

Module 1

Getting ready in the morning: Determining what order to do things in or what comes next, time management, choosing the appropriate clothes to wear based on the weather or the event, reaction to sensory input-taste of toothpaste, feel of water hitting body in the shower, dressing

Doing laundry: Determining what order to do things in or what comes next, reaction to sensory input-smell of laundry detergent, sound of washing machine or dryer, touching wet clothes

Having a conversation with a new roommate: Initiating, maintaining and ending a conversation, talking about a nonpreferred topic, reading nonverbal cues or gestures

Playing a board game: Determining what order to do things in or what comes next, taking turns, following game rules, being a good sport

Going out to dinner with friends: Initiating, maintaining and ending a conversation, reaction to sensory input-loud noises, smells, food textures, restricted food choices

Participating in a community group: Initiating, maintaining and ending a conversation, engaging in a nonpreferred activity, reading nonverbal cues or gestures, interacting with strangers

Shopping in a grocery store: Determining what order to do thing in, prioritizing items, locating items in the store, interacting with other shoppers and store employees, reaction to sensory input-loud noises, colors, smells, temperature changes

Module 2

Activity 1. No. Activity 3.

| А | В | С |
|-------------------|--|--|
| Eating breakfast | Threw spoon across room, looked at staff and laughed | Staff approached and asked "Do you need help with that?" |
| Riding in the car | Attempting to open the door | Staff stopped the car |

Activity 4. a. Access to coat or going outside

- b. Access to mother/attention from mother
- c. Escape from social activity
- d. Access to sensory stimulation

Module 4 (Examples for activity purposes, may be modified for individual needs)

Activity 1. a. Brushing teeth: Pick up the toothbrush, Turn on water, Wet the toothbrush, Put down the toothbrush, Pick up toothpaste, Take cap off toothpaste, Squeeze toothpaste on

toothbrush, Put cap back on toothpaste, Put down toothpaste, Pick up toothbrush, Brush outside of upper teeth, Brush inside of upper teeth, Brush outside of lower teeth, Brush inside to lower teeth, Put down toothbrush, Spit, Pick up cup, Fill cup with water, Rinse mouth with water, Put down cup, Pick up toothbrush, Rinse toothbrush under running water, Turn off water, Put toothbrush back in holder

- b. Loading the dishwasher: Remove dishes from table, Stack dishes on kitchen counter, Put pieces of food in food waste bag, Open dishwasher, Rinse remaining food off dishes, Place cups and glasses in dishwasher, Place plates in dishwasher, Place bowls in dishwasher, Place silverware in dishwasher, Place pots and pans in dishwasher, Open cabinet, Take out dishwashing detergent, Put detergent in dishwasher, Close dishwasher, Turn on, Place detergent back in cabinet
- c. Sorting laundry: Get dirty clothes hamper, Take out first clothing item, Decide if item is a light, dark or medium color, Start a pile with first item, Take out second clothing item, Decide if item is a light, dark or medium dark color, If second item is the same category as first item add it to the pile, If second item is a different category, start a new pile, Keep taking clothing items out of clothes hamper and sort into light, dark or medium piles
- d. Tying shoes: Grab one lace in each hand, Pull the shoe laces tight with a vertical pull, Cross the shoe laces, Pull the front lace around the back of the other, Put that lace through the hole, Tighten the laces with a horizontal pull, Make a bow, Tighten the bow.
- e. Handwashing: Turn on water, Wet hands, Pump soap on hands, Rub hands together, Rinse hands, Turn off water, Get paper towel, Dry hands, Throw away paper towel
- f. Making a cup of coffee: Get coffee cup, Put one teaspoon of instant coffee in cup, Put one packet of sweetener in cup, Get kettle, Fill kettle with water, Turn on kettle, Wait until water boils, Pour boiling water over coffee and sweetener in cup until 1 inch from the top of the cup, Get coffee mate from refrigerator, Pour into coffee, Stir, Put coffee mate back in refrigerator