Duration Recording Sheet

Instructions: Identify a target behavior. Record the start time and stop time for each occurrence of the target behavior. If the behavior duration is shorter than 1 minute, record the time in seconds.

Materials required: Stopwatch or clock.

Person Being Observed: Person Recording Observation: Target Behavior(s):

Date: Start Time of Observation: End Time of Observation:

Behavior	Start Time	Stop Time	Total Duration	Additional Information

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Notes: