DDA and is paid according to contract.
- This service does not cover the purchase or lease of vehicles.
- Reimbursement for provider travel time is not included in this service.
- Reimbursement to the provider is limited to transportation that occurs when the individual is with the provider.
- The individual is not eligible for transportation services if the cost and responsibility for transportation is already included in the waiver provider's contract and payment.

The rate per mile is based upon historical reimbursement of state staff for transportation to and from meetings. Effective 7/1/08, the rate per mile is based on the Collective Bargaining Agreement (CBA) with the State Employees International Union (SEIU).

All payments are made directly from the DDA to the provider of service.

Service	Delivery	Method	(check	each that	applies
Ser vice	Denverv	wiemou	icheck	each that	uppnes

	Participant-directed as specified in App	endix E
<b>~</b>	Provider managed	

Specify whether the service may be provided by (check each that applies):

	<b>Legally Responsible Person</b>
<b>✓</b>	Relative
./	Legal Guardian

#### **Provider Specifications:**

<b>Provider Category</b>	Provider Type Title
Agency	Transportation
Individual	Transportation

# **Appendix C: Participant Services**

# C-1/C-3: Provider Specifications for Service

Service Type: Other Service	
service Type. Other service	
Service Name: Transportation	
bet vice traine. It ansportation	

**Provider Category:** 

Agency ~

**Provider Type:** Transportation

**Provider Qualifications** 

License (specify): Chapter 308-104 WAC (State administrative code concerning Drivers Licenses)	
Certificate (specify):	
Other Standard (specify): Chapter 308-106 WAC (State administrative code concerning mandatory insurance to operate a vehicle)	
Contract Standards erification of Provider Qualifications Entity Responsible for Verification: State Operating Agency Frequency of Verification: Every 3 years	
ppendix C: Participant Services C-1/C-3: Provider Specifications for Service	_
C-1/C-3. I Tovider Specifications for Service	
Service Type: Other Service Service Name: Transportation	
ovider Category:	
ndividual 🗸	
ovider Type:	
ansportation	
rovider Qualifications License (specify):	
Chapter 308-104 WAC (State administrative code concerning Drivers Licenses)	
Certificate (specify):	
Other Standard (specify): Chapter 308-106 WAC (State administrative code concerning mandatory insurance to operate a vehicle)	
Contract Standards  ferification of Provider Qualifications  Entity Responsible for Verification:  State Operating Agency  Frequency of Verification:	
ppendix C: Participant Services C-1/C-3: Service Specification	
ate laws, regulations and policies referenced in the specification are readily available to CMS upon rough the Medicaid agency or the operating agency (if applicable).  ervice Type:	equest
Other Service	

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

#### **Service Title:**

Wellness Education

#### **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
	<b>~</b>
Category 2:	Sub-Category 2:
	~
Category 3:	Sub-Category 3:
	~
Category 4:	Sub-Category 4:
	<b>~</b>

#### **Service Definition** (Scope):

Wellness education provides waiver participants with monthly informational and educational materials designed to assist them in managing health related issues, achieving goals identified in their person centered service plans and addressing health and safety issues. This new Core Waiver service will assist participants to achieve greater health, safety and success in community living.

- a. The individualized material is being developed by the state and by the contracted provider.
- b. The participants will receive printed material.
- c. The participants will receive a monthly mailing.
- d. The Wellness Education service is designed to assist participants to live in the community and avoid institutionalization by ensuring that they receive needed information and tools. For example, the service can provide information needed to:
- Successfully manage chronic conditions in order to halt progression resulting in risk of nursing home placements
- Prevent and avoid health risks such as, pneumonia, influenza, infections, and other illnesses or conditions that can lead to nursing home placement for elderly or frail participants
- Work effectively with health providers in order to understand and follow recommendations for the correct course of treatment in order to prevent hospitalization or nursing home placement
- Develop support networks that can promote engagement and combat isolation that can lead to increased health and safety risks that can result in nursing home placement.
- Develop an effective person centered service plan that utilizes an array of paid an informal supports to address the whole person needs of the person to live successfully in the community.
- Achieve community goals identified in the person centered service plan.

#### Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Waiver participants who elect to receive this waiver service will receive the service monthly.

Payment will be made directly to the provider by the State Medicaid Agency.

**Service Delivery Method** (check each that applies):

Complete item C-1-c.

. /	Asan	administrative	activity	Complete	e item	C-1-c
	AS all	aumminusti ative	activity.	Complei	e iiem	U-1-U.

**c. Delivery of Case Management Services.** Specify the entity or entities that conduct case management functions on behalf of waiver participants:

DDA Case Resource Managers or DDA Social Service Specialists conduct case management functions on behalf of waiver participants.

# **Appendix C: Participant Services**

# C-2: General Service Specifications (1 of 3)

- **a.** Criminal History and/or Background Investigations. Specify the State's policies concerning the conduct of criminal history and/or background investigations of individuals who provide waiver services (select one):
  - No. Criminal history and/or background investigations are not required.
  - Yes. Criminal history and/or background investigations are required.

Specify: (a) the types of positions (e.g., personal assistants, attendants) for which such investigations must be conducted; (b) the scope of such investigations (e.g., state, national); and, (c) the process for ensuring that mandatory investigations have been conducted. State laws, regulations and policies referenced in this description are available to CMS upon request through the Medicaid or the operating agency (if applicable):

DDA requires all individuals who may have unsupervised access to persons with developmental disabilities to complete a DSHS background check. This includes all contracted providers, individual providers, employees of contracted providers, and any other individual who needs to be qualified by DDA to have unsupervised access to individuals with developmental disabilities. Only staff that will not have any access to clients would not be required to have a background check. Staff may work in an unsupervised capacity through a provisional hire, only after they have completed an initial non-disqualifying Washington state background check and the national fingerprint background check results are pending. If staff are working with individuals with developmental disabilities prior to their background check being completed, they must be supervised.

- (a) Background checks are required for providers who have unsupervised access to individuals with developmental disabilities receiving services on the Core Waiver. This includes volunteers, students, interns, or contracted or licensed staff and state staff.
- (b) Searches are conducted through Washington State Patrol, and all long-term care workers (as defined below) are required to have a fingerprint check through the FBI. Individuals being hired by DDA who have lived in Washington less than three years are also required to have a fingerprint check through the FBI. As of January 2016, staff hired by Supported Living providers will also have to undergo a fingerprint check through the FBI.

The DSHS Background unit also checks Adult Protective Services and Department of Health registers.

State and federal (FBI) background checks were required for all long-term care workers (as defined in RCW 74.39A.009) for the elderly or persons with disabilities. "Long-term care workers" includes all persons who provide paid, hands-on personal care services for the elderly or persons with disabilities, including but not limited to individual providers of home care services, direct care workers employed by home care agencies, providers of home care services to persons with developmental disabilities under Title 71A RCW, all direct care workers in state-licensed assisted living facilities, and adult family homes, respite care providers, direct care workers employed by community residential service businesses, and any other direct care worker providing home or community-based services to the elderly or persons with functional disabilities or developmental disabilities.

- (c) The entity responsible for retrieving this information is DSHS/Background Check Centralized Unit (BCCU).
- (d) Relevant state laws, regulations and policies are: RCW 43.43.837 (State Patrol Washington State law concerning fingerprint-based background checks)-, RCW 74.15.030(c) (public assistance Washington state law

concerning background checks for those with unsupervised access to children or individuals with a developmental disability), WAC 388-06 (DSHS administrative code concerning background checks) and DSHS Administrative Policy 18.63 (concerning employee background check requirements).

- **b. Abuse Registry Screening.** Specify whether the State requires the screening of individuals who provide waiver services through a State-maintained abuse registry (select one):
  - O No. The State does not conduct abuse registry screening.
  - Yes. The State maintains an abuse registry and requires the screening of individuals through this registry.

Specify: (a) the entity (entities) responsible for maintaining the abuse registry; (b) the types of positions for which abuse registry screenings must be conducted; and, (c) the process for ensuring that mandatory screenings have been conducted. State laws, regulations and policies referenced in this description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable):

(a) Under state authority, RCW 26.44 (state law concerning abuse of children), Child Protective Services (CPS) within the Children's Administration (CA) of the Department of Social and Health Services (DSHS) is responsible for receiving and investigating reports of suspected child abuse and neglect.

Under state authority, RCW 74.34 (state law concerning abuse of vulnerable adults), the Aging and Long Term Support Administration (ALTSA) receives reports and conducts investigations of abuse, neglect, exploitation and abandonment for individuals enrolled with the Developmental Disabilities Administration. ALTSA Residential Care Services (RCS) investigates provider practice issues with respect to abuse and neglect occurring in nursing homes, assisted living facilities, adult family homes, & supported living programs. ALTSA Adult Protective Services (APS) investigates abuse and neglect involving adults residing in residential facilities and in their own homes. Both APS and RCS forward final findings of abuse, neglect and exploitation to the DSHS Background Check Central Unit (BCCU).

The BCCU enters the information into a database used to screen all names submitted for a background check.

(b) Pursuant to WAC 388-06-0110 (concerning who must have background checks) and RCW 74.15.030 (state law concerning the powers and duties of the Secretary of DSHS, including background checks), all DDA direct hires and direct contracts which may involve unsupervised access to children or people with developmental disabilities require a background check through the BCCU which includes abuse registry screening.

Prior to providing contracted waiver services, the DSHS requires screening of individuals through the BCCU which includes the abuse registry findings. Per RCW 74.39A.050(8)(state law concerning quality improvement of long-term care services), no provider or staff, or prospective provider or staff, entered into a state registry finding him or her guilty of abuse, neglect, exploitation, or abandonment of a minor or a vulnerable adult as defined in Chapter 74.34 RCW (state law concerning abuse of vulnerable adults) shall be employed in the care of and have unsupervised access to vulnerable adults.

(c) DDA requires all individuals who may have unsupervised access to persons with developmental disabilities to complete a DSHS background check. As part of the background check process, the DSHS Background Check Central Unit (BCCU) cross-checks all potential and current employees against state registries that contain information on all individuals with a founded or substantiated finding of abandonment, abuse, neglect, and/or exploitation against a child or vulnerable adult. The BCCU provides the results of their screenings to DDA and DDA providers for action. Contracted agency providers are required to conduct background checks on all of their employees, including all administrators, employees, volunteers, and subcontractors who may have unsupervised access to clients, pursuant to WAC 388-101-3250 (concerning background checks for the staff of certified provides of community residential services and supports) and RCW 43.43.830 (which is state law covering the Washington State Patrol which concerns background checks for those with unsupervised access to children or vulnerable adults). These background checks must be renewed at least every three years or more often as required by program rule or contract. In addition to Washington state name/date of birth background checks, national fingerprint checks are conducted on all new long term care workers and individuals who have resided less than three continuous years in Washington state. DSHS Enterprise Risk Management Office (ERMO) conducts regular internal audits of DDA residential program background

checks. The State Auditor's Office (SAO) also conducts regular background check audits. DDA works with providers regarding these audits and determines training needs. DDA provides ongoing background check training and consultation to providers and staff.

# **Appendix C: Participant Services**

# C-2: General Service Specifications (2 of 3)

- c. Services in Facilities Subject to §1616(e) of the Social Security Act. Select one:
  - No. Home and community-based services under this waiver are not provided in facilities subject to \$1616(e) of the Act.
  - Yes. Home and community-based services are provided in facilities subject to §1616(e) of the Act. The standards that apply to each type of facility where waiver services are provided are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).
    - i. Types of Facilities Subject to §1616(e). Complete the following table for each type of facility subject to §1616(e) of the Act:

Facility Type	
Group Care Home	
Adult Family Home	
Staffed Residential Home	
Group Training Home	
Child Foster Group Care Home	
Child Foster Care Home	
Adult Residential Care (ARC) Facility	

**ii.** Larger Facilities: In the case of residential facilities subject to §1616(e) that serve four or more individuals unrelated to the proprietor, describe how a home and community character is maintained in these settings.

All community residential facilities, regardless of size, must follow the residential guidelines. Clients' rights are safeguarded through State policy and contractual requirements; as well as provider policies. Residential Care Services (RCS) focuses on client-centered evaluations of all service providers. DDA completes an additional face to face visit with a sampling of waiver participants and asks for feedback using the National Core Indicators survey tool. DDA has very few residential facilities in the community where more than 6 people live together.

Adult family homes provide for up to 6 persons; and with few exceptions, all other settings are for 1-4 individuals living together. The Individual Support Plan developed for each waiver participant identifies goals for community living.

The use of a number of facilities listed is for respite only (i.e., adult family home, adult residential care facility). These services are temporary in nature, and any facility in which they are provided is not the permanent residence of the individual. Nevertheless, clients' rights are safeguarded through State policy and contractual requirements as well as provider policies. The Individual Support Plan developed for each waiver participant identifies goals for community living.

Child Foster Group Care facilities, Child Foster Care Homes, and (licensed) Staffed Residential Homes serve children and youth and are typical homes located in residential neighborhoods which provide an atmosphere reflective of each individual residents care needs and personality. Requirements to provide individualized and specialized supports, appropriate social and recreational activities within integrated community settings, and maintenance of a home environment reflective of each child's individual preferences are all components contained in the statement of work in each of the above contracts.

Child Foster Group Care facilities, Child Foster Care Homes, and (licensed) Staffed Residential Homes provide full access to typical facilities in a home such as a kitchen with cooking facilities. In addition,

children/youth attend school in their local district. The capacity in each of the homes is small and often does not exceed four. In the Child Foster Home and licensed Staffed Residential Settings, all children/youth have their own bedrooms. Children/youth access medical, dental, and any additional treatment/therapy needs in their community. Children/youth participate in activities in their community (e.g., YMCA, basketball at the school, Special Olympics, concerts, camping, shopping). Staff Provide age appropriate therapeutic instruction and support services for all children and youth to learn ADL's and develop skills towards becoming independent adults. And the child/youth's bedrooms are reflective of things that are important to her/him.

Children/youth in child foster homes and licensed staffed residential settings have their own bedrooms. Children/ youth in child foster group care settings do not make choices about who their roommates will be. Parent and/or guardians do have choice in where their son/daughter will receive respite services. Parents and/or guardians have the opportunity to visit available homes based upon location, educational needs, the child's needs, and the needs of the other children in the home. Additionally, there is a regional process that involves collaboration between department staff and paid providers to determine the most appropriate setting that can best support the child and meet her/his individualized needs.

Individuals receiving services in facilities licensed as Assisted Living facilities (i.e., Adult Residential Care facilties) may have private rooms or share a room with no more than one other person with an emphasis on privacy and personal choice, and may have their own possessions, clothing and personal items. Roommates are matched based on room availability, personal perferences, and personal routine. Meals are eaten in a dining room and snacks are available to participants. Participants are ensured access to individually preferred personal items. Visitors may be received at times convenient for the individual and privacy is provided for visitation. Space and supplies are provided for participants to engage in activities that are consistent with the participant's interests, abilities, and preferences. Service settings have access to community resources and activities.

Adult Family Homes are typical homes located in residential neighborhoods which provide a home-like atmosphere for residents. Residents have either private rooms or share a room with one other individual and may have their own possessions, clothing and personal items. Roommates are matched based room availability, personal preferences, and personal routines. Residents may have visitors at times convenient to the individual and privacy for visitation is available. Small dining rooms are available for meals. Residents have access to their own food in the kitchen. Meals are typically prepared by the provider. Homes are located with access to community resources and activities.

Group Care Homes are licensed and certified facilities located in residential neighborhoods which provide a home-like atmosphere for residents. Residents have either private rooms or (in rare instrances) share a room with one individual and may have their own possessions, clothing and personal items. Roommates are matched based room availability, personal preferences, and personal routines. Residents may have visitors at times convenient to the individual and privacy for visitation is available. Small dining rooms are available for meals. Residents have access to their own food in the kitchen. Residents can participate in their own meal preparation. Homes are located with access to community resources and activities.

Group Training Homes are licensed and certified non-profit facilities located in residential neighborhoods which provide a home-like atmosphere for residents. Residents have either private rooms or (in rare instrances) share a room with one individual and may have their own possessions, clothing and personal items. Roommates are matched based room availability, personal preferences, and personal routines. Residents may have visitors at times convenient to the individual and privacy for visitation is available. Small dining rooms are available for meals. Residents have access to their own food in the kitchen. Residents can participate in their own meal preparation. Homes are located with access to community resources and activities.

# **Appendix C: Participant Services**

**C-2: Facility Specifications** 

# **Facility Type:**

Group Care Home

# Waiver Service(s) Provided in Facility:

Waiver Service	Provided in Facility
Residential Habilitation	<b>✓</b>
Prevocational Services	
Individual Supported Employment/Group Supported Employment	
Community Access	
Respite	<b>✓</b>
Physical Therapy	
Occupational Therapy	
Speech, Hearing, and Language Services	
Behavior Support and Consultation	
Staff Family Consultation and Training	
Community Guide	
Transportation	
Environmental Accessibility Adaptations	
Community Transition	
Specialized Medical Equipment and Supplies	
Sexual Deviancy Evaluation	
Skilled Nursing	
Behavioral Health Stabilization Services-Behavior Support and Consultation	
Specialized Psychiatric Services	
Individualized Technical Assistance	
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services	
Personal Care	
Wellness Education	
Behavioral Health Stabilization Services-Specialized Psychiatric Services	

#### **Facility Capacity Limit:**

If licensed as an Adult Family Home, the maximum capacity is six. If licensed as an Assisted Living Facility, there is no pre-determined maximum capacity. The largest facility currently has 11.

**Scope of Facility Sandards.** For this facility type, please specify whether the State's standards address the following topics (*check each that applies*):

Scope of State Facility Standards

Standard	Topic Addressed
Admission policies	<b>✓</b>
Physical environment	✓
Sanitation	✓

Standard	Topic Addressed
Safety	<b>~</b>
Staff: resident ratios	<b>✓</b>
Staff training and qualifications	<b>✓</b>
Staff supervision	<b>✓</b>
Resident rights	<b>✓</b>
Medication administration	<b>✓</b>
Use of restrictive interventions	<b>✓</b>
Incident reporting	<b>✓</b>
Provision of or arrangement for necessary health services	<b>✓</b>

When facility standards do not address one or more of the topics listed, explain why the standard is not included or is not relevant to the facility type or population. Explain how the health and welfare of participants is assured in the standard area(s) not addressed:

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# **Appendix C: Participant Services**

# **C-2: Facility Specifications**

### **Facility Type:**

Adult Family Home

Waiver Service	Provided in Facility
Residential Habilitation	
Prevocational Services	
Individual Supported Employment/Group Supported Employment	
Community Access	
Respite	✓
Physical Therapy	
Occupational Therapy	
Speech, Hearing, and Language Services	
Behavior Support and Consultation	
Staff Family Consultation and Training	
Community Guide	
Transportation	
Environmental Accessibility Adaptations	
Community Transition	
Specialized Medical Equipment and Supplies	
Sexual Deviancy Evaluation	
Skilled Nursing	

Waiver Service	Provided in Facility
Behavioral Health Stabilization Services-Behavior Support and Consultation	
Specialized Psychiatric Services	
Individualized Technical Assistance	
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services	
Personal Care	
Wellness Education	
Behavioral Health Stabilization Services-Specialized Psychiatric Services	

Licensing will allow up to 6.

**Scope of Facility Sandards.** For this facility type, please specify whether the State's standards address the following topics (*check each that applies*):

Scope of State Facility Standards

Standard	Topic Addressed
Admission policies	<b>✓</b>
Physical environment	<b>✓</b>
Sanitation	<b>✓</b>
Safety	<b>✓</b>
Staff: resident ratios	<b>✓</b>
Staff training and qualifications	<b>✓</b>
Staff supervision	<b>✓</b>
Resident rights	<b>✓</b>
Medication administration	<b>✓</b>
Use of restrictive interventions	<b>~</b>
Incident reporting	<b>~</b>
Provision of or arrangement for necessary health services	<b>✓</b>

When facility standards do not address one or more of the topics listed, explain why the standard is not included or is not relevant to the facility type or population. Explain how the health and welfare of participants is assured in the standard area(s) not addressed:

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# **Appendix C: Participant Services**

# **C-2: Facility Specifications**

#### **Facility Type:**

Staffed Residential Home

Waiver Service	Provided in Facility
Residential Habilitation	

Waiver Service	Provided in Facility
	✓
Prevocational Services	
Individual Supported Employment/Group Supported Employment	
Community Access	
Respite	<b>✓</b>
Physical Therapy	
Occupational Therapy	
Speech, Hearing, and Language Services	
Behavior Support and Consultation	
Staff Family Consultation and Training	
Community Guide	
Transportation	
Environmental Accessibility Adaptations	
Community Transition	
Specialized Medical Equipment and Supplies	
Sexual Deviancy Evaluation	
Skilled Nursing	
Behavioral Health Stabilization Services-Behavior Support and Consultation	
Specialized Psychiatric Services	
Individualized Technical Assistance	
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services	
Personal Care	
Wellness Education	
Behavioral Health Stabilization Services-Specialized Psychiatric Services	

Licensing will allow up to 6. DDA contract limits to 4.

**Scope of Facility Sandards.** For this facility type, please specify whether the State's standards address the following topics (*check each that applies*):

Scope of State Facility Standards

Standard	Topic Addressed
Admission policies	✓
Physical environment	✓
Sanitation	✓
Safety	<b>✓</b>
Staff: resident ratios	<b>✓</b>
Staff training and qualifications	<b>✓</b>
Staff supervision	<b>✓</b>
	ĺ

Standard	Topic Addressed
Resident rights	<b>&gt;</b>
Medication administration	<b>&gt;</b>
Use of restrictive interventions	<b>~</b>
Incident reporting	<b>✓</b>
Provision of or arrangement for necessary health services	<b>&gt;</b>

When facility standards do not address one or more of the topics listed, explain why the standard is not included or is not relevant to the facility type or population. Explain how the health and welfare of participants is assured in the standard area(s) not addressed:

# **Appendix C: Participant Services**

# **C-2: Facility Specifications**

# **Facility Type:**

**Group Training Home** 

Waiver Service	Provided in Facility
Residential Habilitation	✓
Prevocational Services	
Individual Supported Employment/Group Supported Employment	
Community Access	
Respite	
Physical Therapy	
Occupational Therapy	
Speech, Hearing, and Language Services	
Behavior Support and Consultation	
Staff Family Consultation and Training	
Community Guide	
Transportation	
Environmental Accessibility Adaptations	
Community Transition	
Specialized Medical Equipment and Supplies	
Sexual Deviancy Evaluation	
Skilled Nursing	
Behavioral Health Stabilization Services-Behavior Support and Consultation	
Specialized Psychiatric Services	
Individualized Technical Assistance	

Waiver Service	Provided in Facility	
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services		
Personal Care		
Wellness Education		
Behavioral Health Stabilization Services-Specialized Psychiatric Services		

If licensed as an Adult Family Home, the maximum capacity is six. If licensed as an Assisted Living Facility, there is no pre-determined maximum capacity. The one GTH has a capacity of 20.

**Scope of Facility Sandards.** For this facility type, please specify whether the State's standards address the following topics (*check each that applies*):

Scope of State Facility Standards

Standard	Topic Addressed
Admission policies	<b>✓</b>
Physical environment	✓
Sanitation	✓
Safety	✓
Staff: resident ratios	✓
Staff training and qualifications	<b>✓</b>
Staff supervision	✓
Resident rights	✓
Medication administration	✓
Use of restrictive interventions	<b>✓</b>
Incident reporting	✓
Provision of or arrangement for necessary health services	✓

When facility standards do not address one or more of the topics listed, explain why the standard is not included or is not relevant to the facility type or population. Explain how the health and welfare of participants is assured in the standard area(s) not addressed:

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# **Appendix C: Participant Services**

# **C-2: Facility Specifications**

#### **Facility Type:**

Child Foster Group Care Home

Waiver Service	Provided in Facility
Residential Habilitation	<b>✓</b>
Prevocational Services	
Individual Supported Employment/Group Supported Employment	

Waiver Service	Provided in Facility
Community Access	
Respite	<b>✓</b>
Physical Therapy	
Occupational Therapy	
Speech, Hearing, and Language Services	
Behavior Support and Consultation	
Staff Family Consultation and Training	
Community Guide	
Transportation	
Environmental Accessibility Adaptations	
Community Transition	
Specialized Medical Equipment and Supplies	
Sexual Deviancy Evaluation	
Skilled Nursing	
Behavioral Health Stabilization Services-Behavior Support and Consultation	
Specialized Psychiatric Services	
Individualized Technical Assistance	
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services	
Personal Care	
Wellness Education	
Behavioral Health Stabilization Services-Specialized Psychiatric Services	

Capacity is dependent on facility size with no pre-determined maximum number specified. The maximum number is determined by facility per WAC 388-148-0025. The largest is licensed for 20.

**Scope of Facility Sandards.** For this facility type, please specify whether the State's standards address the following topics (*check each that applies*):

Scope of State Facility Standards

Standard	Topic Addressed
Admission policies	✓
Physical environment	<b>✓</b>
Sanitation	✓
Safety	✓
Staff: resident ratios	✓
Staff training and qualifications	✓
Staff supervision	✓
Resident rights	✓
Medication administration	<b>✓</b>
Use of restrictive interventions	✓

Standard	Topic Addressed
Incident reporting	<b>✓</b>
Provision of or arrangement for necessary health services	<b>✓</b>

When facility standards do not address one or more of the topics listed, explain why the standard is not included or is not relevant to the facility type or population. Explain how the health and welfare of participants is assured in the standard area(s) not addressed:

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<b>~</b>

# **Appendix C: Participant Services**

# **C-2: Facility Specifications**

# **Facility Type:**

Child Foster Care Home

Waiver Service	Provided in Facility
Residential Habilitation	<b>✓</b>
Prevocational Services	
Individual Supported Employment/Group Supported Employment	
Community Access	
Respite	<b>✓</b>
Physical Therapy	
Occupational Therapy	
Speech, Hearing, and Language Services	
Behavior Support and Consultation	
Staff Family Consultation and Training	
Community Guide	
Transportation	
Environmental Accessibility Adaptations	
Community Transition	
Specialized Medical Equipment and Supplies	
Sexual Deviancy Evaluation	
Skilled Nursing	
Behavioral Health Stabilization Services-Behavior Support and Consultation	
Specialized Psychiatric Services	
Individualized Technical Assistance	
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services	
Personal Care	
Wellness Education	

Waiver Service	Provided in Facility	
Behavioral Health Stabilization Services-Specialized Psychiatric Services		

Capacity is dependent on multiple factors in the home but does not exceed 6.

**Scope of Facility Sandards.** For this facility type, please specify whether the State's standards address the following topics (*check each that applies*):

**Scope of State Facility Standards** 

Standard	Topic Addressed
Admission policies	<b>✓</b>
Physical environment	<b>✓</b>
Sanitation	<b>✓</b>
Safety	<b>✓</b>
Staff: resident ratios	<b>✓</b>
Staff training and qualifications	<b>✓</b>
Staff supervision	<b>✓</b>
Resident rights	<b>✓</b>
Medication administration	<b>✓</b>
Use of restrictive interventions	<b>✓</b>
Incident reporting	<b>✓</b>
Provision of or arrangement for necessary health services	<b>✓</b>

When facility standards do not address one or more of the topics listed, explain why the standard is not included or is not relevant to the facility type or population. Explain how the health and welfare of participants is assured in the standard area(s) not addressed:

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# **Appendix C: Participant Services**

# **C-2: Facility Specifications**

#### **Facility Type:**

Adult Residential Care (ARC) Facility

Waiver Service	Provided in Facility
Residential Habilitation	
Prevocational Services	
Individual Supported Employment/Group Supported Employment	
Community Access	
Respite	<b>✓</b>
Physical Therapy	
Occupational Therapy	

Waiver Service	Provided in Facility
Speech, Hearing, and Language Services	
Behavior Support and Consultation	
Staff Family Consultation and Training	
Community Guide	
Transportation	
Environmental Accessibility Adaptations	
Community Transition	
Specialized Medical Equipment and Supplies	
Sexual Deviancy Evaluation	
Skilled Nursing	
Behavioral Health Stabilization Services-Behavior Support and Consultation	
Specialized Psychiatric Services	
Individualized Technical Assistance	
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services	
Personal Care	
Wellness Education	
Behavioral Health Stabilization Services-Specialized Psychiatric Services	

Capacity is dependent on facility size with no pre-determined maximum number specified. The maximum number is determined by facility per WAC 388-78A-2020. The largest facility has 150 beds.

**Scope of Facility Sandards.** For this facility type, please specify whether the State's standards address the following topics (*check each that applies*):

Scope of State Facility Standards

Standard	Topic Addressed
Admission policies	✓
Physical environment	✓
Sanitation	✓
Safety	✓
Staff: resident ratios	✓
Staff training and qualifications	✓
Staff supervision	✓
Resident rights	✓
Medication administration	✓
Use of restrictive interventions	✓
Incident reporting	✓
Provision of or arrangement for necessary health services	✓

When facility standards do not address one or more of the topics listed, explain why the standard is not included or is not relevant to the facility type or population. Explain how the health and welfare of participants is assured in the standard area(s) not addressed:

Append	ix C: Participant Services
	C-2: General Service Specifications (3 of 3)
indi pare (b) a by t serv	vision of Personal Care or Similar Services by Legally Responsible Individuals. A legally responsible vidual is any person who has a duty under State law to care for another person and typically includes: (a) the ent (biological or adoptive) of a minor child or the guardian of a minor child who must provide care to the child of a spouse of a waiver participant. Except at the option of the State and under extraordinary circumstances specified he State, payment may not be made to a legally responsible individual for the provision of personal care or similar vices that the legally responsible individual would ordinarily perform or be responsible to perform on behalf of a ver participant. Select one:
•	No. The State does not make payment to legally responsible individuals for furnishing personal care or similar services.
0	Yes. The State makes payment to legally responsible individuals for furnishing personal care or similar services when they are qualified to provide the services.
	Specify: (a) the legally responsible individuals who may be paid to furnish such services and the services they may provide; (b) State policies that specify the circumstances when payment may be authorized for the provision of <i>extraordinary care</i> by a legally responsible individual and how the State ensures that the provision of service by a legally responsible individual is in the best interest of the participant; and, (c) the controls that are employed to ensure that payments are made only for services rendered. <i>Also, specify in Appendix C-1/C-3 the personal care or similar services for which payment may be made to legally responsible individuals under the State policies specified here.</i>
Spe	her State Policies Concerning Payment for Waiver Services Furnished by Relatives/Legal Guardians. cify State policies concerning making payment to relatives/legal guardians for the provision of waiver services r and above the policies addressed in Item C-2-d. <i>Select one</i> :
$\circ$	The State does not make payment to relatives/legal guardians for furnishing waiver services.
•	The State makes payment to relatives/legal guardians under specific circumstances and only when the relative/guardian is qualified to furnish services.
	Specify the specific circumstances under which payment is made, the types of relatives/legal guardians to whom payment may be made, and the services for which payment may be made. Specify the controls that are employed to ensure that payments are made only for services rendered. Also, specify in Appendix C-1/C-3 each waiver service for which payment may be made to relatives/legal guardians.
	State regulations stipulate:  The following limitations apply to providers for waiver services:  (1) The client's spouse cannot be their paid provider for any waiver service.  (2) If the client is under age eighteen, their patural, step
	<ul><li>(2) If the client is under age eighteen, their natural, step, or adoptive parent cannot be their paid provider for any waiver service.</li><li>(3) If the client is age eighteen or older, their natural,</li></ul>
	(3) If the chefit is age eighteen of older, their flattial,

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step, or adoptive parent cannot be their paid provider for

(c) Residential Habilitation services if their parent is

(a) Personal care (which is being removed from the Core Waiver as of 7/1/2015);

any waiver service with the exception of:

(b) Transportation to a waiver service;

certified as a residential agency; or

(d) Respite care for the individual if they and their parent live in separate households.

The following controls are in place to ensure payments are made only for services rendered:

- Annual Individual Support Plans
- · CRM monitoring of plan
- Annual ISP audits
- National Core Indicator interviews
- Individual Support Plan surveys

To ensure the safety of waiver participants, the state instructs Case Managers to locate a third party to supervise providers when the provider is a guardian.

<ul> <li>Relatives/legal guardians may be paid for providing waiver services whenever the relative/legal g is qualified to provide services as specified in Appendix C-1/C-3.</li> <li>Specify the controls that are employed to ensure that payments are made only for services rendered.</li> </ul>		
0	Other policy.	
	Specify:	
		<b>^</b>

**f. Open Enrollment of Providers.** Specify the processes that are employed to assure that all willing and qualified providers have the opportunity to enroll as waiver service providers as provided in 42 CFR §431.51:

The State of Washington allows for continuous open enrollment of most qualified providers. Provider qualifications are available to the public on-line per Washington Administrative Code (WAC). Waiver enrollees may select qualified providers at any time during the waiver year. Most providers may enroll at any time during the year.

Counties must solicit providers a minimum of every four years by issuing a request for interest (RFI), and if responses are received, a request for qualification (RFQ). Some counties allow continuous open enrollment of providers.

### **Appendix C: Participant Services**

### **Quality Improvement: Qualified Providers**

As a distinct component of the State's quality improvement strategy, provide information in the following fields to detail the State's methods for discovery and remediation.

a. Methods for Discovery: Qualified Providers

The state demonstrates that it has designed and implemented an adequate system for assuring that all waiver services are provided by qualified providers.

#### i. Sub-Assurances:

a. Sub-Assurance: The State verifies that providers initially and continually meet required licensure and/or certification standards and adhere to other standards prior to their furnishing waiver services.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance, complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

C.a.1: The percentage of waiver service providers requiring licensure, which initially met and continued to meet contract standards, which includes appropriate licensure. Numerator= All waiver service providers that met contract standards, including licensure. Denominator= All waiver service providers that require licensure.

Data Source (Select one):
Other
If 'Other' is selected, specify:

Agency Contracts Database (ACD)

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applie		
State Medicaid Agency	☐ Weekly	<b>✓</b> 100% Review		
<b>✓</b> Operating Agency	☐ Monthly	Less than 100% Review		
Sub-State Entity  Other Specify:	Other  Annually	Representative Sample Confidence Interval =  Stratified Describe Group:		
	☐ Continuously and Ongoing	Other Specify:		
	Other Specify:			

**Data Aggregation and Analysis:** 

Frequency of data aggregation and analysis(check each that applies):

Responsible Party for dataggregation and analysis that applies):		Frequency of data aggregation and analysis(check each that applies):	
State Medicaid Agency		☐ Weekly	
<b>✓</b> Operating Agency		Monthl	y
Sub-State Entity		Quarte	rly
Other Specify:	<b>\_</b>	<b></b> Annual	ly
		Continu	ously and Ongoing
		Other Specify	
hich include appropriat	met and con e certification	tinued to med n. Numerator	et DDA contract standar = All supported living
C.a.2: The percentage of vertification, who initially which include appropriate roviders that met certification.  Out a Source (Select one):	met and con e certification	tinued to med n. Numerator	et DDA contract standar = All supported living
C.a.2: The percentage of vertification, who initially hich include appropriate	met and cone certification cation standa	tinued to med n. Numerator ards. Denomin	et DDA contract standar = All supported living nator= All supported livi
C.a.2: The percentage of vertification, who initially which include appropriate roviders that met certification.  Data Source (Select one): Other f 'Other' is selected, specification of provider control of the contro	met and cone certification standards:  y:  retification in Frequency of collection/gi	ntinued to med n. Numerator ards. Denominate n Residential of data	et DDA contract standarder All supported living nator All supported living nator All supported living Care Services (RCS)
C.a.2: The percentage of vertification, who initially which include appropriate roviders that met certification.  Data Source (Select one): Other  f'Other' is selected, specification of provider clatabase.  Responsible Party for data collection/generation	met and cone certification standards:  y:  retification in Frequency of collection/gi	ntinued to med in Numerator ands. Denominate the Residential of data deneration that applies):	et DDA contract standard = All supported living nator= All supported living Care Services (RCS)
c.a.2: The percentage of vertification, who initially which include appropriate roviders that met certification.  Data Source (Select one): Other f'Other' is selected, specification of provider catabase.  Responsible Party for data collection/generation (check each that applies):  State Medicaid	met and cone certification standards:  y: ertification in Frequency collection/g (check each	ntinued to med n. Numerator ands. Denominate the nest that applies is that applies is the nest t	et DDA contract standard All supported living nator= All supported living Care Services (RCS)  Sampling Approach (check each that applies)

**✓** Annually

Continuously and

Ongoing

**Other** 

Specify:

DDA Residential

Program Manager.

Stratified

Other

Describe

Group:

Specify:

	Other Specify		
Oata Aggregation and Ana	alysis:		
Responsible Party for data aggregation and analysis (check each that applies):			f data aggregation and ck each that applies):
State Medicaid Agency		☐ Weekly	
<b>✓</b> Operating Agency		Monthly	y
Sub-State Entity		Quarter	·lv

# b. Sub-Assurance: The State monitors non-licensed/non-certified providers to assure adherence to waiver requirements.

For each performance measure the State will use to assess compliance with the statutory assurance, complete the following. Where possible, include numerator/denominator.

**✓** Annually

Other Specify:

**Continuously and Ongoing** 

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Other Specify:

C.b.1: The percentage of waiver files reviewed for which all authorized providers met DDA contract standards. Numerator= All files reviewed for which 100% of authorized providers met contract standards. Denominator= all files reviewed for compliance with contract standards.

Data Source (Select one): Record reviews, on-site If 'Other' is selected, specify:

Responsible Party for	Frequency of data	Sampling Approach
data	<u> </u>	(check each that applies):
	(check each that applies):	

<b>collection/generation</b> (check each that applies):				
State Medicaid Agency	☐ Weekly		☐ 100% Review	
<b>✓</b> Operating Agency	☐ Monthly		✓ Less Revi	than 100% iew
☐ Sub-State Entity	☐ Quarterly		✓ Rep Sam	resentative ple Confidence Interval = 95%
Specify: Quality Compliance Coordinator (QCC) Team within DDA.	✓ Annually  ☐ Continuously and Ongoing		☐ Stra	tified Describe Group:
			Oth	er Specify:
	Other Specify	:		
eata Aggregation and An	alysis:		,	
Responsible Party for dat aggregation and analysis that applies):		Frequency o analysis(chec		regation and at applies):
State Medicaid Agen	cy	☐ Weekly		
<b>✓</b> Operating Agency		Monthl	у	
☐ Sub-State Entity	Quarter		rly	
Other Specify:	^	✓ Annual	ly	

**Performance Measure:** 

C.b.2: The percentage of non-licensed/non-certified waiver service providers who initially met and continued to meet DDA contract standards. Numerator= All non-licensed/non-certified waiver service providers who initially met and

Other Specify:

**Continuously and Ongoing** 

continued to meet DDA contract standards. Denominator= All non-licensed/non-certified waiver service providers.

Other If 'Other' is selected, specify Agency Contracts Databa				
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):		Sampling Approach (check each that applied	
State Medicaid Agency	☐ Weekly		<b>✓</b> 100% Review	
<b>Operating Agency</b>	Month	ly	☐ Less than 100% Review	
☐ Sub-State Entity	☐ Quarte	erly	Representative Sample Confidence Interval =	
Other Specify:	✓ Annua	lly	Stratified  Describe Group:	
	☐ Contin Ongoin	uously and ng	Other Specify:	
	Other Specify			
Data Aggregation and An Responsible Party for date	ta		of data aggregation and	
aggregation and analysis that applies):	<u> </u>	,	ck each that applies):	
State Medicaid Agen	ncy	☐ Weekly		
<b>✓</b> Operating Agency		Monthl		
Sub-State Entity		Quarter		
Other Specify:	<b>^</b>	<b>√</b> Annual	ly	

•		Frequency of data aggregation and analysis(check each that applies):  Continuously and Ongoing  Other							
								Specify	/ <b>:</b>
Performance Measure:									
ICI survey with providence sponding to the NCI survey Data Source (Select one):	r performanc rvey	e satisfaction	participants responding to D: Waiver participants						
<b>Analyzed collected data (</b> If 'Other' is selected, speci-		rveys, focus g	group, interviews, etc)						
Responsible Party for data collection/generation (check each that applies):	Frequency collection/g		Sampling Approach (check each that applies):						
State Medicaid Agency	☐ Weekl	y	☐ 100% Review						
<b>✓</b> Operating Agency	☐ Monthly		Less than 100% Review						
☐ Sub-State Entity	Quarto	erly	Representative Sample Confidence Interval = 5% + or -						
Other	✓ Annually		Stratified						
Specify:	h f		Describe Group:						
	1								
	☐ Contin	uously and	☐ Other						

**Data Aggregation and Analysis:** 

Other
Specify:

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
☐ State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	✓ Annually
	☐ Continuously and Ongoing
	Other Specify:

c. Sub-Assurance: The State implements its policies and procedures for verifying that provider training is conducted in accordance with state requirements and the approved waiver.

For each performance measure the State will use to assess compliance with the statutory assurance, complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

### **Performance Measure:**

C.c.1: The percentage of case file reviews, for which authorized providers met state training requirements as verified by valid licenses and contracts.

Numerator= Files reviewed for which an authorized provider met state training requirements. Denominator= All files reviewed.

Data Source (Select one): Record reviews, on-site

If 'Other' is selected specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	☐ Weekly	☐ 100% Review
Operating Agency	☐ Monthly	✓ Less than 100% Review
Sub-State Entity	Quarterly	Representative Sample Confidence Interval = 95%

✓ Other Specify:	✓ Annua	lly	Stratified Describe
Quality Compliance Coordinator (QCC) Team within DDA.			Group:
	☐ Contin Ongoin	uously and	Other Specify:
	Other Specify	:	
nta Aggregation and An esponsible Party for dat ggregation and analysis at applies):	ta		f data aggregation and ck each that applies):
State Medicaid Agen	ıcy	☐ Weekly	
<b>✓</b> Operating Agency		Monthly Monthly	y
Sub-State Entity		Quarter	rly
Other Specify:	<b>\_</b>	<b></b> Annual	
			ously and Ongoing
		Other Specify:	<b>\$</b>
Vaiver service providers equirements. Denominat aining.  Pata Source (Select one): Other  Other is selected, specif	verified by varequiring lico or= Waiver s	alid licenses a ensure who m	nd contracts. Numerator=
gency Contracts Databa Responsible Party for lata collection/generation	Frequency of collection/go		Sampling Approach (check each that applies):
Check each that applies):  State Medicaid Agency	☐ Weekly	7	<b>✓</b> 100% Review

<b>✓</b> Operating Agency	☐ Monthly	Less than 100% Review
Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other Specify:	<b>✓</b> Annually	Stratified  Describe Group:
	☐ Continuously and Ongoing	Other Specify:
	Other Specify:	

**Data Aggregation and Analysis:** 

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	<b>✓</b> Annually
	☐ Continuously and Ongoing
	Other Specify:

**Performance Measure:** 

C.c.3: The percentage of waiver service providers who don't require licensure who meet state training requirements as verified by valid contracts. Numerator= All providers of waiver services who don't require licensure who meet state training requirements as verified by valid contracts. Denominator= All providers of waiver services who don't require licensure.

Data Source (Select one):

### Other

If 'Other' is selected, specify:

**Agency Contracts Database (ACD)** 

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	☐ Weekly	<b>✓</b> 100% Review
<b>✓</b> Operating Agency	☐ Monthly	☐ Less than 100% Review
☐ Sub-State Entity ☐ Other Specify:	☐ Quarterly  ✓ Annually	Representative Sample Confidence Interval =  Stratified Describe Group:
	☐ Continuously and Ongoing	Other Specify:
	Other Specify:	

**Data Aggregation and Analysis:** 

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	✓ Annually
	☐ Continuously and Ongoing
	Other Specify:

Frequency of data aggregation and analysis(check each that applies):
<b>\$</b>

ii. If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.

C.a.1; C.a.2; C.b.2; and C.c.3: The Contracts Program Manager produces an annual report comparing claims data against the Agency Contracts Database (ACD) to verify that providers of service to all waiver participants meet contract standards, including licensure and other requirements, as verified by a valid contract.

C.c.2 and C.c.3: DDA maintains provider contract records in the Agency Contracts Database (ACD) that verifies providers have met ongoing training requirements prior to contract renewal. ACD reports are run annually to verify completion of training requirements.

C.b.1. and C.c.1: The Quality Compliance Coordinator (QCC) Team completes a review of randomly selected files across all waivers on an annual basis. The list for the QCC Team review is generated to produce a random sample with a 95% confidence level and a confidence interval of +/-5%. The findings from these reviews are collected in a database. All findings are expected to be corrected within 90 days. Corrections are monitored by QCC Team members.

As a part of the QCC review, the team checks to see that providers of service to waiver participants continue to meet contract standards, which include appropriate licensure, certification and other standards including training requirements, as verified by a valid contract in the Agency Contracts Database.

#### b. Methods for Remediation/Fixing Individual Problems

i. Describe the State's method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the State to document these items.
Contract Reports:

C.a.1; C.a.2; C.b.2; C.c.2; and C.c.3:

The results of the annual report comparing claims data against the ACD are shared with the regions for immediate follow up. Providers without a valid contract or the necessary training requirements are reviewed to determine the appropriate course of contract action. Services are terminated for those without valid contracts.

QCC Waiver File Reviews:

C.b.1. and C.c.1:

Individual findings are expected to be corrected within 90 days. Regional management and QCC are available to provide individualized support and assistance with these corrections. QCC staff monitors to ensure corrections occur.

Next, findings are analyzed by DDA management. Based on the analyses, additional necessary steps are taken. For example:

- \*Annual staff Waiver Training curriculum is developed and/or modified.
- \*Policies are clarified.
- \*Personnel issues are identified and addressed.
- \*Form format and instructions are modified.
- \*Waiver administrative code (WAC) is revised.
- \*Regional processes are revised.

C.b.3: The National Core Indicators Survey:

Washington State's Developmental Disabilities Administration (DDA) participates in a national study that assesses performance and outcome indicators for state developmental disabilities service systems. This study allows the division to compare its performance to service systems in other states and within our state from year to year.

There are currently 60 performance and outcome indicators to be assessed covering the following domains:

- Consumer Outcomes
- System Performance
- Health, Welfare, & Rights
- Service Delivery System Strength & Stability

In addition, DDA has added some waiver specific questions to assist with assuring ISPs are implemented as written and that health and welfare needs are being addressed. Findings are analyzed by management and shared with stakeholders. The Washington State D0evelopmental Disabilities Council (DDC) participates in the survey process both in visiting clients and analyzing results.

ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification) Frequency of data aggregation and analysis **Responsible Party**(check each that applies): (check each that applies): **State Medicaid Agency** Weekly Monthly Operating Agency **Sub-State Entity** Quarterly Other **✓** Annually Specify: **Continuously and Ongoing** Other Specify: c. Timelines When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Qualified Providers that are currently nonoperational. No O Yes Please provide a detailed strategy for assuring Qualified Providers, the specific timeline for implementing identified strategies, and the parties responsible for its operation. **Appendix C: Participant Services C-3: Waiver Services Specifications** Section C-3 'Service Specifications' is incorporated into Section C-1 'Waiver Services.' **Appendix C: Participant Services** 

C-4: Additional Limits on Amount of Waiver Services

a.			al Limits on Amount of Waiver Services. Indicate whether the waiver employs any of the following limits on the amount of waiver services ( <i>select one</i> ).
	0	App	<b>applicable</b> - The State does not impose a limit on the amount of waiver services except as provided in endix C-3.
	•	App	<b>clicable</b> - The State imposes additional limits on the amount of waiver services.
		meth how exce	en a limit is employed, specify: (a) the waiver services to which the limit applies; (b) the basis of the limit, ading its basis in historical expenditure/utilization patterns and, as applicable, the processes and nodologies that are used to determine the amount of the limit to which a participant's services are subject; (c) the limit will be adjusted over the course of the waiver period; (d) provisions for adjusting or making eptions to the limit based on participant health and welfare needs or other factors specified by the state; (e) safeguards that are in effect when the amount of the limit is insufficient to meet a participant's needs; (f) how icipants are notified of the amount of the limit. (check each that applies)
			Limit(s) on Set(s) of Services. There is a limit on the maximum dollar amount of waiver services that is
			authorized for one or more sets of services offered under the waiver.  Furnish the information specified above.
			$\Diamond$
			Prospective Individual Budget Amount. There is a limit on the maximum dollar amount of waiver
			services authorized for each specific participant.  Furnish the information specified above.
		<b>✓</b>	Budget Limits by Level of Support. Based on an assessment process and/or other factors, participants are
			assigned to funding levels that are limits on the maximum dollar amount of waiver services. Furnish the information specified above.
			Employment and Day habilitation amount of services will be determined through the DDA assessment. Acuity level based on responses from the DDA assessment will determine the individuals Community access level of support and/or Supported Employment support.
			The amount of Community Access services the client will be eligible for will be based on client's assessed need. The DDA case manager will use the DDA assessment to determine the client's community access acuity level. The Support Intensity Scale subscales of:  1. Home Living (Part A) 2. Community Living (Part B) 3. Lifelong Learning(Part C) 4. Employment Activities (Part D) 5. Health and Safety Activities (Part E) 6. Social Activities (Part F)
			Based on the client/legal guardian and respondents responses the SIS score will be categorized into seven support levels which will have an associated number of hours of support the client can expect to receive as

identified in WAC 388-828:

		The number of hours the
Community Access	Level	individual may receive each month is:
0-9 Percentile	A	Up through 3.0 hours
10-19 Percentile	В	Up through 6.0 hours
20-29 Percentile	C	Up through 9.0 hours
30-44 Percentile	D	Up through 12.0 hours
45-59 Percentile	E	Up through 15.0 hours
60-74 Percentile	F	Up through 18.0 hours
75-100 Percentile	G	Up through 20.0 hours

The amount of employment support will be based on the following items (across all waivers): Client Employment Acuity is determined through the DDA assessment. Acuity reflects conditions typically related to the individuals disability that are not likely to change, and are generally not impacted by outside factors. Client acuity is determined as either "High", "Medium" or "Low" as defined within WAC 388-828.

### Support level High –

- Requires support in the community at all times to maintain health and safety.
- Experiences significant barriers to employment or community participation.
- Requires frequent supervision, training, or full physical assistance with community activities most or all of the

time.

### Support Level Medium -

- Independent in the community some of the time and requires moderate support to obtain or maintain employment.
- Able to maintain health and safety in the community for short periods of time.
- May need some supervision, training, or partial physical assistance with community activities.
- May need regular monitoring or prompting to perform tasks.

#### Support Level Low –

- Generally independent in the community and requires minimal support to obtain or maintain employment.
- Able to communicate with others effectively and can maintain personal health and safety most of the time without

supervision.

 May be able to independently transport self in the community and does not require physical assistance in community

activities.

Able to perform tasks with minimal or occasional monitoring or prompting.

### **Employment Algorithm Components**

A combination of the following acuity scales and assessment items provided the most accurate determination of a person's employment acuity level:

- Activities of Daily Living (See WAC 388-828-5460 & WAC 388-828-5480)
- Behavioral Support (See WAC 388-828-5640)
- Interpersonal Support (See WAC 388-828-5800 & WAC 388-828-5820)
- Environmental Support (See Draft WAC 388-828-9230 & WAC 388-828-9235)
- Level of Monitoring (See WAC 388-828-5060(1))
- Employment Support (See WAC 388-828-4260 & WAC 388-828-9260)
- Completing tasks with acceptable speed (See WAC 388-828-5800 & WAC 388-828-9255)
- Completing tasks with acceptable quality (See WAC 388-828-5800 & WAC 388-828-9260)
- Medical Support (See WAC 388-828-5700)
- Seizure support (See Draft WAC 388-828-9270 & WAC 388-828-9275)
- 2. Client work history is determined by looking back over a 12-month period and is categorized into three main

groupings:

- Continuous Employment Received wages 9 consecutive month of the 12-month period
- Intermittent/Recent Employment Received wages in at least one month of the 12-month period
- Not employed or unemployed last 12 months No wages reported as earned during a 12-month period (subminimum wages fall to not employed)

The range of support hours the client receives will be dependent upon the individuals Employment Acuity, work history and phases of employment. In rare instances, an exception to rule (ETR) may be granted to adjust support hours to meet the unique needs of a waiver participant.

Other Type of Limit. The State employs another type of limit.

Describe the limit and furnish the information specified above.

	<b>\</b>
Appendix C: Participant Services	
C-5: Home and Community-Based Settings	
Explain how residential and non-residential settings in this waiver comply with federal HCB Settings requirements at 42 G 441.301(c)(4)-(5) and associated CMS guidance. Include:	CFR
1. Description of the settings and how they meet federal HCB Settings requirements, at the time of submission and in future.	ı the
2. Description of the means by which the state Medicaid agency ascertains that all waiver settings meet federal HCB Setting requirements, at the time of this submission and ongoing.	
Note instructions at Module 1, Attachment #2, <u>HCB Settings Waiver Transition Plan</u> for description of settings that do not meet requirements at the time of submission. Do not duplicate that information here.	t
Please see Attachment #2.	
Appendix D: Participant-Centered Planning and Service Delivery  D-1: Service Plan Development (1 of 8)	_
State Participant-Centered Service Plan Title: Individual Support Plan (ISP)	
<ul> <li>a. Responsibility for Service Plan Development. Per 42 CFR §441.301(b)(2), specify who is responsible for the development of the service plan and the qualifications of these individuals (select each that applies):</li> <li>Registered nurse, licensed to practice in the State</li> </ul>	
Licensed practical or vocational nurse, acting within the scope of practice under State law	
Licensed physician (M.D. or D.O)	
✓ Case Manager (qualifications specified in Appendix C-1/C-3)	
☐ <b>Case Manager</b> (qualifications not specified in Appendix C-1/C-3).  Specify qualifications:	
Specify quanticutions.	_
Social Worker	
Specify qualifications:	
See Appendix B-6-3.	
Other	
Specify the individuals and their qualifications:	
	<b>\</b>
Annandiy D. Dawtisinant Contared Dlanning and Sawrice Delivery	
Appendix D: Participant-Centered Planning and Service Delivery  D 1. Service Plan Development (2, 50)	
D-1: Service Plan Development (2 of 8)	

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### b. Service Plan Development Safeguards. Select one:

• Entities and/or individuals that have responsibility for service plan development may not provide other direct waiver services to the participant.

<ul> <li>Entities and/or individuals that have responsibility for service plan development may prodirect waiver services to the participant.</li> </ul>	vide other
The State has established the following safeguards to ensure that service plan development is conduct best interests of the participant. <i>Specify:</i>	ted in the
	^
	<u> </u>

# Appendix D: Participant-Centered Planning and Service Delivery

# D-1: Service Plan Development (3 of 8)

c. Supporting the Participant in Service Plan Development. Specify: (a) the supports and information that are made available to the participant (and/or family or legal representative, as appropriate) to direct and be actively engaged in the service plan development process and (b) the participant's authority to determine who is included in the process.

Approximately 60 days prior to the Individual Support Plan the Case Resource Manager(CRM)/Social Service Specialist contacts the individual and his/her representative by phone and letter. To aid them in their assessment planning and scheduling, case managers and their supervisors run monthly caseload reports that show each individual's next ISP date.

During the phone conversation the CRM/Social Service Specialist describes the Individual Support Plan process and confirms per policy 5.02 (Necessary Supplemental Accommodation) the individual has an identified representative. In addition, the individual is asked who else they would like to have participate and/or contribute and where they would like the face-to-face ISP meeting to be held. Support is provided as needed to ensure the service plan development process is driven by the waiver participant.

The letter the CRM/Social Service Specialist sends serves to confirm the date, time and location of the meeting and includes the DDA HCBS Waiver Brochure. The DDA HCBS Waiver Brochure includes information about waiver services, eligibility criteria and administrative hearing rights. The CRM/Social Service Specialist also extends invitations by phone and/or letter to individuals who the waiver participant has asked to participate in the ISP process. In addition, the waiver participant is provided access to person centered planning tools that they can review and use prior to the meeting. Support is available to assist the individual to review and/or use those tools.

# **Appendix D: Participant-Centered Planning and Service Delivery**

### D-1: Service Plan Development (4 of 8)

d. Service Plan Development Process. In four pages or less, describe the process that is used to develop the participant-centered service plan, including: (a) who develops the plan, who participates in the process, and the timing of the plan; (b) the types of assessments that are conducted to support the service plan development process, including securing information about participant needs, preferences and goals, and health status; (c) how the participant is informed of the services that are available under the waiver; (d) how the plan development process ensures that the service plan addresses participant goals, needs (including health care needs), and preferences; (e) how waiver and other services are coordinated; (f) how the plan development process provides for the assignment of responsibilities to implement and monitor the plan; and, (g) how and when the plan is updated, including when the participant's needs change. State laws, regulations, and policies cited that affect the service plan development process are available to CMS upon request through the Medicaid agency or the operating agency (if applicable):

The Individual Support Plan (ISP) is the planning document produced for all clients receiving paid services, including waiver clients and is developed in accordance with the 42 CFR §441.301(2), which requires the Person-Centered Service Plan to:

- Reflect that the setting in which the individual resides is chosen by the individual;
- Be understandable to the individual receiving services and the individuals important in supporting him or her;
- Be finalized and agreed to with ... and signed by all individuals and providers responsible for its implementation;
- Be distributed to the individual and other people involved in the plan;
- Include those services, the purpose or control of which the individual elect to self-direct;
- (Behavioral Health) Document the positive interventions and supports used prior to any modifications to the person centered service plan;

- Document less intrusive methods of meeting the need that have been tired but did not work;
- Include a clear description of the condition that is directly proportionate to the specific assessed need;
- Include a regular collection and review of data to measure the ongoing effectiveness of the modification;
- Include established time limits for periodic reviews to determine if the modification is still necessary or can be terminated;
- Include informed consent of the individual;
- Include an assurance that interventions and supports will cause no harm to the individual;
- Document the frequency with which the plan will be reviewed and revised upon reassessment of functional need by §441.365(e), at least every 12 months, when the individual's circumstances or needs change significantly, or at the request of the individual.

### The DDD Assessment provides:

- An integrated, comprehensive tool to measure support needs for adults and children.
- An improved work process to support case management services because the system:
- o Identifies the level of support needed by a client;
- o Indicates whether a service level assessment is needed; and
- o Identifies a level of service to support the client's assessed need.
- Detailed information is gathered regarding client needs in many life domains. This allows CRM's to make more effective service referrals.
- Health and welfare needs identified in the assessment automatically populate the ISP as needs that must be addressed.
- Clearer information for executive management and legislators on the overall needs of people with developmental disabilities.
- A nationally normed assessment for adults developed by the AAIDD.
- (a) Who develops the plan, who participates in the process, and the timing of the plan.
  - The Individual Support Plan (ISP) is developed by the DDD CRM/ Social Service Specialist.
  - Participants or contributors to this plan consist of:
  - o The individual,
  - o Their legal representative (if applicable),
  - o Providers, and
  - o Anyone else the individual would like to have participate or contribute (family, friends, etc...)
  - The ISP is completed at least once every 12 months. Planning for the ISP begins 60 days in advance of the due date.
- (b) The types of assessments that are conducted to support the service plan development process, including securing information about participant needs, preferences and goals, and health status.
  - The DDD Assessment which is administered by the DDD CRM/Social Service Specialist provides the internal assessment and contains the following modules which assess for participant needs preferences, goals and health status:
  - 1. The Support Assessment module contains:
    - a. The Supports Intensity Scale Assessment (which includes the ICF/ID Level of Care for individuals age 16 and above);
    - b. ICF/ID Level of Care Assessment for individual age 15 and under;
    - c. Protective Supervision Scale;
    - d. Caregiver Status Scale;
    - e. Current Services Scale;

- f. SIS Behavior Scale; and
- g. SIS Medical Scale.
- 2. The Service Level Assessment module contains:
  - a. Personal Care assessment tool;
  - b. Employment Support Assessment tool;
  - c. Sleep Assessment tool; and
  - d. Mental Health Assessment tool;
  - e. Equipment tool;
  - f. Medication Management tool;
  - g. Medication tool;
  - h. Seizure & allergies tool.
- 3. The Individual Support Plan module contains:
  - a. Service Summary tool;
  - b. Support Needs tool;
  - c. Finalize Plan tool;
  - d. Environmental Plan tool;
  - e. Equipment tool;
  - f. DDD Referral tool;
  - g. Plan review tool;
  - h. Supported Living Rate Calculator;
  - i. Foster Care Rate Assessment Calculator.
- DDD also uses external assessments as a part of the ISP process.
   Examples of external assessments include; nursing evaluations,
   PT/OT reports, psychological evaluations etc.
- (c) How the participant is informed of the services that are available under the waiver.

Participants are informed of services available under the Waiver by:

- The DDD HCBS Waiver Brochure and Waiver "Facts" which is enclosed with the letter confirming the ISP meeting. The letter, Fact sheet and brochure are sent approximately 60 days prior to the ISP meeting. The DDD HCBS Waiver Brochure identifies waiver services.
- 2. During the course of the ISP meeting service options are discussed and described.
- Washington Administrative Code (WAC) fully defines services available under the waiver and is made available upon request and via the DDD internet Website
- (d) The plan development process ensures that the service plan addresses participant goals, needs (including health care needs), and preferences.
  - Participant goals:
  - o There is a screen in the DDD assessment that allows for the documentation of participant goals.
  - Participant needs (including health care needs):
  - o Health and welfare needs are identified throughout the course of the assessment on multiple screens (please see section b above). Health and welfare needs are also identified by additional documentation submitted as part of the ISP process (i.e. medical reports).
  - Preferences:
  - o Participant preferences are identified as requests for service. This is documented in the body of the assessment as well as in the ISP.

(e) How Waiver and other services are coordinated:

Waiver and other services are coordinated by the CRM/Social Service Specialist

- Services identified to meet health and welfare needs are documented in the ISP.
- Providers receive a copy of the ISP. This assists them to not only understand their role in the individual's life but also the supports others are giving.
- The CRM/Social Service Specialist monitors the ISP to ensure health and welfare needs are being addressed as planned.
- (f) How the plan development process provides for the assignment of responsibilities to implement and monitor the plan.
  - The assessment identifies health and welfare needs.
  - o The identified needs populate the ISP.
    - Business rules require each identified need is addressed.
  - o When an identified need requires a Waiver funded service the CRM/Social Service Specialist is required to identify the specific provider and the service type that will address this need.
  - The CRM/Social Service Specialist is required to provide sufficient documentation to allow the provider and the participant to know what the provider responsibilities are.
  - o When a provider or service has not been identified the plan reflects the steps in place to identify either the service or the provider.
    - When the service or provider is identified the ISP is amended to reflect the updated plan.
  - The CRM/Social Service Specialist provides oversight and monitoring of the ISP.
- (g) How and when the plan is updated, including when the participant's needs change. State laws, regulations, and policies cited that affect the service plan development process are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).
  - Per WAC 388-845-3075:
  - o An individual may request a review of his/her plan of care at any time by calling his/her case manager. If there is a significant change in conditions or circumstances, DDD must reassess the plan and amend the plan to reflect any significant changes. This reassessment does not affect the end date of the annual ISP.
  - Updates or amendments to the currently effective version of the Individual Support Plan (ISP) are tracked in the system.
  - o When a Service Level Assessment is moved from Pending to Current status, the ISP version attached to that assessment will lock (so a record is kept of the version that the client/representative has signed off on).
  - o Amendments do not change the Plan Effective date.
  - Each subsequent change to the ISP is saved. There are two types of amendments—those that require a new Service Level Assessment and those that do not. Examples would be: ISP Amendment With New Assessment
    - o Change in status of client in key domain (behavior, medical,

caregiver, ADL, etc.)
o Change of provider for residential service (the client physically moves)
o Change in a paid service

ISP Amendment Without New Assessment

- o Change in demographic information only
- o No change in status of client in key domain
- o Change of provider for non-residential service

Rate change only (e.g. roommate leaves so now only 3 clients

vs. 4 clients in home)

# Appendix D: Participant-Centered Planning and Service Delivery

# D-1: Service Plan Development (5 of 8)

e. Risk Assessment and Mitigation. Specify how potential risks to the participant are assessed during the service plan development process and how strategies to mitigate risk are incorporated into the service plan, subject to participant needs and preferences. In addition, describe how the service plan development process addresses backup plans and the arrangements that are used for backup.

Risk Assessment and Mitigation occurs via the DDA Assessment and ISP. The DDA assessment takes a comprehensive approach to assessing for risk and provides a mechanism for allowing the case manager and the individual to identify risks and develop a strategy to mitigate identified risk.

Health, welfare and safety needs are evaluated throughout the Support Assessment and Service Level Assessment modules in the DDA Assessment. They are then addressed in planning via formal referrals, authorized paid DDA Services and other documented support activities in the ISP.

The DDA Assessment evaluates risk by assessing for the following:

- \*Unstable/potentially unstable diagnosis
- \*Caregiver training required
- \*Medication regimen affecting plan
- \*Immobility issues affecting plan
- \*Nutritional status affecting plan
- \*Current or potential skin problems
- \*Skin Observation Protocol
- \*Alcohol/Substance Abuse
- \*Depression
- \*Suicide
- \*Pain
- \*Mental Health
- \*Legal
- \*Environmental
- \*Financial
- \*Community Protection
  - o Community Protection criteria have been developed to identify clients not already on the CP waiver, but who are exhibiting some extreme behaviors that could pose a public safety threat.

When risk areas are identified they populate a referral screen in the ISP. The CRM/Social Service Specialist documents the plan/response to each item that populates the referral screen.

Emergency planning is an required component of the ISP. Back up caregivers and emergency contacts are identified during the waiver participant's assessment and can be updated at any time. Back up and emergency plans are required in WAC for all residential providers. Arrangements for back-up plans vary from individual to individual. In some situations a back-up plan may be a family member. In others, a back up plan may include a paid provider stepping in to assure health and welfare needs are addressed during times of crisis.

WAC 388-828-1640

What are the mandatory panels in your DDA assessment?

After DDA has determined your client group, DDA determines the mandatory panels in your DDA assessment using the following tables. An "X" indicates that the panel is mandatory; an "O" indicates the panel is optional. If it is blank, the panel is not used.

### (1) DDA "Assessment main" and client details information

### Client Group

Waiver and State Other Medicaid State Only

DDA Assessment Par	iel Name	No Paid Se	rvices	Only Residen	tial Paid Services	Paid Services
Assessment Main	X	X	X	X		
Demographics	X	X	2	X X		
Overview	X	X	X	X		
Addresses	X	X	X	X		
Collateral Contacts	X	X	7	X X		
Financials	X	X	X	X		

### (2) Supports intensity scale assessment

### Client Group

V	Vaiver	and State	e Oth	er Medi	caid Sta	te Oı	ıly	
DDA Assement Panel N	ame	No Pai	d Servi	ces Only	y Resident	ial	Paid Services	Paid Services
Home Living	X		X	X	X			
Community Living	X		X	X	X			
Lifelong Learning	X		X	X	X			
Employment	X		X	X	X			
Health & Safety	X	7	X	X	X			
Social Activities	X	2	X	X	X			
Protection & Advocacy		X	7	X	X	X		

### (3) Support assessment for children

### Client Group

Waiver and State Other Medicaid State Only

	waiv	el alla State	Other M	zaicaia si	ate Only
DDA Assessment Pane	el Name	No Paid Se	rvices Onl	y Residentia	al Paid Services Paid Services
Activities of Daily Liv	ing X	X	X	X	
IADLs (Instrumental A	ctivities	X	X	X	X
of Daily Living)					
Family Supports	X	X	X	X	
Peer Relationships	X	X	X	X	
Safety & Interactions	X	X	X	X	

### (4) Common support assessment panels

Waiver and State Other Medicaid State Only

DDA Assessmentd Panel	Name	No Paid Serv	ices Only	y Residential	Paid Services	Paid Services
Medical Supports	X	X	X	X		
Behavioral Supports	X	X	X	X		
Protective Supervision	X	X	X	X		
DDA Caregiver Status*	X	X	X	X		
Programs and Services	X	X	X	X		

<sup>\*</sup>Information on the DDA Caregiver Status panel is not mandatory for clients receiving paid services in an AFH, BH, SL, GH, SOLA, or RHC.

### (5) Service level assessment panels

Waiver and State Other Medicaid State Only

DDA Assessment Panel Name	No Paid Services	Only Residential	Paid Services	Paid Services
Environment	$X \qquad X$	O		
Medical Main	O X	O		
Medications	$X \qquad X$	X		
Diagnosis	$X \qquad X$	X		
Seizures	X X	X		
Medication Management	X	X X		
Treatments/programs	$X \qquad X$	X		
ADH (Adult Day Health)	O	0 0		
Pain	$X \qquad X$	X		
Indicators-Main	O X	O		
Allergies	$X \qquad X$	X		
Indicators/Hospital	$X \qquad X$	X		
Foot	X X	O		
Skin	X X	O		
Skin Observation	0 0	O		
Vitals/Preventative	X X	O		
Comments	0 0	0		
Communication-Main	O X			
Speech/Hearing	O X	0		
Psych/Social	0 X	0		
MMSE (Mini-Mental Status Ex			O	
Memory	O X	0	O	
Behavior	0 X	0		
Depression	O X	O		
•		0		
Sleep	0 0	0		
Relationships & Interests	0 0			
Decision Making	O X	0		
Goals	X O	O		
Legal Issues	0 0	0		
Alcohol	0 0	0		
Substance Abuse	0 0	0		
Tobacco	O X	0		
Mobility Main	0 X	0		
Locomotion In Room	O X	O		
Locomotion Outside Room	O X			
Walk in Room	O X	0		
Bed Mobility	O X	o		
Transfers	O X	0		
Falls	0 0	O		
Toileting-Main	O X	0		
Bladder/Bowel	O X	Ö		
Toilet Use	O X	0		
Eating-Main	O X	O		
Nutritional/Oral	O X	O		
Eating	O X	O		
Meal Preparation	O X	O		
Hygiene-Main	O X	O		
Bathing	O X	0		
Dressing	O X	O		
Personal Hygiene	0 X	0		
Household Tasks	O X	Ō		
Transportation	O X	O		
Essential Shopping	O X	Ö		
Wood Supply	O X	O		
Housework	O X	O		
Finances	0 0	0		
Pet Care	0 0	O		
	=			

Functional Status	O	O	O	
Employment Support*	X*		X*	X*
Mental Health	X	X	X	
DDA Sleep*	X*	O	O	
*Indicates that:				

- (a) The "Employment Support" panel is mandatory only for clients age twenty-one and older who are on or being considered for one of the county services listed in WAC 388-828-1440(2).
- (b) The "DDA Sleep" panel is mandatory only for clients who are age eighteen or older and who are receiving:
  - (i) DDA HCBS Core or Community Protection waiver services; or
  - (ii) State-Only residential services.

# **Appendix D: Participant-Centered Planning and Service Delivery**

# D-1: Service Plan Development (6 of 8)

**f. Informed Choice of Providers.** Describe how participants are assisted in obtaining information about and selecting from among qualified providers of the waiver services in the service plan.

Participants are given free choice of all qualified/approved providers of each service approved in his/her plan. During the course of the ISP process the waiver participant is advised s/he have a choice of providers. The assessment meeting includes an Assessment Wrap-up checklist that the client and/or her/his representative signs. One of the items on the checklist is a statement verifying that the individual understands that s/he has a choice of and can change provider(s). Also, at the time of the annual individual support plan (ISP) update, participants have an opportunity to select alterantive providers. Waiver participants can also select alterantive providers at any time by requesting an update of their ISP.

The Case Resource Manager (CRM)/Social Service Specialist provides information to access appropriate referral registries, contract database list and/or websites to facilitate access to provider lists and assist with the contracting process.

### In-home Respite:

All individual's can contact the Home Care Referral Registry to access an individual respite provider. DDA provides waiver participant's the contact information to the Referal registry or information can be accessed from the internet Home Care Referral Registry website @http://www.hcrr.wa.gov/

- \*The Home Care Referral Registry is maintained by the Home Care Quality Authority. The Registry provides information about available Individual providers (IPs) in a geographic areas who are interested in being interviewed for potential hire.
- \*DDA provides lists of agencies contracted to provide in-home services and families choosing an agency, work with agency staff to select individuals to work in their homes.
- •\*Other Provider types
  - o Lists of provider of specific services can be generated out of the Agency Contracts Data Base (ACD) maintained by DSHS. Provider recruitment is ongoing and contract referrals are accepted on a continual basis.
- o The ALTSA Internet page maintains provider lists for Adult Family Home and Adult Residential Care facilities.
  - o The DDA Internet page maintains a supported living provider locator.
  - o Contractors for Environmental Adaptations are listed by Labor & Industries, along with information about their licenses and any actions taken against them. Families may choose from this broad list of contractors and refer them to DDA for contracting. DDA also maintains a list of contractors.
  - o ProviderOne maintains an online search engine open to the public for providers of therapy, counseling, and other services.

# Appendix D: Participant-Centered Planning and Service Delivery

# D-1: Service Plan Development (7 of 8)

g. Process for Making Service Plan Subject to the Approval of the Medicaid Agency. Describe the process by which the service plan is made subject to the approval of the Medicaid agency in accordance with 42 CFR §441.301(b)(1)(i):

The Developmental Disabilities Aadministration (DDA) operates a number of quality assurance (QA) processes that ensures that person-centered individual service plans meet the needs of waiver participants. At the end of each QA review cycle, a final report is generated which includes detailed data on a statewide level. These results are analyzed and incorporated into a statewide quality improvement plan. The State Medicaid Agency receives annual QA review reports and meets with the operating agency at the conclusion of the QA cycle to review results and provide input into the quality improvement plan. The quality improvement plan is then reviewed and approved for implementation by DDA executive management. This is part of a total Quality Improvement Strategy (QIS), which includes surveys, file reviews, performance measures, ternary evaluations of performance measures, and staff training.

More detail on QA processes as they relate to the individual support plan is provided below.

The mechanism for ongoing oversight of waiver operation by the Single State Medicaid Agency is the HCA Medicaid Agency Waiver Management Committee, which includes representatives from administrations and divisions within the operating agency, Home and Community Services and Residential Care Services, which are divisions within the operating agency, as well as the Developmental Disabilities Administration (DDA) and the Behavioral Health and Service Integration Administration (BHSIA). The Committee meets at least quarterly to review all functions delegated to the operating agency, current quality assurance activity, pending waiver activity (e.g. amendments, renewals, etc.), potential waiver policy and rule changes and quality improvement activities.

The Developmental Disabilities Administration is an administration within the Department of Social and Health Services (DSHS), which is the operating agency. The individual case manager/Social Service Specialist is an employee of DDA. DDA determines client eligiblity and requires the use of the administration's electronic assessment and service planning tool. DDA case managers/Social Service Specialists directly authorize all initial service plans and supervisors conduct quality assurance activities on service plans. DDA has direct electronic access to all service plans.

DDA has a comprehensive monitoring process to oversee the planning process and the individual support plan (ISP). In addition, DDA participates in the National Core Indicators Survey and initiates an ISP survey. Data is gathered and analyzed and necessary steps are taken to correct areas of concern.

### DDA monitoring process:

The DDA Quality Compliance Coordinator(QCC) Team completes an annual audit of randomly selected files. The list for the QCC team audit is generated to produce a random sample with a 95% confidence level and a +/- 5 confidence interval. Included in the review are items concerning the person-centered planning process and content of the ISP.

The findings from these reviews are collected in a database. All findings are expected to be corrected within 90 days. Corrections are monitored by the QCC Team. Findings are analyzed by DDA management. Based on the analysis necessary steps are taken, such as:

- •\* Annual Waiver Training curriculum is developed in part to address review findings.
- •\* Policy clarifications are issued.
- •\* Personnel issues are identified.
- •\* The format of and instructions on forms are modified.
- •\* Waiver WAC is revised to clarify rule.
- •\* Regional processes are updated.

### The National Core Indicators Survey:

Washington State's Developmental Disabilities Administration (DDA) participates in a national study that assesses performance and outcome indicators for state developmental disabilities service systems. This study allows the division to compare its performance to service systems in other states and within our state from year to year.

There are currently 60 performance and outcome indicators to be assessed covering the following domains:

- •\* Consumer Outcomes
- •\* System Performance
- •\* Health, Welfare, & Rights

•\* Service Delivery System Strength & Stability

In addition, DDA has added some waiver specific questions to assist with assuring ISPs are implemented as written and that health and welfare needs are being addressed. Findings are analyzed by DDA management and shared with stakeholders. The Washington State Developmental Disabilities Council (DDC) participates in the survey process by analyzing results.

An Assessment meeting wrap-up form is given to each waiver participant at the conclusion of the ISP planning meeting. This form gives participants an opportunity to respond to a series of questions about the ISP process.

A ISP Meeting survey is mailed to waiver participants within one month of the ISP planning meeting. This survey gives participants an opportunity to respond to a series of questions about the ISP process. The survey is mailed from Central Office based on a random sample representative of each waiver with a 95% confidence level and a confidence interval of +/-5%. Information collected is analyzed annually by the HCA Medicaid Agency Waiver Management Committee.

### **Appendix D: Participant-Centered Planning and Service Delivery**

### D-1: Service Plan Development (8 of 8)

the	rvice Plan Review and Update. The service plan is subject to at least annual periodic review and update to assess appropriateness and adequacy of the services as participant needs change. Specify the minimum schedule for the view and update of the service plan:
	Every three months or more frequently when necessary
	O Every six months or more frequently when necessary
	Every twelve months or more frequently when necessary
	Other schedule
	Specify the other schedule:
mi	aintenance of Service Plan Forms. Written copies or electronic facsimiles of service plans are maintained for a nimum period of 3 years as required by 45 CFR §92.42. Service plans are maintained by the following (check each applies):  Medicaid agency Operating agency
•	Case manager
~	• Other
	Specify:
	Copies of the signed ISP are kept in the client files which are maintained in the DDA regional offices.
	Electronic copies of the ISP are maintained on the CARE platform.
Append	lix D: Participant-Centered Planning and Service Delivery

# D-2: Service Plan Implementation and Monitoring

**a. Service Plan Implementation and Monitoring.** Specify: (a) the entity (entities) responsible for monitoring the implementation of the service plan and participant health and welfare; (b) the monitoring and follow-up method(s) that are used; and, (c) the frequency with which monitoring is performed.

The regional DDA Case Resource Manager (CRM) or Social Service Specialist provides the primary oversight and monitoring of the ISP. The DDA CRM or Social Service Specialist authorizes the Waiver Services identified as necessary to meet health and welfare needs in the ISP. The DDA CRM or Social Service Specialist monitors service provision no less than two times per year by at least one face to face client visit and an additional contact with the

waiver participant/legal representative which can be completed by telephone, e-mail or face to face. Continuous monitoring also occurs by contacting providers; reviewing progress reports submitted by providers and reviewing additional assessments (e.g. IEP's, psychological evaluations, Occupational Therapy evaluations etc.). If the DDA CRM or Social Service Specialist finds that the ISP is not meeting the individual's needs the ISP will be revised/amended. All monitoring is documented in either the Service Episode Record section of the electronic DDA Assessment or the Waiver Screen.

At the time of the annual review, the CRM/Social Service Specialist is required to review the effectiveness of last year's plan with the individual and/or their legal representative. This review is a required step before the DDA Assessment will allow the CRM to create a new assessment. All plans are expected to address emergency preparedness such as: back-up caregivers, evacuation plans, what to do in case of natural disaster etc. The plan review process provides an opportunity to review the effectiveness of these plans.

In addition to DDA CRM/Social Service Specialist monitoring activities, the following occur:

- \* A sample of waiver case files is reviewed by Quality Compliance Coordinators.
  - o Quality Compliance Coordinators review annually a statewide random sample of waiver files.
  - o Waiver case files are reviewed for the following evidence:
- \* The ISP was completed within 12 months.
- \* The individual was given a choice between waiver services and institutional care.
- \* The individual meets the ICF/IID level of care standard.
- \* The individual meets disability criteria.
- \* The individual is financially eligible.
- \* Services have been authorized in accordance with the service plan.
- \* Waiver services or appropriate monitoring activities are occurring every month.
- \* All authorized services are reflected in the plan.
- \* All providers are qualified to provide the services for which they are authorized.
- \* The individual was given a choice of qualified providers.
- \* Appeal rights and procedures have been explained.

National Core Indicators Survey (NCI) face to face interviews:

Washington State's Developmental Disabilities Administration (DDA) participates in a national study that assesses performance and outcome indicators for state developmental disabilities service systems. This study allows the division to compare its performance to service systems in other states and within our state from year to year.

Currently 60 performance and outcome indicators are assessed that cover the following domains:

- \* Consumer Outcomes
- \* System Performance
- \* Health, Welfare, & Rights
- \* Service Delivery System Strength & Stability

In addition, DDA has added waiver-specific questions to assist with assuring ISPs are implemented as written and that health and welfare needs are being addressed.

Examples of waiver specific questions:

- \* If you need to change your child's services, do you know what to do?
- \* Do the services and supports offered on your Plan of Care meet your child's and family's needs?
- \* Did you (did the waiver participant) receive information at your (his/her) plan of care meeting about the services and supports that are available under the (his/her) waiver?

Findings are analyzed by DDA management and shared with stakeholders. The Washington State Developmental Disabilities Council (DDC) participates in the survey process by analyzing results.

Assessment Meeting Wrap-up and ISP Survey:

An Assessment Meeting Wrap-up is given to each waiver participant at the conclusion of the ISP planning meeting. The Wrap-up survey gives participants an opportunity to respond to a series of questions about the ISP process. And after the assessment is finalized, Central Office sends an ISP survey to a stastically-valid random sample of waiver participant with a return envelope to allow for an anonymous submission to Central Office.

Questions on the ISP survey:

- \* Did you get to choose who came to your meeting?
- \* Did your Case Manager discuss any concerns you have with your current services?
- \* Were your concerns addressed in your new support plan?
- \* Did you receive information about what services are available in your waiver to meet your assessed needs?
- \* Were you given a choice of services that are available in your waiver to meet your identified needs?
- \* Were you given a choice of service providers?
- \* Were your personal goals discussed in developing your plan?
- \* Do you feel like your health concerns are addressed to your satisfaction?
- \* Do you feel like your safety concerns are addresssed adequately?
- \* Did you receive information regarding planning for emergencies, such as an earthquake or other natural disaster?
- \* Do you know who to contact if your needs change before the next assessment?
- \* Do you know you have a right to appeal decisions made by DDA?
- \* Did your case manager explain how to use your Planned Action Notice (PAN) to appeal a service decision in your support plan if you disagree with that decision?

Residential Care Services (RCS) certifies DDA residential providers and licenses adult family homes and boarding (broup)homes, all of which are qualified providers of respite services.

- o These providers are evaluated at a minimum of every two years.
- o A component of the RCS evaluation process is a review of the ISP to ensure the agency is implementing the plan as written.
- b. Monitoring Safeguards. Select one:
  - Entities and/or individuals that have responsibility to monitor service plan implementation and participant health and welfare may not provide other direct waiver services to the participant.
  - Entities and/or individuals that have responsibility to monitor service plan implementation and participant health and welfare may provide other direct waiver services to the participant.

The State has established the following safeguards to ensure that monitoring is conducted in the best interests of the participant. *Specify:* 

# **Appendix D: Participant-Centered Planning and Service Delivery**

# **Quality Improvement: Service Plan**

As a distinct component of the State's quality improvement strategy, provide information in the following fields to detail the State's methods for discovery and remediation.

a. Methods for Discovery: Service Plan Assurance/Sub-assurances

The state demonstrates it has designed and implemented an effective system for reviewing the adequacy of service plans for waiver participants.

### i. Sub-Assurances:

a. Sub-assurance: Service plans address all participants' assessed needs (including health and safety risk factors) and personal goals, either by the provision of waiver services or through other means.

### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how

themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

D.a.1: The percentage of Individual Support Plans (ISPs) conducted for wvr participants that address their assessed health and welfare needs through the provision of wvr srvcs or other means. Numerator= Waiver participants' ISPs that address all assessed health and welfare needs through the provision of waiver svcs or other means. Denom= Total number of waiver ISPs reviewed.

Data Source (Select one): Other If 'Other' is selected, specif This requirement is system	•	ov CARE.			
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):			g Approach ach that applies)	1:
State Medicaid Agency	☐ Weekly	Ÿ	<b>100</b>	% Review	
<b>⊘</b> Operating Agency	Month	ly	☐ Les Rev	s than 100% view	
☐ Sub-State Entity	☐ Quarte	erly		oresentative nple Confidence Interval =	^
Other Specify:	<b>✓</b> Annua	lly	☐ Stra	Atified  Describe  Group:	^
	✓ Contin Ongoir	uously and ng	☐ Oth	Specify:	^
	Other Specify				
Data Aggregation and An Responsible Party for dataggregation and analysis	ta	Frequency o		gregation and	
that applies):  State Medicaid Agen		Weekly		<i>αι αρμιιε</i> s).	

Monthly

**✓** Operating Agency

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
Sub-State Entity	☐ Quarterly
Other Specify:	✓ Annually
	☐ Continuously and Ongoing
	Other Specify:

### **Performance Measure:**

D.a.2: The percentage of Individual Support Plans (ISPs) conducted for waiver participants that personal goals were identified. Numerator= Waiver participants with identified personal goals addressed in their service plan. Denominator= Total number of waiver participants.

Data Source (Select one):

Operating agency performance monitoring

If 'Other' is selected, specify:

D :: L D 6		G 1. A 1
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	☐ Weekly	<b>✓</b> 100% Review
<b>✓</b> Operating Agency	☐ Monthly	Less than 100% Review
□ Sub-State Entity □ Other Specify:	☐ Quarterly  ✓ Annually	Representative Sample Confidence Interval =  Stratified Describe Group:
	☐ Continuously and Ongoing	Other Specify:
	Other Specify:	

		<b>\</b>	
Data Aggregation and A	alveis:		
Data Aggregation and An Responsible Party for da aggregation and analysis that applies):	ta		f data aggregation and ck each that applies):
State Medicaid Ager	ncy	☐ Weekly	
<b>✓</b> Operating Agency		Monthly Monthly	y
☐ Sub-State Entity		Quarter	·ly
Other Specify:			ly
		☐ Continu	ously and Ongoing
		Other Specify:	
		specify.	<b>\$</b>
service. Numerator= Wai provision or monitoring b Denominator= All waiver Data Source (Select one): Record reviews, on-site If 'Other' is selected, specif	y the case ma ISPs reviewo	anager during	
Responsible Party for data	Frequency of collection/go	eneration	Sampling Approach (check each that applies):
collection/generation (check each that applies):	(check each	that applies):	
State Medicaid Agency	☐ Weekly	Ÿ	☐ 100% Review
<b>⊘</b> Operating Agency	Month	ly	✓ Less than 100% Review
☐ Sub-State Entity	☐ Quarte	erly	Representative Sample Confidence Interval = 95%
Specify: Quality Compliance Coordinator (QCC) Team within DDA.	<b>✓</b> Annua	lly	Stratified  Describe Group:

	Contin	uously and	Oth	er
	Ongoing			Specify:
				^
			<u> </u>	~
	☐ Other			
	Specify	:	-	
Data Aggregation and An Responsible Party for da	ta			gregation and
aggregation and analysis that applies):	(спеск еисп	analysis(che	еск еасп іп	ai appiies).
State Medicaid Agen	ıcy	Weekly	y	
<b>◯</b> Operating Agency		Month		
Sub-State Entity		Quarterly		
Other		✓ Annua	llv	
Specify:			J	
•	^			
	<u> </u>			
		☐ Contin	uously and	d Ongoing
		Other		
		Specify	<b>':</b>	
_				~
Performance Measure:  O.a.4: The percentage of volume in the assessment that were SPs in which all identifies otal number of waiver report Source (Select one):	e addressed d critical ind	in the ISP. N icators were	umerator	= The Number of
<b>Record reviews, on-site</b> If 'Other' is selected, specif	v:			
Responsible Party for data collection/generation	Frequency of collection/go		(check ed	g Approach ach that applies):
(check each that applies):	Check each	ти иррнes):		
State Medicaid	☐ Weekly	7	<b>100</b>	% Review
Agency  ✓ Operating Agency	Month	ly		s than 100%
			Rev	iew
<b>☐</b> Sub-State Entity	Quarte	rly		oresentative
			San	iple
	I		I	Confidence

Interval =

	ı		95%	
Specify: Quality Compliance Coordinator (QCC) Team within DDA.	✓ Annua	lly	Describe Group:	
	☐ Contin Ongoin	uously and	Other Specify:	
	Other Specify	<b>\$</b>		
Data Aggregation and An Responsible Party for dataggregation and analysis that applies):	ta		f data aggregation and ck each that applies):	
State Medicaid Agen	State Medicaid Agency		☐ Weekly	
Operating Agency		☐ Monthly		
Sub-State Entity	Sub-State Entity		rly	
Other Specify:	<u></u>	✓ Annual	ly	
		Continu	ously and Ongoing	
		Other Specify:		
			<b>\$</b>	
Performance Measure: D.a.5: The percentage of a Numerator= all waiver IS Denominator= All waiver Data Source (Select one):	Ps with evide			
Operating agency perform If 'Other' is selected, specifications		oring		
Responsible Party for data collection/generation (check each that applies):	Frequency of collection/ge (check each		Sampling Approach (check each that applies):	
State Medicaid Agency	☐ Weekly	Ÿ	✓ 100% Review	

<b>✓</b> Operating Agency	☐ Monthly	☐ Less than 100% Review
Sub-State Entity	<b>Quarterly</b>	Representative
		Sample Confidence Interval =
		<u> </u>
Other	<b>✓</b> Annually	Stratified
Specify:	_	Describe
^		Group:
<b>\</b>		^
		<u> </u>
	Continuously and	Other
	Ongoing	Specify:
		^
		<u> </u>
	Other	
	Specify:	
	$\checkmark$	

**Data Aggregation and Analysis:** 

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
☐ State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	<b>✓</b> Annually
	☐ Continuously and Ongoing
	Other Specify:

### **Performance Measure:**

D.a.6: The percentage of families reporting through the NCI surveys that they are involved in the creation of their waiver participant's ISP. Numerator= All waiver participants or family members responding to the NCI survey and reporting involvement in the creation of the ISP. Denominator= All waiver participants or family members responding to the NCI survey.

Data Source (Select one):

# Analyzed collected data (including surveys, focus group, interviews, etc) If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	☐ Weekly	☐ 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	<b></b> Quarterly	Representative Sample Confidence Interval = 95%
✓ Other  Specify:  Quality Assurance  Team within DDA.	☐ Annually	Stratified  Describe  Group:
	☐ Continuously and Ongoing	Other Specify:
	Other Specify:	

**Data Aggregation and Analysis:** 

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	☐ Monthly
Sub-State Entity	Quarterly
Other Specify:	<b>✓</b> Annually
	Continuously and Ongoing
	Other Specify:

b. Sub-assurance: The State monitors service plan development in accordance with its policies and procedures.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

c. Sub-assurance: Service plans are updated/revised at least annually or when warranted by changes in the waiver participant's needs.

### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

D.c.1: The percentage of annual ISPs for waiver participants that are completed before the end of the twelfth month following the initial ISP or the last annual ISP. Numerator= The number of waiver ISPs that are completed before the end of the twelfth month. Denominator: All waiver ISPs completed.

**Data Source** (Select one):

Operating agency performance monitoring

If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	☐ Weekly	<b>✓</b> 100% Review
<b>✓</b> Operating Agency	<b>✓</b> Monthly	☐ Less than 100% Review
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other Specify:	<b>✓</b> Annually	Stratified

<b>\$</b>		Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify:	
Data Source (Select one): Record reviews, on-site If 'Other' is selected, specif Responsible Party for	y: Frequency of data	Sampling Approach
data collection/generation (check each that applies):	collection/generation (check each that applies):	(check each that applies):
State Medicaid Agency	☐ Weekly	☐ 100% Review
<b>✓</b> Operating Agency	☐ Monthly	✓ Less than 100% Review
☐ Sub-State Entity	Quarterly	Representative Sample Confidence Interval = 95%
Other Specify:	<b>✓</b> Annually	Stratified  Describe  Group:
Quality Compliance Coordinator (QCC) Team within DDA.		<b>\$</b>
Coordinator (QCC)	Continuously and Ongoing	Other Specify:
Coordinator (QCC)	_ ·	

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	<b>✓</b> Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	Annually
	☐ Continuously and Ongoing
	Other Specify:

### **Performance Measure:**

D.c.2: The percentage of waiver participants and family members responding to the ISP Meeting Survey who report knowing what to do if their needs change before the next annual ISP meeting. Num= All ISP Meeting Survey respondents who report knowing what to do if their needs change before the next ISP. Denom= All waiver participants and family members responding to the ISP Meeting Survey.

### Data Source (Select one):

Analyzed collected data (including surveys, focus group, interviews, etc)

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	<b>✓</b> Weekly	☐ 100% Review
<b>✓</b> Operating Agency	☐ Monthly	✓ Less than 100% Review
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other Specify:	✓ Annually	Stratified  Describe Group:
	☐ Continuously and Ongoing	✓ Other Specify:

	100% of those responding to the ISP Meeting Survey.
Other Specify:	

**Data Aggregation and Analysis:** 

bata 11561 cgation and 11marysis.	
Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	<b>✓</b> Weekly
<b>✓</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	<b>✓</b> Annually
	☐ Continuously and Ongoing
	Other Specify:

d. Sub-assurance: Services are delivered in accordance with the service plan, including the type, scope, amount, duration and frequency specified in the service plan.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

### **Performance Measure:**

D.d.1: The percentage of waiver ISPs with services that are delivered in accordance with the type, scope, amount, duration, and frequency as specified in the ISP. Numerator= All waiver ISPs with services delivered in accordance with the ISP specifications. Denominator= All waiver ISPs reviewed.

**Data Source** (Select one): **Record reviews, on-site** 

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):  Weekly		Sampling Approach (check each that applies)  100% Review
State Medicaid Agency			
<b>✓</b> Operating Agency	☐ Monthly		✓ Less than 100% Review
☐ Sub-State Entity	Quarterly		Representative Sample Confidence Interval = 95%
Specify: Quality Compliance Coordinator (QCC) Team within DDA.	✓ Annually		☐ Stratified  Describe  Group:
	☐ Contin Ongoir	uously and ng	Other Specify:
	Other Specify	·	
Data Aggregation and An Responsible Party for data aggregation and analysis that applies):	ta		of data aggregation and ck each that applies):
State Medicaid Agen	ıcy	☐ Weekly	
<ul><li>✓ Operating Agency</li><li>☐ Sub-State Entity</li></ul>		☐ Monthly ☐ Quarterly	
		Continu	ously and Ongoing
		Other	

**Performance Measure:** 

D.d.2: The percentage of waiver ISPs with services that are delivered within 90 days of the ISP effective date or as specified in the ISP. Numerator= All waiver ISPs with services delivered within 90 days or as specified in the ISP. Denominator= All waiver ISPs reviewed.

<b>Record reviews, on-site</b> If 'Other' is selected, specif	v·			
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):		Sampling Approach (check each that applies).	
State Medicaid Agency	☐ Weekly	i .	☐ 100% Review	
<b>⊘</b> Operating Agency	Month!	ly	✓ Less than 100% Review	
☐ Sub-State Entity	☐ Quarte	rly	Representative Sample Confidence Interval = 95%	
Specify: Quality Compliance Coordinator (QCC) Team within DDA.	✓ Annual	lly	Stratified  Describe Group:	
	☐ Contin Ongoin	uously and	Other Specify:	
	Other Specify	:		
Data Aggregation and An Responsible Party for dat aggregation and analysis that applies):	ta		f data aggregation and ck each that applies):	
State Medicaid Agen	ıcy	☐ Weekly		
<b>✓</b> Operating Agency		Month!		
☐ Sub-State Entity		Quarter	rly	

**✓** Annually

Other

Specify:

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):	
	Continuously and Ongoing	
	Other	
	Specify:	
waiver funded services identified in th	with service authorizations in place for e ISP that should have occurred in the s with service authorizations for waive	
	rred in the last 3 months. Denominator	

**Data Source** (Select one): **Record reviews, on-site** If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	☐ Weekly	☐ 100% Review
<b>✓</b> Operating Agency	☐ Monthly	✓ Less than 100% Review
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval = 95%
Specify: Quality Compliance Coordinator (QCC) Team within DDA.	<b>✓</b> Annually	Describe Group:
	☐ Continuously and Ongoing	Other Specify:
	Other Specify:	

**Data Aggregation and Analysis:** 

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	Quarterly
Other Specify:	<b></b> Annually
	☐ Continuously and Ongoing
	Other Specify:

### **Performance Measure:**

D.d.4: The percentage of waiver clients with current services authorized in SSPS or CARE/County Services screen identified in the ISP. Numerator= Waiver applicants with current services authorized or identified in the ISP. Demoninator= Waiver applicants with current services authorized.

**Data Source** (Select one): Record reviews, on-site

If 'Other' is selected, specify:			
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):	
State Medicaid Agency	☐ Weekly	☐ 100% Review	
<b>✓</b> Operating Agency	☐ Monthly	Less than 100% Review	
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval = 95%	
Specify: Quality Compliance Coordinator (QCC) Team within DDA.	<b>✓</b> Annually	Stratified  Describe Group:	
	☐ Continuously and Ongoing	Other Specify:	
	Other Specify:		

				<b>^</b>			
	Data Aggregation and Ana Responsible Party for dat aggregation and analysis that applies):	a			f data aggregation and ck each that applies):	d	
	State Medicaid Agen	cy		Weekly			
ŀ	<b>✓</b> Operating Agency			Monthl	y		
ľ	Sub-State Entity			Quarte	rly		
	Other Specify:		<b>✓</b>	Annual	ly		
				Continu	ously and Ongoing		
				Other Specify:	:		
a	ub-assurance: Participant nd between/among waiver Performance Measures				veen waiver services an	nd in	stitutional care;
	For each performance meas ub-assurance), complete th						
<u>to</u>	For each performance meas of analyze and assess progrems in the method by which each themes are identified or cons	ess toward the h source of da	perj ta is	<sup>f</sup> ormance analyzed	measure. In this section statistically/deductive	n pro ly or	ovide information inductively, how
	ppropriate.	ciusions arawi	n, un	iu now re	commendations are jor	muic	nea, where
]	Performance Measure: D.e.1: The percentage of wooluntary participation stawaiver participant records Denominator= All waiver	atement in lie s including a	u of volu	instituti ntary pa	onal care. Numerator rticipation statement.		I
	<b>Data Source</b> (Select one): <b>Record reviews, on-site</b> If 'Other' is selected, specif	v:					
	Responsible Party for data collection/generation	Frequency o collection/ge (check each t	nera	tion	Sampling Approach (check each that appli	es):	

100% Review

Weekly

(check each that applies):

**State Medicaid** 

Agency

e.

<b>✓</b> Operating Agency	☐ Monthly	✓ Less than 100%
		Review
☐ Sub-State Entity	Quarterly	Representative Sample Confidence Interval = 95%
Specify: Quality Compliance Coordinator (QCC) Team within DDA.	<b>✓</b> Annually	Stratified  Describe Group:
	☐ Continuously and Ongoing	Other Specify:
	Other Specify:	

**Data Aggregation and Analysis:** 

Data riggi egation and rinarysis.	
Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
☐ State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	✓ Annually
	☐ Continuously and Ongoing
	Other Specify:
1	

**Performance Measure:** 

D.e.2. The percentage of waiver participant records that contain the annual assessment meeting wrap-up, which includes verification that the waiver participant had a choice of qualified providers. N= All waiver participant records including the annual Assessment meeting Wrap-Up. D= All waiver participant records.

Data Source (Select one): Record reviews, on-site

If 'Other' is selected, specif	ỳ:		
Responsible Party for data collection/generation (check each that applies):	Frequency of collection/go (check each		Sampling Approach (check each that applies):
State Medicaid Agency	☐ Weekly	7	☐ 100% Review
<b>✓</b> Operating Agency	Month	ly	✓ Less than 100% Review
☐ Sub-State Entity	☐ Quarterly		Representative Sample Confidence Interval = 95%
Other Specify:	<b>✓</b> Annually		Stratified  Describe Group:
	☐ Contin Ongoin	uously and	Other Specify:
	Other Specify	<u> </u>	
Data Aggregation and An	alysis:		
Responsible Party for dataggregation and analysis that applies):			f data aggregation and ck each that applies):
State Medicaid Agen	ncy	☐ Weekly	
<b>✓</b> Operating Agency		Monthly Monthly	y
☐ Sub-State Entity		Quartei	rly
Other Specify:	<b>^</b>	✓ Annual	ly
		☐ Continu	ously and Ongoing
		Other Specify:	

**ii.** If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.

D.a.1; D.a.3; D.a.4; D.a.5; D.c.1; D.d.1; D.d.2; D.d.3; D.d.4; D.e.1; D.e.2

The QCC Team completes an audit of randomly selected files on a waiver-specific basis across a two-year period. The list for the QCC Team audit is generated to produce a random sample representative of each waiver with a 95% confidence level and a confidence interval of +/-5%. The findings from these reviews are collected in a database. All findings are expected to be corrected within 90 days. Corrections are monitored by QCC Team members.

A valid sample is produced for the QCC audit. The remaining file review is strictly an additional measure to assist with ongoing quality assurance.

The audit protocol includes (among others) the following questions with a target of 100% compliance. "Have all identified waiver funded services been provided within 90 days of the annual ISP effective date?"

"Is there a SSPS or County authorization for all Waiver funded services identified in the current ISP that should have occurred in the three (3) months prior to this review?"

"Are all the current services authorized in SSPS or CMIS/County Services Screen identified in the ISP?" (Authorizations are audited as a proxy for claims data. The SSPS electronically prevents a provider from claiming payment for an amount and rate higher than what is authorized.)

"Are the authorized service amounts equal or less than the amounts identified in the ISP?"

"Is the effective date of this year's annual ISP no later than the last day of the 12th month of the previous annual ISP effective date?"

"Is there evidence that the Wrap-Up discussion occurred at the DDA annual or initial assessment?
"Is there a signed Voluntary Participation statement from the annual or initial assessment in the client file?"

D.a.2: The DDA assessment allows for entry and addressing of personal goals. An annual report is generated at Central Office to identify assessments with one or more personal goals to verify personal goals are acknowledged and addressed.

Data are available in a computer-based system which provide 100% analysis of individual results. D.a.5: An annual report is created to verify that emergency plans are documented in waiver participants' ISPs.

D.a.6: DDA compares data on response rates to NCI questions and responses from waiver year to waiver year. DDA constructs pie charts for questions and analyzes the outcome of the survey with the HCA Medicaid Agency Waiver Management Committee and stakeholders. DDA uses this information to assist with the development of the Waiver training curriculum as well as to develop needed policy changes.

D.c.1: Monthly reports are prepared for a review of the progress toward achieving 100% timely assessments of need. The data is analyzed by comparing the actual number of assessments completed on time to the regional monthly targets and to the assessments that were due. Regional Waiver Coordinators review Assessment Activity Reports on a monthly basis and send information to case managers for follow-up to promote timeliness of assessments.

### D.c.2: ISP Meeting Survey:

A ISP Meeting survey is mailed to waiver participants within one month of the ISP planning meeting. This survey gives participants an opportunity to respond to a series of questions about the ISP process. The survey is mailed from Central Office based on a random sample representative of each waiver with a 95% confidence level and a confidence interval of  $\pm$ 1. Information collected is analyzed annually at the HCA Medicaid Agency Waiver Management Committee.

Question: "Do you know who to contact if your needs change before the next assessment?

### b. Methods for Remediation/Fixing Individual Problems

i. Describe the State's method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the State to document these items.

Waiver File Reviews (Annual QCC audit):

D.a.1; D.a.3; D.a.4; D.a.5; D.c.1; D.d.1; D.d.2; D.d.3; D.d.4; D.e.1; D.e.2

Findings from QCC Team and Supervisor file reviews are analyzed by management, and based on the analysis necessary steps are taken to increase compliance. For example:

- Annual Waiver Training curriculum is developed in part to address audit findings.
- Policy clarifications occur as a result of audit findings.
- Analyses of findings assist regions to recognize personnel issues.
- Analysis of audit finding may impact format and instructions on forms.
- Analysis of findings has led to revision in Waiver WAC to clarify rule.
- Analysis of findings has led regions to revise regional processes.

The National Core Indicators Survey:

D.a.6;

Washington State's Developmental Disabilities Administration (DDA) participates in a national study that assesses performance and outcome indicators for state developmental disabilities service systems. This study allows the administration to compare its performance to service systems in other states and within our state from year to year.

There are currently 60 performance and outcome indicators to be assessed covering the following domains:

- Consumer Outcomes
- System Performance
- Health, Welfare, & Rights
- Service Delivery System Strength & Stability

In addition, DDA has added some waiver specific questions to assist with assuring ISPs are implemented as written and that health and welfare needs are being addressed. Findings are analyzed by management and shared with stakeholders. The Washington State Developmental Disabilities Council (DDC) participates in the survey process both in visiting clients and analyzing results.

ISP Meeting Survey:

D.c.2:

DDA compares data on response rates to the ISP Meeting Survey and responses from waiver year to waiver year. DDA constructs pie charts for questions and analyzes the outcome of the survey with the HCA Medicaid Agency Waiver Management Committee and stakeholders. DDA uses this information to assist with the development of the Waiver training curriculum as well as to develop needed policy changes.

- Annual Waiver Training curriculum is developed in part to address audit findings.
- Policy clarifications occur as a result of audit findings.
- Analysis of audit finding may impact format and instructions on forms.

### ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party(check each that applies):	Frequency of data aggregation and analysis (check each that applies):
State Medicaid Agency	<b>✓</b> Weekly
<b>☑</b> Operating Agency	<b>✓</b> Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	✓ Annually
	Continuously and Ongoing
	Other Specify:

	Responsible Party(check each that applies):	Frequency of data aggregation and analysis (check each that applies):	;
Wł me	melines nen the State does not have all elements of the Quality thods for discovery and remediation related to the ass  No  Yes  Please provide a detailed strategy for assuring Serv strategies, and the parties responsible for its operat	surance of Service Plans that are currently non-contice Plans, the specific timeline for implementing	operational.
Append	lix E: Participant Direction of Services		<u> </u>
	lity (from Application Section 3, Components of the		
I	Yes. This waiver provides participant direction op No. This waiver does not provide participant direction Appendix.		
includes th	s states to afford all waiver participants the opportun ne participant exercising decision-making authority o both. CMS will confer the Independence Plus designa t direction.	ver workers who provide services, a participant	t-managed
Indicate w	whether Independence Plus designation is requeste	d (select one):	
	Yes. The State requests that this waiver be conside No. Independence Plus designation is not requeste		
Append	lix E: Participant Direction of Services		
	E-1: Overview (1 of 13)		
Answers p	provided in Appendix E-0 indicate that you do not	need to submit Appendix E.	
Append	lix E: Participant Direction of Services		
II	E-1: Overview (2 of 13)		
Answers p	provided in Appendix E-0 indicate that you do not	need to submit Appendix E.	
Append	lix E: Participant Direction of Services		
	E-1: Overview (3 of 13)		
Answers p	provided in Appendix E-0 indicate that you do not	need to submit Appendix E.	
Append	lix E: Participant Direction of Services		
	E-1: Overview (4 of 13)		
Answers p	provided in Appendix E-0 indicate that you do not	need to submit Appendix E.	

	E-1: Overview (5 of 13)
Answers <u>r</u>	provided in Appendix E-0 indicate that you do not need to submit Appendix E.
Append	lix E: Participant Direction of Services
	E-1: Overview (6 of 13)
Answers p	provided in Appendix E-0 indicate that you do not need to submit Appendix E.
Append	lix E: Participant Direction of Services
	E-1: Overview (7 of 13)
Answers p	provided in Appendix E-0 indicate that you do not need to submit Appendix E.
Append	lix E: Participant Direction of Services
	E-1: Overview (8 of 13)
Answers <u>I</u>	provided in Appendix E-0 indicate that you do not need to submit Appendix E.
Append	lix E: Participant Direction of Services
	E-1: Overview (9 of 13)
Answers <sub>I</sub>	provided in Appendix E-0 indicate that you do not need to submit Appendix E.
Append	lix E: Participant Direction of Services
	E-1: Overview (10 of 13)
Answers <u>p</u>	provided in Appendix E-0 indicate that you do not need to submit Appendix E.
Append	lix E: Participant Direction of Services
	E-1: Overview (11 of 13)
Answers <u>r</u>	provided in Appendix E-0 indicate that you do not need to submit Appendix E.
Append	lix E: Participant Direction of Services
	E-1: Overview (12 of 13)
Answers <u>r</u>	provided in Appendix E-0 indicate that you do not need to submit Appendix E.
	lix E: Participant Direction of Services
Append	E-1: Overview (13 of 13)
Append	
**	provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

# **Appendix E: Participant Direction of Services**

E-2: Opportunities for Participant-Direction (2 of 6)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

**Appendix E: Participant Direction of Services** 

E-2: Opportunities for Participant-Direction (3 of 6)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

**Appendix E: Participant Direction of Services** 

E-2: Opportunities for Participant-Direction (4 of 6)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

**Appendix E: Participant Direction of Services** 

E-2: Opportunities for Participant-Direction (5 of 6)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

**Appendix E: Participant Direction of Services** 

E-2: Opportunities for Participant-Direction (6 of 6)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

## **Appendix F: Participant Rights**

# **Appendix F-1: Opportunity to Request a Fair Hearing**

The State provides an opportunity to request a Fair Hearing under 42 CFR Part 431, Subpart E to individuals: (a) who are not given the choice of home and community-based services as an alternative to the institutional care specified in Item 1-F of the request; (b) are denied the service(s) of their choice or the provider(s) of their choice; or, (c) whose services are denied, suspended, reduced or terminated. The State provides notice of action as required in 42 CFR §431.210.

**Procedures for Offering Opportunity to Request a Fair Hearing.** Describe how the individual (or his/her legal representative) is informed of the opportunity to request a fair hearing under 42 CFR Part 431, Subpart E. Specify the notice (s) that are used to offer individuals the opportunity to request a Fair Hearing. State laws, regulations, policies and notices referenced in the description are available to CMS upon request through the operating or Medicaid agency.

Waiver clients have rights under Medicaid law, state law (RCW) and state rules (WAC) to appeal any decision of DDA affecting eligibility, service, or choice of provider.

During the waiver application process, an individual receives the DDA HCBS Waiver Brochure (DSHS #22-605), which explains their administrative hearing rights. The CRM/Social Service Specialist discusses administrative hearing rights at the time of the initial and annual ISP meeting, and Planned Action Notices (PAN) are attached to the ISP when it is sent to the individual and their designee (the individual who has been designated to assist the client with understanding and exercising their administrative hearing rights) for signature. The PANs describe the service decisions made by DDA and contain information on how to request an administrative hearing to appeal DDA's decision.

When DDA makes a decision affecting eligibility, level of service or denial or termination of provider, a Planned Action Notice (PAN) must be sent within 5 working days of the decision. The notice is sent to the waiver participant and her/his designee. The PAN provides the effective date of the action, the reason and applicable WAC, appeal rights, and time lines for filing appeals. Individuals have up to 90 days to appeal a department decision. If an individual wishes to maintain services during the appeal process, they must ask for an administrative hearing within the ten-day notice period.

A client or representative may request an administrative hearing orally or in writing. Client appeals are heard and decided by Administrative Law Judges (ALJs) through an administrative hearing. Attorney representation is not required but is allowed. The client or their representative may present the client's case or have an attorney present the case. DSHS employees may not represent the client at an administrative hearing.

PANs are contained electronically in the DDA Assessment on the CARE platform. If the PAN was modified then a copy of the modified PAN is maintained in the waiver participant's file. Service Episode Records (SERs) document when a PAN was sent. SERs are contained electronically in the DDA Assessment on the CARE platform.

## **Appendix F: Participant-Rights**

## **Appendix F-2: Additional Dispute Resolution Process**

a. Availability of Additional Dispute Resolution Process. Indicate whether the State operates another dispute resolution process that offers participants the opportunity to appeal decisions that adversely affect their services while preserving their right to a Fair Hearing. Select one:

 No. This Appendix does not apply
 Yes. The State operates an additional dispute resolution process

 b. Description of Additional Dispute Resolution Process. Describe the additional dispute resolution process, including: (a) the State agency that operates the process; (b) the nature of the process (i.e., procedures and timeframes), including the types of disputes addressed through the process; and, (c) how the right to a Medicaid Fair Hearing is preserved when a participant elects to make use of the process: State laws, regulations, and policies referenced in the description are available to CMS upon request through the operating or Medicaid agency.

## **Appendix F: Participant-Rights**

# **Appendix F-3: State Grievance/Complaint System**

- a. Operation of Grievance/Complaint System. Select one:
  - No. This Appendix does not apply
  - Yes. The State operates a grievance/complaint system that affords participants the opportunity to register grievances or complaints concerning the provision of services under this waiver
- **b. Operational Responsibility.** Specify the State agency that is responsible for the operation of the grievance/complaint system:

ALTSA/DDA operates the grievance/complaint system.

c. Description of System. Describe the grievance/complaint system, including: (a) the types of grievances/complaints that participants may register; (b) the process and timelines for addressing grievances/complaints; and, (c) the mechanisms that are used to resolve grievances/complaints. State laws, regulations, and policies referenced in the description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

DDA provides participants with administrative hearing rights and a complaints/grievance process. The Complaints/Grievance process is not a pre-requisite to an administrative hearing; rather this policy provides participants with an opportunity to address those issues that are not dealt with through the administrative hearing process. DDA policy 5.03 (Client Complaint/Grievances) clearly delineates those issues that may be addressed in this manner and those issues that should be addressed through processes such as the administrative hearing process. Participants are informed of both processes via brochures, DVDs, WAC, policy and their case manager.

DDA policy 5.03 provides waiver participants an opportunity to address problems outside the scope of the adminitrative hearing process. DDA has also collaborated with the Developmental Disabilities Council to produce a

video to assist individuals and their representatives understand how to work with the department to resolve complaints/grievances.

### **POLICY**

- A. DDA staff will strive to address grievances/complaints at the lowest level possible. Complaints can be received and addressed at any level of the organization. However, the complaint will be referred back to the Case Resource Manager/Social Service Specialist (CRM/SSS) for action unless the complainant specifically requests it not be.
- B. Legal authorization from the client or her/his personal representative is required to share information with persons outside of DSHS unless otherwise authorized by law. Authorization from the client is not required when responding to correspondence assignments or inquiries from the Governor's Office as part of administration of DSHS programs.
- C. Communication to complainants will be made in their primary language if needed.
- D. DDA maintains a complaint tracking database to log and track complaints as specified in the Procedures section of this policy. DDA also tracks complaints in service episode records (SERs) in the CARE system.

### **PROCEDURES**

- A. The following procedures describe the handling of waiver participant complaints at four levels:
  - 1. Case Resource Manager/Social Service Specialist Level;
  - 2. Supervisor Level;
  - 3. Regional Administrator (RA) Level; and
  - 4. Central Office Level
- B. Complaints concerning services in the DDA Residential Habilitation Centers (RHCs) and State Operated Living Alternatives (SOLA) will be directed to the Regional Administrator in the respective region.
- C. Case Resource Manager(CRM)/Social Service Specialist (SSS) Level
  - CRMs and SSSs solve problems and resolve complaints as a daily part
    of their regular case management activities. This activity is documented
    in the client record as appropriate in SER's. The Complaint SER's code is
    used to identify complaints and any resolution to the complaints.
  - 2. If the complainant does not feel that the complaint or problem has been resolved, and s/he wants to have the complaint reviewed by a supervisor, the CRM/SSS will give her/his supervisor's name and telephone number to the complainant.

### D. Supervisor Level

- 1. Upon receipt of an unresolved complaint at the CRM/SSS level, the supervisor has ten (10) working days to resolve the issue. If the response will take longer than 10 working days, the supervisor makes an interim contact with the complainant and provides a reasonable estimated date of response.
- 2. If resolution is reached, the supervisor documents the outcome in the client record.
- 3. If the complainant still does not feel that the complaint/problem has been resolved, and s/he wants to have the complaint reviewed by the Regional Administrator (RA), the supervisor gives the RA's name and telephone number to the complainant. The supervisor also enters the complaint information in the automated DDA Complaint Tracking (CT) database.

### E. Regional Administrator Level

- 1. Upon receipt of an unresolved complaint, the RA assigns a staff to investigate and resolve the issue within 10 working days. If the response will take longer than 10 working days, the RA or designee will make an interim contact with the complainant and give a reasonable estimated date of response.
- 2. If resolution is achieved, the assigned Regional staff:
  - a. Documents the outcome in the CT database and the client record; and
- b. Notifies the complainant and all parties involved and document the notification in the client record.
  - 3. If the matter is not resolved, and the complainant wants a review by DDA Central Office, the RA or designee documents the outcome in the CT database and gives the name and telephone number of the Chief, Office of Quality Assurance (OQA) to the complainant. The RA also notifies the OQA Chief by phone or email of the potential contact.

### F. Central Office Level

- 1. Upon receipt of an unresolved complaint, the OQA Chief or designee ensures the complaint has been entered in the database and has ten (10) working days to investigate and resolve the issue. If the response will take longer than ten (10) days, the OQA Chief makes an interim contact with the complainant and give a reasonable estimated date of response.
- 2. The OQA Chief documents the outcome in the CT database and notifies the complainant and all parties involved. The OQA Chief sends a written summary to the Region for inclusion in the client record.
- G. Complaint Tracking (CT) Database
  - 1. Entries in the CT database must include:
    - a. Date the complaint was received;
- b. Name and phone number of person receiving the complaint;
- c. Complainant name, contact number, and relationship to client;
  - d. Client name and identification number;
  - e. The specific complaint;
- f. Who the complaint was assigned to;
- g. Due date; and
  - h. Outcome.
  - 2. The OQA reviews complaints entered in the CT database during its monitoring review cycle. Regional Quality Assurance Managers conduct periodic regional reviews of complaints and their status.

The following types of complaints are outside the scope of this policy as they are addressed through separate processes:

- 1. Allegations of abuse, neglect, exploitation, abandonment, financial exploitation of a child or vulnerable adult. These are directed immediately to Adult Protective Services (APS), the Complaint Resolution Unit (CRU), or Child Protective Services (CPS), as appropriate.
- 2. Client disputes about services that have been denied, reduced, suspended, or terminated. These are resolved through the administrative hearing procedure.
- 3. Client disputes about services that have been requested or authorized through an exception to rule (ETR) that

have been denied, reduced, or terminated.

4. Complaints received from DSHS Constituent Services. These are handled according to the requirements of DSHS Administrative Policy 8.11, Complaint Resolution and Response Standards.

# **Appendix G: Participant Safeguards**

## **Appendix G-1: Response to Critical Events or Incidents**

- **a.** Critical Event or Incident Reporting and Management Process. Indicate whether the State operates Critical Event or Incident Reporting and Management Process that enables the State to collect information on sentinel events occurring in the waiver program. Select one:
  - Yes. The State operates a Critical Event or Incident Reporting and Management Process (complete Items b through e)
     No. This Appendix does not apply (do not complete Items b through e)
     If the State does not operate a Critical Event or Incident Reporting and Management Process, describe the process that the State uses to elicit information on the health and welfare of individuals served through the program.
- b. State Critical Event or Incident Reporting Requirements. Specify the types of critical events or incidents (including alleged abuse, neglect and exploitation) that the State requires to be reported for review and follow-up action by an appropriate authority, the individuals and/or entities that are required to report such events and incidents and the timelines for reporting. State laws, regulations, and policies that are referenced are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Several state laws require Department of Social and Health Services (DSHS) employees, volunteers, and contractors to report suspected abandonment, abuse, neglect, exploitation, and financial exploitation of children and vulnerable adults:

- Chapter 26.44 RCW mandates the reporting of any suspected abuse or neglect of a child to either DSHS or law enforcement.
- Chapter 74.34 RCW mandates an immediate report to DSHS of suspected abuse, neglect, abandonment, or financial exploitation of a vulnerable adult. When there is suspected sexual or physical assault of a vulnerable adult, it must be reported to DSHS and to law enforcement.
- RCW 70.124.030 mandates the reporting of suspected abuse or neglect of state hospital patients.

Chapter 74.34 RCW divides reporters into two types: mandated and permissive. Per RCW 74.34.020, "Mandated reporter" is an employee of the department; law enforcement officer; social worker; professional school personnel; individual provider; an employee of a facility; an operator of a facility; an employee of a social service, welfare, mental health, adult day health, adult day care, home health, home care, or hospice agency; county coroner or medical examiner; Christian Science practitioner; or health care provider subject to chapter 18.130 RCW (Regulation of health professions-Uniform disciplinary act).

Under state law, volunteers at a facility or program providing services to vulnerable adults fall into the permissive category. However, in order for contractors, volunteers, interns, and work study students to work in regional Field Services offices, Residential Habilitation Centers (RHC), and State Operated Living Alternatives (SOLA), they must agree to follow mandatory reporting requirements

The Developmental Disabilities Administration (DDA) requires all contracted residential providers to report a broader scope of serious and emergent incidents to the Administration per DDA Policy 6.12 (Residential Reporting Requirements). Serious and emergent incidents are reported to DDA via fax, telephone and e-mail.

More detail is provided below and is broken out by incidents concerning children, incidents concerning adults, and

the incidents that must be reported and entered into DDA's Electronic Incident Reporting System.

### Children

The State requires that "abuse" and "neglect" be reported for review and follow-up action by an appropriate authority.

Per RCW 26.44.020(1): "Abuse or neglect" means sexual abuse, sexual exploitation, or injury of a child by any person under circumstances which cause harm to the child's health, welfare, or safety, excluding conduct permitted under RCW 9A.16.100 (Use of force on children-Policy-Actions presumed unreasonable); or the negligent treatment or maltreatment of a child by a person responsible for or providing care to the child. An abused child is a child who has been subjected to child abuse or neglect as defined in this section.

Who must report instances of suspected child abuse and neglect and the timelines associated with reporting are contained in RCW 26.44.030 (Reports-Duty and authority to make-Duty of receiving agency....).

- (1)(a) When any practitioner, county coroner or medical examiner, law enforcement officer, professional school personnel, registered or licensed nurse, social service counselor, psychologist, pharmacist, employee of the department of early learning, licensed or certified child care providers or their employees, employee of the department, juvenile probation officer, placement and liaison specialist, responsible living skills program staff, HOPE center staff, or state family and children's ombuds or any volunteer in the ombuds's office has reasonable cause to believe that a child has suffered abuse or neglect, he or she shall report such incident, or cause a report to be made, to the proper law enforcement agency or to the department as provided in RCW 26.44.040 (Reports-Oral, written-Contents).
- (b) When any person, in his or her official supervisory capacity with a nonprofit or for-profit organization, has reasonable cause to believe that a child has suffered abuse or neglect caused by a person over whom he or she regularly exercises supervisory authority, he or she shall report such incident, or cause a report to be made, to the proper law enforcement agency, provided that the person alleged to have caused the abuse or neglect is employed by, contracted by, or volunteers with the organization and coaches, trains, educates, or counsels a child or children or regularly has unsupervised access to a child or children as part of the employment, contract, or voluntary service. No one shall be required to report under this section when he or she obtains the information solely as a result of a privileged communication as provided in RCW 5.60.060 (Witnesses-Competency-Who is disqualified-Privileged communications).

Nothing in this subsection (1)(b) shall limit a person's duty to report under (a) of this subsection.

- (c) The reporting requirement also applies to department of corrections personnel who, in the course of their employment, observe offenders or the children with whom the offenders are in contact. If, as a result of observations or information received in the course of his or her employment, any department of corrections personnel has reasonable cause to believe that a child has suffered abuse or neglect, he or she shall report the incident, or cause a report to be made, to the proper law enforcement agency or to the department as provided in RCW 26.44.040.
- (d) The reporting requirement shall also apply to any adult who has reasonable cause to believe that a child who resides with them, has suffered severe abuse, and is able or capable of making a report. For the purposes of this subsection, "severe abuse" means any of the following: Any single act of abuse that causes physical trauma of sufficient severity that, if left untreated, could cause death; any single act of sexual abuse that causes significant bleeding, deep bruising, or significant external or internal swelling; or more than one act of physical abuse, each of which causes bleeding, deep bruising, significant external or internal swelling, bone fracture, or unconsciousness.
- (e) The reporting requirement also applies to guardians ad litem, including court-appointed special advocates, appointed under Titles 11, 13, and 26 RCW, who in the course of their representation of children in these actions have reasonable cause to believe a child has been abused or neglected.
- (f) The reporting requirement in (a) of this subsection also applies to administrative and academic or athletic department employees, including student employees, of institutions of higher education, as defined in RCW 28B.10.016 (Colleges and universities generally-Definitions), and of private institutions of higher education.
  - (g) The report must be made at the first opportunity, but in no case longer than forty-eight hours after there is

reasonable cause to believe that the child has suffered abuse or neglect. The report must include the identity of the accused if known.

- (2) The reporting requirement of subsection (1) of this section does not apply to the discovery of abuse or neglect that occurred during childhood if it is discovered after the child has become an adult. However, if there is reasonable cause to believe other children are or may be at risk of abuse or neglect by the accused, the reporting requirement of subsection (1) of this section does apply.
- (3) Any other person who has reasonable cause to believe that a child has suffered abuse or neglect may report such incident to the proper law enforcement agency or to the department of social and health services as provided in RCW 26.44.040.
- (4) The department, upon receiving a report of an incident of alleged abuse or neglect pursuant to this chapter, involving a child who has died or has had physical injury or injuries inflicted upon him or her other than by accidental means or who has been subjected to alleged sexual abuse, shall report such incident to the proper law enforcement agency. In emergency cases, where the child's welfare is endangered, the department shall notify the proper law enforcement agency within twenty-four hours after a report is received by the department. In all other cases, the department shall notify the law enforcement agency within seventy-two hours after a report is received by the department. If the department makes an oral report, a written report must also be made to the proper law enforcement agency within five days thereafter.
- (5) Any law enforcement agency receiving a report of an incident of alleged abuse or neglect pursuant to this chapter, involving a child who has died or has had physical injury or injuries inflicted upon him or her other than by accidental means, or who has been subjected to alleged sexual abuse, shall report such incident in writing as provided in RCW 26.44.040 to the proper county prosecutor or city attorney for appropriate action whenever the law enforcement agency's investigation reveals that a crime may have been committed. The law enforcement agency shall also notify the department of all reports received and the law enforcement agency's disposition of them. In emergency cases, where the child's welfare is endangered, the law enforcement agency shall notify the department within twenty-four hours. In all other cases, the law enforcement agency shall notify the department within seventy-two hours after a report is received by the law enforcement agency.
- (6) Any county prosecutor or city attorney receiving a report under subsection (5) of this section shall notify the victim, any persons the victim requests, and the local office of the department, of the decision to charge or decline to charge a crime, within five days of making the decision.

### Adults

The State requires the following types of critical events or incidents be immediately reported for review and follow-up action by an appropriate authority:

- -Abandonment
- -Abuse (including sexual, physical and mental)
- -Exploitation
- -Financial exploitation
- -Neglect
- -Self-neglect

Types of Abuse under RCW 74.34.020 (Abuse of vulnerable adults-Definitions)

- 1. Abandonment means action or inaction by a person or entity with a duty of care for a vulnerable adult that leaves the vulnerable person without the means or ability to obtain necessary food, clothing, shelter, or health care.
- 2. Abuse means the willful action or inaction that inflicts injury, unreasonable confinement, intimidation, or punishment on a vulnerable adult. In instances of abuse of a vulnerable adult who is unable to express or demonstrate physical harm, pain, or mental anguish, the abuse is presumed to cause physical harm, pain, or mental anguish. Abuse includes sexual abuse, mental abuse, physical abuse, and exploitation of a vulnerable adult which have the following meanings:
- a. Sexual abuse means any form of nonconsensual sexual contact including, but not limited to, unwanted or inappropriate touching, rape, sodomy, sexual coercion, sexually explicit photographing, and sexual harassment.

Sexual abuse includes any sexual contact between a staff person, who is not also a resident or client, of a facility or a staff person of a program authorized under Chapter 71A.12 RCW, and a vulnerable adult living in that facility or receiving service from a program authorized under Chapter 71A.12 RCW, whether or not it is consensual.

- b. Physical abuse means the willful action of inflicting bodily injury or physical mistreatment. Physical abuse includes, but is not limited to: striking with or without an object, slapping, pinching, choking, kicking, shoving, prodding, or the use of chemical restraints or physical restraints unless the restraints are consistent with licensing requirements, and includes restraints that are otherwise being used inappropriately.
- c. Mental abuse means any willful action or inaction of mental or verbal abuse. Mental abuse includes, but is not limited to: coercion, harassment, inappropriately isolating a vulnerable adult from family, friends, or regular activity, and verbal assault that includes ridiculing, intimidating, yelling, or swearing.
- d. Exploitation means an act of forcing, compelling, or exerting undue influence over a vulnerable adult causing the vulnerable adult to act in a way that is inconsistent with relevant past behavior, or causing the vulnerable adult to perform services for the benefit of another.
- (1) Financial exploitation means the illegal or improper use of the property, income, resources, or trust funds of the vulnerable adult by any person for any person's profit or advantage.
- 3. Neglect means a pattern of conduct or inaction by a person or entity with a duty of care that fails to provide the goods and services that maintain physical or mental health of a vulnerable adult, or that fails to avoid or prevent physical or mental harm or pain to a vulnerable adult; or an act or omission by a person or entity with a duty of care that demonstrates a serious disregard of consequences of such a magnitude as to constitute a clear and present danger to the vulnerable adult's health, welfare, or safety, including but not limited to conduct prohibited under RCW 9A.42.100.
- 4. Self-neglect means the failure of a vulnerable adult, not living in a facility, to provide for himself or herself the goods and services necessary for the vulnerable adult's physical or mental health, and the absence of which impairs or threatens the vulnerable adult's well-being. This definition may include a vulnerable adult who is receiving services through home health, hospice, or a home care agency, or an individual provider when the neglect is not a result of inaction by that agency or individual provider.

Referrals are received in any format used by the referent including email, phone calls, or postal mail and the referrals are then routed to the appropriate investigative body. Referrals for abuse, neglect, exploitation, or abandonment can be made directly to APS or the CRU through the use of the Regional APS intake line or the RCS Complaint Resolution Unit (CRU) toll-free number. The State also provides an End Harm hotline where any type of referral can be made and the referral is routed to the appropriate investigative entity.

Intake reports are first screened for the need for emergency response and the appropriate emergency responder is notified if indicated. Reports are then evaluated for jurisdiction for either Adult Protective Services or Complaint Resolution Unit, whether the intake will result in a full investigation and if so the time frames for the investigation. Reports are then prioritized and assigned for investigation as described in G 1-d.

Required reporting of allegations involving waiver participants: What, when and to whom:

RCW 74.34.035 Reports (excerpt):

- (1) When there is reasonable cause to believe that abandonment, abuse, financial exploitation, or neglect of a vulnerable adult has occurred, mandated reporters shall immediately report to the department.
- (2) When there is reason to suspect that sexual assault has occurred, mandated reporters shall immediately report to the appropriate law enforcement agency and to the department.
- (3) When there is reason to suspect that physical assault has occurred or there is reasonable cause to believe that an act has caused fear of imminent harm:
- (a) Mandated reporters shall immediately report to the department; and
- (b) Mandated reporters shall immediately report to the appropriate law enforcement agency, except as provided in

subsection (4) of this section.

- (4) A mandated reporter is not required to report to a law enforcement agency, unless requested by the injured vulnerable adult or his or her legal representative or family member, an incident of physical assault between vulnerable adults that causes minor bodily injury and does not require more than basic first aid, unless:
- (a) The injury appears on the back, face, head, neck, chest, breasts, groin, inner thigh, buttock, genital, or anal area;
- (b) There is a fracture;
- (c) There is a pattern of physical assault between the same vulnerable adults or involving the same vulnerable adults; or
- (d) There is an attempt to choke a vulnerable adult.

DDA Electronic Incident Reporting System.

Per DDA Policy 12.01 (Incident Management and Reporting), DDA staff are required to input Serious and Emergent incidents into an Electronic Incident Reporting System. Policy 12.01 applies to all DDA employees, including State Operated Living Alternatives (SOLA) programs, Residential Habilitation Centers (RHC), and all DDA volunteers, interns, and work study students.

DDA Policy 12.01 describes the process the Developmental Disabilities Administration (DDA) will use to protect, to the extent possible, the health, safety, and well-being of division clients, and to ensure that client abandonment, abuse, exploitation, financial exploitation, neglect and self-neglect is reported, investigated, and resolved; and to ensure that procedures are in place to prevent abuse.

Incident types reported and tracked by DDA per Policy 12.01 include:

- \* Abuse
- \* Neglect
- \* Exploitation
- \* Abandonment
- \* Death
- \* Medication Errors
- \* Emergency Use of Restrictive Procedures
- · \* Serious Injuries
- \* Criminal Activity
- \* Hospitalizations
- \* Missing clients
- \* Mental Health Crisis
- \* Serious Property Destruction

Timelines established by DDA Policy 12.01 are:

- A. Phone call to Central Office within 1 Hour followed by Electronic IR within 1 working day.
  - 1. Known media Interest or litigation must also be reported to Regional Administrator & HQ within 1 hour.
  - 2. Death of a RHC or SOLA client.
  - 3. Death of a client (suspicious or unusual).
  - Natural disaster or other conditions threatening the operations of the program or facility.
  - 5. Alleged sexual abuse of a client by a DSHS employee, volunteer, licensee or contractor.
  - 6. Clients missing from SOLA or RHC in cases where a missing person report is being filed with law enforcement.
  - 7. Injuries resulting from abuse/neglect or of unknown origin requiring hospital admission.

- 8. Client arrested with charges or pending charges for a violent crime.
- B. Electronic IR Database within 1 working day
  - Alleged or suspected abandonment, abuse, neglect, exploitation, or financial exploitation of a client by a DSHS employee, volunteer, licensee or contractor.
  - 2. Client injury of unknown origin when the injury raises suspicions of possible abuse or neglect.
  - 3. Known criminal activity perpetrated by a DSHS employee, volunteer, licensee or contractor that may impact the person's ability to perform the duties required of their position.
  - 4. Criminal activity by clients resulting in a case number being assigned by law enforcement.
  - 5. Sexual abuse of a client not subject to report within 1 hour.
  - 6. Injuries resulting from alleged or suspected client to client abuse requiring medical treatment beyond First Aid.
  - 7. Injuries of known cause (other than abuse/neglect) that result in hospital admission.
  - 8. Missing person.
  - 9. Death of client (not suspicious or unusual).
  - 10. Inpatient admission to state or local psychiatric hospitals.
  - Alleged or suspected abuse, abandonment, neglect, exploitation, or financial exploitation by other non-client/non-staff screened in by APS or CPS for investigation.
  - 12. Criminal activity against clients by others resulting in a case number being assigned by law enforcement
  - 13. Restrictive procedures implemented under emergency guidelines
  - 14. Medication error which causes or is likely to cause injury/harm as assessed by a medical or nursing professional
  - 15. Emergency medical hospitalizations
- 16. Awareness that a client and/or the client's legal representative are contemplating permanent sterilization procedures.

### References:

- -RCW 5.60.060: Witnesses-Competency-Who is disqualified-privileged communications
- -RCW 9A.42.100: Endangerment with a controlled substance
- -Chapter 26.44 RCW: Abuse of Children
- -RCW 26.44.030: Reports-Duty and authority to make-Duty of receiving agency....
- -RCW 26.44.040: Reports-Oral, written-Contents
- -RCW 28B.10.016: Colleges and universities generally-Definitions
- -DDA Policy 12.01: Incident Management and Reporting
- -DDA Policy 5.13: Protection from Abuse: Mandatory Reporting

Chapter 71A.12 RCW: Developmental Disaiblities-State Services

- -Chapter 74.34 RCW: Abuse of Vulnerable Adults statute
- -RCW 74.34.020: Abuse of vulnerabyle adults-Definitions
- -WAC 388-71-0100 through 01280: Adult Protective Services
- -HCS Long-Term Care Manual, Chapter 6, policies and procedures of the Adult Protective Services Program
- c. Participant Training and Education. Describe how training and/or information is provided to participants (and/or families or legal representatives, as appropriate) concerning protections from abuse, neglect, and exploitation, including how participants (and/or families or legal representatives, as appropriate) can notify appropriate authorities or entities when the participant may have experienced abuse, neglect or exploitation.

The Developmental Disabilities Administration (DDA) works with the Aging and Long-Term Support Administration (ALTSA), Children's Administration (CA), and the DSHS Communications Division on education efforts for clients, families and providers associated with DSHS. Washington State has designated November as Vulnerable Adult Awareness Month.

DSHS also started an End Harm"campaign a number of years ago. DDA participates in this campaign which is aimed at shedding light on abuse and educating the general public as well as DSHS staff and consumers. A

statewide number (1-866-EndHarm) was implemented several years ago. Anyone can call this number to report any type of abuse or neglect against a vulnerable person 24 hours per day and 7 days per week. The End Harm toll free number is promoted via news releases, the internet, DDA's Director's Corner and ALTSA publications. Participants receive information at least annually during their annual assessment about how to report any type of abuse or neglect of a vulnerable adult or child. The End Harm number is identified on the Meeting Wrap up form that is reviewed at the end of each annual assessment.

All providers receive mandatory reporter training. In addition, residential programs post contact information to report abuse and neglect in the participant's home.

Every DDA CRM/Social Service Specialist receives mandatory reporter/incident management training as a component of DDA Core Training.

**d. Responsibility for Review of and Response to Critical Events or Incidents.** Specify the entity (or entities) that receives reports of critical events or incidents specified in item G-1-a, the methods that are employed to evaluate such reports, and the processes and time-frames for responding to critical events or incidents, including conducting investigations.

Investigations of abuse, neglect, and exploitation of adults are conducted by two investigative bodies: Residential Care Services (RCS) and Adult Protective Services (APS). Investigations regarding children are conducted by Child Protective Services (CPS).

Residential Care Services: Under state authority, Residential Care Services (RCS) is the designated DSHS authority to investigate incidents of abuse (physical, mental, sexual and exploitation of person), abandonment, neglect, self-neglect and financial exploitation in residential programs.

RCS reviews provider systems to see if a failed practice contributed to any finding of abuse, neglect, abandonment, self-neglect, and financial exploitation. If failed provider practice is identified, RCS will issue a citation to the provider under the appropriate section of Certified Community Residential Services and Supports WAC 388-101, Adult Family Home WAC 388-76 and Assisted Living Facility Licensing Rules 388-78A. The provider must submit and implement a corrective action plan, which is subject to on-site verification by RCS.

RCS documents their conclusion of their investigations in TIVA (Tracking Incidents for Vulnerable Adults). RCS sends the Statement of Deficiencies to providers within 10 days and will document their conclusion of their investigations in TIVA within 15 days of the last day of data collection. For each allegation, the RCS investigators complete data entry into the RCS complaint investigation tracking systems and are required to record a data-qualifier in relation to the decision of the substantiated or unsubstantiated finding.

Those qualifiers are as follows for substantiated investigations:

- \* Federal deficiencies related to the allegation are cited
- \* State deficiencies related to the allegation are cited
- \* No deficiencies related to the allegation are cited, or
- \* Referral to appropriate agency

For "unsubstantiated" investigations, the following qualifiers are used:

- \* Allegation did not occur
- \* Lack of sufficient evidence
- \* Referral to appropriate agency

When a provider practice investigation is completed, RCS determines whether:

- \* The allegations are substantiated or unsubstantiated;
- \* The facility or provider failed to meet any of the regulatory requirements; and,
- \* The provider practice or procedure that contributed to the complaint has been changed to achieve and/or maintain compliance.

RCS utilizes a centralized statewide intake unit for the purpose of receiving reports of alleged abuse, neglect and financial exploitation for all licensed and certified Long Term Care residential providers. Referrals from the DDA incident reporting system, reports from the public and reports from mandated reporters are received and processed through this unit. RCS Field investigators receive prioritized referrals from the centralized intake unit and respond

by conducting on-site investigations

RCS is centrally located in Olympia. RCS investigates licensed or certified residential providers. RCS prioritizes reports for investigation based upon on the severity and immediacy of actual or potential harm. Complaint investigation response times are 2 days, 10 days, 20 days, 45 days, or 90 days and Quality Reviews. All of these categories require an on-site investigation, except for the Quality Review category. Any situation that involves imminent danger is reported to law enforcement immediately. Any report received from a public caller is assigned an on-site investigative response time.

Adult Protective Services: Under state authority, Adult Protective Services (APS) receives reports and conducts investigations of alleged abuse (physical, mental, sexual and exploitation of person), abandonment, neglect, self-neglect and financial exploitation in order to determine whether the alleged abuse, etc. occurred and if so who was/were the perpetrator(s).

APS is located in Olympia and APS investigators are located in regional offices throughout the state. Investigations are prioritized based on the severity and immediacy of actual or potential harm. Emergent issues are referred to 911. The APS investigator meets face to face with the alleged victim within 24 hours for all reports categorized as "high; within five working days for a "medium" priority report; and within ten working days for a "low" priority report. A shorter response time may be assigned on a case by case basis.

APS investigations are completed within 90 days of assignment unless necessary investigation or protective services activity continues. If a case remains in "investigating" or "investigation pending" status 90 days after intake, APS supervisors review the case at least every 30 days thereafter for the duration of the case.

The participant or the participant's representative is informed of the results of the investigation. For unsubstantiated results the participant/representative receives verbal notification at the end of the investigation. For substantiated results, the participant receives verbal notification (written when requested) at two stages throughout the investigation; (1) when a determination by the investigator to recommend that the allegation be substantiated and (2) when this determination has been reviewed by the regional reviewing authority.

Child Protective Services: Under state authority, Child Protective Services (CPS) within the Children's Administration (CA) of the Department of Social and Health Services (DSHS) is responsible for receiving and investigating reports of suspected child abuse and neglect.

The primary purpose of the CPS program is to assess risk of child maltreatment rather than to substantiate specific allegations of child abuse and neglect. Any referral received from a commissioned law enforcement officer stating a parent has been arrested for Criminal Mistreatment in the fourth degree under RCW 9A.42 is screened in and assigned for investigation.

When someone reports that a child may be abused or neglected, CPS is required by law to investigate. A report of suspected child abuse or neglect could be made to CPS or the police. Even though CPS staff and the police work together, they make separate investigations. CPS conducts family assessments, and the police conduct criminal investigations.

Upon receipt of a report concerning the possible occurrence of abuse and/or neglect, CPS begins a risk assessment. The risk assessment begins with a review of the information with the reporter to determine if there is sufficient information to locate the child; identify the perpetrator as a parent or caretaker; and determine whether the allegation is a situation of child abuse or neglect or there is a risk of harm to the child. Referrals which are determined to contain sufficient information may be assigned for investigation or other community response.

CPS workers must complete the intake process with referral information recorded in the FamLink within:

- a. 4 hours from the date and time CA receives the following referrals:
  - 1. Emergent CPS or DLR (Division of Licensed Resources)/CPS
  - 2. Family Reconciliation Services (FRS)
- b. 4 business hours (business hours are 8:00 a.m. to 5:00 p.m., Monday through Friday) from the date and time CA receives Non-Emergent CPS or DLR/CPS referrals.
- c. 2 business days from the date and time CA receives the

following referrals:

- 1. Information Only
- 2. CPS Alternate Intervention
- 3. Third Party
- 4. Child Welfare Services (CWS)
- 5. Licensing Complaint
- 6. Home Study

If additional victims identified during the course of an investigation are determined:

- a. To be at risk of imminent harm, a social worker will have face to face contact within 24 hours from the date and time they are identified.
- b. NOT to be at risk of imminent harm, a social worker will have face to face contact within 72 hours of the date and time they are identified.

The assigned social worker must:

- a. Contact the referrer if the intake information is insufficient or unclear and may provide information about the outcome of the case to mandated referrers.
- b. Conduct a face-to-face investigative interview with child victims within 10 calendar days from date of referral.

CPS is a continuum of protection consisting of different but complementary functions. Intervention designed to protect children from abuse and neglect must include permanency planning goals from the onset of the case and must be updated at 90-day intervals.

When it appears that a child is in danger of being harmed, or has already been seriously abused or neglected, a police officer can place the child in protective custody. Custody of the child is then transferred to CPS, which places the child with a relative or in foster care. By law, a child can be kept in protective custody for no more than 72 hours, excluding weekends and legal holidays. If the child is not returned to the parents or some other voluntary arrangement made within 72 hours, the matter must be reviewed by a court.

In very serious cases of abuse and neglect, a child can be removed permanently from the parents (i.e., termination of parental rights). When this happens the child becomes legally free through a court procedure. The parent no longer has any rights or responsibilities toward the child. If a parent voluntarily gives up a child for adoption, this is called relinquishing parental rights.

Child Welfare Services (CWS) within the CA provides services to children and families with long-standing abuse and neglect problems. Typically these children have been removed from the family home and are in the foster care system. The focus of CWS is to achieve a permanent plan and placement for these children as soon as possible.

CPS seeks to complete investigations within 45 days, but it may take up to 90 days if law enforcement is involved. Outcome notices are sent to relevant parties upon investigation completion.

CPS, RCS and APS are using the FamLink and TIVA systems to document investigation activites including intake of complaints and outcome reports. There is an electronic connection between FamLink/TIVA and the CARE system to notify case managers of a) complaints that are referred for investigations and b) investigation outcomes. This is an electronic notification that is identified in the client's CARE record.

The Aging and Long-Term Care Administration receives nightly data feeds from the new TIVA (Tracking Incidents for Vulnerable Adults) system that are used in this ALTSA/DDA reporting system. TIVA information is reviewed to determine if client information matches DDA waiver clients who are identified in CARE. DDA uses this reporting system to address specific programmatic and provider issues from the outcomes of the waiver clients who were involved in investigations by Residential Care Services (RCS), Adult Protective Services (APS) and/or Child Protection Services (CPS) for whom a report of abuse, neglect, abandonment, or financial exploitation was substantiated. The data are broken out by type of incident and provider type.

e. Responsibility for Oversight of Critical Incidents and Events. Identify the State agency (or agencies) responsible for overseeing the reporting of and response to critical incidents or events that affect waiver participants, how this oversight is conducted, and how frequently.

Under state authority, Child Protective Services (CPS) within the Children's Administration (CA) of the Department of Social and Health Services (DSHS) is responsible for receiving and investigating reports of suspected child abuse and neglect.

When someone reports that a child may be abused or neglected, CPS is required by law to investigate. A report of suspected child abuse or neglect could be made to CPS or the police. Even though CPS staff and the police work together, they make separate investigations. CPS conducts family assessments, and the police conduct criminal investigations.

Residential Care Services is responsible for overseeing the certification of all certified residential programs. Mandatory reporting, and mandatory reporter training are among the standards they evaluate per Washington Administrative Code. Certification occur a minimum of every two years, but the certification length can be reduced depending on the regulatory concerns.

RCS Field Managers (supervisors) review prioritized complaints assigned from the centralized intake unit. As needed, supervisors work directly with investigative staff in developing investigative plans and may assist investigators with coordination activities.

The RCS Assistant Director and the Quality Assurance (QA) Administrator receive copies of serious and immediate complaint intakes at the same time that the initial referrals are sent from CRU to the field. Both of these individuals monitor the progress of investigative response to these incidents.

RCS Field Managers review the results of all investigated complaints; ensure that investigation activities were thorough and complete and that no follow-up activities are required. Field Managers also make recommendations to HQ and assist with coordination of enforcement activities.

RCS provider practice substantiation rates are monitored by DDA through data pulled from the TIVA (Tracking Incidents for Vulnerable Adults) system. Intakes and investigations can be reviewed by program, by type, and by facility. Trends and patterns are identified and analyzed to determine if substantiated areas of non-compliance negatively impacted waiver clients living in the licensed or certified setting. Analyses include a review of the general scope and severity of the non-compliance, and whether or not RCS enforcement processes resulted.

RCS and the Aging and Long-Term Support Administration are using the TIVA system to document investigation activities including intake of complaints and outcome reports. There is an electronic connection between the TIVA and the CARE system to notify case managers of a) complaints that are referred for investigations and b) investigation outcomes. This is an electronic notification that is identified in the client's CARE record. Data from the TIVA system is used to develop statewide training for case managers and the community on adult protective services and how to recognize and prevent instances or reoccurrences of abuse, neglect, and financial exploitation.

DDA requires serious and emergent incidents to be entered into a statewide electronic incident reporting system per DDA Policy. Incidents are entered into the system by DDA CRMs and Social Service Specialists with notification sent to appropriate staff.

Adult Protective Services (APS) is a state wide program within the operating agency. The intakes, investigations and protective services performed by APS are continuously monitored at both the state and the regional levels. For example:

- -Regional supervisors and program managers conduct on-going quality assurance audits of APS case records.
- -The APS program has implemented a statewide QA monitoring process that includes record reviews and a formal in-person skills evaluation conducted by a supervisor during an actual APS investigation.
- -Several reports based on data pulled from the statewide APS data base are routinely generated and evaluated at least annually by program managers and upper management at the state office.

- -The regions use a report system tool that enables them to create customized reports pulled from the statewide data base to track, monitor and evaluate implementation of APS in their region.
- -Data is used to develop statewide training for case managers and the community on APS and how to recognize and prevent instances or re-occurrences of abuse, neglect and exploitation.

DDA Regional Quality Assurance staff in all three regions provides ongoing monitoring of the Incident Reporting system. The Central Office Incident Program Manager is responsible for the monitoring and oversight of all significant incidents. A Central Office Incident Report team meets monthly to review aggregate data, trends and patterns and staff incidents of particular concern.

Aggregate data analyzed by DDA Central Office is also sent out to the regions for follow up. Regional analysis is tracked and discussed at the Regional Quarterly Quality Assurance Meeting. Best practices and significant issues are presented to the Full Management Team four times per year.

Information and findings are communicated to the Medicaid agency at least quarterly via the HCA Medicaid Agency Waiver Management Committee.

## **Appendix G: Participant Safeguards**

# **Appendix G-2: Safeguards Concerning Restraints and Restrictive Interventions** (1 of 3)

- **a.** Use of Restraints. (Select one): (For waiver actions submitted before March 2014, responses in Appendix G-2-a will display information for both restraints and seclusion. For most waiver actions submitted after March 2014, responses regarding seclusion appear in Appendix G-2-c.)
  - The State does not permit or prohibits the use of restraints

Specify the State agency (or agencies) responsible for detecting the unauthorized use of restraints and how this oversight is conducted and its frequency:



- The use of restraints is permitted during the course of the delivery of waiver services. Complete Items G-2-a-i and G-2-a-ii.
  - i. Safeguards Concerning the Use of Restraints. Specify the safeguards that the State has established concerning the use of each type of restraint (i.e., personal restraints, drugs used as restraints, mechanical restraints). State laws, regulations, and policies that are referenced are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

### Introduction:

The following information is applicable to paid providers and licensed/certified settings that are available to waiver participants for respite care and to in-home Behavior Support and Consultation providers. DDA safeguards concerning the use of each type of restraint do not apply to family members (e.g., parents, siblings, relatives) unless they are paid providers of the Department of Social and Health Services.

Protections against the inappropriate use of restraints and restrictive procedures are contained in state law and rules concerning abuse and neglect (i.e., as described in Appendix G-1).

The Positive Behavior Support Plan:

The basic tool used by the DDA to address challenging behaviors is the Positive Behavior Support Plan (PBSP). PBSPs are in addition to the individualized person-centered plan.

A PBSP consists of the following sections:

- a. Prevention Strategies;
- b. Teaching/Training Supports;
- c. Strategies for Responding to Challenging Behaviors; and
- d. Data Collection and Monitoring.

PBSPs are specifically required when:

- 1. The use of certain restrictive interventions is planned or used. DDA Policies 5.15, 5.19, and 5.20 provide more information regarding PBSPs.
- 2. A client is taking psychoactive medications to reduce challenging behavior or treat a mental illness. DDA Policy 5.16 provides more information.
- 3. Certain restrictive physical interventions are planned or used. DDA Policies 5.17 and 5.20 contain more information.

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When challenging behaviors are identified, a written Functional Assessment and PBSP must be completed within ninety (90) days. All PBSPs must be agreed to by the individual or legally responsible individual.

Conditions under which a restraint may be applied:

Physical restraints, mechanical devices used as a restraint and chemical restraints may be used solely to treat a participant's behavior that poses a safety or health risk. Per DDA policy, restraints may not be used for the purposes of discipline or convenience.

The use of mechanical or physical restraints during medical and dental treatment is acceptable if under the direction of a physician or dentist and consistent with standard medical/dental practices. DDA Policy 5.17 provides additional detail.

Identification of a specific and individualized assessed need:

If a restraint is to be used to treat challenging behavior, it must be supported by a functional assessment as described in DDA Policy 5.14, Attachment A. All Functional Assessments must contain four major sections:

Description and Pertinent History; Definition of Challenging Behavior(s); Data Analysis/Assessment Procedures; and Summary Statements.

Based on the Functional Assessment, a written Positive Behavior Support Plan is implemented to reduce or eliminate the client's need to engage in the challenging behavior(s).

#### Informed Consent:

The use of restraints is voluntary and the participant or representative must give informed consent, which is documented in the individual's ISP and PBSP. The participant or representative is always included in the development of the person centered care plan, as well as a PBSP. The participant or representative is made aware of the risks and the right to refuse the restraint. The participant or legal guardian has the right to refuse any service (including the use of restraints) or medication at any time.

Positive interventions, supports and less intrusive methods must be employed prior to the use of restraints:

Prior to the use of restraints, alternative strategies must be tried. The person centered service plan contains positive and less intrusive interventions that must be employed for any identified behavior. The participant's negotiated care plan includes strategies, therapeutic interventions, and required staff behavior to address the symptoms for which the restraint is prescribed. The plan addresses a participant's special needs and responses to a participant's refusal of care and the need to reduce tension, agitation or anxiety. The provider must document in the negotiated care plan other strategies or

modifications used to avoid restraints.

When a waiver participant receives psychoactive medication, non-pharmaceutical supports used to assist in the treatment of the client's symptoms or behaviors must be documented in the client's Positive Behavior Support Plan.

Participants must have an assessed need proportionate to the use of restraints:

The need for a restraint must be assessed by a specialist in challenging behaviors. This information must then be incorporated into the participant's ISP, the Functional Assessment that details the challenging behaviors and their precursors, and the PBSP. The conditions under which a restraint may be used must be documented in the participant's ISP and PBSP. Documentation must reflect the symptom related to behavior for which a restraint is being used, when a restraint may be used, and how the restraint should be used.

The use of chemical restraints is governed by DDA Policies 5.15 and 5.16. If the waiver participant appears to be displaying symptoms of mental illness and/or persistent challenging behavior, any physical, medical, or dental conditions that may be causing or contributing to the behavior must first be considered.

If no physical or other medical condition is identified, then a psychiatric assessment is conducted. After the assessment, if the treatment professional recommends psychoactive medication, the prescribing professional or agency staff documents this in a Psychoactive Medication Treatment Plan (PMTP). The plan must include the following:

- a. A description of the behaviors, symptoms or conditions for which the medication is prescribed;
- b. The name, dosage, and frequency of the medication;
- c. The length of time considered sufficient to determine if the medication is effective;
- d. The behavioral criteria to determine whether the medication is effective; and
- e. The anticipated schedule of visits with the prescribing professional.

Collection and review of data to measure the ongoing effectiveness of the restraint:

Per DDA Policy 5.14, the PBSP must:

- Operationally define the goals of the PBSP in terms of specific, observable behaviors.
- Indicate what data is needed to evaluate success (e.g., frequency, intensity and duration of target behaviors).
- Provide instructions to staff or caregivers on how to collect this data (e.g., forms, procedures) i.e., frequency, intensity and duration.
- · List who will monitor outcomes, need for revisions, and evaluate success and process for monitoring.
- Recommend displaying data in a graph over time for easy analysis.

Per DDA Policies 5.15 and 5.20, the program staff responsible for PBSPs must review the plan at least every thirty (30) days. If the data indicates progress is not occurring after a reasonable period, but no longer than six (6) months, the PBSP must be reviewed and revisions implemented as needed.

Per DDA Policy 5.16, with respect to psychoactive medication the prescribing professional should see the client at least every three (3) months. The continued need for the medication and possible reduction in medication is assessed at least annually by the prescribing professional.

Periodic review of restraint usage:

The ISP and PBSP must be reviewed at least annually (and in the case of behavior support and consultation provider to children and youth in the family home, providers must submit quarterly progress reports) and updated at any time the use of a restraint (including psychoactive medication) becomes ineffective, is no longer needed or becomes unsafe.

When challenging behaviors are identified, a written Functional Assessment and PBSP must be completed within ninety (90) days. If the data indicates progress is not occurring after a reasonable

period, but no longer than six (6) months, the FA and the PBSP must be reviewed and revisions implemented as needed.

Restraints may not cause harm:

The use of restraints must be deemed safe and appropriate per DDA policies concerning the use of restraints and restrictive procedures. The waiver participant or representative is informed of any risks and may choose to decline the use of restraints at any time.

Education and training requirements for providers involved in the use of restraints:

All staff using physical interventions must have prior training in the use of such techniques according to the facility or agency's policy and procedures. Staff must also receive training in crisis prevention techniques and positive behavior support. Staff receiving physical intervention techniques training must complete the course of instruction and demonstrate competency before being authorized to use the techniques with waiver participants. All residential service providers must have documentation of prior training in the use of physical intervention techniques.

A review of de-escalation techniques and physical intervention techniques with all service providers and members of a child/youth's support team must occur annually before continuing to be used with the child/youth.

Regarding the use of psychoactive medications, staff and family members are informed of the anticipated impact of the medication and its potential side effects. Staff and/or family members monitor the waiver participant to determine if the medication is being effective and communicate when it is not effective to the prescribing professional.

### References:

- DDA Policy 5.14: Positive Behavior Support
- DDA Policy 5.15: Use of Restrictive Procedures
- DDA Policy 5.16: Use of Psychoactive Medications
- DDA Policy 5.17: Physical Intervention Techniques
- DDA Policy 5.19: Positive Behavior Support for Children and Youth
- DDA Policy 5.20: Restrictive Procedures and Physical Interventions with Children and Youth
- ii. State Oversight Responsibility. Specify the State agency (or agencies) responsible for overseeing the use of restraints and ensuring that State safeguards concerning their use are followed and how such oversight is conducted and its frequency:

The Department of Social and Health Services (DSHS) through the Aging and Long-Term Support Administration (ALTSA) and through Child Protective Services (CPS) is responsible for investigating the unauthorized use of restraints.

Under state authority RCW 74.34, the ALTSA receives reports and conducts investigations of abuse, neglect, exploitation and abandonment for clients enrolled with the Developmental Disabilities Administration. ALTSA Adult Protective Services (APS) investigates the perpetrators of abuse and neglect occurring in nursing homes, adult residential care facilities, adult family homes, supported living programs and adults residing in their own homes.

Under state authority contained in Chapter 26.44 RCW, CPS within the Children's Administration (CA) of DSHS is responsible for receiving and investigating reports of suspected child abuse and neglect.

DDA monitors the use of unauthorized restraints and takes corrective action through:

- \* Reports received in the DDA Incident Reporting system,
- \* Reports submitted to APS,
- \* Reports submitted to RCS,
- \* Reports submitted to CPS,
- \* The face to face DDA Assessment process conducted yearly

and at times of significant change,

- \* The DDA grievance process, and
- \* DDA Quality Assurance activities that include face to face interviews of clients and review of complaints.

RCS and APS are using the TIVA system to document investigation activities including a) intake of complaints and b) outcome reports. There is an electronic connection between the FamLink and the CARE system to notify case managers of a) complaints concerning treatment of children that are referred for investigations and b) investigation outcomes. This is an electronic notification that is included in the client's CARE record.

DDA Policies 5.14, 5.15, 5.16, 5.17, 5.19 and 5.20 (see G-2.b.i) specify the requirements for the use and documentation of any type of restraint (mechanical or pharmacological). Only the least restrictive intervention needed to adequately protect the individual, others, or property may be used, and must be terminated as soon as the need for protection is over. Approved restraint use must be fully documented and reviewed at least monthly by the residential provider and at least quarterly by the waiver participant's interdisciplinary team. Any emergency use of a restraint requires an incident report to DDA headquarters where it is reviewed by the Incident Management Program Manager.

RCS has contracted evaluators who evaluate the residential agencies/programs at least once every two years. Their review always includes any use of restraints, restrictive procedures, or use of psychoactive medications.

Quality Compliance Coordinator (QCC) staff yearly review the positive behavior support plans (PBSPs) of a sample of waiver participants. One focus is on instances in which the PBSP includes a restraint that requires approval through an exception to rule (ETR). When the QCC team identifies PBSPs requiring an ETR that did not have an ETR, the QCC team verifies that individual corrective action was completed within 90 days and reports to DDA management on any systems issues.

### References:

- -Chapter 26.44 RCW: Abuse of Children
- -Chapter 74.34 RCW: Abuse of Vulnerable Adults
- -DDA Policy 5.14: Positive Behavior Support
- -DDA Policy 5.15: Use of Restrictive Procedures
- -DDA Policy 5.16: Use of Psychoactive Medications
- -DDA Policy 5.17: Physical Intervention Techniques

The State does not normit or prohibits the use of restrictive interventions

- -DDA Policy 5.19: Positive Behavior Support for Children and Youth
- -DDA Policy 5.20: Restrictive Procedures and Physical Interventions with Children and Youth

# **Appendix G: Participant Safeguards**

**Appendix G-2: Safeguards Concerning Restraints and Restrictive Interventions** (2 of 3)

b.	Use of 1	Restrictive	Interventions.	(Select one,	):
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The State does not permit of promotes the use of restrictive interventions
Specify the State agency (or agencies) responsible for detecting the unauthorized use of restrictive interventions and how this oversight is conducted and its frequency:

- The use of restrictive interventions is permitted during the course of the delivery of waiver services Complete Items G-2-b-i and G-2-b-ii.
  - i. Safeguards Concerning the Use of Restrictive Interventions. Specify the safeguards that the State has in effect concerning the use of interventions that restrict participant movement, participant access to other individuals, locations or activities, restrict participant rights or employ aversive methods (not including

restraints or seclusion) to modify behavior. State laws, regulations, and policies referenced in the specification are available to CMS upon request through the Medicaid agency or the operating agency.

#### Introduction:

The following information is applicable to paid providers and licensed/certified settings that are available to waiver participants for respite care and to in-home Behavior Support and Consultation providers. DDA safeguards concerning the use of each type of restraint do not apply to family members (e.g., parents, siblings, relatives) unless they are paid providers of the Department of Social and Health Services.

Protections against the inappropriate use of restraints and restrictive procedures are contained in state law and rules concerning abuse and neglect (i.e., as described in Appendix G-1).

The Positive Behavior Support Plan:

The basic tool used by the DDA to address challenging behaviors is the Positive Behavior Support Plan (PBSP). PBSPs are in addition to the individualized person-centered plan.

A PBSP consists of the following sections:

- a. Prevention Strategies;
- b. Teaching/Training Supports;
- c. Strategies for Responding to Challenging Behaviors; and
- d. Data Collection and Monitoring.

PBSPs are specifically required when:

- 1. The use of certain restrictive interventions is planned or used. DDA Policies 5.15, 5.19, and 5.20 provide more information regarding PBSPs.
- 2. A client is taking psychoactive medications to reduce challenging behavior or treat a mental illness. DDA Policy 5.16 provides more information.
- 3. Certain restrictive physical interventions are planned or used. DDA Policies 5.17 and 5.20 contain more information.

When challenging behaviors are identified, a written Functional Assessment and PBSP must be completed within ninety (90) days. All PBSPs must be agreed to by the individual or legally responsible individual.

Conditions under which a restraint may be applied:

Physical restraints, mechanical devices used as a restraint and chemical restraints may be used solely to treat a participant's behavior that poses a safety or health risk. Per DDA policy, restraints may not be used for the purposes of discipline or convenience.

The use of mechanical or physical restraints during medical and dental treatment is acceptable if under the direction of a physician or dentist and consistent with standard medical/dental practices. DDA Policy 5.17 provides additional detail.

Identification of a specific and individualized assessed need:

If a restraint is to be used to treat challenging behavior, it must be supported by a functional assessment as described in DDA Policy 5.14, Attachment A. All Functional Assessments must contain four major sections:

Description and Pertinent History; Definition of Challenging Behavior(s); Data Analysis/Assessment Procedures; and Summary Statements. Based on the Functional Assessment, a written Positive Behavior Support Plan is implemented to reduce or eliminate the client's need to engage in the challenging behavior(s).

### **Informed Consent:**

The use of restraints is voluntary and the participant or representative must give informed consent, which is documented in the individual's ISP and PBSP. The participant or representative is always included in the development of the person centered care plan, as well as a PBSP. The participant or representative is made aware of the risks and the right to refuse the restraint. The participant or legal guardian has the right to refuse any service (including the use of restraints) or medication at any time.

Positive interventions, supports and less intrusive methods must be employed prior to the use of restraints:

Prior to the use of restraints, alternative strategies must be tried. The person centered service plan contains positive and less intrusive interventions that must be employed for any identified behavior. The participant's negotiated care plan includes strategies, therapeutic interventions, and required staff behavior to address the symptoms for which the restraint is prescribed. The plan addresses a participant's special needs and responses to a participant's refusal of care and the need to reduce tension, agitation or anxiety. The provider must document in the negotiated care plan other strategies or modifications used to avoid restraints.

When a waiver participant receives psychoactive medication, non-pharmaceutical supports used to assist in the treatment of the client's symptoms or behaviors must be documented in the client's Positive Behavior Support Plan.

Participants must have an assessed need proportionate to the use of restraints:

The need for a restraint must be assessed by a specialist in challenging behaviors. This information must then be incorporated into the participant's ISP, the Functional Assessment that details the challenging behaviors and their precursors, and the PBSP. The conditions under which a restraint may be used must be documented in the participant's ISP and PBSP. Documentation must reflect the symptom related to behavior for which a restraint is being used, when a restraint may be used, and how the restraint should be used.

The use of chemical restraints is governed by DDA Policies 5.15 and 5.16. If the waiver participant appears to be displaying symptoms of mental illness and/or persistent challenging behavior, any physical, medical, or dental conditions that may be causing or contributing to the behavior must first be considered.

If no physical or other medical condition is identified, then a psychiatric assessment is conducted. After the assessment, if the treatment professional recommends psychoactive medication, the prescribing professional or agency staff documents this in a Psychoactive Medication Treatment Plan (PMTP). The plan must include the following:

- a. A description of the behaviors, symptoms or conditions for which the medication is prescribed;
- b. The name, dosage, and frequency of the medication;
- c. The length of time considered sufficient to determine if the medication is effective;
- d. The behavioral criteria to determine whether the medication is effective; and
- e. The anticipated schedule of visits with the prescribing professional.

Collection and review of data to measure the ongoing effectiveness of the restraint:

### Per DDA Policy 5.14, the PBSP must:

- Operationally define the goals of the PBSP in terms of specific, observable behaviors.
- Indicate what data is needed to evaluate success (e.g., frequency, intensity and duration of target behaviors).
- Provide instructions to staff or caregivers on how to collect this data (e.g., forms, procedures) i.e., frequency, intensity and duration.

- · List who will monitor outcomes, need for revisions, and evaluate success and process for monitoring.
- Recommend displaying data in a graph over time for easy analysis.

Per DDA Policies 5.15 and 5.20, the program staff responsible for PBSPs must review the plan at least every thirty (30) days. If the data indicates progress is not occurring after a reasonable period, but no longer than six (6) months, the PBSP must be reviewed and revisions implemented as needed.

Per DDA Policy 5.16, with respect to psychoactive medication the prescribing professional should see the client at least every three (3) months. The continued need for the medication and possible reduction in medication is assessed at least annually by the prescribing professional.

Periodic review of restraint usage:

The ISP and PBSP must be reviewed at least annually (and in the case of behavior support and consultation provider to children and youth in the family home, providers must submit quarterly progress reports) and updated at any time the use of a restraint (including psychoactive medication) becomes ineffective, is no longer needed or becomes unsafe.

When challenging behaviors are identified, a written Functional Assessment and PBSP must be completed within ninety (90) days. If the data indicates progress is not occurring after a reasonable period, but no longer than six (6) months, the FA and the PBSP must be reviewed and revisions implemented as needed.

Restraints may not cause harm:

The use of restraints must be deemed safe and appropriate per DDA policies concerning the use of restraints and restrictive procedures. The waiver participant or representative is informed of any risks and may choose to decline the use of restraints at any time.

Education and training requirements for providers involved in the use of restraints:

All staff using physical interventions must have prior training in the use of such techniques according to the facility or agency's policy and procedures. Staff must also receive training in crisis prevention techniques and positive behavior support. Staff receiving physical intervention techniques training must complete the course of instruction and demonstrate competency before being authorized to use the techniques with waiver participants. All residential service providers must have documentation of prior training in the use of physical intervention techniques.

A review of de-escalation techniques and physical intervention techniques with all service providers and members of a child/youth's support team must occur annually before continuing to be used with the child/youth.

Regarding the use of psychoactive medications, staff and family members are informed of the anticipated impact of the medication and its potential side effects. Staff and/or family members monitor the waiver participant to determine if the medication is being effective and communicate when it is not effective to the prescribing professional.

### References:

- DDA Policy 5.14: Positive Behavior Support
- DDA Policy 5.15: Use of Restrictive Procedures
- DDA Policy 5.16: Use of Psychoactive Medications
- DDA Policy 5.17: Physical Intervention Techniques
- DDA Policy 5.19: Positive Behavior Support for Children and Youth
- DDA Policy 5.20: Restrictive Procedures and Physical Interventions with Children and Youth
- **ii. State Oversight Responsibility.** Specify the State agency (or agencies) responsible for monitoring and overseeing the use of restrictive interventions and how this oversight is conducted and its frequency:

The Department of Social and Health Services (DSHS) through the Aging and Long-Term Support Administration (ALTSA) and through Child Protective Services (CPS) is responsible for detecting the unauthorized use of restrictive interventions.

Under state authority RCW 74.34, the ALTSA receives reports and conducts investigations of abuse, neglect, exploitation and abandonment for clients enrolled with the Developmental Disabilities Administration. ALTSA Residential Care Services (RCS) investigates the role of provider systemic issues regarding abuse and neglect occurring in nursing homes, adult residential care facilities, adult family homes, & supported living programs. ALTSA Adult Protective Services (APS) investigates the perpetrators of abuse and neglect involving adults.

Under state authority contained in Chapter 26.44 RCW, Child Protective Services (CPS) within the Children's Administration (CA) of the Department of Social and Health Services (DSHS) is responsible for receiving and investigating reports of suspected child abuse and neglect.

DDA detects use of unauthorized restrictive intervention through:

- \* Reports submitted to APS,
- \* Reports submitted to RCS,
- \* Reports submitted to CPS,
- \* Reports received in the DDA Incident Reporting system,
- \* The face to face DDA Assessment process conducted yearly and at times of significant change,
- \* The DDA grievance process, and
- \* DDA Quality Assurance activities that include face to face interviews of clients and review of complaints.

RCS and APS are using the TIVA system to document investigation activities including a) intake of complaints and b) outcome reports. There is an electronic connection between the FamLink and the CARE system to notify case managers of a) complaints concerning treatment of children that are referred for investigations and b) investigation outcomes. This is an electronic notification that is iincluded in the individual's CARE record.

DDA Policies 5.14, 5.15, 5.16, 5.17, 5.19 and 5.20 (see G-2.b.i) specify the requirements for using and documenting use of any type of restrictive intervention. Only the least restrictive intervention needed to adequately protect the client, others, or property may be used, and terminated as soon as the need for protection is over. The use of approved restrictive interventions must be fully documented and reviewed at least monthly by the residential provider and at least quarterly by the waiver participant's interdisciplinary team. Any emergency use of a restrictive interventions requires an incident report to DDA headquarters where it is reviewed by the Incident Management Program Manager.

Residential Care Services (RCS) Division has contracted evaluators who evaluate the residential agencies/programs at least once every two years. Their review always includes any use of restraints, restrictive interventions, or use of psychoactive medications.

Quality Compliance Coordinator (QCC) staff yearly review the positive behavior support plans (PBSPs) of a sample of waiver participants. One focus is on instances when the PBSP includes a restraint that requires approval through an exception to rule (ETR). When the QCC team identifies PBSPs requiring an ETR that did not have an ETR, the QCC team verifies that individual corrective action was completed within 90 days and reports to management on systems issues.

### References:

- -Chapter 26.44 RCW: Abuse of Children
- -Chapter 74.34 RCW: Abuse of Vulnerable Adults
- -DDA Policy 5.14: Positive Behavior Support
- -DDA Policy 5.15: Use of Restrictive Procedures
- -DDA Policy 5.16: Use of Psychoactive Medications
- -DDA Policy 5.17: Physical Intervention Techniques

- -DDA Policy 5.19: Positive Behavior Support for Children and Youth
- -DDA Policy 5.20: Restrictive Procedures and Physical Interventions with Children and Youth

## **Appendix G: Participant Safeguards**

# **Appendix G-2: Safeguards Concerning Restraints and Restrictive Interventions** (3 of 3)

- **c.** Use of Seclusion. (Select one): (This section will be blank for waivers submitted before Appendix G-2-c was added to WMS in March 2014, and responses for seclusion will display in Appendix G-2-a combined with information on restraints.)
  - The State does not permit or prohibits the use of seclusion

Specify the State agency (or agencies) responsible for detecting the unauthorized use of seclusion and how this oversight is conducted and its frequency:

The Department of Social and Health Services:

- \*Developmental Disabilities Administration (DDA)
- \*Aging and Long-Term Support Administration/Residential Care Services (RCS)
- \*Aging and Long-Term Support Administration/Adult Protective Services (APS)
- \*Children's Administration/Child Protective Services (CPS)

Under state authority RCW 74.34, the Aging and Long-Term Support Administration (ALTA) receives reports and conducts investigations of abuse, neglect, exploitation and abandonment for clients enrolled with the Developmental Disabilities Administration. ALTA's Residential Care Services (RCS) investigates the role of provider systemic issues in abuse and neglect occurring in nursing homes, adult residential care facilities, adult family homes, & supported living programs. ALTA's Adult Protective Services (APS) investigates the perpetrators of abuse and neglect involving adults.

The DDA detects use of unauthorized restrictive intervention through:

- \*Reports submitted to APS,
- \*Reports submitted to RCS,
- \*Reports submitted to CPS,
- \*Reports received in the DDA Incident Reporting system,
- \*The face to face DDA Assessment process conducted yearly and at times of significant change,
- \*The DDA complaint/grievance process, and
- \*DDA Quality Assurance activities that include face to face interviews of clients and review of complaints.

Residential Care Services Division has contracted evaluators who evaluate the residential agencies/programs at least once every two years. Their review always includes any use of restraints, restrictive procedures, or use of psychoactive medications.

	<b>ise of seclusion is permitted during the course of the delivery of waiver services</b> . Complete Items C d G-2-c-ii.	ì-2-
i.	. Safeguards Concerning the Use of Seclusion. Specify the safeguards that the State has established concerning the use of each type of seclusion. State laws, regulations, and policies that are referenced available to CMS upon request through the Medicaid agency or the operating agency (if applicable).	are
		^

11.	use of seclusion and ensuring that State safeguards concerning their use are followed and how such oversight is conducted and its frequency:			
		^		

## **Appendix G: Participant Safeguards**

# Appendix G-3: Medication Management and Administration (1 of 2)

This Appendix must be completed when waiver services are furnished to participants who are served in licensed or unlicensed living arrangements where a provider has round-the-clock responsibility for the health and welfare of residents. The Appendix does not need to be completed when waiver participants are served exclusively in their own personal residences or in the home of a family member.

- a. Applicability. Select one:
  - O No. This Appendix is not applicable (do not complete the remaining items)
  - Yes. This Appendix applies (complete the remaining items)
- b. Medication Management and Follow-Up
  - i. Responsibility. Specify the entity (or entities) that have ongoing responsibility for monitoring participant medication regimens, the methods for conducting monitoring, and the frequency of monitoring.

When an individual is not receiving services from a DDA residential program the individual, her or his representatives, her or his healthcare provider and DDA work together to monitor medication management. Medication management is a component of the DDA assessment. The DDA assessment will trigger a referral requirement if medication risk factors are identified. Once this requirement is triggered the case manager must address the risk identified in the ISP. How the risks are addressed depends on the concern identified. It could result in a medication evaluation referral, additional provider training, nurse oversight visits, consultation with the healthcare provider or other measures.

DDA policy 5.16 establishes guidelines for assisting a client with mental health issues or persistent challenging behavior to access accurate information about psychoactive medications and treatment, to make fully informed choices, and to be monitored for potential side effects of psychoactive medications.

Protections against the use of chemical restraints are included in DDA Policies 5.14 (Positive Behavior Support), Policy 5.15 (Use of Restrictive Procedures), Policy 5.16 (Use of Psychoactive Medications), Policy 5.19 (Positive Behavior Support for Children and Youth), and Policy 6.19 (Residential Medicaid Management) with respect to the use of psychoactive medications. If psychoactive medications are used, informed consent must be obtained, a functional assessment must be completed, a positive behavior support plan must be developed and implemented, and a Psychoactive Medication Treatment Plan must be in place. Psychoactive medications can only be used as prescribed.

Additionally, Policy 6.19 Residential Medication Management applies to individuals who receive services from a DDA certified residential program.

Policy 6.19 Residential Medication Management:

When providing instruction and support services to persons with developmental disabilities, the provider must ensure that individuals who use medications are supported in a manner that safeguards the person's health and safety.

For adult residential care facilities, medication management requirements as described in Chapter 388-78A WAC (Assisted living facility licensing rules) take precedence over this policy.

**PROCEDURES** 

### A. Self-Administration of Medications

- Residential service providers must have a written policy, approved by DDA, regarding supervision of self-medication.
- 2. The provider, unless he or she is a licensed health professional or has been authorized and trained to perform a specifically delegated nursing task, may only assist the person to take medications.
- 3. The provider may administer the person's medication if he/she is a licensed health care professional. Medications may only be administered under the order of a physician or a health care professional with prescriptive authority.
- 4. If a person requires assistance with the use of medication beyond that described in A.2. above, the assistance must be provided either by a licensed health care professional or a registered nurse (RN) who delegates the administration of the medication according to Chapter 388-101 WAC (Certified community residential services and supports) and Chapter 246-840 WAC (Practical and registered nursing).

Per Chapter 246-840 WAC (Practical and registered nursing), before delegating a nursing task, the registered nurse delegator decides the task is appropriate to delegate based on the elements of the nursing process: Assess, Plan, Implement, Evaluate. (Please see WAC 246-840-910 through 990 concerning delegation of nursing care tasks in community-based and in-home care settings for specific details.)

Per WAC 246-841-400 (Standards of practice and competencies for nursing assistants), competencies and standards of practice are statements of skills and knowledge, and are written as descriptions of observable, measurable behaviors. All competencies are performed under the direction and supervision of a licensed registered nurse or licensed practical nurse as required by RCW 18.88A.030 (Nursing Assistants: Scope of practice-Nursing home employment-Voluntary certification-Rules).

WAC 246-841-405 (Nursing assistant delegation) identifies the certification requirements as stated below.

DDA Policy 6.15 ("Nurse Delegation Services") details eligibility requirements for services (including a stable and predictable client condition), which tasks can and cannot be delegated, training and certification requirements for delegated providers, the referral process, case manager responsibilities and Registered Nurse Delegator responsibilities, and authorization of services.

Training Requirements for Providers Who Perform Delegated Nursing Tasks

Before performing a delegated task, the provider must have completed:

- 1. Registration or certification as a Nursing Assistant and renew annually;
- 2. The Nurse Delegation for Nursing Assistants class (nine hours), either the classroom or self-study version;
- 3. For Nursing Assistant-Registered (NAR) only:
  - a. For providers working in Supported Living: DDA Core Training (32 hours).
- b. For providers working in all other settings: Fundamentals of Caregiving (28 hours).
- c. An NAR may not perform a delegated task before DDA Core Training or Fundamentals of Caregiving is completed.
- d. DDA Core Training or Fundamentals of Caregiving is not required for a Nursing Assistant-Certified (NAC) to perform a delegated task.

Responsibilities of the Registered Nurse Delegator (RND)

The RND must:

- 1. Verify that the caregiver:
  - a. Has met training and registration requirements;

- b. The registration is current and without restriction; and
- c. The caregiver is competent to perform the delegated task.
- 2. Assess the nursing needs of the client, determine the appropriateness of delegation in the specific situation and, if appropriate, teach the caregiver to perform the nursing task.
- 3. Monitor the caregiver's performance and continued appropriateness of the delegated task.
- Communicate the results of the nurse delegation assessment to the CRM.
- 5. Establish a communication plan with the CRM as follows:
  - a. Specify in the plan how often and when the RND will communicate with the CRM; and
- b. Document the plan and all ongoing related communication in the client's nurse delegation file.
- 6. Document and perform all delegation activities as required by law, rule and policy.
- 7. Work with the CRM, providers, and interested parties when rescinding RND to develop an alternative plan that ensures continuity for the provision of the delegated task.

Nurse delegation is an intermittent service. The nurse is required to visit at least once every ninety days, and may not need to see a client more frequently. However, the delegating nurse may determine that some clients need to be seen more often. The ALTSA/DDA Central Office Nurse Delegation Program Manager will monitor the nurse's performance, including frequency of visits and payments.

In residential settings, providers are required to document all medication administration and client refusals.

WAC 388-101-3720 ("Medications--Documentation") indicates the service provider must maintain a written record of all medications administered to, assisted with, monitored, or refused by the client.

WAC 388-101-3690 ("Medication Refusal") indicates

- (1) When a client who is receiving medication support from the service provider chooses to not take his or her medications, the service provider must:
  - (a) Respect the client's right to choose not to take the medication(s) including psychoactive medication(s); and
  - (b) Document the time, date and medication the client did not take.
- (2) The service provider must take the appropriate action, including notifying the prescriber or primary care practitioner, when the client chooses to not take his or her medications and the client refusal could cause harm to the client or others.

Any person may call the Nurse Delegation Hotline at (800)422-3263 to file a complaint.

### References:

- -DDA Policy 5.14: Positive Behavior Support
- -DDA Policy 5.15: Use of Restrictive Procedures
- -DDA Policy 5.16: Use of Psychoactive Medications
- -DDA Policy 5.19: Positive Behavior Support for Children and Youth
- -DDA Policy 6.15 Nurse Delegation Services
- -DDA Policy 6.19 Residential Medication Management
- -RCW 18.88A.030 Nursing Assistants: Scope of practice-Nursing home employment-Voluntary

certification-Rules

- -Chapter 246-840 WAC Practical and registered nursing
- -WAC 246-841-400 Standards of practice and competencies for nursing assistants
- -WAC 246-841-405 Nursing assistant delegation
- -WAC 388-101-3690 Medication refusal
- -WAC 388-101-3720 Medications-documentation
- ii. Methods of State Oversight and Follow-Up. Describe: (a) the method(s) that the State uses to ensure that participant medications are managed appropriately, including: (a) the identification of potentially harmful practices (e.g., the concurrent use of contraindicated medications); (b) the method(s) for following up on potentially harmful practices; and, (c) the State agency (or agencies) that is responsible for follow-up and oversight.

The Department of Social and Health Services:

- \*Developmental Disabilities Administration (DDA)
- \*Aging and Long-Term Support Administration/Residential Care Services (RCS)Division
- \*Aging and Long-Term Support Administration/Adult Protective Services (APS)
- \*Childrens' Administration/Child Protective Services (CPS)

DSHS/CA/DLR (Division of Licensed Resources within Children's Administration) is responsible for monitoring medication administration as a part of overall performance monitoring in licensed residential settings for children. The Children's Administration Management Information System (CAMIS) database containing the record of licensing inspections and required provider training is maintained and monitored by Children's Administration/Division of Licensed Resources (DLR). As part of the ongoing performance monitoring, a schedule of unannounced visits is established for all Foster Home and Staffed Residential providers. The licensed providers are reviewed at least every 36 months to assess performance against ongoing licensing requirements. The schedule is continually monitored and updated by DLR for compliance. Outcomes of the licensing process, such as statements of deficiency and corrective actions, are documented in the database and are used to determine whether or not licensure will continue or establish the frequency of unannounced visits. Communication regarding the licensing process occurs at the regional level.

DDA Policy 6.19 (see G-3-b-i) specifies the requirements for residential medication management. Residential Care Services Division has contracted evaluators who evaluate the residential agencies/programs at least once every two years.

Issues with medication management are also identified if errors result in allegations of abuse, neglect, exploitation. Under authority provided via RCW 74.34 (public assistance Washington state law concerning abuse of vulnerable adults), the Aging and Long-Term Support Administration (ALTSA) receives reports and conducts investigations of abuse, neglect, and exploitation for clients enrolled with the Developmental Disabilities Administration. ALTSA's Residential Care Services (RCS) investigates provider systemic issues regarding abuse and neglect occurring in nursing homes, adult residential care facilities, adult family homes, & supported living programs. ALTSA's Adult Protective Services (APS) investigates the perpetrators of abuse and neglect involving adults.

Under authority provided via RCW 26.44 (Washington state law concerning abuse of children), Child Protective Services (CPS) investigates all allegations of abuse, neglect, and exploitation of children living in their parents home and/or licensed facility or foster care. Substantiations are forwarded to the BCCU.

CPS, RCS and APS are using TIVA and FamLink to document investigation activites including intake of complaints and outcome reports. There is an electronic connection between TIVA/FamLink and the CARE system to notify case managers of a) complaints that are referred for investigations and b) investigation outcomes. This is an electronic notification that will be included in the individual's CARE record.

ALTSA receives nightly data feeds from FamLink that are used in this ALTSA reporting system. FamLink information is reviewed to determine if client information matches DDA waiver clients who are identified in CARE. DDA usea the ALTSA reporting system to address specific programmatic and provider issues from the outcomes of the waiver clients who were involved in investigations by Residential Care Services (RCS) and/or Children's Protection Services (CPS) for whom a report of abuse, neglect, abandonment, or financial exploitation was substantiated. The data are broken out by type of incident and provider type.

Information and findings are communicated to the Medicaid agency at least quarterly via the HCA Medicaid Agency Waiver Management Committee.

## **Appendix G: Participant Safeguards**

## Appendix G-3: Medication Management and Administration (2 of 2)

- c. Medication Administration by Waiver Providers
  - i. Provider Administration of Medications. Select one:
    - O Not applicable. (do not complete the remaining items)
    - Waiver providers are responsible for the administration of medications to waiver participants who cannot self-administer and/or have responsibility to oversee participant self-administration of medications. (complete the remaining items)
  - ii. State Policy. Summarize the State policies that apply to the administration of medications by waiver providers or waiver provider responsibilities when participants self-administer medications, including (if applicable) policies concerning medication administration by non-medical waiver provider personnel. State laws, regulations, and policies referenced in the specification are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

DDA Administration Policy 6.19 (Residential Medication Management, please see G-3-b-i) specifies the requirements for residential medication management. Residential Care Services (RCS) has contracted staff who evaluate the residential agencies/programs at least once every two years to ensure they are in compliance with these requirements.

- iii. Medication Error Reporting. Select one of the following:
  - Providers that are responsible for medication administration are required to both record and report medication errors to a State agency (or agencies).
    Complete the following three items:
    - (a) Specify State agency (or agencies) to which errors are reported:

The Developmental Disabilities Administration (DDA) within the Department of Social and Health Services (DSHS)

(b) Specify the types of medication errors that providers are required to record:

Providers are required to record all medication errors.

WAC 388-101-3720 ("Medications--Documentation") indicates the service provider must maintain a written record of all medications administered to, assisted with, monitored, or refused by the client.

WAC 388-101-3690 ("Medication Refusal") indicates

- (1) When a individual who is receiving medication support from the service provider chooses to not take his or her medications, the service provider must:
  - (a) Respect the individual's right to choose not to take the medication(s) including psychoactive medication(s); and
  - (b) Document the time, date and medication the individual did not take.
- (2) The service provider must take the appropriate action, including notifying the prescriber or primary care

practitioner, when the client chooses to not take his or her medications and the individual's refusal could cause harm to herself/himself or others.

(c) Specify the types of medication errors that providers must *report* to the State:

Providers are rquired to report medication errors causing injury/harm, or a pattern of errors.

O Providers responsible for medication administration are required to record medication errors but make information about medication errors available only when requested by the State.

Specify the types of medication errors that providers are required to record:



**iv. State Oversight Responsibility.** Specify the State agency (or agencies) responsible for monitoring the performance of waiver providers in the administration of medications to waiver participants and how monitoring is performed and its frequency.

The Department of Social and Health Services:

- \* Developmental Disabilities Administration (DDA)
- \* Aging and Long-Term Support Administration/Residential Care Services (RCS)
- \* Children's Administration/Child Protective Services (CPS)

DDA Policy 6.19 (Residential Medication Management, please see G-3-b-i) specifies the requirements for residential medication management. RCS has contracted staff who evaluate the residential agencies/programs at least once every two years.

# **Appendix G: Participant Safeguards**

# **Quality Improvement: Health and Welfare**

As a distinct component of the State's quality improvement strategy, provide information in the following fields to detail the State's methods for discovery and remediation.

a. Methods for Discovery: Health and Welfare

The state demonstrates it has designed and implemented an effective system for assuring waiver participant health and welfare. (For waiver actions submitted before June 1, 2014, this assurance read "The State, on an ongoing basis, identifies, addresses, and seeks to prevent the occurrence of abuse, neglect and exploitation.")

- i. Sub-Assurances:
  - a. Sub-assurance: The state demonstrates on an ongoing basis that it identifies, addresses and seeks to prevent instances of abuse, neglect, exploitation and unexplained death. (Performance measures in this sub-assurance include all Appendix G performance measures for waiver actions submitted before June 1, 2014.)

# **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

# **Performance Measure:**

G.a.1: The % of incidents alleging abuse, neglect, abandonment, and/or  $\$  exploit. of wvr partic. that were reported by DDA, per policy, to APS, CPS, or RCS. N=#

of clnts whose files were reviewed and showed evidence that all incidents were appropr. reported. D= Total # of clnts whose files were reiewed and had at least 1 incident involving alleged abuse, neglect, abandonment and/or \$ exploit.

**Data Source** (Select one): Record reviews, on-site If 'Other' is selected, specify:

Data are compiled from a database that documents incidents, including incident type and who was notified.

Responsible Party for Frequency of data Sampling Approach | collection/generation (check each that applies): data

collection/generation (check each that applies):	(check each that applies):	(eneen each mai appnes)
State Medicaid Agency	☐ Weekly	☐ 100% Review
<b>✓</b> Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval = 95%
Specify: Quality Compliance Coordinator (QCC) Team within DDA.	✓ Annually	Stratified  Describe Group:
	☐ Continuously and Ongoing	Other Specify:
	Other Specify:	

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
☐ State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	<b>✓</b> Annually

Frequency of data aggregation and analysis(check each that applies):
Continuously and Ongoing
☐ Other
Specify:
^
<b>∨</b>

**Performance Measure:** 

G.a.2: The number of allegations of abuse, neglect, abandonment, or financial exploitation substantiated by APS, by type of incident. Numerator= The number of substantiated allegations of abuse, neglect, abandonment, or financial exploitation by APS, by incident type. Denominator= The total number of allegations substantiated by APS.

Data Source (Select one):

Critical events and incident reports

If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
☐ State Medicaid Agency	☐ Weekly	<b>✓</b> 100% Review
<b>✓</b> Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	<b> Quarterly</b>	Representative Sample Confidence Interval =
Specify: Tracking Investigations of Vulnerable Adults (TIVA)	☐ Annually	Describe Group:
	☐ Continuously and Ongoing	Other Specify:
	Other Specify:	

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	☐ Weekly
Operating Agency	☐ Monthly
Sub-State Entity	<b>✓</b> Quarterly
Other Specify:	☐ Annually
	☐ Continuously and Ongoing
	Other Specify:
•	r whom a report of abuse, neglect, n was substantiated by Childrens Prote merator=The number of substantiated

ction allegations of abuse, neglect, abandonment, or financial exploitation by CPS, by incident type. Denominator= The total number of allegations substantiated by CPS.

Data Source (Select one):

Critical events and incident reports
If 'Other' is selected, specify:

If 'Other' is selected, specif	ÿ:	
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	☐ Weekly	<b>✓</b> 100% Review
<b>✓</b> Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	<b>✓</b> Quarterly	Representative Sample Confidence Interval =
✓ Other Specify: FamLink/TIVA	☐ Annually	Describe Group:
	☐ Continuously and Ongoing	Other Specify:

	Other Specify	:	<u> </u>
		<b>\$</b>	
Data Aggregation and An Responsible Party for dataggregation and analysis that applies):	ta		f data aggregation and ck each that applies):
State Medicaid Agen	ıcy	☐ Weekly	
<b>✓</b> Operating Agency		Monthly Monthly	y
Sub-State Entity		Quarter	·ly
Other Specify:		✓ Annual	ly
		Continu	ously and Ongoing
		Other Specify:	
number of completed RCs enforcement activity.	ment activiti nt activity by	es. N=The nu type of enfor	mber of investigations cement activity. D=The tot
Data Source (Select one): Critical events and incide If 'Other' is selected, specif Famlink	_		
Responsible Party for data collection/generation (check each that applies):			Sampling Approach (check each that applies):
State Medicaid Agency	☐ Weekly	7	<b>✓</b> 100% Review
<b>⊘</b> Operating Agency	Month	ly	Less than 100%
☐ Sub-State Entity	☐ Quarte	rly	Representative Sample Confidence Interval =

		<b>\_</b>
Other	✓ Annually	☐ Stratified
Specify:		Describe Group:
		$\Diamond$
	☐ Continuously and	Other
	Ongoing	Specify:
	Other	
	Specify:	

**Data Aggregation and Analysis:** 

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	<b>✓</b> Annually
	☐ Continuously and Ongoing
	Other Specify:

## **Performance Measure:**

G.a.5: The percentage of families responding to the NCI Survey who report that they know how to report a concern or make a complaint about services. Numerator= All families of waiver participants who respond to the NCI Survey and report they know how to report a concern or make a complaint about services. Denominator= All families of waiver participants who respond to the NCI Survey.

Data Source (Select one):

Analyzed collected data (including surveys, focus group, interviews, etc)

If 'Other' is selected, specify:

Responsible Party for data		Sampling Approach (check each that applies):
	(check each that applies):	

collection/generation (check each that applies):		
State Medicaid Agency	☐ Weekly	☐ 100% Review
<b>✓</b> Operating Agency	<b>✓</b> Monthly	✓ Less than 100% Review
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Specify: Quality Assurrance Team within DDA	☐ Annually	Describe Group:
	☐ Continuously and Ongoing	Other Specify:
	Other Specify:	
Data Aggregation and An	alysis:	

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	Annually
	☐ Continuously and Ongoing
	Other Specify:

**Performance Measure:** 

G.a.6: The percentage of waiver participants whose death was subject to review that were reviewed by the DDA Mortality Review Team (MRT). Numerator= The

number of waiver participants whose death was reviewed. Denominator= The number of waiver participants whose death was subject to review.

Data Source (Select one): Mortality reviews If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	☐ Weekly	<b>✓</b> 100% Review
<b>✓</b> Operating Agency	<b>✓</b> Monthly	Less than 100% Review
☐ Sub-State Entity  ✓ Other  Specify: DDA MRT	☐ Quarterly ☐ Annually	Representative Sample Confidence Interval =  Stratified Describe Group:
		<b>\$</b>
	☐ Continuously and Ongoing	Other Specify:
	Other Specify:	

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	<b>✓</b> Annually
	☐ Continuously and Ongoing

he Mortality Rev
r waiver recipients
ng Approach each that applies)
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ss than 100% view
mple Confidence Interval =
ratified
Describe
Group:
/
her
Specify:

that applies):

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	Quarterly
Other Specify:	<b>✓</b> Annually
	☐ Continuously and Ongoing
	Other Specify:

## **Performance Measure:**

G.a.8 The percentage of closed critical incident reports for which appropriate follow up occurred. N: The number of closed critical incidents for which appropriate follow up occurred. D = The total number of closed critical incident reports.

Data Source (Select one):

Other

If 'Other' is selected, specify:

CARE Service Episode Records (SER) and DDA complaints database		
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	☐ Weekly	<b>✓</b> 100% Review
<b>✓</b> Operating Agency	☐ Monthly	☐ Less than 100% Review
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Stratified  Describe  Group:
	<b>⊘</b> Continuously and Ongoing	Other Specify:
į.		

	Other Specify		
Data Aggregation and An Responsible Party for dat	ta		f data aggregation and
aggregation and analysis that applies):	(спеск еасп	anaiysis(cned	ck each that applies):
☐ State Medicaid Agency		☐ Weekly	
<b>✓</b> Operating Agency		Monthly Monthly	y
☐ Sub-State Entity		Quartei	rly
Other		Annual	ly
Specify:	<u> </u>		
		☐ Continu	iously and Ongoing
		Other Specify:	
which the wvr partic. and safety plans were developed	/or legal rep. ed/appropria ver participa	was contacte tely implements ants and/or le	gal rep was contacted within
Data Source (Select one): Record reviews, on-site If 'Other' is selected, specif	v:		
Responsible Party for data collection/generation (check each that applies):	Frequency of collection/go		Sampling Approach (check each that applies):
State Medicaid Agency	☐ Weekly	7	☐ 100% Review
<b>✓</b> Operating Agency	☐ Monthly		Less than 100% Review
Sub-State Entity	☐ Quarte	rly	Representative Sample Confidence Interval = 95%
✓ Other Specify:	<b>✓</b> Annua	lly	☐ Stratified

Quality Compliance Coordinator (QCC)		Describe Group:
Team within DDA.		
		<u> </u>
	Continuously and	Other
	Ongoing	Specify:
		^
		<u> </u>
	Other	
	Specify:	
	^	
	<u> </u>	

**Data Aggregation and Analysis:** 

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
☐ State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	Quarterly
Other Specify:	<b>✓</b> Annually
	☐ Continuously and Ongoing
	Other Specify:

b. Sub-assurance: The state demonstrates that an incident management system is in place that effectively resolves those incidents and prevents further similar incidents to the extent possible.

# **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

# **Performance Measure:**

G.b.1. The percentage of waiver participants with three or more incident reports during the calendar quarter that was reviewed by QA managers to verify appropriate actions were taken. N= The number of waiver participants with three

or more incident reports during the quarter with appropriate action taken. D= The total number of waiver participants with three or more incidents during the quarter.

Data Source (Select one): Critical events and incident reports

If 'Other'	is	selected.	specify:
II Ould	13	sciccicu,	Specify.

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	☐ Weekly	<b>✓</b> 100% Review
<b>⊘</b> Operating Agency	☐ Monthly	☐ Less than 100% Review
☐ Sub-State Entity	<b> Quarterly</b>	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Describe Group:
	✓ Continuously and Ongoing	Other Specify:
	Other Specify:	

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	☐ Monthly
Sub-State Entity	☐ Quarterly
Other Specify:	✓ Annually

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
	☐ Continuously and Ongoing
	☐ Other
	Specify:
	^
	<b>&gt;</b>

## **Performance Measure:**

G.b.2. The percentage of waiver recipients with a critical incident report whose ISP was amended when it should have been amended. N= The number of waiver participants with a critical incident report whose ISP was amended when it should have been amended. D= The total number of waiver participants with a critical incident whose ISP should have been amended.

**Data Source** (Select one):

Analyzed collected data (including surveys, focus group, interviews, etc)

If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):  Weekly	Sampling Approach (check each that applies):
Agency		
<b>✓</b> Operating Agency	<b>✓</b> Monthly	✓ Less than 100% Review
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Specify: Incident Review Committee	☐ Annually	Describe Group:
	☐ Continuously and Ongoing	Specify: 40 individuals (across all waivers) per year.
	Other Specify:	

aggregation and analysis (c that applies):		cy of data aggregation and check each that applies):	
State Medicaid Agenc	y 🔲 Wee	ekly	
<b>✓</b> Operating Agency	☐ Moi	nthly	
☐ Sub-State Entity	Qua	rterly	
Other Specify:	✓ Ann	ually	-
	Con	tinuously and Ongoing	_
	Oth	<u> </u>	-
	Spec		
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, , ,	jouowing. Where poss	ible, include numerator/denon	ninator.
For each performance measure of analyze and assess progres	re, provide informatio s toward the performa	n on the aggregated data that since measure. In this section pi	will enable the Star rovide information
For each performance measure of analyze and assess progres on the method by which each	re, provide informations toward the performations source of data is anal	n on the aggregated data that ince measure. In this section provided statistically/deductively or	will enable the Star rovide information r inductively, how
For each performance measure of analyze and assess progres on the method by which each	re, provide informations toward the performations source of data is anal	n on the aggregated data that since measure. In this section pi	will enable the Sta rovide information r inductively, how
For each performance measure of analyze and assess progress on the method by which each themes are identified or concluppropriate.  Performance Measure: G.c.1. The Percentage of Poto Policy (ETP) with an ET waiver client files reviewed Denominator=the number of Data Source (Select one): Record reviews, on-site	re, provide informations toward the performations toward the performations source of data is analysisions drawn, and hower services behavior Suppositive Behavior Suppositive P in the CARE system with a PBSP which I of waiver client files in	n on the aggregated data that the concemeasure. In this section provided statistically/deductively of wave recommendations are formulations are formulations. The provided statistically/deductively of wave recommendations are formulations. The provided statistically/deductively of wave recommendations are formulations. Numerator=the number of the required ETP.	will enable the Star rovide information r inductively, how lated, where
For each performance measure of analyze and assess progress on the method by which each themes are identified or conclusive propriate.  Performance Measure: G.c.1. The Percentage of Poto Policy (ETP) with an ET waiver client files reviewed Denominator=the number of Data Source (Select one): Record reviews, on-site If 'Other' is selected, specify:	re, provide informations toward the performations toward the performations source of data is analysisions drawn, and hower services behavior Suppositive Behavior Suppositive P in the CARE system with a PBSP which I of waiver client files in	n on the aggregated data that the concemeasure. In this section provided statistically/deductively of wave recommendations are formulations are formulations. The provided statistically/deductively of wave recommendations are formulations. The provided statistically/deductively of wave recommendations are formulations. Numerator=the number of the required ETP.	will enable the Sta. rovide information r inductively, how lated, where
For each performance measure of analyze and assess progress on the method by which each themes are identified or concluppropriate.  Performance Measure: G.c.1. The Percentage of Poto Policy (ETP) with an ET waiver client files reviewed Denominator=the number of Data Source (Select one):  Record reviews, on-site If 'Other' is selected, specify:  Responsible Party for data	re, provide informations toward the performations toward the performations ource of data is analysisions drawn, and however the control of th	n on the aggregated data that ynce measure. In this section provided statistically/deductively on w recommendations are formulations are formulations are formulations. Numerator=the number of the required ETP. reviewed.  Sampling Approach (check each that applies):	will enable the Sta. rovide information r inductively, how lated, where  otion f
For each performance measure of analyze and assess progress on the method by which each themes are identified or concluppropriate.  Performance Measure: G.c.1. The Percentage of Poto Policy (ETP) with an ET waiver client files reviewed Denominator=the number of Data Source (Select one):  Record reviews, on-site If 'Other' is selected, specify:  Responsible Party for data collection/generation	re, provide informations toward the performations toward the performations of data is analysis and horizontal distinct the second of the secon	n on the aggregated data that ynce measure. In this section provided statistically/deductively on w recommendations are formulations are formulations are formulations. Numerator=the number of the required ETP. reviewed.  Sampling Approach (check each that applies):	will enable the Stat rovide information r inductively, how lated, where otion f
For each performance measure of analyze and assess progress on the method by which each themes are identified or concluppropriate.  Performance Measure: G.c.1. The Percentage of Poto Policy (ETP) with an ET waiver client files reviewed Denominator=the number of Data Source (Select one): Record reviews, on-site If 'Other' is selected, specify:  Responsible Party for data collection/generation (check each that applies):	re, provide informations toward the performations toward the performations toward the performations of data is analysis and horself the second of the control of the contro	n on the aggregated data that wince measure. In this section provided statistically/deductively on with recommendations are formulations are formulations. Numerator=the number of the required ETP. reviewed.  Sampling Approach (check each that applies):	will enable the Sta rovide information r inductively, how lated, where otion f

Sample

		Confidence Interval = 95%
Other  Specify:	<b>✓</b> Annually	Stratified Describe
Quality Compliance Coordinator (QCC) Team within DDA.		Group:
	☐ Continuously and Ongoing	Other Specify:
	Other Specify:	

Data Aggregation and Analysis:	
Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	<b>✓</b> Annually
	☐ Continuously and Ongoing
	Other Specify:
	^
	<u> </u>

### **Performance Measure:**

G.c.2: The percent of statements of deficiency that involve restrictive procedure by residential providers. Numerator = The number of statements of deficiency that involve restrictive procedure by residential providers. Denominator = All statements of deficiency for residential providers

Data Source (Select one): Record reviews, on-site

If 'Other' is selected, specify:

Responsible Party for data Frequency of data Sampling Approach collection/generation(check collection/generation (check each that each that applies): (check each that applies): applies):

☐ State Medicaid Agency	☐ Weekly	☐ 100% Review
<b>✓</b> Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Specify: Residential Care Services/ALTSA/DSHS	☐ Annually	Stratified  Describe  Group:
	✓ Continuously and Ongoing  Other	Other Specify:
	Specify:	

**Data Aggregation and Analysis:** 

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	Quarterly
Other Specify:	<b>✓</b> Annually
	☐ Continuously and Ongoing
	Other Specify:

**Performance Measure:** 

G.c.3: The number of statements of deficiency that involve repeat citations of restrictive procedure by residential providers. Numerator = The number of statements of deficiency that involve repeat citations of restrictive procedure by residential providers. Denominator = All statements of deficiency that involve restrictive procedure for residential providers

**Data Source** (Select one): **Record reviews, on-site** If 'Other' is selected, specify:

Responsible Party for data collection/generation(check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	☐ Weekly	☐ 100% Review
<b>✓</b> Operating Agency	☐ Monthly	Less than 100% Review
■ Sub-State Entity  ■ Other  Specify: Residential Care Services/ALTSA/DSHS	☐ Quarterly	Representative Sample Confidence Interval =  Stratified Describe Group:
	✓ Continuously and Ongoing  Other	Other Specify:
	Specify:	

Data Aggregation and Analysis:	
Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	☐ Monthly
Sub-State Entity	Quarterly
Other Specify:	<b>✓</b> Annually
	☐ Continuously and Ongoing
	☐ Other

Frequency of data aggregation and analysis(check each that applies):
Specify:
^
$\vee$

d. Sub-assurance: The state establishes overall health care standards and monitors those standards based on the responsibility of the service provider as stated in the approved waiver.

### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

### **Performance Measure:**

G.d.1. The % of individuals receiving Supported Living (SL) or Companion Home services who had a physical examination during the waiver year. Numerator= The # of individuals receiving SL or Companion Home services who had a physical examination during the waiver year. Demoninator= The total # of waiver participants receiving SL or Companion Home services during the waiver year.

Data Source (Select one):

Financial records (including expenditures)

If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	☐ Weekly	<b>✓</b> 100% Review
<b>✓</b> Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Specify: MMIS payment data for physical exminations.	✓ Annually	Describe Group:
		☐ Other

	☐ Continuously and Ongoing		Specify:
	Other Specify	<b>^</b>	
Data Aggregation and An Responsible Party for dat aggregation and analysis that applies):	ta		f data aggregation and ck each that applies):
State Medicaid Agen	ıcy	Weekly	
<b>✓</b> Operating Agency		Monthly	y
Sub-State Entity		Quarte	rly
Other Specify:	<b>^</b>	Annual	ly
		Continu	ously and Ongoing
		Other	
		Specify:	
			V
pear. Denominator= The to Data Source (Select one): Record reviews, on-site If 'Other' is selected, specif Responsible Party for	ver participa total # of wair y: Frequency (	nts who visite ver participa of data	ed a dentist during the waivents reviewed.  Sampling Approach
data collection/generation (check each that applies):	collection/generation (check each that applies):		(check each that applies):
☐ State Medicaid Agency	☐ Weekly		☐ 100% Review
<b>⊘</b> Operating Agency	<b>Monthly</b>		Less than 100% Review
☐ Sub-State Entity	☐ Quarte	rly	Representative Sample Confidence Interval = 95%
<b>✓</b> Other	✓ Annual	lly	☐ Stratified

Specify: Quality Compliance Coordinators (QCC) Team			Describe Group:
	☐ Contin Ongoir	uously and ng	Other Specify:
	Other Specify	<b>\$</b>	
Data Aggregation and Anal Responsible Party for data aggregation and analysis (c	-		data aggregation and k each that applies):
that applies):  State Medicaid Agency	•	☐ Weekly	
<b>✓</b> Operating Agency	<u>,                                    </u>	☐ Weekly ☐ Monthly	
Sub-State Entity			
Other		Quarterly	
Specify:		Annually	<b>/</b>
	<b>\</b>		
		Continu	ously and Ongoing
		Other	
		Specify:	<b>^</b>
Performance Measure: G.d.3: The percent of staten standards by residential pro deficiency that involves clie Denominator = All statemen	oviders. Nu nt healthca	merator= The re standards b	number of statements of y residential providers.
Data Source (Select one): Record reviews, on-site If 'Other' is selected, specify:			
Responsible Party for data collection/generation(check each that applies):			Sampling Approach (check each that applies):
State Medicaid Agency	☐ Wee	ekly	☐ 100% Review
<b>✓</b> Operating Agency	☐ Moi	nthly	✓ Less than 100% Review

Sub-State Entity	Quarterly		Representative	ıple
				Confidence
				Interval =
<b>✓</b> Other	Ann	ually	Stra	tified
Specify: Residential Care				Describe
Services/ALTSA/DSHS				Group:
Services/TETS/TEDS/TS				
				<u> </u>
	Continuously and		Other	
	Ong	oing		Specify:
	Oth			
	Spec	eify:		
		~		
hat applies):  State Medicaid Agency		☐ Weekly		
<b>✓</b> Operating Agency		Monthly		
Sub-State Entity		Quarterly	у	
Other		✓ Annually		
Specify:				
specify.				
specify.	^			
specify.	<b>^</b>			
Specify.	Ŷ	☐ Continuo	usly and	Ongoing
Specify.	>	Other	usly and	Ongoing
Specify.	<b>\(\sigma\)</b>		usly and	Ongoing
Specify.	<b>\$</b>	Other	usly and	Ongoing
Specify.	<b>\(\frac{1}{2}\)</b>	Other	usly and	Ongoing
Performance Measure:	<b>\</b>	Other Specify:		Ĉ.
erformance Measure: G.d.4: The percent of statemo		Other Specify:	volve rep	eat citations of
Performance Measure: G.d.4: The percent of statemolient healthcare standards b	y resident	Other Specify:  ficiency that intial providers. I	volve rep Numerato	eat citations of or = The number
Performance Measure: G.d.4: The percent of statemolient healthcare standards b tatements of deficiency that	y resident involve re	Other Specify:  ficiency that intial providers. It	volve rep Numerato of client h	eat citations of or = The number ealthcare
erformance Measure: G.d.4: The percent of statemolient healthcare standards b	y resident involve re viders. De	Other Specify:  ficiency that intial providers. Nepeat citations on the communication of the	volve rep Numerato of client h	eat citations of or = The number ealthcare
erformance Measure: G.d.4: The percent of stateme lient healthcare standards b tatements of deficiency that tandards by residential prov	y resident involve re viders. De	Other Specify:  ficiency that intial providers. Nepeat citations on the communication of the	volve rep Numerato of client h	eat citations of or = The number ealthcare
erformance Measure: G.d.4: The percent of statemelient healthcare standards by tatements of deficiency that tandards by residential proving involve healthcare stand	y resident involve re viders. De	Other Specify:  ficiency that intial providers. Nepeat citations on the communication of the	volve rep Numerato of client h	eat citations of or = The number ealthcare
erformance Measure: G.d.4: The percent of statemo lient healthcare standards b tatements of deficiency that tandards by residential prov nat involve healthcare stand	y resident involve re viders. De	Other Specify:  ficiency that intial providers. Nepeat citations on the communication of the	volve rep Numerato of client h	eat citations of or = The number ealthcare

Responsible Party for data collection/generation(check each that applies):		cy of data n/generation ch that	Sampling Approach (check each that applies):
State Medicaid Agency	☐ Wee	ekly	☐ 100% Review
<b>✓</b> Operating Agency	☐ Mor	nthly	✓ Less than 100% Review
☐ Sub-State Entity	☐ Qua	rterly	Representative Sample Confidence Interval =
Specify: Residential Care Services/ALTSA/DSHS	Ann	ually	Describe Group:
		tinuously and oing	Other Specify:
	Othe Spec		
Data Aggregation and Analy Responsible Party for data aggregation and analysis (ch that applies):		analysis(check	data aggregation and k each that applies):
State Medicaid Agency		☐ Weekly	
<ul><li>✓ Operating Agency</li><li>Sub-State Entity</li></ul>		☐ Monthly ☐ Quarterly	
Other Specify:	<b>\</b>	✓ Annually	

Other Specify:

**Performance Measure:** 

G.d.5: Of those waiver participants who rate their health as "poor", the % who visited a doctor within the past 12 months. Numerator: Of those waiver participants who rate their health as "poor", the number who visited a doctor within the past 12 months. Denominator: The number of waiver participants who rate their health as "poor".

Data Source (Select one): Record reviews, off-site If 'Other' is selected, specify: CARE System

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	☐ Weekly	☐ 100% Review
<b>✓</b> Operating Agency	☐ Monthly	✓ Less than 100% Review
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other Specify:	<b>✓</b> Annually	Stratified  Describe  Group:
	☐ Continuously and Ongoing	Specify: Review all Waiver participants who rate their health as "poor" and is documented in their current assessment in CARE system.
	Other Specify:	

	Frequency of data aggregation and
<b>aggregation and analysis</b> (check each that applies):	analysis(check each that applies):
11 /	

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	✓ Annually
	☐ Continuously and Ongoing
	Other Specify:

- **ii.** If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.
  - G.a.1: Alleged incidents of abuse, neglect, abandonment and exploitation are recorded in the DDA Incident Reporting (IR) Database. The database also documents contacts and follow-up referrals. A report is compiled based on incident type and other agencies contacted to document whether or not APS, CPS, or RCS was notified.
  - G.a.2. and G.a.3: The TIVA (Tracking Investigations of Vulnerable Adults) and Famlink (children) provide data for reports that lists clients for whom a report of abuse, neglect, abandonment, or financial exploitation was substantiated. The data are broken out by type of incident.
  - G.a.1, G.a.4. and G.c.1: The QCC Team completes a review of randomly selected files across all waivers annually. The list for the QCC Team review is based on a random sample representative of of the waiver program with a 95% confidence level and a confidence interval of +/-5%. The findings from these reviews are collected in a database. All findings are expected to be corrected within 90 days. Corrections are monitored by QCC Team members. The review protocol addresses (among other things) the following areas with a target of 100% compliance:
  - 1. If there has been an Incident Report of alleged/suspected abuse, neglect, exploitation, or abandonment submitted within the last 12 months, did DDA notify appropriate Department (APS,CPS,RCS) and Law Enforcement agencies?
  - 2. If there has been an Incident Report of alleged/suspected abuse, neglect, exploitation, or abandonment submitted within the last 12 months, is there evidence the case manager contacted the client/legal representative within 30 days of the Incident Report date to ensure safety plans were developed/appropriately implemented?
  - 3. If the Positive Behavior Support Plan includes restrictions requiring an Exception to Policy (ETP), was there an approved ETP?
  - G.a.6 and G.a.7: The Mortality Review Team (MRT) reviews waiver recipients whose death occurred while receiving residential services, medically intensive children's program services or whose death was unusual or unexplained to identify factors that may have contributed to the deaths and to recommend measures to improve client supports and services.
  - G.b.1: Each of the three DDA Regions has a designated Quality Assurance (QA) Manager. Every four months those managers review individuals with three or more reports in the DDA Incident Reporting database. A report is provided by each regional QA Manager to Executive Management listing all waiver

recipients with three or more incident reports that were reviewed during that four-month period.

- G.b.2: Every month members of the Central Office Incident Review Team (IRT) review a sample of individuals for which a critical incident was reported during the waiver year. Each member reviews the information contained in CARE to verify that the response to the incident was appropriate, including whether there should have been (and was or was not) an amendment to the ISP.
- G.c.2, G.c.3, G.d.3 & G.d.4: RCS conducts onsite visits to review the restrictive procedures and areas involving clients' healthcare standards at residential sites throughout the state. RCS issues the citations for concerned areas accordingly and providers are required to submit and implement the approved corrective action plan within expected timelines.
- G.d.5: Information on health rating and doctor visits for all waiver participants is obtained as part of the DDA annual assessment.

## b. Methods for Remediation/Fixing Individual Problems

appropriate entity is made.

- i. Describe the State's method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the State to document these items.
  G.a.1, G.a.2; G.a.3; G.a.4; G.a.9: If the review determines specific allegations of abuse, neglect, abandonment and exploitation were not referred to APS, CPS, or RCS, an immediate referral to the
  - G.a.1, G.a.4. and G.c.1: If a pattern of critical incidents is identified with respect to a specific individual or a specific provider, the quality Assurance Office Chief works with the appropriate HQ and/or regional staff to take appropriate steps to prevent future occurrences of such incidents. For example, client ISPs or positive behavior support plans might be updated, provider reviews and/or certification might be adjusted to target the underlying factors resulting in the incidents, and provider alerts might be developed if a pattern across providers is detected. In addition, case manager training might focus on prevention, detection, and remediation of critical incidents.
  - G.a.9: If following notification of an incident the waiver participant/legal representative was not contacted within 30 days, the supervisor and case manager are reminded that this is required. If no contact was made at all, follow-up with the waiver participant/legal representative is required.
  - G.a.6 and G.a.7: Changes implemented as a result of information gained from MRT reviews include caregiver alerts, curriculum for providers and case managers, and changes in DSHS administrative rules (WAC). For example, topics of caregiver alerts include "How hot is your water?", "Aspiration", "Seizures and Bathing", and "Type 2 Diabetes".
  - G.b.1: QA Managers review any client with three or more incidents in each four-month period and report findings to central office. The Incident Review Team (Central Office) reviews QA reports and makes recommendations for corrective actions if needed.
  - G.b.2: In the review of the IR information, if amendments to the ISP or PBSP are determined necessary but were not made or were insufficient, the case manager and/or regional management are notified to ensure that the participant's needs are being addressed and that necessary changes are included in the ISP or PBSP.

#### G.c.1:

When the QCC team identifies Positive Behavior Support Plans requiring an ETP that did not have an ETP, the QCC team verifies each individual corrective action was completed within 90 days and reports to management on systems issues.

- G.c.2, G.c.3, G.d.3 & G.d.4:RCS follows up on the citations/corrective action plan implementation within 60 days. DDA also reviews the RCS citations and providers' corrective action plans and conducts onsite visits within 120 days to review the restrictive procedures and other concerned areas involving clients' healthcare standards.
- G.c.2 The state responds to statements of deficiency in the following order:

Once RCS issues the statements of deficiency to the residential providers based on audit findings, residential providers submit their corrective action plans to RCS within 10 days of receiving the statements of deficiency.

- RCS and DDA reviews the providers' corrective action and makes appropriate recommendations to ensure the ongoing compliance with the identified issues. RCS conducts onsite visit within first 90 days of approving the providers' corrective plan to ensure the proper implementation of each steps identified in the corrective action plans.
- DDA reviews RCS visit details and make on-site visits within first 120 days of approving the corrective action plans to ensure that necessary steps are being taken and implemented by residential providers to ensure the on-going compliance in identified areas.
- DDA also provides:
- Consultation
- Training
- Technical Assistance and Support
- Additional Oversight

G.c.3 RCS issues statements of deficiency for repeat citations. Depending upon the severity of the findings, RCS reviews may lead to disciplinary actions including up to decertification of residential provider's with the state.

DDA reviews for repeat citations of each residential providers and offers consultation, training, technical assistance and support to assist providers as required. If the provider is still unable to implement the necessary program changes, DDA will terminate the contract depending upon the severity of the findings.

G.d.5: For those with a health rating of "poor" who have not visited a doctor within the past 12 months, case managers will discuss with waiver participants (and their families) the importance of visiting their doctor at least annually.

### ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party(check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	<b>✓</b> Monthly
☐ Sub-State Entity	<b>✓</b> Quarterly
Other Specify:	<b>✓</b> Annually
	☐ Continuously and Ongoing
	Other Specify: Two times per year.

#### c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Health and Welfare that are currently non-operational.

•	No
$\bigcirc$	<b>1</b> 7

Please provide a detailed strategy for assuring Health and Welfare, the specific timeline for implementing identified strategies, and the parties responsible for its operation.



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# **Appendix H: Quality Improvement Strategy (1 of 2)**

Under §1915(c) of the Social Security Act and 42 CFR §441.302, the approval of an HCBS waiver requires that CMS determine that the State has made satisfactory assurances concerning the protection of participant health and welfare, financial accountability and other elements of waiver operations. Renewal of an existing waiver is contingent upon review by CMS and a finding by CMS that the assurances have been met. By completing the HCBS waiver application, the State specifies how it has designed the waiver's critical processes, structures and operational features in order to meet these assurances.

Quality Improvement is a critical operational feature that an organization employs to continually determine whether it operates in accordance with the approved design of its program, meets statutory and regulatory assurances and requirements, achieves desired outcomes, and identifies opportunities for improvement.

CMS recognizes that a state's waiver Quality Improvement Strategy may vary depending on the nature of the waiver target population, the services offered, and the waiver's relationship to other public programs, and will extend beyond regulatory requirements. However, for the purpose of this application, the State is expected to have, at the minimum, systems in place to measure and improve its own performance in meeting six specific waiver assurances and requirements.

It may be more efficient and effective for a Quality Improvement Strategy to span multiple waivers and other long-term care services. CMS recognizes the value of this approach and will ask the state to identify other waiver programs and long-term care services that are addressed in the Quality Improvement Strategy.

### **Quality Improvement Strategy: Minimum Components**

The Quality Improvement Strategy that will be in effect during the period of the approved waiver is described throughout the waiver in the appendices corresponding to the statutory assurances and sub-assurances. Other documents cited must be available to CMS upon request through the Medicaid agency or the operating agency (if appropriate).

In the QIS discovery and remediation sections throughout the application (located in Appendices A, B, C, D, G, and I), a state spells out:

- The evidence based discovery activities that will be conducted for each of the six major waiver assurances;
- The remediation activities followed to correct individual problems identified in the implementation of each of the assurances:

In Appendix H of the application, a State describes (1) the *system improvement* activities followed in response to aggregated, analyzed discovery and remediation information collected on each of the assurances; (2) the correspondent *roles/responsibilities* of those conducting assessing and prioritizing improving system corrections and improvements; and (3) the processes the state will follow to continuously *assess the effectiveness of the OIS* and revise it as necessary and appropriate.

If the State's Quality Improvement Strategy is not fully developed at the time the waiver application is submitted, the state may provide a work plan to fully develop its Quality Improvement Strategy, including the specific tasks the State plans to undertake during the period the waiver is in effect, the major milestones associated with these tasks, and the entity (or entities) responsible for the completion of these tasks.

When the Quality Improvement Strategy spans more than one waiver and/or other types of long-term care services under the Medicaid State plan, specify the control numbers for the other waiver programs and/or identify the other long-term services that are addressed in the Quality Improvement Strategy. In instances when the QIS spans more than one waiver, the State must be able to stratify information that is related to each approved waiver program. Unless the State has requested and received approval from CMS for the consolidation of multiple waivers for the purpose of reporting, then the State must stratify information that is related to each approved waiver program, i.e., employ a representative sample for each waiver.

# Appendix H: Quality Improvement Strategy (2 of 2)

# H-1: Systems Improvement

## a. System Improvements

i. Describe the process(es) for trending, prioritizing, and implementing system improvements (i.e., design changes) prompted as a result of an analysis of discovery and remediation information.

The Developmental Disabilities Administration (DDA) has managed at least one HCBS waiver since 1983. In 2003 a statewide effort was launched to coordinate the implementation of Quality Improvement in all agencies. We have developed multiple processes for trending, prioritizing, and implementing system improvements that have been prompted as a result of data analysis.

#### Internal DDA Systems

DDA uses several data systems that are vital to the implementation of the Waiver.

#### DDA Assessment:

- o The DDA Assessment is designed to discover the individual support needs of each individual who is assessed. It is a tool to help case managers plan for services and supports to meet the needs of individuals with developmental disabilities.
- o All Waiver participants will be assessed using this tool, which includes an assessment of caregiver stress, behavior issues, critical medical issues, and protective supervision needs.
- \* Data is pulled as needed by program managers, waiver manager, quality assurance staff and management.
- \* Data is analyzed by the appropriate entity who is using the information for system improvement activities.

# Comprehensive Assessment Reporting and Evaluation (CARE):

- o Assists case managers to provide effective monitoring of case status and service plans.
- o Provides a system of "ticklers" or alerts to cue case resource manager action at specific intervals based upon client need.
- o Provides an automated process for Exception to Rule (ETR), Prior Approvals and Waiver Requests.
- o Delivers a consistent, reliable and automated process.
- o Provides client demographic and waiver status in real time.
- o Provides management reports to look for trends and patterns in the Waiver caseload.
- \* Data is pulled as needed by program managers, regional staff, quality assurance staff and management.
- \* Data is analyzed by the appropriate entity who is using the information for system improvement activities.

# Quality Compliance Coordinator (QCC) Review database:

- o Is used to collect review data to insure that the processes and procedures required in delivering waiver services are according to requirements.
- o Is used to develop regional and statewide corrective action plans.
- \* Data is developed by the Office of Compliance and Monitoring.
- \* Reports are created at least annually.
- \* Data is analyzed by DDA staff at a minimum annually.

# DDA Incident Reporting system (IR):

- o The IR system provides management information concerning significant incidents occurring in our client's lives.
- o Individual incidents come first to the CRM for input into the IR system.
- o DDA has developed protocols and procedures to respond to incidents that have been reported.
- o Analysis processes are in place to review and monitor the health and welfare of DDA clients.
- \* Data is pulled by the Incident Program Manager.
- \* Data is pulled three times a year.
- \* Data is analyzed by the Incident Reporting Team and as requested by DDA management.

# Individual Support Plan Meeting Survey:

o A ISP Meeting survey is mailed to waiver participants within one month of the ISP planning meeting. This survey gives

participants an opportunity to respond to a series of questions about the ISP process. The survey is mailed from Central

Office based on a random sample across all waivers with a 95% confidence level and a confidence interval of +/-5%.

Information collected is analyzed annually by DDA staff.

- o Information regarding trends or patterns that is gathered from that data is acted upon, through additional training for case managers, clarification of information for participants, etc.
- •\* Data is pulled by the Research Specialist.
- \* Data is pulled at least annually.
- •\* Data is analyzed by DDA staff at a minimum annually.

# Complaint Data Base:

- o DDA maintains a Complaint data base that is the repository for complaints that rise above the standard issues that case managers or supervisors handle each day as a normal business practice.
- \* Data is pulled by the Research Specialist.
- \* Data is pulled at least annually.
- \* Data is analyzed by DDA staff at a minimum annually.

### DSHS systems external to DDA:

# Social Service Payment System:

- o DDA audits information from this system to verify services identified in the Individual Support Plan as necessary to meet health and welfare needs have been authorized.
- o DDA also audits information from this system to ensure that services are only authorized after first being identified in the Individual Support Plan.
- \* Data is pulled by the SSPS Program Manager.
- \* Data is pulled at least annually.
- \* Data is analyzed by DDA staff at a minimum annually.

# Child Protective Services (CPS):

- o CPS is responsible for investigating and making official findings on any accusations of abuse or neglect of a minor child.
- o DDA refers all such incidents to CPS for investigation and works cooperatively with them to provide information about the incident and to protect the child during the investigation.

- \* Data is pulled by the Research Specialist.
- \* Data is pulled at the request of the Program Manager.
- \* Data is analyzed by DDA staff at a minimum annually.

### Adult Protective Services (APS):

- o APS is responsible for investigating and making official findings on any accusations of abuse, neglect or exploitation of a vulnerable adult, who does not live in either a licensed setting or is served by a certified residential service.
- o DDA refers all such incidents to them for investigation and works cooperatively with them to provide information about the incident and to protect the adult during the investigation.
- \* Data is pulled by the Research Specialist.
- \* Data is pulled at least annually.
- \* Data is analyzed by the Regional Quality Assurance Managers and as requested by DDA management.

### Division of Licensing Resources (DLR):

- o Monitors and licenses Children's Foster Homes, Group Homes and Staffed Residential Homes, which are utilized as respite resources in the waiver program.
- o DDA works cooperatively with DLR to ensure homes are licensed and appropriate care is provided.
- \* Data is pulled by DLR.
- \* Data is pulled at the request of the Program Manager.
- \* Data is analyzed by the Program Manager and as requested by management.

#### Residential Care Services (RCS):

- o RCS is responsible for investigating provider practices in instances of abuse, neglect or exploitation of a vulnerable adult who receives services from either a licensed setting or is served by a certified residential agency.
- o DDA refers incidents to them for investigation and works cooperatively with them to provide information about the incident.
- \* Data is pulled by the DDA Incident Program Manager.
- \* Data is pulled at least annually.
- \* Data is analyzed by DDA staff at a minimum annually.

FamLink/TIVA are electronic systems that maintains notifications, investigative and outcome information for CPS, APS and RCS. Data from FAMLINK/TIVA is used to track and trend inforantion related to allegations of abuse, neglect, abandonment and financial exploitation.

# Administrative Hearing Data Base:

- o The Administrative Hearings data base tracks requests for administrative hearings requested by waiver clients who disagree with decisions made by DDA.
- o DDA uses data from this data base to review the concerns of persons on the waivers and determine if there are system issues that need to be addressed.
- \* Data is pulled by the Research Specialist.
- \* Data is pulled at least annually.
- \* Data is analyzed by DDA staff and as requested by DDA management.

### Agency Contracts Database (ACD):

o The ACD is an important tool in assuring that waiver

- service providers have contracts in place that meet requirements.
- o The tool is used by DSHS to monitor all state contracts.
- o The system monitors compliance with background check requirements, training requirements, evidence of any required licensure, and timeliness of contracts.
- \* Data is pulled at least annually by the Contracts Program Manager.
- \* Data is analyzed by DDA staff and as requested by DDA management.

### External Non Governmental Systems:

# National Core Indicators (NCI) Survey:

- o DDA has been participating in the NCI Survey since 2000.
- o DDA has adapted the survey to do a face-to-face survey in the home that addresses satisfaction with DDA services, providers and other key life indicators.
- o Additional questions have been added about waiver services.
- o This data is reviewed with stakeholders and state staff.
- \* Data is pulled at least annually by the Research Specialist.
- \* Data is analyzed by DDA staff and as requested by DDA management.
- o Recommendations for needed changes are developed from this process and necessary action is taken.

## Developmental Disabilities Council (DDC):

- o The DDC partners with the state to conduct focus groups that look at the NCI data and make recommendations to the state.
- o Reports are developed by the DDC and submitted to the state for action
- \* Reports are delivered to DDA upon completion.
- \* DDA responds with appropriate action.

Information from the above data systems is gathered and analyzed in order to continually monitor and make changes to our delivery system when the need is demonstrated. DDA utilizes a variety of methods to analyze data. Some examples include identifying "trigger" points that require more in-depth analysis using control charts and other types of analysis; or in-depth work focused on the occurrence of a serious incident.

Once the need for change has been determined through the analysis of data, DDA prioritizes quality improvement steps based on a risk management strategy that considers health and safety, best practices, legislative requirements, and CMS recommendations.

DDA then implements needed system improvements through a variety of methods, such as training and retraining; resource allocation; studies; policy or rule changes; and funding requests. DDA identifies who is responsible for implementation of the needed change, how that will be accomplished and timelines for accomplishing the needed change.

Strategies for improvement are specific to the type of improvement that is indicated by the data that has been reviewed. However the process is generally the same:

- 1. We review and analyze data;
- 2. We strategize to find solutions to any problems identified from the data;
- 3. Action plans are developed; and
- 4. Progress is reviewed until goals are accomplished.

#### ii. System Improvement Activities

Responsible Party(check each that applies):	Frequency of Monitoring and Analysis(check each that applies):

Responsible Party(check each that applies):	Frequency of Monitoring and Analysis(check each that applies):
<b>▼</b> State Medicaid Agency	<b>₩eekly</b>
Operating Agency	<b>✓</b> Monthly
☐ Sub-State Entity	<b>☑</b> Quarterly
Quality Improvement Committee	✓ Annually
Other Specify:	Specify: Two times/year. Three times/year. Six times/year. During the first year of the biennium.

# b. System Design Changes

i. Describe the process for monitoring and analyzing the effectiveness of system design changes. Include a description of the various roles and responsibilities involved in the processes for monitoring & assessing system design changes. If applicable, include the State's targeted standards for systems improvement.

The Developmental Disabilities Administration (DDA) uses a discovery and monitoring process to analyze the effectiveness of our current systems. All collected data is identified by waiver type in order to evaluate and monitor each individualized waiver program. Performance is measured in terms of outcomes. DDA uses both internal and external groups to analyze this data. DDA reviews data from multiple data sources to discover whether trends and patterns meet expected outcomes. DDA begins an improvement process if they do not. DDA's Quality Improvement (QI) process has been part of the Administration's activities for decades.

The goal of Quality Improvement in DDA is to promote, encourage, empower and support continuous quality improvement. Major areas of focus:

### Surveys

• \*ISP surveys give individuals/guardians an opportunity to provide anonymous feedback on the planning process. Information collected from these surveys is used to analyze the effectiveness of the planning process.

#### Reviews

- \*Reviews ensure that processes and procedures required in delivering waiver services are according to requirements.
- \*Waiver review findings are analyzed and shared with regional and statewide management teams for corrective action and system improvement.

Quarterly evaluations of performance measures

- \*Quarterly DDA Regional management reports on waiver performance.
- \*The report contains data such as the number of waiver assessments due with respect to the number that were completed, the regional progress on correction related to QCC audit findings, and many other key indicators of operational performance.

# Training

• \*Training is a significant focus to ensure that divisional

- employees are equipped with the skills and knowledge to carry out their waiver responsibilities.
- \*Annual Waiver training is provided for ongoing improvement.

There are many entities that play a critical role and are essential to DDA's Quality Management Strategy:

Internal (within DSHS)

### Incident Review Team (IRT):

- \*This team meets monthly to review aggregate data from the Electronic Incident Reporting System and make recommendations to prevent incidents.
- \*Team members include:
  - o Waiver Program Managers (PM), Waiver Requirements PM, RHC PM, Incident PM, Mental Health PM, Vocational PM, Quality Assurance PM, Compliance and Monitoring Unit Office Chief, Quality Programs and Services Office Chief, Special Investigation Unit PM and Data Analyst for RHC investigation unit.

### Mortality Review Team (MRT):

- \*Meets monthly to review deaths of participants and monitor and make recommendations on trends and patterns.
- \*Team members are:
  - o RHC PM, Mental Health PM, Residential PMs, Compliance and Monitoring Unit Office Chief, Quality Programs and Services Office Chief, Waiver PM, Special Investigation Unit PM and Nursing Services PM.

# Nursing Care Consultants (NCC):

- \*Assigned to Regions to review and monitor health and safety concerns.
- \*Nurses consult with case managers on health and welfare concerns.

## State Waiver Program Manager and Regional Waiver Specialists:

- \*The primary responsibility for the implementation of this waiver resides with the Waiver Program Manager
- \*Regional Waiver Specialists work collaboratively with the Waiver Program Manager to ensure proper implementation at the regional level.
- \*The Waiver Program Manager and Waiver Specialists meet monthly to monitor waiver implementation and recommend necessary waiver changes.

### Regional Quality Assurance (QA) staff:

\*Provide quarterly reports which contain quality assurance information on incidents and other QA activities in the region.

#### Children's Administration:

- \*Division of Licensing Resources(DLR) monitors and licenses Children's Foster Homes, Group Homes and Staffed Residential Homes.
- \*Child Protective Services (CPS) provides investigation of incidents of abuse, neglect, abandonment and exploitation involving children.

#### External

# HCA Medicaid Agency Waiver Management Committee:

- \*This committee meets four times per year and is comprised of representatives from the Health Care Authority (the single State Medicaid Agency), Home and Community Services. the Behavioral Health and Service Integration Administration, and the Developmental Disailities Administration.
- \*The Committee presents information to the single State Medicaid Agency in the following areas:
  - o Annual reports from the three administrations
  - o OCC reviews
  - o National Core Indicators
  - o Fiscal reports

The HCA provides recommendations and feedback based on the information provided.

### Stakeholder input and review of waiver programs:

- \*A web site offers stakeholders an opportunity to:
  - o Review annual reports.
  - o Review quality assurance activities.
  - Provide suggestions for ways to better serve waiver clients.

# Developmental Disabilities Council (DDC):

- \*The DDC is comprised of self-advocates, family members and department representatives.
  - The DDC analyzes and provides recommendations for improvement using the National Core Indicators Survey as its' tool.

### The HCBS (DDA) Waivers Quality Assurance Committee:

- \*Sponsored by the DDC and comprised of self-advocates, family members, providers and Department representatives.
  - o Meets four times a year, with provision for more frequent sub-committee meetings on select topics as needed.
  - o Provides a forum for active, open and continuous dialogue between stakeholders and the DDA for implementing, mornitoring and improving the delivery of waiver services to best meet the needs of people with intellectual and developmental disabilities.

## The HCA Medicaid Agency Waiver Management Committee:

• \*Includes representatives from the Health Care Authority (the single State Medicaid Agency) and Administrations/Divisions within the operating agency: DDA, HCS, RCS, and BHSIA. The committee meets quarterly to review all functions delegated to the operating agency, current quality assurance activity, pending waiver activity (e.g., amendments, renewals), potential waiver policy and rule changes and quality improvement activities.

Various reports are disseminated to both external and internal groups. These groups are involved in evaluating the performance and progress of the Waiver program. Through this review process these groups also provide feedback on opportunities for improvement.

Included in the distribution cycle are:

# Internal:

- \*DDA Assistant Secretary, HQ Management Team and Regional Management Team reviews:
  - Quarterly Regional management reports on the waiver performance.
  - o The report contains data such as the number of waiver assessments due against the number that were

completed, the regional progress on correction related to QCC review findings, and many other key indicators of operational performance.

- \*DDA Assistant Secretary, HQ Management Team and all Regional Management Teams reviews:
  - The Quarterly Regional Quality Assurance Managers' reports are compiled into one final report.
  - o Each regional QA report, also in a PowerPoint format contains 8 control charts from the "key" incident types, a detailed analysis of any client with 3 or more incidents, analysis of deaths, and information/data on many other QA activities in the region.
  - o When the final report is compiled best practices and concerns are reviewed and necessary action is taken.

### QCC reviews:

- \*Statewide analysis of rview findings. The report includes data and recommendations from the annual review cycle. This report is then shared with the Medicaid Agency Waiver Oversight Committee and the Statewide Management Team.
- \*Regional review findings. The regional reports are specific to the regional review. Each report provides an analysis of the data from the most current review and compares historical data (when available).

### DDA Assistant Secretary Reviews:

- Monthly fiscal reports provided by Management Services Division (MSD).
  - These reports provide detailed analysis of the waiver expenditures and clients served.

### External

A web site offers stakeholders an opportunity to review:

- \*Annual waiver progress/performance reports.
- The reports are often PowerPoint presentations with control charts or Pareto charts constructed from data related to performance measures.

#### Washington State Developmental Disabilities Council (DDC):

- \*Annual NCI Core Indicator reports are provided to the DDC for their recommendation and feedback.
- \*The NCI reports focus on participant satisfaction or areas of concern.
- \*The DDC invites families and self-advocates to review the data from the National Core Indicator survey report. Their feedback and recommendations are then shared with DDA management after every evaluation.

## The HCA Medicaid Agency Waiver Management Committee:

- \*Includes representatives from the Health Care Authority (the Single State Medicaid Agency) and Administrations/Divisions within the operating agency: DDA, HCS, RCS, and BHSIA.
- \*Meets at least quarterly to review:
  - o All functions delegated to the operating agency
  - o Current quality assurance activity
  - o Pending waiver activity (e.g., amendments, renewals)

- o Potential waiver policy and rule changes
- o Quality improvement activities
- ii. Describe the process to periodically evaluate, as appropriate, the Quality Improvement Strategy.

The Developmental Disabilities Administration (DDA) believes that the quality of programs and services delivered to people with developmental disabilities in Washington State is everyone's business. The evaluation and improvement of processes and systems are ongoing. All collected data is identified by each waiver type in order to evaluate and monitor individualized waiver program effectiveness.

Each year DDA improves services to waiver clients by using the numerous data collection points, appropriate analysis and prioritization techniques, evaluation and feedback from differing groups.

DDA also seeks the assistance of CMS and other entities through grants, conferences, or "Best Practices" information, to continue to refine benchmarks for improvement and evaluate the system against those benchmarks.

The Quality Improvement Strategy will be re-evaluated at least once during the five year approval period. The following process will be followed in reviewing and updating the Quality Improvement Strategy:

- o DDA will maintain a waiver management strategy.
- o All processes and strategies will be continuously improved through the various methods of evaluation, monitoring, analysis and actions taken.
- o DDA will work with participants, families, advocates, and providers to identify opportunities for performance improvement and report the progress being made back to stakeholders.
- State staff, providers and stakeholders will provide ongoing monitoring of the system. Changes may be recommended by any of the above entities.

Explanation and Examples of Types of Data Analysis Used:

Charting Data: Using charts and graphs, often provides greater insight and interpretation of data. Data charts provide a powerful tool to help observe and analyze the behavior of processes and the effects of trial solutions. They are the best way to present data to others helping them to quickly grasp the information.

Chart Selection Guide: The information below summarizes several chart types that are useful in Quality Improvement and suggests possible applications:

A pie chart presents data as a percentage of a total. Examples of application include sources of errors and make up of a budget.

A bar chart presents comparisons of data categories. These can be categories at a point in time or changes in categories over a period of time. Examples of application include the number of errors over time, process output by month or by department, and comparison of results using different methods.

Pareto charts present data relative to the size of categories in order. Examples of application include customer quality characteristics in order of importance, and types of customer complaints.

Histo-grams present a distribution of a set of data (how frequently the given values occur) and shows the stability of a process. One example of application is variation of complaint resolution times.

Line charts represent behavior over time, same data collection frequency, and X charts. Examples of application include time to complete inspections over time, and the number of customer complaints over time.

Control charts present the common cause and special cause variation based on 3 sigma of the average, X bar

and R, X and mr charts. Examples of application include time to fulfill customer requests, and the number of IRs per month.

### **Appendix I: Financial Accountability**

# I-1: Financial Integrity and Accountability

**Financial Integrity.** Describe the methods that are employed to ensure the integrity of payments that have been made for waiver services, including: (a) requirements concerning the independent audit of provider agencies; (b) the financial audit program that the state conducts to ensure the integrity of provider billings for Medicaid payment of waiver services, including the methods, scope and frequency of audits; and, (c) the agency (or agencies) responsible for conducting the financial audit program. State laws, regulations, and policies referenced in the description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

a) requirements concerning the independent audit of provider agencies:

Home Care Agencies are required to have an independent financial audit without findings covering the two year period prior to contracting. The audit must be conducted by a licensed CPA or a recognized financial firm. Effective July 1, 2015, home care agencies will no longer be providers of personal care services as personal care services will be provided under CFC.

Federal rules are followed for agencies that have non-profit status per the Single Audit Act and OMB CIRCULAR A-133. A single or program specific audit is required for the AAA and other subcontractors who expend more than \$750,000 in federal assistance in a year.

If the subcontractor is a for-profit organization, it may be a subrecipient, but it will not fall under the OMB CIRCULAR A-133 requirements for a federal single or program-specific audit. In this unique case, the for-profit is monitored annually as follows:

- 1. By performing a desk review of the vendor's annual audit,
- 2. By on-site monitoring and completion of the monitoring worksheet.

AAAs are required to use the following risk factors to help determine if on-site monitoring should be done:

- a. frequency of outside audits,
- b. prior audit findings,
- c. type of Contract,
- d. dollar amount of contract,
- e. internal control structure of subcontractor,
- f. abnormal frequency of personnel turnover,
- g. length of time as a subcontractor,
- h. history of marginal performance,
- i. has not conformed to conditions of previous contracts.
- 3. Review of subcontractor's relevant cost information when contract is renewed.

The State Auditor's Office conducts the periodic independent audit of the waiver program as required by the single audit act.

(b)the financial audit program that the state conducts to ensure the integrity of provider billings for Medicaid payment of waiver services, including the methods, scope and frequency of audits:

AAAs are responsible for monitoring Home Care Agency service contractors with whom they have executed contracts. Full on-site monitoring occurs every two years. A new subcontractor must receive a full monitoring for each of the first two years they are under contract. Abbreviated monitoring occurs in each year when full on-site monitoring does not occur. Desk monitoring occurs semi-annually. Review tools and policies are available through ALTSA. In addition to administrative review, client record and plan of care review, full on-site monitoring includes a fiscal review.

Fiscal Review: Comparison of a sample of contractor billings/SSPS reports to contractor maintained documentation of work performed. A review of individual employee time records is part of this responsibility. The minimum sample size is 5% of current authorizations. The monitoring activity verifies that work billed for was performed, that the contractor is maintaining documentation of work performed and that employees are paid for work performed.

An abbreviated review consists of a review of complaints and review of any items where compliance was not met during the full review. The abbreviated review must be expanded to a full review when a subcontractor exhibits significant problems that are not corrected as required by corrective action.

Desk monitoring consists of a review of program and financial reports to compare level of service provided to the level of service authorized. AAA verification of a sample of time keeping records is required for home care agencies that exceed a ratio of provided versus authorized hours of 92% or above for the quarter reviewed. AAAs must require a written response from home care agencies that have a quarterly ratio of provided versus authorized hours that are equal to or less than 75%. If the reason for the underserved hours is primarily due to an agency's inability to appropriately respond to referrals or provide adequate staffing levels, a corrective action must be submitted by the agency.

#### Payment Review Program:

DSHS launched the Payment Review Program in 1999 to employ new technology to assist with the regular DSHS review of Medicaid billings for accuracy. The focus of the Payment Review Program is to identify and prevent billing and payment errors. Originally, PRP only looked at claims through the MMIS. Social Service Payment System (SSPS) billings were added to PRP in 2002. The Health Care Authority continues to run the PRP after moving out of DSHS and still includes DSHS billings from SSPS. PRP employs algorithms to detect patterns and occurrences that may indicate problem billings. The PRP uses an extensive internal algorithm development and review process. To keep providers informed about finalized algorithms, the Payment Review Program has posted the algorithm descriptions on the HCA Internet site.

Teams of HCA, ALTSA, and DDA clinical, program and policy experts rigorously review all data analysis results from PRP reports to ensure accuracy.

Monitoring for other waiver service contractors is conducted at a minimum every two years. AAAs may conduct either a full or abbreviated monitoring based on a usage/risk threshold. Triggers for a full monitoring are within a two year period and include:

- 1. five or more authorizations, or
- 2. one complaint concerning quality of care or client safety, or
- 3. \$5000 or more in payments, or
- 4. any other reason the AAA thinks a contractor needs to be monitored

Full monitoring of other waiver service contractors includes a comparison of contractor billings to contractors' maintained documentation of work performed. Verification that the work was performed should also be obtained from the client if possible. The minimum sample size for short term or one time services such as environmental modifications, specialized medical equipment is 5% of the total clients the contractor served in the previous two years. The minimum sample size for services that are generally ongoing such as skilled nursing or PERS is 5% of current authorizations. Monitoring includes review of individual files where they exist for services such as skilled nursing, client training, adult day care, home delivered meals and home health aide services.

(c)the agency (or agencies) responsible for conducting the financial audit program. State laws, regulations, and policies referenced in the description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

The Aging and Long-Term Support Administration is responsible for conducting the financial review program of AAAs. AAAs are responsible for conducting financial review activities of subcontracted providers. The State Auditor's Office conducts the periodic independent audit of the waiver program as required by the single audit act.

### **Appendix I: Financial Accountability**

### **Quality Improvement: Financial Accountability**

As a distinct component of the State's quality improvement strategy, provide information in the following fields to detail the State's methods for discovery and remediation.

a. Methods for Discovery: Financial Accountability

State financial oversight exists to assure that claims are coded and paid for in accordance with the reimbursement methodology specified in the approved waiver. (For waiver actions submitted before June 1, 2014, this assurance

read "State financial oversight exists to assure that claims are coded and paid for in accordance with the reimbursement methodology specified in the approved waiver.")

#### i. Sub-Assurances:

a. Sub-assurance: The State provides evidence that claims are coded and paid for in accordance with the reimbursement methodology specified in the approved waiver and only for services rendered. (Performance measures in this sub-assurance include all Appendix I performance measures for waiver actions submitted before June 1, 2014.)

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

I.a.1: The percentage of waiver participants who initially met financial eligibility for waiver enrollment. Numerator= All waiver participants who initially met financial eligibility for waiver enrollment. Denominator= All waiver participants reviewed.

Data Source (Select one): Record reviews, on-site If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	☐ Weekly	☐ 100% Review
Operating Agency	☐ Monthly	✓ Less than 100% Review
☐ Sub-State Entity  ✓ Other Specify: Quality Compliance Cordinator (QCC) Team within DDA.	☐ Quarterly  ✓ Annually	Representative Sample Confidence Interval = 95%  Stratified Describe Group:
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.a.4: The percentage of westablished in the Social	ecurity Act. l eria as estab	Numerator= A lished in the S	tially met disability criteri All waiver participants wh Social Security Act.
Data Source (Select one): Record reviews, on-site If 'Other' is selected, specif	ÿ:		
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Frequency of data

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data

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Other Specify:

**Performance Measure:** 

I.a.6: The percentage of all payments appropriately claimed under the Core Waiver that are made for Core Waiver recipients. Numerator= All payments appropriately claimed under the Core Waiver for Core Waiver participants. Denominator= All payments claimed under the Core Waiver.

**Data Source** (Select one): Financial records (including expenditures) If 'Other' is selected, specify: **Responsible Party for** Frequency of data Sampling Approach collection/generation (check each that applies): data collection/generation (check each that applies): (check each that applies): **✓** 100% Review **State Medicaid** Weekly Agency Less than 100% Monthly **✓** Operating Agency Review **Sub-State Entity** Quarterly Representative Sample Confidence Interval = Stratified Other **✓** Annually Specify: Describe Group: Continuously and Other **Ongoing** Specify: Other Specify: **Data Aggregation and Analysis:** Responsible Party for data Frequency of data aggregation and aggregation and analysis (check each **analysis**(check each that applies): that applies): **State Medicaid Agency** Weekly Operating Agency Monthly **Sub-State Entity** Quarterly **✓** Annually Other Specify:

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
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	Other
	Specify:
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b. Sub-assurance: The state provides evidence that rates remain consistent with the approved rate methodology throughout the five year waiver cycle.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

I.b.1: The percentage of payments in which the payment rate for Nurse Delegation was consistent with the rate methodology in the approved waiver application. N: the total # of payments for Nurse Delegation in which the payment rate was consistent with the rate methodology in the approved waiver. D: the total # of payments for Nurse Delegation reviewed.

**Data Source** (Select one):

Financial records (including expenditures)

If 'Other' is selected, specific Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	☐ Weekly	<b>✓</b> 100% Review
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participants.	n Supporteu	Living service	es payments for warver	
Data Source (Select one):				
Record reviews, on-site				
If 'Other' is selected, specif	îy:			
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**Data Aggregation and Analysis:** 

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	<b>✓</b> Annually
	☐ Continuously and Ongoing
	Other Specify:

### **Performance Measure:**

I.b.3. The percent of Respite Provider rates established according to state law and WAC. Numerator = Number of Respite Provider rates established according to state law and WAC. Denominator = number of Respite Provider rates established.

**Data Source** (Select one): **Record reviews, on-site** 

If 'Other' is selected, specify:

1 2		Sampling Approach
data	collection/generation (check each that applies):	(check each that applies):

collection/generation (check each that applies):		
State Medicaid Agency	☐ Weekly	<b>✓</b> 100% Review
Operating Agency	☐ Monthly	☐ Less than 100% Review
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
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	☐ Continuously and Ongoing	Other Specify:
	Other Specify:	

**Data Aggregation and Analysis:** 

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	☐ Weekly
<b>✓</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	<b>✓</b> Annually
	☐ Continuously and Ongoing
	Other Specify:

ii. If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.

I.a.1; I.a.2; I.a.3; I.a.4; I.a.5:

The QCC Team completes a review of randomly selected files across all waivers annually. The list for the QCC Team review is generated to produce a random sample representative of the waiver program with a 95% confidence level and a confidence interval of +/-5%. The findings from these reviews are collected in a database. All findings are expected to be corrected within 90 days. Corrections are monitored by QCC Team members.

A valid sample is produced for the QCC review. The review protocol includes (among others) the following questions with a target of 100% compliance.

- \*Are all the current authorized services identified in the ISP?
- \*Are the authorized service amounts equal or less than the amounts identified in the ISP?
- \*Are the payment rates for respite services consistent with the established rates for individual providers and agency providers?

I.a.6, I.b.1, I.b.2 and I.b.3:

A claims data report is run annually to verify that all claims made for FFP are for waiver participants and to verify the use of the proper rate methodology for Nurse Delegation Service, Supported Living and Respite Services.

#### b. Methods for Remediation/Fixing Individual Problems

i. Describe the State's method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the State to document these items.

The state's intent is to consistently verify financial and disability eligibility of waiver participants during the evidentiary review process.

Waiver File Reviews (Annual QCC audit):

I.a.1; I.a.2; I.a.3; I.a.4; I.a.5:

Findings from QCC Team and Supervisor file reviews are analyzed by management, and based on the analysis necessary steps are taken to increase compliance. For example:.

- Annual Waiver Training curriculum is developed in part to address audit findings
- Annual Automated Client Eligibility System (ACES) training addresses financial and disability eligibility determination issues reflected in annual audits
- Policy clarifications occur as a result of audit findings.
- Analyses of findings assist regions to recognize personnel issues.
- Analysis of audit finding may impact format and instructions on forms.
- Analysis of findings has led to revision in Waiver WAC to clarify rule.
- Analysis of findings has led regions to revise regional processes.

Providers whose service authorization included a rate higher than the contracted rate are reviewed to determine the appropriate course of action. Overpayments are processed as necessary.

I.a.6, I.b.1, I.b.2, and I.b.3: Claims that are made for nonwaiver participants are removed from the claim for FFP.

#### ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party(check each that applies):	Frequency of data aggregation and analysis (check each that applies):
State Medicaid Agency	☐ Weekly
<b>☑</b> Operating Agency	Monthly
☐ Sub-State Entity	<b>✓</b> Quarterly
Other Specify:	<b>✓</b> Annually

Responsible Party(check each that applies):	Frequency of data aggregation and analysis (check each that applies):
<b>\$</b>	
	Continuously and Ongoing
	Other Specify:

#### c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Financial Accountability that are currently non-operational.

•	No
$\bigcirc$	Yes
	Please provide a detailed strategy for assuring Financial Accountability, the specific timeline for implementing
	identified strategies, and the parties responsible for its operation.
	^

### **Appendix I: Financial Accountability**

### I-2: Rates, Billing and Claims (1 of 3)

- a. Rate Determination Methods. In two pages or less, describe the methods that are employed to establish provider payment rates for waiver services and the entity or entities that are responsible for rate determination. Indicate any opportunity for public comment in the process. If different methods are employed for various types of services, the description may group services for which the same method is employed. State laws, regulations, and policies referenced in the description are available upon request to CMS through the Medicaid agency or the operating agency (if applicable).
  - · Personal Care
  - o Provider rates are standardized based on negotiations with the Service Employees International Union (SEIU) and funding provided by the Legislature.
  - o When transportation to essential services is included in the service plan, IPs are reimbursed for their mileage if they use their own private vehicle.
  - o Individual/agency providers who provide personal care for at least 20 hours/month also have insurance premiums paid in the rate.
  - Residential Habilitation:
  - o Alternative Living: The standardized hourly rate is based upon the Supported Living benchmark rate plus a small administrative add-on.
  - o Companion Home: Provider-specific rates are negotiated by DDD regional staff based upon the needs of the individual.
  - o Contracted Supported Living: Rates are determined for each individual based on the # of direct care staff hours needed as determined by the case manager and other regional staff. Staff hours are paid at a benchmark rate specific to county

categories (MSA, Non-MSA and King Cnty). An administrative rate is determined using the Administrative Rate Standard Schedule (Attached to Policy 6.04), and a client transportation rate using the Client Transportation Assessment.

Individual rates are negotiated regionally utilizing policy and standards developed by the HQ cost reimbursement section and the residential program manager, with guidance from regional personnel and the residential provider group to formulate policy and standards used in setting rates. Final rates are based on residential support levels (assigned by the DDD assessment), support needs listed in the assessment, support provided by others (e.g., family members), and the number of people in the household who can share the support hours. Negotiated rates are reviewed by a Cost Reimbursement Analyst (CRA) and are approved by the Residential Program Manager and

Division Director.

Annual cost reports are required that itemize the cost of providing the contracted service for the calendar year. Cost reports are desk audited to determine accuracy and the reasonableness of reported costs. Reported revenue received is reconciled to DSHS/SSPS payment information to determine over/under payments for services.

Settlements are calculated by ADSA staff to determine pay back amounts in cases where providers contracted for more direct service hours than they provided, or received more reimbursement for direct care costs than was paid out. There is no settlement provision for the non-direct care staff components of the payment rate.

o State-Operated Supported Living: A prospective (daily) rate based on staffing and overhead costs is established each year for each location (region) based on projected costs and # of resident days for the ensuing fiscal year.

The rates are transmitted to the Office of Financial Recovery (OFR). OFR uses the daily reimbursement rates and the # of Medicaid eligible days at each location to recalculate the federal share of cost of each facility.

The OFR calculation report goes to the Office of Accounting Services and to ADSA. The fiscal unit at ADSA prepares a journal voucher to record the federal share under the federal funds appropriation in the FRS. Reported resident days and FFP claims are reconciled with the Office of Financial Recovery each month. At the close of each year, a settlement

calculation is prepared to recover additional federal funds, or to pay back funds previously received.

o Group Care Home: Rates are determined for each individual based on the number of direct care staff hours needed as determined by DDD regional staff. Staff hours are paid at a benchmark rate specific to county categories. There are also administrative staff and non-staff rates. The administrative staff rate is standardized based on the number of clients in the group home. The non-staff rate is based on the size and specific non-staff cost requirements of the service agency.

Individual rates are negotiated regionally utilizing policy and standards developed by the HQ cost reimbursement section and the residential program manager, based on input from regional personnel and the residential provider group when formulating policy and standards used in rate-setting. All negotiated rates are reviewed by a CRA and approved by the Residential Program Manager and Division Director.

Annual cost reports are required from each provider itemizing the cost of providing service for the calendar year. Cost reports are desk audited by a CRA to determine accuracy and reasonableness of reported costs. Reported revenue is reconciled to DSHS/SSPS payment information to determine over/under payments for services. Settlements are calculated by a CRA to determine pay back amounts in cases where providers contracted for more direct service hours than they provided, or received more reimbursement for direct care costs than they paid out. There is no

settlement provision for the non-direct care staff (administrative, program operations and indirect client support) components of the rate.

- o Group Training Home: The same as for "Group Care Home".
- o Child Foster Care: Standardized monthly rates for each of 7 levels of care are based upon the amount of time the foster parents spend supporting the child as measured by a standardized assessment.
- o Staffed Residential Home: Provider-specific rates are negotiated by DDD regional staff based on the needs of the individual.
- o Child Foster Group Care: Provider-specific rates are negotiated by DDD regional staff based on the needs of the individual.
- o Child Placing Agency: Provider-specific rates are negotiated by DDD regional staff based on the needs of the individual.
- · Day Habilitation
- o Community Access: Unit rates are negotiated between the counties and their providers within the parameters established by the County Service Guidelines and county allocations. Variations in rates are due to differences among providers related to overhead, staff wages, and the local demand for services.
- Expanded Habilitation: Variations in rates are due to differences among providers related to overhead, staff wages, and the local demand for services.
- o Prevocational: Unit rates are negotiated between the counties and their providers within the parameters established by

the County Service Guidelines and county allocations.

No waiver participants will be added to pre-vocational services effective 7/1/2015 onward, as pre-vocational services do not meet the requirements for a home and community setting. Individuals already receiving prevocational services as of 7/1/2015 will be phased out over a four-year period and transitioned to other services, including supported employment and/or individual technical assistance or community access services.

o Supported Employment: Unit rates are negotiated between the counties and their providers within the parameters

established by the County Service Guidelines and county allocations.

• Respite: Individual provider and agency hourly rates are based upon the rates provided to personal care providers. Rates

for community-based settings such as senior centers and summer camps are based upon usual and customary charges, which are

impacted by overhead, staff wages, and consumer demand.

• Behavior Support and Consultation: Regional DDD staff negotiate rates on a provider-specific basis. Variations in rates

are due to differences among providers related to overhead, staff wages, and the local demand for services.

• Staff/Family Consultation and Training: Regional DDD staff negotiate rates on a provider-specific basis. Variations in

rates are due to differences in client need and differences among providers related to overhead, staff wages, and the local

demand for services.

- Community Guide: The hourly rate is standardized and based upon negotiations with providers.
- Environmental Accessibility Adaptations: Rates are based upon bids received by potential contractors.

Variations in

rates are due to differences in client need and differences among providers related to overhead, staff wages, and the local

demand for services

• Transportation: The rate per mile is based on the Collective Bargaining Agreement (CBA) with the State Employees

International Union (SEIU).

• Specialized Medical Equipment and Supplies: All rates are based upon the usual and customary charges for the specialized

medical equipment/supplies. Variations in rates are due to differences among providers related to overhead and staff wages.

- Community Transition: Based upon local housing (e.g., rent deposit) and utility costs and the specific needs of the individual (e.g., for furnishings).
- Skilled Nursing: The rate for skilled nursing services is the Medicaid unit rate with no vacation or overtime.
- Sexual Deviancy Evaluation: The rate per evaluation is provider-specific and is negotiated by DDD regional staff

Variations in rates are due to differences among providers related to overhead and the local demand for services.

• Specialized Psychiatric Services: DDD regional staff negotiate with providers on a client-specific basis unit rates that

are at or below the DSHS standard rate. Variations in rates are impacted by provider overhead and the local demand for

services.

• Behavioral Health Stabilization Services: Variations in rates for contracted services are due to differences among providers

related to overhead, staff wages, and the local demand for services.

o Behavior Support and Consultation (privately-contracted): Rates are negotiated by DDD regional staff with the Regional

Support Networks and/or individual providers.

o Behavior Support and Consultation (state-operated): Rates are established on a prospective basis by the ADSA/DDD cost

reimbursement section based on labor and overhead costs.

o Specialized Psychiatric Services: Rates are negotiated by DDD regional staff with the Regional Support Networks and/or

individual providers.

o Behavioral Health Crisis Diversion Bed Services (privately-contracted: Rates are negotiated by DDD regional staff with

the Regional Support Networks and/or individual providers.

o Behavioral Health Crisis Diversion Bed Services (state-staffed): Rates are established on a prospective basis by the

ADSA/DDD cost reimbursement section based on labor and overhead costs.

• Extended State Plan Services: Variations in rates are due to differences among providers related to overhhead and the

local demand for services.

- o Occupational Therapy: Rates are negotiated by DDD regional staff on a provider-specific basis.
- o Speech, Hearing and Language: Rates are negotiated by DDD regional staff on a provider-specific basis.
- o Physical Therapy: Rates are negotiated by DDD regional staff on a provider-specific basis.
- Individualized Techical Assistance: Unit rates are negotiated between the counties and their providers within the parameters established by the County Service Guidelines and county allocations. Variations in rates are due to differences among providers related to overhead, staff wages, and the local demand for services.

The State Medicaid Agency is required to follow the Administrative Procedure Act (Chapter 34.05 RCW) when soliciting public comments on rate determination methods. Changes to rates made by the legislature in the budget process are part of public hearings on budget and policy legislation. Rates are posted on public web sites.

**b. Flow of Billings.** Describe the flow of billings for waiver services, specifying whether provider billings flow directly from providers to the State's claims payment system or whether billings are routed through other intermediary entities. If billings flow through other intermediary entities, specify the entities:

The Department of Social and Health Services (DSHS), which is the State Operating Agency, receives funding appropriated by the Legislature in the biennial budget. Funding (both state dollars and federal dollars) is provided to DSHS and allotted to the Developmental Disabilities Administration (DDA). DDA receives the appropriation and allots funds to its operating regions via Regional Budgets for most service (e.g., residential, personal care, professional) categories.

Direct Service Payments (Prior to January 2015)

DSHS/DDA contracts directly with providers of service for all services except day program/day habilitation (community access, individualized technical assistance, prevocational, supported employment) and state-staffed services, which are state-operated living alternatives (SOLA) services, state-staffed behavior support and consultation services and state-staffed behavioral health crisis diversion bed services as components of behavioral health stabilization services. For direct payment, DDA authorizes services via the social services authorization system, and providers bill the agency directly for services using service vouchers. Payments are made directly from DSHS/DDA via SSPS/ProviderOne to the providers of service.

Direct Service Payments (effective January 2015)

Washington State's Health Care Authority (the single state Medicaid Agency) has a new MMIS titled "ProviderOne". The State is transitioning all payments for client services to ProviderOne. Payments to 1099 providers moved to ProviderOne January 1, 2015. Payments to providers who receive a W-2 tax form continue to be paid through SSPS. These payments will transfer to the new payment system at the beginning of 2016.

In both payment systems case managers authorize service based on the assessed need for the service. After the service is provided providers then report the amount of service provided and are paid based on their report. SSPS is based on an invoicing process. An invoice is generated based on the authorized amount for the month and sent to the provider. The provider then reports units provided back to SSPS on the invoice and are paid based on the invoiced amount. Providers maintain a record of time worked by day and submit this when requested.

In ProviderOne payments are also based on an authorization by the case manager however there is no invoice processed. Both providers and clients are notified of creation or changes to authorizations. The provider then submits a claim for payment based on the units provided and specific to the date of service. Providers can claim as often as daily. Payment can be made as frequently as weekly. When W-2 providers transition to a new timekeeping system they will also report by date of service. A report of time worked by date will be required before payment will be made. ProviderOne brings Medicaid payments into one unified system and provides enforcement and assurance that case managers and providers are compliant with rule and policy.

1099 Providers (paid via ProviderOne effective January 2015)

- Adult Family Homes
- Assisted Living Facilities
- Counseling
- Durable Medical Equipment
- Group Homes/Group Training Homes
- Home Care Agencies
- Licensed Staff Residential
- Mental and Physical Incapacity Evaluations

- Nurse Delegation
- Physical, Occupational, Speech Therapy
- Private Duty Nursing
- Skilled Nursing
- Supported Living

Funding for Medicaid services covered under the Core Waiver will continue to be appropriated to the State Operating Agency, and the cost of payments for Core Waiver services will be charged directly to the State Operating Agency.

Note: Information on the flow of payments for county-based services was inadvertently omitted from the waiver amendment. Due to the character limitation, that information has been inserted into Main.B.

#### Payments to State Employees

The State-Operated Living Alternatives (SOLA) programs are supported living program staffed with state employees. Employee salaries are included in the appropriation provided to the Division by the Legislature. Salaries for State-staffed behavior support and consultation and behavioral health crisis diversion bed services as components of behavioral health stabilization services are also included in the appropriation provided to the Division by the Legislature. State employees that provide these services are paid twice a month like other state employee, with the payment amount determined by their job classification and experience.

#### Claim for FFP for Services Provided by State Employees

A prospective (daily) rate for SOLA services is established each year for each location (region) based on the projected costs and number of resident days for the ensuing fiscal year. The established rates are transmitted to the Office of Financial Recovery (OFR). OFR uses the daily reimbursement rates and the number of Medicaid eligible days at each location to calculate the federal share of cost for each facility. The OFR calculation report goes to the Office of Accounting Services and to the Management Services Division (MSD). MSD fiscal staff prepare a journal voucher to record the federal share under the federal funds appropriation in the Financial Reporting System (FRS). Reported resident days and FFP claims are reconciled with OFR each month. The DSHS includes the daily cost multiplied by the number of days in the HCFA-64 Report to collect FFP for SOLA services provided to waiver clients. At the close of each year, a settlement calculation is prepared to recover additional federal funds, or to pay back funds previously received.

The same processes as described for SOLA services directly above are applied to determine the claim amount for state-staffed behavior support and consultation and state-staffed behavioral health crisis diversion bed services as components of behavioral health stabilization services.

### **Appendix I: Financial Accountability**

## I-2: Rates, Billing and Claims (2 of 3)

	1-2. Rates, Dining and Claims (2 of 3)
c.	Certifying Public Expenditures (select one):
	No. State or local government agencies do not certify expenditures for waiver services.
	Yes. State or local government agencies directly expend funds for part or all of the cost of waiver services and certify their State government expenditures (CPE) in lieu of billing that amount to Medicaid.
	Select at least one:
	☐ Certified Public Expenditures (CPE) of State Public Agencies.
	Specify: (a) the State government agency or agencies that certify public expenditures for waiver services; (b) how it is assured that the CPE is based on the total computable costs for waiver services; and, (c) how the State verifies that the certified public expenditures are eligible for Federal financial participation in accordance with 42 CFR §433.51(b).(Indicate source of revenue for CPEs in Item I-4-a.)

Specify: (a) the local government agencies that incur certified how it is assured that the CPE is based on total computable co verifies that the certified public expenditures are eligible for F with 42 CFR §433.51(b). (Indicate source of revenue for CPE	sts for waiver services; and, (c) how the State ederal financial participation in accordance
	,
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### **Appendix I: Financial Accountability**

### I-2: Rates, Billing and Claims (3 of 3)

- **d.** Billing Validation Process. Describe the process for validating provider billings to produce the claim for federal financial participation, including the mechanism(s) to assure that all claims for payment are made only: (a) when the individual was eligible for Medicaid waiver payment on the date of service; (b) when the service was included in the participant's approved service plan; and, (c) the services were provided:
  - a.) Individual was eligible for Medicaid waiver payment on the date of service.
  - 1) ProviderOne has a waiver identifier based on waiver status that indicates an individual is on a home and community-based services waiver.
  - 2) Waiver Status in CARE Waiver Screen

The Developmental Disabilities Administration's 'CARE includes a "Waiver Screen" that contains the type of waiver an individual is on, the waiver begin date, and waiver end date (if any). A waiver effective date for the individual is entered into the Waiver Screen by CARE once the necessary waiver eligibility confirmation steps have been completed. These include verification of the need for ICF/IID Level of Care (LOC) and financial eligibility (as established by financial workers in the Long Term Care Specialty Unit within Home and Community Services), documentation of Voluntary Participation statement (Form #10-424), verification of disability per criteria established in the SSA, and completion of an Individual Support Plan (ISP). CARE enters a waiver effective date based on the effective date of the individual service plan (ISP), which is the last step in the waiver eligibility verification process. The waiver effective date serves as the beginning date for claiming of federal financial participation for waiver services.

3) SSPS: The Client Authorization Services Input System (CASIS) is used by case managers to create social service payment system (SSPS) authorizations for client services using an automated electronic form. CASIS validates provider data via SSPS provider tables, and all service code data through SSPS account and service codes tables before submitting the authorization to the SSPS.

The SSPS contains service codes unique to the Core waiver. The waiver status (in the CARE Waiver Screen) of the individual must be consistent with the code being authorized. Waiver expenditures are annually compared with waiver status to ensure that payments are consistent with the waiver status of the individual.

4) ProviderOne

Washington State's Health Care Authority (the single state Medicaid Agency) has a new MMIS named "ProviderOne". Payments for Medicaid State Plan services (except personal care and state-operated ICFs/IID and NFs) are made via ProviderOne.

Effective January 2015, payment to service providers categorized as "1099 providers" will be made via ProviderOne (i.e., will no longer be made via the SSPS payment system) directly to service providers. Included will be social service providers such as community residential providers, home care agencies, and medical providers that did not transition to the ProviderOne system in the first phase of the project. Virtually all Core waiver providers except individual respite care providers will be reimbursed using ProviderOne.

The usual MMIS edits will be applied to billings under the Core waiver. I.e., the following will be verified: the individual is on the Core waiver, the service is covered under the Core waiver, the provider is a valid provider of the service, the provider is a qualified provider with a current contract, and the specifics of the claim are consistent with the service authorization completed by the DDA case manager.

b.) Service was included in the participant's approved service plan to ensure that ISPs reflect the current needs of the individual, ISPs are updated as needed and at least annually (please see Appendix H-1-b-3 for a description of the steps taken to ensure ISPs are updated).

DDA Quality Compliance Coordinators (QCCs) annually review a statewide sample of clients. Their review includes a comparison of service payments with the services contained in approved ISPs to ensure that services claimed against the Core waiver are contained in the approved ISP.

- c.) The services were provided.
- Monitoring of the provision of services is outlined in Appendix H-1-b-4. Steps taken include:
- •\*QCC file reviews verify the authorization matches the ISP including the type, scope, amount, duration and frequency of the service. When findings occur, regions have 30 days to correct problems. QCCs monitor the corrective action plans.
- •\*CRMs or Social Service Specialists complete a review of last year's plan with the waiver recipient prior to beginning the planning process for the upcoming year. A portion of the review is to confirm that services were received in accordance with the ISP. •\*The State participates in the National Core Indicators Survey, which includes waiver related questions. This annual face-to-face sampling of waiver participants enables DDA management to evaluate ISP outcomes from the recipient's perspective.
- e. Billing and Claims Record Maintenance Requirement. Records documenting the audit trail of adjudicated claims (including supporting documentation) are maintained by the Medicaid agency, the operating agency (if applicable), and providers of waiver services for a minimum period of 3 years as required in 45 CFR §92.42.

### **Appendix I: Financial Accountability**

**I-3: Payment (1 of 7)** 

- a. Method of payments -- MMIS (select one):
  - O Payments for all waiver services are made through an approved Medicaid Management Information System (MMIS).
  - Payments for some, but not all, waiver services are made through an approved MMIS.

Specify: (a) the waiver services that are not paid through an approved MMIS; (b) the process for making such payments and the entity that processes payments; (c) and how an audit trail is maintained for all state and federal funds expended outside the MMIS; and, (d) the basis for the draw of federal funds and claiming of these expenditures on the CMS-64:

The State is currently in the process of transitioning all payments for client services to ProviderOne. Payments to 1099 providers moved to ProviderOne January 1, 2015. Payments to providers who receive a W2 tax form continue to be paid through SSPS. These payments will transfer to the new payment system at the beginning of 2016.

In both payment systems case managers authorize service based on the assessed need for the service. After the service is provided providers then report the amount of service provided and are paid based on their report. SSPS is based on an invoicing process. An invoice is generated based on the authorized amount for the month and sent to the provider. The provider then reports units provided back to SSPS on the invoice and are paid based on the invoiced amount. Providers maintain a record of time worked by day and submit this when requested.

In ProviderOne payments are also based on an authorization by the case manager however there is not an invoice processed. Both providers and clients are notified of creation or changes to authorization. The provider then submits a claim for payment based on the units provided. Claims are specific to the date of service. Providers can claim as often as daily if they choose. Payment can be made as frequently as weekly. When W2 transition to a new timekeeping system they will also report by date of service. A report of time worked by date will be required before payment will be made.

ProviderOne brings Medicaid payments into one unified system and provides enforcement and assurance that case managers and providers are compliant with rule and policy.

Example of benefits of ProviderOne:

- When individuals receiving services through an HCBS waiver are authorized Extended State Plan services the system requires a denial from other coverage such as Medicare or insurance prior to allowing payment for individuals with coverage other than Medicaid. When a case manager authorizes extended state plan services the system utilizes the Medicaid benefit prior to accessing the waiver benefit. Automation of this provides increased assurance that other coverage is utilized prior to waiver.
- Client and provider eligibility is checked at the authorization and at the claim. If a client does not have the

correct financial eligibility or does not meet waiver criteria such as having an individualized assessment or is not ICF/ID eligible an authorization error will populate preventing payment prompting the case manager to either resolve the error or work with the client to help them meet eligibility criteria. If providers do not have the correct contract or correct credential, if required, for the authorized service an authorization error will populate and payment will not be made.

- Claims are only made by date of service. Providers must report the amount of service provided each day. This has a variety of benefits one of which is ensuring that on days that an individual is hospitalized waiver funds will not be used to pay for community services.
- Medical providers are now providing all information required for HIPAA compliant billing such as diagnosis codes.
- Reporting capabilities are improved by use of national taxonomies and service codes whenever possible.
- The system has a variety of edits which automate the enforcement of rules and policies. Examples of this include preventing duplicate payments and payments after the death of a client or provider.

$\bigcirc$	Payments for waiver services are not made through an approved MMIS.	
	Specify: (a) the process by which payments are made and the entity that processes payments; (b) how and through which system(s) the payments are processed; (c) how an audit trail is maintained for all state and feder funds expended outside the MMIS; and, (d) the basis for the draw of federal funds and claiming of these expenditures on the CMS-64:	eral
0	Payments for waiver services are made by a managed care entity or entities. The managed care entity is paid a monthly capitated payment per eligible enrollee through an approved MMIS.	S
	Describe how payments are made to the managed care entity or entities:	
		_

### **Appendix I: Financial Accountability**

contract with the entity.

### **I-3: Payment (2 of 7)**

b.	se	<b>rect payment.</b> In addition to providing that the Medicaid agency makes payments directly to providers of waiver rvices, payments for waiver services are made utilizing one or more of the following arrangements ( <i>select at least e</i> ):	
	[	The Medicaid agency makes payments directly and does not use a fiscal agent (comprehensive or limited	l)
	[	or a managed care entity or entities.  The Medicaid agency pays providers through the same fiscal agent used for the rest of the Medicaid	
		program.  The Medicaid agency pays providers of some or all waiver services through the use of a limited fiscal agent.	
		Specify the limited fiscal agent, the waiver services for which the limited fiscal agent makes payment, the functions that the limited fiscal agent performs in paying waiver claims, and the methods by which the Medica agency oversees the operations of the limited fiscal agent:	id
		Payments to providers for most services are made directly by the State Operating Agency.	
		Funding for Day Programs/Individualized Technical Assistance/Supported Employment is provided by the State Operating Agency to Counties. Some Counties are direct service providers. Most contract with and reimburse direct service providers.	
	[	Providers are paid by a managed care entity or entities for services that are included in the State's	

	Specify how providers are paid for the services (if any) not included in the State's contract with managed care entities.
Appendix	x I: Financial Accountability
	I-3: Payment (3 of 7)
effici expe	<b>plemental or Enhanced Payments.</b> Section 1902(a)(30) requires that payments for services be consistent with tency, economy, and quality of care. Section 1903(a)(1) provides for Federal financial participation to States for inditures for services under an approved State plan/waiver. Specify whether supplemental or enhanced payments nade. <i>Select one:</i>
	No. The State does not make supplemental or enhanced payments for waiver services.
	○ Yes. The State makes supplemental or enhanced payments for waiver services.
	Describe: (a) the nature of the supplemental or enhanced payments that are made and the waiver services for which these payments are made; (b) the types of providers to which such payments are made; (c) the source of the non-Federal share of the supplemental or enhanced payment; and, (d) whether providers eligible to receive the supplemental or enhanced payment retain 100% of the total computable expenditure claimed by the State to CMS. Upon request, the State will furnish CMS with detailed information about the total amount of supplemental or enhanced payments to each provider type in the waiver.
Appendi	x I: Financial Accountability
	I-3: Payment (4 of 7)
	nents to State or Local Government Providers. Specify whether State or local government providers receive nent for the provision of waiver services.
	No. State or local government providers do not receive payment for waiver services. Do not complete Item I-3-e.
	Yes. State or local government providers receive payment for waiver services. Complete Item I-3-e.
	Specify the types of State or local government providers that receive payment for waiver services and the services that the State or local government providers furnish:
	Payments for Day Programs/Individualized Technical Assistance/Supported Employment are made to Counties.
	Payments for state-staffed Supported Living services as provided by State Operated Living Alternatives (SOLA) and for state-staffed behavior support and consultation and state-staffed behavioral health crisis diversion bed services as components of behavioral health stabilization services are made to state employees.
ppendi	x I: Financial Accountability
	I-3: Payment (5 of 7)

e. Amount of Payment to State or Local Government Providers.

Specify whether any State or local government provider receives payments (including regular and any supplemental payments) that in the aggregate exceed its reasonable costs of providing waiver services and, if so, whether and how

the State recoups the excess and returns the Federal share of the excess to CMS on the quarterly expenditure report. <i>Select one:</i>	
The amount paid to State or local government providers is the same as the amount paid to private providers of the same service.	
The amount paid to State or local government providers differs from the amount paid to private providers of the same service. No public provider receives payments that in the aggregate exceed its reasonable costs of providing waiver services.	S
The amount paid to State or local government providers differs from the amount paid to private providers of the same service. When a State or local government provider receives payments (including regular and any supplemental payments) that in the aggregate exceed the cost of waiver services, the State recoups the excess and returns the federal share of the excess to CMS on the quarterly expenditure report.	
Describe the recoupment process:	
Appendix I: Financial Accountability	
I-3: Payment (6 of 7)	
<b>f. Provider Retention of Payments.</b> Section 1903(a)(1) provides that Federal matching funds are only available for expenditures made by states for services under the approved waiver. <i>Select one:</i>	
<ul> <li>Providers receive and retain 100 percent of the amount claimed to CMS for waiver services.</li> <li>Providers are paid by a managed care entity (or entities) that is paid a monthly capitated payment.</li> </ul>	
Specify whether the monthly capitated payment to managed care entities is reduced or returned in part to the State.	
Appendix I: Financial Accountability	
I-3: Payment (7 of 7)	
g. Additional Payment Arrangements	
i. Voluntary Reassignment of Payments to a Governmental Agency. Select one:	
O No. The State does not provide that providers may voluntarily reassign their right to direct payments to a governmental agency.	
Yes. Providers may voluntarily reassign their right to direct payments to a governmental agency as provided in 42 CFR §447.10(e).	
Specify the governmental agency (or agencies) to which reassignment may be made.	
Counties.	
ii. Organized Health Care Delivery System. Select one:	
No. The State does not employ Organized Health Care Delivery System (OHCDS) arrangements under the provisions of 42 CFR §447.10.	

	Yes. The waiver provides for the use of Organized Health Care Delivery System arrangements under the provisions of 42 CFR §447.10.
	Specify the following: (a) the entities that are designated as an OHCDS and how these entities qualify for designation as an OHCDS; (b) the procedures for direct provider enrollment when a provider does not voluntarily agree to contract with a designated OHCDS; (c) the method(s) for assuring that participants have free choice of qualified providers when an OHCDS arrangement is employed, including the selection of providers not affiliated with the OHCDS; (d) the method(s) for assuring that providers that furnish services under contract with an OHCDS meet applicable provider qualifications under the waiver; (e) how it is assured that OHCDS contracts with providers meet applicable requirements; and, (f) how financial accountability is assured when an OHCDS arrangement is used:
iii. Cont	cracts with MCOs, PIHPs or PAHPs. Select one:
	The State does not contract with MCOs, PIHPs or PAHPs for the provision of waiver services.
	The State contracts with a Managed Care Organization(s) (MCOs) and/or prepaid inpatient health plan(s) (PIHP) or prepaid ambulatory health plan(s) (PAHP) under the provisions of §1915(a)(1) of the Act for the delivery of waiver and other services. Participants may voluntarily elect to receive waiver and other services through such MCOs or prepaid health plans. Contracts with these health plans are on file at the State Medicaid agency.
	Describe: (a) the MCOs and/or health plans that furnish services under the provisions of §1915(a)(1); (b) the geographic areas served by these plans; (c) the waiver and other services furnished by these plans; and, (d) how payments are made to the health plans.
	This waiver is a part of a concurrent §1915(b)/§1915(c) waiver. Participants are required to obtain waiver and other services through a MCO and/or prepaid inpatient health plan (PIHP) or a prepaid ambulatory health plan (PAHP). The §1915(b) waiver specifies the types of health plans that are used and how payments to these plans are made.
	This waiver is a part of a concurrent �1115/�1915(c) waiver. Participants are required to obtain waiver and other services through a MCO and/or prepaid inpatient health plan (PIHP) or a prepaid ambulatory health plan (PAHP). The �1115 waiver specifies the types of health plans that are used and how payments to these plans are made.
Appendix I: Fi	nancial Accountability
I-4:	Non-Federal Matching Funds (1 of 3)
	Source(s) of the Non-Federal Share of Computable Waiver Costs. Specify the State source or sources deral share of computable waiver costs. Select at least one:
	oriation of State Tax Revenues to the State Medicaid agency oriation of State Tax Revenues to a State Agency other than the Medicaid Agency.

If the source of the non-federal share is appropriations to another state agency (or agencies), specify: (a) the State entity or agency receiving appropriated funds and (b) the mechanism that is used to transfer the funds to the Medicaid Agency or Fiscal Agent, such as an Intergovernmental Transfer (IGT), including any matching arrangement, and/or, indicate if the funds are directly expended by State agencies as CPEs, as indicated in Item I-2-c:

Department of Social and Health Services/Developmental Disabilities Administration (the State Operating Agency), which pays most providers directly. In the case of certain services (day program/individualized technical assistance/supported employment), the State Operating Agency pays counties who in turn reimburse

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Check each that applies:	
Health care-related taxes or fees	
Provider-related donations	
To decide the decide	
Federal funds	
rederai funds	
For each source of funds indicated above, describe the source of the fur	nds in detail:
	nds in detail:
	nds in detail:

# I-5: Exclusion of Medicaid Payment for Room and Board

- a. Services Furnished in Residential Settings. Select one:
  - O No services under this waiver are furnished in residential settings other than the private residence of the individual.
  - As specified in Appendix C, the State furnishes waiver services in residential settings other than the personal home of the individual.
- b. Method for Excluding the Cost of Room and Board Furnished in Residential Settings. The following describes the methodology that the State uses to exclude Medicaid payment for room and board in residential settings:

#### Foster Family Home

Payment for the room and board for a foster family home resident is made under a stand-alone payment code. The payment made by the state is net of any payment made on behalf of the child (i.e., using SSI) and is account-coded to all state dollars (i.e., is not account-coded against the division's home and community-based services waiver).

#### Foster Group Care Facility

Payment for the room and board for a foster group care facility resident is made under a stand-alone payment code. The payment made by the state is net of any payment made on behalf of the child (i.e., using SSI) and is account-coded to all state dollars (i.e., is not account-coded against the division's home and community-based services waiver).

#### Group Home/Group Training Home/Companion Home

The state of Washington's claim for residential habilitation services provided in group homes, group training homes, and companion homes is based on the cost of habilitation services only (i.e., not based on the total cost, which includes room and board). The individual pays for the cost of room and board using earned or unearned income. If the individual's contribution is less that the full cost of the room and board, the payment toward the cost of room and board made by the state is account-coded to all state dollars to ensure that no federal funding is claimed.

#### Individuals Residing in Their Own Residence

Waiver clients who live in their own home (e.g., house, apartment) pay for their room and board out of their own resources (e.g., SSA, SSI, earnings from supported employment). Since supportive living services (either statestaffed or privately contracted) do not include room and board, payments for those services (which are claimed under Title XIX) do not include the cost of room and board.

#### Staffed Residential Home

The payment for room and board for a staffed residential home resident is made under a stand-alone payment code. The payment made by the state is net of any payments made on behalf of the child (i.e., using SSI) and is account-coded to all state dollars (i.e., is not account-coded against the division's home and community-based services waiver).

The rates claimed for behavioral health crisis stabilization services do not include room and board costs, which are reimbursed separately.

### **Appendix I: Financial Accountability**

# I-6: Payment for Rent and Food Expenses of an Unrelated Live-In Caregiver

Reimbursement for the Rent and Food Expenses of an Unrelated Live-In Personal Caregiver. <i>Select one</i>	R	eimbursement f	or the	Rent and F	ood Expense	s of an Un	related Live	-In Person	al Caregiver.	Select one:
--	---	----------------	--------	------------	-------------	------------	--------------	------------	---------------	-------------

Remibulsement for the Rent and Pood Expenses of an Onferated Live-in Personal Caregiver. Select one.
No. The State does not reimburse for the rent and food expenses of an unrelated live-in personal caregiver who resides in the same household as the participant.
Yes. Per 42 CFR §441.310(a)(2)(ii), the State will claim FFP for the additional costs of rent and food that can be reasonably attributed to an unrelated live-in personal caregiver who resides in the same household as the waiver participant. The State describes its coverage of live-in caregiver in Appendix C-3 and the costs attributable to rent and food for the live-in caregiver are reflected separately in the computation of factor D (cost of waiver services) in Appendix J. FFP for rent and food for a live-in caregiver will not be claimed when the participant lives in the caregiver's home or in a residence that is owned or leased by the provider of Medicaid services.
The following is an explanation of: (a) the method used to apportion the additional costs of rent and food attributable to the unrelated live-in personal caregiver that are incurred by the individual served on the waiver and (b) the method used to reimburse these costs:
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Appendix I: Financial Accountability
I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (1 of 5)
<ul> <li>a. Co-Payment Requirements. Specify whether the State imposes a co-payment or similar charge upon waiver participants for waiver services. These charges are calculated per service and have the effect of reducing the total computable claim for federal financial participation. Select one:</li> <li>No. The State does not impose a co-payment or similar charge upon participants for waiver services.</li> </ul>
Yes. The State imposes a co-payment or similar charge upon participants for one or more waiver services.
i. Co-Pay Arrangement.
Specify the types of co-pay arrangements that are imposed on waiver participants ( <i>check each that applies</i> ):
Charges Associated with the Provision of Waiver Services (if any are checked, complete Items I-7-a-ii through I-7-a-iv):
Nominal deductible
Coinsurance
Co-Payment
Other charge
Specify:
<b>▽</b>
Appendix I: Financial Accountability
I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (2 of
5)

a. Co-Payment Requirements.

ii. Participants Subject to Co-pay Charges for Waiver Services.

Answers provided in Appendix I-7-a indicate that you do not need to complete this section.

### **Appendix I: Financial Accountability**

I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (3 of 5)

- a. Co-Payment Requirements.
  - iii. Amount of Co-Pay Charges for Waiver Services.

Answers provided in Appendix I-7-a indicate that you do not need to complete this section.

### **Appendix I: Financial Accountability**

I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (4 of 5)

- a. Co-Payment Requirements.
  - iv. Cumulative Maximum Charges.

Answers provided in Appendix I-7-a indicate that you do not need to complete this section.

### **Appendix I: Financial Accountability**

I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (5 of 5)

- **b.** Other State Requirement for Cost Sharing. Specify whether the State imposes a premium, enrollment fee or similar cost sharing on waiver participants. *Select one*:
  - No. The State does not impose a premium, enrollment fee, or similar cost-sharing arrangement on waiver participants.
  - Yes. The State imposes a premium, enrollment fee or similar cost-sharing arrangement.

Describe in detail the cost sharing arrangement, including: (a) the type of cost sharing (e.g., premium, enrollment fee); (b) the amount of charge and how the amount of the charge is related to total gross family income; (c) the groups of participants subject to cost-sharing and the groups who are excluded; and, (d) the mechanisms for the collection of cost-sharing and reporting the amount collected on the CMS 64:

<b>\</b>

### **Appendix J: Cost Neutrality Demonstration**

J-1: Composite Overview and Demonstration of Cost-Neutrality Formula

**Composite Overview.** Complete the fields in Cols. 3, 5 and 6 in the following table for each waiver year. The fields in Cols. 4, 7 and 8 are auto-calculated based on entries in Cols 3, 5, and 6. The fields in Col. 2 are auto-calculated using the Factor D data from the J-2-d Estimate of Factor D tables. Col. 2 fields will be populated ONLY when the Estimate of Factor D tables in J-2-d have been completed.

Level(s) of Care: ICF/IID

Col. 1 Col. 2	Col. 3	Col. 4	Col. 5	Col. 6	Col. 7	Col. 8
Year Factor D	Factor D'	Total: D+D'	Factor G	Factor G'	Total: G+G'	Difference (Col 7 less Column4)

Col. 1	Col. 2	Col. 3	Col. 4	Col. 5	Col. 6	Col. 7	Col. 8
Year	Factor D	Factor D'	Total: D+D'	Factor G	Factor G'	Total: G+G'	Difference (Col 7 less Column4)
1	71134.45	5390.00	76524.45	185729.00	1958.23	187687.23	111162.78
2	67344.16	5390.00	72734.16	186250.00	1958.23	188208.23	115474.07
3	79053.27	5144.89	84198.16	203323.00	1958.23	205281.23	121083.07
4	82259.62	7795.06	90054.68	201088.00	1958.23	203046.23	112991.55
5	81906.40	7778.75	89685.15	198303.00	1958.23	200261.23	110576.08

# **Appendix J: Cost Neutrality Demonstration**

J-2: Derivation of Estimates (1 of 9)

**a. Number Of Unduplicated Participants Served.** Enter the total number of unduplicated participants from Item B-3-a who will be served each year that the waiver is in operation. When the waiver serves individuals under more than one level of care, specify the number of unduplicated participants for each level of care:

Table: J-2-a: Unduplicated Participants

Waiver Year	Total Unduplicated Number of Participants (from Item B-3-a)	Distribution of Unduplicated Participants by Level of Care (if applicable) Level of Care: ICF/IID
Year 1	4500	4500
Year 2	4605	4605
Year 3	4738	4738
Year 4	4788	4788
Year 5	4838	4838

# **Appendix J: Cost Neutrality Demonstration**

**J-2: Derivation of Estimates (2 of 9)** 

**b.** Average Length of Stay. Describe the basis of the estimate of the average length of stay on the waiver by participants in item J-2-a.

The 357-day average length of stay for Waiver Renewal Year 1, 358-day average length of stay for Waiver Renewal Year 2, 346-day average length of stay for Waiver Renewal Years 3 and 4, and the 345-day average length of stay for Waiver Renewal Year 5 are based upon the number of individuals who will be on the waiver for the entire waiver year plus the projected number of days on the waiver of those added to the waiver and those leaving the waiver during the waiver year.

### **Appendix J: Cost Neutrality Demonstration**

J-2: Derivation of Estimates (3 of 9)

- **c. Derivation of Estimates for Each Factor.** Provide a narrative description for the derivation of the estimates of the following factors.
  - i. Factor D Derivation. The estimates of Factor D for each waiver year are located in Item J-2-d. The basis for these estimates is as follows:

The State is revising Personal Care utilization and expenditures downwards for waiver years 4 and 5 in WMS due to the initiation of Community First Choice in July 2015 and the removal of Personal Care from the Core waiver effective July 1, 2015.

Projections for the following services for the Waiver Renewal are based on the Initial 372 Report prepared for Waiver Renewal Year 3 (4/1/2009 - 3/31/2010:

- Personal Care Services
- Contracted Supported Living
- State-Staffed Supported Living
- Companion Home
- Group Home
- Group Training Home
- Family Foster Care
- Staffed Residential Home
- Foster Group Care
- Alternative Living
- · Community Access
- Prevocational Services (See note below)
- Supported Employment
- Respite
- Behavior Management and Consultation
- Staff/Family Consultation and Training
- Environmental Accessibility Adaptations
- Transportation
- Specialized Medical Equipment and Supplies
- Community Transition
- Skilled Nursing
- Sexual Deviancy Evaluation
- Behavioral Health Stabilization Services: Behavior Support and Consultation (privately-contracted)
- Behavioral Health Stabilization Services: Behavioral Health Crisis Diversion Bed Svcs (privately-contracted)
- Behavioral Health Stabilization Services: Specialized Psychiatric Services
- Occupational Therapy
- · Speech, Hearing and Language
- Physical Therapy

Projections of the use of privately-contracted behaviorial health crisis diversion bed services have been reduced to reflect the removal of beds located in an IMD.

Projections for the following service for the Waiver Renewal period are based on the Initial 372 Report for Waiver Year 1 (4/1/2004 - 3/31/2005):

• Community Guide

Projections for the following services are based on provider capacity and professional judgment:

- Behavioral Health Stabilization Services: Behavior Support and Consultation (state-operated)
- Behavioral Health Stabilization Services: Behavioral Health Crisis Diversion Bed Svcs (state-operated)

Projections of the use of specialized psychiatric services are based on historical use of the use of this services as a Mental Health Stabilization Service and professional judgment.

Projections of the use of individualized technical assistance are based on transition to the new service during the Waiver Renewal Year 5 and professional judgment.

Projections of the use of adult dental services are based on the use of those services by Core Waiver recipients during the 4/1/2010 - 3/31/2011 waiver year. As of January 1, 2014, adult dental services are no longer a service provided through the waiver, but rather through the State Plan.

Note: Projections of the use of pre-vocational services for Waiver Renewal Years 3, 4 and 5 have been adjusted to reflect that no waiver participantes will be added to pre-vocational services on or after 9/1/2015.

ii. Factor D' Derivation. The estimates of Factor D' for each waiver year are included in Item J-1. The basis of these estimates is as follows:

The Factor D' estimates for Waiver Renewal Years 1 and 2 are based on expenditures compiled for an Initial CMS-372 Report for Initial Waiver Renewal Year 3 (4/1/2009 - 3/31/2010). Factor D' estimates for Waiver Renewal Years 3, 4 and 5 are based on Medicaid State Plan expenditures for Core Waiver

participants for Waiver Renewal Year 1 (9/1/2013 - 8/31/2013). Factor D' values were re-projected as a result of variance between projected and actual values identified in 2014 in conjunction with CMS-372 Reports.

No trend factors were applied, due to reduced state revenue and a corresponding lack of vendor rate increases.

The base data for projections of Factor D" are from time periods that is after implementation of Medicare Part D coverage. Consequently, the base data do not include expenditures for drugs covered under Part D, as those costs are not reflected in Washington State's expenditure data for dual-eligible Medicaid clients.

**iii.** Factor G Derivation. The estimates of Factor G for each waiver year are included in Item J-1. The basis of these estimates is as follows:

Estimates of Factor G values for Waiver Renewal Years 1 and 2 are based upon the aggregate average daily cost for state-operated and privately-operated ICF/ID beds in Washington State for State Fiscal Year (SFY) 2012 (7/1/2011- 6/30/2012) times the number of days individuals on the waiver would be in an ICF/ID if the waiver did not exist. In the absence of the waiver, waiver participants would be on an ICF/ID for the same number of days that they are projected to be on the waiver. The average number of days on the waiver is contained in the projections of Factor D.

Estimates of Factor G values for Waiver Renewal Year 3 is based upon the aggregate average daily cost for state-operated and privately-operated ICF/ID beds in Washington State for State Fiscal Year (SFY) 2015 (7/1/2014- 6/30/2015) times the number of days individuals on the waiver would be in an ICF/ID if the waiver did not exist. This value was reduced by 1.1% when projecting Factor G for Waiver Renewal Years 4 and 5, based on reduced fixed costs as the institutional population declines.

No trend factors based on staff salary increases have been applied for the Waiver Renewal period, due to reduced state revenue and a corresponding lack of pay increases for state employees and privately-contracted service providers.

iv. Factor G' Derivation. The estimates of Factor G' for each waiver year are included in Item J-1. The basis of these estimates is as follows:

Factor G'' projections are based on the actual per person cost (\$1,958.23) of State Plan services by ICF/ID residents during Waiver Renewal Year 3 (4/1/2009 - 3/31/2010). No trend factors were applied for the Waiver Renewal period, due to reduced state revenue and a corresponding lack of vendor rate increases.

The base data for projections of Factor G' are from a time period that is after implementation of Medicare Part D coverage. Consequently, the base data do not include expenditures for drugs covered under Part D, as those costs are not reflected in Washington State's expenditure data for dual-eligible Medicaid clients.

# **Appendix J: Cost Neutrality Demonstration**

### J-2: Derivation of Estimates (4 of 9)

Component management for waiver services. If the service(s) below includes two or more discrete services that are reimbursed separately, or is a bundled service, each component of the service must be listed. Select "manage components" to add these components.

Waiver Services	
Community Access	
Individual Supported Employment/Group Supported Employment	
Personal Care	
Prevocational Services	
Residential Habilitation	
Respite	
Occupational Therapy	
Physical Therapy	
Speech, Hearing, and Language Services	

Waiver Services	
Behavior Support and Consultation	
Behavioral Health Stabilization Services-Behavior Support and Consultation	
Behavioral Health Stabilization Services-Behavioral Health Crisis Diversion Bed Services	
Behavioral Health Stabilization Services-Specialized Psychiatric Services	
Community Guide	
Community Transition	
Environmental Accessibility Adaptations	
Individualized Technical Assistance	
Sexual Deviancy Evaluation	
Skilled Nursing	
Specialized Medical Equipment and Supplies	
Specialized Psychiatric Services	
Staff Family Consultation and Training	
Transportation	
Wellness Education	

# **Appendix J: Cost Neutrality Demonstration**

# J-2: Derivation of Estimates (5 of 9)

#### d. Estimate of Factor D.

**i. Non-Concurrent Waiver.** Complete the following table for each waiver year. Enter data into the Unit, # Users, Avg. Units Per User, and Avg. Cost/Unit fields for all the Waiver Service/Component items. Select Save and Calculate to automatically calculate and populate the Component Costs and Total Costs fields. All fields in this table must be completed in order to populate the Factor D fields in the J-1 Composite Overview table.

#### Waiver Year: Year 1

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost		
Community Access Total:						1277377.10		
Community Access	Month	283	10.00	451.37	1277377.10			
Individual Supported Employment/Group Supported Employment Total:						8007413.92		
Individual Supported Employment/Group Supported Employment	Month	1307	11.00	556.96	8007413.92			
Personal Care Total:						13930882.00		
Personal Care	Hour	584	2219.00	10.75	13930882.00			
Prevocational Services Total:						2343424.00		
Prevocational Services	Month	398	10.00	588.80	2343424.00			
GRAND TOTAL: 320105039.9  Total Estimated Unduplicated Participants: 450  Factor D (Divide total by number of participants): 71134.4								
	Aver	age Length of Stay on the	e Waiver:			357		

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost				
Residential Habilitation Total:						284921717.00				
Staffed Residential Home	Day	91	349.00	350.95	11145821.05					
Alternative Living	Hour	227	320.00	14.73	1069987.20					
Companion Home	Day	57	342.00	146.92	2864058.48					
Foster Group Care	Month	22	10.00	3192.87	702431.40					
Family Foster Care	Month	70	11.00	2742.28	2111555.60					
Group Training Home	Day	18	357.00	149.32	959530.32					
Contracted Supported Living	Day	3157	355.00	204.95	229694638.25					
State Staffed Supported Living (SOLA)	Day	127	357.00	366.38	16611302.82					
Group Home	Day	308	357.00	179.73	19762391.88					
Respite Total:						3158477.28				
Respite	Hour	344	882.00	10.41	3158477.28					
Occupational Therapy Total:						29034.60				
Occupational Therapy	Hour	30	62.00	15.61	29034.60					
Physical Therapy Total:						43498.00				
Physical Therapy	Hour	52	14.00	59.75	43498.00					
Speech, Hearing, and Language Services Total:						76833.90				
Speech, Hearing, and Language Services	Hour	39	110.00	17.91	76833.90					
Behavior Support and Consultation Total:						1196092.80				
Behavior Support and Consultation	Hour	336	68.00	52.35	1196092.80					
Behavioral Health Stabilization Services- Behavior Support and Consultation Total:						503302.92				
Behavior Support and Consultation-Privately Contracted	Hour	118	29.00	124.86	427270.92					
Behavior Support and Consultation-State- Operated	Hour	36	11.00	192.00	76032.00					

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost		
Behavioral Health Stabilization Services- Behavioral Health Crisis Diversion Bed Services Total:						1145070.48		
Behavioral Health Crisis Diversion Bed Services-Privately Contracted	Day	27	23.00	332.88	206718.48			
Behavioral Health Crisis Diversion Bed Services-State-Operated	Day	4	173.00	1356.00	938352.00			
Behavioral Health Stabilization Services- Specialized Psychiatric Services Total:						107418.96		
Behavioral Health Stabilization Services- Specialized Psychiatric Services	Hour	137	4.00	196.02	107418.96			
Community Guide Total:						551.88		
Community Guide	Hour	4	9.00	15.33	551.88			
Community Transition Total:						2301.40		
Community Transition	Each	2	1.00	1150.70	2301.40			
Environmental Accessibility Adaptations Total:						31920.24		
Environmental Accessibility Adaptations	Each	6	2.00	2660.02	31920.24			
Individualized Technical Assistance Total:						292800.00		
Individualized Technical Assistance	Month	122	6.00	400.00	292800.00			
Sexual Deviancy Evaluation Total:						17945.85		
Sexual Deviancy Evaluation	Each	13	1.00	1380.45	17945.85			
Skilled Nursing Total:						2748330.00		
Skilled Nursing	Hour	1755	50.00	31.32	2748330.00			
Specialized Medical Equipment and Supplies Total:						60161.40		
Specialized Medical Equipment and Supplies	Each	30	2.00	1002.69	60161.40			
Specialized Psychiatric Services Total:						17249.76		
Specialized Psychiatric Services	Hour	22	4.00	196.02	17249.76			
GRAND TOTAL:  Total Estimated Unduplicated Participants: Factor D (Divide total by number of participants):  Average Length of Stay on the Waiver:								

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Staff Family Consultation and Training Total:						18449.25
Staff Family Consultation and Training	Hour	17	15.00	72.35	18449.25	
Transportation Total:						174787.20
Transportation	Mile	192	1785.00	0.51	174787.20	
Wellness Education Total:						0.00
Wellness Education	Each	0	0.00	5.00	0.00	
GRAND TOTAL: Total Estimated Unduplicated Participants: Factor D (Divide total by number of participants):  Average Length of Stay on the Waiver:						320105039.94 4500 71134.45 357

# **Appendix J: Cost Neutrality Demonstration**

# J-2: Derivation of Estimates (6 of 9)

#### d. Estimate of Factor D.

**i. Non-Concurrent Waiver.** Complete the following table for each waiver year. Enter data into the Unit, # Users, Avg. Units Per User, and Avg. Cost/Unit fields for all the Waiver Service/Component items. Select Save and Calculate to automatically calculate and populate the Component Costs and Total Costs fields. All fields in this table must be completed in order to populate the Factor D fields in the J-1 Composite Overview table.

#### Waiver Year: Year 2

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Community Access Total:						1272863.40
Community Access	Month	282	10.00	451.37	1272863.40	
Individual Supported Employment/Group Supported Employment Total:						404546.40
Individual Supported Employment/Group Supported Employment	Hour	108	30.00	124.86	404546.40	
Personal Care Total:						13871810.75
Personal Care	Hour	581	2221.00	10.75	13871810.75	
Prevocational Services Total:						2337536.00
Prevocational Services	Month	397	10.00	588.80	2337536.00	
Residential Habilitation Total:						283866449.22
Staffed Residential Home	Day	91	349.00	350.95	11145821.05	
Alternative Living	Hour	226	320.00	14.73	1065273.60	

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Companion Home	Day	56	343.00	146.92	2822039.36	
F + C - C					502421 40	
Foster Group Care	Month	22	10.00	3192.87	702431.40	
Family Foster Care	Month	69	11.00	2742.28	2081390.52	
Group Training Home	Day	18	358.00	149.32	962218.08	
Contracted Supported Living	Day	3143	355.00	204.95	228676036.75	
State Staffed Supported Living (SOLA)	Day	127	358.00	366.38	16657833.08	
Group Home	Day	307	358.00	179.73	19753405.38	
Respite Total:						3143674.26
Respite	Hour	342	883.00	10.41	3143674.26	
Occupational Therapy Total:						29034.60
Occupational Therapy	Hour	30	62.00	15.61	29034.60	
Physical Therapy Total:						43498.00
Physical Therapy	Hour	52	14.00	59.75	43498.00	
Speech, Hearing, and Language Services Total:						76833.90
Speech, Hearing, and Language Services	Hour	39	110.00	17.91	76833.90	
Behavior Support and Consultation Total:						1128666.00
Behavior Support and Consultation	Hour	308	70.00	52.35	1128666.00	
Behavioral Health Stabilization Services- Behavior Support and Consultation Total:						480578.40
Behavior Support and Consultation-Privately Contracted	Hour	108	30.00	124.86	404546.40	
Behavior Support and Consultation-State- Operated	Hour	33	12.00	192.00	76032.00	
Behavioral Health Stabilization Services- Behavioral Health Crisis Diversion Bed Services Total:						17915.88
Behavioral Health Crisis Diversion Bed Services-Privately Contracted	Hour	4	9.00	15.33	551.88	
Behavioral Health Crisis Diversion Bed Services-State-Operated	Hour	16	15.00	72.35	17364.00	
Behavioral Health Stabilization Services-						98794.08

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Specialized Psychiatric Services Total:						
Behavioral Health Stabilization Services- Specialized Psychiatric Services	Hour	126	4.00	196.02	98794.08	
Community Guide Total:						551.88
Community Guide	Hour	4	9.00	15.33	551.88	
Community Transition Total:						2301.40
Community Transition	Each	2	1.00	1150.70	2301.40	
Environmental Accessibility Adaptations Total:						31920.24
Environmental Accessibility Adaptations	Each	6	2.00	2660.02	31920.24	
Individualized Technical Assistance Total:						290400.00
Individualized Technical Assistance	Month	121	6.00	400.00	290400.00	
Sexual Deviancy Evaluation Total:						17945.85
Sexual Deviancy Evaluation	Each	13	1.00	1380.45	17945.85	
Skilled Nursing Total:						2735802.00
Skilled Nursing	Hour					