

## RISK



# Throw Rugs Access to Combustibles Unlocked Cleaning Supplies Over the Counter Medications Small Children Raw Chicken

#### Measurable

# Somewhat Hard to Measure

# Hard to Measure

Tom will participate in some simple food preparation for meals & snacks.	Tom will successfully participate in his employment program.	Tom will maintain his current health status by continuing to follow doctor's orders, monitoring seizure activity, and cholesterol levels.
Tom will explore possibilities of having a trained dog as a companion.	Tom will explore learning how to ride public transportation and public transit routes to destinations of his choice.	Valarie would like to go out to dinner and to a movie.
Valarie would like to go to the Parks & Recreation cooking class.	Veronica would like to plan and arrange 2 picnics in the summer and invite her friends.	Veronica would like to be able to use the television remote.
Veronica would like to do her leg lifts to get her legs stronger.	Veronica would like to call her mom.	Mike would like to improve his cleaning skills.

Mike would like to have and keep a girlfriend.	Mike would like to build more relationships with like-minded people.	To have an improved diet.
To be physically active.	To learn and use skills that assist me with my mental health needs.	Joan wants to move to a new home by December 2016.
Joan wants to save money for a trip.	Joan would like to find her old friend Jimmy.	Joan would like to work on math skills to eventually get her GED.
Molly will independently cook foods of her choice 15 consecutive times.	Molly will participate in leisure activities in the community.	Molly will maintain a nutritious diet.

Maintain health and safety.	Shopping and purchasing goods and services.	Laura will maintain optimal health and well-being through regular exercise including stretching, walking, light weights and/or playing Wii games.
Laura will enjoy her community through activities of her choice including shipping, eating out, haircuts, movies and/or other activities.	Laura will prepare her personal shopping list once a week.	Laura will make and purchase cards and letters.
Maintaining my routine and being as independent as possible.	I would like to enjoy doing fun things in my community and with my peers.	I want to continue working.
Gene will continue to be safe and healthy.	Participate in regular outings, social events and classes.	Increase my community activities

Go out with my job coach and volunteer with the goal of paid employment.	Get consistent exercise.	Continue to work on controlling my anger.
Go to the bathroom and get cleaned up when needed to prevent UTI's.	Rejoin the YMCA	I would like to budget to see concerts.
I would like to stay out of jail.	I want to create a cookbook of my favorite foods so my staff cook the food I like.	I want to go on more day trips to Seattle.
I want to go out into the community to purchase DVD and VHS movies and magazines.	I would like to continue visiting my mother at least two times a month.	Graduate from the Community Protection Program.

Go fishing.	Take a college class.	Exercise 2 – 3 times per week.
Continue to go to country music concerts.	Be safe with my behaviors.	Have my medical needs met.

# Skill

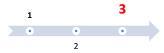
### Motivation

Doesn't fully rinse shampoo out of hair	Refuses to shower As frequently as needed	Leaves dirty clothes on floor
Leaves burner on after cooking	Puts shirt on backwards approximately 40% of the time	Doesn't flush after using toilet
Crosses street without checking for traffic	Eats portions too large for desired weight	Can't understand bus schedule

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Write a	Wash a load	Cook spaghetti
check	of laundry	noodles
Paint fingernails	Order lunch at McDonalds	Take the bus from home to work
Wash	Safely cross	Fold a
Hands	the street	paper airplane
Plan a Healthy meal	Schedule a doctor's appointment	Take medications as prescribed

#### **Backward Chaining**



Modeling



#### Least to Most



Forward Chaining 2 2 2



#### Shaping

Most to Least



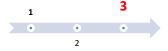
#### Reinforcement

#### **Systematic Instruction**



#### Behavioral Rehearsal

Trainer completes all but the last step in a series of tasks, and prompts the learner to do the last. Once learner masters this, they are prompted to complete the last 2 steps; and so on until the learner completes the entire sequence independently



#### Learner ascertains how to act or perform by observing another person



Learner is given the opportunity to complete task with the least amount of assistance necessary. The learner receives more physical prompting as they make an error



Learner is prompted to do the first step in a series of tasks, trainer completes the rest. Once learner masters the first, they are prompted to complete the first 2 steps; and so on until the learner completes the entire sequence independently



Reinforcing a series of gradually changing responses that move closer to the desired result



Trainer first physically guides the learner through the entire task and then gradually reduces the amount of assistance needed



Something is added or withdrawn to the environment to increase the likelihood of recurrence



An instructional practice that carefully constructs interactions between students and their teacher. Teachers clearly state a teaching objective and follow a defined instructional sequence



Trainer completes several brief role plays with learner to practice new response method.



# Approach / Measurement **Instructions Criteria for** The goal itself success

John is very excited to save money to go to the Bahamas, but each week ends up spending the \$20.00 that he planned to put in his savings account to save for the vacation.	Mary enjoys cooking and when you (the Program Manager) talk to her, she says that she is becoming a great cook – but when you review the staff documentation you can't see evidence of any progress.
Jose consistently refuses to go to the YMCA with staff each morning, despite his dedication to getting back in shape.	Suzie has a goal to grow tomato plants to have 10 edible tomatoes by the end of the summer. She has been keeping the plants watered and the ground weeded; but so far the plants aren't producing any fruits.
Angie has a goal to fit into her prom dress by next June and plans to reach this goal through exercise and portion control. She thinks that she is "almost there" since the dress will just about zip, but her primary staff thinks that she still has a ways to go before the dress looks good on her and thinks she should keep working on the goal.	Julian has been trying to learn how to play the piano for six months now. He can play simple songs correctly; but still can't identify the difference between a half-note and quarter-note or name the notes when reading music.

Devyn's goal is to make a new friend. Staff have supported her to join a community volleyball team to find others who share her interests. She is doing great on the team and really enjoys it. She has friendly conversations with several people during games and practices, but no friendships have yet developed.	Peyton got a library card and staff have been supporting him to go to the library to use the computer per his goal of doing research ½ an hour 3 times per week.; but he always never wants to leave when the time is up.
Darrell said that he wanted to quit smoking over the next 6 months by gradually increasing the time between cigarettes. When staff remind him of this, however, he tells them it is his right to smoke whenever he wants to and the amount he is smoking has actually increased since the goal started two months ago.	Lita seemed very interested in the new communication device when it was showed to her in her planning meeting. Staff have been diligent about attempting to work with her each morning to learn to use it – but she has thrown it across the room whenever anyone but her Mom hands it to her.
Louise wants to be able to go places without staff someday and agreed to learn how to use the bus to work toward that goal. She was going to start by using the bus with staff each week for grocery shopping; but staff documentation shows she is refusing and they need to drive her to the store.	Howard has late-stage leukemia and has a goal of remaining comfortable in his home through the end of his life as measured by pain as less than a "3" on the pain scale. Despite working with his medical team and hospice to find ways to keep him comfortable; he

always reports his pain at a "5".