# **DVDs & Training Materials**



### **Including Samuel**

By Dan Habib
A documentary that examines educational and social inclusion of youth with disabilities.

#### What Does Normal Mean?

By Ben Daitz, Matt Sneddon, Dale Sonneberg
A documentary regarding the "inclusion" of children with disabilities in public schools.

# Thoughtful Responses to Agitation, Escalation and Meltdowns in Individuals with Autism Spectrum Disorder By Rebecca Klaw

A guide to understanding individuals on the Autism Spectrum and proactive/reactive responses to escalating agitation.

# Wrightslaw Special Education Law and Advocacy Training Series

By Pete and Pam Wright

Provides parents and educators with a basic understanding of special ed law and advocacy.

# **Being Out There**

A DVD about a man with developmental disabilities who learns there is more to life than watching TV. Encourages people with disabilities to actively participate in their community.

# Mary on the Move

A series of DVD's that follows a young woman with developmental disabilities as she masters a wide variety of critical life skills.

#### **ASK**

DVD's and resource materials that help students prepare for life after high school.

# Sexuality and Relationships

A variety of resource materials are available on issues related to understanding relationships, social skills training, sexual awareness and assertiveness.

### Books

#### **Autism**

A broad range of topics including grief, treatment options and managing challenging behaviors.

#### Autobiography/Biography

Follow the journey of individuals' whose lives have been touched by a disability.

#### Children's Books

A variety of issues and topics related to disabilities are addressed in books geared toward children.



# **Disability Rights**

Rights and challenges of individuals with disabilities.

### **Down Syndrome**

A broad range of topics including basic facts, raising a child with Down Syndrome and treatment options.

# Epilepsy

Facts about epilepsy; various approaches and treatment options.

# Family/Relationships

Familial relationships, marriage and raising a child with special needs. The journeys of parents and their lives with their children.

#### **Fiction**

Stories of individuals touched by disabilities.

#### Law

Special needs trust, ADA history and life planning for adults with developmental disabilities.

# Memoir/Inspiration

Inspiring books drawing on the experience of coping with disabilities.

# Parenting/Grief

A focus on parenting skills and the grief cycle.

## Books

#### Sensory

Various approaches to sensory integration issues.

#### **Siblings**

Memoirs, journeys and challenges experienced by siblings of a brother or sister with special needs.

#### **Special Education**

Practical tips for Individualized Education Plans (IEPs); writing measurable goals for your child and the how to be your child's advocate.

#### Miscellaneous

A wide range of topics including coping w/brain injury; ways to play with your child; inclusion of individuals with disabilities in church activities and much more.

# How to Reserve Your Item(s)

# For a complete listing of BOOKS, DVDs and trainings

#### www.arcsno.org

(search Lending Library)
Read reviews and check availability

Books from the lending library may be borrowed for up to three weeks at a time. Arrangements for additional time may be made if needed.

# **Lending Library Fund**

The Arc accepts donations of new and gently used books, DVD's and training videos. Contact the Arc to make a donation or request additional materials be made available.

Jamie Coonts
Jamie@arcsno.org
425-258-2459 x 104



# The Arc of Snohomish County

The Arc of Snohomish County is a family driven organization that recognizes each family is diverse and their supports and needs are unique. The Arc is an information hub for individuals with developmental disabilities and their families. The Arc offers ongoing monthly support groups, parent meetings and information regarding community services and resources. The Arc of Snohomish County is affiliated with The Arc of Washington State and The Arc of the United States. Programs are designed to foster inclusion and self-advocacy.

# Jameson Hope Lending Library

The Jameson Hope Lending Library was created in 2007 in memory of **Jameson Race Coonts**, a young boy whose presence had a way of inspiring and

touching the lives of the people he met.

Without saying a word, Jameson was able to teach us about determination and the importance of kindness.

He taught us to make the most out of every day and to let go of worries that are out of our control.

Jameson taught people more in his short five years with us than they could have learned in a lifetime.



# The Arc of Snohomish County Mission Statement

"To empower persons with developmental disabilities to increase their independence and quality of life, while offering encouragement and support to their families."

## **Special Thanks to Acclaimed Photography**

For giving us more than beautiful pictures...
you captured emotion, relationships and love.
The photos are priceless and will always be treasured!
www.acclaimedphoto.com

For a complete listing of BOOKS, DVDs and trainings

www.arcsno.org (search Lending Library)

Read reviews and check availability

## The Arc of Snohomish County

2500 Hewitt Ave, Suite 300 Everett, WA 98201

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425-258-2459





Of Snohomish County
Advocate
for the Rights of Citizens
with Developmental Disabilities

# Jameson's Hope Lending Library

"May my life and library lend you hope"



Jameson taught people more in his short five years with us than they could have learned on their own in a lifetime.

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