

# REINFORCEMENT INVENTORY FOR ADULTS- Modified

## INSTRUCTIONS

The items in this questionnaire refer to things and experiences that may give a person joy, satisfaction, or pleasurable feelings. Check each item in the column that describes how much the person enjoys the things described.

*This Reinforcement Inventory for Adults has been modified from the Behavior Assessment Guide © 1993, IABA, Los Angeles, CA 90045 with the express permission by The Institute for Applied Behavior Analysis. Permission granted 8/3/2016.*

*Our appreciation to Linda Fuller for her contribution in developing this inventory, 1985*

Reinforcement Inventory for Adults- Modified

Description of Potentially Reinforcing Events	Not at All	A little	A Fair Amount	Much	Very Much
<b>ENTERTAINMENT</b>					
Watching Television Programs					
Favorite Programs?					
a.					
b.					
c.					
Playing Home Video Games (Which Ones?)					
a.					
b.					
c.					
Playing Community Video Games					
Computers					
Movies					
Dancing					
Listening to Music					
Compact Discs					
Mp3					
Other					
Singing					
Playing Musical Instruments					
Drawing					
Painting					
Sculpting/Pottery					
Latch Hook					
Sewing					
Working with Tools					
Other					
<b>HOBBIES</b>					
Photography					
Typing					
Collecting Items (Specify)					
a.					
b.					
c.					
Building Models					
Plants/Gardening					
Other					
a.					
b.					
c.					

Reinforcement Inventory for Adults- Modified

Description of Potentially Reinforcing Events	Not at All	A little	A Fair Amount	Much	Very Much
<b>FOOD</b>					
Fruit (What kind?)					
a.					
b.					
c.					
Nuts (What kind?)					
a.					
b.					
c.					
Cookies (What kind?)					
a.					
b.					
c.					
Ice Cream (What kind?)					
a.					
b.					
c.					
Chips (What kind?)					
a.					
b.					
c.					
Snack Bars (What kind?)					
a.					
b.					
c.					
Hot Dogs					
Hamburgers					
Tacos					
Pizza					
Popcorn					
Pretzels					
Bagels					
Granola					
Other					
a.					
b.					
c.					
<b>BEVERAGES</b>					
Fruit Juice (What kind?)					
a.					
b.					
c.					

Reinforcement Inventory for Adults- Modified

Description of Potentially Reinforcing Events	Not at All	A little	A Fair Amount	Much	Very Much
Sparkling Water (What kind?)					
a.					
b.					
c.					
Soda/Pop (What kind?)					
a.					
b.					
c.					
V-8 Juice					
Coffee					
Decaffeinated Coffee					
Hot Tea (What kind?)					
a.					
b.					
c.					
Milk					
Chocolate Milk					
Beer					
Wine					
Mixed Drinks					
Lemonade					
Punch					
<b>SPORTS</b>					
Aerobics					
Jogging					
Roller Skating					
Swimming					
Soccer					
Running					
Football					
Baseball					
Frisbee					
Windsurfing					
Skateboarding					
Bowling					
Golf					
Miniature Golf					
Pool					
Boating					
Water Skiing					
Snow Skiing					
Tennis					
Bodybuilding					
Weightlifting					

Reinforcement Inventory for Adults- Modified

Description of Potentially Reinforcing Events	Not at All	A little	A Fair Amount	Much	Very Much
Exercise Bike					
Racquetball					
Climbing					
<b>EXCURSIONS</b>					
Spectator Sports					
Car Racing					
Olympics					
Baseball					
Basketball					
Horse Racing					
Wrestling					
Hockey					
Car Rides					
Shopping					
Out to Dinner					
Health Club					
Amusement Parks					
Going Camping					
Vacations					
Visiting Beach					
Visiting Mountains					
<b>SOCIAL</b>					
Talking with Others					
Having Others Listen					
Being Praised					
Being Touched					
Being Hugged					
Visiting Friends					
Group Activities					
Activity with One Other					
<b>MISCELLANEOUS</b>					
Looking at Magazines					
a.					
b.					
c.					
Looking at Books (What kind?)					
a.					
b.					
c.					
Work Jigsaw Puzzle					

Reinforcement Inventory for Adults- Modified

Description of Potentially Reinforcing Events	Not at All	A little	A Fair Amount	Much	Very Much
<b>HELPING AROUND THE HOUSE</b>					
Setting the Table					
Making Bed					
Vacuuming					
Washing Dishes					
Dusting					
Going on Errands					
Yard Work					
Cooking					
<b>Personal Appearance</b>					
Getting New Clothes					
Putting on Makeup					
Going to Beauty Parlor					
Getting Hair Cut					
Other					
a.					
b.					
c.					
<b>OTHER EVENTS AND ACTIVITIES</b>					

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How much time does the person spend in the following activities (e.g. hours, minutes)?		
	Hours	Minutes
Watching Television		
Listening to Music		
Interacting with Others		
Alone		
Reading		
Organized Sports		
Working		
Sleeping		

List Below those events that the person does or requests more than:

5 times a day? \_\_\_\_\_  
 \_\_\_\_\_

10 times a day? \_\_\_\_\_  
 \_\_\_\_\_

15 times a day? \_\_\_\_\_  
 \_\_\_\_\_

20 times a day? \_\_\_\_\_  
 \_\_\_\_\_

What is the person's most favorite thing to do? \_\_\_\_\_  
 \_\_\_\_\_

What is the person's least favorite thing to do? \_\_\_\_\_  
 \_\_\_\_\_

What does the person ask for most often? \_\_\_\_\_  
 \_\_\_\_\_

What does the person complain about? \_\_\_\_\_  
 \_\_\_\_\_

What does the person seem to try to avoid the most? \_\_\_\_\_  
 \_\_\_\_\_